2011 VSIS Swimming & Diving Championships - 2/18/2011 to 2/19/2011

Results

Event 1 Girls 200 Yard Medley Relay

VSIS Record: 1:50.06 ! 2/18/2011 St. Catherine's School STCA -VA
S Harris, A Steele, L Jennings, E Farmer

All-Amer A: 1:47.16 *
All-Amer B: 1:49.04 @
2:12.71 VSIS

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	St. Catherine's School-VA	A	1:51.81	1:50.06! VSIS	40
	1) Harris, Sommer FR	2) Steele, Anne Thomas SR	3) Jennings, Lacy SR	4) Farmer, Elaine SR	
	28.46 31.20 25.64 24.76				
2	Seton School	A	1:51.92	1:50.25 VSIS	34
	1) Doonis, Alex JR	2) Rogers, Cat JR	3) Wunderly, Bridget SR	4) Donohoe, Lauren SR	
	28.77 30.66 26.83 23.99				
3	Madeira Varsity Swim and Di	A	1:54.42	1:51.91 VSIS	32
	1) Saunders, Christa Ann SR	2) Griffin, Ann JR	3) Jansen, Brittney JR	4) Alagia, Maddie SO	
	28.04 32.75 25.54 25.58				
4	Bishop Ireton Swim and Dive	A	1:53.95	1:52.08 VSIS	30
	1) Zeigler, Maddie JR	2) Collins, Liz SR	3) Kroesen, Saskia SR	4) Wulff, Allison SR	
	29.45 29.95 26.41 26.27				
5	Trinity Episcopal School-VA	A	1:54.41	1:52.54 VSIS	28
	1) Thompson, Meredith SR	2) Sweeney, Maggie SO	3) Tomenchok, Kira FR	4) Upadhyaya, Alex SO	
	28.64 32.24 26.87 24.79				
6	Hampton Roads Academy	A	1:59.30	1:55.42 VSIS	26
	1) Piercy, Nicole 8	2) Rento, Nicole SR	3) Baldwin, Peyton 8	4) Burckbuchler, Chandler JR	
	28.97 31.03 27.15 28.27				
7	Collegiate School-VA	A	1:55.44	1:56.23 VSIS	24
	1) Pollard, Ashton 9	2) Brewer, Campbell 8	3) Gelozin, Gabby 10	4) Makepeace, Chandler 10	
	28.20 33.89 28.99 25.15				
8	Norfolk Academy-VA	A	1:58.13	1:57.62 VSIS	22
	1) Clary, Emily 12	2) Gill, Elizabeth 09	3) Parks, Allison 10	4) Clary, Caroline 09	
	30.34 32.78 28.05 26.45				
B - Final					
9	Paul VI Catholic High School	A	2:01.40	1:59.45 VSIS	18
	1) Mastracchio, Nicole FR	2) Merrill, Emma FR	3) Salzano, Jackie SR	4) Plombon, Sarah JR	
	31.99 30.00 29.66 27.80				
10	Cape Henry Swim Team	A	2:04.19	2:01.84 VSIS	14
	1) Tompkins, Kendall SO	2) Tompkins, Lindsay 8	3) DiSilvestro, Brianna FR	4) Castleberry, Lindsay SO	
	30.28 35.46 28.43 27.67				
11	Bishop Sullivan Catholic Higl	A	2:02.15	2:01.90 VSIS	12
	1) Long, Courtney JR	2) Rogers, Meredith SR	3) Papariello, Alexis SR	4) Osterman, Katie SR	
	32.19 33.10 28.71 27.90				
12	St. Gertrude High School	A	2:02.04	2:02.25 VSIS	10
	1) Finley-Parker, Kate SO	2) Wolpert, Molly SO	3) Titley, Allison SR	4) Mulligan, Caitie SR	
	31.85 36.73 25.89 27.78				
13	Roanoke Catholic School-VA	A	2:01.56	2:02.44 VSIS	8
	1) Tudor, Hannah FR	2) Patrick, Kylie 9	3) Brajdic, Katie JR	4) Johnson, Reagan SO	
	30.91 33.69 31.26 26.58				
14	Peninsula Catholic High Scho	A	2:04.63	2:04.04 VSIS	6
	1) Sawyer, Rachel SO	2) Gorton, Samantha FR	3) Anderson, Carissa 8	4) Anderson, Gabsy FR	
	33.52 33.06 30.82 26.64				
15	St Stephen's & St Agnes	A	2:05.82	2:04.45 VSIS	4
	1) Shaw, Marian SO	2) Movius, Rachel SR	3) Beane, Lizzie SO	4) Richichi, Gabby SR	
	31.44 32.70 31.74 28.57				

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B - Final ... (Event 1 Girls 200 Yard Medley Relay)

	Team	Relay	Prelim Time	Finals Time		Points
16	St. Anne's-Belfield-VA	A	2:08.62	2:06.94	VSIS	2
	1) Witherow, Somer JR	2) McHugh, Daly FR	3) von Quillfeldt, Anniken JR	4) Leiner, Katie SO		
	31.44 37.85 29.72 27.93					

Event 1 Girls 200 Yard Medley Relay

VSIS Record: 1:50.06 ! 2/18/2011 St. Catherine's School STCA -VA
S Harris, A Steele, L Jennings, E Farmer

All-Amer A: 1:47.16 *
All-Amer B: 1:49.04 @
2:12.71 VSIS

	Team	Relay	Seed Time	Prelim Time	
Preliminaries					
1	St. Catherine's School-VA	A	1:51.64	1:51.81	qVSIS
	1) Harris, Sommer FR	2) Steele, Anne Thomas SR	3) Jennings, Lacy SR	4) Farmer, Elaine SR	
	28.60 31.72 26.45 25.04				
2	Seton School	A	1:54.43	1:51.92	qVSIS
	1) Doonis, Alex JR	2) Rogers, Cat JR	3) Wunderly, Bridget SR	4) Donohoe, Lauren SR	
	28.97 30.94 27.37 24.64				
3	Bishop Ireton Swim and Dive	A	1:54.75	1:53.95	qVSIS
	1) Zeigler, Maddie JR	2) Collins, Liz SR	3) Kroesen, Saskia SR	4) Wulff, Allison SR	
	30.32 30.43 26.99 26.21				
4	Trinity Episcopal School-VA	A	1:57.28	1:54.41	qVSIS
	1) Thompson, Meredith SR	2) Sweeney, Maggie SO	3) Tomenchok, Kira FR	4) Upadhyaya, Alex SO	
	29.26 33.12 27.27 24.76				
5	Madeira Varsity Swim and Di	A	1:55.76	1:54.42	qVSIS
	1) Saunders, Christa Ann SR	2) Griffin, Ann JR	3) Jansen, Brittney JR	4) Alagia, Maddie SO	
	28.43 32.97 26.76 26.26				
6	Collegiate School-VA	A	1:58.66	1:55.44	qVSIS
	1) Pollard, Ashton 9	2) Brewer, Campbell 8	3) Gelozin, Gabby 10	4) Makepeace, Chandler 10	
	28.44 33.25 28.88 24.87				
7	Norfolk Academy-VA	A	2:01.09	1:58.13	qVSIS
	1) Clary, Emily 12	2) Gill, Elizabeth 09	3) Parks, Allison 10	4) Clary, Caroline 09	
	30.56 32.80 28.21 26.56				
8	Hampton Roads Academy	A	1:57.17	1:59.30	qVSIS
	1) Piercy, Nicole 8	2) Rento, Nicole SR	3) Baldwin, Peyton 8	4) Burckbuchler, Chandler JR	
	29.82 32.48 27.99 29.01				
9	Paul VI Catholic High School	A	2:01.45	2:01.40	qVSIS
	1) Mastracchio, Nicole FR	2) Merrill, Emma FR	3) Salzano, Jackie SR	4) Plombon, Sarah JR	
	31.72 31.91 29.84 27.93				
10	Roanoke Catholic School-VA	A	2:04.41	2:01.56	qVSIS
	1) Tudor, Hannah FR	2) Patrick, Kylie 9	3) Brajdic, Katie JR	4) Johnson, Reagan SO	
	30.85 33.52 31.29 25.90				
11	St. Gertrude High School	A	2:04.53	2:02.04	qVSIS
	1) Finley-Parker, Kate SO	2) Wolpert, Molly SO	3) Titley, Allison SR	4) Mulligan, Caitie SR	
	31.68 35.75 26.89 27.72				
12	Bishop Sullivan Catholic Higl	A	2:03.07	2:02.15	qVSIS
	1) Long, Courtney JR	2) Rogers, Meredith SR	3) Papariello, Alexis SR	4) Osterman, Katie SR	
	31.83 33.72 28.53 28.07				
13	Cape Henry Swim Team	A	2:02.41	2:04.19	qVSIS
	1) Tompkins, Kendall SO	2) Tompkins, Lindsay 8	3) DiSilvestro, Brianna FR	4) Castleberry, Lindsay SO	
	29.74 37.18 29.31 27.96				
14	Peninsula Catholic High Scho	A	2:02.91	2:04.63	qVSIS
	1) Sawyer, Rachel SO	2) Gorton, Samantha FR	3) Anderson, Carissa 8	4) Anderson, Gabsy FR	
	34.13 33.95 30.01 26.54				

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Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)

	Team	Relay	Seed Time	Prelim Time	
15	St Stephen's & St Agnes	A	2:05.02	2:05.82	qVSIS
	1) Shaw, Marian SO	2) Movius, Rachel SR	3) Beane, Lizzie SO	4) Hellmann, Natalie FR	
	31.69 33.42 31.62 29.09				
16	St. Anne's-Belfield-VA	A	2:11.75	2:08.62	qVSIS
	1) Witherow, Somer JR	2) McHugh, Daly FR	3) von Quillfeldt, Anniken JR	4) Leiner, Katie SO	
	31.91 38.33 30.23 28.15				
17	Norfolk Collegiate-VA	A	2:05.23	2:08.85	VSIS
	1) Stracener, Megan 8t	2) Thomas, Wren 9t	3) Hiser, Alex 10	4) Kanter, Catherine 11	
	35.82 34.87 29.62 28.54				
18	John Paul The Great High Scl	A	2:10.47	2:09.08	VSIS
	1) Shaw, Krista SR	2) Long, Ruth JR	3) Donohoe, Clare SO	4) Planchak, Kelly JR	
	34.56 36.54 29.97 28.01				
19	Fredericksburg Academy-VA	A	2:07.07	2:09.23	VSIS
	1) Hazel, Mary Rose JR	2) Johnson, Mary Gray JR	3) Schattgen, Maya 8	4) Harry, Kirstie SO	
	32.64 36.86 32.99 26.74				
20	North Cross School-VA	A	2:12.70	2:10.08	VSIS
	1) Helmer, Paxton FR	2) Wright, Rachael JR	3) Crawford, Jackie JR	4) Till, Stephanie SR	
	36.67 36.24 26.90 30.27				
21	Norfolk Christian-VA	A	2:11.76	2:11.11	VSIS
	1) Davis, Kellyn JR	2) Clarkson, Meredith FR	3) Smith, Arralyn SO	4) Logan, Sara SO	
	34.06 38.53 29.16 29.36				
22	Nansemond Suffolk Academy	A	2:10.89	2:13.48	
	1) Berard, Taylor 8	2) McCracken, Katelyn SO	3) McDonald, Shannon JR	4) Wild, Laura FR	
	34.11 40.14 31.52 27.71				
23	The Potomac School-VA	A	2:12.09	2:15.14	
	1) Maruca, Amanda FR	2) Duff, Maggie JR	3) Smith, Lindsey SR	4) Delaney, Summer SR	
	35.15 37.40 40.67 21.92				
---	St. Catherine's School-VA	B	2:00.31	X1:59.56	VSIS
	1) Thompson, Chloe SO	2) Wood, Ellis SO	3) Wall, Anna SR	4) MacLean, Cailin FR	
	29.72 37.25 25.03 27.56				
---	Collegiate School-VA	B	2:03.60	X2:00.48	VSIS
	1) Mosman, Daria 12	2) Brown, Mason 10	3) Dickinson, Hillary 12	4) Anderson, Erin 12	
	31.11 33.84 29.39 26.14				
---	Trinity Episcopal School-VA	B	2:07.40	X2:05.90	VSIS
	1) Barnes, Carly SR	2) Kuhlman, Meg SR	3) Addison, Jessica SR	4) Overby, Ellen SO	
	32.88 34.76 29.30 28.96				
---	Seton School	B	2:13.39	X2:08.20	VSIS
	1) Zapiain, Sarah JR	2) Lambrecht, Rachel SR	3) Bennett, Lucy JR	4) Wittlinger, Mikey SO	
	33.16 33.61 32.16 29.27				
---	Madeira Varsity Swim and Di	B	2:12.34	X2:09.65	VSIS
	1) Pfleeger, Kat JR	2) Chuang, April SO	3) Tang, Rachel SR	4) Stich, Maggie SR	
	33.69 35.90 30.60 29.46				
---	Norfolk Academy-VA	B	2:12.16	X2:11.99	VSIS
	1) Dickerson, Mary Grace 11	2) Baker, Caroline 12	3) Klena, Sarah 09	4) Whitaker, Sally 12	
	32.12 39.94 30.51 29.42				
---	Roanoke Catholic School-VA	B	2:11.00	X2:12.81	
	1) Gwin, Mirenda JR	2) Burns, Ali JR	3) Iott, Alicia JR	4) Scott, Amie JR	
	33.19 40.00 36.97 22.65				
---	Bishop Ireton Swim and Dive	B	NT	X2:13.30	
	1) Camardella, Tori JR	2) Orellana, Alessandra FR	3) Lucas, Caitlin FR	4) Becht, Laura SR	
	36.57 36.66 33.72 26.35				
---	Fredericksburg Christian-VA	A	2:08.68	DQ	
	1) Dillon, Isabella 8	2) Lambertson, Jennifer 12	3) Swauger, Abby 12	4) Pleban, Kaley 12	
	33.13 37.29 33.50 27.86				

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Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)

	Team	Relay	Seed Time	Prelim Time
---	The Steward School Spartans-	A	2:06.91	NS
	1) Dellosso, Casey SO	2) Carnes, Blair SO	3) Fuhr, Laura 8	4) Henke, Debra 8

Event 2 Boys 200 Yard Medley Relay

VSIS Record: 1:34.42 ! 2/18/2011 Woodberry Forest WFS
Z Switzer, H Allen, J Crabb, J Pidgeon

All-Amer A: 1:35.57 *
All-Amer B: 1:37.15 @
2:00.20 VSIS

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Woodberry Forest-VA	A	1:35.86	1:34.42! VSIS	40
	1) Switzer, Zach 10	2) Allen, Heath 11	3) Crabb, James 12	4) Pidgeon, Jack 12	
	24.31 26.79 21.91 21.41				
2	Fork Union Military Academy	A	1:35.80	1:35.10* VSIS	34
	1) Okeyo, Obi 11	2) Gundersen, Martin 11	3) Sundel, Blake 12	4) Zoltowski, Tim 12	
	25.99 26.16 22.67 20.28				
3	St. Christopher's School-VA	A	1:40.11	1:39.26 VSIS	32
	1) Fauls, Henry FR	2) Dunlevy, Chris SR	3) Tarkenton, Dallas SO	4) Wood, Connor SR	
	24.46 28.64 23.51 22.65				
4	St Stephen's & St Agnes	A	1:42.56	1:40.20 VSIS	30
	1) Atkins, Ferrel JR	2) MacNair, Conor SR	3) Draim, Kyle FR	4) Perrot, Cabell SR	
	26.58 26.81 25.89 20.92				
5	Collegiate School-VA	A	1:41.11	1:40.42 VSIS	28
	1) Moore, Cameron 10	2) Chung, Austin 9	3) Ferguson, Thomas 10	4) Ferguson, Peter 10	
	25.63 28.65 23.63 22.51				
6	Hampton Roads Academy	A	1:43.00	1:42.25 VSIS	26
	1) Snyder, Ari FR	2) Allen, Hollis JR	3) Rento, Joey 8	4) Schengber, John SR	
	26.73 26.60 25.24 23.68				
7	Seton School	A	1:45.00	1:44.66 VSIS	24
	1) Dunn, Catfish JR	2) Hill, Michael JR	3) Basinger, David SR	4) Kenna, Joseph FR	
	25.69 30.85 24.03 24.09				
---	North Cross School-VA	A	1:44.34	DQ	
	1) Girani, Tommy JR	2) Craddock, Michael 8	3) Criss, Austin JR	4) McNally, Mac SO	
	27.37 31.53 23.64 22.22				
B - Final					
9	Bishop Ireton Swim and Dive	A	1:45.06	1:44.59 VSIS	18
	1) Clark, Michael JR	2) McGinty, Brian SR	3) Dougherty, Ryan SR	4) Grant, Kevin SO	
	26.73 28.54 26.65 22.67				
10	Norfolk Academy-VA	A	1:45.19	1:44.69 VSIS	14
	1) Mueller, Brandon 11	2) Danielson, Max 10	3) Moyers, Daniel 09	4) Tennant, Will 10	
	26.72 30.37 24.95 22.65				
11	The Covenant School-VA	A	1:47.40	1:45.87 VSIS	12
	1) Ern, Alex SO	2) Hostege, Eli SO	3) Winkler, Ryan SR	4) Coppola, Richard SO	
	28.91 27.47 25.93 23.56				
12	Nansemond Suffolk Academy	A	1:45.96	1:46.19 VSIS	10
	1) Ruland, Jeff SR	2) Wilson, Ben FR	3) Joseph, Kevin SR	4) Riddick, Will SO	
	27.50 30.68 24.63 23.38				
13	Bishop Sullivan Catholic Higl	A	1:47.83	1:47.27 VSIS	8
	1) Altobello, Andrew JR	2) Hall, Brendan SO	3) McMahon, Connor SR	4) Lassiter, Holt JR	
	27.69 31.96 24.76 22.86				
14	Flint Hill School Swim Team-	A	1:49.42	1:47.91 VSIS	6
	1) Ikeda, Rob JR	2) Johnson, Drew JR	3) Chang, Jonah SO	4) DeMocker, Brian JR	
	27.33 31.84 24.75 23.99				

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B - Final ... (Event 2 Boys 200 Yard Medley Relay)

	Team	Relay	Prelim Time	Finals Time		Points
15	Benedictine High School	A	1:48.09	1:48.59	VSIS	4
	1) Haas, Nick SO	2) Wilson, Sandy JR	3) Kerner, Travis JR	4) Toler, William SO		
	28.00 30.05 25.93 24.61					
16	Trinity Episcopal School-VA	A	1:51.15	1:51.65	VSIS	2
	1) Bridgforth, Wells JR	2) Grass, Nils SR	3) Griggs-Drane, Nicholas JR	4) Dunbar, Holt JR		
	27.66 32.87 26.36 24.76					

Event 2 Boys 200 Yard Medley Relay

VSIS Record: 1:34.42 ! 2/18/2011 Woodberry Forest WFS
Z Switzer, H Allen, J Crabb, J Pidgeon

All-Amer A: 1:35.57 *
All-Amer B: 1:37.15 @
2:00.20 VSIS

	Team	Relay	Seed Time	Prelim Time
Preliminaries				
1	Fork Union Military Academy	A	1:36.79	1:35.80@qVSIS
	1) Okeyo, Obi 11	2) Gundersen, Martin 11	3) Sundel, Blake 12	4) Zoltowski, Tim 12
	26.15 26.49 22.75 20.41			
2	Woodberry Forest-VA	A	1:38.39	1:35.86@qVSIS
	1) Switzer, Zach 10	2) Allen, Heath 11	3) Crabb, James 12	4) Pidgeon, Jack 12
	24.90 26.83 22.31 21.82			
3	St. Christopher's School-VA	A	1:41.46	1:40.11 qVSIS
	1) Fauls, Henry FR	2) Dunlevy, Chris SR	3) Tarkenton, Dallas SO	4) Wood, Connor SR
	24.73 28.82 23.64 22.92			
4	Collegiate School-VA	A	1:40.67	1:41.11 qVSIS
	1) Moore, Cameron 10	2) Chung, Austin 9	3) Ferguson, Thomas 10	4) Ferguson, Peter 10
	25.55 29.09 23.92 22.55			
5	St Stephen's & St Agnes	A	1:41.44	1:42.56 qVSIS
	1) Atkins, Ferrel JR	2) MacNair, Conor SR	3) Draim, Kyle FR	4) Perrot, Cabell SR
	26.57 27.69 26.32 21.98			
6	Hampton Roads Academy	A	1:43.18	1:43.00 qVSIS
	1) Snyder, Ari FR	2) Allen, Hollis JR	3) Rento, Joey 8	4) Schengber, John SR
	26.87 26.98 25.49 23.66			
7	North Cross School-VA	A	1:47.11	1:44.34 qVSIS
	1) Girani, Tommy JR	2) Craddock, Michael 8	3) Criss, Austin JR	4) McNally, Mac SO
	27.00 31.33 23.66 22.35			
8	Seton School	A	1:47.35	1:45.00 qVSIS
	1) Dunn, Catfish JR	2) Hill, Michael JR	3) Basinger, David SR	4) Kenna, Joseph FR
	25.94 30.57 24.20 24.29			
9	Bishop Ireton Swim and Dive	A	1:46.59	1:45.06 qVSIS
	1) Clark, Michael JR	2) McGinty, Brian SR	3) Dougherty, Ryan SR	4) Grant, Kevin SO
	26.54 28.76 26.77 22.99			
10	Norfolk Academy-VA	A	1:46.84	1:45.19 qVSIS
	1) Mueller, Brandon 11	2) Danielson, Max 10	3) Moyers, Daniel 09	4) Tennant, Will 10
	26.71 30.58 24.85 23.05			
11	Nansemond Suffolk Academy	A	1:46.08	1:45.96 qVSIS
	1) Ruland, Jeff SR	2) Wilson, Ben FR	3) Joseph, Kevin SR	4) Riddick, Will SO
	27.37 30.58 24.81 23.20			
12	The Covenant School-VA	A	1:46.51	1:47.40 qVSIS
	1) Ern, Alex SO	2) Hostege, Eli SO	3) Winkler, Ryan SR	4) Coppola, Richard SO
	28.90 27.80 26.49 24.21			
13	Bishop Sullivan Catholic Higl	A	1:49.13	1:47.83 qVSIS
	1) Altobello, Andrew JR	2) Hall, Brendan SO	3) McMahon, Connor SR	4) Lassiter, Holt JR
	27.96 32.10 24.81 22.96			

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Results

Preliminaries ... (Event 2 Boys 200 Yard Medley Relay)

	Team	Relay	Seed Time	Prelim Time	
14	Benedictine High School	A	1:51.71	1:48.09	qVSIS
	1) Haas, Nick SO	2) Wilson, Sandy JR	3) Kerner, Travis JR	4) Toler, William SO	
	28.07 29.39 25.56 25.07				
15	Flint Hill School Swim Team-	A	1:49.63	1:49.42	qVSIS
	1) Ikeda, Rob JR	2) Johnson, Drew JR	3) Chang, Jonah SO	4) DeMocker, Brian JR	
	27.42 33.16 24.56 24.28				
16	Trinity Episcopal School-VA	A	1:52.12	1:51.15	qVSIS
	1) Bridgforth, Wells JR	2) Grass, Nils SR	3) Griggs-Drane, Nicholas JR	4) Dunbar, Holt JR	
	27.63 32.58 26.40 24.54				
17	Walsingham Academy-VA	A	1:52.21	1:51.34	VSIS
	1) Holder, Michael 8t	2) Sanderson, Cole FR	3) McAdams, Charlie JR	4) Abelt, John SR	
	30.07 30.73 27.37 23.17				
18	Randolph-Macon Academy-V	A	1:54.91	1:51.89	VSIS
	1) Nguyen, Hieu SR	2) Cohen, Matt JR	3) Blankenship, Tanner SO	4) Twenhafel, Dacoda JR	
	29.04 31.68 25.09 26.08				
19	Paul VI Catholic High School	A	1:51.48	1:52.77	VSIS
	1) Hale-Kupiec, Michael SO	2) Morrissey, John SO	3) Gormley, Ryan SR	4) Howard, Kenny JR	
	29.17 32.12 26.88 24.60				
20	Peninsula Catholic High Scho	A	1:56.63	1:54.95	VSIS
	1) Romeo, Zach FR	2) Talbott, Peyton SR	3) O'Hara, Paul SR	4) Shooter, Garrett SO	
	30.75 31.87 26.57 25.76				
21	St. Anne's-Belfield-VA	A	1:51.81	1:55.82	VSIS
	1) Given, Michael SO	2) Jane, John SO	3) Gimple, Tyler SO	4) Coffin, Jack SR	
	28.76 37.01 25.01 25.04				
22	Norfolk Collegiate-VA	A	1:54.34	1:55.95	VSIS
	1) Tupper, Devin 12	2) Ghobrial, Andrew 12	3) Stracener, Andrew 10	4) McAtee, Anthony 12	
	29.11 31.52 29.41 25.91				
23	Hargrave Aquatics-VA	A	1:56.37	1:56.64	VSIS
	1) Godley, Jason SR	2) Harding, Michael JR	3) Reese, Jason SR	4) Sayers, Ian SO	
	28.65 33.95 26.64 27.40				
24	Fredericksburg Christian-VA	A	1:58.16	1:57.32	VSIS
	1) Wiedenhoeft, Tim 11	2) Andrews, Seth 11	3) Higgins, Eric 12	4) Brad, Sam 12	
	32.28 33.06 26.41 25.57				
25	The Steward School Spartans-	A	1:57.08	1:58.96	VSIS
	1) Apostle, GJ FR	2) Vera, Sebastian JR	3) Bassett, Henry SO	4) Lott, Rob JR	
	29.96 37.85 24.40 26.75				
26	Fredericksburg Academy-VA	A	2:00.15	2:00.33	
	1) O'Donnell, Matt JR	2) Garbutt, Charlie 8	3) Davis, Jase FR	4) Schattgen, Graham JR	
	29.51 35.78 29.69 25.35				
27	Cape Henry Swim Team	A	1:56.16	2:05.33	
	1) Midgett, Trey FR	2) Watkins, Dean FR	3) Schonewille, Ramon JR	4) Fox, Luke SR	
	31.92 37.48 30.41 25.52				
---	Fork Union Military Academy	B	1:43.40	X1:41.80	VSIS
	1) Lewis, John 9	2) Anderson, Max 10	3) Phillips, Riley 12	4) Laurance, Patrick 11	
	27.44 28.49 23.82 22.05				
---	St. Christopher's School-VA	B	1:51.63	X1:48.71	VSIS
	1) Arles, Ryan SO	2) Smith, Harry FR	3) Warren, Elliott SR	4) Thompson, Albert FR	
	28.31 30.44 25.59 24.37				
---	Collegiate School-VA	B	1:48.35	X1:49.10	VSIS
	1) Roberts, Matson 12	2) Hudgins, Houlder 9	3) Tidey, Garrett 12	4) Templeman, Trip 12	
	28.88 30.04 27.48 22.70				
---	Seton School	B	1:58.97	X1:53.17	VSIS
	1) Kenna, Patrick SR	2) Rosato, Jonathan SR	3) Smith, Jamie FR	4) Koehr, Brendan SR	
	29.63 31.21 28.35 23.98				

