

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

Event 1 Men 200 Yard Medley Relay

| Team | Relay | Seed Time | Finals Time | Points |
|---|-----------------------------|---------------------|----------------------|--------|
| 1 Seton High School | A | 1:42.38 | 1:43.49 | 32 |
| 1) Koehr, Kevin SR 25.32 28.04 26.35 | 2) Cook, Nevin SO 23.78 | 3) Morch, Bryan SR | 4) Koehr, Sean SO | |
| 2 Highland School-VA | A | 1:56.46 | 1:57.00 | 26 |
| 1) Gillette, Ben JR 27.78 32.20 27.13 | 2) Timms, Doug 29.89 | 3) Kirk, Kyle JR | 4) Klenkar, Steve FR | |
| 3 Fredricksburg Christian | A | 1:55.15 | 1:57.87 | 24 |
| 1) Waters, Andrew 8 30.97 32.97 28.87 | 2) Pleban, Joey SO 25.06 | 3) Porter, Adam SR | 4) Donehey, John SR | |
| 4 Falcons-VA | A | 1:59.71 | 1:59.00 | 22 |
| 1) Dameron, Brett JR 28.84 36.48 27.99 | 2) Doss, Cole 25.69 | 3) Martin, Brock SO | 4) Hazel, Raleigh FR | |
| 5 Randolph-Macon Academy | A | 2:05.14 | 2:00.83 | 20 |
| 1) Turner, Adam 35.79 30.90 27.45 | 2) Chung, Dae Gon 26.69 | 3) Dolinar, Brian | 4) Gu, Young-Mo | |
| --- Quantico High School | A | 2:18.95 | DQ | |
| 1) Fischer, Joe 38.05 41.50 31.47 | 2) McNair, Chris 26.93 | 3) Vap, Hunter | 4) Vap, Levy | |

Event 2 Women 200 Yard Medley Relay

| Team | Relay | Seed Time | Finals Time | Points |
|--|-------------------------------|--------------------------|-------------------------|--------|
| 1 Fredricksburg Christian | A | 2:04.43 | 2:04.98 | 32 |
| 1) Jones, Rochelle SR 30.19 36.57 29.52 | 2) Golike, Kayti JR 28.70 | 3) Jones, Keri SO | 4) Farmer, Jessica SO | |
| 2 Falcons-VA | A | 2:16.60 | 2:13.69 | 26 |
| 1) Simpson, Cara FR 34.15 37.66 31.59 | 2) Walsh, Kelsey SO 30.29 | 3) Weinstein, Caitlin SO | 4) Maxfield, Lindsey SO | |
| 3 Quantico High School | A | 2:16.95 | 2:14.52 | 24 |
| 1) Smith, Camille 33.07 39.50 29.39 | 2) Glavy, Jena 32.56 | 3) Harrington, Liz | 4) Harrington, Meghan | |
| 4 Wakefield School | A | 2:17.15 | 2:14.64 | 22 |
| 1) Alphin, Lanie 9 32.60 33.60 36.68 | 2) Duchak, Tatiana 8 31.76 | 3) Breeden, Brittany 8 | 4) Allen, Sydney 7 | |
| 5 Highland School-VA | A | 2:19.26 | 2:19.00 | 20 |
| 1) Hutchinson, Lowell 35.21 37.95 31.34 | 2) Mello, Sarah 34.50 | 3) Patry, Chelsea | 4) Miller, Jeannie | |
| --- Seton High School | A | 1:57.69 | DQ | |
| 1) Dunn, Jessica SO 29.84 34.64 36.09 | 2) Dunn, Melissa SR 16.56 | 3) Mazzoccoli, Lea SO | 4) Planchak, Katie JR | |

Event 3 Men 200 Yard Freestyle

| Name | Yr School | Seed Time | Finals Time | Points |
|---------------------------------------|--------------------------------|-----------|-------------|--------|
| 1 Kirk, Kyle 25.25 28.16 29.95 | JR Highland School-VA 30.07 | 2:04.10 | 1:53.43 | 16 |
| 2 Dameron, Brett 25.96 29.07 31.56 | JR Falcons-VA 32.20 | 2:00.47 | 1:58.79 | 13 |
| 3 Cook, Connor 27.34 30.82 31.67 | 8 Seton High School 32.07 | 2:02.74 | 2:01.90 | 12 |
| 4 Martin, Joe 29.26 32.70 34.08 | SO Falcons-VA 33.59 | 2:10.18 | 2:09.63 | 11 |
| 5 Murphy, Jack 30.61 35.17 37.60 | SR Seton High School 37.66 | 2:18.20 | 2:21.04 | 10 |

(Event 3 Men 200 Yard Freestyle)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|---|----|--|-----------|-------------|--------|
| 6 Chung, Dae Gon 32.21 36.79 36.27 | | Randolf-Macon Academy 36.46 | 2:27.45 | 2:21.73 | 9 |
| 7 Lewis, Jonathan 32.67 36.67 37.66 | FR | Falcons-VA 36.99 | 2:28.79 | 2:23.99 | 7 |
| 8 Ross, Joe 30.98 35.27 40.34 | SR | Fredricksburg Christian School-VA 39.06 | 2:21.13 | 2:25.65 | 5 |
| 9 Gott, Pat 32.18 37.65 40.71 | SR | Seton High School 36.56 | 2:36.75 | 2:27.10 | 4 |
| 10 Ross, Joe 32.33 37.71 41.75 | SO | Seton High School 37.09 | 2:27.37 | 2:28.88 | 3 |
| 11 Hughes, Thomas 33.08 38.86 40.14 | FR | Falcons-VA 37.59 | 2:34.01 | 2:29.67 | 2 |
| 12 Welch, Chip 31.83 38.19 42.00 | SR | Fredricksburg Christian School-VA 40.79 | 2:30.95 | 2:32.81 | 1 |
| 13 McGillicuddy, Joe 34.51 41.36 43.74 | | Emmanuel Christian School-VA 39.40 | 2:41.80 | 2:39.01 | |
| 14 Boyd, Richard 33.11 39.50 44.90 | JR | Fredricksburg Christian School-VA 41.76 | 2:42.02 | 2:39.27 | |
| 15 Lounsbury, Connor 34.90 40.73 44.20 | | Highland School-VA 39.95 | 2:36.62 | 2:39.78 | |
| 16 Lubeshkoff, Eric 35.33 40.88 44.05 | FR | Fredricksburg Christian School-VA 40.36 | 2:55.07 | 2:40.62 | |
| 17 Russman, Glenn 44.30 | | Quantico High School 23.64 | 3:00.87 | 3:12.24 | |
| 18 Thompson, Ben 40.18 51.19 54.03 | | Quantico High School 51.17 | 3:50.20 | 3:16.57 | |
| 19 Andrews, Matt 39.93 1:34.82 50.19 | | Emmanuel Christian School-VA 23.66 | 3:09.26 | 3:28.60 | |
| 20 Penrose, Andrew 44.09 55.74 59.83 | | Quantico High School 1:00.08 | NT | 3:39.74 | |

