

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Event 1 Girls 200 Yard Medley Relay****VSIS Record: 1:50.34 ! 2/13/2009****St. Catherine's School****A Gullquist, A Steele, L Jennings, K Bassett****All-Amer A: 1:49.01 \*****All-Amer B: 1:50.85 @**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
<b>A - Final</b>				
1 Bishop Ireton Swim and Dive	A	1:53.56	1:51.43	40
1) Zeigler, Maddie SO	2) Collins, Liz JR	3) Hall, Alina SR	4) Kroesen, Saskia JR	
29.51 30.66 26.54 24.72				
2 St. Catherine's School-VA	A	1:52.31	1:51.64	34
1) Harris, Sommer 8	2) Steele, Anne Thomas JR	3) Jennings, Lacy JR	4) Farmer, Elaine JR	
29.74 31.19 25.71 25.00				
3 Madeira Varsity Swim and Di	A	1:55.11	1:53.36	32
1) Saunders, Christa Ann	2) Griffin, Ann	3) Jansen, Brittney	4) Alagia, Maddie	
28.12 33.11 26.17 25.96				
4 Cape Henry Collegiate School	A	1:56.58	1:55.03	30
1) Tompkins, Kendall FR	2) Cooper, Addie SO	3) Disilvestro, Brianna	4) Glaser, Bryce	
29.10 31.63 27.98 26.32				
5 Seton School	A	1:56.77	1:56.10	28
1) Wunderly, Bridget JR	2) Rogers, Cat SO	3) Claybrooks, Carolyn SR	4) Talbott, Laura SR	
30.07 32.23 27.62 26.18				
6 Trinity Episcopal School-VA	A	1:58.76	1:56.44	26
1) Thompson, Meredith 11	2) Call, Lucy 9	3) Upadhyaya, Alex 9	4) Grattan, Gillie 12	
29.90 33.48 27.35 25.71				
7 St. Gertrude High School	A	2:00.02	1:58.42	24
1) Perrin, Catherine SR	2) Urban, Rachel SR	3) Titley, Allison JR	4) Mulligan, Caitie JR	
32.12 33.18 26.34 26.78				
8 Collegiate School-VA	A	1:59.48	1:59.20	22
1) Wiltshire, Katie 12	2) Geloizin, Gabby 9	3) Cuthbert, Maggie 10	4) Makepeace, Chandler 9	
29.46 34.05 28.84 26.85				
<b>B - Final</b>				
9 Hampton Roads Academy	A	2:00.66	1:58.55	18
1) Jurczyk, Sarah 8	2) Rento, Nicole JR	3) Burckbuchler, Chandler SO	4) Morrison, Casey FR	
29.84 31.35 31.87 25.49				
10 Bishop Sullivan Catholic High	A	2:02.54	2:01.85	14
1) Curran, Kailene 10	2) Rogers, Meredith 11	3) Papariello, Alexis 11	4) McKenna, Kat 12	
31.89 34.52 28.96 26.48				
11 Norfolk Academy-VA	A	2:02.08	2:01.95	12
1) Gulick, Lauren SO	2) Barry, Emily SR	3) Clagett, Amanda FR	4) Gill, Elizabeth 08	
32.09 34.48 29.09 26.29				
12 Chatham Hall-VA	A	2:05.63	2:05.44	10
1) Abbott, Jessie SR	2) Mottern, Rachel SO	3) Herman, Teejay SR	4) Bennett, Megan SR	
31.83 36.94 28.97 27.70				
13 Walsingham Academy-VA	A	2:05.65	2:05.55	8
1) Bennett, Amanda	2) Bennett, Kelly	3) Socha, Scottie 11	4) Shea, Meagan 11	
30.84 35.14 31.53 28.04				
14 Peninsula Catholic High Scho	A	2:06.33	2:06.32	6
1) Henke, Sarah SR	2) Sawyer, Rachel FR	3) Melo, Meredith SR	4) Smith, Kayla SO	
31.07 38.86 28.51 27.88				
15 St. Stephans/St. Agnes	A	2:06.97	2:06.74	4
1) Beane, Lizzie	2) Movius, Rachel	3) Goff, Laura	4) Shaw, Marian	
33.64 34.92 30.67 27.51				
--- Paul VI Catholic High School	A	2:06.77	DQ	
1) Yost, Katie FR	2) Salzano, Jackie JR	3) Quint, Christina SR	4) Plombon, Sarah SO	
33.04 37.81 28.03 28.51				

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Event 1 Girls 200 Yard Medley Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>			
1 St. Catherine's School-VA	A	1:53.52	1:52.31 q
1) Harris, Sommer 8	2) Steele, Anne Thomas JR	3) Jennings, Lacy JR	4) Farmer, Elaine JR
29.34 31.77 26.07	25.13		
2 Bishop Ireton Swim and Dive	A	1:53.16	1:53.56 q
1) Zeigler, Maddie SO	2) Collins, Liz JR	3) Hall, Alina SR	4) Kroesen, Saskia JR
30.22 31.53 26.78	25.03		
3 Madeira Varsity Swim and Di	A	1:56.21	1:55.11 q
1) Saunders, Christa Ann	2) Griffin, Ann	3) Jansen, Brittney	4) Alagia, Maddie
28.61 33.69 26.80	26.01		
4 Cape Henry Collegiate School	A	1:54.10	1:56.58 q
1) Tompkins, Kendall FR	2) Cooper, Addie SO	3) Disilvestro, Brianna	4) Glaser, Bryce
28.94 32.56 28.42	26.66		
5 Seton School	A	2:00.03	1:56.77 q
1) Wunderly, Bridget JR	2) Rogers, Cat SO	3) Claybrooks, Carolyn SR	4) Talbott, Laura SR
30.02 31.50 28.55	26.70		
6 Trinity Episcopal School-VA	A	1:57.63	1:58.76 q
1) Thompson, Meredith 11	2) Call, Lucy 9	3) Upadhyaya, Alex 9	4) Grattan, Gillie 12
30.52 34.02 27.55	26.67		
7 Collegiate School-VA	A	2:00.21	1:59.48 q
1) Wiltshire, Katie 12	2) Gelozin, Gabby 9	3) Cuthbert, Maggie 10	4) Makepeace, Chandler 9
29.50 34.39 28.66	26.93		
8 St. Gertrude High School	A	2:02.61	2:00.02 q
1) Perrin, Catherine SR	2) Urban, Rachel SR	3) Titley, Allison JR	4) Mulligan, Caitie JR
32.33 33.97 26.69	27.03		
9 Hampton Roads Academy	A	2:00.96	2:00.66 q
1) Jurczyk, Sarah 8	2) Rento, Nicole JR	3) Burckbuchler, Chandler SO	4) Morrison, Casey FR
30.65 33.12 28.27	28.62		
10 Norfolk Academy-VA	A	2:01.45	2:02.08 q
1) Gulick, Lauren SO	2) Barry, Emily SR	3) Clagett, Amanda FR	4) Gill, Elizabeth 08
32.09 34.46 29.34	26.19		
11 Bishop Sullivan Catholic High	A	2:04.16	2:02.54 q
1) Curran, Kailene 10	2) Rogers, Meredith 11	3) Papariello, Alexis 11	4) McKenna, Kat 12
32.15 35.02 28.99	26.38		
12 Chatham Hall-VA	A	2:06.31	2:05.63 q
1) Abbott, Jessie SR	2) Mottern, Rachel SO	3) Herman, Teejay SR	4) Bennett, Megan SR
31.57 37.54 28.95	27.57		
13 Walsingham Academy-VA	A	2:06.22	2:05.65 q
1) Bennett, Amanda	2) Bennett, Kelly	3) Socha, Scottie 11	4) Shea, Meagan 11
30.89 35.11 31.00	28.65		
14 Peninsula Catholic High Scho	A	2:07.55	2:06.33 q
1) Henke, Sarah SR	2) Sawyer, Rachel FR	3) Melo, Meredith SR	4) Smith, Kayla SO
31.14 38.60 28.24	28.35		
15 Paul VI Catholic High School	A	2:00.42	2:06.77 q
1) Yost, Katie FR	2) Power, Kaitlyn JR	3) Quint, Christina SR	4) Salzano, Jackie JR
5) Plombon, Sarah SO			
33.20 35.66 29.63	28.28		
16 St. Stephans/St. Agnes	A	2:09.00	2:06.97 q
1) Beane, Lizzie	2) Movius, Rachel	3) Goff, Laura	4) Shaw, Marian
33.44 35.13 30.60	27.80		

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)**

<b>Team</b>	<b>Relay</b>				<b>Prelim Time</b>	<b>Finals Time</b>
17 Roanoke Catholic School-VA	A				2:02.67	2:08.32
1) Johnson, Reagan FR	2) Akers, Anna SR	3) Brajdic, Katie SO	4) Scott, Amie JR			
32.58	38.13	30.48	27.13			
18 Flint Hill Varsity Swim Team	A				2:11.19	2:08.43
1) Kennedy, Allison SO	2) Petka, Lauren FR	3) Okoth, Nora SO	4) Hughes, Kenzie FR			
32.52	36.49	31.18	28.24			
19 Norfolk Collegiate-VA	A				2:06.88	2:09.29
1) Kanter, Meghan 12	2) Swartz, Rachel 9t	3) Hiser, Alex 9t	4) Brandt, Hallsey 10			
31.89	38.25	29.93	29.22			
20 St. Anne's-Belfield-VA	A				2:11.55	2:11.08
1) Conner, Wesley FR	2) McHugh, Daly 8t	3) von Quillfeldt, Anniken SO	4) Witherow, Somer SO			
32.92	39.66	30.54	27.96			
21 Fredericksburg Christian-VA	A				2:12.16	2:12.24
1) Pleban, Kaley 11	2) Lambertson, Jennifer 11	3) Swauger, Abby 11	4) Eagal, Cassie 12			
32.75	37.29	34.79	27.41			
22 Nansemond-Suffolk Academy	A				2:10.17	2:14.53
1) Cornell, Mary SR	2) Riddick, Anne Stuart	3) McDonald, Shannon SO	4) Sclater, Kayla SR			
41.82	32.72	31.30	28.69			
23 Fredericksburg Academy-VA	A				2:11.70	2:15.57
1) Hazel, Mary Rose SO	2) Johnson, Mary Gray SO	3) Ducharme, Natalie SO	4) Hazel, Lucy SR			
5) Harry, Kirsten 10						
33.00	38.11	34.97	29.49			
24 Potomac School-VA	A				2:12.17	2:15.76
1) Kersten, Tatiana	2) Aines, Maisie	3) Delaney, Summer	4) Aines, Alex			
34.92	40.14	31.39	29.31			
--- St. Catherine's School-VA	B				1:57.55	X2:02.12
1) Powell, Hannah 8	2) Dorsey, Anna FR	3) Wall, Anna JR	4) Frazer, Katelyn JR			
32.39	33.91	29.60	26.22			
--- Collegiate School-VA	B				2:05.45	X2:03.76
1) Mosman, Daria 11	2) Burns, Catherine 9	3) Dickinson, Hillary 11	4) McCauley, Katie 8			
5) Davia, Laura 10						
30.74	36.17	29.40	27.45			
--- Trinity Episcopal School-VA	B				2:08.51	X2:09.41
1) Shama, Sara 9	2) Sullivan, Brenna 9	3) Cunningham, Catherine 10	4) Barnes, Carly 11			
5) Overby, Ellen 9						
32.26	35.75	33.27	28.13			
--- Norfolk Academy-VA	B				2:10.95	X2:13.50
1) Dickerson, Mary Grace SO	2) Clary, Caroline 08	3) Sutton, Hannah FR	4) Gower, Emily SR			
32.57	36.02	36.66	28.25			

**Event 2 Boys 200 Yard Medley Relay****VSIS Record: 1:36.54 ! 2/13/2009****Collegiate School****A Lutterbein, S Ferguson, W Cuthbert, C Blackwood****All-Amer A: 1:37.02 \*****All-Amer B: 1:38.50 @**

<b>Team</b>	<b>Relay</b>				<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
<b>A - Final</b>							
1 Fork Union Military Academy	A				1:35.05	1:34.48!	40
1) Romanini, Tony 12	2) Sundel, Blake 11	3) Gebert, Jorah 12	4) Humphrey, Jake 12				
23.75	26.22	23.54	20.97				
2 Woodberry Forest-VA	A				1:36.79	1:35.71!	34
1) Ingold, Zach 12	2) Allen, Hollis 10	3) Crabb, James 11	4) Truluck, Walker 12				
23.59	27.71	22.36	22.05				

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 2 Boys 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time	Points
3 Collegiate School-VA	A	1:37.57	1:36.11 !	32
1) Ferguson, Peter 9	2) Anthony, Mac 12	3) Ferguson, Thomas 9	4) Stephens, Thomas 11	
25.26 26.47 23.63 20.75				
4 Cape Henry Collegiate School	A	1:38.75	1:38.42 @	30
1) Knuth, Robert SR	2) Vice, Andrew FR	3) Farley, John SR	4) Cooper, Josh	
24.33 28.30 24.05 21.74				
5 Bishop Ireton Swim and Dive	A	1:41.51	1:39.66	28
1) MacDonald, Angus SR	2) McGinty, Brian JR	3) Natoli, Carey SR	4) Ellis, Samuel SR	
24.03 29.07 25.22 21.34				
6 Trinity Episcopal School-VA	A	1:42.66	1:41.83	26
1) Tomenchok, Derek 9	2) Strait, Andrew 12	3) Bridgforth, Wells 10	4) Hodges, Hayden 12	
26.88 26.33 25.79 22.83				
7 Paul VI Catholic High School	A	1:43.09	1:42.16	24
1) Yelmgren, Michael SR	2) Chauvin, Dan SR	3) Nasakaitis, Eric JR	4) Martinez, Marcus SR	
25.41 30.29 24.31 22.15				
8 Norfolk Academy-VA	A	1:43.61	1:42.83	22
1) Brush, Evan SR	2) King, Alex SR	3) Leach, Jimmy SR	4) Mueller, Brandon SO	
27.69 27.86 23.63 23.65				
<b>B - Final</b>				
9 Seton School	A	1:44.08	1:41.87	18
1) Cook, Connor SR	2) Koehr, Daniel SR	3) Dunn, Catfish SO	4) Basinger, David JR	
26.25 28.26 24.57 22.79				
10 Benedictine High School	A	1:45.38	1:43.52	14
1) Haas, Wyatt SR	2) Quay, Ben SR	3) Kerner, Travis SO	4) Toler, Christopher SR	
27.25 27.31 26.62 22.34				
11 St. Christopher's School-VA	A	1:44.37	1:43.54	12
1) Fauls, Henry 8	2) Dunlevy, Chris JR	3) Nester, Jack SO	4) Tarkenton, Dallas FR	
25.95 29.18 25.73 22.68				
12 St. Stephans/St. Agnes	A	1:46.56	1:45.16	10
1) Atkins, Ferrel	2) MacNair, Conor	3) Jennings, Lucas	4) Lindsay, Joe	
27.50 27.61 25.98 24.07				
13 Hargrave Aquatics-VA	A	1:46.36	1:46.44	8
1) Kuznetsov, Oleksiy	2) Totten, Charles	3) Holmes, Harrison	4) Reese, Jason	
27.85 28.96 25.79 23.84				
14 Hampton Roads Academy	A	1:47.57	1:46.56	6
1) Harris, Will SR	2) Masters, Alex JR	3) Schengber, John JR	4) Snyder, Ari 8	
28.63 27.31 27.01 23.61				
15 The Covenant School-VA	A	1:45.64	1:46.65	4
1) Dixon, Eric SR	2) Holstege, Eli FR	3) Winkler, Ryan JR	4) McGinnis, Alex SR	
28.76 28.13 25.99 23.77				
16 Nansemond-Suffolk Academy	A	1:48.00	1:47.67	2
1) Ruland, Jeff JR	2) Burgett, Sam SR	3) Joseph, Kevin JR	4) Riddick, Will FR	
27.57 31.17 24.83 24.10				

**Event 2 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Fork Union Military Academy	A	1:37.45	1:35.05 ! q
1) Romanini, Tony 12	2) Sundel, Blake 11	3) Gebert, Jorah 12	4) Humphrey, Jake 12
24.40 26.28 23.29 21.08			

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 2 Boys 200 Yard Medley Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
2 Woodberry Forest-VA	A	1:38.04	1:36.79* q
1) Ingold, Zach 12	2) Allen, Hollis 10	3) Crabb, James 11	4) Truluck, Walker 12
24.18 27.86 22.28	22.47		
3 Collegiate School-VA	A	1:37.36	1:37.57 @q
1) Ferguson, Peter 9	2) Anthony, Mac 12	3) Ferguson, Thomas 9	4) Stephens, Thomas 11
25.31 26.89 23.90	21.47		
4 Cape Henry Collegiate School	A	1:38.42	1:38.75 q
1) Knuth, Robert SR	2) Vice, Andrew FR	3) Farley, John SR	4) Cooper, Josh
24.31 28.34 24.29	21.81		
5 Bishop Ireton Swim and Dive	A	1:44.32	1:41.51 q
1) MacDonald, Angus SR	2) McGinty, Brian JR	3) Natoli, Carey SR	4) Ellis, Samuel SR
24.91 29.45 25.84	21.31		
6 Trinity Episcopal School-VA	A	1:44.30	1:42.66 q
1) Tomenchok, Derek 9	2) Strait, Andrew 12	3) Bridgforth, Wells 10	4) Hodges, Hayden 12
26.84 26.52 26.30	23.00		
7 Paul VI Catholic High School	A	1:42.83	1:43.09 q
1) Yelmgren, Michael SR	2) Chauvin, Dan SR	3) Nasakaitis, Eric JR	4) Martinez, Marcus SR
25.57 30.67 24.44	22.41		
8 Norfolk Academy-VA	A	1:43.90	1:43.61 q
1) Brush, Evan SR	2) King, Alex SR	3) Leach, Jimmy SR	4) Mueller, Brandon SO
27.68 27.76 24.54	23.63		
9 Seton School	A	1:42.89	1:44.08 q
1) Cook, Connor SR	2) Koehr, Daniel SR	3) Basinger, David JR	4) Dunn, Catfish SO
26.72 28.66 25.34	23.36		
10 St. Christopher's School-VA	A	1:44.65	1:44.37 q
1) Fauls, Henry 8	2) Dunlevy, Chris JR	3) Nester, Jack SO	4) Tarkenton, Dallas FR
25.84 29.23 26.11	23.19		
11 Benedictine High School	A	1:47.59	1:45.38 q
1) Haas, Wyatt SR	2) Quay, Ben SR	3) Kerner, Travis SO	4) Toler, Christopher SR
27.60 27.88 26.97	22.93		
12 The Covenant School-VA	A	1:46.35	1:45.64 q
1) Dixon, Eric SR	2) Holstege, Eli FR	3) Winkler, Ryan JR	4) McGinnis, Alex SR
28.65 27.80 25.86	23.33		
13 Hargrave Aquatics-VA	A	1:42.16	1:46.36 q
1) Kuznetsov, Oleksiy	2) Totten, Charles	3) Holmes, Harrison	4) Reese, Jason
27.74 29.01 26.00	23.61		
14 St. Stephans/St. Agnes	A	1:47.35	1:46.56 q
1) Atkins, Ferrel	2) MacNair, Conor	3) Jennings, Lucas	4) Lindsay, Joe
27.57 27.96 26.81	24.22		
15 Hampton Roads Academy	A	1:50.08	1:47.57 q
1) Harris, Will SR	2) Masters, Alex JR	3) Schengber, John JR	4) Snyder, Ari 8
28.50 27.51 27.51	24.05		
16 Nansemond-Suffolk Academy	A	1:47.72	1:48.00 q
1) Ruland, Jeff JR	2) Burgett, Sam SR	3) Joseph, Kevin JR	4) Riddick, Will FR
27.42 31.00 24.90	24.68		
17 Peninsula Catholic High Scho	A	1:49.66	1:50.27
1) Warren, Matt FR	2) Talbott, Peyton JR	3) O'Hara, Paul JR	4) Warren, Josh SR
27.12 32.06 26.85	24.24		
18 Flint Hill Varsity Swim Team	A	1:51.62	1:52.30
1) Ikeda, Rob SO	2) Johnson, Drew SO	3) Chang, Jonah FR	4) DeMocker, Brian SO
28.13 33.92 25.93	24.32		
19 St. Anne's-Belfield-VA	A	1:54.22	1:53.24
1) Jane, John FR	2) Pelnik, Eric JR	3) Gimple, Tyler FR	4) Coffin, Jack JR
31.60 30.31 25.47	25.86		