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Preliminaries ... (Event 2 Boys 200 Yard Medley Relay)

	Team	Relay	Seed Time	Prelim Time	
---	Norfolk Academy-VA	B	1:56.51	X1:54.36	VSIS
	1) Heller, Nick 11	2) Cardelia, Nick 12	3) Kaskel, Jacob 09	4) Glasser, Ross 11	
	30.16 32.59 26.55 25.06				
---	Bishop Ireton Swim and Dive	B	NT	X1:57.89	VSIS
	1) Salvatori, Giovanni SO	2) Mejia, Robert JR	3) Crandall, Andrew JR	4) Mule, Vince JR	
	31.48 33.37 27.07 25.97				
---	The Potomac School-VA	A	1:53.90	DQ	
	1) Finnell, Evan JR	2) Rush, Derek SO	3) Diewald, Nick SR	4) Becker, John SR	
	28.96 32.26 26.10 24.26				
---	John Paul The Great High Sch	A	1:51.68	DQ	
	1) McDonald, Alex FR	2) Altobelli, Mark SR	3) Kalna, Matthew JR	4) Borneman, Ben SO	
	27.93 31.00 25.85 24.30				

Event 3 Girls 200 Yard Freestyle

VSIS Record: 1:49.75 ! 2/19/2010 Gabrielle Bishop-NSA NSA
All-Amer A: 1:50.15 *
All-Amer B: 1:51.98 @
2:15.81 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Titley, Allison	SR	St. Gertrude High School	1:55.40	1:51.41@	VSIS	20
	26.23 27.91 28.73 28.54						
2	Nester, Jane	SO	St. Catherine's School-VA	1:57.08	1:56.35	VSIS	17
	27.09 29.11 30.19 29.96						
3	Adkins, Claire	SO	The Carlisle School-VA	1:58.81	1:56.65	VSIS	16
	26.87 29.72 30.42 29.64						
4	Baldwin, Peyton	8	Hampton Roads Academy	1:59.37	1:58.25	VSIS	15
	27.52 29.70 30.53 30.50						
5	Doswell, Cabell	SR	St. Catherine's School-VA	1:59.81	1:58.87	VSIS	14
	27.73 29.88 30.53 30.73						
6	Cook, Kathryn	12	Norfolk Academy-VA	2:00.31	1:58.96	VSIS	13
	27.47 29.94 30.52 31.03						
7	von Quillfeldt, Anniken	JR	St. Anne's-Belfield-VA	2:03.54	2:03.05	VSIS	12
	28.21 31.24 31.80 31.80						
8	Bennett, Kelly	SR	Walsingham Academy-VA	2:03.72	2:05.40	VSIS	11
	27.40 30.95 32.64 34.41						
B - Final							
9	Cuthbert, Maggie	11	Collegiate School-VA	2:04.12	2:00.50	VSIS	9
	27.28 30.10 31.48 31.64						
10	Alagia, Maddie	SO	Madeira Varsity Swim and Dive-P	2:04.05	2:01.85	VSIS	7
	27.74 30.46 31.98 31.67						
11	Palmer, Kelly	SO	Bishop Ireton Swim and Dive Te-'	2:06.32	2:04.52	VSIS	6
	28.89 31.16 32.41 32.06						
12	Cruzado, Jessica	FR	The Potomac School-VA	2:05.57	2:05.42	VSIS	5
	28.39 31.59 32.47 32.97						
13	Gulick, Lauren	11	Norfolk Academy-VA	2:06.42	2:05.56	VSIS	4
	29.00 31.10 32.74 32.72						
14	Clary, Caroline	09	Norfolk Academy-VA	2:06.81	2:05.62	VSIS	3
	28.83 31.54 32.70 32.55						
15	Gullquist, Dana	SR	St. Catherine's School-VA	2:06.82	2:05.86	VSIS	2
	28.80 31.72 32.86 32.48						
16	Lieberman, Haley	FR	Trinity Episcopal School-VA	2:05.83	2:06.39	VSIS	1
	29.46 31.83 32.60 32.50						

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Event 3 Girls 200 Yard Freestyle

VSIS Record: 1:49.75 ! 2/19/2010 Gabrielle Bishop-NSA NSA
All-Amer A: 1:50.15 *
All-Amer B: 1:51.98 @
2:15.81 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Titley, Allison	SR	St. Gertrude High School	1:55.33	1:55.40	qVSIS
	26.89 29.39 29.82 29.30					
2	Nester, Jane	SO	St. Catherine's School-VA	1:56.69	1:57.08	qVSIS
	27.36 29.38 30.29 30.05					
3	Adkins, Claire	SO	The Carlisle School-VA	2:00.16	1:58.81	qVSIS
	27.43 30.47 30.59 30.32					
4	Baldwin, Peyton	8	Hampton Roads Academy	1:59.92	1:59.37	qVSIS
	28.01 30.05 30.77 30.54					
5	Doswell, Cabell	SR	St. Catherine's School-VA	2:01.99	1:59.81	qVSIS
	28.23 30.02 30.69 30.87					
6	Cook, Kathryn	12	Norfolk Academy-VA	2:03.41	2:00.31	qVSIS
	27.97 29.68 30.57 32.09					
7	von Quillfeldt, Anniken	JR	St. Anne's-Belfield-VA	2:08.31	2:03.54	qVSIS
	28.80 31.49 31.91 31.34					
8	Bennett, Kelly	SR	Walsingham Academy-VA	2:02.46	2:03.72	qVSIS
	27.84 31.03 32.17 32.68					
9	Alagia, Maddie	SO	Madeira Varsity Swim and Dive-P	2:03.11	2:04.05	qVSIS
	28.13 30.76 32.39 32.77					
10	Cuthbert, Maggie	11	Collegiate School-VA	2:01.48	2:04.12	qVSIS
	28.06 31.04 32.54 32.48					
11	Cruzado, Jessica	FR	The Potomac School-VA	2:08.08	2:05.57	qVSIS
	28.62 31.81 32.41 32.73					
12	Lieberman, Haley	FR	Trinity Episcopal School-VA	2:06.97	2:05.83	qVSIS
	29.24 31.74 32.38 32.47					
13	Palmer, Kelly	SO	Bishop Ireton Swim and Dive Te-'	2:03.29	2:06.32	qVSIS
	29.25 31.64 32.81 32.62					
14	Gulick, Lauren	11	Norfolk Academy-VA	2:07.03	2:06.42	qVSIS
	29.03 31.30 32.84 33.25					
15	Clary, Caroline	09	Norfolk Academy-VA	2:04.99	2:06.81	qVSIS
	29.24 31.63 33.01 32.93					
16	Gullquist, Dana	SR	St. Catherine's School-VA	2:05.42	2:06.82	qVSIS
	28.44 31.26 33.08 34.04					
17	Zeigler, Maddie	JR	Bishop Ireton Swim and Dive Te-'	2:04.94	2:07.64	VSIS
	29.28 32.00 33.04 33.32					
18	Woodmansee, Sarah	8	St. Catherine's School-VA	2:07.18	2:08.04	VSIS
	29.07 32.55 33.51 32.91					
19	Quay, Rebecca	11	Collegiate School-VA	2:02.53	2:08.41	VSIS
	28.96 31.59 33.65 34.21					
20	Anderson, Gabsy	FR	Peninsula Catholic High School-V	2:06.56	2:08.82	VSIS
	29.85 32.61 32.73 33.63					
21	Johnson, Grace	SO	Madeira Varsity Swim and Dive-P	2:05.99	2:09.47	VSIS
	28.55 31.76 34.05 35.11					
22	Cooke, Caroline	11	Collegiate School-VA	2:11.60	2:09.86	VSIS
	30.05 32.74 33.53 33.54					
23	Klena, Sarah	09	Norfolk Academy-VA	2:08.86	2:10.85	VSIS
	30.26 33.22 34.72 32.65					

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Preliminaries ... (Event 3 Girls 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
24	Hiser, Alex	10	Norfolk Collegiate-VA	2:06.83	2:10.95	VSIS
	29.15 33.14 34.47 34.19					
25	Dorsey, Anna	SO	St. Catherine's School-VA	2:12.66	2:11.32	VSIS
	29.85 33.50 34.49 33.48					
26	Gwin, Mirenda	JR	Roanoke Catholic School-VA	2:14.66	2:11.74	VSIS
	30.05 33.52 33.75 34.42					
27	Belt, Marie	SR	St. Catherine's School-VA	2:13.32	2:13.26	VSIS
	31.21 33.75 34.71 33.59					
28	Herdegen, Genevieve	SR	Fuqua Falcons-VA	2:13.09	2:13.64	VSIS
	30.51 33.96 35.02 34.15					
29	Williams, Caroline	8	St. Catherine's School-VA	2:14.10	2:13.87	VSIS
	29.61 34.02 35.29 34.95					
30	Clarkson, Meredith	FR	Norfolk Christian-VA	2:15.40	2:15.67	VSIS
	31.08 34.90 35.54 34.15					
31	Shama, Sara	SO	Trinity Episcopal School-VA	2:14.94	2:15.88	
	30.64 33.45 36.42 35.37					
32	Wild, Laura	FR	Nansemond Suffolk Academy	2:14.62	2:16.94	
	31.28 34.85 36.07 34.74					
33	Plombon, Sarah	JR	Paul VI Catholic High School	2:15.07	2:17.60	
	31.82 35.04 35.82 34.92					
34	McHugh, Daly	FR	St. Anne's-Belfield-VA	2:15.78	2:19.41	
	30.99 35.36 36.00 37.06					

Event 4 Boys 200 Yard Freestyle

VSIS Record: 1:37.20 ! 2/18/2011 Thomas Stephens COOL
All-Amer A: 1:39.92 *
All-Amer B: 1:41.41 @
2:02.35 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Stephens, Thomas	12	Collegiate School-VA	1:40.17	1:37.20!	VSIS	20
	22.12 24.68 25.25 25.15						
2	Criss, Austin	JR	North Cross School-VA	1:43.98	1:42.87	VSIS	17
	23.84 25.96 26.24 26.83						
3	McNally, Mac	SO	North Cross School-VA	1:46.85	1:45.27	VSIS	16
	24.34 26.90 26.81 27.22						
4	Gulick, Jon	12	Norfolk Academy-VA	1:45.75	1:46.82	VSIS	15
	24.30 26.91 27.91 27.70						
5	Gershun, Joe	12	Fork Union Military Academy-VA	1:46.91	1:46.86	VSIS	14
	24.60 26.40 27.72 28.14						
6	Cook, Andrew	SR	Ves-VA	1:48.84	1:47.37	VSIS	13
	25.37 26.94 27.34 27.72						
7	Taylor, Ret	12	Woodberry Forest-VA	1:49.88	1:48.45	VSIS	12
	24.85 27.03 28.00 28.57						
8	Ikeda, Rob	JR	Flint Hill School Swim Team-PV	1:51.02	1:49.07	VSIS	11
	25.59 27.69 27.75 28.04						
B - Final							
9	Tomenchok, Derek	SO	Trinity Episcopal School-VA	1:51.72	1:50.32	VSIS	9
	25.90 28.22 28.52 27.68						
10	Yan, Eric	10	Collegiate School-VA	1:51.45	1:50.80	VSIS	7
	25.66 28.03 28.76 28.35						
11	Berry, Trey	8	St. Christopher's School-VA	1:52.66	1:51.12	VSIS	6
	25.29 28.17 29.17 28.49						

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B - Final ... (Event 4 Boys 200 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time		Points
12	Haas, Nick	SO	Benedictine High School	1:51.83	1:51.28	VSIS	5
	25.58 28.31 28.65 28.74						
13	Snyder, Ari	FR	Hampton Roads Academy	1:54.26	1:51.44	VSIS	4
	25.87 27.78 28.43 29.36						
14	Rento, Joey	8	Hampton Roads Academy	1:52.78	1:51.67	VSIS	3
	25.75 28.03 29.34 28.55						
15	Covington, Chris	12	Fork Union Military Academy-VA	1:53.37	1:53.41	VSIS	2
	25.31 28.43 29.77 29.90						
16	Frazer, Nathaniel	SO	St. Christopher's School-VA	1:54.90	1:55.52	VSIS	1
	26.15 29.67 30.14 29.56						

Event 4 Boys 200 Yard Freestyle

VSIS Record: 1:37.20 ! 2/18/2011 Thomas Stephens COOL
All-Amer A: 1:39.92 *
All-Amer B: 1:41.41 @
2:02.35 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Stephens, Thomas	12	Collegiate School-VA	1:37.98	1:40.17@	qVSIS
	23.09 25.36 26.00 25.72					
2	Criss, Austin	JR	North Cross School-VA	1:46.96	1:43.98	qVSIS
	24.24 26.27 26.48 26.99					
3	Gulick, Jon	12	Norfolk Academy-VA	1:47.01	1:45.75	qVSIS
	24.53 26.83 27.06 27.33					
4	McNally, Mac	SO	North Cross School-VA	1:49.08	1:46.85	qVSIS
	24.78 27.07 27.29 27.71					
5	Gershun, Joe	12	Fork Union Military Academy-VA	1:47.42	1:46.91	qVSIS
	24.25 26.12 28.01 28.53					
6	Cook, Andrew	SR	Ves-VA	1:49.12	1:48.84	qVSIS
	25.47 27.46 28.13 27.78					
7	Taylor, Ret	12	Woodberry Forest-VA	1:53.11	1:49.88	qVSIS
	24.37 27.08 28.93 29.50					
8	Ikeda, Rob	JR	Flint Hill School Swim Team-PV	1:50.62	1:51.02	qVSIS
	25.65 27.24 28.54 29.59					
9	Yan, Eric	10	Collegiate School-VA	1:50.99	1:51.45	qVSIS
	25.30 27.66 28.88 29.61					
10	Tomenchok, Derek	SO	Trinity Episcopal School-VA	1:55.95	1:51.72	qVSIS
	25.23 27.92 28.95 29.62					
11	Haas, Nick	SO	Benedictine High School	1:53.51	1:51.83	qVSIS
	24.98 28.59 29.12 29.14					
12	Berry, Trey	8	St. Christopher's School-VA	1:53.08	1:52.66	qVSIS
	24.77 28.04 29.87 29.98					
13	Rento, Joey	8	Hampton Roads Academy	1:56.04	1:52.78	qVSIS
	25.61 28.29 29.99 28.89					
14	Covington, Chris	12	Fork Union Military Academy-VA	1:49.88	1:53.37	qVSIS
	25.60 28.52 29.63 29.62					
15	Snyder, Ari	FR	Hampton Roads Academy	1:55.34	1:54.26	qVSIS
	26.74 28.64 29.01 29.87					
16	Frazer, Nathaniel	SO	St. Christopher's School-VA	1:55.27	1:54.90	qVSIS
	26.06 28.77 30.18 29.89					
17	Thompson, Albert	FR	St. Christopher's School-VA	1:56.96	1:55.22	VSIS
	26.25 29.04 30.52 29.41					

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Preliminaries ... (Event 4 Boys 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
18	Fergusson, Ted	11	Collegiate School-VA	1:55.84	1:55.29	VSIS
	26.39 28.81 29.83 30.26					
19	Tupper, Devin	12	Norfolk Collegiate-VA	1:55.67	1:55.61	VSIS
	25.84 27.89 29.95 31.93					
20	Quint, Marcus	SO	Paul VI Catholic High School	1:56.01	1:55.94	VSIS
	27.04 29.30 30.04 29.56					
21	Reese, Jason	SR	Hargrave Aquatics-VA	1:56.67	1:56.35	VSIS
	27.17 29.01 30.29 29.88					
22	Mayer, Solly	12	Woodberry Forest-VA	2:00.95	1:57.55	VSIS
	25.70 29.53 31.25 31.07					
23	Clark, Keith	JR	Roanoke Catholic School-VA	1:57.78	1:57.83	VSIS
	26.67 28.96 30.90 31.30					
24	Warren, Elliott	SR	St. Christopher's School-VA	2:00.09	1:58.04	VSIS
	27.12 29.96 31.54 29.42					
25	Pyle, Nathan	11	Norfolk Academy-VA	1:59.40	1:58.47	VSIS
	27.25 29.91 30.83 30.48					
26	Grap, Peter	9	Collegiate School-VA	1:58.83	1:58.56	VSIS
	27.08 30.40 31.07 30.01					
27	Apostle, GJ	FR	The Steward School Spartans-VA	1:56.87	1:59.03	VSIS
	27.23 30.30 31.28 30.22					
28	McAdams, Charlie	JR	Walsingham Academy-VA	2:01.67	1:59.06	VSIS
	27.74 30.41 30.42 30.49					
29	Nanartowich, Tom	JR	Walsingham Academy-VA	1:58.30	1:59.11	VSIS
	26.49 29.56 30.96 32.10					
30	Bader, Brandon	11	Fork Union Military Academy-VA	2:00.59	2:00.50	VSIS
	27.48 30.28 31.46 31.28					
31	Wiggins, Grant	09	Norfolk Academy-VA	1:59.98	2:01.05	VSIS
	28.23 30.39 31.52 30.91					
32	McDonald, Alex	FR	John Paul The Great High Schoo	1:59.04	2:01.37	VSIS
	27.77 31.19 31.59 30.82					
33	Jones, Greg	11	Norfolk Academy-VA	2:01.54	2:02.93	
	27.89 31.24 32.34 31.46					
34	Kenna, Joseph	FR	Seton School	2:02.03	2:05.89	
	27.68 32.06 33.27 32.88					

Event 5 Girls 200 Yard IM

VSIS Record: 2:05.55 ! 2/13/1998 Natalie Griffith-HRA HRA
All-Amer A: 2:04.00 *
All-Amer B: 2:06.13 @
2:34.16 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Kish, Mary Katherine	9	Collegiate School-VA	2:07.27	2:06.77	VSIS	20
	28.05 32.09 38.34 28.29						
2	Piercy, Nicole	8	Hampton Roads Academy	2:17.56	2:12.02	VSIS	17
	29.16 31.82 40.29 30.75						
3	Harris, Sommer	FR	St. Catherine's School-VA	2:14.03	2:12.06	VSIS	16
	28.57 33.91 39.24 30.34						
4	Sweeney, Maggie	SO	Trinity Episcopal School-VA	2:16.38	2:12.44	VSIS	15
	28.96 34.16 38.87 30.45						
5	Collins, Liz	SR	Bishop Ireton Swim and Dive Te-	2:14.44	2:13.64	VSIS	14
	29.53 35.77 36.47 31.87						

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A - Final ... (Event 5 Girls 200 Yard IM)

	Name	Yr	School	Prelim Time	Finals Time		Points
6	Rento, Nicole	SR	Hampton Roads Academy	2:15.89	2:14.14	VSIS	13
	28.79 35.25 38.34 31.76						
7	Steele, Anne Thomas	SR	St. Catherine's School-VA	2:18.56	2:16.74	VSIS	12
	29.35 35.48 38.62 33.29						
8	Grap, Maddie	JR	St. Catherine's School-VA	2:17.66	2:18.09	VSIS	11
	30.59 34.62 40.20 32.68						
B - Final							
9	Movius, Rachel	SR	St Stephen's & St Agnes	2:19.99	2:15.97	VSIS	9
	28.85 34.49 39.58 33.05						
10	Patrick, Kylie	9	Roanoke Catholic School-VA	2:22.55	2:19.40	VSIS	7
	30.97 35.73 41.23 31.47						
11	Burns, Catherine	10	Collegiate School-VA	2:20.92	2:20.88	VSIS	6
	30.11 36.03 41.38 33.36						
12	Neuburg, Emily	FR	Nansemond Suffolk Academy	2:22.42	2:21.21	VSIS	5
	29.75 34.82 44.24 32.40						
13	Bennett, Amanda	SO	Walsingham Academy-VA	2:24.75	2:22.44	VSIS	4
	31.19 34.43 44.74 32.08						
14	Gelozin, Gabby	10	Collegiate School-VA	2:20.76	2:22.55	VSIS	3
	30.36 35.30 42.65 34.24						
15	Wulff, Allison	SR	Bishop Ireton Swim and Dive Te-'	2:22.52	2:22.63	VSIS	2
	30.82 36.87 40.63 34.31						
16	Clary, Emily	12	Norfolk Academy-VA	2:24.95	2:23.33	VSIS	1
	30.39 34.77 44.56 33.61						

Event 5 Girls 200 Yard IM

VSIS Record: 2:05.55 ! 2/13/1998 Natalie Griffith-HRA HRA
All-Amer A: 2:04.00 *
All-Amer B: 2:06.13 @
2:34.16 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Kish, Mary Katherine	9	Collegiate School-VA	2:08.21	2:07.27	qVSIS
	27.73 31.82 39.33 28.39					
2	Harris, Sommer	FR	St. Catherine's School-VA	2:10.83	2:14.03	qVSIS
	28.83 33.94 39.25 32.01					
3	Collins, Liz	SR	Bishop Ireton Swim and Dive Te-'	2:15.27	2:14.44	qVSIS
	29.80 36.59 36.16 31.89					
4	Rento, Nicole	SR	Hampton Roads Academy	2:15.15	2:15.89	qVSIS
	29.21 35.78 39.03 31.87					
5	Sweeney, Maggie	SO	Trinity Episcopal School-VA	2:17.16	2:16.38	qVSIS
	29.95 35.19 40.06 31.18					
6	Piercy, Nicole	8	Hampton Roads Academy	2:16.48	2:17.56	qVSIS
	30.69 33.61 42.17 31.09					
7	Grap, Maddie	JR	St. Catherine's School-VA	2:17.48	2:17.66	qVSIS
	30.34 34.39 40.07 32.86					
8	Steele, Anne Thomas	SR	St. Catherine's School-VA	2:16.31	2:18.56	qVSIS
	29.78 36.30 38.88 33.60					
9	Movius, Rachel	SR	St Stephen's & St Agnes	2:16.51	2:19.99	qVSIS
	29.73 35.52 40.82 33.92					
10	Gelozin, Gabby	10	Collegiate School-VA	2:19.68	2:20.76	qVSIS
	29.32 35.23 41.65 34.56					
11	Burns, Catherine	10	Collegiate School-VA	2:24.32	2:20.92	qVSIS
	30.44 36.47 40.91 33.10					

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Preliminaries ... (Event 5 Girls 200 Yard IM)

