

SST Swim Meet 12-04-10 - 12/4/2010**Results****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Episcopal School-VA 1) Groh, Patrick 8 27.93 31.18 26.46	A 2) Pankey, Joseph 10 23.52	1:49.20 3) Bridgforth, Wells 11	1:49.09 4) Tomenchok, Derek 10	
2 Seton School 1) Dunn, Catfish JR 27.10 32.53 24.99	A 2) Hill, Michael JR 24.61	1:48.49 3) Basinger, David SR	1:49.23 4) Kenna, Patrick SR	
3 Norfolk Academy-VA 1) Mueller, Brandon JR 28.48 31.02 27.41	A 2) Spivey, Charlie FR 24.66	2:06.30 3) Kastel, Jacob FR	1:51.57 4) Heller, Nick JR	
4 John Paul The Great High Sch 1) McDonald, Alex FR 28.92 32.30 26.68	A 2) Altobelli, Mark SR 28.20	2:03.10 3) Kalna, Matthew JR	1:56.10 4) Borneman, Ben SO	
5 Norfolk Academy-VA 1) Pyle, Nathan JR 31.76 34.57 28.08	B 2) Cardelia, Nick SR 25.43	2:08.30 3) Moyers, Daniel FR	1:59.84 4) Glasser, Ross JR	
6 Seton School 1) Shaw, Steven SO 32.09 34.79 29.41	B 2) Rosato, Jonathan SR 25.08	2:03.77 3) Smith, Jamie FR	2:01.37 4) Koehr, Brendan SR	
7 Highland Varsity Swimming- 1) Herbst, Ian SO 41.12 43.29 36.95	A 2) Kulick, Nick FR 29.97	NT 3) Savage, Nick SR	2:31.33 4) Silva, James SR	
--- Trinity Episcopal School-VA 1) Fowler, Ward 12 31.07 33.12 28.66	B 2) Grass, Nils 12 26.37	1:57.94 3) Griggs-Drane, Nicholas 11	X1:59.22 4) Sallade, Cooper 12	
--- Trinity Episcopal School-VA 1) Barker, Jacob 9 35.99 15.55 22.13	C 2) Young, Jake 9 1:00.26	2:16.60 3) Ellis, Tommy 10	X2:13.93 4) Baker, James 10	
--- Norfolk Academy-VA 1) Jones, Greg JR 40.69 34.21 28.96	C 2) Estep, Winston SO 31.04	2:10.30	X2:14.90 4) Paris, Micheal SR	
--- Seton School 1) Quinan, Peter SO 40.10 46.57 35.41	E 2) Holl, Xavier FR 34.38	NT 3) Kleb, Connor FR	X2:36.46 4) Britten, Stephen 7	
--- Seton School 1) Cuomo, Kenneth FR 37.21 46.70 36.16	F 2) Costello, Tim 8 36.72	NT 3) Shaw, Tommy 8	X2:36.79 4) Arnold, William 7	
--- Seton School 1) Mosimann, Paul 8 47.51 40.11 39.85	G 2) Van de Voorde, Jude 8 39.14	NT 3) Mosimann, James SO	X2:46.61 4) Hassan, Patrick 7	
--- Seton School 1) Pechie, Paul 8 38.82 38.43 38.80	C 2) Collins, Michael JR 32.26	NT 3) Kleb, Rocky SR	XDQ 4) Manley, Michael FR	

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Seton School 1) Doonis, Alex JR 30.43 31.91 28.50	A 2) Rogers, Cat JR 25.47	1:56.10 3) Wunderly, Bridget SR	1:56.31 4) Donohoe, Lauren SR	
2 Trinity Episcopal School-VA 1) Tomenchok, Kira 9 29.67 33.46 30.50	A 2) Sweeney, Maggie 10 25.90	1:56.44 3) Lieberman, Haley 9	1:59.53 4) Thompson, Meredith 12	
3 Norfolk Academy-VA 1) Gulick, Lauren JR 32.38 35.14 30.52	A 2) Gill, Elizabeth FR 27.44	2:26.50 3) Parks, Allison SO	2:05.48 4) Clary, Caroline FR	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Norfolk Academy-VA 1) Dickerson, Mary Grace JR 32.85 35.99 31.88	B 2) Pyle, Catherine FR 29.57	2:28.50 3) Klena, Sarah FR	2:10.29 4) Whitaker, Sally SR	
5 Trinity Episcopal School-VA 1) Barnes, Carly 12 33.58 34.01 32.96	B 2) Call, Lucy 10 29.75	2:08.80 3) Overby, Ellen 10	2:10.30 4) Kuhlman, Meg 12	
6 Seton School 1) Byers, Monica JR 35.80 34.51 41.70	B 2) Lambrecht, Rachel SR 22.69	2:13.51 3) Bennett, Lucy JR	2:14.70 4) Zapiain, Sarah JR	
7 John Paul The Great High Sch 1) Smith, Caroline SO 39.81 37.03 31.74	A 2) Long, Ruth JR 29.16	2:15.00 3) Donohoe, Clare SO	2:17.74 4) Ranieri, Julie FR	
8 Highland Varsity Swimming- 1) Van der Water, Parker SO 37.46 39.98 34.11	A 2) Miller, Vivienne JR 35.40	NT 3) Dodson, Sydney SR	2:26.95 4) Macklin, Marina SO	
9 John Paul The Great High Sch 1) Hagen-Gates, India FR 37.85 41.06 39.83	B 2) Glascock, Samantha JR 31.82	NT 3) Mullen, Veronica SO	2:30.56 4) Myrvold, Maureen JR	
--- Trinity Episcopal School-VA 1) Locher, Arden 9 36.42 37.36 30.68	C 2) Sullivan, Brenna 10 33.45	2:15.50 3) Addison, Jessica 12	X2:17.91 4) Applebaugh, Drew 12	
--- Seton School 1) Ceol, Jillian 7 39.18 36.17 35.15	C 2) Heim, Emily 7 28.29	NT 3) Smith, Nicolette 7	X2:18.79 4) Kenna, Claire 7	
--- Norfolk Academy-VA 1) Vest, Taylor JR 35.85 39.29 35.96	C 2) Moy, Ashley JR 29.32	2:30.50 3) Cummings, Judith JR	X2:20.42 4) Parker, Elske JR	
--- Seton School 1) Higginbottom, Keziah SO 35.40 39.67 39.27	D 2) Zapiain, Leslie SR 31.35	NT 3) Cummings, Judith JR	X2:25.69 4) Mosimann, Monica SR	
--- Trinity Episcopal School-VA 1) Sullivan, Conner 12 36.26 43.25 36.29	D 2) Walker, Mackenzie 11 33.29	NT 3) Yucha, Hannah 10	X2:29.09 4) Staub, Jenna 10	
--- Norfolk Academy-VA 1) Nelson, Sarah JR 39.50 39.97 38.59	D 2) Gusentine, Mary FR 33.97	2:35.50 3) Dorr, Taylor SR	X2:32.03 4) Lustig, Heather SR	
--- Seton School 1) O'Malley, Meghan 7 39.12 52.22 35.35	F 2) Zadnik, Vivian 7 32.43	NT 3) Lucas, Geni 7	X2:39.12 4) Farmer, Bryanna 7	
--- Seton School 1) Marrasso, Sally 8 46.04 38.24 38.65	G 2) Heim, Sarah FR 37.21	NT 3) Seoh, Fiona FR	X2:40.14 4) Geiran, Fiona 8	
--- Seton School 1) Remington, Rose 7 53.07	I 2) Gonzalez, Josefa 9 37.14	NT 3) Lightner, Caitlyn 7	X3:18.84 4) Huff, Hadley FR	
--- Seton School 1) Lowell, Emily FR 40.81 40.03 36.26	E 2) Murphy, Maggie JR 34.63	NT 3) Verry, Theresa FR	XDQ 4) Remington, Mary FR	