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 2 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
20 Randolph-Macon Academy-V	A	1:58.77	1:54.79
1) Lee, Seung Su SR	2) Cohen, Matt SO	3) Blankenship, Tanner FR	4) Nguyen, Hieu JR
31.52 32.86 26.52 23.89			
21 Norfolk Collegiate-VA	A	1:54.57	1:54.94
1) Sinesi, Drew 12	2) Swartz, Mike 12	3) Tupper, Devin 11	4) Scarpelli, TJ 12
5) Boyer, Clint 12			
34.77 26.92 28.33 24.92			
22 Virginia Episcopal School-VA	A	1:55.69	1:58.12
1) Bowen, Mason SR	2) Leake, Tyler SR	3) Cook, Andrew JR	4) Ayscue, Lee JR
29.75 37.09 25.63 25.65			
23 Norfolk Christian-VA	A	1:59.64	2:00.77
1) Geyer, Wes 11	2) Nyenhuis, David	3) Howell, Nic	4) Lindfors, Christian
31.96 36.40 26.73 25.68			
--- Fork Union Military Academy	B	1:46.22	X1:43.30
1) Phillips, Riley 11	2) Athey, Eddie 12	3) Dorsey, Austin 10	4) Okeyo, Obi 10
5) Housh, Kurt 12			
26.08 29.02 24.96 23.24			
--- Collegiate School-VA	B	1:51.11	X1:52.61
1) Roberts, Matson 11	2) Templeman, Trip 11	3) Tidey, Garrett 11	4) Garson, Will 11
30.01 30.51 28.39 23.70			
--- St. Christopher's School-VA	B	1:56.23	X1:55.28
1) Arles, Ryan FR	2) Frazer, Nathaniel FR	3) Thompson, Albert 8	4) Warren, Elliott JR
28.01 32.19 30.28 24.80			
--- Norfolk Academy-VA	B	1:56.63	X1:56.76
1) Spivey, Charlie 08	2) Cardelia, Nick JR	3) Reed, Robert SR	4) Conkling, Philip SR
5) Bedford, Mike SO			
32.01 31.70 28.74 24.31			
--- Walsingham Academy-VA	B	1:58.15	X1:57.06
1) Abbott, John 11	2) Sullivan, John	3) Folsom, Rob	4) Peck, Matthew 12
33.84 30.28 27.65 25.29			
--- Potomac School-VA	A	1:57.87	NS
1) Finnell, Evan	2) Pemberton, Paul	3) Rush, Derek	4) Becker, John

**Event 3 Girls 200 Yard Freestyle****VSIS Record: 1:49.88 ! 2/13/2009 Rachel Naurath-Collegiate****All-Amer A: 1:51.28 \*****All-Amer B: 1:52.99 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Bishop, Gabrielle		SO Nansemond-Suffolk Academy	1:52.46	1:49.75 !	20
25.64 27.69 28.19 28.23					
2 Titley, Allison		JR St. Gertrude High School	1:53.35	1:50.83 *	17
26.02 27.58 28.11 29.12					
3 Vivadelli, Nina		SR St. Catherine's School-VA	1:57.09	1:56.26	16
26.13 29.17 30.22 30.74					
4 Morrison, Casey		FR Hampton Roads Academy	2:00.74	1:58.04	15
27.13 29.52 30.50 30.89					
*5 Grattan, Gillie		12 Trinity Episcopal School-VA	2:02.14	2:00.33	13.50
27.91 30.73 31.27 30.42					
*5 Berry, Elizabeth		SR St. Catherine's School-VA	2:02.01	2:00.33	13.50
27.66 30.19 31.22 31.26					
7 Beale, Andrea		SR Nansemond-Suffolk Academy	2:01.85	2:01.73	12
27.30 30.18 31.95 32.30					
8 Bennett, Kelly		Walsingham Academy-VA	2:01.93	2:01.78	11
27.69 30.56 31.71 31.82					

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 3 Girls 200 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>B - Final</b>					
9 Quay, Rebecca	8	Collegiate School-VA	2:04.82	2:02.53	9
28.66 30.97 31.80	31.10				
10 Cuthbert, Maggie	10	Collegiate School-VA	2:03.84	2:03.27	7
28.60 31.32 32.11	31.24				
11 Claybrooks, Carolyn	SR	Seton School	2:05.94	2:03.43	6
28.82 31.59 32.34	30.68				
12 Cook, Kathryn	JR	Norfolk Academy-VA	2:03.41	2:03.68	5
28.46 30.98 31.94	32.30				
13 Clary, Caroline	08	Norfolk Academy-VA	2:07.07	2:04.99	4
29.09 31.26 32.19	32.45				
14 Gullquist, Dana	JR	St. Catherine's School-VA	2:06.78	2:05.42	3
28.94 31.58 32.54	32.36				
15 Thompson, Meredith	11	Trinity Episcopal School-VA	2:08.36	2:05.44	2
28.81 31.72 33.52	31.39				
16 Bennett, Amanda		Walsingham Academy-VA	2:05.97	2:07.63	1
29.05 31.84 33.28	33.46				

**Event 3 Girls 200 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Bishop, Gabrielle	SO	Nansemond-Suffolk Academy	1:54.53	1:52.46 @ q
26.19 28.35 29.13	28.79			
2 Titley, Allison	JR	St. Gertrude High School	1:55.56	1:53.35 q
26.66 28.68 29.19	28.82			
3 Vivadelli, Nina	SR	St. Catherine's School-VA	1:59.21	1:57.09 q
26.71 29.55 30.44	30.39			
4 Morrison, Casey	FR	Hampton Roads Academy	1:59.69	2:00.74 q
27.69 30.54 31.41	31.10			
5 Beale, Andrea	SR	Nansemond-Suffolk Academy	2:03.11	2:01.85 q
27.56 30.34 31.63	32.32			
6 Bennett, Kelly		Walsingham Academy-VA	2:00.90	2:01.93 q
27.38 31.26 31.56	31.73			
7 Berry, Elizabeth	SR	St. Catherine's School-VA	2:02.90	2:02.01 q
28.16 30.76 31.69	31.40			
8 Grattan, Gillie	12	Trinity Episcopal School-VA	2:01.55	2:02.14 q
28.41 31.31 31.66	30.76			
9 Cook, Kathryn	JR	Norfolk Academy-VA	2:04.40	2:03.41 q
28.41 30.62 31.91	32.47			
10 Cuthbert, Maggie	10	Collegiate School-VA	2:03.44	2:03.84 q
28.32 31.38 32.12	32.02			
11 Quay, Rebecca	8	Collegiate School-VA	2:03.20	2:04.82 q
28.76 31.11 32.58	32.37			
12 Claybrooks, Carolyn	SR	Seton School	2:06.74	2:05.94 q
29.11 31.92 32.76	32.15			
13 Bennett, Amanda		Walsingham Academy-VA	2:07.34	2:05.97 q
29.13 31.74 32.29	32.81			
14 Gullquist, Dana	JR	St. Catherine's School-VA	2:09.36	2:06.78 q
28.46 31.81 32.99	33.52			

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 3 Girls 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time	
15 Clary, Caroline	08	Norfolk Academy-VA	2:06.28	2:07.07	q
29.26 31.77 32.93 33.11					
16 Thompson, Meredith	11	Trinity Episcopal School-VA	2:00.13	2:08.36	q
29.40 32.28 33.81 32.87					
17 Gulick, Lauren	SO	Norfolk Academy-VA	2:06.28	2:08.92	
29.66 31.89 33.84 33.53					
18 Palmer, Kelly	FR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	2:10.48	2:10.43	
30.08 32.69 34.25 33.41					
19 Petka, Lauren	FR	Flint Hill Varsity Swim Team-PV	2:15.43	2:11.79	
30.39 33.34 33.97 34.09					
20 Belt, Marie	JR	St. Catherine's School-VA	2:14.81	2:13.32	
31.13 33.59 34.62 33.98					
21 Hazelgrove, Jessie	12	Trinity Episcopal School-VA	2:13.44	2:13.65	
30.89 33.79 34.35 34.62					
22 Brendsel, Natalie	FR	Flint Hill Varsity Swim Team-PV	2:14.85	2:14.02	
30.71 34.10 34.89 34.32					
23 Herdegen, Genevieve	JR	Fuqua School Varsity-VA	2:11.69	2:14.45	
29.88 33.74 34.93 35.90					
24 Tudor, Hannah		Roanoke Catholic School-VA	2:14.20	2:15.05	
30.45 33.97 35.27 35.36					
25 Curran, Kailene	10	Bishop Sullivan Catholic High-VA	2:14.66	2:19.69	
31.65 34.82 36.44 36.78					

**Event 4 Boys 200 Yard Freestyle**VSIS Record: **1:38.59 ! 2/13/2009 Jameson Hill-Seton**All-Amer A: **1:41.46 \***All-Amer B: **1:42.97 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Hill, Jameson	SR	Seton School	1:42.68	1:38.81 *	20
22.32 24.56 25.81 26.12					
2 Cuthbert, West	12	Collegiate School-VA	1:44.44	1:42.62 @	17
24.17 25.83 26.31 26.31					
3 Morio, Matt	12	Fork Union Military Academy-VA	1:45.50	1:46.14	16
24.28 26.42 27.65 27.79					
4 Gulick, Jon	JR	Norfolk Academy-VA	1:47.50	1:47.01	15
24.52 26.89 27.90 27.70					
5 McLaughlin, Keegan	SR	Cape Henry Collegiate School-VA	1:47.27	1:48.04	14
25.09 27.14 28.03 27.78					
6 Gershun, Joe	11	Fork Union Military Academy-VA	1:50.26	1:50.15	13
25.10 27.50 28.52 29.03					
7 Kjartansson, Orn	12	Fork Union Military Academy-VA	1:50.41	1:50.47	12
25.07 27.69 28.60 29.11					
--- Hoffman, Nick	10	Woodberry Forest-VA	1:51.11	DQ	
25.02 28.14 29.26 27.88					
<b>B - Final</b>					
9 Belt, Billy	SR	St. Christopher's School-VA	1:51.76	1:48.59	9
25.73 27.51 27.91 27.44					
10 Coor, Wil	10	Collegiate School-VA	1:52.12	1:48.76	7
25.56 27.72 28.30 27.18					
11 Covington, Chris	11	Fork Union Military Academy-VA	1:51.37	1:49.88	6
25.64 27.52 28.16 28.56					



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 4 Boys 200 Yard Freestyle)**

	Name			Yr	School	Prelim Time	Finals Time	Points
12	Totten, Charles				Hargrave Aquatics-VA	1:51.81	1:50.84	5
	25.60	28.42	28.22	28.60				
13	McNally, Mac			FR	North Cross School-VA	1:51.41	1:51.37	4
	25.04	28.30	29.10	28.93				
14	Natoli, Carey			SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:53.19	1:51.43	3
	25.74	28.30	29.01	28.38				
15	Tomenchok, Derek			9	Trinity Episcopal School-VA	1:53.43	1:53.07	2
	25.96	28.82	29.78	28.51				
16	McMahon, Connor			11	Bishop Sullivan Catholic High-VA	1:53.21	1:54.84	1
	26.06	28.66	29.97	30.15				

**Event 4 Boys 200 Yard Freestyle**

	Name			Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>								
1	Hill, Jameson			SR	Seton School	1:38.54	1:42.68	@q
	23.60	25.97	26.85	26.26				
2	Cuthbert, West			12	Collegiate School-VA	1:42.52	1:44.44	q
	24.53	25.98	26.56	27.37				
3	Morio, Matt			12	Fork Union Military Academy-VA	1:47.52	1:45.50	q
	23.91	26.31	27.32	27.96				
4	McLaughlin, Keegan			SR	Cape Henry Collegiate School-VA	1:44.78	1:47.27	q
	24.73	27.58	27.49	27.47				
5	Gulick, Jon			JR	Norfolk Academy-VA	1:48.81	1:47.50	q
	24.87	27.19	27.66	27.78				
6	Gershun, Joe			11	Fork Union Military Academy-VA	1:51.26	1:50.26	q
	25.95	27.00	28.37	28.94				
7	Kjartansson, Orn			12	Fork Union Military Academy-VA	1:50.90	1:50.41	q
	24.54	26.88	29.27	29.72				
8	Hoffman, Nick			10	Woodberry Forest-VA	1:52.83	1:51.11	q
	24.96	27.89	29.12	29.14				
9	Covington, Chris			11	Fork Union Military Academy-VA	1:55.36	1:51.37	q
	26.09	27.91	28.81	28.56				
10	McNally, Mac			FR	North Cross School-VA	1:53.38	1:51.41	q
	25.32	28.36	28.95	28.78				
11	Belt, Billy			SR	St. Christopher's School-VA	1:46.69	1:51.76	q
	25.91	28.10	29.04	28.71				
12	Totten, Charles				Hargrave Aquatics-VA	1:51.57	1:51.81	q
	25.93	28.63	28.07	29.18				
13	Coor, Wil			10	Collegiate School-VA	1:49.48	1:52.12	q
	25.19	29.27	29.57	28.09				
14	Natoli, Carey			SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:54.95	1:53.19	q
	26.57	28.94	29.27	28.41				
15	McMahon, Connor			11	Bishop Sullivan Catholic High-VA	1:56.75	1:53.21	q
	25.06	28.62	30.16	29.37				
16	Tomenchok, Derek			9	Trinity Episcopal School-VA	1:58.47	1:53.43	q
	26.53	29.31	29.77	27.82				
17	Holder, Kevin				Walsingham Academy-VA	1:52.40	1:55.24	
	25.95	28.52	30.34	30.43				
18	Snyder, Ari			8	Hampton Roads Academy	1:54.19	1:55.48	
	26.35	28.67	30.06	30.40				

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 4 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
19 Yan, Eric	9	Collegiate School-VA	1:54.92	1:55.54
26.16 29.22 30.25 29.91				
20 Mason, Michael	12	Collegiate School-VA	1:54.23	1:55.90
26.00 28.88 30.61 30.41				
21 Kalna, Matthew	SO	John Paul The Great	1:56.90	1:56.23
26.78 29.22 29.83 30.40				
22 Ikeda, Rob	SO	Flint Hill Varsity Swim Team-PV	1:55.07	1:56.53
25.92 28.45 31.16 31.00				
23 Reese, Jason		Hargrave Aquatics-VA	1:58.84	1:58.07
27.10 28.99 30.93 31.05				
24 Clark, Keith	SO	Roanoke Catholic School-VA	2:02.12	1:58.86
26.93 29.83 31.14 30.96				
25 DeMocker, Brian	SO	Flint Hill Varsity Swim Team-PV	2:00.92	1:59.05
26.92 30.29 31.64 30.20				
26 Haas, Nick	FR	Benedictine High School	2:01.36	1:59.67
27.13 29.93 31.36 31.25				
27 Fergusson, Ted	10	Collegiate School-VA	2:00.35	1:59.88
27.61 30.58 30.95 30.74				
28 Conkling, Philip	SR	Norfolk Academy-VA	1:58.13	2:00.11
27.22 29.85 31.31 31.73				
29 Sundel, Jeremy	9	Fork Union Military Academy-VA	2:00.54	2:00.75
26.74 30.48 31.81 31.72				
30 Hanson, Ross	SR	Norfolk Academy-VA	2:01.01	2:00.85
27.04 30.06 32.09 31.66				
31 Warren, Elliott	JR	St. Christopher's School-VA	2:01.20	2:01.13
27.59 30.95 31.94 30.65				
32 Quint, Marcus	FR	Paul VI Catholic High School	2:01.34	2:02.43
28.51 30.12 32.05 31.75				
33 Blanchard, David	SR	Cape Henry Collegiate School-VA	2:00.32	2:03.22
26.34 30.21 33.29 33.38				
34 Thompson, Albert	8	St. Christopher's School-VA	2:01.88	2:03.36
28.78 31.39 32.23 30.96				

**Event 5 Girls 200 Yard IM****VSIS Record: 2:05.55 ! 2/13/1998 Natalie Griffith-Hampton Rds****All-Amer A: 2:05.37 \*****All-Amer B: 2:07.60 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Kish, Mary Katherine	8	Collegiate School-VA	2:10.77	2:08.55	20
28.27 32.11 38.93 29.24					
2 Jennings, Lacy	JR	St. Catherine's School-VA	2:10.58	2:10.93	17
27.50 33.34 38.63 31.46					
3 Rento, Nicole	JR	Hampton Roads Academy	2:15.32	2:11.03	16
28.39 34.47 38.32 29.85					
4 Hall, Alina	SR	Bishop Ireton Swim and Dive Te-	2:15.45	2:13.50	15
27.65 33.47 41.17 31.21					
5 Kim, Sarah	SR	St. Catherine's School-VA	2:16.27	2:13.71	14
29.31 34.84 38.93 30.63					
*6 Steele, Anne Thomas	JR	St. Catherine's School-VA	2:17.98	2:16.31	12.50
29.38 35.83 38.80 32.30					
*6 Urban, Rachel	SR	St. Gertrude High School	2:17.21	2:16.31	12.50
30.24 35.08 39.74 31.25					

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 5 Girls 200 Yard IM)**

Name	Yr	School	Prelim Time	Finals Time	Points
8 Harris, Sommer	8	St. Catherine's School-VA	2:16.71	2:17.55	11
29.35 35.82 40.40	31.98				

**B - Final**

9 Rogers, Meredith	11	Bishop Sullivan Catholic High-V <sup>A</sup>	2:18.27	2:18.23	9
30.00 35.59 40.97	31.67				
10 Gelozin, Gabby	9	Collegiate School-VA	2:22.56	2:19.68	7
30.20 35.21 41.42	32.85				
11 Alagia, Maddie		Madeira Varsity Swim and Dive-P	2:23.76	2:20.90	6
29.78 36.81 42.65	31.66				
12 Clary, Emily	JR	Norfolk Academy-VA	2:24.43	2:21.82	5
31.25 35.00 43.29	32.28				
13 Power, Kaitlyn	JR	Paul VI Catholic High School	2:25.00	2:23.40	4
30.54 35.93 43.40	33.53				
14 Neuburg, Emily		Nansemond-Suffolk Academy	2:26.71	2:25.06	3
31.09 35.51 47.18	31.28				
15 Abbott, Jessie	SR	Chatham Hall-VA	2:25.46	2:25.10	2
30.26 35.81 44.78	34.25				
--- Disilvestro, Brianna		Cape Henry Collegiate School-VA	2:23.84	DQ	
29.55 35.68 45.47	32.35				

**Event 5 Girls 200 Yard IM**

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Jennings, Lacy	JR	St. Catherine's School-VA	2:11.19	2:10.58	q
28.03 33.27 38.60	30.68				
2 Kish, Mary Katherine	8	Collegiate School-VA	2:10.77	2:10.77	q
29.51 32.51 39.51	29.24				
3 Rento, Nicole	JR	Hampton Roads Academy	2:14.61	2:15.32	q
29.71 35.45 38.88	31.28				
4 Hall, Alina	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	2:16.69	2:15.45	q
27.99 33.41 40.03	34.02				
5 Kim, Sarah	SR	St. Catherine's School-VA	2:13.63	2:16.27	q
30.18 35.21 39.07	31.81				
6 Harris, Sommer	8	St. Catherine's School-VA	2:20.29	2:16.71	q
29.40 35.41 39.95	31.95				
7 Urban, Rachel	SR	St. Gertrude High School	2:20.65	2:17.21	q
30.90 35.61 39.65	31.05				
8 Steele, Anne Thomas	JR	St. Catherine's School-VA	2:20.06	2:17.98	q
30.04 36.39 39.11	32.44				
9 Rogers, Meredith	11	Bishop Sullivan Catholic High-V <sup>A</sup>	2:20.12	2:18.27	q
29.80 35.37 40.61	32.49				
10 Grap, Maddie	SO	St. Catherine's School-VA	2:26.25	2:21.04	q
30.38 35.44 42.31	32.91				
11 Gelozin, Gabby	9	Collegiate School-VA	2:21.98	2:22.56	q
30.67 36.02 43.22	32.65				
12 Alagia, Maddie		Madeira Varsity Swim and Dive-P	2:22.45	2:23.76	q
30.57 37.27 43.91	32.01				
13 Disilvestro, Brianna		Cape Henry Collegiate School-VA	2:23.51	2:23.84	q
30.28 35.90 45.37	32.29				

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 5 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Prelim Time	
14 Clary, Emily 32.03 34.62 44.30 33.48	JR	Norfolk Academy-VA	2:23.17	2:24.43	q
15 Power, Kaitlyn 31.42 36.76 42.48 34.34	JR	Paul VI Catholic High School	2:25.09	2:25.00	q
16 Abbott, Jessie 31.38 34.93 45.03 34.12	SR	Chatham Hall-VA	2:27.69	2:25.46	q
17 Neuburg, Emily 30.75 35.36 47.02 33.58		Nansemond-Suffolk Academy	2:26.10	2:26.71	
18 Wulff, Allison 32.27 38.53 40.94 34.99	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	2:29.49	2:26.73	
19 Jurczyk, Sarah 29.87 37.34 45.21 35.27	8	Hampton Roads Academy	2:23.48	2:27.69	
20 Brajdic, Katie 31.66 39.08 43.24 34.08	SO	Roanoke Catholic School-VA	2:29.45	2:28.06	
21 Movius, Rachel 31.74 38.72 43.21 35.60		St. Stephans/St. Agnes	2:24.83	2:29.27	
22 Griffin, Ann 31.78 39.03 42.60 36.50		Madeira Varsity Swim and Dive-P	2:26.15	2:29.91	
23 McCauley, Katie 32.55 41.15 44.46 31.86	8	Collegiate School-VA	2:27.64	2:30.02	
24 Hiser, Alex 30.77 38.11 47.73 34.43	9t	Norfolk Collegiate-VA	2:27.31	2:31.04	
25 Henke, Sarah 32.37 37.59 45.78 35.70	SR	Peninsula Catholic High School-V	2:32.26	2:31.44	
26 Dickinson, Jennet 33.53 40.12 41.56 36.58	SR	St. Catherine's School-VA	2:32.09	2:31.79	
27 Burns, Catherine 33.78 40.17 44.10 35.81	9	Collegiate School-VA	2:30.89	2:33.86	
28 Barry, Emily 33.51 41.43 44.11 37.16	SR	Norfolk Academy-VA	2:30.72	2:36.21	
--- Davia, Laura 34.21 39.83 46.79 38.52	10	Collegiate School-VA	2:33.52		DQ

