

SST Swim Meet 12-03-11 - 12/3/2011

Results

Event 1 Boys 200 Yard Medley Relay

SST Record: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr

Nat Cath QT: 1:46.50

VSIS QT: 2:00.20

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Episcopal School-VA	A	1:41.83	1:47.54	
1) Groh, Patrick FR	2) Tomenchok, Derek JR	3) Bridgforth, Wells SR	4) Ferguson, Thomas JR	
27.55 30.87 26.23	22.89			
2 Brentsville District H. S.-VA	A	1:39.31	1:48.67	
1) Doyle, Justin	2) Sugiura, Naoki	3) Czajkowski, Jack	4) Romanowski, Aaron	
27.07 28.42 28.14	25.04			
3 Norfolk Academy-VA	A	1:55.00	1:49.47	
1) Mueller, Brandon JR	2) Spivey, Charlie FR	3) Kaskel, Jacob FR	4) Tennant, Will SO	
28.38 31.19 26.61	23.29			
4 John Paul The Great High Schoo	A	1:51.68	1:49.90	
1) McDonald, Alex SO	2) Donohoe, Ryan FR	3) Kalna, Matthew SR	4) Miller, Steve SO	
27.99 31.66 25.17	25.08			
5 Seton School	A	1:50.00	1:55.00	
1) Dunn, Catfish SR	2) Hill, Michael SR	3) Shaw, Steven JR	4) Kosten, Joseph SO	
27.31 33.13 28.70	25.86			
6 Trinity Episcopal School-VA	B	1:46.78	2:00.73	
1) Hunter, Brandon FR	2) Pankey, Tray FR	3) Griggs-Drane, Nicholas SR	4) Layton, Seth FR	
31.68 34.87 27.42	26.76			
7 Norfolk Academy-VA	B	2:05.00	2:00.82	
1) Wiggins, Grant FR	2) Dickerson, Jack	3) Clary, Trip 07	4) Estep, Winston SO	
31.71 33.02 29.95	26.14			
8 St. Michael the Archangel High-V	A	2:20.10	2:01.28	
1) Morin, Alec SO	2) Sampson, John JR	3) Hallahan, Jacob JR	4) Sampson, Matt SR	
31.58 35.81 27.73	26.16			
9 John Paul The Great High Schoo	B	2:00.90	2:02.13	
1) Eggert, Zach JR	2) Lizarralde, Andres SO	3) Borneman, Ben JR	4) Gelbach, Patrick SO	
29.30 37.54 28.35	26.94			
10 Seton School	B	2:00.00	2:03.84	
1) Flook, Tommy	2) Pennefather, Patrick	3) Brien, Hugh SR	4) Bliss, Kevin SR	
32.87 34.73 28.39	27.85			
11 Brentsville District H. S.-VA	B	NT	2:11.39	
1) McGurk, Jack	2) Heltzel, Reed	3) Belisch, Taylor	4) Vanhintum, Adrian	
34.02 50.42 19.10	27.85			
12 Norfolk Academy-VA	C	2:15.00	x2:18.66	
1) Diskin, Ben 09	2) Tiongco, Carlos 08	3) Cook, Daniel 07	4) Thomas, Harris JR	
38.56 39.61 29.82	30.67			
--- Seton School	C	NT	X2:16.68	
1) Pechie, Paul FR	2) Quinan, Peter JR	3) Zapiain, Joseph FR	4) Baker, Pierce SR	
38.48 36.91 32.59	28.70			
--- Trinity Episcopal School-VA	C	2:20.31	X2:18.50	
1) Barker, Jacob SO	2) Whiting, Matthew FR	3) Young, Jake SO	4) Rowe, Fletcher FR	
36.60 38.27 36.63	27.00			
--- Seton School	D	NT	X2:20.34	
1) Koehr, Brian 8	2) Collins, Michael SR	3) Mosimann, James JR	4) Lambrecht, David JR	
37.51 40.00 33.80	29.03			
--- Seton School	E	NT	X2:22.18	
1) Britten, Stephen 8	2) Van de Voorde, Jude FR	3) Corkery, Jack SR	4) Salas, Cris 8	
40.38 37.36 34.28	30.16			

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Team	Relay	Seed Time	Finals Time	Points
--- Seton School	G	NT	X2:35.20	
1) Hoffman, Tyler	2) Mosimann, Paul FR	3) O'Donohue, John	4) Moore, Thomas 8	
40.77 38.85 42.19 33.39				
--- Seton School	F	NT	X2:40.94	
1) Kleb, John Paul 7	2) O'Donohue, Mark	3) Arnold, William 8	4) Hilleary, Pat SR	
44.49 40.08 43.70 32.67				
--- Seton School	H	NT	X2:48.43	
1) Dealey, Patrick 8	2) Costello, Tim FR	3) Byers, Michael 7	4) Irving, Thomas 7	
45.76 44.72 46.46 31.49				
--- St. Michael the Archangel JV-VA	A	NT	X3:08.64	
1) Trask, Tyler 7	2) Clancy, Bryan 7	3) Nichols, John 8	4) Gordon, Daniel	
47.33 19.49 51.54 1:10.28				

Event 2 Girls 200 Yard Medley Relay

SST Record: 1:57.15 1/28/2008 Dunn, Kenna, Mazz, Donohoe

Nat Cath QT: 2:06.49

VSIS QT: 2:12.71

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Episcopal School-VA	A	1:58.50	1:59.78	
1) Shama, Sara JR	2) Sweeney, Maggie JR	3) Tomenchok, Kira SO	4) Upadhyaya, Alex JR	
32.62 35.21 26.79 25.16				
2 Norfolk Academy-VA	A	2:10.00	2:03.49	
1) Gulick, Lauren JR	2) Gill, Elizabeth FR	3) Klena, Sarah FR	4) Clagett, Amanda SO	
32.01 34.52 31.19 25.77				
3 Seton School	A	1:58.00	2:05.25	
1) Byers, Monica SR	2) Rogers, Cat SR	3) Sinner, Alex FR	4) Kenna, Claire 8	
36.56 31.47 30.38 26.84				
4 John Paul The Great High Schoo	A	2:10.47	2:06.82	
1) Ranieri, Julia SO	2) Long, Ruth SR	3) Donohoe, Clare JR	4) Planchak, Kelly SR	
32.52 36.79 29.26 28.25				
5 Brentsville District H. S.-VA	A	1:52.78	2:09.59	
1) Katherine, Samsky	2) Golliker, Daniell	3) Robertson, Abigail	4) Jerakis, Elizabeth SO	
31.96 37.36 31.95 28.32				
6 Seton School	B	2:10.00	2:12.23	
1) Higginbottom, Keziah JR	2) Heim, Emily 8	3) Bennett, Lucy SR	4) Blanchard, Sarah JR	
36.60 34.65 34.20 26.78				
7 Trinity Episcopal School-VA	B	2:15.67	2:17.80	
1) Overby, Ellen JR	2) Longstaff, Sarah Jane FR	3) Cunningham, Catherine SR	4) Wall, Katherine FR	
34.09 39.31 37.00 27.40				
8 Norfolk Academy-VA	B	2:15.00	2:19.04	
1) Vest, Taylor JR	2) Pyle, Catherine FR	3) Zahn, Jessica 08	4) Parker, Elske JR	
35.11 38.60 43.53 21.80				
9 Brentsville District H. S.-VA	B	NT	2:21.76	
1) Stiehm, Carleigh	2) Borko, Haley	3) Hughes, Alexis	4) Emerick, Hannah	
36.16 41.31 35.08 29.21				
10 John Paul The Great High Schoo	B	2:30.30	2:23.72	
1) Smid, Emily SO	2) Heckman, Michaela JR	3) Borneman, Daniel FR	4) Broderick, Grace JR	
40.56 37.57 36.08 29.51				
11 St. Michael the Archangel High-V	A	2:41.66	2:25.63	
1) Camarca, Maria JR	2) Britton, Katharine JR	3) Van Deusen, Maggie JR	4) Rich, Andrea JR	
35.51 37.42 39.92 32.78				
12 Veritas Christian Academy-VA	A	2:20.00	2:25.69	
1) Houser, Alyssa 8t	2) Wornom, Daniella SO	3) Bowden, Amanda JR	4) Keating, Bronwyn	
34.46 48.35 33.31 29.57				

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(Event 2 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
13 John Paul The Great High Schoo	C	2:34.30	x2:27.19	
1) Lizarralde, Victoria FR	2) Flanagan, Casey SR	3) Kimball, Catherine JR	4) Hagen-Gates, India SO	
39.96 39.47 36.20	31.56			
14 Norfolk Academy-VA	C	2:20.00	x2:31.67	
1) Edmonds, Kelsey JR	2) Huston, McCall JR	3) Herring, Hannah 07	4) Henry, Libby SO	
37.31 43.51 39.40	31.45			
15 John Paul The Great High Schoo	D	2:46.50	x2:37.47	
1) Garcia, Victoria SO	2) Glascock, Samantha SR	3) Mullen, Veronica JR	4) Virostek, Lauren SR	
43.70 36.40 38.82	38.55			
--- Seton School	F	NT	X2:20.68	
1) Flook, Dani 7	2) Pennefather, Michaela 8	3) Farmer, Bryanna 8	4) O'Malley, Meghan 8	
36.72 38.25 34.97	30.74			
--- Seton School	C	NT	X2:27.31	
1) Irving, Julia SO	2) Heim, Sarah SO	3) Lucas, Geni 8	4) Wunderly, Bernadette JR	
37.16 39.42 38.53	32.20			
--- Trinity Episcopal School-VA	C	2:30.45	X2:29.69	
1) Skrobiszewski, Sophie FR	2) Rawls, Emily JR	3) Yucha, Hannah JR	4) Cravens, Lauren SO	
40.28 40.84 34.45	34.12			
--- Seton School	H	NT	X2:33.69	
1) Zadnik, Catie SR	2) Zadnik, Vivian 8	3) Camarca, Mary 8	4) Pechie, Cat 7	
42.81 42.35 36.18	32.35			
--- Seton School	E	NT	X2:34.77	
1) Marrazzo, Sally FR	2) Murphy, Maggie SR	3) Wittlinger, Mikey JR	4) Miller, Fiona 8	
36.52 40.66 36.59	41.00			
--- Seton School	I	NT	X2:36.47	
1) Garvey, Cecilia 7	2) Earls, Elizabeth 8	3) Brien, Sarah SO	4) Remington, Mary SO	
43.02 42.22 41.17	30.06			
--- Seton School	G	NT	X2:37.16	
1) Lowell, Emily SO	2) Byers, Carly SR	3) Cummings, Judith SR	4) Vestermark, Meggie 8	
40.09 43.04 39.84	34.19			
--- Seton School	K	NT	X3:01.65	
1) Hickey, Noelle 7	2) Bliss, Teresa FR	3) Zadnik, Lizzy SO	4) Rosato, Meridyth 7	
43.29 56.36 41.87	40.13			
--- Seton School	J	NT	XDQ	
1) Gonzalez, Therese 8	2) Lightner, Caitlyn 8	3) Remington, Rose 8	4) Krynitsky, Jessica 8	
58.99 49.06 41.82	33.07			
--- Seton School	D	NT	XNS	