	Name	Yr	School	Seed Time	Prelim Time	
12	Neuburg, Emily	FR	Nansemond Suffolk Academy	2:21.96	2:22.42	qVSIS
	29.42 34.52 44.72 33.76					
13	Wulff, Allison	SR	Bishop Ireton Swim and Dive Te-	2:27.80	2:22.52	qVSIS
	30.73 37.07 40.30 34.42					
14	Patrick, Kylie	9	Roanoke Catholic School-VA	2:22.20	2:22.55	qVSIS
	31.10 37.00 41.24 33.21					
15	Bennett, Amanda	SO	Walsingham Academy-VA	2:23.94	2:24.75	qVSIS
	31.01 34.92 44.93 33.89					
16	Clary, Emily	12	Norfolk Academy-VA	2:21.82	2:24.95	qVSIS
	30.91 35.57 44.86 33.61					
17	Griffin, Ann	JR	Madeira Varsity Swim and Dive-P	2:26.75	2:26.37	VSIS
	29.72 37.42 43.15 36.08					
18	Wall, Anna	SR	St. Catherine's School-VA	2:31.47	2:28.94	VSIS
	31.36 36.71 44.76 36.11					
19	Douma, Allie	8	Collegiate School-VA	2:33.12	2:32.15	VSIS
	32.34 38.28 46.46 35.07					
20	Lambrecht, Rachel	SR	Seton School	2:31.33	2:32.23	VSIS
	31.14 38.42 45.04 37.63					
21	Pyle, Catherine	09	Norfolk Academy-VA	2:31.45	2:33.91	VSIS
	32.41 38.59 45.61 37.30					

Event 6 Boys 200 Yard IM

VSIS Record: 1:53.25 ! 2/19/2010 Tony Romanini-FUMA FUMA
All-Amer A: 1:52.14 *
All-Amer B: 1:54.14 @
2:22.14 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Switzer, Zach	10	Woodberry Forest-VA	1:55.81	1:54.61	VSIS	20
	24.86 27.97 33.81 27.97						
2	MacNair, Conor	SR	St Stephen's & St Agnes	1:59.04	1:56.00	VSIS	17
	26.00 29.74 32.76 27.50						
3	Fauls, Henry	FR	St. Christopher's School-VA	2:02.06	2:00.64	VSIS	16
	24.76 29.84 38.20 27.84						
4	Basinger, David	SR	Seton School	1:59.19	2:00.73	VSIS	15
	25.16 30.82 36.22 28.53						
5	Allen, Heath	11	Woodberry Forest-VA	2:00.46	2:01.11	VSIS	14
	25.75 32.78 33.65 28.93						
6	Ferguson, Thomas	10	Collegiate School-VA	2:00.49	2:01.31	VSIS	13
	25.81 30.96 36.15 28.39						
7	Russo, Sal	JR	Roanoke Catholic School-VA	2:02.39	2:01.32	VSIS	12
	25.69 29.45 37.54 28.64						
8	Ferguson, Peter	10	Collegiate School-VA	2:00.32	2:01.88	VSIS	11
	26.58 29.08 38.09 28.13						
B - Final							
9	Nester, Jack	JR	St. Christopher's School-VA	2:02.96	2:01.49	VSIS	9
	26.30 31.00 36.22 27.97						
10	Arroyo, Sito	11	Fork Union Military Academy-VA	2:04.34	2:03.92	VSIS	7
	26.32 32.05 36.35 29.20						
11	Allen, Hollis	JR	Hampton Roads Academy	2:04.96	2:05.48	VSIS	6
	26.29 32.76 36.29 30.14						
12	Atkins, Ferrel	JR	St Stephen's & St Agnes	2:05.52	2:05.86	VSIS	5
	26.21 32.36 36.30 30.99						

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B - Final ... (Event 6 Boys 200 Yard IM)

	Name	Yr	School	Prelim Time	Finals Time		Points
13	Templeman, Trip	12	Collegiate School-VA	2:06.25	2:06.75	VSIS	4
	26.02 31.73 38.19 30.81						
14	McMahon, Connor	SR	Bishop Sullivan Catholic High-VA	2:06.53	2:07.06	VSIS	3
	26.61 33.38 38.84 28.23						
15	Kalna, Matthew	JR	John Paul The Great High Schoo	2:06.17	2:07.12	VSIS	2
	27.04 31.04 38.85 30.19						
16	Danielson, Max	10	Norfolk Academy-VA	2:07.85	2:07.18	VSIS	1
	27.23 31.76 38.37 29.82						

Event 6 Boys 200 Yard IM

VSIS Record: 1:53.25 ! 2/19/2010 Tony Romanini-FUMA FUMA
All-Amer A: 1:52.14 *
All-Amer B: 1:54.14 @
2:22.14 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Switzer, Zach	10	Woodberry Forest-VA	1:59.94	1:55.81	qVSIS
	25.15 28.68 34.30 27.68					
2	MacNair, Conor	SR	St Stephen's & St Agnes	1:57.27	1:59.04	qVSIS
	25.65 30.91 34.32 28.16					
3	Basinger, David	SR	Seton School	1:59.90	1:59.19	qVSIS
	25.07 30.69 35.92 27.51					
4	Ferguson, Peter	10	Collegiate School-VA	2:01.00	2:00.32	qVSIS
	26.11 29.20 37.28 27.73					
5	Allen, Heath	11	Woodberry Forest-VA	2:05.02	2:00.46	qVSIS
	25.96 31.76 33.79 28.95					
6	Ferguson, Thomas	10	Collegiate School-VA	2:00.93	2:00.49	qVSIS
	25.51 30.89 36.13 27.96					
7	Fauls, Henry	FR	St. Christopher's School-VA	2:01.65	2:02.06	qVSIS
	24.89 30.21 37.97 28.99					
8	Russo, Sal	JR	Roanoke Catholic School-VA	2:02.61	2:02.39	qVSIS
	25.36 29.76 37.57 29.70					
9	Nester, Jack	JR	St. Christopher's School-VA	2:03.87	2:02.96	qVSIS
	26.11 30.88 37.33 28.64					
10	Arroyo, Sito	11	Fork Union Military Academy-VA	2:04.17	2:04.34	qVSIS
	26.40 31.71 36.23 30.00					
11	Allen, Hollis	JR	Hampton Roads Academy	2:14.94	2:04.96	qVSIS
	25.84 33.71 36.20 29.21					
12	Atkins, Ferrel	JR	St Stephen's & St Agnes	2:07.41	2:05.52	qVSIS
	26.25 31.61 36.61 31.05					
13	Kalna, Matthew	JR	John Paul The Great High Schoo	2:06.21	2:06.17	qVSIS
	27.16 30.66 38.59 29.76					
14	Templeman, Trip	12	Collegiate School-VA	2:09.06	2:06.25	qVSIS
	26.29 31.39 37.43 31.14					
15	McMahon, Connor	SR	Bishop Sullivan Catholic High-VA	2:06.57	2:06.53	qVSIS
	26.55 32.10 39.26 28.62					
16	Danielson, Max	10	Norfolk Academy-VA	2:06.33	2:07.85	qVSIS
	27.56 31.96 37.96 30.37					
17	Bondurant, Bear	10	Woodberry Forest-VA	2:14.27	2:08.26	VSIS
	25.33 31.34 39.20 32.39					
18	Hostege, Eli	SO	The Covenant School-VA	2:06.05	2:09.25	VSIS
	26.97 33.49 37.59 31.20					

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Preliminaries ... (Event 6 Boys 200 Yard IM)

	Name	Yr	School	Seed Time	Prelim Time	
*19	Groh, Patrick	8t	Trinity Episcopal School-VA	2:12.38	2:09.96	VSIS
	27.75 34.34 38.96 28.91					
*19	Blankenship, Tanner	SO	Randolph-Macon Academy-VA	2:10.76	2:09.96	VSIS
	27.52 33.12 39.43 29.89					
21	Folsom, Rob	SO	Walsingham Academy-VA	2:10.21	2:10.05	VSIS
	28.02 31.27 40.80 29.96					
22	Kaskel, Jacob	09	Norfolk Academy-VA	2:11.55	2:11.51	VSIS
	27.58 32.80 39.78 31.35					
23	Vice, Andrew	SO	Cape Henry Swim Team	2:13.29	2:11.55	VSIS
	28.37 34.50 35.60 33.08					
24	Sanderson, Cole	FR	Walsingham Academy-VA	2:16.25	2:12.04	VSIS
	29.83 34.15 38.26 29.80					
25	Ruland, Jeff	SR	Nansemond Suffolk Academy	2:09.45	2:12.83	VSIS
	26.94 32.39 40.95 32.55					
*26	Girani, Tommy	JR	North Cross School-VA	2:14.50	2:13.41	VSIS
	27.52 32.80 41.69 31.40					
*26	Hudgins, Houlder	9	Collegiate School-VA	2:13.96	2:13.41	VSIS
	28.66 32.64 40.47 31.64					
28	Lewis, John	9	Fork Union Military Academy-VA	2:15.44	2:13.88	VSIS
	28.33 32.93 41.89 30.73					
29	Wilson, Sandy	JR	Benedictine High School	2:11.46	2:14.29	VSIS
	27.74 33.22 39.95 33.38					
30	Schroers, Jeremy	11	Fork Union Military Academy-VA	2:17.25	2:14.99	VSIS
	28.44 36.38 36.73 33.44					
31	Smith, Jamie	FR	Seton School	2:18.48	2:16.05	VSIS
	29.38 36.68 39.05 30.94					
32	Wilson, Ben	FR	Nansemond Suffolk Academy	2:17.20	2:16.42	VSIS
	28.70 36.15 41.15 30.42					
33	DeMocker, Brian	JR	Flint Hill School Swim Team-PV	2:15.57	2:17.35	VSIS
	28.23 34.94 42.02 32.16					
34	Shackley, Ian	FR	St Stephen's & St Agnes	2:21.30	2:17.83	VSIS
	29.18 34.58 42.98 31.09					
35	Tang, Eric	FR	Flint Hill School Swim Team-PV	2:21.10	2:18.98	VSIS
	29.40 34.56 42.25 32.77					
36	Boswell, Robert	SO	Greenbrier Christian Academy-VA	2:18.86	2:20.00	VSIS
	30.23 35.66 42.24 31.87					
37	Wagner, Graham	JR	Nansemond Suffolk Academy	2:19.56	2:20.17	VSIS
	29.21 36.17 42.50 32.29					
38	Andrews, Seth	11	Fredericksburg Christian-VA	2:18.02	2:20.70	VSIS
	28.27 37.45 43.39 31.59					
39	Layden, Ross	08	Norfolk Academy-VA	2:18.50	2:20.96	VSIS
	29.25 37.50 42.22 31.99					
40	Griggs-Drane, Nicholas	JR	Trinity Episcopal School-VA	2:21.12	2:22.08	VSIS
	29.69 36.91 42.48 33.00					
---	Chung, Austin	9	Collegiate School-VA	2:04.47	DQ	
	27.01 31.40 34.07 28.36					
---	Spivey, Charlie	09	Norfolk Academy-VA	2:23.02	DFS	

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Event 7 Girls 50 Yard Freestyle

VSIS Record: 23.50 ! 2/18/2011 Kate Bassett STCA -VA
All-Amer A: 23.53 *
All-Amer B: 23.90 @
27.37 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Bassett, Kate	SR	St. Catherine's School-VA	23.75	23.50!	VSIS	20
2	Jansen, Brittney	JR	Madeira Varsity Swim and Dive-P	24.99	24.39	VSIS	17
3	Crawford, Jackie	JR	North Cross School-VA	24.54	24.41	VSIS	16
4	Rogers, Cat	JR	Seton School	24.56	24.54	VSIS	15
5	Rich, Kimberly	12	Norfolk Academy-VA	24.66	24.55	VSIS	14
6	Donohoe, Lauren	SR	Seton School	24.84	24.89	VSIS	13
7	Clagett, Amanda	10	Norfolk Academy-VA	25.49	25.42	VSIS	12
8	Upadhyaya, Alex	SO	Trinity Episcopal School-VA	25.51	25.77	VSIS	11
B - Final							
9	Farmer, Elaine	SR	St. Catherine's School-VA	25.77	25.42	VSIS	9
10	Makepeace, Chandler	10	Collegiate School-VA	25.59	25.77	VSIS	7
11	McCauley, Katie	9	Collegiate School-VA	26.20	25.89	VSIS	6
12	Thompson, Chloe	SO	St. Catherine's School-VA	25.94	25.94	VSIS	5
13	Davis, Meredith	JR	Nansemond Suffolk Academy	26.16	26.10	VSIS	4
14	Parks, Allison	10	Norfolk Academy-VA	26.05	26.12	VSIS	3
15	Tompkins, Kendall	SO	Cape Henry Swim Team	26.04	26.19	VSIS	2
16	Jones, Courtney	8	Fredericksburg Christian-VA	26.17	26.89	VSIS	1

Event 7 Girls 50 Yard Freestyle

VSIS Record: 23.50 ! 2/18/2011 Kate Bassett STCA -VA
All-Amer A: 23.53 *
All-Amer B: 23.90 @
27.37 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Bassett, Kate	SR	St. Catherine's School-VA	24.04	23.75@	qVSIS
2	Crawford, Jackie	JR	North Cross School-VA	25.23	24.54	qVSIS
3	Rogers, Cat	JR	Seton School	24.77	24.56	qVSIS
4	Rich, Kimberly	12	Norfolk Academy-VA	24.87	24.66	qVSIS
5	Donohoe, Lauren	SR	Seton School	24.84	24.84	qVSIS
6	Jansen, Brittney	JR	Madeira Varsity Swim and Dive-P	25.16	24.99	qVSIS
7	Clagett, Amanda	10	Norfolk Academy-VA	25.73	25.49	qVSIS
8	Upadhyaya, Alex	SO	Trinity Episcopal School-VA	25.52	25.51	qVSIS
9	Makepeace, Chandler	10	Collegiate School-VA	26.17	25.59	qVSIS
10	Farmer, Elaine	SR	St. Catherine's School-VA	25.26	25.77	qVSIS
11	Thompson, Chloe	SO	St. Catherine's School-VA	26.56	25.94	qVSIS
12	Tompkins, Kendall	SO	Cape Henry Swim Team	26.41	26.04	qVSIS
13	Parks, Allison	10	Norfolk Academy-VA	25.88	26.05	qVSIS
14	Davis, Meredith	JR	Nansemond Suffolk Academy	26.07	26.16	qVSIS
15	Jones, Courtney	8	Fredericksburg Christian-VA	26.27	26.17	qVSIS
16	McCauley, Katie	9	Collegiate School-VA	25.70	26.20	qVSIS
17	Papariello, Alexis	SR	Bishop Sullivan Catholic High-VA	26.59	26.27	VSIS
18	Brendsel, Natalie	SO	Flint Hill School Swim Team-PV	26.38	26.41	VSIS
19	Gill, Elizabeth	09	Norfolk Academy-VA	27.15	26.47	VSIS
20	Call, Lucy	SO	Trinity Episcopal School-VA	26.90	26.52	VSIS

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Preliminaries ... (Event 7 Girls 50 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
21	Anderson, Erin	12	Collegiate School-VA	26.73	26.62	VSIS
22	Henke, Debra	8	The Steward School Spartans-VA	27.30	26.69	VSIS
23	Saunders, Michaela	FR	Madeira Varsity Swim and Dive-P	27.08	26.71	VSIS
24	Becht, Laura	SR	Bishop Ireton Swim and Dive Te-'	27.44	26.81	VSIS
25	Harry, Kirstie	SO	Fredericksburg Academy-VA	26.57	26.97	VSIS
26	Dickinson, Hillary	12	Collegiate School-VA	27.33	27.54	
27	Kanter, Catherine	11	Norfolk Collegiate-VA	27.28	28.08	
28	Castleberry, Lindsay	SO	Cape Henry Swim Team	26.79	28.10	

Event 8 Boys 50 Yard Freestyle

VSIS Record: 20.65 ! 2/19/2010 Zach Ingold-WFS WFS
All-Amer A: 20.91 *
All-Amer B: 21.21 @
24.07 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Zoltowski, Tim	12	Fork Union Military Academy-VA	20.92	20.86*	VSIS	20
2	Perrot, Cabell	SR	St Stephen's & St Agnes	21.78	21.04@	VSIS	17
3	Leach, Ben	11	Norfolk Academy-VA	21.29	21.35	VSIS	16
4	Bassett, Henry	SO	The Steward School Spartans-VA	21.89	21.59	VSIS	15
5	Coor, Wil	11	Collegiate School-VA	21.72	21.66	VSIS	14
6	Cooper, Josh	SR	Cape Henry Swim Team	22.30	22.12	VSIS	13
7	Laurance, Patrick	11	Fork Union Military Academy-VA	22.17	22.16	VSIS	12
8	Okeyo, Obi	11	Fork Union Military Academy-VA	22.35	22.71	VSIS	11
B - Final							
9	Pidgeon, Jack	12	Woodberry Forest-VA	22.38	22.17	VSIS	9
10	Blackwood, Joe	11	Norfolk Academy-VA	22.58	22.34	VSIS	7
11	Joseph, Kevin	SR	Nansemond Suffolk Academy	22.78	22.43	VSIS	6
12	McMahon, Connor	SR	Bishop Sullivan Catholic High-VA	22.67	22.52	VSIS	5
13	Hoffman, Nick	11	Woodberry Forest-VA	22.53	22.58	VSIS	4
14	Tudor, Shane	JR	Roanoke Catholic School-VA	22.73	22.70	VSIS	3
15	Hapgood, Alex	10	Woodberry Forest-VA	23.02	23.00	VSIS	2
16	Wood, Connor	SR	St. Christopher's School-VA	22.83	23.31	VSIS	1

Event 8 Boys 50 Yard Freestyle

VSIS Record: 20.65 ! 2/19/2010 Zach Ingold-WFS WFS
All-Amer A: 20.91 *
All-Amer B: 21.21 @
24.07 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Zoltowski, Tim	12	Fork Union Military Academy-VA	21.14	20.92@	qVSIS
2	Leach, Ben	11	Norfolk Academy-VA	21.92	21.29	qVSIS
3	Coor, Wil	11	Collegiate School-VA	21.65	21.72	qVSIS
4	Perrot, Cabell	SR	St Stephen's & St Agnes	21.59	21.78	qVSIS
5	Bassett, Henry	SO	The Steward School Spartans-VA	22.28	21.89	qVSIS
6	Laurance, Patrick	11	Fork Union Military Academy-VA	22.02	22.17	qVSIS
7	Cooper, Josh	SR	Cape Henry Swim Team	23.47	22.30	qVSIS
8	Okeyo, Obi	11	Fork Union Military Academy-VA	22.45	22.35	qVSIS
9	Pidgeon, Jack	12	Woodberry Forest-VA	22.97	22.38	qVSIS
10	Hoffman, Nick	11	Woodberry Forest-VA	23.73	22.53	qVSIS
11	Blackwood, Joe	11	Norfolk Academy-VA	22.52	22.58	qVSIS

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Preliminaries ... (Event 8 Boys 50 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
12	McMahon, Connor	SR	Bishop Sullivan Catholic High-VA	22.57	22.67	qVSIS
13	Tudor, Shane	JR	Roanoke Catholic School-VA	22.95	22.73	qVSIS
14	Joseph, Kevin	SR	Nansemond Suffolk Academy	22.36	22.78	qVSIS
15	Wood, Connor	SR	St. Christopher's School-VA	22.88	22.83	qVSIS
16	Hapgood, Alex	10	Woodberry Forest-VA	23.94	23.02	qVSIS
17	Clark, Michael	JR	Bishop Ireton Swim and Dive Te-	22.69	23.03	VSIS
18	Pankey, Joseph	SO	Trinity Episcopal School-VA	23.71	23.29	VSIS
19	Brown, Brandon	SR	Massanutten Military Academy	23.35	23.33	VSIS
20	Chang, Jonah	SO	Flint Hill School Swim Team-PV	23.65	23.34	VSIS
21	Altobello, Andrew	JR	Bishop Sullivan Catholic High-VA	23.60	23.35	VSIS
*22	Marrero, Frankie	SR	Paul VI Catholic High School	24.02	23.37	VSIS
*22	Tennant, Will	10	Norfolk Academy-VA	23.37	23.37	VSIS
24	Willard, Miles	11	Fork Union Military Academy-VA	23.71	23.48	VSIS
25	Lassiter, Holt	JR	Bishop Sullivan Catholic High-VA	23.75	23.65	VSIS
26	Saleh, Mohamed	10	Fork Union Military Academy-VA	23.09	23.67	VSIS
27	Crandall, Andrew	JR	Bishop Ireton Swim and Dive Te-	23.87	23.77	VSIS
28	Dunlevy, Chris	SR	St. Christopher's School-VA	24.03	23.82	VSIS
29	Abelt, John	SR	Walsingham Academy-VA	23.86	23.83	VSIS
30	Serpe, Max	JR	Cape Henry Swim Team	23.92	24.01	VSIS
31	Akers, Christian	11	Roanoke Catholic School-VA	24.00	24.04	VSIS
32	Dahmen, Richard	12	Fork Union Military Academy-VA	23.95	24.05	VSIS
33	Morin, Alec	9	St. Michael the Archangel High-V	23.97	24.24	
34	Riddick, Will	SO	Nansemond Suffolk Academy	24.06	24.57	
---	Winkler, Ryan	SR	The Covenant School-VA	23.93	NS	

Event 9 Girls 1 mtr Diving

VSIS Record: 456.10 ! 2/21/1998 Katie Williams-TES TES

	Name	Yr	School		Finals Score	Points
1	Busser, Keaton	FR	The Steward School Spartans-VA	342.15	335.85	20
2	Cochran, Nicole	JR	Trinity Episcopal School-VA	294.40	298.85	17
3	Carpenter, Allison	SR	The Steward School Spartans-VA	264.85	274.50	16
4	Fain, Audrey	SR	St. Catherine's School-VA	258.15	262.15	15
5	Eisner, Jamie	SO	Hampton Roads Academy	NT	252.50	14
6	Henry, Libby	10	Norfolk Academy-VA	NT	250.85	13
7	Branham, Alex	FR	Bishop Ireton Swim and Dive Te-	217.65	223.80	12
8	Schaefermeier, Elizabeth	JR	Bishop Ireton Swim and Dive Te-	219.30	212.35	11
9	Zapiain, Sarah	JR	Seton School	131.65	206.20	9
10	Stowers, Kelsey	SO	St Stephen's & St Agnes	209.50	201.60	7
11	MacLean, Cailin	FR	St. Catherine's School-VA	166.40	199.55	6
12	Kislyakov, Amy	08	Norfolk Academy-VA	NT	185.55	5
13	Callander, Grace	SO	Madeira Varsity Swim and Dive-P	NT	165.40	4
14	Duran, Mary	JR	Seton School	122.20	155.70	3
15	Isreal, Briaun	SO	Madeira Varsity Swim and Dive-P	NT	143.95	2
---	Fyffe, Sarah	SR	Bishop Ireton Swim and Dive Te-	NT	DQ	

Event 10 Boys 1 mtr Diving

VSIS Record: 470.85 ! 2/16/2008 Briggy ImbrigliaIreton-BIHS Ireton

	Name	Yr	School		Finals Score	Points
1	Bedford, Mike	11	Norfolk Academy-VA	NT	330.10	20
2	Duran, Joe	FR	Seton School	207.15	321.30	17
3	Ebeling, Steve	JR	Trinity Episcopal School-VA	346.15	311.90	16

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(Event 10 Boys 1 mtr Diving)

	Name	Yr	School		Finals Score	Points
4	Bedford, Joe	09	Norfolk Academy-VA	NT	296.90	15
5	Lamontagne, Frederic	12	Woodberry Forest-VA	NT	268.40	14
6	McKercher, Patrick	12	Collegiate School-VA	209.50	246.10	13
7	Wallace, Cameron	SR	Bishop Ireton Swim and Dive Te-'	230.00	227.25	12
8	Rubin, Joey	SR	Seton School	205.35	221.70	11
9	Andrews, Peter	FR	The Steward School Spartans-VA	NT	205.50	9
10	Marks, Gavin	10	Fork Union Military Academy-VA	221.10	202.75	7
11	Love, Lance	11	Fork Union Military Academy-VA	184.70	200.75	6
12	Manley, Michael	FR	Seton School	NT	183.20	5
13	Dyer, Brandon	11	Fork Union Military Academy-VA	203.20	181.95	4
14	Zaytoun, Haynes	10	Woodberry Forest-VA	NT	174.45	3