**Event 6 Boys 200 Yard IM****VSIS Record: 1:54.55 ! 2/13/2009 Conor Blackwood-Collegiate****All-Amer A: 1:54.02 \*****All-Amer B: 1:55.96 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Romanini, Tony 24.52 28.37 34.15 26.21	12	Fork Union Military Academy-VA	1:57.74	1:53.25*	20
2 Bogese, Mikey 24.92 28.62 34.37 26.57	SR	St. Christopher's School-VA	1:57.70	1:54.48!	17
3 Strait, Andrew 24.97 29.96 32.83 26.93	12	Trinity Episcopal School-VA	1:57.94	1:54.69@	16
4 Quay, Ben 25.75 30.82 34.30 27.93	SR	Benedictine High School	2:04.30	1:58.80	15
5 MacNair, Conor 26.28 29.98 33.84 28.79		St. Stephans/St. Agnes	2:01.09	1:58.89	14
6 Housh, Kurt 26.24 31.53 33.96 28.91	12	Fork Union Military Academy-VA	1:59.95	2:00.64	13
7 Ferguson, Thomas 25.57 31.64 36.20 28.59	9	Collegiate School-VA	2:02.71	2:02.00	12

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 6 Boys 200 Yard IM)**

Name	Yr	School	Prelim Time	Finals Time	Points
8 Ferguson, Peter	9	Collegiate School-VA	2:02.33	2:04.24	11
26.55 30.23 37.88	29.58				

**B - Final**

9 Russo, Sal	SO	Roanoke Catholic School-VA	2:05.82	2:02.97	9
25.35 29.31 39.73	28.58				
10 Arroyo, Sito	10	Fork Union Military Academy-VA	2:05.65	2:04.17	7
26.82 32.07 36.18	29.10				
11 Kerner, Travis	SO	Benedictine High School	2:06.87	2:05.45	6
27.55 33.23 36.23	28.44				
12 Allen, Heath	10	Woodberry Forest-VA	2:07.92	2:05.99	5
27.30 34.48 34.88	29.33				
13 Allen, Hollis	10	Woodberry Forest-VA	2:08.32	2:08.90	4
27.21 34.13 37.22	30.34				
14 Atkins, Ferrel		St. Stephans/St. Agnes	2:11.91	2:08.96	3
26.99 32.17 39.46	30.34				
15 Chung, Austin	8	Collegiate School-VA	2:10.76	2:09.62	2
29.00 32.77 37.58	30.27				
16 Serpe, Sal	SR	Cape Henry Collegiate School-VA	2:10.75	2:13.75	1
26.10 34.81 40.23	32.61				

**Event 6 Boys 200 Yard IM**

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Bogese, Mikey	SR	St. Christopher's School-VA	1:55.36	1:57.70	q
25.63 28.94 35.29	27.84				
2 Romanini, Tony	12	Fork Union Military Academy-VA	1:55.25	1:57.74	q
25.02 29.49 35.57	27.66				
3 Strait, Andrew	12	Trinity Episcopal School-VA	1:57.17	1:57.94	q
24.84 30.89 33.23	28.98				
4 Housh, Kurt	12	Fork Union Military Academy-VA	2:00.92	1:59.95	q
26.42 31.78 33.46	28.29				
5 MacNair, Conor		St. Stephans/St. Agnes	2:04.77	2:01.09	q
26.07 31.26 34.53	29.23				
6 Ferguson, Peter	9	Collegiate School-VA	2:05.06	2:02.33	q
26.21 29.69 37.39	29.04				
7 Ferguson, Thomas	9	Collegiate School-VA	2:01.82	2:02.71	q
25.86 30.75 36.81	29.29				
8 Quay, Ben	SR	Benedictine High School	2:03.04	2:04.30	q
26.89 32.63 35.07	29.71				
9 Arroyo, Sito	10	Fork Union Military Academy-VA	2:12.61	2:05.65	q
26.92 32.19 36.97	29.57				
10 Russo, Sal	SO	Roanoke Catholic School-VA	2:02.52	2:05.82	q
26.19 29.96 39.80	29.87				
11 Kerner, Travis	SO	Benedictine High School	2:06.07	2:06.87	q
27.95 33.24 36.84	28.84				
12 Allen, Heath	10	Woodberry Forest-VA	2:11.30	2:07.92	q
28.15 34.07 35.57	30.13				
13 Allen, Hollis	10	Woodberry Forest-VA	2:11.60	2:08.32	q
27.10 34.07 37.06	30.09				

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 6 Boys 200 Yard IM)**

	<b>Name</b>			<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
14	Serpe, Sal			SR	Cape Henry Collegiate School-VA	2:09.10	2:10.75	q
	26.21	33.11	39.47		31.96			
15	Chung, Austin			8	Collegiate School-VA	2:09.91	2:10.76	q
	28.24	32.57	38.59		31.36			
16	Atkins, Ferrel				St. Stephans/St. Agnes	2:13.09	2:11.91	q
	27.32	33.26	39.46		31.87			
17	Templeman, Trip			11	Collegiate School-VA	2:13.74	2:12.05	
	27.91	32.72	40.15		31.27			
18	Ruland, Jeff			JR	Nansemond-Suffolk Academy	2:10.78	2:12.23	
	27.44	31.84	41.70		31.25			
19	Folsom, Rob				Walsingham Academy-VA	2:09.11	2:12.57	
	28.83	32.82	40.85		30.07			
20	Tupper, Devin			11	Norfolk Collegiate-VA	2:10.29	2:12.79	
	27.64	34.47	40.96		29.72			
21	Bridgforth, Wells			10	Trinity Episcopal School-VA	2:15.88	2:13.35	
	28.03	33.68	40.38		31.26			
22	McAdams, Charlie				Walsingham Academy-VA	2:15.40	2:14.96	
	29.62	33.36	41.20		30.78			
23	Vice, Andrew			FR	Cape Henry Collegiate School-VA	2:12.17	2:15.23	
	28.74	34.30	38.04		34.15			
24	Lutterbein, Tyrus			9	Collegiate School-VA	2:15.60	2:15.60	
	30.49	33.03	41.45		30.63			
25	Sullivan, John				Walsingham Academy-VA	2:20.25	2:16.97	
	28.49	34.52	41.77		32.19			
26	Frazer, Nathaniel			FR	St. Christopher's School-VA	2:20.85	2:17.46	
	29.22	36.44	41.83		29.97			
27	Blankenship, Tanner			FR	Randolph-Macon Academy-VA	2:18.49	2:17.69	
	29.12	35.14	41.61		31.82			
28	Lee, Matt			SO	Nansemond-Suffolk Academy	2:19.01	2:18.69	
	29.03	36.22	39.88		33.56			
29	Harris, Will			SR	Hampton Roads Academy	2:23.19	2:20.28	
	29.10	33.88	44.76		32.54			
30	Chauvin, Dan			SR	Paul VI Catholic High School	2:22.49	2:20.48	
	29.22	36.47	39.75		35.04			
31	Lassiter, Holt			10	Bishop Sullivan Catholic High-VA	2:19.58	2:21.00	
	28.66	36.34	43.43		32.57			
32	Burgett, Sam			SR	Nansemond-Suffolk Academy	2:18.61	2:21.30	
	28.75	36.20	40.48		35.87			
33	Pankey, Joseph			9	Trinity Episcopal School-VA	2:22.16	2:23.38	
	29.68	36.64	42.51		34.55			
34	Hudgins, Houlder			8	Collegiate School-VA	2:22.81	2:23.54	
	31.86	35.81	41.87		34.00			
35	Rosendahl, Steven			FR	Roanoke Catholic School-VA	2:23.54	2:23.84	
	30.40	34.54	45.99		32.91			
36	Montgomery, John Michael			JR	Benedictine High School	2:22.52	2:24.72	
	28.18	35.38	45.10		36.06			
37	Reed, Robert			SR	Norfolk Academy-VA	2:24.05	2:25.13	
	30.69	37.85	44.47		32.12			
38	Tidey, Garrett			11	Collegiate School-VA	2:23.58	2:26.10	
	30.25	38.72	43.94		33.19			
39	Cullom, Jonathan			8	Hampton Roads Academy	2:21.56	2:27.13	
	28.45	36.42	46.44		35.82			

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 6 Boys 200 Yard IM)**

Name	Yr	School	Seed Time	Prelim Time
40 McDaniel, Joseph 29.15 40.84 41.29	SO	Roanoke Catholic School-VA	2:23.43	2:29.30
--- Nasakaitis, Eric 26.58 32.11 38.05	JR	Paul VI Catholic High School	2:06.86	DQ
--- Johnson, Drew 30.59 40.58 43.29	SO	Flint Hill Varsity Swim Team-PV	2:24.11	DQ

**Event 7 Girls 50 Yard Freestyle**

**VSIS Record: 23.88 ! 2/13/2009 Gabrielle Bishop-NSA**

**All-Amer A: 23.81 \***

**All-Amer B: 24.12 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Donohoe, Lauren	JR	Seton School	25.03	24.84	20
2 Rich, Kimberly	JR	Norfolk Academy-VA	25.39	25.14	17
3 Doonis, Alex	SO	Seton School	25.10	25.17	16
4 Nester, Jane	FR	St. Catherine's School-VA	25.55	25.26	15
5 Tompkins, Kendall	FR	Cape Henry Collegiate School-VA	25.57	25.27	14
6 Jansen, Brittney		Madeira Varsity Swim and Dive-P	25.49	25.30	13
7 Farmer, Elaine	JR	St. Catherine's School-VA	25.41	25.48	12
8 Kroesen, Saskia	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	25.51	25.59	11
<b>B - Final</b>					
9 Upadhyaya, Alex	9	Trinity Episcopal School-VA	25.64	25.74	9
10 Parks, Allison	FR	Norfolk Academy-VA	26.16	25.88	7
11 Adkins, Claire	FR	The Carlisle School-VA	25.68	25.95	6
12 Byron, Kate	12	Collegiate School-VA	26.36	26.34	5
13 Davis, Meredith	SO	Nansemond-Suffolk Academy	26.31	26.44	4
14 Papariello, Alexis	11	Bishop Sullivan Catholic High-VA <sup>A</sup>	26.57	26.50	3
15 McKenna, Kat	12	Bishop Sullivan Catholic High-VA <sup>A</sup>	26.41	26.51	2
16 Glaser, Bryce		Cape Henry Collegiate School-VA	26.74	26.75	1

**Event 7 Girls 50 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Donohoe, Lauren	JR	Seton School	24.93	25.03 q
2 Doonis, Alex	SO	Seton School	24.72	25.10 q
3 Rich, Kimberly	JR	Norfolk Academy-VA	25.31	25.39 q
4 Farmer, Elaine	JR	St. Catherine's School-VA	25.58	25.41 q
5 Jansen, Brittney		Madeira Varsity Swim and Dive-P	25.52	25.49 q
6 Kroesen, Saskia	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	25.46	25.51 q
7 Nester, Jane	FR	St. Catherine's School-VA	25.76	25.55 q
8 Tompkins, Kendall	FR	Cape Henry Collegiate School-VA	25.43	25.57 q
9 Upadhyaya, Alex	9	Trinity Episcopal School-VA	26.01	25.64 q
10 Adkins, Claire	FR	The Carlisle School-VA	25.96	25.68 q
11 Parks, Allison	FR	Norfolk Academy-VA	26.11	26.16 q
12 Davis, Meredith	SO	Nansemond-Suffolk Academy	26.13	26.31 q
13 Byron, Kate	12	Collegiate School-VA	26.07	26.36 q
14 McKenna, Kat	12	Bishop Sullivan Catholic High-VA <sup>A</sup>	26.84	26.41 q
15 Papariello, Alexis	11	Bishop Sullivan Catholic High-VA <sup>A</sup>	26.25	26.57 q

## 2010 VSIS Swimming &amp; Diving Championships - 2/19/2010 to 2/20/2010

## Results

## Preliminaries ... (Event 7 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
16 Glaser, Bryce		Cape Henry Collegiate School-VA	26.68	26.74	q
17 Sabol, Morgan	FR	Cape Henry Collegiate School-VA	26.75	26.85	
18 Frazer, Katelyn	JR	St. Catherine's School-VA	27.21	26.97	
19 Talbott, Laura	SR	Seton School	26.56	27.14	
20 Gill, Elizabeth	08	Norfolk Academy-VA	27.15	27.20	
21 Smith, Arralyn		Norfolk Christian-VA	26.90	27.24	
22 von Quillfeldt, Anniken	SO	St. Anne's-Belfield-VA	27.18	27.32	
23 Mulligan, Caitie	JR	St. Gertrude High School	27.11	27.56	
24 Makepeace, Chandler	9	Collegiate School-VA	27.09	27.59	
*25 Bennett, Megan	SR	Chatham Hall-VA	27.14	27.66	
*25 Basel, Megan		Madeira Varsity Swim and Dive-P	27.36	27.66	
27 Powell, Hannah	8	St. Catherine's School-VA	27.35	27.81	
28 Nash, Liza	FR	Cape Henry Collegiate School-VA	27.31	28.26	
29 Mottern, Rachel	SO	Chatham Hall-VA	27.31	30.58	

## Event 8 Boys 50 Yard Freestyle

VSIS Record: 20.77 ! 2/13/2009 Stuart Ferguson-Collegiate

All-Amer A: 21.15 \*

All-Amer B: 21.48 @

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Ingold, Zach	12	Woodberry Forest-VA	21.02	20.65 !	20
2 Knuth, Robert	SR	Cape Henry Collegiate School-VA	21.79	21.66	17
3 Sundel, Blake	11	Fork Union Military Academy-VA	21.50	21.67	16
4 Anthony, Mac	12	Collegiate School-VA	22.08	21.78	15
5 Ellis, Samuel	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	21.98	22.02	14
6 Humphrey, Jake	12	Fork Union Military Academy-VA	21.96	22.08	13
7 King, Alex	SR	Norfolk Academy-VA	22.21	22.27	12
8 Okeyo, Obi	10	Fork Union Military Academy-VA	22.45	22.80	11
<b>B - Final</b>					
9 Cooper, Josh		Cape Henry Collegiate School-VA	22.75	22.50	9
10 Leach, Ben	SO	Norfolk Academy-VA	22.51	22.60	7
11 Joseph, Kevin	JR	Nansemond-Suffolk Academy	22.53	22.66	6
12 Day, Christian	11	Woodberry Forest-VA	22.67	22.78	5
13 Tudor, Shane	SO	Roanoke Catholic School-VA	22.99	23.10	4
14 Wood, Connor	JR	St. Christopher's School-VA	22.88	23.15	3
15 McMahon, Connor	11	Bishop Sullivan Catholic High-VA	23.49	23.22	2
16 Holstege, Eli	FR	The Covenant School-VA	23.45	23.37	1

## Event 8 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Ingold, Zach	12	Woodberry Forest-VA	20.96	21.02 *	q
2 Sundel, Blake	11	Fork Union Military Academy-VA	21.57	21.50	q
3 Knuth, Robert	SR	Cape Henry Collegiate School-VA	21.22	21.79	q
4 Humphrey, Jake	12	Fork Union Military Academy-VA	22.02	21.96	q
5 Ellis, Samuel	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	22.75	21.98	q
6 Anthony, Mac	12	Collegiate School-VA	20.83	22.08	q



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 8 Boys 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time	
7 King, Alex	SR	Norfolk Academy-VA	22.27	22.21	q
8 Okeyo, Obi	10	Fork Union Military Academy-VA	23.00	22.45	q
9 Leach, Ben	SO	Norfolk Academy-VA	22.53	22.51	q
10 Joseph, Kevin	JR	Nansemond-Suffolk Academy	22.06	22.53	q
11 Day, Christian	11	Woodberry Forest-VA	23.11	22.67	q
12 Cooper, Josh		Cape Henry Collegiate School-VA	22.50	22.75	q
13 Wood, Connor	JR	St. Christopher's School-VA	22.91	22.88	q
14 Tudor, Shane	SO	Roanoke Catholic School-VA	23.41	22.99	q
15 Holstege, Eli	FR	The Covenant School-VA	23.39	23.45	q
16 McMahon, Connor	11	Bishop Sullivan Catholic High-VA	23.41	23.49	q
17 Altobello, Andrew	10	Bishop Sullivan Catholic High-VA	23.85	23.56	
18 Toler, Christopher	SR	Benedictine High School	23.51	23.57	
19 Clark, Michael	SO	Bishop Ireton Swim and Dive Te-1	23.28	23.65	
20 Willard, Miles	10	Fork Union Military Academy-VA	24.01	23.71	
21 Dougherty, Ryan	JR	Bishop Ireton Swim and Dive Te-1	23.88	23.79	
22 Koehr, Daniel	SR	Seton School	24.01	23.82	
23 McGinnis, Alex	SR	The Covenant School-VA	23.64	23.93	
24 Dixon, Eric	SR	The Covenant School-VA	23.80	24.17	
25 Brush, Evan	SR	Norfolk Academy-VA	23.90	24.20	
26 Holmes, Harrison		Hargrave Aquatics-VA	23.84	24.30	
27 Nguyen, Hieu	JR	Randolph-Macon Academy-VA	24.00	24.41	
28 Sinesi, Drew	12	Norfolk Collegiate-VA	23.50	24.61	
29 Warren, Josh	SR	Peninsula Catholic High School-V	24.02	24.99	

**Event 9 Girls 1 mtr Diving****VSIS Record: 456.10 ! 2/21/1998 Katie Williams-Trinity Episcop**

Name	Yr	School	Finals Score	Points	
1 Grishaw, Chloe		Potomac School-VA	365.15	341.35	20
2 Maizels, Neena	12	Collegiate School-VA	316.50	322.20	17
3 Cochran, Nicole	10	Trinity Episcopal School-VA	286.55	282.75	16
4 Fain, Audrey	JR	St. Catherine's School-VA	225.30	232.10	15
5 Imbrigilia, Mandy	SR	Bishop Ireton Swim and Dive Te-1	NT	226.25	14
6 Reynolds, Martha Blair	SO	St. Catherine's School-VA	219.10	223.55	13
7 Eisner, Jamie	FR	Hampton Roads Academy	NT	221.70	12
8 Henry, Libby	FR	Norfolk Academy-VA	215.95	220.85	11
9 Schaefermeier, Elizabeth	SO	Bishop Ireton Swim and Dive Te-1	NT	218.80	9
10 McLeod, Emma	8	St. Catherine's School-VA	245.50	215.75	7
11 Stowers, Kelsey		St. Stephans/St. Agnes	208.25	205.00	6
12 Newland, Tessa		Madeira Varsity Swim and Dive-P	NT	200.60	5
13 Druckerman, Debbie		Madeira Varsity Swim and Dive-P	NT	197.75	4
14 Scherger, Kristine	FR	St. Catherine's School-VA	215.70	197.40	3
15 Duran, Ann	SR	Seton School	204.75	193.00	2
16 Anderson, Erin	11	Collegiate School-VA	178.90	190.20	1
17 Zapiain, Sarah	SO	Seton School	NT	131.65	
18 Haberman, Melissa	SR	Bishop Ireton Swim and Dive Te-1	NT	129.05	
19 Duran, Mary	10	Seton School	NT	122.20	
20 Higginbottom, Keziah	9	Seton School	NT	99.80	
--- Callander, Grace		Madeira Varsity Swim and Dive-P	NT	NS	
--- Dussault, Jen		Madeira Varsity Swim and Dive-P	NT	NS	
--- Thompson, Cristina		St. Stephans/St. Agnes	95.70	NS	
--- Fyffe, Sarah	JR	Bishop Ireton Swim and Dive Te-1	NT	NS	

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Event 10 Boys 1 mtr Diving****VSIS Record: 470.85 ! 2/16/2008 Briggy Imbriglia-Bishop Ireton**