Event 3 Boys 200 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Dunn, Catfish 26.08 28.55 28.91	JR	Seton School	1:52.40 28.87	1:52.41	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 3 Boys 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
2 Kalna, Matthew 26.28 28.70 28.86	JR	John Paul The Great High School	1:57.60	1:53.29	
3 McDonald, Alex 27.69 30.90 32.39	FR	John Paul The Great High School	2:03.50	2:02.92	
4 Dunbar, Holt 27.89 31.55 32.45	11	Trinity Episcopal School-VA	2:10.50	2:03.21	
5 Bridgforth, Wells 27.74 31.73 33.19	11	Trinity Episcopal School-VA	2:03.91	2:04.24	
6 Smith, Jamie 27.62 31.66 33.98	FR	Seton School	2:09.28	2:05.11	
7 Wiggins, Grant 30.33 33.81 35.00	FR	Norfolk Academy-VA	2:20.93	2:11.32	
8 Jones, Greg 30.46 33.82 34.97	JR	Norfolk Academy-VA	2:15.60	2:11.65	
9 Moyers, Daniel 31.30 33.30 34.80	FR	Norfolk Academy-VA	2:20.00	2:14.17	
10 Marrazzo, Luke 31.47 35.95 36.36	SO	Seton School	2:36.17	2:19.99	
11 Cardelia, Nick 32.47 36.96 38.38	SR	Norfolk Academy-VA	NT	2:26.70	
12 Brien, Hugh 31.02 39.43 41.94	JR	Seton School	NT	2:32.82	
13 Kulick, Nick 35.25 40.92 46.19	FR	Highland Varsity Swimming-VA	NT	2:45.88	
14 Treuting, Jacob 35.89 43.79 47.53	SO	Highland Varsity Swimming-VA	NT	2:53.54	

Event 4 Girls 200 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Doonis, Alex 4.51 22.75 30.37	JR	Seton School	2:05.18	2:03.06	
2 Cook, Kathryn 4.29 24.73 31.77	SR	Norfolk Academy-VA	2:12.89	2:05.36	
3 Clagett, Amanda 29.16 32.07 33.44	SO	Norfolk Academy-VA	2:08.19	2:07.25	
4 Thompson, Meredith 3.44 26.14 31.73	12	Trinity Episcopal School-VA	2:05.03	2:08.30	
5 Clary, Caroline 29.72 32.47 33.40	FR	Norfolk Academy-VA	2:14.20	2:09.21	
6 Klena, Sarah 4.91 26.35 34.50	FR	Norfolk Academy-VA	2:18.00	2:17.24	
7 Shama, Sara 4.61 25.85 35.71	10	Trinity Episcopal School-VA	2:19.69	2:18.17	
8 Donohoe, Clare 4.06 26.47 34.18	SO	John Paul The Great High School	2:16.40	2:19.09	
9 Zapiain, Leslie 34.82 37.90 38.75	SR	Seton School	2:30.59	2:30.44	
10 Planchak, Kelly 32.82 37.39 41.05	JR	John Paul The Great High School	2:21.20	2:31.82	
11 Barnes, Carly 33.64 38.66 39.68	12	Trinity Episcopal School-VA	2:26.97	2:32.48	
12 Diaz, Jessica 36.96 41.50 44.85	FR	Highland Varsity Swimming-VA	NT	2:47.31	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 4 Girls 200 Yard Freestyle)**

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
13	Heim, Sarah	FR	Seton School	2:53.89	2:52.60	
	35.47 42.91 47.22		47.00			
14	Walker, Mackenzie	11	Trinity Episcopal School-VA	3:00.06	2:54.51	
	37.05 44.82 46.27		46.37			
15	Treuting, Mary Catherine	FR	Highland Varsity Swimming-VA	NT	3:19.07	
	41.72 50.75 55.47		51.13			
---	Sutton, Hannah	SO	Norfolk Academy-VA	2:26.19	X2:22.84	
	32.20 36.03 37.39		37.22			
---	Macdisi, Natalie	JR	Norfolk Academy-VA	2:59.97	X2:31.77	
	33.19 37.43 40.78		40.37			
---	Nelson, Sarah	JR	Norfolk Academy-VA	2:55.62	X2:32.16	
	35.02 39.64 39.83		37.67			
---	Dorr, Taylor	SR	Norfolk Academy-VA	2:44.66	X2:36.52	
	34.22 39.15 42.46		40.69			
---	Baker, Caroline	SR	Norfolk Academy-VA	2:50.72	X2:36.69	
	36.04 40.32 41.59		38.74			

Event 5 Boys 200 Yard IM

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Basinger, David	SR	Seton School	2:05.56	2:05.96	
	26.08 32.50 38.05		29.33			
2	Groh, Patrick	8	Trinity Episcopal School-VA	2:15.74	2:19.76	
	28.96 35.12 45.26		30.42			
3	Kastel, Jacob	FR	Norfolk Academy-VA	2:36.00	2:21.09	
	28.18 35.90 43.01		34.00			
4	Spivey, Charlie	FR	Norfolk Academy-VA	2:27.82	2:26.47	
	30.60 38.01 43.95		33.91			
5	Grass, Nils	12	Trinity Episcopal School-VA	2:22.50	2:29.76	
	32.37 38.91 42.24		36.24			
6	Kosten, Joseph	FR	Seton School	2:48.89	2:31.19	
	42.83		35.35			
7	Pyle, Nathan	JR	Norfolk Academy-VA	2:35.00	2:32.13	
	32.21 38.08 45.68		36.16			
8	Koehr, Patrick	FR	Seton School	2:43.23	2:41.06	
	34.90 39.61 48.61		37.94			
9	Verry, Matthew	SR	Seton School	2:43.13	2:44.54	
	33.71 44.68 46.23		39.92			

Event 6 Girls 200 Yard IM

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Sweeney, Maggie	10	Trinity Episcopal School-VA	2:19.50	2:17.16	
	29.36 35.33 40.13		32.34			
2	Rogers, Cat	JR	Seton School	2:25.00	2:22.02	
	28.91 35.88 42.11		35.12			
3	Gulick, Lauren	JR	Norfolk Academy-VA	2:28.99	2:28.11	
	34.09 37.01 43.20		33.81			
4	Pyle, Catherine	FR	Norfolk Academy-VA	2:42.89	2:40.53	
	37.21 40.26 46.88		36.18			
5	Kuhlman, Meg	12	Trinity Episcopal School-VA	2:48.23	2:42.85	
	34.23 41.23 48.96		38.43			
6	Cunningham, Catherine	11	Trinity Episcopal School-VA	2:35.82	2:44.08	
	34.08 41.86 49.19		38.95			
7	Sullivan, Brenna	10	Trinity Episcopal School-VA	2:48.50	2:46.27	
	38.00 41.56 49.18		37.53			

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 6 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
8 Dickerson, Mary Grace	JR	Norfolk Academy-VA	2:47.32	2:47.78	
38.30 39.35 52.58		37.55			
9 Bennett, Lucy	JR	Seton School	2:55.19	2:48.08	
34.97 43.52 51.76		37.83			
10 Ranieri, Julie	FR	John Paul The Great High Schoo	2:40.20	2:48.52	
33.93 41.36 53.78		39.45			
11 Byers, Monica	JR	Seton School	2:43.78	2:49.77	
34.89 42.24 50.69		41.95			
12 Moy, Ashley	JR	Norfolk Academy-VA	2:50.00	2:56.10	
37.95 46.49 49.37		42.29			
13 Heckman, Michaela	SO	John Paul The Great High Schoo	2:35.70	2:57.65	
35.00 42.34 52.25		48.06			
14 Dodson, Sydney	SR	Highland Varsity Swimming-VA	NT	3:02.36	
35.70		44.85			
15 Cummings, Judith	JR	Seton School	3:08.06	3:11.11	
40.39 46.02 59.04		45.66			
--- Vest, Taylor	JR	Norfolk Academy-VA	2:52.59	X2:50.78	
36.40 41.67 53.82		38.89			
--- Macklin, Marina	SO	Highland Varsity Swimming-VA	NT	DQ	
46.37 55.62 1:01.58		51.53			