Event 3 Boys 200 Yard Freestyle

SST Record: 1:38.59 2/13/2009 S.J. Hill

Nat Cath QT: 1:57.50

VSIS QT: 2:02.34

Name	Yr	School	Seed Time	Finals Time	Points
1 Kalna, Matthew	SR	John Paul The Great High Schoo	1:54.04	1:51.80	
26.06 28.18 28.53	29.03				
2 Groh, Patrick	FR	Trinity Episcopal School-VA	1:52.74	1:55.26	
26.05 28.98 30.18	30.05				
3 Eggert, Zach	JR	John Paul The Great High Schoo	1:57.00	1:55.50	
26.68 29.24 29.77	29.81				
4 Kaskel, Jacob	FR	Norfolk Academy-VA	1:57.00	1:55.99	
27.25 29.15 30.17	29.42				
5 McDonald, Alex	SO	John Paul The Great High Schoo	1:59.04	1:59.76	
27.58 30.44 30.80	30.94				

SST Swim Meet 12-03-11 - 12/3/2011**Results****(Event 3 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
6 Pyle, Nathan	JR	Norfolk Academy-VA	2:10.00	2:02.80	
28.61 31.55 31.37		31.27			
7 Phelps, Clark	FR	Trinity Episcopal School-VA	2:07.22	2:05.70	
28.53 31.51 32.57		33.09			
8 Dunbar, Holt	SR	Trinity Episcopal School-VA	2:02.58	2:06.69	
27.30 30.54 33.86		34.99			
9 Wiggins, Grant	FR	Norfolk Academy-VA	2:08.00	2:07.62	
29.19 32.13 33.75		32.55			
10 Belisch, Taylor		Brentsville District H. S.-VA	NT	2:19.18	
28.89 33.29 35.04		41.96			
11 Rodgers, Joey	09	Norfolk Academy-VA	2:25.00	2:19.30	
31.23 35.36 1:12.73					
12 Quinan, Peter	JR	Seton School	2:25.20	2:20.22	
30.87 35.42 37.39		36.54			
13 Marrazzo, Luke	JR	Seton School	2:12.51	2:23.06	
30.02 34.00 35.62		43.42			
14 Sanders, Jack		Brentsville District H. S.-VA	NT	2:25.23	
1:53.79					
15 Vanhintum, Adrian		Brentsville District H. S.-VA	NT	2:26.05	
31.75 36.23 39.31		38.76			
16 Turley, Nolan	FR	St. Michael the Archangel High-VA	2:39.00	2:32.01	
33.36 40.13 39.40		39.12			
17 Pechie, Paul	FR	Seton School	2:43.82	2:44.05	
35.15 41.13 44.47		43.30			
18 Schelke, Patrick-Michael	SR	St. Michael the Archangel High-VA	2:49.78	2:58.80	
39.02 45.33 49.81		44.64			

Event 4 Girls 200 Yard FreestyleSST Record: **1:55.74** 2/18/2000 **K. Shipko**Nat Cath QT: **2:15.50**VSIS QT: **2:15.81**

Name	Yr	School	Seed Time	Finals Time	Points
1 Tomenchok, Kira	SO	Trinity Episcopal School-VA	2:09.54	2:02.35	
28.00 30.51 31.55		32.29			
2 Gulick, Lauren	JR	Norfolk Academy-VA	2:08.35	2:08.38	
29.56 31.28 33.28		34.26			
3 Clary, Caroline	FR	Norfolk Academy-VA	2:12.00	2:09.41	
29.95 32.28 33.74		33.44			
4 Sinner, Alex	FR	Seton School	NT	2:14.46	
31.39 33.66 35.46		33.95			
5 Shama, Sara	JR	Trinity Episcopal School-VA	2:14.94	2:19.27	
31.76 34.35 36.89		36.27			
6 Sutton, Hannah	SO	Norfolk Academy-VA	2:22.00	2:22.61	
32.38 36.04 37.06		37.13			
7 Ranieri, Julia	SO	John Paul The Great High Schoo	2:16.04	2:22.72	
30.50 35.17 37.58		39.47			
8 Golliker, Daniell		Brentsville District H. S.-VA	2:32.33	2:22.82	
32.78 35.91 37.72		36.41			
9 Vest, Taylor	JR	Norfolk Academy-VA	2:25.00	2:24.19	
32.72 35.76 37.01		38.70			
10 Bennett, Lucy	SR	Seton School	2:23.43	2:24.77	
32.63 37.33 1:14.81					
11 Nelson, Sarah	JR	Norfolk Academy-VA	2:30.00	x2:31.18	
34.36 38.82 38.68		39.32			

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(Event 4 Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
12 Sene, Ashlyn		Brentsville District H. S.-VA	NT	2:33.15	
33.00 37.27 40.78 42.10					
13 Katuin, Jacquelyn		Brentsville District H. S.-VA	2:30.36	2:33.25	
34.06 39.00 41.44 38.75					
14 Macdisi, Natalie	JR	Norfolk Academy-VA	2:36.00	x2:33.86	
34.22 38.21 41.06 40.37					
15 Cummings, Savannah	JR	Trinity Episcopal School-VA	2:35.67	2:36.57	
33.21 38.90 42.53 41.93					
16 Marrazzo, Sally	FR	Seton School	2:37.49	2:37.79	
34.94 38.49 1:24.36					
17 Lowell, Emily	SO	Seton School	2:39.81	2:38.05	
35.34 39.68 40.07 42.96					
18 Smid, Emily	SO	John Paul The Great High Schoo	2:25.30	2:40.57	
34.14 39.19 43.02 44.22					
--- Lucas, Geni	8	Seton School	2:45.62	X2:39.67	
36.90 40.49 41.71 40.57					
--- Mullen, Veronica	JR	John Paul The Great High Schoo	3:04.18	X3:03.24	
37.99 46.51 50.53 48.21					
--- Newlin, Rachel		Brentsville District H. S.-VA	NT	DQ	
37.65 47.90					

Event 5 Boys 200 Yard IM

SST Record: 1:54.70 2/17/2008 N. Cook

Nat Cath QT: 2:14.00

VSIS QT: 2:24.15

Name	Yr	School	Seed Time	Finals Time	Points
1 Ferguson, Thomas	JR	Trinity Episcopal School-VA	2:00.49	2:03.87	
2 Kalna, Matthew	SR	John Paul The Great High Schoo	2:06.21	2:04.86	
3 Romanowski, Aaron		Brentsville District H. S.-VA	2:16.64	2:11.63	
4 Bridgforth, Wells	SR	Trinity Episcopal School-VA	2:13.35	2:16.98	
5 Donohoe, Ryan	FR	John Paul The Great High Schoo	2:22.20	2:24.93	
6 Layton, Seth	FR	Trinity Episcopal School-VA	2:17.49	2:25.08	
7 Dickerson, Jack		Norfolk Academy-VA	2:40.00	2:25.35	
8 Spivey, Charlie	FR	Norfolk Academy-VA	2:30.00	2:25.76	
9 Clary, Trip	07	Norfolk Academy-VA	2:33.00	2:26.87	
10 Czajkowski, Jack		Brentsville District H. S.-VA	2:22.66	2:30.39	
11 Kosten, Joseph	SO	Seton School	2:31.19	2:31.41	
12 Sampson, Matt	SR	St. Michael the Archangel High-VA	2:34.75	2:36.05	
13 Lizarralde, Andres	SO	John Paul The Great High Schoo	2:45.20	2:41.14	
14 Heltzel, Reed		Brentsville District H. S.-VA	NT	2:47.47	
15 Lambrecht, David	JR	Seton School	3:04.87	2:57.61	
16 Mosimann, James	JR	Seton School	3:07.64	3:07.24	
--- Collins, Michael	SR	Seton School	3:11.84	X3:05.34	
--- Koehr, Patrick	SO	Seton School	2:39.25	NS	

Event 6 Girls 200 Yard IM

SST Record: 2:11.80 2/16/2008 J. Dunn

Nat Cath QT: 2:35.00

VSIS QT: 2:34.08

Name	Yr	School	Seed Time	Finals Time	Points
1 Sweeney, Maggie	JR	Trinity Episcopal School-VA	2:12.44	2:20.15	
30.62 36.58 40.54 32.41					

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(Event 6 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
2 Pyle, Catherine	FR	Norfolk Academy-VA	2:42.00	2:36.52	
34.42 39.46 45.82	36.82				
3 Emerick, Hannah		Brentsville District H. S.-VA	2:46.09	2:38.53	
32.80 40.41 46.89	38.43				
4 Gill, Elizabeth	FR	Norfolk Academy-VA	2:40.00	2:39.72	
34.87 41.17 46.05	37.63				
5 Cunningham, Catherine	SR	Trinity Episcopal School-VA	2:36.88	2:46.71	
34.59 42.39 48.97	40.76				
6 Ceol, Jillian	8	Seton School	2:59.06	2:47.39	
33.41 45.16 47.62	41.20				
7 Bussian, Alex		Brentsville District H. S.-VA	2:49.56	2:48.92	
36.59 41.86 52.22	38.25				
8 Stiehm, Carleigh		Brentsville District H. S.-VA	2:47.39	2:50.19	
37.21 41.09 53.71	38.18				
9 Byers, Monica	SR	Seton School	2:43.78	2:50.46	
36.77 41.73 52.05	39.91				
10 Hughes, Alexis		Brentsville District H. S.-VA	NT	2:54.37	
36.27 45.83 51.64	40.63				
11 Zahn, Jessica	08	Norfolk Academy-VA	2:52.00	2:57.43	
40.03 44.73 52.78	39.89				
12 Wunderly, Bernadette	JR	Seton School	2:54.68	3:04.62	
38.41 46.84 54.23	45.14				
13 Collins, Emily	SO	John Paul The Great High Schoo	3:01.20	3:07.55	
41.78 48.92 57.14	39.71				
14 Cummings, Judith	SR	Seton School	3:08.06	3:08.22	
42.51 46.18 55.13	44.40				
--- Byers, Carly	SR	Seton School	3:18.11	X3:12.87	
39.38 51.40 55.96	46.13				

