

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Event 1 Girls 200 Yard Medley Relay**VSIS QT: **2:11.42**VSIS Record: **1:51.53 ! 2/17/2006** Trinity Episcopal
H. Stewart, C. Royce, H. Hesser, L. HoltAll-Amer A: **1:49.32 ***All-Amer B: **1:50.85 @**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 St. Catherine's School-VA	A	1:52.17	1:50.34 @	40
1) Gullquist, Allie 12	2) Steele, Anne Thomas 10	3) Jennings, Lacy 10	4) Bassett, Kate 10	
29.73 31.09 25.96 23.56				
2 Bishop Ireton Swim Team-VA	A	1:54.65	1:52.21	34
1) Soniak, Mackenzie SR	2) Collins, Liz SO	3) Hall, Alina JR	4) Gray, Lauren SR	
29.02 31.65 26.64 24.90				
3 Trinity Episcopal School-VA	A	1:55.41	1:53.38	32
1) Thompson, Meredith 10	2) Sweeney, Casey 12	3) Sweeney, Maggie 8	4) Bartholomew, Erin 12	
29.75 31.50 27.25 24.88				
4 Madeira Varsity Swim & Dive	A	1:55.29	1:55.34	30
1) Saunders, Christa Ann	2) Chronister, Whitney	3) Psaris, Alex	4) Mattox, Renee	
28.77 33.09 28.26 25.22				
5 Nansemond-Suffolk Academy	A	1:57.47	1:55.62	28
1) Davis, Meredith FR	2) Iiams, Jaime SR	3) Beale, Andrea JR	4) Bishop, Gabrielle FR	
30.04 33.53 28.71 23.34				
6 Peninsula Catholic High School	A	1:57.62	1:57.11	26
1) Henke, Sarah JR	2) Wheelock, Meghan SR	3) Wentzel, Ashley SR	4) Melo, Meredith JR	
30.00 33.05 27.86 26.20				
7 Saint Gertrude High School	A	2:00.31	1:57.55	24
1) Bayer, Karole-Ann SR	2) Urban, Rachel JR	3) Titley, Alison SO	4) Perrin, Catherine JR	
29.43 33.71 26.26 28.15				
8 Roanoke Catholic School-VA	A	1:59.66	1:58.23	22
1) Gwin, Mirenda SO	2) Sink, Keri SR	3) Okeyo, Bunge SR	4) Iott, Alicia FR	
31.82 30.56 27.33 28.52				
B - Final				
9 Seton School	A	2:00.53	2:00.03	18
1) Wunderly, Bridget SO	2) Kenna, Mary-Kate SR	3) Claybrooks, Carolyn JR	4) Talbott, Laura JR	
31.87 33.28 28.48 26.40				
10 Collegiate School-VA	A	2:00.34	2:00.36	14
1) Davis, Camilla 8	2) Wilson, Carter 9	3) Cuthbert, Maggie 9	4) Reifsnider, Carter 9	
30.72 34.25 29.02 26.37				
11 Paul VI Catholic High School	A	2:03.16	2:00.42	12
1) Fitz, Natalie SR	2) de la Baume, Jen SR	3) Quint, Christina JR	4) Young, Michelle SR	
30.42 35.92 27.42 26.66				
12 Hampton Roads Academy	A	2:02.47	2:01.19	10
1) Morrison, Casey 8	2) Starbuck, Elizabeth FR	3) Rento, Nicole SO	4) Schwarting, Katie SO	
32.07 33.64 28.80 26.68				
13 Walsingham Academy-VA	A	2:03.28	2:01.22	8
1) Dowling (8th), Morgan	2) Rakhra (8th), Ashlin	3) Bennett (8th), Amanda	4) Bennett (10), Kelly	
30.37 35.99 29.43 25.43				
14 Bishop Sullivan Catholic High School	A	2:01.29	2:01.49	6
1) Papariello, Alexis 10	2) Rogers, Meredith 10	3) McKenna, Kat 11	4) Curran, Kailene 9	
30.86 34.98 28.66 26.99				
15 The Covenant School-VA	A	2:04.66	2:04.20	4
1) Shaffrey, Tori SO	2) Thornton, Maddie SO	3) Taylor, Hilary SR	4) Finley, Sara Maria SO	
32.47 34.24 28.72 28.77				

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****B - Final ... (Event 1 Girls 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time	Points
16 Norfolk Academy-VA	A	2:04.79	2:05.93	2
1) Gulick, Lauren FR	2) Barry, Emily SO	3) Clagett, Amanda 08	4) Gower, Emily JR	
34.30 34.23 29.20 28.20				

Event 1 Girls 200 Yard Medley RelayVSIS QT: **2:11.42**VSIS Record: **1:51.53 ! 2/17/2006 Trinity Episcopal
H. Stewart, C. Royce, H. Hesser, L. Holt**All-Amer A: **1:49.32 ***All-Amer B: **1:50.85 @**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 St. Catherine's School-VA	A	1:53.52	1:52.17 q
1) Gullquist, Allie 12	2) Steele, Anne Thomas 10	3) Jennings, Lacy 10	4) Bassett, Kate 10
30.08 31.64 25.99 24.46			
2 Bishop Ireton Swim Team-VA	A	1:53.39	1:54.65 q
1) Soniak, Mackenzie SR	2) Collins, Liz SO	3) Hall, Alina JR	4) Gray, Lauren SR
29.66 32.89 26.88 25.22			
3 Madeira Varsity Swim & Dive	A	1:56.24	1:55.29 q
1) Saunders, Christa Ann	2) Chronister, Whitney	3) Psaris, Alex	4) Mattox, Renee
28.78 32.93 28.32 25.26			
4 Trinity Episcopal School-VA	A	1:54.58	1:55.41 q
1) Thompson, Meredith 10	2) Sweeney, Casey 12	3) Sweeney, Maggie 8	4) Bartholomew, Erin 12
29.97 32.08 28.41 24.95			
5 Nansemond-Suffolk Academy	A	1:58.20	1:57.47 q
1) Davis, Meredith FR	2) Iiams, Jaime SR	3) Beale, Andrea JR	4) Bishop, Gabrielle FR
30.29 34.10 28.99 24.09			
6 Peninsula Catholic High School	A	2:00.04	1:57.62 q
1) Henke, Sarah JR	2) Wheelock, Meghan SR	3) Wentzel, Ashley SR	4) Melo, Meredith JR
30.16 32.82 28.10 26.54			
7 Roanoke Catholic School-VA	A	2:02.67	1:59.66 q
1) Gwin, Mirenda SO	2) Sink, Keri SR	3) Okeyo, Bunge SR	4) Iott, Alicia FR
32.73 30.52 27.83 28.58			
8 Saint Gertrude High School	A	1:59.25	2:00.31 q
1) Bayer, Karole-Ann SR	2) Urban, Rachel JR	3) Titley, Alison SO	4) Perrin, Catherine JR
30.13 34.66 26.28 29.24			
9 Collegiate School-VA	A	2:01.22	2:00.34 q
1) Davis, Camilla 8	2) Wilson, Carter 9	3) Dickinson, Hillary 10	4) Reifsnider, Carter 9
5) Cuthbert, Maggie 9			
31.22 33.34 29.58 26.20			
10 Seton School	A	1:59.39	2:00.53 q
1) Wunderly, Bridget SO	2) Kenna, Mary-Kate SR	3) Claybrooks, Carolyn JR	4) Talbott, Laura JR
31.81 33.15 29.21 26.36			
11 Bishop Sullivan Catholic High School	A	2:00.10	2:01.29 q
1) Papariello, Alexis 10	2) Rogers, Meredith 10	3) McKenna, Kat 11	4) Curran, Kailene 9
31.13 34.36 28.51 27.29			
12 Hampton Roads Academy	A	2:03.12	2:02.47 q
1) Morrison, Casey 8	2) Starbuck, Elizabeth FR	3) Rento, Nicole SO	4) Schwarting, Katie SO
32.84 34.19 28.57 26.87			
13 Paul VI Catholic High School	A	2:01.67	2:03.16 q
1) Fitz, Natalie SR	2) de la Baume, Jen SR	3) Quint, Christina JR	4) Young, Michelle SR
31.05 36.70 28.28 27.13			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
14 Walsingham Academy-VA 1) Dowling (8th), Morgan 30.77 35.03 30.65	A 2) Bennett (10), Kelly 26.83	1:58.56 3) Bennett (8th), Amanda	2:03.28 q 4) Rakhra (8th), Ashlin
15 The Covenant School-VA 1) Shaffrey, Tori SO 32.92 34.64 28.71	A 2) Thornton, Maddie SO 28.39	2:10.01 3) Taylor, Hilary SR	2:04.66 q 4) Finley, Sara Maria SO
16 Norfolk Academy-VA 1) Gulick, Lauren FR 32.64 34.20 30.16	A 2) Barry, Emily SO 27.79	2:03.18 3) Clagett, Amanda 08	2:04.79 q 4) Gower, Emily JR
17 Chatham Hall Varsity-VA 1) Abbott, Jessie 9 31.47 37.17 29.74	A 2) DePaulo, Morgan 27.72	2:01.64 3) Herman, TJ	2:06.10 4) Bennett, Megan
18 St. Stephen's/St. Agnes-VA 1) Palmer, Lizzie SR 32.99 35.70 29.99	A 2) Movius, Rachel SO 28.13	2:09.62 3) Bono, Taylor JR	2:06.81 4) Goff, Laura JR
19 Norfolk Collegiate-VA 1) Kanter, Meghan 11 31.15 37.49 31.33	A 2) Swartz, Rachel 8 28.56	2:06.22 3) Hiser, Alex 8	2:08.53 4) Kanter, Catherine 9
20 St. Anne's-Belfield-VA 1) Conner, Wesley 8t 31.79 35.47 33.21	A 2) von Quillfeldt, Anniken FR 28.63	2:10.90 3) Leiner, Katie 8t	2:09.10 4) Witherow, Somer FR
21 Falcons-VA 1) Hazel, Mary Rose 31.47 38.49 32.59	A 2) Hazel, Lucy JR 27.74	2:10.79 3) Ducharme, Natalie FR	2:10.29 4) Harry, Kirsten
--- Flint Hill School-VA 1) Jacoby, Jenna SR 28.04 37.13 29.83	A 2) Watson, Caroline SR 26.48	2:01.56 3) Spiegel, Jessica SR	DQ 4) Okoth, Mary JR
--- Ves-VA	A	NT	NS

Event 2 Boys 200 Yard Medley RelayVSIS QT: **1:59.48**VSIS Record: **1:36.99 ! 2/15/2008 Collegiate School
M.Anthony, S.Ferguson, D.Watson, T.Stephens**All-Amer A: **1:37.22 ***All-Amer B: **1:38.50 @**

Team	Relay	Prelim Time	Finals Time	Points
A - Final 1 Collegiate School-VA 1) Lutterbein, Alex 12 26.30 24.76 24.04	A 2) Ferguson, Stuart 12 21.44	1:38.60 3) Cuthbert, West 11	1:36.54! 4) Blackwood, Conor 12	40
2 Fork Union Military Academy 1) Humphrey, Jake 11 26.48 25.86 23.18	A 2) Ibrahim, Sherif 12 21.93	1:38.56 3) Sundel, Blake 10	1:37.45 @ 4) Reynard, Brook 12	34
3 Woodberry Forest-VA 1) Ingold, Zach 11 24.08 28.93 23.17	A 2) Pidgeon, Jack 10 22.45	1:39.52 3) Crabb, James 10	1:38.63 4) Truluck, Walker 11	32
4 Hargrave Aquatics-VA 1) Romanini, Tony 25.39 27.75 24.01	A 2) Quay, Ben 21.82	1:38.64 3) Hechanova, Jesse	1:38.97 4) Ponson, Eric	30
5 St. Stephen's/St. Agnes-VA 1) Atkins, Ferrel FR 28.24 27.51 23.54	A 2) MacNair, Conor SO 21.26	1:41.73 3) Perrot, Cabell SO	1:40.55 4) Perrot, Hunter SR	28

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****A - Final ... (Event 2 Boys 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time	Points
6 Seton School	A	1:43.64	1:43.15	26
1) Cook, Connor JR	2) Koehr, Daniel JR	3) Basinger, David SO	4) Hill, Jameson JR	
26.27 28.79 26.23 21.86				
7 Trinity Episcopal School-VA	A	1:44.39	1:43.59	24
1) Hodges, Hayden 11	2) Strait, Andrew 11	3) Bridgforth, Wells 9	4) Ericson, Will 12	
26.19 27.88 26.74 22.78				
--- Cape Henry Collegiate School	A	1:43.09	DQ	
1) Knuth, Robert JR	2) Vice, Andrew	3) Farley, John JR	4) Goldner, Brian SR	
25.40 29.74 24.83 23.73				
B - Final				
9 Bishop Ireton Swim Team-VA	A	1:44.64	1:43.52	18
1) Natoli, Carey JR	2) McGinty, Brian SO	3) MacDonald, Angus JR	4) Ellis, Sam JR	
28.06 30.41 23.15 21.90				
10 St. Christopher's School-VA	A	1:44.48	1:44.45	14
1) Byrne, Francisco 10	2) Dunlevy, Chris 10	3) Bogese, Mikey 11	4) Wood, Connor 10	
26.92 30.27 24.29 22.97				
11 Hampton Roads Academy	A	1:45.06	1:44.79	12
1) Harris, Will JR	2) Masters, Alex SO	3) Mitcham, James SO	4) Rutherford, Evan SR	
28.15 28.63 26.24 21.77				
12 Norfolk Academy-VA	A	1:45.02	1:45.59	10
1) Brush, Evan JR	2) Ghobrial, Alex SR	3) Leach, Ben FR	4) West, Keith SR	
27.73 29.90 24.95 23.01				
13 Paul VI Catholic High School	A	1:47.17	1:46.67	8
1) Spina, Alex SR	2) Chauvin, Dan JR	3) Fontana, Sam SR	4) Martinez, Marcus JR	
26.50 30.92 26.24 23.01				
14 Benedictine High School	A	1:48.54	1:49.15	6
1) Haas, Wyatt JR	2) Kerner, Travis FR	3) Donohoe, Bobby SR	4) Toler, Christopher JR	
28.27 31.24 26.47 23.17				
15 Flint Hill School-VA	A	1:50.05	1:49.60	4
1) Ikeda, Rob FR	2) DeMocker, Brian FR	3) Park, Chan SR	4) Hughes, Harrison SO	
28.87 32.11 24.85 23.77				
16 Nansemond-Suffolk Academy	A	1:51.77	1:52.01	2
1) Ruland, Jeff SO	2) Burgett, Sam JR	3) Branchaud, Jacob SR	4) Menefee, Tyler SR	
29.18 31.80 27.11 23.92				

Event 2 Boys 200 Yard Medley RelayVSIS QT: **1:59.48**VSIS Record: **1:36.99 ! 2/15/2008 Collegiate School**
M.Anthony, S.Ferguson, D.Watson, T.StephensAll-Amer A: **1:37.22 ***All-Amer B: **1:38.50 @**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Fork Union Military Academy	A	1:40.79	1:38.56 q
1) Humphrey, Jake 11	2) Ibrahim, Sherif 12	3) Sundel, Blake 10	4) Reynard, Brook 12
26.43 26.52 23.26 22.35			
2 Collegiate School-VA	A	1:36.24	1:38.60 q
1) Lutterbein, Alex 12	2) Ferguson, Stuart 12	3) Cuthbert, West 11	4) Blackwood, Conor 12
26.96 25.42 24.16 22.06			
3 Hargrave Aquatics-VA	A	1:40.99	1:38.64 q
1) Romanini, Tony	2) Quay, Ben	3) Hechanova, Jesse	4) Ponson, Eric
24.81 27.80 24.06 21.97			
4 Woodberry Forest-VA	A	1:40.21	1:39.52 q
1) Ingold, Zach 11	2) Pidgeon, Jack 10	3) Crabb, James 10	4) Truluck, Walker 11
25.37 28.69 23.07 22.39			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 2 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
5 St. Stephen's/St. Agnes-VA	A	1:42.30	1:41.73 q
1) Atkins, Ferrel FR	2) MacNair, Conor SO	3) Perrot, Cabell SO	4) Perrot, Hunter SR
28.47 28.15 23.89 21.22			
6 Cape Henry Collegiate School	A	1:43.72	1:43.09 q
1) Knuth, Robert JR	2) Vice, Andrew	3) Farley, John JR	4) Goldner, Brian SR
25.58 29.76 24.35 23.40			
7 Seton School	A	1:44.28	1:43.64 q
1) Cook, Connor JR	2) Koehr, Daniel JR	3) Basinger, David SO	4) Hill, Jameson JR
26.50 29.13 26.40 21.61			
8 Trinity Episcopal School-VA	A	1:44.95	1:44.39 q
1) Hodges, Hayden 11	2) Strait, Andrew 11	3) Bridgforth, Wells 9	4) Ericson, Will 12
26.71 27.59 27.10 22.99			
9 St. Christopher's School-VA	A	1:43.14	1:44.48 q
1) Byrne, Francisco 10	2) Dunlevy, Chris 10	3) Bogese, Mikey 11	4) Wood, Connor 10
27.09 29.97 24.58 22.84			
10 Bishop Ireton Swim Team-VA	A	1:49.76	1:44.64 q
1) Natoli, Carey JR	2) McGinty, Brian SO	3) MacDonald, Angus JR	4) Ellis, Sam JR
28.54 30.69 23.61 21.80			
11 Norfolk Academy-VA	A	1:47.06	1:45.02 q
1) Brush, Evan JR	2) Ghobrial, Alex SR	3) Leach, Ben FR	4) West, Keith SR
27.60 29.40 24.92 23.10			
12 Hampton Roads Academy	A	1:45.93	1:45.06 q
1) Harris, Will JR	2) Masters, Alex SO	3) Mitcham, James SO	4) Rutherford, Evan SR
28.07 28.10 27.06 21.83			
13 Paul VI Catholic High School	A	1:44.87	1:47.17 q
1) Spina, Alex SR	2) Chauvin, Dan JR	3) Fontana, Sam SR	4) Martinez, Marcus JR
26.27 30.72 32.10 18.08			
14 Benedictine High School	A	1:50.71	1:48.54 q
1) Haas, Wyatt JR	2) Kerner, Travis FR	3) Donohoe, Bobby SR	4) Toler, Christopher JR
27.82 31.29 25.98 23.45			
15 Flint Hill School-VA	A	1:48.75	1:50.05 q
1) Ikeda, Rob FR	2) DeMocker, Brian FR	3) Park, Chan SR	4) Hughes, Harrison SO
28.79 32.14 25.43 23.69			
16 Nansemond-Suffolk Academy	A	1:51.85	1:51.77 q
1) Ruland, Jeff SO	2) Burgett, Sam JR	3) Branchaud, Jacob SR	4) Menefee, Tyler SR
28.70 31.76 27.33 23.98			
17 Ves-VA	A	1:54.06	1:53.56
1) Boxley, Frank JR	2) Graney, Michael SR	3) Cook, Andrew SO	4) Carothers, Robert SR
29.76 32.09 26.33 25.38			
18 Peninsula Catholic High School	A	1:57.27	1:57.70
1) Romeo, Matt JR	2) Warren, Josh JR	3) O'Hara, Paul SO	4) McKenna, Brian SR
29.95 33.00 28.32 26.43			
19 Norfolk Collegiate-VA	A	1:56.57	1:57.89
1) Sinesi, Drew 11	2) Scarpelli, TJ 11	3) Tupper, Devin 10	4) Ghobrial, Andrew 10
31.68 32.46 27.09 26.66			
20 The Covenant School-VA	A	1:56.43	1:58.70
1) Hamilton, Kyle SO	2) McGinnis, Alex JR	3) Widder-Varhegyi, David FR	4) Moody, Justin JR
31.08 32.55 29.59 25.48			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Event 3 Girls 200 Yard Freestyle

VSIS QT: 2:15.86

VSIS Record: 1:51.35 ! 2/15/2008 Rachel Naurath-Collegiate

All-Amer A: 1:51.56 *

All-Amer B: 1:52.99 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Naurath, Rachel	11	Collegiate School-VA	1:54.49	1:49.88!	20
25.86 27.91 28.21		27.90			
2 Titley, Alison	SO	Saint Gertrude High School	1:54.62	1:50.10!	17
26.03 27.84 28.15		28.08			
3 Soniak, Mackenzie	SR	Bishop Ireton Swim Team-VA	1:58.61	1:55.20	16
26.92 28.52 29.37		30.39			
4 Foley, Caitlin	12	Bishop Sullivan Catholic High-VA	1:57.61	1:57.26	15
27.19 29.50 30.44		30.13			
5 Vivadelli, Nina	11	St. Catherine's School-VA	1:58.01	1:57.54	14
26.86 29.78 30.63		30.27			
6 Smith, Haley		Cape Henry Collegiate School	1:59.31	1:58.05	13
27.16 29.70 30.64		30.55			
7 Thompson, Meredith	10	Trinity Episcopal School-VA	2:02.27	2:01.74	12
27.80 29.80 31.86		32.28			
8 Spiegel, Jessica	SR	Flint Hill School-VA	2:02.43	2:03.42	11
28.25 30.85 31.86		32.46			
B - Final					
9 Morrison, Casey	8	Hampton Roads Academy	2:04.05	2:01.67	9
28.72 30.69 31.38		30.88			
10 Doswell, Cabell	10	St. Catherine's School-VA	2:03.49	2:02.93	7
27.26 30.66 32.36		32.65			
11 Clary, Alison	SR	Norfolk Academy-VA	2:03.55	2:03.55	6
27.56 30.35 32.57		33.07			
12 Grattan, Gillie	11	Trinity Episcopal School-VA	2:03.95	2:03.68	5
28.30 31.39 32.30		31.69			
13 Raymond, Margaret	10	Trinity Episcopal School-VA	2:05.02	2:03.71	4
28.44 31.08 31.99		32.20			
14 Bennett (10), Kelly		Walsingham Academy-VA	2:06.10	2:04.24	3
27.64 31.23 32.78		32.59			
15 Cook, Kathryn	SO	Norfolk Academy-VA	2:04.72	2:04.67	2
29.84 31.17 31.92		31.74			
16 Fitz, Natalie	SR	Paul VI Catholic High School	2:04.31	2:05.20	1
28.54 31.30 32.59		32.77			

