

# 2012 VISAA State Swim & Dive Championship Meet Results

## Overall State Champions

### **Girls**

Collegiate School – Girls Champion  
St. Catherine's School – Girls Runner-up

### **Boys**

Woodberry Forest – Boys Champion  
Hampton Roads Academy - Boys Runner-up

## Division II State Champions

### **Girls**

Hampton Roads Academy – Champion (5<sup>th</sup> overall)  
Nansemond-Suffolk Academy – Runner-up (7<sup>th</sup> overall)

### **Boys**

Hampton Roads Academy – Champion (2<sup>nd</sup> overall)  
Roanoke Catholic School – Runner-up (8<sup>th</sup> overall)

## Special Awards

### **Swimmer of the Meet**

Gabrielle Bishop, Nansemond-Suffolk School – Girls  
Zach Switzer, Woodberry Forest School – Boys

### **John O'Hara Coach of the Year Award**

Terry Sue Gault, St. Catherine's School – Girls  
Jeff Scott, Hampton Roads Academy – Boys

### **Sportsmanship**

Seton School – Girls  
Woodberry Forest – Boys

### **Spirit**

Norfolk Academy – Girls  
Norfolk Academy – Boys

### **Diving Coach of the Year**

Mark Busser – The Steward School, St. Catherine's, St. Christopher

## New State Championship Meet Records

1. **Girls 200 Medley Relay**, 1:50.01 , Collegiate School: A. Pollard, C. Brewer, C. Pollard, C. Makepeace
2. **Girls 200 Free**, 1:49.25, Gabrielle Bishop, Nansemond-Suffolk School
3. **Boys 200 IM**, 1:50.72, Zach Switzer, Woodberry Forest School
4. **Boys 100 Backstroke**, 50.02, Zach Switzer, Woodberry Forest School
5. **Girls 100 Breaststroke**, 1:04.06, Sommer Harris, St. Catherine's School
6. **Girls 100 Freestyle**, 51:00, Gabrielle Bishop, Nansemond-Suffolk School

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## **Congratulations to Seton Swimming's boys and girls for their outstanding performance at the VSIAA Division State Swim & Dive Champions!**

- The girls took 3<sup>rd</sup> for VISAA Division II and 9<sup>th</sup> overall
- The boys took 6<sup>th</sup> for VISAA Division II and 17<sup>th</sup> overall
- There was a lot of great swimming, including
  - Alex Doonis and Cat Rogers took the Gold and Silver medal respectively in the girls 50 Free!
  - Alex Doonis took the bronze medal in 100 Free
  - Cat Rogers took the bronze medal in 100 Breaststroke
  - Vincent "Catfish" Dunn took 4<sup>th</sup> in 100 Butterfly and 10<sup>th</sup> in 100 Backstroke
  - Our Girls 200 Free Relay of Alex Doonis, Claire Kenna, Alex Sinner and Cat Rogers took 4<sup>th</sup> overall
  - Joe Duran took 6<sup>th</sup> overall in boys diving
  - Sarah Zapiain took 9<sup>th</sup> overall in girls diving
  - Our girls 400 Free Relay of freshman Alex Sinner and 8<sup>th</sup> graders Jillian Ceol, Kimberly Rector, and Claire Kenna took 15<sup>th</sup> in the 400 Free Relay
- We had four (4) new team records, including:
  - Alex Doonis in the 50 Free, 100 Free and 100 Back
  - Cat Rogers in the 100 Breaststroke
- Results are posted under Meet & Team Information

- See all of the races on <http://tv.swimmingworldmagazine.com/>
- Loads of commentary coming shortly