Event 7 Boys 50 Yard Freestyle

SST Record: 21.90 12/20/2008 S.J. Hill

Nat Cath QT: 24.50

VSIS QT: 24.05

Name	Yr	School	Seed Time	Finals Time	Points
*1 Tomenchok, Derek	JR	Trinity Episcopal School-VA	24.12	22.80	
*1 Doyle, Justin		Brentsville District H. S.-VA	24.79	22.80	
3 Leach, Ben	JR	Norfolk Academy-VA	22.80	22.83	
4 Sugiura, Naoki		Brentsville District H. S.-VA	25.50	23.24	
5 Tennant, Will	SO	Norfolk Academy-VA	23.50	23.67	
6 Morin, Alec	SO	St. Michael the Archangel High-VA	24.32	24.44	
7 Hallahan, Jacob	JR	St. Michael the Archangel High-VA	24.68	24.56	
8 Jewett, Bland	SR	Trinity Episcopal School-VA	27.50	24.65	
9 Borneman, Ben	JR	John Paul The Great High Schoo	25.30	25.04	
10 Miller, Steve	SO	John Paul The Great High Schoo	27.10	25.24	
11 Jones, Greg	JR	Norfolk Academy-VA	26.13	25.71	
12 Glasser, Ross	JR	Norfolk Academy-VA	25.63	26.15	
13 Phelps, Clark	FR	Trinity Episcopal School-VA	26.22	26.53	
*14 Sykes, Jimmy	JR	Norfolk Academy-VA	26.50	x26.78	
*14 Estep, Winston	SO	Norfolk Academy-VA	26.11	x26.78	
16 Shaw, Steven	JR	Seton School	26.82	26.93	
17 Turley, Nolan	FR	St. Michael the Archangel High-VA	30.87	27.26	
18 Brien, Hugh	SR	Seton School	27.43	27.44	
19 Gelbach, Patrick	SO	John Paul The Great High Schoo	27.37	27.48	

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(Event 7 Boys 50 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
20	Barker, Jacob	SO Trinity Episcopal School-VA	27.65	28.02	
21	Hawley, Alex	FR John Paul The Great High Schoo	32.10	28.03	
22	Bliss, Kevin	SR Seton School	27.60	28.46	
23	Sampson, John	JR St. Michael the Archangel High-VA	30.38	28.74	
24	Bedford, Joe	FR Norfolk Academy-VA	26.50	x28.79	
25	Baker, Pierce	SR Seton School	28.77	29.16	
26	Cooper, Jimmy	SO Veritas Christian Academy-VA	33.00	30.36	
27	Clancy, James	SO St. Michael the Archangel High-VA	33.00	x30.44	
28	Bayles, Sam	Norfolk Academy-VA	33.77	x31.38	
29	Cooper, Aaron	8t Veritas Christian Academy-VA	33.89	31.89	
30	Thomas, Harris	JR Norfolk Academy-VA	35.10	x32.36	
31	Episcopo, George	SO Veritas Christian Academy-VA	39.28	34.41	
32	Camarca, Luke	FR St. Michael the Archangel High-VA	38.02	x34.93	
33	Douglas, Matt	FR Veritas Christian Academy-VA	32.00	37.84	
34	D'Addio, Joey	JR St. Michael the Archangel High-VA	35.81	x39.07	
---	Rowe, Fletcher	FR Trinity Episcopal School-VA	34.60	X27.45	
---	Duran, Joe	SO Seton School	34.33	X28.99	
---	Young, Jake	SO Trinity Episcopal School-VA	29.24	X29.09	
---	Yllera, Alvaro	SO Trinity Episcopal School-VA	33.50	X29.10	
---	Whiting, Matthew	FR Trinity Episcopal School-VA	35.50	X29.43	
---	Salas, Cris	8 Seton School	31.13	X29.64	
---	Corkery, Jack	SR Seton School	31.52	X29.80	
---	Britten, Stephen	8 Seton School	31.70	X30.82	
---	Nichols, John	8 St. Michael the Archangel JV-VA	33.26	X30.94	
---	Arnold, William	8 Seton School	35.30	X31.50	
---	O'Donohue, Mark	Seton School	33.86	X32.19	
---	Irving, Thomas	7 Seton School	37.54	X32.35	
---	Koehr, Brian	8 Seton School	34.44	X32.40	
---	Mosimann, Paul	FR Seton School	35.09	X32.72	
---	Moore, Thomas	8 Seton School	35.24	X33.85	
---	Wunderly, John	Seton School	35.67	X34.91	
---	Van de Voorde, Jude	FR Seton School	35.03	X35.14	
---	Hoffman, Tyler	Seton School	39.14	X35.94	
---	Dealey, Patrick	8 Seton School	40.35	X36.09	
---	Gordon, Daniel	St. Michael the Archangel JV-VA	NT	X36.39	
---	O'Donohue, John	Seton School	NT	X36.88	
---	Costello, Tim	FR Seton School	36.49	X37.18	
---	Quinan, Andrew	8 Seton School	41.06	X37.70	
---	Hilleary, Pat	SR Seton School	32.80	X38.54	
---	Afcha, Chris	SR John Paul The Great High Schoo	38.10	X38.63	
---	Kenneally, Michael	7 Seton School	41.99	X38.95	
---	Byers, Michael	7 Seton School	41.97	X39.45	
---	Trask, Tyler	7 St. Michael the Archangel JV-VA	NT	X40.34	
---	Sampson, Michael	7 St. Michael the Archangel JV-VA	NT	X41.19	
---	Clancy, Bryan	7 St. Michael the Archangel JV-VA	NT	X55.87	
---	Lester, Dylan	Brentsville District H. S.-VA	NT	NS	
---	Moyers, Daniel	FR Norfolk Academy-VA	26.00	NS	
---	Naim, Nabil	SR St. Michael the Archangel High-VA	35.03	NS	

SST Swim Meet 12-03-11 - 12/3/2011

Results

Event 8 Girls 50 Yard Freestyle

SST Record: 24.72 2/13/2009 A. Doonis
 Nat Cath QT: 28.50
 VSIS QT: 27.37

Name	Yr	School	Seed Time	Finals Time	Points
1 Upadhyaya, Alex	JR	Trinity Episcopal School-VA	25.51	25.60	
2 Rogers, Cat	SR	Seton School	24.54	25.81	
3 Clagett, Amanda	SO	Norfolk Academy-VA	26.00	26.49	
4 Katherine, Samsky		Brentsville District H. S.-VA	NT	27.08	
5 Kenna, Claire	8	Seton School	28.20	28.59	
6 Locher, Arden	SO	Trinity Episcopal School-VA	28.94	28.64	
7 Jerakis, Elizabeth	SO	Brentsville District H. S.-VA	27.46	28.82	
8 Planchak, Kelly	SR	John Paul The Great High Schoo	28.25	29.02	
9 Gusentine, Mary	FR	Norfolk Academy-VA	28.35	29.06	
10 Blanchard, Sarah	JR	Seton School	29.09	29.41	
11 Britton, Katharine	JR	St. Michael the Archangel High-VA	31.00	29.52	
12 Camarca, Maria	JR	St. Michael the Archangel High-VA	30.91	29.64	
13 Keating, Bronwyn		Veritas Christian Academy-VA	29.00	30.28	
14 Houser, Alyssa	8t	Veritas Christian Academy-VA	31.32	30.31	
15 Borko, Haley		Brentsville District H. S.-VA	NT	30.58	
16 Flanagan, Casey	SR	John Paul The Great High Schoo	30.01	30.61	
17 Broderick, Grace	JR	John Paul The Great High Schoo	30.24	30.69	
18 Villagomez, Christie	SR	John Paul The Great High Schoo	31.07	31.20	
19 Huston, McCall	JR	Norfolk Academy-VA	33.00	31.43	
20 Herring, Hannah	07	Norfolk Academy-VA	31.19	31.53	
21 Irving, Julia	SO	Seton School	30.68	32.12	
22 Soto, Natalia		Brentsville District H. S.-VA	NT	32.92	
23 Van Deusen, Maggie	JR	St. Michael the Archangel High-VA	33.80	33.52	
24 Ditzler, Daria	SO	St. Michael the Archangel High-VA	33.97	34.91	
25 Moore, Kathryn	SO	Veritas Christian Academy-VA	36.31	35.06	
26 Longstaff, Sarah Jane	FR	Trinity Episcopal School-VA	35.60	35.55	
27 Cravens, Lauren	SO	Trinity Episcopal School-VA	40.00	36.07	
28 Allen, Laura	FR	Veritas Christian Academy-VA	NT	36.44	
29 Kislyakov, Michelle		Norfolk Academy-VA	35.00	x40.01	
--- Catalano, Hayden		Seton School	NT	X31.10	
--- Knerr, Jennifer	8	St. Michael the Archangel JV-VA	NT	X31.11	
--- Heim, Sarah	SO	Seton School	30.75	X31.31	
--- Ettinger, Katie	SO	St. Michael the Archangel JV-VA	32.33	X31.76	
--- Farmer, Bryanna	8	Seton School	32.67	X32.02	
--- Borneman, Daniel	FR	John Paul The Great High Schoo	33.20	X32.05	
--- Flook, Dani	7	Seton School	34.31	X32.17	
--- Pechie, Cat	7	Seton School	35.45	X32.79	
--- Stinson, Miranda	FR	Trinity Episcopal School-VA	40.00	X33.01	
--- Long, Ruth	SR	John Paul The Great High Schoo	32.16	X33.10	
--- Wornom, Daniella	SO	Veritas Christian Academy-VA	33.51	X33.48	
--- Zadnik, Catie	SR	Seton School	36.19	X33.51	
--- Remington, Mary	SO	Seton School	35.90	X33.55	
--- O'Malley, Meghan	8	Seton School	31.32	X33.59	
--- Garcia, Victoria	SO	John Paul The Great High Schoo	34.20	X34.30	
--- Murphy, Maggie	SR	Seton School	31.29	X34.53	
--- Camarca, Mary	8	Seton School	35.35	X34.62	
--- Earls, Elizabeth	8	Seton School	36.50	X34.70	
--- Krynitsky, Jessica	8	Seton School	NT	X34.82	

SST Swim Meet 12-03-11 - 12/3/2011**Results****(Event 8 Girls 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points	
---	---	Glascock, Samantha	SR John Paul The Great High Schoo	34.36	X34.83	
---	---	Remington, Rose	8 Seton School	37.50	X34.99	
---	---	Vestermark, Meggie	8 Seton School	34.19	X35.31	
---	---	Garvey, Cecilia	7 Seton School	39.35	X35.68	
---	---	Skrobiszewski, Sophie	FR Trinity Episcopal School-VA	40.00	X35.85	
---	---	Zadnik, Lizzy	SO Seton School	NT	X36.02	
---	---	Hickey, Noelle	7 Seton School	NT	X36.48	
---	---	Gonzalez, Therese	8 Seton School	38.23	X37.16	
---	---	Bereit, Claire	8 St. Michael the Archangel JV-VA	37.97	X37.46	
---	---	Lightner, Caitlyn	8 Seton School	40.30	X37.47	
---	---	Brien, Sarah	SO Seton School	39.47	X37.76	
---	---	Zadnik, Vivian	8 Seton School	38.38	X38.21	
---	---	Armstrong, Loxi	SR John Paul The Great High School	36.20	X39.15	
---	---	Virostek, Lauren	SR John Paul The Great High School	35.30	X39.43	
---	---	Lowe, Annie	FR Trinity Episcopal School-VA	40.00	X40.26	
---	---	Bliss, Teresa	FR Seton School	43.60	X41.77	
---	---	Carias, Maria	SR John Paul The Great High School	45.34	X41.80	
---	---	Rosato, Meridyth	7 Seton School	43.22	X42.57	
---	---	Miller, Fiona	8 Seton School	46.40	X44.00	
---	---	Williams, Abigail	SO John Paul The Great High School	40.20	X46.13	
---	---	Given, Allison	7 Seton School	47.69	X51.09	
---	---	Thompson, Jasmine	JR Veritas Christian Academy-VA	36.53	NS	
---	---	Verry, Theresa	JR Seton School	31.00	XNS	
---	---	Wylie, Briana	FR John Paul The Great High School	42.10	XNS	