Event 3 Girls 200 Yard Freestyle

VSIS QT: 2:15.86

VSIS Record: 1:51.35 ! 2/15/2008 Rachel Naurath-Collegiate

All-Amer A: 1:51.56 *

All-Amer B: 1:52.99 @

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Naurath, Rachel	11	Collegiate School-VA	1:50.36	1:54.49	q
27.10 29.18 29.51		28.70			
2 Titley, Alison	SO	Saint Gertrude High School	1:57.53	1:54.62	q
27.05 29.29 29.61		28.67			
3 Foley, Caitlin	12	Bishop Sullivan Catholic High-VA	1:57.34	1:57.61	q
27.57 29.79 30.26		29.99			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 3 Girls 200 Yard Freestyle)**

Name		Yr	School	Seed Time	Prelim Time	
4	Vivadelli, Nina	11	St. Catherine's School-VA	2:00.40	1:58.01	q
	27.13 29.70 30.96		30.22			
5	Soniak, Mackenzie	SR	Bishop Ireton Swim Team-VA	1:55.50	1:58.61	q
	28.27 30.28 30.19		29.87			
6	Smith, Haley		Cape Henry Collegiate School	2:00.01	1:59.31	q
	28.01 30.47 30.71		30.12			
7	Thompson, Meredith	10	Trinity Episcopal School-VA	2:01.36	2:02.27	q
	28.36 30.44 32.13		31.34			
8	Spiegel, Jessica	SR	Flint Hill School-VA	2:02.77	2:02.43	q
	28.49 30.94 31.65		31.35			
9	Doswell, Cabell	10	St. Catherine's School-VA	2:01.69	2:03.49	q
	27.97 30.94 32.18		32.40			
10	Clary, Alison	SR	Norfolk Academy-VA	2:02.35	2:03.55	q
	28.27 30.67 32.15		32.46			
11	Grattan, Gillie	11	Trinity Episcopal School-VA	2:06.82	2:03.95	q
	28.66 31.37 32.33		31.59			
12	Morrison, Casey	8	Hampton Roads Academy	2:09.91	2:04.05	q
	28.52 31.45 32.07		32.01			
13	Fitz, Natalie	SR	Paul VI Catholic High School	2:01.54	2:04.31	q
	28.75 31.35 32.34		31.87			
14	Cook, Kathryn	SO	Norfolk Academy-VA	2:04.07	2:04.72	q
	28.63 30.76 32.07		33.26			
15	Raymond, Margaret	10	Trinity Episcopal School-VA	2:08.86	2:05.02	q
	28.81 31.78 31.95		32.48			
16	Bennett (10), Kelly		Walsingham Academy-VA	2:05.06	2:06.10	q
	28.55 32.28 32.75		32.52			
17	Clary, Emily		Norfolk Academy-VA	2:04.75	2:06.27	
	29.17 31.54 32.79		32.77			
18	Beale, Andrea	JR	Nansemond-Suffolk Academy	2:05.37	2:06.43	
	28.26 31.65 33.31		33.21			
19	Cuthbert, Maggie	9	Collegiate School-VA	2:07.54	2:07.32	
	28.94 31.58 33.15		33.65			
20	Denton, Catherine	9	St. Catherine's School-VA	2:11.16	2:07.91	
	29.00 32.91 33.37		32.63			
21	Gulick, Lauren	FR	Norfolk Academy-VA	2:13.08	2:09.53	
	30.63 32.48 33.38		33.04			
22	Adkins, Claire		The Carlisle School	2:07.10	2:09.58	
	29.65 33.25 33.95		32.73			
23	Claybrooks, Carolyn	JR	Seton School	2:09.09	2:10.46	
	15.34 47.37 34.08		33.67			
24	Bennett, Megan		Chatham Hall Varsity-VA	2:10.84	2:10.59	
	30.39 33.30 33.65		33.25			
25	Schwarting, Katie	SO	Hampton Roads Academy	2:12.29	2:11.16	
	29.69 31.76 33.85		35.86			
26	Mulligan, Caitie	SO	Saint Gertrude High School	2:14.48	2:11.57	
	30.44 33.54 33.63		33.96			
27	Goff, Laura	JR	St. Stephen's/St. Agnes-VA	2:13.19	2:12.30	
	29.98 33.31 34.59		34.42			
28	Clagett, Amanda	08	Norfolk Academy-VA	2:12.27	2:12.40	
	30.61 33.78 35.16		32.85			
29	Debarros, Kristen	9	St. Catherine's School-VA	2:08.48	2:13.50	
	31.14 33.93 34.27		34.16			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 3 Girls 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
30 Peterson, Rebekah	JR	Portsmouth Christian School-VA	2:10.99	2:14.59
30.95 34.40 34.45 34.79				
31 Orsa, Jackie	SR	Paul VI Catholic High School	2:14.67	2:15.04
29.71 34.11 35.36 35.86				
32 Hazelgrove, Jessie	11	Trinity Episcopal School-VA	2:14.61	2:15.16
31.50 34.72 35.30 33.64				
33 Herdegen, Genevieve	SO	Fuqua School Varsity-VA	2:11.69	2:16.12
29.71 33.88 35.84 36.69				
34 Dickinson, Hillary	10	Collegiate School-VA	2:14.21	2:16.19
32.27 34.44 34.72 34.76				
35 Becht, Laura	SO	Bishop Ireton Swim Team-VA	2:15.75	2:16.49
30.17 33.94 35.99 36.39				
36 Brown, Sarah	SO	Stonebridge High School-VA	2:14.67	2:17.27
31.92 34.56 35.45 35.34				

Event 4 Boys 200 Yard FreestyleVSIS QT: **2:03.96**VSIS Record: **1:40.42 ! 2/21/2001 Chad Barlow-Walsingham**All-Amer A: **1:41.75 ***All-Amer B: **1:42.97 @**

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hill, Jameson	JR	Seton School	1:40.48	1:38.59!	20
22.42 24.43 25.56 26.18					
2 Mohamed, Hussein	12	Fork Union Military Academy-VA	1:40.84	1:39.55!	17
22.70 24.48 25.80 26.57					
3 Stephens, Thomas	10	Collegiate School-VA	1:45.20	1:41.74*	16
23.24 25.34 26.46 26.70					
4 Perrot, Hunter	SR	St. Stephen's/St. Agnes-VA	1:45.10	1:43.18	15
23.84 26.18 27.02 26.14					
5 Ross, Brooks	12	Collegiate School-VA	1:45.54	1:43.38	14
24.39 25.95 26.67 26.37					
6 Crabb, James	10	Woodberry Forest-VA	1:45.64	1:46.90	13
23.75 26.49 28.20 28.46					
7 McLaughlin, Keegan	JR	Cape Henry Collegiate School	1:47.66	1:46.91	12
24.32 27.01 27.73 27.85					
8 Gulick, Jon	SO	Norfolk Academy-VA	1:49.25	1:48.81	11
24.83 27.26 28.24 28.48					
B - Final					
9 Rutherford, Evan	SR	Hampton Roads Academy	1:49.72	1:48.50	9
25.42 27.54 28.39 27.15					
10 Cook, Andrew	SO	Ves-VA	1:50.70	1:48.56	7
25.60 27.06 28.09 27.81					
11 Ericson, Will	12	Trinity Episcopal School-VA	1:50.92	1:51.00	6
25.74 28.63 28.90 27.73					
12 Caudill, Joseph	12	Fork Union Military Academy-VA	1:52.99	1:51.35	5
25.57 28.72 28.59 28.47					
13 Belt, Billy	11	St. Christopher's School-VA	1:54.46	1:51.95	4
26.15 28.10 28.52 29.18					
14 Guerci, Michael	8	Fork Union Military Academy-VA	1:56.06	1:54.51	3
26.17 28.48 29.65 30.21					
15 Hoffman, Nick	9	Woodberry Forest-VA	1:52.83	1:54.96	2
26.07 29.61 30.04 29.24					

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

B - Final ... (Event 4 Boys 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Coor, Wil	9	Collegiate School-VA	1:56.07	1:55.16	1
26.59 29.55 30.14	28.88				

Event 4 Boys 200 Yard Freestyle

VSIS QT: 2:03.96

VSIS Record: 1:40.42 ! 2/21/2001 Chad Barlow-Walsingham

All-Amer A: 1:41.75 *

All-Amer B: 1:42.97 @

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Hill, Jameson	JR	Seton School	1:38.95	1:40.48* q
23.20 25.53 25.96	25.79			
2 Mohamed, Hussein	12	Fork Union Military Academy-VA	1:42.19	1:40.84* q
23.38 25.42 26.18	25.86			
3 Perrot, Hunter	SR	St. Stephen's/St. Agnes-VA	1:42.19	1:45.10 q
24.65 26.51 26.89	27.05			
4 Stephens, Thomas	10	Collegiate School-VA	1:39.88	1:45.20 q
24.49 26.46 27.24	27.01			
5 Ross, Brooks	12	Collegiate School-VA	1:43.98	1:45.54 q
24.83 26.44 27.34	26.93			
6 Crabb, James	10	Woodberry Forest-VA	1:47.71	1:45.64 q
24.47 26.60 27.42	27.15			
7 McLaughlin, Keegan	JR	Cape Henry Collegiate School	1:48.30	1:47.66 q
24.77 26.90 28.59	27.40			
8 Gulick, Jon	SO	Norfolk Academy-VA	1:48.99	1:49.25 q
24.80 26.94 28.27	29.24			
9 Rutherford, Evan	SR	Hampton Roads Academy	1:48.30	1:49.72 q
25.82 27.85 28.39	27.66			
10 Cook, Andrew	SO	Ves-VA	1:51.29	1:50.70 q
25.67 27.80 28.91	28.32			
11 Ericson, Will	12	Trinity Episcopal School-VA	1:54.48	1:50.92 q
25.47 28.43 29.09	27.93			
12 Hoffman, Nick	9	Woodberry Forest-VA	1:57.99	1:52.83 q
25.81 28.78 29.46	28.78			
13 Caudill, Joseph	12	Fork Union Military Academy-VA	1:54.90	1:52.99 q
25.50 28.85 28.78	29.86			
14 Belt, Billy	11	St. Christopher's School-VA	1:49.92	1:54.46 q
26.79 28.76 29.55	29.36			
15 Guerci, Michael	8	Fork Union Military Academy-VA	1:58.99	1:56.06 q
26.66 29.01 30.12	30.27			
16 Coor, Wil	9	Collegiate School-VA	1:59.10	1:56.07 q
26.23 29.33 30.17	30.34			
17 Dougherty, Ryan	SO	Bishop Ireton Swim Team-VA	2:01.74	1:56.62
25.61 28.50 30.41	32.10			
18 Dunn, Catfish	9	Seton School	1:57.08	1:56.91
26.00 28.93 30.80	31.18			
19 Covington, Chris	10	Fork Union Military Academy-VA	2:01.55	1:56.98
27.09 29.60 30.58	29.71			
20 Taylor, Ret	10	Woodberry Forest-VA	1:57.23	1:57.26
26.15 28.76 30.48	31.87			
21 Mason, Michael	11	Collegiate School-VA	1:59.95	1:57.45
26.82 29.57 30.92	30.14			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 4 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
22 McAdams (9th), Charlie		Walsingham Academy-VA	1:57.48	1:58.42
26.87 29.55 31.24		30.76		
23 Martinez, Marcus	JR	Paul VI Catholic High School	1:56.23	1:59.05
26.02 28.97 31.33		32.73		
24 West, Keith	SR	Norfolk Academy-VA	2:00.48	1:59.72
26.36 28.96 31.01		33.39		
25 Mayer, Solly	10	Woodberry Forest-VA	2:02.96	2:00.21
26.50 30.34 31.91		31.46		
26 Warren, John	12	Fork Union Military Academy-VA	2:02.33	2:00.78
26.69 30.34 31.76		31.99		
27 Hanson, Ross	JR	Norfolk Academy-VA	2:03.75	2:01.02
27.54 31.20 31.67		30.61		
28 Fergusson, Ted	9	Collegiate School-VA	2:00.75	2:01.35
28.85 30.25 31.70		30.55		
29 Miller, Nick	SR	Nansemond-Suffolk Academy	2:03.49	2:02.02
28.00 30.66 31.63		31.73		
30 Holder (8th), Kevin		Walsingham Academy-VA	2:02.29	2:02.54
28.33 30.78 31.73		31.70		
31 DeMocker, Brian	FR	Flint Hill School-VA	2:01.74	2:02.61
26.84 30.81 32.56		32.40		
32 Warren, Elliott	10	St. Christopher's School-VA	2:03.25	2:03.05
26.94 31.23 33.14		31.74		
33 Ikeda, Rob	FR	Flint Hill School-VA	2:00.80	2:03.47
27.23 30.49 32.74		33.01		
34 Conkling, Philip	JR	Norfolk Academy-VA	2:02.13	2:04.57
27.61 30.31 32.93		33.72		
35 Dunlevy, Zach	9	St. Christopher's School-VA	2:03.69	2:05.47
27.52 31.40 32.55		34.00		
36 Werszner, Peter	SR	Nansemond-Suffolk Academy	2:03.35	2:08.14
28.73 31.95 33.73		33.73		
37 Blanchard, David	JR	Cape Henry Collegiate School	2:03.45	2:08.70
27.48 32.43 34.45		34.34		
--- Vogel, Joe		Hargrave Aquatics-VA	1:48.99	NS

Event 5 Girls 200 Yard IM

VSIS QT: 2:34.08

VSIS Record: 2:05.55 ! 2/13/1998 Natalie Griffith-Hampton Rds

All-Amer A: 2:05.74 *

All-Amer B: 2:07.60 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Jacoby, Jenna	SR	Flint Hill School-VA	2:11.24	2:06.93 @	20
26.93 32.16 38.39		29.45			
2 Sink, Keri	SR	Roanoke Catholic School-VA	2:09.78	2:07.08 @	17
28.00 31.25 37.31		30.52			
3 Jennings, Lacy	10	St. Catherine's School-VA	2:09.51	2:09.58	16
27.45 33.79 37.17		31.17			
4 Sweeney, Maggie	8	Trinity Episcopal School-VA	2:12.03	2:10.91	15
28.84 33.19 38.77		30.11			
5 Kim, Sarah	11	St. Catherine's School-VA	2:13.60	2:13.82	14
29.37 34.27 39.18		31.00			
6 Steele, Anne Thomas	10	St. Catherine's School-VA	2:17.35	2:15.98	13
29.25 35.26 39.04		32.43			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****A - Final ... (Event 5 Girls 200 Yard IM)**

Name	Yr	School	Prelim Time	Finals Time	Points
7 Melo, Meredith	JR	Peninsula Catholic High School-V	2:16.51	2:16.42	12
29.24 33.96 40.56 32.66					
8 Rento, Nicole	SO	Hampton Roads Academy	2:18.71	2:19.07	11
29.77 34.89 41.49 32.92					

B - Final

9 Urban, Rachel	JR	Saint Gertrude High School	2:20.64	2:17.28	9
29.43 34.78 40.26 32.81					
10 Kenna, Mary-Kate	SR	Seton School	2:23.19	2:20.16	7
31.04 38.28 39.66 31.18					
11 Gullquist, Dana	10	St. Catherine's School-VA	2:20.50	2:20.37	6
30.92 35.06 41.57 32.82					
12 Rogers, Meredith	10	Bishop Sullivan Catholic High-VA	2:23.80	2:22.72	5
31.34 36.77 41.67 32.94					
13 Abbott, Jessie	9	Chatham Hall Varsity-VA	2:26.46	2:24.02	4
30.37 36.63 43.47 33.55					
14 Wilson, Carter	9	Collegiate School-VA	2:24.87	2:26.86	3
31.47 36.59 42.34 36.46					
15 Alphin, Lanie	SR	Wakefield School Fighting Owls-V	2:27.27	2:28.53	2
30.44 37.29 44.85 35.95					
16 Chronister, Whitney		Madeira Varsity Swim & Dive-PV	2:28.10	2:29.35	1
32.26 38.50 42.71 35.88					

Event 5 Girls 200 Yard IMVSIS QT: **2:34.08**VSIS Record: **2:05.55 ! 2/13/1998 Natalie Griffith-Hampton Rds**All-Amer A: **2:05.74 ***All-Amer B: **2:07.60 @**

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Jennings, Lacy	10	St. Catherine's School-VA	2:11.78	2:09.51	q
27.71 33.53 37.14 31.13					
2 Sink, Keri	SR	Roanoke Catholic School-VA	2:11.12	2:09.78	q
28.95 32.05 37.62 31.16					
3 Jacoby, Jenna	SR	Flint Hill School-VA	2:07.88	2:11.24	q
28.02 32.87 38.86 31.49					
4 Sweeney, Maggie	8	Trinity Episcopal School-VA	2:13.56	2:12.03	q
28.82 33.90 38.81 30.50					
5 Kim, Sarah	11	St. Catherine's School-VA	2:19.05	2:13.60	q
29.39 35.06 38.57 30.58					
6 Melo, Meredith	JR	Peninsula Catholic High School-V	2:19.32	2:16.51	q
29.15 33.98 40.86 32.52					
7 Steele, Anne Thomas	10	St. Catherine's School-VA	2:19.95	2:17.35	q
29.91 35.93 38.60 32.91					
8 Rento, Nicole	SO	Hampton Roads Academy	2:18.35	2:18.71	q
29.64 35.47 39.99 33.61					
9 Gullquist, Dana	10	St. Catherine's School-VA	2:23.47	2:20.50	q
30.83 35.54 41.12 33.01					
10 Urban, Rachel	JR	Saint Gertrude High School	2:19.31	2:20.64	q
30.29 35.51 40.62 34.22					
11 Kenna, Mary-Kate	SR	Seton School	2:24.77	2:23.19	q
31.46 38.77 40.58 32.38					
12 Rogers, Meredith	10	Bishop Sullivan Catholic High-VA	2:23.52	2:23.80	q
31.37 36.69 42.10 33.64					

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 5 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Prelim Time	
13 Wilson, Carter 31.58 36.29 42.06 34.94	9	Collegiate School-VA	2:20.01	2:24.87	q
14 Abbott, Jessie 30.60 36.84 44.30 34.72	9	Chatham Hall Varsity-VA	2:25.38	2:26.46	q
15 Alphin, Lanie 30.47 38.72 42.70 35.38	SR	Wakefield School Fighting Owls- ¹	2:27.97	2:27.27	q
16 Chronister, Whitney 32.74 39.05 41.23 35.08		Madeira Varsity Swim & Dive-PV	2:25.09	2:28.10	q
17 Wulff, Allison 32.12 38.74 41.74 36.74	SO	Bishop Ireton Swim Team-VA	2:30.25	2:29.34	
18 Rakhra (8th), Ashlin 32.66 38.14 43.51 35.71		Walsingham Academy-VA	2:24.30	2:30.02	
19 Woodrum, Sally 31.77 39.05 45.94 33.56	11	Trinity Episcopal School-VA	2:29.77	2:30.32	
20 Dickinson, Jennet 33.36 40.72 40.95 36.00	11	St. Catherine's School-VA	2:32.09	2:31.03	
21 Grap, Maddie 32.74 36.61 45.57 36.23	9	St. Catherine's School-VA	2:31.11	2:31.15	
22 Hiser, Alex 31.78 38.97 47.06 35.16	8	Norfolk Collegiate-VA	2:30.71	2:32.97	
23 Davia, Laura 32.97 39.25 44.46 36.84	9	Collegiate School-VA	2:33.78	2:33.52	
24 Curran, Kailene 33.55 37.14 47.77 35.69	9	Bishop Sullivan Catholic High-VA	2:32.77	2:34.15	
25 Quint, Christina 31.63 40.00 48.92 35.59	JR	Paul VI Catholic High School	2:32.82	2:36.14	
--- Iiams, Jaime	SR	Nansemond-Suffolk Academy	2:33.14		NS

Event 6 Boys 200 Yard IM**VSIS QT: 2:23.53****VSIS Record: 1:54.70 ! 2/15/2008 Nevin Cook-Seton****All-Amer A: 1:54.33 *****All-Amer B: 1:55.96 @**