Event 11 Girls 100 Yard Butterfly

VSIS Record: 55.33 ! 2/19/2010 Rachel Naurath-COOL COOL
All-Amer A: 55.48 *
All-Amer B: 56.72 @
1:09.91 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Bishop, Gabrielle	JR	Nansemond Suffolk Academy	57.19	56.62	@VSIS	20
	26.27 30.35						
2	Merrill, Emma	FR	Paul VI Catholic High School	59.06	57.01	VSIS	17
	26.42 30.59						
3	Titley, Allison	SR	St. Gertrude High School	58.53	57.58	VSIS	16
	27.25 30.33						
4	Baldwin, Peyton	8	Hampton Roads Academy	1:00.12	58.79	VSIS	15
	27.94 30.85						
5	Saunders, Christa Ann	SR	Madeira Varsity Swim and Dive-P	59.56	59.00	VSIS	14
	27.33 31.67						
6	Pollard, Ashton	9	Collegiate School-VA	1:00.25	59.15	VSIS	13
	27.82 31.33						
7	Swarts, Rachel	SO	Flint Hill School Swim Team-PV	59.96	59.16	VSIS	12
	27.35 31.81						
8	Wunderly, Bridget	SR	Seton School	59.82	1:00.91	VSIS	11
	28.87 32.04						
B - Final							
9	Jennings, Lacy	SR	St. Catherine's School-VA	1:00.32	57.65	VSIS	9
	26.85 30.80						
10	Kroesen, Saskia	SR	Bishop Ireton Swim and Dive Te-'	1:01.19	59.30	VSIS	7
	27.18 32.12						
11	Tomenchok, Kira	FR	Trinity Episcopal School-VA	1:01.50	1:00.13	VSIS	6
	28.64 31.49						
12	Sweeney, Maggie	SO	Trinity Episcopal School-VA	1:02.86	1:01.20	VSIS	5
	29.36 31.84						
13	Dumez, Rachel	SO	Wakefield Country Day School	1:02.08	1:01.53	VSIS	4
	28.48 33.05						
14	Wood, Ellis	SO	St. Catherine's School-VA	1:01.41	1:02.19	VSIS	3
	28.93 33.26						
15	Doswell, Cabell	SR	St. Catherine's School-VA	1:02.82	1:02.21	VSIS	2
	28.68 33.53						
16	Parks, Allison	10	Norfolk Academy-VA	1:03.57	1:04.65	VSIS	1
	29.71 34.94						

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Event 11 Girls 100 Yard Butterfly

VSIS Record:	**55.33**	**!**	**2/19/2010**	**Rachel Naurath-COOL**	**COOL**
All-Amer A:	**55.48**	*****			
All-Amer B:	**56.72**	**@**			
	1:09.91	**VSIS**			

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Bishop, Gabrielle 26.73 30.46	JR	Nansemond Suffolk Academy	57.20	57.19	qVSIS
2	Titley, Allison 28.07 30.46	SR	St. Gertrude High School	59.63	58.53	qVSIS
3	Merrill, Emma 27.09 31.97	FR	Paul VI Catholic High School	58.20	59.06	qVSIS
4	Saunders, Christa Ann 27.84 31.72	SR	Madeira Varsity Swim and Dive-P	1:01.24	59.56	qVSIS
5	Wunderly, Bridget 28.37 31.45	SR	Seton School	1:01.33	59.82	qVSIS
6	Swarts, Rachel 28.31 31.65	SO	Flint Hill School Swim Team-PV	58.92	59.96	qVSIS
7	Baldwin, Peyton 28.70 31.42	8	Hampton Roads Academy	1:00.25	1:00.12	qVSIS
8	Pollard, Ashton 28.73 31.52	9	Collegiate School-VA	59.62	1:00.25	qVSIS
9	Jennings, Lacy 27.92 32.40	SR	St. Catherine's School-VA	1:01.37	1:00.32	qVSIS
10	Kroesen, Saskia 27.90 33.29	SR	Bishop Ireton Swim and Dive Te-'	1:00.88	1:01.19	qVSIS
11	Wood, Ellis 29.03 32.38	SO	St. Catherine's School-VA	1:02.36	1:01.41	qVSIS
12	Tomenchok, Kira 27.91 33.59	FR	Trinity Episcopal School-VA	1:02.27	1:01.50	qVSIS
13	Dumez, Rachel 28.68 33.40	SO	Wakefield Country Day School	1:01.29	1:02.08	qVSIS
14	Doswell, Cabell 30.15 32.67	SR	St. Catherine's School-VA	1:01.56	1:02.82	qVSIS
15	Sweeney, Maggie 29.76 33.10	SO	Trinity Episcopal School-VA	1:02.33	1:02.86	qVSIS
16	Parks, Allison 29.50 34.07	10	Norfolk Academy-VA	1:03.87	1:03.57	qVSIS
17	Johnson, Grace 30.11 34.30	SO	Madeira Varsity Swim and Dive-P	1:05.17	1:04.41	VSIS
18	Gelozin, Gabby 30.08 34.59	10	Collegiate School-VA	1:03.33	1:04.67	VSIS
19	Klena, Sarah 31.03 34.15	09	Norfolk Academy-VA	1:05.51	1:05.18	VSIS
20	Headley, Sarah 30.67 34.92	JR	St. Catherine's School-VA	1:08.31	1:05.59	VSIS
21	Hiser, Alex 30.28 35.51	10	Norfolk Collegiate-VA	1:04.82	1:05.79	VSIS
22	DiSilvestro, Brianna 31.89 34.88	FR	Cape Henry Swim Team	1:04.57	1:06.77	VSIS
23	Socha, Scottie 31.03 35.77	SR	Walsingham Academy-VA	1:08.49	1:06.80	VSIS

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Preliminaries ... (Event 11 Girls 100 Yard Butterfly)

	Name	Yr	School	Seed Time	Prelim Time	
24	Wall, Anna 32.03 34.88	SR	St. Catherine's School-VA	1:06.96	1:06.91	VSIS
25	Donohoe, Clare 31.61 35.46	SO	John Paul The Great High Schoo	1:08.35	1:07.07	VSIS
26	Dickinson, Hillary 30.46 37.13	12	Collegiate School-VA	1:05.56	1:07.59	VSIS
27	Anderson, Gabsy 31.93 36.07	FR	Peninsula Catholic High School-V	1:05.03	1:08.00	VSIS
28	Addison, Jessica 31.19 37.86	SR	Trinity Episcopal School-VA	1:08.29	1:09.05	VSIS
29	Kennedy, Allison 31.73 37.65	JR	Flint Hill School Swim Team-PV	1:08.75	1:09.38	VSIS

Event 12 Boys 100 Yard Butterfly

VSIS Record:	**49.27**	**!**	**2/18/2011**	**James Crabb** **WFS**
All-Amer A:	**49.93**	*****		
All-Amer B:	**50.89**	**@**		
	1:01.65	**VSIS**		

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Crabb, James 22.67 26.77	12	Woodberry Forest-VA	49.27	49.44*	VSIS	20
2	Gundersen, Martin 23.95 27.86	11	Fork Union Military Academy-VA	52.09	51.81	VSIS	17
3	Sundel, Blake 23.81 28.45	12	Fork Union Military Academy-VA	52.43	52.26	VSIS	16
4	Phillips, Riley 24.16 28.25	12	Fork Union Military Academy-VA	52.81	52.41	VSIS	15
5	Nasakaitis, Eric 25.12 27.86	SR	Paul VI Catholic High School	53.30	52.98	VSIS	14
6	Ferguson, Thomas 25.18 28.48	10	Collegiate School-VA	52.85	53.66	VSIS	13
7	Dunn, Catfish 25.44 28.58	JR	Seton School	53.85	54.02	VSIS	12
8	Payton, Lee 25.21 30.16	11	Fork Union Military Academy-VA	54.52	55.37	VSIS	11
B - Final							
9	Moore, Cameron 25.64 28.99	10	Collegiate School-VA	54.63	54.63	VSIS	9
10	Hapgood, Alex 25.46 29.92	10	Woodberry Forest-VA	56.76	55.38	VSIS	7
11	Gimple, Tyler 25.93 29.55	SO	St. Anne's-Belfield-VA	55.70	55.48	VSIS	6
12	Blankenship, Tanner 26.09 29.84	SO	Randolph-Macon Academy-VA	56.65	55.93	VSIS	5
13	Bridgforth, Wells 26.73 30.37	JR	Trinity Episcopal School-VA	56.88	57.10	VSIS	4
14	Altobello, Andrew 26.94 31.01	JR	Bishop Sullivan Catholic High-VA	58.56	57.95	VSIS	3
15	Warren, Elliott 27.01 31.08	SR	St. Christopher's School-VA	58.19	58.09	VSIS	2
16	Peoples, Greg 26.62 32.36	JR	Ves-VA	58.09	58.98	VSIS	1

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Event 12 Boys 100 Yard Butterfly

VSIS Record:	**49.27**	**!**	**2/18/2011**	**James Crabb**	**WFS**
All-Amer A:	**49.93**	*****			
All-Amer B:	**50.89**	**@**			
	1:01.65	**VSIS**			

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Crabb, James 22.96 26.31	12	Woodberry Forest-VA	51.34	49.27!	qVSIS
2	Gundersen, Martin 24.18 27.91	11	Fork Union Military Academy-VA	53.71	52.09	qVSIS
3	Sundel, Blake 23.69 28.74	12	Fork Union Military Academy-VA	52.57	52.43	qVSIS
4	Phillips, Riley 24.50 28.31	12	Fork Union Military Academy-VA	53.47	52.81	qVSIS
5	Ferguson, Thomas 24.82 28.03	10	Collegiate School-VA	52.79	52.85	qVSIS
6	Nasakaitis, Eric 25.35 27.95	SR	Paul VI Catholic High School	52.39	53.30	qVSIS
7	Dunn, Catfish 25.38 28.47	JR	Seton School	55.02	53.85	qVSIS
8	Payton, Lee 25.38 29.14	11	Fork Union Military Academy-VA	54.95	54.52	qVSIS
9	Moore, Cameron 25.87 28.76	10	Collegiate School-VA	53.76	54.63	qVSIS
10	Gimple, Tyler 26.07 29.63	SO	St. Anne's-Belfield-VA	56.10	55.70	qVSIS
11	Blankenship, Tanner 26.26 30.39	SO	Randolph-Macon Academy-VA	56.43	56.65	qVSIS
12	Hapgood, Alex 25.98 30.78	10	Woodberry Forest-VA	1:00.32	56.76	qVSIS
13	Bridgforth, Wells 26.72 30.16	JR	Trinity Episcopal School-VA	58.49	56.88	qVSIS
14	Peoples, Greg 26.22 31.87	JR	Ves-VA	58.80	58.09	qVSIS
15	Warren, Elliott 27.17 31.02	SR	St. Christopher's School-VA	58.77	58.19	qVSIS
16	Altobello, Andrew 27.28 31.28	JR	Bishop Sullivan Catholic High-VA	59.31	58.56	qVSIS
17	Teague, Sam 26.65 31.99	SR	St Stephen's & St Agnes	58.87	58.64	VSIS
18	Lee, Matt 27.13 31.80	JR	Nansemond Suffolk Academy	59.69	58.93	VSIS
19	Winkler, Ryan 26.82 32.25	SR	The Covenant School-VA	58.84	59.07	VSIS
20	Tupper, Devin 27.85 31.48	12	Norfolk Collegiate-VA	1:00.78	59.33	VSIS
21	Moyers, Daniel 26.98 32.43	09	Norfolk Academy-VA	58.09	59.41	VSIS
22	McAdams, Charlie 27.85 32.03	JR	Walsingham Academy-VA	1:00.43	59.88	VSIS
23	Schengber, John 28.38 32.62	SR	Hampton Roads Academy	1:00.74	1:01.00	VSIS

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Preliminaries ... (Event 12 Boys 100 Yard Butterfly)

	Name	Yr	School	Seed Time	Prelim Time	
24	Grap, Peter	9	Collegiate School-VA	1:00.81	1:01.33	VSIS
	28.73 32.60					
25	O'Hara, Paul	SR	Peninsula Catholic High School-V	1:01.09	1:01.39	VSIS
	27.71 33.68					
26	Griggs-Drane, Nicholas	JR	Trinity Episcopal School-VA	1:01.06	1:01.88	
	29.48 32.40					
27	Wiggins, Grant	09	Norfolk Academy-VA	1:00.78	1:02.18	
	29.47 32.71					
28	Morin, Alec	9	St. Michael the Archangel High-V	1:00.07	1:02.50	
	27.89 34.61					
29	Tidey, Garrett	12	Collegiate School-VA	1:01.10	1:04.09	
	28.97 35.12					
---	Tarkenton, Dallas	SO	St. Christopher's School-VA	55.67	DQ	

Event 13 Girls 100 Yard Freestyle

VSIS Record: 51.64 ! 2/20/2010 Gabrielle Bishop-NSA NSA
All-Amer A: 50.98 *
All-Amer B: 51.87 @
1:00.26 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Bishop, Gabrielle	JR	Nansemond Suffolk Academy	51.83	51.06!	VSIS	20
	24.58 26.48						
2	Bassett, Kate	SR	St. Catherine's School-VA	52.90	52.39	VSIS	17
	24.37 28.02						
3	Jansen, Brittney	JR	Madeira Varsity Swim and Dive-P	55.34	53.02	VSIS	16
	25.40 27.62						
4	Rich, Kimberly	12	Norfolk Academy-VA	53.71	53.68	VSIS	15
	25.39 28.29						
5	Kroesen, Saskia	SR	Bishop Ireton Swim and Dive Te-'	55.13	54.28	VSIS	14
	25.84 28.44						
6	Donohoe, Lauren	SR	Seton School	54.37	54.32	VSIS	13
	25.88 28.44						
7	Nester, Jane	SO	St. Catherine's School-VA	54.38	54.51	VSIS	12
	26.02 28.49						
8	Rogers, Meredith	SR	Bishop Sullivan Catholic High-VA	55.27	55.20	VSIS	11
	26.24 28.96						
B - Final							
9	Doonis, Alex	JR	Seton School	55.50	54.77	VSIS	9
	25.94 28.83						
10	Clagett, Amanda	10	Norfolk Academy-VA	56.03	55.82	VSIS	7
	26.74 29.08						
11	Upadhyaya, Alex	SO	Trinity Episcopal School-VA	55.79	55.88	VSIS	6
	26.63 29.25						
12	McCauley, Katie	9	Collegiate School-VA	57.25	55.94	VSIS	5
	27.39 28.55						
13	Makepeace, Chandler	10	Collegiate School-VA	57.07	56.46	VSIS	4
	26.78 29.68						
14	Farmer, Elaine	SR	St. Catherine's School-VA	57.15	56.60	VSIS	3
	26.98 29.62						
15	Butler, Noland	FR	Fredericksburg Academy-VA	57.15	56.62	VSIS	2
	27.38 29.24						

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B - Final ... (Event 13 Girls 100 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time		Points
16	Brendsel, Natalie	SO	Flint Hill School Swim Team-PV	57.28	56.99	VSIS	1
	27.68 29.31						

Event 13 Girls 100 Yard Freestyle

VSIS Record: 51.64 ! 2/20/2010 Gabrielle Bishop-NSA NSA
All-Amer A: 50.98 *
All-Amer B: 51.87 @
1:00.26 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Bishop, Gabrielle	JR	Nansemond Suffolk Academy	51.38	51.83@	qVSIS
	24.98 26.85					
2	Bassett, Kate	SR	St. Catherine's School-VA	53.48	52.90	qVSIS
	25.34 27.56					
3	Rich, Kimberly	12	Norfolk Academy-VA	54.24	53.71	qVSIS
	25.62 28.09					
4	Donohoe, Lauren	SR	Seton School	54.08	54.37	qVSIS
	26.21 28.16					
5	Nester, Jane	SO	St. Catherine's School-VA	53.84	54.38	qVSIS
	26.03 28.35					
6	Kroesen, Saskia	SR	Bishop Ireton Swim and Dive Te-	55.05	55.13	qVSIS
	26.35 28.78					
7	Rogers, Meredith	SR	Bishop Sullivan Catholic High-VA	58.27	55.27	qVSIS
	26.44 28.83					
8	Jansen, Brittney	JR	Madeira Varsity Swim and Dive-P	55.79	55.34	qVSIS
	26.36 28.98					
9	Doonis, Alex	JR	Seton School	54.60	55.50	qVSIS
	26.39 29.11					
10	Upadhyaya, Alex	SO	Trinity Episcopal School-VA	56.20	55.79	qVSIS
	26.98 28.81					
11	Clagett, Amanda	10	Norfolk Academy-VA	56.51	56.03	qVSIS
	26.67 29.36					
12	Makepeace, Chandler	10	Collegiate School-VA	58.66	57.07	qVSIS
	26.95 30.12					
*13	Butler, Noland	FR	Fredericksburg Academy-VA	57.44	57.15	qVSIS
	27.20 29.95					
*13	Farmer, Elaine	SR	St. Catherine's School-VA	56.79	57.15	qVSIS
	27.14 30.01					
15	McCauley, Katie	9	Collegiate School-VA	57.37	57.25	qVSIS
	27.93 29.32					
16	Brendsel, Natalie	SO	Flint Hill School Swim Team-PV	58.22	57.28	qVSIS
	27.72 29.56					
17	Cruzado, Jessica	FR	The Potomac School-VA	58.28	57.72	VSIS
	27.58 30.14					
18	Brewer, Campbell	8	Collegiate School-VA	58.15	57.80	VSIS
	27.49 30.31					
19	Powell, Hannah	FR	St. Catherine's School-VA	58.28	57.84	VSIS
	27.43 30.41					
20	Davis, Meredith	JR	Nansemond Suffolk Academy	59.23	58.16	VSIS
	27.22 30.94					
21	Smith, Arralyn	SO	Norfolk Christian-VA	59.21	58.83	VSIS
	27.67 31.16					

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Preliminaries ... (Event 13 Girls 100 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
22	Anderson, Erin 27.90 31.18	12	Collegiate School-VA	58.97	59.08	VSIS
23	Johnson, Reagan 28.18 31.03	SO	Roanoke Catholic School-VA	58.91	59.21	VSIS

Event 14 Boys 100 Yard Freestyle

VSIS Record: 45.31 ! 2/14/2009 Hussein Mohamed-FUMA FUMA
All-Amer A: 45.68 *
All-Amer B: 46.34 @
53.56 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Leach, Ben 22.11 24.73	11	Norfolk Academy-VA	46.82	46.84	VSIS	20
2	Coor, Wil 22.63 24.43	11	Collegiate School-VA	48.11	47.06	VSIS	17
3	Zoltowski, Tim 21.85 25.82	12	Fork Union Military Academy-VA	47.60	47.67	VSIS	16
4	Perrot, Cabell 21.79 25.89	SR	St Stephen's & St Agnes	48.48	47.68	VSIS	15
5	Tudor, Shane 23.66 25.44	JR	Roanoke Catholic School-VA	49.76	49.10	VSIS	14
6	Laurance, Patrick 23.22 25.93	11	Fork Union Military Academy-VA	49.02	49.15	VSIS	13
7	Pidgeon, Jack 23.17 26.23	12	Woodberry Forest-VA	49.43	49.40	VSIS	12
8	Hoffman, Nick 23.47 26.04	11	Woodberry Forest-VA	49.58	49.51	VSIS	11
B - Final							
9	Blackwood, Joe 23.15 25.72	11	Norfolk Academy-VA	50.34	48.87	VSIS	9
10	Basinger, David 23.61 25.44	SR	Seton School	49.92	49.05	VSIS	7
11	Nasakaitis, Eric 23.70 25.68	SR	Paul VI Catholic High School	51.23	49.38	VSIS	6
12	Ikeda, Rob 23.97 25.96	JR	Flint Hill School Swim Team-PV	50.09	49.93	VSIS	5
13	Yan, Eric 24.36 26.14	10	Collegiate School-VA	50.97	50.50	VSIS	4
14	Snyder, Ari 24.21 26.33	FR	Hampton Roads Academy	51.21	50.54	VSIS	3
15	Joseph, Kevin 23.67 27.20	SR	Nansemond Suffolk Academy	50.42	50.87	VSIS	2
16	Clark, Michael 24.22 27.01	JR	Bishop Ireton Swim and Dive Te-	50.71	51.23	VSIS	1

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Event 14 Boys 100 Yard Freestyle

VSIS Record:	**45.31**	**!**	**2/14/2009**	**Hussein Mohamed-FUMA**	**FUMA**
All-Amer A:	**45.68**	*****		
All-Amer B:	**46.34**	**@**		
	53.56	**VSIS**		

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Leach, Ben	11	Norfolk Academy-VA	48.75	46.82	qVSIS
	22.25 24.57					
2	Zoltowski, Tim	12	Fork Union Military Academy-VA	47.95	47.60	qVSIS
	22.39 25.21					
3	Coor, Wil	11	Collegiate School-VA	47.46	48.11	qVSIS
	22.94 25.17					
4	Perrot, Cabell	SR	St Stephen's & St Agnes	47.34	48.48	qVSIS
	22.36 26.12					
5	Laurance, Patrick	11	Fork Union Military Academy-VA	48.78	49.02	qVSIS
	23.14 25.88					
6	Pidgeon, Jack	12	Woodberry Forest-VA	51.12	49.43	qVSIS
	23.44 25.99					
7	Hoffman, Nick	11	Woodberry Forest-VA	51.16	49.58	qVSIS
	23.57 26.01					
8	Tudor, Shane	JR	Roanoke Catholic School-VA	50.30	49.76	qVSIS
	23.91 25.85					
9	Basinger, David	SR	Seton School	50.33	49.92	qVSIS
	23.66 26.26					
10	Ikeda, Rob	JR	Flint Hill School Swim Team-PV	50.24	50.09	qVSIS
	24.07 26.02					
11	Blackwood, Joe	11	Norfolk Academy-VA	49.59	50.34	qVSIS
	23.91 26.43					
12	Joseph, Kevin	SR	Nansemond Suffolk Academy	50.33	50.42	qVSIS
	23.44 26.98					
13	Clark, Michael	JR	Bishop Ireton Swim and Dive Te-	50.49	50.71	qVSIS
	23.62 27.09					
14	Yan, Eric	10	Collegiate School-VA	50.75	50.97	qVSIS
	24.55 26.42					
15	Snyder, Ari	FR	Hampton Roads Academy	50.57	51.21	qVSIS
	24.28 26.93					
16	Nasakaitis, Eric	SR	Paul VI Catholic High School	51.12	51.23	qVSIS
	24.46 26.77					
17	Chang, Jonah	SO	Flint Hill School Swim Team-PV	51.47	51.24	VSIS
	24.58 26.66					
18	Reese, Jason	SR	Hargrave Aquatics-VA	52.39	51.78	VSIS
	24.77 27.01					
19	Okeyo, Obi	11	Fork Union Military Academy-VA	52.71	51.79	VSIS
	24.20 27.59					
20	Dougherty, Ryan	SR	Bishop Ireton Swim and Dive Te-	52.40	51.81	VSIS
	23.82 27.99					
21	Lassiter, Holt	JR	Bishop Sullivan Catholic High-VA	52.26	51.89	VSIS
	24.29 27.60					
22	Tennant, Will	10	Norfolk Academy-VA	51.91	52.09	VSIS
	24.53 27.56					
23	Mueller, Brandon	11	Norfolk Academy-VA	52.52	52.31	VSIS
	24.74 27.57					

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Preliminaries ... (Event 14 Boys 100 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
24	Wood, Connor	SR	St. Christopher's School-VA	51.51	52.79	VSIS
	24.03 28.76					
25	Beale, Greg	FR	Nansemond Suffolk Academy	53.01	52.86	VSIS
	24.76 28.10					
26	Moyers, Daniel	09	Norfolk Academy-VA	53.12	53.59	
	25.78 27.81					
---	Marrero, Frankie	SR	Paul VI Catholic High School	52.96	DQ	
	24.47 27.35					

Event 15 Girls 500 Yard Freestyle

VSIS Record: 4:46.78 ! 2/14/2009 Rachel Naurath-COOL COOL
All-Amer A: 4:54.30 *
All-Amer B: 4:59.48 @
6:10.23 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Kish, Mary Katherine	9	Collegiate School-VA	5:05.31	4:59.42@	VSIS	20
	26.50 28.83 30.07 30.28 30.52 30.78 30.71 30.99 31.02 29.72						
2	Adkins, Claire	SO	The Carlisle School-VA	5:19.08	5:13.53	VSIS	17
	27.44 30.77 31.36 31.72 31.97 32.15 32.28 32.34 32.39 31.11						
3	Thompson, Meredith	SR	Trinity Episcopal School-VA	5:23.15	5:19.55	VSIS	16
	28.87 31.83 32.77 32.49 32.39 32.78 32.72 32.29 32.13 31.28						
4	Palmer, Kelly	SO	Bishop Ireton Swim and Dive Te-'	5:23.88	5:22.03	VSIS	15
	29.11 31.33 32.16 32.50 32.84 33.24 33.08 33.17 32.78 31.82						
5	Wunderly, Bridget	SR	Seton School	5:24.80	5:25.69	VSIS	14
	29.55 31.94 32.63 33.20 33.46 33.34 33.37 33.42 32.78 32.00						
6	Alagia, Maddie	SO	Madeira Varsity Swim and Dive-P	5:28.86	5:25.77	VSIS	13
	28.16 31.17 32.31 33.04 33.52 33.52 33.59 33.80 33.62 33.04						
7	Cook, Kathryn	12	Norfolk Academy-VA	5:28.06	5:28.08	VSIS	12
	29.45 32.16 32.98 33.18 33.74 33.78 33.84 33.74 33.62 31.59						
8	Cuthbert, Maggie	11	Collegiate School-VA	5:27.80	5:28.69	VSIS	11
	28.07 31.20 32.32 33.23 33.62 33.96 34.20 34.47 34.55 33.07						
B - Final							
9	Piercy, Nicole	8	Hampton Roads Academy	5:31.74	5:17.78	VSIS	9
	28.00 30.80 31.75 32.39 32.19 33.04 32.30 33.01 33.09 31.21						
10	Newton, Kasey	8	Richmond Christian School-VA	5:34.93	5:29.05	VSIS	7
	29.12 31.98 32.90 33.52 33.45 33.84 34.33 34.07 33.48 32.36						
11	von Quillfeldt, Anniken	JR	St. Anne's-Belfield-VA	5:29.67	5:29.89	VSIS	6
	28.56 32.38 33.05 33.56 33.49 33.81 33.96 34.10 33.98 33.00						
12	Clary, Caroline	09	Norfolk Academy-VA	5:36.18	5:30.13	VSIS	5
	29.17 31.79 32.55 33.64 34.17 33.97 34.14 34.21 33.85 32.64						