Event 4 Women 200 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time | Points |
|---|----|--|-----------|-------------|--------|
| 1 Dunn, Jessica 27.83 31.02 32.56 | SO | Seton High School 33.46 | 2:03.18 | 2:04.87 | 16 |
| 2 Jones, Rochelle 28.78 31.78 33.79 | SR | Fredricksburg Christian School-VA 35.11 | 2:03.35 | 2:09.46 | 13 |
| 3 Simpson, Cara 31.08 34.43 35.83 | FR | Falcons-VA 33.31 | 2:18.77 | 2:14.65 | 12 |
| 4 Kenna, Mary-Kate 29.47 33.67 36.32 | FR | Seton High School 36.05 | 2:16.99 | 2:15.51 | 11 |
| 5 Smith, Danielle 30.44 34.79 36.25 | FR | Seton High School 35.16 | 2:25.10 | 2:16.64 | 10 |
| 6 Harris, Caitlin 30.69 34.81 36.67 | SR | Seton High School 37.04 | 2:17.55 | 2:19.21 | 9 |
| 7 Goose, Emily 35.71 40.23 40.60 | FR | Falcons-VA 38.08 | 2:58.53 | 2:34.62 | 7 |
| 8 Monahan, Julia 34.87 40.29 43.15 | | Falcons-VA 41.06 | 2:47.64 | 2:39.37 | 5 |
| 9 Eagle, Cassie 34.37 40.08 44.79 | 8 | Fredricksburg Christian School-VA 45.26 | 2:48.50 | 2:44.50 | 4 |
| 10 Zello, Jessica 38.30 43.02 45.11 | SR | Fredricksburg Christian School-VA 42.12 | 2:48.00 | 2:48.55 | 3 |

(Event 4 Women 200 Yard Freestyle)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|---|----|---|-----------|-------------|--------|
| 11 O'Bannon, Katy 37.12 43.07 47.03 | | Emmaunuel Christian School-VA 45.52 | 2:52.20 | 2:52.74 | 2 |
| 12 Coppens, Kayla 38.20 44.16 47.53 | | Highland School-VA 45.52 | 3:04.50 | 2:55.41 | 1 |
| 13 Breeden, Brittany 40.11 45.72 49.23 | | 8 Wakefield School 43.68 | 2:45.37 | 2:58.74 | |
| 14 Mills, Ovivia 39.15 46.07 48.31 | | FR Fredricksburg Christian School-VA 45.90 | 3:01.41 | 2:59.43 | |
| 15 Benavides, Rachel 37.75 45.89 50.65 | | Falcons-VA 46.22 | 2:56.59 | 3:00.51 | |
| 16 McNair, Samantha 39.29 47.94 52.29 | | Quantico High School 48.36 | 3:13.24 | 3:07.88 | |
| 17 Slimp, Laura 45.81 55.14 57.91 | | Emmaunuel Christian School-VA 53.31 | 3:35.64 | 3:32.17 | |
| 18 Weaver, Hannah 44.26 56.30 58.18 | | Quantico High School 54.18 | 3:41.88 | 3:32.92 | |
| 19 Crum, Candace 42.97 58.29 59.32 | | Quantico High School 53.92 | 3:34.84 | 3:34.50 | |
| 20 Hundley, Krista 43.10 53.79 58.06 | | FR Highland School-VA 59.71 | 3:38.85 | 3:34.66 | |
| --- Penrose, Summer | | Quantico High School | 3:16.58 | NS | |

Event 5 Men 200 Yard IM

| Name | Yr | School | Seed Time | Finals Time | Points |
|--|----|--|-----------|-------------|--------|
| 1 Cook, Nevin 26.06 31.37 33.91 | | SO Seton High School 28.44 | 1:58.23 | 1:59.78 | 16 |
| 2 Gillette, Ben 28.39 32.24 39.08 | | JR Highland School-VA 31.45 | 2:12.86 | 2:11.16 | 13 |
| 3 Morch, Bryan 27.43 36.10 43.31 | | SR Seton High School 35.89 | 2:20.61 | 2:22.73 | 12 |
| 4 Waters, Andrew 34.43 38.33 47.22 | | 8 Fredricksburg Christian School-VA 32.63 | 2:38.03 | 2:32.61 | 11 |
| 5 Basinger, David 33.13 39.29 47.94 | | 7 Seton High School 32.29 | 2:33.40 | 2:32.65 | 10 |
| 6 Butterworth, Joel 32.69 44.23 48.58 | | SR Falcons-VA 39.06 | 2:41.98 | 2:44.56 | 9 |
| 7 Taylor, Ret 36.55 40.32 54.98 | | Falcons-VA 38.51 | 2:54.54 | 2:50.36 | 7 |
| 8 Catron, Thomas 33.62 47.56 54.42 | | Falcons-VA 46.27 | 2:35.88 | 3:01.87 | 5 |
| 9 Pohanka, Tim 43.35 49.33 57.00 | | Falcons-VA 43.01 | 3:14.26 | 3:12.69 | 4 |
| 10 Ross, Geoff 39.12 54.31 57.47 | | SR Seton High School 52.65 | 3:16.43 | 3:23.55 | 3 |

Event 6 Women 200 Yard IM

| Name | Yr | School | Seed Time | Finals Time | Points |
|--|----|--------------------------------|-----------|-------------|--------|
| 1 Milliken, Emily 31.40 35.67 46.23 | | Randolf-Macon Academy 34.20 | 2:33.56 | 2:27.50 | 16 |
| 2 Duchak, Tatiana 31.84 37.13 43.94 | | 8 Wakefield School 35.47 | 2:33.92 | 2:28.38 | 13 |
| 3 Mazzoccoli, Lea 30.38 38.97 44.83 | | SO Seton High School 38.67 | 2:35.09 | 2:32.85 | 12 |

(Event 6 Women 200 Yard IM)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------|----|-------------------------------------|-----------|-------------|--------|
| 4 Harrington, Liz | | Quantico High School | 3:00.37 | 2:35.20 | 11 |
| 31.37 40.47 45.84 | | 37.52 | | | |
| 5 Weinstein, Caitlin | | SO Falcons-VA | 2:37.23 | 2:35.37 | 10 |
| 32.10 38.97 48.01 | | 36.29 | | | |
| 6 McGillicuddy, Lauren | | Emmaunuel Christian School-VA | 2:36.55 | 2:35.79 | 9 |
| 31.25 37.26 48.17 | | 39.11 | | | |
| 7 Morch, Meghan M | | SO Seton High School | 2:36.76 | 2:39.39 | 7 |
| 33.43 40.49 47.18 | | 38.29 | | | |
| 8 Melnyk, Kimberley | | SO Seton High School | 2:38.51 | 2:44.06 | 5 |
| 33.95 40.36 51.25 | | 38.50 | | | |
| 9 Currie, Rachael | | Word of Life Christian Academy | 3:06.00 | 2:49.84 | 4 |
| 36.00 43.92 48.44 | | 41.48 | | | |
| 10 Lambert, Brooke | | 7 Fredricksburg Christian School-VA | 2:52.73 | 2:52.44 | 3 |
| 36.34 43.91 50.60 | | 41.59 | | | |
| 11 Melnyk, Stephanie | | SR Seton High School | 2:44.88 | 2:53.90 | 2 |
| 38.85 41.52 52.91 | | 40.62 | | | |
| 12 Miller, Jeannie | | Highland School-VA | 3:06.84 | 2:58.81 | 1 |
| 38.95 46.94 50.78 | | 42.14 | | | |
| 13 King, Jaqueline | | Falcons-VA | 3:03.38 | 2:59.37 | |
| 37.84 47.62 52.43 | | 41.48 | | | |
| 14 Lambertson, Jennifer | | 7 Fredricksburg Christian School-VA | 3:11.40 | 3:08.98 | |
| 38.78 49.35 52.74 | | 48.11 | | | |
| --- Hudson, Carley | | Falcons-VA | 3:25.82 | DQ | |
| 42.30 52.83 56.05 | | 46.12 | | | |
| --- Pleban, Kaley | | 7 Fredricksburg Christian School-VA | 3:12.61 | NS | |

