

VSIS Swimming & Diving Championship

February 20 & 21, 2004

Results

Event 1 Women 200 Yard Medley Relay

Team	Relay	Finals Time
Finals		
1 NA-VA	A	1:53.62
Meier, Ali 11	Doviak, Meaghan 12	
Randlett, Lindsey 12	Morrissey, Christi 11	
29.74	32.53	26.86 24.49
2 TITAN	A	1:55.48
Stewart, Hallie 10	Royce, Carolyn 9	
Hesser, Hannah 10	Holt, Leslie 9	
29.08	32.62	28.00 25.78
3 SGHS	A	1:55.85
Traynham, Sarah Kate 1	Kowalchuk, Morgan 11	
Brown, McKenzie 10	Cutter, Lynn 11	
30.77	30.74	28.63 25.71
4 IRE	A	1:56.19
Verducci, Kara 12	McHale, Caitlin 9	
Jarvis, Cassandra 11	LeBlanc, Jill 11	
30.14	32.17	27.81 26.07
5 NCS-VA	A	1:56.37
Beedie, Kate 11	Austin, Meggie 8	
Bucher, Holly 11	Wampler, Callan 12	
28.12	33.36	30.72 24.17
6 STCA-VA	A	1:56.77
O'Grady, Karen 12	Mahoney, Susan 11	
Deacon, Rebecca 10	Meem, Ashton 10	
31.76	31.78	27.08 26.15
7 COOL-VA	A	1:56.94
Farmer, Molly 8	Kelley, Becca 8	
Ailsworth, Sarah 12	Garson, Elizabeth 11	
31.40	32.40	26.78 26.36
8 NSA-VA	A	1:57.76
Bishop, Jade 8	Cotton, Anna 11	
Waller, Danielle 10	Bishop, Britney 12	
31.17	32.77	29.83 23.99
Consoles		
9 POTO-VA	A	1:57.65
Beier, Genna 12	Brandes, Lauren 10	
Killmon, Kelsey 12	McElwain, Maria 11	
30.09	32.88	29.08 25.60
10 FHS-VA	A	1:59.03
Rosenthal, Katie M 10	Beier, Ellie W 10	
Ahmadi, Parisa E 10	Moore, Lyn E 11	
30.78	32.93	28.90 26.42
11 WA-VA	A	2:02.55
Hartmann, Caki 9	Wilke, Caroline 8	
Murphy, Sarah 9	Mulhare, Jamie 9	
30.53	34.88	28.99 28.15
12 FCS	A	2:04.21
Jones, Rochelle 10	Golike, Katie 9	
Jones, Keri 8	Steigerwald, Bethany 11	
30.15	36.67	28.76 28.63
13 MS-PV	A	2:04.35
Fuchs, Kathleen 10	Childs, Allie 9	
McKinney, Claire 9	Poon, Cathy 9	
31.56	35.31	31.37 26.11
14 HRA-VA	A	2:05.45
Branscome, Tyler 9	Lewis, Kimberly 10	
Lesnick, Kim 10	Kavit, Caroline 9	
31.73	33.75	32.22 27.75
15 SST	A	2:05.54
Planchak, Jennifer 12	Dunn, Melissa 10	
Seale, Meg 11	Planchak, Katie 9	
33.12	34.97	30.75 26.70
16 HIGH-VA	A	2:05.70
Thamm, Colleen 10	Mello, Caroline 12	
Carlton, Brittany 12	Thorsen, Rebecca 11	
33.08	34.54	31.00 27.08

Event 1 Women 200 Yard Medley Relay

Team	Relay	Prelim Time
Preliminaries		
1 NA-VA	A	1:54.65
Meier, Ali 11	Doviak, Meaghan 12	
Randlett, Lindsey 12	Morrissey, Christi 11	
30.69	32.71	26.90 24.35
2 TITAN	A	1:57.32
Stewart, Hallie 10	Royce, Carolyn 9	
Hesser, Hannah 10	Holt, Leslie 9	
29.64	32.87	28.55 26.26
3 STCA-VA	A	1:57.38
O'Grady, Karen 12	Mahoney, Susan 11	
Deacon, Rebecca 10	Meem, Ashton 10	
32.08	31.55	27.18 26.57
4 IRE	A	1:57.51
Verducci, Kara 12	McHale, Caitlin 9	
Jarvis, Cassandra 11	Milliken, Emily 10	
30.42	32.44	28.14 26.51
5 SGHS	A	1:58.13
Traynham, Sarah Kate 1	Kowalchuk, Morgan 11	
Brown, McKenzie 10	Cutter, Lynn 11	
30.71	31.91	29.53 25.98
6 NCS-VA	A	1:58.29
Beedie, Kate 11	Austin, Meggie 8	
Bucher, Holly 11	Wampler, Callan 12	
28.51	34.07	30.86 24.85
7 NSA-VA	A	1:58.62
Bishop, Jade 8	Cotton, Anna 11	
Waller, Danielle 10	Bishop, Britney 12	
31.34	32.97	30.01 24.30
8 COOL-VA	A	1:59.26
Farmer, Molly 8	Kelley, Becca 8	
Ailsworth, Sarah 12	Bowman, Katelyn 11	
31.67	32.44	27.71 27.44
9 POTO-VA	A	1:59.28
Beier, Genna 12	Brandes, Lauren 10	
Killmon, Kelsey 12	McElwain, Maria 11	
30.18	33.38	29.21 26.51
10 FHS-VA	A	2:02.32
Rosenthal, Katie M 10	Beier, Ellie W 10	
Ahmadi, Parisa E 10	Moore, Lyn E 11	
32.00	33.47	30.23 26.62
11 MS-PV	A	2:03.26
Fuchs, Kathleen 10	Childs, Allie 9	
McKinney, Claire 9	Poon, Cathy 9	
31.58	34.57	31.18 25.93
12 WA-VA	A	2:03.53
Hartmann, Caki 9	Wilke, Caroline 8	
Murphy, Sarah 9	Mulhare, Jamie 9	
31.22	35.07	28.91 28.33
13 HRA-VA	A	2:04.95
Branscome, Tyler 9	Lewis, Kimberly 10	
Lesnick, Kim 10	Kavit, Caroline 9	
31.48	33.41	31.95 28.11
14 SST	A	2:06.44
Planchak, Jennifer 12	Dunn, Melissa 10	
Seale, Meg 11	Planchak, Katie 9	
33.16	34.42	31.42 27.44
15 HIGH-VA	A	2:06.85
Thamm, Colleen 10	Mello, Caroline 12	
Carlton, Brittany 12	Thorsen, Rebecca 11	
32.59	35.11	31.15 28.00
16 FCS	A	2:07.07
Jones, Rochelle 10	Golike, Katie 9	
Jones, Keri 8	Steigerwald, Bethany 11	
29.99	39.01	29.14 28.93

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17	NCOL-VA	A	2:07.61	31.67	37.02	32.55	29.25
	McLemore, Maria 11	Porter, Juliana 8		---	FHS-VA	B	X2:11.31
	Sydnor, Lanier 8	Ungerman, Annie 10			Prescott, Lizzy G 11	Guillen, Patricia E 9	
	33.34	36.07	29.82	28.38	Oconnor, Lizz A 10	de Ridder, Lauren P 10	
18	BSCHS-VA	A	2:09.06	36.65	33.60	32.43	28.63
	McKenna, Allyce 10	Morrow, Jessica 10		---	MS-PV	B	X2:11.58
	Harkins, Katie J 11	Malone, Meredith A 11			Richmond, Julia 12	Romanoff, Caroline 12	
	33.70	35.85	31.97	27.54	Marks, Kenisha 11	Hodson, Jackie 11	
					34.11	36.25	32.99
19	PCHS-VA	A	2:10.66	---	IRE	B	X2:12.72
	Oddo, Jenna 12	Melo, Katelyn E 10			Verducci, Meghan 9	Ganssle, Mary-Kate 10	
	Richman, Sarah 11	Henderson, Kelly J 11			Dauer, Beth 12	Connolly, Colleen 12	
	33.97	34.85	32.35	29.49	34.83	33.42	34.05
20	QMHS	A	2:13.07	---	SGHS	B	X2:12.76
	Marocco, Allison 9	Van Nortwick, Abby 12			Ellar, Julia 9	Bell, Jessica 9	
	Harrington, Liz 10	Wheeler, Hillery 12			Jarreau, Emily 11	Scott, Sally 11	
	31.63	39.31	29.62	32.51	33.45	36.32	33.30
21	CH	A	2:13.40	---	NSA-VA	B	X2:13.49
	O'Brien, Ann S 9	Hockensmith, Ashley S			D'Haem, Sarah 12	MacKinnon, Kristin 10	
	Weisberg, Sarah-Jane F	Willmott, Emily Dale D			Smith, Tess 11	Buckley, Tiffany 10	
	29.46	35.75	31.01	37.18	35.67	39.55	31.11
22	NCH-VA	A	2:14.97	---	NA-VA	D	X2:13.54
	Strickland, Michelle 10	Carey, Ellen 11			Shave, Natalie 10	Stedfast, Molly 10	
	Balderston, Julie 10	McCrillis, Kristen 12			Barry, Laura 9	Alston, Molly 11	
	36.99	37.56	30.57	29.85	35.54	36.77	32.33
23	STHL-VA	A	2:15.92	---	PVI	B	X2:13.89
	Peterson, Laura 12	Boatright, Jill 12			Dawson, Ashley 11	Sperling, Amanda 12	
	Krusz, Blair 12	Crawford, Katie 12			Nieves, Kelsey 9	Lutz, Brittany 10	
	32.56	34.08	35.46	33.82	35.39	41.35	28.04
Preliminaries ... (Event 1 Women 200 Yard Medley)							
24	FSV-VA	A	2:16.47	---	SST	B	X2:15.30
	Eggleston, Taryn R 9	Saunders, Anne Latane'			Melnyk, Stephanie 10	Wall, Candace 10	
	Watson, Casey M 10	LaRoche, Julia R 10			Morch, Meghan M 8	Garziona, Gina 10	
	32.64	40.44	33.24	30.15	35.83	37.78	31.90
25	FA-VA	A	2:16.60	---	STCA-VA	C	X2:17.71
	Calloway, Beth 11	McDaniel, Jordan 8			Coogan, Meg 10	Davis, Katherine 9	
	Weinstein, Caitlin 8	Walsh, Kelsey 8			Jenkins, Katie 12	Lockerby, Claire 8	
	34.60	36.28	35.26	30.46	34.35	37.72	35.44
26	RCHS-VA	A	2:23.88	---	MS-PV	C	X2:19.95
	Brown, Trouble 12	Flynn, Megga E 10			Hollar, Katie 12	Barnett, Sophie 12	
	Franko, Duckie 12	Stancil, Smiley K 12			Stavish, Kaitlyn 12	Rarick, Lauren 9	
	40.15	36.76	37.88	29.09	37.02	39.80	34.31
27	GCA-VA	A	2:33.69	---	BSCHS-VA	B	X2:22.76
	Thompson, Kalen 9	Gibbs, Susan 12			Rogers, Amy 09	Odegaard, Kristen 11	
	Knight, Katy 8	Grindlay, Erin 10			Aylward, Mary K 12	Schrader, Mandy 11	
					37.90	41.08	32.21
28	SSC-VA	A	2:40.20	---	NCS-VA	B	X2:26.57
	Bjorklund, Monica 10	Ives, Catlin 8			Greenawalt, Kelsey 11	Berglund, Kara 10	
	Haskell, Brittany M 8	Ghattas, CC G 9			Garst, Mackenzie 9	Gay, Jane 8	
	44.77	41.79	35.36	38.28	39.62	40.01	34.46
---	COOL-VA	B	X2:02.98	---	POTO-VA	B	X2:33.66
	Ross, Hunter 8	Sisk, Melinda 9			Benveniste, Ellen 10	Bissell, Maria 10	
	Jessup, Allyson 10				Kasper, Lauren 12	Tchijov, Maria 12	
	32.22	33.99	30.03	26.74	35.20	38.54	34.95
---	NA-VA	B	X2:05.88	---	MS-PV	D	X2:35.85
	Huber, Caroline 10	Brett, Meggie 11			Boisclair, Alex 12	Burger-Gohl, Erin 12	
	Ellenson, Ashley 9	Meier, Megan 9			Riesenberg, Claire 12	Murphy, Caitlin 12	
	31.33	35.73	31.29	27.53			33.14
---	STCA-VA	B	X2:06.25	---	PVI	A	DQ
	Blankenship, Maya 9	Brooke, Eliza 9			Zoubek, Carlie 12	Burns, Liz 10	
	Fitzgerald, Janie 8	Brooke, Caroline 8			Cargiulo, Alicia 9	McMillan, Jessie 10	
	33.35	34.34	31.57	26.99	32.56	35.76	29.02
---	COOL-VA	C	X2:10.07	---	NCOL-VA	B	DQ
	McDonald, Courtney 12	Hyslop, Lauren 8			West, Kaitlin A 9	Babashanian, Christine	
	Todras, Miriam 10	Watson, Dorothy 11			Denio, Erin 9	Wilmot, Monica 11	
	33.41	35.81	33.41	27.44	39.63	41.35	45.16
---	TITAN	B	X2:10.49	---	NA-VA	C	DQ
	Bridgforth, Austin 10	Doyle, Lindsay 9			Orleans, April 12	Tabakin, Amy 12	
	Ericson, Ellie 11	Daddio, Erin 12			Conkling, Ruth 9	Conkling, Mary 11	
					35.08	37.84	31.17
							27.77

Event 2 Men 200 Yard Medley Relay

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Event 2 Men 200 Yard Medley Relay

Team	Relay	Finals Time
Finals		
1 HRA-VA	A	1:41.92
Lesnick, Tom 11	Ouzts, Will 10	
Churray, Andrew 11	Read, Curtis 10	
26.43	28.29	25.04 22.16
2 NCS-VA	A	1:42.37
Krell, Ben A 12	Adams, Justin 11	
Collier, Jeff 11	Wells, Drake 12	
25.30	30.26	24.46 22.35
3 COOL-VA	A	1:42.77
Trivette, Alex 8	Steadman, Grant 12	
Hogg, Michael T 11	Sellergren, Andrew 12	
28.59	27.43	22.82 23.93
4 WFS-VA	A	1:42.90
Lewis, Michael 11	Lane-Roberts, George 1	
Lengel, Cal 11	Seabrook, Nelson 11	
26.97	29.70	23.87 22.36
5 STC-VA	A	1:44.49
Young, Cap 10	Young, Chris 11	
Pinkston, Bryan 10	Anderson, Matt 11	
28.37	30.20	22.68 23.24
6 SST	A	1:46.29
Koehr, Kevin 10	Cook, Nevin 8	
Morch, Bryan 10	Bennett, Ray R 11	
26.53	30.52	26.05 23.19
7 NA-VA	A	1:46.99
Chang, Jake 11	Grenga, Chris 11	
Yazdi, Amir 12	Cutchins, Cliff 11	
28.99	29.71	25.15 23.14
8 NCH-VA	A	1:48.13
Toth, Chad 11	Poe, Josh 9	
Balderston, Matt 12	Warner, Nathan 11	
27.37	31.16	24.48 25.12
Consoles		
9 TITAN	A	1:49.88
Lutterbein, Griffin 10	MacDonald, Cullen 9	
Doyle, Sean 11	Magette, Ross 9	
28.34	31.39	26.20 23.95
10 WA-VA	A	1:49.96
Golden, Sean 8	Spellmeyer, Colin 12	
Baumler, Matt 8	Karol, Jack 12	
28.48	31.26	25.95 24.27
11 FHS-VA	A	1:51.47
Hawkins, Robert B 12	Whitcher, Craig D 12	
Uscinski, Ben J 12	Colliatie, Drew C 11	
29.16	31.72	26.73 23.86
12 NCOL-VA	A	1:51.78
Donegan, Sean 10	Pidgeon, Jonathan W 12	
Cannon, Maurice 9	Rector, Billy 11	
29.59	32.22	25.77 24.20
Consoles ... (Event 2 Men 200 Yard Medley Relay)		
13 PVI	A	1:53.34
Malone, Louis 11	Chauvin, Matt 10	
Eu, James 9	Sherman, Joe 9	
28.86	30.58	28.37 25.53
14 PCHS-VA	A	1:54.09
Henderson, Jeff 10	Wheelock, Ryan 10	
Wheelock, Trevor M 8	Haugh, Kris L 12	
30.28	30.84	27.85 25.12
15 IRE	A	1:55.13
Marquet, Michael 11	Patierno, Joel 11	
Dickerson, Michael 9	Raftery, Ryan 12	
32.62	30.88	27.33 24.30
16 HIGH-VA	A	1:56.76
Gillette, Ben 10	Casey, Michael 11	
Kirk, Kyle 10	Bryan, Nathan 10	
27.61	34.22	28.40 26.53

Team	Relay	Prelim Time
Preliminaries		
1 HRA-VA	A	1:43.34
Lesnick, Tom 11	Ouzts, Will 10	
Churray, Andrew 11	Read, Curtis 10	
27.24	28.06	25.39 22.65
2 NCS-VA	A	1:44.68
Krell, Ben A 12	Adams, Justin 11	
Collier, Jeff 11	Wells, Drake 12	
25.41	31.43	24.83 23.01
3 WFS-VA	A	1:44.91
Lewis, Michael 11	Lane-Roberts, George 1	
Lengel, Cal 11	Seabrook, Nelson 11	
28.00	29.43	24.61 22.87
4 STC-VA	A	1:45.17
Young, Cap 10	Young, Chris 11	
Pinkston, Bryan 10	Anderson, Matt 11	
28.30	30.52	23.61 22.74
5 COOL-VA	A	1:45.51
Trivette, Alex 8	Steadman, Grant 12	
Hogg, Michael T 11	Sellergren, Andrew 12	
28.79	28.67	23.31 24.74
6 NA-VA	A	1:48.05
Chang, Jake 11	Grenga, Chris 11	
Yazdi, Amir 12	Cutchins, Cliff 11	
28.87	30.18	25.72 23.28
7 SST	A	1:48.08
Koehr, Kevin 10	Cook, Nevin 8	
Morch, Bryan 10	Bennett, Ray R 11	
26.96	31.64	26.01 23.47
8 NCH-VA	A	1:48.87
Toth, Chad 11	Poe, Josh 9	
Balderston, Matt 12	Warner, Nathan 11	
27.72	31.02	24.48 25.65
9 TITAN	A	1:50.63
Lutterbein, Griffin 10	MacDonald, Cullen 9	
Doyle, Sean 11	Magette, Ross 9	
28.97	31.42	26.09 24.15
10 WA-VA	A	1:50.87
Golden, Sean 8	Spellmeyer, Colin 12	
Baumler, Matt 8	Karol, Jack 12	
28.64	31.33	26.46 24.44
11 NCOL-VA	A	1:52.10
Donegan, Sean 10	Pidgeon, Jonathan W 12	
Cannon, Maurice 9	Rector, Billy 11	
29.73	31.93	25.90 24.54
12 FHS-VA	A	1:52.78
Hawkins, Robert B 12	Whitcher, Craig D 12	
Uscinski, Ben J 12	Colliatie, Drew C 11	
29.14	32.48	26.74 24.42
13 IRE	A	1:54.32
Marquet, Michael 11	Patierno, Joel 11	
Dickerson, Michael 9	Raftery, Ryan 12	
32.42	30.77	27.43 23.70
14 PCHS-VA	A	1:54.96
Henderson, Jeff 10	Wheelock, Ryan 10	
Wheelock, Trevor M 8	Haugh, Kris L 12	
30.36	31.08	27.59 25.93
15 PVI	A	1:55.45
Malone, Louis 11	Chauvin, Matt 10	
Eu, James 9	Sherman, Joe 9	
29.32	30.86	29.24 26.03
16 HIGH-VA	A	1:57.53
Gillette, Ben 10	Casey, Michael 11	
Kirk, Kyle 10	Bryan, Nathan 10	
28.07	34.24	28.13 27.09
17 BHS	A	1:58.56