Event 9 Boys 1 mtr Diving

Name	Yr	School	Finals Score	Points	
1		Ebeling, Steve	SR Trinity Episcopal School-VA	191.90	205.55
2		Bedford, Joe	FR Norfolk Academy-VA	185.95	190.85
3		Bedford, Mike	JR Norfolk Academy-VA	206.90	174.75
4		Duran, Joe	SO Seton School	177.10	141.65
5		Manley, Michael	SO Seton School	90.90	122.90
6		Ostrich, Michael	Seton School	93.75	103.40
7		Salomonsky, Matthew	SO Trinity Episcopal School-VA	NP	88.20
8		Kosten, Joseph	SO Seton School	NP	80.30

Event 10 Girls 1 mtr Diving

Name	Yr	School	Finals Score	Points	
1		Henry, Libby	SO Norfolk Academy-VA	138.08	165.90
2		Cochran, Nicole	SR Trinity Episcopal School-VA	162.45	161.90
3		Kislyakov, Amy	09 Norfolk Academy-VA	111.08	129.80
4		Denny, Sarah	JR Trinity Episcopal School-VA	NP	124.90
5		Zapiain, Sarah	SR Seton School	120.40	113.25
6		Higginbottom, Keziah	JR Seton School	113.25	102.25
7		McCall, Rossi	07 Norfolk Academy-VA	89.00	101.85
8		Duran, Mary	JR Seton School	97.58	101.05
9		Wittlinger, Mikey	JR Seton School	91.40	68.85
---	---	Verry, Theresa	JR Seton School	71.65	x
---	---	Holmes, Caroline	FR Seton School	72.70	x

SST Swim Meet 12-03-11 - 12/3/2011**Results****Event 11 Boys 100 Yard Butterfly**

SST Record: 52.71 1/10/2009 S.J. Hill
Nat Cath QT: 58.50
VSIS QT: 1:02.60

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Dunn, Catfish 25.89 29.62	SR	Seton School	53.85	55.51	
2	Kaskel, Jacob 28.80 33.26	FR	Norfolk Academy-VA	1:04.00	1:02.06	
3	Griggs-Drane, Nicholas 28.52 34.51	SR	Trinity Episcopal School-VA	1:01.06	1:03.03	
4	Morin, Alec 28.63 34.92	SO	St. Michael the Archangel High-VA	1:06.13	1:03.55	
5	Pankey, Tray 31.26 36.20	FR	Trinity Episcopal School-VA	1:08.54	1:07.46	
6	Cook, Daniel 30.51 36.99	07	Norfolk Academy-VA	1:12.00	1:07.50	
7	Brien, Hugh 31.79 40.24	SR	Seton School	1:08.42	1:12.03	
8	Pennefather, Patrick 32.40 41.69		Seton School	NT	1:14.09	
9	Collins, Michael 38.77 51.35	SR	Seton School	1:25.13	1:30.12	
10	Diskin, Ben 41.32 53.60	09	Norfolk Academy-VA	1:20.00	1:34.92	
---	Czajkowski, Jack		Brentsville District H. S.-VA	1:07.42	NS	
---	Moyers, Daniel	FR	Norfolk Academy-VA	1:07.00	NS	
---	Bridgforth, Wells	SR	Trinity Episcopal School-VA	56.88	NS	

Event 12 Girls 100 Yard Butterfly

SST Record: 1:02.21 12/1/2007 J, Dunn
Nat Cath QT: 1:10.50
VSIS QT: 1:09.83

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Donohoe, Clare 31.08 36.61	JR	John Paul The Great High Schoo	1:08.35	1:07.69	
2	Upadhyaya, Alex 30.85 36.97	JR	Trinity Episcopal School-VA	1:01.76	1:07.82	
3	Klena, Sarah 33.29 37.00	FR	Norfolk Academy-VA	1:13.00	1:10.29	
4	Katherine, Samsky 31.85 40.52		Brentsville District H. S.-VA	NT	1:12.37	
5	Bowden, Amanda 34.72 40.97	JR	Veritas Christian Academy-VA	1:19.56	1:15.69	
6	Cunningham, Catherine 35.15 41.60	SR	Trinity Episcopal School-VA	1:11.80	1:16.75	
7	Robertson, Abigail 34.36 42.57		Brentsville District H. S.-VA	1:12.91	1:16.93	
8	Higginbottom, Keziah 34.34 42.88	JR	Seton School	1:14.86	1:17.22	
9	Bennett, Lucy 34.85 43.06	SR	Seton School	1:14.67	1:17.91	
10	Yucha, Hannah 36.81 43.40	JR	Trinity Episcopal School-VA	1:19.71	1:20.21	

SST Swim Meet 12-03-11 - 12/3/2011**Results****(Event 12 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
11 Britton, Katharine 37.43 45.91	JR	St. Michael the Archangel High-VA	1:30.00	1:23.34	
12 Sene, Ashlyn 37.49 46.00		Brentsville District H. S.-VA	1:20.45	1:23.49	
13 Pecsok, Elizabeth 37.41 46.09	JR	Norfolk Academy-VA	1:20.00	1:23.50	
14 Zahn, Jessica 39.13 46.68	08	Norfolk Academy-VA	1:16.00	1:25.81	
15 Land, Rae 38.78 47.18	09	Norfolk Academy-VA	1:18.00	1:25.96	
16 Lucas, Geni 40.75 45.88	8	Seton School	1:24.22	1:26.63	
17 Borneman, Daniel 40.04 54.12	FR	John Paul The Great High Schoo	1:20.10	1:34.16	
18 Lizarralde, Victoria --- Heim, Emily 38.81 49.43	FR 8	John Paul The Great High Schoo Seton School	1:25.20 NT	1:44.22 X1:28.24	
--- Pennefather, Michaela 40.03 48.27	8	Seton School	1:26.19	X1:28.30	
--- Knerr, Jennifer 37.98 52.68	8	St. Michael the Archangel JV-VA	NT	X1:30.66	
--- Sinner, Alex	FR	Seton School	1:14.75	NS	
--- Kislyakov, Amy	09	Norfolk Academy-VA	1:20.00	NS	

Event 13 Boys 100 Yard Freestyle

SST Record: 45.76 1/31/2009 S. J. Hill
Nat Cath QT: 53.00
VSIS QT: 53.56

Name	Yr	School	Seed Time	Finals Time	Points
1 Doyle, Justin 24.24 26.16		Brentsville District H. S.-VA	51.88	50.40	
2 Ferguson, Thomas 24.86 25.73	JR	Trinity Episcopal School-VA	51.63	50.59	
3 Leach, Ben 24.52 26.71	JR	Norfolk Academy-VA	51.00	51.23	
4 Mueller, Brandon 25.43 28.68	JR	Norfolk Academy-VA	54.50	54.11	
5 Jewett, Bland 26.14 29.44	SR	Trinity Episcopal School-VA	58.50	55.58	
6 Miller, Steve 26.57 29.14	SO	John Paul The Great High Schoo	56.80	55.71	
7 Dunbar, Holt 26.73 29.29	SR	Trinity Episcopal School-VA	55.70	56.02	
8 Borneman, Ben 26.88 29.59	JR	John Paul The Great High Schoo	56.49	56.47	
9 Hunter, Brandon 28.20 31.14	FR	Trinity Episcopal School-VA	58.50	59.34	
10 Sykes, Jimmy 28.73 31.60	JR	Norfolk Academy-VA	1:00.65	1:00.33	
11 Gelbach, Patrick 28.89 31.88	SO	John Paul The Great High Schoo	1:02.00	1:00.77	
12 Sampson, Matt 29.59 32.10	SR	St. Michael the Archangel High-VA	59.90	1:01.69	

SST Swim Meet 12-03-11 - 12/3/2011

Results

(Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
13 Marrazzo, Luke 29.76 32.35	JR	Seton School	1:00.87	1:02.11	
14 Flook, Tommy 28.62 33.67		Seton School	1:03.62	1:02.29	
15 Tiongco, Carlos 31.33 31.34	08	Norfolk Academy-VA	1:02.37	1:02.67	
16 Heltzel, Reed 29.70 33.51		Brentsville District H. S.-VA	NT	1:03.21	
17 Sanders, Jack 30.70 33.28		Brentsville District H. S.-VA	1:04.48	1:03.98	
18 O'Brien, Eddie 31.86 36.87	JR	St. Michael the Archangel High-VA	1:20.00	1:08.73	
19 Zapiain, Joseph 33.41 36.62	FR	Seton School	1:05.22	1:10.03	
20 Hawley, Alex 34.23 36.06	FR	John Paul The Great High Schoo	1:04.10	1:10.29	
21 Mosimann, James 32.58 38.62	JR	Seton School	1:08.57	1:11.20	
22 Sampson, Joe 34.58 40.67	FR	St. Michael the Archangel High-VA	1:22.49	1:15.25	
23 Simms, Tim 36.60 38.80	FR	St. Michael the Archangel High-VA	1:21.30	1:15.40	
24 Episcopo, George 37.25 41.07	SO	Veritas Christian Academy-VA	1:35.11	1:18.32	
25 Cooper, Jimmy 37.15 43.13	SO	Veritas Christian Academy-VA	1:24.00	1:20.28	
26 Douglas, Matt	FR	Veritas Christian Academy-VA	1:23.35	1:25.79	
27 D'Addio, Joey 43.57 46.17	JR	St. Michael the Archangel High-VA	1:23.29	x1:29.74	
--- Yllera, Alvaro 32.12 37.97	SO	Trinity Episcopal School-VA	NT	X1:10.09	
--- Nichols, John 35.22 35.74	8	St. Michael the Archangel JV-VA	1:21.32	X1:10.96	
--- Hilleary, Pat 37.69 41.47	SR	Seton School	1:13.57	X1:19.16	
--- O'Donohue, John 38.63 43.90		Seton School	1:24.33	X1:22.53	
--- Costello, Tim 40.12 46.93	FR	Seton School	1:24.00	X1:27.05	
--- Dealey, Patrick 41.42 46.42	8	Seton School	1:24.10	X1:27.84	
--- Sampson, Michael 44.22 49.32	7	St. Michael the Archangel JV-VA	NT	X1:33.54	
--- Trask, Tyler 42.76 51.51	7	St. Michael the Archangel JV-VA	NT	X1:34.27	
--- Byers, Michael 42.05 55.35	7	Seton School	1:34.83	X1:37.40	
--- Lester, Dylan		Brentsville District H. S.-VA	NT	NS	
--- Naim, Nabil	SR	St. Michael the Archangel High-VA	1:28.19	NS	

SST Swim Meet 12-03-11 - 12/3/2011**Results****Event 14 Girls 100 Yard Freestyle**

