

**2003 – 2004**  
**Virginia State Independent Schools (VSIS)**  
**Swimming and Diving Championship**  
**Qualifying Times**

<b>Women</b>			<b>Men</b>	
<b>SCM</b>	<b>SCY</b>	<b>Events</b>	<b>SCY</b>	<b>SCM</b>
<b>None</b>	<b>None</b>	<b>200 Medley Relay</b>	<b>None</b>	<b>None</b>
<b>2:42.09</b>	<b>2:26.09</b>	<b>200 Free</b>	<b>2:13.49</b>	<b>2:28.19</b>
<b>3:04.19</b>	<b>2:45.99</b>	<b>200 I. M.</b>	<b>2:32.19</b>	<b>2:48.89</b>
<b>33.09</b>	<b>29.79</b>	<b>50 Free</b>	<b>26.59</b>	<b>29.49</b>
<b>Diving: 9.0 minimum DD for Optional Dives</b>				
<b>1:25.09</b>	<b>1:16.69</b>	<b>100 Fly</b>	<b>1:07.69</b>	<b>1:15.19</b>
<b>1:13.09</b>	<b>1:05.79</b>	<b>100 Free</b>	<b>58.89</b>	<b>1:05.39</b>
<b>7:20.39</b>	<b>6:36.79</b>	<b>500 Free</b>	<b>6:15.89</b>	<b>6:57.19</b>
<b>None</b>	<b>None</b>	<b>200 Free Relay</b>	<b>None</b>	<b>None</b>
<b>1:22.79</b>	<b>1:14.59</b>	<b>100 Back</b>	<b>1:09.59</b>	<b>1:17.29</b>
<b>1:35.39</b>	<b>1:25.99</b>	<b>100 Breast</b>	<b>1:16.59</b>	<b>1:24.99</b>
<b>None</b>	<b>None</b>	<b>400 Free Relay</b>	<b>None</b>	<b>None</b>