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	White, Chris 10		Roberson, Aubrey 10	
	Puccinelli, Paul 12		Tracy, Jim 10	
	30.10	34.96	29.18	24.32
18	CHCS-VA		A	2:00.10
	Trop, Michael 10		Zaki, Neil 12	
	Kelley, Ethan 9		Haddad, Josh 12	
	32.49	33.85	29.56	24.20
19	FCS		A	2:00.37
	Jones, Brandon 11		Porter, Adam 10	
	Schmoyer, Tim 11		Breeze, Justin 11	
	31.61	34.08	27.52	27.16
20	FA-VA		A	2:03.32
	Martin, Joe 8		Quarles, Dougie 10	
	Martin, Brock 8		Butterworth, Joel 10	
	32.43	31.93	31.82	27.14
21	FUMA		A	2:05.25
	Fraser, James 12		Horsch, Owen 11	
	Smith, Adams 12		Strickland, Greg 12	
	30.65			25.60
22	BSCHS-VA		A	2:05.29
	Guanci, Robert 10		Mahoney, Kevin 11	
	Schrader, Ryan 10		McDonald, Mike 12	
	30.27	37.09	33.75	24.18
23	GCA-VA		A	2:05.78
	Frantz, Karl 10		Gerhardt, David 12	
	Coulter, Jay 10		Snow, Brandon 10	
	40.49	32.04	29.28	23.97
24	NSA-VA		A	2:10.04
	Tennant, Sean 10		DiRenzo, Joey 10	
	Brooks, Philip 8		Schaubach, Aaron 10	
	35.32	33.96	34.14	26.62
25	RCHS-VA		A	2:10.61
	Norvelle, Peedo S 10		Rokisky, chewbacca 12	
	Turner, Budda C 11		VanDeventer, Han Solo	
	33.85	39.40	29.36	28.00
---	NA-VA		B	X1:57.67
	Cole, Chad 10		Brown, Beau 11	
	Yazdi, Farhad 10		Hoffman, Walter 11	
	33.69	32.15	27.87	23.96
---	WFS-VA		C	X1:58.89
	Matthews, Brewer 9		Holderness, Andy 9	
	Peyton, Mark 9		Stephens, Rob 12	
	30.80	36.01	28.18	23.90
---	NCS-VA		B	X2:01.90
	Krell, John 10		Baker, Adam 9	
	Regnaud, Josh 12		Inge, Walker 9	
	32.72	31.47	30.11	27.60
---	STC-VA		C	X2:02.55
	Erdle, Dylan 11		Amrhein, Chris 9	
	Mayer, Gabriel 11		Mathiasen, Matt 12	
	31.06	36.57	27.68	27.24
---	COOL-VA		B	X2:03.07
	Watson, Drake 8		Emerson, Ben 12	
	Todras, Noah 12		Anderson, Jamie 8	
	32.18	35.40	30.56	24.93
---	WFS-VA		B	X2:03.72
	Farmer, Joe 12		Coleman, Stuart 12	
	Smith, Marston 12		Barron, John 12	
	31.24	33.88	30.72	27.88
---	HRA-VA		B	DQ
	Sager, Christopher 8		Finch, Mitchell 8	
	Landry, Brian 8		Gelhausen, Erik 10	
	29.32	33.20	28.87	25.91
---	STC-VA		B	DQ
	Crenshaw, Hatcher 9		Major, Charlie 12	
	Traynham, Ben 12		Dickerson, Daniel 10	
	30.00	31.42	28.29	24.75
---	BHS		B	DQ
	Gerdes, Alex 12		Dixon, Brandon 9	
	Lyden, Mike 11		Cheney, Grayson 10	
	32.94	34.83	28.49	26.59

---	SSSAS-VA		A		DQ
	Locke, Brent 12		Prietsche, Clay 9		
	Boenecke, Tyler 11		Davidson, Kyle 10		
	30.40	32.30	26.96	25.72	
---	FSV-VA		A		DQ
	McGuire, Robertson R		Saunders, Catesby C 8		
	Boswell, John 12		Phillips, Brian 12		
	40.24	54.78	53.58	30.97	

Preliminaries ... (Event 2 Men 200 Yard Medley Rel

---	POTO-VA		A		DQ
	Yonkman, Ryan 12		Hashimoto, Keishi 10		
	Shashy, Steve 12		Mayer, Kevin 12		
	34.50	34.90	35.26	26.56	

Event 3 Women 200 Yard Free

	Name	Yr	Team	Finals Time	
Finals					
1	Swinley, Leslie	10	MS-PV	1:53.95	
		26.91	28.41	29.22	29.41
2	Brandes, Lauren	10	POTO-VA	1:56.30	
		27.33	29.53	29.45	29.99
3	Murphy, Kate	10	WA-VA	1:58.02	
		27.55	29.60	30.65	30.22
4	Cook, Susan	12	COOL-VA	1:59.40	
		27.55	29.80	30.88	31.17
5	Royce, Carolyn	9	TITAN	1:59.51	
		27.75	29.84	30.80	31.12
6	Hall, Morgan	11	IRE	2:01.41	
		27.38	30.18	31.50	32.35
7	Stewart, Hallie	10	TITAN	2:03.77	
		28.11	30.81	32.39	32.46
8	Jones, Rochelle	10	FCS	2:04.51	

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	27.97	30.61	32.53	33.40		28.22	29.68	29.75	29.90
Consoles					2	Royce, Carolyn	9	TITAN	1:59.26
9	Branscome, Tyler	9	HRA-VA	2:03.45					
						28.57	30.24	30.42	30.03
					3	Murphy, Kate	10	WA-VA	2:00.02
10	McMurray, Alaina	12	IRE	2:03.56					
	28.26	30.57	32.31	32.31					
						27.59	30.05	31.33	31.05
					4	Brandes, Lauren	10	POTO-VA	2:00.15
11	Marocco, Allison	9	QMHS	2:05.54					
	28.70	30.59	32.00	32.27					
						27.88	30.42	31.56	30.29
					5	Cook, Susan	12	COOL-VA	2:01.28
12	Jakabcin, Ana	10	PVI	2:05.65					
	28.27	31.41	32.93	32.93					
						28.11	30.48	31.29	31.40
					6	Hall, Morgan	11	IRE	2:02.30
13	Petty, Katie	11	NA-VA	2:05.75					
	28.85	30.77	32.35	33.68					
						28.06	30.61	31.78	31.85
					7	Jones, Rochelle	10	FCS	2:03.35
14	Balderston, Julie	10	NCH-VA	2:06.53					
	28.86	31.82	32.72	32.35					
						28.44	31.24	31.73	31.94
					8	Stewart, Hallie	10	TITAN	2:04.83
15	Sisk, Madeline	11	COOL-VA	2:07.32					
	28.97	31.58	32.92	33.06					
						28.92	30.98	32.22	32.71
					9	McMurray, Alaina	12	IRE	2:05.54
16	Fuchs, Kathleen	10	MS-PV	2:08.88					
	29.40	31.93	33.23	32.76					
						29.74	30.97	32.15	32.68
					10	Jakabcin, Ana	10	PVI	2:06.73
	29.63	32.05	33.31	33.89					

Event 3 Women 200 Yard Free

	Name	Yr	Team	Prelim Time					
						28.96	31.92	32.61	33.24
Preliminaries					11	Branscome, Tyler	9	HRA-VA	2:06.90
1	Swinley, Leslie	10	MS-PV	1:57.55					

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12	Balderston, Julie	28.90 31.63 10	33.29 NCH-VA	33.08 2:07.22	22	Green, BG	31.38 33.39 9	34.69 POTO-VA	33.81 2:15.78
13	Marocco, Allison	29.84 32.02 9	32.92 QMHS	32.44 2:07.42	23	Smith, Tess	31.00 33.57 11	35.28 NSA-VA	35.93 2:16.15
14	Petty, Katie	28.82 32.05 11	33.51 NA-VA	33.04 2:07.62	24	Alston, Molly	30.86 34.62 11	36.02 NA-VA	34.65 2:17.81
15	Sisk, Madeline	28.99 32.11 11	33.46 COOL-VA	33.06 2:08.06	25	Robertson, Claire	30.66 34.17 12	36.24 POTO-VA	36.74 2:18.25
16	Fuchs, Kathleen	30.16 31.92 10	32.97 MS-PV	33.01 2:10.00	26	Hruska, Amy	31.86 35.02 11	36.16 CHCS-VA	35.21 2:18.47
17	Weisberg, Sarah-Jane	29.63 32.37 9	33.60 CH	34.40 2:10.30	27	Bridgforth, Austin	31.02 34.25 10	36.70 TITAN	36.50 2:18.87
18	Steadman, Caroline	29.90 32.45 9	34.05 COOL-VA	33.90 2:10.77	28	Ericson, Ellie	31.00 35.07 11	37.46 TITAN	35.34 2:19.51
19	Marsallo, Leah	29.99 32.21 12	34.29 PVI	34.28 2:12.88	29	Varco, Jeanne	31.94 36.21 10	36.74 WA-VA	34.62 2:19.54
20	Garland, Molly	30.02 33.00 12	34.38 STCA-VA	35.48 2:13.15	30	Blankenship, Maya	31.21 34.88 9	36.32 STCA-VA	37.13 2:19.73
21	McDonald, Katie	30.01 33.18 10	35.13 IRE	34.83 2:13.27	31	Planchak, Jennifer	32.24 35.70 12	37.21 SST	34.58 2:19.87

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32	Adams, Joia	30.34 34.55 9	37.96 NA-VA	37.02 2:20.03
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33	Marks, Kenisha	30.61 35.66 11	37.39 MS-PV	36.37 2:20.12
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34	Verducci, Meghan	31.75 35.03 9	36.84 IRE	36.50 2:20.14
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35	Davis, Emily	31.37 35.42 12	37.10 SGHS	36.25 2:20.20
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36	Barry, Laura	31.21 34.99 9	37.39 NA-VA	36.61 2:20.21
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37	Mulhare, Jamie	31.72 35.54 9	37.35 WA-VA	35.60 2:20.27
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38	Roach, Katie L	31.86 35.88 12	36.63 FHS-VA	35.90 2:20.62
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39	Kaye, Ashleigh	33.15 35.42 11	36.03 PVI	36.02 2:21.20
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40	Melesco, Alex	32.01 36.27 9	37.48 NCS-VA	35.44 2:21.41
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41	Ross, Hunter	31.71 35.13 8	37.06 COOL-VA	37.51 2:22.96
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42	Hockensmith, Ashley	32.65 36.34 11	37.46 CH	36.51 2:23.87
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43	Wilmot, Monica	33.34 36.35 11	38.06 NCOL-VA	36.12 2:24.15
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44	McLemore, Maria	31.82 36.40 11	36.97 NCOL-VA	38.96 2:24.37
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45	Eckert, Katie	31.31 36.53 12	38.11 STCA-VA	38.42 2:24.42
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46	McHugh, Caitlin C	32.98 36.73 9	37.47 PCHS-VA	37.24 2:26.57
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47	Bissell, Maria	31.66 37.06 10	39.29 POTO-VA	38.56 2:26.70
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48	Samaha, Christa	33.95 37.88 11	38.16 WA-VA	36.71 2:28.35
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49	D'Haem, Sarah	32.81 37.27 12	38.95 NSA-VA	39.32 2:29.02
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50	Lockerby, Claire	32.73 37.12 8	39.16 STCA-VA	40.01 2:29.06
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		32.91	39.13	39.19	37.83
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Event 4 Men 200 Yard Free

	Name	Yr	Team	Finals Time
Finals				
1	Adler, Jason	12	POTO-VA	1:44.88

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	24.69	26.00	27.02	27.17
2 Chang, Jake		11 NA-VA		1:48.87

	26.44	28.55	30.46	30.65
12 Blackwell, Case		12 NCS-VA		1:57.46

	24.79	27.30	28.52	28.26
3 Lutterbein, Griffin		10 TITAN		1:49.97

	26.88	29.23	30.22	31.13
13 Southwick, Nat		12 STC-VA		1:57.56

	25.87	28.01	28.32	27.77
4 Lesnick, Tom		11 HRA-VA		1:49.98

	27.08	29.40	30.98	30.10
14 Beyer, Chris A		12 FHS-VA		1:57.97

	25.42	27.78	28.61	28.17
5 Lystash, JR		9 NCS-VA		1:53.28

	26.44	29.65	30.77	31.11
15 Twiddy, Brian		11 WA-VA		1:59.69

	26.32	28.86	29.40	28.70
6 Sullins, Matt M		12 HMA		1:53.54

	27.28	30.04	31.08	31.29
16 Lee, Saang		9 WFS-VA		2:02.08

	25.80	28.99	29.74	29.01
7 Kirk, Kyle		10 HIGH-VA		1:53.62

	27.96	30.29	31.64	32.19
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Event 4 Men 200 Yard Free

	25.58	28.30	29.37	30.37
Finals ... (Event 4 Men 200 Yard Free)				

8 Wilder, Brandon		9 NSA-VA		1:54.19
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Name	Yr	Team	Prelim Time
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Preliminaries

1 Adler, Jason		12 POTO-VA		1:46.29
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	26.18	28.71	30.01	29.29
Consoles				

9 Barrington, Ryan T		9 HMA		1:53.65
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	25.31	27.18	26.88	26.92
2 Chang, Jake		11 NA-VA		1:49.84

	25.75	28.82	29.32	29.76
10 Gillette, Ben		10 HIGH-VA		1:54.20

	25.24	27.29	28.66	28.65
3 Lutterbein, Griffin		10 TITAN		1:51.71

	26.50	28.88	29.55	29.27
11 Revercomb, Chapman		12 STC-VA		1:56.10

	26.09	28.29	28.97	28.36
4 Lystash, JR		9 NCS-VA		1:52.63

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26.31	28.45	29.12	28.75	27.16	29.54	31.22	30.78
5 Lesnick, Tom	11 HRA-VA		1:52.96	15 Blackwell, Case	12 NCS-VA		1:59.18
26.20	28.72	29.33	28.71	26.51	29.05	31.10	32.52
6 Wilder, Brandon	9 NSA-VA		1:53.68	16 Twiddy, Brian	11 WA-VA		1:59.31
26.38	28.87	29.31	29.12	27.25	30.15	31.08	30.83
7 Kirk, Kyle	10 HIGH-VA		1:53.85	17 Lee, Saang	9 WFS-VA		2:00.93
25.69	28.51	29.74	29.91	26.80	29.46	31.74	32.93
8 Sullins, Matt M	12 HMA		1:54.02	18 Crenshaw, Hatcher	9 STC-VA		2:02.67
26.76	29.12	29.84	28.30	27.88	30.88	32.64	31.27
9 Revercomb, Chapman	12 STC-VA		1:54.90	19 Shave, Brad	8 NA-VA		2:02.84
26.26	28.77	30.24	29.63	28.07	31.19	32.28	31.30
10 Barrington, Ryan T	9 HMA		1:55.30	20 Warner, Nathan	11 NCH-VA		2:03.04
26.27	29.31	29.49	30.23	27.95	30.93	31.72	32.44
11 Beyer, Chris A	12 FHS-VA		1:57.13	21 Boenecke, Tyler	11 SSSAS-VA		2:03.13
26.49	29.50	30.30	30.84	27.95	30.94	32.58	31.66
12 Thornton, Curtis	9 COV-VA		1:57.41	22 O'Sullivan, Jacob P	9 PCHS-VA		2:03.16
26.17	29.57	31.12	30.55	28.40	31.68	32.88	30.20
13 Gillette, Ben	10 HIGH-VA		1:57.57	23 Eu, James	9 PVI		2:03.18
26.13	29.29	30.48	31.67	28.09	31.07	31.85	32.17
14 Southwick, Nat	12 STC-VA		1:58.70	24 Lewinski, Joe	12 NSA-VA		2:03.63

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25 Ledwith, Michael 27.25 30.98 33.12 32.28
12 WFS-VA 2:04.22

26 Kelly, Evan 26.93 30.29 31.36 35.64
10 COOL-VA 2:04.55

27 Fraser, James 26.93 31.39 33.14 33.09
12 FUMA 2:04.61

28 Waterman, Avery 28.71 31.84 32.38 31.68
10 WA-VA 2:04.64

29 Marquet, Michael 28.05 31.82 32.92 31.85
11 IRE 2:05.12

30 Brennan, Pat 29.37 31.77 32.83 31.15
12 PVI 2:06.12

31 Donegan, Sean 28.19 31.38 32.72 33.83
10 NCOL-VA 2:06.37

32 Fahey, Kenny 28.15 32.03 33.53 32.66
12 POTO-VA 2:07.54

33 Wheelock, Trevor M 28.55 32.56 33.03 33.40
8 PCHS-VA 2:09.62

34 Davidson, Kyle 29.69 33.28 32.99 33.66
10 SSSAS-VA 2:10.81

29.38 32.66 33.77 35.00

35 Samuel, Ryan 11 NCOL-VA 2:12.43

36 Smith, Tyler 29.46 33.54 35.85 33.58
10 COOL-VA 2:15.22

37 Smith, Grady 31.26 34.61 36.06 33.29
9 WFS-VA 2:15.83

38 Inge, Walker 30.46 33.35 36.10 35.92
9 NCS-VA 2:35.22

32.71 38.28 1:24.23

Event 5 Women 200 Yard IM

Name	Yr	Team	Finals Time
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Finals

1 Psaris, Leigh	10	MS-PV	2:08.87
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2 Kowalchuk, Morgan	11	SGHS	2:10.15
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3 Ailsworth, Sarah	12	COOL-VA	2:12.43
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4 Deacon, Rebecca	10	STCA-VA	2:13.82
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5 Lewis, Kimberly	10	HRA-VA	2:15.71
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6 Kelley, Becca	8	COOL-VA	2:16.50
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	Name	Yr	Team	Prelim Time
7 Mahoney, Susan	11 STCA-VA	2:17.67		
	Preliminaries			
	1 Psaris, Leigh	10 MS-PV	2:11.18	
8 Beedie, Kate	11 NCS-VA	2:18.28		
	28.12	33.33	38.85	30.88
	2 Deacon, Rebecca	10 STCA-VA	2:13.53	
Consoles				
9 Zwemer, Samantha	10 NA-VA	2:17.56		
	28.68	33.79	39.69	31.37
	3 Ailsworth, Sarah	12 COOL-VA	2:14.11	
28.77	34.23	42.96	31.60	
10 Verducci, Kara	12 IRE	2:18.82		
	28.07	34.00	40.54	31.50
	4 Kowalchuk, Morgan	11 SGHS	2:14.56	
30.01	33.99	42.42	32.40	
11 Beier, Genna	12 POTO-VA	2:18.98		
	29.24	34.84	38.40	32.08
	5 Mahoney, Susan	11 STCA-VA	2:14.57	
29.77	34.49	41.69	33.03	
12 Sisk, Melinda	9 COOL-VA	2:20.82		
	28.90	33.05	40.68	31.94
	6 Lewis, Kimberly	10 HRA-VA	2:15.21	
31.19	35.30	39.98	34.35	
13 Carlton, Brittany	12 HIGH-VA	2:21.04		
	30.71	34.41	39.10	30.99
	7 Kelley, Becca	8 COOL-VA	2:16.30	
31.74	36.81	41.25	31.24	
14 McHale, Caitlin	9 IRE	2:21.51		
	29.89	34.98	39.61	31.82
	8 Beedie, Kate	11 NCS-VA	2:19.29	
31.47	37.42	39.50	33.12	
15 Milliken, Emily	10 IRE	2:21.70		
	30.36	33.84	42.34	32.75
	9 Verducci, Kara	12 IRE	2:19.78	
30.12	36.83	42.03	32.72	
16 Kehs, Laurel	11 WS-VA	2:23.91		
	30.63	34.70	42.08	32.37
	10 Beier, Genna	12 POTO-VA	2:20.04	
31.28	34.98	43.96	33.69	

Event 5 Women 200 Yard IM

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11	Sisk, Melinda	30.95 34.14 41.62 33.33	9	COOL-VA	2:20.05				
12	Zwemer, Samantha	31.92 36.37 39.23 32.53	10	NA-VA	2:20.24				
13	Kehs, Laurel	29.50 35.32 42.59 32.83	11	WS-VA	2:20.81				
14	Carlton, Brittany	30.52 34.49 42.74 33.06	12	HIGH-VA	2:22.72				
15	McHale, Caitlin	31.89 37.55 41.38 31.90	9	IRE	2:22.74				
Preliminaries ... (Event 5 Women 200 Yard IM)									
16	Milliken, Emily	31.64 38.22 39.73 33.15	10	IRE	2:24.77				
17	Boatright, Jill	31.01 37.61 42.37 33.78	12	STHL-VA	2:25.08				
18	Conkling, Mary	31.61 36.76 42.46 34.25	11	NA-VA	2:26.41				
19	Ganssle, Mary-Kate	32.00 36.83 44.65 32.93	10	IRE	2:27.84				
20	Mello, Caroline	32.84 37.09 42.33 35.58	12	HIGH-VA	2:31.10				
21	Brooke, Eliza	33.37 39.70 42.04 35.99	9	STCA-VA	2:31.19				
22	Ahmadi, Parisa E	33.08 39.51 41.86 36.74	10	FHS-VA	2:31.61				
23	Hartmann, Caki	32.99 34.77 48.30 35.55	9	WA-VA	2:31.84				
24	Watson, Dorothy	33.13 37.40 45.20 36.11	11	COOL-VA	2:31.88				
25	McKinney, Claire	32.95 39.55 42.80 36.58	9	MS-PV	2:31.93				
26	Conkling, Ruth	33.84 40.13 42.93 35.03	9	NA-VA	2:32.95				
27	Peterson, Becca E	32.01 38.19 48.13 34.62	9	SSC-VA	2:35.40				
28	Ruland, Kelly	37.73 36.31 46.93 34.43	8	NSA-VA	2:36.82				
29	Varco, Jeanne	33.16 39.55 48.25 35.86	10	WA-VA	2:37.31				
30	Porter, Juliana	33.42 42.18 46.29 35.42	8	NCOL-VA	2:37.59				

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				37.18	42.90	46.34	35.26
				---	Austin, Meggie	8 NCS-VA	DQ
31	Morch, Meghan M	8	SST	35.73	41.26	45.41	35.19
							2:38.83
				32.70	37.90	41.15	34.51
32	Burns, Liz	10	PVI	34.17	41.85	46.53	36.28
							2:38.91
33	Melnyk, Kimberley	8	SST	32.23	42.95	43.52	40.21
							2:39.31
34	Davis, Katherine	9	STCA-VA	34.71	40.03	49.76	34.81
							2:40.22
35	Twiddy, Olivia	8	WA-VA	33.98	41.86	48.13	36.25
							2:40.96
36	Berglund, Kara	10	NCS-VA	33.84	40.88	50.19	36.05
							2:41.89
37	Melnyk, Stephanie	10	SST	35.81	39.94	46.58	39.56
							2:44.95
38	Robertson, Megan	12	SSSAS-VA	37.57	40.48	50.77	36.13
							2:45.40
39	Golike, Katie	9	FCS	35.05	41.53	49.50	39.32
							2:50.74
---	Shave, Natalie	10	NA-VA	38.00	41.98	48.83	41.93
							X2:41.68