Event 7 Men 50 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time | Points |
|-----------------------|----|--------------------------------------|-----------|-------------|--------|
| 1 Koehr, Sean | | SO Seton High School | 24.79 | 24.21 | 16 |
| 2 Martin, Brock | | SO Falcons-VA | 25.41 | 24.89 | 13 |
| 3 George, Charles | | Emmaunuel Christian School-VA | 26.03 | 25.10 | 12 |
| 4 Pleban, Joey | | SO Fredricksburg Christian School-VA | 26.25 | 25.55 | 11 |
| 5 Donehey, John | | SR Fredricksburg Christian School-VA | 25.88 | 25.84 | 10 |
| 6 Hansen, Andrew | | SO Falcons-VA | 26.45 | 26.00 | 9 |
| 7 Hazel, Raleigh | | FR Falcons-VA | 26.04 | 26.13 | 7 |
| 8 Turner, Adam | | Randolf-Macon Academy | 26.33 | 26.20 | 5 |
| 9 Fischer, Joe | | Quantico High School | 26.56 | 26.31 | 4 |
| 10 Lewis, David | | JR Falcons-VA | 26.94 | 27.02 | 3 |
| 11 Fletcher, Chris | | SR Seton High School | 27.33 | 27.18 | 2 |
| 12 Vap, Levy | | Quantico High School | 31.29 | 27.32 | 1 |
| 13 Minarik, Tony | | SR Seton High School | 27.58 | 27.40 | |
| 14 Ross, Joe | | SO Seton High School | 26.52 | 27.93 | |
| 15 Vap, Hunter | | Quantico High School | 28.17 | 28.54 | |
| 16 Lubeshkoff, Eric | | FR Fredricksburg Christian School-VA | 35.86 | 28.58 | |
| 17 Boyd, Andrew | | 7 Wakefield School | 30.01 | 28.89 | |
| 18 McGillicuddy, John | | Emmaunuel Christian School-VA | 31.15 | 29.73 | |
| 19 Klenkar, Steve | | FR Highland School-VA | 31.88 | 30.39 | |
| 20 George, Ben | | Emmaunuel Christian School-VA | 31.16 | 30.63 | |
| 21 Druery, Ricky | | Quantico High School | 32.04 | 32.27 | |
| 22 McKeehan, Cameron | | Randolf-Macon Academy | 33.44 | 32.92 | |
| 23 Shin, Jae | | Randolf-Macon Academy | 37.99 | 38.35 | |

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

Event 8 Women 50 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------|----|-----------------------------------|-----------|-------------|--------|
| 1 Planchak, Katie | JR | Seton High School | 25.57 | 25.76 | 16 |
| 2 Jones, Keri | SO | Fredricksburg Christian School-VA | 25.27 | 25.92 | 13 |
| 3 Moya, Hailey | FR | Seton High School | 27.53 | 27.03 | 12 |
| 4 Alphin, Lanie | 9 | Wakefield School | 28.45 | 28.37 | 11 |
| 5 Jacobson, Alixandra | SO | Falcons-VA | 28.96 | 28.55 | 10 |
| 6 Farmer, Jessica | SO | Fredricksburg Christian School-VA | 29.42 | 28.57 | 9 |
| 7 Hutchinson, Lowell | | Highland School-VA | 28.84 | 28.75 | 7 |
| 8 Hazel, Lucy | | Falcons-VA | 30.04 | 28.96 | 5 |
| 9 Pinheiro, Brittany | | Quantico High School | 29.65 | 29.96 | 4 |
| 10 Smith, Camille | | Quantico High School | 33.46 | 30.00 | 3 |
| 11 Corkery, Katie | SO | Seton High School | 29.31 | 30.03 | 2 |
| 12 Garziona, Gina | SR | Seton High School | 29.42 | 30.10 | 1 |
| 13 Seals, Lindsay | SR | Fredricksburg Christian School-VA | 29.60 | 30.31 | |
| 14 Walsh, Kelsey | SO | Falcons-VA | 30.76 | 30.57 | |
| 15 Swan, Kristen | SO | Fredricksburg Christian School-VA | 31.59 | 31.20 | |
| 16 Andrews, Brie | | Emmaunuel Christian School-VA | 32.05 | 31.37 | |
| 17 Harrington, Meghan | | Quantico High School | 31.65 | 32.62 | |
| 18 Stone, Alicia | | Emmaunuel Christian School-VA | 34.01 | 33.33 | |
| 19 Oliveira, Samantha | | Word of Life Christian Academy | 37.20 | 34.21 | |
| 20 Sacripanti, Madeline | 7 | Wakefield School | 35.98 | 34.56 | |
| 21 Landry, Katie | | Randolf-Macon Academy | 33.78 | 34.75 | |
| 22 Cole, Rachel | 7 | Wakefield School | 36.56 | 34.93 | |
| 23 Britto, Maria | | Highland School-VA | 37.01 | 35.30 | |
| 24 Khosravi, Neda | | Word of Life Christian Academy | 40.93 | 36.19 | |
| 25 Huddle, Madeline | | Falcons-VA | 34.86 | 36.91 | |
| 26 England, Mindy | | Emmaunuel Christian School-VA | 42.58 | 40.00 | |
| 27 Robinson, Brooke | 7 | Wakefield School | 50.12 | 40.53 | |
| 28 Hundley, Krista | FR | Highland School-VA | 41.88 | 41.35 | |
| 29 Gorsuch, Jillian | JR | Highland School-VA | 43.52 | 44.93 | |
| 30 Luhrsen, Grace | | Quantico High School | 45.54 | 47.85 | |
| --- Brooks, Rosie | | Emmaunuel Christian School-VA | 55.62 | NS | |

Event 11 Men 100 Yard Butterfly

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------|----|-----------------------|-----------|-------------|--------|
| 1 Morch, Bryan | SR | Seton High School | 58.38 | 58.76 | 16 |
| 27.01 31.75 | | | | | |
| 2 Dolinar, Brian | | Randolf-Macon Academy | 1:06.33 | 1:02.96 | 13 |
| 27.70 35.26 | | | | | |
| 3 Martin, Brock | SO | Falcons-VA | 1:05.23 | 1:05.03 | 12 |
| 29.05 35.98 | | | | | |
| 4 Murphy, Jack | SR | Seton High School | 1:06.58 | 1:06.60 | 11 |
| 31.59 35.01 | | | | | |
| 5 Basinger, David | 7 | Seton High School | 1:08.58 | 1:09.47 | 10 |
| 32.07 37.40 | | | | | |
| 6 Hansen, Andrew | SO | Falcons-VA | 1:19.78 | 1:11.49 | 9 |
| 32.63 38.86 | | | | | |
| 7 Zarin, Babak | JR | Falcons-VA | 1:17.05 | 1:11.86 | 7 |
| 32.44 39.42 | | | | | |
| 8 Bliss, Greg | FR | Seton High School | 1:14.99 | 1:13.12 | 5 |
| 32.92 40.20 | | | | | |

(Event 11 Men 100 Yard Butterfly)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|-----------------------------------|----|-----------------------------------|-----------|-------------|--------|
| 9 Zimmerman, Jacob 33.61 45.83 | SO | Fredricksburg Christian School-VA | 1:24.73 | 1:19.44 | 4 |
| 10 Gu, Young-Mo 30.39 50.50 | | Randolf-Macon Academy | 1:15.49 | 1:20.89 | 3 |
| 11 Lewis, Jonathan 34.82 47.07 | FR | Falcons-VA | 1:20.07 | 1:21.89 | 2 |
| 12 Klenkar, Steve 40.57 50.82 | FR | Highland School-VA | 1:30.70 | 1:31.39 | 1 |

