

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****Event 1 Boys 200 Yard Medley Relay****SST Record: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr****Nat Cath QT: 1:46.50****VSIS QT: 1:58.64**

Team	Relay	Seed Time	Finals Time	Points
1 Seton School	A	1:42.00	1:47.18	
1) Cook, Connor SO	2) Cook, Nevin SR	3) Koehr, Daniel SO	4) Koehr, Sean SR	
2 Peninsula Catholic High Scho	A	NT	1:56.46	
1) Romeo, Matt SO	2) Wilson, Dewey SR	3) Wheelock, Trevor SR	4) Hosack, Brennan SR	
3 Seton School	B	NT	2:04.70	
1) Dunn, Catfish 8	2) Quinan, Sam SR	3) Harris, David JR	4) Kenna, Patrick FR	
--- Seton School	C	1:42.00	X1:56.65	
1) Koehr, Kevin SR	2) Rafter, Casey SR	3) Morch, Bryan SR	4) Bennett, Ray JR	
--- Seton School	E	NT	X2:24.55	
1) Shaw, Steven 7	2) Verry, Matthew FR	3) Vestermark, Christian JR	4) O'Donnell, Michael JR	
--- Seton School	D	NT	X2:24.95	
1) Koehr, Brendan FR	2) Rosato, Jonathan FR	3) Bliss, Greg JR	4) Mosimann, James 7	
--- Seton School	F	NT	X2:30.34	
1) Mooney, Peter SO	2) Ross, John 8	3) O'Donohue, Michael FR	4) Kleb, Rocky FR	
--- Seton School	G	NT	X2:45.25	
1) Minarik, Andrew SO	2) Bliss, Kevin 8	3) Jacobeen, Jonathan SO	4) Harrill, Alex JR	
--- Peninsula Catholic High Scho	B	NT	DQ	
1) Quintas, Sam SO	2) McKenna, Brian JR	3) Kulzer, Kyle SO	4) Burne, Christian SO	

Event 2 Girls 200 Yard Medley Relay**SST Record: 1:57.69 1/28/2006 Dunn, Dunn, Mazzoccoli, Planch****Nat Cath QT: 2:06.49****VSIS QT: 2:12.53**

Team	Relay	Seed Time	Finals Time	Points
1 Seton School	A	1:58.21	1:57.85	
1) Dunn, Jessica SR	2) Kenna, Mary-Kate JR	3) Mazzoccoli, Lea SR	4) Morch, Meghan SR	
29.27 34.03 28.76 25.79				
2 Peninsula Catholic High Scho	A	NT	1:58.35	
1) Henke, Sarah SO	2) Wheelock, Meghan JR	3) Wentzel, Ashley JR	4) Vause, Rebecca JR	
30.10 33.45 26.99 27.81				
3 Seton School	B	2:07.57	2:07.99	
1) Wunderly, Bridget FR	2) Talbott, Laura SO	3) Melnyk, Kimberley SR	4) Claybrooks, Carolyn SO	
32.71 36.25 30.97 28.06				
4 Peninsula Catholic High Scho	B	NT	2:19.51	
1) Warthan, Morgan JR	2) McWhorter, Megan SR	3) Cavanagh, Megan JR	4) Fitzella, Kimmy JR	
36.23 39.82 32.71 30.75				
--- Seton School	C	NT	X2:17.93	
1) Locke, Sarah FR	2) Zapiain, Leslie FR	3) Smith, Danielle JR	4) Lambrecht, Rachel FR	
35.07 39.07 33.16 30.63				
--- Stonebridge High School-VA	A	NT	X2:20.37	
1) Chandler, Kayla	2) Brown, Sarah FR	3) Terrell, Nikki	4) Martin, Karin	
35.81 40.96 34.91 28.69				
--- Seton School	E	NT	X2:22.28	
1) Byers, Monica 8	2) Rogers, Cat 8	3) Bennett, Lucy 8	4) Sinner, Daniela SO	
34.86 40.65 34.69 32.08				
--- Peninsula Catholic High Scho	C	NT	X2:22.90	
1) Keegan, Isabelle FR	2) Hunnicutt, Claire SO	3) Jackson, Stephanie JR	4) Gilbert, Abbey SO	
38.08 39.96 32.34 32.52				
--- Seton School	F	NT	X2:23.69	
1) Flanagan, Casey 8	2) Heim, Eileen FR	3) Zapiain, Sarah 8	4) Smith, Nicki FR	
37.37 40.58 34.83 30.91				

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seton School	D	NT	X2:23.90	
1) Corkery, Katie SR	2) Murphy, Maggie 8	3) Shaw, Krista FR	4) Cummings, Alex JR	
38.40 42.57 33.38	29.55			
--- Peninsula Catholic High Scho	D	NT	X2:32.51	
1) Voltz, Sara SR	2) Fitchett, Logan FR	3) Jordan, Dru FR	4) Burley, Madeline SO	
41.63 41.22 40.00	29.66			
--- Seton School	G	NT	X2:39.58	
1) Adamec, Emily 8	2) Hoffer, Megan SR	3) Cook, Keeley 7	4) Corkery, Eileen SO	
1:31.30 34.53 33.75				
--- Seton School	H	NT	X2:45.50	
1) Mosimann, Monica FR	2) Smith, Lexy 7	3) Kerns, Shannon 7	4) Crowhurst, Shaina FR	
41.43 43.96 38.84	41.27			

Event 3 Boys 200 Yard FreestyleSST Record: **1:51.31** 1/13/2007 N. CookNat Cath QT: **1:57.50**VSIS QT: **2:05.25**

