

Seton Swimming

Individual Meet Results

2020 NoVa Catholic Invitational Championship 11-Jan-20 Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Jed Albin M (8)					
X 43.08Y	F # 1	200 Medley Relay Lead Off	---	---	---
X 36.00Y	F # 7	Male Senior 50 Free	---	---	0.94
X 1:35.02Y DQ	F # 19	Male Senior 100 Back	---	---	---
	---	1:35.02			
	---	(1:35.02)			
Katie Albin F (SR)					
30.24Y	F # 8	Female Senior 50 Free	21	---	-0.07
1:28.93Y	F # 22	Female Senior 100 Breast	15	---	3.44
		40.39 1:28.93			
		(40.39) (48.54)			
Jacob Alsup M (SR)					
2:10.16Y	F # 3	Male Senior 200 Free	9	4	2.65
		27.82 1:00.10 1:34.91 2:10.16			
		(27.82) (32.28) (34.81) (35.25)			
25.01Y	F # 7	Male Senior 50 Free	12	0.5	0.16
56.11Y	F # 23	400 Free Relay Lead Off	---	---	-0.65
		26.47			
		(26.47)			
Chris Arnold M (7)					
X 1:24.69Y	F # 13	Male Senior 100 Free	---	---	-0.11
		39.73 1:24.69			
		(39.73) (44.96)			
X 1:34.50Y	F # 19	Male Senior 100 Back	---	---	1.01
		46.80 1:34.50			
		(46.80) (47.70)			
Joey Arnold M (SR)					
2:17.83Y	F # 3	Male Senior 200 Free	12	1	0.36
		28.57 1:02.22 1:39.94 2:17.83			
		(28.57) (33.65) (37.72) (37.89)			
X 59.49Y	F # 13	Male Senior 100 Free	---	---	-0.71
		27.96 59.49			
		(27.96) (31.53)			
Julia Atkinson F (8)					
X 34.82Y	F # 8	Female Senior 50 Free	---	---	-0.08
X 1:39.89Y	F # 22	Female Senior 100 Breast	---	---	2.13
		46.79 1:39.89			
		(46.79) (53.10)			

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Time	F/P/S	Event	Place	Points	Improv
Ryan Beltran M (8)					
X 3:17.08Y DQ	F # 5	Male Senior 200 IM	---	---	---
	44.04	1:29.18 2:27.00 3:17.08			
	(44.04)	(45.14) (57.82) (50.08)			
X 8:14.26Y	F # 15	Male Senior 500 Free	---	---	29.26
	38.45	1:25.08 2:15.26 3:07.66 3:59.85 4:53.69 5:46.31 6:39.47			
	(38.45)	(46.63) (50.18) (52.40) (52.19) (53.84) (52.62) (53.16)			
	7:32.69	8:14.26			
	(53.22)	(41.57)			
X 1:09.20Y	F # 17	200 Free Relay Lead Off	---	---	38.84
	30.95				
	(30.95)				
Lucia Bingham F (7)					
X 1:14.30Y	F # 14	Female Senior 100 Free	---	---	-2.51
	34.75	1:14.30			
	(34.75)	(39.55)			
X 1:26.07Y	F # 20	Female Senior 100 Back	---	---	-1.94
	---	1:26.07			
	---	(1:26.07)			
Teresa Bingham F (SO)					
2:49.74Y	F # 6	Female Senior 200 IM	17	---	7.39
	34.95	1:19.63 2:10.67 2:49.74			
	(34.95)	(44.68) (51.04) (39.07)			
1:06.70Y	F # 14	Female Senior 100 Free	15	---	1.81
	31.47	1:06.70			
	(31.47)	(35.23)			
1:05.45Y	F # 24	400 Free Relay Lead Off	---	---	0.56
	31.15				
	(31.15)				
Aaron Bishop M (8)					
X 1:35.32Y	F # 13	Male Senior 100 Free	---	---	3.85
	---	1:35.32			
	---	(1:35.32)			
X 1:51.15Y	F # 19	Male Senior 100 Back	---	---	1.86
	---	1:51.15			
	---	(1:51.15)			
Meg Blanchette F (7)					
X 39.33Y	F # 8	Female Senior 50 Free	---	---	0.31
XNS	F # 14	Female Senior 100 Free	---	---	---
Elodie Brox F (7)					
X 32.33Y	F # 8	Female Senior 50 Free	---	---	-1.58
X 1:41.88Y	F # 22	Female Senior 100 Breast	---	---	0.25
	47.05	1:41.88			
	(47.05)	(54.83)			