Event 6 Men 200 Yard IM

Name	Yr	Team	Finals Time
Finals			
1 Collier, Jeff	11	NCS-VA	1:58.05
2 Hartmann, Will	12	WA-VA	2:01.39
3 Yazdi, Amir	12	NA-VA	2:06.23
4 Ouzts, Will	10	HRA-VA	2:06.44
5 Young, Chris	11	STC-VA	2:11.35
6 Adams, Justin	11	NCS-VA	2:14.61
7 Lane-Roberts, George	10	WFS-VA	2:17.02
8 Hamill, Andrew	12	HRA-VA	2:17.54
9 Finch, Mitchell	8	HRA-VA	2:12.93

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					26.28	31.28	35.93	29.19
				3	Ouzts, Will	10	HRA-VA	2:07.05
29.84	34.81	38.44	29.84					
10	MacDonald, Cullen	9	TITAN					2:13.13
					26.55	33.88	35.65	30.97
				4	Yazdi, Amir	12	NA-VA	2:09.63
29.10	35.58	38.06	30.39					
11	Koehr, Kevin	10	SST					2:14.26
					26.89	33.13	38.66	30.95
				5	Young, Chris	11	STC-VA	2:10.28
27.98	31.84	43.14	31.30					
12	Doyle, Sean	11	TITAN					2:14.28
					28.00	34.14	36.82	31.32
				6	Hamill, Andrew	12	HRA-VA	2:11.13
28.41	35.53	39.96	30.38					
13	Beale, Zack Z	12	SSC-VA					2:14.60
					27.33	34.17	39.79	29.84
				7	Lane-Roberts, George	10	WFS-VA	2:13.22
29.89	35.16	38.81	30.74					
14	Cook, Nevin	8	SST					2:18.28
					28.20	34.39	38.21	32.42
				8	Adams, Justin	11	NCS-VA	2:14.17
32.73	34.18	39.13	32.24					
15	Burkey, Emerson	8	WA-VA					2:19.89
					28.00	34.72	38.28	33.17
				9	Doyle, Sean	11	TITAN	2:14.51
30.96	36.56	39.67	32.70					
---	Golden, Sean	8	WA-VA					DQ
					27.79	35.60	39.33	31.79
				10	MacDonald, Cullen	9	TITAN	2:15.27
30.34	34.44	40.14	29.56					

Event 6 Men 200 Yard IM

Name	Yr	Team	Prelim Time					
Preliminaries								
1	Collier, Jeff	11	NCS-VA					1:58.94
					29.50	36.46	38.30	31.01
				11	Golden, Sean	8	WA-VA	2:15.91
					29.81	33.70	42.03	30.37
				12	Koehr, Kevin	10	SST	2:16.87
25.23	29.45	36.35	27.91					
2	Hartmann, Will	12	WA-VA					2:02.68

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13	27.90 Beale, Zack Z	31.85 12	43.71 SSC-VA	33.41 2:17.34	23	30.21 Carnes, Will	34.32 8	43.53 COOL-VA	35.21 2:24.35
14	29.77 Finch, Mitchell	35.23 8	40.18 HRA-VA	32.16 2:17.44	24	31.40 Cubeta, Jeffrey	36.81 10	42.39 SSSAS-VA	33.75 2:24.70
15	31.33 Burkey, Emerson	35.12 8	39.45 WA-VA	31.54 2:18.22	25	32.47 Zaki, Neil	36.73 12	43.43 CHCS-VA	32.07 2:26.14
16	31.03 Cook, Nevin	35.31 8	39.28 SST	32.60 2:18.43	26	30.59 Porter, Adam	38.65 10	41.45 FCS	35.45 2:26.97
17	33.14 Patierno, Joel	35.44 11	38.42 IRE	31.43 2:20.21	27	30.88 Wheeler, Mike H	38.25 10	42.77 HMA	35.07 2:27.27
18	30.22 Morch, Bryan	35.79 10	40.00 SST	34.20 2:20.61	28	30.47 Butler, Corydon	36.55 8	42.95 WA-VA	37.30 2:28.54
19	27.56 Yazdi, Farhad	35.79 10	43.83 NA-VA	33.43 2:21.16	29	31.54 Boylan, Eddie	37.56 9	45.22 PCHS-VA	34.22 2:29.78
20	28.80 Erdle, Dylan	35.21 11	43.43 STC-VA	33.72 2:21.93	30	30.33 Amrhein, Chris	40.17 9	44.58 STC-VA	34.70 2:30.39
21	30.00 Chauvin, Matt	36.09 10	42.17 PVI	33.67 2:22.89	31	33.50 Brooks, Philip	37.13 8	46.13 NSA-VA	33.63 2:33.13
22	30.51 Hawkins, Robert B	36.28 12	41.06 FHS-VA	35.04 2:23.27	32	34.37 Presler, Jonathan	39.69 11	44.21 HRA-VA	34.86 2:33.18
						31.55	40.78	46.22	34.63

**VSIS Swimming & Diving Championship
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33 Burke, Brian 8 NCS-VA 2:33.25

11 Holt, Leslie 9 TITAN 26.41

34.85 33.59

Event 7 Women 50 Yard Free

11 LeBlanc, Jill 11 IRE 26.41

Name Yr Team Finals Time

Finals

1 Bishop, Britney 12 NSA-VA 24.58

13 Planchak, Katie 9 SST 26.52

2 Wampler, Callan 12 NCS-VA 24.86

14 Brown, Nancye 11 SSC-VA 26.53

3 Morrissey, Christi 11 NA-VA 25.05

15 Meem, Ashton 10 STCA-VA 26.82

4 Jones, Keri 8 FCS 25.49

16 Going, Tiffany P 8 SSC-VA 27.22

5 Buki, Alison 12 MS-PV 25.85

Event 7 Women 50 Yard Free

Name Yr Team Prelim Time

6 Meier, Ali 11 NA-VA 25.97

Preliminaries

1 Wampler, Callan 12 NCS-VA 24.86

7 McNerney, Molly 9 POTO-VA 26.20

2 Morrissey, Christi 11 NA-VA 25.00

8 Poon, Cathy 9 MS-PV 26.45

3 Bishop, Britney 12 NSA-VA 25.14

Consoles

9 Wilke, Caroline 8 WA-VA 26.26

4 Meier, Ali 11 NA-VA 25.72

10 Farnham, Julia 10 SSSAS-VA 26.36

5 Jones, Keri 8 FCS 26.01

VSIS Swimming & Diving Championship**February 20 & 21, 2004****Results**

6	Buki, Alison	12 MS-PV	26.09				
				18	Jones, Morgan	8 WA-VA	26.83
7	McNerney, Molly	9 POTO-VA	26.11				
				19	Saunders, Hilary	10 NA-VA	26.97
8	Poon, Cathy	9 MS-PV	26.23				
				20	Dibert, Sarah	11 SGHS	26.98
9	Holt, Leslie	9 TITAN	26.28				
				21	Waller, Danielle	10 NSA-VA	26.99
10	Going, Tiffany P	8 SSC-VA	26.34				
				22	Murray, Allison	12 SSSAS-VA	27.03
11	Wilke, Caroline	8 WA-VA	26.36				
				23	Garson, Elizabeth	11 COOL-VA	27.08
12	Farnham, Julia	10 SSSAS-VA	26.37				
				24	Seale, Meg	11 SST	27.17
13	LeBlanc, Jill	11 IRE	26.50				
				25	Bucher, Holly	11 NCS-VA	27.21
14	Planchak, Katie	9 SST	26.63				
				26	Pascale, Liz	12 PVI	27.22
15	Brown, Nancye	11 SSC-VA	26.69				
				27	Bowman, Katelyn	11 COOL-VA	27.27
16	Meem, Ashton	10 STCA-VA	26.81				
				28	Williams, Shelley	11 SGHS	27.32
17	Cutter, Lynn	11 SGHS	26.82				

VSIS Swimming & Diving Championship**February 20 & 21, 2004****Results**

29	Buckley, Tiffany	10	NSA-VA	27.34			
29	Bryant, Kelly	12	VES	27.34	42	Cargiulo, Alicia	9 PVI 28.19
31	Stedfast, Molly	10	NA-VA	27.46	43	Monkman, Samantha	10 NCOL-VA 28.20
32	Wurlitzer, Kate	10	STCA-VA	27.58	44	Meyer, Abigail	12 SSSAS-VA 28.22
33	Peterson, Andrea E	11	SSC-VA	27.60	45	Moore, Pearson	11 COOL-VA 28.39
34	Dunn, Jessica	8	SST	27.70	46	Hodson, Jackie	11 MS-PV 28.40
35	Ellar, Julia	9	SGHS	27.71	47	Richman, Sarah	11 PCHS-VA 28.45
36	Thorsen, Rebecca	11	HIGH-VA	27.86	48	Hayes, Kat	09 IRE 28.46
37	Moore, Nikki	12	NSA-VA	27.97	49	Prescott, Lizzy G	11 FHS-VA 28.53
38	Schaeufele, Jordan	11	STCA-VA	28.06	49	Kavit, Caroline	9 HRA-VA 28.53
39	Rosenthal, Katie M	10	FHS-VA	28.12	51	McHugh, Caitlin C	9 PCHS-VA 28.64
39	Reams, Lora	12	COOL-VA	28.12	52	McMillan, Jessie	10 PVI 28.68
41	Routh, Hallie	12	SSSAS-VA	28.13	53	Ungerman, Annie	10 NCOL-VA 28.69

VSIS Swimming & Diving Championship
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54	Lesnick, Kim	10	HRA-VA	28.71	66	Rarick, Lauren	9	MS-PV	29.48
55	de Ridder, Lauren P	10	FHS-VA	28.78	67	Henderson, Kelly J	11	PCHS-VA	29.50
56	Oconnor, Lizz A	10	FHS-VA	28.83	68	Aylward, Mary K	12	BSCHS-V	29.65
57	Harvey, Alyson	9	STCA-VA	28.89	69	Stancil, Smiley K	12	RCHS-VA	29.71
58	Thamm, Colleen	10	HIGH-VA	28.90	69	LaRoche, Julia R	10	FSV-VA	29.71
59	Peterson, Laura	12	STHL-VA	28.92	71	Wilmot, Monica	11	NCOL-VA	29.72
60	Atkins, Morgan	10	HIGH-VA	29.08	72	Oddo, Jenna	12	PCHS-VA	29.89
61	Benveniste, Ellen	10	POTO-VA	29.11	73	Garziona, Gina	10	SST	29.91
62	Eggleston, Taryn R	9	FSV-VA	29.20	74	Ives, Catlin	8	SSC-VA	29.97
63	Steigerwald, Bethany	11	FCS	29.34	75	Dawson, Ashley	11	PVI	30.01
64	Twiddy, Olivia	8	WA-VA	29.39	76	Berglund, Whitney	12	NCS-VA	30.21
65	Strickland, Michelle	10	NCH-VA	29.47	77	Franko, Duckie	12	RCHS-VA	30.68

**VSIS Swimming & Diving Championship
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Results**

				9 Toth, Chad	11 NCH-VA	23.22
78	Larkins, Emily	11	BSCHS-V	31.65		
				10 Witten, Jesse D	11 SSC-VA	23.37
79	Garst, Mackenzie	9	NCS-VA	32.57		
				11 Read, Curtis	10 HRA-VA	23.47

Event 8 Men 50 Yard Free

12 McKenna, Spencer 12 MMA-VA 23.50

Name Yr Team Finals Time

Finals

1	Steadman, Grant	12	COOL-VA	21.65	13 Bennett, Ray R	11 SST	23.55
2	Balderston, Matt	12	NCH-VA	21.90	14 Anderson, Matt	11 STC-VA	23.83
3	Lee, Hank H	12	HMA	22.18	15 McDonald, Mike	12 BSCHS-V	23.91
4	Krell, Ben A	12	NCS-VA	22.33	16 Raftery, Ryan	12 IRE	24.06
5	Miller, Michael	11	NSA-VA	22.82			

Event 8 Men 50 Yard Free

Name Yr Team Prelim Time

6	Inglee, Corey	11	SSSAS-VA	22.92	Preliminaries		
					1 Balderston, Matt	12 NCH-VA	21.99
6	Lewis, Michael	11	WFS-VA	22.92	2 Steadman, Grant	12 COOL-VA	22.11
8	Wells, Drake	12	NCS-VA	23.17	2 Krell, Ben A	12 NCS-VA	22.11

VSIS Swimming & Diving Championship**February 20 & 21, 2004****Results**

4	Lee, Hank H	12	HMA	22.54	15	Bennett, Ray R	11	SST	23.50
5	Lewis, Michael	11	WFS-VA	22.85	17	Anderson, Matt	11	STC-VA	23.51
6	Miller, Michael	11	NSA-VA	22.87	18	Seabrook, Nelson	11	WFS-VA	23.52
7	Wells, Drake	12	NCS-VA	23.16	19	Taylor, Fulton	11	SSSAS-VA	23.65
8	Thornton, Curtis	9	COV-VA	23.23	20	Darden, Bobby	12	WFS-VA	23.67
9	Inglee, Corey	11	SSSAS-VA	23.25	21	Cutchins, Cliff	11	NA-VA	23.81
10	McKenna, Spencer	12	MMA-VA	23.37	22	Karol, Jack	12	WA-VA	23.86
11	Read, Curtis	10	HRA-VA	23.38	23	Cannon, Maurice	9	NCOL-VA	23.92
12	McDonald, Mike	12	BSCHS-V	23.41	24	Brown, Spencer	11	STC-VA	24.05
13	Witten, Jesse D	11	SSC-VA	23.44	25	Uscinski, Ben J	12	FHS-VA	24.07
14	Toth, Chad	11	NCH-VA	23.49	26	Snow, Brandon	10	GCA-VA	24.22
15	Raftery, Ryan	12	IRE	23.50	27	Wheelock, Ryan	10	PCHS-VA	24.28

VSIS Swimming & Diving Championship
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Results

			39	Poe, Josh	9	NCH-VA	25.15
28	Biernacki, Chris	9	WA-VA				24.30
			40	Casey, Michael	11	HIGH-VA	25.20
29	Henderson, Jeff	10	PCHS-VA				24.41
			40	Churray, Andrew	11	HRA-VA	25.20
30	Magette, Ross	9	TITAN				24.45
			42	Krell, John	10	NCS-VA	25.45
31	Stephens, Rob	12	WFS-VA				24.48
			43	DiRenzo, Joey	10	NSA-VA	25.56
32	Colliatie, Drew C	11	FHS-VA				24.53
			44	Lyden, Mike	11	BHS	25.61
33	Raggs, Rascoe	11	VES				24.63
			45	Howell, Tyler	11	WA-VA	25.62
34	Haddad, Josh	12	CHCS-VA				24.76
			46	Wolfe, Nick	12	BHS	25.72
35	Rector, Billy	11	NCOL-VA				24.87
			47	White, Chris	10	BHS	25.73
36	Tracy, Jim	10	BHS				24.89
			48	Trop, Michael	10	CHCS-VA	25.75
37	Jones, Brandon	11	FCS				25.01
			48	Anderson, Jamie	8	COOL-VA	25.75
38	Dickerson, Daniel	10	STC-VA				25.14
			48	McCreary, Chad	12	IRE	25.75

VSIS Swimming & Diving Championship
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51	Cosgrove, Brent	12	NCOL-VA	25.79	63	Sherman, Joe	9	PVI	26.17
51	Hamill, Michael	8	HRA-VA	25.79	64	Doyle, Ryan	12	NCH-VA	26.23
53	Haugh, Kris L	12	PCHS-VA	25.82	65	Regnaud, Josh	12	NCS-VA	26.24
54	Zullo, Nick	10	WA-VA	25.83	66	Norvelle, Peedo S	10	RCHS-VA	26.50
55	Griffin, Brandon C	12	SSC-VA	25.87	67	Presler, Jonathan	11	HRA-VA	26.57
56	Stupay, Geoffrey	10	POTO-VA	25.91	68	Stocking, James C	10	HMA	26.62
57	Rafter, Casey	12	SST	26.02	69	Mayer, Gabriel	11	STC-VA	26.67
57	McCrory, Clifton	11	STHL-VA	26.02	70	Cannell, Oliver	12	POTO-VA	26.68
57	Miller, Brad B	12	FHS-VA	26.02	71	Mahoney, Kevin	11	BSCHS-V	26.74
60	Whitcher, Craig D	12	FHS-VA	26.09	72	Yates, Ben B	10	HMA	26.76
61	Hummel, Chris	10	PVI	26.13	73	Catoire, Andrew	11	BSCHS-V	26.87
61	Dickerson, Michael	9	IRE	26.13	74	Breeze, Justin	11	FCS	27.05

VSIS Swimming & Diving Championship**February 20 & 21, 2004****Results**

75	VanDeventer, Han Sol	11	RCHS-VA	27.24	3	Lipscomb, Christin	12	COOL-VA	310.60
76	Murphy, Jack	10	SST	27.25	4	Niethamer, Terren	9	COOL-VA	277.05
77	Rokisky, chewbaca	12	RCHS-VA	28.32	5	Massey, Tyler	12	COOL-VA	272.80
78	Schrader, Ryan	10	BSCHS-V	28.78	6	Jacocks, Laura	12	SGHS	269.95
---	Schmoyer, Tim	11	FCS	DQ	7	Watson, Jenna	12	NCS-VA	269.45
---	Spotswood, Alex	12	IRE	DQ	8	Caputy, Michelle		FC	256.60
---	Hoffman, Walter	11	NA-VA	DQ	9	Sherman, Jenny	12	PVI	252.05
---	Brown, Beau	11	NA-VA	DQ	10	Cannon, Caroline	10	COOL-VA	251.80
---	Malone, Louis	11	PVI	DQ	11	Lucyshyn, Lauren	12	IRE	246.20
					12	Manning, Caroline	9	PVI	228.80

Event 9 Women 1 mtr Diving

	Name	Yr	Team	Finals Score					
1	Moore, Kelcey	12	MS-PV	361.95	13	Moore, Ann	8	STCA-VA	219.75
2	Williams, Jessica	11	MS-PV	326.45	14	Whitaker, Hannah	8	NA-VA	198.75
					15	Funk, Laura	10	IRE	192.70

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16 Carome, Becky 9 PVI 180.30

11 Crawford, Jeff 11 PVI 190.45

12 Lambert, Harris J 11 HMA 175.20

Event 10 Men 1 mtr Diving

Name	Yr	Team	Finals Score
1 Dickerson, Daniel	10	STC-VA	396.50

13 McTigue, Kevin 11 IRE 165.65

2 Moran, Mark 11 PVI 301.30

14 Bulthuis, Brett A 9 HMA 137.30

3 Winslow, Henry 9 COOL-VA 293.90

--- Abcouwer, Wes 12 WFS-VA DQ

4 McKenzie, Scott 11 SSSAS-VA 281.35

Event 11 Women 100 Yard Fly

5 Cole, Chad 10 NA-VA 246.50

Name	Yr	Team	Finals Time
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Finals

1 Psaris, Leigh 10 MS-PV 57.69

6 Peebles, Alex 11 WFS-VA 228.60

27.38 30.31
2 Ailsworth, Sarah 12 COOL-VA 58.72

7 Andersen, Will E 11 HMA 227.40

27.54 31.18
3 Randlett, Lindsey 12 NA-VA 1:01.05

8 Armelino, Mike 11 PVI 217.60

28.17 32.88
4 O'Brien, Ann S 9 CH 1:01.12

9 Moon, Zac 9 COOL-VA 214.20

28.60 32.52
5 Hall, Morgan 11 IRE 1:01.44

10 Ellett, Bryan G 12 HMA 191.90

VSIS Swimming & Diving Championship
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6	Murphy, Sarah	28.48	32.96	9	WA-VA	1:02.11
7	Jarvis, Kassandra	29.43	32.68	11	IRE	1:02.39
8	McElwain, Maria	29.28	33.11	11	POTO-VA	1:02.81
Consoles						
9	Allen, Kelly	28.77	34.04	8	TITAN	1:03.33
10	Traynham, Sarah Kate	29.68	33.65	10	SGHS	1:03.82
11	Hesser, Hannah	29.81	34.01	10	TITAN	1:04.47
12	Jessup, Allyson	30.18	34.29	10	COOL-VA	1:05.50
13	Wegner, Jana	30.70	34.80	11	NCOL-VA	1:05.69
14	Massey, Kristin	30.23	35.46	9	IRE	1:06.87
15	Marsallo, Leah	30.52	36.35	12	PVI	1:07.50

16	Mulhare, Meghan	31.27	36.23	12	WA-VA	1:07.66
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30.90 36.76
Event 11 Women 100 Yard Fly

Name	Yr	Team	Prelim Time
Preliminaries			
1	Psaris, Leigh	10 MS-PV	59.02
2	Ailsworth, Sarah	12 COOL-VA	59.98
3	Hall, Morgan	11 IRE	1:01.43
4	Randlett, Lindsey	12 NA-VA	1:02.01
5	Murphy, Sarah	9 WA-VA	1:02.09
6	O'Brien, Ann S	9 CH	1:02.89
6	Jarvis, Kassandra	11 IRE	1:02.89
8	McElwain, Maria	11 POTO-VA	1:02.93
			29.41 33.52