Name	Yr	School	Seed Time	Finals Time	Points
1 Cook, Connor	SO	Seton School	1:52.61	1:54.58	
26.36 29.42 30.90	27.90				
2 Wilson, Dewey	SR	Peninsula Catholic High School-V	2:12.48	2:08.01	
29.51 32.39 33.93	32.18				
3 Bartnick, Sean	SR	Seton School	2:19.22	2:25.64	
30.15 36.88 40.03	38.58				
4 Vestermark, Christian	JR	Seton School	2:23.54	2:27.39	
32.18 38.42 41.24	35.55				
5 Kulzer, Kyle	SO	Peninsula Catholic High School-V	2:35.00	2:31.00	
31.44 37.88 41.84	39.84				
6 O'Donohue, Michael	FR	Seton School	3:00.14	2:45.47	
33.21 40.56 45.74	45.96				
7 Quintas, Sam	SO	Peninsula Catholic High School-V	2:50.00	2:56.34	
33.51 42.42 1:40.41					

Event 4 Girls 200 Yard FreestyleSST Record: **1:55.74** 2/18/2000 K. ShipkoNat Cath QT: **2:15.50**VSIS QT: **2:15.78**

Name	Yr	School	Seed Time	Finals Time	Points
1 Doonis, Alex	8	Seton School	2:11.00	2:10.41	
29.46 32.84 34.07	34.04				
2 Keating, Lauren		Stonebridge High School-VA	NT	2:13.07	
30.52 34.51 35.65	32.39				
3 Mazzoccoli, Lea	SR	Seton School	2:13.31	2:13.12	
30.98 34.52 35.16	32.46				
4 Warthan, Morgan	JR	Peninsula Catholic High School-V	2:23.33	2:20.73	
33.34 34.89 35.67	36.83				
5 Brown, Sarah	FR	Stonebridge High School-VA	NT	2:22.97	
33.62 36.36 36.12	36.87				
6 Melton, Lexi		Stonebridge High School-VA	NT	2:35.74	
35.73 39.31 39.24	41.46				
7 Bennett, Lucy	8	Seton School	2:34.41	2:36.27	
35.81 40.54 41.99	37.93				
8 Cummings, Alex	JR	Seton School	2:32.44	2:38.45	
35.09 40.45 42.45	40.46				

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 4 Girls 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
9 Fitzella, Kimmy 37.54 40.80 43.18	JR	Peninsula Catholic High School-V	2:45.00 39.65	2:41.17	
10 Fitzella, Blythe 1:28.89	JR	Peninsula Catholic High School-V	2:44.55	2:49.73	
11 McWhorter, Megan 37.29 42.01 45.28	SR	Peninsula Catholic High School-V	2:45.00 48.29	2:52.87	
--- Byers, Monica 34.67 39.53 41.70	8	Seton School	2:45.29 40.15	X2:36.05	
--- Hoffer, Megan 37.19 42.45 44.96	SR	Seton School	2:55.30 42.72	X2:47.32	
--- Rogers, Cat 36.65 46.23 46.50	8	Seton School	NT 39.12	X2:48.50	

Event 5 Boys 200 Yard IMSST Record: **1:58.12** 2/17/2006 N. CookNat Cath QT: **2:14.00**VSIS QT: **2:25.45**

Name	Yr	School	Seed Time	Finals Time	Points
1 Basinger, David 29.95 37.13 43.46	9	Seton School	2:24.14 32.41	2:22.95	
2 Koehr, Daniel 30.62 36.40 42.18	SO	Seton School	2:20.54 35.17	2:24.37	
3 Dunn, Catfish 32.17 36.58 45.24	8	Seton School	2:24.94 32.31	2:26.30	
4 Bliss, Greg 35.25 47.05 51.19	JR	Seton School	2:55.72 42.19	2:55.68	
--- Romeo, Matt 34.18 41.18 51.06	SO	Peninsula Catholic High School-V	2:40.54 38.44	DQ	

Event 6 Girls 200 Yard IMSST Record: **2:14.25** 2/16/2007 J. DunnNat Cath QT: **2:35.00**VSIS QT: **2:34.33**

Name	Yr	School	Seed Time	Finals Time	Points
1 Henke, Sarah 31.89 35.16 45.51	SO	Peninsula Catholic High School-V	2:18.75 32.91	2:25.47	
2 Kenna, Mary-Kate 31.60 38.71 42.16	JR	Seton School	2:26.19 33.41	2:25.88	
3 Talbott, Laura 33.88 37.10 43.23	SO	Seton School	2:27.68 36.05	2:30.26	
4 Ives, Caitlin 31.79 37.95 47.36		Stonebridge High School-VA	NT 37.67	2:34.77	
5 Locke, Sarah 36.22 39.81 47.77	FR	Seton School	2:39.60 36.64	2:40.44	
6 Lambrecht, Rachel 36.53 43.08 47.52	FR	Seton School	2:46.55 39.83	2:46.96	
7 Chandler, Kayla 38.38 40.28 53.69		Stonebridge High School-VA	NT 39.20	2:51.55	
8 Terrell, Nikki 38.79 45.37 54.38		Stonebridge High School-VA	NT 42.39	3:00.93	
9 Herion, Gabrielle 41.33 48.92 57.96	JR	Peninsula Catholic High School-V	2:35.00 43.72	3:11.93	
--- Shaw, Krista 34.96 40.56 51.58	FR	Seton School	2:47.11 40.33	X2:47.43	