SST Record: 54.15 2/13/2009 L. Donohoe
 Nat Cath QT: 1:01.50
 VSIS QT: 1:00.26

Name	Yr	School	Seed Time	Finals Time	Points
1 Rogers, Cat 27.15 29.14	SR	Seton School	55.69	56.29	
2 Clagett, Amanda 27.72 29.78	SO	Norfolk Academy-VA	58.00	57.50	
3 Donohoe, Clare 30.57 32.23	JR	John Paul The Great High Schoo	1:03.02	1:02.80	
4 Jerakis, Elizabeth 30.27 33.28	SO	Brentsville District H. S.-VA	59.36	1:03.55	
5 Kenna, Claire 30.06 33.60	8	Seton School	1:03.98	1:03.66	
6 Rector, Kimberly 30.10 34.06	8	Seton School	1:04.96	1:04.16	
7 Overby, Ellen 30.45 33.76	JR	Trinity Episcopal School-VA	1:03.62	1:04.21	
8 Ceol, Jillian 31.01 33.92	8	Seton School	1:05.92	1:04.93	
9 Edmonds, Kelsey 31.59 33.43	JR	Norfolk Academy-VA	1:05.00	1:05.02	
10 Gusentine, Mary 30.19 35.11	FR	Norfolk Academy-VA	1:03.00	1:05.30	
11 Parker, Elske 30.96 34.37	JR	Norfolk Academy-VA	1:06.00	1:05.33	
12 Planchak, Kelly 31.77 34.52	SR	John Paul The Great High Schoo	1:04.86	1:06.29	
13 Cummings, Savannah 31.66 36.93	JR	Trinity Episcopal School-VA	1:07.80	1:08.59	
14 Wall, Katherine 34.25 34.65	FR	Trinity Episcopal School-VA	1:07.50	1:08.90	
15 Whitlock, Anna		Brentsville District H. S.-VA	NT	1:09.72	
16 Macdisi, Natalie 33.57 36.37	JR	Norfolk Academy-VA	1:08.04	x1:09.94	
17 Flanagan, Casey 34.15 35.88	SR	John Paul The Great High Schoo	1:11.20	1:10.03	
18 Stiehm, Carleigh 33.08 37.44		Brentsville District H. S.-VA	NT	1:10.52	
19 Kimball, Catherine 34.70 38.00	JR	John Paul The Great High Schoo	1:14.40	1:12.70	
20 Rawls, Emily 34.39 39.43	JR	Trinity Episcopal School-VA	1:11.00	1:13.82	
21 Newlin, Rachel 35.80 41.12		Brentsville District H. S.-VA	NT	1:16.92	
22 Rich, Andrea 36.34 42.17	JR	St. Michael the Archangel High-VA	1:10.23	1:18.51	
23 Moore, Kathryn 37.33 41.68	SO	Veritas Christian Academy-VA	1:20.27	1:19.01	
24 O'Brien, Liz 37.97 46.25	FR	St. Michael the Archangel High-VA	1:30.00	1:24.22	
--- Heckman, Michaela 34.24 36.16	JR	John Paul The Great High Schoo	1:10.97	X1:10.40	

SST Swim Meet 12-03-11 - 12/3/2011**Results****(Event 14 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Hagen-Gates, India 33.41 37.97	SO	John Paul The Great High Schoo	1:10.77	X1:11.38	
--- Ettinger, Katie 33.74 37.65	SO	St. Michael the Archangel JV-VA	1:22.52	X1:11.39	
--- Farmer, Bryanna 34.33 38.57	8	Seton School	1:12.33	X1:12.90	
--- Wornom, Daniella 35.36 38.48	SO	Veritas Christian Academy-VA	1:11.59	X1:13.84	
--- Pechie, Cat 37.19 38.46	7	Seton School	1:19.65	X1:15.65	
--- Cummings, Judith 36.78 39.76	SR	Seton School	1:15.54	X1:16.54	
--- Stinson, Miranda 37.04 39.78	FR	Trinity Episcopal School-VA	1:40.50	X1:16.82	
--- Byers, Carly 37.10 41.45	SR	Seton School	1:19.66	X1:18.55	
--- Garcia, Victoria 38.29 43.67	SO	John Paul The Great High Schoo	1:22.30	X1:21.96	
--- Krynitsky, Jessica 38.85 44.04	8	Seton School	NT	X1:22.89	
--- Hickey, Noelle 38.59 44.52	7	Seton School	NT	X1:23.11	
--- Zadnik, Lizzy 38.36 45.84	SO	Seton School	NT	X1:24.20	
--- Armstrong, Loxi	SR	John Paul The Great High School	1:16.20	X1:27.55	
--- Gonzalez, Therese 40.24 50.39	8	Seton School	1:27.92	X1:30.63	
--- Virostek, Lauren 43.56 47.70	SR	John Paul The Great High School	1:23.20	X1:31.26	
--- Carias, Maria 46.33 49.46	SR	John Paul The Great High School	1:39.96	X1:35.79	
--- Lowe, Annie 43.66 54.62	FR	Trinity Episcopal School-VA	1:40.50	X1:38.28	
--- Miller, Fiona 46.95 56.77	8	Seton School	1:51.50	X1:43.72	
--- Given, Allison	7	Seton School	1:40.85	X1:58.77	

Event 15 Boys 500 Yard Freestyle

SST Record: 4:29.41 2/13/2009 S.J. Hill

Nat Cath QT: 5:20.00

VSIS QT: 5:40.76

Name	Yr	School	Seed Time	Finals Time	Points
1 Eggert, Zach 28.46 31.58 31.59 31.18 29.98	JR	John Paul The Great High Schoo	5:22.10 31.35	5:12.00	
2 Pyle, Nathan 30.22 33.61 35.56 35.28 33.32	JR	Norfolk Academy-VA	5:48.76 36.01	5:48.65	
3 Wiggins, Grant 31.32 35.15 36.48 36.36 33.84	FR	Norfolk Academy-VA	5:50.00 37.12	5:58.54	
4 Jones, Greg 31.76 36.06 37.29 37.20 35.11	JR	Norfolk Academy-VA	5:48.00 38.32	6:09.52	

SST Swim Meet 12-03-11 - 12/3/2011**Results****(Event 15 Boys 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
5 Belisch, Taylor		Brentsville District H. S.-VA	5:21.34	6:21.03	
29.88 33.95 36.24	38.13 39.62 40.14 40.55		41.34		
41.50 39.68					
6 Shaw, Steven	JR	Seton School	6:21.73	6:36.07	
32.35 36.80 39.12	40.99 40.99 42.56 41.78		42.65		
40.94 37.89					
7 Lambrecht, David	JR	Seton School	7:23.83	6:56.51	
33.02 39.02 41.54	43.33 42.50 43.64 44.11		44.52		
43.33 41.50					
8 Sampson, John	JR	St. Michael the Archangel High-VA	9:00.00	6:57.61	
34.41 40.25 41.78	43.95 43.96 44.48 44.69		43.49		
44.13 36.47					
9 Clancy, James	SO	St. Michael the Archangel High-VA	7:40.00	6:58.03	
34.05 39.76 42.50	43.32 43.45 43.65 43.00		43.97		
42.82 41.51					
10 McGurk, Jack		Brentsville District H. S.-VA	NT	7:07.37	
32.70 38.69 1:25.44					
48.54 39.81					
11 Koehr, Patrick	SO	Seton School	6:34.95	7:13.74	
32.48 39.69 42.37	43.56 45.52 46.61 46.25		46.33		
46.52 44.41					
--- Bliss, Kevin	SR	Seton School	6:52.13	DQ	
1:11.00 41.25	45.66		44.57		
44.18 39.64					
--- Layton, Seth	FR	Trinity Episcopal School-VA	5:53.39	NS	

Event 16 Girls 500 Yard Freestyle

SST Record: 5:06.98 2/1/1999 K. Shipko

Nat Cath QT: 5:40.00

VSIS QT: 6:09.52

Name	Yr	School	Seed Time	Finals Time	Points
1 Tomenchok, Kira	SO	Trinity Episcopal School-VA	5:29.64	5:33.27	
28.78 32.94 33.69	34.36 33.99 34.61 34.09		34.93		
33.45 32.43					
2 Clary, Caroline	FR	Norfolk Academy-VA	5:40.00	5:42.13	
30.64 33.25 34.68	35.07 35.16 35.04 35.10		34.86		
34.58 33.75					
3 Klana, Sarah	FR	Norfolk Academy-VA	6:00.00	5:59.07	
32.67 35.79 36.23	36.29 36.50 36.54 36.75		36.10		
36.60 35.60					
4 Sutton, Hannah	SO	Norfolk Academy-VA	6:20.00	6:23.12	
33.02 36.94 38.70	38.91 39.22 39.84 39.13		39.71		
39.30 38.35					
5 Emerick, Hannah		Brentsville District H. S.-VA	6:38.02	6:38.33	
35.07 38.07 39.75	41.42 41.47 41.30 41.66		41.84		
39.84 37.91					
6 Nelson, Sarah	JR	Norfolk Academy-VA	7:00.00	6:44.29	
35.07 40.62 41.00	40.22 41.80 42.78 41.50		42.15		
40.72 38.43					
7 Collins, Emily	SO	John Paul The Great High Schoo	7:45.20	7:00.79	
33.72 40.18 42.95	43.09 44.70 43.87 43.73		44.60		
43.45 40.50					

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(Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
8 Wittlinger, Mikey	JR	Seton School	6:57.77	7:01.49	
36.61 41.50 43.35	44.23	45.44 42.80 43.11	43.21		
42.89 38.35					
9 Borko, Haley		Brentsville District H. S.-VA	NT	7:14.28	
3:32.92 3:41.43 20.99					
10 Lowell, Emily	SO	Seton School	7:20.16	7:16.05	
35.61 41.73 44.15	44.42	45.18 45.70 45.85	47.13		
45.82 40.46					
11 Marrazzo, Sally	FR	Seton School	7:17.24	7:23.03	
36.40 42.20 42.89	45.05	47.94 46.65 48.71	44.84		
47.24 41.11					
12 Pecsok, Elizabeth	JR	Norfolk Academy-VA	7:00.00	x7:23.14	
38.55 42.96 44.22	45.09	45.90 45.84 45.90	46.10		
45.96 42.62					
13 Ditzler, Daria	SO	St. Michael the Archangel High-VA	9:20.00	7:37.86	
39.21 43.69 46.48	46.23	47.00 47.26 48.26	47.45		
46.24 46.04					
14 Wunderly, Bernadette	JR	Seton School	7:08.01	7:59.06	
38.48 44.92 48.82	49.30	49.12 49.94 50.54	50.92		
49.33 47.69					
15 Mullen, Veronica	JR	John Paul The Great High Schoo	8:37.34	8:16.31	
1:26.59 49.91 2:35.71					
1:38.38					