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Blackwood, Conor 25.15 28.64 33.86 26.90	12	Collegiate School-VA	1:58.27	1:54.55!	20
2 Romanini, Tony 24.76 29.20 35.78 26.02		Hargrave Aquatics-VA	1:57.62	1:55.76@	17
3 Lutterbein, Alex 25.67 29.16 35.10 27.91	12	Collegiate School-VA	2:01.70	1:57.84	16
4 MacNair, Conor 26.27 30.37 33.02 28.19	SO	St. Stephen's/St. Agnes-VA	1:59.31	1:57.85	15
5 Bogese, Mikey 25.72 29.25 36.12 27.68	11	St. Christopher's School-VA	1:59.73	1:58.77	14
6 Strait, Andrew 25.92 31.34 34.22 27.72	11	Trinity Episcopal School-VA	2:00.16	1:59.20	13
7 Housh, Kurt 26.35 31.73 34.45 28.94	11	Fork Union Military Academy-VA	2:02.48	2:01.47	12
8 Cook, Connor 27.05 30.39 37.18 28.42	JR	Seton School	2:05.03	2:03.04	11

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****B - Final ... (Event 6 Boys 200 Yard IM)**

Name	Yr	School	Prelim Time	Finals Time	Points
B - Final					
9 Masters, Alex		SO Hampton Roads Academy	2:09.46	2:04.81	9
27.82 32.09 36.42		28.48			
10 Spina, Alex		SR Paul VI Catholic High School	2:07.45	2:04.82	7
26.81 29.77 39.95		28.29			
11 Nester, Jack		9 St. Christopher's School-VA	2:09.87	2:05.75	6
26.99 32.77 37.74		28.25			
12 Natoli, Carey		JR Bishop Ireton Swim Team-VA	2:09.97	2:09.13	5
28.04 31.94 39.05		30.10			
13 Edwards, Preston		10 Fork Union Military Academy-VA	2:09.09	2:10.14	4
27.27 32.61 39.58		30.68			
14 Reese, Jason		Hargrave Aquatics-VA	2:13.44	2:11.14	3
28.20 32.18 41.08		29.68			
15 Tupper, Devin		10 Norfolk Collegiate-VA	2:10.29	2:11.75	2
27.94 33.78 40.20		29.83			
16 McNally, Mac		North Cross School-VA	2:13.17	2:13.12	1
28.22 32.72 42.14		30.04			

Event 6 Boys 200 Yard IM

VSIS QT: 2:23.53

VSIS Record: 1:54.70 ! 2/15/2008 Nevin Cook-Seton

All-Amer A: 1:54.33 *

All-Amer B: 1:55.96 @

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Romanini, Tony		Hargrave Aquatics-VA	2:01.54	1:57.62	q
25.04 29.31 35.25		28.02			
2 Blackwood, Conor		12 Collegiate School-VA	1:55.94	1:58.27	q
26.32 29.11 35.41		27.43			
3 MacNair, Conor		SO St. Stephen's/St. Agnes-VA	2:03.16	1:59.31	q
26.79 30.53 33.91		28.08			
4 Bogese, Mikey		11 St. Christopher's School-VA	2:01.32	1:59.73	q
25.82 29.85 36.37		27.69			
5 Strait, Andrew		11 Trinity Episcopal School-VA	2:01.54	2:00.16	q
26.10 30.89 34.68		28.49			
6 Lutterbein, Alex		12 Collegiate School-VA	1:58.33	2:01.70	q
27.12 30.53 35.72		28.33			
7 Housh, Kurt		11 Fork Union Military Academy-VA	2:03.28	2:02.48	q
26.64 32.60 34.11		29.13			
8 Cook, Connor		JR Seton School	2:04.64	2:05.03	q
27.39 30.56 37.72		29.36			
9 Spina, Alex		SR Paul VI Catholic High School	2:09.63	2:07.45	q
27.41 30.10 40.67		29.27			
10 Edwards, Preston		10 Fork Union Military Academy-VA	2:12.41	2:09.09	q
27.54 33.18 38.34		30.03			
11 Masters, Alex		SO Hampton Roads Academy	2:06.60	2:09.46	q
28.84 32.79 36.73		31.10			
12 Nester, Jack		9 St. Christopher's School-VA	2:08.98	2:09.87	q
28.10 33.54 38.67		29.56			
13 Natoli, Carey		JR Bishop Ireton Swim Team-VA	2:11.58	2:09.97	q
28.38 32.23 38.76		30.60			
14 Tupper, Devin		10 Norfolk Collegiate-VA	2:11.31	2:10.29	q
27.51 33.95 38.89		29.94			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 6 Boys 200 Yard IM)**

	Name			Yr	School	Seed Time	Prelim Time	
15	McNally, Mac				North Cross School-VA	2:12.46	2:13.17	q
	28.51	33.04	41.55	30.07				
16	Reese, Jason				Hargrave Aquatics-VA	2:16.91	2:13.44	q
	28.26	33.90	41.32	29.96				
17	McGinty, Brian			SO	Bishop Ireton Swim Team-VA	2:16.70	2:13.60	
	28.23	34.24	40.05	31.08				
18	Phillips, Riley			10	Fork Union Military Academy-VA	2:19.41	2:13.62	
	27.94	32.57	42.68	30.43				
19	McMahon, Connor			10	Bishop Sullivan Catholic High-VA	2:15.76	2:13.79	
	27.80	34.23	41.09	30.67				
20	Haas, Wyatt			JR	Benedictine High School	2:20.32	2:14.40	
	28.58	31.95	40.18	33.69				
21	Allen, Hollis			9	Woodberry Forest-VA	2:17.33	2:14.42	
	28.38	35.56	39.09	31.39				
22	Donohoe, Bobby			SR	Benedictine High School	2:22.01	2:14.70	
	27.72	35.20	39.27	32.51				
23	Arroyo, Sito			9	Fork Union Military Academy-VA	2:15.32	2:14.77	
	28.48	35.43	39.67	31.19				
24	Koehr, Daniel			JR	Seton School	2:19.65	2:15.00	
	28.72	33.84	38.66	33.78				
25	Mitcham, James			SO	Hampton Roads Academy	2:20.70	2:16.09	
	28.59	34.05	40.29	33.16				
26	Templeman, Trip			10	Collegiate School-VA	2:17.37	2:16.83	
	28.65	34.63	41.36	32.19				
27	Fergusson, Ted			9	Collegiate School-VA	2:19.80	2:18.70	
	30.17	35.24	43.14	30.15				
28	Graney, Michael			SR	Ves-VA	2:19.20	2:18.74	
	29.79	36.29	40.16	32.50				
*29	Atkins, Ferrel			FR	St. Stephen's/St. Agnes-VA	2:19.06	2:19.07	
	29.53	33.62	43.01	32.91				
*29	Hughes, Harrison			SO	Flint Hill School-VA	2:23.20	2:19.07	
	28.92	34.11	44.63	31.41				
31	Allen, Heath			9	Woodberry Forest-VA	2:19.74	2:19.58	
	29.30	37.66	39.85	32.77				
32	Jack, Christopher			JR	Greenbrier Christian Academy-VA	2:22.24	2:19.79	
	29.07	36.21	40.70	33.81				
33	Holmes, Harrison				Hargrave Aquatics-VA	2:19.71	2:19.92	
	26.43	36.29	42.04	35.16				
34	Boxley, Frank			JR	Ves-VA	2:22.78	2:19.93	
	29.94	36.37	38.93	34.69				
35	Montgomery, John Michael			SO	Benedictine High School	2:20.16	2:20.69	
	28.91	35.70	42.97	33.11				
36	Tickle, Philip			12	Trinity Episcopal School-VA	2:22.62	2:21.83	
	29.19	36.62	42.68	33.34				
37	Higgins, Eric			10	Fredericksburg Christian-VA	2:22.70	2:23.26	
	29.61	36.53	41.74	35.38				
38	Vice, Andrew				Cape Henry Collegiate School	2:19.72	2:24.27	
	31.27	37.47	40.85	34.68				
39	Chauvin, Dan			JR	Paul VI Catholic High School	2:22.49	2:24.35	
	30.65	38.51	39.18	36.01				
40	Bridgforth, Wells			9	Trinity Episcopal School-VA	2:17.82	2:25.03	
	29.70	37.03	43.62	34.68				

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Preliminaries ... (Event 6 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
41 Burgett, Sam	JR	Nansemond-Suffolk Academy	2:22.43	2:25.86
29.74 38.83 41.96 35.33				
42 Vita, Anthony	9	Collegiate School-VA	2:19.53	2:27.06
31.13 39.14 42.82 33.97				
--- Clark, Michael	FR	Bishop Ireton Swim Team-VA	2:22.99	NS

Event 7 Girls 50 Yard Freestyle

VSIS QT: 27.32

VSIS Record: 24.06 ! 2/17/2006 Lauren Brandes-Potomac

All-Amer A: 23.86 *

All-Amer B: 24.12 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Bishop, Gabrielle	FR	Nansemond-Suffolk Academy	24.06	23.88!	20
2 Bassett, Kate	10	St. Catherine's School-VA	24.35	23.98!	17
3 Doonis, Alex	FR	Seton School	25.17	24.83	16
4 Rich, Kimberly	SO	Norfolk Academy-VA	25.00	24.84	15
5 Donohoe, Lauren	SO	Seton School	25.38	24.93	14
6 Okeyo, Bunge	SR	Roanoke Catholic School-VA	25.55	25.08	13
7 Tompkins, Kendal	FR	Cape Henry Collegiate School	25.60	25.31	12
8 Gray, Lauren	SR	Bishop Ireton Swim Team-VA	25.88	25.77	11
B - Final					
9 Farmer, Elaine	10	St. Catherine's School-VA	25.96	25.66	9
10 Mattox, Renee		Madeira Varsity Swim & Dive-PV	26.24	26.00	7
11 Byron, Kate	11	Collegiate School-VA	26.47	26.07	6
12 Davis, Meredith	FR	Nansemond-Suffolk Academy	26.41	26.20	5
13 Papariello, Alexis	10	Bishop Sullivan Catholic High-VA	26.43	26.23	4
14 McKenna, Kat	11	Bishop Sullivan Catholic High-VA	26.24	26.27	3
15 Wentzel, Ashley	SR	Peninsula Catholic High School-V	26.03	26.28	2
16 Keating, Lauren	SO	Stonebridge High School-VA	26.26	26.32	1

Event 7 Girls 50 Yard Freestyle

VSIS QT: 27.32

VSIS Record: 24.06 ! 2/17/2006 Lauren Brandes-Potomac

All-Amer A: 23.86 *

All-Amer B: 24.12 @

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Bishop, Gabrielle	FR	Nansemond-Suffolk Academy	24.22	24.06! q
2 Bassett, Kate	10	St. Catherine's School-VA	24.70	24.35 q
3 Rich, Kimberly	SO	Norfolk Academy-VA	25.02	25.00 q
4 Doonis, Alex	FR	Seton School	25.19	25.17 q
5 Donohoe, Lauren	SO	Seton School	25.15	25.38 q
6 Okeyo, Bunge	SR	Roanoke Catholic School-VA	24.63	25.55 q
7 Tompkins, Kendal	FR	Cape Henry Collegiate School	25.25	25.60 q
8 Gray, Lauren	SR	Bishop Ireton Swim Team-VA	25.33	25.88 q
9 Farmer, Elaine	10	St. Catherine's School-VA	26.70	25.96 q
10 Wentzel, Ashley	SR	Peninsula Catholic High School-V	25.89	26.03 q
*11 McKenna, Kat	11	Bishop Sullivan Catholic High-VA	26.24	26.24 q
*11 Mattox, Renee		Madeira Varsity Swim & Dive-PV	26.38	26.24 q
13 Keating, Lauren	SO	Stonebridge High School-VA	26.40	26.26 q

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Preliminaries ... (Event 7 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
14 Davis, Meredith	FR	Nansemond-Suffolk Academy	26.69	26.41	q
15 Papariello, Alexis	10	Bishop Sullivan Catholic High-VA	26.38	26.43	q
*16 Byron, Kate	11	Collegiate School-VA	26.67	26.47	q
*16 von Quillfeldt, Anniken	FR	St. Anne's-Belfield-VA	27.18	26.47	q

Swim-Off Required

18 Reifsnider, Carter	9	Collegiate School-VA	27.28	26.70	
19 McConville, Grace	SR	Bishop Ireton Swim Team-VA	26.25	26.75	
20 Gwin, Mirenda	SO	Roanoke Catholic School-VA	26.99	26.77	
*21 Berkowitz, Melissa		Madeira Varsity Swim & Dive-PV	26.91	26.89	
*21 Denton, Catherine	9	St. Catherine's School-VA	27.17	26.89	
23 Hardy, Hillary	12	St. Catherine's School-VA	27.24	26.93	
24 Peterson, Rachel	JR	Stonebridge High School-VA	25.73	27.03	
25 Okoth, Mary	JR	Flint Hill School-VA	27.25	27.11	
26 Markunas, Katie	12	Trinity Episcopal School-VA	27.05	27.24	
*27 Cavanagh, Megan	SR	Peninsula Catholic High School-V	27.22	27.67	
*27 Powers, Kate	9	Trinity Episcopal School-VA	27.30	27.67	
29 Vause, Rebecca	SR	Peninsula Catholic High School-V	27.09	28.27	

Event 7S Girls 50 Yard Freestyle Swim-off

VSIS QT: 27.54

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Byron, Kate	11	Collegiate School-VA	26.12	26.12	
2 von Quillfeldt, Anniken	FR	St. Anne's-Belfield-VA	26.45	26.45	

Event 7S Girls 50 Yard Freestyle Swim-off

VSIS QT: 27.54

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries - Swim-off					
1 Byron, Kate	11	Collegiate School-VA	NT	26.12	q
2 von Quillfeldt, Anniken	FR	St. Anne's-Belfield-VA	NT	26.45	q

Event 8 Boys 50 Yard Freestyle

VSIS QT: 24.11

VSIS Record: 20.90 ! 2/21/1998 Gary Sharpe-Norfolk Academy

All-Amer A: 21.20 *

All-Amer B: 21.48 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Ingold, Zach	11	Woodberry Forest-VA	21.37	20.96*	20
2 McIntyre, Andrew	SR	Norfolk Academy-VA	21.21	21.10*	17
3 Anthony, Mac	11	Collegiate School-VA	21.41	21.14*	16
4 Perrot, Cabell	SO	St. Stephen's/St. Agnes-VA	21.93	21.46@	15
5 Lytle, Pat	SR	Paul VI Catholic High School	22.09	21.66	14
6 Sundel, Blake	10	Fork Union Military Academy-VA	21.89	21.84	13
7 Humphrey, Jake	11	Fork Union Military Academy-VA	22.14	22.02	12
8 Joseph, Kevin	SO	Nansemond-Suffolk Academy	22.14	22.31	11
B - Final					
9 Ponson, Eric		Hargrave Aquatics-VA	22.99	22.39	9
*10 King, Alex	JR	Norfolk Academy-VA	22.27	22.46	6.50
*10 Rossetti, Peter	10	Collegiate School-VA	22.39	22.46	6.50
12 Leach, Ben	FR	Norfolk Academy-VA	22.56	22.59	5

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

B - Final ... (Event 8 Boys 50 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
13 Nuckles, Bryan	SR	Nansemond-Suffolk Academy	22.70	22.72	4
14 Saunders, Sean	10	Woodberry Forest-VA	22.60	22.89	3
15 Ellis, Sam	JR	Bishop Ireton Swim Team-VA	22.72	22.95	2
16 Reynard, Brook	12	Fork Union Military Academy-VA	22.89	23.06	1

Event 8 Boys 50 Yard Freestyle

VSIS QT: 24.11

VSIS Record: 20.90 ! 2/21/1998 Gary Sharpe-Norfolk Academy

All-Amer A: 21.20 *

All-Amer B: 21.48 @

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 McIntyre, Andrew	SR	Norfolk Academy-VA	21.63	21.21 @q
2 Ingold, Zach	11	Woodberry Forest-VA	21.69	21.37 @q
3 Anthony, Mac	11	Collegiate School-VA	21.34	21.41 @q
4 Sundel, Blake	10	Fork Union Military Academy-VA	22.86	21.89 q
5 Perrot, Cabell	SO	St. Stephen's/St. Agnes-VA	21.36	21.93 q
6 Lytle, Pat	SR	Paul VI Catholic High School	21.58	22.09 q
*7 Humphrey, Jake	11	Fork Union Military Academy-VA	22.98	22.14 q
*7 Joseph, Kevin	SO	Nansemond-Suffolk Academy	22.06	22.14 q
9 King, Alex	JR	Norfolk Academy-VA	22.38	22.27 q
10 Rossetti, Peter	10	Collegiate School-VA	22.73	22.39 q
11 Leach, Ben	FR	Norfolk Academy-VA	23.00	22.56 q
12 Saunders, Sean	10	Woodberry Forest-VA	22.76	22.60 q
13 Hechanova, Jesse		Hargrave Aquatics-VA	23.07	22.67 q
14 Nuckles, Bryan	SR	Nansemond-Suffolk Academy	22.64	22.70 q
15 Ellis, Sam	JR	Bishop Ireton Swim Team-VA	22.60	22.72 q
16 Reynard, Brook	12	Fork Union Military Academy-VA	23.05	22.89 q
17 Ponson, Eric		Hargrave Aquatics-VA	22.95	22.99
18 Park, Chan	SR	Flint Hill School-VA	23.04	23.05
19 Okeyo, Obi	9	Fork Union Military Academy-VA	23.43	23.32
20 Joynson, Jack	12	Woodberry Forest-VA	22.76	23.42
21 Ghobrial, Alex	SR	Norfolk Academy-VA	24.06	23.45
*22 Tudor, Shane	FR	Roanoke Catholic School-VA	23.41	23.50
*22 Day, Christian	10	Woodberry Forest-VA	23.56	23.50
24 Wood, Connor	10	St. Christopher's School-VA	23.42	23.55
25 Grant, Trpp	10	Woodberry Forest-VA	23.65	23.57
26 Clarke, Joe	SR	Paul VI Catholic High School	23.39	23.64
27 Celia, Greg	JR	Massanutten Military Academy	23.41	23.78
28 Toler, Christopher	JR	Benedictine High School	24.02	23.82
29 Warren, John	12	Fork Union Military Academy-VA	23.51	23.85
30 Fisk, Evan	8	Trinity Episcopal School-VA	24.09	23.99
*31 Altobello, Andrew	9	Bishop Sullivan Catholic High-VA	24.07	24.02
*31 Winkler, Ryan	SO	The Covenant School-VA	24.05	24.02
33 Spragan, Michael	12	Fredericksburg Christian-VA	24.03	24.17
34 Brush, Evan	JR	Norfolk Academy-VA	24.11	24.24
35 Menefee, Tyler	SR	Nansemond-Suffolk Academy	24.04	24.40
36 Sinesi, Drew	11	Norfolk Collegiate-VA	24.07	25.33
--- Totten, Charles		Hargrave Aquatics-VA	22.84	NS

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Event 9 Girls 1 mtr Diving****VSIS Record: 456.10 ! 2/21/1998 Katie Williams-Trinity Episcop**

	Name	Yr	School		Finals Score	Points
1	Grishaw, Chloe	11	The Potomac School	363.95	362.50	20
2	McCarthy, Alexa	SR	Paul VI Catholic High School	291.05	325.70	17
3	Cochran, Nicole	9	Trinity Episcopal School-VA	289.15	297.30	16
4	Snyder, Mandy	FR	Paul VI Catholic High School	263.15	259.75	15
5	O'Sullivan, Olivia	SO	Bishop Ireton Swim Team-VA	167.65	244.35	14
6	Reynolds, Martha Blair	9	St. Catherine's School-VA	228.25	243.25	13
7	Henry, Libby	08	Norfolk Academy-VA	138.08	218.00	12
8	Duran, Ann	SO	Seton School	115.70	204.75	11
9	Davis, Alison		Madeira Varsity Swim & Dive-PV	NT	181.00	9
10	Newland, Tessa		Madeira Varsity Swim & Dive-PV	NT	179.95	7
11	Spivey, Austin	9	Collegiate School-VA	180.90	168.45	6
12	Schaefermeier, Elizabeth	FR	Bishop Ireton Swim Team-VA	93.05	159.75	5
13	Thompson, Cristina	FR	St. Stephen's/St. Agnes-VA	NT	129.00	4
---	Fyffe, Sarh		Bishop Ireton Swim Team-VA	NT	DQ	
---	Dussault, Jennifer		Madeira Varsity Swim & Dive-PV	NT	DQ	
---	Rogers, Cat	FR	Seton School	NT	DQ	
---	Haberman, Melissa	SO	Bishop Ireton Swim Team-VA	91.45	NS	
---	Krezemien, Kaylyn	SR	Bishop Ireton Swim Team-VA	NT	NS	

Event 10 Boys 1 mtr Diving**VSIS Record: 470.85 ! 2/16/2008 Briggy Imbriglia-Bishop Ireton**