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 6 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Kerns, Shannon	7	Seton School	NT	X3:07.55	
40.16 47.17 56.63		43.59			
--- Jordan, Dru	FR	Peninsula Catholic High School-V	2:40.00	DQ	
44.18 47.39 57.30		43.86			
--- Fitchett, Logan	FR	Peninsula Catholic High School-V	2:40.00	DQ	
44.13 51.60 55.98		46.00			

Event 7 Boys 50 Yard FreestyleSST Record: **22.80** 11/16/2007 N. CookNat Cath QT: **24.50**VSIS QT: **24.43**

Name	Yr	School	Seed Time	Finals Time	Points
1 Koehr, Sean	SR	Seton School	24.05	23.86	
2 Kenna, Patrick	FR	Seton School	26.18	25.86	
3 Ross, Joe	SR	Seton School	26.48	26.00	
4 Hosack, Brennan	SR	Peninsula Catholic High School-V	27.30	26.41	
5 Koehr, Brendan	FR	Seton School	27.32	29.18	
6 McKenna, Brian	JR	Peninsula Catholic High School-V	32.58	29.38	
7 Burne, Christian	SO	Peninsula Catholic High School-V	30.05	30.47	
8 Gonzalez, Justin	SO	Peninsula Catholic High School-V	32.60	31.09	
--- Mooney, Peter	SO	Seton School	31.91	X29.83	
--- Lear, Todd	SR	Peninsula Catholic High School-V	32.50	X31.29	
--- Wilkinson, David	SR	Peninsula Catholic High School-V	32.27	X31.44	
--- Minarik, Andrew	SO	Seton School	33.72	X31.70	
--- Ross, John	8	Seton School	34.15	X31.95	
--- Shaw, Steven	7	Seton School	32.86	X32.50	
--- Bliss, Kevin	8	Seton School	34.31	X34.04	
--- Rosato, Jonathan	FR	Seton School	34.63	X34.10	
--- Simons, Andrew		Peninsula Catholic High School-V	36.13	X34.14	
--- Verry, Matthew	FR	Seton School	36.40	X34.47	
--- Jacobeen, Jonathan	SO	Seton School	36.34	X35.60	
--- Kleb, Rocky	FR	Seton School	35.72	X36.61	
--- Harrill, Alex	JR	Seton School	36.86	X36.70	
--- Goodman, Andrew	FR	Peninsula Catholic High School-V	35.65	X37.58	
--- Mosimann, James	7	Seton School	40.18	X38.12	
--- Corkery, Jack	7	Seton School	39.14	X40.03	
--- Lambrecht, David	7	Seton School	42.66	X40.21	
--- Quinan, Peter	7	Seton School	45.01	X42.17	
--- Collins, Michael	8	Seton School	41.76	X42.19	
--- O'Donnell, Michael	JR	Seton School	34.52	X47.19	
--- Crowe, David	JR	Peninsula Catholic High School-V	36.00	XNS	
--- Crowhurst, Matt	JR	Seton School	32.98	XNS	

Event 8 Girls 50 Yard FreestyleSST Record: **25.22** 2/17/2006 K. PlanchakNat Cath QT: **28.50**VSIS QT: **27.54**

Name	Yr	School	Seed Time	Finals Time	Points
1 Wentzel, Ashley	JR	Peninsula Catholic High School-V	25.54	25.32	
2 Donohoe, Lauren	FR	Seton School	26.57	25.97	
3 Peterson, Rachel		Stonebridge High School-VA	NT	26.17	
4 Morch, Meghan	SR	Seton School	26.23	26.42	

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 8 Girls 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
5 Vause, Rebecca	JR	Peninsula Catholic High School-V	27.16	28.30	
6 Cavanagh, Megan	JR	Peninsula Catholic High School-V	28.46	28.58	
7 Claybrooks, Carolyn	SO	Seton School	27.72	28.71	
8 Martin, Karin		Stonebridge High School-VA	NT	29.52	
9 Cummings, Alex	JR	Seton School	29.37	30.86	
10 Melton, Lexi		Stonebridge High School-VA	NT	31.28	
11 Herion, Gabrielle	JR	Peninsula Catholic High School-V	30.75	33.59	
--- Smith, Nicki	FR	Seton School	32.24	X30.50	
--- Cook, Keeley	7	Seton School	31.55	X30.89	
--- Sinner, Daniela	SO	Seton School	31.77	X31.73	
--- Zapiain, Leslie	FR	Seton School	31.86	X32.48	
--- Corkery, Katie	SR	Seton School	31.82	X33.02	
--- Cummings, Judith	8	Seton School	34.03	X34.03	
--- Heim, Eileen	FR	Seton School	35.22	X34.22	
--- Voltz, Sara	SR	Peninsula Catholic High School-V	34.01	X34.81	
--- Kosten, Kate	SR	Seton School	36.07	X34.82	
--- Hunnicutt, Claire	SO	Peninsula Catholic High School-V	32.30	X35.11	
--- Adamec, Emily	8	Seton School	38.82	X39.31	
--- Crowhurst, Shaina	FR	Seton School	44.27	X42.56	
--- Broad, Annaleigh	SO	Peninsula Catholic High School-V	45.80	X46.95	
--- Byrd, Austin	SR	Peninsula Catholic High School-V	31.64	XNS	
--- Adams, Marina	JR	Stonebridge High School-VA	NT	NS	
--- Prevost, Emilie	SO	Peninsula Catholic High School-V	49.07	XNS	