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Time	F/P/S	Event	Place	Points	Improv
Jj Brox M (FR)					
2:40.92Y	F # 5	Male Senior 200 IM	14	---	1.28
	34.53	1:18.26 2:02.61 2:40.92			
	(34.53)	(43.73) (44.35) (38.31)			
X 28.45Y	F # 17	200 Free Relay Lead Off	---	---	0.03
1:17.54Y	F # 21	Male Senior 100 Breast	12	1	-0.46
	36.55	1:17.54			
	(36.55)	(40.99)			
Michael Brox M (7)					
X 8:21.91Y	F # 15	Male Senior 500 Free	---	---	---
	41.29	1:28.96 2:19.04 3:11.51 4:04.43 4:58.11 5:50.34 6:43.69			
	(41.29)	(47.67) (50.08) (52.47) (52.92) (53.68) (52.23) (53.35)			
	7:37.27	8:21.91			
	(53.58)	(44.64)			
X 1:43.93Y	F # 21	Male Senior 100 Breast	---	---	-1.57
	50.41	1:43.93			
	(50.41)	(53.52)			
Lily Byers F (SO)					
1:18.77Y	F # 12	Female Senior 100 Fly	14	---	-1.90
	35.20	1:18.77			
	(35.20)	(43.57)			
6:55.70Y	F # 16	Female Senior 500 Free	11	2	-1.81
	33.30	--- 1:13.11 1:55.15 --- 2:37.59 --- 3:21.18			
	(33.30)	--- (1:13.11) (42.04) --- (2:37.59) --- (3:21.18)			
	4:04.97	--- 4:48.34 --- --- 6:15.82 --- 6:55.70			
	(43.79)	--- (4:48.34) --- --- (6:15.82) --- (6:55.70)			
1:07.60Y	F # 24	400 Free Relay Lead Off	---	---	-2.30
	31.49				
	(31.49)				
Emma Catabui F (SO)					
X 1:33.43Y	F # 14	Female Senior 100 Free	---	---	-1.17
	43.89	1:33.43			
	(43.89)	(49.54)			
X 1:47.72Y	F # 22	Female Senior 100 Breast	---	---	-9.66
	48.37	1:47.72			
	(48.37)	(59.35)			
Christian Ceol M (SR)					
2:33.20Y	F # 5	Male Senior 200 IM	12	1	-0.15
	32.30	1:11.18 2:00.03 2:33.20			
	(32.30)	(38.88) (48.85) (33.17)			
57.00Y	F # 13	Male Senior 100 Free	9	4	-1.19
	27.32	57.00			
	(27.32)	(29.68)			

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Time	F/P/S	Event	Place	Points	Improv
Jack Champney M (8)					
X 2:39.49Y	F # 11	Male Senior 100 Fly	---	---	---
	1:13.02	2:39.49			
	(1:13.02)	(1:26.47)			
X 2:26.60Y	F # 21	Male Senior 100 Breast	---	---	-2.37
	1:06.87	2:26.60			
	(1:06.87)	(1:19.73)			
Lauran Curley F (SR)					
X 54.02Y	F # 8	Female Senior 50 Free	---	---	0.65
X 2:21.00Y	F # 20	Female Senior 100 Back	---	---	-12.81
	1:09.48	--- 2:21.00			
	(1:09.48)	--- (2:21.00)			
Kyle Da Re M (JR)					
X 1:48.78Y	F # 13	Male Senior 100 Free	---	---	-14.84
	49.98	1:48.78			
	(49.98)	(58.80)			
X 2:10.50Y DQ	F # 21	Male Senior 100 Breast	---	---	---
	59.44	2:10.50			
	(59.44)	(1:11.06)			
Drew Dalrymple M (SR)					
24.22Y	F # 7	Male Senior 50 Free	7	7	-0.19
56.34Y	F # 13	Male Senior 100 Free	6	9	-0.42
	26.26	56.34			
	(26.26)	(30.08)			
Jerry Dalrymple M (JR)					
24.84Y	F # 7	Male Senior 50 Free	10	3	0.33
1:06.61Y	F # 11	Male Senior 100 Fly	11	2	5.24
	30.49	1:06.61			
	(30.49)	(36.12)			
Joey Dealey M (FR)					
7:09.64Y	F # 15	Male Senior 500 Free	12	1	16.82
	32.60	1:10.77 1:51.62 2:35.03 3:20.45 4:06.61 4:53.92 5:41.44			
	(32.60)	(38.17) (40.85) (43.41) (45.42) (46.16) (47.31) (47.52)			
	6:27.67	7:09.64			
	(46.23)	(41.97)			
1:26.47Y	F # 21	Male Senior 100 Breast	17	---	-0.54
	39.51	1:26.47			
	(39.51)	(46.96)			
Katie Dealey F (SR)					
X 33.95Y	F # 8	Female Senior 50 Free	---	---	2.64
X 35.26Y	F # 18	200 Free Relay Lead Off	---	---	3.95

