

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## Event 1 Boys 200 Yard Medley Relay

SST Record: 1:39.82 ! 2/17/2006 Koehr, Cook, Morch, Koehr

Nat Cath QT: 1:46.50 +

VSIS QT: 2:00.20 #

Team	Relay	Seed Time	Finals Time	Points
1 Pope John Paul the Great HS	A	1:49.90	1:49.54#	
1) MacDonald, Alex SO	2) Donohoe, Ryan FR	3) Kalna, Matthew SR	4) Miller, Steve SO	
28.36 31.26 25.54	24.38			
2 North Stafford High School-VA	A	1:47.00	1:51.63#	
1) Brackmann, Cameron	2) Faherty, Nolan	3) Peele, Chris	4) Young, Derek	
28.03 31.02 28.99	23.59			
3 Seton School	A	1:54.00	1:52.91#	
1) Dunn, Catfish SR	2) Hill, Michael SR	3) Brien, Hugh SR	4) Shaw, Steven JR	
26.78 32.09 27.59	26.45			
4 Flint Hill School Swim Team-PV	A	1:58.00	1:53.13#	
1) Tang, Eric SO	2) Frederick, Aaron SR	3) Timblin, Tristan SO	4) Thornburg, Zach SO	
28.34 32.86 27.71	24.22			
5 Collegiate School-VA	A	1:53.50	1:55.24#	
1) Lutterbein, Tyrus 11	2) Moore, Collin 9	3) Fergusson, Ted 12	4) Gordon, Max 10	
28.24 34.17 27.79	25.04			
6 St. Michael the Archangel High-V	A	2:17.11	2:01.56	
1) Morin, Alec SO	2) Sampson, John JR	3) Hallahan, Jacob JR	4) Turley, Nolan FR	
29.50 35.78 28.01	28.27			
7 Collegiate School-VA	B	2:01.43	2:05.38	
1) Edwards, Sam 12	2) Hudgins, Dell 9	3) Vollino, Garrett 10	4) Saladino, Vince 12	
33.50 36.25 29.54	26.09			
8 Wakefield School	A	NT	2:06.49	
1) Quinn, Lucas FR	2) Wiemer, Ben FR	3) Mahoney, Bailey SO	4) Dolan, Phillip JR	
31.06 36.70 30.13	28.60			
9 Seton School	B	2:00.00	2:06.72	
1) Pennefather, Patrick FR	2) Quinan, Peter JR	3) Flook, Tommy	4) Bliss, Kevin SR	
33.15 37.23 28.75	27.59			
10 North Stafford High School-VA	B	1:57.00	2:07.35	
1) Foley, Jacob	2) Slowik, Nick	3) Resch, Matthew	4) Eveland, George	
32.04 32.39 37.06	25.86			
11 Wakefield School	B	NT	2:26.29	
1) Cole, Jared FR	2) Maraska, Andrew FR	3) Mahoney, Ethan FR	4) Clemency, Will JR	
38.97 43.84 32.63	30.85			
--- Seton Alumni	D	NT	X1:51.81#	
29.07 26.20 27.45	29.09			
--- Seton Alumni	B	NT	X1:52.86#	
30.85 32.12 24.80	25.09			
--- Seton Alumni	A	NT	X1:57.69#	
28.44 34.95 28.31	25.99			
--- Seton School	C	2:10.00	X2:18.84	
1) Catalano, Seth JR	2) Van de Voorde, Jude FR	3) Zapiain, Joseph FR	4) Wunderly, John	
33.27 39.07 1:06.50				
--- Seton School	E	2:12.00	X2:23.52	
1) Koehr, Brian 8	2) Mosimann, Paul FR	3) Mosimann, James JR	4) Hoffman, Tyler	
37.46 40.21 32.98	32.87			
--- St. Michael the Archangel High-V	B	NT	X2:25.63	
1) Sampson, Matt SR	2) Clancy, James SO	3) Ulans, Chris 7	4) Nichols, John 8	
36.35 42.16 38.31	28.81			

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**(Event 1 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seton School	F	2:13.00	X2:30.10	
1) O'Donohue, Mark	2) Costello, Tim FR	3) Collins, Michael SR	4) Dealey, Patrick 8	
39.13 42.33 34.28 34.36				
--- Seton School	D	2:11.00	X2:31.87	
1) Salas, Cris 8	2) Hilleary, Pat SR	3) Pechie, Paul FR	4) Moore, Thomas 8	
37.76 43.93 36.13 34.05				
--- Seton School	H	2:15.00	X2:42.91	
1) Arnold, William 8	2) Kenneally, Michael 7	3) Corkery, Jack SR	4) Byers, Michael 7	
40.32 49.72 34.06 38.81				
--- Seton School	G	2:14.00	X2:52.02	
1) Quinan, Andrew 8	2) O'Donohue, John	3) Irving, Thomas 7	4) Kleb, John Paul 7	
45.29 45.20 44.26 37.27				
--- Bishop Ireton Swim and Dive-VA	A	1:45.40	DQ	
1) Reichelt, Thomas SO	2) Shumate, Carl SR	3) Rostron, Carter FR	4) Galindo, AJ SO	
32.87 37.95 30.81 26.44				
--- Seton Alumni	E	NT	XNS	
--- Seton Alumni	C	NT	XNS	
--- Seton Alumni	F	NT	XNS	

**Event 2 Girls 200 Yard Medley Relay**SST Record: **1:50.25 ! 2/18/2011 Doonis,Rogers,Wunderly,Donohoe**Nat Cath QT: **2:06.49 +**VSIS QT: **2:12.71 #**

Team	Relay	Seed Time	Finals Time	Points
1 Collegiate School-VA	A	1:52.61	1:54.24+	
1) Erard, Emily 8	2) Nelson, Tanner 8	3) Pollard, Caroline 9	4) Makepeace, Chandler 11	
29.35 31.62 28.17 25.10				
2 Seton School	A	1:58.00	2:00.38+	
1) Doonis, Alex SR	2) Rogers, Cat SR	3) Sinner, Alex FR	4) Kenna, Claire 8	
29.94 37.81 25.54 27.09				
3 Collegiate School-VA	B	1:58.80	2:04.17+	
1) Brewer, Campbell 9	2) Brown, Mason 11	3) Gelozin, Gabby 11	4) Reifsnider, Carter 12	
31.05 35.66 30.25 27.21				
4 Pope John Paul the Great HS	A	2:06.82	2:10.06#	
1) Ranieri, Julia SO	2) Long, Ruth SR	3) Donohoe, Clare JR	4) Broderick, Grace JR	
32.98 37.80 29.46 29.82				
5 Bishop Ireton Swim and Dive-VA	A	2:12.71	2:13.88	
1) Zeigler, Maddie SR	2) Branham, Alex SO	3) Kennedy, Catherine SO	4) Mathes, Charlotte SR	
31.04 35.25 33.51 34.08				
6 Seton School	B	2:05.00	2:14.31	
1) Byers, Monica SR	2) Heim, Emily 8	3) Bennett, Lucy SR	4) Ceol, Jillian 8	
36.16 36.11 35.01 27.03				
7 North Stafford High School-VA	A	1:57.00	2:15.99	
1) Johnson, Harley	2) Faherty, Marin	3) Dix, Sara	4) Carandang, Angela	
33.47 42.37 30.75 29.40				
8 Flint Hill School Swim Team-PV	A	2:20.00	2:19.00	
1) Swarts, Catherine SO	2) Suter, Alana SO	3) Okoth, Nora SR	4) Garner, Luella FR	
38.02 40.32 31.33 29.33				
9 Bishop Ireton Swim and Dive-VA	B	NT	2:19.73	
1) Sanasack, Maddie FR	2) Pratt, Deanna SO	3) Irwin, Natalie FR	4) Sullivan, Megan SO	
37.63 38.28 34.30 29.52				
10 North Stafford High School-VA	B	2:11.00	2:24.20	
1) Johnson, Sarah	2) Gaston, Hannah	3) Rupert, Kat	4) Hank, Tyler	
36.26 41.72 35.75 30.47				

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**(Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
11 St. Michael the Archangel High-V	A	2:39.51	2:25.96	
1) Van Deusen, Maggie JR	2) Britton, Katharine JR	3) Britton, Mary Grace SO	4) Rich, Andrea JR	
41.44 37.65 33.66 33.21				
12 Pope John Paul the Great HS	B	2:16.20	2:31.16	
1) Smith, Caroline JR	2) Flanagan, Casey SR	3) Borneman, Danielle FR	4) Mullen, Veronica JR	
39.79 39.60 36.25 35.52				
--- Collegiate School-VA	C	2:05.11	X2:08.13#	
1) Cooke, Caroline 12	2) Blankenship, Kayla 9	3) Burns, Catherine 11	4) Quay, Rebecca 12	
33.18 36.24 29.69 29.02				
--- Collegiate School-VA	D	2:05.12	X2:08.33#	
1) Lenz, Sydney 7	2) Harper, Jasmine 7	3) Ennis, Caroline 7	4) Gift, Ann 7	
32.23 34.92 32.33 28.85				
--- Collegiate School-VA	E	2:09.87	X2:12.61#	
1) Cottrell, Marielle 11	2) Miller, Anne 8	3) Fergusson, Jane 7	4) Fergusson, Vivien 10	
34.73 36.89 32.57 28.42				
--- Collegiate School-VA	F	2:18.92	X2:17.29	
1) Sjovold, Kate 7	2) Surgner, Kate 7	3) Jacobs, Olivia 7	4) Muncy, Cristina 7	
37.07 37.57 37.12 25.53				
--- Seton School	C	NT	X2:18.63	
1) Marrazzo, Sally FR	2) Heim, Sarah SO	3) Higginbottom, Keziah JR	4) Catalano, Hayden	
34.87 39.35 32.77 31.64				
--- Seton School	D	NT	X2:24.41	
1) Flook, Dani 7	2) Murphy, Maggie SR	3) Irving, Julia SO	4) Pechie, Cat 7	
36.72 43.26 32.91 31.52				
--- Seton School	F	NT	X2:26.62	
1) O'Malley, Meghan 8	2) Earls, Elizabeth 8	3) Wunderly, Bernadette JR	4) Remington, Mary SO	
39.97 40.72 32.09 33.84				
--- Seton School	E	NT	X2:27.78	
1) Lowell, Emily SO	2) Verry, Theresa JR	3) Lucas, Geni 8	4) Byers, Carly SR	
39.37 41.16 34.38 32.87				
--- Collegiate School-VA	G	2:32.66	X2:33.59	
1) O'Neill, Libby 7	2) Templeman, Claire 10	3) Fox, Anne 8	4) Berents, Kendall 12	
40.58 43.96 36.18 32.87				
--- Seton School	G	NT	X2:35.15	
1) Krynitsky, Jessica 8	2) Remington, Rose 8	3) Farmer, Bryanna 8	4) Bliss, Teresa FR	
38.97 42.54 33.98 39.66				
--- Wakefield School	A	NT	X2:36.23	
1) Quinn, Charlotte FR	2) Hutcheson, Haleigh SR	3) Zontine, Hannah JR	4) Wietz, Meghan FR	
45.84 39.41 37.64 33.34				
--- Pope John Paul the Great HS	C	2:35.30	X2:41.76	
1) Hagen-Gates, India SO	2) Glascock, Samantha SR	3) Lizarralde, Victoria FR	4) Virostek, Lauren SR	
40.63 39.37 45.93 35.83				
--- Seton School	I	NT	X2:52.40	
1) Garvey, Cecilia 7	2) Hickey, Noelle 7	3) Brien, Sarah SO	4) Rosato, Meridyth 7	
42.82 54.72 39.56 35.30				
--- Seton School	H	NT	XNS	

**Event 3 Boys 200 Yard Freestyle**

SST Record: 1:38.54 ! 1/31/2010 S.J. Hill

Nat Cath QT: 1:57.50 +

VSIS QT: 2:02.00 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Ikeda, Rob	SR	Flint Hill School Swim Team-PV	1:49.07	1:52.13+	
25.17 28.50 29.59 28.87					