Event 11 Boys 100 Yard Butterfly

SST Record: 53.56 2/1/1998 L. Lauderdale

Nat Cath QT: 58.50

VSIS QT: 1:02.55

Name	Yr	School	Seed Time	Finals Time	Points
1 Cook, Connor	SO	Seton School	1:00.17	58.44	
27.59 30.85					
2 Wheelock, Trevor	SR	Peninsula Catholic High School-V	56.50	58.69	
28.34 30.35					
3 Bliss, Greg	JR	Seton School	1:13.12	1:16.80	
35.53 41.27					
--- Quinan, Sam	SR	Seton School	1:25.91	NS	
--- Vestermark, Christian	JR	Seton School	1:13.81	NS	

Event 12 Girls 100 Yard Butterfly

SST Record: 1:02.21 12/1/2007 J, Dunn

Nat Cath QT: 1:10.50

VSIS QT: 1:09.97

Name	Yr	School	Seed Time	Finals Time	Points
1 Mazzoccoli, Lea	SR	Seton School	1:05.13	1:04.53	
30.09 34.44					
2 Wheelock, Meghan	JR	Peninsula Catholic High School-V	1:02.50	1:05.94	
30.64 35.30					
3 Wunderly, Bridget	FR	Seton School	1:13.65	1:12.33	
33.54 38.79					
4 Jackson, Stephanie	JR	Peninsula Catholic High School-V	1:19.28	1:16.05	
33.94 42.11					
5 Smith, Danielle	JR	Seton School	1:13.85	1:18.39	
35.18 43.21					

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 12 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
6 Shaw, Krista 35.75 43.27	FR	Seton School	1:16.05	1:19.02	
7 Keegan, Isabelle 40.26 49.37	FR	Peninsula Catholic High School-V	1:24.05	1:29.63	
8 Jordan, Dru 45.44 58.40	FR	Peninsula Catholic High School-V	1:25.50	1:43.84	
--- Kerns, Shannon	7	Seton School	NT	XNS	

Event 13 Boys 100 Yard Freestyle**SST Record: 48.69 2/17/2006 K. Koehr****Nat Cath QT: 53.00****VSIS QT: 54.96**

Name	Yr	School	Seed Time	Finals Time	Points
1 Cook, Nevin 23.56 25.28	SR	Seton School	49.10	48.84	
2 Wheelock, Trevor 27.61 30.60	SR	Peninsula Catholic High School-V	53.60	58.21	
3 Bartnick, Sean 16.55 42.70	SR	Seton School	57.46	59.25	
4 Kenna, Patrick 27.78 31.87	FR	Seton School	1:01.28	59.65	
5 Romeo, Matt 31.91 36.11	SO	Peninsula Catholic High School-V	1:03.45	1:08.02	
6 O'Donohue, Michael 31.96 37.16	FR	Seton School	1:08.49	1:09.12	
7 Quintas, Sam 33.14 41.79	SO	Peninsula Catholic High School-V	1:11.24	1:14.93	
--- Gonzalez, Justin 22.08	SO	Peninsula Catholic High School-V	1:14.30	DQ	

Event 14 Girls 100 Yard Freestyle**SST Record: 55.13 12/9/2006 K. Planchak****Nat Cath QT: 1:01.50****VSIS QT: 1:00.43**

Name	Yr	School	Seed Time	Finals Time	Points
1 Wentzel, Ashley 27.07 29.89	JR	Peninsula Catholic High School-V	56.16	56.96	
2 Peterson, Rachel 27.93 30.30		Stonebridge High School-VA	NT	58.23	
3 Going, Tiffany 28.42 31.24		Stonebridge High School-VA	NT	59.66	
4 Melnyk, Kimberley 29.22 31.36	SR	Seton School	1:00.78	1:00.58	
5 Doonis, Alex 28.91 31.95	8	Seton School	57.89	1:00.86	
6 Morch, Meghan 29.86 33.22	SR	Seton School	1:00.80	1:03.08	
7 Martin, Karin 31.29 35.20		Stonebridge High School-VA	NT	1:06.49	
8 Kleb, Kelsey 31.51 35.60	JR	Seton School	1:05.43	1:07.11	
9 Cavanagh, Megan 33.03 36.91	JR	Peninsula Catholic High School-V	1:04.50	1:09.94	

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 14 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
10 Fitzella, Kimmy 32.36 38.02	JR	Peninsula Catholic High School-V	1:11.06	1:10.38	
11 Helenbrook, Haven 33.09 39.52	SR	Peninsula Catholic High School-V	1:12.72	1:12.61	
12 Adams, Marina 1:01.15 22.20	JR	Stonebridge High School-VA	NT	1:23.35	
--- Brown, Sarah 32.21 34.59	FR	Stonebridge High School-VA	NT	X1:06.80	
--- Zapiain, Sarah 32.51 35.51	8	Seton School	1:08.31	X1:08.02	
--- Flanagan, Casey 33.61 35.57	8	Seton School	1:07.38	X1:09.18	
--- Burley, Madeline 32.57 38.50	SO	Peninsula Catholic High School-V	1:15.02	X1:11.07	
--- Rogers, Cat 33.88 39.05	8	Seton School	1:14.88	X1:12.93	
--- Gilbert, Abbey 36.47 41.81	SO	Peninsula Catholic High School-V	1:15.80	X1:18.28	
--- Hughes, Molly 38.14 42.53	SO	Peninsula Catholic High School-V	1:22.60	X1:20.67	

Event 15 Boys 500 Yard FreestyleSST Record: **4:50.42** 2/3/2007 N. CookNat Cath QT: **5:20.00**VSIS QT: **5:38.99**