Name	Yr	School		Finals Score	Points
1 Ross, James	12	Collegiate School-VA	464.50	453.35	20
2 Bedford, Mike	SO	Norfolk Academy-VA	262.10	299.70	17
3 Ebeling, Steve	10	Trinity Episcopal School-VA	221.75	247.80	16
4 Lamontagne, Frederic	11	Woodberry Forest-VA	227.00	247.65	15
5 Alexander, Burton	JR	Norfolk Academy-VA	245.15	237.90	14
6 Okeyo, Obi	10	Fork Union Military Academy-VA	209.35	232.90	13
7 Bedford, Joe	08	Norfolk Academy-VA	NT	232.40	12
8 Palmer, Eric	10	Fork Union Military Academy-VA	207.20	218.80	11
9 Pierce, Pope	12	Woodberry Forest-VA	192.00	216.75	9
10 Andrews, Peter		Collegiate School-VA	182.95	216.30	7
11 McCarter, Reed	FR	Hampton Roads Academy	NT	211.85	6
12 Duran, Joe	8	Seton School	NT	207.15	5
13 McKercher, Patrick	11	Collegiate School-VA	192.35	202.75	4
14 Martin, Hawley	SR	St. Christopher's School-VA	207.30	184.25	3
15 Heizer, Chris	SR	Flint Hill Varsity Swim Team-PV	NT	181.40	2
16 Wallace, Cameron	SO	Bishop Ireton Swim and Dive Te- <sup>1</sup>	NT	155.45	1
--- Long, Robbie		St. Stephans/St. Agnes	NT	NS	

**Event 11 Girls 100 Yard Butterfly****VSIS Record: 56.17 ! 2/17/2006 Leigh Psaris-Madeira****All-Amer A: 56.57 \*****All-Amer B: 57.50 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Naurath, Rachel	12	Collegiate School-VA	57.15	55.33!	20
26.24 29.09					
2 Swarts, Rachel	FR	Flint Hill Varsity Swim Team-PV	59.28	57.42 @	17
26.76 30.66					
3 Jennings, Lacy	JR	St. Catherine's School-VA	58.76	57.70	16
26.84 30.86					
4 Kroesen, Saskia	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:00.78	59.71	15
27.80 31.91					
5 Saunders, Christa Ann		Madeira Varsity Swim and Dive-P	1:00.95	1:00.06	14
27.70 32.36					
6 Melo, Meredith	SR	Peninsula Catholic High School-V	1:00.68	1:01.17	13
28.17 33.00					
7 DuMez, Rachel	9	Wakefield Country Day School	1:01.60	1:01.24	12
28.18 33.06					
8 Wunderly, Bridget	JR	Seton School	1:02.03	1:02.25	11
29.12 33.13					
<b>B - Final</b>					
9 Collins, Liz	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:03.39	1:00.73	9
28.75 31.98					
10 Doswell, Cabell	JR	St. Catherine's School-VA	1:03.14	1:01.56	7
28.34 33.22					
11 Upadhyaya, Alex	9	Trinity Episcopal School-VA	1:03.30	1:01.76	6
29.19 32.57					
12 Wood, Ellis	FR	St. Catherine's School-VA	1:04.16	1:02.36	5
29.43 32.93					
13 Jurczyk, Sarah	8	Hampton Roads Academy	1:04.98	1:02.72	4
28.90 33.82					

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Prelim Time	Finals Time	Points
14	Disilvestro, Brianna 29.38 34.43		Cape Henry Collegiate School-VA	1:03.66	1:03.81	3
15	Parks, Allison 29.62 34.64	FR	Norfolk Academy-VA	1:03.87	1:04.26	2
16	Herman, Teejay 29.16 35.77	SR	Chatham Hall-VA	1:04.95	1:04.93	1

**Event 11 Girls 100 Yard Butterfly**

	Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Naurath, Rachel 26.82 30.33	12	Collegiate School-VA	55.61	57.15 @q	
2	Jennings, Lacy 27.67 31.09	JR	St. Catherine's School-VA	58.73	58.76	q
3	Swarts, Rachel 27.91 31.37	FR	Flint Hill Varsity Swim Team-PV	58.82	59.28	q
4	Melo, Meredith 27.87 32.81	SR	Peninsula Catholic High School-V	1:02.66	1:00.68	q
5	Kroesen, Saskia 28.43 32.35	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	59.20	1:00.78	q
6	Saunders, Christa Ann 28.18 32.77		Madeira Varsity Swim and Dive-P	59.97	1:00.95	q
7	DuMez, Rachel 28.70 32.90	9	Wakefield Country Day School	1:03.37	1:01.60	q
8	Wunderly, Bridget 28.93 33.10	JR	Seton School	1:03.23	1:02.03	q
9	Doswell, Cabell 28.97 34.17	JR	St. Catherine's School-VA	1:03.88	1:03.14	q
10	Upadhyaya, Alex 30.10 33.20	9	Trinity Episcopal School-VA	1:02.71	1:03.30	q
11	Collins, Liz 29.94 33.45	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:03.96	1:03.39	q
12	Disilvestro, Brianna 29.97 33.69		Cape Henry Collegiate School-VA	1:04.06	1:03.66	q
13	Parks, Allison 29.19 34.68	FR	Norfolk Academy-VA	1:04.40	1:03.87	q
14	Wood, Ellis 30.08 34.08	FR	St. Catherine's School-VA	1:04.13	1:04.16	q
15	Herman, Teejay 29.37 35.58	SR	Chatham Hall-VA	1:04.16	1:04.95	q
16	Jurczyk, Sarah 30.07 34.91	8	Hampton Roads Academy	1:03.98	1:04.98	q
17	Beale, Andrea 30.25 35.08	SR	Nansemond-Suffolk Academy	1:05.61	1:05.33	
18	Berry, Elizabeth 30.55 35.00	SR	St. Catherine's School-VA	1:04.76	1:05.55	
19	Abbott, Jessie 30.76 34.84	SR	Chatham Hall-VA	1:04.87	1:05.60	
20	Johnson, Grace 31.41 35.31		Madeira Varsity Swim and Dive-P	1:06.19	1:06.72	

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Prelim Time
21 Power, Kaitlyn 31.43 35.32	JR	Paul VI Catholic High School	1:07.38	1:06.75
22 Wiltshire, Katie 31.61 35.17	12	Collegiate School-VA	1:04.88	1:06.78
23 McCauley, Katie 31.78 35.02	8	Collegiate School-VA	1:05.38	1:06.80
24 Wall, Anna 31.50 35.46	JR	St. Catherine's School-VA	1:09.28	1:06.96
25 Dickinson, Hillary 31.01 36.54	11	Collegiate School-VA	1:07.92	1:07.55
26 Clagett, Amanda 32.58 35.17	FR	Norfolk Academy-VA	1:07.35	1:07.75
27 Headley, Sarah 31.40 36.91	SO	St. Catherine's School-VA	1:07.36	1:08.31
28 Kennedy, Allison 31.93 37.23	SO	Flint Hill Varsity Swim Team-PV	1:09.77	1:09.16
29 Quint, Christina 32.37 37.75	SR	Paul VI Catholic High School	1:05.57	1:10.12
30 Kanter, Meghan 31.67 38.50	12	Norfolk Collegiate-VA	1:06.50	1:10.17
31 Mosman, Daria 31.66 38.55	11	Collegiate School-VA	1:09.54	1:10.21
32 Hazelgrove, Jessie 31.77 38.55	12	Trinity Episcopal School-VA	1:09.07	1:10.32
33 Papariello, Alexis 32.00 38.65	11	Bishop Sullivan Catholic High-VA	1:07.89	1:10.65
34 McGrath, Ashley 32.76 38.65	SR	Paul VI Catholic High School	1:08.42	1:11.41
35 Cunningham, Catherine 33.16 38.70	10	Trinity Episcopal School-VA	1:09.59	1:11.86
--- Goff, Laura 31.65 37.84		St. Stephans/St. Agnes	1:09.84	X1:09.49

**Event 12 Boys 100 Yard Butterfly****VSIS Record: 49.75 ! 2/13/2009 Stuart Ferguson-Collegiate****All-Amer A: 50.80 \*****All-Amer B: 51.72 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Stephens, Thomas 23.40 27.00	11	Collegiate School-VA	51.53	50.40*	20
2 Crabb, James 23.22 27.40	11	Woodberry Forest-VA	50.05	50.62*	17
3 Gebert, Jorah 24.08 27.70	12	Fork Union Military Academy-VA	52.27	51.78	16
4 MacDonald, Angus 23.86 27.94	SR	Bishop Ireton Swim and Dive Te-	51.58	51.80	15
5 Nasakaitis, Eric 25.02 28.02	JR	Paul VI Catholic High School	54.76	53.04	14
6 Ferguson, Thomas 25.18 28.10	9	Collegiate School-VA	53.44	53.28	13
7 Totten, Charles 24.76 28.75		Hargrave Aquatics-VA	53.92	53.51	12

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 12 Boys 100 Yard Butterfly)**

Name	Yr	School	Prelim Time	Finals Time	Points
8 Phillips, Riley 25.19 29.46	11	Fork Union Military Academy-VA	54.65	54.65	11

**B - Final**

9 Leach, Jimmy 25.35 28.03	SR	Norfolk Academy-VA	55.67	53.38	9
10 Howell, Nic 25.58 29.32		Norfolk Christian-VA	56.08	54.90	7
11 Dorsey, Austin 26.06 29.36	10	Fork Union Military Academy-VA	54.95	55.42	6
12 Moore, Cameron 26.11 29.41	9	Collegiate School-VA	56.41	55.52	5
13 Dunn, Catfish 25.83 30.11	SO	Seton School	55.73	55.94	4
14 Farley, John 24.94 31.16	SR	Cape Henry Collegiate School-VA	55.91	56.10	3
15 Hodges, Hayden 26.06 30.07	12	Trinity Episcopal School-VA	55.63	56.13	2
16 Truluck, Walker 26.05 30.25	12	Woodberry Forest-VA	56.48	56.30	1

**Event 12 Boys 100 Yard Butterfly**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Crabb, James 23.21 26.84	11	Woodberry Forest-VA	51.06	50.05* q
2 Stephens, Thomas 23.96 27.57	11	Collegiate School-VA	50.81	51.53 @q
3 MacDonald, Angus 24.17 27.41	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	51.68	51.58 @q
4 Gebert, Jorah 24.62 27.65	12	Fork Union Military Academy-VA	51.76	52.27 q
5 Ferguson, Thomas 24.87 28.57	9	Collegiate School-VA	52.89	53.44 q
6 Totten, Charles 25.21 28.71		Hargrave Aquatics-VA	54.47	53.92 q
7 Phillips, Riley 25.17 29.48	11	Fork Union Military Academy-VA	55.48	54.65 q
8 Nasakaitis, Eric 26.04 28.72	JR	Paul VI Catholic High School	53.25	54.76 q
9 Dorsey, Austin 25.75 29.20	10	Fork Union Military Academy-VA	55.42	54.95 q
10 Hodges, Hayden 26.18 29.45	12	Trinity Episcopal School-VA	58.03	55.63 q
11 Leach, Jimmy 26.06 29.61	SR	Norfolk Academy-VA	55.53	55.67 q
12 Dunn, Catfish 25.97 29.76	SO	Seton School	56.81	55.73 q
13 Farley, John 24.88 31.03	SR	Cape Henry Collegiate School-VA	54.47	55.91 q

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
14	Howell, Nic 26.85 29.23		Norfolk Christian-VA	55.86	56.08	q
15	Moore, Cameron 26.23 30.18	9	Collegiate School-VA	55.90	56.41	q
16	Truluck, Walker 25.91 30.57	12	Woodberry Forest-VA	56.85	56.48	q
17	Tarkenton, Dallas 26.25 30.79	FR	St. Christopher's School-VA	59.41	57.04	
18	Nester, Jack 27.07 30.04	SO	St. Christopher's School-VA	56.26	57.11	
19	Gimple, Tyler 27.22 30.03	FR	St. Anne's-Belfield-VA	57.03	57.25	
20	Basinger, David 26.56 30.98	JR	Seton School	57.07	57.54	
21	Fauls, Henry 26.66 30.99	8	St. Christopher's School-VA	57.74	57.65	
22	Serpe, Sal 26.74 31.30	SR	Cape Henry Collegiate School-VA	56.09	58.04	
23	Bridgforth, Wells 27.65 30.84	10	Trinity Episcopal School-VA	59.03	58.49	
24	Winkler, Ryan 26.77 32.15	JR	The Covenant School-VA	1:00.64	58.92	
25	Holmes, Harrison 27.16 32.07		Hargrave Aquatics-VA	59.31	59.23	
26	Chang, Jonah 27.26 32.08	FR	Flint Hill Varsity Swim Team-PV	58.46	59.34	
27	Hapgood, Alex 26.95 32.41	9	Woodberry Forest-VA	1:02.12	59.36	
28	Nguyen, Hieu 27.55 31.83	JR	Randolph-Macon Academy-VA	1:00.98	59.38	
29	Haas, Wyatt 27.74 31.72	SR	Benedictine High School	1:01.22	59.46	
30	Martinez, Marcus 27.07 32.48	SR	Paul VI Catholic High School	57.88	59.55	
31	Kalna, Matthew 28.02 31.90	SO	John Paul The Great	58.90	59.92	
32	Dunlevy, Chris 28.38 31.66	JR	St. Christopher's School-VA	1:00.05	1:00.04	
33	Reese, Jason 28.59 32.08		Hargrave Aquatics-VA	1:02.01	1:00.67	
34	Snyder, Ari 28.42 32.40	8	Hampton Roads Academy	1:00.46	1:00.82	
35	Marrero, Frankie 27.71 33.27	JR	Paul VI Catholic High School	1:02.33	1:00.98	
36	O'Hara, Paul 28.14 33.67	JR	Peninsula Catholic High School-V	1:02.25	1:01.81	
37	Jennings, Lucas 28.04 33.81		St. Stephans/St. Agnes	1:01.26	1:01.85	
38	McAdams, Charlie 28.57 33.83		Walsingham Academy-VA	1:01.56	1:02.40	
39	Sinesi, Drew 29.42 37.66	12	Norfolk Collegiate-VA	1:02.48	1:07.08	
---	Houle, Jake		Notre Dame Academy Swim Team	1:01.21		DQ

## 2010 VSIS Swimming &amp; Diving Championships - 2/19/2010 to 2/20/2010

## Results

## Event 13 Girls 100 Yard Freestyle

VSIS Record: 51.73 ! 2/18/2006 Lauren Brandes/Leigh Psaris

All-Amer A: 51.62 \*

All-Amer B: 52.39 @

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Titley, Allison 25.29 26.72	JR	St. Gertrude High School	52.42	52.01 @	20
2 Donohoe, Lauren 25.80 28.28	JR	Seton School	54.78	54.08	17
3 Hall, Alina 25.66 28.56	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	55.39	54.22	16
4 Rich, Kimberly 25.88 28.36	JR	Norfolk Academy-VA	55.34	54.24	15
5 Jansen, Brittney 26.51 28.79		Madeira Varsity Swim and Dive-P	56.90	55.30	14
6 Doswell, Cabell 26.50 28.98	JR	St. Catherine's School-VA	56.06	55.48	13
7 Bennett, Kelly 26.46 29.46		Walsingham Academy-VA	56.25	55.92	12
8 Zeigler, Maddie 27.30 29.44	SO	Bishop Ireton Swim and Dive Te- <sup>1</sup>	57.28	56.74	11
<b>B - Final</b>					
9 Adkins, Claire 27.43 29.20	FR	The Carlisle School-VA	57.39	56.63	9
10 Cooper, Addie 27.31 29.42	SO	Cape Henry Collegiate School-VA	57.60	56.73	7
11 Farmer, Elaine 27.47 29.32	JR	St. Catherine's School-VA	57.71	56.79	6
12 Byron, Kate 27.45 29.76	12	Collegiate School-VA	57.70	57.21	5
13 Clagett, Amanda 27.80 29.76	FR	Norfolk Academy-VA	58.26	57.56	4
14 Neuburg, Emily 27.68 30.83		Nansemond-Suffolk Academy	58.11	58.51	3
15 Smith, Arralyn 27.90 31.26		Norfolk Christian-VA	59.12	59.16	2
16 Johnson, Grace 28.41 31.54		Madeira Varsity Swim and Dive-P	59.53	59.95	1

## Event 13 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Titley, Allison 25.69 26.73	JR	St. Gertrude High School	54.81	52.42 q
2 Donohoe, Lauren 26.28 28.50	JR	Seton School	54.15	54.78 q
3 Rich, Kimberly 26.22 29.12	JR	Norfolk Academy-VA	55.10	55.34 q
4 Hall, Alina 26.18 29.21	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	54.40	55.39 q

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 13 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time	
5 Doswell, Cabell 27.07 28.99	JR	St. Catherine's School-VA	57.32	56.06	q
6 Bennett, Kelly 26.46 29.79		Walsingham Academy-VA	56.79	56.25	q
7 Jansen, Brittney 27.24 29.66		Madeira Varsity Swim and Dive-P	55.94	56.90	q
8 Zeigler, Maddie 27.85 29.43	SO	Bishop Ireton Swim and Dive Te- <sup>1</sup>	58.58	57.28	q
9 Adkins, Claire 27.88 29.51	FR	The Carlisle School-VA	57.20	57.39	q
10 Cooper, Addie 27.55 30.05	SO	Cape Henry Collegiate School-VA	56.81	57.60	q
11 Byron, Kate 27.81 29.89	12	Collegiate School-VA	57.28	57.70	q
12 Farmer, Elaine 27.16 30.55	JR	St. Catherine's School-VA	57.43	57.71	q
13 Neuburg, Emily		Nansemond-Suffolk Academy	57.83	58.11	q
14 Clagett, Amanda 27.48 30.78	FR	Norfolk Academy-VA	58.54	58.26	q
15 Smith, Arralyn 28.11 31.01		Norfolk Christian-VA	59.03	59.12	q
16 Johnson, Grace 28.51 31.02		Madeira Varsity Swim and Dive-P	58.99	59.53	q
17 Anderson, Erin 28.82 30.98	11	Collegiate School-VA	1:00.25	59.80	
18 Sabol, Morgan 28.00 31.88	FR	Cape Henry Collegiate School-VA	1:00.11	59.88	
19 Hiser, Alex 28.34 31.65	9t	Norfolk Collegiate-VA	59.50	59.99	
20 Bennett, Megan 28.57 31.54	SR	Chatham Hall-VA	1:00.08	1:00.11	
21 Mulligan, Caitie 28.56 31.67	JR	St. Gertrude High School	59.73	1:00.23	
22 Woodrum, Sally 29.15 32.44	12	Trinity Episcopal School-VA	1:00.05	1:01.59	

**Event 14 Boys 100 Yard Freestyle**

**VSIS Record: 45.31 ! 2/14/2009 Hussein Mohamed-Fork Union**

**All-Amer A: 46.35 \***

**All-Amer B: 46.98 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Ingold, Zach 21.74 23.62	12	Woodberry Forest-VA	45.77	45.36*	20
2 Stephens, Thomas 21.89 23.78	11	Collegiate School-VA	48.00	45.67*	17
3 McLaughlin, Keegan 22.76 24.63	SR	Cape Henry Collegiate School-VA	48.08	47.39	16
4 Morio, Matt 23.32 24.99	12	Fork Union Military Academy-VA	48.52	48.31	15
5 Humphrey, Jake 23.29 25.37	12	Fork Union Military Academy-VA	48.67	48.66	14



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 14 Boys 100 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
6 Ellis, Samuel 23.32 25.67	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	49.15	48.99	13
7 Coor, Wil 23.43 25.71	10	Collegiate School-VA	49.04	49.14	12
8 Leach, Ben 23.01 26.27	SO	Norfolk Academy-VA	48.75	49.28	11

**B - Final**

9 Yelmgren, Michael 23.90 25.09	SR	Paul VI Catholic High School	49.19	48.99	9
10 Day, Christian 23.53 25.56	11	Woodberry Forest-VA	49.80	49.09	7
11 Kjartansson, Orn 23.99 25.34	12	Fork Union Military Academy-VA	49.39	49.33	6
12 Truluck, Walker 23.71 26.07	12	Woodberry Forest-VA	50.33	49.78	5
13 Joseph, Kevin 23.95 25.89	JR	Nansemond-Suffolk Academy	49.89	49.84	4
14 Pidgeon, Jack 23.80 26.36	11	Woodberry Forest-VA	50.38	50.16	3
15 Cook, Andrew 24.56 25.78	JR	Virginia Episcopal School-VA	49.83	50.34	2
16 Chang, Jonah 24.32 26.83	FR	Flint Hill Varsity Swim Team-PV	50.74	51.15	1

**Event 14 Boys 100 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Ingold, Zach 21.98 23.79	12	Woodberry Forest-VA	45.99	45.77* q
2 Stephens, Thomas 23.15 24.85	11	Collegiate School-VA	45.61	48.00 q
3 McLaughlin, Keegan 23.35 24.73	SR	Cape Henry Collegiate School-VA	47.62	48.08 q
4 Morio, Matt 23.56 24.96	12	Fork Union Military Academy-VA	48.99	48.52 q
5 Humphrey, Jake 23.32 25.35	12	Fork Union Military Academy-VA	49.67	48.67 q
6 Leach, Ben 23.28 25.47	SO	Norfolk Academy-VA	49.77	48.75 q
7 Coor, Wil 23.52 25.52	10	Collegiate School-VA	49.41	49.04 q
8 Ellis, Samuel 23.79 25.36	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	49.26	49.15 q
9 Yelmgren, Michael 23.72 25.47	SR	Paul VI Catholic High School	49.17	49.19 q
10 Kjartansson, Orn 23.68 25.71	12	Fork Union Military Academy-VA	50.81	49.39 q
11 Day, Christian 23.85 25.95	11	Woodberry Forest-VA	50.66	49.80 q