Event 7 Boys 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Leach, Ben	JR	Norfolk Academy-VA	22.81	23.02	
2 Pankey, Joseph	10	Trinity Episcopal School-VA	25.33	24.37	
3 Kenna, Joseph	FR	Seton School	25.41	24.43	
4 Tennant, Will	SO	Norfolk Academy-VA	25.17	24.56	
5 Heller, Nick	JR	Norfolk Academy-VA	25.10	25.04	
6 Kenna, Patrick	SR	Seton School	25.15	25.46	
7 Koehr, Brendan	SR	Seton School	25.42	25.67	
8 Fowler, Ward	12	Trinity Episcopal School-VA	25.48	25.87	
9 Glasser, Ross	JR	Norfolk Academy-VA	26.59	26.12	
10 Baker, James	10	Trinity Episcopal School-VA	28.31	26.30	
11 Sallade, Cooper	12	Trinity Episcopal School-VA	26.52	27.43	
12 Gelbach, Patrick	FR	John Paul The Great High Schoo	32.50	28.54	
13 Cuomo, Kenneth	FR	Seton School	30.41	29.25	
14 Lizarralde, Andres	FR	John Paul The Great High Schoo	33.50	30.67	
--- Estep, Winston	SO	Norfolk Academy-VA	27.55	X26.11	
--- Sykes, Jimmy	JR	Norfolk Academy-VA	29.12	X28.68	
--- Bahrani, Armin	JR	Norfolk Academy-VA	31.36	X29.43	
--- Collins, Michael	JR	Seton School	31.82	X29.81	
--- Mosimann, James	SO	Seton School	32.13	X30.01	
--- Shaw, Tommy	8	Seton School	31.36	X30.31	
--- Quinan, Peter	SO	Seton School	32.65	X30.86	
--- Leon, Matthew	SO	Norfolk Academy-VA	34.11	X31.21	
--- Young, Jake	9	Trinity Episcopal School-VA	28.50	X31.22	
--- Pechie, Paul	8	Seton School	32.38	X31.85	
--- Lambrecht, David	SO	Seton School	32.81	X31.97	
--- Paris, Micheal	SR	Norfolk Academy-VA	33.76	X32.08	
--- Kleb, Rocky	SR	Seton School	32.38	X32.10	
--- Kleb, Connor	FR	Seton School	34.11	X32.46	
--- Britten, Stephen	7	Seton School	38.32	X35.02	
--- Van de Voorde, Jude	8	Seton School	36.23	X35.03	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Hilleary, Pat	JR	Seton School	37.00	X35.05	
--- Mosimann, Paul	8	Seton School	36.90	X36.74	
--- Hall, Patrick	7	Seton School	39.30	X37.48	
--- Arnold, William	7	Seton School	40.03	X37.84	
--- Holl, Xavier	FR	Seton School	NT	X38.34	
--- Hassan, Patrick	7	Seton School	42.03	X39.26	
--- Pugh, Ryan	7	Seton School	42.67	X41.81	
--- Moore, Thomas	7	Seton School	49.53	X44.34	
--- Bliss, Kevin	11	Seton School	NT	XDQ	

Event 8 Girls 50 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Donohoe, Lauren	SR	Seton School	24.84	25.79	
2 Upadhyaya, Alex	10	Trinity Episcopal School-VA	25.64	25.88	
3 Clagett, Amanda	SO	Norfolk Academy-VA	26.90	26.75	
4 Parks, Allison	SO	Norfolk Academy-VA	28.10	27.35	
5 Gill, Elizabeth	FR	Norfolk Academy-VA	28.33	27.83	
6 Lambrecht, Rachel	SR	Seton School	29.41	28.77	
7 Sullivan, Conner	12	Trinity Episcopal School-VA	29.17	29.59	
8 Overby, Ellen	10	Trinity Episcopal School-VA	29.60	29.75	
9 Parker, Elske	JR	Norfolk Academy-VA	30.71	30.02	
10 Mosimann, Monica	SR	Seton School	31.15	31.66	
11 Villagomez, Christie	JR	John Paul The Great High Schoo	32.10	31.74	
12 Ray, Marissa	FR	Highland Varsity Swimming-VA	NT	32.21	
13 Myrvold, Maureen	JR	John Paul The Great High Schoo	31.50	32.81	
14 Swatz, Lexi	JR	John Paul The Great High Schoo	39.90	32.83	
15 Lowell, Emily	FR	Seton School	32.26	33.78	
16 Sweeny, Samantha	FR	John Paul The Great High Schoo	34.60	35.14	
17 Glascock, Samantha	JR	John Paul The Great High Schoo	34.60	x36.92	
18 Treuting, Mary Catherine	FR	Highland Varsity Swimming-VA	NT	38.87	
19 Scott, Samantha	FR	John Paul The Great High Schoo	39.40	x42.92	
20 Mokha, Herlene	FR	John Paul The Great High Schoo	43.10	x54.98	
--- Moshos, Reni		Highland Varsity Swimming-VA	NT	X25.90	
--- Addison, Jessica	12	Trinity Episcopal School-VA	32.00	X29.74	
--- Gusentine, Mary	FR	Norfolk Academy-VA	30.83	X30.27	
--- Marrazzo, Sally	8	Seton School	33.47	X30.88	
--- Hagen-Gates, India	FR	John Paul The Great High Schoo	40.90	X31.73	
--- Verry, Theresa	FR	Seton School	32.53	X31.81	
--- Lucas, Geni	7	Seton School	33.81	X32.23	
--- Yucha, Hannah	10	Trinity Episcopal School-VA	33.24	X32.62	
--- Farmer, Bryanna	7	Seton School	35.88	X33.02	
--- Staub, Jenna	10	Trinity Episcopal School-VA	33.14	X34.28	
--- O'Malley, Meghan	7	Seton School	38.18	X34.48	
--- Lustig, Heather	SR	Norfolk Academy-VA	35.13	X35.07	
--- Vestermark, Meggie	7	Seton School	39.36	X35.62	
--- Geiran, Fiona	8	Seton School	34.82	X36.36	
--- Remington, Rose	7	Seton School	40.79	X39.10	
--- Seoh, Fiona	FR	Seton School	37.15	X39.14	
--- Zadnik, Vivian	7	Seton School	45.72	X39.60	
--- Lightner, Caitlyn	7	Seton School	42.29	X41.51	
--- Gonzalez, Josefa	9	Seton School	47.96	X43.66	
--- Gonzalez, Therese	7	Seton School	56.38	X44.61	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 8 Girls 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Huff, Hadley	FR	Seton School	54.19	X44.65	

Event 9 Boys 1 mtr Diving

Name	Yr	School	Finals Score	Points
1 Bedford, Joe	FR	Norfolk Academy-VA	NT	194.40
2 Duran, Joe	FR	Seton School	144.65	175.60
3 Bedford, Mike	JR	Norfolk Academy-VA	NT	175.25
4 Ebeling, Steve	11	Trinity Episcopal School-VA	175.20	170.05
5 Rubin, Joey	SO	Seton School	146.30	123.45
6 Manley, Michael	FR	Seton School	87.35	90.90
7 Ostrich, Michael		Seton School	NT	39.70

