

2010 VSIS Swimming & Diving Championships - 2/19/2010 to 2/20/2010**VSIS Record - Records**

1	Girls 200 Medley Relay	1:50.34	2/13/2009	St. Catherine's School A Gullquist, A Steele, L Jennings, K Bassett
2	Boys 200 Medley Relay	1:34.48	2/19/2010	Fork Union Military Academy - FUMA A Romanini, B Sundel, J Gebert, J Humphrey
3	Girls 200 Free	1:49.75	2/19/2010	Gabrielle Bishop - NSA
4	Boys 200 Free	1:38.59	2/13/2009	Jameson Hill - Seton
5	Girls 200 IM	2:05.55	2/13/1998	Natalie Griffith - HRA
6	Boys 200 IM	1:53.25	2/19/2010	Tony Romanini - FUMA
7	Girls 50 Free	23.88	2/13/2009	Gabrielle Bishop - NSA
8	Boys 50 Free	20.65	2/19/2010	Zach Ingold - WFS
9	Girls 1 mtr Diving	456.10	2/21/1998	Katie Williams - TES
10	Boys 1 mtr Diving	470.85	2/16/2008	Briggy ImbrigliaIreton - Ireton
11	Girls 100 Fly	55.33	2/19/2010	Rachel Naurath - COOL
12	Boys 100 Fly	49.75	2/13/2009	Stuart Ferguson - COOL
13	Girls 100 Free	51.64	2/20/2010	Gabrielle Bishop - NSA
14	Boys 100 Free	45.31	2/14/2009	Hussein Mohamed - FUMA
15	Girls 500 Free	4:46.78	2/14/2009	Rachel Naurath - COOL
16	Boys 500 Free	4:28.82	2/20/2010	Jameson Hill - Seton
17	Girls 200 Free Relay	1:39.15	2/14/2009	St. Catherine's School L Jennings, E Farmer, N Vivadelli, K Bassett
18	Boys 200 Free Relay	1:24.82	2/14/2009	Fork Union Military Academy H Mohamed, J Humphrey, S Ibrahim, B Sundel
19	Girls 100 Back	57.13	2/20/2010	Gabrielle Bishop - NSA
20	Boys 100 Back	50.32	2/28/2001	Chad Barlow - WAL
21	Girls 100 Breast	1:05.94	2/19/2005	Morgan Kowalchuk - SGHS
22	Boys 100 Breast	54.17	2/14/2009	Stuart Ferguson - COOL
23	Girls 400 Free Relay	3:36.20	2/14/2009	Trinity Episcopal School M Sweeney, C Sweeney, M Thompson, E Bartholomew
24	Boys 400 Free Relay	3:08.79	2/13/2009	Collegiate School M Anthony, T Stephens, B Ross, C Blackwood