Event 17 Boys 200 Yard Freestyle Relay

SST Record: 1:33.21 2/17/2008 Cook, Koehr, Cook, Koehr

Nat Cath QT: 1:37.00

VSIS QT: 1:42.24

Team	Relay	Seed Time	Finals Time	Points
1 Brentsville District H. S.-VA	A	1:27.43	1:39.50	
1) Sugiura, Naoki	2) Czajkowski, Jack	3) Sanders, Jack	4) Doyle, Justin	
23.29 26.00 27.37	22.84			
2 Trinity Episcopal School-VA	A	1:35.40	1:42.15	
1) Pankey, Tray FR	2) Dunbar, Holt SR	3) Jewett, Bland SR	4) Phelps, Clark FR	
26.16 25.15 24.55	26.29			
3 St. Michael the Archangel High-V	A	1:51.68	1:43.82	
1) Hallahan, Jacob JR	2) Turley, Nolan FR	3) Sampson, Matt SR	4) Morin, Alec SO	
25.23 27.37 27.38	23.84			
4 Norfolk Academy-VA	B	1:50.00	1:44.12	
1) Sykes, Jimmy JR	2) Estep, Winston SO	3) Jones, Greg JR	4) Pyle, Nathan JR	
26.69 27.00 25.37	25.06			
5 John Paul The Great High Schoo	A	1:38.43	1:44.30	
1) Borneman, Ben JR	2) Gelbach, Patrick SO	3) Lizarralde, Andres SO	4) Miller, Steve SO	
25.15 26.36 27.89	24.90			
6 Seton School	A	1:50.23	1:49.64	
1) Koehr, Patrick SO	2) Marrazzo, Luke JR	3) Bliss, Kevin SR	4) Brien, Hugh SR	
28.50 26.91 27.37	26.86			
7 Seton School	B	1:53.63	1:52.49	
1) Pennefather, Patrick	2) Baker, Pierce SR	3) Flook, Tommy	4) Hill, Michael SR	
28.93 29.45 26.84	27.27			
8 Trinity Episcopal School-VA	B	1:41.89	1:53.71	
1) Barker, Jacob SO	2) Rowe, Fletcher FR	3) Yllera, Alvaro SO	4) Young, Jake SO	
28.96 27.31 28.64	28.80			

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(Event 17 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
9 Norfolk Academy-VA	C	1:55.00	1:54.18	
1) Bedford, Joe FR	2) Tiongco, Carlos 08	3) Rodgers, Joey 09	4) Bayles, Sam	
28.10 27.76 27.45 30.87				
10 St. Michael the Archangel High-V	B	2:03.31	2:05.77	
1) Schelke, Patrick-Michael SR	2) Clancy, James SO	3) Sampson, Joe FR	4) O'Brien, Eddie JR	
30.64 31.63 33.79 29.71				
11 Veritas Christian Academy-VA	A	2:16.00	2:19.62	
1) Cooper, Aaron 8t	2) Cooper, Jimmy SO	3) Episcopo, George SO	4) Douglas, Matt FR	
35.72 33.14 36.19 34.57				
--- Seton School	C	NT	X2:02.91	
1) Mosimann, James JR	2) Britten, Stephen 8	3) Corkery, Jack SR	4) Pechie, Paul FR	
29.20 31.43 30.25 32.03				
--- Seton School	D	NT	X2:11.30	
1) Van de Voorde, Jude FR	2) Salas, Cris 8	3) Koehr, Brian 8	4) Hilleary, Pat SR	
32.65 37.43 31.23 29.99				
--- Seton School	E	NT	X2:12.73	
1) Wunderly, John	2) O'Donohue, Mark	3) Arnold, William 8	4) Mosimann, Paul FR	
34.20 32.51 33.26 32.76				
--- Seton School	F	NT	X2:26.52	
1) Kleb, John Paul 7	2) Moore, Thomas 8	3) Quinan, Andrew 8	4) Costello, Tim FR	
39.40 30.63 40.11 36.38				
--- St. Michael the Archangel JV-VA	A	2:20.94	X2:54.33	
1) Trask, Tyler 7	2) Clancy, Bryan 7	3) Sampson, Michael 7	4) Nichols, John 8	
40.70 1:08.70 34.47 30.46				
--- Norfolk Academy-VA	A	1:45.00	DQ	
1) Tennant, Will SO	2) Glasser, Ross JR	3) Spivey, Charlie FR	4) Leach, Ben JR	
23.80 24.92 24.98 22.57				
--- Seton School	G	NT	XNS	
--- St. Michael the Archangel High-V	C	NT	NS	
1) D'Addio, Joey JR	2) Camarca, Luke FR	3) Simms, Tim FR	4) Naim, Nabil SR	

Event 18 Girls 200 Yard Freestyle Relay

SST Record: 1:40.99 2/13/2009 Doonis,Rogers,Talbott,Donohoe
Nat Cath QT: 1:48.50
VSIS QT: 1:55.34

Team	Relay	Seed Time	Finals Time	Points
1 Norfolk Academy-VA	A	1:55.00	1:49.22	
1) Clagett, Amanda SO	2) Gill, Elizabeth FR	3) Clary, Caroline FR	4) Gusentine, Mary FR	
26.49 27.28 27.15 28.30				
2 Seton School	A	1:48.95	1:52.47	
1) Ceol, Jillian 8	2) Kenna, Claire 8	3) Rector, Kimberly 8	4) Rogers, Cat SR	
35.07 22.81 29.07 25.52				
3 Trinity Episcopal School-VA	A	1:50.50	1:53.94	
1) Sweeney, Maggie JR	2) Overby, Ellen JR	3) Cummings, Savannah JR	4) Locher, Arden SO	
27.06 29.66 28.56 28.66				
4 John Paul The Great High Schoo	A	1:55.02	1:55.67	
1) Donohoe, Clare JR	2) Ranieri, Julia SO	3) Flanagan, Casey SR	4) Planchak, Kelly SR	
28.64 28.40 30.25 28.38				
5 Norfolk Academy-VA	B	2:05.00	1:56.05	
1) Pyle, Catherine FR	2) Edmonds, Kelsey JR	3) Kislyakov, Amy 09	4) Sutton, Hannah SO	
28.14 29.46 28.88 29.57				
6 Brentsville District H. S.-VA	A	1:44.50	1:58.43	
1) Katherine, Samsky	2) Katuin, Jacquelyn	3) Golliker, Daniell	4) Jerakis, Elizabeth SO	
27.26 33.20 29.27 28.70				

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(Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
7 Seton School	B	1:58.90	2:03.47	
1) Heim, Emily 8 30.15 29.81 33.14	2) Blanchard, Sarah JR 30.37	3) Murphy, Maggie SR	4) Zapiain, Sarah SR	
8 Brentsville District H. S.-VA	B	NT	2:04.35	
1) Sene, Ashlyn 30.73 30.70 33.75	2) Newlin, Rachel 29.17	3) Whitlock, Anna	4) Bussian, Alex	
9 John Paul The Great High Schoo	B	2:04.10	2:06.21	
1) Collins, Emily SO 32.35 30.80 32.68	2) Villagomez, Christie SR 30.38	3) Long, Ruth SR	4) Broderick, Grace JR	
10 Veritas Christian Academy-VA	A	2:02.00	2:06.29	
1) Keating, Bronwyn 30.24 29.91 36.93	2) Houser, Alyssa 8t 29.21	3) Moore, Kathryn SO	4) Bowden, Amanda JR	
11 St. Michael the Archangel High-V	A	2:07.37	2:07.52	
1) Britton, Katharine JR 30.81 36.21 31.73	2) Rich, Andrea JR 28.77	3) Van Deusen, Maggie JR	4) Camarca, Maria JR	
12 John Paul The Great High Schoo	C	2:10.20	x2:08.84	
1) Kimball, Catherine JR 32.62 30.34 32.10	2) Heckman, Michaela JR 33.78	3) Borneman, Daniel FR	4) Glascock, Samantha SR	
13 Norfolk Academy-VA	C	2:15.00	x2:09.30	
1) Pecsok, Elizabeth JR 30.80 33.46 32.01	2) Macdisi, Natalie JR 33.03	3) Nelson, Sarah JR		
14 Trinity Episcopal School-VA	B	2:00.50	2:13.65	
1) Rawls, Emily JR 32.67 35.38 35.47	2) Longstaff, Sarah Jane FR 30.13	3) Skrobiszewski, Sophie FR	4) Yucha, Hannah JR	
--- Seton School	C	NT	X2:10.74	
1) Wunderly, Bernadette JR 32.90 31.92 35.06	2) Heim, Sarah SO 30.86	3) Vestermark, Meggie 8	4) Higginbottom, Keziah JR	
--- Seton School	E	NT	X2:10.85	
1) Pennefather, Michaela 8 32.35 32.22 34.93	2) Farmer, Bryanna 8 31.35	3) Cummings, Judith SR	4) Flook, Dani 7	
--- Seton School	F	NT	X2:16.74	
1) Zadnik, Catie SR 35.09 33.41 35.31	2) Camarca, Mary 8 32.93	3) Pechie, Cat 7	4) Remington, Mary SO	
--- Seton School	J	NT	X2:20.47	
1) Krynitsky, Jessica 8 35.32 36.85 35.82	2) Hickey, Noelle 7 32.48	3) Zadnik, Lizzy SO	4) Catalano, Hayden	
--- Seton School	D	NT	X2:26.21	
1) Lucas, Geni 8 33.75 34.06 41.58	2) O'Malley, Meghan 8 36.82	3) Bliss, Teresa FR	4) Lowell, Emily SO	
--- Seton School	G	NT	X2:27.61	
1) Byers, Carly SR 34.11 35.65 1:17.85	2) Earls, Elizabeth 8	3) Remington, Rose 8	4) Gonzalez, Therese 8	
--- Seton School	H	NT	X2:31.55	
1) Zadnik, Vivian 8 38.65 36.20 41.90	2) Garvey, Cecilia 7 34.80	3) Brien, Sarah SO	4) Lightner, Caitlyn 8	
--- Norfolk Academy-VA	D	2:25.00	DQ	
1) Huston, McCall JR 32.10 31.51 39.17	2) Herring, Hannah 07 30.98	3) Kislyakov, Michelle	4) Zahn, Jessica 08	
--- John Paul The Great High Schoo	D	2:20.20	XDQ	
1) Armstrong, Loxi SR 39.59 44.82 39.68	2) Carias, Maria SR 32.37	3) Virostek, Lauren SR	4) Lizarralde, Victoria FR	
--- Trinity Episcopal School-VA	C	2:20.56	XNS	
--- Seton School	I	NT	XNS	

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Event 19 Boys 100 Yard Backstroke