Name	Yr	School	Seed Time	Finals Time	Points
1 Basinger, David 30.38 33.76 35.10 34.99 33.90	9	Seton School	5:45.77 35.96	5:48.76	
2 Harris, David	JR	Seton School	6:24.97	6:27.05	
3 Hosack, Brennan 36.38 42.27 44.16 43.48 36.18	SR	Peninsula Catholic High School-V	6:55.50 43.41	7:03.28	
4 Ross, Joe 31.10 37.40 41.55 45.51 41.77	SR	Seton School	6:43.66 46.53	7:05.55	
5 Jacobeen, Jonathan 2:04.55 42.09	SO	Seton School	7:42.82 46.32 47.09 45.86	7:24.25	
6 Burne, Christian 38.72 45.64 50.78 51.27 49.45	SO	Peninsula Catholic High School-V	7:20.50 52.59 53.18 52.90 53.31 54.33	8:22.17	

Event 16 Girls 500 Yard FreestyleSST Record: **5:06.98** 2/1/1999 K. ShipkoNat Cath QT: **5:40.00**VSIS QT: **6:11.64**

Name	Yr	School	Seed Time	Finals Time	Points
1 Donohoe, Lauren 30.78 33.85 34.90 35.60 33.69	FR	Seton School	5:51.67 36.00	5:46.02	
2 Keating, Lauren 31.70 35.32 36.15 35.89 35.13		Stonebridge High School-VA	NT 36.71 35.75 36.81 36.92 35.82	5:56.20	

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Name	Yr	School	Seed Time	Finals Time	Points
3 Claybrooks, Carolyn	SO	Seton School	6:11.43	6:13.61	
33.19 36.82 38.03	37.89 37.86 39.49	36.94 37.97			
38.64 36.78					
4 Warthan, Morgan	JR	Peninsula Catholic High School-V	6:39.69	6:18.73	
35.02 37.36 37.67	38.05 38.26 38.17	38.57 38.37			
38.80 38.46					
5 Locke, Sarah	FR	Seton School	6:39.12	6:27.09	
32.98 38.46 39.79	40.86 40.85 40.63	38.91 38.67			
38.82 37.12					
6 Smith, Danielle	JR	Seton School	6:13.70	6:31.74	
34.31 39.04 39.48	39.79 39.93 39.95	40.94 40.37			
39.82 38.11					
7 Jackson, Stephanie	JR	Peninsula Catholic High School-V	7:25.50	6:50.22	
35.49 39.52 40.76	42.71 41.99 42.21	41.81 42.58			
42.88 40.27					
--- Cook, Keeley	7	Seton School	NT	X6:36.29	
34.74 39.04 39.53	40.59 40.98 40.87	40.74 40.65			
41.04 38.11					
--- Bennett, Lucy	8	Seton School	7:05.20	X6:58.42	
34.61 41.57 42.77	43.05 43.12 43.88	43.60 43.74			
42.74 39.34					

Event 17 Boys 200 Yard Freestyle Relay**SST Record: 1:33.32 2/17/2006 Koehr, Koehr, Morch, Cook****Nat Cath QT: 1:37.00****VSIS QT: 1:42.17**

Team	Relay	Seed Time	Finals Time	Points
1 Seton School	A	1:36.83	1:37.36	
1) Cook, Nevin SR	2) Kenna, Patrick FR	3) Cook, Connor SO	4) Koehr, Sean SR	
22.30 26.47 24.51	24.08			
2 Peninsula Catholic High Scho	A	NT	1:43.09	
1) Romeo, Matt SO	2) Hosack, Brennan SR	3) Wilson, Dewey SR	4) Wheelock, Trevor SR	
27.71 26.25 25.22	23.91			
3 Seton School	B	1:47.03	1:50.96	
1) Ross, Joe SR	2) Basinger, David 9	3) Koehr, Brendan FR	4) Bartnick, Sean SR	
28.18 26.77 29.33	26.68			
4 Peninsula Catholic High Scho	B	NT	2:03.90	
1) Lear, Todd SR	2) Wilkinson, David SR	3) Downs, Brad JR	4) Gonzalez, Justin SO	
30.95 31.61 30.91	30.43			
--- Seton School	C	NT	X2:02.23	
1) Quinan, Sam SR	2) Shaw, Steven 7	3) Mooney, Peter SO	4) O'Donohue, Michael FR	
29.39 32.85 30.56	29.43			
--- Seton School	D	NT	X2:20.12	
1) Collins, Michael 8	2) Minarik, Andrew SO	3) Ross, John 8	4) Bliss, Kevin 8	
45.32 29.41 32.12	33.27			
--- Seton School	E	NT	X2:29.01	
1) Rosato, Jonathan FR	2) Verry, Matthew FR	3) Mosimann, James 7	4) Corkery, Jack 7	
36.24 35.36 37.21	40.20			

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****Event 18 Girls 200 Yard Freestyle Relay****SST Record: 1:44.78 2/17/2006 Dunn, Mazzoccoli, Dunn, Planch****Nat Cath QT: 1:48.50****VSIS QT: 1:54.49**