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 14 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time	
12 Cook, Andrew 24.05 25.78	JR	Virginia Episcopal School-VA	49.46	49.83	q
13 Joseph, Kevin 23.82 26.07	JR	Nansemond-Suffolk Academy	50.57	49.89	q
14 Truluck, Walker 24.41 25.92	12	Woodberry Forest-VA	50.78	50.33	q
15 Pidgeon, Jack 24.00 26.38	11	Woodberry Forest-VA	51.85	50.38	q
16 Chang, Jonah 24.10 26.64	FR	Flint Hill Varsity Swim Team-PV	53.21	50.74	q
17 Tudor, Shane 24.45 26.44	SO	Roanoke Catholic School-VA	51.83	50.89	
18 Dorsey, Austin 24.82 26.25	10	Fork Union Military Academy-VA	50.37	51.07	
19 Wood, Connor 23.69 27.82	JR	St. Christopher's School-VA	51.79	51.51	
20 Warren, Matt 24.11 27.64	FR	Peninsula Catholic High School-V	51.69	51.75	
21 Serpe, Max 24.25 27.65	SO	Cape Henry Collegiate School-VA	52.18	51.90	
22 Tupper, Devin 24.91 27.51	11	Norfolk Collegiate-VA	51.40	52.42	
23 Lassiter, Holt 24.66 27.86	10	Bishop Sullivan Catholic High-VA	52.36	52.52	
24 Kuznetsov, Oleksiy 25.30 27.39		Hargrave Aquatics-VA	53.51	52.69	
25 Blanchard, David 25.82 28.65	SR	Cape Henry Collegiate School-VA	53.50	54.47	
--- McGinty, Brian	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	51.89	NS	

**Event 15 Girls 500 Yard Freestyle****VSIS Record: 4:46.78 ! 2/14/2009 Rachel Naurath-Collegiate****All-Amer A: 4:57.24 \*****All-Amer B: 5:02.19 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Naurath, Rachel 26.83 28.64 28.86 29.48 28.61	12	Collegiate School-VA	4:54.78 29.22	4:47.09*	20
2 Nester, Jane 28.77 31.74 32.19 32.82 31.63	FR	St. Catherine's School-VA	5:22.56 32.85	5:20.28	17
3 Alagia, Maddie 28.92 31.65 32.75 32.85 31.47		Madeira Varsity Swim and Dive-P	5:29.56 32.68	5:21.08	16
4 Quay, Rebecca 29.30 31.72 32.70 32.58 31.19	8	Collegiate School-VA	5:28.59 32.64	5:21.26	15
5 Kim, Sarah 29.05 31.81 32.91 34.39 33.36	SR	St. Catherine's School-VA	5:26.48 34.25	5:29.20	14

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 15 Girls 500 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
6 Cook, Kathryn	JR	Norfolk Academy-VA	5:29.29	5:30.84	13
28.72 32.33 33.58	33.75	34.19 33.83 34.15	34.40		
33.91 31.98					
7 Wunderly, Bridget	JR	Seton School	5:27.06	5:31.58	12
29.12 31.96 33.01	33.55	34.08 34.48 34.45	34.69		
34.22 32.02					
8 Cuthbert, Maggie	10	Collegiate School-VA	5:30.92	5:34.46	11
28.58 31.67 32.94	33.74	34.33 34.59 35.22	35.32		
34.57 33.50					

**B - Final**

9 Grattan, Gillie	12	Trinity Episcopal School-VA	5:35.03	5:27.27	9
29.19 32.69 33.51	33.35	32.91 33.25 33.39	32.99		
33.22 32.77					
10 Clary, Caroline	08	Norfolk Academy-VA	5:35.71	5:33.77	7
29.44 32.32 33.64	33.96	34.22 34.39 34.39	34.36		
34.28 32.77					
11 Claybrooks, Carolyn	SR	Seton School	5:39.36	5:34.13	6
28.43 32.99 33.94	34.02	34.63 34.27 34.84	35.12		
34.37 31.52					
12 Palmer, Kelly	FR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	5:44.60	5:39.82	5
30.63 33.47		34.87	2:54.31		
13 von Quillfeldt, Anniken	SO	St. Anne's-Belfield-VA	5:43.57	5:41.76	4
29.59 33.77 34.18	34.78	35.08 35.18 35.40	35.03		
34.80 33.95					
14 Gulick, Lauren	SO	Norfolk Academy-VA	5:45.56	5:45.05	3
30.10 33.06 34.20	34.38	35.02 35.44 35.55	35.93		
35.90 35.47					
15 Belt, Marie	JR	St. Catherine's School-VA	5:53.38	5:53.61	2
31.84 34.25 35.26	36.09	36.24 36.27 36.46	37.11		
36.31 33.78					
16 Tudor, Hannah		Roanoke Catholic School-VA	5:58.15	5:55.21	1
30.95 34.12 35.43	36.41	36.75 36.89 36.80	36.75		
36.36 34.75					

**Event 15 Girls 500 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Naurath, Rachel	12	Collegiate School-VA	4:44.09	4:54.78* q
27.05 29.58 29.76	29.81	29.79 29.99 29.57	29.87	
29.98 29.38				
2 Nester, Jane	FR	St. Catherine's School-VA	5:27.44	5:22.56 q
29.60 31.84 32.85	33.06	32.55 32.41 32.94	32.71	
32.59 32.01				
3 Kim, Sarah	SR	St. Catherine's School-VA	5:25.87	5:26.48 q
29.61 31.85 32.80	32.86	33.15 33.06 33.50	33.28	
33.52 32.85				
4 Wunderly, Bridget	JR	Seton School	5:37.61	5:27.06 q
29.20 32.11 32.70	32.97	33.15 33.44 33.60	33.76	
33.62 32.51				



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
22 Brendsel, Natalie	FR	Flint Hill Varsity Swim Team-PV	6:07.03	6:10.30
31.52 35.57 36.88	38.21	37.62 38.27 38.51	38.54	
38.46 36.72				
23 Campbell, Grayson	8	Hampton Roads Academy	6:09.31	6:10.33
30.84 35.00 37.29	38.14	39.06 38.49 38.91	38.37	
38.34 35.89				
24 Bartram, Hanna		Madeira Varsity Swim and Dive-P	6:08.63	6:13.99
32.11 35.86 36.72	38.02	38.51 38.70 38.98	39.49	
39.41 36.19				
25 Sutton, Hannah	FR	Norfolk Academy-VA	6:07.34	6:21.94
32.91 37.49 38.83	38.93	39.39 38.79 39.18	39.78	
39.11 37.53				

**Event 16 Boys 500 Yard Freestyle**VSIS Record: **4:29.41 ! 2/14/2009 Jameson Hill-Seton**All-Amer A: **4:35.51 \***All-Amer B: **4:39.82 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Hill, Jameson	SR	Seton School	4:36.26	4:28.82!	20
23.51 26.32 26.80	27.26	27.36 27.54 27.42	27.68		
28.12 26.81					
2 Cuthbert, West	12	Collegiate School-VA	4:45.65	4:36.10 @	17
24.99 27.02 27.69	28.03	27.71 28.09 28.24	28.69		
28.43 27.21					
3 Bogese, Mikey	SR	St. Christopher's School-VA	4:45.58	4:36.37 @	16
25.53 27.43 27.79	28.09	27.99 28.27 28.19	28.09		
28.15 26.84					
4 Cook, Andrew	JR	Virginia Episcopal School-VA	4:51.00	4:47.68	15
26.01 28.40 28.60	29.14	29.56 29.36 29.30	29.34		
29.53 28.44					
5 Gulick, Jon	JR	Norfolk Academy-VA	4:49.25	4:50.91	14
25.67 27.62 28.68	29.19	30.37 30.13 31.02	29.58		
30.87 27.78					
6 Kerner, Travis	SO	Benedictine High School	4:53.76	4:51.46	13
26.02 28.29 29.10	29.47	29.83 29.71 30.08	30.08		
29.96 28.92					
7 Gershun, Joe	11	Fork Union Military Academy-VA	4:55.19	4:53.29	12
26.67 28.61 29.11	29.72	30.27 30.11 29.84	29.94		
30.03 28.99					
8 Belt, Billy	SR	St. Christopher's School-VA	4:53.57	4:55.89	11
25.96 28.07 29.21	29.73	30.06 30.48 30.75	30.77		
30.82 30.04					
<b>B - Final</b>					
9 Covington, Chris	11	Fork Union Military Academy-VA	5:02.23	4:55.96	9
26.83 29.54 29.87	30.15	29.98 29.57 29.82	30.33		
30.22 29.65					
10 Nester, Jack	SO	St. Christopher's School-VA	4:58.25	4:58.66	7
26.85 29.04 30.14	30.10	30.41 30.63 31.01	31.08		
30.77 28.63					
11 Arroyo, Sito	10	Fork Union Military Academy-VA	4:58.89	4:59.11	6
26.53 29.40 29.89	30.47	30.76 30.58 30.56	30.49		
30.77 29.66					

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 16 Boys 500 Yard Freestyle)**

Name		Yr School		Prelim Time		Finals Time		Points
12	Gimple, Tyler	FR	St. Anne's-Belfield-VA	5:03.59	5:01.54			5
	26.77 29.23 29.67		30.50 30.93 30.72 31.10	31.37				
	31.73 29.52							
13	Taylor, Ret	11	Woodberry Forest-VA	5:06.40	5:02.10			4
	26.52 29.28 29.66		30.55 30.84 31.09 31.81	31.33				
	31.40 29.62							
14	Holder, Kevin		Walsingham Academy-VA	5:03.97	5:03.11			3
	26.41 29.61 30.25		30.49 30.68 31.17 31.43	31.94				
	31.57 29.56							
15	McNally, Mac	FR	North Cross School-VA	5:08.31	5:05.07			2
	26.35 30.41 30.19		31.01 31.04 31.53 31.61	31.35				
	31.20 30.38							
16	Mason, Michael	12	Collegiate School-VA	5:06.47	5:07.08			1
	26.87 30.23 31.21		31.10 31.60 31.47 31.17	31.53				
	31.41 30.49							

**Event 16 Boys 500 Yard Freestyle**

Name		Yr School		Seed Time	Prelim Time
<b>Preliminaries</b>					
1	Hill, Jameson	SR	Seton School	4:27.19	4:36.26 @ q
	24.45 27.60 28.22		28.47 28.64 29.04 26.23	27.44	
	28.35 27.82				
2	Bogese, Mikey	SR	St. Christopher's School-VA	4:33.77	4:45.58 q
	26.31 28.51 28.77		28.89 28.79 28.73 29.01	28.98	
	28.93 28.66				
3	Cuthbert, West	12	Collegiate School-VA	4:33.97	4:45.65 q
	26.30 28.56 28.55		28.86 29.12 28.90 28.93	29.20	
	29.56 27.67				
4	Gulick, Jon	JR	Norfolk Academy-VA	4:56.01	4:49.25 q
	25.35 27.59 28.62		29.15 29.84 29.81 29.68	30.28	
	29.77 29.16				
5	Cook, Andrew	JR	Virginia Episcopal School-VA	4:52.41	4:51.00 q
	26.43 28.47 28.87		28.82 28.85 29.07 29.66	30.77	
	30.59 29.47				
6	Belt, Billy	SR	St. Christopher's School-VA	4:47.40	4:53.57 q
	26.62 28.62 29.18		29.76 29.80 29.86 30.13	29.95	
	30.22 29.43				
7	Kerner, Travis	SO	Benedictine High School	5:00.17	4:53.76 q
	26.39 28.47 29.02		29.70 29.79 30.15 30.21	30.24	
	30.37 29.42				
8	Gershun, Joe	11	Fork Union Military Academy-VA	4:57.88	4:55.19 q
	26.59 28.27 28.96		29.20 29.73 30.16 30.53	30.70	
	31.03 30.02				
9	Nester, Jack	SO	St. Christopher's School-VA	4:55.87	4:58.25 q
	26.65 29.18 29.83		30.61 30.56 30.78 31.00	30.84	
	30.20 28.60				
10	Arroyo, Sito	10	Fork Union Military Academy-VA	5:04.71	4:58.89 q
	26.66 28.90 29.66		30.23 30.35 30.74 30.92	30.92	
	30.82 29.69				



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
29 Mayer, Solly	11	Woodberry Forest-VA	5:27.32	5:30.96
26.78 30.55 32.34	33.45	34.04 35.26 35.33	35.14	
34.52 33.55				
30 Quint, Marcus	FR	Paul VI Catholic High School	5:35.92	5:33.87
28.11 30.94 32.06	33.26	34.05 34.74 35.11	35.06	
35.58 34.96				
31 Blankenship, Tanner	FR	Randolph-Macon Academy-VA	5:32.47	5:34.84
28.57 32.21 33.67	34.19	34.03 34.37 34.92	34.97	
34.65 33.26				

**Event 17 Girls 200 Yard Freestyle Relay**

**VSIS Record: 1:39.15 ! 2/14/2009 St. Catherine's School**  
**L Jennings, E Farmer, N Vivadelli, K Bassett**

**All-Amer A: 1:38.14 \***

**All-Amer B: 1:39.64 @**

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 Seton School	A	1:41.62	1:40.05	40
1) Doonis, Alex SO	2) Rogers, Cat SO	3) Talbott, Laura SR	4) Donohoe, Lauren JR	
24.98 24.50 25.78	24.79			
2 Collegiate School-VA	A	1:41.59	1:40.08	34
1) Cuthbert, Maggie 10	2) Byron, Kate 12	3) Kish, Mary Katherine 8	4) Naurath, Rachel 12	
26.34 25.53 25.36	22.85			
3 St. Catherine's School-VA	A	1:43.53	1:42.14	32
1) Farmer, Elaine JR	2) Doswell, Cabell JR	3) Gullquist, Dana JR	4) Nester, Jane FR	
25.26 25.32 25.97	25.59			
4 Norfolk Academy-VA	A	1:42.80	1:42.69	30
1) Cook, Kathryn JR	2) Parks, Allison FR	3) Clary, Emily JR	4) Rich, Kimberly JR	
26.22 25.60 26.79	24.08			
5 Cape Henry Collegiate School	A	1:43.78	1:43.74	28
1) Tompkins, Kendall FR	2) Sabol, Morgan FR	3) Glaser, Bryce	4) Cooper, Addie SO	
25.86 26.27 26.72	24.89			
6 Trinity Episcopal School-VA	A	1:46.00	1:43.83	26
1) Grattan, Gillie 12	2) Thompson, Meredith 11	3) Woodrum, Sally 12	4) Upadhyaya, Alex 9	
26.51 26.05 26.31	24.96			
7 Nansemond-Suffolk Academy	A	1:45.30	1:44.42	24
1) Bishop, Gabrielle SO	2) Neuburg, Emily	3) Sclater, Kayla SR	4) Davis, Meredith SO	
24.11 26.29 28.56	25.46			
8 Hampton Roads Academy	A	1:47.19	1:45.78	22
1) Jurczyk, Sarah 8	2) Burckbuchler, Chandler SO	3) Morrison, Casey FR	4) Rento, Nicole JR	
26.51 28.90 25.71	24.66			
<b>B - Final</b>				
9 Flint Hill Varsity Swim Team	A	1:48.77	1:47.69	18
1) Swarts, Rachel FR	2) Okoth, Mary SR	3) Petka, Lauren FR	4) Brendsel, Natalie FR	
25.61 28.14 27.43	26.51			
10 St. Gertrude High School	A	1:50.00	1:47.81	14
1) Titley, Allison JR	2) Mulligan, Caitie JR	3) Perrin, Catherine SR	4) Urban, Rachel SR	
24.73 27.35 29.33	26.40			
11 St. Anne's-Belfield-VA	A	1:50.46	1:51.03	12
1) Conner, Wesley FR	2) Witherow, Somer SO	3) Leiner, Katie FR	4) von Quillfeldt, Anniken SO	
28.14 28.19 28.12	26.58			
12 Madeira Varsity Swim and Di	A	1:51.54	1:51.23	10
1) Griffin, Ann	2) Johnson, Grace	3) Tang, Rachel	4) Basel, Megan	
28.21 27.55 28.27	27.20			



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
13 Bishop Ireton Swim and Dive	A	1:49.91	1:51.49	8
1) Wulff, Allison JR	2) Quinn, Emi FR	3) Becht, Laura JR	4) Palmer, Kelly FR	
27.67 28.44 27.31 28.07				
14 Peninsula Catholic High Scho	A	1:53.94	1:52.29	6
1) Smith, Kayla SO	2) Sawyer, Rachel FR	3) Henke, Sarah SR	4) Melo, Meredith SR	
28.48 29.76 28.15 25.90				
15 Bishop Sullivan Catholic High	A	1:53.29	1:53.62	4
1) McKenna, Kat 12	2) Curran, Kailene 10	3) Long, Courtney 10	4) Osterman, Katie 11	
27.34 28.54 28.15 29.59				
16 Fredericksburg Christian-VA	A	1:54.74	1:53.82	2
1) Lambertson, Jennifer 11	2) Swauger, Abby 11	3) Pleban, Kaley 11	4) Eagal, Cassie 12	
28.87 29.34 28.41 27.20				

**Event 17 Girls 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Collegiate School-VA	A	1:41.51	1:41.59 q
1) Cuthbert, Maggie 10	2) Byron, Kate 12	3) Kish, Mary Katherine 8	4) Naurath, Rachel 12
26.67 25.51 25.78 23.63			
2 Seton School	A	1:40.83	1:41.62 q
1) Doonis, Alex SO	2) Rogers, Cat SO	3) Talbott, Laura SR	4) Donohoe, Lauren JR
25.25 24.77 26.34 25.26			
3 Norfolk Academy-VA	A	1:43.57	1:42.80 q
1) Cook, Kathryn JR	2) Parks, Allison FR	3) Clary, Emily JR	4) Rich, Kimberly JR
26.02 25.71 26.62 24.45			
4 St. Catherine's School-VA	A	1:42.05	1:43.53 q
1) Farmer, Elaine JR	2) Doswell, Cabell JR	3) Gullquist, Dana JR	4) Nester, Jane FR
25.69 25.62 26.41 25.81			
5 Cape Henry Collegiate School	A	1:43.01	1:43.78 q
1) Tompkins, Kendall FR	2) Sabol, Morgan FR	3) Glaser, Bryce	4) Cooper, Addie SO
25.86 26.03 26.45 25.44			
6 Nansemond-Suffolk Academy	A	1:43.83	1:45.30 q
1) Neuburg, Emily	2) Sclater, Kayla SR	3) Davis, Meredith SO	4) Bishop, Gabrielle SO
27.00 28.52 25.95 23.83			
7 Trinity Episcopal School-VA	A	1:45.86	1:46.00 q
1) Thompson, Meredith 11	2) Grattan, Gillie 12	3) Woodrum, Sally 12	4) Upadhyaya, Alex 9
26.74 27.07 27.03 25.16			
8 Hampton Roads Academy	A	1:48.47	1:47.19 q
1) Jurczyk, Sarah 8	2) Burckbuchler, Chandler SO	3) Morrison, Casey FR	4) Rento, Nicole JR
26.79 29.05 25.81 25.54			
9 Flint Hill Varsity Swim Team	A	1:48.61	1:48.77 q
1) Swarts, Rachel FR	2) Okoth, Mary SR	3) Petka, Lauren FR	4) Brendsel, Natalie FR
26.12 27.95 27.40 27.30			
10 Bishop Ireton Swim and Dive	A	1:52.08	1:49.91 q
1) Becht, Laura JR	2) Quinn, Emi FR	3) Wulff, Allison JR	4) Collins, Liz JR
5) Palmer, Kelly FR			
27.53 28.09 27.42 26.87			
11 St. Gertrude High School	A	1:47.03	1:50.00 q
1) Titley, Allison JR	2) Mulligan, Caitie JR	3) Perrin, Catherine SR	4) Urban, Rachel SR
25.38 27.66 29.42 27.54			