VSIS Swimming & Diving Championship**February 20 & 21, 2004****Results**

9	Allen, Kelly	8	TITAN	1:03.70	19	Hruska, Amy	11	CHCS-VA	1:09.61
	29.65	34.05				32.17	37.44		
10	Traynham, Sarah Kate	10	SGHS	1:03.77	20	Cargiulo, Alicia	9	PVI	1:09.69
	30.55	33.22				32.77	36.92		
11	Hesser, Hannah	10	TITAN	1:04.33	21	Harrington, Liz	10	QMHS	1:09.72
	29.86	34.47				30.23	39.49		
12	Wegner, Jana	11	NCOL-VA	1:05.45	22	Fitzgerald, Janie	8	STCA-VA	1:09.97
	30.29	35.16				32.68	37.29		
13	Jessup, Allyson	10	COOL-VA	1:05.96	Preliminaries ... (Event 11 Women 100 Yard Fly)				
	30.73	35.23			23	Rawles, Caitlin	11	COOL-VA	1:10.41
14	Mulhare, Meghan	12	WA-VA	1:06.65					
	30.23	36.42				32.29	38.12		
15	Marsallo, Leah	12	PVI	1:06.84	24	Meyer, Abigail	12	SSSAS-VA	1:10.52
	30.70	36.14				33.58	36.94		
16	Massey, Kristin	9	IRE	1:07.51	25	Doviak, Meaghan	12	NA-VA	1:10.56
	30.43	37.08				32.39	38.17		
17	Ellenson, Ashley	9	NA-VA	1:08.04	26	Standing, Maggie	8	NSA-VA	1:11.39
	32.71	35.33				34.57	36.82		
18	Brown, McKenzie	10	SGHS	1:09.42	27	O'Grady, Karen	12	STCA-VA	1:12.14
	32.76	36.66				33.08	39.06		
					28	Routh, Hallie	12	SSSAS-VA	1:12.17

VSIS Swimming & Diving Championship

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Results

				39 Prescott, Lizzy G	11 FHS-VA	1:17.38	
29	33.70 McKinney, Claire	38.47 9 MS-PV	1:13.30				
				40 Morch, Meghan M	8 SST	1:17.46	
30	33.66 Jarreau, Emily	39.64 11 SGHS	1:13.58				
				41 Todras, Miriam	10 COOL-VA	1:17.69	
31	34.22 Smith, Tess	39.36 11 NSA-VA	1:13.82				
				42 Berglund, Whitney	12 NCS-VA	1:18.55	
32	34.37 Nieves, Kelsey	39.45 9 PVI	1:14.59				
				43 Jenkins, Katie	12 STCA-VA	1:22.04	
33	34.24 Lockerby, Claire	40.35 8 STCA-VA	1:15.13				
				--- Killmon, Kelsey	12 POTO-VA	DQ	
34	35.21 Tabakin, Amy	39.92 12 NA-VA	1:15.21				
35	33.60 Weinstein, Caitlin	41.61 8 FA-VA	1:15.43				
36	35.31 Noonan, Laura	40.12 11 PVI	1:15.80				
37	35.07 Scott, Sally	40.73 11 SGHS	1:16.13				
38	35.36 Watson, Casey M	40.77 10 FSV-VA	1:16.67				
	34.46	42.21					

Event 12 Men 100 Yard Fly

Name	Yr	Team	Finals Time
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Finals

1	Pinkston, Bryan	10	STC-VA	50.63
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2	Hogg, Michael T	11	COOL-VA	51.53
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3	Lengel, Cal	11	WFS-VA	55.94
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4	Young, Cap	10	STC-VA	56.87
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VSIS Swimming & Diving Championship
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Results

	26.41	30.46		
5	Sullins, Matt M	12 HMA		57.05
	26.95	30.10		
6	Hamill, Andrew	12 HRA-VA		57.24
	26.73	30.51		
7	Mims, Hunter	10 SSSAS-VA		57.36
	27.09	30.27		
8	Baumler, Matt	8 WA-VA		57.42
	26.92	30.50		
Consoles	9	Churray, Andrew	11 HRA-VA	57.26
	26.44	30.82		
10	Wilder, Brandon	9 NSA-VA		57.30
	26.28	31.02		
11	Cannon, Maurice	9 NCOL-VA		58.04
	26.56	31.48		
12	Morch, Bryan	10 SST		58.38
	26.65	31.73		
13	Doyle, Sean	11 TITAN		59.05
	27.66	31.39		
14	Grenga, Chris	11 NA-VA		59.12

	26.76	32.36		
15	Blackwell, Case	12 NCS-VA		59.42

	26.63	32.79		
16	Seabrook, Nelson	11 WFS-VA		59.51

	27.05	32.46		
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Event 12 Men 100 Yard Fly

	Name	Yr	Team	Prelim Time
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Preliminaries

1	Hogg, Michael T	11	COOL-VA	52.50
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	24.56	27.94		
2	Pinkston, Bryan	10	STC-VA	53.55

	25.31	28.24		
3	Lengel, Cal	11	WFS-VA	56.63

	25.41	31.22		
4	Hamill, Andrew	12	HRA-VA	56.75

	26.90	29.85		
5	Sullins, Matt M	12	HMA	57.00

	27.33	29.67		
6	Young, Cap	10	STC-VA	57.07

	26.57	30.50		
7	Baumler, Matt	8	WA-VA	57.15

	27.36	29.79		
8	Mims, Hunter	10	SSSAS-VA	57.45

VSIS Swimming & Diving Championship
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Results

26.89	30.56			28.45	33.45		
9 Wilder, Brandon	9 NSA-VA	57.69		19 Dickerson, Michael	9 IRE	1:02.51	
26.78	30.91			28.59	33.92		
10 Churray, Andrew	11 HRA-VA	57.71		20 O'Sullivan, Jacob P	9 PCHS-VA	1:02.65	
26.67	31.04			28.99	33.66		
11 Blackwell, Case	12 NCS-VA	58.90		21 Traynham, Ben	12 STC-VA	1:02.88	
26.26	32.64			29.08	33.80		
12 Morch, Bryan	10 SST	59.06		22 Landry, Brian	8 HRA-VA	1:03.50	
27.08	31.98			28.98	34.52		
13 Grenga, Chris	11 NA-VA	59.17		23 Uscinski, Ben J	12 FHS-VA	1:04.33	
27.41	31.76			29.63	34.70		
14 Cannon, Maurice	9 NCOL-VA	59.18		24 Erdle, Dylan	11 STC-VA	1:04.77	
27.39	31.79			30.32	34.45		
15 Doyle, Sean	11 TITAN	59.49		25 East, David	10 TITAN	1:04.89	
28.19	31.30			29.44	35.45		
16 Seabrook, Nelson	11 WFS-VA	59.79		26 Wheelock, Trevor M	8 PCHS-VA	1:05.32	
27.34	32.45			31.07	34.25		
17 Trivette, Alex	8 COOL-VA	1:00.85		27 Puccinelli, Paul	12 BHS	1:06.32	
28.31	32.54			30.32	36.00		
18 Chow, Tyson	10 WFS-VA	1:01.90		28 Hummel, Chris	10 PVI	1:06.91	

VSIS Swimming & Diving Championship
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Results

30.52 36.39
 29 Pidgeon, Jonathan W 12 NCOL-VA 1:07.26

30.92 36.34
 30 Kelley, Ethan 9 CHCS-VA 1:07.36

31.09 36.27
 31 Regnaud, Josh 12 NCS-VA 1:10.80

32.32 38.48
 --- Pretz, John 10 SST DQ

29.47 37.03
Event 13 Women 100 Yard Free

Name Yr Team Finals Time

- Finals**
- 1 Brandes, Lauren 10 POTO-VA 53.53
 - 2 Bishop, Britney 12 NSA-VA 54.36
 - 3 Morrissey, Christi 11 NA-VA 54.57
 - 4 Wampler, Callan 12 NCS-VA 55.11
 - 5 Murphy, Kate 10 WA-VA 55.32

26.39 28.93
 6 Randlett, Lindsey 12 NA-VA 55.94

26.71 29.23
 7 Mc Nerney, Molly 9 POTO-VA 57.13

27.33 29.80
Finals ... (Event 13 Women 100 Yard Free)

8 Buki, Alison 12 MS-PV 57.99

27.15 30.84
Consoles
 9 Brown, Nancye 11 SSC-VA 57.45

27.09 30.36
 10 Jones, Keri 8 FCS 57.46

27.74 29.72
 11 Moore, Lyn E 11 FHS-VA 58.40

27.75 30.65
 12 Holt, Leslie 9 TITAN 58.56

28.13 30.43
 13 Mulhare, Meghan 12 WA-VA 58.72

28.15 30.57
 14 Pascale, Liz 12 PVI 58.83

27.84 30.99
 15 Meier, Megan 9 NA-VA 59.08

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				27.68	30.43		
	27.91	31.17		9 Jones, Keri	8 FCS	58.18	
16	Seale, Meg	11 SST	59.78				

	28.31	31.47		27.64	30.54		
				10 Brown, Nancye	11 SSC-VA	58.78	

Event 13 Women 100 Yard Free

	Name	Yr	Team	Prelim Time			
Preliminaries							
1	Brandes, Lauren	10	POTO-VA	54.54	27.84	30.94	58.92
					11 Moore, Lyn E	11 FHS-VA	
2	Morrissey, Christi	11	NA-VA	54.94	28.72	30.20	59.02
					12 Mulhare, Meghan	12 WA-VA	
3	Murphy, Kate	10	WA-VA	55.29	28.23	30.79	59.22
					13 Seale, Meg	11 SST	
4	Bishop, Britney	12	NSA-VA	55.35	27.94	31.28	59.26
					14 Meier, Megan	9 NA-VA	
5	Wampler, Callan	12	NCS-VA	56.13	28.28	30.98	59.28
					15 Pascale, Liz	12 PVI	
6	Randlett, Lindsey	12	NA-VA	56.14	27.93	31.35	59.40
					16 Holt, Leslie	9 TITAN	
7	McNerney, Molly	9	POTO-VA	57.10	28.69	30.71	J59.59
					17 Jones, Morgan	8 WA-VA	
8	Buki, Alison	12	MS-PV	58.11	28.23	31.36	J59.59
					18 Murray, Allison	12 SSSAS-VA	

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	28.27	31.32				29.08	32.01			
						29	Mulhare, Jamie	9	WA-VA	1:01.17
19	Farnham, Julia	10	SSSAS-VA	1:00.27						
						28.79	32.38			
						30	Jessup, Allyson	10	COOL-VA	1:01.20
20	Massey, Kristin	9	IRE	1:00.46						
	27.69	32.58								
						29.39	31.81			
						31	Bishop, Jade	8	NSA-VA	1:01.24
21	Dibert, Sarah	11	SGHS	1:00.50						
	29.48	30.98								
						28.74	32.50			
						32	Fitzgerald, Janie	8	STCA-VA	1:01.26
22	Moore, Nikki	12	NSA-VA	1:00.61						
	28.28	32.22								
						29.42	31.84			
						33	Huber, Caroline	10	NA-VA	1:01.32
23	Schaeufele, Jordan	11	STCA-VA	1:00.91						
	29.35	31.26								
						29.68	31.64			
						34	Bucher, Holly	11	NCS-VA	1:01.75
24	Planchak, Katie	9	SST	1:00.92						
	28.83	32.08								
						28.49	33.26			
						35	Wurlitzer, Kate	10	STCA-VA	1:02.03
25	Standing, Maggie	8	NSA-VA	1:00.93						
	28.38	32.54								
						29.30	32.73			
						36	Farmer, Molly	8	COOL-VA	1:02.26
26	Wegner, Jana	11	NCOL-VA	1:00.99						
	29.98	30.95								
						30.74	31.52			
						37	Calloway, Beth	11	FA-VA	1:02.28
27	Beier, Ellie W	10	FHS-VA	1:01.07						
	28.49	32.50								
						29.42	32.86			
						38	Monkman, Samantha	10	NCOL-VA	1:02.47
28	Bryant, Kelly	12	VES	1:01.09						
	28.55	32.52								
						29.85	32.62			
						39	Dunn, Melissa	10	SST	1:02.51

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40	Hodson, Jackie	29.93	32.58	11	MS-PV	1:02.63	50	Marks, Kenisha	29.90	33.47	11	MS-PV	1:03.38
41	Kavit, Caroline	30.06	32.57	9	HRA-VA	1:02.76	51	Bartoletta, Sarah	29.87	33.51	9	PVI	1:03.42
42	Malone, Meredith A	29.45	33.31	11	BSCHS-V	1:02.86	52	Hayes, Kat	29.78	33.64	09	IRE	1:03.91
43	Rawles, Caitlin	30.30	32.56	11	COOL-VA	1:02.91	53	Richman, Sarah	30.39	33.52	11	PCHS-VA	1:04.39
44	Lesnick, Kim	29.74	33.17	10	HRA-VA	1:03.00	54	Wilson, Caitlin	30.02	34.37	10	PVI	1:05.49
45	Oconnor, Lizz A	30.36	32.64	10	FHS-VA	1:03.22	55	Thamm, Colleen	31.09	34.40	10	HIGH-VA	1:06.07
46	Bowman, Katelyn	29.68	33.54	11	COOL-VA	1:03.31	56	McHugh, Cheryl A	29.97	36.10	8	PCHS-VA	1:06.44
46	Thorsen, Rebecca	29.42	33.89	11	HIGH-VA	1:03.31	57	Gay, Jane	30.57	35.87	8	NCS-VA	1:07.29
48	Daddio, Erin	28.81	34.50	12	TITAN	1:03.34	58	Garst, Mackenzie	32.68	34.61	9	NCS-VA	1:15.28
49	Williams, Shelley	30.07	33.27	11	SGHS	1:03.37	59	Stancil, Smiley K	36.17	39.11	12	RCHS-VA	1:31.89

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Results

30.92 1:00.97
 --- LeBlanc, Jill 11 IRE DQ

23.60 26.83
 5 Witten, Jesse D 11 SSC-VA 50.45

--- Brooke, Caroline 8 STCA-VA DQ

24.08 26.37
Finals ... (Event 14 Men 100 Yard Free)

--- Poon, Cathy 9 MS-PV DQ

6 Wells, Drake 12 NCS-VA 50.92

Event 13A Women 100 Yard Free Swim-off

24.20 26.72
 7 Toth, Chad 11 NCH-VA 50.95

Name Yr Team Prelim Time

Preliminaries - Swim-off

1 Jones, Morgan 8 WA-VA 58.78

24.00 26.95
 8 Hafley, Derek 12 HRA-VA 52.73

27.51 31.27
 2 Murray, Allison 12 SSSAS-VA 59.06

25.22 27.51
Consoles
 9 McKenna, Spencer 12 MMA-VA 51.30

27.99 31.07

Event 14 Men 100 Yard Free

24.66 26.64
 10 Revercomb, Chapman 12 STC-VA 51.68

Name Yr Team Finals Time

Finals

1 Balderston, Matt 12 NCH-VA 47.93

25.16 26.52
 11 Darden, Bobby 12 WFS-VA 51.90

22.98 24.95
 2 Lee, Hank H 12 HMA 49.35

24.68 27.22
 12 Anderson, Matt 11 STC-VA 52.23

23.48 25.87
 3 Lengel, Cal 11 WFS-VA 49.87

25.13 27.10
 13 Taylor, Fulton 11 SSSAS-VA 52.44

23.39 26.48
 4 Miller, Michael 11 NSA-VA 50.43

24.81 27.63
 14 Read, Curtis 10 HRA-VA 52.46

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					24.19	27.46		
					8 Hafley, Derek	12 HRA-VA		51.96
24.84	27.62							
15 Inglee, Corey	11 SSSAS-VA		52.58					
					25.13	26.83		
					9 Revercomb, Chapman	12 STC-VA		52.03
26.11	26.47							
16 Bennett, Ray R	11 SST		52.69					
					25.09	26.94		
					10 Darden, Bobby	12 WFS-VA		52.17
24.32	28.37							

Event 14 Men 100 Yard Free

Name	Yr	Team	Prelim Time					
Preliminaries					24.71	27.46		
1 Balderston, Matt	12 NCH-VA		47.98	11 McKenna, Spencer	12 MMA-VA			52.21
					25.10	27.11		
2 Miller, Michael	11 NSA-VA		50.05	12 Taylor, Fulton	11 SSSAS-VA			52.22
					24.39	27.83		
3 Lee, Hank H	12 HMA		50.32	13 Inglee, Corey	11 SSSAS-VA			52.82
					26.13	26.69		
4 Lengel, Cal	11 WFS-VA		50.84	14 Anderson, Matt	11 STC-VA			52.87
					25.48	27.39		
5 Witten, Jesse D	11 SSC-VA		51.29	15 Bennett, Ray R	11 SST			52.99
					24.25	28.74		
6 Toth, Chad	11 NCH-VA		51.60	16 Read, Curtis	10 HRA-VA			53.18
					25.04	28.14		
7 Wells, Drake	12 NCS-VA		51.65	17 Twiddy, Brian	11 WA-VA			53.20

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18	25.56	27.64	9	WA-VA	53.78	28	26.11	29.19	12	POTO-VA	55.58
							Fahey, Kenny				
19	25.66	28.12	11	NA-VA	53.79	29	26.17	29.41	9	SSSAS-VA	55.78
							Prietsche, Clay				
20	25.39	28.40	9	TITAN	53.91	30	26.87	28.91	12	WFS-VA	56.03
							Stephens, Rob				
21	26.02	27.89	12	IRE	53.98	31	26.08	29.95	12	STC-VA	56.14
							Traynham, Ben				
22	25.53	28.45	9	NSA-VA	54.16	32	26.66	29.48	11	NA-VA	56.18
							Hoffman, Walter				
23	25.22	28.94	8	NA-VA	54.47	33	26.75	29.43	10	RCHS-VA	56.44
							Norvelle, Peedo S				
24	26.07	28.40	10	GCA-VA	54.54	34	25.93	30.51	12	CHCS-VA	56.47
							Haddad, Josh				
25	25.70	28.84	9	WFS-VA	54.64	35	26.60	29.87	12	BHS	56.92
							Wolfe, Nick				
26	25.93	28.71	12	NSA-VA	55.26	36	27.01	29.91	11	NCOL-VA	57.19
							Rector, Billy				
27	26.47	28.79	12	WA-VA	55.30	37	26.52	30.67	12	WA-VA	57.46
							Spellmeyer, Colin				
						38	26.96	30.50	11	FCS	57.58
							Schmoyer, Tim				

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39	Griffin, Brandon C	12	SSC-VA	57.64
				25.92 31.66
40	Todras, Noah	12	COOL-VA	57.85
				26.85 30.79
41	Doyle, Ryan	12	NCH-VA	58.14
				27.33 30.52
42	Chrabot, Eric	12	BSCHS-V	58.19
				26.95 31.19
43	Krell, John	10	NCS-VA	58.24
				26.98 31.21
44	Casey, Michael	11	HIGH-VA	58.31
				26.97 31.27
45	Stupay, Geoffrey	10	POTO-VA	58.65
				26.36 31.95
46	Haugh, Kris L	12	PCHS-VA	59.28
				28.11 30.54
47	Hamill, Michael	8	HRA-VA	59.32
				27.74 31.54
48	Wirth, Riley	11	BSCHS-V	1:00.23
				27.83 31.49

49	McCreary, Chad	12	IRE	1:00.25
50	Martin, Brock	8	FA-VA	1:00.90
				28.30 31.95
51	Inge, Walker	9	NCS-VA	1:03.07
				28.43 32.47
				29.30 33.77

Event 15 Women 500 Yard Free

Name	Yr	Team	Finals Time
Finals			
1 Swinley, Leslie	10	MS-PV	4:58.76
2 Cook, Susan	12	COOL-VA	5:15.78
			27.71 29.55 29.82 29.85
			30.19 30.16 30.41 30.55
			30.64 29.88
3 Lewis, Kimberly	10	HRA-VA	5:22.80
			28.12 30.34 31.31 31.90
			32.12 32.14 32.24 32.66
			32.65 32.30
4 Zwemer, Samantha	10	NA-VA	5:25.72
			28.91 31.40 32.60 32.91
			32.75 33.08 32.85 33.10
			32.88 32.32
5 Beier, Genna	12	POTO-VA	5:26.37
			28.08 31.75 32.53 33.13
			33.47 33.53 33.69 33.58
			33.25 32.71

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29.26 31.68 32.23 32.52
32.90 33.11 33.41 34.09
34.21 32.96
6 Sydnor, Lanier 8 NCOL-VA 5:30.04

30.39 34.19 34.31 34.54
33.74 34.75 33.98 34.14
35.41 32.58
14 Weisberg, Sarah-Jane 9 CH 5:38.44

28.67 31.81 32.79 33.36
33.89 33.93 34.31 34.28
34.64 32.36
7 Verducci, Kara 12 IRE 5:30.85

29.55 32.17 33.38 34.46
34.71 35.05 34.86 35.45
34.87 33.94
15 Petty, Katie 11 NA-VA 5:42.47

29.29 31.75 32.82 33.14
33.54 33.99 34.52 34.27
34.17 33.36
8 Hesser, Hannah 10 TITAN 5:36.89

29.91 33.39 34.44 34.97
35.21 35.34 35.16 35.46
35.27 33.32
16 Conkling, Mary 11 NA-VA 5:45.89

33.27 33.48
34.15 34.33 34.41 34.41
35.53 34.51

Consoles ... (Event 15 Women 500 Yard Free)

30.02 33.00 34.31 35.01
35.68 36.47
35.61 34.06

Consoles

9 Sisk, Madeline 11 COOL-VA 5:33.86

Event 15 Women 500 Yard Free

Name Yr Team Prelim Time

Preliminaries

30.32 33.66 34.10 34.28
34.14 33.81 33.75 33.45
33.38 32.97
10 Kehs, Laurel 11 WS-VA 5:36.47

1 Swinley, Leslie 10 MS-PV 5:06.88

29.21 30.80 30.68 31.02
30.86 30.84 31.00 31.16
30.80 30.51
2 Cook, Susan 12 COOL-VA 5:21.06

30.03 32.51 33.41 34.41
34.41 34.41 34.55 34.68
34.68 33.38
11 Balderston, Julie 10 NCH-VA 5:36.67

28.33 30.60 31.79 32.16
32.44 32.85 33.31 33.47
32.99 33.12
3 Lewis, Kimberly 10 HRA-VA 5:24.58

29.91 32.74 33.72 34.72
34.67 34.40 34.52 34.59
34.23 33.17
12 Allen, Kelly 8 TITAN 5:37.31