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B - Final ... (Event 15 Girls 500 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time		Points
13	Quay, Rebecca	11	Collegiate School-VA	5:32.72	5:31.72	VSIS	4
	29.74 32.49 33.83 33.96 33.72 33.35 33.69 33.74						
	33.99 33.21						
14	Gorton, Samantha	FR	Peninsula Catholic High School-V	5:31.53	5:33.37	VSIS	3
	30.54 32.92 33.51 33.80 33.88 33.78 34.16 34.25						
	33.50 33.03						
15	Lieberman, Haley	FR	Trinity Episcopal School-VA	5:42.31	5:37.29	VSIS	2
	30.83 33.33 34.02 34.04 34.56 33.93 34.54 34.45						
	34.16 33.43						
16	Bennett, Kelly	SR	Walsingham Academy-VA	5:40.60	5:41.73	VSIS	1
	29.10 32.01 33.62 34.57 35.07 35.73 36.09 35.71						
	35.66 34.17						

Event 15 Girls 500 Yard Freestyle

VSIS Record: 4:46.78 ! 2/14/2009 Rachel Naurath-COOL COOL
All-Amer A: 4:54.30 *
All-Amer B: 4:59.48 @
6:10.23 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Kish, Mary Katherine	9	Collegiate School-VA	5:05.77	5:05.31	qVSIS
	27.14 29.77 30.69 30.97 31.48 31.11 31.29 31.45					
	30.94 30.47					
2	Adkins, Claire	SO	The Carlisle School-VA	5:23.52	5:19.08	qVSIS
	28.08 31.46 32.32 32.20 32.23 32.76 32.98 33.15					
	32.58 31.32					
3	Thompson, Meredith	SR	Trinity Episcopal School-VA	5:34.07	5:23.15	qVSIS
	29.58 32.40 32.52 32.67 32.16 32.57 32.64 33.58					
	33.27 31.76					
4	Palmer, Kelly	SO	Bishop Ireton Swim and Dive Te-	5:23.76	5:23.88	qVSIS
	29.71 31.98 32.51 32.96 33.07 33.11 32.95 32.89					
	32.72 31.98					
5	Wunderly, Bridget	SR	Seton School	5:27.04	5:24.80	qVSIS
	28.45 31.62 31.91 33.10 33.15 33.36 33.81 33.81					
	33.43 32.16					
6	Cuthbert, Maggie	11	Collegiate School-VA	5:30.92	5:27.80	qVSIS
	28.27 31.29 32.34 33.38 33.78 33.92 34.32 34.27					
	34.35 31.88					
7	Cook, Kathryn	12	Norfolk Academy-VA	5:29.29	5:28.06	qVSIS
	29.58 33.18 33.65 33.95 33.86 33.45 33.06 33.13					
	33.17 31.03					
8	Alagia, Maddie	SO	Madeira Varsity Swim and Dive-P	5:30.48	5:28.86	qVSIS
	28.40 31.63 32.70 33.24 33.64 33.82 34.23 34.30					
	34.24 32.66					
9	von Quillfeldt, Anniken	JR	St. Anne's-Belfield-VA	5:32.70	5:29.67	qVSIS
	29.29 32.70 33.29 33.42 33.49 33.33 33.63 33.45					
	33.73 33.34					
10	Gorton, Samantha	FR	Peninsula Catholic High School-V	5:33.67	5:31.53	qVSIS
	30.56 33.16 33.49 33.79 34.08 33.73 33.70 33.84					
	32.97 32.21					
11	Piercy, Nicole	8	Hampton Roads Academy	5:24.19	5:31.74	qVSIS
	29.29 32.90 33.33 34.08 33.63 34.21 33.72 33.93					
	34.09 32.56					

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Preliminaries ... (Event 15 Girls 500 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
12	Quay, Rebecca	11	Collegiate School-VA	5:21.26	5:32.72	qVSIS
	29.60 32.62 33.23 33.96 33.73 34.02 34.25 34.02					
	34.26 33.03					
13	Newton, Kasey	8	Richmond Christian School-VA	5:26.27	5:34.93	qVSIS
	29.82 33.20 34.00 34.82 34.03 34.26 34.42 34.13					
	33.49 32.76					
14	Clary, Caroline	09	Norfolk Academy-VA	5:31.20	5:36.18	qVSIS
	29.39 32.10 33.35 34.13 34.44 34.42 34.60 34.73					
	34.71 34.31					
15	Bennett, Kelly	SR	Walsingham Academy-VA	5:30.67	5:40.60	qVSIS
	29.63 32.53 33.21 34.18 34.47 35.03 35.51 35.51					
	35.28 35.25					
16	Lieberman, Haley	FR	Trinity Episcopal School-VA	5:34.98	5:42.31	qVSIS
	30.49 33.15 33.66 34.30 34.61 35.10 35.40 35.61					
	35.43 34.56					
17	Woodmansee, Sarah	8	St. Catherine's School-VA	5:33.94	5:43.78	VSIS
	30.22 33.53 34.80 34.84 35.55 34.70 35.31 35.27					
	35.28 34.28					
18	Gulick, Lauren	11	Norfolk Academy-VA	5:45.01	5:47.03	VSIS
	29.94 32.61 33.97 34.68 35.38 35.53 35.88 36.23					
	36.56 36.25					
19	Belt, Marie	SR	St. Catherine's School-VA	5:50.75	5:50.30	VSIS
	31.47 33.89 35.16 35.58 35.88 36.10 36.14 36.21					
	36.19 33.68					
20	Cooke, Caroline	11	Collegiate School-VA	5:59.11	5:56.23	VSIS
	31.71 35.02 36.64 36.55 36.15 36.43 36.89 36.33					
	35.80 34.71					
21	Socha, Scottie	SR	Walsingham Academy-VA	5:56.53	5:56.70	VSIS
	31.38 34.35 35.45 36.00 36.21 37.18 36.49 37.26					
	37.12 35.26					
22	Herdegen, Genevieve	SR	Fuqua Falcons-VA	6:08.13	5:56.88	VSIS
	30.58 34.32 35.55 36.49 36.38 36.87 36.94 37.27					
	36.70 35.78					
23	Tudor, Hannah	FR	Roanoke Catholic School-VA	6:03.42	5:58.92	VSIS
	31.29 34.63 36.38 35.96 35.93 36.66 36.66 37.48					
	37.10 36.83					
24	Williams, Caroline	8	St. Catherine's School-VA	6:05.25	5:59.36	VSIS
	29.81 35.32 37.02 36.46 36.92 37.13 37.50 37.86					
	36.48 34.86					
25	McHugh, Daly	FR	St. Anne's-Belfield-VA	6:00.67	6:01.87	VSIS
	31.03 35.15 35.93 36.77 36.65 36.96 37.61 37.46					
	37.30 37.01					
26	Campbell, Grayson	FR	Hampton Roads Academy	6:07.66	6:06.17	VSIS
	29.95 34.17 35.64 37.22 37.94 38.82 39.21 39.32					
	38.36 35.54					
27	Clarkson, Meredith	FR	Norfolk Christian-VA	6:05.43	6:07.58	VSIS
	32.25 35.54 36.20 37.46 37.43 37.85 38.47 38.13					
	38.32 35.93					
28	Sutton, Hannah	10	Norfolk Academy-VA	6:06.42	6:08.39	VSIS
	31.51 35.85 37.66 37.97 37.48 38.02 38.43 38.76					
	37.48 35.23					
29	Wild, Laura	FR	Nansemond Suffolk Academy	6:05.76	6:08.56	VSIS
	32.05 35.63 38.03 37.57 38.16 38.27 37.94 38.69					
	37.46 34.76					

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Preliminaries ... (Event 15 Girls 500 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
---	Blankenship, Kayla	8	St. Catherine's School-VA	5:58.13	NS

Event 16 Boys 500 Yard Freestyle

VSIS Record: 4:28.82 ! 2/20/2010 Jameson Hill-Seton Seton
All-Amer A: 4:31.51 *
All-Amer B: 4:36.36 @
5:37.61 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Stephens, Thomas	12	Collegiate School-VA	4:42.08	4:30.23*	VSIS	20
	24.16 26.22 27.01 27.37 27.49 27.50 27.71 27.84 27.74 27.19						
2	Cook, Andrew	SR	Ves-VA	4:48.27	4:42.50	VSIS	17
	25.55 27.72 28.05 28.37 28.72 28.82 28.84 29.03 28.88 28.52						
3	Switzer, Zach	10	Woodberry Forest-VA	4:50.76	4:43.62	VSIS	16
	25.97 28.21 28.36 28.47 28.69 28.88 28.79 28.95 29.11 28.19						
4	Kerner, Travis	JR	Benedictine High School	4:47.15	4:46.82	VSIS	15
	25.64 27.86 28.45 28.83 28.97 29.28 29.52 29.46 29.67 29.14						
5	McNally, Mac	SO	North Cross School-VA	4:51.06	4:49.30	VSIS	14
	25.40 28.55 28.73 29.23 29.54 29.44 29.42 29.88 29.73 29.38						
6	Nester, Jack	JR	St. Christopher's School-VA	4:53.90	4:51.43	VSIS	13
	26.07 28.41 29.05 29.57 29.73 29.85 30.16 29.93 29.77 28.89						
7	Gulick, Jon	12	Norfolk Academy-VA	4:49.31	4:53.25	VSIS	12
	25.07 28.02 28.96 29.87 30.46 30.73 30.81 29.89 30.08 29.36						
8	Gershun, Joe	12	Fork Union Military Academy-VA	4:53.61	4:55.30	VSIS	11
	25.63 27.34 28.28 29.34 30.06 30.49 31.20 31.16 31.42 30.38						
B - Final							
9	Gimple, Tyler	SO	St. Anne's-Belfield-VA	4:54.54	4:52.17	VSIS	9
	26.42 28.51 29.18 28.82 29.28 29.62 29.89 30.40 30.23 29.82						
10	Berry, Trey	8	St. Christopher's School-VA	5:02.94	4:56.76	VSIS	7
	26.17 28.88 29.67 30.00 30.23 30.48 30.77 30.71 30.80 29.05						
11	Arroyo, Sito	11	Fork Union Military Academy-VA	5:00.55	4:58.07	VSIS	6
	26.43 28.79 29.23 29.94 30.12 30.81 31.27 30.81 30.66 30.01						
12	Kalna, Matthew	JR	John Paul The Great High Schoo	5:03.12	5:00.26	VSIS	5
	26.60 29.48 29.67 30.15 30.45 30.62 30.48 31.21 31.29 30.31						
13	Rento, Joey	8	Hampton Roads Academy	5:03.38	5:03.21	VSIS	4
	26.76 29.33 30.15 30.82 31.17 30.96 31.22 30.77 31.73 30.30						
14	Lutterbein, Tyrus	10	Collegiate School-VA	5:01.99	5:06.87	VSIS	3
	26.57 29.78 30.32 31.14 31.88 31.68 31.81 31.31 32.25 30.13						

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B - Final ... (Event 16 Boys 500 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time		Points
15	Haas, Nick	SO	Benedictine High School	5:10.18	5:07.29	VSIS	2
	27.46 30.56 30.93 31.13 31.43 31.13 31.39 31.37						
	31.43 30.46						
16	Thompson, Albert	FR	St. Christopher's School-VA	5:01.47	5:12.23	VSIS	1
	26.62 29.60 30.95 31.15 32.01 32.02 32.42 32.87						
	32.74 31.85						

Event 16 Boys 500 Yard Freestyle

VSIS Record: 4:28.82 ! 2/20/2010 Jameson Hill-Seton Seton
All-Amer A: 4:31.51 *
All-Amer B: 4:36.36 @
5:37.61 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Stephens, Thomas	12	Collegiate School-VA	4:27.84	4:42.08	qVSIS
	24.99 28.01 28.41 28.82 28.95 29.39 29.36 29.65					
	29.36 25.14					
2	Kerner, Travis	JR	Benedictine High School	4:57.16	4:47.15	qVSIS
	26.13 28.02 28.48 29.15 29.26 29.62 29.40 29.60					
	29.38 28.11					
3	Cook, Andrew	SR	Ves-VA	4:47.59	4:48.27	qVSIS
	26.25 28.34 28.62 28.80 29.05 29.17 29.72 29.77					
	29.34 29.21					
4	Gulick, Jon	12	Norfolk Academy-VA	4:49.25	4:49.31	qVSIS
	25.56 28.10 28.49 29.38 29.92 30.28 29.78 29.94					
	29.27 28.59					
5	Switzer, Zach	10	Woodberry Forest-VA	4:51.13	4:50.76	qVSIS
	25.65 28.38 29.08 28.94 29.63 29.88 30.05 29.88					
	29.95 29.32					
6	McNally, Mac	SO	North Cross School-VA	5:00.63	4:51.06	qVSIS
	25.53 28.87 29.31 28.99 29.59 29.42 29.52 29.82					
	30.59 29.42					
7	Gershun, Joe	12	Fork Union Military Academy-VA	4:53.29	4:53.61	qVSIS
	26.30 28.39 29.03 29.62 29.81 29.97 29.93 30.22					
	30.77 29.57					
8	Nester, Jack	JR	St. Christopher's School-VA	4:58.25	4:53.90	qVSIS
	26.43 28.73 29.11 29.85 29.81 30.15 30.55 30.46					
	30.64 28.17					
9	Gimple, Tyler	SO	St. Anne's-Belfield-VA	4:58.61	4:54.54	qVSIS
	26.49 28.34 28.94 28.96 29.39 29.82 29.87 31.04					
	31.23 30.46					
10	Arroyo, Sito	11	Fork Union Military Academy-VA	4:58.89	5:00.55	qVSIS
	25.96 28.62 29.21 30.19 30.92 31.12 31.37 31.39					
	31.27 30.50					
11	Thompson, Albert	FR	St. Christopher's School-VA	5:06.97	5:01.47	qVSIS
	27.40 29.90 30.80 30.65 30.83 31.02 30.97 30.51					
	30.61 28.78					
12	Lutterbein, Tyrus	10	Collegiate School-VA	5:05.47	5:01.99	qVSIS
	26.70 29.87 30.14 30.64 31.22 31.68 30.28 31.05					
	31.17 29.24					
13	Berry, Trey	8	St. Christopher's School-VA	4:59.60	5:02.94	qVSIS
	26.46 28.82 29.81 30.57 30.99 31.48 31.68 31.49					
	31.59 30.05					

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Preliminaries ... (Event 16 Boys 500 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time	
14	Kalna, Matthew	JR	John Paul The Great High Schoo	5:04.22	5:03.12	qVSIS
	26.84 28.97 29.65 30.42 30.93 31.27 31.53 31.47					
	31.52 30.52					
15	Rento, Joey	8	Hampton Roads Academy	5:03.58	5:03.38	qVSIS
	26.97 29.08 29.67 31.28 31.39 31.43 30.84 31.60					
	30.83 30.29					
16	Haas, Nick	SO	Benedictine High School	5:07.24	5:10.18	qVSIS
	27.37 30.37 31.14 31.51 31.50 31.77 31.57 31.56					
	32.18 31.21					
17	Fergusson, Ted	11	Collegiate School-VA	5:08.21	5:12.67	VSIS
	27.79 29.78 30.55 31.69 32.11 31.99 32.23 32.55					
	32.60 31.38					
18	Apostle, GJ	FR	The Steward School Spartans-VA	5:08.28	5:13.37	VSIS
	27.45 30.03 31.41 32.02 32.18 31.70 32.59 32.40					
	31.91 31.68					
19	Shackley, Ian	FR	St Stephen's & St Agnes	5:22.33	5:14.16	VSIS
	28.76 31.47 32.04 32.15 31.85 31.90 32.32 31.73					
	31.64 30.30					
20	Covington, Chris	12	Fork Union Military Academy-VA	4:55.96	5:15.97	VSIS
	26.42 29.00 30.29 31.58 32.72 32.97 33.62 33.45					
	32.98 32.94					
21	Craddock, Michael	8	North Cross School-VA	5:14.53	5:16.05	VSIS
	28.06 30.71 31.60 31.86 32.35 32.46 32.36 32.66					
	32.61 31.38					
22	Clark, Keith	JR	Roanoke Catholic School-VA	5:08.66	5:18.76	VSIS
	27.36 30.43 31.32 32.33 33.13 33.03 33.04 33.08					
	32.82 32.22					
23	Mayer, Solly	12	Woodberry Forest-VA	5:37.43	5:24.82	VSIS
	26.96 30.79 31.31 32.73 33.61 34.46 34.09 34.84					
	34.42 31.61					
24	Smith, Jamie	FR	Seton School	5:33.98	5:26.36	VSIS
	27.82 31.30 32.98 33.06 33.34 33.37 33.86 34.12					
	34.22 32.29					
25	Bader, Brandon	11	Fork Union Military Academy-VA	5:33.83	5:29.73	VSIS
	28.40 32.74 33.61 34.08 33.65 33.62 33.85 34.17					
	34.45 31.16					
26	Kaskel, Jacob	09	Norfolk Academy-VA	5:23.14	5:31.09	VSIS
	27.15 30.75 31.94 33.69 33.45 34.46 35.14 35.10					
	35.37 34.04					
27	Pyle, Nathan	11	Norfolk Academy-VA	5:29.32	5:32.22	VSIS
	28.41 31.78 33.34 33.97 34.79 34.84 35.01 34.89					
	33.73 31.46					
28	Holder, Michael	8t	Walsingham Academy-VA	5:31.65	5:33.11	VSIS
	28.90 32.48 33.47 33.15 33.60 34.16 34.85 35.08					
	34.71 32.71					
29	Keohane, Jake	11	Woodberry Forest-VA	5:30.99	5:34.69	VSIS
	28.35 32.89 34.23 33.97 34.25 34.60 35.03 34.42					
	34.01 32.94					
---	Quint, Marcus	SO	Paul VI Catholic High School	5:11.00	DQ	
	28.99 32.30 33.12 34.06 33.93 33.01 33.64 33.97					
	34.03 31.78					

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Event 17 Girls 200 Yard Freestyle Relay

VSIS Record: 1:39.15 ! 2/14/2009 St. Catherine's School
L Jennings, E Farmer, N Vivadelli, K Bassett

All-Amer A: 1:37.14 *
All-Amer B: 1:38.69 @
1:55.34 VSIS

	Team	Relay	Prelim Time	Finals Time		Points
A - Final						
1	St. Catherine's School-VA	A	1:40.66	1:39.26	VSIS	40
	1) Farmer, Elaine SR	2) Doswell, Cabell SR	3) Nester, Jane SO	4) Bassett, Kate SR		
	25.10 25.46 24.98 23.72					
2	Norfolk Academy-VA	A	1:40.99	1:40.55	VSIS	34
	1) Rich, Kimberly 12	2) Cook, Kathryn 12	3) Clary, Emily 12	4) Clagett, Amanda 10		
	24.50 25.25 26.07 24.73					
3	Seton School	A	1:41.00	1:40.83	VSIS	32
	1) Doonis, Alex JR	2) Rogers, Cat JR	3) Wunderly, Bridget SR	4) Donohoe, Lauren SR		
	25.01 24.53 26.50 24.79					
4	Nansemond Suffolk Academy	A	1:43.58	1:41.79	VSIS	30
	1) Bishop, Gabrielle JR	2) Neuburg, Emily FR	3) Wild, Laura FR	4) Davis, Meredith JR		
	23.84 25.86 26.90 25.19					
5	Collegiate School-VA	A	1:44.77	1:42.20	VSIS	28
	1) McCauley, Katie 9	2) Anderson, Erin 12	3) Cuthbert, Maggie 11	4) Kish, Mary Katherine 9		
	25.61 26.01 25.76 24.82					
6	Hampton Roads Academy	A	1:47.70	1:46.30	VSIS	26
	1) Baldwin, Peyton 8	2) Piercy, Nicole 8	3) Burckbuchler, Chandler JR	4) Rento, Nicole SR		
	26.24 26.07 28.95 25.04					
7	Madeira Varsity Swim and Di	A	1:47.33	1:46.89	VSIS	24
	1) Saunders, Michaela FR	2) Tang, Rachel SR	3) Griffin, Ann JR	4) Johnson, Grace SO		
	26.83 27.10 26.68 26.28					
8	Bishop Sullivan Catholic Higl	A	1:47.62	1:46.95	VSIS	22
	1) Papariello, Alexis SR	2) Osterman, Katie SR	3) Long, Courtney JR	4) Rogers, Meredith SR		
	26.21 28.31 27.37 25.06					
B - Final						
9	Bishop Ireton Swim and Dive	A	1:48.80	1:48.05	VSIS	18
	1) Becht, Laura SR	2) Quinn, Emi SO	3) Wulff, Allison SR	4) Palmer, Kelly SO		
	26.88 27.49 26.86 26.82					
10	Flint Hill School Swim Team-	A	1:47.96	1:48.21	VSIS	14
	1) Swarts, Rachel SO	2) Brendsel, Natalie SO	3) Okoth, Nora JR	4) Kennedy, Allison JR		
	25.67 26.66 28.81 27.07					
11	Cape Henry Swim Team	A	1:48.93	1:48.74	VSIS	12
	1) Castleberry, Lindsay SO	2) Nash, Liza SO	3) Tompkins, Lindsay 8	4) Tompkins, Kendall SO		
	27.50 28.14 27.19 25.91					
12	Fredericksburg Academy-VA	A	1:49.06	1:49.09	VSIS	10
	1) Butler, Noland FR	2) Schattgen, Maya 8	3) Hazel, Mary Rose JR	4) Harry, Kirstie SO		
	26.64 28.36 27.58 26.51					
13	St. Anne's-Belfield-VA	A	1:50.61	1:50.22	VSIS	8
	1) Witherow, Somer JR	2) Leiner, Katie SO	3) McHugh, Daly FR	4) von Quillfeldt, Anniken JR		
	27.59 27.90 28.73 26.00					
14	Paul VI Catholic High School	A	1:51.30	1:51.37	VSIS	6
	1) Mastracchio, Nicole FR	2) Plombon, Sarah JR	3) Covert, Mary JR	4) Salzano, Jackie SR		
	27.38 28.14 28.84 27.01					
15	St. Gertrude High School	A	1:51.57	1:51.57	VSIS	4
	1) Titley, Allison SR	2) Finley-Parker, Kate SO	3) Wolpert, Molly SO	4) Mulligan, Caitie SR		
	25.02 29.91 28.90 27.74					

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B - Final ... (Event 17 Girls 200 Yard Freestyle Relay)

	Team	Relay	Prelim Time	Finals Time		Points
16	John Paul The Great High Scl	A	1:51.40	1:51.79	VSIS	2
	1) Planchak, Kelly JR	2) Ranieri, Julia FR	3) Shaw, Krista SR	4) Donohoe, Clare SO		
	28.36 27.13 29.24 27.06					

Event 17 Girls 200 Yard Freestyle Relay

VSIS Record: 1:39.15 ! 2/14/2009 St. Catherine's School
L Jennings, E Farmer, N Vivadelli, K Bassett