Team	Relay	Seed Time	Finals Time	Points
1 Seton School	A	1:44.61	1:45.79	
1) Morch, Meghan SR 26.75 27.10 26.37	2) Doonis, Alex 8 25.57	3) Donohoe, Lauren FR	4) Dunn, Jessica SR	
2 Peninsula Catholic High Scho	A	NT	1:47.28	
1) Vause, Rebecca JR 28.42 27.31 26.25	2) Henke, Sarah SO 25.30	3) Wheelock, Meghan JR	4) Wentzel, Ashley JR	
3 Stonebridge High School-VA	A	NT	1:49.46	
1) Peterson, Rachel 27.06 26.91 28.85	2) Keating, Lauren 26.64	3) Ives, Caitlin	4) Going, Tiffany	
4 Seton School	B	1:51.53	1:52.10	
1) Talbott, Laura SO 27.43 29.30 27.79	2) Claybrooks, Carolyn SO 27.58	3) Kenna, Mary-Kate JR	4) Melnyk, Kimberley SR	
5 Stonebridge High School-VA	B	NT	2:05.00	
1) Brown, Sarah FR 30.91 30.78 30.89	2) Martin, Karin 32.42	3) Melton, Lexi	4) Chandler, Kayla	
6 Peninsula Catholic High Scho	B	NT	2:10.05	
1) Fitzella, Blythe JR 38.27 28.69 32.33	2) Hunnicutt, Claire SO 30.76	3) Helenbrook, Haven SR	4) Herion, Gabrielle JR	
--- Seton School	C	NT	X2:07.46	
1) Kleb, Kelsey JR 31.70 31.46 33.54	2) Lambrecht, Rachel FR 30.76	3) Zapiain, Leslie FR	4) Smith, Nicki FR	
--- Peninsula Catholic High Scho	C	NT	X2:21.88	
1) Hughes, Molly SO 36.26 35.28 34.76	2) Voltz, Sara SR 35.58	3) Gilbert, Abbey SO	4) Vaughn, Julia SO	
--- Seton School	D	NT	X2:23.64	
1) Rogers, Lizzie FR 35.95 35.28 34.85	2) Wunderly, Bernadette 7 37.56	3) Kosten, Kate SR	4) Smith, Lexy 7	
--- Seton School	E	NT	X2:25.64	
1) Cummings, Judith 8 35.24 34.92 39.85	2) Heim, Eileen FR 35.63	3) Adamec, Emily 8	4) Lowell, Hannah SO	

Event 19 Boys 100 Yard Backstroke**SST Record: 51.48 1/20/2006 K. Koehr****Nat Cath QT: 1:01.00****VSIS QT: 1:05.89**

Name	Yr	School	Seed Time	Finals Time	Points
1 Dunn, Catfish 32.49 33.52	8	Seton School	1:04.85	1:06.01	
2 Koehr, Daniel 31.59 34.77	SO	Seton School	1:05.30	1:06.36	
3 Kulzer, Kyle 37.00 42.84	SO	Peninsula Catholic High School-V	1:19.05	1:19.84	
4 Koehr, Brendan 40.12 42.65	FR	Seton School	1:23.37	1:22.77	
5 Mooney, Peter 45.97 53.12	SO	Seton School	1:31.97	1:39.09	
6 Simons, Andrew 47.81 54.10		Peninsula Catholic High School-V	1:32.80	1:41.91	
7 Lear, Todd 49.87 54.71	SR	Peninsula Catholic High School-V	1:25.50	1:44.58	

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Rosato, Jonathan 43.70 51.93	FR	Seton School	1:53.37	X1:35.63	
--- Ross, John 44.65 52.14	8	Seton School	1:50.00	X1:36.79	
--- Verry, Matthew 47.47 50.63	FR	Seton School	1:44.26	X1:38.10	
--- Bliss, Kevin 1:40.65	8	Seton School	1:37.86	X1:39.92	
--- O'Donnell, Michael	JR	Seton School	1:50.00	X1:44.81	
--- Quinan, Peter 51.68 58.32	7	Seton School	2:07.07	X1:50.00	
--- Harrill, Alex 50.51 1:00.38	JR	Seton School	2:15.34	X1:50.89	
--- Downs, Brad 41.23 47.12	JR	Peninsula Catholic High School-V	1:25.50	DQ	
--- Shaw, Steven 39.94 43.23	7	Seton School	1:25.52	XDQ	
--- Corkery, Jack 51.84 56.37	7	Seton School	1:45.43	XDQ	
--- Crowhurst, Matt	JR	Seton School	NT	XNS	

Event 20 Girls 100 Yard BackstrokeSST Record: **1:02.05** 12/2/2006 **J. Dunn**Nat Cath QT: **1:10.00**VSIS QT: **1:10.39**

Name	Yr	School	Seed Time	Finals Time	Points
1 Dunn, Jessica 29.86 30.96	SR	Seton School	1:00.52	1:00.82	
2 Henke, Sarah 31.21 33.44	SO	Peninsula Catholic High School-V	1:05.06	1:04.65	
3 Going, Tiffany 32.05 34.50		Stonebridge High School-VA	NT	1:06.55	
4 Wunderly, Bridget 34.53 37.32	FR	Seton School	1:09.16	1:11.85	
5 Ives, Caitlin 35.06 36.92		Stonebridge High School-VA	NT	1:11.98	
6 Melnyk, Kimberley 34.62 37.41	SR	Seton School	1:09.11	1:12.03	
7 Chandler, Kayla 36.67 38.97		Stonebridge High School-VA	NT	1:15.64	
8 Byers, Monica 37.09 39.92	8	Seton School	1:18.99	1:17.01	
9 Vause, Rebecca 38.76 40.08	JR	Peninsula Catholic High School-V	1:19.50	1:18.84	
10 Keegan, Isabelle 41.18 44.30	FR	Peninsula Catholic High School-V	1:23.26	1:25.48	
11 Fitzella, Blythe 40.78 47.13	JR	Peninsula Catholic High School-V	1:20.73	1:27.91	
--- Flanagan, Casey 40.06 40.26	8	Seton School	1:21.28	X1:20.32	
--- Corkery, Katie 39.17 42.96	SR	Seton School	1:21.56	X1:22.13	
--- Zapiain, Sarah 40.56 41.68	8	Seton School	1:23.75	X1:22.24	

