2011 VSIS State Swim & Dive Championship Meet Results

Overall State Champions

Girls
St. Catherine's School – Girls Champion
Collegiate School – Girls Runner-up

Boys
Fork Union Military Academy – Champion
Woodberry Forest – Runner-up

Division II State Champions

Girls
Seton School – Champion (5th overall)
Hampton Roads Academy – Runner-up (7th overall)

Boys
Seton School – Champion (7th overall)
North Cross School – Runner-up (8th overall)

Special Awards
Swimmer of the Meet
Gabrielle Bishop, Nansemond-Suffolk School – Girls
Thomas Stevens, Collegiate School – Boys

John O'Hara Coach of the Year Award
Terry Sue Gault, St. Catherine's School – Girls
Greg Guldin, Woodberry Forest School – Boys

Sportsmanship
Seton School – Girls
Norfolk Academy – Boys

Spirit
Norfolk Academy – Girls
Norfolk Academy – Boys

Diving Coach of the Year
Diane Smalley – Norfolk Academy

<u>**New State Championship Meet Records**</u>

1. **Girls 200 Medley Relay**, 1:50.06 , St. Catherine's: S. Harris, A. Steele, L. Jennings, E. Farmer
2. **Boys 200 Medley Relay**, 1:34.42, Woodberry Forest: Z. Switzer, H. Allen, J. Crabb, J. Pidgeon
3. **Boys 200 Free**, 1:37.20, Thomas Stevens, Collegiate School
4. **Girls 50 Free**, 23.50, Kate Bassett, St. Catherine's School
5. **Boys 100 Fly**, 49.27, James Crabb, Woodberry Forest School
6. **Girls 100 Free**, 51.06, Gabrielle Bishop, Nansemond-Suffolk Academy

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Congratulations to Seton Swimming's boys and girls who are both VSIS Division II State Champions!

- The girls, who won for the 4th straight year, were 6th overall
- The boys, who won for the 3rd straight year (and 4th time total), were 7th overall
- Lots of amazing swimming, but none more amazing than our Girls 200 Medley Relay of Alex Doonis, Cat Rogers, Bridget Wunderly and Lauren "The Machine" Donohoe who broke the State Record!
    o Incredibly, St. Catherine's broke the record by more so we took the silver overall.
- Results are posted under Meet & Team Information
- See all of the races on http://tv.swimmingworldmagazine.com/
- Loads of commentary coming shortly