All-Amer A: 1:37.14 *
All-Amer B: 1:38.69 @
1:55.34 VSIS

	Team	Relay	Seed Time	Prelim Time	
Preliminaries					
1	St. Catherine's School-VA	A	1:42.16	1:40.66	qVSIS
	1) Farmer, Elaine SR	2) Doswell, Cabell SR	3) Nester, Jane SO	4) Bassett, Kate SR	
	25.78 25.83 24.94 24.11				
2	Norfolk Academy-VA	A	1:42.63	1:40.99	qVSIS
	1) Rich, Kimberly 12	2) Cook, Kathryn 12	3) Clary, Emily 12	4) Clagett, Amanda 10	
	24.51 25.59 26.11 24.78				
3	Seton School	A	1:42.87	1:41.00	qVSIS
	1) Doonis, Alex JR	2) Rogers, Cat JR	3) Wunderly, Bridget SR	4) Donohoe, Lauren SR	
	25.38 24.49 26.64 24.49				
4	Nansemond Suffolk Academy	A	1:42.74	1:43.58	qVSIS
	1) Neuburg, Emily FR	2) Davis, Meredith JR	3) Wild, Laura FR	4) Bishop, Gabrielle JR	
	26.47 25.67 27.59 23.85				
5	Collegiate School-VA	A	1:44.13	1:44.77	qVSIS
	1) McCauley, Katie 9	2) Anderson, Erin 12	3) Cuthbert, Maggie 11	4) Kish, Mary Katherine 9	
	25.96 26.47 26.45 25.89				
6	Madeira Varsity Swim and Di	A	1:49.36	1:47.33	qVSIS
	1) Saunders, Michaela FR	2) Tang, Rachel SR	3) Griffin, Ann JR	4) Johnson, Grace SO	
	26.60 27.26 27.08 26.39				
7	Bishop Sullivan Catholic Higl	A	1:49.33	1:47.62	qVSIS
	1) Papariello, Alexis SR	2) Osterman, Katie SR	3) Long, Courtney JR	4) Rogers, Meredith SR	
	26.16 28.37 27.47 25.62				
8	Hampton Roads Academy	A	1:47.07	1:47.70	qVSIS
	1) Baldwin, Peyton 8	2) Piercy, Nicole 8	3) Burckbuchler, Chandler JR	4) Rento, Nicole SR	
	26.66 26.81 28.80 25.43				
9	Flint Hill School Swim Team-	A	1:51.08	1:47.96	qVSIS
	1) Swarts, Rachel SO	2) Brendsel, Natalie SO	3) Okoth, Nora JR	4) Kennedy, Allison JR	
	26.23 26.38 28.23 27.12				
10	Bishop Ireton Swim and Dive	A	1:49.01	1:48.80	qVSIS
	1) Becht, Laura SR	2) Quinn, Emi SO	3) Wulff, Allison SR	4) Palmer, Kelly SO	
	26.74 27.80 27.13 27.13				
11	Cape Henry Swim Team	A	1:52.16	1:48.93	qVSIS
	1) Castleberry, Lindsay SO	2) Nash, Liza SO	3) Tompkins, Lindsay 8	4) Tompkins, Kendall SO	
	28.21 27.45 26.96 26.31				
12	Fredericksburg Academy-VA	A	1:50.97	1:49.06	qVSIS
	1) Butler, Noland FR	2) Schattgen, Maya 8	3) Hazel, Mary Rose JR	4) Harry, Kirstie SO	
	26.79 28.23 27.79 26.25				
13	St. Anne's-Belfield-VA	A	1:51.85	1:50.61	qVSIS
	1) Witherow, Somer JR	2) Leiner, Katie SO	3) McHugh, Daly FR	4) von Quillfeldt, Anniken JR	
	27.45 28.17 28.40 26.59				
14	Paul VI Catholic High School	A	1:52.00	1:51.30	qVSIS
	1) Mastracchio, Nicole FR	2) Plombon, Sarah JR	3) Covert, Mary JR	4) Salzano, Jackie SR	
	27.37 28.04 28.85 27.04				

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Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)

	Team	Relay	Seed Time	Prelim Time
15	John Paul The Great High Scl	A	1:55.02	1:51.40 qVSIS
	1) Planchak, Kelly JR	2) Ranieri, Julia FR	3) Shaw, Krista SR	4) Donohoe, Clare SO
	27.81 26.74 29.18 27.67			
16	St. Gertrude High School	A	1:52.66	1:51.57 qVSIS
	1) Titley, Allison SR	2) Finley-Parker, Kate SO	3) Wolpert, Molly SO	4) Mulligan, Caitie SR
	25.15 29.43 34.54 22.45			
17	Trinity Episcopal School-VA	A	1:51.16	1:51.75 VSIS
	1) Kuhlman, Meg SR	2) Overby, Ellen SO	3) Addison, Jessica SR	4) Call, Lucy SO
	28.18 29.28 27.87 26.42			
18	Fredericksburg Christian-VA	A	1:51.33	1:52.09 VSIS
	1) Pleban, Kaley 12	2) Swauger, Abby 12	3) Dillon, Isabella 8	4) Jones, Courtney 8
	28.09 28.77 28.64 26.59			
19	The Potomac School-VA	A	1:54.69	1:52.57 VSIS
	1) Cruzado, Jessica FR	2) Delaney, Summer SR	3) Duff, Maggie JR	4) Morris, Charlotte SR
	27.06 29.28 28.86 27.37			
20	Peninsula Catholic High Scho	A	1:51.55	1:53.24 VSIS
	1) Anderson, Gabsy FR	2) Anderson, Carissa 8	3) Sawyer, Rachel SO	4) Gorton, Samantha FR
	26.76 28.18 31.01 27.29			
21	St Stephen's & St Agnes	A	1:54.99	1:54.29 VSIS
	1) Lindsay, Alison FR	2) Shaw, Marian SO	3) Richichi, Gabby SR	4) Blair, Caroline SR
	29.11 28.14 28.89 28.15			
*22	Norfolk Collegiate-VA	A	1:51.66	1:55.35
	1) Kanter, Catherine 11	2) Fogarty, Kelly 12	3) Brandt, Hallsey 11	4) Hiser, Alex 10
	28.65 29.89 29.55 27.26			
*22	Norfolk Christian-VA	A	1:54.90	1:55.35
	1) Smith, Arralyn SO	2) Davis, Kellyn JR	3) Logan, Sara SO	4) Lyon, Jan 8t
	26.79 29.44 29.43 29.69			
---	St. Catherine's School-VA	B	1:45.20	X1:47.04 VSIS
	1) Steele, Anne Thomas SR	2) Headley, Sarah JR	3) Dorsey, Anna SO	4) Gullquist, Dana SR
	26.68 28.00 26.73 25.63			
---	Collegiate School-VA	B	1:52.39	X1:49.33 VSIS
	1) Makepeace, Chandler 10	2) Burns, Catherine 10	3) Douma, Allie 8	4) Dickinson, Hillary 12
	26.14 28.49 27.39 27.31			
---	Norfolk Academy-VA	B	1:55.08	X1:52.38 VSIS
	1) Gill, Elizabeth 09	2) Pyle, Catherine 09	3) Parker, Elske 11	4) Lustig, Heather 12
	26.75 27.08 27.50 31.05			
---	Bishop Ireton Swim and Dive	B	1:57.16	X1:56.41
	1) Louison, Eileen SO	2) Camardella, Tori JR	3) Grant, Lauren SR	4) Fyffe, Sarah SR
	29.17 28.50 29.58 29.16			
---	Walsingham Academy-VA	A	1:50.44	DQ
	1) Bennett, Amanda SO	2) Shea, Meaghan SR	3) Socha, Scottie SR	4) Bennett, Kelly SR
	27.41 28.34 26.95 25.61			
---	Roanoke Catholic School-VA	A	1:54.98	DQ
	1) Iott, Alicia JR	2) Gwin, Mirenda JR	3) Brajdic, Katie JR	4) Scott, Amie JR
	27.91 27.46 29.16 26.93			
---	Fredericksburg Christian-VA	B	1:55.10	NS
	1) Pleban, Tessa 10	2) Rutherford, Rachel 11	3) Pressley, Mary Kathryn 9	4) Lambertson, Jennifer 12
---	The Steward School Spartans-	A	1:54.65	NS
	1) Henke, Debra 8	2) Dellosso, Casey SO	3) Fuhr, Laura 8	4) Carnes, Blair SO

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Event 18 Boys 200 Yard Freestyle Relay

VSIS Record: 1:24.82 ! 2/14/2009 Fork Union Military Academy
H Mohamed, J Humphrey, S Ibrahim, B Sundel

All-Amer A: 1:25.85 *
All-Amer B: 1:27.21 @
1:42.24 VSIS

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Fork Union Military Academy	A	1:26.07	1:25.10* VSIS	40
	1) Zoltowski, Tim 12	2) Gundersen, Martin 11	3) Okeyo, Obi 11	4) Sundel, Blake 12	
	20.98 21.76 21.63 20.73				
2	Collegiate School-VA	A	1:27.22	1:26.60@VSIS	34
	1) Ferguson, Thomas 10	2) Ferguson, Peter 10	3) Coor, Wil 11	4) Stephens, Thomas 12	
	22.52 22.41 21.18 20.49				
3	Norfolk Academy-VA	A	1:28.23	1:28.28 VSIS	32
	1) Leach, Ben 11	2) Gulick, Jon 12	3) Tennant, Will 10	4) Blackwood, Joe 11	
	21.48 22.28 22.84 21.68				
4	Woodberry Forest-VA	A	1:30.51	1:29.87 VSIS	30
	1) Taylor, Ret 12	2) Hoffman, Nick 11	3) Allen, Heath 11	4) Bondurant, Bear 10	
	23.10 22.30 22.42 22.05				
5	St. Christopher's School-VA	A	1:31.92	1:30.47 VSIS	28
	1) Fauls, Henry FR	2) Frazer, Nathaniel SO	3) Tarkenton, Dallas SO	4) Wood, Connor SR	
	22.62 23.17 22.20 22.48				
6	St Stephen's & St Agnes	A	1:29.55	1:31.44 VSIS	26
	1) MacNair, Conor SR	2) Draim, Kyle FR	3) Lindsay, Joe JR	4) Teague, Sam SR	
	22.08 23.44 23.73 22.19				
7	Hampton Roads Academy	A	1:32.33	1:31.56 VSIS	24
	1) Rento, Joey 8	2) Allen, Hollis JR	3) Snyder, Ari FR	4) Schengber, John SR	
	23.53 21.77 22.87 23.39				
8	Bishop Sullivan Catholic Higl	A	1:33.32	1:32.50 VSIS	22
	1) Altobello, Andrew JR	2) Hall, Brendan SO	3) Lassiter, Holt JR	4) McMahon, Connor SR	
	22.74 26.12 22.48 21.16				
B - Final					
9	Bishop Ireton Swim and Dive	A	1:33.32	1:32.50 VSIS	18
	1) Grant, Kevin SO	2) McGinty, Brian SR	3) Dougherty, Ryan SR	4) Crandall, Andrew JR	
	22.84 22.98 23.33 23.35				
10	Roanoke Catholic School-VA	A	1:33.58	1:32.78 VSIS	14
	1) Akers, Christian 11	2) Russo, Sal JR	3) Clark, Keith JR	4) Tudor, Shane JR	
	23.90 22.29 24.60 21.99				
11	Paul VI Catholic High School	A	1:34.87	1:33.74 VSIS	12
	1) Hale-Kupiec, Michael SO	2) Quint, Marcus SO	3) Marrero, Frankie SR	4) Nasakaitis, Eric SR	
	24.89 23.16 23.22 22.47				
12	Cape Henry Swim Team	A	1:34.95	1:33.98 VSIS	10
	1) Serpe, Max JR	2) Vice, Andrew SO	3) Schonewille, Ramon JR	4) Cooper, Josh SR	
	23.08 23.64 25.77 21.49				
13	The Covenant School-VA	A	1:34.91	1:34.13 VSIS	8
	1) Hostege, Eli SO	2) Ern, Alex SO	3) Coppola, Richard SO	4) Winkler, Ryan SR	
	22.83 23.37 24.31 23.62				
14	Flint Hill School Swim Team-	A	1:34.82	1:34.71 VSIS	6
	1) Ikeda, Rob JR	2) Waters, Nick JR	3) DeMocker, Brian JR	4) Chang, Jonah SO	
	23.32 24.75 23.67 22.97				
15	Trinity Episcopal School-VA	A	1:35.65	1:35.47 VSIS	4
	1) Pankey, Joseph SO	2) Fowler, Ward SR	3) Groh, Patrick 8t	4) Tomenchok, Derek SO	
	23.60 24.31 24.52 23.04				

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B - Final ... (Event 18 Boys 200 Yard Freestyle Relay)

	Team	Relay	Prelim Time	Finals Time	Points
16	Nansemond Suffolk Academy	A	1:36.14	1:35.85 VSIS	2
	1) Beale, Greg FR	2) Wagner, Graham JR	3) Riddick, Will SO	4) Wilson, Ben FR	
	23.91 24.56 23.34 24.04				

Event 18 Boys 200 Yard Freestyle Relay

VSIS Record: 1:24.82 ! 2/14/2009 Fork Union Military Academy
H Mohamed, J Humphrey, S Ibrahim, B Sundel

All-Amer A: 1:25.85 *
All-Amer B: 1:27.21 @
1:42.24 VSIS

	Team	Relay	Seed Time	Prelim Time
Preliminaries				
1	Fork Union Military Academy	A	1:27.27	1:26.07@qVSIS
	1) Zoltowski, Tim 12	2) Gundersen, Martin 11	3) Okeyo, Obi 11	4) Sundel, Blake 12
	20.90 21.62 21.81 21.74			
2	Collegiate School-VA	A	1:27.34	1:27.22 qVSIS
	1) Stephens, Thomas 12	2) Ferguson, Peter 10	3) Ferguson, Thomas 10	4) Coor, Wil 11
	21.19 22.53 22.12 21.38			
3	Norfolk Academy-VA	A	1:30.38	1:28.23 qVSIS
	1) Leach, Ben 11	2) Gulick, Jon 12	3) Tennant, Will 10	4) Blackwood, Joe 11
	21.73 22.19 22.71 21.60			
4	St Stephen's & St Agnes	A	1:30.91	1:29.55 qVSIS
	1) MacNair, Conor SR	2) Draim, Kyle FR	3) Teague, Sam SR	4) Perrot, Cabell SR
	22.44 23.32 22.38 21.41			
5	Woodberry Forest-VA	A	1:32.78	1:30.51 qVSIS
	1) Hoffman, Nick 11	2) Taylor, Ret 12	3) Allen, Heath 11	4) Bondurant, Bear 10
	22.96 22.33 23.06 22.16			
6	St. Christopher's School-VA	A	1:33.02	1:31.92 qVSIS
	1) Fauls, Henry FR	2) Frazer, Nathaniel SO	3) Tarkenton, Dallas SO	4) Wood, Connor SR
	22.81 23.35 23.17 22.59			
7	Hampton Roads Academy	A	1:33.51	1:32.33 qVSIS
	1) Allen, Hollis JR	2) Rento, Joey 8	3) Snyder, Ari FR	4) Schengber, John SR
	22.32 23.32 23.04 23.65			
8	Bishop Sullivan Catholic Higl	A	1:38.08	1:33.32 qVSIS
	1) Altobello, Andrew JR	2) Hall, Brendan SO	3) Lassiter, Holt JR	4) McMahon, Connor SR
	22.80 26.17 22.73 21.62			
9	Bishop Ireton Swim and Dive	A	1:32.16	J1:33.32 qVSIS
	1) Grant, Kevin SO	2) McGinty, Brian SR	3) Crandall, Andrew JR	4) Dougherty, Ryan SR
	23.49 23.16 23.38 23.29			
10	Roanoke Catholic School-VA	A	1:35.88	1:33.58 qVSIS
	1) Akers, Christian 11	2) Russo, Sal JR	3) Clark, Keith JR	4) Tudor, Shane JR
	23.82 22.89 24.94 21.93			
11	Flint Hill School Swim Team-	A	1:34.68	1:34.82 qVSIS
	1) Ikeda, Rob JR	2) Waters, Nick JR	3) DeMocker, Brian JR	4) Chang, Jonah SO
	23.20 24.66 24.05 22.91			
12	Paul VI Catholic High School	A	1:36.08	1:34.87 qVSIS
	1) Quint, Marcus SO	2) Hale-Kupiec, Michael SO	3) Marrero, Frankie SR	4) Nasakaitis, Eric SR
	24.22 24.01 23.26 23.38			
13	The Covenant School-VA	A	1:37.03	1:34.91 qVSIS
	1) Hostege, Eli SO	2) Ern, Alex SO	3) Coppola, Richard SO	4) Winkler, Ryan SR
	23.13 23.66 24.21 23.91			
14	Cape Henry Swim Team	A	1:40.74	1:34.95 qVSIS
	1) Cooper, Josh SR	2) Vice, Andrew SO	3) Schonewille, Ramon JR	4) Serpe, Max JR
	22.41 24.45 25.38 22.71			

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Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)

	Team	Relay	Seed Time	Prelim Time	
15	Trinity Episcopal School-VA	A	1:35.21	1:35.65	qVSIS
	1) Pankey, Joseph SO	2) Groh, Patrick 8t	3) Fowler, Ward SR	4) Tomenchok, Derek SO	
	23.21 24.30 25.16 22.98				
16	Nansemond Suffolk Academy	A	1:36.93	1:36.14	qVSIS
	1) Beale, Greg FR	2) Wagner, Graham JR	3) Riddick, Will SO	4) Wilson, Ben FR	
	24.18 24.34 23.54 24.08				
17	Benedictine High School	A	1:38.39	1:36.62	VSIS
	1) Toler, William SO	2) Wilson, Sandy JR	3) Haas, Nick SO	4) Kerner, Travis JR	
	25.18 23.61 23.86 23.97				
18	Walsingham Academy-VA	A	1:36.06	1:37.01	VSIS
	1) Nanartowich, Tom JR	2) Folsom, Rob SO	3) Sanderson, Cole FR	4) Abelt, John SR	
	24.99 24.28 24.26 23.48				
19	Seton School	A	1:38.83	1:37.28	VSIS
	1) Koehr, Brendan SR	2) Kenna, Patrick SR	3) Kenna, Joseph FR	4) Smith, Jamie FR	
	24.39 24.19 24.16 24.54				
20	Ves-VA	A	1:39.03	1:37.42	VSIS
	1) Chang, Cliff JR	2) Head, Philip SO	3) Peoples, Greg JR	4) Cook, Andrew SR	
	25.99 23.03 23.70 24.70				
21	John Paul The Great High Scl	A	1:38.43	1:37.75	VSIS
	1) Altobelli, Mark SR	2) McDonald, Alex FR	3) Borneman, Ben SO	4) Kalna, Matthew JR	
	24.84 23.89 24.51 24.51				
22	The Potomac School-VA	A	1:41.72	1:39.22	VSIS
	1) Diewald, Nick SR	2) Lidral-Porter, Keenan JR	3) Finnell, Evan JR	4) Becker, John SR	
	25.14 24.64 25.21 24.23				
23	St. Anne's-Belfield-VA	A	1:39.67	1:40.03	VSIS
	1) Given, Michael SO	2) Coffin, Jack SR	3) Jane, John SO	4) Gimple, Tyler SO	
	25.14 24.90 27.08 22.91				
24	Norfolk Christian-VA	A	1:40.96	1:40.30	VSIS
	1) Lindfors, Christian JR	2) Geyer, Wess SR	3) Schirmer, Scott SO	4) Lindfors, Cameron 8t	
	24.50 24.80 25.74 25.26				
25	Peninsula Catholic High Scho	A	1:42.02	1:40.83	VSIS
	1) Talbott, Peyton SR	2) Romeo, Zach FR	3) Shooter, Garrett SO	4) O'Hara, Paul SR	
	24.74 25.16 26.03 24.90				
26	Fredericksburg Christian-VA	A	1:42.03	1:42.89	
	1) Andrews, Seth 11	2) Brad, Sam 12	3) Wiedenhoeft, Tim 11	4) Higgins, Eric 12	
	25.62 25.62 26.86 24.79				
27	Norfolk Collegiate-VA	A	1:40.49	1:47.42	
	1) Ghobrial, Andrew 12	2) Rosenbaum, Nick 11	3) Stracener, Andrew 10	4) McAtee, Anthony 12	
	25.94 28.09 27.17 26.22				
---	St. Christopher's School-VA	B	1:37.28	X1:35.28	VSIS
	1) Berry, Trey 8	2) Warren, Elliott SR	3) Nester, Jack JR	4) Dunlevy, Chris SR	
	24.24 24.00 23.69 23.35				
---	Collegiate School-VA	B	1:36.01	X1:40.06	VSIS
	1) Yan, Eric 10	2) Tidey, Garrett 12	3) Roberts, Matson 12	4) Chung, Austin 9	
	24.21 25.61 31.76 18.48				
---	Norfolk Academy-VA	B	1:41.93	X1:40.38	VSIS
	1) Kaskel, Jacob 09	2) Jones, Greg 11	3) Paris, Micheal 12	4) Sykes, Jimmy 11	
	24.04 24.37 26.30 25.67				
---	Bishop Ireton Swim and Dive	B	1:46.21	X1:40.67	VSIS
	1) Corridon, Tommy JR	2) Salvatori, Giovanni SO	3) Mule, Vince JR	4) Mejia, Robert JR	
	24.71 25.43 25.85 24.68				
---	Fork Union Military Academy	B	1:36.52	DQ	
	1) Dahmen, Richard 12	2) Willard, Miles 11	3) Arroyo, Sito 11	4) Covington, Chris 12	
	24.38 23.67 23.35 23.42				

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Results

Event 18S Boys 200 Yard Freestyle Relay Swim-off

1:42.24 VSIS

Team	Relay	Seed Time	Prelim Time
Preliminaries - Swim-off			
1 Bishop Sullivan Catholic Higl	A	NT	1:32.36 qVSIS
1) Altobello, Andrew JR	2) Hall, Brendan SO	3) Lassiter, Holt JR	4) McMahon, Connor SR
22.65 26.39 22.31 21.01			
2 Bishop Ireton Swim and Dive	A	NT	1:32.56 qVSIS
1) Grant, Kevin SO	2) McGinty, Brian SR	3) Crandall, Andrew JR	4) Dougherty, Ryan SR
23.01 23.52 22.99 23.04			

Event 19 Girls 100 Yard Backstroke

VSIS Record: 57.13 ! 2/20/2010 Gabrielle Bishop-NSA NSA
All-Amer A: 56.10 *
All-Amer B: 57.41 @
1:10.23 VSIS

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Crawford, Jackie	JR	North Cross School-VA	1:00.62	57.18@VSIS	20
28.02 29.16					
2 Saunders, Christa Ann	SR	Madeira Varsity Swim and Dive-P	1:00.97	59.39 VSIS	17
28.50 30.89					
3 Tomenchok, Kira	FR	Trinity Episcopal School-VA	1:00.64	59.69 VSIS	16
29.15 30.54					
4 Swarts, Rachel	SO	Flint Hill School Swim Team-PV	1:01.37	1:00.45 VSIS	15
29.28 31.17					
5 Pollard, Ashton	9	Collegiate School-VA	59.23	1:00.46 VSIS	14
29.44 31.02					
6 Doonis, Alex	JR	Seton School	1:02.54	1:01.51 VSIS	13
29.62 31.89					
7 Dumez, Rachel	SO	Wakefield Country Day School	1:01.64	1:02.14 VSIS	12
30.04 32.10					
8 Thompson, Meredith	SR	Trinity Episcopal School-VA	1:01.62	1:02.57 VSIS	11
29.90 32.67					
B - Final					
9 Jennings, Lacy	SR	St. Catherine's School-VA	1:02.54	1:01.23 VSIS	9
29.84 31.39					
10 Neuburg, Emily	FR	Nansemond Suffolk Academy	1:03.52	1:02.70 VSIS	7
30.36 32.34					
11 Zeigler, Maddie	JR	Bishop Ireton Swim and Dive Te-'	1:04.53	1:03.15 VSIS	6
30.79 32.36					
12 Grap, Maddie	JR	St. Catherine's School-VA	1:03.97	1:03.41 VSIS	5
31.18 32.23					
13 Bennett, Amanda	SO	Walsingham Academy-VA	1:03.20	1:03.91 VSIS	4
31.45 32.46					
14 Mastracchio, Nicole	FR	Paul VI Catholic High School	1:05.20	1:04.93 VSIS	3
32.13 32.80					
15 Tudor, Hannah	FR	Roanoke Catholic School-VA	1:05.20	1:05.96 VSIS	2
31.74 34.22					
16 Jones, Courtney	8	Fredericksburg Christian-VA	1:04.00	1:06.22 VSIS	1
32.28 33.94					

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Event 19 Girls 100 Yard Backstroke

VSIS Record:	**57.13**	**!**	**2/20/2010**	**Gabrielle Bishop-NSA**	**NSA**
All-Amer A:	**56.10**	*****			
All-Amer B:	**57.41**	**@**			
	1:10.23	**VSIS**			