Event 12 Women 100 Yard Butterfly

| Name | Yr | School | Seed Time | Finals Time | Points |
|--------------------------------------|----|-----------------------------------|-----------|-------------|--------|
| 1 Mazzoccoli, Lea 29.96 35.81 | SO | Seton High School | 1:05.17 | 1:05.77 | 16 |
| 2 Weinstein, Caitlin 31.82 36.70 | SO | Falcons-VA | 1:09.77 | 1:08.52 | 13 |
| 3 Harrington, Liz 31.00 38.27 | | Quantico High School | 1:10.50 | 1:09.27 | 12 |
| 4 Jacobson, Alixandra 33.28 37.23 | SO | Falcons-VA | 1:12.80 | 1:10.51 | 11 |
| 5 Patry, Chelsea 31.58 40.75 | | Highland School-VA | NT | 1:12.33 | 10 |
| 6 Wunderly, Bridget 35.08 40.81 | 7 | Seton High School | 1:17.36 | 1:15.89 | 9 |
| 7 Cummings, Alex 36.11 44.88 | FR | Seton High School | 1:23.93 | 1:20.99 | 7 |
| 8 Seals, Lindsay 37.21 45.09 | SR | Fredricksburg Christian School-VA | 1:20.55 | 1:22.30 | 5 |
| 9 Hood, Whitney 35.47 47.76 | FR | Seton High School | 1:22.62 | 1:23.23 | 4 |
| 10 Goose, Emily 40.67 42.71 | FR | Falcons-VA | 1:26.91 | 1:23.38 | 3 |
| 11 Lambert, Brooke 38.82 46.58 | 7 | Fredricksburg Christian School-VA | 1:19.72 | 1:25.40 | 2 |
| 12 Jones, Katherine 38.51 50.91 | JR | Fredricksburg Christian School-VA | 1:32.00 | 1:29.42 | 1 |
| 13 Johnson, Melanie X 43.75 56.95 | JR | Falcons-VA | 1:58.67 | 1:40.70 | |

Event 13 Men 100 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time | Points |
|---------------------------------|----|-----------------------------------|-----------|-------------|--------|
| 1 Koehr, Kevin 23.64 25.91 | SR | Seton High School | 49.26 | 49.55 | 16 |
| 2 Timms, Doug 25.50 30.30 | | Highland School-VA | 57.03 | 55.80 | 13 |
| 3 Porter, Adam 26.89 29.37 | SR | Fredricksburg Christian School-VA | 57.84 | 56.26 | 12 |
| 4 Turner, Adam 26.95 31.74 | | Randolf-Macon Academy | 58.80 | 58.69 | 11 |
| 5 Corkery, Billy 28.71 31.70 | JR | Seton High School | 1:00.49 | 1:00.41 | 10 |
| 6 Koehr, Daniel 28.35 32.77 | 8 | Seton High School | 1:00.86 | 1:01.12 | 9 |

(Event 13 Men 100 Yard Freestyle)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|--------------------------------------|----|-----------------------------------|-----------|-------------|--------|
| 7 Fischer, Joe 28.73 32.88 | | Quantico High School | 1:02.22 | 1:01.61 | 7 |
| 8 Butterworth, Joel | SR | Falcons-VA | 1:02.36 | 1:02.94 | 5 |
| 9 Fletcher, Chris 28.99 34.30 | SR | Seton High School | 1:01.87 | 1:03.29 | 4 |
| 10 Ross, Joe 29.45 34.10 | SR | Fredricksburg Christian School-VA | 1:03.05 | 1:03.55 | 3 |
| 11 Vap, Levy 28.51 35.77 | | Quantico High School | 1:03.28 | 1:04.28 | 2 |
| 12 Vap, Hunter 30.27 34.82 | | Quantico High School | 1:14.63 | 1:05.09 | 1 |
| 13 Hughes, Thomas 31.69 35.22 | FR | Falcons-VA | 1:09.43 | 1:06.91 | |
| 14 Steven, Walker 31.21 36.15 | FR | Falcons-VA | 1:08.93 | 1:07.36 | |
| 15 Boyd, Andrew 33.04 35.30 | 7 | Wakefield School | 1:15.32 | 1:08.34 | |
| 16 Chau, Chun Lung 32.06 38.28 | | Randolf-Macon Academy | 1:06.88 | 1:10.34 | |
| 17 Rayford, Aaron | JR | Fredricksburg Christian School-VA | 1:09.42 | 1:10.37 | |
| 18 Shinkle, John 33.06 38.59 | FR | Fredricksburg Christian School-VA | 1:17.71 | 1:11.65 | |
| 19 Watts, Simon 34.70 37.84 | | Falcons-VA | 1:15.50 | 1:12.54 | |
| 20 McGillicuddy, John 33.66 40.94 | | Emmanuel Christian School-VA | 1:09.30 | 1:14.60 | |
| 21 Andrews, Matt 38.04 42.73 | | Emmanuel Christian School-VA | 1:25.78 | 1:20.77 | |
| 22 Flannigan, TJ 40.18 47.22 | | Quantico High School | 1:28.59 | 1:27.40 | |

Event 14 Women 100 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------------------|----|-----------------------------------|-----------|-------------|--------|
| 1 Planchak, Katie 26.93 29.15 | JR | Seton High School | 55.74 | 56.08 | 16 |
| 2 Jones, Keri 27.55 30.06 | SO | Fredricksburg Christian School-VA | 55.34 | 57.61 | 13 |
| 3 Dunn, Melissa 28.58 31.58 | SR | Seton High School | 1:01.64 | 1:00.16 | 12 |
| 4 Moya, Hailey 29.23 31.47 | FR | Seton High School | 1:01.23 | 1:00.70 | 11 |
| 5 Alphin, Lanie 31.07 32.32 | 9 | Wakefield School | 1:04.24 | 1:03.39 | 10 |
| 6 Hutchinson, Lowell 30.55 34.43 | | Highland School-VA | 1:05.72 | 1:04.98 | 9 |
| 7 Smith, Camille 30.97 34.32 | | Quantico High School | 1:05.07 | 1:05.29 | 7 |
| 8 Golike, Kayti 31.95 34.92 | JR | Fredricksburg Christian School-VA | 1:07.25 | 1:06.87 | 5 |
| 9 Farmer, Jessica 31.03 36.47 | SO | Fredricksburg Christian School-VA | 1:10.66 | 1:07.50 | 4 |
| 10 Corkery, Katie 31.83 35.71 | SO | Seton High School | 1:06.13 | 1:07.54 | 3 |

(Event 14 Women 100 Yard Freestyle)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|--|----|-----------------------------------|-----------|-------------|--------|
| 11 Hazel, Lucy 32.61 35.61 | | Falcons-VA | 1:13.14 | 1:08.22 | 2 |
| 12 Maxfield, Lindsey 32.47 36.69 | SO | Falcons-VA | 1:11.38 | 1:09.16 | 1 |
| 13 Mello, Sarah 33.52 38.92 | | Highland School-VA | 1:14.10 | 1:12.44 | |
| 14 Andrews, Brie | | Emmaunuel Christian School-VA | 1:15.12 | 1:14.53 | |
| 15 Zello, Jessica 36.69 38.83 | SR | Fredricksburg Christian School-VA | 1:17.80 | 1:15.52 | |
| 16 Allen, Sydney 35.45 40.28 | 7 | Wakefield School | 1:07.19 | 1:15.73 | |
| 17 Harrington, Meghan 35.61 41.12 | | Quantico High School | NT | 1:16.73 | |
| 18 Hughes, Colleen 37.39 39.94 | | Falcons-VA | 1:19.59 | 1:17.33 | |
| 19 Sacripanti, Madeline 36.07 41.56 | 7 | Wakefield School | 1:08.29 | 1:17.63 | |
| 20 Britto, Maria 37.31 45.76 | | Highland School-VA | 1:28.10 | 1:23.07 | |
| 21 Khosravi, Neda 39.86 43.73 | | Word of Life Christian Academy | 1:23.20 | 1:23.59 | |
| 22 Landry, Katie 38.34 46.24 | | Randolf-Macon Academy | 1:19.00 | 1:24.58 | |
| 23 Strauss, Carissa 38.85 45.90 | | Quantico High School | 1:27.23 | 1:24.75 | |
| 24 Luhrsen, Katy 41.36 51.32 | | Quantico High School | 1:30.71 | 1:32.68 | |
| 25 Slimp, Laura 46.51 51.03 | | Emmaunuel Christian School-VA | 1:37.56 | 1:37.54 | |
| 26 Benitz, Corina | 7 | Wakefield School | 1:37.45 | 1:38.97 | |