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**(Event 3 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
2 Eggert, Zach 26.24 29.58 29.13 29.46	JR	Pope John Paul the Great HS	1:55.50	1:54.41 +	
3 Lutterbein, Tyrus 27.08 30.21 30.55 30.48	11	Collegiate School-VA	1:54.41	1:58.32 #	
4 Peele, Chris 28.48 32.69 33.92 34.80		North Stafford High School-VA	2:11.66	2:09.89	
5 Gordon, Max 29.05 33.85 35.57 34.40	10	Collegiate School-VA	2:11.16	2:12.87	
6 Sampson, Matt 30.90 35.16 35.85 32.09	SR	St. Michael the Archangel High-VA	2:17.98	2:14.00	
7 Shaw, Steven 28.88 33.94 36.31 36.65	JR	Seton School	2:16.56	2:15.78	
8 Newton, Michael 1:05.79 37.12 36.72		North Stafford High School-VA	2:34.94	2:19.63	
9 Moore, Collin 30.31 35.49 38.82 36.40	9	Collegiate School-VA	2:15.45	2:21.02	
10 Resch, Matthew 29.65 34.94 38.81 38.42		North Stafford High School-VA	2:15.53	2:21.82	
11 Schieber, Brian 32.34 36.67 37.28 35.74		North Stafford High School-VA	NT	2:22.03	
12 Lambrecht, David 32.27 36.30 37.70 36.13	JR	Seton School	2:25.07	2:22.40	
13 Vollino, Garrett 40.41 32.22 35.36 37.50	10	Collegiate School-VA	2:21.15	2:25.49	
14 Sampson, John 32.73 37.57 39.57 37.82	JR	St. Michael the Archangel High-VA	2:41.80	2:27.69	
15 Reilly, Tucker 32.41 37.90 39.87 40.27	FR	Flint Hill School Swim Team-PV	2:30.00	2:30.45	
16 Brien, Hugh 31.90 38.52 41.56 39.67	SR	Seton School	2:32.82	2:31.65	
17 Collins, Michael 31.86 38.64 42.93 42.63	SR	Seton School	2:35.03	2:36.06	
18 Naim, Nabil 39.18 47.75 52.05 52.78	SR	St. Michael the Archangel High-VA	2:56.00	3:11.76	
--- Walker, Calvin 32.10 38.34 1:21.38		North Stafford High School-VA	2:36.00	X2:31.82	

**Event 4 Girls 200 Yard Freestyle**SST Record: **1:55.74 !** 2/18/2000 **K. Shipko**Nat Cath QT: **2:15.50 +**VSIS QT: **2:15.81 #**

Name	Yr	School	Seed Time	Finals Time	Points
1 Pollard, Ashton 28.91 31.32 31.64 31.60	10	Collegiate School-VA	2:03.52	2:03.47 +	
2 Palmer, Kelly 30.02 32.29 32.82 32.31	JR	Bishop Ireton Swim and Dive-VA	2:03.29	2:07.44 +	
3 Zaun, Murphy 30.14 33.06 34.65 35.42	8	Collegiate School-VA	2:10.35	2:13.27 +	
4 Quay, Rebecca 30.10 33.69 35.14 34.96	12	Collegiate School-VA	2:02.53	2:13.89 +	
5 Stratford, Kelsey 31.60 34.81 35.04 33.94	8	Collegiate School-VA	2:15.64	2:15.39 +	
6 Rector, Kimberly 30.50 34.82 36.72 36.42	8	Seton School	2:45.00	2:18.46	

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**(Event 4 Girls 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Bennett, Lucy	SR	Seton School	2:23.43	2:23.80	
32.04 35.59 38.39		37.78			
8 Ranieri, Julia	SO	Pope John Paul the Great HS	2:16.04	2:25.59	
31.75 36.34 37.84		39.66			
9 Carandang, Angela		North Stafford High School-VA	2:27.34	2:31.84	
32.77 37.17 40.61		41.29			
10 Heim, Emily	8	Seton School	2:52.02	2:34.54	
34.17 39.55 41.47		39.35			
11 Rupert, Kat		North Stafford High School-VA	2:44.26	2:35.10	
34.57 40.41 42.23		37.89			
12 Smid, Emily	SO	Pope John Paul the Great HS	2:25.30	2:35.21	
33.70 37.82 42.06		41.63			
13 Britton, Mary Grace	SO	St. Michael the Archangel High-VA	2:41.13	2:35.31	
32.48 39.09 43.94		39.80			
14 Wunderly, Bernadette	JR	Seton School	2:34.29	2:41.90	
34.27 40.75 42.94		43.94			
15 Smith, Caroline	JR	Pope John Paul the Great HS	2:38.50	2:42.16	
37.70 40.03 42.42		42.01			
16 O'Brien, Liz	FR	St. Michael the Archangel High-VA	2:52.00	2:59.02	
38.62 47.48 49.85		43.07			
--- Laming, Gillian	7	Collegiate School-VA	2:32.18	X2:28.55	
31.75 37.91 39.41		39.48			
--- Surgner, Kate	7	Collegiate School-VA	2:34.76	X2:37.41	
34.94 38.62 43.06		40.79			
--- Mullen, Veronica	JR	Pope John Paul the Great HS	3:03.24	X2:57.86	
--- Schmitz, Karaline		North Stafford High School-VA	2:09.16	NS	
--- Ettinger, Katie	SO	St. Michael the Archangel High-VA	2:42.00	XNS	
--- Murray, Madeline		North Stafford High School-VA	2:31.75	NS	

**Event 5 Boys 200 Yard IM**SST Record: **1:54.70** ! 2/17/2008 N. CookNat Cath QT: **2:14.00** +VSIS QT: **2:19.75** #

Name	Yr	School	Seed Time	Finals Time	Points
1 Yan, Eric	11	Collegiate School-VA	2:08.70	2:13.79+	
27.27 34.02 42.89		29.61			
2 Fergusson, Ted	12	Collegiate School-VA	2:10.35	2:16.63#	
28.89 34.92 42.18		30.64			
3 Fralen, Jonathan		North Stafford High School-VA	2:16.77	2:17.78#	
30.37 34.00 41.58		31.83			
4 Thomas, Mac	10	Collegiate School-VA	2:22.25	2:22.19	
28.20 35.12 45.28		33.59			
5 Donohoe, Ryan	FR	Pope John Paul the Great HS	2:22.20	2:23.51	
31.18 37.47 41.25		33.61			
6 Hoioos, Jake		North Stafford High School-VA	2:25.95	2:30.71	
31.40 39.58 44.67		35.06			
7 Kosten, Joseph	SO	Seton School	2:31.19	2:30.82	
30.94 41.12 43.79		34.97			
8 Mule, Vince	SR	Bishop Ireton Swim and Dive-VA	2:33.01	2:31.26	
30.69 36.92 49.42		34.23			
9 Quinn, Lucas	FR	Wakefield School	2:32.93	2:34.05	
32.67 38.08 49.86		33.44			

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**(Event 5 Boys 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
10 Mahoney, Bailey	SO	Wakefield School	2:38.24	2:36.43	
30.45 38.38 51.09		36.51			
11 Hill, Michael	SR	Seton School	2:35.48	2:38.77	
34.34 40.55 42.83		41.05			
12 Lizarralde, Andres	SO	Pope John Paul the Great HS	2:45.20	2:39.23	
34.84 38.60 48.75		37.04			
13 Turley, Nolan	FR	St. Michael the Archangel High-VA	2:36.00	2:41.35	
48.06		34.99			
14 Hudgins, Dell	9	Collegiate School-VA	2:55.96	2:42.71	
33.55 41.87 51.23		36.06			
15 Fonda, James	SR	Bishop Ireton Swim and Dive-VA	NT	2:44.81	
34.45 42.07 45.92		42.37			
16 Newton, Nick		North Stafford High School-VA	2:49.33	2:48.47	
34.00 43.79 47.74		42.94			
17 Bryant, Jeffrey		North Stafford High School-VA	2:41.00	2:51.17	
35.22		42.33			
--- Mahoney, Ethan	FR	Wakefield School	2:43.93	X2:41.28	
33.78 40.89 48.67		37.94			
--- Maraska, Andrew	FR	Wakefield School	3:06.89	X2:57.88	
38.16 46.06 53.20		40.46			
--- Ulans, Chris	7	St. Michael the Archangel High-VA	NT	XDQ	
44.79 48.09 58.15		41.56			
--- Homsy, Zane	FR	Flint Hill School Swim Team-PV	3:00.00	DQ	
36.19 47.85 52.33		40.64			
--- Corkery, Jack	SR	Seton School	NT	DQ	
36.95 53.00 59.73		40.02			
--- Catalano, Seth	JR	Seton School	NT	DQ	
31.46 43.02 56.42		44.11			

**Event 6 Girls 200 Yard IM**SST Record: **2:11.80** ! 2/16/2008 J. DunnNat Cath QT: **2:35.00** +VSIS QT: **2:34.16** #

Name	Yr	School	Seed Time	Finals Time	Points
1 Kish, Mary Katherine	10	Collegiate School-VA	2:06.77	2:11.12!	
29.01 32.23 40.39		29.49			
2 Nelson, Tanner	8	Collegiate School-VA	2:17.34	2:20.29#	
30.65 36.46 40.22		32.96			
3 Erard, Emily	8	Collegiate School-VA	2:15.92	2:23.69#	
31.59 34.98 44.24		32.88			
4 Sinner, Alex	FR	Seton School	2:26.32	2:28.06#	
31.90 39.23 43.25		33.68			
5 Kenna, Claire	8	Seton School	2:47.19	2:39.27	
32.70 41.85 46.90		37.82			
6 Higginbottom, Keziah	JR	Seton School	2:48.88	2:50.10	
33.60 42.96 53.95		39.59			
7 Heckman, Michaela	JR	Pope John Paul the Great HS	2:38.10	2:55.46	
35.29 42.18 51.20		46.79			
8 Hanson, Payton		North Stafford High School-VA	2:48.00	2:56.27	
40.09 42.52 53.51		40.15			
9 Lucas, Geni	8	Seton School	2:48.00	2:56.64	
37.71 50.47 50.84		37.62			
10 Faherty, Marin		North Stafford High School-VA	2:58.00	3:06.12	
47.50 46.00 49.62		43.00			

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## (Event 6 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
11 Giannopoulos, Despina 40.24 49.77 58.57	42.74	North Stafford High School-VA	2:57.00	3:11.32	
12 Simcik, Sydney 47.87 47.43 58.70	44.35	North Stafford High School-VA	3:05.00	3:18.35	
13 Van Deusen, Maggie 44.08	46.51	JR St. Michael the Archangel High-VA	3:00.00	3:19.35	
--- Harper, Jasmine 33.11 38.40 43.30	33.33	7 Collegiate School-VA	2:29.62	X2:28.14#	
--- Fergusson, Jane 34.34 40.31 45.24	33.41	7 Collegiate School-VA	2:29.52	X2:33.30#	
--- Miller, Anne 34.70 40.14 44.57	34.13	8 Collegiate School-VA	2:34.85	X2:33.54#	
--- Sjovold, Kate 39.63 42.99 52.24	38.84	7 Collegiate School-VA	2:57.76	X2:53.70	
--- Knerr, Jennifer 38.82 47.72 54.70	42.67	8 St. Michael the Archangel High-VA	2:59.00	X3:03.91	
--- Burns, Catherine 31.95 37.92 42.23	34.96	11 Collegiate School-VA	2:17.36	DQ	