SST Record: 51.48 1/20/2006 K. Koehr

Nat Cath QT: 1:01.00

VSIS QT: 1:04.15

Name	Yr	School	Seed Time	Finals Time	Points
1 Dunn, Catfish 27.55 28.65	SR	Seton School	54.59	56.20	
2 Tomenchok, Derek 28.11 28.49	JR	Trinity Episcopal School-VA	56.40	56.60	
3 Mueller, Brandon 30.05 31.27	JR	Norfolk Academy-VA	1:00.00	1:01.32	
4 McDonald, Alex 29.73 31.82	SO	John Paul The Great High Schoo	1:01.88	1:01.55	
5 Tennant, Will 30.91 32.28	SO	Norfolk Academy-VA	1:04.26	1:03.19	
6 Romanowski, Aaron 31.27 33.35		Brentsville District H. S.-VA	NT	1:04.62	
*7 Pankey, Tray 31.90 35.52	FR	Trinity Episcopal School-VA	1:08.67	1:07.42	
*7 Hallahan, Jacob 33.24 34.18	JR	St. Michael the Archangel High-VA	1:27.00	1:07.42	
9 Cook, Daniel 32.85 34.81	07	Norfolk Academy-VA	1:08.22	1:07.66	
10 Clary, Trip 33.10 35.84	07	Norfolk Academy-VA	1:09.00	1:08.94	
11 Hunter, Brandon 33.58 35.65	FR	Trinity Episcopal School-VA	1:08.56	1:09.23	
12 Griggs-Drane, Nicholas 33.90 35.60	SR	Trinity Episcopal School-VA	1:07.50	1:09.50	
13 Flook, Tommy 1:15.92		Seton School	1:15.73	1:15.88	
14 Pennefather, Patrick 36.34 39.88		Seton School	1:15.01	1:16.22	
15 McGurk, Jack 1:16.64		Brentsville District H. S.-VA	NT	1:16.55	
16 Diskin, Ben 40.71 42.36	09	Norfolk Academy-VA	1:15.00	x1:23.07	
17 Pechie, Paul 40.36 43.32	FR	Seton School	1:22.37	1:23.68	
18 O'Brien, Eddie 41.33 46.93	JR	St. Michael the Archangel High-VA	1:37.00	1:28.26	
19 Camarca, Luke 43.89 49.61	FR	St. Michael the Archangel High-VA	1:42.22	1:33.50	
20 Schelke, Patrick-Michael 1:39.88	SR	St. Michael the Archangel High-VA	1:50.00	1:39.86	
21 Cooper, Aaron 46.63 53.50	8t	Veritas Christian Academy-VA	1:30.00	1:40.13	
--- O'Donohue, Mark 41.80 36.52		Seton School	1:34.34	X1:18.32	
--- Salas, Cris 40.61 42.82	8	Seton School	1:27.86	X1:23.43	
--- Koehr, Brian 41.63 43.54	8	Seton School	1:24.68	X1:25.17	
--- Corkery, Jack 40.76 45.53	SR	Seton School	1:30.09	X1:26.29	

SST Swim Meet 12-03-11 - 12/3/2011**Results****(Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Britten, Stephen	8	Seton School	1:30.10	X1:27.92	
--- Arnold, William	8	Seton School	1:32.52	X1:35.43	
1:35.27 0.16					
--- Van de Voorde, Jude	FR	Seton School	1:48.05	X1:41.00	
1:41.04					
--- Gordon, Daniel		St. Michael the Archangel JV-VA	NT	X1:43.05	
48.66 54.39					
--- Mosimann, Paul	FR	Seton School	1:40.45	X1:43.76	
49.48 54.28					
--- Kleb, John Paul	7	Seton School	1:38.83	X1:44.25	
49.78 54.47					
--- Moore, Thomas	8	Seton School	1:56.81	X1:47.83	
50.05 57.78					
--- Baker, Pierce	SR	Seton School	1:55.21	X1:48.30	
49.58 58.72					
--- Kenneally, Michael	7	Seton School	1:56.53	X1:56.79	
54.80 1:01.99					
--- Quinan, Andrew	8	Seton School	1:55.75	XDQ	
49.94 58.22					
--- Wunderly, John		Seton School	1:42.64	XDQ	
49.32 50.50					
--- Hoffman, Tyler		Seton School	1:38.98	XNS	
--- Irving, Thomas	7	Seton School	1:56.88	XNS	

Event 20 Girls 100 Yard Backstroke

SST Record: 1:00.04 12/2/2008 J. Dunn
Nat Cath QT: 1:10.00
VSIS QT: 1:10.24

Name	Yr	School	Seed Time	Finals Time	Points
1 Shama, Sara	JR	Trinity Episcopal School-VA	1:08.03	1:08.89	
32.99 35.90					
2 Gulick, Lauren	JR	Norfolk Academy-VA	1:11.00	1:09.03	
33.34 35.69					
3 Ranieri, Julia	SO	John Paul The Great High Schoo	1:11.25	1:12.49	
35.19 37.30					
4 Vest, Taylor	JR	Norfolk Academy-VA	1:14.00	1:14.19	
36.03 38.16					
5 Houser, Alyssa	8t	Veritas Christian Academy-VA	1:17.80	1:16.01	
36.60 39.41					
6 Blanchard, Sarah	JR	Seton School	1:20.61	1:16.84	
36.91 39.93					
7 Locher, Arden	SO	Trinity Episcopal School-VA	1:16.07	1:16.92	
37.87 39.05					
8 Wall, Katherine	FR	Trinity Episcopal School-VA	1:25.83	1:17.47	
38.18 39.29					
9 Keating, Bronwyn		Veritas Christian Academy-VA	1:14.40	1:17.52	
36.66 40.86					
10 Byers, Monica	SR	Seton School	1:13.10	1:17.68	
37.63 40.05					
11 Edmonds, Kelsey	JR	Norfolk Academy-VA	1:20.89	1:17.99	
38.03 39.96					
12 Camarca, Maria	JR	St. Michael the Archangel High-VA	1:21.24	1:19.16	
37.03 42.13					

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(Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Finals Time	Points
13 Parker, Elske 38.08 41.30	JR	Norfolk Academy-VA	1:18.00	1:19.38	
14 Zapiain, Sarah 38.10 41.49	SR	Seton School	1:17.33	1:19.59	
15 Irving, Julia 38.57 41.85	SO	Seton School	1:17.75	1:20.42	
16 Hughes, Alexis 39.27 42.36		Brentsville District H. S.-VA	1:19.46	1:21.63	
17 Robertson, Abigail 39.34 42.76		Brentsville District H. S.-VA	1:17.88	1:22.10	
18 Huston, McCall 41.55 44.45	JR	Norfolk Academy-VA	1:25.00	x1:26.00	
19 Yucha, Hannah 41.52 44.73	JR	Trinity Episcopal School-VA	1:21.15	1:26.25	
20 Villagomez, Christie 41.65 46.67	SR	John Paul The Great High Schoo	1:28.96	1:28.32	
21 Lizarralde, Victoria 43.56 47.03	FR	John Paul The Great High Schoo	1:22.90	1:30.59	
22 Van Deusen, Maggie 43.97 48.53	JR	St. Michael the Archangel High-VA	1:33.00	1:32.50	
23 Land, Rae 43.80 49.05	09	Norfolk Academy-VA	1:15.00	x1:32.85	
24 Soto, Natalia 1:26.90 22.24		Brentsville District H. S.-VA	1:27.06	1:49.14	
25 Allen, Laura	FR	Veritas Christian Academy-VA	1:33.00	1:52.54	
--- Pennefather, Michaela 1:27.39	8	Seton School	1:26.90	X1:22.44	
--- Flook, Dani 40.11 44.05	7	Seton School	1:23.99	X1:24.16	
--- Zadnik, Catie 1:34.26	SR	Seton School	1:34.21	X1:33.68	
--- Bliss, Teresa 52.34 41.34	FR	Seton School	1:50.38	X1:33.68	
--- Catalano, Hayden 44.70 49.02		Seton School	1:46.31	X1:33.72	
--- Skrobiszewski, Sophie 45.96 48.64	FR	Trinity Episcopal School-VA	1:45.32	X1:34.60	
--- Garvey, Cecilia 1:36.75	7	Seton School	1:35.28	X1:35.70	
--- Vestermark, Meggie 47.15 50.46	8	Seton School	1:39.29	X1:37.61	
--- Earls, Elizabeth 50.02 51.90	8	Seton School	1:47.04	X1:41.92	
--- Zadnik, Vivian 48.81 53.43	8	Seton School	1:37.46	X1:42.24	
--- Lightner, Caitlyn 47.83 57.62	8	Seton School	1:45.99	X1:45.45	
--- Remington, Mary 48.77 57.37	SO	Seton School	2:04.62	X1:46.14	
--- Rosato, Meridyth 50.38 57.17	7	Seton School	1:52.18	X1:47.55	
--- Brien, Sarah 53.94 57.80	SO	Seton School	1:48.35	X1:51.74	

SST Swim Meet 12-03-11 - 12/3/2011**Results****(Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Rich, Andrea 44.87 52.18	JR	St. Michael the Archangel High-VA	1:33.00	DQ	
--- Remington, Rose	8	Seton School	1:55.90	XDQ	
--- Camarca, Mary 48.34 52.97	8	Seton School	1:44.38	XDQ	
--- Smid, Emily	SO	John Paul The Great High Schoo	1:18.20	NS	

Event 21 Boys 100 Yard Breaststroke

SST Record: 58.53 1/27/2007 N. Cook

Nat Cath QT: 1:07.50

VSIS QT: 1:12.32

Name	Yr	School	Seed Time	Finals Time	Points
1 Sugiura, Naoki 29.85 34.77		Brentsville District H. S.-VA	1:03.54	1:04.62	
2 Groh, Patrick 32.37 37.37	FR	Trinity Episcopal School-VA	1:09.72	1:09.74	
3 Spivey, Charlie 33.84 37.92	FR	Norfolk Academy-VA	1:11.60	1:11.76	
4 Donohoe, Ryan 33.81 38.08	FR	John Paul The Great High Schoo	1:13.10	1:11.89	
5 Dickerson, Jack 34.26 38.42		Norfolk Academy-VA	1:14.40	1:12.68	
6 Hill, Michael 34.71 40.11	SR	Seton School	1:09.11	1:14.82	
7 Kosten, Joseph 35.96 39.82	SO	Seton School	1:12.23	1:15.78	
8 Glasser, Ross 36.95 39.24	JR	Norfolk Academy-VA	1:14.69	1:16.19	
9 Estep, Winston 38.56 44.25	SO	Norfolk Academy-VA	1:25.00	1:22.81	
10 Barker, Jacob 40.74 43.94	SO	Trinity Episcopal School-VA	1:28.70	1:24.68	
11 Lizarralde, Andres 39.66 45.07	SO	John Paul The Great High Schoo	1:27.10	1:24.73	
12 Rodgers, Joey 39.19 45.70	09	Norfolk Academy-VA	1:23.00	x1:24.89	
13 Young, Jake 39.75 46.45	SO	Trinity Episcopal School-VA	1:24.14	1:26.20	
14 Rowe, Fletcher 41.32 46.31	FR	Trinity Episcopal School-VA	1:32.56	1:27.63	
15 Sampson, Joe 39.94 48.45	FR	St. Michael the Archangel High-VA	1:38.37	1:28.39	
16 Vanhintum, Adrian 42.67 47.25		Brentsville District H. S.-VA	NT	1:29.92	
--- Quinan, Peter 38.40 43.27	JR	Seton School	1:23.45	DQ	
--- Whiting, Matthew 41.11 49.40	FR	Trinity Episcopal School-VA	1:33.45	XDQ	
--- Simms, Tim 45.58 50.88	FR	St. Michael the Archangel High-VA	1:40.00	DQ	
--- Zapiain, Joseph	FR	Seton School	1:27.66	NS	