Event 15 Men 500 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time | Points |
|--|----|--------------------|--|-------------|--------|
| 1 Kirk, Kyle 27.44 30.31 31.58 31.84 32.46 | JR | Highland School-VA | 5:12.50 32.06 33.06 32.38 32.41 32.90 | 5:16.44 | 16 |
| 2 Dameron, Brett 26.63 30.11 31.89 34.27 32.43 | JR | Falcons-VA | 5:25.43 33.04 33.27 33.50 33.90 34.17 | 5:23.21 | 13 |
| 3 Cook, Connor 29.80 32.75 34.23 34.03 32.33 | 8 | Seton High School | 5:28.89 33.17 33.91 33.81 33.70 33.44 | 5:31.17 | 12 |
| 4 Martin, Joe 30.30 34.18 35.91 38.05 35.70 | SO | Falcons-VA | 6:05.26 37.08 37.98 38.50 38.28 39.07 | 6:05.05 | 11 |
| 5 Doss, Cole 32.52 38.92 39.61 41.11 34.41 | | Falcons-VA | 6:43.10 40.34 40.73 42.03 40.84 41.42 | 6:31.93 | 10 |
| 6 Harris, David 31.83 36.87 1:19.50 | FR | Seton High School | 6:40.65 | 6:36.55 | 9 |

(Event 15 Men 500 Yard Freestyle)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------|---------------------------------|-----------------------------------|-----------|-------------|--------|
| 7 Gott, Pat | SR | Seton High School | 7:32.88 | 7:12.35 | 7 |
| 33.97 39.94 42.84 | 45.86 45.54 46.43 46.55 | 45.60 | | | |
| 45.31 40.31 | | | | | |
| 8 Boyd, Richard | JR | Fredricksburg Christian School-VA | 7:31.02 | 7:23.09 | 5 |
| 35.48 44.28 50.86 | 52.43 51.43 52.07 54.00 | 54.25 | | | |
| 48.22 0.07 | | | | | |
| 9 Vestermark, Christian | FR | Seton High School | 7:16.10 | 7:23.70 | 4 |
| 36.54 42.89 45.89 | 44.90 46.48 46.71 46.37 | 46.01 | | | |
| 46.37 41.54 | | | | | |
| 10 Catron, Thomas | | Falcons-VA | 8:01.42 | 7:40.18 | 3 |
| 35.25 41.06 46.26 | 47.13 48.35 48.58 49.56 | 50.35 | | | |
| 48.55 45.09 | | | | | |
| 11 Verjinski, Nathan | | Emmanuel Christian School-VA | 8:34.87 | 7:55.40 | 2 |
| 37.61 45.33 47.82 | 49.21 48.22 | 50.42 | | | |
| 50.45 45.10 | | | | | |
| 12 George, Ben | | Emmanuel Christian School-VA | 8:57.03 | 8:18.09 | 1 |
| 39.60 45.90 48.56 | 51.78 53.30 52.52 56.57 | 50.98 | | | |
| 57.65 41.23 | | | | | |
| 13 Lee, Tae Ho | | Randolf-Macon Academy | 9:59.06 | 10:09.10 | |
| 21.87 1:03.32 59.53 | 1:38.39 1:02.90 1:05.01 1:03.88 | 1:03.62 | | | |
| --- Cooper, Robert | FR | Fredricksburg Christian School-VA | 8:44.43 | NS | |

Event 16 Women 500 Yard Freestyle

| Name | Yr | School | Seed Time | Finals Time | Points |
|---------------------|-------------------------|-----------------------------------|-----------|-------------|--------|
| 1 Simpson, Cara | FR | Falcons-VA | 6:06.63 | 6:06.75 | 16 |
| 31.29 34.35 36.11 | 37.21 38.07 38.62 38.52 | 38.32 | | | |
| 38.13 36.13 | | | | | |
| 2 Melnyk, Kimberley | SO | Seton High School | 6:14.23 | 6:17.61 | 13 |
| 32.43 35.37 37.24 | 38.52 39.43 39.13 39.23 | 40.15 | | | |
| 39.24 36.87 | | | | | |
| 3 Glavy, Jena | | Quantico High School | 6:29.29 | 6:17.62 | 12 |
| 32.88 36.57 37.72 | 38.60 38.73 39.30 39.39 | 39.97 | | | |
| 39.18 35.28 | | | | | |
| 4 Harris, Caitlin | SR | Seton High School | 6:16.53 | 6:18.83 | 11 |
| 31.39 35.60 38.37 | 38.86 39.04 39.44 39.71 | 39.14 | | | |
| 39.61 37.67 | | | | | |
| 5 Melnyk, Stephanie | SR | Seton High School | 6:50.35 | 7:03.41 | 10 |
| 34.51 40.57 43.34 | 44.06 44.95 45.36 45.06 | 44.43 | | | |
| 41.94 39.19 | | | | | |
| 6 Garziona, Gina | SR | Seton High School | 7:14.95 | 7:10.59 | 9 |
| 34.75 39.53 40.18 | 43.37 46.22 | 46.04 | | | |
| 45.92 45.25 | | | | | |
| 7 Swan, Kristen | SO | Fredricksburg Christian School-VA | 7:36.83 | 7:20.70 | 7 |
| 37.92 43.41 45.27 | 45.64 46.63 45.93 46.37 | 46.73 | | | |
| 45.28 37.52 | | | | | |
| 8 Huss, Anne | SO | Falcons-VA | 7:08.30 | 7:21.06 | 5 |
| 34.80 39.72 43.60 | 44.86 45.82 45.80 46.67 | 46.81 | | | |
| 47.82 45.16 | | | | | |
| 9 King, Jaqueline | | Falcons-VA | 7:42.35 | 7:32.48 | 4 |
| 39.53 44.61 44.84 | 45.58 46.84 46.81 46.58 | 47.24 | | | |
| 46.89 43.56 | | | | | |

(Event 16 Women 500 Yard Freestyle)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|-----------------------|-------|-----------------------------------|-----------|-------------|--------|
| 10 Eagle, Cassie | 8 | Fredricksburg Christian School-VA | 7:46.84 | 7:35.00 | 3 |
| 40.29 45.81 46.60 | 47.35 | 46.73 46.32 47.12 | 46.08 | | |
| 45.40 43.30 | | | | | |
| 11 O'Bannon, Katy | | Emmaunuel Christian School-VA | 7:38.59 | 7:49.46 | 2 |
| 38.61 45.18 47.71 | 48.09 | 48.23 48.94 50.06 | 48.79 | | |
| 48.64 45.21 | | | | | |
| 12 Coppens, Kayla | | Highland School-VA | 8:33.34 | 7:52.46 | 1 |
| 39.67 45.22 48.04 | 49.52 | 49.09 49.35 49.01 | 48.84 | | |
| 48.70 45.02 | | | | | |
| 13 Breeden, Brittany | 8 | Wakefield School | 8:36.84 | 8:06.83 | |
| 37.91 43.96 47.75 | 49.25 | 50.12 53.20 52.89 | 53.88 | | |
| 51.27 46.60 | | | | | |
| 14 Jackson, Christine | JR | Fredricksburg Christian School-VA | 8:29.35 | 8:13.43 | |
| 41.02 48.08 50.44 | 50.82 | 51.33 49.99 52.87 | 52.10 | | |
| 50.67 46.11 | | | | | |
| 15 Benavides, Rachel | | Falcons-VA | 8:58.41 | 8:14.47 | |
| 40.61 47.10 50.12 | 52.27 | 51.45 53.60 53.17 | 52.52 | | |
| 51.42 42.21 | | | | | |
| 16 Graap, Katie | | Highland School-VA | 8:17.48 | 8:18.55 | |
| 40.08 46.84 49.36 | 49.44 | 51.84 52.72 53.08 | 53.49 | | |
| 52.84 48.86 | | | | | |
| --- Penrose, Summer | | Quantico High School | 9:41.42 | NS | |
| --- Pleban, Kaley | 7 | Fredricksburg Christian School-VA | 7:52.66 | NS | |