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
12 St. Anne's-Belfield-VA	A	1:52.32	1:50.46 q
1) Conner, Wesley FR 28.07 27.58 28.30	2) Witherow, Somer SO 26.51	3) Leiner, Katie FR	4) von Quillfeldt, Anniken SO
13 Madeira Varsity Swim and Di	A	1:51.85	1:51.54 q
1) Tang, Rachel 28.20 27.32 28.56	2) Basel, Megan 27.46	3) Andersen, Carsen	4) Johnson, Grace
14 Bishop Sullivan Catholic High	A	1:54.08	1:53.29 q
1) McKenna, Kat 12 27.52 28.35 27.59	2) Curran, Kailene 10 29.83	3) Long, Courtney 10	4) Osterman, Katie 11
15 Peninsula Catholic High Scho	A	1:55.07	1:53.94 q
1) Smith, Kayla SO 28.68 29.98 28.22	2) Sawyer, Rachel FR 27.06	3) Henke, Sarah SR	4) Melo, Meredith SR
16 Fredericksburg Christian-VA	A	1:55.01	1:54.74 q
1) Lambertson, Jennifer 11 29.74 29.26 28.40	2) Swauger, Abby 11 27.34	3) Pleban, Kaley 11	4) Eagal, Cassie 12
17 Norfolk Collegiate-VA	A	1:51.46	2:00.89
1) Brandt, Hallsey 10 29.30 29.91 32.38	2) Porter, Emmy 12 29.30	3) Ortiz, Shelby 12	4) Fogarty, Kelly 11
--- Collegiate School-VA	B	1:50.76	X1:50.41
1) Anderson, Erin 11 27.14 28.15 28.64	2) Mosman, Daria 11 26.48	3) Davia, Laura 10	4) Makepeace, Chandler 9
--- St. Catherine's School-VA	B	1:47.23	X1:51.81
1) Headley, Sarah SO 28.38 27.71 28.92	2) Wood, Ellis FR 26.80	3) Dickinson, Jennet SR	4) Berry, Elizabeth SR
--- Trinity Episcopal School-VA	B	1:54.31	X1:52.47
1) Call, Lucy 9 27.74 27.31 28.34	2) Hazelgrove, Jessie 12 29.08	3) Barnes, Carly 11	4) Cunningham, Catherine 10
--- Norfolk Academy-VA	B	1:50.31	X1:58.16
1) Barry, Emily SR 29.09 33.11 29.33	2) Henry, Libby FR 26.63	3) Gower, Emily SR	4) Gill, Elizabeth 08
--- Paul VI Catholic High School	A	1:49.41	DQ
1) Salzano, Jackie JR 27.90 27.28 28.20	2) Covert, Lisa SR 26.90	3) McGrath, Ashley SR	4) Quint, Christina SR

**Event 18 Boys 200 Yard Freestyle Relay**

**VSIS Record: 1:24.82 ! 2/14/2009 Fork Union Military Academy**  
**H Mohamed, J Humphrey, S Ibrahim, B Sundel**

**All-Amer A: 1:26.92 \***

**All-Amer B: 1:28.29 @**

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 Fork Union Military Academy	A	1:27.65	1:25.57*	40
1) Sundel, Blake 11 21.77 21.73 21.18	2) Morio, Matt 12 20.89	3) Humphrey, Jake 12	4) Romanini, Tony 12	
2 Collegiate School-VA	A	1:29.40	1:27.49@	34
1) Coor, Wil 10 22.49 22.15 21.80	2) Ferguson, Thomas 9 21.05	3) Cuthbert, West 12	4) Anthony, Mac 12	
3 Cape Henry Collegiate School	A	1:28.20	1:27.69@	32
1) Knuth, Robert SR 21.79 22.09 22.41	2) Cooper, Josh 21.40	3) Serpe, Max SO	4) McLaughlin, Keegan SR	
4 Norfolk Academy-VA	A	1:30.38	1:29.70	30
1) Leach, Ben SO 22.31 22.50 23.40	2) Gulick, Jon JR 21.49	3) Hanson, Ross SR	4) King, Alex SR	

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
5 Woodberry Forest-VA	A	1:30.60	1:29.97	28
1) Hoffman, Nick 10	2) Allen, Hollis 10	3) Pidgeon, Jack 11	4) Day, Christian 11	
22.93 22.65 22.24 22.15				
6 Seton School	A	1:30.53	1:30.07	26
1) Hill, Jameson SR	2) Koehr, Daniel SR	3) Cook, Connor SR	4) Basinger, David JR	
21.36 23.00 22.72 22.99				
7 St. Christopher's School-VA	A	1:32.05	1:31.53	24
1) Bogese, Mikey SR	2) Fauls, Henry 8	3) Dunlevy, Chris JR	4) Wood, Connor JR	
22.60 22.98 23.30 22.65				
8 Trinity Episcopal School-VA	A	1:32.49	1:32.77	22
1) Strait, Andrew 12	2) Dunbar, Holt 10	3) Tomenchok, Derek 9	4) Hodges, Hayden 12	
22.06 24.23 23.74 22.74				
<b>B - Final</b>				
9 Benedictine High School	A	1:34.02	1:32.32	18
1) Quay, Ben SR	2) Haas, Wyatt SR	3) Kerner, Travis SO	4) Toler, Christopher SR	
22.89 23.12 23.71 22.60				
10 The Covenant School-VA	A	1:33.40	1:32.76	14
1) McGinnis, Alex SR	2) Dixon, Eric SR	3) Holstege, Eli FR	4) Winkler, Ryan JR	
23.42 23.60 22.65 23.09				
11 Bishop Sullivan Catholic High School	A	1:32.94	1:32.92	12
1) Altobello, Andrew 10	2) Lassiter, Holt 10	3) McMahon, Connor 11	4) Cussen, Tom 12	
23.46 23.06 22.17 24.23				
12 Bishop Ireton Swim and Dive	A	1:33.74	1:34.01	10
1) Clark, Michael SO	2) Grant, Kevin FR	3) Dougherty, Ryan JR	4) Ellis, Cam SR	
23.60 23.73 23.15 23.53				
13 Roanoke Catholic School-VA	A	1:35.11	1:34.97	8
1) Tudor, Shane SO	2) Russo, Sal SO	3) Akers, Christian	4) Clark, Keith SO	
23.43 22.98 24.33 24.23				
14 Flint Hill Varsity Swim Team	A	1:36.62	1:35.00	6
1) Ikeda, Rob SO	2) Waters, Nick SO	3) DeMocker, Brian SO	4) Chang, Jonah FR	
23.85 24.98 23.62 22.55				
15 Hampton Roads Academy	A	1:35.26	1:35.20	4
1) Schengber, John JR	2) Harris, Will SR	3) Snyder, Ari 8	4) Masters, Alex JR	
24.71 24.00 23.82 22.67				
16 Nansemond-Suffolk Academy	A	1:36.93	1:35.49	2
1) Ruland, Jeff JR	2) Beale, Greg	3) Riddick, Will FR	4) Joseph, Kevin JR	
24.01 25.22 24.72 21.54				

**Event 18 Boys 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Fork Union Military Academy	A	1:31.21	1:27.65 @q
1) Sundel, Blake 11	2) Morio, Matt 12	3) Humphrey, Jake 12	4) Romanini, Tony 12
22.17 22.56 21.54 21.38			
2 Cape Henry Collegiate School	A	1:31.47	1:28.20 @q
1) Knuth, Robert SR	2) Cooper, Josh	3) Serpe, Max SO	4) McLaughlin, Keegan SR
21.69 22.19 22.70 21.62			
3 Collegiate School-VA	A	1:28.76	1:29.40 q
1) Coor, Wil 10	2) Ferguson, Thomas 9	3) Cuthbert, West 12	4) Anthony, Mac 12
22.50 22.77 22.77 21.36			

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
4 Norfolk Academy-VA	A	1:30.29	1:30.38 q
1) Leach, Ben SO	2) Gulick, Jon JR	3) Hanson, Ross SR	4) King, Alex SR
22.41 22.38 23.95	21.64		
5 Seton School	A	1:36.13	1:30.53 q
1) Hill, Jameson SR	2) Koehr, Daniel SR	3) Cook, Connor SR	4) Basinger, David JR
21.22 23.07 23.11	23.13		
6 Woodberry Forest-VA	A	1:29.18	1:30.60 q
1) Hoffman, Nick 10	2) Allen, Hollis 10	3) Pidgeon, Jack 11	4) Day, Christian 11
23.29 22.92 21.98	22.41		
7 St. Christopher's School-VA	A	1:33.87	1:32.05 q
1) Bogese, Mikey SR	2) Fauls, Henry 8	3) Dunlevy, Chris JR	4) Wood, Connor JR
22.87 23.03 23.64	22.51		
8 Trinity Episcopal School-VA	A	1:34.09	1:32.49 q
1) Strait, Andrew 12	2) Dunbar, Holt 10	3) Tomenchok, Derek 9	4) Hodges, Hayden 12
22.10 24.35 23.25	22.79		
9 Bishop Sullivan Catholic High School	A	1:35.08	1:32.94 q
1) Altobello, Andrew 10	2) Lassiter, Holt 10	3) McMahon, Connor 11	4) Cussen, Tom 12
23.62 22.90 22.35	24.07		
10 The Covenant School-VA	A	1:33.34	1:33.40 q
1) McGinnis, Alex SR	2) Dixon, Eric SR	3) Holstege, Eli FR	4) Winkler, Ryan JR
23.78 23.61 22.98	23.03		
11 Bishop Ireton Swim and Dive	A	1:34.99	1:33.74 q
1) Clark, Michael SO	2) Grant, Kevin FR	3) Ellis, Cam SR	4) Dougherty, Ryan JR
23.42 23.64 23.66	23.02		
12 Benedictine High School	A	1:36.21	1:34.02 q
1) Quay, Ben SR	2) Haas, Wyatt SR	3) Kerner, Travis SO	4) Toler, Christopher SR
23.19 23.50 24.25	23.08		
13 Roanoke Catholic School-VA	A	1:41.64	1:35.11 q
1) Akers, Christian	2) Russo, Sal SO	3) Tudor, Shane SO	4) Clark, Keith SO
24.60 22.92 22.91	24.68		
14 Hampton Roads Academy	A	1:37.99	1:35.26 q
1) Schengber, John JR	2) Harris, Will SR	3) Snyder, Ari 8	4) Masters, Alex JR
25.00 24.22 23.40	22.64		
15 Flint Hill Varsity Swim Team	A	1:39.18	1:36.62 q
1) Ikeda, Rob SO	2) Waters, Nick SO	3) DeMocker, Brian SO	4) Chang, Jonah FR
24.36 25.44 24.06	22.76		
16 Nansemond-Suffolk Academy	A	1:37.49	1:36.93 q
1) Beale, Greg	2) Riddick, Will FR	3) Joseph, Kevin JR	4) Ruland, Jeff JR
26.01 24.91 22.05	23.96		
17 Peninsula Catholic High School	A	1:37.92	1:37.67
1) O'Hara, Paul JR	2) Romeo, Matt SR	3) Warren, Josh SR	4) Warren, Matt FR
25.41 24.91 24.45	22.90		
18 Paul VI Catholic High School	A	1:29.69	1:38.14
1) Gibbons, Patrick SR	2) Wiltshire, James SR	3) Quint, Marcus FR	4) Marrero, Frankie JR
25.15 24.32 24.88	23.79		
19 Walsingham Academy-VA	A	1:39.03	1:38.70
1) Sanderson, Cole	2) Harma, Duncan 8	3) McAdams, Charlie	4) Holder, Kevin
24.91 24.36 24.96	24.47		
20 St. Anne's-Belfield-VA	A	1:41.62	1:38.81
1) Pelnik, Eric JR	2) Cook, Timmy SR	3) Coffin, Jack JR	4) Gimple, Tyler FR
24.87 25.06 25.82	23.06		
21 Randolph-Macon Academy-VA	A	1:42.24	1:41.69
1) Blankenship, Tanner FR	2) Lee, Seung Su SR	3) Cohen, Matt SO	4) Nguyen, Hieu JR
25.96 25.84 26.46	23.43		

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
22 Norfolk Collegiate-VA	A	1:41.95	1:46.73
1) Swartz, Mike 12	2) Strauss, Andrew 12	3) Boyer, Clint 12	4) Scarpelli, TJ 12
26.19 28.70 25.88 25.96			
--- Fork Union Military Academy	B	1:37.53	X1:33.79
1) Okeyo, Obi 10	2) Willard, Miles 10	3) Sundel, Jeremy 9	4) Covington, Chris 11
22.69 23.40 23.70 24.00			
--- St. Christopher's School-VA	B	1:39.55	X1:36.85
1) Belt, Billy SR	2) Arles, Ryan FR	3) Frazer, Nathaniel FR	4) Tarkenton, Dallas FR
25.27 24.52 24.11 22.95			
--- Collegiate School-VA	B	1:36.11	X1:39.10
1) Doherty, Alex 12	2) Chung, Austin 8	3) Moore, Cameron 9	4) Templeman, Trip 11
25.23 24.35 25.23 24.29			
--- Norfolk Academy-VA	B	1:39.63	X1:46.89
1) Spivey, Charlie 08	2) Cardelia, Nick JR	3) Bedford, Mike SO	4) Reed, Robert SR
26.30 26.45 28.79 25.35			

**Event 19 Girls 100 Yard Backstroke**

**VSIS Record:** 57.82 ! 2/19/1994 Bess Frank-Norfolk Academy

**All-Amer A:** 57.29 \*

**All-Amer B:** 58.43 @

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Bishop, Gabrielle	SO	Nansemond-Suffolk Academy	58.36	57.13*	20
27.92 29.21					
2 Swartz, Rachel	FR	Flint Hill Varsity Swim Team-PV	1:01.54	1:00.36	17
28.99 31.37					
3 Saunders, Christa Ann		Madeira Varsity Swim and Dive-P	1:01.26	1:00.65	16
28.95 31.70					
4 Doonis, Alex	SO	Seton School	1:02.00	1:00.78	15
29.52 31.26					
5 Kish, Mary Katherine	8	Collegiate School-VA	1:02.58	1:01.14	14
30.09 31.05					
6 DuMez, Rachel	9	Wakefield Country Day School	1:02.68	1:02.03	13
30.25 31.78					
7 Wiltshire, Katie	12	Collegiate School-VA	1:03.03	1:02.77	12
30.53 32.24					
8 Bennett, Amanda		Walsingham Academy-VA	1:02.76	1:02.82	11
30.31 32.51					
<b>B - Final</b>					
9 Melo, Meredith	SR	Peninsula Catholic High School-V	1:04.09	1:02.56	9
30.33 32.23					
10 Zeigler, Maddie	SO	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:03.51	1:02.89	7
30.67 32.22					
11 Davis, Meredith	SO	Nansemond-Suffolk Academy	1:04.50	1:04.31	6
31.54 32.77					
12 Henke, Sarah	SR	Peninsula Catholic High School-V	1:05.07	1:05.55	5
32.23 33.32					
13 Tompkins, Kendall	FR	Cape Henry Collegiate School-VA	1:04.16	1:05.66	4
31.15 34.51					
14 Clary, Emily	JR	Norfolk Academy-VA	1:06.15	1:05.75	3
32.34 33.41					
15 Mosman, Daria	11	Collegiate School-VA	1:05.63	1:06.30	2
31.85 34.45					

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
16	Gelozin, Gabby 32.80 33.58	9	Collegiate School-VA	1:05.73	1:06.38	1

**Event 19 Girls 100 Yard Backstroke**

	Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>					
1	Bishop, Gabrielle 28.72 29.64	SO	Nansemond-Suffolk Academy	1:00.17	58.36 @q
2	Saunders, Christa Ann 29.33 31.93		Madeira Varsity Swim and Dive-P	1:01.23	1:01.26 q
3	Swarts, Rachel 29.62 31.92	FR	Flint Hill Varsity Swim Team-PV	1:01.12	1:01.54 q
4	Doonis, Alex 30.41 31.59	SO	Seton School	1:00.51	1:02.00 q
5	Kish, Mary Katherine 30.64 31.94	8	Collegiate School-VA	1:02.78	1:02.58 q
6	DuMez, Rachel 30.56 32.12	9	Wakefield Country Day School	1:03.52	1:02.68 q
7	Bennett, Amanda 30.45 32.31		Walsingham Academy-VA	1:05.06	1:02.76 q
8	Wiltshire, Katie 30.44 32.59	12	Collegiate School-VA	1:01.49	1:03.03 q
9	Zeigler, Maddie 31.00 32.51	SO	Bishop Ireton Swim and Dive Te-'	1:03.83	1:03.51 q
10	Melo, Meredith 31.27 32.82	SR	Peninsula Catholic High School-V	1:05.43	1:04.09 q
11	Tompkins, Kendall 30.35 33.81	FR	Cape Henry Collegiate School-VA	1:03.22	1:04.16 q
12	Davis, Meredith 31.57 32.93	SO	Nansemond-Suffolk Academy	1:03.74	1:04.50 q
13	Henke, Sarah 31.92 33.15	SR	Peninsula Catholic High School-V	1:07.94	1:05.07 q
14	Mosman, Daria 31.71 33.92	11	Collegiate School-VA	1:06.42	1:05.63 q
15	Gelozin, Gabby 31.64 34.09	9	Collegiate School-VA	1:04.37	1:05.73 q
16	Clary, Emily 32.50 33.65	JR	Norfolk Academy-VA	1:06.43	1:06.15 q
17	Grap, Maddie 32.45 34.84	SO	St. Catherine's School-VA	1:07.94	1:07.29
18	Kanter, Meghan 32.57 35.07	12	Norfolk Collegiate-VA	1:05.32	1:07.64
19	Shama, Sara 32.65 35.38	9	Trinity Episcopal School-VA	1:10.02	1:08.03
20	Powell, Hannah 33.16 34.89	8	St. Catherine's School-VA	1:08.46	1:08.05
21	Thompson, Meredith 32.34 35.72	11	Trinity Episcopal School-VA	1:02.88	1:08.06
22	Petka, Lauren 33.00 35.15	FR	Flint Hill Varsity Swim Team-PV	1:07.94	1:08.15

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 19 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Prelim Time
23 Talbott, Laura 32.78 35.51	SR	Seton School	1:07.27	1:08.29
24 Wall, Anna 33.18 35.13	JR	St. Catherine's School-VA	1:09.40	1:08.31
25 Barnes, Carly 32.80 36.15	11	Trinity Episcopal School-VA	1:10.12	1:08.95
26 Curran, Kailene 33.27 35.77	10	Bishop Sullivan Catholic High-VA	1:09.55	1:09.04
27 Kovacs, Izabella 33.12 36.12	SO	St. Catherine's School-VA	1:08.89	1:09.24
28 Kennedy, Allison 33.69 36.00	SO	Flint Hill Varsity Swim Team-PV	1:09.78	1:09.69
29 Basel, Megan 34.23 35.89		Madeira Varsity Swim and Dive-P	1:09.23	1:10.12
30 Perrin, Catherine 34.17 36.22	SR	St. Gertrude High School	1:09.98	1:10.39
31 Dickerson, Mary Grace 34.21 37.09	SO	Norfolk Academy-VA	1:10.20	1:11.30
32 Smith, Kayla 34.75 36.71	SO	Peninsula Catholic High School-V	1:10.10	1:11.46
33 Sawyer, Rachel 36.51 39.19	FR	Peninsula Catholic High School-V	1:10.07	1:15.70
--- Holden, Trent	SO	St. Anne's-Belfield-VA	1:08.40	DQ
--- Conner, Wesley 34.20 37.82	FR	St. Anne's-Belfield-VA	1:09.78	DQ

**Event 20 Boys 100 Yard Backstroke****VSIS Record: 50.32 ! 2/28/2001 Chad Barlow-Walsingham****All-Amer A: 51.92 \*****All-Amer B: 52.90 @**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 MacDonald, Angus 24.65 26.57	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	52.93	51.22*	20
2 Romanini, Tony 24.84 26.45	12	Fork Union Military Academy-VA	51.99	51.29*	17
3 Gebert, Jorah 25.58 27.54	12	Fork Union Military Academy-VA	52.73	53.12	16
4 Knuth, Robert 25.29 28.20	SR	Cape Henry Collegiate School-VA	53.24	53.49	15
5 Crabb, James 25.46 28.25	11	Woodberry Forest-VA	54.92	53.71	14
6 Yelmgren, Michael 26.27 27.91	SR	Paul VI Catholic High School	54.07	54.18	13
7 Russo, Sal 26.77 27.64	SO	Roanoke Catholic School-VA	55.34	54.41	12
8 Ferguson, Peter 26.46 28.49	9	Collegiate School-VA	55.36	54.95	11
<b>B - Final</b>					
9 Hoffman, Nick 26.46 28.02	10	Woodberry Forest-VA	55.78	54.48	9
10 Cook, Connor 27.06 27.96	SR	Seton School	55.49	55.02	7

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 20 Boys 100 Yard Backstroke)**

Name	Yr	School	Prelim Time	Finals Time	Points
11 Taylor, Ret 26.78 28.43	11	Woodberry Forest-VA	56.27	55.21	6
12 Dunn, Catfish 27.18 28.60	SO	Seton School	55.91	55.78	5
13 Phillips, Riley 27.21 29.39	11	Fork Union Military Academy-VA	57.02	56.60	4
14 Moore, Cameron 27.34 29.34	9	Collegiate School-VA	57.72	56.68	3
15 Tomenchok, Derek 27.87 29.19	9	Trinity Episcopal School-VA	57.12	57.06	2
16 Masters, Alex 27.97 29.27	JR	Hampton Roads Academy	56.60	57.24	1

