

VISAA State Swimming and Diving Championship Qualifying Standards - '18-'19 Season

Women		Events	Men	
Short-Course Yards	Short-Course Meters		Short-Course Yards	Short-Course Meters
2:15.36	2:30.25	200 Medley Relay	1:57.18	2:10.07
2:13.44	2:28.12	200 Free	2:02.70	2:16.20
2:32.43	2:49.20	200 I.M.	2:19.43	2:34.77
:27.19	:30.18	50 Free	:24.26	:26.93
:29.19	:32.40	50 Free - Bonus	:26.26	:29.15
TBD	TBD	Diving (11 Dive Score)	TBD	TBD
1:08.17	1:15.67	100 Fly	1:01.02	1:07.73
:59.55	1:06.10	100 Free	53.59	:59.48
6:09.91	5:23.54	500 (400 m) Free	5:41.90	4:59.29
1:58.53	2:11.57	200 Free Relay	1:43.26	1:54.62
1:07.53	1:14.96	100 Back	1:02.90	1:09.82
1:17.93	1:26.50	100 Breast	1:10.18	1:17.90
4:38.24	5:08.85	400 Free Relay	3:59.45	4:25.79