Event 17 Men 200 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time | Points |
|---------------------------|----------------------|----------------------|-----------------------|--------|
| 1 Seton High School | A | 1:35.03 | 1:35.11 | 32 |
| 1) Koehr, Kevin SR | 2) Morch, Bryan SR | 3) Koehr, Sean SO | 4) Cook, Nevin SO | |
| 23.42 24.41 24.33 | 22.95 | | | |
| 2 Falcons-VA | A | 1:41.91 | 1:41.88 | 26 |
| 1) Hazel, Raleigh FR | 2) Hansen, Andrew SO | 3) Martin, Brock SO | 4) Dameron, Brett JR | |
| 25.94 26.72 25.66 | 23.56 | | | |
| 3 Fredricksburg Christian | A | 1:39.36 | 1:42.54 | 24 |
| 1) Pleban, Joey SO | 2) Waters, Andrew 8 | 3) Donehey, John SR | 4) Porter, Adam SR | |
| 26.14 26.38 25.58 | 24.44 | | | |
| 4 Highland School-VA | A | 1:47.64 | 1:44.51 | 22 |
| 1) Gillette, Ben JR | 2) Timms, Doug | 3) Lounsbury, Connor | 4) Kirk, Kyle JR | |
| 24.55 31.15 25.02 | 23.79 | | | |
| 5 Randolph-Macon Academy | A | 1:46.58 | 1:45.07 | 20 |
| 1) Gu, Young-Mo | 2) Dolinar, Brian | 3) Chung, Dae Gon | 4) Turner, Adam | |
| 27.44 26.66 24.92 | 26.05 | | | |
| 6 Quantico High School | A | 1:55.11 | 1:55.72 | 18 |
| 1) Fischer, Joe | 2) McNair, Chris | 3) Vap, Hunter | 4) Vap, Levy | |
| 27.79 31.99 28.85 | 27.09 | | | |
| 7 Emmaunuel Christian | A | 2:28.07 | 2:06.55 | 14 |
| 1) George, Ben | 2) Verjinski, Nathan | 3) McGillicuddy, Joe | 4) McGillicuddy, John | |
| 32.50 32.41 31.60 | 30.04 | | | |

Event 18 Women 200 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time | Points |
|-----------------------|-----------------------|---------------------|---------------------|--------|
| 1 Seton High School | A | 1:45.02 | 1:47.15 | 32 |
| 1) Planchak, Katie JR | 2) Mazzoccoli, Lea SO | 3) Dunn, Melissa SR | 4) Dunn, Jessica SO | |
| 25.90 27.71 27.23 | 26.31 | | | |

(Event 18 Women 200 Yard Freestyle Relay)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Team | Relay | Seed Time | Finals Time | Points |
|----------------------------|---------------------|---------------------------|---------------------------|---------------|
| 2 Fredricksburg Christian | A | 1:52.67 | 1:52.27 | 26 |
| 1) Jones, Rochelle SR | 2) Golike, Kayti JR | 3) Farmer, Jessica SO | 4) Jones, Keri SO | |
| 27.40 29.57 28.53 | 26.77 | | | |
| 3 Falcons-VA | A | 2:05.68 | 1:59.29 | 24 |
| 1) Walsh, Kelsey SO | 2) Hazel, Lucy | 3) Simpson, Cara FR | 4) Jacobson, Alixandra SO | |
| 30.69 31.19 28.05 | 29.36 | | | |
| 4 Highland School-VA | A | 2:32.15 | 2:03.85 | 22 |
| 1) Hutchinson, Lowell | 2) Mello, Sarah | 3) Miller, Jeannie | 4) Patry, Chelsea | |
| 29.38 31.13 34.43 | 28.91 | | | |
| 5 Wakefield School | A | 2:10.50 | 2:04.23 | 20 |
| 1) Duchak, Tatiana 8 | 2) Allen, Sydney 7 | 3) Sacripanti, Madeline 7 | 4) Alphin, Lanie 9 | |
| 28.07 32.82 34.64 | 28.70 | | | |
| 6 Emmaunuel Christian | A | 2:17.63 | 2:19.90 | 18 |
| 1) McGillicuddy, Lauren | 2) Andrews, Brie | 3) Slimp, Laura | 4) Stone, Alicia | |
| 30.34 42.85 35.68 | 31.03 | | | |
| 7 Quantico High School | A | 2:19.24 | 2:26.16 | 14 |
| 1) McNair, Samantha | 2) Crum, Candace | 3) Strauss, Carissa | 4) Pinheiro, Brittany | |
| 29.86 42.79 37.74 | 35.77 | | | |
| --- Word of Life Christian | A | 2:24.00 | NS | |
| 1) Oliveira, Samantha | 2) Khosravi, Neda | 3) King, Christy | 4) Currie, Rachael | |
| --- Emmaunuel Christian | B | 3:02.56 | NS | |
| 1) Butler, Lauren | 2) England, Mindy | 3) Brooks, Rosie | 4) O'Bannon, Katy | |

Event 19 Men 100 Yard Backstroke

| Name | Yr School | Seed Time | Finals Time | Points |
|----------------------|--------------------------------------|------------------|--------------------|---------------|
| 1 Koehr, Kevin | SR Seton High School | 51.48 | 53.44 | 16 |
| 26.00 27.44 | | | | |
| 2 Waters, Andrew | 8 Fredricksburg Christian School-VA | 1:09.75 | 1:07.40 | 13 |
| 32.43 34.97 | | | | |
| 3 Koehr, Daniel | 8 Seton High School | 1:13.31 | 1:08.61 | 12 |
| 33.12 35.49 | | | | |
| 4 George, Charles | Emmaunuel Christian School-VA | 1:09.56 | 1:09.74 | 11 |
| 32.78 36.96 | | | | |
| 5 Zarin, Babak | JR Falcons-VA | 1:16.77 | 1:11.17 | 10 |
| 34.10 37.07 | | | | |
| 6 Lewis, David | JR Falcons-VA | 1:15.53 | 1:12.89 | 9 |
| 34.95 37.94 | | | | |
| 7 Corkery, Billy | JR Seton High School | 1:14.74 | 1:13.01 | 7 |
| 35.46 37.55 | | | | |
| 8 Kenna, Patrick | 7 Seton High School | 1:19.74 | 1:14.07 | 5 |
| 36.11 37.96 | | | | |
| 9 Taylor, Ret | Falcons-VA | 1:15.98 | 1:14.51 | 4 |
| 37.10 37.41 | | | | |
| 10 Lounsbury, Connor | Highland School-VA | 1:20.07 | 1:15.86 | 3 |
| 38.15 37.71 | | | | |
| 11 Rayford, Aaron | JR Fredricksburg Christian School-VA | 1:18.21 | 1:21.17 | 2 |
| 12 Pare, Marcus | Falcons-VA | 1:30.43 | 1:27.47 | 1 |
| 42.12 45.35 | | | | |
| 13 Verjinski, Nathan | Emmaunuel Christian School-VA | 1:31.57 | 1:27.69 | |
| 41.31 46.38 | | | | |
| 14 Shinkle, John | FR Fredricksburg Christian School-VA | 1:36.12 | 1:30.76 | |
| 15 Flannigan, TJ | Quantico High School | 1:44.14 | 1:43.57 | |
| 48.51 55.06 | | | | |

