

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**VSIS Record - Records**

1	Girls 200 Medley Relay	1:50.34	2/13/2009	St. Catherine's School - St. Catherine's A Gullquist, A Steele, L Jennings, K Bassett
2	Boys 200 Medley Relay	1:36.54	2/13/2009	Collegiate School - Collegiate A Lutterbein, S Ferguson, W Cuthbert, C Blackwood
3	Girls 200 Free	1:49.88	2/13/2009	Rachel Naurath - Collegiate
4	Boys 200 Free	1:38.59	2/13/2009	Jameson Hill - Seton
5	Girls 200 IM	2:05.55	2/13/1998	Natalie Griffith - HRA
6	Boys 200 IM	1:54.55	2/13/2009	Conor Blackwood - Collegiate
7	Girls 50 Free	23.88	2/13/2009	Gabrielle Bishop - NSA
8	Boys 50 Free	20.77	2/13/2009	Stuart Ferguson - Collegiate
9	Girls 1 mtr Diving	456.10	2/21/1998	Katie Williams - TES
10	Boys 1 mtr Diving	470.85	2/16/2008	Briggy Imbriglia - Bishop Ireton
11	Girls 100 Fly	56.17	2/17/2006	Leigh Psaris - Madiera
12	Boys 100 Fly	49.75	2/13/2009	Stuart Ferguson - Collegiate
13	Girls 100 Free	51.73	2/18/2006	Lauren Brandes/Leigh Psaris - POTO/Madiera
14	Boys 100 Free	45.31	2/14/2009	Hussein Mohamed - Fork Union
15	Girls 500 Free	4:46.78	2/14/2009	Rachel Naurath - Collegiate
16	Boys 500 Free	4:29.41	2/14/2009	Jameson Hill - Seton
17	Girls 200 Free Relay	1:39.15	2/14/2009	St. Catherine's School - St. Catherine's L Jennings, E Farmer, N Viviadelli, K Bassett
18	Boys 200 Free Relay	1:24.82	2/14/2009	Fork Union Military Academy - Fork Union H Mohamed, J Humphrey, S Ibrahim, B Sundel
19	Girls 100 Back	57.82	2/19/1994	Bess Frank - Norfolk Academy
20	Boys 100 Back	50.32	2/28/2001	Chad Barlow - Walsingham
21	Girls 100 Breast	1:05.94	2/19/2005	Morgan Kowalchuk - St. Gertrudes
22	Boys 100 Breast	54.17	2/14/2009	Stuart Ferguson - Collegiate
23	Girls 400 Free Relay	3:36.20	2/14/2009	Trinity Episcopal School - TES M Sweeney, C Sweeney, M Thompson, E Bartholomew
24	Boys 400 Free Relay	3:08.79	2/14/2009	Collegiate School - Collegiate M Anthony, T Stephens, B Ross, C Blackwood