Event 10 Girls 1 mtr Diving

Name	Yr	School	Finals Score	Points
1 Cochran, Nicole	11	Trinity Episcopal School-VA	177.65	160.15
2 Henry, Libby	SO	Norfolk Academy-VA	NT	152.65
3 Kislyakov, Amy	08	Norfolk Academy-VA	NT	106.65
4 Zapiain, Sarah	JR	Seton School	120.40	99.30
5 Higginbottom, Keziah	SO	Seton School	113.25	94.05
6 Duran, Mary	SO	Seton School	92.55	90.95
7 Zahn, Jessica	08	Norfolk Academy-VA	NT	74.47
8 Wittlinger, Mikey	SO	Seton School	NT	54.70
--- Holmes, Caroline	10	Seton School	NT	X61.25

Event 11 Boys 100 Yard Butterfly

Name	Yr	School	Seed Time	Finals Time	Points
1 Basinger, David 26.05 30.46	SR	Seton School	54.85	56.51	
2 Bridgforth, Wells 28.35 32.53	11	Trinity Episcopal School-VA	58.49	1:00.88	
3 Griggs-Drane, Nicholas 30.67 36.28	11	Trinity Episcopal School-VA	1:15.00	1:06.95	
4 Moyers, Daniel 31.42 36.13	FR	Norfolk Academy-VA	1:07.73	1:07.55	
5 Shaw, Steven 29.86 38.60	SO	Seton School	1:10.31	1:08.46	
6 Verry, Matthew 35.09 44.12	SR	Seton School	1:14.33	1:19.21	
7 Hill, Michael 34.53 48.87	JR	Seton School	1:22.99	1:23.40	
8 Silva, James 40.16 52.16	SR	Highland Varsity Swimming-VA	NT	1:32.32	
9 Kulick, Nick 41.53 56.23	FR	Highland Varsity Swimming-VA	NT	1:37.76	

Event 12 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time	Finals Time	Points
1 Wunderly, Bridget 29.38 32.94	SR	Seton School	1:02.03	1:02.32	
2 Lieberman, Haley 31.70 34.98	9	Trinity Episcopal School-VA	1:05.87	1:06.68	
3 Parks, Allison 32.01 36.71	SO	Norfolk Academy-VA	1:11.36	1:08.72	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 12 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
4 Klena, Sarah 33.89 37.05	FR	Norfolk Academy-VA	1:13.37	1:10.94	
5 Donohoe, Clare 33.43 38.03	SO	John Paul The Great High Schoo	1:14.20	1:11.46	
6 Cunningham, Catherine 34.36 41.22	11	Trinity Episcopal School-VA	1:09.59	1:15.58	
7 Yucha, Hannah 37.41 43.86	10	Trinity Episcopal School-VA	1:19.02	1:21.27	
8 Wunderly, Bernadette 36.48 45.41	SO	Seton School	1:19.06	1:21.89	
9 Bennett, Lucy 37.87 44.50	JR	Seton School	1:14.67	1:22.37	
10 Miller, Vivienne 39.90 42.91	JR	Highland Varsity Swimming-VA	NT	1:22.81	
11 Cummings, Judith 44.41 50.14	JR	Seton School	1:27.48	1:34.55	
--- Moshos, Reni 31.14 34.44		Highland Varsity Swimming-VA	NT	X1:05.58	
--- Clary, Emily 33.68 39.21	SR	Norfolk Academy-VA	1:15.00	DQ	
--- Heckman, Michaela 47.23 19.18	SO	John Paul The Great High Schoo	1:19.20	DQ	

Event 13 Boys 100 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Leach, Ben 24.27 26.12	JR	Norfolk Academy-VA	50.14	50.39	
2 Kalna, Matthew 25.69 27.83	JR	John Paul The Great High Schoo	54.80	53.52	
3 Mueller, Brandon 25.86 29.59	JR	Norfolk Academy-VA	56.14	55.45	
4 Dunbar, Holt 26.61 29.09	11	Trinity Episcopal School-VA	56.34	55.70	
5 Altobelli, Mark 27.54 28.37	SR	John Paul The Great High Schoo	58.50	55.91	
6 Koehr, Brendan 27.31 30.85	SR	Seton School	57.42	58.16	
7 Kenna, Patrick 27.25 31.75	SR	Seton School	57.90	59.00	
8 Wiggins, Grant 28.66 30.86	FR	Norfolk Academy-VA	1:01.63	59.52	
9 Fowler, Ward 28.77 31.62	12	Trinity Episcopal School-VA	58.30	1:00.39	
10 Glasser, Ross 28.81 33.21	JR	Norfolk Academy-VA	1:01.92	1:02.02	
11 Brien, Hugh 29.06 33.58	JR	Seton School	1:05.08	1:02.64	
12 Ellis, Tommy 30.28 32.75	10	Trinity Episcopal School-VA	1:05.46	1:03.03	
13 Barker, Jacob 31.07 33.82	9	Trinity Episcopal School-VA	1:10.17	1:04.89	
14 Rosato, Jonathan 31.10 34.48	SR	Seton School	1:07.93	1:05.58	
15 Gelbach, Patrick	FR	John Paul The Great High Schoo	1:12.40	1:08.15	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
16 Treuting, Jacob 36.37 40.98	SO	Highland Varsity Swimming-VA	NT	1:17.35	
17 Herbst, Ian 36.58 44.10	SO	Highland Varsity Swimming-VA	NT	1:20.68	
--- Sykes, Jimmy 30.21 33.78	JR	Norfolk Academy-VA	1:07.40	X1:03.99	
--- Leon, Matthew 34.26 36.59	SO	Norfolk Academy-VA	1:15.17	X1:10.85	
--- Paris, Micheal 33.99 37.89	SR	Norfolk Academy-VA	1:17.23	X1:11.88	
--- Bahrani, Armin 34.64 38.22	JR	Norfolk Academy-VA	1:16.93	X1:12.86	
--- Britten, Stephen 38.71 43.07	7	Seton School	1:26.58	X1:21.78	
--- Arnold, William 38.99 48.71	7	Seton School	1:32.57	X1:27.70	
--- Costello, Tim 39.97 48.73	8	Seton School	NT	X1:28.70	
--- Moore, Thomas 42.14 49.16	7	Seton School	1:45.42	X1:31.30	
--- Holl, Xavier 42.11 49.30	FR	Seton School	NT	X1:31.41	