29.35 31.80 32.43 33.13
32.85 33.22 33.11 33.12
33.03 32.54
4 Beier, Genna 12 POTO-VA 5:27.64

30.38 33.25 34.07 34.20
34.78 34.86 34.65 34.44
33.94 32.74
13 Milliken, Emily 10 IRE 5:38.03

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Results

	30.46	32.99	32.50	32.73					
	32.96	33.08	33.47	33.35					
	33.30	32.80							
5	Verducci, Kara	12	IRE	5:29.27					
						30.24	32.86	34.09	34.31
						34.83	35.13	34.98	35.21
						35.26	34.67		
					13	Sisk, Madeline	11	COOL-VA	5:42.12
	29.43	31.82	32.71	33.26					
	32.99	33.24	33.63	34.31					
	34.19	33.69							
6	Zwemer, Samantha	10	NA-VA	5:29.63					
						30.89	33.41	34.14	34.19
						34.64	34.68	35.04	35.13
						35.35	34.65		
					14	Kehe, Laurel	11	WS-VA	5:42.40
	28.80	32.24	32.71	33.15					
	33.37	33.48	33.59	33.98					
	34.21	34.10							
7	Sydnor, Lanier	8	NCOL-VA	5:29.90					
						30.04	33.09	33.89	34.41
						34.91	34.89	35.21	35.51
						35.50	34.95		
					15	Petty, Katie	11	NA-VA	5:44.30
	29.18	32.43	32.83	33.63					
	33.26	33.52	34.02	34.02					
	33.97	33.04							
8	Hesser, Hannah	10	TITAN	5:34.04					
						29.91	33.11	34.22	35.17
						35.05	35.16	35.75	36.13
						35.71	34.09		
					16	Conkling, Mary	11	NA-VA	5:45.41
	29.91	32.45	33.29	33.80					
	33.61	33.94	34.82	34.31					
	33.89	34.02							
9	Balderston, Julie	10	NCH-VA	5:35.49					
						30.39	34.23	34.84	34.99
						35.51	35.67	35.73	35.74
						34.89	33.42		
					17	Marocco, Allison	9	QMHS	5:46.56
	30.18	33.10	33.38	34.05					
	34.04	34.03	34.28	34.61					
	34.61	33.21							
10	Allen, Kelly	8	TITAN	5:38.95					
						30.05	33.68	34.90	35.35
						35.44	35.59	35.51	35.84
						35.70	34.50		
					18	Steadman, Caroline	9	COOL-VA	5:49.22
	30.56	33.14	33.93	34.66					
	34.49	34.51	35.08	35.35					
	34.87	32.36							
11	Milliken, Emily	10	IRE	5:41.14					
						31.95	34.57	35.59	35.93
						36.14	35.52	35.53	34.14
						35.16	34.69		
					19	Jakabcin, Ana	10	PVI	5:50.43
	30.85	34.04	34.02	34.73					
	34.64	34.55	34.93	34.92					
	34.74	33.72							
12	Weisberg, Sarah-Jane	9	CH	5:41.58					
						30.99	33.48	35.02	35.32
						35.91	36.03	35.79	36.14
						36.35	35.40		
					20	Murphy, Sarah	9	WA-VA	5:50.83

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	29.44	33.17	34.36	35.96		33.32	36.12	37.68	37.24
	36.45	36.57	36.36	36.30		38.48	40.02	38.79	39.47
	36.37	35.85				39.00	35.29		
21	Garland, Molly	12	STCA-VA	5:52.37	29	Verducci, Meghan	9	IRE	6:18.90
	31.21	33.94	34.83	35.13		32.49	36.76	38.39	39.24
	35.46	36.06	36.58	36.14		39.19	38.65	38.96	39.06
	36.79	36.23				38.46	37.70		
22	Melo, Katelyn E	10	PCHS-VA	5:56.81	30	Adams, Joia	9	NA-VA	6:19.38
	32.47	34.83	35.66	35.95		31.79	36.68	37.63	37.78
	35.74	36.33	36.43	36.49		38.51	38.60	39.91	40.07
	36.70	36.21				40.61	37.80		
23	Dunn, Jessica	8	SST	6:05.97	31	Lutz, Brittany	10	PVI	6:22.39
	32.34	35.17	36.76	37.18		33.89	37.12	39.16	38.37
	37.30	38.19	37.56	38.25		39.13	39.20	39.59	39.01
	37.81	35.41				39.62	37.30		
24	Melesco, Alex	9	NCS-VA	6:06.49	32	Eckert, Katie	12	STCA-VA	6:24.42
	32.92	35.88	36.64	37.36		34.08	38.30	39.16	39.10
	37.85	37.37	37.81	38.21		39.51	39.62	38.95	38.91
	36.87	35.58				38.95	37.84		
25	Green, BG	9	POTO-VA	6:07.25	Preliminaries ... (Event 15 Women 500 Yard Free)				
	32.83	35.46	36.96	36.44	33	Hockensmith, Ashley	11	CH	6:24.94
	37.08	37.20	37.71	38.54		33.71	37.89	39.05	39.21
	38.66	36.37				39.76	39.98	39.55	39.44
26	Robertson, Claire	12	POTO-VA	6:13.86		39.17	37.18		
	33.29	37.42	38.06	38.33	34	Roach, Katie L	12	FHS-VA	6:25.96
	38.13	38.10	38.71	38.64		34.00	37.14	38.03	39.67
	37.52	35.66				39.35	39.57	40.18	39.65
27	Melnyk, Kimberley	8	SST	6:14.23		39.98	38.39		
	34.22	37.39	37.89	38.06	35	Weinstein, Caitlin	8	FA-VA	6:26.75
	38.58	39.45	38.22	38.64		34.00	37.14	38.03	39.67
	37.23	34.55				39.35	39.57	40.18	39.65
28	Velez, Bianca	9	IRE	6:15.41		39.98	38.39		
						33.86	36.84	38.24	38.89
						39.76	39.62	39.97	39.98

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Swimmer	40.14	39.45		
36 Flynn, Megga E	10	RCHS-VA	6:31.09	
	35.52	37.49	38.56	39.84
	39.94	40.82	40.50	40.82
	39.22	38.38		
37 Samaha, Christa	11	WA-VA	6:39.99	
	34.16	38.91	40.02	40.44
	41.21	41.28	41.27	41.80
	41.31	39.59		
38 D'Haem, Sarah	12	NSA-VA	6:43.05	
	33.24	38.50	40.19	41.12
	41.78	41.57	41.76	42.51
	41.80	40.58		
39 Steigerwald, Bethany	11	FCS	6:50.70	
	33.54	37.83	39.93	41.51
	42.57	42.91	43.67	44.16
	44.09	40.49		
40 Jacobs, Alyson	11	PCHS-VA	6:54.70	
	36.90	40.34	41.78	41.83
	42.47	42.31	42.63	42.84
	42.68	40.92		
41 Greenawalt, Kelsey	11	NCS-VA	6:57.82	
	37.11	40.78	42.52	42.38
	43.48	43.39	42.94	44.24
	42.73	38.25		
42 Willingham, Beth	10	PCHS-VA	7:16.82	
	35.77	43.25	43.41	44.51
	45.73	45.30	45.69	45.65
	45.48	42.03		
--- Davis, Emily	12	SGHS	DQ	

Name	Yr	Team	Finals Time
Finals			
1 Adler, Jason	12	POTO-VA	4:36.17
	25.69	27.89	28.23
	28.35	27.71	27.36
	27.93	27.21	27.25
2 Collier, Jeff	11	NCS-VA	4:41.74
	25.47	27.92	28.15
	28.39	27.91	28.46
	29.07	28.48	29.30
3 Lutterbein, Griffin	10	TITAN	4:45.46
	26.51	28.56	28.64
	28.95	28.90	28.77
	28.71	28.11	29.24
4 Hogg, Michael T	11	COOL-VA	4:54.02
	26.08	29.58	28.38
	29.24	29.90	29.80
	31.01	29.64	30.70
5 Chang, Jake	11	NA-VA	5:00.41
	25.64	28.52	29.61
	31.01	31.41	30.64
	31.69	29.99	31.07
6 Lystash, JR	9	NCS-VA	5:03.75
	26.38	29.83	30.21
	31.17	31.07	31.13
	31.53	30.12	31.40
7 Yazdi, Amir	12	NA-VA	5:14.66
	26.84	30.12	31.02
	32.35	32.52	33.27
	32.54	31.61	32.89
8 Gillette, Ben	10	HIGH-VA	5:18.37

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26.81 29.72 31.20 31.39
 32.67 33.86 33.66 34.04
 33.47 31.55

27.69 30.77 32.54 33.36
 33.55 34.69 34.10 35.11
 34.44 34.27

Consoles

9 Barrington, Ryan T 9 HMA 5:07.08

26.42 28.89 30.17 30.94
 31.34 32.40 32.12 32.38
 30.80 31.62

10 Kirk, Kyle 10 HIGH-VA 5:12.31

27.42 29.95 30.64 31.15
 32.00 31.62 32.27 32.46
 31.97 32.83

11 Southwick, Nat 12 STC-VA 5:16.53

27.51 30.09 31.95 32.33
 32.36 32.75 32.80 32.69
 32.91 31.14

12 Sager, Christopher 8 HRA-VA 5:17.08

28.05 31.19 32.26 32.63
 32.28 32.57 32.70 32.71
 31.80 30.89

13 Beyer, Chris A 12 FHS-VA 5:17.30

27.56 30.82 31.71 32.53
 32.37 32.86 32.72 33.09
 33.03 30.61

14 Finch, Mitchell 8 HRA-VA 5:17.53

27.43 30.96 32.22 32.60
 32.48 32.65 32.73 32.88
 32.32 31.26

15 Eu, James 9 PVI 5:24.91

28.54 31.10 32.36 33.17
 33.42 33.72 33.59 33.64
 33.96 31.41

16 Ledwith, Michael 12 WFS-VA 5:30.52

Event 16 Men 500 Yard Free

Name Yr Team Prelim Time

Preliminaries

1 Collier, Jeff 11 NCS-VA 4:41.56

25.43 27.75 28.61 28.28
 28.77 28.46 28.57 29.33
 28.92 27.44

2 Adler, Jason 12 POTO-VA 4:47.42

26.01 28.79 29.37 29.17
 29.06 28.84 28.48 29.03
 29.87 28.80

3 Lutterbein, Griffin 10 TITAN 4:55.88

27.57 30.04 30.37 30.03
 30.00 29.86 29.47 29.87
 29.73 28.94

4 Hogg, Michael T 11 COOL-VA 5:00.19

27.04 31.14 29.78 30.58
 30.97 30.92 30.76 29.54
 30.07 29.39

5 Chang, Jake 11 NA-VA 5:03.13

25.47 28.45 29.76 30.40
 30.62 31.40 31.26 31.96
 32.40 31.41

6 Lystash, JR 9 NCS-VA 5:03.73

27.17 29.94 30.27 30.46
 30.62 30.68 31.21 31.44
 31.57 30.37

7 Gillette, Ben 10 HIGH-VA 5:13.84

27.39 30.45 31.73 30.36
 32.24 32.44 34.03 32.60

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8	Yazdi, Amir	32.52 30.08 12	NA-VA	5:13.87					
					28.84	31.39	32.63	32.71	
					32.87	33.01	33.79	33.63	
					33.19	30.94			
					16	Sager, Christopher	8	HRA-VA	5:25.02
		27.01	29.86	31.66	32.28				
		32.37	32.58	32.55	32.53				
		32.17	30.86						
9	Barrington, Ryan T	9	HMA	5:13.88					
					28.38	31.49	32.63	33.00	
					33.15	33.32	33.45	33.46	
					33.45	32.69			
		27.74	30.57	31.30	31.61				
		31.44	32.29	32.23	32.49				
		32.49	31.72						
10	Southwick, Nat	12	STC-VA	5:16.97					
					29.10	32.31	33.89	34.01	
					34.38	34.33	34.80	34.76	
					34.69	31.64			
					18	Anderson, Jamie	8	COOL-VA	5:34.19
		27.77	30.13	31.00	32.15				
		32.44	32.71	32.55	32.92				
		33.16	32.14						
11	Kirk, Kyle	10	HIGH-VA	5:18.74					
					28.55	31.21	32.79	34.03	
					34.49	34.74	34.56	34.96	
					34.54	34.32			
		28.01	31.25	31.58	32.24				
		33.02	32.94	32.23	32.93				
		32.00	32.54						
12	Beyer, Chris A	12	FHS-VA	5:19.61					
					30.82	33.15	34.39	34.58	
					34.41	34.05	34.86	34.20	
					33.28	32.46			
					20	Henderson, Jeff	10	PCHS-VA	5:36.66
		28.39	31.88	33.36	32.26				
		32.64	32.33	32.59	32.63				
		32.44	31.09						
Preliminaries ... (Event 16 Men 500 Yard Free)									
					28.87	32.30	32.95	33.40	
					33.86	34.35	34.74	35.33	
					35.60	35.26			
13	Ledwith, Michael	12	WFS-VA	5:21.97					
		27.24	30.83	32.02	32.16				
		32.89	32.75	33.05	33.18				
		34.12	33.73						
14	Finch, Mitchell	8	HRA-VA	5:22.55					
					29.67	32.76	33.91	34.55	
					35.34	35.46	34.71	33.92	
					33.98	33.16			
					22	Warner, Nathan	11	NCH-VA	5:40.67
		28.37	31.92	32.22	32.88				
		32.71	33.02	32.88	32.87				
		33.01	32.67						
15	Eu, James	9	PVI	5:23.00					
					28.72	32.17	33.40	34.28	
					34.80	35.62	35.78	36.01	
					35.39	34.50			
					23	Donegan, Sean	10	NCOL-VA	5:42.84

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	29.33	33.13	34.45	34.88		31.86	35.79	36.86	36.04
	34.92	35.10	35.45	35.65		36.81	36.06	37.17	37.28
	35.50	34.43				36.63	35.68		
24	Butler, Corydon	8	WA-VA	5:45.40	32	Gelhausen, Erik	10	HRA-VA	6:02.35
	29.57	34.18	36.05	35.59		29.32	34.49	35.91	36.63
	35.44	36.27	35.44	35.12		37.63	37.16	37.29	38.53
	35.43	32.31				36.04	39.35		
25	Matthews, Brewer	9	WFS-VA	5:48.08	33	Smith, Tyler	10	COOL-VA	6:02.85
	31.80	35.38	35.91	35.78		31.93	37.30	37.06	36.95
	35.09	35.86	34.84	35.55		37.09	38.31	37.00	37.48
	35.10	32.77				36.52	33.21		
26	Marquet, Michael	11	IRE	5:51.86	34	Ream, Paul	8	STC-VA	6:14.71
	29.78	33.29	36.08	36.98		32.89	36.12	36.89	37.22
	35.61	36.74	36.69	37.00		37.89	38.36	39.15	39.96
	36.09	33.60				39.70	36.53		
27	Sager, Matthew	8	HRA-VA	5:52.83	35	Boylan, Eddie	9	PCHS-VA	6:15.63
	31.19	34.64	35.49	36.18		30.60	34.85	37.20	38.79
	36.36	36.53	35.91	36.07		39.11	39.93	39.75	39.99
	36.19	34.27				39.52	35.89		
28	Samuel, Ryan	11	NCOL-VA	5:57.12	36	Smith, Grady	9	WFS-VA	6:20.41
	29.74	34.13	36.50	36.60		32.93	36.05	40.29	39.28
	35.97	37.84	37.31	37.40		38.77	39.42	1:20.56	
	37.22	34.41					36.07		
29	Carnes, Will	8	COOL-VA	5:57.65	37	Brooks, Philip	8	NSA-VA	6:44.88
	29.56	34.53	36.86	37.89		31.77	37.74	39.40	41.74
	37.73	38.02	36.86	37.42		42.07			
	37.03	31.75					40.87		
30	Amrhein, Chris	9	STC-VA	5:58.17	38	Murphy, Jack	10	SST	7:04.82
	30.77	34.64	36.97	36.80		31.43	36.86	40.65	42.38
	37.07	37.17	37.32	37.29		43.32	45.49	47.79	46.63
	36.64	33.50				45.64	44.63		
31	Cannell, Oliver	12	POTO-VA	6:00.18	---	Burke, Brian	8	NCS-VA	DQ

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32.91	35.90	36.39	36.76
37.11	36.16	37.72	37.51
38.05	36.02		

Event 17 Women 200 Yard Free Relay

Team	Relay	Finals Time
Finals		
1 NA-VA	A	1:41.07
Morrissey, Christi 11	Randlett, Lindsey 12	
Zwemer, Samantha 10	Meier, Ali 11	
25.48	24.91	25.81
2 MS-PV	A	1:41.27
Psaris, Leigh 10	Poon, Cathy 9	
Swinley, Leslie 10	Buki, Alison 12	
24.80	25.85	25.03
3 IRE	A	1:43.42
LeBlanc, Jill 11	McMurray, Alaina 12	
Jarvis, Kassandra 11	Hall, Morgan 11	
26.47	26.19	25.84
4 WA-VA	A	1:44.76
Wilke, Caroline 8	Jones, Morgan 8	
Mulhare, Meghan 12	Murphy, Kate 10	
26.15	26.78	26.68
5 NSA-VA	A	1:45.59
Waller, Danielle 10	Standing, Maggie 8	
Bishop, Jade 8	Bishop, Britney 12	
27.16	27.54	27.13
6 SGHS	A	1:45.63
Brown, McKenzie 10	Dibert, Sarah 11	
Williams, Shelley 11	Cutter, Lynn 11	
26.92	26.41	26.58
7 COOL-VA	A	1:45.70
Kelley, Becca 8	Bowman, Katelyn 11	
Garson, Elizabeth 11	Cook, Susan 12	
26.24	27.27	26.41
8 SST	A	1:47.93
Planchak, Katie 9	Dunn, Jessica 8	
Planchak, Jennifer 12	Seale, Meg 11	
26.59	27.32	27.32
Consoles		
9 PVI	A	1:46.59
Pascale, Liz 12	Marsallo, Leah 12	
Cargiulo, Alicia 9	Jakabcin, Ana 10	
27.22	26.56	26.88
10 SSSAS-VA	A	1:47.32
Farnham, Julia 10	Meyer, Abigail 12	
Murray, Allison 12	Routh, Hallie 12	
26.66	26.80	27.42
11 SSC-VA	A	1:47.76
Brown, Nancye 11	Peterson, Becca E 9	
Going, Tiffany P 8	Peterson, Andrea E 11	
26.31	27.49	26.78
12 STCA-VA	A	1:47.79
Wurlitzer, Kate 10	Schaeufele, Jordan 11	
Brooke, Eliza 9	Brooke, Caroline 8	
27.11	27.54	27.14
Consoles ... (Event 17 Women 200 Yard Free Relay)		
13 NCS-VA	A	1:48.02
Wampler, Callan 12	Berglund, Whitney 12	
Bucher, Holly 11	Beedie, Kate 11	
25.33	29.82	27.64
14 POTO-VA	A	1:49.29

McElwain, Maria 11	Benveniste, Ellen 10	
Robertson, Claire 12	McNerney, Molly 9	
26.43	28.12	
28.31	26.43	
15 HIGH-VA	A	1:51.01
Thamm, Colleen 10	Atkins, Morgan 10	
Carlton, Brittany 12	Thorsen, Rebecca 11	
28.59	29.02	
26.21	27.19	
16 BSCHS-VA	A	1:54.65
Morrow, Jessica 10	Harkins, Katie J 11	
McKenna, Allyce 10	Malone, Meredith A 11	
28.28	29.44	
28.57	28.36	

Event 17 Women 200 Yard Free Relay

Team	Relay	Prelim Time
Preliminaries		
1 NA-VA	A	1:41.85
Morrissey, Christi 11	Randlett, Lindsey 12	
Zwemer, Samantha 10	Meier, Ali 11	
25.12	25.57	26.02
2 MS-PV	A	1:43.92
Psaris, Leigh 10	Poon, Cathy 9	
Swinley, Leslie 10	Buki, Alison 12	
25.53	26.44	26.02
3 IRE	A	1:44.24
LeBlanc, Jill 11	McMurray, Alaina 12	
Jarvis, Kassandra 11	Hall, Morgan 11	
26.92	26.42	25.81
4 WA-VA	A	1:45.62
Wilke, Caroline 8	Jones, Morgan 8	
Mulhare, Meghan 12	Murphy, Kate 10	
26.52	27.06	26.88
5 NSA-VA	A	1:45.85
Waller, Danielle 10	Standing, Maggie 8	
Bishop, Jade 8	Bishop, Britney 12	
27.24	27.43	26.78
6 SGHS	A	1:46.32
Brown, McKenzie 10	Dibert, Sarah 11	
Williams, Shelley 11	Cutter, Lynn 11	
26.76	26.80	26.51
7 SST	A	1:46.72
Planchak, Katie 9	Dunn, Jessica 8	
Planchak, Jennifer 12	Seale, Meg 11	
26.51	27.07	26.78
8 COOL-VA	A	1:47.68
Kelley, Becca 8	Bowman, Katelyn 11	
Farmer, Molly 8	Cook, Susan 12	
26.65	27.34	27.34
9 NCS-VA	A	1:48.22
Beedie, Kate 11	Berglund, Whitney 12	
Bucher, Holly 11	Wampler, Callan 12	
26.25	29.76	27.09
10 SSC-VA	A	1:48.41
Brown, Nancye 11	Peterson, Becca E 9	
Going, Tiffany P 8	Peterson, Andrea E 11	
26.87	27.70	26.65
11 STCA-VA	A	1:48.53
Wurlitzer, Kate 10	Schaeufele, Jordan 11	
Brooke, Eliza 9	Brooke, Caroline 8	
27.28	27.65	27.25
12 SSSAS-VA	A	1:48.68
Farnham, Julia 10	Meyer, Abigail 12	
Murray, Allison 12	Routh, Hallie 12	
26.98	27.30	27.64
13 PVI	A	1:48.75
Marsallo, Leah 12	Pascale, Liz 12	
Cargiulo, Alicia 9	Jakabcin, Ana 10	
27.55	27.24	27.40
14 POTO-VA	A	1:50.83
Benveniste, Ellen 10	Robertson, Claire 12	