	Name	Yr	School		Finals Score	Points
1	Ross, James	11	Collegiate School-VA	423.15	417.60	20
2	Miller, Billy	12	St. Christopher's School-VA	NT	291.35	17
3	Bedford, Mike	FR	Norfolk Academy-VA	152.60	285.55	16
4	Fletcher, Pete	12	Fork Union Military Academy-VA	222.70	246.75	15
5	Jones, Greg	FR	Norfolk Academy-VA	162.45	243.25	14
6	Asta, Alex	JR	Paul VI Catholic High School	249.90	243.15	13
7	Alexander, Burton	SO	Norfolk Academy-VA	148.80	229.40	12
8	O'Sullivan, Taylor	SR	Bishop Ireton Swim Team-VA	158.35	213.65	11
9	Arcidi, Ted	12	Fork Union Military Academy-VA	234.40	208.35	9
10	Rubin, Joey	SO	Seton School	NT	205.35	7
11	McCarter, Reed	8	Hampton Roads Academy	NT	200.40	6
12	Basinger, David	SO	Seton School	NT	197.95	5
13	Pfeffer, Garrison	12	Woodberry Forest-VA	239.55	196.45	4
14	Long, Robbie	JR	St. Stephen's/St. Agnes-VA	145.40	195.50	3
15	Lisk, Matthew	11	St. Christopher's School-VA	227.75	194.75	2
16	McKercher, Patrick	10	Collegiate School-VA	170.50	192.35	1
17	Weeks, Thomas	12	Fork Union Military Academy-VA	191.40	135.45	
18	Kenna, Patrick	SO	Seton School	NT	131.10	
19	Lamontagne, Frederic	9	Woodberry Forest-VA	194.85	111.65	
20	Leon, Mason	SR	Norfolk Academy-VA	90.53	98.55	
---	Mcarter, Reed		Chatham Hall Varsity-VA	NT	NS	
---	Cubbage, Logan	9	Fork Union Military Academy-VA	239.10	NS	
---	Adams, Theo	JR	St. Stephen's/St. Agnes-VA	NT	NS	

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Event 11 Girls 100 Yard Butterfly

VSIS QT: 1:09.92

VSIS Record: 56.17 ! 2/17/2006 Leigh Psarias-Madeira

All-Amer A: 56.75 *

All-Amer B: 57.50 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Stephens, Carter 26.33 30.05	12	Collegiate School-VA	58.77	56.38*	20
2 Titley, Alison 27.33 29.84	SO	Saint Gertrude High School	57.82	57.17@	17
3 Jennings, Lacy 26.98 30.91	10	St. Catherine's School-VA	57.88	57.89	16
4 Spicher, Rebecca 28.19 30.74	10	Bishop Sullivan Catholic High-VA	1:00.95	58.93	15
5 Hall, Alina 26.89 32.40	JR	Bishop Ireton Swim Team-VA	59.85	59.29	14
6 Smith, Haley 28.06 32.64		Cape Henry Collegiate School	59.99	1:00.70	13
7 Saunders, Christa Ann 27.86 32.86		Madeira Varsity Swim & Dive-PV	1:01.22	1:00.72	12
8 Sweeney, Maggie 29.08 31.86	8	Trinity Episcopal School-VA	1:01.45	1:00.94	11
B - Final					
9 Psaris, Alex 28.77 32.46		Madeira Varsity Swim & Dive-PV	1:01.53	1:01.23	9
10 Henke, Sarah 29.49 33.00	JR	Peninsula Catholic High School-V	1:03.46	1:02.49	7
11 Collins, Liz 29.51 33.43	SO	Bishop Ireton Swim Team-VA	1:05.13	1:02.94	6
12 Wheelock, Meghan 29.54 33.51	SR	Peninsula Catholic High School-V	1:02.48	1:03.05	5
13 Herman, TJ 29.66 34.30		Chatham Hall Varsity-VA	1:05.62	1:03.96	4
14 Abbott, Jessie 30.71 34.64	9	Chatham Hall Varsity-VA	1:05.94	1:05.35	3
15 Wunderly, Bridget 30.60 34.94	SO	Seton School	1:05.94	1:05.54	2
16 Wall, Anna 30.95 36.61	10	St. Catherine's School-VA	1:06.26	1:07.56	1

Event 11 Girls 100 Yard Butterfly

VSIS QT: 1:09.92

VSIS Record: 56.17 ! 2/17/2006 Leigh Psarias-Madeira

All-Amer A: 56.75 *

All-Amer B: 57.50 @

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Titley, Alison 27.55 30.27	SO	Saint Gertrude High School	59.09	57.82	q
2 Jennings, Lacy 27.34 30.54	10	St. Catherine's School-VA	58.40	57.88	q
3 Stephens, Carter 27.32 31.45	12	Collegiate School-VA	57.15	58.77	q

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time	
4	Hall, Alina 27.72 32.13	JR	Bishop Ireton Swim Team-VA	59.57	59.85	q
5	Smith, Haley 28.38 31.61		Cape Henry Collegiate School	1:01.11	59.99	q
6	Spicher, Rebecca 28.72 32.23	10	Bishop Sullivan Catholic High-VA	1:00.47	1:00.95	q
7	Saunders, Christa Ann 28.35 32.87		Madeira Varsity Swim & Dive-PV	1:00.25	1:01.22	q
8	Sweeney, Maggie 29.45 32.00	8	Trinity Episcopal School-VA	1:01.54	1:01.45	q
9	Psaris, Alex 29.20 32.33		Madeira Varsity Swim & Dive-PV	1:02.13	1:01.53	q
10	Wheelock, Meghan 28.17 34.31	SR	Peninsula Catholic High School-V	1:01.80	1:02.48	q
11	Henke, Sarah 29.86 33.60	JR	Peninsula Catholic High School-V	1:03.48	1:03.46	q
12	Collins, Liz 30.93 34.20	SO	Bishop Ireton Swim Team-VA	1:03.99	1:05.13	q
13	Herman, TJ 30.35 35.27		Chatham Hall Varsity-VA	1:02.94	1:05.62	q
*14	Wunderly, Bridget 30.74 35.20	SO	Seton School	1:05.31	1:05.94	q
*14	Abbott, Jessie 30.76 35.18	9	Chatham Hall Varsity-VA	1:04.33	1:05.94	q
16	Wall, Anna 30.67 35.59	10	St. Catherine's School-VA	1:09.83	1:06.26	q
17	Dowling (8th), Morgan 30.79 35.51		Walsingham Academy-VA	1:06.35	1:06.30	
18	Berry, Elizabeth 30.98 35.37	11	St. Catherine's School-VA	1:04.99	1:06.35	
19	Nester, Jane 30.15 36.25	8	St. Catherine's School-VA	1:07.20	1:06.40	
20	Kanter, Meghan 30.17 36.34	11	Norfolk Collegiate-VA	1:06.97	1:06.51	
21	Quint, Christina 31.12 35.91	JR	Paul VI Catholic High School	1:06.45	1:07.03	
22	Papariello, Alexis 31.26 36.04	10	Bishop Sullivan Catholic High-VA	1:05.13	1:07.30	
23	Taylor, Hilary 30.18 37.56	SR	The Covenant School-VA	1:08.98	1:07.74	
24	Davis, Camilla 31.23 36.96	8	Collegiate School-VA	1:08.53	1:08.19	
25	Hazelgrove, Jessie 31.48 36.86	11	Trinity Episcopal School-VA	1:09.12	1:08.34	
26	McGrath, Ashley 30.81 37.61	JR	Paul VI Catholic High School	1:08.74	1:08.42	
27	Smith, Kayla 31.85 36.91	FR	Peninsula Catholic High School-V	1:08.04	1:08.76	
28	DePaulo, Morgan 31.51 37.68		Chatham Hall Varsity-VA	1:08.17	1:09.19	
29	Headley, Sarah 32.42 37.38	9	St. Catherine's School-VA	1:09.08	1:09.80	

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Prelim Time
30 Cunningham, Catherine 33.05 37.19	9	Trinity Episcopal School-VA	1:08.74	1:10.24
--- Bono, Taylor 30.82 36.87	JR	St. Stephen's/St. Agnes-VA	1:08.50	DQ

Event 12 Boys 100 Yard Butterfly

VSIS QT: 1:02.52

VSIS Record: 49.79 ! 2/17/2006 Scott Madaras-Hampton Rds

All-Amer A: 50.92 *

All-Amer B: 51.72 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Ferguson, Stuart 22.93 26.82	12	Collegiate School-VA	50.48	49.75!	20
2 MacDonald, Angus 23.59 27.76	JR	Bishop Ireton Swim Team-VA	51.90	51.35@	17
3 Destree, Nathan 24.11 27.61	12	Bishop Sullivan Catholic High-VA	52.99	51.72@	16
4 Ibrahim, Sherif 24.31 27.64	12	Fork Union Military Academy-VA	52.59	51.95	15
5 Crabb, James 24.19 28.28	10	Woodberry Forest-VA	51.86	52.47	14
6 Park, Chan 24.59 28.24	SR	Flint Hill School-VA	54.22	52.83	13
7 Hechanova, Jesse 25.02 29.80		Hargrave Aquatics-VA	53.47	54.82	12
8 Sundel, Blake 25.45 29.67	10	Fork Union Military Academy-VA	54.58	55.12	11
B - Final					
9 Cuthbert, West 25.12 28.29	11	Collegiate School-VA	54.61	53.41	9
10 Forrest, Gavin 25.33 30.29	12	Woodberry Forest-VA	56.46	55.62	7
11 Hodges, Hayden 26.48 29.62	11	Trinity Episcopal School-VA	56.37	56.10	6
12 Yelmgren, Michael 26.31 29.85	JR	Paul VI Catholic High School	55.81	56.16	5
13 Farley, John 25.62 30.62	JR	Cape Henry Collegiate School	56.27	56.24	4
14 Truluck, Walker 25.47 31.38	11	Woodberry Forest-VA	57.17	56.85	3
15 Byrne, Francisco 25.87 31.06	10	St. Christopher's School-VA	56.76	56.93	2
16 Edwards, Preston 27.46 32.00	10	Fork Union Military Academy-VA	57.99	59.46	1

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Event 12 Boys 100 Yard Butterfly**VSIS QT: **1:02.52**VSIS Record: **49.79 ! 2/17/2006 Scott Madaras-Hampton Rds**All-Amer A: **50.92 ***All-Amer B: **51.72 @**

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Ferguson, Stuart 23.55 26.93	12	Collegiate School-VA	49.27	50.48* q
2 Crabb, James 24.11 27.75	10	Woodberry Forest-VA	52.37	51.86 q
3 MacDonald, Angus 24.26 27.64	JR	Bishop Ireton Swim Team-VA	51.37	51.90 q
4 Ibrahim, Sherif 24.54 28.05	12	Fork Union Military Academy-VA	54.10	52.59 q
5 Destree, Nathan 25.06 27.93	12	Bishop Sullivan Catholic High-VA	52.62	52.99 q
6 Hechanova, Jesse 25.31 28.16		Hargrave Aquatics-VA	54.74	53.47 q
7 Park, Chan 25.75 28.47	SR	Flint Hill School-VA	52.94	54.22 q
8 Sundel, Blake 24.95 29.63	10	Fork Union Military Academy-VA	55.89	54.58 q
9 Cuthbert, West 25.89 28.72	11	Collegiate School-VA	53.31	54.61 q
10 Yelmgren, Michael 25.98 29.83	JR	Paul VI Catholic High School	56.27	55.81 q
11 Farley, John 25.62 30.65	JR	Cape Henry Collegiate School	56.32	56.27 q
12 Hodges, Hayden 26.29 30.08	11	Trinity Episcopal School-VA	56.96	56.37 q
13 Forrest, Gavin 25.57 30.89	12	Woodberry Forest-VA	57.92	56.46 q
14 Byrne, Francisco 26.50 30.26	10	St. Christopher's School-VA	57.79	56.76 q
15 Truluck, Walker 26.45 30.72	11	Woodberry Forest-VA	57.27	57.17 q
16 Edwards, Preston 27.52 30.47	10	Fork Union Military Academy-VA	59.35	57.99 q
17 Joseph, Kevin 26.74 31.83	SO	Nansemond-Suffolk Academy	56.41	58.57
18 Gencavage, Jeremy 27.14 32.07	12	Fork Union Military Academy-VA	1:01.94	59.21
19 Lee, Eric 27.38 32.40	11	Woodberry Forest-VA	1:00.07	59.78
20 Hazel, Raleigh 27.33 32.47	SR	Falcons-VA	1:00.62	59.80
21 Holmes, Harrison 27.47 32.75		Hargrave Aquatics-VA	59.31	1:00.22
22 Guerci, Michael 27.94 32.32	8	Fork Union Military Academy-VA	1:00.13	1:00.26
23 Bridgforth, Wells 28.39 32.81	9	Trinity Episcopal School-VA	59.85	1:01.20

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Prelim Time
24 Mitcham, James 28.36 32.85	SO	Hampton Roads Academy	1:01.80	1:01.21
25 Pidgeon, Jack 27.93 33.30	10	Woodberry Forest-VA	1:01.24	1:01.23
26 Ruland, Jeff 28.10 33.55	SO	Nansemond-Suffolk Academy	1:01.33	1:01.65
27 Dunlevy, Chris 28.87 32.90	10	St. Christopher's School-VA	1:01.31	1:01.77
28 Fasana, Zach 27.39 34.47	JR	Fishburne Military School	1:02.37	1:01.86
29 Reese, Jason 29.38 32.63		Hargrave Aquatics-VA	1:02.05	1:02.01
30 Fontana, Sam 27.92 34.29	SR	Paul VI Catholic High School	59.81	1:02.21
31 Winkler, Ryan 28.88 33.96	SO	The Covenant School-VA	59.54	1:02.84
32 Montgomery, John Michael 29.61 34.47	SO	Benedictine High School	1:02.38	1:04.08
33 O'Hara, Paul 29.08 35.55	SO	Peninsula Catholic High School-V	1:02.21	1:04.63
--- Nasakaitis, Eric	SO	Paul VI Catholic High School	55.10	NS
--- McNeal, Phil	JR	Cape Henry Collegiate School	1:01.63	NS

Event 13 Girls 100 Yard Freestyle

VSIS QT: 1:00.07

VSIS Record: 51.73 ! 2/18/2006 Lauren Brandes/Leigh Psaris

All-Amer A: 51.72 *

All-Amer B: 52.39 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Bishop, Gabrielle 24.85 27.49	FR	Nansemond-Suffolk Academy	52.95	52.34 @	20
2 Stephens, Carter 25.29 27.58	12	Collegiate School-VA	53.88	52.87	17
3 Hall, Alina 25.27 27.71	JR	Bishop Ireton Swim Team-VA	54.29	52.98	16
4 Foley, Caitlin 25.77 28.24	12	Bishop Sullivan Catholic High-V	54.09	54.01	15
5 Donohoe, Lauren 25.92 28.23	SO	Seton School	55.04	54.15	14
6 Rich, Kimberly 26.01 28.38	SO	Norfolk Academy-VA	54.61	54.39	13
7 Sweeney, Casey 26.41 28.41	12	Trinity Episcopal School-VA	55.46	54.82	12
8 Okeyo, Bunge 26.46 28.49	SR	Roanoke Catholic School-VA	55.94	54.95	11
B - Final					
9 Doswell, Cabell 26.99 29.37	10	St. Catherine's School-VA	56.79	56.36	9
10 Bennett (10), Kelly 26.87 29.53		Walsingham Academy-VA	57.29	56.40	7
11 Wheelock, Meghan 27.21 29.23	SR	Peninsula Catholic High School-V	56.71	56.44	6

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

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B - Final ... (Event 13 Girls 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
12 Gullquist, Allie 27.28 29.83	12	St. Catherine's School-VA	57.80	57.11	5
13 Spiegel, Jessica 27.76 29.38	SR	Flint Hill School-VA	58.06	57.14	4
14 Byron, Kate 27.75 29.58	11	Collegiate School-VA	57.82	57.33	3
15 Gwin, Mirenda 28.01 29.41	SO	Roanoke Catholic School-VA	57.92	57.42	2
16 Wiltshire, Katie 27.91 29.98	11	Collegiate School-VA	57.65	57.89	1

Event 13 Girls 100 Yard Freestyle

VSIS QT: 1:00.07

VSIS Record: 51.73 ! 2/18/2006 Lauren Brandes/Leigh Psaris

All-Amer A: 51.72 *

All-Amer B: 52.39 @

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Bishop, Gabrielle 25.42 27.53	FR	Nansemond-Suffolk Academy	52.73	52.95	q
2 Stephens, Carter 25.94 27.94	12	Collegiate School-VA	53.18	53.88	q
3 Foley, Caitlin 26.28 27.81	12	Bishop Sullivan Catholic High-VA	54.21	54.09	q
4 Hall, Alina 26.07 28.22	JR	Bishop Ireton Swim Team-VA	54.93	54.29	q
5 Rich, Kimberly 25.97 28.64	SO	Norfolk Academy-VA	55.21	54.61	q
6 Donohoe, Lauren 26.26 28.78	SO	Seton School	54.91	55.04	q
7 Sweeney, Casey 26.61 28.85	12	Trinity Episcopal School-VA	55.02	55.46	q
8 Okeyo, Bunge 26.67 29.27	SR	Roanoke Catholic School-VA	55.20	55.94	q
9 Wheelock, Meghan 26.97 29.74	SR	Peninsula Catholic High School-V	56.72	56.71	q
10 Doswell, Cabell 27.07 29.72	10	St. Catherine's School-VA	55.42	56.79	q
11 Bennett (10), Kelly 27.29 30.00		Walsingham Academy-VA	58.93	57.29	q
12 Wiltshire, Katie 28.01 29.64	11	Collegiate School-VA	57.11	57.65	q
13 Gullquist, Allie 27.46 30.34	12	St. Catherine's School-VA	58.16	57.80	q
14 Byron, Kate 27.40 30.42	11	Collegiate School-VA	57.28	57.82	q
15 Gwin, Mirenda 28.48 29.44	SO	Roanoke Catholic School-VA	58.99	57.92	q
16 Spiegel, Jessica 28.16 29.90	SR	Flint Hill School-VA	57.89	58.06	q
17 Berry, Elizabeth 28.25 29.85	11	St. Catherine's School-VA	58.00	58.10	

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Preliminaries ... (Event 13 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
18 Wentzel, Ashley 27.41 30.88	SR	Peninsula Catholic High School-V	56.26	58.29
19 Okoth, Mary 28.42 29.96	JR	Flint Hill School-VA	57.89	58.38
20 von Quillfeldt, Anniken 28.08 30.84	FR	St. Anne's-Belfield-VA	59.46	58.92
21 McConville, Grace 28.11 30.82	SR	Bishop Ireton Swim Team-VA	57.03	58.93
22 Schwarting, Katie 28.15 30.79	SO	Hampton Roads Academy	59.63	58.94
23 Adkins, Claire 28.89 30.16		The Carlisle School	59.04	59.05
24 Mattox, Renee 27.88 31.32		Madeira Varsity Swim & Dive-PV	58.52	59.20
25 Hardy, Hillary 28.05 32.18	12	St. Catherine's School-VA	59.26	1:00.23
26 Gray, Lauren 27.97 32.60	SR	Bishop Ireton Swim Team-VA	58.48	1:00.57
27 Woodrum, Sally 29.03 31.79	11	Trinity Episcopal School-VA	59.68	1:00.82
--- Peterson, Rachel	JR	Stonebridge High School-VA	56.98	NS
--- Basel, Megan		Madeira Varsity Swim & Dive-PV	1:00.00	NS

Event 14 Boys 100 Yard Freestyle

VSIS QT: 53.56

VSIS Record: 46.13 ! 2/18/2006 Will Trainor-FUMA

All-Amer A: 46.44 *

All-Amer B: 46.98 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Mohamed, Hussein 21.98 23.33	12	Fork Union Military Academy-VA	46.40	45.31 !	20
2 Anthony, Mac 22.03 23.48	11	Collegiate School-VA	46.49	45.51 !	17
3 Stephens, Thomas 22.64 24.48	10	Collegiate School-VA	48.31	47.12	16
4 McIntyre, Andrew 22.80 24.41	SR	Norfolk Academy-VA	47.29	47.21	15
5 Lytle, Pat 22.84 24.45	SR	Paul VI Catholic High School	48.53	47.29	14
6 Romanini, Tony 22.80 24.52		Hargrave Aquatics-VA	47.40	47.32	13
7 Destree, Nathan 22.81 25.03	12	Bishop Sullivan Catholic High-VA	48.61	47.84	12
8 Perrot, Cabell 24.97 26.93	SO	St. Stephen's/St. Agnes-VA	47.95	51.90	11
B - Final					
9 McLaughlin, Keegan 23.85 25.26	JR	Cape Henry Collegiate School	49.90	49.11	9
10 Rossetti, Peter 23.67 25.87	10	Collegiate School-VA	50.23	49.54	7
*11 Knuth, Robert 23.58 25.97	JR	Cape Henry Collegiate School	49.97	49.55	5.50

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****B - Final ... (Event 14 Boys 100 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
*11 Quay, Ben 23.46 26.09		Hargrave Aquatics-VA	49.70	49.55	5.50
13 Nuckles, Bryan 24.11 26.10	SR	Nansemond-Suffolk Academy	50.64	50.21	4
14 Ponson, Eric 23.97 26.32		Hargrave Aquatics-VA	50.09	50.29	3
15 Reynard, Brook 24.30 26.29	12	Fork Union Military Academy-VA	50.38	50.59	2
16 Truluck, Walker 24.02 26.76	11	Woodberry Forest-VA	50.87	50.78	1

Event 14 Boys 100 Yard Freestyle**VSIS QT: 53.56****VSIS Record: 46.13 ! 2/18/2006 Will Trainor-FUMA****All-Amer A: 46.44 *****All-Amer B: 46.98 @**