**Event 20 Boys 100 Yard Backstroke**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Romanini, Tony 25.17 26.82	12	Fork Union Military Academy-VA	51.73	51.99 @q
2 Gebert, Jorah 25.54 27.19	12	Fork Union Military Academy-VA	52.74	52.73 @q
3 MacDonald, Angus 25.64 27.29	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	53.86	52.93 q
4 Knuth, Robert 24.93 28.31	SR	Cape Henry Collegiate School-VA	53.04	53.24 q
5 Yelmgren, Michael 26.48 27.59	SR	Paul VI Catholic High School	56.31	54.07 q
6 Crabb, James 26.44 28.48	11	Woodberry Forest-VA	54.86	54.92 q
7 Russo, Sal 26.81 28.53	SO	Roanoke Catholic School-VA	54.36	55.34 q
8 Ferguson, Peter 26.85 28.51	9	Collegiate School-VA	55.88	55.36 q
9 Cook, Connor 27.27 28.22	SR	Seton School	55.68	55.49 q
10 Hoffman, Nick 27.10 28.68	10	Woodberry Forest-VA	54.99	55.78 q
11 Dunn, Catfish 27.33 28.58	SO	Seton School	56.82	55.91 q
12 Taylor, Ret 27.29 28.98	11	Woodberry Forest-VA	57.98	56.27 q
13 Masters, Alex 27.76 28.84	JR	Hampton Roads Academy	56.94	56.60 q
14 Phillips, Riley 27.56 29.46	11	Fork Union Military Academy-VA	58.41	57.02 q
15 Tomenchok, Derek 27.91 29.21	9	Trinity Episcopal School-VA	59.13	57.12 q
16 Moore, Cameron 28.01 29.71	9	Collegiate School-VA	58.31	57.72 q
17 Warren, Matt 27.74 30.08	FR	Peninsula Catholic High School-V	59.38	57.82



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 20 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Prelim Time
18 Atkins, Ferrel 27.95 29.94		St. Stephans/St. Agnes	58.00	57.89
19 Clark, Michael 27.95 30.38	SO	Bishop Ireton Swim and Dive Te- <sup>1</sup>	58.18	58.33
20 Jennings, Lucas 28.07 30.64		St. Stephans/St. Agnes	59.50	58.71
21 Haas, Wyatt 28.33 30.57	SR	Benedictine High School	59.87	58.90
22 Folsom, Rob 28.87 30.48		Walsingham Academy-VA	1:00.37	59.35
23 Ruland, Jeff 28.79 30.70	JR	Nansemond-Suffolk Academy	59.16	59.49
24 Ikeda, Rob 28.68 31.15	SO	Flint Hill Varsity Swim Team-PV	59.60	59.83
25 Garson, Will 28.95 30.98	11	Collegiate School-VA	59.13	59.93
26 Brush, Evan 28.75 31.35	SR	Norfolk Academy-VA	59.75	1:00.10
*27 Altobello, Andrew 28.99 31.84	10	Bishop Sullivan Catholic High-V <sup>1</sup>	1:00.44	1:00.83
*27 Templeman, Trip 29.21 31.62	11	Collegiate School-VA	59.97	1:00.83
29 Kuznetsov, Oleksiy 29.39 31.80		Hargrave Aquatics-VA	1:01.02	1:01.19
30 Hapgood, Alex 28.85 32.46	9	Woodberry Forest-VA	1:03.82	1:01.31
31 Harris, Will 30.00 31.44	SR	Hampton Roads Academy	1:02.13	1:01.44
32 Marrero, Frankie 29.82 31.74	JR	Paul VI Catholic High School	1:02.56	1:01.56
33 Mueller, Brandon 30.06 32.01	SO	Norfolk Academy-VA	1:01.82	1:02.07
34 Wilson, Sandy 30.91 31.90	SO	Benedictine High School	1:03.87	1:02.81
35 Roberts, Matson 30.34 33.48	11	Collegiate School-VA	1:02.04	1:03.82
36 Arles, Ryan 31.50 32.77	FR	St. Christopher's School-VA	1:03.50	1:04.27
37 Minichiello, Mic 30.79 35.44	SR	Cape Henry Collegiate School-VA	1:02.87	1:06.23
38 Pankey, Joseph 32.52 34.73	9	Trinity Episcopal School-VA	1:03.67	1:07.25
--- Fauls, Henry 27.52 30.09	8	St. Christopher's School-VA	58.24	DQ
--- Serpe, Max	SO	Cape Henry Collegiate School-VA	1:03.29	NS

## 2010 VSIS Swimming &amp; Diving Championships - 2/19/2010 to 2/20/2010

## Results

## Event 21 Girls 100 Yard Breaststroke

VSIS Record: 1:05.94 ! 2/19/2005 Morgan Kowalchuk-St. Gerts

All-Amer A: 1:05.03 \*

All-Amer B: 1:06.28 @

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Collins, Liz 31.35 35.64	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:08.46	1:06.99	20
2 Harris, Sommer 31.63 35.84	8	St. Catherine's School-VA	1:08.16	1:07.47	17
3 Rento, Nicole 32.40 35.22	JR	Hampton Roads Academy	1:09.79	1:07.62	16
4 Steele, Anne Thomas 31.88 37.13	JR	St. Catherine's School-VA	1:10.13	1:09.01	15
5 Rogers, Cat 32.94 37.29	SO	Seton School	1:10.16	1:10.23	14
6 Morrison, Casey 33.16 37.34	FR	Hampton Roads Academy	1:12.16	1:10.50	13
7 Wood, Ellis 34.11 37.63	FR	St. Catherine's School-VA	1:13.17	1:11.74	12
8 Wulff, Allison 34.28 38.44	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:13.16	1:12.72	11
<b>B - Final</b>					
9 Rogers, Meredith 34.56 38.69	11	Bishop Sullivan Catholic High-VA	1:13.24	1:13.25	9
10 Cooper, Addie 34.67 39.36	SO	Cape Henry Collegiate School-VA	1:13.79	1:14.03	7
11 Movius, Rachel 35.08 39.23		St. Stephans/St. Agnes	1:14.36	1:14.31	6
12 Dorsey, Anna 34.69 39.76	FR	St. Catherine's School-VA	1:14.40	1:14.45	5
13 Griffin, Ann 34.80 40.05		Madeira Varsity Swim and Dive-P	1:14.73	1:14.85	4
14 Call, Lucy 34.82 41.25	9	Trinity Episcopal School-VA	1:15.61	1:16.07	3
15 Lambrecht, Rachel 36.00 40.69	JR	Seton School	1:14.97	1:16.69	2
--- Urban, Rachel 34.86 38.53	SR	St. Gertrude High School	1:13.56	DQ	

## Event 21 Girls 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Harris, Sommer 32.22 35.94	8	St. Catherine's School-VA	1:11.73	1:08.16	q
2 Collins, Liz 32.11 36.35	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:08.86	1:08.46	q
3 Rento, Nicole 33.25 36.54	JR	Hampton Roads Academy	1:09.17	1:09.79	q
4 Steele, Anne Thomas 32.71 37.42	JR	St. Catherine's School-VA	1:10.76	1:10.13	q

## 2010 VSIS Swimming &amp; Diving Championships - 2/19/2010 to 2/20/2010

## Results

## Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
5 Rogers, Cat 33.09 37.07	SO	Seton School	1:12.77	1:10.16	q
6 Morrison, Casey 34.41 37.75	FR	Hampton Roads Academy	1:11.12	1:12.16	q
7 Wulff, Allison 34.30 38.86	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:14.35	1:13.16	q
8 Wood, Ellis 34.90 38.27	FR	St. Catherine's School-VA	1:14.44	1:13.17	q
9 Rogers, Meredith 34.39 38.85	11	Bishop Sullivan Catholic High-VA <sup>A</sup>	1:14.90	1:13.24	q
10 Urban, Rachel 34.81 38.75	SR	St. Gertrude High School	1:14.41	1:13.56	q
11 Cooper, Addie 34.30 39.49	SO	Cape Henry Collegiate School-VA	1:13.72	1:13.79	q
12 Movius, Rachel 35.39 38.97		St. Stephans/St. Agnes	1:15.31	1:14.36	q
13 Dorsey, Anna 34.30 40.10	FR	St. Catherine's School-VA	1:16.78	1:14.40	q
14 Dickinson, Jennet 35.44 39.16	SR	St. Catherine's School-VA	1:15.47	1:14.60	q
15 Griffin, Ann 34.50 40.23		Madeira Varsity Swim and Dive-P	1:16.53	1:14.73	q
16 Lambrecht, Rachel 35.09 39.88	JR	Seton School	1:15.58	1:14.97	q
17 Gullquist, Dana 35.77 39.21	JR	St. Catherine's School-VA	1:15.32	1:14.98	
18 Call, Lucy 35.09 40.52	9	Trinity Episcopal School-VA	1:16.09	1:15.61	
19 Gill, Elizabeth 35.42 40.58	08	Norfolk Academy-VA	1:17.64	1:16.00	
20 Herman, Teejay 35.94 40.21	SR	Chatham Hall-VA	1:17.38	1:16.15	
21 Barry, Emily 35.32 40.85	SR	Norfolk Academy-VA	1:17.47	1:16.17	
22 Burns, Catherine 37.05 41.24	9	Collegiate School-VA	1:17.48	1:18.29	
23 Sullivan, Brenna 37.72 40.67	9	Trinity Episcopal School-VA	1:18.20	1:18.39	
--- Nunley, Liz 35.90 41.40	SR	St. Catherine's School-VA	1:18.07		DQ

## Event 22 Boys 100 Yard Breaststroke

VSIS Record: 54.17 ! 2/14/2009 Stuart Ferguson-Collegiate

All-Amer A: 58.40 \*

All-Amer B: 59.40 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Strait, Andrew 27.70 31.22	12	Trinity Episcopal School-VA	59.34	58.92 @	20
2 Masters, Alex 27.46 31.65	JR	Hampton Roads Academy	58.95	59.11 @	17
3 Howell, Nic 28.30 31.69		Norfolk Christian-VA	1:00.20	59.99	16

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 22 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Prelim Time	Finals Time	Points
4	Housh, Kurt 28.14 31.89	12	Fork Union Military Academy-VA	1:01.23	1:00.03	15
5	MacNair, Conor 27.97 32.09		St. Stephans/St. Agnes	1:00.19	1:00.06	14
6	Quay, Ben 27.91 32.29	SR	Benedictine High School	1:01.13	1:00.20	13
7	Anthony, Mac 28.10 32.30	12	Collegiate School-VA	1:01.37	1:00.40	12
8	Sundel, Blake 27.97 32.45	11	Fork Union Military Academy-VA	1:00.55	1:00.42	11

**B - Final**

9	Holstege, Eli 29.21 33.08	FR	The Covenant School-VA	1:02.55	1:02.29	9
10	Vice, Andrew 29.73 33.13	FR	Cape Henry Collegiate School-VA	1:03.53	1:02.86	7
11	Allen, Hollis 29.01 34.09	10	Woodberry Forest-VA	1:04.82	1:03.10	6
12	Koehr, Daniel 29.53 33.75	SR	Seton School	1:03.33	1:03.28	5
13	Allen, Heath 30.16 33.86	10	Woodberry Forest-VA	1:03.97	1:04.02	4
14	Pidgeon, Jack 29.21 34.83	11	Woodberry Forest-VA	1:03.23	1:04.04	3
15	Athey, Eddie 29.92 34.35	12	Fork Union Military Academy-VA	1:03.45	1:04.27	2
16	Cooper, Josh 30.19 34.28		Cape Henry Collegiate School-VA	1:04.67	1:04.47	1

**Event 22 Boys 100 Yard Breaststroke**

	Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>					
1	Masters, Alex 27.68 31.27	JR	Hampton Roads Academy	1:00.14	58.95 @q
2	Strait, Andrew 27.72 31.62	12	Trinity Episcopal School-VA	1:00.19	59.34 @q
3	MacNair, Conor 28.22 31.97		St. Stephans/St. Agnes	1:03.09	1:00.19 q
4	Howell, Nic 28.47 31.73		Norfolk Christian-VA	1:01.23	1:00.20 q
5	Sundel, Blake 28.05 32.50	11	Fork Union Military Academy-VA	1:00.96	1:00.55 q
6	Quay, Ben 28.26 32.87	SR	Benedictine High School	1:01.13	1:01.13 q
7	Housh, Kurt 28.74 32.49	12	Fork Union Military Academy-VA	1:00.56	1:01.23 q
8	Anthony, Mac 28.60 32.77	12	Collegiate School-VA	57.40	1:01.37 q
9	Holstege, Eli 28.85 33.70	FR	The Covenant School-VA	1:03.29	1:02.55 q

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
10 Pidgeon, Jack 29.41 33.82	11	Woodberry Forest-VA	1:05.81	1:03.23	q
11 Koehr, Daniel 29.10 34.23	SR	Seton School	1:03.65	1:03.33	q
12 Athey, Eddie 29.53 33.92	12	Fork Union Military Academy-VA	1:04.68	1:03.45	q
13 Vice, Andrew 29.90 33.63	FR	Cape Henry Collegiate School-VA	1:03.21	1:03.53	q
14 Allen, Heath 30.21 33.76	10	Woodberry Forest-VA	1:06.17	1:03.97	q
15 Cooper, Josh 30.28 34.39		Cape Henry Collegiate School-VA	1:04.06	1:04.67	q
16 Allen, Hollis 29.73 35.09	10	Woodberry Forest-VA	1:03.51	1:04.82	q
17 Anderson, Max 31.47 34.12	9	Fork Union Military Academy-VA	1:08.48	1:05.59	
18 King, Alex 30.89 34.73	SR	Norfolk Academy-VA	1:04.44	1:05.62	
19 Tarkenton, Dallas 30.53 35.43	FR	St. Christopher's School-VA	1:11.61	1:05.96	
20 Martinez, Marcus 30.88 36.05	SR	Paul VI Catholic High School	1:07.14	1:06.93	
21 Natoli, Carey 30.16 37.08	SR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:08.53	1:07.24	
22 Hodges, Hayden 31.46 35.84	12	Trinity Episcopal School-VA	1:07.68	1:07.30	
23 Sanderson, Cole 31.70 35.74		Walsingham Academy-VA	1:07.00	1:07.44	
24 Dunlevy, Chris 31.35 36.81	JR	St. Christopher's School-VA	1:08.62	1:08.16	
25 Wilson, Sandy 31.51 36.70	SO	Benedictine High School	1:07.31	1:08.21	
26 Toler, Christopher 31.56 36.92	SR	Benedictine High School	1:08.93	1:08.48	
27 Moyler, James 31.57 36.98	11	Woodberry Forest-VA	1:09.81	1:08.55	
28 Chung, Austin 32.02 36.89	8	Collegiate School-VA	1:10.19	1:08.91	
29 Grant, Kevin 32.36 36.80	FR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:10.36	1:09.16	
30 Sullivan, John 31.74 37.86		Walsingham Academy-VA	1:10.74	1:09.60	
31 Chauvin, Dan 32.16 37.54	SR	Paul VI Catholic High School	1:09.37	1:09.70	
*32 Hill, Michael 33.36 37.05	SO	Seton School	1:11.47	1:10.41	
*32 Schengber, John 32.88 37.53	JR	Hampton Roads Academy	1:09.89	1:10.41	
34 Talbott, Peyton 32.57 37.93	JR	Peninsula Catholic High School-V	1:12.02	1:10.50	
35 Pelnik, Eric 31.29 39.26	JR	St. Anne's-Belfield-VA	1:09.46	1:10.55	

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010**

**Results**

**Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time
36 Burgett, Sam 33.32 37.31	SR	Nansemond-Suffolk Academy	1:09.68	1:10.63
37 McGinnis, Alex 32.98 37.97	SR	The Covenant School-VA	1:12.17	1:10.95
38 Swartz, Mike 33.05 38.22	12	Norfolk Collegiate-VA	1:09.64	1:11.27
39 Hudgins, Houlder 33.45 38.03	8	Collegiate School-VA	1:11.45	1:11.48
40 Garson, Will 32.72 38.84	11	Collegiate School-VA	1:08.88	1:11.56
41 Boyer, Clint 33.13 38.57	12	Norfolk Collegiate-VA	1:10.03	1:11.70
42 Doherty, Alex 33.17 38.72	12	Collegiate School-VA	1:11.80	1:11.89
43 Cardelia, Nick 33.15 38.96	JR	Norfolk Academy-VA	1:11.80	1:12.11
44 Spivey, Charlie 34.34 38.35	08	Norfolk Academy-VA	1:10.81	1:12.69
45 Scarpelli, TJ 33.98 38.83	12	Norfolk Collegiate-VA	1:12.23	1:12.81
46 Romeo, Matt 33.73 40.35	SR	Peninsula Catholic High School-V	1:12.30	1:14.08
--- McGinty, Brian 30.28 36.26	JR	Bishop Ireton Swim and Dive Te- <sup>1</sup>	1:07.12	X1:06.54

**Event 23 Girls 400 Yard Freestyle Relay**

**VSIS Record: 3:36.20 ! 2/14/2009 Trinity Episcopal School  
M Sweeney, C Sweeney, M Thompson, E Bartholomew**

**All-Amer A: 3:33.40 \*  
All-Amer B: 3:36.76 @**

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 Collegiate School-VA	A	3:43.60	3:37.90	40
1) Kish, Mary Katherine 8 26.29 54.19 27.53	2) Wiltshire, Katie 12 57.50 26.46 56.10	3) Byron, Kate 12 23.95 50.11	4) Naurath, Rachel 12	
2 St. Catherine's School-VA	A	3:42.08	3:38.76	34
1) Doswell, Cabell JR 26.56 55.55 26.08	2) Kim, Sarah SR 54.79 26.11 54.68	3) Nester, Jane FR 25.21 53.74	4) Jennings, Lacy JR	
3 Seton School	A	3:43.25	3:40.51	32
1) Doonis, Alex SO 26.15 54.60 26.04	2) Rogers, Cat SO 55.90 26.48 56.06	3) Claybrooks, Carolyn SR 25.52 53.95	4) Donohoe, Lauren JR	
4 Norfolk Academy-VA	A	3:45.70	3:44.11	30
1) Cook, Kathryn JR 27.14 56.82 26.24	2) Parks, Allison FR 56.32 27.30 57.32	3) Clary, Emily JR 25.09 53.65	4) Rich, Kimberly JR	
5 Bishop Ireton Swim and Dive	A	3:48.54	3:44.90	28
1) Kroesen, Saskia JR 25.92 54.25 28.18	2) Hall, Alina SR 59.64 25.18 54.21	3) Zeigler, Maddie SO 27.22 56.80	4) Wulff, Allison JR	
6 Madeira Varsity Swim and Di	A	3:50.85	3:45.57	26
1) Jansen, Brittney 26.13 55.25 27.90	2) Johnson, Grace 59.43 27.02 56.92	3) Alagia, Maddie 25.33 53.97	4) Saunders, Christa Ann	
7 Nansemond-Suffolk Academy	A	3:51.05	3:51.80	24
1) Bishop, Gabrielle SO 25.03 51.64 27.02	2) Neuburg, Emily 57.28 30.45 1:05.32	3) Riddick, Anne Stuart 26.66 57.56	4) Davis, Meredith SO	

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****A - Final ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
8 Walsingham Academy-VA	A	4:00.50	3:58.79	22
1) Bennett, Kelly	2) Bennett, Amanda	3) Socha, Scottie 11	4) Shea, Meagan 11	
26.43 56.04 27.50	58.16 29.14 1:02.67	28.58 1:01.92		
<b>B - Final</b>				
9 Bishop Sullivan Catholic High School	A	4:01.54	3:57.52	18
1) Rogers, Meredith 11	2) Papariello, Alexis 11	3) McKenna, Kat 12	4) Long, Courtney 10	
27.22 57.01 27.27	58.21 28.37 1:00.46	29.63 1:01.84		
10 Flint Hill Varsity Swim Team	A	4:00.76	3:58.20	14
1) Swarts, Rachel FR	2) Okoth, Mary SR	3) Brendsel, Natalie FR	4) Kennedy, Allison SO	
26.53 55.13 29.78	1:02.65 28.91 1:00.46	28.26 59.96		
*11 Cape Henry Collegiate School	A	4:01.07	3:59.36	11
1) Disilvestro, Brianna	2) Sabol, Morgan FR	3) Nash, Liza FR	4) Castleberry, Lindsay	
28.36 58.49 27.13	57.89 29.14 1:00.80	29.64 1:02.18		
*11 Chatham Hall-VA	A	4:03.58	3:59.36	11
1) Bennett, Megan SR	2) Mottern, Rachel SO	3) Herman, Teejay SR	4) Abbott, Jessie SR	
28.43 1:00.09 30.25	1:04.59 27.08 57.62	27.06 57.06		
13 Trinity Episcopal School-VA	A	4:04.55	4:03.84	8
1) Hazelgrove, Jessie 12	2) Overby, Ellen 9	3) Shama, Sara 9	4) Woodrum, Sally 12	
28.40 59.81 29.74	1:03.12 28.38 1:01.43	27.99 59.48		
14 Paul VI Catholic High School	A	4:11.40	4:08.73	6
1) Covert, Lisa SR	2) McGrath, Ashley SR	3) Plombon, Sarah SO	4) Power, Kaitlyn JR	
29.66 1:02.72 28.59	1:02.39 29.31 1:02.77	28.52 1:00.85		
15 St. Stephans/St. Agnes	A	4:09.75	4:09.32	4
1) Goff, Laura	2) Baldrige, Kelin	3) Blair, Caroline	4) Movius, Rachel	
30.16 1:03.01 29.63	1:04.35 18.65 1:03.41	27.07 58.55		
16 Roanoke Catholic School-VA	A	4:07.46	4:12.37	2
1) Tudor, Hannah	2) Iott, Alicia SO	3) Johnson, Reagan FR	4) Scott, Amie JR	
29.87 1:02.22 31.10	1:04.56 29.89 1:03.80	28.38 1:01.79		