## Event 7 Boys 50 Yard Freestyle

SST Record: 21.22 ! 2/19/2010 S.J. Hill

Nat Cath QT: 24.50 +

VSIS QT: 24.57 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Coor, Wil	12	Collegiate School-VA	21.15	21.61+	
2 Grant, Kevin	JR	Bishop Ireton Swim and Dive-VA	22.52	22.77+	
3 Chang, Jonah	JR	Flint Hill School Swim Team-PV	23.34	23.81+	
4 Young, Derek		North Stafford High School-VA	23.83	23.91+	
5 DeMocker, Brian	SR	Flint Hill School Swim Team-PV	24.27	24.19+	
6 Borneman, Ben	JR	Pope John Paul the Great HS	25.04	24.71	
7 Waters, Nick	SR	Flint Hill School Swim Team-PV	24.58	24.75	
8 Hallahan, Jacob	JR	St. Michael the Archangel High-VA	24.56	24.79	
9 Kalna, Matthew	SR	Pope John Paul the Great HS	25.80	24.82	
10 Miller, Steve	SO	Pope John Paul the Great HS	27.10	25.02	
11 Thornburg, Zach	SO	Flint Hill School Swim Team-PV	24.87	25.06	
12 Saladino, Vince	12	Collegiate School-VA	25.69	25.56	
*13 Grant, Jimmy	FR	Bishop Ireton Swim and Dive-VA	26.81	25.64	
*13 Smearman, Carl	SO	Bishop Ireton Swim and Dive-VA	26.30	25.64	
15 Abbed, Kevin	SO	Bishop Ireton Swim and Dive-VA	26.05	25.81	
16 Rowland, Patrick	FR	Bishop Ireton Swim and Dive-VA	27.64	x26.15	
17 Foley, Jacob		North Stafford High School-VA	28.06	26.62	
18 Marrazzo, Luke	JR	Seton School	26.89	26.72	
19 Flook, Tommy		Seton School	28.20	26.77	
20 Resch, Matthew		North Stafford High School-VA	25.59	26.79	
21 Chiriboga, Carlos	SO	Bishop Ireton Swim and Dive-VA	28.00	x27.21	
22 Galindo, AJ	SO	Bishop Ireton Swim and Dive-VA	28.19	x27.42	
23 Reichelt, Thomas	SO	Bishop Ireton Swim and Dive-VA	28.22	x27.45	
24 Gelbach, Patrick	SO	Pope John Paul the Great HS	27.37	27.62	
25 Rostron, Carter	FR	Bishop Ireton Swim and Dive-VA	28.65	x27.68	
26 Edwards, Sam	12	Collegiate School-VA	26.34	27.71	
27 Hawley, Alex	FR	Pope John Paul the Great HS	32.10	x27.76	
28 Newton, Michael		North Stafford High School-VA	27.50	27.79	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
29 Bliss, Kevin	SR	Seton School	27.60	28.34	
30 Shumate, Carl	SR	Bishop Ireton Swim and Dive-VA	38.71	x28.39	
31 Dolan, Phillip	JR	Wakefield School	32.00	28.55	
32 Mosimann, James	JR	Seton School	28.87	28.64	
33 O'Brien, Eddie	JR	St. Michael the Archangel High-VA	29.09	29.14	
34 Wiemer, Ben	FR	Wakefield School	30.25	29.30	
35 Schieber, Brian		North Stafford High School-VA	NT	x30.65	
36 Clancy, James	SO	St. Michael the Archangel High-VA	30.44	30.85	
37 Clemency, Will	JR	Wakefield School	37.69	31.26	
38 Schelke, Patrick-Michael	SR	St. Michael the Archangel High-VA	30.64	32.46	
39 Sampson, Joe	FR	St. Michael the Archangel High-VA	31.92	x32.72	
40 D'Addio, Joey	JR	St. Michael the Archangel High-VA	35.81	x37.00	
41 Pisfils, David	JR	Bishop Ireton Swim and Dive-VA	39.99	x38.97	
--- Frederick, Aaron	SR	Flint Hill School Swim Team-PV	26.69	X26.69	
--- Nichols, John	8	St. Michael the Archangel High-VA	30.74	X30.43	
--- Koehr, Brian	8	Seton School	31.18	X31.09	
--- Cole, Jared	FR	Wakefield School	36.78	X31.52	
--- Arnold, William	8	Seton School	31.50	X31.79	
--- O'Donohue, Mark		Seton School	32.19	X32.57	
--- Mosimann, Paul	FR	Seton School	32.72	X32.92	
--- Wunderly, John		Seton School	33.39	X33.45	
--- Irving, Thomas	7	Seton School	32.35	X33.64	
--- Moore, Thomas	8	Seton School	33.85	X34.47	
--- Hilleary, Pat	SR	Seton School	32.80	X34.70	
--- Van de Voorde, Jude	FR	Seton School	32.65	X34.77	
--- Kleb, John Paul	7	Seton School	36.75	X35.47	
--- O'Donohue, John		Seton School	36.88	X35.92	
--- Dealey, Patrick	8	Seton School	36.09	X35.93	
--- Afcha, Chris	SR	Pope John Paul the Great HS	38.10	X35.95	
--- Costello, Tim	FR	Seton School	35.51	X36.67	
--- Quinan, Andrew	8	Seton School	37.70	X37.12	
--- Clyborne, Brandon	7	St. Michael the Archangel High-VA	37.59	X37.13	
--- Kenneally, Michael	7	Seton School	38.55	X37.61	
--- Byers, Michael	7	Seton School	38.51	X37.76	
--- Sampson, Michael	7	St. Michael the Archangel High-VA	41.19	X39.28	
--- Trask, Tyler	7	St. Michael the Archangel High-VA	40.34	X39.62	
--- Clancy, Bryan	7	St. Michael the Archangel High-VA	55.87	X56.88	
--- Duran, Joe	SO	Seton School	28.99	XNS	
--- Mulloy, Mark	7	St. Michael the Archangel High-VA	43.35	XNS	
--- Hoffman, Tyler		Seton School	35.94	XNS	
--- Gordon, Daniel		St. Michael the Archangel High-VA	36.39	XNS	
--- Simms, Tim	FR	St. Michael the Archangel High-VA	35.97	NS	

**Event 8 Girls 50 Yard Freestyle**

SST Record: 24.54 ! 2/18/2011 Cat Rogers

Nat Cath QT: 28.50 +

VSIS QT: 27.87 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Rogers, Cat	SR	Seton School	24.54	25.40#	
2 Makepeace, Chandler	11	Collegiate School-VA	25.25	25.59#	
3 Brewer, Campbell	9	Collegiate School-VA	26.50	26.89#	
4 Zeigler, Maddie	SR	Bishop Ireton Swim and Dive-VA	27.42	27.00#	



## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## (Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
5 Brendsel, Natalie	JR	Flint Hill School Swim Team-PV	26.38	27.01 #	
6 Dix, Sara		North Stafford High School-VA	27.60	27.34 #	
7 Ranieri, Julia	SO	Pope John Paul the Great HS	27.80	27.74 #	
8 Reifsnider, Carter	12	Collegiate School-VA	26.70	27.77 #	
9 Blankenship, Kayla	9	Collegiate School-VA	28.05	27.99 +	
10 Donohoe, Clare	JR	Pope John Paul the Great HS	28.63	28.11 +	
11 Ceol, Jillian	8	Seton School	28.35	28.91	
12 Blanchard, Sarah	JR	Seton School	29.09	29.06	
13 Camaradella, Tori	SR	Bishop Ireton Swim and Dive-VA	29.70	29.18	
14 Garner, Luella	FR	Flint Hill School Swim Team-PV	29.11	29.55	
15 Okoth, Nora	SR	Flint Hill School Swim Team-PV	29.82	29.62	
16 Rector, Kimberly	8	Seton School	30.03	29.63	
17 Lucas, Caitlin	SR	Bishop Ireton Swim and Dive-VA	30.35	29.71	
18 Branham, Alex	SO	Bishop Ireton Swim and Dive-VA	29.83	29.77	
19 Villagomez, Christie	SR	Pope John Paul the Great HS	31.07	30.13	
20 Flanagan, Casey	SR	Pope John Paul the Great HS	30.01	30.25	
21 Collins, Emily	SO	Pope John Paul the Great HS	32.35	x30.32	
22 Kennedy, Catherine	SO	Bishop Ireton Swim and Dive-VA	30.39	x30.67	
23 Rupert, Kat		North Stafford High School-VA	31.22	30.69	
24 Hutcheson, Haleigh	SR	Wakefield School	32.31	30.89	
*25 Sullivan, Megan	SO	Bishop Ireton Swim and Dive-VA	33.70	x31.85	
*25 Irwin, Natalie	FR	Bishop Ireton Swim and Dive-VA	31.98	x31.85	
27 Steinberger, Abby	SR	Bishop Ireton Swim and Dive-VA	29.99	x31.94	
28 Baker, Ali		North Stafford High School-VA	31.28	31.95	
29 Pratt, Deanna	SO	Bishop Ireton Swim and Dive-VA	32.58	x31.99	
30 Johnson, Sarah		North Stafford High School-VA	30.37	32.21	
31 Rich, Andrea	JR	St. Michael the Archangel High-VA	33.83	33.22	
32 Stiebel, Olivia	FR	Flint Hill School Swim Team-PV	33.94	33.55	
33 Ditzler, Daria	SO	St. Michael the Archangel High-VA	33.97	34.61	
34 Mathes, Charlotte	SR	Bishop Ireton Swim and Dive-VA	37.16	x34.77	
35 Wietz, Meghan	FR	Wakefield School	36.50	34.89	
36 O'Brien, Liz	FR	St. Michael the Archangel High-VA	35.03	36.74	
--- Fergusson, Vivien	10	Collegiate School-VA	28.69	X28.60	
--- Cooke, Caroline	12	Collegiate School-VA	28.25	X28.69	
--- Bess, Emily	7	St. Michael the Archangel High-VA	35.00	X29.30	
--- Brown, Mason	11	Collegiate School-VA	28.39	X29.35	
--- Talley, Caroline	8	St. Michael the Archangel High-VA	30.84	X29.97	
--- Marrazzo, Sally	FR	Seton School	30.31	X30.22	
--- Muncy, Cristina	7	Collegiate School-VA	31.27	X31.04	
--- Crews, Madalyn	11	Collegiate School-VA	30.33	X31.06	
--- Borneman, Danielle	FR	Pope John Paul the Great HS	33.20	X31.09	
--- Catalano, Hayden		Seton School	31.10	X31.76	
--- Galston, Arielle	12	Collegiate School-VA	31.27	X32.18	
--- Fox, Anne	8	Collegiate School-VA	32.72	X32.22	
--- Long, Ruth	SR	Pope John Paul the Great HS	32.16	X32.80	
--- Zadnik, Catie	SR	Seton School	33.51	X32.95	
--- Berents, Kendall	12	Collegiate School-VA	33.15	X33.19	
--- Garcia, Victoria	SO	Pope John Paul the Great HS	34.20	X33.33	
--- Byers, Carly	SR	Seton School	33.36	X33.71	
--- Krynitsky, Jessica	8	Seton School	34.34	X33.86	
--- Remington, Mary	SO	Seton School	33.55	X33.91	
--- Ward, Molly	7	St. Michael the Archangel High-VA	36.55	X33.98	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 8 Girls 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
---	O'Neill, Libby	7 Collegiate School-VA	33.55	X34.05	
---	Earls, Elizabeth	8 Seton School	34.70	X34.12	
---	Shorris, Sam	SO Flint Hill School Swim Team-PV	35.16	X34.22	
---	Glascock, Samantha	SR Pope John Paul the Great HS	34.36	X34.36	
---	Templeman, Claire	10 Collegiate School-VA	35.13	X34.40	
---	Remington, Rose	8 Seton School	34.99	X35.21	
---	Garvey, Cecilia	7 Seton School	35.68	X35.23	
---	Zadnik, Vivian	8 Seton School	35.91	X35.49	
---	Hickey, Noelle	7 Seton School	36.48	X36.43	
---	Brien, Sarah	SO Seton School	36.30	X36.91	
---	Barzegar, Maria	SO Flint Hill School Swim Team-PV	39.38	X37.57	
---	Quinn, Charlotte	FR Wakefield School	42.03	X37.84	
---	Brown, Olivia	7 Collegiate School-VA	37.33	X38.23	
---	Virostek, Lauren	SR Pope John Paul the Great HS	35.30	X38.73	
---	Bliss, Teresa	FR Seton School	39.46	X39.18	
---	Fox, Regan	SO Flint Hill School Swim Team-PV	39.52	X39.58	
---	Rosato, Meridyth	7 Seton School	42.57	X39.86	
---	Harrison, Clara	7 St. Michael the Archangel High-VA	41.94	X40.08	
---	Ivory, Elise	8 St. Michael the Archangel High-VA	39.82	X41.80	
---	Nunn, Jessica	9 Collegiate School-VA	47.22	X42.35	
---	Carias, Maria	SR Pope John Paul the Great HS	41.80	X42.68	
---	Williams, Abigail	SO Pope John Paul the Great HS	40.20	X44.01	
---	Given, Allison	7 Seton School	47.69	X51.12	
---	Pennington, Cayla	7 St. Michael the Archangel High-VA	44.60	XNS	
---	Alexander, Ashley	FR Wakefield School	36.50	NS	
---	Planchak, Kelly	SR Pope John Paul the Great HS	28.25	NS	
---	McNutt, Kaitlyn	SO Bishop Ireton Swim and Dive-VA	34.93	NS	
---	Armstrong, Loxi	SR Pope John Paul the Great HS	36.20	XNS	
---	Vohra, Christina	FR Flint Hill School Swim Team-PV	44.26	XNS	
---	Zadnik, Lizzy	SO Seton School	35.21	XNS	

**Event 9 Boys 1 mtr Diving**

SST Record: 177.10 ! 1/8/2011 Joe Duran

Name	Yr	School	Finals Score	Points
1	Duran, Joe	SO Seton School	177.10	154.40
2	Manley, Michael	SO Seton School	122.90	127.10
3	Busser, Grayson	9 Collegiate School-VA	130.40	112.00
4	Kosten, Joseph	SO Seton School	80.30	111.40
5	Zapiain, Joseph	FR Seton School	NP	65.05
---	Ostrich, Michael	Seton School	103.40	NS