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Mohamed, Hussein 22.68 23.72	12	Fork Union Military Academy-VA	46.93	46.40* q
2 Anthony, Mac 22.48 24.01	11	Collegiate School-VA	45.96	46.49 @ q
3 McIntyre, Andrew 22.74 24.55	SR	Norfolk Academy-VA	47.78	47.29 q
4 Romanini, Tony 23.06 24.34		Hargrave Aquatics-VA	47.13	47.40 q
5 Perrot, Cabell 22.91 25.04	SO	St. Stephen's/St. Agnes-VA	46.59	47.95 q
6 Stephens, Thomas 23.23 25.08	10	Collegiate School-VA	47.06	48.31 q
7 Lytle, Pat 23.51 25.02	SR	Paul VI Catholic High School	49.42	48.53 q
8 Destree, Nathan 23.28 25.33	12	Bishop Sullivan Catholic High-VA	49.05	48.61 q
9 Quay, Ben 23.92 25.78		Hargrave Aquatics-VA	50.95	49.70 q
10 McLaughlin, Keegan 24.11 25.79	JR	Cape Henry Collegiate School	50.08	49.90 q
11 Knuth, Robert 23.50 26.47	JR	Cape Henry Collegiate School	48.85	49.97 q
12 Ponson, Eric 23.80 26.29		Hargrave Aquatics-VA	50.47	50.09 q
13 Rossetti, Peter 23.91 26.32	10	Collegiate School-VA	49.78	50.23 q
14 Reynard, Brook 24.32 26.06	12	Fork Union Military Academy-VA	51.65	50.38 q
15 Nuckles, Bryan 24.07 26.57	SR	Nansemond-Suffolk Academy	49.76	50.64 q
16 Truluck, Walker 24.41 26.46	11	Woodberry Forest-VA	51.38	50.87 q
17 Day, Christian 24.66 26.36	10	Woodberry Forest-VA	51.89	51.02

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 14 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
18 Caudill, Joseph 24.78 26.30	12	Fork Union Military Academy-VA	51.14	51.08
19 Saunders, Sean 25.16 25.94	10	Woodberry Forest-VA	51.84	51.10
20 Joynson, Jack 24.44 26.86	12	Woodberry Forest-VA	52.71	51.30
21 Ellis, Sam 24.39 27.32	JR	Bishop Ireton Swim Team-VA	52.09	51.71
22 Tudor, Shane 24.77 27.10	FR	Roanoke Catholic School-VA	52.76	51.87
23 Coor, Wil 24.60 27.41	9	Collegiate School-VA	51.57	52.01
24 McMahon, Connor 25.68 27.07	10	Bishop Sullivan Catholic High-VA	52.37	52.75
25 Dougherty, Ryan 24.43 28.39	SO	Bishop Ireton Swim Team-VA	52.55	52.82
26 Wood, Connor 24.53 28.42	10	St. Christopher's School-VA	53.30	52.95
27 West, Keith 25.58 27.45	SR	Norfolk Academy-VA	53.13	53.03
28 McGinty, Brian 25.66 28.27	SO	Bishop Ireton Swim Team-VA	53.50	53.93
29 Bird, Ali 25.99 28.96	SR	Hampton Roads Academy	53.35	54.95

Event 15 Girls 500 Yard FreestyleVSIS QT: **6:09.52**VSIS Record: **4:50.50 ! 2/16/2008 Rachel Naurath-Collegiate**All-Amer A: **4:58.13 ***All-Amer B: **5:02.19 @**

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Naurath, Rachel 26.18 28.59 28.88 29.13 28.43	11	Collegiate School-VA	5:03.33 29.00 29.01 29.09 29.18 29.29	4:46.78!	20
2 Spicher, Rebecca 28.40 30.65 31.03 31.37 31.29	10	Bishop Sullivan Catholic High-VA	5:12.80 31.19 31.01 30.83 31.11 30.96	5:07.84	17
3 Bartholomew, Erin 27.93 30.59 31.05 32.11 31.36	12	Trinity Episcopal School-VA	5:10.79 31.14 31.24 31.24 31.41 31.62	5:09.69	16
4 Vivadelli, Nina 27.59 30.94 31.45 32.75 31.65	11	St. Catherine's School-VA	5:13.82 31.89 32.38 32.49 32.57 32.53	5:16.24	15
5 Kim, Sarah 29.22 31.56 32.02 32.27 32.27	11	St. Catherine's School-VA	5:21.20 32.57 32.71 33.13 32.75 32.94	5:21.44	14
6 Bayer, Karole-Ann 29.18 31.87 32.74 33.54 32.12	SR	Saint Gertrude High School	5:26.28 33.38 32.87 33.26 33.48 33.74	5:26.18	13
7 Psaris, Alex 29.91 32.15 32.81 33.96 33.09		Madeira Varsity Swim & Dive-PV	5:26.71 33.12 33.41 33.73 33.87 34.00	5:30.05	12

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

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Preliminaries ... (Event 15 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
7 Psaris, Alex		Madeira Varsity Swim & Dive-PV	5:26.98	5:26.71	q
30.40 32.68	32.88	32.67 32.38 32.79 33.30	33.15		
33.66 32.80					
8 Clary, Alison		SR Norfolk Academy-VA	5:31.24	5:29.30	q
29.46 31.81	33.10	33.76 33.44 33.67 33.84	33.65		
33.29 33.28					
9 Grattan, Gillie		11 Trinity Episcopal School-VA	5:39.11	5:30.94	q
29.89 32.67	33.25	33.62 33.95 33.53 33.74	33.86		
33.83 32.60					
10 Cook, Kathryn		SO Norfolk Academy-VA	5:33.49	5:32.08	q
30.89 33.14	33.54	33.78 34.48 34.26 33.26	34.08		
33.37 31.28					
11 Clary, Emily		Norfolk Academy-VA	5:36.77	5:32.23	q
29.32 31.86	32.92	33.38 34.03 34.48 33.97	34.59		
34.71 32.97					
12 Raymond, Margaret		10 Trinity Episcopal School-VA	5:35.23	5:33.69	q
30.11 32.73	33.40	33.58 33.70 34.02 34.30	34.19		
34.33 33.33					
13 Henke, Sarah		JR Peninsula Catholic High School-V	5:33.81	5:34.95	q
29.89 33.22	33.59	33.81 33.73 34.07 34.33	34.37		
34.36 33.58					
14 Cuthbert, Maggie		9 Collegiate School-VA	5:43.33	5:43.08	q
30.39 32.94	33.97	34.10 34.89 35.44 35.42	36.08		
35.82 34.03					
15 Beale, Andrea		JR Nansemond-Suffolk Academy	5:38.18	5:45.95	q
29.45 33.24	33.84	35.25 35.08 35.43 36.16	36.28		
36.03 35.19					
16 Gulick, Lauren		FR Norfolk Academy-VA	5:58.01	5:46.63	q
30.88 33.19	34.11	34.78 34.93 35.61 35.64	36.14		
36.05 35.30					
17 Keating, Lauren		SO Stonebridge High School-VA	5:39.73	5:46.73	
29.59 33.54	34.92	35.46 35.89 35.91 35.68	36.00		
35.19 34.55					
18 Movius, Rachel		SO St. Stephen's/St. Agnes-VA	5:40.43	5:47.91	
29.51 32.83	34.11	34.81 35.17 36.06 36.47	36.76		
36.47 35.72					
19 Clagett, Amanda		08 Norfolk Academy-VA	5:57.85	5:50.25	
30.62 32.80	34.69	35.40 34.80 35.94 37.09	37.10		
36.77 35.04					
20 Debarros, Kristen		9 St. Catherine's School-VA	5:43.99	5:51.52	
30.46 33.37	34.81	35.77 36.16 36.30 36.84	36.73		
36.51 34.57					
21 Goff, Laura		JR St. Stephen's/St. Agnes-VA	5:53.22	5:52.19	
30.00 33.47	34.65	35.65 36.12 36.63 36.76	37.41		
36.88 34.62					
22 Mahoney, Anne Byrd		12 St. Catherine's School-VA	5:58.97	5:53.07	
30.96 33.67	34.25	35.01 35.33 35.83 36.37	37.17		
37.33 37.15					
23 Claybrooks, Carolyn		JR Seton School	5:53.86	5:53.43	
31.72 34.79	35.13	35.63 36.16 36.54 36.16	36.96		
36.07 34.27					

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
24 Perrin, Catherine	JR	Saint Gertrude High School	6:03.77	5:59.74
32.36 35.35 36.38	37.18 36.87 37.09 36.96	36.69		
36.16 34.70				
25 Nester, Jane	8	St. Catherine's School-VA	5:44.05	6:02.10
30.73 33.59 35.40	36.99 36.27 37.69 37.79	38.70		
38.16 36.78				
26 Mulligan, Caitie	SO	Saint Gertrude High School	6:02.09	6:03.54
32.85 35.84 36.24	36.58 36.57 36.99 37.09	37.32		
37.32 36.74				
27 Hiser, Alex	8	Norfolk Collegiate-VA	6:01.12	6:04.31
30.40 34.79 36.93	37.55 37.90 37.29 38.24	38.58		
37.42 35.21				
28 Herdegen, Genevieve	SO	Fuqua School Varsity-VA	6:02.51	6:04.35
30.64 34.78 35.90	36.69 37.14 37.85 38.20	38.63		
37.74 36.78				
29 Orsa, Jackie	SR	Paul VI Catholic High School	5:59.64	6:10.34
31.08 34.10 36.37	36.93 38.09 38.76 38.56	39.28		
38.98 38.19				
30 DePaulo, Morgan		Chatham Hall Varsity-VA	6:05.88	6:11.46
31.32 34.99 36.54	36.92 37.46 38.38 38.50	39.24		
39.34 38.77				
31 Brown, Sarah	SO	Stonebridge High School-VA	6:05.26	6:15.19
32.58 35.79 37.15	38.63 39.08 38.36 39.77	38.44		
39.05 36.34				

Event 16 Boys 500 Yard FreestyleVSIS QT: **5:39.01**VSIS Record: **4:34.30 ! 2/28/2003 Jason Adler-Potomac**All-Amer A: **4:36.08 ***All-Amer B: **4:39.82 @**

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Hill, Jameson	JR	Seton School	4:36.71	4:29.41 !	20
23.92 25.85 26.62	27.47 27.23 27.92 27.20	27.56			
27.97 27.67					
2 Ross, Brooks	12	Collegiate School-VA	4:35.88	4:33.88 !	17
24.68 26.37 27.09	27.38 27.80 28.21 28.19	28.24			
28.38 27.54					
3 Cuthbert, West	11	Collegiate School-VA	4:41.45	4:37.23 @	16
24.69 27.22 27.86	28.51 28.77 28.79 28.56	28.49			
27.88 26.46					
4 Lutterbein, Alex	12	Collegiate School-VA	4:42.78	4:40.16	15
24.99 26.94 27.73	28.10 28.61 28.81 28.73	28.85			
28.82 28.58					
5 Perrot, Hunter	SR	St. Stephen's/St. Agnes-VA	4:55.08	4:44.26	14
25.13 27.43 28.47	28.93 29.39 29.62 29.83	28.61			
28.78 28.07					
6 Bogese, Mikey	11	St. Christopher's School-VA	4:43.19	4:46.41	13
25.44 27.60 27.92	28.61 28.84 29.16 29.77	29.86			
29.89 29.32					
7 Cook, Andrew	SO	Ves-VA	4:54.01	4:53.12	12
26.37 28.57 29.40	30.15 30.04 30.18 30.06	29.76			
29.37 29.22					

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Results

A - Final ... (Event 16 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
8 Gulick, Jon	SO	Norfolk Academy-VA	4:56.06	4:56.73	11
26.02 28.70 29.71	30.31 30.73 30.50 30.15	30.78			
30.50 29.33					
B - Final					
9 Belt, Billy	11	St. Christopher's School-VA	4:56.91	4:54.01	9
26.14 28.02 29.17	29.84 30.02 29.91 30.22	30.24			
30.54 29.91					
10 Nester, Jack	9	St. Christopher's School-VA	5:04.41	4:55.87	7
27.40 29.22 29.18	29.65 30.01 29.98 30.30	30.57			
30.25 29.31					
*11 Kerner, Travis	FR	Benedictine High School	5:05.22	5:02.13	5.50
27.34 29.40 30.21	30.65 30.95 31.27 31.04	31.09			
30.93 29.25					
*11 Crapco, Chris		Wakefield School Fighting Owls-1	5:05.51	5:02.13	5.50
26.43 29.19 29.92	30.94 30.70 31.21 31.34	31.87			
31.23 29.30					
13 Gimple, Ryan	SR	St. Anne's-Belfield-VA	5:14.99	5:07.39	4
28.06 30.34 31.25	31.22 31.20 31.05 31.06	30.89			
31.28 31.04					
14 McNally, Mac		North Cross School-VA	5:15.30	5:09.14	3
27.54 30.22 31.42	31.23 31.44 31.78 31.38	31.55			
31.82 30.76					
15 Covington, Chris	10	Fork Union Military Academy-VA	5:07.09	5:12.88	2
27.77 30.58 31.32	31.85 31.76 31.76 31.88	32.55			
32.52 30.89					
16 Farley, John	JR	Cape Henry Collegiate School	5:13.40	5:13.57	1
27.13 30.96 32.11	32.79 32.31 31.32 33.95	32.66			
31.51 28.83					

Event 16 Boys 500 Yard Freestyle

VSIS QT: 5:39.01

VSIS Record: 4:34.30 ! 2/28/2003 Jason Adler-Potomac

All-Amer A: 4:36.08 *

All-Amer B: 4:39.82 @

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Ross, Brooks	12	Collegiate School-VA	4:34.77	4:35.88* q
25.47 26.92 27.72	27.91 28.15 28.12 28.26	28.26		
27.96 27.11				
2 Hill, Jameson	JR	Seton School	4:34.40	4:36.71 @q
24.80 27.67 28.32	28.82 28.55 28.74 26.19	27.48		
28.18 27.96				
3 Cuthbert, West	11	Collegiate School-VA	4:41.62	4:41.45 q
25.38 27.62 28.13	28.43 28.51 28.73 28.86	29.28		
28.96 27.55				
4 Lutterbein, Alex	12	Collegiate School-VA	4:38.65	4:42.78 q
25.83 28.25 28.56	28.58 28.56 28.86 28.72	28.98		
28.87 27.57				
5 Bogese, Mikey	11	St. Christopher's School-VA	4:45.85	4:43.19 q
26.55 28.45 28.56	28.55 28.44 28.73 28.67	28.85		
28.88 27.51				
6 Cook, Andrew	SO	Ves-VA	4:52.41	4:54.01 q
26.47 28.23 29.57	29.36 30.04 30.58 30.12	30.45		
30.32 28.87				

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
24 Hanson, Ross	JR	Norfolk Academy-VA	5:37.53	5:29.70
27.80 30.77 32.16	32.59 33.25 34.56	34.63 34.97		
35.42 33.55				
25 Warren, Elliott	10	St. Christopher's School-VA	5:33.62	5:31.64
27.84 32.04 33.36	34.00 34.44 34.70	34.43 35.45		
33.75 31.63				
26 Mayer, Solly	10	Woodberry Forest-VA	5:38.29	5:34.96
28.81 31.57 32.51	33.57 34.20 35.17	35.09 35.17		
35.19 33.68				
27 Conkling, Philip	JR	Norfolk Academy-VA	5:38.40	5:42.92
29.03 31.82 33.80	34.48 34.93 35.33	35.88 36.00		
36.33 35.32				
--- McNeal, Phil	JR	Cape Henry Collegiate School	5:35.33	NS

Event 17 Girls 200 Yard Freestyle RelayVSIS QT: **1:53.90**VSIS Record: **1:39.25 ! 2/16/2008 Collegiate School**
C.Stephens, K.Byron, K.Wiltshire, R.NaurathAll-Amer A: **1:38.34 ***All-Amer B: **1:39.64 @**

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 St. Catherine's School-VA	A	1:41.22	1:39.15!	40
1) Jennings, Lacy 10	2) Farmer, Elaine 10	3) Vivadelli, Nina 11	4) Bassett, Kate 10	
25.14 25.36 25.29	23.36			
2 Collegiate School-VA	A	1:40.84	1:40.10	34
1) Stephens, Carter 12	2) Byron, Kate 11	3) Wiltshire, Katie 11	4) Naurath, Rachel 11	
24.55 26.14 25.75	23.66			
3 Seton School	A	1:42.73	1:40.99	32
1) Doonis, Alex FR	2) Rogers, Cat FR	3) Talbott, Laura JR	4) Donohoe, Lauren SO	
24.72 25.71 26.04	24.52			
4 Bishop Ireton Swim Team-VA	A	1:44.55	1:41.10	30
1) Soniak, Mackenzie SR	2) McConville, Grace SR	3) Gray, Lauren SR	4) Hall, Alina JR	
25.29 26.44 24.93	24.44			
5 Bishop Sullivan Catholic High	A	1:42.61	1:41.31	28
1) McKenna, Kat 11	2) Papariello, Alexis 10	3) Foley, Caitlin 12	4) Spicher, Rebecca 10	
25.98 25.70 24.35	25.28			
6 Norfolk Academy-VA	A	1:44.15	1:43.00	26
1) Clary, Alison SR	2) Cook, Kathryn SO	3) Clary, Emily	4) Rich, Kimberly SO	
26.36 26.07 26.43	24.14			
7 Nansemond-Suffolk Academy	A	1:45.09	1:43.93	24
1) Beale, Andrea JR	2) Iiams, Jaime SR	3) Davis, Meredith FR	4) Bishop, Gabrielle FR	
26.71 27.61 25.94	23.67			
8 Cape Henry Collegiate School	A	1:46.76	1:44.74	22
1) Tompkins, Kendal FR	2) Sabol, Morgan	3) Nash, Liza	4) Smith, Haley	
26.15 26.40 27.31	24.88			
B - Final				
9 Madeira Varsity Swim & Dive	A	1:47.38	1:46.24	18
1) Berkowitz, Melissa	2) Basel, Megan	3) Tang, Rachel	4) Mattox, Renee	
26.92 27.42 26.85	25.05			
10 Trinity Episcopal School-VA	A	1:47.34	1:47.00	14
1) Grattan, Gillie 11	2) Woodrum, Sally 11	3) Powers, Kate 9	4) Markunas, Katie 12	
27.29 26.75 26.73	26.23			

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

B - Final ... (Event 17 Girls 200 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
11 Hampton Roads Academy	A	1:48.27	1:47.51	12
1) Schwarting, Katie SO 27.11 28.09 26.36	2) Starbuck, Elizabeth FR 25.95	3) Rento, Nicole SO	4) Morrison, Casey 8	
12 The Covenant School-VA	A	1:50.91	1:48.65	10
1) Thornton, Maddie SO 27.33 28.41 27.17	2) Finley, Sara Maria SO 25.74	3) Shaffrey, Tori SO	4) Taylor, Hilary SR	
13 Paul VI Catholic High School	A	1:51.79	1:49.41	8
1) Orsa, Jackie SR 27.79 27.74 27.39	2) McGrath, Ashley JR 26.49	3) Covert, Lisa JR	4) Young, Michelle SR	
14 Flint Hill School-VA	A	1:49.55	1:49.45	6
1) Okoth, Mary JR 27.07 26.63 29.42	2) Spiegel, Jessica SR 26.33	3) Kennedy, Allison FR	4) Jacoby, Jenna SR	
15 Stonebridge High School-VA	A	1:50.14	1:50.23	4
1) Keating, Lauren SO 26.51 28.07 29.14	2) Martin, Karin JR 26.51	3) Vest, Taylor FR	4) Peterson, Rachel JR	
16 Peninsula Catholic High Scho	A	1:50.83	1:50.93	2
1) Cavanagh, Megan SR 27.60 27.91 27.63	2) Smith, Kayla FR 27.79	3) Wentzel, Sandy	4) Vause, Rebecca SR	

Event 17 Girls 200 Yard Freestyle Relay

VSIS QT: 1:53.90

VSIS Record: 1:39.25 ! 2/16/2008 Collegiate School
C.Stephens, K.Byron, K.Wiltshire, R.Naurath

All-Amer A: 1:38.34 *

All-Amer B: 1:39.64 @

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Collegiate School-VA	A	1:41.06	1:40.84 q
1) Stephens, Carter 12 25.07 25.83 25.89	2) Byron, Kate 11 24.05	3) Wiltshire, Katie 11	4) Naurath, Rachel 11
2 St. Catherine's School-VA	A	1:42.05	1:41.22 q
1) Jennings, Lacy 10 25.93 25.30 25.51	2) Farmer, Elaine 10 24.48	3) Vivadelli, Nina 11	4) Bassett, Kate 10
3 Bishop Sullivan Catholic High	A	1:42.52	1:42.61 q
1) McKenna, Kat 11 26.59 25.72 24.65	2) Papariello, Alexis 10 25.65	3) Foley, Caitlin 12	4) Spicher, Rebecca 10
4 Seton School	A	1:44.29	1:42.73 q
1) Doonis, Alex FR 25.57 25.54 26.25	2) Rogers, Cat FR 25.37	3) Talbott, Laura JR	4) Donohoe, Lauren SO
5 Norfolk Academy-VA	A	1:45.72	1:44.15 q
1) Clary, Alison SR 26.86 26.67 26.45	2) Cook, Kathryn SO 24.17	3) Clary, Emily	4) Rich, Kimberly SO
6 Bishop Ireton Swim Team-VA	A	1:46.39	1:44.55 q
1) Soniak, Mackenzie SR 25.81 25.71 26.88	2) Hall, Alina JR 26.15	3) McConville, Grace SR	4) Gray, Lauren SR
7 Nansemond-Suffolk Academy	A	1:43.97	1:45.09 q
1) Beale, Andrea JR 26.52 28.56 25.87	2) Iiams, Jaime SR 24.14	3) Davis, Meredith FR	4) Bishop, Gabrielle FR
8 Cape Henry Collegiate School	A	1:47.32	1:46.76 q
1) Tompkins, Kendal FR 25.60 27.65 28.18	2) Sabol, Morgan 25.33	3) Nash, Liza	4) Smith, Haley
9 Trinity Episcopal School-VA	A	1:45.41	1:47.34 q
1) Grattan, Gillie 11 27.54 26.76 26.75	2) Woodrum, Sally 11 26.29	3) Powers, Kate 9	4) Markunas, Katie 12