**Event 23 Girls 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 St. Catherine's School-VA	A	3:48.58	3:42.08 q
1) Doswell, Cabell JR	2) Kim, Sarah SR	3) Nester, Jane FR	4) Jennings, Lacy JR
27.00 56.42 26.75	55.60 26.70 55.50	25.69 54.56	
2 Seton School	A	3:42.82	3:43.25 q
1) Doonis, Alex SO	2) Rogers, Cat SO	3) Claybrooks, Carolyn SR	4) Donohoe, Lauren JR
26.79 55.27 26.53	56.76 26.61 56.79	25.98 54.43	
3 Collegiate School-VA	A	3:41.15	3:43.60 q
1) Kish, Mary Katherine 8	2) Wiltshire, Katie 12	3) Byron, Kate 12	4) Naurath, Rachel 12
26.76 55.27 28.51	59.53 26.63 57.19	24.79 51.61	
4 Norfolk Academy-VA	A	3:47.27	3:45.70 q
1) Cook, Kathryn JR	2) Parks, Allison FR	3) Clary, Emily JR	4) Rich, Kimberly JR
27.82 57.18 26.50	56.86 27.27 57.38	25.45 54.28	
5 Bishop Ireton Swim and Dive	A	3:49.11	3:48.54 q
1) Kroesen, Saskia JR	2) Wulff, Allison JR	3) Hall, Alina SR	4) Zeigler, Maddie SO
26.52 55.40 25.83	54.98 28.32 58.70	28.52 59.46	
6 Madeira Varsity Swim and Dive	A	3:46.66	3:50.85 q
1) Jansen, Brittney	2) Johnson, Grace	3) Alagia, Maddie	4) Saunders, Christa Ann
27.28 56.59 28.95	1:01.06 27.16 57.25	26.43 55.95	

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
7 Nansemond-Suffolk Academy	A	3:51.98	3:51.05 q
1) Neuburg, Emily	2) Davis, Meredith SO	3) Sclater, Kayla SR	4) Bishop, Gabrielle SO
5) Riddick, Anne Stuart			
27.83 58.18 27.24	57.75 29.89 1:03.10	24.87 52.02	
8 Walsingham Academy-VA	A	4:04.24	4:00.50 q
1) Bennett, Amanda	2) Socha, Scottie 11	3) Shea, Meagan 11	4) Bennett, Kelly
28.19 57.85 29.07	1:02.89 29.39 1:02.88	26.53 56.88	
9 Flint Hill Varsity Swim Team	A	4:04.63	4:00.76 q
1) Swarts, Rachel FR	2) Okoth, Mary SR	3) Brendsel, Natalie FR	4) Kennedy, Allison SO
27.47 56.60 29.63	1:01.91 29.22 1:01.00	28.68 1:01.25	
10 Cape Henry Collegiate School	A	4:03.60	4:01.07 q
1) Disilvestro, Brianna	2) Sabol, Morgan FR	3) Nash, Liza FR	4) Castleberry, Lindsay
28.31 58.46 27.54	58.55 28.97 1:00.49	29.79 1:03.57	
11 Bishop Sullivan Catholic High School	A	4:05.83	4:01.54 q
1) Rogers, Meredith 11	2) Papariello, Alexis 11	3) McKenna, Kat 12	4) Long, Courtney 10
27.73 57.74 28.17	59.78 28.88 1:01.70	30.09 1:02.32	
12 Chatham Hall-VA	A	4:08.50	4:03.58 q
1) Bennett, Megan SR	2) Mottern, Rachel SO	3) Herman, Teejay SR	4) Abbott, Jessie SR
28.30 1:00.78 31.17	1:06.08 28.06 58.78	27.09 57.94	
13 Trinity Episcopal School-VA	A	4:04.97	4:04.55 q
1) Hazelgrove, Jessie 12	2) Overby, Ellen 9	3) Shama, Sara 9	4) Woodrum, Sally 12
28.93 1:00.46 30.31	1:03.26 28.49 1:00.63	27.95 1:00.20	
14 Roanoke Catholic School-VA	A	3:57.85	4:07.46 q
1) Tudor, Hannah	2) Iott, Alicia SO	3) Johnson, Reagan FR	4) Scott, Amie JR
29.47 1:01.52 30.29	1:03.15 29.17 1:03.58	25.77 59.21	
15 St. Stephans/St. Agnes	A	4:22.28	4:09.75 q
1) Movius, Rachel	2) Baldrige, Kelin	3) Blair, Caroline	4) Goff, Laura
27.87 58.27 29.81	1:03.74 29.95 1:04.49	29.66 1:03.25	
16 Paul VI Catholic High School	A	3:57.46	4:11.40 q
1) Covert, Lisa SR	2) McGrath, Ashley SR	3) Plombon, Sarah SO	4) Power, Kaitlyn JR
29.36 1:03.15 28.42	1:02.61 19.83 1:03.77	28.80 1:01.87	
17 St. Anne's-Belfield-VA	A	4:15.29	4:12.87
1) McHugh, Daly 8t	2) Leiner, Katie FR	3) Dean, Haley SO	4) Witherow, Somer SO
29.25 1:02.56 29.51	1:03.45 30.93 1:05.66	28.74 1:01.20	
18 Norfolk Collegiate-VA	A	4:13.77	4:15.04
1) Hiser, Alex 9t	2) Brandt, Hallsey 10	3) Fogarty, Kelly 11	4) Kanter, Meghan 12
28.33 59.94 31.97	1:08.27 30.29 1:05.03	29.33 1:01.80	
19 Hampton Roads Academy	A	4:18.99	4:15.47
1) Buffa, Gabriella 8	2) Campbell, Grayson 8	3) Burckbuchler, Chandler SO	4) Schwarting, Katie JR
30.15 1:07.01 29.88	1:03.14 30.37 1:04.68	27.96 1:00.64	
20 Fredericksburg Christian-VA	A	4:26.96	4:25.36
1) Lambertson, Jennifer 11	2) Swauger, Abby 11	3) Eagal, Cassie 12	4) Pleban, Kaley 11
31.69 1:06.48 31.56	1:06.17 30.67 1:05.38	31.90 1:07.33	
--- Collegiate School-VA	B	3:59.34	X3:59.33
1) Quay, Rebecca 8	2) McCauley, Katie 8	3) Dickinson, Hillary 11	4) Gelozin, Gabby 9
28.60 1:00.19 28.73	59.79 28.10 59.58	28.23 59.77	
--- St. Catherine's School-VA	B	3:58.55	X4:01.61
1) Grap, Maddie SO	2) Belt, Marie JR	3) Powell, Hannah 8	4) Berry, Elizabeth SR
28.01 58.77 31.03	1:03.80 29.52 1:01.53	27.75 57.51	
--- Norfolk Academy-VA	B	4:09.59	X4:06.62
1) Clary, Caroline 08	2) Gower, Emily SR	3) Gill, Elizabeth 08	4) Gulick, Lauren SO
28.89 59.95 30.37	1:04.17 29.49 1:02.74	28.09 59.76	



**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
--- Bishop Ireton Swim and Dive	B	4:10.49	X4:13.50
1) Becht, Laura JR	2) Quinn, Emi FR	3) Palmer, Kelly FR	4) Chandler, D'Elia SR
28.69 1:01.78 30.37	1:05.91 28.87 1:00.85	30.89 1:04.96	

**Event 24 Boys 400 Yard Freestyle Relay**VSIS Record: **3:08.79 ! 2/13/2009** Collegiate School

M Anthony, T Stephens, B Ross, C Blackwood

All-Amer A: **3:11.32 \***All-Amer B: **3:13.93 @**

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 Collegiate School-VA	A	3:16.39	3:10.11 *	40
1) Cuthbert, West 12	2) Ferguson, Peter 9	3) Coor, Wil 10	4) Stephens, Thomas 11	
23.32 47.84 23.72	49.33 22.34 48.15	21.39 44.79		
2 Woodberry Forest-VA	A	3:16.79	3:10.92 *	34
1) Crabb, James 11	2) Truluck, Walker 12	3) Day, Christian 11	4) Ingold, Zach 12	
3 Fork Union Military Academy	A	3:15.75	3:13.47 @	32
1) Housh, Kurt 12	2) Gebert, Jorah 12	3) Kjartansson, Orn 12	4) Morio, Matt 12	
23.72 49.75 22.91	47.40 23.24 48.43	23.04 47.89		
4 Seton School	A	3:18.81	3:17.05	30
1) Hill, Jameson SR	2) Cook, Connor SR	3) Dunn, Catfish SO	4) Basinger, David JR	
22.09 45.69 23.83	50.20 23.67 50.34	23.55 50.82		
5 Cape Henry Collegiate School	A	3:23.26	3:21.55	28
1) Farley, John SR	2) Serpe, Max SO	3) Serpe, Sal SR	4) McLaughlin, Keegan SR	
24.00 50.80 23.57	51.24 24.00 51.49	22.72 48.02		
6 Paul VI Catholic High School	A	3:24.37	3:21.64	26
1) Nasakaitis, Eric JR	2) Quint, Marcus FR	3) Martinez, Marcus SR	4) Yelmgren, Michael SR	
23.98 49.88 25.26	53.58 23.76 49.60	23.25 48.58		
7 Norfolk Academy-VA	A	3:25.05	3:24.38	24
1) Gulick, Jon JR	2) Conkling, Philip SR	3) Brush, Evan SR	4) Leach, Ben SO	
23.61 49.64 24.90	53.14 24.06 52.96	22.86 48.64		
--- Bishop Ireton Swim and Dive	A	3:18.43	DQ	
1) MacDonald, Angus SR	2) Dougherty, Ryan JR	3) Natoli, Carey SR	4) Ellis, Samuel SR	
22.16 46.86 23.78	51.59 22.93 50.41	23.44 49.67		
<b>B - Final</b>				
9 Hargrave Aquatics-VA	A	3:27.92	3:24.19	18
1) Totten, Charles	2) Kuznetsov, Oleksiy	3) Reese, Jason	4) Holmes, Harrison	
23.90 49.41 24.57	51.49 23.87 51.39	51.90		
10 St. Christopher's School-VA	A	3:26.69	3:25.09	14
1) Bogese, Mikey SR	2) Nester, Jack SO	3) Belt, Billy SR	4) Wood, Connor JR	
23.77 49.42 25.16	52.00 25.54 52.80	23.34 50.87		
11 St. Stephans/St. Agnes	A	3:29.67	3:27.39	12
1) Atkins, Ferrel	2) Lindsay, Joe	3) Jennings, Lucas	4) MacNair, Conor	
23.84 51.40 24.98	54.70 24.77 53.57	22.87 47.72		
12 Bishop Sullivan Catholic High	A	3:27.84	3:28.22	10
1) Altobello, Andrew 10	2) Lassiter, Holt 10	3) McMahan, Connor 11	4) Cussen, Tom 12	
24.16 51.03 24.39	53.27 24.10 49.62	26.17 54.30		
13 Roanoke Catholic School-VA	A	3:36.32	3:32.84	8
1) Tudor, Shane SO	2) Russo, Sal SO	3) Akers, Christian	4) Clark, Keith SO	
24.57 51.42 23.78	50.11 26.14 55.97	25.67 55.34		
14 Walsingham Academy-VA	A	3:36.77	3:37.01	6
1) Sullivan, John	2) McAdams, Charlie	3) Harma, Duncan 8	4) Holder, Kevin	
25.15 53.71 25.29	53.47 25.54 56.59	25.09 53.24		

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
15 Nansemond-Suffolk Academy	A	3:43.04	3:42.28	4
1) Beale, Greg	2) Lee, Matt SO	3) Wagner, Graham SO	4) Burgett, Sam SR	
26.50 56.13 25.89	54.73 26.01 55.71	26.01 55.71		
16 Hampton Roads Academy	A	3:44.09	3:45.62	2
1) Cullom, Jonathan 8	2) Romero, Ralph 8	3) Griffin, Will SO	4) Livingstone, Nick SR	
25.91 56.36 26.32	57.22 25.75 54.63	26.14 57.41		

**Event 24 Boys 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Fork Union Military Academy	A	3:15.17	3:15.75 q
1) Housh, Kurt 12	2) Morio, Matt 12	3) Gebert, Jorah 12	4) Kjartansson, Orn 12
23.91 49.98 23.13	48.08 23.36 48.18	24.04 49.51	
2 Collegiate School-VA	A	3:13.65	3:16.39 q
1) Cuthbert, West 12	2) Ferguson, Peter 9	3) Coor, Wil 10	4) Stephens, Thomas 11
23.70 48.80 24.32	50.66 22.91 49.04	22.75 47.89	
3 Woodberry Forest-VA	A	3:17.04	3:16.79 q
1) Crabb, James 11	2) Truluck, Walker 12	3) Day, Christian 11	4) Ingold, Zach 12
23.41 48.84 23.63	50.07 23.67 50.30	21.72 47.58	
4 Bishop Ireton Swim and Dive	A	3:19.95	3:18.43 q
1) MacDonald, Angus SR	2) Dougherty, Ryan JR	3) Natoli, Carey SR	4) Ellis, Samuel SR
22.61 47.38 24.09	51.13 24.27 50.98	22.98 48.94	
5 Seton School	A	3:20.62	3:18.81 q
1) Hill, Jameson SR	2) Cook, Connor SR	3) Dunn, Catfish SO	4) Basinger, David JR
22.03 45.67 23.89	50.30 24.27 50.50	24.51 52.34	
6 Cape Henry Collegiate School	A	3:21.67	3:23.26 q
1) Farley, John SR	2) Serpe, Max SO	3) Serpe, Sal SR	4) McLaughlin, Keegan SR
24.32 51.57 24.09	51.66 24.20 52.14	22.90 47.89	
7 Paul VI Catholic High School	A	3:26.09	3:24.37 q
1) Nasakaitis, Eric JR	2) Quint, Marcus FR	3) Martinez, Marcus SR	4) Yelmgren, Michael SR
24.39 50.35 25.87	54.50 24.02 50.61	23.65 48.91	
8 Norfolk Academy-VA	A	3:26.16	3:25.05 q
1) Gulick, Jon JR	2) Conkling, Philip SR	3) Brush, Evan SR	4) Leach, Ben SO
23.50 49.57 25.76	53.79 24.39 52.97	22.76 48.72	
9 St. Christopher's School-VA	A	3:29.29	3:26.69 q
1) Bogese, Mikey SR	2) Nester, Jack SO	3) Belt, Billy SR	4) Wood, Connor JR
23.99 50.01 25.30	52.18 25.57 53.49	23.28 51.01	
10 Bishop Sullivan Catholic High School	A	3:30.27	3:27.84 q
1) Altobello, Andrew 10	2) Lassiter, Holt 10	3) McMahon, Connor 11	4) Cussen, Tom 12
24.80 51.64 24.12	52.16 23.94 50.16	25.77 53.88	
11 Hargrave Aquatics-VA	A	3:32.62	3:27.92 q
1) Totten, Charles	2) Kuznetsov, Oleksiy	3) Reese, Jason	4) Holmes, Harrison
23.99 49.54 25.05	52.37 24.91 52.13	25.12 53.88	
12 St. Stephans/St. Agnes	A	3:38.67	3:29.67 q
1) Atkins, Ferrel	2) Lindsay, Joe	3) Jennings, Lucas	4) MacNair, Conor
5) Davis, Parker			
24.48 51.86 25.61	55.57 24.86 53.53	23.04 48.71	
13 Roanoke Catholic School-VA	A	3:38.71	3:36.32 q
1) Akers, Christian	2) Russo, Sal SO	3) Tudor, Shane SO	4) Clark, Keith SO
26.78 56.45 24.38	51.95 24.34 51.01	26.86 56.91	

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
14 Walsingham Academy-VA	A	3:35.72	3:36.77 q
1) Harma, Duncan 8	2) McAdams, Charlie	3) Sullivan, John	4) Holder, Kevin
25.75 56.00 25.91	54.28 25.23 53.31	25.18 53.18	
15 Nansemond-Suffolk Academy	A	3:46.83	3:43.04 q
1) Beale, Greg	2) Lee, Matt SO	3) Wagner, Graham SO	4) Burgett, Sam SR
27.18 57.07 26.46	55.08 25.96 55.73	55.16 55.16	
16 Hampton Roads Academy	A	3:41.03	3:44.09 q
1) Griffin, Will SO	2) Romero, Ralph 8	3) Cullom, Jonathan 8	4) Schengber, John JR
5) Livingstone, Nick SR			
26.33 56.56 26.22	56.34 26.45 56.83	25.82 54.36	
17 Trinity Episcopal School-VA	A	3:47.35	3:44.30
1) Bridforth, Wells 10	2) Pankey, Joseph 9	3) Mayberry, Carter 12	4) Dunbar, Holt 10
25.81 54.24 25.60	55.17 27.59 59.24	26.06 55.65	
18 The Covenant School-VA	A	3:57.02	3:51.81
1) Hamilton, Kyle JR	2) Moody, Justin SR	3) Cabe, Giles JR	4) Coppola, Richard FR
27.45 57.88 26.19	57.22 27.37 58.86	27.17 57.85	
19 Virginia Episcopal School-VA	A	3:48.61	3:54.21
1) Ayscue, Lee JR	2) Leake, Tyler SR	3) Bowen, Mason SR	4) Cook, Andrew JR
27.31 57.93 29.51	1:03.45 29.49 1:01.83	24.24 51.00	
20 Norfolk Collegiate-VA	A	3:40.38	3:54.78
1) Boyer, Clint 12	2) Swartz, Mike 12	3) McAtee, Anthony 11	4) Tupper, Devin 11
27.88 59.79 28.29	1:00.84 28.47 1:01.92	25.15 52.23	
--- Fork Union Military Academy	B	3:27.96	X3:26.40
1) Phillips, Riley 11	2) Arroyo, Sito 10	3) Gershun, Joe 11	4) Dorsey, Austin 10
24.54 51.47 24.76	52.02 25.63 52.89	23.47 50.02	
--- Collegiate School-VA	B	3:37.89	X3:42.61
1) Mason, Michael 12	2) Lutterbein, Tyrus 9	3) Fergusson, Ted 10	4) Yan, Eric 9
26.74 56.36 26.59	56.57 27.10 56.73	25.58 52.95	
--- St. Christopher's School-VA	B	3:45.55	X3:46.04
1) Thompson, Albert 8	2) Frazer, Nathaniel FR	3) Arles, Ryan FR	4) Warren, Elliott JR
28.56 59.47 25.89	54.36 26.64 56.77	26.03 55.44	
--- Walsingham Academy-VA	B	NT	X3:51.06
1) Folsom, Rob	2) Abbott, John 11	3) Sanderson, Cole	4) Martin, Conner 10
26.90 56.16 27.38	58.01 27.01 55.77	28.45 1:01.12	
--- Norfolk Academy-VA	B	3:51.27	X3:54.79
1) Bedford, Mike SO	2) Reed, Robert SR	3) Spivey, Charlie 08	4) Mueller, Brandon SO
30.56 1:04.93 26.80	56.83 27.97 58.33	25.94 54.70	

**Women - Team Rankings - Through Event 24**

1. St. Catherine's School	381	2. Collegiate School	262
3. Seton School	221	4. Bishop Ireton Swim and Dive Te	219
5. Norfolk Academy	168	6. Madeira Varsity Swim and Dive	161
7. Trinity Episcopal School	118.5	8. Hampton Roads Academy	116
8. Nansemond-Suffolk Academy	116	10. Cape Henry Collegiate School	105
11. St. Gertrude High School	87.5	12. Flint Hill Varsity Swim Team	66
13. Walsingham Academy	65	14. Bishop Sullivan Catholic High	59
15. Peninsula Catholic High School	39	16. Wakefield Country Day School	25
17. Chatham Hall	24	18. St. Stephans/St. Agnes	20
18. Potomac School	20	20. St. Anne's-Belfield	16
21. The Carlisle School	15	22. Paul VI Catholic High School	10
23. Roanoke Catholic School	3	24. Fredericksburg Christian	2
24. Norfolk Christian	2		

**2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010****Results**Men - Team Rankings - Through Event 24

1. Fork Union Military Academy	423	2. Collegiate School	312
3. Woodberry Forest	253	4. Norfolk Academy	187
5. Cape Henry Collegiate School	173	6. Seton School	140
7. St. Christopher's School	116	8. Trinity Episcopal School	106
9. Bishop Ireton Swim and Dive Te	104	10. Paul VI Catholic High School	86
11. Benedictine High School	79	12. St. Stephans/St. Agnes	53
13. Hargrave Aquatics	43	14. Roanoke Catholic School	41
15. Hampton Roads Academy	36	16. The Covenant School	28
17. Bishop Sullivan Catholic High	25	18. Norfolk Christian	23
19. Nansemond-Suffolk Academy	18	20. Virginia Episcopal School	17
21. Flint Hill Varsity Swim Team	9	21. Walsingham Academy	9
23. North Cross School	6	24. St. Anne's-Belfield	5