**Event 10 Girls 1 mtr Diving**

SST Record: 120.40 ! 1/16/2010 Sarah Zapiain

Name	Yr	School	Finals Score	Points
1	Branham, Alex	SO Bishop Ireton Swim and Dive-VA	157.10	137.20!
2	Porter, Leilani	8 Collegiate School-VA	145.43	129.90!
3	Zapiain, Sarah	SR Seton School	120.40	117.30
4	Duran, Mary	JR Seton School	101.05	113.75
5	Higginbottom, Keziah	JR Seton School	113.25	112.00
6	Frazier, Stephanie	FR Bishop Ireton Swim and Dive-VA	87.80	76.50
7	Verry, Theresa	JR Seton School	NP	51.35

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## Event 11 Boys 100 Yard Butterfly

SST Record: 51.76 ! 1/16/2010 S.J. Hill

Nat Cath QT: 58.50 +

VSIS QT: 1:01.65 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Dunn, Catfish 25.30 28.75	SR	Seton School	53.50	54.05+	
2 Moore, Cameron 25.78 28.30	11	Collegiate School-VA	53.24	54.08+	
3 Kalna, Matthew 26.77 30.04	SR	Pope John Paul the Great HS	57.82	56.81+	
4 Chang, Jonah 27.38 29.93	JR	Flint Hill School Swim Team-PV	58.37	57.31+	
5 Ikeda, Rob 26.92 31.01	SR	Flint Hill School Swim Team-PV	58.38	57.93+	
6 Morin, Alec 27.62 33.67	SO	St. Michael the Archangel High-VA	1:00.07	1:01.29#	
7 Fergusson, Ted 28.88 32.66	12	Collegiate School-VA	57.99	1:01.54#	
8 Vollino, Garrett 29.50 35.25	10	Collegiate School-VA	1:04.81	1:04.75	
9 Morrison, Matt 31.38 37.33		North Stafford High School-VA	1:05.00	1:08.71	
10 Slowik, Nick 30.87 38.65		North Stafford High School-VA	1:14.00	1:09.52	
11 Pennefather, Patrick 30.88 39.45	FR	Seton School	1:14.09	1:10.33	
12 Grant, Jimmy 32.51 39.48	FR	Bishop Ireton Swim and Dive-VA	NT	1:11.99	
13 Faherty, Nolan 31.88 40.56		North Stafford High School-VA	1:13.00	1:12.44	
14 Flook, Tommy 31.07 42.64		Seton School	1:16.00	1:13.71	
15 Mosimann, James 35.86 44.59	JR	Seton School	1:25.93	1:20.45	
16 Ciesar, Wil 35.81 55.11	FR	Flint Hill School Swim Team-PV	1:25.00	1:30.92	
--- Pechie, Paul 39.90 51.33	FR	Seton School	1:41.23	X1:31.23	
--- Homs, Zane 38.41 51.03	FR	Flint Hill School Swim Team-PV	1:26.64	DQ	
--- Salas, Cris 39.99 59.85	8	Seton School	NT	XDQ	

## Event 12 Girls 100 Yard Butterfly

SST Record: 59.82 ! 2/18/2011 B. Wunderly

Nat Cath QT: 1:10.50 +

VSIS QT: 1:09.91 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Swarts, Rachel 28.39 31.74	JR	Flint Hill School Swim Team-PV	58.92	1:00.13#	
2 Pollard, Caroline 28.59 32.80	9	Collegiate School-VA	1:00.10	1:01.39#	
3 Gelozin, Gabby 30.22 35.78	11	Collegiate School-VA	1:01.62	1:06.00#	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 12 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
4 Kennedy, Allison 31.73 37.83	SR	Flint Hill School Swim Team-PV	1:08.75	1:09.56#	
5 Bennett, Lucy 33.43 42.36	SR	Seton School	1:14.67	1:15.79	
6 Cottrell, Marielle 35.76 41.28	11	Collegiate School-VA	1:16.23	1:17.04	
7 Carandang, Angela 35.10 42.22		North Stafford High School-VA	1:18.41	1:17.32	
8 Johnson, Kelsey 35.89 42.09	10	Collegiate School-VA	1:17.56	1:17.98	
9 Byers, Monica 36.34 44.26	SR	Seton School	1:17.75	1:20.60	
10 Wunderly, Bernadette 35.62 45.01	JR	Seton School	1:19.06	1:20.63	
11 Farmer, Bryanna 35.87 46.56	8	Seton School	1:22.67	1:22.43	
12 Britton, Mary Grace 35.95 49.16	SO	St. Michael the Archangel High-VA	NT	1:25.11	
13 Borneman, Danielle 44.52 52.82	FR	Pope John Paul the Great HS	1:20.10	1:37.34	
--- Ennis, Caroline 33.66 40.28	7	Collegiate School-VA	1:13.24	X1:13.94	
--- Jacobs, Olivia 34.51 44.48	7	Collegiate School-VA	1:14.57	X1:18.99	
--- Blanchard, Sarah 36.91 47.34	JR	Seton School	1:23.77	X1:24.25	
--- Verry, Theresa 37.99 47.94	JR	Seton School	1:24.15	X1:25.93	
--- Catalano, Hayden 39.43 50.33		Seton School	NT	X1:29.76	
--- Flook, Dani 39.72 54.96	7	Seton School	NT	X1:34.68	
--- Lowell, Emily 41.85 55.06	SO	Seton School	1:47.41	X1:36.91	
--- Pechie, Cat 45.75 1:01.96	7	Seton School	NT	X1:47.71	
--- O'Malley, Meghan 44.44 53.28	8	Seton School	NT	XDQ	
--- Murray, Madeline		North Stafford High School-VA	1:17.54	NS	
--- Schmitz, Karaline		North Stafford High School-VA	1:03.75	NS	
--- Bauer, Taylor		North Stafford High School-VA	1:24.00	NS	

**Event 13 Boys 100 Yard Freestyle**

SST Record: 45.67 ! 2/20/2010 S. J. Hill

Nat Cath QT: 53.00 +

VSIS QT: 54.31 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Coor, Wil 23.78 24.09	12	Collegiate School-VA	46.56	47.87+	
2 Grant, Kevin 23.55 26.55	JR	Bishop Ireton Swim and Dive-VA	49.83	50.10+	
3 Yan, Eric 24.36 26.07	11	Collegiate School-VA	50.00	50.43+	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## (Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
4 Brackmann, Cameron 25.23 26.99		North Stafford High School-VA	51.91	52.22+	
5 Eggert, Zach 25.39 26.87	JR	Pope John Paul the Great HS	53.50	52.26+	
6 DeMocker, Brian 26.03 27.89	SR	Flint Hill School Swim Team-PV	53.35	53.92#	
7 Tang, Eric 26.25 27.81	SO	Flint Hill School Swim Team-PV	55.80	54.06#	
8 MacDonald, Alex 26.10 28.31	SO	Pope John Paul the Great HS	53.92	54.41	
9 Waters, Nick 26.61 28.18	SR	Flint Hill School Swim Team-PV	55.83	54.79	
10 Gordon, Max 26.29 28.76	10	Collegiate School-VA	54.69	55.05	
11 Thornburg, Zach 26.34 28.91	SO	Flint Hill School Swim Team-PV	57.69	55.25	
12 Fralen, Jonathan 26.94 28.88		North Stafford High School-VA	58.00	55.82	
13 Miller, Steve 27.33 28.56	SO	Pope John Paul the Great HS	56.80	55.89	
14 Hallahan, Jacob 26.91 29.05	JR	St. Michael the Archangel High-VA	56.16	55.96	
15 Quinn, Lucas 27.11 29.69	FR	Wakefield School	57.53	56.80	
16 Borneman, Ben 27.12 29.86	JR	Pope John Paul the Great HS	56.47	56.98	
17 Ross, Logan 27.35 29.83		North Stafford High School-VA	57.54	57.18	
18 Smearman, Carl 26.88 31.03	SO	Bishop Ireton Swim and Dive-VA	59.01	57.91	
19 Foley, Jacob 28.86 29.35		North Stafford High School-VA	1:02.07	58.21	
20 Abbed, Kevin 28.52 31.16	SO	Bishop Ireton Swim and Dive-VA	1:00.00	59.68	
21 Gelbach, Patrick 28.91 32.57	SO	Pope John Paul the Great HS	1:00.77	x1:01.48	
22 Edwards, Sam 29.69 31.83	12	Collegiate School-VA	1:02.51	1:01.52	
23 Brien, Hugh 28.86 33.72	SR	Seton School	1:02.64	1:02.58	
24 Galindo, AJ 30.77 32.09	SO	Bishop Ireton Swim and Dive-VA	1:03.53	1:02.86	
25 Rowland, Patrick 29.22 33.73	FR	Bishop Ireton Swim and Dive-VA	1:04.05	x1:02.95	
26 Lambrecht, David 30.57 33.46	JR	Seton School	1:06.08	1:04.03	
27 Hill, Michael 30.75 34.03	SR	Seton School	1:03.27	1:04.78	
28 O'Brien, Eddie 31.41 36.11	JR	St. Michael the Archangel High-VA	1:06.49	1:07.52	
29 Schelke, Patrick-Michael 34.41 39.71	SR	St. Michael the Archangel High-VA	1:12.98	1:14.12	
30 Naim, Nabil 38.76 45.74	SR	St. Michael the Archangel High-VA	1:28.19	1:24.50	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
31 Pisfils, David 43.61 51.63	JR	Bishop Ireton Swim and Dive-VA	1:26.79	x1:35.24	
--- Timblin, Tristan 27.29 30.08	SO	Flint Hill School Swim Team-PV	1:01.94	X57.37	
--- Mahoney, Ethan 29.10 33.00	FR	Wakefield School	1:08.59	X1:02.10	
--- Walker, Calvin 30.88 34.33		North Stafford High School-VA	1:07.45	X1:05.21	
--- Hawley, Alex 33.44 36.54	FR	Pope John Paul the Great HS	1:04.10	X1:09.98	
--- Afcha, Chris 43.05 56.54	SR	Pope John Paul the Great HS	1:35.20	X1:39.59	
--- Koehr, Patrick	SO	Seton School	59.73	NS	
--- Mejia, Rob	SR	Bishop Ireton Swim and Dive-VA	57.24	NS	
--- Gordon, Daniel		St. Michael the Archangel High-VA	NT	XNS	