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McElwain, Maria 11	McNerney, Molly 9				
28.85	28.90	26.95	26.13		
15 BSCHS-VA	A	1:52.10			
Morrow, Jessica 10	Harkins, Katie J 11				
McKenna, Allyce 10	Malone, Meredith A 11				
28.40	28.23	28.22	27.25		
16 HIGH-VA	A	1:52.12			
Thamm, Colleen 10	Atkins, Morgan 10				
Carlton, Brittany 12	Thorsen, Rebecca 11				
29.08			27.31		
17 TITAN	A	1:52.20			
Ericson, Ellie 11	Bridgforth, Austin 10				
Daddio, Erin 12	Allen, Kelly 8				
29.14	27.68	28.08	27.30		
18 FHS-VA	A	1:53.58			
de Ridder, Lauren P 10	Oconnor, Lizz A 10				
Prescott, Lizzy G 11	Rosenthal, Katie M 10				
28.66	28.26	28.23	28.43		
19 PCHS-VA	A	1:55.36			
Richman, Sarah 11	McHugh, Caitlin C 9				
Melo, Katelyn E 10	Henderson, Kelly J 11				
28.73	29.65	27.99	28.99		
20 QMHS	A	1:57.30			
Harrington, Liz 10	Wheeler, Hillery 12				
Van Nortwick, Abby 12	Marocco, Allison 9				
27.80	32.27	30.67	26.56		
21 NCH-VA	A	1:57.87			
Balderston, Julie 10	Strickland, Michelle 10				
Carey, Ellen 11	McCrillis, Kristen 12				
28.10	30.14	30.14	29.49		
22 FA-VA	A	2:01.09			
Pollnow, Jami 9	McDaniel, Jordan 8				
Walsh, Kelsey 8	Calloway, Beth 11				
32.09	29.40	30.61	28.99		
23 CH	A	2:01.79			
Hockensmith, Ashley S	Willmott, Emily Dale D				
Weisberg, Sarah-Jane F	O'Brien, Ann S 9				
30.52	37.14	27.98	26.15		
24 RCHS-VA	A	2:05.31			
Brown, Trouble 12	Flynn, Megga E 10				
Franko, Duckie 12	Stancil, Smiley K 12				
31.49	34.00	30.16	29.66		
25 STHL-VA	A	2:07.64			
Peterson, Laura 12	Crawford, Katie 12				
Krusz, Blair 12	Boatright, Jill 12				
30.56	34.63	33.70	28.75		
26 FSV-VA	A	2:11.25			
Morrow, Morgan 10	Saunders, Anne Latane'				
Davis, Jennifer 10	LaRoche, Julia R 10				
32.78	32.90	35.15	30.42		
--- NA-VA	B	X1:50.49			
Doviak, Meaghan 12	Stedfast, Molly 10				
Conkling, Mary 11	Petty, Katie 11				
27.83	27.37	27.65	27.64		
--- COOL-VA	B	X1:51.28			
Rawles, Caitlin 11	Reams, Lora 12				
Watson, Dorothy 11	Sisk, Madeline 11				
28.61	27.94	26.97	27.76		
--- NA-VA	C	X1:52.11			
Saunders, Hilary 10	Conkling, Ruth 9				
Barry, Laura 9	Adams, Joia 9				
27.40	28.63	27.94	28.14		
--- NSA-VA	B	X1:52.72			
Buckley, Tiffany 10	Cotton, Anna 11				
Ruland, Kelly 8	Moore, Nikki 12				
27.71	28.63	28.93	27.45		
--- MS-PV	B	X1:53.25			
Richmond, Julia 12	Romanoff, Caroline 12				
Hodson, Jackie 11	Marks, Kenisha 11				
28.13	28.28	28.10	28.74		

--- COOL-VA	C	X1:54.24			
Moore, Pearson 11	Hyslop, Lauren 8				
McDonald, Courtney 12	Steadman, Caroline 9				
28.74	28.52	28.39	28.59		
--- SGHS	B	X1:55.79			
Bell, Jessica 9	Jarreau, Emily 11				
Ellar, Julia 9	Scott, Sally 11				
29.15	30.34	27.21	29.09		
--- PVI	B	X1:57.51			
Noonan, Laura 11	McMillan, Jessie 10				
Wilson, Caitlin 10	Nieves, Kelsey 9				
29.95	27.72	30.05	29.79		
--- NA-VA	D	X1:57.52			
Orleans, April 12	Alston, Molly 11				
Shave, Natalie 10	Brett, Meggie 11				
29.40	28.63	29.25	30.24		
--- SST	B	X1:57.70			
Melnyk, Kimberley 8	Garziona, Gina 10				
Melnyk, Stephanie 10	Wall, Candace 10				
28.79	29.21	30.21	29.49		

Preliminaries ... (Event 17 Women 200 Yard Free Re

--- STCA-VA	B	X1:59.00			
Harvey, Alyson 9	Coogan, Meg 10				
Eckert, Katie 12	Garland, Molly 12				
29.32	28.70	31.33	29.65		
--- MS-PV	C	X2:02.01			
Hollar, Katie 12	Rarick, Lauren 9				
Stavish, Kaitlyn 12	Riesenberg, Claire 12				
31.90	29.38	30.56	30.17		
--- BSCHS-VA	B	X2:04.73			
Aylward, Mary K 12	Schrader, Mandy 11				
Rogers, Amy 09	Larkins, Emily 11				
29.32	32.27	31.66	31.48		
--- NCS-VA	B	X2:05.09			
Melesco, Alex 9	Greenawalt, Kelsey 11				
Garst, Mackenzie 9	Gay, Jane 8				
31.05	31.08	32.81	30.15		
--- IRE	B	X2:05.81			
Dauer, Beth 12	Lerosen, Rachel 12				
Connolly, Colleen 12	Vaccaro, Margaret 12				
32.54			30.00		
--- MS-PV	D	X2:13.65			
Burger-Gohl, Erin 12	Boisclair, Alex 12				
Barnett, Sophie 12	Murphy, Caitlin 12				
36.08	33.12	32.39	32.06		
--- POTO-VA	B	X2:16.73			
Green, BG 9	Hashimoto, Yui 11				
Weerasinghe, Upekha 1	Tchijov, Maria 12				
30.02	30.63	1:16.08			
--- NCOL-VA	B	DQ			
Wilmot, Monica 11	Babashanian, Christine				
Denio, Erin 9	West, Kaitlin A 9				
28.93	34.02	35.25	33.52		
--- FCS	A	DQ			
Jones, Rochelle 10	Golike, Katie 9				
Steigerwald, Bethany 11	Jones, Keri 8				
27.11	29.00	28.36	25.86		
--- NCOL-VA	A	DQ			
Monkman, Samantha 10	Ungerman, Annie 10				
McLemore, Maria 11	Wegner, Jana 11				
29.07	27.91	28.67	27.12		

Event 18 Men 200 Yard Free Relay

Team	Relay	Finals Time
Finals		
1 WFS-VA	A	1:30.42
Lengel, Cal 11	Darden, Bobby 12	

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Seabrook, Nelson 11	Lewis, Michael 11	23.10	23.16	23.26	22.62
22.78	23.10	22.19	22.35		
2 COOL-VA	A	1:32.35			1:33.20
Hogg, Michael T 11	Kelly, Evan 10				
Sellergren, Andrew 12	Steadman, Grant 12	22.72	24.35	24.56	21.57
22.67	24.21	23.99	21.48		
3 HMA	A	1:33.76			1:33.84
Sullins, Matt M 12	Barrington, Ryan T 9				
Wheeler, Mike H 10	Lee, Hank H 12	23.56	23.74	24.05	22.13
23.56	23.74	24.05	22.41		
4 NCH-VA	A	1:34.30			1:34.57
Balderston, Matt 12	Toth, Chad 11				
Warner, Nathan 11	Doyle, Ryan 12	21.87	22.60	24.90	24.93
21.87	22.60	24.90	24.93		
5 STC-VA	A	1:34.31			1:34.60
Anderson, Matt 11	Young, Chris 11				
Brown, Spencer 11	Revercomb, Chapman 1	23.54	24.34	23.43	23.00
23.54	24.34	23.43	23.00		
6 NA-VA	A	1:34.57			1:35.05
Grenga, Chris 11	Brown, Beau 11				
Hoffman, Walter 11	Shave, Brad 8	23.69	23.42	23.57	23.89
23.69	23.42	23.57	23.89		
7 NSA-VA	A	1:35.31			1:35.19
Hanson, Ryan 9	Lewinski, Joe 12				
Wilder, Brandon 9	Miller, Michael 11	24.69	24.33	23.78	22.51
24.69	24.33	23.78	22.51		
8 NCS-VA	A	1:35.47			1:35.20
Lystash, JR 9	Blackwell, Case 12				
Adams, Justin 11	Wells, Drake 12	24.61	23.84	24.49	22.53
24.61	23.84	24.49	22.53		
Consoles					
9 WA-VA	A	1:35.63			1:35.30
Twiddy, Brian 11	Baumler, Matt 8				
Karol, Jack 12	Hartmann, Will 12	24.46	24.18	24.44	22.55
24.46	24.18	24.44	22.55		
10 HRA-VA	A	1:36.32			1:36.23
Hafley, Derek 12	Sager, Christopher 8				
Hamill, Andrew 12	Read, Curtis 10	24.16	25.23	23.93	23.00
24.16	25.23	23.93	23.00		
11 SSSAS-VA	A	1:36.52			1:36.27
Inglee, Corey 11	Prietsche, Clay 9				
Mims, Hunter 10	Taylor, Fulton 11	23.83	25.27	24.55	22.87
23.83	25.27	24.55	22.87		
12 SST	A	1:36.64			1:37.14
Morch, Bryan 10	Rafter, Casey 12				
Koehr, Kevin 10	Bennett, Ray R 11	24.63	24.94	23.55	23.52
24.63	24.94	23.55	23.52		
13 BHS	A	1:38.24			1:38.81
Wolfe, Nick 12	White, Chris 10				
Lyden, Mike 11	Tracy, Jim 10	25.24	24.14	25.02	23.84
25.24	24.14	25.02	23.84		
14 IRE	A	1:38.43			1:38.95
Patierno, Joel 11	Dickerson, Michael 9				
McCreary, Chad 12	Raftery, Ryan 12	25.08	24.29	25.32	23.74
25.08	24.29	25.32	23.74		
15 POTO-VA	A	1:38.79			1:39.42
Fahey, Kenny 12	Stupay, Geoffrey 10				
Cannell, Oliver 12	Adler, Jason 12	24.72	25.48	26.14	22.45
24.72	25.48	26.14	22.45		
16 SSC-VA	A	1:39.51			1:39.51
Beale, Zack Z 12	Yagel, Jon 11				
Griffin, Brandon C 12	Witten, Jesse D 11	24.54	26.14	25.55	23.28
24.54	26.14	25.55	23.28		
Event 18 Men 200 Yard Free Relay					
Team	Relay	Prelim Time			
Preliminaries					
1 WFS-VA	A	1:32.14			
Lengel, Cal 11	Darden, Bobby 12				
Seabrook, Nelson 11	Lewis, Michael 11				
2 COOL-VA	A	1:33.20			
Hogg, Michael T 11	Kelly, Evan 10				
Sellergren, Andrew 12	Steadman, Grant 12	22.72	24.35	24.56	21.57
22.72	24.35	24.56	21.57		
3 HMA	A	1:33.84			
Sullins, Matt M 12	Barrington, Ryan T 9				
Wheeler, Mike H 10	Lee, Hank H 12	23.96	24.01	23.74	22.13
23.96	24.01	23.74	22.13		
4 NA-VA	A	1:34.57			
Grenga, Chris 11	Brown, Beau 11				
Hoffman, Walter 11	Shave, Brad 8	23.80	23.65	23.63	23.49
23.80	23.65	23.63	23.49		
5 STC-VA	A	1:34.60			
Anderson, Matt 11	Young, Chris 11				
Brown, Spencer 11	Revercomb, Chapman 1	23.84	24.37	23.13	23.26
23.84	24.37	23.13	23.26		
6 NSA-VA	A	1:35.05			
Hanson, Ryan 9	Lewinski, Joe 12				
Miller, Michael 11	Wilder, Brandon 9	24.64	24.35	23.91	22.15
24.64	24.35	23.91	22.15		
7 NCH-VA	A	1:35.19			
Balderston, Matt 12	Toth, Chad 11				
Warner, Nathan 11	Doyle, Ryan 12	22.10	22.88	25.19	25.02
22.10	22.88	25.19	25.02		
8 NCS-VA	A	1:35.20			
Lystash, JR 9	Blackwell, Case 12				
Adams, Justin 11	Wells, Drake 12	24.59	23.83	24.18	22.60
24.59	23.83	24.18	22.60		
9 WA-VA	A	1:35.30			
Twiddy, Brian 11	Baumler, Matt 8				
Karol, Jack 12	Hartmann, Will 12	24.07	23.83	24.28	23.12
24.07	23.83	24.28	23.12		
10 SSSAS-VA	A	1:36.23			
Taylor, Fulton 11	Inglee, Corey 11				
Mims, Hunter 10	Prietsche, Clay 9	23.66	25.41	24.47	22.69
23.66	25.41	24.47	22.69		
11 HRA-VA	A	1:36.27			
Hafley, Derek 12	Churray, Andrew 11				
Hamill, Andrew 12	Read, Curtis 10	24.08	24.96	24.09	23.14
24.08	24.96	24.09	23.14		
12 SST	A	1:37.14			
Morch, Bryan 10	Rafter, Casey 12				
Koehr, Kevin 10	Bennett, Ray R 11	24.72	24.98	24.02	23.42
24.72	24.98	24.02	23.42		
Preliminaries ... (Event 18 Men 200 Yard Free Relay)					
13 IRE	A	1:38.81			
Patierno, Joel 11	Dickerson, Michael 9				
McCreary, Chad 12	Raftery, Ryan 12	25.74	24.48	25.06	23.53
25.74	24.48	25.06	23.53		
14 BHS	A	1:38.95			
Wolfe, Nick 12	White, Chris 10				
Lyden, Mike 11	Tracy, Jim 10	25.44	24.59	25.14	23.78
25.44	24.59	25.14	23.78		
15 POTO-VA	A	1:39.42			
Stupay, Geoffrey 10	Fahey, Kenny 12				
Cannell, Oliver 12	Adler, Jason 12	26.12	24.32	25.88	23.10
26.12	24.32	25.88	23.10		
16 SSC-VA	A	1:39.51			
Beale, Zack Z 12	Yagel, Jon 11				
Griffin, Brandon C 12	Witten, Jesse D 11	24.61	26.31	25.68	22.91
24.61	26.31	25.68	22.91		
17 PCHS-VA	A	1:40.76			
Boylan, Eddie 9	Wheelock, Trevor M 8				
Henderson, Jeff 10	Wheelock, Ryan 10	26.61	25.67	24.46	24.02
26.61	25.67	24.46	24.02		
18 HIGH-VA	A	1:41.64			
Kirk, Kyle 10	Casey, Michael 11				

Event 18 Men 200 Yard Free Relay

Team	Relay	Prelim Time
Preliminaries		
1 WFS-VA	A	1:32.14
Lengel, Cal 11	Darden, Bobby 12	
Seabrook, Nelson 11	Lewis, Michael 11	

17 PCHS-VA	A	1:40.76
Boylan, Eddie 9	Wheelock, Trevor M 8	
Henderson, Jeff 10	Wheelock, Ryan 10	
26.61	25.67	24.46
24.02		
18 HIGH-VA	A	1:41.64
Kirk, Kyle 10	Casey, Michael 11	

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	Bryan, Nathan 10		Gillette, Ben 10		
	25.05	24.76	27.42	24.41	
19	NCOL-VA		A	1:41.67	
	Cannon, Maurice 9		Samuel, Ryan 11		
	Donegan, Sean 10		Rector, Billy 11		
	24.15	26.74	25.91	24.87	
20	FCS		A	1:42.76	
	Jones, Brandon 11		Brezee, Justin 11		
	Porter, Adam 10		Schmoyer, Tim 11		
	25.58	26.24	26.46	24.48	
21	BSCHS-VA		A	1:43.67	
	Catoire, Andrew 11		McDonald, Mike 12		
	Chrabot, Eric 12		Wirth, Riley 11		
	27.07	24.12	26.51	25.97	
22	FHS-VA		A	1:45.10	
	Miller, Brad B 12		Whitcher, Craig D 12		
	Jones, Chris A 10		Beyer, Chris A 12		
	25.40	26.37	26.68	26.65	
23	PVI		A	1:47.23	
	Hummel, Chris 10		Arnista, Anthony 10		
	Carroll, Chris 12		Brennan, Pat 12		
	26.42	26.21	27.17	27.43	
24	GCA-VA		A	1:48.30	
	Coulter, Jay 10		Phillips, Geoff 11		
	Gerhardt, David 12		Snow, Brandon 10		
	26.70	27.96	29.44	24.20	
25	FA-VA		A	1:49.27	
	Martin, Joe 8		Butterworth, Joel 10		
	Martin, Brock 8		Quarles, Dougie 10		
	27.97	27.96	27.53	25.81	
26	RCHS-VA		A	1:49.90	
	Norvelle, Peedo S 10		Rokisky, chewbacca 12		
	Turner, Budda C 11		VanDeventer, Han Solo		
	28.16	31.87	24.65	25.22	
---	WA-VA		B	X1:41.63	
	Waterman, Avery 10		Zullo, Nick 10		
	Howell, Tyler 11		Butler, Corydon 8		
	24.66	25.49	25.47	26.01	
---	STC-VA		B	X1:45.18	
	Mayer, Gabriel 11		Mathiasen, Matt 12		
	Major, Charlie 12		Southwick, Nat 12		
	26.25	25.84	27.36	25.73	
---	SSSAS-VA		B	X1:46.40	
	Locke, Brent 12		Cubeta, Jeffrey 10		
	Solberg, Nate 12		Davidson, Kyle 10		
	25.46	28.01	27.03	25.90	
---	WFS-VA		B	X1:47.14	
	Barron, John 12		Farmer, Joe 12		
	Johnson, Tillery 12		Smith, Marston 12		
	32.20	21.36	26.91	26.67	
---	COOL-VA		B	X1:47.66	
	Carnes, Will 8		Todras, Noah 12		
	Emerson, Ben 12		Smith, Tyler 10		
	26.47	26.72	26.94	27.53	
---	NCS-VA		B	X1:48.12	
	Regnaud, Josh 12		Krell, John 10		
	Burke, Brian 8		Inge, Walker 9		
	26.44	25.56	29.54	26.58	
---	HRA-VA		B	X1:48.71	
	Presler, Jonathan 11		Gelhausen, Erik 10		
			Hamill, Michael 8		
	26.69	28.12	27.68	26.22	
---	POTO-VA		B	X2:07.94	
	Shashy, Steve 12		Reibel, JJ 12		
	Hashimoto, Keishi 10		Brady, David 12		
	28.29	40.20	29.41	30.04	
---	NSA-VA		B	DQ	
	Tennant, Sean 10		Schaubach, Aaron 10		
	Brooks, Philip 8		Iiams, Jeff 10		
	27.85	28.98	26.96	26.07	
---	BHS		B	DQ	

	Puccinelli, Paul 12		Cheney, Grayson 10		
	Roberson, Aubrey 10		Gerdes, Alex 12		
	26.56	26.12	26.89	25.60	
---	FUMA		A	DQ	
	Smith, Adams 12		Horsch, Owen 11		
	Fraser, James 12		Strickland, Greg 12		
	26.34	27.60	24.87	24.68	

Event 19 Women 100 Yard Back

	Name	Yr	Team	Finals Time
Finals				
1	Beedie, Kate	11	NCS-VA	58.63
		28.70		
2	O'Brien, Ann S	9	CH	1:00.66
		29.36		
3	Stewart, Hallie	10	TITAN	1:01.68
		29.82		
4	McElwain, Maria	11	POTO-VA	1:02.94
		30.42		
5	McMurray, Alaina	12	IRE	1:03.19
		30.54		
6	Traynham, Sarah Kate	10	SGHS	1:04.08
		31.12		
7	Jarvis, Cassandra	11	IRE	1:04.29
		30.90		
8	Hartmann, Caki	9	WA-VA	1:05.42
		31.56		
Consoles				
9	Ahmadi, Parisa E	10	FHS-VA	1:02.81

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					29.90	31.63			
					3	Stewart, Hallie	10	TITAN	1:02.37
	29.88	32.93							
10	Jones, Rochelle	10	FCS	1:04.84					
						30.40	31.97		
					4	McMurray, Alaina	12	IRE	1:03.49
	31.58	33.26							
11	Killmon, Kelsey	12	POTO-VA	1:05.27					
						30.66	32.83		
					5	McElwain, Maria	11	POTO-VA	1:03.53
	31.69	33.58							
12	Meier, Ali	11	NA-VA	1:05.86					
						30.91	32.62		
					6	Traynham, Sarah Kate	10	SGHS	1:04.22
	31.60	34.26							
13	Branscome, Tyler	9	HRA-VA	1:05.91					
						31.22	33.00		
					7	Jarvis, Kassandra	11	IRE	1:04.32
	32.05	33.86							
14	Going, Tiffany P	8	SSC-VA	1:06.42					
						31.26	33.06		
					8	Hartmann, Caki	9	WA-VA	1:04.57
	32.07	34.35							
15	Bridgforth, Austin	10	TITAN	1:06.53					
						31.23	33.34		
					9	Ahmadi, Parisa E	10	FHS-VA	1:04.82
	32.12	34.41							
16	Fuchs, Kathleen	10	MS-PV	1:07.43					
						31.38	33.44		
					10	Jones, Rochelle	10	FCS	1:04.92
	32.01	35.42							