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Pollard, Ashton	9	Collegiate School-VA	1:00.06	59.23	qVSIS
	28.76 30.47					
2	Crawford, Jackie	JR	North Cross School-VA	59.83	1:00.62	qVSIS
	29.71 30.91					
3	Tomenchok, Kira	FR	Trinity Episcopal School-VA	1:02.21	1:00.64	qVSIS
	29.61 31.03					
4	Saunders, Christa Ann	SR	Madeira Varsity Swim and Dive-P	1:02.08	1:00.97	qVSIS
	29.44 31.53					
5	Swarts, Rachel	SO	Flint Hill School Swim Team-PV	1:00.66	1:01.37	qVSIS
	29.78 31.59					
6	Thompson, Meredith	SR	Trinity Episcopal School-VA	1:03.37	1:01.62	qVSIS
	29.89 31.73					
7	Dumez, Rachel	SO	Wakefield Country Day School	1:01.65	1:01.64	qVSIS
	29.99 31.65					
8	Doonis, Alex	JR	Seton School	1:00.51	1:02.54	qVSIS
	30.27 32.27					
9	Jennings, Lacy	SR	St. Catherine's School-VA	1:02.50	J1:02.54	qVSIS
	30.36 32.18					
10	Bennett, Amanda	SO	Walsingham Academy-VA	1:02.95	1:03.20	qVSIS
	31.05 32.15					
11	Neuburg, Emily	FR	Nansemond Suffolk Academy	1:04.60	1:03.52	qVSIS
	30.42 33.10					
12	Grap, Maddie	JR	St. Catherine's School-VA	1:06.72	1:03.97	qVSIS
	31.52 32.45					
13	Jones, Courtney	8	Fredericksburg Christian-VA	1:09.99	1:04.00	qVSIS
	31.70 32.30					
14	Zeigler, Maddie	JR	Bishop Ireton Swim and Dive Te-	1:03.28	1:04.53	qVSIS
	30.77 33.76					
*15	Tudor, Hannah	FR	Roanoke Catholic School-VA	1:09.07	1:05.20	qVSIS
	31.58 33.62					
*15	Mastracchio, Nicole	FR	Paul VI Catholic High School	1:07.28	1:05.20	qVSIS
	31.85 33.35					
17	DiSilvestro, Brianna	FR	Cape Henry Swim Team	1:04.91	1:05.77	VSIS
	31.79 33.98					
18	Saunders, Michaela	FR	Madeira Varsity Swim and Dive-P	1:07.35	1:05.81	VSIS
	31.79 34.02					
19	Clary, Emily	12	Norfolk Academy-VA	1:05.75	1:05.90	VSIS
	32.16 33.74					
20	Butler, Noland	FR	Fredericksburg Academy-VA	1:07.19	1:06.11	VSIS
	32.25 33.86					
21	Kennedy, Allison	JR	Flint Hill School Swim Team-PV	1:08.04	1:06.30	VSIS
	31.93 34.37					
22	Thompson, Chloe	SO	St. Catherine's School-VA	1:07.78	1:06.36	VSIS
	32.23 34.13					
23	Mosman, Daria	12	Collegiate School-VA	1:05.63	1:06.52	VSIS
	31.35 35.17					

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Preliminaries ... (Event 19 Girls 100 Yard Backstroke)

	Name	Yr	School	Seed Time	Prelim Time	
24	Powell, Hannah	FR	St. Catherine's School-VA	1:07.26	1:07.59	VSIS
	32.97 34.62					
25	Witherow, Somer	JR	St. Anne's-Belfield-VA	1:09.32	1:08.16	VSIS
	32.75 35.41					
26	Tompkins, Kendall	SO	Cape Henry Swim Team	1:08.67	1:08.17	VSIS
	32.51 35.66					
27	Shama, Sara	SO	Trinity Episcopal School-VA	1:09.17	1:09.33	VSIS
	33.53 35.80					
28	Douma, Allie	8	Collegiate School-VA	1:10.19	1:09.80	VSIS
	33.97 35.83					
29	Robinson, Gilian	FR	St. Catherine's School-VA	1:09.60	1:09.91	VSIS
	33.56 36.35					
30	Arles, Mady	8	St. Catherine's School-VA	1:09.31	1:09.95	VSIS
	33.82 36.13					
31	Johnson, Reagan	SO	Roanoke Catholic School-VA	1:09.99	1:11.07	
	34.27 36.80					
32	Dickerson, Mary Grace	11	Norfolk Academy-VA	1:08.96	1:11.27	
	33.60 37.67					
33	Barnes, Carly	SR	Trinity Episcopal School-VA	1:09.41	1:11.71	
	33.61 38.10					
---	Blankenship, Kayla	8	St. Catherine's School-VA	1:09.10	NS	

Event 19S Girls 100 Yard Backstroke Swim-off

1:10.23 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries - Swim-off						
1	Doonis, Alex	JR	Seton School	NT	1:02.80	qVSIS
	29.99 32.81					
2	Jennings, Lacy	SR	St. Catherine's School-VA	NT	1:04.36	qVSIS
	31.05 33.31					

Event 20 Boys 100 Yard Backstroke

VSIS Record: 50.32 ! 2/28/2001 Chad Barlow-WAL WAL
All-Amer A: 50.74 *
All-Amer B: 51.89 @
1:02.75 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Criss, Austin	JR	North Cross School-VA	52.94	51.67@	VSIS	20
	25.33 26.34						
2	Crabb, James	12	Woodberry Forest-VA	53.92	52.57	VSIS	17
	25.57 27.00						
3	Fauls, Henry	FR	St. Christopher's School-VA	53.30	52.82	VSIS	16
	25.55 27.27						
4	Ferguson, Peter	10	Collegiate School-VA	53.55	53.14	VSIS	15
	26.12 27.02						
5	Bassett, Henry	SO	The Steward School Spartans-VA	53.35	53.15	VSIS	14
	25.23 27.92						
6	Russo, Sal	JR	Roanoke Catholic School-VA	54.48	53.17	VSIS	13
	26.09 27.08						
7	Moore, Cameron	10	Collegiate School-VA	54.72	54.79	VSIS	12
	26.68 28.11						
8	Dunn, Catfish	JR	Seton School	54.59	54.96	VSIS	11
	26.35 28.61						

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B - Final ... (Event 20 Boys 100 Yard Backstroke)

	Name	Yr	School	Prelim Time	Finals Time		Points
B - Final							
9	Taylor, Ret	12	Woodberry Forest-VA	54.82	54.60	VSIS	9
	26.19 28.41						
10	Phillips, Riley	12	Fork Union Military Academy-VA	54.84	54.86	VSIS	7
	26.52 28.34						
11	Saleh, Mohamed	10	Fork Union Military Academy-VA	55.58	55.81	VSIS	6
	27.15 28.66						
12	Atkins, Ferrel	JR	St Stephen's & St Agnes	56.41	56.24	VSIS	5
	26.78 29.46						
13	Tomenchok, Derek	SO	Trinity Episcopal School-VA	56.40	56.67	VSIS	4
	27.99 28.68						
14	Templeman, Trip	12	Collegiate School-VA	58.14	57.67	VSIS	3
	27.83 29.84						
15	Mueller, Brandon	11	Norfolk Academy-VA	57.86	58.34	VSIS	2
	28.07 30.27						
16	Girani, Tommy	JR	North Cross School-VA	57.95	58.55	VSIS	1
	28.37 30.18						

Event 20 Boys 100 Yard Backstroke

VSIS Record:	**50.32**	**!**	**2/28/2001**	**Chad Barlow-WAL** **WAL**
All-Amer A:	**50.74**	*****		
All-Amer B:	**51.89**	**@**		
	1:02.75	**VSIS**		

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Criss, Austin	JR	North Cross School-VA	54.87	52.94	qVSIS
	26.18 26.76					
2	Fauls, Henry	FR	St. Christopher's School-VA	54.31	53.30	qVSIS
	25.73 27.57					
3	Bassett, Henry	SO	The Steward School Spartans-VA	53.85	53.35	qVSIS
	25.76 27.59					
4	Ferguson, Peter	10	Collegiate School-VA	54.54	53.55	qVSIS
	26.31 27.24					
5	Crabb, James	12	Woodberry Forest-VA	54.60	53.92	qVSIS
	26.14 27.78					
6	Russo, Sal	JR	Roanoke Catholic School-VA	54.12	54.48	qVSIS
	27.09 27.39					
7	Dunn, Catfish	JR	Seton School	55.78	54.59	qVSIS
	26.89 27.70					
8	Moore, Cameron	10	Collegiate School-VA	53.90	54.72	qVSIS
	26.68 28.04					
9	Taylor, Ret	12	Woodberry Forest-VA	58.64	54.82	qVSIS
	26.69 28.13					
10	Phillips, Riley	12	Fork Union Military Academy-VA	56.51	54.84	qVSIS
	26.64 28.20					
11	Saleh, Mohamed	10	Fork Union Military Academy-VA	55.59	55.58	qVSIS
	26.95 28.63					
12	Tomenchok, Derek	SO	Trinity Episcopal School-VA	57.85	56.40	qVSIS
	27.76 28.64					
13	Atkins, Ferrel	JR	St Stephen's & St Agnes	57.41	56.41	qVSIS
	27.06 29.35					
14	Mueller, Brandon	11	Norfolk Academy-VA	58.43	57.86	qVSIS
	27.93 29.93					

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Preliminaries ... (Event 20 Boys 100 Yard Backstroke)

	Name	Yr	School	Seed Time	Prelim Time	
15	Girani, Tommy 28.20 29.75	JR	North Cross School-VA	1:00.04	57.95	qVSIS
16	Templeman, Trip 27.89 30.25	12	Collegiate School-VA	59.36	58.14	qVSIS
17	Bridgforth, Wells 28.67 29.54	JR	Trinity Episcopal School-VA	59.66	58.21	VSIS
18	Ruland, Jeff 27.93 30.58	SR	Nansemond Suffolk Academy	58.05	58.51	VSIS
19	Lewis, John 28.29 30.29	9	Fork Union Military Academy-VA	57.47	58.58	VSIS
20	Groh, Patrick 28.49 30.42	8t	Trinity Episcopal School-VA	1:00.48	58.91	VSIS
21	Lutterbein, Tyrus 29.05 30.05	10	Collegiate School-VA	58.11	59.10	VSIS
22	McDonald, Alex 29.17 31.06	FR	John Paul The Great High Schoo	1:01.88	1:00.23	VSIS
23	Nanartowich, Tom 29.43 31.24	JR	Walsingham Academy-VA	1:02.11	1:00.67	VSIS
24	Folsom, Rob 29.63 31.53	SO	Walsingham Academy-VA	59.42	1:01.16	VSIS
25	Given, Michael 29.49 32.23	SO	St. Anne's-Belfield-VA	1:02.29	1:01.72	VSIS
26	Roberts, Matson	12	Collegiate School-VA	1:01.65	1:02.23	VSIS

Event 21 Girls 100 Yard Breaststroke

VSIS Record: 1:05.94 ! 2/19/2005 Morgan Kowalchuk-SGHS SGHS
All-Amer A: 1:04.03 *
All-Amer B: 1:05.34 @
1:18.28 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	Harris, Sommer 31.55 34.66	FR	St. Catherine's School-VA	1:09.48	1:06.21	VSIS	20
2	Collins, Liz 31.20 35.38	SR	Bishop Ireton Swim and Dive Te-	1:08.56	1:06.58	VSIS	17
3	Rogers, Cat 31.64 36.30	JR	Seton School	1:08.31	1:07.94	VSIS	16
4	Steele, Anne Thomas 31.74 36.71	SR	St. Catherine's School-VA	1:09.57	1:08.45	VSIS	15
5	Rento, Nicole 32.42 36.14	SR	Hampton Roads Academy	1:09.99	1:08.56	VSIS	14
6	Merrill, Emma 32.31 36.73	FR	Paul VI Catholic High School	1:11.33	1:09.04	VSIS	13
7	Wood, Ellis 32.72 37.15	SO	St. Catherine's School-VA	1:09.81	1:09.87	VSIS	12
8	Rogers, Meredith 33.63 37.50	SR	Bishop Sullivan Catholic High-VA	1:11.71	1:11.13	VSIS	11
B - Final							
9	Movius, Rachel 33.60 37.66	SR	St Stephen's & St Agnes	1:12.24	1:11.26	VSIS	9
10	Griffin, Ann 33.39 38.60	JR	Madeira Varsity Swim and Dive-P	1:13.18	1:11.99	VSIS	7

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B - Final ... (Event 21 Girls 100 Yard Breaststroke)

	Name	Yr	School	Prelim Time	Finals Time		Points
11	Burns, Catherine 34.57 37.73	10	Collegiate School-VA	1:12.89	1:12.30	VSIS	6
12	Wulff, Allison 33.76 39.06	SR	Bishop Ireton Swim and Dive Te-	1:12.21	1:12.82	VSIS	5
13	Dorsey, Anna 33.06 40.21	SO	St. Catherine's School-VA	1:11.95	1:13.27	VSIS	4
14	Gorton, Samantha 34.65 38.69	FR	Peninsula Catholic High School-V	1:13.41	1:13.34	VSIS	3
15	Lambrecht, Rachel 34.51 39.28	SR	Seton School	1:14.11	1:13.79	VSIS	2
16	Newton, Kasey 36.03 39.01	8	Richmond Christian School-VA	1:14.18	1:15.04	VSIS	1

Event 21 Girls 100 Yard Breaststroke

VSIS Record: 1:05.94 ! 2/19/2005 Morgan Kowalchuk-SGHS SGHS
All-Amer A: 1:04.03 *
All-Amer B: 1:05.34 @
1:18.28 VSIS

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Rogers, Cat 31.83 36.48	JR	Seton School	1:09.69	1:08.31	qVSIS
2	Collins, Liz 32.17 36.39	SR	Bishop Ireton Swim and Dive Te-	1:07.94	1:08.56	qVSIS
3	Harris, Sommer 32.76 36.72	FR	St. Catherine's School-VA	1:06.49	1:09.48	qVSIS
4	Steele, Anne Thomas 32.18 37.39	SR	St. Catherine's School-VA	1:09.01	1:09.57	qVSIS
5	Wood, Ellis 32.95 36.86	SO	St. Catherine's School-VA	1:10.96	1:09.81	qVSIS
6	Rento, Nicole 33.00 36.99	SR	Hampton Roads Academy	1:09.43	1:09.99	qVSIS
7	Merrill, Emma 34.22 37.11	FR	Paul VI Catholic High School	1:11.33	1:11.33	qVSIS
8	Rogers, Meredith 33.63 38.08	SR	Bishop Sullivan Catholic High-VA	1:12.91	1:11.71	qVSIS
9	Dorsey, Anna 33.09 38.86	SO	St. Catherine's School-VA	1:14.40	1:11.95	qVSIS
10	Wulff, Allison 33.54 38.67	SR	Bishop Ireton Swim and Dive Te-	1:13.40	1:12.21	qVSIS
11	Movius, Rachel 34.06 38.18	SR	St Stephen's & St Agnes	1:09.54	1:12.24	qVSIS
12	Burns, Catherine 34.96 37.93	10	Collegiate School-VA	1:13.17	1:12.89	qVSIS
13	Griffin, Ann 34.04 39.14	JR	Madeira Varsity Swim and Dive-P	1:15.91	1:13.18	qVSIS
14	Gorton, Samantha 34.57 38.84	FR	Peninsula Catholic High School-V	1:11.87	1:13.41	qVSIS
15	Lambrecht, Rachel 34.52 39.59	SR	Seton School	1:14.35	1:14.11	qVSIS
16	Newton, Kasey 35.27 38.91	8	Richmond Christian School-VA	1:12.52	1:14.18	qVSIS

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Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	Prelim Time	
17	Gill, Elizabeth	09	Norfolk Academy-VA	1:16.00	1:14.38	VSIS
	34.51 39.87					
18	Patrick, Kylie	9	Roanoke Catholic School-VA	1:15.97	1:14.72	VSIS
	35.55 39.17					
19	Papariello, Alexis	SR	Bishop Sullivan Catholic High-VA	1:17.47	J1:14.72	VSIS
	35.24 39.48					
20	Gullquist, Dana	SR	St. Catherine's School-VA	1:14.98	1:14.81	VSIS
	35.36 39.45					
21	Brewer, Campbell	8	Collegiate School-VA	1:14.24	1:14.86	VSIS
	35.08 39.78					
22	Arles, Mady	8	St. Catherine's School-VA	1:15.64	1:15.35	VSIS
23	Brown, Mason	10	Collegiate School-VA	1:17.76	1:15.89	VSIS
	35.83 40.06					
24	Thomas, Wren	9t	Norfolk Collegiate-VA	1:17.10	1:16.13	VSIS
25	Pyle, Catherine	09	Norfolk Academy-VA	1:18.10	1:17.13	VSIS
	35.26 41.87					
26	Call, Lucy	SO	Trinity Episcopal School-VA	1:18.18	1:17.24	VSIS
	35.86 41.38					
27	Kuhlman, Meg	SR	Trinity Episcopal School-VA	1:17.50	1:17.58	VSIS
	36.12 41.46					
28	O'Connell, Erin	SO	Walsingham Academy-VA	1:17.63	1:17.98	VSIS
	37.65 40.33					
29	Henke, Debra	8	The Steward School Spartans-VA	1:17.63	1:18.05	VSIS
	36.06 41.99					
30	Hellmann, Natalie	FR	St Stephen's & St Agnes	1:17.71	1:18.24	VSIS
	35.96 42.28					
31	Wolpert, Molly	SO	St. Gertrude High School	1:17.55	1:18.70	
	37.51 41.19					
32	Wright, Rachael	JR	North Cross School-VA	1:17.48	1:21.06	
	37.56 43.50					

Event 22 Boys 100 Yard Breaststroke

VSIS Record: 54.17 ! 2/14/2009 Stuart Ferguson-COOL COOL
All-Amer A: 57.45 *
All-Amer B: 58.57 @
1:11.41 VSIS

	Name	Yr	School	Prelim Time	Finals Time		Points
A - Final							
1	MacNair, Conor	SR	St Stephen's & St Agnes	1:00.84	58.73	VSIS	20
	27.80 30.93						
2	Gundersen, Martin	11	Fork Union Military Academy-VA	59.72	59.06	VSIS	17
	27.20 31.86						
3	Allen, Hollis	JR	Hampton Roads Academy	1:00.38	59.32	VSIS	16
	27.30 32.02						
4	Sundel, Blake	12	Fork Union Military Academy-VA	59.77	59.46	VSIS	15
	27.58 31.88						
5	Hostege, Eli	SO	The Covenant School-VA	1:01.12	59.81	VSIS	14
	28.13 31.68						
6	Allen, Heath	11	Woodberry Forest-VA	1:01.11	1:00.35	VSIS	13
	28.05 32.30						
7	Vice, Andrew	SO	Cape Henry Swim Team	1:01.61	1:00.67	VSIS	12
	28.51 32.16						

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A - Final ... (Event 22 Boys 100 Yard Breaststroke)

	Name	Yr	School	Prelim Time	Finals Time		Points
8	Kerner, Travis	JR	Benedictine High School	1:01.22	1:01.83	VSIS	11
	29.22 32.61						
B - Final							
9	McGinty, Brian	SR	Bishop Ireton Swim and Dive Te-	1:02.57	1:02.70	VSIS	9
	28.73 33.97						
10	Tarkenton, Dallas	SO	St. Christopher's School-VA	1:04.50	1:02.97	VSIS	7
	29.33 33.64						
11	Anderson, Max	10	Fork Union Military Academy-VA	1:03.54	1:03.08	VSIS	6
	29.59 33.49						
12	Payton, Lee	11	Fork Union Military Academy-VA	1:04.92	1:03.40	VSIS	5
	29.49 33.91						
13	Cooper, Josh	SR	Cape Henry Swim Team	1:05.20	1:04.06	VSIS	4
	29.85 34.21						
14	Chung, Austin	9	Collegiate School-VA	1:05.78	1:04.30	VSIS	3
	30.11 34.19						
15	Bondurant, Bear	10	Woodberry Forest-VA	1:05.18	1:05.13	VSIS	2
	30.40 34.73						
16	Hudgins, Houlder	9	Collegiate School-VA	1:05.29	1:05.26	VSIS	1
	30.56 34.70						

Event 22 Boys 100 Yard Breaststroke

VSIS Record:	**54.17**	**!**	**2/14/2009**	**Stuart Ferguson-COOL** **COOL**
All-Amer A:	**57.45**	*****		
All-Amer B:	**58.57**	**@**		
	1:11.41	**VSIS**		

	Name	Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Gundersen, Martin	11	Fork Union Military Academy-VA	1:01.04	59.72	qVSIS
	27.49 32.23					
2	Sundel, Blake	12	Fork Union Military Academy-VA	59.78	59.77	qVSIS
	28.11 31.66					
3	Allen, Hollis	JR	Hampton Roads Academy	1:01.40	1:00.38	qVSIS
	27.87 32.51					
4	MacNair, Conor	SR	St Stephen's & St Agnes	59.22	1:00.84	qVSIS
	28.67 32.17					
5	Allen, Heath	11	Woodberry Forest-VA	1:02.07	1:01.11	qVSIS
	28.36 32.75					
6	Hostege, Eli	SO	The Covenant School-VA	1:01.35	1:01.12	qVSIS
	28.70 32.42					
7	Kerner, Travis	JR	Benedictine High School	1:02.50	1:01.22	qVSIS
	29.33 31.89					
8	Vice, Andrew	SO	Cape Henry Swim Team	1:02.98	1:01.61	qVSIS
	29.07 32.54					
9	McGinty, Brian	SR	Bishop Ireton Swim and Dive Te-	1:04.51	1:02.57	qVSIS
	28.57 34.00					
10	Anderson, Max	10	Fork Union Military Academy-VA	1:05.21	1:03.54	qVSIS
	29.90 33.64					
11	Tarkenton, Dallas	SO	St. Christopher's School-VA	1:04.53	1:04.50	qVSIS
	29.98 34.52					
12	Payton, Lee	11	Fork Union Military Academy-VA	1:05.38	1:04.92	qVSIS
	30.05 34.87					
13	Bondurant, Bear	10	Woodberry Forest-VA	1:08.50	1:05.18	qVSIS
	30.48 34.70					

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Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	Prelim Time	
14	Cooper, Josh	SR	Cape Henry Swim Team	1:10.84	1:05.20	qVSIS
	30.55 34.65					
15	Hudgins, Houlder	9	Collegiate School-VA	1:05.74	1:05.29	qVSIS
	29.93 35.36					
16	Chung, Austin	9	Collegiate School-VA	1:05.20	1:05.78	qVSIS
	30.59 35.19					
17	Sanderson, Cole	FR	Walsingham Academy-VA	1:07.34	1:05.89	VSIS
	30.96 34.93					
18	Grant, Kevin	SO	Bishop Ireton Swim and Dive Te-	1:07.07	1:06.13	VSIS
	30.50 35.63					
19	Pankey, Joseph	SO	Trinity Episcopal School-VA	1:07.67	1:06.26	VSIS
	30.72 35.54					
20	Danielson, Max	10	Norfolk Academy-VA	1:06.12	1:06.67	VSIS
	31.57 35.10					
21	Schroers, Jeremy	11	Fork Union Military Academy-VA	1:06.94	1:06.84	VSIS
	30.36 36.48					
22	Wilson, Sandy	JR	Benedictine High School	1:10.52	1:07.02	VSIS
	31.78 35.24					
23	Frazer, Nathaniel	SO	St. Christopher's School-VA	1:07.50	1:07.59	VSIS
	31.84 35.75					
24	Dunlevy, Chris	SR	St. Christopher's School-VA	1:08.16	1:07.75	VSIS
	30.71 37.04					
25	Peoples, Greg	JR	Ves-VA	1:08.40	1:07.94	VSIS
	30.97 36.97					
*26	Lee, Matt	JR	Nansemond Suffolk Academy	1:09.41	1:08.10	VSIS
	32.89 35.21					
*26	Altobelli, Mark	SR	John Paul The Great High Schoo	1:09.26	1:08.10	VSIS
	32.17 35.93					
28	Craddock, Michael	8	North Cross School-VA	1:07.07	1:08.62	VSIS
	32.55 36.07					
29	Wilson, Ben	FR	Nansemond Suffolk Academy	1:08.11	1:08.93	VSIS
	32.25 36.68					
30	Smith, Harry	FR	St. Christopher's School-VA	1:10.62	1:09.05	VSIS
	31.29 37.76					
31	Hill, Michael	JR	Seton School	1:10.41	1:09.11	VSIS
	32.13 36.98					
32	Schengber, John	SR	Hampton Roads Academy	1:08.27	1:09.77	VSIS
	32.51 37.26					
33	Hall, Brendan	SO	Bishop Sullivan Catholic High-VA	1:10.90	1:10.38	VSIS
	33.62 36.76					
34	Talbott, Peyton	SR	Peninsula Catholic High School-V	1:10.88	1:10.95	VSIS
	32.40 38.55					
35	Rosato, Jonathan	SR	Seton School	1:11.15	1:11.22	VSIS
	33.34 37.88					
36	Boswell, Robert	SO	Greenbrier Christian Academy-VA	1:10.62	1:11.33	VSIS
	33.53 37.80					
37	Cardelia, Nick	12	Norfolk Academy-VA	1:11.28	1:12.04	
	32.85 39.19					
---	Spivey, Charlie	09	Norfolk Academy-VA	1:08.29	NS	

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Event 23 Girls 400 Yard Freestyle Relay

VSIS Record: 3:36.20 ! 2/14/2009 Trinity Episcopal School
M Sweeney, C Sweeney, M Thompson, E Bartholomew