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Corkery, Eileen 41.42 43.60	SO	Seton School	1:25.43	X1:25.02	
--- Kleb, Kelsey 40.82 45.27	JR	Seton School	1:23.51	X1:26.09	
--- Wunderly, Bernadette 42.88 47.05	7	Seton School	1:30.47	X1:29.93	
--- Voltz, Sara 1:30.84	SR	Peninsula Catholic High School-V	1:25.80	X1:30.81	
--- Rogers, Lizzie 1:31.84 0.04	FR	Seton School	1:29.01	X1:31.88	

Event 21 Boys 100 Yard Breaststroke**SST Record: 58.53 1/27/2007 N. Cook****Nat Cath QT: 1:07.50****VSIS QT: 1:12.73**

Name	Yr	School	Seed Time	Finals Time	Points
1 Cook, Nevin 27.54 31.62	SR	Seton School	58.14	59.16	
2 Wilson, Dewey 33.57 37.06	SR	Peninsula Catholic High School-V	1:14.60	1:10.63	
3 Quinan, Sam 36.21 41.90	SR	Seton School	1:18.28	1:18.11	
4 Harris, David 38.67 42.76	JR	Seton School	1:19.17	1:21.43	
5 Downs, Brad 41.78 51.30	JR	Peninsula Catholic High School-V	1:40.50	1:33.08	
6 Goodman, Andrew 51.63 1:02.80	FR	Peninsula Catholic High School-V	1:56.30	1:54.43	
--- Minarik, Andrew 38.53 47.58	SO	Seton School	1:26.30	X1:26.11	
--- Kleb, Rocky 47.52 1:00.02	FR	Seton School	1:52.88	X1:47.54	
--- Mosimann, James 56.77 1:02.53	7	Seton School	2:05.04	X1:59.30	
--- Collins, Michael 58.08 1:06.01	8	Seton School	2:13.52	X2:04.09	
--- Lambrecht, David 1:02.87 1:07.75	7	Seton School	2:11.76	X2:10.62	
--- McKenna, Brian 40.07 47.26	JR	Peninsula Catholic High School-V	1:27.97	DQ	
--- Koehr, Sean	SR	Seton School	1:05.66	NS	

Event 22 Girls 100 Yard Breaststroke**SST Record: 1:09.57 2/1/1998 K. Shipko****Nat Cath QT: 1:18.00****VSIS QT: 1:18.24**

Name	Yr	School	Seed Time	Finals Time	Points
1 Kenna, Mary-Kate 36.15 39.50	JR	Seton School	1:15.12	1:15.65	
2 Wheelock, Meghan 36.38 41.22	JR	Peninsula Catholic High School-V	1:16.64	1:17.60	
3 Talbott, Laura 38.25 41.23	SO	Seton School	1:18.35	1:19.48	

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 22 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
4 Lambrecht, Rachel 38.10 41.83	FR	Seton School	1:20.25	1:19.93	
5 Zapiain, Leslie 40.56 47.18	FR	Seton School	1:22.75	1:27.74	
6 McWhorter, Megan 41.81 47.28	SR	Peninsula Catholic High School-V	1:30.60	1:29.09	
7 Hunnicutt, Claire 42.72 49.49	SO	Peninsula Catholic High School-V	1:34.32	1:32.21	
8 Fitchett, Logan 44.21 49.94	FR	Peninsula Catholic High School-V	1:35.28	1:34.15	
9 Terrell, Nikki 44.97 51.10		Stonebridge High School-VA	1:27.00	1:36.07	
--- Smith, Nicki 41.60 48.23	FR	Seton School	1:44.56	X1:29.83	
--- Murphy, Maggie 42.22 48.59	8	Seton School	1:32.25	X1:30.81	
--- Heim, Eileen 45.19 48.08	FR	Seton School	1:33.27	X1:33.27	
--- Hoffer, Megan 44.61 49.14	SR	Seton School	1:34.63	X1:33.75	
--- Gilbert, Abbey 45.12 49.06	SO	Peninsula Catholic High School-V	1:35.28	X1:34.18	
--- Mosimann, Monica 46.27 50.93	FR	Seton School	1:38.99	X1:37.20	
--- Smith, Lexy 46.07 51.18	7	Seton School	1:38.47	X1:37.25	
--- Cummings, Judith 47.17 53.43	8	Seton School	1:35.76	X1:40.60	
--- Adamec, Emily 46.64 54.95	8	Seton School	1:39.04	X1:41.59	
--- Kosten, Kate 47.11 55.02	SR	Seton School	NT	X1:42.13	
--- Sinner, Daniela 48.00 54.39	SO	Seton School	NT	X1:42.39	
--- Lowell, Hannah 55.00 1:00.86	SO	Seton School	2:16.81	X1:55.86	
--- Broad, Annaleigh 50.11 56.39	SO	Peninsula Catholic High School-V	1:39.55	XDQ	
--- Crowhurst, Shaina 56.36 1:06.76	FR	Seton School	2:21.50	XDQ	
--- Byrd, Austin	SR	Peninsula Catholic High School-V	1:35.80	XNS	

Event 23 Boys 400 Yard Freestyle Relay**SST Record: 3:37.19 12/2/2005 Koehr, Koehr, Morch, Cook****Nat Cath QT: 3:40.00****VSIS QT: 3:59.45**