SST Swim Meet 12-03-11 - 12/3/2011

Results

Event 22 Girls 100 Yard Breaststroke

SST Record: 1:07.94 2/18/2011 C. Rogers

Nat Cath QT: 1:18.00

VSIS QT: 1:18.28

Name	Yr	School	Seed Time	Finals Time	Points
1 Sweeney, Maggie 36.32 39.46	JR	Trinity Episcopal School-VA	1:14.39	1:15.78	
2 Heim, Emily 36.69 43.04	8	Seton School	1:21.84	1:19.73	
3 Gill, Elizabeth 37.41 42.41	FR	Norfolk Academy-VA	1:22.00	1:19.82	
4 Rector, Kimberly 36.94 42.94	8	Seton School	1:21.50	1:19.88	
5 Long, Ruth 39.58 43.79	SR	John Paul The Great High Schoo	1:21.29	1:23.37	
6 Pyle, Catherine 40.07 44.91	FR	Norfolk Academy-VA	1:23.00	1:24.98	
7 Heckman, Michaela 39.36 45.75	JR	John Paul The Great High Schoo	1:23.39	1:25.11	
8 Katuin, Jacquelyn 39.62 45.51		Brentsville District H. S.-VA	1:19.02	1:25.13	
9 Longstaff, Sarah Jane 40.73 45.08	FR	Trinity Episcopal School-VA	1:30.34	1:25.81	
10 Golliker, Daniell		Brentsville District H. S.-VA	1:23.24	1:25.98	
11 Broderick, Grace 41.24 45.70	JR	John Paul The Great High Schoo	1:26.38	1:26.94	
12 Overby, Ellen 41.39 45.92	JR	Trinity Episcopal School-VA	1:28.75	1:27.31	
13 Bowden, Amanda 40.89 46.98	JR	Veritas Christian Academy-VA	1:27.36	1:27.87	
14 Bussian, Alex 43.24 46.19		Brentsville District H. S.-VA	1:29.78	1:29.43	
15 Heim, Sarah 41.62 48.00	SO	Seton School	1:26.21	1:29.62	
16 Murphy, Maggie 42.13 48.16	SR	Seton School	1:26.50	1:30.29	
17 Glascock, Samantha 41.24 50.00	SR	John Paul The Great High Schoo	1:30.49	1:31.24	
18 Whitlock, Anna 42.57 48.69		Brentsville District H. S.-VA	NT	1:31.26	
19 Herring, Hannah 45.21 49.17	07	Norfolk Academy-VA	1:30.00	1:34.38	
20 Cravens, Lauren 45.35 58.23	SO	Trinity Episcopal School-VA	1:40.23	1:43.58	
21 O'Brien, Liz 53.28 1:02.64	FR	St. Michael the Archangel High-VA	1:38.00	1:55.92	
--- Hagen-Gates, India 42.30 48.42	SO	John Paul The Great High Schoo	1:29.91	X1:30.72	
--- Kimball, Catherine 45.72 50.02	JR	John Paul The Great High Schoo	1:28.40	X1:35.74	
--- O'Malley, Meghan 46.36 52.67	8	Seton School	1:34.48	X1:39.03	
--- Bereit, Claire 48.67 57.83	8	St. Michael the Archangel JV-VA	NT	X1:46.50	
--- Thompson, Jasmine	JR	Veritas Christian Academy-VA	1:39.72	NS	

SST Swim Meet 12-03-11 - 12/3/2011

Results

Event 23 Boys 400 Yard Freestyle Relay

SST Record: 3:20.62 2/13/2009 Hill, Cook, Dunn, Basinger

Nat Cath QT: 3:40.00

VSIS QT: 3:59.45

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Episcopal School-VA	A	3:27.27	3:30.60	
1) Tomenchok, Derek JR	2) Phelps, Clark FR	3) Groh, Patrick FR	4) Ferguson, Thomas JR	
24.40 50.02 26.93	56.48 24.61 52.11	25.07 51.99		
2 Norfolk Academy-VA	A	3:35.02	3:33.45	
1) Leach, Ben JR	2) Kaskel, Jacob FR	3) Pyle, Nathan JR	4) Mueller, Brandon JR	
24.55 51.72 25.66	52.58 26.30 54.91	25.79 54.24		
3 John Paul The Great High Schoo	A	3:51.54	3:37.11	
1) Kalna, Matthew SR	2) Eggert, Zach JR	3) Donohoe, Ryan FR	4) McDonald, Alex SO	
25.22 52.70 24.52	51.89 27.48 58.48	25.52 54.04		
4 Trinity Episcopal School-VA	B	3:35.76	3:53.96	
1) Jewett, Bland SR	2) Hunter, Brandon FR	3) Griggs-Drane, Nicholas SR	4) Dunbar, Holt SR	
25.87 55.95 28.37	59.71 28.48 1:01.38	26.98 56.92		
5 Seton School	A	3:50.21	3:54.23	
1) Shaw, Steven JR	2) Marrazzo, Luke JR	3) Kosten, Joseph SO	4) Dunn, Catfish SR	
28.49 1:00.65 29.94	1:03.36 27.29 59.10	24.65 51.12		
6 Norfolk Academy-VA	B	4:03.00	3:54.70	
1) Jones, Greg JR	2) Sykes, Jimmy JR	3) Cook, Daniel 07	4) Clary, Trip 07	
27.79 57.54 29.01	1:00.63 27.48 57.60	27.67 58.93		
7 Brentsville District H. S.-VA	A	3:14.76	4:03.88	
1) Belisch, Taylor	2) Sanders, Jack	3) Heltzel, Reed	4) Romanowski, Aaron	
28.36 1:01.26 30.60	1:04.61 28.96 1:01.59	26.66 56.42		
8 Norfolk Academy-VA	C	4:05.82	x4:06.40	
1) Wiggins, Grant FR	2) Bedford, Joe FR	3) Tiongco, Carlos 08	4) Glasser, Ross JR	
27.33 57.61 29.84	1:05.53 30.68 1:04.37	28.12 58.89		
9 Seton School	B	4:18.43	4:28.99	
1) Koehr, Patrick SO	2) Quinan, Peter JR	3) Collins, Michael SR	4) Lambrecht, David JR	
29.86 1:07.70 18.70	1:04.72 32.21 1:09.53	31.81 1:07.04		
10 St. Michael the Archangel High-V	A	4:32.86	4:55.21	
1) Sampson, Joe FR	2) Schelke, Patrick-Michael SR	3) Clancy, James SO	4) O'Brien, Eddie JR	
36.07 1:18.62 36.03	1:17.20 33.74 1:10.40	1:08.99		
--- Veritas Christian Academy-VA	A	4:55.00	DQ	
1) Cooper, Aaron 8t	2) Cooper, Jimmy SO	3) Episcopo, George SO	4) Douglas, Matt FR	
36.26 1:25.90 32.66	1:18.18 38.51 1:22.67	34.09 1:22.56		

Event 24 Girls 400 Yard Freestyle Relay

SST Record: 3:42.82 2/13/2009 DoonisTalbotClaybrooksDonohoe

Nat Cath QT: 4:21.00

VSIS QT: 4:27.73

Team	Relay	Seed Time	Finals Time	Points
1 Norfolk Academy-VA	A	4:03.00	4:04.54	
1) Gulick, Lauren JR	2) Klena, Sarah FR	3) Gusentine, Mary FR	4) Clary, Caroline FR	
28.94 59.86 29.43	1:01.48 29.41 1:04.34	27.93 58.86		
2 Trinity Episcopal School-VA	A	3:53.56	4:07.48	
1) Tomenchok, Kira SO	2) Shama, Sara JR	3) Cummings, Savannah JR	4) Upadhyaya, Alex JR	
27.75 58.01 30.24	1:03.61 30.30 1:08.91	26.80 56.95		
3 Norfolk Academy-VA	B	4:10.00	4:27.22	
1) Parker, Elske JR	2) Kislyakov, Amy 09	3) Vest, Taylor JR	4) Sutton, Hannah SO	
31.82 1:07.56 30.63	1:06.59 31.69 1:06.23	31.38 1:06.84		

SST Swim Meet 12-03-11 - 12/3/2011

Results

(Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
4 Seton School	A	4:22.55	4:27.98	
1) Bennett, Lucy SR	2) Rector, Kimberly 8	3) Ceol, Jillian 8	4) Wittlinger, Mikey JR	
31.83 1:08.48 29.11	1:03.21 31.84 1:08.56	31.29 1:07.73		
5 Brentsville District H. S.-VA	B	NT	4:38.43	
1) Borko, Haley	2) Emerick, Hannah	3) Hughes, Alexis	4) Sene, Ashlyn	
34.14 1:11.37 31.79	1:06.03 34.38 1:16.34	29.08 1:04.69		
6 Trinity Episcopal School-VA	B	4:28.78	4:41.54	
1) Wall, Katherine FR	2) Locher, Arden SO	3) Cunningham, Catherine SR	4) Rawls, Emily JR	
1:08.65 32.79	1:08.32 32.87 1:09.78	34.26 1:14.79		
7 Brentsville District H. S.-VA	A	3:49.24	4:42.82	
1) Robertson, Abigail	2) Stiehm, Carleigh	3) Bussian, Alex	4) Katuin, Jacquelyn	
33.03 1:08.69 33.34	1:11.25 31.17 1:05.29	37.28 1:17.59		
8 Seton School	B	4:31.07	4:47.24	
1) Byers, Monica SR	2) Marrazzo, Sally FR	3) Catalano, Hayden	4) Irving, Julia SO	
33.90 1:18.34 25.48	1:01.67 33.97 1:14.67	32.54 1:12.56		
9 Norfolk Academy-VA	C	4:15.00	x4:49.73	
1) Pecsok, Elizabeth JR	2) Nelson, Sarah JR	3) Macdisi, Natalie JR	4) Land, Rae 09	
33.52 1:11.32 33.82	1:11.89 35.21 1:15.46	33.59 1:11.06		
10 John Paul The Great High Schoo	B	6:10.00	5:57.51	
1) Armstrong, Loxi SR	2) Mullen, Veronica JR	3) Carias, Maria SR	4) Garcia, Victoria SO	
41.63 1:35.05	1:22.43 46.97 1:37.70	1:22.33		
--- Veritas Christian Academy-VA	A	5:00.00	X5:11.15	
1) Keating, Bronwyn	2) Allen, Laura FR	3) Moore, Kathryn SO	4) Wornom, Daniella SO	
32.54 1:11.01 40.34	1:33.87 30.38 1:13.08	35.66 1:13.19		
--- John Paul The Great High Schoo	A	4:45.40	DQ	
1) Hagen-Gates, India SO	2) Smid, Emily SO	3) Villagomez, Christie SR	4) Collins, Emily SO	
34.80 1:13.69 33.04	1:11.15 33.89 1:14.24	32.06 1:09.71		
--- Brentsville District H. S.-VA	C	NT	NS	
1) Newlin, Rachel	2) Bergeron, Samantha	3) Soto, Natalia	4) Whitlock, Anna	