Event 14 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Donohoe, Lauren 27.25 28.79	SR	Seton School	54.08	56.04	
2 Upadhyaya, Alex 27.84 29.28	10	Trinity Episcopal School-VA	56.41	57.12	
3 Cook, Kathryn 28.31 29.68	SR	Norfolk Academy-VA	58.82	57.99	
4 Thompson, Meredith 28.23 30.92	12	Trinity Episcopal School-VA	57.73	59.15	
5 Call, Lucy 30.62 33.21	10	Trinity Episcopal School-VA	1:05.75	1:03.83	
6 Overby, Ellen 30.56 33.54	10	Trinity Episcopal School-VA	1:02.75	1:04.10	
7 Zapiain, Sarah 32.02 35.76	JR	Seton School	1:05.73	1:07.78	
8 Gusentine, Mary 32.37 35.90	FR	Norfolk Academy-VA	1:11.88	1:08.27	
9 Whitaker, Sally 32.28 36.17	SR	Norfolk Academy-VA	1:10.58	1:08.45	
10 Ranieri, Julie 32.46 36.65	FR	John Paul The Great High Schoo	1:05.70	1:09.11	
11 Villagomez, Christie 34.25 37.47	JR	John Paul The Great High Schoo	1:07.10	1:11.72	
12 Lowell, Emily 33.86 40.35	FR	Seton School	1:11.74	1:14.21	
13 Ray, Marissa 34.63 41.07	FR	Highland Varsity Swimming-VA	NT	1:15.70	
14 Mosimann, Monica 35.06 41.00	SR	Seton School	1:10.68	1:16.06	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 14 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
15 Myrvold, Maureen 37.38 38.96	JR	John Paul The Great High School	1:09.50	1:16.34	
16 Long, Ruth 35.41 41.09	JR	John Paul The Great High School	1:06.10	1:16.50	
--- Kenna, Claire 30.20 34.89	7	Seton School	1:05.89	X1:05.09	
--- Addison, Jessica 33.81 33.10	12	Trinity Episcopal School-VA	1:10.50	X1:06.91	
--- Ceol, Jillian 32.31 36.04	7	Seton School	1:08.86	X1:08.35	
--- Macdisi, Natalie 33.01 36.22	JR	Norfolk Academy-VA	1:15.54	X1:09.23	
--- Heim, Emily 33.04 36.98	7	Seton School	NT	X1:10.02	
--- Smith, Nicolette 33.73 38.10	7	Seton School	1:12.10	X1:11.83	
--- Broderick, Grace 33.98 38.26	SO	John Paul The Great High School	1:20.30	X1:12.24	
--- Murphy, Maggie 34.06 41.07	JR	Seton School	1:13.08	X1:15.13	
--- Hagen-Gates, India 35.57 39.97	FR	John Paul The Great High School	1:22.60	X1:15.54	
--- Sweeny, Samantha 36.47 41.96	FR	John Paul The Great High School	1:15.10	X1:18.43	
--- Swatz, Lexi 36.58 42.91	JR	John Paul The Great High School	1:19.60	X1:19.49	
--- Pennefather, Michaela 37.73 42.62	7	Seton School	NT	X1:20.35	
--- Remington, Mary 37.71 43.56	FR	Seton School	NT	X1:21.27	
--- Lustig, Heather	SR	Norfolk Academy-VA	1:36.35	X1:22.94	
--- Lightner, Caitlyn	7	Seton School	1:32.04	X1:36.34	
--- Gonzalez, Therese	7	Seton School	2:05.47	X1:42.35	
--- Scott, Samantha 50.72 55.92	FR	John Paul The Great High School	1:14.50	X1:46.64	
--- Huff, Hadley 48.10 59.59	FR	Seton School	2:06.21	X1:47.69	
--- Miller, Fiona 50.09 1:06.85	7	Seton School	NT	X1:56.94	
--- Mokha, Herlene 57.58 1:05.66	FR	John Paul The Great High School	1:15.20	X2:03.24	

Event 15 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Tomenchok, Derek 28.10 31.67 32.21 33.27 31.17	10	Trinity Episcopal School-VA	5:35.80 33.41	5:22.15	
2 Smith, Jamie 28.91 33.23 34.03 34.29 32.08	FR	Seton School	5:45.92 34.32	5:36.34	
3 Pyle, Nathan 31.37 35.41 36.94 37.29 33.45	JR	Norfolk Academy-VA	6:15.00 37.13	6:03.67	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 15 Boys 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
4 Jones, Greg	JR	Norfolk Academy-VA	6:30.00	6:11.21	
32.39 36.46 38.24	38.22	38.83 38.27 38.06	38.23		
37.15 35.36					
5 Kosten, Joseph	FR	Seton School	7:41.07	6:22.22	
30.54 37.25 37.28	38.79	38.91 39.89 40.47	41.25		
39.87 37.97					
6 Marrazzo, Luke	SO	Seton School	6:25.70	6:35.84	
32.90 37.39 40.44	42.30	40.77 41.64 41.29	42.54		
41.95 34.62					
7 Koehr, Patrick	FR	Seton School	6:34.95	6:40.73	
33.25 38.32 40.64	41.49	41.36 41.83 40.96	42.39		
41.70 38.79					

Event 16 Girls 500 Yard Freestyle

Name	Yr	School	Seed Time	Finals Time	Points
1 Tomenchok, Kira	9	Trinity Episcopal School-VA	5:30.14	5:29.64	
29.32 32.17 33.17	33.82	33.69 33.36 33.38	33.74		
34.03 32.96					
2 Wunderly, Bridget	SR	Seton School	5:27.06	5:30.43	
30.26 32.49 33.18	33.70	33.78 33.66 33.88	33.67		
33.83 31.98					
3 Lieberman, Haley	9	Trinity Episcopal School-VA	5:42.01	5:34.98	
30.75 32.86 33.71	34.19	34.26 33.85 33.67	34.17		
34.10 33.42					
4 Clary, Caroline	FR	Norfolk Academy-VA	5:45.00	5:42.26	
30.87 32.91 33.78	34.62	34.94 34.93 35.10	35.00		
35.46 34.65					
5 Sutton, Hannah	SO	Norfolk Academy-VA	6:45.00	6:29.97	
34.03 38.20 38.90	39.69	40.03 40.95 40.85	40.57		
38.15 38.60					
6 Zapiain, Leslie	SR	Seton School	6:35.08	6:48.81	
35.58 39.76 41.01	40.97	42.11 42.29 42.84	42.30		
41.41 40.54					
7 Wittlinger, Mikey	SO	Seton School	7:15.00	6:58.38	
35.31 41.24 43.00	43.30	43.85 42.81 43.08	43.24		
42.82 39.73					
8 Wunderly, Bernadette	SO	Seton School	7:12.21	7:09.38	
35.45 40.96 43.38	43.81	44.24 44.02 45.27	45.22		
44.84 42.19					
9 Dorr, Taylor	SR	Norfolk Academy-VA	6:50.00	7:13.37	
34.93 40.37 42.55	43.38	44.48 45.38 45.53	46.91		
46.10 43.74					
10 Diaz, Jessica	FR	Highland Varsity Swimming-VA	NT	7:16.23	
39.40 42.18 43.74	45.56	44.76 45.32 45.16	45.47		
43.70 40.94					
11 Sullivan, Conner	12	Trinity Episcopal School-VA	6:44.47	7:17.19	
36.34 43.31 42.64	44.27	44.49 2:16.71 1:29.43			
12 Smith, Caroline	SO	John Paul The Great High Schoo	6:30.90	7:34.22	
37.81 41.67 43.33	44.07	44.99 45.83 46.20	55.37		
48.79 46.16					
13 Mullen, Veronica	SO	John Paul The Great High Schoo	6:45.10	8:49.51	
40.55 48.37 7:20.59					

SST Swim Meet 12-04-10 - 12/4/2010**Results****Event 17 Boys 200 Yard Freestyle Relay**