**Event 14 Girls 100 Yard Freestyle**

SST Record: 54.08 ! 2/20/2010 L. Donohoe

Nat Cath QT: 1:01.50 +

VSIS QT: 1:01.01 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Kish, Mary Katherine 26.38 27.91	10	Collegiate School-VA	53.32	54.29#	
2 Doonis, Alex 26.63 28.81	SR	Seton School	53.67	55.44#	
3 Makepeace, Chandler 27.32 29.68	11	Collegiate School-VA	55.43	57.00#	
4 Zeigler, Maddie 28.72 30.00	SR	Bishop Ireton Swim and Dive-VA	1:00.52	58.72#	
5 Brewer, Campbell 28.16 31.10	9	Collegiate School-VA	57.72	59.26#	
6 Brendsel, Natalie 29.17 30.67	JR	Flint Hill School Swim Team-PV	56.99	59.84#	
7 Johnson, Harley 29.07 31.71		North Stafford High School-VA	59.65	1:00.78#	
8 Donohoe, Clare 29.83 31.50	JR	Pope John Paul the Great HS	1:02.80	1:01.33+	
9 Reifsnider, Carter 29.77 32.87	12	Collegiate School-VA	1:00.09	1:02.64	
10 Lucas, Caitlin 30.62 33.18	SR	Bishop Ireton Swim and Dive-VA	1:05.82	1:03.80	
11 Britton, Katharine 31.05 34.37	JR	St. Michael the Archangel High-VA	1:08.88	1:05.42	
12 Okoth, Nora 31.75 34.00	SR	Flint Hill School Swim Team-PV	1:06.91	1:05.75	
13 Geisenhof, Hannah 32.34 35.46		North Stafford High School-VA	1:08.81	1:07.80	
14 Sanasack, Maddie 32.18 36.09	FR	Bishop Ireton Swim and Dive-VA	1:06.01	1:08.27	
15 Flanagan, Casey 33.40 34.90	SR	Pope John Paul the Great HS	1:11.20	1:08.30	
16 Irving, Julia 31.63 36.87	SO	Seton School	1:08.26	1:08.50	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
17 Marrazzo, Sally 32.99 35.90	FR	Seton School	1:07.89	1:08.89	
18 Broderick, Grace 32.69 36.41	JR	Pope John Paul the Great HS	1:09.04	1:09.10	
19 Kennedy, Catherine 32.71 36.45	SO	Bishop Ireton Swim and Dive-VA	1:05.61	1:09.16	
20 Zapiain, Sarah 33.10 36.97	SR	Seton School	1:05.73	1:10.07	
21 Suter, Alana 33.28 36.92	SO	Flint Hill School Swim Team-PV	1:13.64	1:10.20	
22 Swarts, Catherine 32.60 37.68	SO	Flint Hill School Swim Team-PV	1:08.22	1:10.28	
23 Sullivan, Megan	SO	Bishop Ireton Swim and Dive-VA	1:17.56	x1:11.84	
24 Zontine, Hannah 34.26 37.74	JR	Wakefield School	1:15.81	1:12.00	
25 Steinberger, Abby 35.19 39.16	SR	Bishop Ireton Swim and Dive-VA	NT	x1:14.35	
26 Hanson, Payton 35.89 40.51		North Stafford High School-VA	1:07.00	1:16.40	
27 Lizarralde, Victoria 35.78 41.14	FR	Pope John Paul the Great HS	1:15.20	1:16.92	
28 Rich, Andrea 36.43 41.45	JR	St. Michael the Archangel High-VA	1:10.23	1:17.88	
29 Gaston, Hannah 37.91 42.81		North Stafford High School-VA	1:20.61	1:20.72	
--- Zaun, Murphy 29.50 31.14	8	Collegiate School-VA	1:01.34	X1:00.64#	
--- Gift, Ann 30.52 32.60	7	Collegiate School-VA	1:02.73	X1:03.12	
--- Crews, Madalyn 32.37 36.48	11	Collegiate School-VA	1:07.47	X1:08.85	
--- Heim, Sarah	SO	Seton School	1:14.94	X1:09.95	
--- Garner, Luella	FR	Flint Hill School Swim Team-PV	1:16.24	X1:10.49	
--- Hagen-Gates, India 33.38 37.16	SO	Pope John Paul the Great HS	1:10.77	X1:10.54	
--- Pennefather, Michaela 34.56 40.16	8	Seton School	1:15.18	X1:14.72	
--- Stibel, Olivia 35.60 39.13	FR	Flint Hill School Swim Team-PV	1:20.00	X1:14.73	
--- Berents, Kendall	12	Collegiate School-VA	1:11.45	X1:16.39	
--- Murphy, Maggie 35.04 42.50	SR	Seton School	1:13.08	X1:17.54	
--- Shorris, Sam 37.25 41.58	SO	Flint Hill School Swim Team-PV	1:20.36	X1:18.83	
--- Ward, Molly 38.07 41.02	7	St. Michael the Archangel High-VA	NT	X1:19.09	
--- Garvey, Cecilia 38.09 42.92	7	Seton School	1:19.37	X1:21.01	
--- Quinn, Charlotte	FR	Wakefield School	1:28.14	X1:25.00	
--- Virostek, Lauren 42.00 49.64	SR	Pope John Paul the Great HS	1:23.20	X1:31.64	
--- Barzegar, Maria 42.74 49.14	SO	Flint Hill School Swim Team-PV	1:35.15	X1:31.88	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
--- Harrison, Clara 41.55 51.76	7	St. Michael the Archangel High-VA	1:20.00	X1:33.31	
--- Carias, Maria 49.62 48.66	SR	Pope John Paul the Great HS	1:35.79	X1:38.28	
--- Williams, Abigail 47.45 53.05	SO	Pope John Paul the Great HS	1:49.10	X1:40.50	
--- Pennington, Cayla --- Nunn, Jessica 46.08 55.84	7 9	St. Michael the Archangel High-VA Collegiate School-VA	NT 1:45.98	X1:54.62 XDQ	
--- Planchak, Kelly	SR	Pope John Paul the Great HS	1:04.86	NS	
--- Kimball, Catherine	JR	Pope John Paul the Great HS	1:14.40	NS	
--- Ettinger, Katie	SO	St. Michael the Archangel High-VA	1:11.39	XNS	
--- Vohra, Christina	FR	Flint Hill School Swim Team-PV	1:38.51	XNS	
--- McNutt, Kaitlyn	SO	Bishop Ireton Swim and Dive-VA	1:20.58	NS	
--- Armstrong, Loxi	SR	Pope John Paul the Great HS	1:16.20	XNS	

## Event 15 Boys 500 Yard Freestyle

SST Record: 4:27.19 ! 1/31/2010 S.J. Hill

Nat Cath QT: 5:20.00 +

VSIS QT: 5:37.61 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Lutterbein, Tyrus 29.19 31.61 33.34 31.94 29.59	11	Collegiate School-VA	5:00.99 31.70	5:18.16+	
2 Thomas, Mac 29.95 34.76 36.93 38.10 32.48	10	Collegiate School-VA	6:10.00 36.92	5:57.78	
3 Hoioos, Jake 30.73 35.23 36.11 36.32 34.06		North Stafford High School-VA	5:50.00 36.96	5:59.98	
4 Mule, Vince 30.53 34.09 36.06 36.47	SR	Bishop Ireton Swim and Dive-VA	6:00.16 38.67	6:03.80	
5 Young, Derek 30.49 34.18 36.61 40.11 34.82		North Stafford High School-VA	6:20.00 39.40	6:11.78	
6 Sampson, Matt 34.04 38.48 39.52 37.03 32.28	SR	St. Michael the Archangel High-VA	6:25.00 39.65	6:25.78	
7 Quinan, Peter 31.65 36.93 38.59 40.72 36.18	JR	Seton School	6:45.03 41.21	6:28.61	
8 Eveland, George 32.74 37.08 39.69 39.96 36.36		North Stafford High School-VA	6:32.75 40.67	6:28.76	
9 Marrazzo, Luke 31.48 36.59 38.20 43.69 38.58	JR	Seton School	6:22.66 41.10	6:34.86	
10 Clancy, James	SO	St. Michael the Archangel High-VA	6:58.03	7:12.51	
11 Bliss, Kevin 33.38 39.07 42.07 43.18	SR	Seton School	6:52.13 47.88	7:19.32	
--- Catalano, Seth	JR	Seton School	NT	NS	
--- Newton, Nick		North Stafford High School-VA	7:08.91	NS	



## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## Event 16 Girls 500 Yard Freestyle

SST Record: 5:06.98 ! 2/1/1999 K. Shipko

Nat Cath QT: 5:40.00 +

VSIS QT: 6:10.23 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Pollard, Caroline	9	Collegiate School-VA	5:20.51	5:24.50+	
29.57 31.70 32.49	32.96	33.09 33.33 33.32	33.13		
33.06 31.85					
2 Dix, Sara		North Stafford High School-VA	5:23.69	5:28.16+	
29.52 32.64 33.07	33.26	33.17 33.31 33.49	33.52		
33.46 32.72					
3 Quay, Rebecca	12	Collegiate School-VA	5:21.26	5:59.33#	
31.15 34.55 35.76	36.61	37.25 36.63 36.89	36.72		
37.39 36.38					
4 Sinner, Alex	FR	Seton School	6:00.00	6:00.85#	
31.97 35.79 36.74	37.38	37.12 37.23 37.28	36.93		
36.64 33.77					
5 Kenna, Claire	8	Seton School	6:44.59	6:36.21	
32.28 37.15 40.06	40.21	41.36 42.01 41.68	42.13		
42.10 37.23					
6 Fergusson, Vivien	10	Collegiate School-VA	6:25.00	6:43.01	
32.18 37.84 39.51	40.41	42.01 42.62 42.10	43.39		
42.36 40.59					
7 Galston, Arielle	12	Collegiate School-VA	6:41.51	6:47.11	
35.21 39.84 41.46	41.53	41.18 41.38 42.15	42.05		
42.03 40.28					
8 Geisenhof, Hannah		North Stafford High School-VA	6:46.84	6:51.52	
		42.73			
40.26 38.17					
9 Lucas, Geni	8	Seton School	7:07.00	6:57.34	
36.45 40.71 42.62	42.40	42.54 43.06 43.35	43.30		
43.02 39.89					
10 Ceol, Jillian	8	Seton School	7:00.00	6:58.25	
36.26 41.77 43.09	43.52	43.73 41.46 40.37	42.92		
43.38 41.75					
11 Collins, Emily	SO	Pope John Paul the Great HS	7:45.20	7:04.46	
34.80 39.59 41.52	42.56	43.55 44.00 45.50	44.95		
45.55 42.44					
12 Ditzler, Daria	SO	St. Michael the Archangel High-VA	7:24.35	7:24.24	
39.49 42.74 44.82	45.72	45.04 45.62 46.46	46.33		
46.18 41.84					
--- Lenz, Sydney	7	Collegiate School-VA	5:34.78	X5:41.64#	
31.24 34.33 34.70	34.66	34.90 34.38 34.67	34.39		
34.60 33.77					
--- Fergusson, Jane	7	Collegiate School-VA	5:50.27	X6:04.83#	
32.53 36.71 36.87	37.38	36.89 38.03 37.84	36.46		
37.04 35.08					
--- Clancy, James		St. Michael the Archangel High-VA	NT	X7:12.51	
34.50 39.50 41.81	44.45	45.54 45.54 45.87	46.15		
45.95 43.20					
--- Palmer, Kelly	JR	Bishop Ireton Swim and Dive-VA	5:19.19	DQ	
--- Johnson, Sarah		North Stafford High School-VA	7:22.15	NS	
--- Hank, Tyler		North Stafford High School-VA	7:25.00	NS	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## Event 17 Boys 200 Yard Freestyle Relay

SST Record: 1:30.07 ! 2/19/2010 Hill, Koehr, Cook, Basinger

Nat Cath QT: 1:37.00 +

VSIS QT: 1:42.24 #

Team	Relay	Seed Time	Finals Time	Points
1 Collegiate School-VA	A	1:32.39	1:33.00+	
1) Yan, Eric 11	2) Moore, Cameron 11	3) Thomas, Mac 10	4) Coor, Wil 12	
23.11 23.90 23.96	22.03			
2 Flint Hill School Swim Team-PV	A	1:34.68	1:35.67+	
1) Ikeda, Rob SR	2) DeMocker, Brian SR	3) Waters, Nick SR	4) Chang, Jonah JR	
23.80 24.16 24.24	23.47			
3 Pope John Paul the Great HS	A	1:38.43	1:36.40+	
1) Kalna, Matthew SR	2) Eggert, Zach JR	3) MacDonald, Alex SO	4) Miller, Steve SO	
24.64 23.36 23.95	24.45			
4 Bishop Ireton Swim and Dive-VA	A	1:42.69	1:40.06#	
1) Grant, Kevin JR	2) Mule, Vince SR	3) Smearman, Carl SO	4) Abbed, Kevin SO	
23.04 25.56 25.11	26.35			
5 Flint Hill School Swim Team-PV	B	1:44.00	1:42.71	
1) Tang, Eric SO	2) Timblin, Tristan SO	3) Frederick, Aaron SR	4) Thornburg, Zach SO	
25.29 26.09 26.57	24.76			
6 Bishop Ireton Swim and Dive-VA	B	1:48.50	1:44.38	
1) Fonda, James SR	2) Grant, Jimmy FR	3) Rowland, Patrick FR	4) Chiriboga, Carlos SO	
26.27 26.51 26.58	25.02			
7 Seton School	B	1:49.04	1:46.68	
1) Kosten, Joseph SO	2) Hill, Michael SR	3) Brien, Hugh SR	4) Bliss, Kevin SR	
25.85 27.17 25.96	27.70			
8 North Stafford High School-VA	A	1:38.00	1:47.28	
1) Peele, Chris	2) Slowik, Nick	3) Faherty, Nolan	4) Morrison, Matt	
27.66 27.42 26.41	25.79			
9 St. Michael the Archangel High-V	A	1:43.27	1:47.40	
1) Hallahan, Jacob JR	2) Sampson, John JR	3) Turley, Nolan FR	4) Morin, Alec SO	
25.32 28.86 28.56	24.66			
10 North Stafford High School-VA	B	1:47.00	1:48.50	
1) Fralen, Jonathan	2) Hoioos, Jake	3) Foley, Jacob	4) Ross, Logan	
26.13 28.03 27.44	26.90			
11 Wakefield School	A	NT	1:49.04	
1) Dolan, Phillip JR	2) Wiemer, Ben FR	3) Mahoney, Bailey SO	4) Quinn, Lucas FR	
28.44 29.13 26.33	25.14			
12 Pope John Paul the Great HS	B	NT	1:49.16	
1) Gelbach, Patrick SO	2) Hawley, Alex FR	3) Lizarralde, Andres SO	4) Borneman, Ben JR	
27.93 29.13 27.18	24.92			
13 Collegiate School-VA	B	1:48.40	1:49.40	
1) Edwards, Sam 12	2) Hudgins, Dell 9	3) Vollino, Garrett 10	4) Moore, Collin 9	
26.83 28.99 26.82	26.76			
14 St. Michael the Archangel High-V	B	1:58.00	2:04.85	
1) Sampson, Joe FR	2) Schelke, Patrick-Michael SR	3) Clancy, James SO	4) O'Brien, Eddie JR	
32.65 32.60 30.73	28.87			
15 Wakefield School	B	NT	2:04.90	
1) Clemency, Will JR	2) Cole, Jared FR	3) Mahoney, Ethan FR	4) Maraska, Andrew FR	
33.33 31.24 27.54	32.79			
--- North Stafford High School-VA	C	1:57.00	X1:55.91	
1) Newton, Nick	2) Newton, Michael	3) Walker, Calvin	4) Matos, Cole	
29.81 27.67 28.44	29.99			