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
10 Madeira Varsity Swim & Dive 1) Berkowitz, Melissa 27.28 26.99 27.03	A 2) Basel, Megan 26.08	1:49.74 3) Tang, Rachel	1:47.38 q 4) Mattox, Renee
11 Hampton Roads Academy 1) Schwarting, Katie SO 27.39 28.40 26.37	A 2) Starbuck, Elizabeth FR 26.11	1:50.64 3) Rento, Nicole SO	1:48.27 q 4) Morrison, Casey 8
12 Flint Hill School-VA 1) Okoth, Mary JR 27.32 26.77 30.00	A 2) Spiegel, Jessica SR 25.46	1:48.41 3) Kennedy, Allison FR	1:49.55 q 4) Jacoby, Jenna SR
13 Stonebridge High School-VA 1) Keating, Lauren SO 26.84 28.28 28.79	A 2) Martin, Karin JR 26.23	1:50.76 3) Vest, Taylor FR	1:50.14 q 4) Peterson, Rachel JR
14 Peninsula Catholic High Scho 1) Cavanagh, Megan SR 27.45 28.07 27.73	A 2) Smith, Kayla FR 27.58	1:51.98 3) Wentzel, Sandy	1:50.83 q 4) Vause, Rebecca SR
15 The Covenant School-VA 1) Thornton, Maddie SO 27.59 29.40 27.76	A 2) Finley, Sara Maria SO 26.16	1:53.69 3) Shaffrey, Tori SO	1:50.91 q 4) Taylor, Hilary SR
16 Paul VI Catholic High School 1) Covert, Lisa JR 29.76 27.16 27.87	A 2) McGrath, Ashley JR 27.00	1:49.71 3) Orsa, Jackie SR	1:51.79 q 4) Young, Michelle SR
17 Falcons-VA 1) Hazel, Lucy JR 29.29 28.36 28.01	A 2) Simpson, Cara SR 26.95	1:53.70 3) Harry, Kirsten	1:52.61 4) Hazel, Mary Rose
18 Norfolk Collegiate-VA 1) Kanter, Catherine 9 28.48 28.85 29.35	A 2) Mears, Caroline 11 30.27	1:51.04 3) Brandt, Hallsey 9	1:56.95 4) Fogarty, Kelly 10
--- St. Catherine's School-VA 1) Frazer, Katelyn 10 27.48 26.78 27.69	B 2) Gullquist, Dana 10 26.54	1:50.12 3) Grap, Maddie 9	X1:48.49 4) Hardy, Hillary 12
--- Collegiate School-VA 1) Reifsnider, Carter 9 27.50 28.05 28.00	B 2) Davis, Camilla 8 27.00	1:50.51 3) Wilson, Carter 9	X1:50.55 4) Cuthbert, Maggie 9
--- Trinity Episcopal School-VA 1) Hazelgrove, Jessie 11 27.62 28.68 30.25	B 2) Barnes, Carly 10 27.85	1:53.72 3) Cunningham, Catherine 9	X1:54.40 4) Raymond, Margaret 10
--- Norfolk Academy-VA 1) Gower, Emily JR 28.69 31.28 31.82	B 2) Barry, Emily SO 27.45	1:57.21 3) Henry, Libby 08	X1:59.24 4) Clagett, Amanda 08

Event 18 Boys 200 Yard Freestyle RelayVSIS QT: **1:41.13**VSIS Record: **1:26.54 ! 2/16/2008 Collegiate School
S.Ferguson, J.Anderson, T.Stephens, M.Anthony**All-Amer A: **1:27.06 ***All-Amer B: **1:28.29 @**

Team	Relay	Prelim Time	Finals Time	Points
A - Final 1 Fork Union Military Academy 1) Mohamed, Hussein 12 21.16 21.65 20.93	A 2) Humphrey, Jake 11 21.08	1:27.12 3) Ibrahim, Sherif 12	1:24.82! 4) Sundel, Blake 10	40
2 Collegiate School-VA 1) Ferguson, Stuart 12 20.77 21.35 21.97	A 2) Stephens, Thomas 10 20.74	1:27.43 3) Rossetti, Peter 10	1:24.83! 4) Anthony, Mac 11	34

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****A - Final ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
3 Norfolk Academy-VA 1) King, Alex JR 22.44 22.18 22.46	A 2) Leach, Ben FR 20.94	1:28.98 3) Gulick, Jon SO	1:28.02 @ 4) McIntyre, Andrew SR	32
4 Woodberry Forest-VA 1) Saunders, Sean 10 22.46 22.25 22.22	A 2) Joynson, Jack 12 22.53	1:30.93 3) Forrest, Gavin 12	1:29.46 4) Truluck, Walker 11	30
5 Paul VI Catholic High School 1) Lytle, Pat SR 21.70 23.13 22.81	A 2) Yelmgren, Michael JR 22.58	1:31.11 3) Martinez, Marcus JR	1:30.22 4) Clarke, Joe SR	28
6 Bishop Sullivan Catholic High School 1) Destree, Nathan 12 23.52 23.48 20.87	A 2) Altobello, Andrew 9 24.68	1:34.91 3) McMahan, Connor 10	1:32.55 4) Cussen, Tom 11	26
7 Nansemond-Suffolk Academy 1) Nuckles, Bryan SR 22.67 24.11 24.08	A 2) Menefee, Tyler SR 21.85	1:33.95 3) Miller, Nick SR	1:32.71 4) Joseph, Kevin SO	24
8 Cape Henry Collegiate School 1) McLaughlin, Keegan JR 22.66 24.06 24.22	A 2) Goldner, Brian SR 23.41	1:34.81 3) Cooper, Josh SO	1:34.35 4) Serpe, Sal JR	22
B - Final				
9 Flint Hill School-VA 1) Hughes, Harrison SO 24.03 24.09 24.50	A 2) Ikeda, Rob FR 22.18	1:35.88 3) DeMocker, Brian FR	1:34.80 4) Park, Chan SR	18
10 Hampton Roads Academy 1) Bird, Ali SR 25.09 24.22 24.05	A 2) Masters, Alex SO 21.56	1:36.17 3) Harris, Will JR	1:34.92 4) Rutherford, Evan SR	14
11 Seton School 1) Koehr, Daniel JR 24.01 24.24 23.96	A 2) Kenna, Patrick SO 22.96	1:36.91 3) Dunn, Catfish 9	1:35.17 4) Basinger, David SO	12
12 Bishop Ireton Swim Team-VA 1) Dougherty, Ryan SO 24.15 24.41 23.99	A 2) Salmon, Paul SR 23.95	1:36.31 3) Ellis, Cam JR	1:36.50 4) McGinty, Brian SO	10
13 The Covenant School-VA 1) McGinnis, Alex JR 23.65 24.76 25.01	A 2) Moody, Justin JR 23.41	1:38.45 3) Hamilton, Kyle SO	1:36.83 4) Winkler, Ryan SO	8
14 St. Christopher's School-VA 1) Nester, Jack 9 25.31 23.46 24.18	A 2) Dunlevy, Chris 10 25.32	1:38.26 3) MacLean, Ian 11	1:38.27 4) Belt, Billy 11	6
15 Trinity Episcopal School-VA 1) Tickle, Philip 12 25.32 25.10 25.13	A 2) Dunbar, Holt 9 23.01	1:38.78 3) Bridgforth, Wells 9	1:38.56 4) Fisk, Evan 8	4
16 Roanoke Catholic School-VA 1) Schippers, Brian JR 25.36 23.25 25.29	A 2) Tudor, Shane FR 26.36	1:41.50 3) McDaniel, Joseph	1:40.26 4) Clark, Keith FR	2

Event 18 Boys 200 Yard Freestyle RelayVSIS QT: **1:41.13**VSIS Record: **1:26.54 ! 2/16/2008** Collegiate School
S.Ferguson, J.Anderson, T.Stephens, M.AnthonyAll-Amer A: **1:27.06 ***All-Amer B: **1:28.29 @**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Fork Union Military Academy 1) Mohamed, Hussein 12 22.25 21.84 21.28	A 2) Humphrey, Jake 11 21.75	1:29.14 3) Ibrahim, Sherif 12	1:27.12 @q 4) Sundel, Blake 10

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
2 Collegiate School-VA 1) Ferguson, Stuart 12 21.59 22.20 22.42	A 2) Stephens, Thomas 10 21.22	1:28.41 3) Rossetti, Peter 10	1:27.43 @ q 4) Anthony, Mac 11
3 Norfolk Academy-VA 1) King, Alex JR 22.43 22.32 22.80	A 2) Leach, Ben FR 21.43	1:31.34 3) Ghobrial, Alex SR	1:28.98 q 4) McIntyre, Andrew SR
4 Woodberry Forest-VA 1) Saunders, Sean 10 22.90 22.71 22.38	A 2) Joynson, Jack 12 22.94	1:30.35 3) Forrest, Gavin 12	1:30.93 q 4) Truluck, Walker 11
5 Paul VI Catholic High School 1) Yelmgren, Michael JR 23.88 22.43 23.14	A 2) Clarke, Joe SR 21.66	1:31.73 3) Martinez, Marcus JR	1:31.11 q 4) Lytle, Pat SR
6 Nansemond-Suffolk Academy 1) Nuckles, Bryan SR 22.78 24.49 24.51	A 2) Menefee, Tyler SR 22.17	1:32.82 3) Miller, Nick SR	1:33.95 q 4) Joseph, Kevin SO
7 Cape Henry Collegiate School 1) McLaughlin, Keegan JR 22.78 24.10 23.79	A 2) Goldner, Brian SR 24.14	1:36.90 3) Cooper, Josh SO	1:34.81 q 4) Serpe, Sal JR
8 Bishop Sullivan Catholic High School 1) McMahon, Connor 10 24.33 23.71 21.37	A 2) Altobello, Andrew 9 25.50	1:35.87 3) Destree, Nathan 12	1:34.91 q 4) Cussen, Tom 11
9 Flint Hill School-VA 1) Hughes, Harrison SO 24.44 24.30 24.73	A 2) Ikeda, Rob FR 22.41	1:36.23 3) DeMocker, Brian FR	1:35.88 q 4) Park, Chan SR
10 Hampton Roads Academy 1) Bird, Ali SR 25.03 24.55 24.58	A 2) Masters, Alex SO 22.01	1:37.28 3) Harris, Will JR	1:36.17 q 4) Rutherford, Evan SR
11 Bishop Ireton Swim Team-VA 1) Dougherty, Ryan SO 23.85 23.80 24.48	A 2) Ellis, Cam JR 24.18	1:35.02 3) McGinty, Brian SO	1:36.31 q 4) Salmon, Paul SR
12 Seton School 1) Koehr, Daniel JR 24.26 24.43 24.40	A 2) Kenna, Patrick SO 23.82	1:39.31 3) Dunn, Catfish 9	1:36.91 q 4) Basinger, David SO
13 St. Christopher's School-VA 1) Nester, Jack 9 25.05 23.49 24.17	A 2) Dunlevy, Chris 10 25.55	1:33.66 3) MacLean, Ian 11	1:38.26 q 4) Belt, Billy 11
14 The Covenant School-VA 1) McGinnis, Alex JR 24.43 25.39 24.99	A 2) Moody, Justin JR 23.64	1:40.64 3) Hamilton, Kyle SO	1:38.45 q 4) Winkler, Ryan SO
15 Trinity Episcopal School-VA 1) Tickle, Philip 12 25.02 25.25 25.32	A 2) Dunbar, Holt 9 23.19	1:40.60 3) Bridgforth, Wells 9	1:38.78 q 4) Fisk, Evan 8
16 Roanoke Catholic School-VA 1) Schippers, Brian JR 25.45 23.25 26.05	A 2) Tudor, Shane FR 26.75	1:41.13 3) McDaniel, Joseph	1:41.50 q 4) Clark, Keith FR
17 Norfolk Collegiate-VA 1) Sinesi, Drew 11 25.57 26.42 15.64	A 2) Ghobrial, Andrew 10 34.26	1:40.10 3) Scarpelli, TJ 11	1:41.89 4) Tupper, Devin 10
18 Peninsula Catholic High School 1) O'Hara, Paul SO 25.99 26.49 24.94	A 2) McKenna, Brian SR 24.99	1:41.02 3) Romeo, Matt JR	1:42.41 4) Warren, Josh JR
--- Collegiate School-VA 1) Coor, Wil 9 23.64 23.38 23.27	B 2) Lutterbein, Alex 12 22.18	1:34.17 3) Ross, Brooks 12	X1:32.47 4) Cuthbert, West 11

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
--- Fork Union Military Academy	B	1:35.40	X1:35.53
1) Housh, Kurt 11	2) Edwards, Preston 10	3) Gencavage, Jeremy 12	4) Guerci, Michael 8
23.12 24.47 24.12 23.82			
--- Norfolk Academy-VA	B	1:43.92	X1:39.36
1) Hanson, Ross JR	2) Conkling, Philip JR	3) Leon, Mason SR	4) West, Keith SR
25.27 24.34 26.30 23.45			
--- Hargrave Aquatics-VA	A	1:27.80	NS
--- Paul VI Catholic High School	B	NT	NS
1) Marrero, Frankie SO	2) Fontana, Sam SR	3) Chauvin, Dan JR	

Event 19 Girls 100 Yard Backstroke

VSIS QT: 1:10.18

VSIS Record: 57.82 ! 2/19/1994 Bess Frank-Norfolk Academy

All-Amer A: 57.50 *

All-Amer B: 58.43 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Jacoby, Jenna	SR	Flint Hill School-VA	59.30	58.66	20
28.48 30.18					
2 Saunders, Christa Ann		Madeira Varsity Swim & Dive-PV	1:01.92	1:00.11	17
28.93 31.18					
3 Soniak, Mackenzie	SR	Bishop Ireton Swim Team-VA	1:01.65	1:00.27	16
29.04 31.23					
4 Doonis, Alex	FR	Seton School	1:01.62	1:00.51	15
29.42 31.09					
5 Bartholomew, Erin	12	Trinity Episcopal School-VA	1:01.72	1:00.95	14
29.99 30.96					
6 Wiltshire, Katie	11	Collegiate School-VA	1:01.81	1:01.49	13
29.80 31.69					
7 Thompson, Meredith	10	Trinity Episcopal School-VA	1:03.10	1:01.57	12
29.93 31.64					
8 Tompkins, Kendal	FR	Cape Henry Collegiate School	1:01.69	1:02.87	11
30.44 32.43					
B - Final					
9 Melo, Meredith	JR	Peninsula Catholic High School-V	1:04.22	1:03.76	9
30.99 32.77					
10 Fitz, Natalie	SR	Paul VI Catholic High School	1:04.77	1:03.90	7
31.10 32.80					
11 Gullquist, Allie	12	St. Catherine's School-VA	1:05.15	1:04.91	6
31.12 33.79					
12 Bayer, Karole-Ann	SR	Saint Gertrude High School	1:04.55	1:04.97	5
30.85 34.12					
13 Dowling (8th), Morgan		Walsingham Academy-VA	1:04.96	1:05.00	4
31.88 33.12					
14 Kanter, Meghan	11	Norfolk Collegiate-VA	1:05.71	1:05.32	3
31.60 33.72					
15 Bennett (8th), Amanda		Walsingham Academy-VA	1:05.79	1:05.63	2
31.94 33.69					
16 Davis, Meredith	FR	Nansemond-Suffolk Academy	1:05.84	1:06.32	1
32.53 33.79					

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Event 19 Girls 100 Yard Backstroke

VSIS QT: 1:10.18

VSIS Record: 57.82 ! 2/19/1994 Bess Frank-Norfolk Academy

All-Amer A: 57.50 *

All-Amer B: 58.43 @

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Jacoby, Jenna 29.20 30.10	SR	Flint Hill School-VA	59.23	59.30	q
2 Doonis, Alex 30.52 31.10	FR	Seton School	1:02.72	1:01.62	q
3 Soniak, Mackenzie 30.36 31.29	SR	Bishop Ireton Swim Team-VA	1:01.20	1:01.65	q
4 Tompkins, Kendal 30.72 30.97	FR	Cape Henry Collegiate School	1:03.12	1:01.69	q
5 Bartholomew, Erin 30.48 31.24	12	Trinity Episcopal School-VA	1:01.47	1:01.72	q
6 Wiltshire, Katie 30.17 31.64	11	Collegiate School-VA	1:02.06	1:01.81	q
7 Saunders, Christa Ann 29.77 32.15		Madeira Varsity Swim & Dive-PV	1:01.62	1:01.92	q
8 Thompson, Meredith 30.75 32.35	10	Trinity Episcopal School-VA	1:02.18	1:03.10	q
9 Melo, Meredith 30.90 33.32	JR	Peninsula Catholic High School-V	1:05.20	1:04.22	q
10 Bayer, Karole-Ann 31.60 32.95	SR	Saint Gertrude High School	1:02.89	1:04.55	q
11 Fitz, Natalie 31.35 33.42	SR	Paul VI Catholic High School	1:04.79	1:04.77	q
12 Dowling (8th), Morgan 31.78 33.18		Walsingham Academy-VA	1:08.30	1:04.96	q
13 Gullquist, Allie 31.68 33.47	12	St. Catherine's School-VA	1:06.14	1:05.15	q
14 Kanter, Meghan 31.87 33.84	11	Norfolk Collegiate-VA	1:05.85	1:05.71	q
15 Bennett (8th), Amanda 31.91 33.88		Walsingham Academy-VA	1:10.10	1:05.79	q
16 Davis, Meredith 32.08 33.76	FR	Nansemond-Suffolk Academy	1:05.95	1:05.84	q
17 Alphin, Lanie 31.58 34.60	SR	Wakefield School Fighting Owls- ^v	1:07.27	1:06.18	
18 Davis, Camilla 32.28 34.80	8	Collegiate School-VA	1:07.69	1:07.08	
19 Grap, Maddie 32.73 34.62	9	St. Catherine's School-VA	1:07.94	1:07.35	
20 Wunderly, Bridget 32.71 34.83	SO	Seton School	1:07.69	1:07.54	
21 Basel, Megan 32.76 34.79		Madeira Varsity Swim & Dive-PV	1:08.38	1:07.55	
22 Talbott, Laura 33.04 34.56	JR	Seton School	1:07.27	1:07.60	
23 Reifsnider, Carter 32.49 35.80	9	Collegiate School-VA	1:08.46	1:08.29	

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Preliminaries ... (Event 19 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
24 Conner, Wesley 33.06 35.33	8t	St. Anne's-Belfield-VA	1:09.78	1:08.39
25 Curran, Kailene 33.40 35.02	9	Bishop Sullivan Catholic High-VA	1:09.44	1:08.42
26 Herman, TJ 32.88 35.73		Chatham Hall Varsity-VA	1:09.50	1:08.61
27 Farmer, Elaine 32.98 36.10	10	St. Catherine's School-VA	1:08.94	1:09.08
28 Holden, Trent 33.36 36.19	FR	St. Anne's-Belfield-VA	1:08.40	1:09.55
29 Lind, Ashley 33.67 36.54	8	Nansemond-Suffolk Academy	1:09.49	1:10.21
30 Bartram, Hanna 33.40 36.90		Madeira Varsity Swim & Dive-PV	1:09.69	1:10.30
31 Davia, Laura 33.90 36.47	9	Collegiate School-VA	1:09.33	1:10.37
32 Wall, Anna 34.00 36.47	10	St. Catherine's School-VA	1:09.69	1:10.47
33 Perrin, Catherine 34.23 36.73	JR	Saint Gertrude High School	1:09.54	1:10.96
34 Barnes, Carly 34.47 37.98	10	Trinity Episcopal School-VA	1:08.62	1:12.45