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Seton School	A	1:38.05	1:36.46	
1) Dunn, Catfish JR	2) Kenna, Joseph FR	3) Kenna, Patrick SR	4) Basinger, David SR	
23.61 24.65 25.51	22.69			
2 Norfolk Academy-VA	A	1:34.60	1:36.87	
1) Leach, Ben JR	2) Heller, Nick JR	3) Tennant, Will SO	4) Gulick, Jon SR	
23.21 25.09 24.54	24.03			
3 Trinity Episcopal School-VA	A	1:39.80	1:39.85	
1) Bridgforth, Wells 11	2) Pankey, Joseph 10	3) Fowler, Ward 12	4) Dunbar, Holt 11	
25.33 23.58 26.18	24.76			
4 Norfolk Academy-VA	B	1:41.10	1:47.35	
1) Spivey, Charlie FR	2) Wiggins, Grant FR	3) Moyers, Daniel FR	4) Estep, Winston SO	
27.76 28.20 24.50	26.89			
5 Seton School	B	1:54.64	1:51.14	
1) Kosten, Joseph FR	2) Koehr, Patrick FR	3) Hill, Michael JR	4) Marrasso, Luke SO	
27.27 28.50 28.74	26.63			
6 Trinity Episcopal School-VA	B	1:50.20	1:54.21	
1) Ellis, Tommy 10	2) Barker, Jacob 9	3) Young, Jake 9	4) Baker, James 10	
27.95 29.23 30.55	26.48			
7 Highland Varsity Swimming-	A	NT	2:13.15	
1) Herbst, Ian SO	2) Treuting, Jacob SO	3) Savage, Nick SR	4) Silva, James SR	
29.75 38.45 35.22	29.73			
--- Norfolk Academy-VA	C	1:44.80	X1:57.06	
1) Cardelia, Nick SR	2) Paris, Micheal SR	3) Jones, Greg JR	4) Bahrani, Armin JR	
28.54 31.81 26.41	30.30			
--- Seton School	E	2:05.00	X2:03.62	
1) Rosato, Jonathan SR	2) Mosimann, James SO	3) Quinan, Peter SO	4) Manley, Michael FR	
28.83 29.96 1:04.83				
--- Seton School	D	2:05.00	X2:06.20	
1) Verry, Matthew SR	2) Collins, Michael JR	3) Lambrecht, David SO	4) Van de Voorde, Jude 8	
29.48 29.34 32.06	35.32			
--- Seton School	C	2:05.00	X2:08.08	
1) Brien, Hugh JR	2) Shaw, Tommy 8	3) Arnold, William 7	4) Kleb, Connor FR	
27.43 30.92 37.77	31.96			
--- Seton School	F	2:05.00	X2:11.72	
1) Cuomo, Kenneth FR	2) Pechie, Paul 8	3) Kleb, Rocky SR	4) Mosimann, Paul 8	
31.47 32.68 32.82	34.75			
--- Seton School	G	2:30.00	X2:38.08	
1) Costello, Tim 8	2) Holl, Xavier FR	3) Pugh, Ryan 7	4) Hilleary, Pat JR	
41.02 45.43 16.32	55.31			
--- Seton School	H	2:30.00	X2:38.57	
1) Moore, Thomas 7	2) Britten, Stephen 7	3) Hall, Patrick 7	4) Hassan, Patrick 7	
47.06 32.86 38.46	40.19			

Event 18 Girls 200 Yard Freestyle Relay

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Seton School	A	1:40.05	1:43.78	
1) Doonis, Alex JR	2) Rogers, Cat JR	3) Wunderly, Bridget SR	4) Donohoe, Lauren SR	
25.17 25.32 27.49	25.80			
2 Trinity Episcopal School-VA	A	1:43.83	1:48.15	
1) Sweeney, Maggie 10	2) Upadhyaya, Alex 10	3) Shama, Sara 10	4) Tomenchok, Kira 9	
26.93 25.89 29.11	26.22			
3 Norfolk Academy-VA	A	1:48.80	1:48.25	
1) Rich, Kimberly SR	2) Cook, Kathryn SR	3) Parks, Allison SO	4) Clagett, Amanda SO	
26.77 26.97 27.80	26.71			

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Trinity Episcopal School-VA 1) Kuhlman, Meg 12 29.37 27.33 30.84	B 2) Call, Lucy 10 29.52	1:53.95 3) Cunningham, Catherine 11	1:57.06 4) Overby, Ellen 10	
5 Norfolk Academy-VA 1) Clary, Emily SR 33.07 27.43 30.17	B 2) Pyle, Catherine FR 27.41	1:54.30 3) Gusentine, Mary FR	1:58.08 4) Gill, Elizabeth FR	
6 John Paul The Great High Sch 1) Broderick, Grace SO 32.18 33.24 31.82	A 2) Long, Ruth JR 28.42	2:10.60 3) Heckman, Michaela SO	2:05.66 4) Planchak, Kelly JR	
7 Highland Varsity Swimming- 1) Van der Water, Parker SO 33.04 33.31 29.87	A 2) Ray, Marissa FR 30.24	NT 3) Miller, Vivienne JR	2:06.46 4) Dodson, Sydney SR	
8 Seton School 1) Wittlinger, Mikey SO 31.59 32.56 31.49	B 2) Verry, Theresa FR 31.40	2:03.74 3) Wunderly, Bernadette SO	2:07.04 4) Mosimann, Monica SR	
9 John Paul The Great High Sch 1) Sweeny, Samantha FR 34.35 32.39 33.93	B 2) Hagen-Gates, India FR 36.10	2:25.90 3) Myrvold, Maureen JR	2:16.77 4) Glascock, Samantha JR	
--- Seton School 1) Kenna, Claire 7 28.96 30.93 32.11	C 2) Heim, Emily 7 28.94	2:02.95 3) Smith, Nicolette 7	X2:00.94 4) Ceol, Jillian 7	
--- Trinity Episcopal School-VA 1) Addison, Jessica 12 29.03 35.32 31.16	C 2) Staub, Jenna 10 30.30	2:00.84 3) Applebaugh, Drew 12	X2:05.81 4) Locher, Arden 9	
--- Norfolk Academy-VA 1) Baker, Caroline SR 32.06 31.54 35.51	C 2) Moy, Ashley JR 27.31	1:59.90	X2:06.42 4) Macdisi, Natalie JR	
--- Seton School 1) Pennefather, Michaela 7 35.02 32.20 33.48	E 2) Lucas, Geni 7 32.71	NT 3) Farmer, Bryanna 7	X2:13.41 4) O'Malley, Meghan 7	
--- Seton School 1) Cummings, Judith JR 33.99 32.68 39.13	I 2) Heim, Sarah FR 39.92	NT 3) Vestermark, Meggie 7	X2:25.72 4) Gonzalez, Therese 7	
--- Seton School 1) Murphy, Maggie JR 33.31 37.51 40.75	F 2) Seoh, Fiona FR 43.98	NT 3) Zadnik, Vivian 7	X2:35.55 4) Gonzalez, Josefa 9	
--- Seton School 1) Lowell, Emily FR 34.74 36.40 47.89	D 2) Remington, Mary FR 43.61	NT 3) Miller, Fiona 7	X2:42.64 4) Huff, Hadley FR	
--- Seton School 1) Higginbottom, Keziah SO 31.25 36.05 50.46	G 2) Geiran, Fiona 8 32.09	NT 3) Lightner, Caitlyn 7	XDQ 4) Remington, Rose 7	

Event 19 Boys 100 Yard Backstroke

Name	Yr School	Seed Time	Finals Time	Points
1 Dunn, Catfish 28.42 28.91	JR Seton School	55.78	57.33	
2 Tomenchok, Derek 29.29 30.63	10 Trinity Episcopal School-VA	57.06	59.92	
3 Groh, Patrick 29.71 32.29	8 Trinity Episcopal School-VA	1:00.45	1:02.00	
4 Mueller, Brandon 30.64 32.32	JR Norfolk Academy-VA	1:05.51	1:02.96	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
5 McDonald, Alex 31.10 32.12	FR	John Paul The Great High Schoo	1:02.80	1:03.22	
6 Tennant, Will 33.13 35.19	SO	Norfolk Academy-VA	1:12.66	1:08.32	
7 Kastel, Jacob 33.38 37.08	FR	Norfolk Academy-VA	1:08.90	1:10.46	
8 Shaw, Steven	SO	Seton School	1:07.22	1:10.65	
9 Kenna, Joseph 34.63 38.95	FR	Seton School	1:24.09	1:13.58	
10 Ellis, Tommy 36.48 38.35	10	Trinity Episcopal School-VA	1:14.10	1:14.83	
11 Pechie, Paul	8	Seton School	1:23.63	1:24.88	
12 Barker, Jacob 42.54 45.37	9	Trinity Episcopal School-VA	1:25.33	1:27.91	
13 Savage, Nick 46.73 49.41	SR	Highland Varsity Swimming-VA	NT	1:36.14	
--- Pugh, Ryan 50.46 1:00.08	7	Seton School	NT	X1:50.54	
--- Hall, Patrick 49.95 1:04.78	7	Seton School	NT	X1:54.73	
--- Herbst, Ian 49.99 51.92	SO	Highland Varsity Swimming-VA	NT	DQ	