(Event 19 Men 100 Yard Backstroke)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|---|----|-----------------------------------|-----------|-------------|--------|
| --- Druery, Ricky 47.91 56.03 | | Quantico High School | NT | DQ | |
| Event 20 Women 100 Yard Backstroke | | | | | |
| Name | Yr | School | Seed Time | Finals Time | Points |
| 1 Dunn, Jessica 30.73 32.49 | SO | Seton High School | 1:03.86 | 1:03.22 | 16 |
| 2 Jones, Rochelle 31.00 32.82 | SR | Fredricksburg Christian School-VA | 1:03.37 | 1:03.82 | 13 |
| 3 Milliken, Emily 31.59 34.97 | | Randolf-Macon Academy | 1:05.41 | 1:06.56 | 12 |
| 4 McGillicuddy, Lauren 32.64 34.93 | | Emmanuel Christian School-VA | 1:07.56 | 1:07.57 | 11 |
| 5 Smith, Danielle 34.07 38.34 | FR | Seton High School | 1:10.35 | 1:12.41 | 10 |
| 6 Morch, Meghan M 35.28 37.62 | SO | Seton High School | 1:13.71 | 1:12.90 | 9 |
| 7 Wunderly, Bridget 34.91 38.13 | 7 | Seton High School | 1:15.34 | 1:13.04 | 7 |
| 8 Patry, Chelsea 35.28 39.21 | | Highland School-VA | 1:17.82 | 1:14.49 | 5 |
| 9 Jones, Katherine 37.61 40.41 | JR | Fredricksburg Christian School-VA | 1:17.85 | 1:18.02 | 4 |
| 10 Monahan, Julia 39.88 41.12 | | Falcons-VA | 1:23.92 | 1:21.00 | 3 |
| 11 Huss, Anne 40.31 40.90 | SO | Falcons-VA | 1:23.69 | 1:21.21 | 2 |
| 12 Currie, Rachael 40.16 42.53 | | Word of Life Christian Academy | 1:21.90 | 1:22.69 | 1 |
| 13 Johnson, Melanie X 43.09 45.63 | JR | Falcons-VA | 1:30.44 | 1:28.72 | |
| 14 Stone, Alicia 45.82 46.96 | | Emmanuel Christian School-VA | 1:33.01 | 1:32.78 | |
| 15 Cole, Rachel 46.35 48.41 | 7 | Wakefield School | 1:34.86 | 1:34.76 | |
| 16 Mills, Ovidia | FR | Fredricksburg Christian School-VA | 1:35.33 | 1:41.74 | |
| 17 Huddle, Madeline 49.72 56.43 | | Falcons-VA | 1:38.79 | 1:46.15 | |
| 18 Strauss, Carissa 51.03 59.94 | | Quantico High School | NT | 1:50.97 | |
| 19 Crum, Candace 54.96 58.01 | | Quantico High School | NT | 1:52.97 | |
| 20 Mead, Sylvia | FR | Fredricksburg Christian School-VA | 1:58.46 | 1:59.71 | |
| 21 Luhrsen, Grace 1:02.09 1:13.77 | | Quantico High School | NT | 2:15.86 | |
| --- Luhrsen, Katy 55.36 57.40 | | Quantico High School | NT | DQ | |

Event 21 Men 100 Yard Breaststroke

| Name | Yr | School | Seed Time | Finals Time | Points |
|------------------------------|----|-------------------|-----------|-------------|--------|
| 1 Cook, Nevin 28.88 31.91 | SO | Seton High School | 58.77 | 1:00.79 | 16 |

(Event 21 Men 100 Yard Breaststroke)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------------------|----|-----------------------------------|-----------|-------------|--------|
| 2 Gillette, Ben 30.56 34.84 | JR | Highland School-VA | 1:04.42 | 1:05.40 | 13 |
| 3 Koehr, Sean 31.52 37.59 | SO | Seton High School | 1:09.84 | 1:09.11 | 12 |
| 4 Porter, Adam 32.87 37.03 | SR | Fredricksburg Christian School-VA | 1:12.29 | 1:09.90 | 11 |
| 5 Chung, Dae Gon 31.87 38.56 | | Randolf-Macon Academy | 1:10.70 | 1:10.43 | 10 |
| 6 Timms, Doug 34.20 39.42 | | Highland School-VA | 1:12.17 | 1:13.62 | 9 |
| 7 Pleban, Joey 35.57 41.75 | SO | Fredricksburg Christian School-VA | 1:16.88 | 1:17.32 | 7 |
| 8 Zimmerman, Jacob 36.35 42.92 | SO | Fredricksburg Christian School-VA | 1:20.89 | 1:19.27 | 5 |
| 9 Doss, Cole 38.68 42.27 | | Falcons-VA | 1:25.21 | 1:20.95 | 4 |
| 10 Harris, David 38.25 43.98 | FR | Seton High School | 1:21.46 | 1:22.23 | 3 |
| 11 Chau, Chun Lung 38.21 45.17 | | Randolf-Macon Academy | 1:27.91 | 1:23.38 | 2 |
| 12 Quinan, Daniel 38.57 45.52 | SR | Seton High School | 1:24.83 | 1:24.09 | 1 |
| 13 Steven, Walker 41.24 50.48 | FR | Falcons-VA | 1:33.83 | 1:31.72 | |
| 14 Watts, Simon 44.42 51.14 | | Falcons-VA | 1:39.39 | 1:35.56 | |
| 15 Russman, Glenn 42.78 54.67 | | Quantico High School | 1:44.64 | 1:37.45 | |
| 16 McGillicuddy, Joe 47.64 51.06 | | Emmanuel Christian School-VA | 1:40.94 | 1:38.70 | |
| 17 Thompson, Ben 45.54 54.02 | | Quantico High School | 1:39.87 | 1:39.56 | |
| 18 Pohanka, Tim 47.72 55.40 | | Falcons-VA | 1:40.63 | 1:43.12 | |
| 19 McKeehan, Cameron 46.84 57.11 | | Randolf-Macon Academy | 1:41.99 | 1:43.95 | |
| 20 Penrose, Andrew 57.47 1:12.32 | | Quantico High School | NT | 2:09.79 | |

Event 22 Women 100 Yard Breaststroke

| Name | Yr | School | Seed Time | Finals Time | Points |
|-------------------------------------|----|-----------------------------------|-----------|-------------|--------|
| 1 Dunn, Melissa 34.46 39.06 | SR | Seton High School | 1:14.26 | 1:13.52 | 16 |
| 2 Duchak, Tatiana 34.75 39.01 | 8 | Wakefield School | 1:14.73 | 1:13.76 | 13 |
| 3 Kenna, Mary-Kate 36.30 41.19 | FR | Seton High School | 1:17.38 | 1:17.49 | 12 |
| 4 Golike, Kayti 36.58 42.95 | JR | Fredricksburg Christian School-VA | 1:19.77 | 1:19.53 | 11 |
| 5 Pinheiro, Brittany 39.12 43.21 | | Quantico High School | 1:36.68 | 1:22.33 | 10 |
| 6 Glavy, Jena 40.59 44.98 | | Quantico High School | 1:21.33 | 1:25.57 | 9 |