Event 20 Boys 100 Yard Backstroke

VSIS QT: 1:05.03

VSIS Record: 50.32 ! 2/28/2001 Chad Barlow-Walsingham

All-Amer A: 52.09 *

All-Amer B: 52.90 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Ingold, Zach 25.30 27.16	11	Woodberry Forest-VA	52.43	52.46 @	20
2 MacDonald, Angus 25.24 27.23	JR	Bishop Ireton Swim Team-VA	53.40	52.47 @	17
3 Blackwood, Conor 25.91 27.28	12	Collegiate School-VA	54.61	53.19	16
4 Spina, Alex 26.71 28.02	SR	Paul VI Catholic High School	55.09	54.73	15
5 Hoffman, Nick 26.71 28.28	9	Woodberry Forest-VA	55.32	54.99	14
6 Knuth, Robert 26.27 29.09	JR	Cape Henry Collegiate School	55.06	55.36	13
7 Cook, Connor 27.35 28.33	JR	Seton School	55.99	55.68	12
8 Hodges, Hayden 26.96 29.50	11	Trinity Episcopal School-VA	55.49	56.46	11
B - Final					
9 Clarke, Joe 27.98 28.75	SR	Paul VI Catholic High School	56.40	56.73	9
10 Rutherford, Evan 27.99 28.84	SR	Hampton Roads Academy	56.65	56.83	7
11 Ericson, Will 27.70 29.24	12	Trinity Episcopal School-VA	56.20	56.94	6

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****B - Final ... (Event 20 Boys 100 Yard Backstroke)**

Name	Yr	School	Prelim Time	Finals Time	Points
12 Humphrey, Jake 28.66 29.24	11	Fork Union Military Academy-VA	57.58	57.90	5
13 Yelmgren, Michael 28.45 30.00	JR	Paul VI Catholic High School	58.34	58.45	4
14 Forrest, Gavin 28.14 30.44	12	Woodberry Forest-VA	59.12	58.58	3
15 Garson, Will 28.23 31.09	10	Collegiate School-VA	59.13	59.32	2
16 Okeyo, Obi 29.26 31.63	9	Fork Union Military Academy-VA	58.60	1:00.89	1

Event 20 Boys 100 Yard Backstroke

VSIS QT: 1:05.03

VSIS Record: 50.32 ! 2/28/2001 Chad Barlow-Walsingham

All-Amer A: 52.09 *

All-Amer B: 52.90 @

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Ingold, Zach 25.30 27.13	11	Woodberry Forest-VA	53.24	52.43 @q
2 MacDonald, Angus 25.95 27.45	JR	Bishop Ireton Swim Team-VA	52.71	53.40 q
3 Blackwood, Conor 26.84 27.77	12	Collegiate School-VA	54.73	54.61 q
4 Knuth, Robert 26.01 29.05	JR	Cape Henry Collegiate School	55.08	55.06 q
5 Spina, Alex 26.97 28.12	SR	Paul VI Catholic High School	54.69	55.09 q
6 Hoffman, Nick 27.04 28.28	9	Woodberry Forest-VA	58.26	55.32 q
7 Hodges, Hayden 27.08 28.41	11	Trinity Episcopal School-VA	57.67	55.49 q
8 Cook, Connor 27.47 28.52	JR	Seton School	55.88	55.99 q
9 Ericson, Will 27.33 28.87	12	Trinity Episcopal School-VA	57.72	56.20 q
10 Clarke, Joe 27.15 29.25	SR	Paul VI Catholic High School	55.52	56.40 q
11 Rutherford, Evan 27.69 28.96	SR	Hampton Roads Academy	58.66	56.65 q
12 Humphrey, Jake 28.15 29.43	11	Fork Union Military Academy-VA	59.64	57.58 q
13 Yelmgren, Michael 28.10 30.24	JR	Paul VI Catholic High School	1:02.39	58.34 q
14 Okeyo, Obi 27.95 30.65	9	Fork Union Military Academy-VA	1:00.84	58.60 q
15 Forrest, Gavin 27.75 31.37	12	Woodberry Forest-VA	58.67	59.12 q
16 Garson, Will 28.66 30.47	10	Collegiate School-VA	1:02.88	59.13 q
17 Taylor, Ret 28.91 30.42	10	Woodberry Forest-VA	59.63	59.33

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 20 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
18	Brush, Evan 28.13 31.29	JR	Norfolk Academy-VA	1:00.37	59.42
19	Byrne, Francisco 28.02 31.44	10	St. Christopher's School-VA	59.51	59.46
20	Dunn, Catfish 29.20 30.50	9	Seton School	1:00.06	59.70
21	Phillips, Riley 29.05 30.79	10	Fork Union Military Academy-VA	1:02.52	59.84
22	Natoli, Carey 28.99 31.29	JR	Bishop Ireton Swim Team-VA	1:00.05	1:00.28
23	Harris, Will 29.39 31.15	JR	Hampton Roads Academy	1:02.49	1:00.54
24	Gencavage, Jeremy 28.41 32.19	12	Fork Union Military Academy-VA	1:04.38	1:00.60
25	Ikeda, Rob 29.47 31.68	FR	Flint Hill School-VA	1:01.24	1:01.15
26	Tupper, Devin 30.47 30.85	10	Norfolk Collegiate-VA	1:03.66	1:01.32
27	Haas, Wyatt 29.28 32.22	JR	Benedictine High School	1:01.04	1:01.50
28	Atkins, Ferrel 29.27 32.36	FR	St. Stephen's/St. Agnes-VA	1:00.75	1:01.63
29	Fisk, Evan 30.87 31.05	8	Trinity Episcopal School-VA	1:03.83	1:01.92
30	Kuznetsov, Oleksiy 29.85 32.22		Hargrave Aquatics-VA	1:01.04	1:02.07
31	Templeman, Trip 30.12 32.21	10	Collegiate School-VA	1:04.77	1:02.33
32	Marrero, Frankie 29.79 32.77	SO	Paul VI Catholic High School	1:03.77	1:02.56
33	Roberts, Matson 30.77 32.60	10	Collegiate School-VA	1:02.04	1:03.37
34	Ruland, Jeff 30.76 32.84	SO	Nansemond-Suffolk Academy	1:01.53	1:03.60
35	Jack, Christopher 30.72 32.94	JR	Greenbrier Christian Academy-VA	1:02.76	1:03.66
36	Lee, Eric 29.78 34.48	11	Woodberry Forest-VA	1:03.57	1:04.26
37	Mueller, Brandon 30.73 34.35		Norfolk Academy-VA	1:04.05	1:05.08
38	Serpe, Max 31.55 33.61	FR	Cape Henry Collegiate School	1:04.43	1:05.16
39	Hughes, Harrison 31.95 33.71	SO	Flint Hill School-VA	1:04.44	1:05.66
40	MacLean, Ian 31.95 35.01	11	St. Christopher's School-VA	1:04.88	1:06.96
41	Clark, Michael 31.68 37.06	FR	Bishop Ireton Swim Team-VA	1:03.90	1:08.74

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Event 21 Girls 100 Yard Breaststroke

VSIS QT: 1:18.17

VSIS Record: 1:05.94 ! 2/19/2005 Morgan Kowalchuk-St. Gerts

All-Amer A: 1:05.24 *

All-Amer B: 1:06.28 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Sink, Keri 31.67 34.96	SR	Roanoke Catholic School-VA	1:08.05	1:06.63	20
2 Sweeney, Casey 31.94 36.14	12	Trinity Episcopal School-VA	1:09.34	1:08.08	17
3 Steele, Anne Thomas 32.48 35.97	10	St. Catherine's School-VA	1:10.01	1:08.45	16
4 Morrison, Casey 33.54 36.57	8	Hampton Roads Academy	1:11.86	1:10.11	15
5 Rento, Nicole 33.77 37.63	SO	Hampton Roads Academy	1:12.00	1:11.40	14
6 Kenna, Mary-Kate 34.03 37.81	SR	Seton School	1:12.93	1:11.84	13
7 Wulff, Allison 34.05 38.91	SO	Bishop Ireton Swim Team-VA	1:12.95	1:12.96	12
8 Chronister, Whitney 34.47 39.09		Madeira Varsity Swim & Dive-PV	1:12.74	1:13.56	11
B - Final					
9 Urban, Rachel 34.41 38.19	JR	Saint Gertrude High School	1:14.10	1:12.60	9
10 Morelli (12th), Kaitlyn 34.80 38.68		Walsingham Academy-VA	1:14.18	1:13.48	7
*11 Dickinson, Jennet 35.09 38.57	11	St. Catherine's School-VA	1:13.75	1:13.66	5.50
*11 Starbuck, Elizabeth 34.81 38.85	FR	Hampton Roads Academy	1:15.23	1:13.66	5.50
13 Gullquist, Dana 34.81 38.89	10	St. Catherine's School-VA	1:14.31	1:13.70	4
14 Rogers, Meredith 35.06 38.69	10	Bishop Sullivan Catholic High-VA	1:13.97	1:13.75	3
15 Wilson, Carter 34.82 39.43	9	Collegiate School-VA	1:14.94	1:14.25	2
16 Thornton, Maddie 35.14 39.98	SO	The Covenant School-VA	1:14.61	1:15.12	1

Event 21 Girls 100 Yard Breaststroke

VSIS QT: 1:18.17

VSIS Record: 1:05.94 ! 2/19/2005 Morgan Kowalchuk-St. Gerts

All-Amer A: 1:05.24 *

All-Amer B: 1:06.28 @

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Sink, Keri 32.46 35.59	SR	Roanoke Catholic School-VA	1:08.05	1:08.05	q
2 Sweeney, Casey 32.57 36.77	12	Trinity Episcopal School-VA	1:09.35	1:09.34	q
3 Steele, Anne Thomas 33.88 36.13	10	St. Catherine's School-VA	1:12.37	1:10.01	q

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time	
4 Morrison, Casey 34.98 36.88	8	Hampton Roads Academy	1:16.56	1:11.86	q
5 Rento, Nicole 34.32 37.68	SO	Hampton Roads Academy	1:12.73	1:12.00	q
6 Chronister, Whitney 33.68 39.06		Madeira Varsity Swim & Dive-PV	1:12.94	1:12.74	q
7 Kenna, Mary-Kate 34.07 38.86	SR	Seton School	1:12.71	1:12.93	q
8 Wulff, Allison 34.51 38.44	SO	Bishop Ireton Swim Team-VA	1:14.51	1:12.95	q
9 Dickinson, Jennet 35.20 38.55	11	St. Catherine's School-VA	1:15.47	1:13.75	q
10 Rogers, Meredith 34.88 39.09	10	Bishop Sullivan Catholic High-VA	1:14.72	1:13.97	q
11 Urban, Rachel 35.13 38.97	JR	Saint Gertrude High School	1:15.48	1:14.10	q
12 Morelli (12th), Kaitlyn 34.78 39.40		Walsingham Academy-VA	1:17.31	1:14.18	q
13 Gullquist, Dana 35.17 39.14	10	St. Catherine's School-VA	1:14.58	1:14.31	q
14 Thornton, Maddie 35.41 39.20	SO	The Covenant School-VA	1:16.63	1:14.61	q
15 Wilson, Carter 34.95 39.99	9	Collegiate School-VA	1:11.59	1:14.94	q
16 Starbuck, Elizabeth 35.85 39.38	FR	Hampton Roads Academy	1:17.28	1:15.23	q
17 Rogers, Cat 35.03 40.31	FR	Seton School	1:16.77	1:15.34	
18 Nunley, Liz 35.39 39.98	11	St. Catherine's School-VA	1:18.07	1:15.37	
19 Lambrecht, Rachel 35.85 39.73	SO	Seton School	1:17.40	1:15.58	
20 Rakhra (8th), Ashlin 36.38 39.56		Walsingham Academy-VA	1:17.84	1:15.94	
21 Movius, Rachel 36.28 39.77	SO	St. Stephen's/St. Agnes-VA	1:15.05	1:16.05	
22 Iiams, Jaime 35.78 40.47	SR	Nansemond-Suffolk Academy	1:15.19	1:16.25	
23 Frazer, Katelyn 36.13 40.99	10	St. Catherine's School-VA	1:17.61	1:17.12	
24 Barry, Emily 36.01 41.19	SO	Norfolk Academy-VA	1:18.10	1:17.20	
25 Becht, Laura 36.01 41.81	SO	Bishop Ireton Swim Team-VA	1:17.36	1:17.82	
26 Warner, Helen 37.25 41.10	10	St. Catherine's School-VA	1:17.18	1:18.35	
27 Wentzel, Sandy 37.28 41.54		Peninsula Catholic High School-V	1:18.07	1:18.82	
28 Wright, Rachael 36.21 43.59	FR	North Cross School-VA	1:17.93	1:19.80	
--- Bassett, Kate 32.65 36.02	10	St. Catherine's School-VA	1:07.38		DQ

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
--- Collins, Liz	SO	Bishop Ireton Swim Team-VA	1:09.02	NS
--- Berkowitz, Melissa		Madeira Varsity Swim & Dive-PV	1:16.67	NS

Event 22 Boys 100 Yard Breaststroke

VSIS QT: 1:12.55

VSIS Record: 55.24 ! 2/16/2008 Stuart Ferguson-Collegiate

All-Amer A: 58.58 *

All-Amer B: 59.40 @

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Ferguson, Stuart	12	Collegiate School-VA	55.05	54.17!	20
25.28 28.89					
2 Ibrahim, Sherif	12	Fork Union Military Academy-VA	59.98	57.52*	17
26.82 30.70					
3 Strait, Andrew	11	Trinity Episcopal School-VA	1:00.30	1:00.65	16
28.06 32.59					
4 MacNair, Conor	SO	St. Stephen's/St. Agnes-VA	1:00.91	1:01.23	15
28.43 32.80					
5 Housh, Kurt	11	Fork Union Military Academy-VA	1:01.33	1:01.31	14
28.67 32.64					
6 Quay, Ben		Hargrave Aquatics-VA	1:01.79	1:01.86	13
28.53 33.33					
7 Masters, Alex	SO	Hampton Roads Academy	1:02.81	1:01.88	12
28.96 32.92					
8 King, Alex	JR	Norfolk Academy-VA	1:03.25	1:04.99	11
30.38 34.61					
B - Final					
9 Koehr, Daniel	JR	Seton School	1:04.70	1:03.65	9
29.70 33.95					
10 Crapco, Chris		Wakefield School Fighting Owls- ¹	1:04.83	1:04.89	7
30.56 34.33					
11 Allen, Hollis	9	Woodberry Forest-VA	1:07.15	1:05.93	6
30.33 35.60					
12 Athey, Eddie	11	Fork Union Military Academy-VA	1:05.72	1:06.12	5
30.39 35.73					
13 Kerner, Travis	FR	Benedictine High School	1:06.60	1:06.38	4
31.59 34.79					
14 Pidgeon, Jack	10	Woodberry Forest-VA	1:07.28	1:07.16	3
30.61 36.55					
15 Vice, Andrew		Cape Henry Collegiate School	1:07.03	1:07.29	2
31.44 35.85					
16 Boxley, Frank	JR	Ves-VA	1:06.80	1:07.52	1
31.42 36.10					

Event 22 Boys 100 Yard Breaststroke

VSIS QT: 1:12.55

VSIS Record: 55.24 ! 2/16/2008 Stuart Ferguson-Collegiate

All-Amer A: 58.58 *

All-Amer B: 59.40 @

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Ferguson, Stuart	12	Collegiate School-VA	55.24	55.05! q
25.71 29.34				

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time	
2 Ibrahim, Sherif 28.08 31.90	12	Fork Union Military Academy-VA	1:00.81	59.98	q
3 Strait, Andrew 28.46 31.84	11	Trinity Episcopal School-VA	1:00.48	1:00.30	q
4 MacNair, Conor 28.51 32.40	SO	St. Stephen's/St. Agnes-VA	1:02.59	1:00.91	q
5 Housh, Kurt 28.72 32.61	11	Fork Union Military Academy-VA	1:01.93	1:01.33	q
6 Quay, Ben 28.50 33.29		Hargrave Aquatics-VA	1:03.67	1:01.79	q
7 Masters, Alex 29.49 33.32	SO	Hampton Roads Academy	1:02.08	1:02.81	q
8 King, Alex 29.73 33.52	JR	Norfolk Academy-VA	1:03.54	1:03.25	q
9 Koehr, Daniel 30.36 34.34	JR	Seton School	1:08.39	1:04.70	q
10 Crapco, Chris 31.08 33.75		Wakefield School Fighting Owls-V	1:06.28	1:04.83	q
11 Athey, Eddie 30.31 35.41	11	Fork Union Military Academy-VA	1:09.73	1:05.72	q
12 Kerner, Travis 31.83 34.77	FR	Benedictine High School	1:09.10	1:06.60	q
13 Boxley, Frank 31.65 35.15	JR	Ves-VA	1:09.85	1:06.80	q
14 Vice, Andrew 31.42 35.61		Cape Henry Collegiate School	1:04.36	1:07.03	q
15 Allen, Hollis 30.94 36.21	9	Woodberry Forest-VA	1:07.53	1:07.15	q
16 Pidgeon, Jack 30.63 36.65	10	Woodberry Forest-VA	1:09.71	1:07.28	q
17 Donohoe, Bobby 32.36 35.89	SR	Benedictine High School	1:11.80	1:08.25	
18 Ghobrial, Alex 31.65 36.81	SR	Norfolk Academy-VA	1:12.11	1:08.46	
19 Toler, Christopher 31.79 36.82	JR	Benedictine High School	1:11.25	1:08.61	
20 Dunlevy, Chris 31.69 36.93	10	St. Christopher's School-VA	1:09.48	1:08.62	
21 Bird, Ali 31.17 37.83	SR	Hampton Roads Academy	1:08.56	1:09.00	
22 Altobello, Andrew 32.81 36.22	9	Bishop Sullivan Catholic High-VA	1:10.87	1:09.03	
23 Allen, Heath 32.05 37.20	9	Woodberry Forest-VA	1:11.02	1:09.25	
24 Chauvin, Dan 31.95 37.42	JR	Paul VI Catholic High School	1:10.00	1:09.37	
25 Grant, Trpp 32.13 37.35	10	Woodberry Forest-VA	1:09.84	1:09.48	
26 Garson, Will 32.30 37.92	10	Collegiate School-VA	1:09.20	1:10.22	
27 Gimple, Ryan 32.95 37.53	SR	St. Anne's-Belfield-VA	1:08.30	1:10.48	

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
28 Vita, Anthony 32.58 38.03	9	Collegiate School-VA	1:12.47	1:10.61
29 Cooper, Josh 32.96 37.81	SO	Cape Henry Collegiate School	1:10.27	1:10.77
30 Graney, Michael 33.35 37.50	SR	Ves-VA	1:09.97	1:10.85
31 Burgett, Sam 32.86 38.09	JR	Nansemond-Suffolk Academy	1:11.93	1:10.95
32 Wilson, Sandy 33.06 38.67	FR	Benedictine High School	1:10.87	1:11.73
33 Martinez, Marcus 33.27 38.48	JR	Paul VI Catholic High School	1:10.09	1:11.75
34 Schengber, John 33.48 39.30	SO	Hampton Roads Academy	1:12.31	1:12.78
35 Cardelia, Nick 35.02 39.92	SO	Norfolk Academy-VA	1:12.49	1:14.94

Event 23 Girls 400 Yard Freestyle Relay

VSIS QT: 4:22.86

**VSIS Record: 3:36.49 ! 2/18/2006 Madeira School
D. Dunsmore, L. Psaris, K. McDonnell, L. Swinley**

All-Amer A: 3:33.90 *

All-Amer B: 3:36.76 @

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Trinity Episcopal School-VA 1) Sweeney, Maggie 8 26.41 54.78 25.74	A 2) Sweeney, Casey 12 54.09 25.81 54.38	3:40.56 25.47 52.95	3:36.20! 4) Bartholomew, Erin 12	40
2 Collegiate School-VA 1) Stephens, Carter 12 25.52 53.07 27.44	A 2) Wiltshire, Katie 11 57.01 27.03 57.00	3:45.21 24.82 51.62	3:38.70 4) Naurath, Rachel 11	34
3 Norfolk Academy-VA 1) Clary, Alison SR 27.24 57.43 26.68	A 2) Cook, Kathryn SO 55.37 27.18 57.20	3:45.64 24.81 52.79	3:42.79 4) Rich, Kimberly SO	32
4 Seton School 1) Doonis, Alex FR 26.39 55.26 19.34	A 2) Talbott, Laura JR 57.38 15.37 56.58	3:49.10 25.58 53.60	3:42.82 4) Donohoe, Lauren SO	30
5 St. Catherine's School-VA 1) Gullquist, Allie 12 27.32 57.07 26.54	A 2) Kim, Sarah 11 55.32 26.53 55.77	3:47.59 26.64 55.41	3:43.57 4) Vivadelli, Nina 11	28
6 Bishop Sullivan Catholic High School 1) McKenna, Kat 11 27.34 59.11 26.68	A 2) Spicher, Rebecca 10 55.60 17.88 54.03	3:47.58 27.08 56.55	3:45.29 4) Rogers, Meredith 10	26
7 Peninsula Catholic High School 1) Melo, Meredith JR 27.76 57.82 27.54	A 2) Henke, Sarah JR 58.13 26.54 56.32	3:48.56 26.46 56.10	3:48.37 4) Wentzel, Ashley SR	24
8 Roanoke Catholic School-VA 1) Gwin, Mirenda SO 27.70 57.11 27.09	A 2) Okeyo, Bunge SR 56.67 30.47 1:04.49	3:52.86 33.70 1:13.04	4:11.31 4) Thompson, Elizabeth	22
B - Final				
9 Saint Gertrude High School 1) Titley, Alison SO 25.44 52.11 28.38	A 2) Urban, Rachel JR 58.79 29.69 1:02.58	3:53.69 27.73 57.81	3:51.29 4) Bayer, Karole-Ann SR	18