Event 19 Women 100 Yard Back

Name	Yr	Team	Prelim Time						
Preliminaries						31.76	33.16		
1	Beedie, Kate	11	NCS-VA	59.05	11	Meier, Ali	11	NA-VA	1:05.15
						31.38	33.77		
						Preliminaries ... (Event 19 Women 100 Yard Back)			
2	O'Brien, Ann S	9	CH	1:01.53					
					12	Killmon, Kelsey	12	POTO-VA	1:06.14

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13	Going, Tiffany P	32.13 34.01 8	SSC-VA	1:06.75	23	Ross, Hunter	33.38 35.58 8	COOL-VA	1:09.63
14	Bridgforth, Austin	31.85 34.90 10	TITAN	1:06.78	24	Zoubek, Carlie	12	PVI	1:09.77
15	Branscome, Tyler	32.77 34.01 9	HRA-VA	1:07.22	25	Peterson, Becca E	33.25 36.52 9	SSC-VA	1:09.86
16	Fuchs, Kathleen	32.47 34.75 10	MS-PV	1:07.48	26	Peterson, Laura	33.77 36.09 12	STHL-VA	1:09.97
17	O'Grady, Karen	32.36 35.12 12	STCA-VA	J1:07.87	27	Rosenthal, Katie M	33.51 36.46 10	FHS-VA	1:10.16
18	Meem, Ashton	33.00 34.87 10	STCA-VA	J1:07.87	28	Meier, Megan	32.64 37.52 9	NA-VA	1:10.57
19	Huber, Caroline	32.73 35.14 10	NA-VA	1:08.32	29	Eggleston, Taryn R	33.89 36.68 9	FSV-VA	1:11.62
20	Waller, Danielle	33.10 35.22 10	NSA-VA	1:08.66	30	McDonald, Courtney	33.58 38.04 12	COOL-VA	1:11.63
21	Farmer, Molly	33.14 35.52 8	COOL-VA	1:08.80	31	Ericson, Ellie	34.59 37.04 11	TITAN	1:11.94
22	Bishop, Jade	34.11 34.69 8	NSA-VA	1:08.96	32	Bartoletta, Sarah	35.15 36.79 9	PVI	1:12.01

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33	Blankenship, Maya	9	STCA-VA	1:12.35
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34	McLemore, Maria	11	NCOL-VA	1:12.38
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35	Planchak, Jennifer	12	SST	1:12.76
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36	Kaye, Ashleigh	11	PVI	1:12.87
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37	Ruland, Kelly	8	NSA-VA	1:12.96
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38	Ungerma, Annie	10	NCOL-VA	1:13.03
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39	Conkling, Ruth	9	NA-VA	1:13.08
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40	Dawson, Ashley	11	PVI	1:13.21
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41	Coogan, Meg	10	STCA-VA	1:13.38
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42	McKenna, Allyce	10	BSCHS-V	1:14.45
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43	Richmond, Julia	12	MS-PV	1:16.16
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44	Rogers, Amy	09	BSCHS-V	1:20.98
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39.04	41.94
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Event 20 Men 100 Yard Back

Name	Yr	Team	Finals Time
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Finals

1	Pinkston, Bryan	10	STC-VA	53.07
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2	Krell, Ben A	12	NCS-VA	54.26
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3	Lesnick, Tom	11	HRA-VA	55.76
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4	Koehr, Kevin	10	SST	56.63
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5	Mims, Hunter	10	SSSAS-VA	59.56
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6	Baumler, Matt	8	WA-VA	59.71
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7	Young, Cap	10	STC-VA	1:00.64
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8	Wheelock, Ryan	10	PCHS-VA	1:01.17
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30.41 31.79
12 Golden, Sean 8 WA-VA 1:02.23

32.77 34.55
22 Pretz, John 10 SST 1:07.43

30.14 32.09
13 Hawkins, Robert B 12 FHS-VA 1:02.51

32.51 34.92
23 Rowe, Evan 9 TITAN 1:08.46

30.00 32.51
14 Hanson, Ryan 9 NSA-VA 1:02.91

33.83 34.63
24 Jones, Brandon 11 FCS 1:09.40

30.06 32.85
15 Fraser, James 12 FUMA 1:03.41

32.63 36.77
25 Watson, Drake 8 COOL-VA 1:11.53

30.89 32.52
16 Sager, Matthew 8 HRA-VA 1:04.34

34.85 36.68

Event 21 Women 100 Yard Breast

30.93 33.41
17 Lewis, Michael 11 WFS-VA 1:04.37

Finals
1 Kowalchuk, Morgan 11 SGHS 1:06.68

30.93 33.44
18 Yazdi, Farhad 10 NA-VA 1:05.67

31.73 34.95
2 Mahoney, Susan 11 STCA-VA 1:09.78

31.13 34.54
19 Matthews, Brewer 9 WFS-VA 1:07.13

Finals ... (Event 21 Women 100 Yard Breast)

32.20 37.58
3 Deacon, Rebecca 10 STCA-VA 1:09.85

32.90 34.23
20 East, David 10 TITAN 1:07.28

33.40 36.45
4 Royce, Carolyn 9 TITAN 1:10.69

32.90 34.38
21 Chow, Tyson 10 WFS-VA 1:07.32

33.24 37.45
5 McHale, Caitlin 9 IRE 1:10.90

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6	Kelley, Becca	33.41	37.49	8	COOL-VA	1:11.18
7	Ganssle, Mary-Kate	33.53	37.65	10	IRE	1:12.16
8	Sisk, Melinda	34.37	37.79	9	COOL-VA	1:12.29
Consoles						
9	Beier, Ellie W	33.65	38.64	10	FHS-VA	1:11.92
10	Austin, Meggie	33.83	38.09	8	NCS-VA	1:12.72
11	Doviak, Meaghan	34.37	38.35	12	NA-VA	1:13.54
12	Cotton, Anna	33.72	39.82	11	NSA-VA	1:14.00
13	Brooke, Eliza	34.49	39.51	9	STCA-VA	1:14.11
14	Brooke, Caroline	34.91	39.20	8	STCA-VA	1:14.26
15	Mello, Caroline	35.58	38.68	12	HIGH-VA	1:14.89

16	Boatright, Jill	35.38	39.51	12	STHL-VA	1:15.71
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35.84 39.87
Event 21 Women 100 Yard Breast

Name Yr Team Prelim Time

Preliminaries

1	Kowalchuk, Morgan	11	SGHS	1:08.42
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2	Mahoney, Susan	11	STCA-VA	1:10.03
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3	Royce, Carolyn	9	TITAN	1:10.73
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4	Deacon, Rebecca	10	STCA-VA	1:10.84
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5	McHale, Caitlin	9	IRE	1:11.00
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6	Kelley, Becca	8	COOL-VA	1:11.32
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7	Sisk, Melinda	9	COOL-VA	1:11.83
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8	Ganssle, Mary-Kate	10	IRE	1:12.18
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9	Austin, Meggie	8	NCS-VA	1:12.62
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10	33.95	38.67	10	FHS-VA	1:12.80	19	36.00	39.79	8	WA-VA	1:15.79
	Beier, Ellie W						Wilke, Caroline				
11	33.72	39.08	11	NSA-VA	1:13.22	21	36.00	39.79	9	NA-VA	1:15.85
	Cotton, Anna						Ellenson, Ashley				
12	34.09	39.13	12	NA-VA	1:14.08	22	36.33	39.52	8	NCOL-VA	1:15.97
	Doviak, Meaghan						Porter, Juliana				
13	34.40	39.68	8	STCA-VA	1:14.24	23	35.52	40.45	10	NCS-VA	1:16.13
	Brooke, Caroline						Berglund, Kara				
14	36.02	38.22	12	HIGH-VA	1:14.34	24	36.13	40.00	11	COOL-VA	1:16.49
	Mello, Caroline						Watson, Dorothy				
15	35.29	39.05	9	STCA-VA	1:14.74	25	35.63	40.86	10	PCHS-VA	1:16.57
	Brooke, Eliza						Melo, Katelyn E				
16	35.69	39.05	12	STHL-VA	1:15.11	26	35.91	40.66	10	IRE	1:16.60
	Boatright, Jill						McDonald, Katie				
17	35.35	39.76	11	FHS-VA	1:15.12	26	36.48	40.12	9	FHS-VA	1:16.60
	Moore, Lyn E						Guillen, Patricia E				
18	35.48	39.64	12	HIGH-VA	1:15.51	28	35.40	41.20	11	BSCHS-V	1:16.67
	Carlton, Brittany						Harkins, Katie J				
19	35.70	39.81	11	NA-VA	1:15.79	29	35.96	40.71	11	SSC-VA	1:16.81
	Brett, Meggie						Peterson, Andrea E				

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					38.09	42.35			
					40	Tabakin, Amy	12	NA-VA	1:20.47
30	Burns, Liz	35.63	41.18	10	PVI				1:17.51
						37.45	43.02		
					41	Golike, Katie	9	FCS	1:20.53
31	Hyslop, Lauren	36.48	41.03	8	COOL-VA				1:17.93
						38.13	42.40		
					42	Doyle, Lindsay	9	TITAN	1:21.02
32	Hashimoto, Yui	36.79	41.14	11	POTO-VA				1:18.98
						38.05	42.97		
					43	Ellar, Julia	9	SGHS	1:21.25
33	Childs, Allie	37.12	41.86	9	MS-PV				1:19.19
						38.63	42.62		
					44	Flynn, Megga E	10	RCHS-VA	1:21.45
34	Felt, Kim	35.84	43.35	9	IRE				1:19.31
						38.90	42.55		
					45	Watson, Casey M	10	FSV-VA	1:21.56
35	Dunn, Melissa	36.81	42.50	10	SST				1:19.47
						38.08	43.48		
					46	Romanoff, Caroline	12	MS-PV	1:22.00
36	Edwards, Alison	36.86	42.61	9	HRA-VA				1:19.89
						38.12	43.88		
					47	de Ridder, Lauren P	10	FHS-VA	1:22.01
37	Bell, Jessica	37.55	42.34	9	SGHS				1:19.90
						38.39	43.62		
					48	Morrow, Jessica	10	BSCHS-V	1:22.53
38	McDaniel, Jordan	36.61	43.29	8	FA-VA				1:20.18
						38.57	43.96		
					49	Carey, Ellen	11	NCH-VA	1:22.62
39	Harrington, Liz	37.91	42.27	10	QMHS				1:20.44
						38.70	43.92		
					50	Sperling, Amanda	12	PVI	1:23.79

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51	Wall, Candace	38.46	45.33	10	SST	1:23.92
52	Weerasinghe, Upekha	39.38	44.54	10	POTO-VA	1:25.19
53	Oddo, Jenna	40.24	44.95	12	PCHS-VA	1:25.23
54	Gay, Jane	40.71	44.52	8	NCS-VA	1:25.37
55	MacKinnon, Kristin	40.40	44.97	10	NSA-VA	1:25.47
56	Greenawalt, Kelsey	39.13	46.34	11	NCS-VA	1:27.88
57	Schrader, Mandy	40.86	47.02	11	BSCHS-V	1:31.79
---	Henderson, Kelly J	42.77	49.02	11	PCHS-VA	DQ
---	McCilllis, Kristen	46.53		12	NCH-VA	DQ
---	Cutter, Lynn			11	SGHS	DQ

36.67 40.72
--- Odegaard, Kristen 11 BSCHS-V DQ

42.09 48.16

Event 22 Men 100 Yard Breast

Name	Yr	Team	Finals Time
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Finals

1	Steadman, Grant	12	COOL-VA	1:00.28
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2	Hartmann, Will	12	WA-VA	1:01.89
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3	Ouzts, Will	10	HRA-VA	1:02.91
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4	Brown, Spencer	11	STC-VA	1:03.83
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Finals ... (Event 22 Men 100 Yard Breast)

5	Lane-Roberts, George	10	WFS-VA	1:05.37
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6	Hafley, Derek	12	HRA-VA	1:06.36
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7	Landry, Brian	8	HRA-VA	1:07.39
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8	Cook, Nevin	8	SST	1:07.82
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	31.43	36.39			28.63	32.50			
Consoles					2 Hartmann, Will	12	WA-VA		1:03.46
9	Adams, Justin	11	NCS-VA	1:06.02					
					29.91	33.55			
					3 Ouzts, Will	10	HRA-VA		1:04.18
10	Patierno, Joel	11	IRE	1:07.03					
					30.02	34.16			
					4 Brown, Spencer	11	STC-VA		1:04.40
11	Young, Chris	11	STC-VA	1:07.20					
					30.48	33.92			
					5 Lane-Roberts, George	10	WFS-VA		1:05.05
12	MacDonald, Cullen	9	TITAN	1:07.23					
					30.22	34.83			
					6 Hafley, Derek	12	HRA-VA		1:06.55
13	Grenga, Chris	11	NA-VA	1:07.31					
					31.36	35.19			
					7 Cook, Nevin	8	SST		1:06.97
14	Beale, Zack Z	12	SSC-VA	1:08.29					
					31.56	35.41			
					8 Landry, Brian	8	HRA-VA		1:07.13
15	Burkey, Emerson	8	WA-VA	1:09.19					
					31.49	35.64			
					9 MacDonald, Cullen	9	TITAN		1:07.14
16	Chauvin, Matt	10	PVI	1:10.69					
					32.04	35.10			
					10 Young, Chris	11	STC-VA		1:07.48

Event 22 Men 100 Yard Breast

	Name	Yr	Team	Prelim Time					
					31.44	36.04			
Preliminaries					11 Adams, Justin	11	NCS-VA		1:07.52
1	Steadman, Grant	12	COOL-VA	1:01.13					

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12	31.19	36.33	11 NA-VA	1:08.13	22	33.42	38.38	10 HMA	1:11.98
	Grenga, Chris					Wheeler, Mike H			
13	31.18	36.95	8 WA-VA	1:09.02	23	33.64	38.34	12 STC-VA	1:12.23
	Burkey, Emerson					Major, Charlie			
14	32.44	36.58	11 IRE	1:09.08	24	33.31	38.92	9 SSSAS-VA	1:12.55
	Patierno, Joel					Prietsche, Clay			
14	32.35	36.73	12 SSC-VA	1:09.08	25	34.59	37.96	11 NA-VA	1:12.57
	Beale, Zack Z					Brown, Beau			
16	32.31	36.77	10 PVI	1:09.67	26	33.39	39.18	12 FHS-VA	1:12.60
	Chauvin, Matt					Whitcher, Craig D			
17	32.17	37.50	11 VES	1:09.97	27	34.68	37.92	9 NCH-VA	1:12.80
	Raggs, Rascoe					Poe, Josh			
18	32.43	37.54	10 COOL-VA	1:10.25	28	32.72	40.08	12 COOL-VA	1:12.94
	Kelly, Evan					Emerson, Ben			
19	33.75	36.50	12 WA-VA	1:11.46	29	34.46	38.48	12 PVI	1:13.01
	Spellmeyer, Colin					Carroll, Chris			
20	33.31	38.15	12 SST	1:11.67	30	34.20	38.81	8 SST	1:13.11
	Rafter, Casey					Koehr, Sean			
21	33.54	38.13	11 FHS-VA	1:11.80	31	32.61	40.50	10 PVI	1:13.12
	Colliatie, Drew C					Arnista, Anthony			
					32	34.21	38.91	12 NCOL-VA	1:13.29
						Pidgeon, Jonathan W			

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				35.50	40.95		
				43 Pfenning, Ross	9 WFS-VA	1:18.77	
33	Porter, Adam	33.26	40.03	10 FCS		1:13.82	
				37.36	41.41		
				--- Hashimoto, Keishi	10 POTO-VA	DQ	
34	Waterman, Avery	35.28	38.54	10 WA-VA		1:13.97	
				37.52	41.44		
35	Quarles, Dougie	34.46	39.51	10 FA-VA		1:14.18	
36	Ruehe, Nick	33.32	40.86	11 IRE		1:14.32	
37	Zaki, Neil	34.62	39.70	12 CHCS-VA		1:14.33	
38	DiRenzo, Joey	34.74	39.59	10 NSA-VA		1:14.50	
39	Gelhausen, Erik	34.53	39.97	10 HRA-VA		1:14.57	
40	Sellergren, Andrew	34.53	40.04	12 COOL-VA		1:14.83	
41	Coleman, Stuart	35.45	39.38	12 WFS-VA		1:16.08	
42	Holderness, Andy	35.11	40.97	9 WFS-VA		1:16.45	

Event 23 Women 400 Yard Free Relay

Team	Relay	Finals Time
Finals		
1 MS-PV	A	3:42.67
Psaris, Leigh 10	Buki, Alison 12	
Fuchs, Kathleen 10	Swinley, Leslie 10	
25.66	53.12	27.18
27.51	58.14	25.79
57.51		53.90
2 POTO-VA	A	3:46.05
Beier, Genna 12	Killmon, Kelsey 12	
McNerney, Molly 9	Brandes, Lauren 10	
27.10	56.76	28.13
26.69	56.56	25.56
59.38		53.35
3 COOL-VA	A	3:47.82
Ailsworth, Sarah 12	Jessup, Allyson 10	
Sisk, Madeline 11	Cook, Susan 12	
26.37	54.95	28.25
27.54	57.62	26.51
59.99		55.26
4 TITAN	A	3:47.97
Hesser, Hannah 10	Holt, Leslie 9	
Stewart, Hallie 10	Royce, Carolyn 9	
27.93	58.67	26.75
26.91	56.11	26.66
57.80		55.39
5 WA-VA	A	3:51.05
Mulhare, Meghan 12	Murphy, Sarah 9	
Jones, Morgan 8	Murphy, Kate 10	
28.11	59.13	27.35
27.85	59.31	26.18
57.26		55.35
6 NA-VA	A	3:54.76
Zwemer, Samantha 10	Meier, Megan 9	
Huber, Caroline 10	Petty, Katie 11	
27.15	56.82	27.67
28.36	1:00.40	28.14
58.98		58.56
7 SGHS	A	3:54.77
Traynham, Sarah Kate 1	Brown, McKenzie 10	
Dibert, Sarah 11	Kowalchuk, Morgan 11	
28.58		
25.93	59.47	54.34
---	IRE	A
McMurray, Alaina 12	Verducci, Kara 12	
Milliken, Emily 10	Hall, Morgan 11	
27.59	57.92	26.99
27.37	58.24	25.22
57.82		54.69

Consoles ... (Event 23 Women 400 Yard Free Relay)

Consoles			
9 HRA-VA	A		3:58.96
Branscome, Tyler 9	Lesnick, Kim 10		
Kavit, Caroline 9	Lewis, Kimberly 10		
28.18	58.85	29.15	1:01.85

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	29.05	1:01.49	27.46	56.77
10 SSC-VA	A		3:59.58	
Brown, Nancye 11	Peterson, Becca E 9			
Going, Tiffany P 8	Peterson, Andrea E 11			
	27.78	58.34	28.96	1:01.08
	28.36	59.15	28.51	1:01.01
11 SSSAS-VA	A		4:02.70	
Farnham, Julia 10	Meyer, Abigail 12			
Routh, Hallie 12	Murray, Allison 12			
	28.82	1:00.55	29.16	1:00.96
	29.06	1:02.20	27.86	58.99
12 FHS-VA	A		4:05.38	
Moore, Lyn E 11	Roach, Katie L 12			
Ahmadi, Parisa E 10	Beier, Ellie W 10			
	28.28	59.66	30.25	1:03.60
	29.32	1:01.68	28.54	1:00.44
13 NSA-VA	A		4:06.32	
Smith, Tess 11	Ruland, Kelly 8			
Standing, Maggie 8	Moore, Nikki 12			
	29.25	1:01.63	30.03	1:03.07
	29.69	1:01.58	28.53	1:00.04
14 NCOL-VA	A		4:06.63	
Sydnor, Lanier 8	Porter, Juliana 8			
Monkman, Samantha 10	Wegner, Jana 11			
	28.92	1:00.40	30.08	1:04.02
	29.41	1:02.19	28.43	1:00.02
15 BSCHS-VA	A		4:16.46	
Malone, Meredith A 11	McKenna, Allyce 10			
Morrow, Jessica 10	Harkins, Katie J 11			
	1:05.65			
16 NCS-VA	A		4:20.58	
Melesco, Alex 9	Austin, Meggie 8			
Berglund, Whitney 12	Berglund, Kara 10			
	31.50	1:05.86	29.64	1:01.56
	30.67	1:05.71	31.23	1:07.45