(Event 22 Women 100 Yard Breaststroke)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Name | Yr | School | Seed Time | Finals Time | Points |
|--|----|-----------------------------------|-----------|-------------|--------|
| 7 Maxfield, Lindsey 38.72 47.29 | SO | Falcons-VA | 1:28.04 | 1:26.01 | 7 |
| 8 Walsh, Kelsey 39.47 46.57 | SO | Falcons-VA | 1:26.89 | 1:26.04 | 5 |
| 9 Mello, Sarah 40.50 45.92 | | Highland School-VA | 1:26.30 | 1:26.42 | 4 |
| 10 Miller, Jeannie 41.50 47.15 | | Highland School-VA | 1:31.29 | 1:28.65 | 3 |
| 11 Rafter, Kristin 40.77 48.30 | FR | Seton High School | 1:29.32 | 1:29.07 | 2 |
| 12 Hood, Whitney 41.43 48.01 | FR | Seton High School | 1:32.49 | 1:29.44 | 1 |
| 13 Hughes, Colleen 43.18 47.44 | | Falcons-VA | 1:34.49 | 1:30.62 | |
| 14 McNair, Samantha 42.42 48.84 | | Quantico High School | 1:34.15 | 1:31.26 | |
| 15 Lambertson, Jennifer 42.89 48.85 | 7 | Fredricksburg Christian School-VA | 1:34.36 | 1:31.74 | |
| 16 Keady, Spencer 45.30 50.69 | SO | Fredricksburg Christian School-VA | 1:44.28 | 1:35.99 | |
| 17 Nagle, Melissa 44.55 52.51 | FR | Fredricksburg Christian School-VA | 1:37.78 | 1:37.06 | |
| 18 Oliveira, Samantha 46.77 51.06 | | Word of Life Christian Academy | 1:37.70 | 1:37.83 | |
| 19 Graap, Katie 47.87 52.64 | | Highland School-VA | 1:42.37 | 1:40.51 | |
| 20 Allen, Sydney 46.17 55.55 | 7 | Wakefield School | 1:24.81 | 1:41.72 | |
| 21 Hudson, Carley 47.82 53.93 | | Falcons-VA | 1:48.86 | 1:41.75 | |
| 22 Benitz, Corina 48.01 57.09 | 7 | Wakefield School | 1:48.25 | 1:45.10 | |
| 23 Gorsuch, Jillian 50.39 59.90 | JR | Highland School-VA | 1:49.92 | 1:50.29 | |
| 24 Butler, Lauren 55.21 1:08.48 | | Emmanuel Christian School-VA | 2:02.87 | 2:03.69 | |
| --- Weaver, Hannah 59.41 1:05.50 | | Quantico High School | 2:06.01 | DQ | |
| --- Robinson, Brooke 56.95 59.37 | 7 | Wakefield School | 1:49.02 | DQ | |
| --- England, Mindy 47.86 57.02 | | Emmanuel Christian School-VA | 1:42.57 | DQ | |

Event 23 Men 400 Yard Freestyle Relay

| Team | Relay | Seed Time | Finals Time | Points |
|--|--|---|---|--------|
| 1 Seton High School 1) Murphy, Jack SR 27.74 58.43 | A 2) Koehr, Daniel 8 27.95 1:00.68 | 4:04.72 29.25 1:00.83 | 3:55.28 20.16 55.34 | 32 |
| 2 Falcons-VA 1) Lewis, David JR 29.72 1:03.35 | A 2) Hansen, Andrew SO 28.35 59.56 | 4:05.35 27.82 58.64 | 3:59.48 27.06 57.93 | 26 |
| | | 3) Corkery, Billy JR 3) Martin, Joe SO | 4) Cook, Connor 8 4) Hazel, Raleigh FR | |

(Event 23 Men 400 Yard Freestyle Relay)

2006 DAC Championship Meet - 2/4/2006
Results - DAC Champs 06

| Team | Relay | Seed Time | Finals Time | Points |
|--|---------------------------|---------------------------|--------------------------|---------------|
| 3 Fredricksburg Christian | A | 3:57.69 | 4:10.52 | 24 |
| 1) Donehey, John SR | 2) Boyd, Richard JR | 3) Welch, Chip SR | 4) Ross, Joe SR | |
| 27.35 59.79 29.48 | 1:03.87 28.93 1:02.92 | 28.52 1:03.94 | | |
| 4 Emmaunuel Christian | A | 4:39.53 | 4:47.83 | 22 |
| 1) George, Ben | 2) George, Charles | 3) McGillicuddy, Joe | 4) McGillicuddy, John | |
| 28.94 1:05.01 35.60 | 1:14.22 32.31 1:14.85 | 33.42 1:13.75 | | |
| 5 Randolph-Macon Academy | A | 5:17.03 | 4:48.38 | 20 |
| 1) McKeehan, Cameron | 2) Chau, Chun Lung | 3) Gu, Young-Mo | 4) Dolinar, Brian | |
| 37.72 1:21.87 36.58 | 1:22.00 29.28 1:03.79 | 27.67 1:00.72 | | |
| 6 Quantico High School | A | 6:59.36 | 6:03.75 | 18 |
| 1) Thompson, Ben | 2) Flannigan, TJ | 3) Penrose, Andrew | 4) Russman, Glenn | |
| 39.26 1:28.75 40.76 | 1:29.34 48.45 1:43.58 | 36.76 1:22.08 | | |
| Event 24 Women 400 Yard Freestyle Relay | | | | |
| Team | Relay | Seed Time | Finals Time | Points |
| 1 Seton High School | A | 4:12.32 | 4:13.84 | 32 |
| 1) Morch, Meghan M SO | 2) Harris, Caitlin SR | 3) Melnyk, Kimberley SO | 4) Moya, Hailey FR | |
| 29.96 1:03.85 29.66 | 1:04.02 30.68 1:04.81 | 29.01 1:01.16 | | |
| 2 Falcons-VA | A | 4:39.43 | 4:24.34 | 26 |
| 1) Goose, Emily FR | 2) Hazel, Lucy | 3) Jacobson, Alixandra SO | 4) Weinstein, Caitlin SO | |
| 32.26 1:07.28 30.62 | 1:05.52 31.88 1:07.62 | 30.29 1:03.92 | | |
| 3 Quantico High School | A | 4:36.53 | 4:37.07 | 24 |
| 1) Smith, Camille | 2) Harrington, Meghan | 3) Glavy, Jena | 4) Harrington, Liz | |
| 31.10 1:05.90 35.42 | 1:17.23 34.37 1:13.15 | 28.74 1:00.79 | | |
| 4 Fredricksburg Christian | A | 4:21.37 | 4:37.40 | 22 |
| 1) Jones, Katherine JR | 2) Seals, Lindsay SR | 3) Swan, Kristen SO | 4) Lambert, Brooke 7 | |
| 31.11 1:07.41 31.24 | 1:07.68 34.47 1:11.62 | 32.47 1:10.69 | | |
| 5 Emmaunuel Christian | A | 5:20.87 | 4:55.63 | 20 |
| 1) Andrews, Brie | 2) O'Bannon, Katy | 3) Stone, Alicia | 4) McGillicuddy, Lauren | |
| 30.86 1:04.36 36.53 | 1:18.46 37.85 1:17.98 | 35.51 1:14.83 | | |
| 6 Wakefield School | A | 4:45.99 | 5:49.06 | 18 |
| 1) Breeden, Brittany 8 | 2) Sacripanti, Madeline 7 | 3) Benitz, Corina 7 | 4) Cole, Rachel 7 | |
| 35.38 1:17.79 36.46 | 1:18.92 47.50 1:44.93 | 20.92 1:27.42 | | |
| --- Highland School-VA | A | 4:46.60 | DQ | |
| 1) Britto, Maria | 2) Hundley, Krista FR | 3) Graap, Katie | 4) Coppens, Kayla | |
| 39.46 1:28.64 23.58 | 1:28.54 40.67 1:28.02 | 38.52 1:21.29 | | |