Province of a wind has been paired winder of a wind has been paired wind and the construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind window and think been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind by construction of a wind has been paired wind and a 18 points ahead of thirdplace Coarget own Prep.       We needed to send the message of the we're ready for the washington Metropolita Prep School Swim & Divis building and there for the times, so it'll be a good metro wind a time to be sold wind wind the stabular of a wind has been paired wind by being wind wind the message on and 1 think DeMaha got that times, so it'll be a good metro wind a time to 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Goraga, winning the 50 treestyle in a school-record 21.14 seconds.
SERVICE:  Servi
High School SPORTS       Per Vour Behood:         Mers ( Schools ( Score/Schoold ( Rankings ) Pase Ratings ) Vide       Als Mer ( Recruiting ) Score/Schoold ( Rankings ) Constraints ( Recruiting ) Score/Scor
New Yearding Year
Swinning Notebook         Grazaga Makes a Splash At Meet in Philadelphia         Syling Post Staff Writer Washington Post Staff Writer Washington Post Staff Writer Washington Metropolitan Prep School Swim & Diversity near Philadelphia, the Eagles responded by turning in a strong all-around performance, finishing second behindi- place Georgetown Prep.       To CLBOX         "Wro needed to send the message that we're ready for" the Washington Metropolitan Prep School Swim & Dive League Championships, Bold at Killews a to the at the next weekend."       Wro sellocular Diversity near Philadelphia, the Eagles responded by turning in a strong all-around performance, finishing second behindi- place Georgetown Prep.       Wro Blackefield (MAL) and 18 points ahead of third- place Georgetown Prep.         "Wro needed to send the message that we're ready for" the Washington Metropolitan Prep School Swim & Dive League Championships, Bold at from the times, so it'll be a good metro next weekend."       Wros Blocusion Pointy Wros Blocusion Pointy Wros Blocusion Pointy * Inte so this attime of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds.       Fatured Advertise Links         Inter a def       Tow colspan="2">Wato Vision of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds.       Wato Vision on dustanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds.
Following two dual-meet losses this season to its two biggest rivals, DeMatha and Georgetown Prep, Gonzaga was in search of a win that would make a statement in the kickoff to its championship-meet season. And last weekend at the National Catholic High School Championships, held at Villanova University near Philadelphia, the Eagles responded by turning in a strong all-around performance, finishing second behind Loyola Blakefield (Md.) and 18 points ahead of third- place Georgetown Prep. "We needed to send the message that we're ready for" the Washington Metropolitan Prep School Swim & Dive League Championships, Gonzaga senior Pat Sullivan said. "Prep definitely has that message now and I think DeMatha got that from the times, so it'll be a good meet rext weekend." The Eagles' 200-yard freestyle relay set school and meet records with a time of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds. The tage is a comment to the two seconds are the total and the form the times, so it'll be a good meet records with a time of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds.
And last weekend at the National Catholic High School Championships, held at Villanova University near Philadelphia, the Eagles responded by turning in a strong all-around performance, finishing second behind Loyola Blakefield (Md.) and 18 points ahead of third- place Georgetown Prep. "We needed to send the message that we're ready for" the Washington Metropolitan Prep School Swim & Dive League Championships, Gonzaga senior Pat Sullivan said. "Prep definitely has that message now and I think DeMatha got that from the times, so it'll be a good meet next weekend." The Eagles' 200-yard freestyle relay set school and meet records with a time of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds.
the Washington Metropolitan Prep School Swin & Dive League Championships, Gonzaga senior Pat Sullivan said. "Prep definitely has that message now and I think DeMatha got that from the times, so it'll be a good meet next weekend." The Eagles' 200-yard freestyle relay set school and meet records with a time of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds.
The Eagles' 200-yard freestyle relay set school and meet records with a time of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds.
The Eagles' 200-yard freestyle relay set school and meet records with a time of 1 minute 25.35 seconds, while Sullivan turned in an outstanding individual effort for Gonzaga, winning the 50 freestyle in a school-record 21.14 seconds. Watch Voices on Leadership Sponsored by SAP
THE schingtion       Ads by Google         The schingtion       Ads by Google         The schingtion       Meet Single Swimmers         State       Meet Single Swimmers         The schingtion       Meet Single Swimmers         State       Meet Single Swimmers         Meet Single Swimmers       Meet Single Swimmers
event. Hill also finished first in the 100 freestyle with a time of 45.76.         Georgetown Prep senior Brady Fox, who will swim for Virginia, also won both of his individual events, the 100-yard backstroke (50.30) and 100         butterfly (49.72).         On the girls' side, Good Counsel repeated as National Catholics champions, scoring 405

Leading the way for the Falcons was Blair Webb, who won the 50- and 100-yard freestyles with times of 24.80 and 53.31, respectively.

O'Connell's Kayla O'Malley and Holy Cross's Jessica Donahue also won two individual



#### events at the meet. . . .

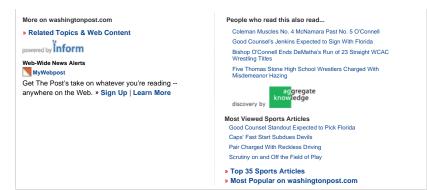
Holton-Arms turned in a resounding victory at the Independent School League championships Saturday, finishing with 299 points, 111 more than second-place Madeira. The win showcased the depth of a team that won just three individual events at the meet and whose highest scorer, Jackie Tully, had the third-highest point total -- the only Panthers swimmer to finish in the top five.

#### Churchill Girls, Boys Excel

After finishing third at the Washington Metropolitan Interscholastic Swimming & Diving Championships last season, Churchill Coach Rodney Van Tassell said he heard rumors that his girls' team would get an influx of young talent in the upcoming freshman class.

But after cruising through the dual season undefeated, including a win over perennial favorite Walter Johnson on Jan. 24, Van Tassell said the young swimmers have far exceeded any expectations placed upon them as they have been critical in pushing Churchill into the picture as challengers in the major championship meets this year.

Natalya Ares and Shannon Ridge are two of the freshmen who have helped supplement a strong core of returners for the Bulldogs, whose boys' team also is undefeated in duals this season.



# More in the High Schools Section



### **Recruiting Insider**

The Post's Josh Barr provides the latest news about all of the top talent in the area.



## **Recruit Database**

All the information, as well as photos and videos, on the area's top recruits.



Preston Williams provides context to the Washington area prep sports scene.

© 2009 The Washington Post Company

#### Ads by Google

Swim Timing & Scoreboards from International Sports Timing for Swimming, Diving & Water Polo

Meet Single Swimmers View Photo Profiles. Join Free. Find Local Singles into Swimming. Fitness-Singles.com

High School Basketball

Get School Basketball News, Scores & Stats. With Free Sports Toolbar

Basketball.Inbox.com		
NEWS   POLITICS   OPINIONS   LOCAL   SPORTS   ARTS & LIVING   GOING OUT GUIDE	JOBS   CARS   REAL ESTATE   RENTALS   SHOPPING	
SEARCH: go e washingtonpost.com O Web : Results by Google" Search Archives		
washingtonpost.com : About Us   Work for Us   Advertisers   Site Map   Search Terms   Topics Index   Make us your homepage   mywashingtonpost.com   Mobile   RSS   Widgets The Washington Post: Subscribe   Home Delivery Service   Advertisers   PostPoints   Electronic Edition   Online Photo Store   The Washington Post Store   About The Post   National Weekly The Washington Post Company: Information and Other Post Co. Websites		
© Copyright 1996- 2009 The Washington Post Company   User Agreement and Privacy Policy   Rights and Permissions Help   Contact Us		