Event 20 Girls 100 Yard Backstroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Tomenchok, Kira 30.63 31.58	9	Trinity Episcopal School-VA	1:01.70	1:02.21	
2 Doonis, Alex 30.93 31.86	JR	Seton School	1:00.51	1:02.79	
3 Clary, Emily 33.62 34.98	SR	Norfolk Academy-VA	1:08.37	1:08.60	
4 Gulick, Lauren 34.27 35.31	JR	Norfolk Academy-VA	1:10.33	1:09.58	
5 Barnes, Carly 33.75 37.70	12	Trinity Episcopal School-VA	1:08.95	1:11.45	
6 Shama, Sara 35.16 37.91	10	Trinity Episcopal School-VA	1:08.03	1:13.07	
7 Dickerson, Mary Grace 34.25 39.15	JR	Norfolk Academy-VA	1:19.30	1:13.40	
8 Vest, Taylor 36.91 39.29	JR	Norfolk Academy-VA	1:19.43	1:16.20	
9 Byers, Monica 36.90 39.73	JR	Seton School	1:13.10	1:16.63	
10 Higginbottom, Keziah 36.73 41.44	SO	Seton School	1:19.17	1:18.17	
11 Locher, Arden 38.22 41.75	9	Trinity Episcopal School-VA	1:19.93	1:19.97	
12 Planchak, Kelly 38.78 42.31	JR	John Paul The Great High Schoo	1:17.20	1:21.09	
13 Van der Water, Parker 41.29 43.23	SO	Highland Varsity Swimming-VA	NT	1:24.52	
14 Smith, Caroline 43.27 44.86	SO	John Paul The Great High Schoo	1:22.00	1:28.13	
15 Macklin, Marina	SO	Highland Varsity Swimming-VA	NT	1:55.28	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Parker, Elske 38.34 43.22	JR	Norfolk Academy-VA	1:19.99	X1:21.56	
--- Whitaker, Sally 39.49 43.51	SR	Norfolk Academy-VA	1:23.36	X1:23.00	
--- Kenna, Claire 40.78 42.92	7	Seton School	NT	X1:23.70	
--- Walker, Mackenzie 41.13 43.44	11	Trinity Episcopal School-VA	1:23.99	X1:24.57	
--- Nelson, Sarah	JR	Norfolk Academy-VA	1:28.53	X1:26.70	
--- Staub, Jenna 45.67 47.63	10	Trinity Episcopal School-VA	1:28.28	X1:33.30	
--- Farmer, Bryanna 44.45 49.63	7	Seton School	1:31.53	X1:34.08	

Event 21 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Altobelli, Mark 33.12 36.96	SR	John Paul The Great High Schoo	1:13.20	1:10.08	
2 Pankey, Joseph 33.65 36.45	10	Trinity Episcopal School-VA	1:12.17	1:10.10	
3 Spivey, Charlie 33.95 37.47	FR	Norfolk Academy-VA	1:11.70	1:11.42	
4 Hill, Michael 33.78 38.45	JR	Seton School	1:10.41	1:12.23	
5 Sallade, Cooper 34.56 39.49	12	Trinity Episcopal School-VA	1:14.13	1:14.05	
6 Grass, Nils 35.27 39.60	12	Trinity Episcopal School-VA	1:13.50	1:14.87	
7 Rosato, Jonathan 35.81 39.25	SR	Seton School	1:15.40	1:15.06	
8 Cardelia, Nick 36.56 43.68	SR	Norfolk Academy-VA	1:19.00	1:20.24	
9 Estep, Winston 37.37 44.44	SO	Norfolk Academy-VA	1:27.33	1:21.81	
10 Quinan, Peter 38.48 45.01	SO	Seton School	1:26.72	1:23.49	
11 Baker, James 40.70 45.25	10	Trinity Episcopal School-VA	1:27.15	1:25.95	
12 Collins, Michael 41.45 47.34	JR	Seton School	1:33.32	1:28.79	
13 Lizarralde, Andres 42.72 51.64	FR	John Paul The Great High Schoo	1:25.20	1:34.36	
--- Van de Voorde, Jude 44.51 48.70	8	Seton School	1:35.30	X1:33.21	
--- Shaw, Tommy 44.74 50.05	8	Seton School	1:38.69	X1:34.79	
--- Cuomo, Kenneth 43.91 52.21	FR	Seton School	1:49.60	X1:36.12	
--- Kleb, Connor 45.50 50.92	FR	Seton School	1:37.67	X1:36.42	
--- Lambrecht, David 45.68 50.85	SO	Seton School	1:36.28	X1:36.53	
--- Mosimann, James 45.89 51.13	SO	Seton School	1:39.07	X1:37.02	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 21 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Mosimann, Paul 45.03 53.01	8	Seton School	1:37.74	X1:38.04	
--- Costello, Tim 49.15 53.98	8	Seton School	NT	X1:43.13	
--- Kleb, Rocky 47.97 57.30	SR	Seton School	1:37.61	X1:45.27	
--- Manley, Michael 54.01 1:02.93	FR	Seton School	1:57.70	X1:56.94	
--- Hassan, Patrick 59.05 1:07.34	7	Seton School	2:11.00	X2:06.39	
--- Hilleary, Pat 47.83 50.45	JR	Seton School	1:43.56	XDQ	
--- Young, Jake 41.26 45.95	9	Trinity Episcopal School-VA	1:28.60	XDQ	
--- Brandt, Will	FR	Highland Varsity Swimming-VA	NT	DQ	

Event 22 Girls 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Rogers, Cat 33.59 37.84	JR	Seton School	1:10.16	1:11.43	
2 Rich, Kimberly 35.73 38.79	SR	Norfolk Academy-VA	1:16.82	1:14.52	
3 Sweeney, Maggie 36.14 39.32	10	Trinity Episcopal School-VA	1:13.64	1:15.46	
4 Lambrecht, Rachel 35.83 41.40	SR	Seton School	1:14.97	1:17.23	
5 Call, Lucy 37.25 42.33	10	Trinity Episcopal School-VA	1:15.61	1:19.58	
6 Gill, Elizabeth 37.10 42.82	FR	Norfolk Academy-VA	1:24.68	1:19.92	
7 Pyle, Catherine 37.79 43.68	FR	Norfolk Academy-VA	1:22.17	1:21.47	
8 Sullivan, Brenna 38.93 43.11	10	Trinity Episcopal School-VA	1:18.39	1:22.04	
9 Long, Ruth 38.08 44.83	JR	John Paul The Great High Schoo	1:19.20	1:22.91	
10 Kuhlman, Meg 40.19 43.63	12	Trinity Episcopal School-VA	1:21.76	1:23.82	
11 Moy, Ashley 40.86 44.98	JR	Norfolk Academy-VA	1:27.92	1:25.84	
12 Miller, Vivienne 41.88 45.70	JR	Highland Varsity Swimming-VA	NT	1:27.58	
13 Murphy, Maggie 41.62 46.66	JR	Seton School	1:26.50	1:28.28	
14 Heim, Sarah 40.88 47.41	FR	Seton School	1:28.77	1:28.29	
15 Broderick, Grace 41.34 47.69	SO	John Paul The Great High Schoo	1:23.40	1:29.03	
16 Dodson, Sydney 42.89 48.08	SR	Highland Varsity Swimming-VA	NT	1:30.97	
17 Glascock, Samantha 43.14 49.24	JR	John Paul The Great High Schoo	1:24.50	1:32.38	
--- Heim, Emily 38.86 46.24	7	Seton School	1:24.04	X1:25.10	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 22 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Baker, Caroline 41.41 46.03	SR	Norfolk Academy-VA	1:28.00	X1:27.44	
--- Ceol, Jillian 40.93 48.18	7	Seton School	1:28.45	X1:29.11	
--- Applebaugh, Drew 40.42 48.97	12	Trinity Episcopal School-VA	1:25.31	X1:29.39	
--- Smith, Nicolette 42.75 46.64	7	Seton School	1:28.89	X1:29.39	
--- Pennefather, Michaela 42.60 47.31	7	Seton School	NT	X1:29.91	
--- Verry, Theresa 43.08 47.42	FR	Seton School	1:32.83	X1:30.50	
--- Marrazzo, Sally 42.66 48.35	8	Seton School	1:36.43	X1:31.01	
--- Vestermark, Meggie 45.41 48.78	7	Seton School	1:37.60	X1:34.19	
--- Lucas, Geni 45.24 51.04	7	Seton School	1:34.70	X1:36.28	
--- Zadnik, Vivian 46.20 51.55	7	Seton School	1:37.33	X1:37.75	
--- O'Malley, Meghan 46.12 51.89	7	Seton School	1:43.34	X1:38.01	
--- Remington, Mary 48.95 55.32	FR	Seton School	NT	X1:44.27	
--- Seoh, Fiona 49.81 55.49	FR	Seton School	1:46.07	X1:45.30	
--- Mullen, Veronica 50.94 58.08	SO	John Paul The Great High Schoo	1:26.70	X1:49.02	
--- Geiran, Fiona 50.65 1:00.01	8	Seton School	1:50.52	X1:50.66	
--- Gonzalez, Josefa 51.77 1:02.71	9	Seton School	2:19.10	X1:54.48	
--- Miller, Fiona 1:01.35 1:12.30	7	Seton School	NT	XDQ	
--- Remington, Rose 46.97 50.91	7	Seton School	1:43.09	XDQ	