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seton School	D	2:08.42	X2:09.40	
1) Catalano, Seth JR 27.17 34.48 30.67	2) Van de Voorde, Jude FR 37.08	3) Salas, Cris 8	4) O'Donohue, John	
--- Seton School	E	2:08.99	X2:09.41	
1) Collins, Michael SR 38.16 22.02 33.03	2) Pechie, Paul FR 36.20	3) Mosimann, Paul FR	4) Dealey, Patrick 8	
--- Seton School	F	2:10.79	X2:11.62	
1) Lambrecht, David JR 28.52 31.89 35.66	2) Koehr, Brian 8 35.55	3) Hilleary, Pat SR	4) Kleb, John Paul 7	
--- Seton School	G	2:12.97	X2:16.67	
1) Corkery, Jack SR 30.53 33.20 39.47	2) Arnold, William 8 33.47	3) Wunderly, John	4) Kenneally, Michael 7	
--- Seton School	C	2:15.24	X2:20.31	
1) Mosimann, James JR 29.27 35.84 36.40	2) Costello, Tim FR 38.80	3) Irving, Thomas 7	4) Byers, Michael 7	
--- St. Michael the Archangel High-V	C	2:12.30	X2:21.62	
1) Nichols, John 8 31.57 44.63 19.74	2) Gordon, Daniel 45.68	3) Clyborne, Brandon 7	4) Ulans, Chris 7	
--- Seton School	A	1:43.18	DQ	
1) Dunn, Catfish SR 24.56 26.54 26.93	2) Marrazzo, Luke JR 24.51	3) Shaw, Steven JR	4) Koehr, Patrick SO	
--- Seton School	H	2:13.38	XNS	

**Event 18 Girls 200 Yard Freestyle Relay**

SST Record: 1:40.05 ! 2/19/2010 Doonis,Rogers,Talbott,Donohoe

Nat Cath QT: 1:48.50 +

VSIS QT: 1:55.34 #

Team	Relay	Seed Time	Finals Time	Points
1 Seton School	A	1:44.24	1:45.80+	
1) Doonis, Alex SR 26.05 27.72 27.27	2) Kenna, Claire 8 24.76	3) Sinner, Alex FR	4) Rogers, Cat SR	
2 Collegiate School-VA	A	1:45.12	1:46.14+	
1) Pollard, Ashton 10 26.81 27.02 27.23	2) Brewer, Campbell 9 25.08	3) Reifsnider, Carter 12	4) Kish, Mary Katherine 10	
3 Flint Hill School Swim Team-PV	A	1:47.96	1:51.30#	
1) Swarts, Rachel JR 26.84 28.12 29.18	2) Kennedy, Allison SR 27.16	3) Garner, Luella FR	4) Brendsel, Natalie JR	
4 Bishop Ireton Swim and Dive-VA	A	1:54.38	1:52.49#	
1) Zeigler, Maddie SR 27.17 28.75 29.48	2) Camaradella, Tori SR 27.09	3) Lucas, Caitlin SR	4) Palmer, Kelly JR	
5 Collegiate School-VA	B	1:50.19	1:53.48#	
1) Zaun, Murphy 8 28.24 29.33 28.27	2) Gelozin, Gabby 11 27.64	3) Blankenship, Kayla 9	4) Nelson, Tanner 8	
6 Pope John Paul the Great HS	A	1:55.02	1:56.92	
1) Donohoe, Clare JR 28.83 28.14 30.04	2) Ranieri, Julia SO 29.91	3) Flanagan, Casey SR	4) Broderick, Grace JR	
7 North Stafford High School-VA	A	1:50.00	2:01.30	
1) Johnson, Harley 28.57 29.72 35.92	2) Carandang, Angela 27.09	3) Baker, Ali	4) Dix, Sara	
*8 Bishop Ireton Swim and Dive-VA	B	2:09.13	2:05.10	
1) Branham, Alex SO 32.86 32.29 31.65	2) Sullivan, Megan SO 28.30	3) Irwin, Natalie FR	4) Steinberger, Abby SR	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## (Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
*8 Pope John Paul the Great HS	B	2:04.10	2:05.10	
1) Collins, Emily SO	2) Heckman, Michaela JR	3) Villagomez, Christie SR	4) Smid, Emily SO	
32.94 30.50 30.94	30.72			
10 St. Michael the Archangel High-V	A	2:03.29	2:05.33	
1) Britton, Katharine JR	2) Rich, Andrea JR	3) Van Deusen, Maggie JR	4) Britton, Mary Grace SO	
29.47 33.89 32.20	29.77			
11 Wakefield School	A	2:12.26	2:17.20	
1) Quinn, Charlotte FR	2) Wietz, Meghan FR	3) Hutcheson, Haleigh SR	4) Zontine, Hannah JR	
39.53 33.70 33.09	30.88			
12 Flint Hill School Swim Team-PV	B	2:39.00	2:27.10	
1) Stibel, Olivia FR	2) Shorris, Sam SO	3) Fox, Regan SO	4) Barzegar, Maria SO	
34.30 37.13 38.43	37.24			
--- Collegiate School-VA	C	1:57.81	X1:57.02	
1) Johnson, Kelsey 10	2) Fergusson, Jane 7	3) Fergusson, Vivien 10	4) Stratford, Kelsey 8	
29.47 29.42 28.70	29.43			
--- Collegiate School-VA	D	2:01.57	X2:05.27	
1) Laming, Gillian 7	2) Crews, Madalyn 11	3) Cottrell, Marielle 11	4) Galston, Arielle 12	
29.99 30.73 31.35	33.20			
--- Seton School	E	2:13.84	X2:12.71	
1) Verry, Theresa JR	2) Flook, Dani 7	3) Higginbottom, Keziah JR	4) Hickey, Noelle 7	
32.83 32.68 30.36	36.84			
--- Seton School	D	2:12.69	X2:14.64	
1) Heim, Sarah SO	2) Lucas, Geni 8	3) Remington, Mary SO	4) Brien, Sarah SO	
32.41 32.19 33.99	36.05			
--- Seton School	C	2:11.84	X2:15.27	
1) Wunderly, Bernadette JR	2) Farmer, Bryanna 8	3) Zadnik, Catie SR	4) Zadnik, Vivian 8	
32.42 32.07 35.95	34.83			
--- Seton School	F	2:15.17	X2:15.48	
1) Catalano, Hayden	2) Lowell, Emily SO	3) Krynitsky, Jessica 8	4) Bliss, Teresa FR	
30.82 32.76 32.72	39.18			
--- Seton School	G	2:17.76	X2:16.90	
1) Byers, Carly SR	2) Pennefather, Michaela 8	3) Earls, Elizabeth 8	4) Garvey, Cecilia 7	
33.71 32.71 34.81	35.67			
--- Pope John Paul the Great HS	C	2:10.20	X2:18.13	
1) Garcia, Victoria SO	2) Borneman, Danielle FR	3) Mullen, Veronica JR	4) Glascock, Samantha SR	
36.22 29.61 38.23	34.07			
--- Collegiate School-VA	E	2:29.37	X2:22.92	
1) O'Neill, Libby 7	2) Brown, Olivia 7	3) Nunn, Jessica 9	4) Muncy, Cristina 7	
34.34 38.15 40.49	29.94			
--- Seton School	H	2:21.64	X2:22.98	
1) Murphy, Maggie SR	2) Pechie, Cat 7	3) Remington, Rose 8	4) Rosato, Meridyth 7	
33.34 33.10 36.64	39.90			
--- St. Michael the Archangel High-V	C	2:33.34	X2:31.93	
1) Ward, Molly 7	2) Harrison, Clara 7	3) Ivory, Elise 8	4) O'Brien, Liz FR	
35.22 43.15 38.98	34.58			
--- North Stafford High School-VA	B	2:05.00	DQ	
1) Giannopoulos, Despina	2) Hanson, Payton	3) Faherty, Marin	4) Simcik, Sydney	
33.58 36.52 36.48	35.95			
--- Seton School	B	1:58.90	DQ	
1) Rector, Kimberly 8	2) Heim, Emily 8	3) Zapiain, Sarah SR	4) Blanchard, Sarah JR	
29.95 30.14 31.35	29.24			
--- Pope John Paul the Great HS	D	2:20.20	XNS	
--- St. Michael the Archangel High-V	B	2:07.68	NS	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## Event 19 Boys 100 Yard Backstroke

SST Record: 51.48 ! 1/20/2006 K. Koehr

Nat Cath QT: 1:01.00 +

VSIS QT: 1:02.75 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Moore, Cameron 26.83 28.22	11	Collegiate School-VA	52.46	55.05+	
2 Dunn, Catfish 27.59 28.85	SR	Seton School	54.59	56.44+	
3 Brackmann, Cameron 29.22 30.48		North Stafford High School-VA	57.38	59.70+	
4 Tang, Eric 29.51 30.90	SO	Flint Hill School Swim Team-PV	1:03.50	1:00.41+	
5 MacDonald, Alex 30.83 32.69	SO	Pope John Paul the Great HS	1:01.88	1:03.52	
6 Morin, Alec 31.40 33.96	SO	St. Michael the Archangel High-VA	1:04.00	1:05.36	
7 Mahoney, Bailey 33.53 35.87	SO	Wakefield School	1:19.20	1:09.40	
8 Shaw, Steven	JR	Seton School	1:07.22	1:09.54	
9 Saladino, Vince 34.13 37.50	12	Collegiate School-VA	1:11.18	1:11.63	
10 Reichelt, Thomas	SO	Bishop Ireton Swim and Dive-VA	1:12.25	1:12.03	
11 Rostron, Carter 35.88 39.25	FR	Bishop Ireton Swim and Dive-VA	1:17.49	1:15.13	
12 Eveland, George		North Stafford High School-VA	1:17.04	1:16.54	
13 Dolan, Phillip 37.04 39.63	JR	Wakefield School	1:25.69	1:16.67	
14 Bryant, Jeffrey		North Stafford High School-VA	1:20.00	1:19.33	
15 Morrison, Matt 39.10 41.87		North Stafford High School-VA	1:10.00	1:20.97	
16 Pechie, Paul 39.82 42.12	FR	Seton School	1:22.37	1:21.94	
17 Salas, Cris	8	Seton School	1:23.43	1:26.85	
18 Clemency, Will 45.92 49.35	JR	Wakefield School	1:44.17	1:35.27	
19 D'Addio, Joey 55.32 56.78	JR	St. Michael the Archangel High-VA	1:38.00	1:52.10	
--- Matos, Cole 39.59 42.13		North Stafford High School-VA	1:26.31	X1:21.72	
--- Ulans, Chris 45.16 47.14	7	St. Michael the Archangel High-VA	NT	X1:32.30	
--- Cole, Jared 44.56 49.20	FR	Wakefield School	1:47.66	X1:33.76	
--- Clyborne, Brandon 49.04 52.24	7	St. Michael the Archangel High-VA	1:35.00	X1:41.28	
--- Sampson, Michael	7	St. Michael the Archangel High-VA	NT	X1:43.41	
--- Trask, Tyler 1:50.85	7	St. Michael the Archangel High-VA	NT	X1:50.14	
--- Simms, Tim	FR	St. Michael the Archangel High-VA	1:28.00	NS	
--- Mulloy, Mark	7	St. Michael the Archangel High-VA	1:32.00	XNS	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## Event 20 Girls 100 Yard Backstroke