Team	Relay	Seed Time	Finals Time	Points
1 Seton School	A	3:52.73	4:00.27	
1) Bartnick, Sean SR 28.19 1:01.15 29.23	2) Basinger, David 9 1:02.31 27.34 57.81	3) Dunn, Catfish 8 27.19 59.00	4) Koehr, Daniel SO	
2 Seton School	B	4:17.77	4:28.17	
1) Ross, Joe SR 30.27 1:05.02	2) Bliss, Greg JR 1:10.91 31.06 1:03.94	3) Vestermark, Christian JR 32.10 1:08.30	4) Harris, David JR	

SST-SBHS-PCHS-Dec15,07 - 12/15/2007**Results - Timed Finals****(Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
3 Peninsula Catholic High Scho	A	NT	4:36.96	
1) Kulzer, Kyle SO	2) Quintas, Sam SO	3) Burne, Christian SO	4) McKenna, Brian JR	
30.71 1:05.18 33.80	1:13.47 32.76 1:11.32	31.33 1:06.99		
4 Peninsula Catholic High Scho	B	NT	5:21.91	
1) Wilkinson, David SR	2) Lear, Todd SR	3) Gonzalez, Justin SO	4) Downs, Brad JR	
33.20 1:13.23 34.79	1:15.83 42.72 1:42.78	28.61 1:10.07		
--- Seton School	D	NT	X6:02.73	
1) Kleb, Rocky FR	2) Harrill, Alex JR	3) Collins, Michael 8	4) Jacobeen, Jonathan SO	
40.52 1:27.46 41.18	1:32.39 46.43 1:45.48	22.22 1:17.40		
--- Seton School	C	NT	X6:29.20	
1) O'Donnell, Michael JR	2) Lambrecht, David 7	3) Quinan, Peter 7	4) Corkery, Jack 7	
38.70 1:29.02 45.94	1:41.49 43.17 1:37.23	47.97 1:41.46		

Event 24 Girls 400 Yard Freestyle Relay**SST Record: 3:50.89 12/2/2006 Dunn, Mazzoccoli, Doonis, Plan****Nat Cath QT: 4:21.00****VSIS QT: 4:20.08**

Team	Relay	Seed Time	Finals Time	Points
1 Seton School	A	3:50.48	3:58.06	
1) Dunn, Jessica SR	2) Mazzoccoli, Lea SR	3) Doonis, Alex 8	4) Donohoe, Lauren FR	
27.68 57.35 28.48	1:00.87 28.61 1:01.54	27.46 58.30		
2 Stonebridge High School-VA	A	NT	4:05.75	
1) Going, Tiffany	2) Keating, Lauren	3) Ives, Caitlin	4) Peterson, Rachel	
29.53 1:01.78 28.68	1:02.30 30.00 1:03.61	27.72 58.06		
3 Seton School	B	4:17.43	4:35.38	
1) Smith, Danielle JR	2) Kleb, Kelsey JR	3) Locke, Sarah FR	4) Wunderly, Bridget FR	
32.28 1:09.36 33.23	1:11.34 31.81 1:08.46	31.29 1:06.22		
4 Stonebridge High School-VA	B	NT	4:37.25	
1) Martin, Karin	2) Brown, Sarah FR	3) Terrell, Nikki	4) Melton, Lexi	
31.34 1:06.91 33.12	1:09.77 32.16 1:08.72	34.53 1:11.85		
5 Peninsula Catholic High Scho	A	NT	4:39.39	
1) Warthan, Morgan JR	2) Fitzella, Kimmy JR	3) McWhorter, Megan SR	4) Cavanagh, Megan JR	
32.09 1:07.30 32.98	1:19.21 27.27 1:06.65	31.68 1:06.23		
6 Peninsula Catholic High Scho	B	NT	4:56.22	
1) Fitzella, Blythe JR	2) Helenbrook, Haven SR	3) Jackson, Stephanie JR	4) Herion, Gabrielle JR	
37.19 1:19.20 34.78	1:15.34 33.33 1:09.26	34.58 1:12.42		
--- Seton School	D	NT	X4:49.29	
1) Shaw, Krista FR	2) Sinner, Daniela SO	3) Rogers, Cat 8	4) Mosimann, Monica FR	
33.40 1:12.22 33.19	1:09.93 35.56 1:14.61	34.26 1:12.53		
--- Seton School	C	NT	X4:51.84	
1) Corkery, Katie SR	2) Zapiain, Sarah 8	3) Cummings, Alex JR	4) Flanagan, Casey 8	
34.98 1:14.89 34.72	1:12.22 33.60 1:13.11	34.58 1:11.62		
--- Seton School	E	NT	X4:58.37	
1) Cook, Keeley 7	2) Byers, Monica 8	3) Corkery, Eileen SO	4) Murphy, Maggie 8	
33.35 1:11.40 32.95	1:09.38 35.68 1:18.27	35.27 1:19.32		
--- Peninsula Catholic High Scho	C	NT	X5:07.71	
1) Keegan, Isabelle FR	2) Jordan, Dru FR	3) Burley, Madeline SO	4) Fitchett, Logan FR	
36.63 1:19.09 38.06	1:18.94 33.41 1:13.49	34.69 1:16.19		
--- Seton School	G	NT	X5:35.43	
1) Kosten, Kate SR	2) Lowell, Hannah SO	3) Rogers, Lizzie FR	4) Wunderly, Bernadette 7	
40.66 1:35.20 29.41	1:14.33 37.92 1:22.62	39.63 1:23.28		
--- Seton School	F	NT	XDQ	
1) Bennett, Lucy 8	2) Hoffer, Megan SR	3) Kerns, Shannon 7	4) Cummings, Judith 8	
33.90 1:11.45 36.20	1:16.45 37.73 1:23.08	36.26 1:19.25		