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Norfolk Academy-VA	A	3:30.60	3:34.45	
1) Gulick, Jon SR 24.21 51.47 25.72	2) Mueller, Brandon JR 55.00 26.79 57.24	3) Heller, Nick JR 24.16 50.74	4) Leach, Ben JR	
2 Trinity Episcopal School-VA	A	3:38.56	3:43.35	
1) Tomenchok, Derek 10 25.61 53.39 26.52	2) Groh, Patrick 8 55.09 28.06 59.21	3) Grass, Nils 12 26.35 55.66	4) Dunbar, Holt 11	
3 John Paul The Great High Sch	A	3:57.50	3:53.22	
1) Altobelli, Mark SR 28.89 58.87 26.38	2) McDonald, Alex FR 55.59 31.17 1:06.73	3) Borneman, Ben SO 24.76 52.03	4) Kalna, Matthew JR	
4 Seton School	A	3:51.91	3:54.67	
1) Smith, Jamie FR 27.38 57.24 29.00	2) Shaw, Steven SO 1:01.01 27.23 58.05	3) Koehr, Brendan FR 29.50 58.37	4) Kenna, Joseph FR	
5 Seton School	B	4:11.88	4:11.13	
1) Kosten, Joseph FR 29.07 59.71 29.68	2) Koehr, Patrick FR 1:04.55 29.89 1:04.08	3) Brien, Hugh JR 29.98 1:02.79	4) Marrazzo, Luke SO	

SST Swim Meet 12-04-10 - 12/4/2010**Results****(Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
6 Highland Varsity Swimming-	A	NT	5:04.23	
1) Brandt, Will FR	2) Treuting, Jacob SO	3) Herbst, Ian SO	4) Savage, Nick SR	
33.73 1:10.07 37.00	1:21.77 34.71 1:15.64	35.59 1:16.75		
--- Norfolk Academy-VA	C	4:00.50	X4:20.10	
1) Glasser, Ross JR	2) Wiggins, Grant FR	3) Bahrani, Armin JR	4) Sykes, Jimmy JR	
29.25 1:03.17 28.89	1:01.55 34.12 1:11.27	29.85 1:04.11		
--- Norfolk Academy-VA	B	3:52.00	DQ	
1) Pyle, Nathan JR	2) Wiggins, Grant FR	3) Tennant, Will SO	4) Kastel, Jacob FR	
28.18 58.64 29.33	1:00.50 27.13 55.67	26.19 57.18		

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Norfolk Academy-VA	A	3:56.40	3:50.57	
1) Clagett, Amanda SO	2) Cook, Kathryn SR	3) Clary, Emily SR	4) Rich, Kimberly SR	
28.27 58.32 27.45	57.33 28.41 59.59	25.69 55.33		
2 Trinity Episcopal School-VA	A	3:52.80	4:01.75	
1) Lieberman, Haley 9	2) Upadhyaya, Alex 10	3) Shama, Sara 10	4) Thompson, Meredith 12	
28.96 58.95 27.36	57.97 30.90 1:05.96	27.61 58.87		
3 Norfolk Academy-VA	B	4:12.40	4:08.56	
1) Klena, Sarah FR	2) Clary, Caroline FR	3) Dickerson, Mary Grace JR	4) Gulick, Lauren JR	
29.02 1:00.58 29.67	1:01.50 31.70 1:06.15	28.69 1:00.33		
4 Seton School	A	4:25.24	4:30.23	
1) Zapiain, Sarah JR	2) Bennett, Lucy JR	3) Wittlinger, Mikey SO	4) Lambrecht, Rachel SR	
32.90 1:08.72 32.31	1:07.83 16.66 32.71	36.01 1:40.97		
5 Trinity Episcopal School-VA	B	4:20.23	4:32.64	
1) Barnes, Carly 12	2) Sullivan, Conner 12	3) Cunningham, Catherine 11	4) Sullivan, Brenna 10	
31.85 1:07.84 32.96	1:10.12 32.87 1:08.53	31.45 1:06.15		
6 John Paul The Great High Sch	A	NT	4:34.08	
1) Donohoe, Clare SO	2) Ranieri, Julie FR	3) Planchak, Kelly JR	4) Heckman, Michaela SO	
30.99 1:04.06 32.36	1:10.40 31.63 1:07.26	17.10 1:12.36		
7 Seton School	B	4:34.72	4:45.29	
1) Byers, Monica JR	2) Marrazzo, Sally 8	3) Wunderly, Bernadette SO	4) Zapiain, Leslie SR	
34.02 1:10.79 32.49	1:10.17 15.08 33.31	39.30 1:51.02		
8 John Paul The Great High Sch	B	NT	5:21.95	
1) Sweeny, Samantha FR	2) Mullen, Veronica SO	3) Smith, Caroline SO	4) Villagomez, Christie JR	
35.85 1:18.31 15.98	43.89 50.27 1:07.10	20.23 2:12.65		
9 Highland Varsity Swimming-	A	NT	5:40.04	
1) Treuting, Mary Catherine FR	2) Macklin, Marina SO	3) Ray, Marissa FR	4) Van der Water, Parker SO	
42.17 1:34.59 41.19	1:30.72 34.96 2:34.73			
--- Norfolk Academy-VA	C	4:25.10	X4:40.46	
1) Dorr, Taylor SR	2) Vest, Taylor JR	3) Whitaker, Sally SR	4) Parker, Elske JR	
34.87 1:15.29 32.23	1:08.83 32.48 1:09.96	31.72 1:06.38		
--- Norfolk Academy-VA	D	4:39.30	X4:43.05	
1) Sutton, Hannah SO	2) Nelson, Sarah JR	3) Macdisi, Natalie JR	4) Baker, Caroline SR	
32.15 1:08.19 33.56	1:10.07 33.99 1:12.48	34.25 1:12.31		
--- Trinity Episcopal School-VA	C	4:40.32	X4:59.52	
1) Locher, Arden 9	2) Walker, Mackenzie 11	3) Applebaugh, Drew 12	4) Yucha, Hannah 10	
1:14.31 34.86	1:15.76 36.13 1:17.84	33.24 1:11.61		