Event 23 Women 400 Yard Free Relay

Team	Relay	Prelim Time
Preliminaries		
1 MS-PV	A	3:46.76
Psaris, Leigh 10	Buki, Alison 12	
Fuchs, Kathleen 10	Swinley, Leslie 10	
	26.32	54.17
	27.95	59.55
	26.25	54.64
2 POTO-VA	A	3:48.22
Beier, Genna 12	Killmon, Kelsey 12	
McNerney, Molly 9	Brandes, Lauren 10	
	27.33	57.19
	26.87	56.58
	26.22	55.42
3 IRE	A	3:50.57
McMurray, Alaina 12	Verducci, Kara 12	
Milliken, Emily 10	Hall, Morgan 11	
	27.58	57.88
	27.71	58.33
	27.27	58.32
	26.12	56.04
4 TITAN	A	3:52.29
Hesser, Hannah 10	Allen, Kelly 8	
Stewart, Hallie 10	Royce, Carolyn 9	
	28.61	59.22
	27.56	57.73
	26.48	55.73
5 WA-VA	A	3:52.60
Mulhare, Meghan 12	Murphy, Sarah 9	
Jones, Morgan 8	Murphy, Kate 10	
	28.36	59.29
	28.15	59.77
	26.56	55.57
6 COOL-VA	A	3:54.24
Ailsworth, Sarah 12	Jessup, Allyson 10	
Sisk, Madeline 11	Cook, Susan 12	
	27.36	56.64
	29.18	1:00.02
	28.77	1:00.71
	27.31	56.87
7 NA-VA	A	3:55.73

Zwemer, Samantha 10	Meier, Megan 9			
Huber, Caroline 10	Petty, Katie 11			
	27.55	57.98	28.21	59.40
	28.11	59.72	27.78	58.63
8 SGHS	A		3:56.59	
Traynham, Sarah Kate 1	Brown, McKenzie 10			
Dibert, Sarah 11	Kowalchuk, Morgan 11			
	28.59	58.97	28.42	59.93
	28.17	59.68	27.74	58.01
9 SSC-VA	A		4:01.41	
Brown, Nancye 11	Peterson, Becca E 9			
Going, Tiffany P 8	Peterson, Andrea E 11			
	27.76	58.10	29.53	1:02.13
	27.99	58.66	29.39	1:02.52
10 NSA-VA	A		4:04.66	
Smith, Tess 11	Ruland, Kelly 8			
Standing, Maggie 8	Moore, Nikki 12			
	28.98	1:00.98	29.59	1:02.57
	29.45	1:00.87	28.60	1:00.24
11 SSSAS-VA	A		4:04.97	
Farnham, Julia 10	Meyer, Abigail 12			
Murray, Allison 12	Routh, Hallie 12			
	28.97	1:00.61	29.67	1:01.88
	30.14	1:03.10	27.99	59.38
12 HRA-VA	A		4:05.11	
Branscome, Tyler 9	Lesnick, Kim 10			
Kavit, Caroline 9	Lewis, Kimberly 10			
	28.91	1:01.10	29.67	1:03.21
	29.84	1:02.81	28.09	57.99
13 FHS-VA	A		4:05.38	
Ahmadi, Parisa E 10	Roach, Katie L 12			
Beier, Ellie W 10	Moore, Lyn E 11			
	29.29	1:01.21	31.38	1:06.27
	28.29	1:00.01	27.49	57.89
14 NCOL-VA	A		4:06.63	
Sydnor, Lanier 8	Porter, Juliana 8			
Monkman, Samantha 10	Wegner, Jana 11			
	28.06	59.55	30.40	1:04.50
	29.51	1:02.72	28.77	59.86
15 SST	A		4:13.35	
Dunn, Jessica 8	Melnyk, Kimberley 8			
Morch, Meghan M 8	Dunn, Melissa 10			
	29.38	1:02.00	30.26	1:03.82
	30.48	1:04.59	29.69	1:02.94
16 BSCHS-VA	A		4:16.07	
Malone, Meredith A 11	McKenna, Allyce 10			
Morrow, Jessica 10	Harkins, Katie J 11			
	30.55	1:04.59	30.09	1:04.89
	29.98	1:03.43	29.76	1:03.16
17 NCS-VA	A		4:25.96	
Melesco, Alex 9	Austin, Meggie 8			
Berglund, Whitney 12	Berglund, Kara 10			
	31.90	1:06.52	30.30	1:03.48
	31.26	1:06.81	31.91	1:09.15
18 FA-VA	A		4:31.95	
Weinstein, Caitlin 8	McDaniel, Jordan 8			
Walsh, Kelsey 8	Calloway, Beth 11			
	32.64	1:08.15	32.91	1:10.62
	33.82	1:09.91	29.59	1:03.27
19 PCHS-VA	A		4:33.55	
McHugh, Caitlin C 9	Oddo, Jenna 12			
McHugh, Cheryl A 8	Papadopoulos, Laura 11			
	30.83	1:07.11	33.70	1:10.64
	30.63	1:06.44	32.25	1:09.36
20 FSV-VA	A		4:34.99	
LaRoche, Julia R 10	Morrow, Morgan 10			
Eggleston, Taryn R 9	Watson, Casey M 10			
	31.84	1:05.94	36.00	1:15.85
	30.37	1:05.26	32.08	1:07.94

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---	NA-VA	B	X4:10.62				
	Ellenson, Ashley 9		Stedfast, Molly 10				
	Adams, Joia 9		Saunders, Hilary 10				
	30.24	1:03.36	29.24	1:03.41			
	29.92	1:02.66	28.94	1:01.19			
---	COOL-VA	B	X4:11.82				
	Rawles, Caitlin 11		Moore, Pearson 11				
	Steadman, Caroline 9		Sisk, Melinda 9				
	29.98	1:03.22	29.08	1:04.62			
	29.08	1:00.53	30.16	1:03.45			
---	NA-VA	C	X4:13.91				
	Shave, Natalie 10		Barry, Laura 9				
	Alston, Molly 11		Orleans, April 12				
	30.87	1:05.87	29.64	1:03.40			
	29.72	1:02.36	29.51	1:02.28			

Preliminaries ... (Event 23 Women 400 Yard Free Re

---	MS-PV	B	X4:16.91				
	McKinney, Claire 9		Romanoff, Caroline 12				
	Richmond, Julia 12		Rarick, Lauren 9				
	31.62	1:06.42	30.92	1:04.97			
	29.04	1:02.67	29.07	1:02.85			
---	WA-VA	B	X4:17.45				
	Samaha, Christa 11		Mulhare, Jamie 9				
	Hartmann, Caki 9		Twiddy, Olivia 8				
	32.53	1:08.75	28.77	1:01.65			
	30.02	1:03.05	31.18	1:04.00			
---	COOL-VA	C	X4:17.61				
	McDonald, Courtney 12		Ross, Hunter 8				
	Reams, Lora 12		Hyslop, Lauren 8				
	31.40	1:04.82	30.56	1:03.78			
	29.55	1:03.82	31.06	1:05.19			
---	STCA-VA	B	X4:17.93				
	Blankenship, Maya 9		Harvey, Alyson 9				
	Lockerby, Claire 8		Fitzgerald, Janie 8				
	30.70	1:03.95	31.64	1:05.93			
	31.30	1:06.83	29.14	1:01.22			
---	STCA-VA	C	X4:18.52				
	O'Grady, Karen 12		Eckert, Katie 12				
	Jenkins, Katie 12		Garland, Molly 12				
	29.83	1:02.21	30.85	1:06.29			
	31.95	1:08.53	29.31	1:01.49			
---	PVI	C	X4:22.30				
	Noonan, Laura 11		Bartoletta, Sarah 9				
	Burns, Liz 10		Zoubek, Carlie 12				
	31.14	1:05.36	22.76	1:04.22			
	32.81	1:08.34	30.53	1:04.38			
---	POTO-VA	B	X4:24.47				
	Kasper, Lauren 12		Robertson, Claire 12				
	Green, BG 9		Hashimoto, Yui 11				
	32.07	1:06.88	30.36	1:03.68			
	30.44	1:04.50	32.73	1:09.41			
---	SGHS	B	X4:28.70				
	Scott, Sally 11		Bell, Jessica 9				
	Jarreau, Emily 11		Williams, Shelley 11				
	31.83	1:06.77	32.30	1:06.93			
	32.68	1:09.07	30.65	1:05.93			
---	NSA-VA	B	X4:31.59				
	Cotton, Anna 11		MacKinnon, Kristin 10				
	D'Haem, Sarah 12		Buckley, Tiffany 10				
	32.28	1:06.77	34.07	1:13.83			
	32.81	1:09.64	28.90	1:01.35			
---	MS-PV	C	X4:40.65				
	Hollar, Katie 12		Boisclair, Alex 12				
	Riesenberg, Claire 12		Stavish, Kaitlyn 12				
	32.95	1:09.89	35.73	1:15.09			
	31.11	1:06.31	32.81	1:09.36			
---	BSCHS-VA	B	X4:43.93				
	Aylward, Mary K 12		Rogers, Amy 09				
	Larkins, Emily 11		Odegaard, Kristen 11				
	31.67	1:06.22	34.01	1:11.97			

			33.67	1:10.21	34.84	1:15.53
---	STCA-VA	A				DQ
	Mahoney, Susan 11		Wurlitzer, Kate 10			
	Meem, Ashton 10		Deacon, Rebecca 10			
---	IRE	B				DQ
	McDonald, Katie 10		Vaccaro, Margaret 12			
	Lerosen, Rachel 12		Massey, Kristin 9			
	31.59	1:02.77	31.90	1:06.88		
	33.01	1:12.56	27.11	58.06		
---	PVI	B				DQ
	Kaye, Ashleigh 11		Dawson, Ashley 11			
	Lutz, Brittany 10		Wilson, Caitlin 10			
	30.62	1:03.78	31.42	1:06.18		
	30.33	1:05.99	31.54	1:07.25		
---	PVI	A				DQ
	Marsallo, Leah 12		McMillan, Jessie 10			
	Pascale, Liz 12		Jakabcin, Ana 10			
	28.67	1:00.78	30.06	1:03.51		
	29.13	1:02.84	28.31	59.55		

Event 24 Men 400 Yard Free Relay

	Team	Relay	Finals Time	
Finals				
1	STC-VA	A	3:23.37	
	Young, Cap 10		Brown, Spencer 11	
	Revercomb, Chapman 1		Pinkston, Bryan 10	
	24.91	53.01	24.10	51.77
	24.08	50.85	22.74	47.74
2	NCS-VA	A	3:25.10	
	Collier, Jeff 11		Lystash, JR 9	
	Blackwell, Case 12		Krell, Ben A 12	
	23.62	49.66	25.28	52.46
	24.50	53.14	22.93	49.84
3	HRA-VA	A	3:25.77	
	Ouzts, Will 10		Hafley, Derek 12	
	Hamill, Andrew 12		Lesnick, Tom 11	
	24.57	51.84	24.58	51.87
	24.74	52.47	23.47	49.59
4	HMA	A	3:27.23	
	Barrington, Ryan T 9		Sullins, Matt M 12	
	Wheeler, Mike H 10		Lee, Hank H 12	
	25.11	52.71	24.63	50.89
	25.11	54.35	23.29	49.28
5	WA-VA	A	3:30.05	
	Biernacki, Chris 9		Waterman, Avery 10	
	Twiddy, Brian 11		Hartmann, Will 12	
	25.34	53.36	25.27	53.89
	25.02	53.00	23.62	49.80
6	NA-VA	A	3:31.07	
	Chang, Jake 11		Shave, Brad 8	
	Cutchins, Cliff 11		Yazdi, Amir 12	
	24.62	51.68	25.37	53.70
	25.18	53.35	24.66	52.34
7	NSA-VA	A	3:32.20	
	Hanson, Ryan 9		Lewinski, Joe 12	
	Wilder, Brandon 9		Miller, Michael 11	
	25.62	55.39	25.65	55.15
	24.63	51.84	23.73	49.82
8	SSSAS-VA	A	3:32.72	
	Mims, Hunter 10		Boenecke, Tyler 11	
	Inglee, Corey 11		Taylor, Fulton 11	
	25.56	52.34	25.48	54.49
	25.62	53.93	24.17	51.96
Consoles				
9	TITAN	A	3:34.35	
	Doyle, Sean 11		MacDonald, Cullen 9	
	Lutterbein, Griffin 10		Magette, Ross 9	
	25.91	55.06	26.11	54.30
	25.45	52.59	24.81	52.40
10	WFS-VA	A	3:35.35	

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Results

Lane-Roberts, George 1	Ledwith, Michael 12	24.84	51.43	25.46	53.15
Lee, Saang 9	Darden, Bobby 12	25.64	54.09	25.35	52.80
26.22	55.95	25.13	53.44		
25.70	54.26	23.90	51.70		
11 FHS-VA	A	3:38.28			
Uscinski, Ben J 12	Colliatie, Drew C 11				
Hawkins, Robert B 12	Beyer, Chris A 12	25.61	54.64	25.71	55.02
25.24	55.04	25.01	53.75		
25.32	55.06	25.44	54.43		
12 POTO-VA	A	3:38.83			
Stupay, Geoffrey 10	Cannell, Oliver 12	25.20	52.56	23.46	49.79
Fahey, Kenny 12	Adler, Jason 12	25.96	52.36	25.51	54.88
27.01	58.31	26.46	57.08		
26.03	54.51	23.38	48.93		
13 COOL-VA	A	3:41.31			
Sellergren, Andrew 12	Carnes, Will 8				
Kelly, Evan 10	Trivette, Alex 8	25.98	55.18	24.75	53.47
25.71	54.83	26.13	56.74		
25.43	55.03	25.44	54.71		
14 SSC-VA	A	3:53.93			
Beale, Zack Z 12	Hartlein, Partrick 9	26.08	55.01	25.30	52.45
Griffin, Brandon C 12	Witten, Jesse D 11	26.52	55.21	25.05	52.81
26.60	56.32	31.02	1:06.92		
27.63	59.04	24.43	51.65		
15 BSCHS-VA	A	3:54.43			
Chrabot, Eric 12	Wirth, Riley 11				
Catoire, Andrew 11	McDonald, Mike 12	26.22	55.94	25.80	55.11
26.60	58.24	27.29	1:00.08		
27.17	59.98	25.51	56.13		
16 SST	A	4:01.28			
Cook, Nevin 8	Pretz, John 10				
Murphy, Jack 10	Koehr, Sean 8	26.98	58.49	24.11	49.55
28.38	59.34	26.85	57.85		
28.47	1:00.38	28.79	1:03.71		
7 NSA-VA	A	3:32.01			
Hanson, Ryan 9	Lewinski, Joe 12				
Wilder, Brandon 9	Miller, Michael 11	25.61	54.64	25.71	55.02
25.20	52.56	23.46	49.79		
8 SSSAS-VA	A	3:33.86			
Mims, Hunter 10	Boenecke, Tyler 11				
Inglee, Corey 11	Taylor, Fulton 11	25.96	52.36	25.51	54.88
26.23	54.70	24.35	51.92		
9 WFS-VA	A	3:34.81			
Lane-Roberts, George 1	Ledwith, Michael 12				
Lee, Saang 9	Darden, Bobby 12	25.98	55.18	24.75	53.47
25.82	54.30	24.31	51.86		
10 TITAN	A	3:35.48			
Doyle, Sean 11	Lutterbein, Griffin 10				
MacDonald, Cullen 9	Magette, Ross 9	26.08	55.01	25.30	52.45
26.52	55.21	25.05	52.81		
11 FHS-VA	A	3:40.24			
Hawkins, Robert B 12	Beyer, Chris A 12	26.22	55.94	25.80	55.11
Uscinski, Ben J 12	Colliatie, Drew C 11	25.37	54.94	25.03	54.25
26.22	55.94	25.80	55.11		
25.37	54.94	25.03	54.25		
12 POTO-VA	A	3:41.83			
Stupay, Geoffrey 10	Cannell, Oliver 12				
Fahey, Kenny 12	Adler, Jason 12	28.00	59.32	25.86	54.47
28.00	59.32	25.86	54.47		
26.98	58.49	24.11	49.55		
13 COOL-VA	A	3:45.26			
Sellergren, Andrew 12	Carnes, Will 8				
Kelly, Evan 10	Trivette, Alex 8	26.14	56.09	26.78	57.26
26.14	56.09	26.78	57.26		
26.27	56.85	25.82	55.06		
14 SSC-VA	A	3:56.18			
Beale, Zack Z 12	Hartlein, Partrick 9				
Griffin, Brandon C 12	Witten, Jesse D 11	26.97	57.62	31.87	1:07.94
26.97	57.62	31.87	1:07.94		
28.16	58.69	24.49	51.93		
15 BSCHS-VA	A	3:57.27			
Chrabot, Eric 12	Wirth, Riley 11				
Catoire, Andrew 11	McDonald, Mike 12	26.95	59.98	27.90	1:00.56
26.95	59.98	27.90	1:00.56		
27.21	1:00.11	25.60	56.62		
16 SST	A	3:58.09			
Cook, Nevin 8	Pretz, John 10				
Murphy, Jack 10	Rafter, Casey 12	27.30	58.03	27.04	58.83
27.30	58.03	27.04	58.83		
27.62	1:00.89	28.23	1:00.34		
17 PCHS-VA	A	3:59.13			
Batts, Jason 12	Boylan, Eddie 9				
Kangas, Race 12	O'Sullivan, Jacob P 9	29.28	1:02.88	27.80	58.28
29.28	1:02.88	27.80	58.28		
29.13	1:02.38	25.56	55.59		
18 NCOL-VA	A	4:03.97			
Samuel, Ryan 11	Cosgrove, Brent 12				
Pidgeon, Jonathan W 12	Mair, Christian 11	28.66	1:01.21	26.43	58.14
28.66	1:01.21	26.43	58.14		
28.66	1:00.14	30.55	1:04.48		
19 IRE	A	4:07.20			
McCreary, Chad 12	Oldland, Garrett 10				
Ruehe, Nick 11	Sokos, Harry 10	27.47	59.83	29.59	1:03.64
27.47	59.83	29.59	1:03.64		
29.08	1:00.79	27.73	1:02.94		
20 FA-VA	A	4:14.10			
Martin, Joe 8	Butterworth, Joel 10				

Event 24 Men 400 Yard Free Relay

Team	Relay	Prelim Time	
Preliminaries			
1 NCS-VA	A	3:26.36	
Collier, Jeff 11	Krell, Ben A 12		
Blackwell, Case 12	Lystash, JR 9		
23.86	49.99	24.85	
25.22	52.83	23.56	
24.85	53.30	50.24	
23.56	50.24		
Preliminaries ... (Event 24 Men 400 Yard Free Relay)			
2 STC-VA	A	3:27.35	
Young, Cap 10	Brown, Spencer 11		
Revercomb, Chapman 1	Pinkston, Bryan 10		
25.27	52.71	24.02	
24.84	51.90	24.26	
24.02	51.73	51.01	
24.26	51.01		
3 HMA	A	3:28.44	
Barrington, Ryan T 9	Sullins, Matt M 12		
Wheeler, Mike H 10	Lee, Hank H 12		
25.37	53.23	24.77	
25.30	53.93	23.42	
24.77	51.65	49.63	
23.42	49.63		
4 HRA-VA	A	3:28.84	
Ouzts, Will 10	Hafley, Derek 12		
Hamill, Andrew 12	Lesnick, Tom 11		
25.01	52.30	24.99	
25.01	53.74	23.89	
24.99	52.56	50.24	
23.89	50.24		
5 WA-VA	A	3:30.44	
Waterman, Avery 10	Biernacki, Chris 9		
Twiddy, Brian 11	Hartmann, Will 12		
25.75	54.24	25.23	
25.08	52.82	23.76	
25.23	53.15	50.23	
23.76	50.23		
6 NA-VA	A	3:31.47	
Chang, Jake 11	Shave, Brad 8		
Cutchins, Cliff 11	Yazdi, Amir 12		

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Results

Martin, Brock 8	Quarles, Dougie 10
29.84 1:03.53	29.44 1:03.88
30.47 1:05.06	28.62 1:01.63
--- STC-VA	B X3:44.81
Crenshaw, Hatcher 9	Erdle, Dylan 11
Southwick, Nat 12	Traynham, Ben 12
26.89 54.59	27.09 59.99
24.21 53.90	26.69 56.33
--- COOL-VA	B X3:57.62
Anderson, Jamie 8	Smith, Tyler 10
Watson, Drake 8	Todras, Noah 12
27.91 57.73	29.40 1:01.75
27.88 1:00.35	27.49 57.79
--- HRA-VA	B X3:57.94
Landry, Brian 8	Sager, Matthew 8
Presler, Jonathan 11	Finch, Mitchell 8
26.63 57.02	28.72 1:00.17
29.43 1:02.10	27.96 58.65
--- PVI	B X4:00.60
Hummel, Chris 10	Carroll, Chris 12
Armelino, Mike 11	Arnista, Anthony 10
27.87 57.91	29.73 1:02.05
27.60 1:03.11	26.39 57.53
--- WFS-VA	B X4:00.79
Farmer, Joe 12	Smith, Marston 12
Stephens, Rob 12	Johnson, Tillery 12
27.40 57.41	27.82 1:02.09
26.85 57.06	29.30 1:04.23
--- STC-VA	C X4:02.53
Mayer, Gabriel 11	Ream, Paul 8
Mathiasen, Matt 12	Amrhein, Chris 9
28.84 59.27	28.03 59.20
30.55 1:04.90	27.71 59.16
--- POTO-VA	B X5:06.83
Reibel, JJ 12	Mayer, Kevin 12
Yonkman, Ryan 12	Brady, David 12
49.32 1:50.99	26.84 1:01.41
29.90 1:06.36	32.83 1:08.07
--- SSSAS-VA	B DQ
McKenzie, Scott 11	Prietsche, Clay 9
--- WA-VA	B DQ
Burkey, Emerson 8	Zullo, Nick 10
Golden, Sean 8	Butler, Corydon 8
59.45	27.20 59.22
25.75 54.48	27.94 1:01.49
--- PVI	A DQ
Eu, James 9	Chauvin, Matt 10
Sherman, Joe 9	Brennan, Pat 12
26.59 55.64	25.71 55.81
28.08 58.42	58.41
--- BHS	A DQ
Wolfe, Nick 12	Puccinelli, Paul 12
Gerdes, Alex 12	Tracy, Jim 10
27.70 57.71	27.00 57.20
27.25 58.07	26.87 58.16