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

B - Final ... (Event 23 Girls 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
10 Madeira Varsity Swim & Dive	A	3:54.56	3:53.19	14
1) Psaris, Alex	2) Berkowitz, Melissa	3) Basel, Megan	4) Saunders, Christa Ann	
28.33 59.22 28.19	1:01.08 28.22 59.62	25.24 53.27		
11 Cape Henry Collegiate School	A	3:59.91	3:56.24	12
1) Smith, Haley	2) Sabol, Morgan	3) Finley, Caroline SO	4) Tompkins, Kendal FR	
26.77 55.83 16.67	1:00.71 28.70 1:01.89	27.03 57.81		
12 Paul VI Catholic High School	A	4:03.75	3:57.46	10
1) Young, Michelle SR	2) Quint, Christina JR	3) Orsa, Jackie SR	4) Fitz, Natalie SR	
28.52 1:00.64 27.65	59.62 28.84 1:01.23	26.59 55.97		
13 Walsingham Academy-VA	A	4:01.35	3:58.61	8
1) Bennett (10), Kelly	2) Rakhra (8th), Ashlin	3) Bennett (8th), Amanda	4) Dowling (8th), Morgan	
26.95 57.59 28.73	1:01.12 28.87 1:01.62	27.72 58.28		
14 Chatham Hall Varsity-VA	A	4:04.12	3:59.04	6
1) Bennett, Megan	2) DePaulo, Morgan	3) Herman, TJ	4) Abbott, Jessie 9	
28.20 59.34 29.13	1:02.38 15.97 58.87	27.86 58.45		
15 Stonebridge High School-VA	A	4:06.29	4:04.06	4
1) Keating, Lauren SO	2) Peterson, Rachel JR	3) Vest, Taylor FR	4) Brown, Sarah SO	
27.83 58.29 28.43	1:00.32 30.05 1:04.08	28.72 1:01.37		
16 The Covenant School-VA	A	4:05.01	4:04.85	2
1) Shaffrey, Tori SO	2) Finley, Sara Maria SO	3) Thornton, Maddie SO	4) Taylor, Hilary SR	
29.25 1:03.01 29.80	1:04.19 27.60 1:00.58	26.67 57.07		

Event 23 Girls 400 Yard Freestyle Relay

VSIS QT: 4:22.86

VSIS Record: 3:36.49 ! 2/18/2006 Madeira School

D. Dunsmore, L. Psaris, K. McDonnell, L. Swinley

All-Amer A: 3:33.90 *

All-Amer B: 3:36.76 @

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Trinity Episcopal School-VA	A	3:40.54	3:40.56 q
1) Bartholomew, Erin 12	2) Sweeney, Maggie 8	3) Thompson, Meredith 10	4) Sweeney, Casey 12
27.21 55.59 26.35	54.48 26.61 55.81	26.05 54.68	
2 Collegiate School-VA	A	3:39.63	3:45.21 q
1) Stephens, Carter 12	2) Naurath, Rachel 11	3) Byron, Kate 11	4) Wiltshire, Katie 11
26.27 54.99 15.38	52.79 27.20 56.99	29.19 1:00.44	
3 Norfolk Academy-VA	A	3:49.37	3:45.64 q
1) Clary, Alison SR	2) Cook, Kathryn SO	3) Clary, Emily	4) Rich, Kimberly SO
27.57 58.04 27.35	56.22 27.29 57.67	25.23 53.71	
4 Bishop Sullivan Catholic High School	A	3:45.40	3:47.58 q
1) McKenna, Kat 11	2) Spicher, Rebecca 10	3) Foley, Caitlin 12	4) Rogers, Meredith 10
27.98 59.35 26.86	55.31 26.41 55.08	27.55 57.84	
5 St. Catherine's School-VA	A	3:49.87	3:47.59 q
1) Gullquist, Allie 12	2) Kim, Sarah 11	3) Doswell, Cabell 10	4) Vivadelli, Nina 11
27.84 57.48 27.15	56.61 27.31 56.87	27.18 56.63	
6 Peninsula Catholic High School	A	3:52.90	3:48.56 q
1) Melo, Meredith JR	2) Henke, Sarah JR	3) Wheelock, Meghan SR	4) Wentzel, Ashley SR
27.83 57.75 27.99	58.47 26.69 56.13	26.44 56.21	
7 Seton School	A	3:52.27	3:49.10 q
1) Doonis, Alex FR	2) Talbott, Laura JR	3) Claybrooks, Carolyn JR	4) Donohoe, Lauren SO
26.83 55.86 27.24	58.10 27.79 58.85	26.80 56.29	
8 Roanoke Catholic School-VA	A	3:57.85	3:52.86 q
1) Sink, Keri SR	2) Gwin, Miranda SO	3) Okeyo, Bunge SR	4) Iott, Alicia FR
26.97 56.39 27.25	57.02 26.55 55.88	29.90 1:03.57	

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
9 Saint Gertrude High School	A	4:00.99	3:53.69 q
1) Titley, Alison SO	2) Urban, Rachel JR	3) Perrin, Catherine JR	4) Bayer, Karole-Ann SR
25.51 52.05 28.46	59.40 30.48 1:03.92	27.85 58.32	
10 Madeira Varsity Swim & Dive	A	3:55.05	3:54.56 q
1) Pсарis, Alex	2) Berkowitz, Melissa	3) Basel, Megan	4) Saunders, Christa Ann
28.79 58.91 28.74	1:00.84 28.26 1:00.30	25.91 54.51	
11 Cape Henry Collegiate School	A	4:01.24	3:59.91 q
1) Smith, Haley	2) Sabol, Morgan	3) Finley, Caroline SO	4) Tompkins, Kendal FR
27.39 56.30 15.78	1:01.71 28.62 1:01.15	17.27 1:00.75	
12 Walsingham Academy-VA	A	4:00.46	4:01.35 q
1) Bennett (10), Kelly	2) Rakhra (8th), Ashlin	3) Bennett (8th), Amanda	4) Dowling (8th), Morgan
27.45 57.93 29.05	1:01.49 29.30 1:02.06	28.50 59.87	
13 Paul VI Catholic High School	A	4:06.18	4:03.75 q
1) Orsa, Jackie SR	2) Quint, Christina JR	3) Covert, Lisa JR	4) Fitz, Natalie SR
29.46 1:02.93 27.94	1:00.98 18.75 1:04.17	26.31 55.67	
14 Chatham Hall Varsity-VA	A	3:55.80	4:04.12 q
1) Abbott, Jessie 9	2) Herman, TJ	3) DePaulo, Morgan	4) Bennett, Megan
28.45 59.96 29.33	1:02.98 28.45 1:00.32	29.00 1:00.86	
15 The Covenant School-VA	A	4:16.58	4:05.01 q
1) Shaffrey, Tori SO	2) Finley, Sara Maria SO	3) Thornton, Maddie SO	4) Taylor, Hilary SR
29.31 1:03.12 30.31	1:04.08 28.37 1:00.34	27.42 57.47	
16 Stonebridge High School-VA	A	4:09.20	4:06.29 q
1) Keating, Lauren SO	2) Peterson, Rachel JR	3) Vest, Taylor FR	4) Brown, Sarah SO
27.40 59.61 27.92	1:09.05 20.77 55.30	17.19 1:02.33	
17 Bishop Ireton Swim Team-VA	A	3:43.18	4:07.61
1) McConville, Grace SR	2) Barnwell, Brittany SR	3) Wulff, Allison SO	4) Becht, Laura SO
28.37 59.58 30.24	1:04.42 29.17 1:02.18	29.75 1:01.43	
18 St. Anne's-Belfield-VA	A	4:15.29	4:12.37
1) Dean, Haley FR	2) Witherow, Somer FR	3) Holden, Trent FR	4) von Quillfeldt, Anniken FR
32.08 1:07.57 30.01	1:02.61 30.50 1:04.63	27.04 57.56	
19 Norfolk Collegiate-VA	A	4:07.93	4:12.92
1) Hiser, Alex 8	2) Kanter, Catherine 9	3) Fogarty, Kelly 10	4) Kanter, Meghan 11
5) Mears, Caroline 11			
29.00 1:01.84 30.39	1:06.01 31.28 1:04.77	28.24 1:00.30	
20 St. Stephen's/St. Agnes-VA	A	4:13.80	4:13.20
1) Movius, Rachel SO	2) Bono, Taylor JR	3) Lynch, Jenn SR	4) Goff, Laura JR
29.85 1:02.18 31.88	1:08.29 29.43 1:02.96	28.19 59.77	
21 Falcons-VA	A	4:18.72	4:16.53
1) Ducharme, Natalie FR	2) Kangas, Emily JR	3) Hazel, Mary Rose	4) Harry, Kirsten
30.84 1:05.66 32.58	1:15.20 21.27 52.76	30.24 1:02.91	
22 Nansemond-Suffolk Academy	A	4:15.84	4:20.25
1) Wendland, Becky SR	2) McDonald, Shannon FR	3) Sclater, Kayla JR	4) Riddick, Anne Stuart JR
30.48 1:04.42 30.45	1:05.45 30.56 1:03.76	18.22 1:06.62	

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

Event 24 Boys 400 Yard Freestyle Relay

VSIS QT: 3:50.83

VSIS Record: 3:12.89 ! 2/16/2008 St. Stephen's & St. Agnes
C.Perrot, H.Perrot, P.Routh, C.MacNair

All-Amer A: 3:11.64 *

All-Amer B: 3:13.93 @

Team	Relay	Prelim Time	Finals Time	Points
A - Final				
1 Collegiate School-VA	A	3:14.32	3:08.79*	40
1) Anthony, Mac 11	2) Stephens, Thomas 10	3) Ross, Brooks 12	4) Blackwood, Conor 12	
22.22 46.42 22.43	46.72 23.39 48.24	22.65 47.41		
2 Hargrave Aquatics-VA	A	3:14.21	3:12.25!	34
1) Hechanova, Jesse	2) Ponson, Eric	3) Quay, Ben	4) Romanini, Tony	
23.09 48.44 22.72	48.88 22.93 48.48	22.02 46.45		
3 Woodberry Forest-VA	A	3:17.05	3:13.59@	32
1) Crabb, James 10	2) Day, Christian 10	3) Forrest, Gavin 12	4) Ingold, Zach 11	
22.78 47.95 23.32	50.00 23.03 49.78	21.63 45.86		
4 Norfolk Academy-VA	A	3:17.53	3:15.44	30
1) King, Alex JR	2) Leach, Ben FR	3) Gulick, Jon SO	4) McIntyre, Andrew SR	
23.82 50.16 23.27	49.61 23.03 49.33	21.95 46.34		
5 Fork Union Military Academy	A	3:16.93	3:15.81	28
1) Mohamed, Hussein 12	2) Housh, Kurt 11	3) Caudill, Joseph 12	4) Reynard, Brook 12	
22.17 45.80 24.11	50.85 23.80 49.87	23.32 49.29		
6 St. Stephen's/St. Agnes-VA	A	3:21.36	3:16.83	26
1) Perrot, Cabell SO	2) Atkins, Ferrel FR	3) MacNair, Conor SO	4) Perrot, Hunter SR	
21.98 47.18 25.21	54.29 21.83 46.42	23.24 48.94		
7 Cape Henry Collegiate School	A	3:22.59	3:22.26	24
1) Farley, John JR	2) McLaughlin, Keegan JR	3) Cooper, Josh SO	4) Knuth, Robert JR	
23.77 48.99 23.77	50.96 24.67 52.99	22.88 49.32		
8 Bishop Ireton Swim Team-VA	A	3:22.51	3:25.76	22
1) MacDonald, Angus JR	2) Salmon, Paul SR	3) Dougherty, Ryan SO	4) Ellis, Sam JR	
22.46 47.58 25.60	55.30 24.42 52.31	23.27 50.57		
B - Final				
9 Seton School	A	3:23.73	3:20.62	18
1) Hill, Jameson JR	2) Cook, Connor JR	3) Dunn, Catfish 9	4) Basinger, David SO	
22.19 46.28 23.91	50.57 24.61 51.71	24.49 52.06		
10 Paul VI Catholic High School	A	3:25.40	3:21.87	14
1) Lytle, Pat SR	2) Yelmgren, Michael JR	3) Spina, Alex SR	4) Clarke, Joe SR	
23.74 48.92 24.46	50.89 24.80 51.94	23.37 50.12		
11 Trinity Episcopal School-VA	A	3:27.01	3:27.67	12
1) Hodges, Hayden 11	2) Ericson, Will 12	3) Fisk, Evan 8	4) Strait, Andrew 11	
24.88 52.63 24.58	51.89 25.71 54.31	23.37 48.84		
12 Bishop Sullivan Catholic High School	A	3:34.08	3:28.43	10
1) McMahon, Connor 10	2) Altobello, Andrew 9	3) Destree, Nathan 12	4) Cussen, Tom 11	
22.68 47.37 24.63	52.41 24.89 52.09	27.24 56.56		
13 St. Christopher's School-VA	A	3:33.49	3:29.25	8
1) Bogese, Mikey 11	2) Belt, Billy 11	3) Byrne, Francisco 10	4) Wood, Connor 10	
23.52 50.02 25.71	53.68 24.85 52.86	24.00 52.69		
14 Nansemond-Suffolk Academy	A	3:32.21	3:30.22	6
1) Nuckles, Bryan SR	2) Werszner, Peter SR	3) Miller, Nick SR	4) Joseph, Kevin SO	
24.41 51.25 26.59	55.22 25.93 54.24	22.94 49.51		
15 Benedictine High School	A	3:42.39	3:38.68	4
1) Kerner, Travis FR	2) Toler, Christopher JR	3) Donohoe, Bobby SR	4) Haas, Wyatt JR	
26.22 54.53 25.53	54.11 26.49 56.08	25.04 53.96		

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009

Results

B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time	Points
16 The Covenant School-VA	A	3:41.80	3:40.07	2
1) Moody, Justin JR	2) Hamilton, Kyle SO	3) McGinnis, Alex JR	4) Winkler, Ryan SO	
26.00 56.67 26.26	56.93 25.24 53.56	24.71 52.91		

Event 24 Boys 400 Yard Freestyle Relay

VSIS QT: 3:50.83

VSIS Record: 3:12.89 ! 2/16/2008 St. Stephen's & St. Agnes
C.Perrot, H.Perrot, P.Routh, C.MacNair

All-Amer A: 3:11.64 *

All-Amer B: 3:13.93 @

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Hargrave Aquatics-VA	A	3:15.26	3:14.21 q
1) Hechanova, Jesse	2) Quay, Ben	3) Ponsen, Eric	4) Romanini, Tony
23.26 48.68 23.68	49.75 22.72 48.80	22.39 46.98	
2 Collegiate School-VA	A	3:13.36	3:14.32 q
1) Anthony, Mac 11	2) Stephens, Thomas 10	3) Ross, Brooks 12	4) Blackwood, Conor 12
22.82 47.70 23.25	48.47 23.74 48.89	23.67 49.26	
3 Fork Union Military Academy	A	3:21.48	3:16.93 q
1) Mohamed, Hussein 12	2) Housh, Kurt 11	3) Caudill, Joseph 12	4) Reynard, Brook 12
22.57 46.27 24.51	51.00 24.04 50.24	23.26 49.42	
4 Woodberry Forest-VA	A	3:20.26	3:17.05 q
1) Crabb, James 10	2) Saunders, Sean 10	3) Forrest, Gavin 12	4) Ingold, Zach 11
23.35 49.07 23.86	50.07 24.18 51.20	21.94 46.71	
5 Norfolk Academy-VA	A	3:26.52	3:17.53 q
1) King, Alex JR	2) Leach, Ben FR	3) Gulick, Jon SO	4) McIntyre, Andrew SR
24.66 51.01 23.23	49.44 23.40 49.65	22.38 47.43	
6 St. Stephen's/St. Agnes-VA	A	3:18.89	3:21.36 q
1) Perrot, Cabell SO	2) Atkins, Ferrel FR	3) MacNair, Conor SO	4) Perrot, Hunter SR
23.81 48.18 25.72	54.78 23.07 49.04	23.82 49.36	
7 Bishop Ireton Swim Team-VA	A	3:26.20	3:22.51 q
1) Ellis, Sam JR	2) Dougherty, Ryan SO	3) MacDonald, Angus JR	4) Natoli, Carey JR
24.44 51.51 24.45	51.91 22.24 47.08	24.40 52.01	
8 Cape Henry Collegiate School	A	3:23.86	3:22.59 q
1) Farley, John JR	2) McLaughlin, Keegan JR	3) Cooper, Josh SO	4) Knuth, Robert JR
24.61 51.62 23.11	48.47 25.23 53.58	23.30 48.92	
9 Seton School	A	3:23.86	3:23.73 q
1) Hill, Jameson JR	2) Cook, Connor JR	3) Dunn, Catfish 9	4) Basinger, David SO
22.45 46.69 15.74	50.30 25.29 52.83	25.07 53.91	
10 Paul VI Catholic High School	A	3:24.65	3:25.40 q
1) Lytle, Pat SR	2) Yelmgren, Michael JR	3) Spina, Alex SR	4) Clarke, Joe SR
24.25 49.32 25.15	51.90 25.19 52.82	23.85 51.36	
11 Trinity Episcopal School-VA	A	3:29.48	3:27.01 q
1) Hodges, Hayden 11	2) Ericson, Will 12	3) Fisk, Evan 8	4) Strait, Andrew 11
24.95 51.83 24.48	51.10 25.88 54.24	49.84	
12 Nansemond-Suffolk Academy	A	3:31.81	3:32.21 q
1) Nuckles, Bryan SR	2) Werszner, Peter SR	3) Miller, Nick SR	4) Joseph, Kevin SO
24.85 51.18 27.04	55.77 26.55 55.26	23.26 50.00	
13 St. Christopher's School-VA	A	3:32.67	3:33.49 q
1) Bogese, Mikey 11	2) Belt, Billy 11	3) Byrne, Francisco 10	4) Wood, Connor 10
24.19 50.91 26.37	55.47 25.46 53.88	24.63 53.23	
14 Bishop Sullivan Catholic High	A	3:38.38	3:34.08 q
1) McMahan, Connor 10	2) Altobello, Andrew 9	3) Destree, Nathan 12	4) Cussen, Tom 11
26.54 53.41 25.20	53.13 23.50 49.24	28.06 58.30	

2009 VSIS Swimming & Diving Championships - 2/13/2009 to 2/14/2009**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
15 The Covenant School-VA	A	3:49.24	3:41.80 q
1) Moody, Justin JR	2) Hamilton, Kyle SO	3) McGinnis, Alex JR	4) Winkler, Ryan SO
27.10 57.97 27.15	57.13 25.73 54.36	25.04 52.34	
16 Benedictine High School	A	3:49.76	3:42.39 q
1) Kerner, Travis FR	2) Toler, Christopher JR	3) Donohoe, Bobby SR	4) Haas, Wyatt JR
26.70 54.88 25.79	55.82 27.54 58.10	25.08 53.59	
17 Walsingham Academy-VA	A	3:58.68	3:43.57
1) McAdams (9th), Charlie	2) Sullivan (11th), John	3) Sargeant (12th), Davis	4) Holder (8th), Kevin
25.70 53.77 26.00	55.57 26.28 56.11	27.06 58.12	
18 Roanoke Catholic School-VA	A	3:46.50	3:44.40
1) Schippers, Brian JR	2) Tudor, Shane FR	3) McDaniel, Joseph	4) Clark, Keith FR
26.65 56.11 24.68	51.92 26.70 56.66	28.08 59.71	

Women - Team Rankings - Through Event 24

1. St. Catherine's School	308.5	2. Trinity Episcopal School	233
3. Collegiate School	196	4. Bishop Ireton Swim Team	174
5. Seton School	172	6. Madeira Varsity Swim & Dive	147
7. Bishop Sullivan Catholic High	137	8. Norfolk Academy	134
9. Saint Gertrude High School	112	10. Roanoke Catholic School	107
11. Nansemond-Suffolk Academy	99	12. Peninsula Catholic High School	98
13. Cape Henry Collegiate School	83	14. Hampton Roads Academy	76.5
15. Paul VI Catholic High School	70	16. Flint Hill School	61
17. Walsingham Academy	39	18. The Potomac School	20
19. Chatham Hall Varsity	17	19. The Covenant School	17
21. Stonebridge High School	9	22. St. Stephen's/St. Agnes	4
23. Norfolk Collegiate	3	24. Wakefield School Fighting Owls	2

Men - Team Rankings - Through Event 24

1. Collegiate School	379.5	2. Fork Union Military Academy	286
3. Woodberry Forest	207	4. Norfolk Academy	190.5
5. St. Stephen's/St. Agnes	142	6. Seton School	140
7. Hargrave Aquatics	139.5	8. Paul VI Catholic High School	131
9. St. Christopher's School	102	9. Bishop Ireton Swim Team	102
11. Trinity Episcopal School	98	12. Cape Henry Collegiate School	92.5
13. Hampton Roads Academy	69	14. Bishop Sullivan Catholic High	64
15. Nansemond-Suffolk Academy	51	16. Flint Hill School	35
17. Ves	20	18. Benedictine High School	19.5
19. Wakefield School Fighting Owls	12.5	20. The Covenant School	10
21. North Cross School	4	21. St. Anne's-Belfield	4
23. Norfolk Collegiate	2	23. Roanoke Catholic School	2