SST Record: 1:00.04 ! 12/2/2008 J. Dunn

Nat Cath QT: 1:10.00 +

VSIS QT: 1:10.23 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Pollard, Ashton 29.46 31.28	10	Collegiate School-VA	59.23	1:00.74+	
2 Erard, Emily 30.78 32.05	8	Collegiate School-VA	58.30	1:02.83+	
3 Swarts, Rachel 31.42 32.39	JR	Flint Hill School Swim Team-PV	1:00.45	1:03.81+	
4 Doonis, Alex 31.30 33.92	SR	Seton School	1:00.07	1:05.22+	
5 Kennedy, Allison 33.49 36.09	SR	Flint Hill School Swim Team-PV	1:06.30	1:09.58+	
6 Cottrell, Marielle 33.86 36.04	11	Collegiate School-VA	1:10.82	1:09.90+	
7 Cooke, Caroline 34.16 36.17	12	Collegiate School-VA	1:09.51	1:10.33	
8 Johnson, Harley 34.31 36.58		North Stafford High School-VA	1:13.12	1:10.89	
9 Irving, Julia 36.81 40.80	SO	Seton School	1:17.75	1:17.61	
10 Byers, Monica 38.24 39.91	SR	Seton School	1:15.06	1:18.15	
11 Zontine, Hannah	JR	Wakefield School	1:29.87	1:20.90	
12 Bauer, Taylor		North Stafford High School-VA	1:20.97	1:21.42	
13 Pratt, Deanna 39.34 45.09	SO	Bishop Ireton Swim and Dive-VA	1:19.03	1:24.43	
14 Smith, Caroline 42.94 43.52	JR	Pope John Paul the Great HS	1:25.19	1:26.46	
15 Pennefather, Michaela	8	Seton School	1:22.44	1:29.54	
16 Simcik, Sydney 42.93 46.83		North Stafford High School-VA	1:27.18	1:29.76	
17 Lizarralde, Victoria 44.18 45.62	FR	Pope John Paul the Great HS	1:22.90	1:29.80	
18 Villagomez, Christie	SR	Pope John Paul the Great HS	1:28.32	1:29.90	
19 Van Deusen, Maggie 43.80 47.72	JR	St. Michael the Archangel High-VA	1:32.50	1:31.52	
20 Wietz, Meghan 49.54 52.49	FR	Wakefield School	1:59.75	1:42.03	
--- Lenz, Sydney 33.14 34.36	7	Collegiate School-VA	1:05.70	X1:07.50+	
--- Stratford, Kelsey 33.43 35.21	8	Collegiate School-VA	1:11.88	X1:08.64+	
--- Gift, Ann 34.64 36.45	7	Collegiate School-VA	1:10.03	X1:11.09	
--- Laming, Gillian 34.87 37.61	7	Collegiate School-VA	1:12.54	X1:12.48	
--- Ennis, Caroline 36.15 37.83	7	Collegiate School-VA	1:13.01	X1:13.98	
--- Johnson, Kelsey 37.10 40.96	10	Collegiate School-VA	1:16.46	X1:18.06	
--- Jacobs, Olivia 40.24 40.56	7	Collegiate School-VA	1:16.45	X1:20.80	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Sjovold, Kate 39.65 41.63	7	Collegiate School-VA	1:21.56	X1:21.28	
--- Fox, Anne 39.47 44.91	8	Collegiate School-VA	1:23.45	X1:24.38	
--- Talley, Caroline 40.38 44.43	8	St. Michael the Archangel High-VA	NT	X1:24.81	
--- O'Neill, Libby	7	Collegiate School-VA	1:31.45	X1:33.17	
--- Earls, Elizabeth 48.08 51.12	8	Seton School	1:41.92	X1:39.20	
--- Remington, Mary 48.42 56.10	SO	Seton School	1:46.14	X1:44.52	
--- Ivory, Elise 1:48.38	8	St. Michael the Archangel High-VA	1:43.72	X1:48.18	
--- Given, Allison 1:07.43 1:13.76	7	Seton School	2:17.69	X2:21.19	
--- Alexander, Ashley	FR	Wakefield School	1:44.82	NS	
--- Hank, Tyler		North Stafford High School-VA	1:22.82	NS	

**Event 21 Boys 100 Yard Breaststroke**SST Record: **58.53 !** 1/27/2007 N. CookNat Cath QT: **1:07.50 +**VSIS QT: **1:11.16 #**

Name	Yr	School	Seed Time	Finals Time	Points
1 Faherty, Nolan 32.10 36.93		North Stafford High School-VA	1:07.44	1:09.03#	
2 Donohoe, Ryan 33.19 37.15	FR	Pope John Paul the Great HS	1:13.10	1:10.34#	
3 Moore, Collin 34.51 38.00	9	Collegiate School-VA	1:13.94	1:12.51	
4 Frederick, Aaron 33.96 38.62	SR	Flint Hill School Swim Team-PV	1:13.41	1:12.58	
5 Slowik, Nick 34.78 39.11		North Stafford High School-VA	1:10.97	1:13.89	
6 Peele, Chris 35.65 39.98		North Stafford High School-VA	1:13.43	1:15.63	
7 Ross, Logan 36.93 40.58		North Stafford High School-VA	1:18.07	1:17.51	
8 Pennefather, Patrick 36.68 41.37	FR	Seton School	1:17.42	1:18.05	
9 Fonda, James 35.27 42.91	SR	Bishop Ireton Swim and Dive-VA	NT	1:18.18	
10 Sampson, John 37.18 41.72	JR	St. Michael the Archangel High-VA	1:20.53	1:18.90	
11 Timblin, Tristan 37.66 41.64	SO	Flint Hill School Swim Team-PV	1:20.25	1:19.30	
12 Chiriboga, Carlos 38.21 44.00	SO	Bishop Ireton Swim and Dive-VA	NT	1:22.21	
13 Reilly, Tucker 38.87 43.95	FR	Flint Hill School Swim Team-PV	1:26.58	1:22.82	
14 Wiemer, Ben 38.81 44.92	FR	Wakefield School	1:21.71	1:23.73	
15 Quinan, Peter 39.42 44.46	JR	Seton School	1:23.45	1:23.88	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## (Event 21 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time	Points
16 Lizarralde, Andres 39.72 44.27	SO	Pope John Paul the Great HS	1:24.73	1:23.99	
17 Turley, Nolan 38.73 45.32	FR	St. Michael the Archangel High-VA	1:37.63	1:24.05	
18 Zapiain, Joseph 38.86 45.67	FR	Seton School	1:27.66	1:24.53	
19 Sampson, Joe 39.74 47.63	FR	St. Michael the Archangel High-VA	1:28.39	1:27.37	
20 Shumate, Carl 41.61 47.87	SR	Bishop Ireton Swim and Dive-VA	NT	1:29.48	
21 Ciesar, Wil 41.70 51.15	FR	Flint Hill School Swim Team-PV	1:35.55	1:32.85	
--- Van de Voorde, Jude 39.66 44.61	FR	Seton School	1:33.21	X1:24.27	
--- O'Donohue, Mark 41.29 48.58		Seton School	1:35.35	X1:29.87	
--- Maraska, Andrew 45.35 47.02	FR	Wakefield School	1:38.12	X1:32.37	
--- Collins, Michael 42.16 50.51	SR	Seton School	1:28.24	X1:32.67	
--- Koehr, Brian 43.97 50.60	8	Seton School	1:42.88	X1:34.57	
--- Mosimann, Paul 43.37 52.35	FR	Seton School	1:37.74	X1:35.72	
--- Costello, Tim 45.54 50.19	FR	Seton School	1:40.76	X1:35.73	
--- Hilleary, Pat 44.51 52.68	SR	Seton School	1:37.04	X1:37.19	
--- Arnold, William 45.36 51.86	8	Seton School	1:45.27	X1:37.22	
--- Irving, Thomas 46.89 56.56	7	Seton School	1:46.25	X1:43.45	
--- Wunderly, John 48.57 56.24		Seton School	1:47.27	X1:44.81	
--- O'Donohue, John 48.37 56.99		Seton School	1:45.42	X1:45.36	
--- Kenneally, Michael 49.63 57.50	7	Seton School	1:51.60	X1:47.13	
--- Nichols, John 50.47 58.97	8	St. Michael the Archangel High-VA	NT	X1:49.44	
--- Moore, Thomas 47.84 1:03.44	8	Seton School	1:56.60	X1:51.28	
--- Byers, Michael 52.41 58.90	7	Seton School	1:51.39	X1:51.31	
--- Dealey, Patrick 53.16 1:00.98	8	Seton School	1:53.63	X1:54.14	
--- Hudgins, Dell	9	Collegiate School-VA	1:19.81	DQ	
--- Clancy, Bryan	7	St. Michael the Archangel High-VA	2:10.00	XDQ	
--- Corkery, Jack 44.67 53.72	SR	Seton School	1:36.79	XDQ	
--- Quinan, Andrew 54.53 1:03.27	8	Seton School	2:07.97	XDQ	



## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 21 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Kleb, John Paul 50.20 59.08	7	Seton School	1:47.37	XDQ	
--- Hoffman, Tyler		Seton School	1:53.14	XNS	
--- Koehr, Patrick	SO	Seton School	1:21.74	NS	
--- Mejia, Rob	SR	Bishop Ireton Swim and Dive-VA	1:19.30	NS	

**Event 22 Girls 100 Yard Breaststroke**

SST Record: 1:07.94 ! 2/18/2011 C. Rogers

Nat Cath QT: 1:18.00 +

VSIS QT: 1:18.28 #

Name	Yr	School	Seed Time	Finals Time	Points
1 Nelson, Tanner 33.09 37.13	8	Collegiate School-VA	1:09.74	1:10.22+	
2 Rogers, Cat 33.43 36.89	SR	Seton School	1:07.94	1:10.32+	
3 Heim, Emily 35.99 42.21	8	Seton School	1:19.73	1:18.20#	
4 Burns, Catherine 37.66 41.57	11	Collegiate School-VA	1:12.30	1:19.23	
5 Gelozin, Gabby 37.62 42.40	11	Collegiate School-VA	1:12.20	1:20.02	
6 Brown, Mason 38.72 42.30	11	Collegiate School-VA	1:15.89	1:21.02	
7 Britton, Katharine 37.84 43.80	JR	St. Michael the Archangel High-VA	1:23.45	1:21.64	
8 Sanasack, Maddie 39.08 46.03	FR	Bishop Ireton Swim and Dive-VA	NT	1:25.11	
9 Broderick, Grace 40.27 45.32	JR	Pope John Paul the Great HS	1:26.38	1:25.59	
10 Heckman, Michaela 40.32 45.41	JR	Pope John Paul the Great HS	1:23.39	1:25.73	
11 Hutcheson, Haleigh 40.43 45.62	SR	Wakefield School	1:30.22	1:26.05	
12 Long, Ruth 40.25 46.80	SR	Pope John Paul the Great HS	1:21.29	1:27.05	
13 Faherty, Marin 41.41 45.97		North Stafford High School-VA	1:27.53	1:27.38	
14 Heim, Sarah 40.76 46.93	SO	Seton School	1:26.21	1:27.69	
15 Suter, Alana 40.86 47.90	SO	Flint Hill School Swim Team-PV	1:29.69	1:28.76	
16 Murphy, Maggie 42.50 48.31	SR	Seton School	1:26.50	1:30.81	
17 Glascock, Samantha 42.29 48.76	SR	Pope John Paul the Great HS	1:30.49	1:31.05	
18 Gaston, Hannah 42.88 48.40		North Stafford High School-VA	1:30.09	1:31.28	
19 Swarts, Catherine 43.12 48.31	SO	Flint Hill School Swim Team-PV	1:28.97	1:31.43	
20 Irwin, Natalie 43.44 50.20	FR	Bishop Ireton Swim and Dive-VA	1:32.75	1:33.64	
21 Baker, Ali 43.43 51.30		North Stafford High School-VA	1:30.38	1:34.73	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## (Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time	Points
22 Giannopoulos, Despina 46.15 52.05		North Stafford High School-VA	1:37.69	1:38.20	
23 Fox, Regan 49.79 54.67	SO	Flint Hill School Swim Team-PV	1:48.53	1:44.46	
--- Harper, Jasmine 34.77 38.80	7	Collegiate School-VA	1:10.21	X1:13.57+	
--- Miller, Anne 38.48 42.82	8	Collegiate School-VA	1:19.35	X1:21.30	
--- Blankenship, Kayla 38.87 43.06	9	Collegiate School-VA	1:19.78	X1:21.93	
--- Surgner, Kate 40.18 45.26	7	Collegiate School-VA	1:26.44	X1:25.44	
--- Smid, Emily 40.30 46.11	SO	Pope John Paul the Great HS	1:30.10	X1:26.41	
--- Hagen-Gates, India 41.51 45.72	SO	Pope John Paul the Great HS	1:29.91	X1:27.23	
--- Muncy, Cristina 42.14 46.42	7	Collegiate School-VA	1:29.44	X1:28.56	
--- Farmer, Bryanna 43.47 47.85	8	Seton School	1:34.29	X1:31.32	
--- Zadnik, Vivian 44.32 48.17	8	Seton School	1:34.58	X1:32.49	
--- Knerr, Jennifer 42.75 50.20	8	St. Michael the Archangel High-VA	NT	X1:32.95	
--- Krynitsky, Jessica 43.85 49.94	8	Seton School	NT	X1:33.79	
--- Byers, Carly 43.45 52.22	SR	Seton School	1:32.48	X1:35.67	
--- Remington, Rose 45.69 51.81	8	Seton School	1:40.10	X1:37.50	
--- Templeman, Claire 45.22 52.79	10	Collegiate School-VA	1:39.15	X1:38.01	
--- Garcia, Victoria 46.07 52.00	SO	Pope John Paul the Great HS	1:39.10	X1:38.07	
--- O'Malley, Meghan 46.25 52.16	8	Seton School	1:34.48	X1:38.41	
--- Zadnik, Catie 46.10 53.81	SR	Seton School	1:44.86	X1:39.91	
--- Brown, Olivia 49.58 54.95	7	Collegiate School-VA	1:41.65	X1:44.53	
--- Mullen, Veronica 49.26 55.78	JR	Pope John Paul the Great HS	1:30.10	X1:45.04	
--- Rosato, Meridyth 50.48 54.84	7	Seton School	1:49.99	X1:45.32	
--- Pechie, Cat 49.22 59.69	7	Seton School	1:44.81	X1:48.91	
--- Lowell, Emily 52.19 1:00.10	SO	Seton School	1:51.42	X1:52.29	
--- Brien, Sarah 54.48 1:01.41	SO	Seton School	1:58.47	X1:55.89	
--- Hickey, Noelle 54.62 1:07.63	7	Seton School	NT	X2:02.25	
--- Bliss, Teresa 58.18 1:07.39	FR	Seton School	2:17.37	X2:05.57	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