All-Amer A: 3:31.01 *
All-Amer B: 3:34.45 @
4:27.73 VSIS

	Team	Relay	Prelim Time	Finals Time		Points
A - Final						
1	St. Catherine's School-VA	A	3:41.30	3:36.55	VSIS	40
	1) Nester, Jane SO	2) Jennings, Lacy SR	3) Doswell, Cabell SR	4) Bassett, Kate SR		
	26.23 54.91	25.97 54.74	25.95 54.72	24.66 52.18		
2	Madeira Varsity Swim and Di	A	3:43.47	3:38.74	VSIS	34
	1) Jansen, Brittney JR	2) Johnson, Grace SO	3) Alagia, Maddie SO	4) Saunders, Christa Ann SR		
	25.20 52.55	27.04 56.63	26.93 56.22	25.28 53.34		
3	Collegiate School-VA	A	3:44.22	3:40.34	VSIS	32
	1) Pollard, Ashton 9	2) McCauley, Katie 9	3) Cuthbert, Maggie 11	4) Kish, Mary Katherine 9		
	26.87 55.73	26.37 55.96	26.41 56.50	25.13 52.15		
4	Trinity Episcopal School-VA	A	3:45.10	3:41.76	VSIS	30
	1) Sweeney, Maggie SO	2) Tomenchok, Kira FR	3) Thompson, Meredith SR	4) Upadhyaya, Alex SO		
	26.90 55.35	26.63 55.54	26.15 55.85	25.60 55.02		
5	Norfolk Academy-VA	A	3:43.55	3:42.10	VSIS	28
	1) Clagett, Amanda 10	2) Cook, Kathryn 12	3) Gulick, Lauren 11	4) Rich, Kimberly 12		
	26.66 55.61	26.41 55.32	27.22 58.27	24.80 52.90		
6	Nansemond Suffolk Academy	A	3:48.52	3:47.24	VSIS	26
	1) Neuburg, Emily FR	2) Davis, Meredith JR	3) Berard, Taylor 8	4) Bishop, Gabrielle JR		
	27.44 57.38	27.10 56.94	28.62 1:01.41	24.25 51.51		
7	Roanoke Catholic School-VA	A	3:58.34	3:53.67	VSIS	24
	1) Patrick, Kylie 9	2) Gwin, Mirenda JR	3) Tudor, Hannah FR	4) Johnson, Reagan SO		
	27.50 57.44	27.87 58.85	28.13 59.93	26.52 57.45		
---	Bishop Ireton Swim and Dive	A	3:50.79	DQ		
	1) Kroesen, Saskia SR	2) Palmer, Kelly SO	3) Zeigler, Maddie JR	4) Collins, Liz SR		
	26.41 55.24	27.88 57.50	28.01 58.02	26.94 56.08		
B - Final						
9	Paul VI Catholic High School	A	3:58.57	3:55.28	VSIS	18
	1) Mastracchio, Nicole FR	2) Salzano, Jackie SR	3) Plombon, Sarah JR	4) Merrill, Emma FR		
	28.51 1:05.63	22.28 53.69	29.21 1:01.56	25.75 54.40		
10	Walsingham Academy-VA	A	3:59.80	3:55.52	VSIS	14
	1) Bennett, Amanda SO	2) Shea, Meaghan SR	3) Socha, Scottie SR	4) Bennett, Kelly SR		
	27.72 58.01	29.56 1:04.52	27.13 57.78	26.04 55.21		
11	Flint Hill School Swim Team-	A	4:03.44	3:58.03	VSIS	12
	1) Brendsel, Natalie SO	2) Kennedy, Allison JR	3) Ikeda, Melissa FR	4) Swarts, Rachel SO		
	28.51 58.66	28.57 1:00.62	30.03 1:03.68	26.21 55.07		
12	Fredericksburg Christian-VA	A	4:08.14	4:10.64	VSIS	10
	1) Dillon, Isabella 8	2) Lambertson, Jennifer 12	3) Pleban, Kaley 12	4) Jones, Courtney 8		
	29.90 1:03.62	30.02 1:03.84	30.81 1:04.95	27.56 58.23		
13	Hampton Roads Academy	A	4:11.24	4:11.88	VSIS	8
	1) Blalock, Marnie JR	2) Braig, Rachel FR	3) Suttle, Sydney 8	4) Buffa, Gabriella FR		
	29.24 1:03.79	26.87 59.00	29.86 1:05.27	29.02 1:03.82		
14	Fredericksburg Academy-VA	A	4:12.70	4:12.55	VSIS	6
	1) Schattgen, Maya 8	2) Johnson, Mary Gray JR	3) Hazel, Mary Rose JR	4) Harry, Kirstie SO		
	30.03 1:03.98	31.24 1:07.47	29.19 1:02.18	27.70 58.92		
15	Cape Henry Swim Team	A	4:12.66	4:16.71	VSIS	4
	1) DiSilvestro, Brianna FR	2) Wheeler, Lindsay FR	3) Voogt, Gabby FR	4) Nash, Liza SO		
	28.16 58.45	30.67 1:04.96	32.84 1:13.71	27.35 59.59		

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B - Final ... (Event 23 Girls 400 Yard Freestyle Relay)

	Team	Relay	Prelim Time	Finals Time	Points
---	St Stephen's & St Agnes	A	4:11.61	DQ	

1) Movius, Rachel SR 2) Lindsay, Alison FR 3) Shaw, Marian SO 4) Blair, Caroline SR

26.58 55.58 29.27 1:03.81 28.32 1:03.44 28.96 1:02.48

Event 23 Girls 400 Yard Freestyle Relay

VSIS Record: 3:36.20 ! 2/14/2009 Trinity Episcopal School

M Sweeney, C Sweeney, M Thompson, E Bartholomew

All-Amer A: 3:31.01 *

All-Amer B: 3:34.45 @

4:27.73 VSIS

	Team	Relay	Seed Time	Prelim Time	
Preliminaries					
1	St. Catherine's School-VA	A	3:38.96	3:41.30	qVSIS
2	Madeira Varsity Swim and Di	A	3:46.07	3:43.47	qVSIS
3	Norfolk Academy-VA	A	3:46.58	3:43.55	qVSIS

St. Catherine's School-VA:

1) Nester, Jane SO 2) Jennings, Lacy SR 3) Doswell, Cabell SR 4) Bassett, Kate SR

26.48 54.91 26.62 55.83 26.72 55.77 26.28 54.79

Madeira Varsity Swim and Di:

1) Johnson, Grace SO 2) Saunders, Christa Ann SR 3) Alagia, Maddie SO 4) Jansen, Brittney JR

27.64 57.93 26.03 54.43 27.19 57.02 25.46 54.09

Norfolk Academy-VA:

1) Clagett, Amanda 10 2) Cook, Kathryn 12 3

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Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)

	Team	Relay	Seed Time	Prelim Time
15	Cape Henry Swim Team	A	4:17.62	4:12.66 qVSIS
	1) DiSilvestro, Brianna FR	2) Wheeler, Lindsay FR	3) Voogt, Gabby FR	4) Nash, Liza SO
	28.33 58.46 30.59 1:05.68 31.16 1:14.17 22.81 54.35			
16	Fredericksburg Academy-VA	A	4:08.24	4:12.70 qVSIS
	1) Schattgen, Maya 8	2) Johnson, Mary Gray JR	3) Hazel, Mary Rose JR	4) Harry, Kirstie SO
	29.98 1:03.83 30.89 1:07.15 29.53 1:02.32 27.92 59.40			
17	North Cross School-VA	A	4:21.06	4:13.71 VSIS
	1) Crawford, Jackie JR	2) Helmer, Paxton FR	3) Wright, Rachael JR	4) Till, Stephanie SR
	26.56 54.73 32.22 1:08.35 29.00 1:01.74 32.14 1:08.89			
18	Norfolk Christian-VA	A	4:18.23	4:16.90 VSIS
	1) Clarkson, Meredith FR	2) Smith, Arralyn SO	3) Davis, Kellyn JR	4) Lyon, Jan 8t
	29.92 1:03.33 27.41 58.29 31.35 1:05.51 32.38 1:09.77			
19	Seton School	A	4:24.31	4:18.45 VSIS
	1) Zapiain, Sarah JR	2) Bennett, Lucy JR	3) Wittlinger, Mikey SO	4) Lambrecht, Rachel SR
	31.49 1:06.57 30.62 1:04.39 30.70 1:04.91 29.14 1:02.58			
20	St. Anne's-Belfield-VA	A	4:14.70	4:19.28 VSIS
	1) Leiner, Katie SO	2) Fox, Sydney JR	3) Fox, Catherine 8t	4) Witherow, Somer JR
	30.08 1:03.99 31.40 1:08.96 31.63 1:06.67 28.41 59.66			
21	Norfolk Collegiate-VA	A	4:15.52	4:26.36 VSIS
	1) Kanter, Catherine 11	2) Stracener, Megan 8t	3) Thomas, Wren 9t	4) Fogarty, Kelly 12
	29.91 1:04.79 30.37 1:08.07 31.74 1:37.86 35.64			
---	St. Catherine's School-VA	B	3:50.00	X3:59.13 VSIS
	1) Grap, Maddie JR	2) Belt, Marie SR	3) Woodmansee, Sarah 8	4) Powell, Hannah FR
	28.24 58.42 30.66 1:03.35 28.12 59.20 27.95 58.16			
---	Collegiate School-VA	B	4:03.93	X4:03.15 VSIS
	1) Cooke, Caroline 11	2) Brewer, Campbell 8	3) Quay, Rebecca 11	4) Burns, Catherine 10
	28.65 1:00.03 27.51 58.01 29.11 1:02.68 29.87 1:02.43			
---	Bishop Ireton Swim and Dive	B	NT	X4:12.54 VSIS
	1) Becht, Laura SR	2) Lucas, Caitlin FR	3) Quinn, Emi SO	4) Louison, Eileen SO
	27.94 1:00.14 30.93 1:04.34 29.29 1:03.20 30.35 1:04.86			
---	Trinity Episcopal School-VA	B	4:03.48	X4:13.17 VSIS
	1) Shama, Sara SO	2) Barnes, Carly SR	3) Overby, Ellen SO	4) Call, Lucy SO
	30.31 1:03.54 30.45 1:05.40 30.04 1:03.61 27.95 1:00.62			
---	John Paul The Great High Scl	A	4:31.01	X4:18.24 VSIS
	1) Ranieri, Julia FR	2) Planchak, Kelly JR	3) Broderick, Grace SO	4) Donohoe, Clare SO
	29.71 1:02.81 29.62 1:03.80 33.53 1:09.56 30.21 1:02.07			
---	Norfolk Academy-VA	B	4:22.78	X4:19.36 VSIS
	1) Sutton, Hannah 10	2) Vest, Taylor 11	3) Dorr, Taylor 12	4) Edmonds, Kelsey 11
	30.95 1:05.03 30.23 1:05.29 30.93 1:07.37 28.90 1:01.67			
---	Roanoke Catholic School-VA	B	4:27.73	X4:39.42
	1) Iott, Alicia JR	2) Burns, Ali JR	3) Wharton, Molly JR	4) Brajdic, Katie JR
	30.40 1:02.93 34.00 1:13.30 1:17.53 1:48.25 34.94			
---	Fredericksburg Christian-VA	B	4:27.50	NS
	1) Pleban, Tessa 10	2) Rutherford, Rachel 11	3) Pressley, Mary Kathryn 9	

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Event 24 Boys 400 Yard Freestyle Relay

VSIS Record: 3:08.79 ! 2/13/2009 Collegiate School
M Anthony, T Stephens, B Ross, C Blackwood

All-Amer A: 3:08.46 *
All-Amer B: 3:11.47 @
3:59.45 VSIS

	Team	Relay	Prelim Time	Finals Time	Points
A - Final					
1	Woodberry Forest-VA	A	3:14.29	3:11.44@VSIS	40
	1) Crabb, James 12	2) Hoffman, Nick 11	3) Pidgeon, Jack 12	4) Switzer, Zach 10	
	22.50 47.43 23.06	49.16 22.33 47.70	22.36 47.15		
2	Collegiate School-VA	A	3:14.67	3:12.98 VSIS	34
	1) Coor, Wil 11	2) Yan, Eric 10	3) Moore, Cameron 10	4) Stephens, Thomas 12	
	22.83 47.64 23.93	50.18 24.17 50.37	20.98 44.79		
3	Norfolk Academy-VA	A	3:17.97	3:17.38 VSIS	32
	1) Leach, Ben 11	2) Gulick, Jon 12	3) Danielson, Max 10	4) Blackwood, Joe 11	
	22.66 47.81 22.72	48.81 24.87 52.05	22.61 48.71		
4	Bishop Ireton Swim and Dive	A	3:24.51	3:23.39 VSIS	30
	1) Grant, Kevin SO	2) Clark, Michael JR	3) Dougherty, Ryan SR	4) McGinty, Brian SR	
	24.01 51.25 23.30	50.28 23.71 51.00	24.25 50.86		
5	North Cross School-VA	A	3:27.15	3:25.88 VSIS	28
	1) McNally, Mac SO	2) Craddock, Michael 8	3) Girani, Tommy JR	4) Criss, Austin JR	
	24.24 50.54 26.04	56.33 23.68 52.03	22.46 46.98		
6	Roanoke Catholic School-VA	A	3:27.44	3:26.38 VSIS	26
	1) Russo, Sal JR	2) Akers, Christian 11	3) Clark, Keith JR	4) Tudor, Shane JR	
	23.85 50.14 25.58	53.42 25.16 53.96	23.30 48.86		
7	St Stephen's & St Agnes	A	3:28.32	3:26.43 VSIS	24
	1) Atkins, Ferrel JR	2) Lindsay, Joe JR	3) Draim, Kyle FR	4) Teague, Sam SR	
	23.95 51.21 24.87	53.29 24.37 52.77	23.40 49.16		
8	Seton School	A	3:28.55	3:27.40 VSIS	22
	1) Dunn, Catfish JR	2) Koehr, Brendan SR	3) Kenna, Joseph FR	4) Basinger, David SR	
	24.04 50.18 24.89	53.85 24.99 53.95	23.30 49.42		
B - Final					
9	Trinity Episcopal School-VA	A	3:30.08	3:27.27 VSIS	18
	1) Pankey, Joseph SO	2) Bridgforth, Wells JR	3) Groh, Patrick 8t	4) Tomenchok, Derek SO	
	24.57 52.84 24.71	51.98 25.32 52.76	23.74 49.69		
10	Nansemond Suffolk Academy	A	3:33.30	3:28.56 VSIS	14
	1) Ruland, Jeff SR	2) Beale, Greg FR	3) Lee, Matt JR	4) Joseph, Kevin SR	
	24.88 52.46 24.24	52.11 25.15 53.89	23.48 50.10		
11	St. Christopher's School-VA	A	3:29.61	3:30.22 VSIS	12
	1) Berry, Trey 8	2) Nester, Jack JR	3) Arles, Ryan SO	4) Frazer, Nathaniel SO	
	24.90 51.59 24.29	50.47 25.80 57.09	23.97 51.07		
12	Cape Henry Swim Team	A	3:34.84	3:32.79 VSIS	10
	1) Vice, Andrew SO	2) Serpe, Max JR	3) Fox, Luke SR	4) Cooper, Josh SR	
	25.26 53.00 23.82	51.32 27.02 59.14	22.91 49.33		
13	Walsingham Academy-VA	A	3:37.21	3:33.38 VSIS	8
	1) Folsom, Rob SO	2) Abelt, John SR	3) Nanartowich, Tom JR	4) McAdams, Charlie JR	
	25.46 52.87 24.89	53.93 25.15 53.39	25.31 53.19		
14	Flint Hill School Swim Team-	A	3:40.84	3:39.29 VSIS	6
	1) DeMocker, Brian JR	2) Waters, Nick JR	3) Tang, Eric FR	4) Johnson, Drew JR	
	26.02 53.35 25.33	55.10 26.33 55.39	26.40 55.45		
---	Ves-VA	A	3:42.14	DQ	
	1) Ayscue, Lee SR	2) Head, Philip SO	3) Peoples, Greg JR	4) Cook, Andrew SR	
	26.56 57.02 25.52	55.12 24.17 52.30	23.80 49.46		

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B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)

	Team	Relay	Prelim Time	Finals Time	Points
---	The Covenant School-VA	A	3:42.66	DQ	

1) Coppola, Richard SO 2) Cabe, Giles SR 3) Shim, Chris SO 4) Ern, Alex SO

25.47 53.59 27.06 58.02 26.75 57.69 24.31 53.01

Event 24 Boys 400 Yard Freestyle Relay

VSIS Record: 3:08.79 ! 2/13/2009 Collegiate School

M Anthony, T Stephens, B Ross, C Blackwood

All-Amer A: 3:08.46 *

All-Amer B: 3:11.47 @

3:59.45 VSIS

	Team	Relay	Seed Time	Prelim Time	
Preliminaries					
1	Woodberry Forest-VA	A	3:23.84	3:14.29	qVSIS
	1) Taylor, Ret 12	2) Crabb, James 12	3) Pidgeon, Jack 12	4) Switzer, Zach 10	
	24.00 49.86 22.77	47.94 22.84 48.67	22.78 47.82		
2	Collegiate School-VA	A	3:15.45	3:14.67	qVSIS
	1) Stephens, Thomas 12	2) Yan, Eric 10	3) Moore, Cameron 10	4) Coor, Wil 11	
	22.40 46.77 24.15	50.82 24.22 50.31	22.20 46.77		
3	Norfolk Academy-VA	A	3:22.27	3:17.97	qVSIS
	1) Blackwood, Joe 11	2) Gulick, Jon 12	3) Danielson, Max 10	4) Leach, Ben 11	
	23.54 49.60 22.97	49.18 24.88 52.44	22.04 46.75		
4	Bishop Ireton Swim and Dive	A	3:26.01	3:24.51	qVSIS
	1) Grant, Kevin SO	2) Clark, Michael JR	3) Dougherty, Ryan SR	4) McGinty, Brian SR	
	24.45 52.73 23.12	50.23 23.63 50.97	24.02 50.58		
5	North Cross School-VA	A	3:47.65	3:27.15	qVSIS
	1) McNally, Mac SO	2) Craddock, Michael 8	3) Girani, Tommy JR	4) Criss, Austin JR	
	24.80 51.69 26.52	55.45 24.77 52.66	22.83 47.35		
6	Roanoke Catholic School-VA	A	3:39.69	3:27.44	qVSIS
	1) Russo, Sal JR	2) Akers, Christian 11	3) Clark, Keith JR	4) Tudor, Shane JR	
	26.07 54.69 23.05	49.32 25.37 54.16	23.53 49.27		
7	St Stephen's & St Agnes	A	3:28.64	3:28.32	qVSIS
	1) Atkins, Ferrel JR	2) Lindsay, Joe JR	3) Draim, Kyle FR	4) Teague, Sam SR	
	24.73 52.38 24.88	53.57 24.51 52.31	24.19 50.06		
8	Seton School	A	3:29.67	3:28.55	qVSIS
	1) Dunn, Catfish JR	2) Koehr, Brendan SR	3) Kenna, Joseph FR	4) Basinger, David SR	
	24.60 50.84 24.83	54.32 24.77 53.49	23.39 49.90		
9	St. Christopher's School-VA	A	3:29.29	3:29.61	qVSIS
	1) Berry, Trey 8	2) Nester, Jack JR	3) Thompson, Albert FR	4) Frazer, Nathaniel SO	
	24.91 52.08 24.90	51.43 25.63 53.74	24.82 52.36		
10	Trinity Episcopal School-VA	A	3:34.04	3:30.08	qVSIS
	1) Tomenchok, Derek SO	2) Bridgforth, Wells JR	3) Groh, Patrick 8t	4) Pankey, Joseph SO	
	24.36 50.72 24.99	52.38 25.56 54.60	24.13 52.38		
11	Nansemond Suffolk Academy	A	3:33.26	3:33.30	qVSIS
	1) Ruland, Jeff SR	2) Lee, Matt JR	3) Beale, Greg FR	4) Joseph, Kevin SR	
	25.00 54.74 25.04	54.44 24.62 52.58	23.63 51.54		
12	Cape Henry Swim Team	A	3:42.32	3:34.84	qVSIS
	1) Vice, Andrew SO	2) Serpe, Max JR	3) Fox, Luke SR	4) Cooper, Josh SR	
	25.33 53.37 23.55	51.19 27.10 1:01.00	22.94 49.28		
13	Walsingham Academy-VA	A	3:37.25	3:37.21	qVSIS
	1) Folsom, Rob SO	2) Abelt, John SR	3) Nanartowich, Tom JR	4) McAdams, Charlie JR	
	26.16 54.74 25.65	54.68 25.26 53.95	25.58 53.84		
14	Flint Hill School Swim Team-	A	3:43.10	3:40.84	qVSIS
	1) DeMocker, Brian JR	2) Waters, Nick JR	3) Tang, Eric FR	4) Johnson, Drew JR	
	26.04 54.54 25.73	56.06 25.46 54.73	26.11 55.51		

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Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)

	Team	Relay	Seed Time	Prelim Time
15	Ves-VA	A	3:48.06	3:42.14 qVSIS
	1) Ayscue, Lee SR	2) Head, Philip SO	3) Peoples, Greg JR	4) Cook, Andrew SR
	27.62 58.17 25.49	55.16 25.62 54.98	25.79 53.83	
16	The Covenant School-VA	A	3:48.88	3:42.66 qVSIS
	1) Coppola, Richard SO	2) Cabe, Giles SR	3) Shim, Chris SO	4) Ern, Alex SO
	25.07 53.64 26.65	57.52 27.08 59.03	24.15 52.47	
17	John Paul The Great High Sch	A	3:51.54	3:45.15 VSIS
	1) McDonald, Alex FR	2) Altobelli, Mark SR	3) Borneman, Ben SO	4) Gelbach, Patrick FR
	26.18 55.16 26.45	55.53 25.43 55.13	28.24 59.33	
18	Hargrave Aquatics-VA	A	3:43.92	3:46.79 VSIS
	1) Godley, Jason SR	2) Sayers, Ian SO	3) Harding, Michael JR	4) Reese, Jason SR
	26.78 58.38 28.90	1:01.02 25.84 55.23	25.53 52.16	
19	Norfolk Christian-VA	A	3:50.34	3:47.84 VSIS
	1) Geyer, Wess SR	2) Lindfors, Christian JR	3) Schirmer, Scott SO	4) Lindfors, Cameron 8t
	27.26 56.39 26.56	55.49 27.01 56.21	28.13 59.75	
20	Hampton Roads Academy	A	3:41.87	3:48.63 VSIS
	1) Perry, Reed FR	2) Jones, Allen SO	3) Snyder, Adam 8	4) Griffin, Will JR
	27.25 57.83 57.88	1:24.88 31.71 56.85	29.07	
21	Norfolk Collegiate-VA	A	3:59.33	3:49.69 VSIS
	1) McAtee, Anthony 12	2) Stracener, Andrew 10	3) Ghobrial, Andrew 12	4) Tupper, Devin 12
	27.40 1:01.86 25.54	57.35 26.28 59.75	24.32 50.73	
22	Fredericksburg Christian-VA	A	3:54.42	3:51.55 VSIS
	1) Andrews, Seth 11	2) Brad, Sam 12	3) Wiedenhoeft, Tim 11	4) Higgins, Eric 12
	27.04 56.24 27.24	58.84 27.82 59.61	26.42 56.86	
---	Woodberry Forest-VA	B	3:50.05	X3:34.10 VSIS
	1) Bondurant, Bear 10	2) Keohane, Jake 11	3) Mayer, Solly 12	4) Hapgood, Alex 10
	23.96 51.36 27.43	57.35 24.99 53.27	24.26 52.12	
---	Collegiate School-VA	B	3:38.54	X3:38.26 VSIS
	1) Templeman, Trip 12	2) Grap, Peter 9	3) Fergusson, Ted 11	4) Lutterbein, Tyrus 10
	24.51 51.79 25.97	54.88 26.26 55.36	26.51 56.23	
---	Norfolk Academy-VA	B	3:42.18	X3:40.83 VSIS
	1) Pyle, Nathan 11	2) Moyers, Daniel 09	3) Layden, Ross 08	4) Wiggins, Grant 09
	25.95 53.89 25.63	53.07 26.63 58.71	26.03 55.16	
---	Bishop Ireton Swim and Dive	B	NT	X3:47.63 VSIS
	1) Crandall, Andrew JR	2) Salvatori, Giovanni SO	3) Corridon, Tommy JR	4) Mejia, Robert JR
	25.10 53.71 27.78	59.70 26.80 58.72	25.44 55.50	
---	Trinity Episcopal School-VA	B	3:49.91	X3:51.06 VSIS
	1) Dunbar, Holt JR	2) Griggs-Drane, Nicholas JR	3) Grass, Nils SR	4) Fowler, Ward SR
	26.44 55.90 26.94	56.57 27.75 57.56	27.69 1:01.03	
---	Seton School	B	4:07.48	X3:58.64 VSIS
	1) Kenna, Patrick SR	2) Shaw, Steven SO	3) Rosato, Jonathan SR	4) Hill, Michael JR
	26.55 56.87 27.49	59.06 28.32 1:01.27	29.20 1:01.44	
---	Fork Union Military Academy	A	3:23.26	DQ
	1) Laurance, Patrick 11	2) Saleh, Mohamed 10	3) Arroyo, Sito 11	4) Gershun, Joe 12
---	Paul VI Catholic High School	A	3:33.21	DQ
	1) Quint, Marcus SO	2) Hale-Kupiec, Michael SO	3) Marrero, Frankie SR	4) Nasakaitis, Eric SR
	25.48 53.71 26.05	56.35 24.76 52.39	24.25 51.72	
---	Fork Union Military Academy	B	3:40.69	DQ
	1) Lewis, John 9	2) Schroers, Jeremy 11	3) Bader, Brandon 11	4) Dahmen, Richard 12