**(Event 22 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Bess, Emily 41.09 49.10	7	St. Michael the Archangel High-VA	NT	XDQ	
--- Kimball, Catherine	JR	Pope John Paul the Great HS	1:28.40	DQ	
--- Flook, Dani 47.41 56.02	7	Seton School	1:46.49	XDQ	
--- Zadnik, Lizzy	SO	Seton School	NT	XNS	

**Event 23 Boys 400 Yard Freestyle Relay**

SST Record: 3:17.05 ! 2/19/2010 Hill, Cook, Dunn, Basinger

Nat Cath QT: 3:40.00 +

VSIS QT: 3:59.45 #

Team	Relay	Seed Time	Finals Time	Points
1 Collegiate School-VA	A	3:21.84	3:28.28+	
1) Moore, Cameron 11 25.17 51.52 25.64	2) Thomas, Mac 10 53.48 23.91 50.66	3) Yan, Eric 11 24.81 52.62	4) Coor, Wil 12	
2 Flint Hill School Swim Team-PV	A	3:30.35	3:32.70+	
1) Ikeda, Rob SR 24.76 51.54 25.71	2) DeMocker, Brian SR 53.99 26.06 55.11	3) Waters, Nick SR 24.24 52.06	4) Chang, Jonah JR	
3 North Stafford High School-VA	A	3:42.00	3:49.17#	
1) Ross, Logan 28.18 59.68 26.57	2) Young, Derek 56.13 28.52 59.26	3) Morrison, Matt 26.41 54.10	4) Brackmann, Cameron	
4 Collegiate School-VA	B	3:42.82	3:49.32#	
1) Gordon, Max 10 26.75 56.43 28.13	2) Saladino, Vince 12 1:00.82 25.12 54.27	3) Lutterbein, Tyrus 11 27.95 57.80	4) Fergusson, Ted 12	
5 Bishop Ireton Swim and Dive-VA	B	3:58.65	3:58.97#	
1) Smearman, Carl SO 29.78 1:01.64 28.14	2) Abbed, Kevin SO 1:00.83 26.78 57.38	3) Mule, Vince SR 28.50 59.12	4) Grant, Jimmy FR	
6 North Stafford High School-VA	B	3:58.00	4:01.25	
1) Hoiioos, Jake 27.83 58.95 26.94	2) Fralen, Jonathan 57.48 29.82 1:02.71	3) Eveland, George 29.01 1:02.11	4) Newton, Michael	
7 Seton School	A	4:02.60	4:03.65	
1) Kosten, Joseph SO 27.74 58.24 28.71	2) Marrazzo, Luke JR 1:01.35 28.72 1:01.42	3) Flook, Tommy 28.01 1:02.64	4) Koehr, Patrick SO	
8 Pope John Paul the Great HS	A	3:51.54	4:12.18	
1) Borneman, Ben JR 27.76 57.74 28.91	2) Gelbach, Patrick SO 1:01.70 31.26 1:10.03	3) Hawley, Alex FR 29.85 1:02.71	4) Lizarralde, Andres SO	
9 Seton School	B	4:18.71	4:20.44	
1) Pennefather, Patrick FR 30.69 1:04.08 31.48	2) Quinan, Peter JR 1:05.80 32.55 1:06.89	3) Zapiain, Joseph FR 18.63 1:03.67	4) Lambrecht, David JR	
10 St. Michael the Archangel High-V	A	3:55.09	4:41.00	
1) O'Brien, Eddie JR 32.01 1:10.35 34.38	2) Sampson, Joe FR 1:15.05 35.08 1:14.78	3) Schelke, Patrick-Michael SR 1:00.82	4) Sampson, Matt SR	
--- North Stafford High School-VA	C	4:08.00	X4:23.34	
1) Schieber, Brian 31.95 1:06.51 31.59	2) Bryant, Jeffrey 1:06.85 30.74 1:05.14	3) Newton, Nick 29.64 1:04.84	4) Walker, Calvin	
--- Bishop Ireton Swim and Dive-VA	C	NT	X4:24.96	
1) Rostron, Carter FR 30.63 1:03.90 33.41	2) Reichelt, Thomas SO 1:09.02 31.36 1:06.69	3) Fonda, James SR 1:05.35	4) Shumate, Carl SR	
--- Bishop Ireton Swim and Dive-VA	A	3:57.88	DQ	
1) Grant, Kevin JR 24.25 50.76 27.31	2) Rowland, Patrick FR 1:00.56 28.87 1:02.47	3) Galindo, AJ SO 28.44 59.91	4) Chiriboga, Carlos SO	
--- St. Michael the Archangel High-V	B	4:06.15	NS	
1) D'Addio, Joey JR	2) Naim, Nabil SR	3) Trask, Tyler 7	4) Clyborne, Brandon 7	

## SST Swim Meet 12-17-11 - 12/17/2011

## Results

## Event 24 Girls 400 Yard Freestyle Relay

SST Record: 3:40.51 ! 2/19/2010 DoonisRogersClaybrooksDonohoe

Nat Cath QT: 4:21.00 +

VSIS QT: 4:27.73 #

Team	Relay	Seed Time	Finals Time	Points
1 Collegiate School-VA	A	3:38.78	3:51.73+	
1) Makepeace, Chandler 11	2) Pollard, Caroline 9	3) Pollard, Ashton 10	4) Kish, Mary Katherine 10	
26.60 56.27 27.14	56.87 28.21 59.60	27.93 58.99		
2 Collegiate School-VA	B	3:58.45	4:07.00+	
1) Zaun, Murphy 8	2) Burns, Catherine 11	3) Cooke, Caroline 12	4) Erard, Emily 8	
29.28 1:00.80 18.81	1:02.82 18.40 1:02.91	28.43 1:00.47		
3 Flint Hill School Swim Team-PV	A	3:58.03	4:09.24+	
1) Swarts, Rachel JR	2) Kennedy, Allison SR	3) Okoth, Nora SR	4) Brendsel, Natalie JR	
27.65 58.02 29.48	1:06.20 28.85 1:04.42	29.08 1:00.60		
4 Bishop Ireton Swim and Dive-VA	A	4:22.24	4:26.07#	
1) Palmer, Kelly JR	2) Kennedy, Catherine SO	3) Lucas, Caitlin SR	4) Steinberger, Abby SR	
28.50 58.97 32.03	1:07.90 30.27 1:04.16	33.91 1:15.04		
5 Seton School	A	4:20.76	4:34.56	
1) Rector, Kimberly 8	2) Ceol, Jillian 8	3) Zapiain, Sarah SR	4) Bennett, Lucy SR	
30.59 1:04.53 33.19	1:11.83 33.72 1:12.23	31.42 1:05.97		
6 Seton School	B	4:31.01	4:39.49	
1) Blanchard, Sarah JR	2) Marrazzo, Sally FR	3) Byers, Monica SR	4) Irving, Julia SO	
30.95 1:08.01 33.09	1:10.08 34.17 1:12.05	31.86 1:09.35		
7 Bishop Ireton Swim and Dive-VA	B	NT	4:52.08	
1) Sanasack, Maddie FR	2) Mathes, Charlotte SR	3) Camaradella, Tori SR	4) Branham, Alex SO	
38.30 1:23.46 31.18	1:07.72 32.78 1:10.38	33.39 1:10.52		
8 North Stafford High School-VA	A	3:58.00	4:58.92	
1) Baker, Ali	2) Hank, Tyler	3) Geisenhof, Hannah	4) Giannopoulos, Despina	
36.33 1:18.40 32.37	1:09.56 34.53 1:13.84	36.59 1:17.12		
9 Flint Hill School Swim Team-PV	B	5:00.00	5:07.84	
1) Stiebel, Olivia FR	2) Shorris, Sam SO	3) Suter, Alana SO	4) Swarts, Catherine SO	
37.85 1:20.58 37.22	1:20.95 33.27 1:12.70	34.68 1:13.61		
10 Pope John Paul the Great HS	B	6:10.00	5:22.72	
1) Heckman, Michaela JR	2) Virostek, Lauren SR	3) Lizarralde, Victoria FR	4) Smith, Caroline JR	
36.03 1:15.28 42.08	1:34.02 36.43 1:20.48	33.75 1:12.94		
--- Collegiate School-VA	D	4:12.07	X4:13.42+	
1) Ennis, Caroline 7	2) Lenz, Sydney 7	3) Gift, Ann 7	4) Harper, Jasmine 7	
30.63 1:04.90 29.87	1:03.09 30.90 1:03.46	28.95 1:01.97		
--- Collegiate School-VA	C	4:11.38	X4:19.13+	
1) Stratford, Kelsey 8	2) Miller, Anne 8	3) Brown, Mason 11	4) Quay, Rebecca 12	
30.99 1:04.35 30.40	1:03.28 31.53 1:06.33	30.41 1:05.17		
--- Collegiate School-VA	E	4:30.70	X4:36.54	
1) Laming, Gillian 7	2) Sjovold, Kate 7	3) Surgner, Kate 7	4) Jacobs, Olivia 7	
31.66 1:08.88 34.83	1:12.49 32.03 1:08.50	19.88 1:06.67		
--- Collegiate School-VA	F	4:41.24	X4:50.85	
1) Galston, Arielle 12	2) Berents, Kendall 12	3) Crews, Madalyn 11	4) Johnson, Kelsey 10	
34.98 1:14.79 36.61	1:22.18 27.36 1:04.71	32.99 1:09.17		
--- St. Michael the Archangel High-V	A	4:41.31	X5:02.16	
1) Ditzler, Daria SO	2) O'Brien, Liz FR	3) Talley, Caroline 8	4) Knerr, Jennifer 8	
37.45 1:18.29 39.51	1:23.44 33.37 1:07.98	33.64 1:12.45		
--- Pope John Paul the Great HS	A	4:45.40	DQ	
1) Smid, Emily SO	2) Collins, Emily SO	3) Villagomez, Christie SR	4) Hagen-Gates, India SO	
34.48 1:12.04 33.67	1:12.08 1:17.24 1:39.44	48.40 1:24.24		

**SST Swim Meet 12-17-11 - 12/17/2011****Results****(Event 24 Girls 400 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
--- North Stafford High School-VA	B	4:28.00	DQ	
1) Johnson, Sarah	2) Hanson, Payton	3) Simcik, Sydney	4) Gaston, Hannah	
38.64   1:20.65   36.27	1:17.65   1:24.61   2:01.44	42.26		
--- St. Michael the Archangel High-V	B	NT	NS	
--- North Stafford High School-VA	C	4:40.00	XNS	
--- Pope John Paul the Great HS	C	NT	XNS	