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Time	F/P/S	Event	Place	Points	Improv
Elizabeth Dwane F (SO)					
X 1:21.69Y	F # 14	Female Senior 100 Free	---	---	-1.89
	44.20	1:21.69			
	(44.20)	(37.49)			
X 1:39.16Y	F # 22	Female Senior 100 Breast	---	---	-0.86
	46.46	1:39.16			
	(46.46)	(52.70)			
Joseph Dwane M (8)					
X 42.47Y	F # 7	Male Senior 50 Free	---	---	-3.16
X 2:09.82Y	F # 21	Male Senior 100 Breast	---	---	-19.24
	57.33	2:09.82			
	(57.33)	(1:12.49)			
Theresa Dwane F (SR)					
X 31.13Y	F # 8	Female Senior 50 Free	---	---	-0.61
1:34.84Y	F # 22	Female Senior 100 Breast	20	---	2.10
	44.33	1:34.84			
	(44.33)	(50.51)			
Haley Fifield F (7)					
X 33.35Y	F # 8	Female Senior 50 Free	---	---	0.16
X 1:14.24Y	F # 14	Female Senior 100 Free	---	---	-3.51
	35.50	1:14.24			
	(35.50)	(38.74)			
X 35.52Y	F # 18	200 Free Relay Lead Off	---	---	2.33
Justin Fioramonti M (SR)					
26.32Y	F # 7	Male Senior 50 Free	17	---	-0.02
1:02.28Y	F # 13	Male Senior 100 Free	15	---	2.10
	29.26	1:02.28			
	(29.26)	(33.02)			
Mick Fioramonti M (8)					
1:29.14Y	F # 11	Male Senior 100 Fly	14	---	-9.42
	40.51	1:29.14			
	(40.51)	(48.63)			
1:19.22Y	F # 19	Male Senior 100 Back	19	---	-3.88
	38.66	1:19.22			
	(38.66)	(40.56)			
Clare Flynn F (8)					
X 41.45Y	F # 8	Female Senior 50 Free	---	---	-1.26
X 2:14.81Y	F # 22	Female Senior 100 Breast	---	---	-22.40
	1:03.24	2:14.81			
	(1:03.24)	(1:11.57)			

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Time	F/P/S	Event	Place	Points	Improv
Emily Flynn F (SO)					
35.48Y	F # 2	200 Medley Relay Lead Off	---	---	1.54
1:08.82Y	F # 12	Female Senior 100 Fly	9	4	-0.17
		29.67 1:08.82			
		(29.67) (39.15)			
1:10.70Y	F # 20	Female Senior 100 Back	8	5	-3.74
		33.65 1:10.70			
		(33.65) (37.05)			
Amelia Geary F (8)					
X 51.02Y	F # 2	200 Medley Relay Lead Off	---	---	0.12
X 36.89Y	F # 8	Female Senior 50 Free	---	---	0.13
X 1:41.16Y	F # 22	Female Senior 100 Breast	---	---	2.59
		49.35 1:41.16			
		(49.35) (51.81)			
Maggie Gibbons F (8)					
29.67Y	F # 8	Female Senior 50 Free	17	---	-0.13
1:15.88Y	F # 14	Female Senior 100 Free	24	---	5.45
		35.48 1:15.88			
		(35.48) (40.40)			
Caroline Griffin (19) F (SR)					
31.77Y	F # 2	200 Medley Relay Lead Off	---	---	2.55
2:34.72Y	F # 6	Female Senior 200 IM	10	3	7.11
		32.76 1:10.91 1:58.61 2:34.72			
		(32.76) (38.15) (47.70) (36.11)			
1:07.85Y	F # 20	Female Senior 100 Back	5	10	5.81
		32.93 1:07.85			
		(32.93) (34.92)			
Moira Haggerty F (FR)					
X 42.40Y	F # 2	200 Medley Relay Lead Off	---	---	1.25
XNS	F # 8	Female Senior 50 Free	---	---	---
XNS	F # 22	Female Senior 100 Breast	---	---	---
Orla Haggerty F (7)					
X 40.25Y	F # 8	Female Senior 50 Free	---	---	0.26
X 40.31Y	F # 18	200 Free Relay Lead Off	---	---	0.32
X 2:17.85Y	F # 22	Female Senior 100 Breast	---	---	12.94
		1:03.32 2:17.85			
		(1:03.32) (1:14.53)			
Liam Halisky M (7)					
X 42.22Y	F # 1	200 Medley Relay Lead Off	---	---	0.45
X 1:17.20Y	F # 13	Male Senior 100 Free	---	---	-0.73
		34.67 1:17.20			
		(34.67) (42.53)			
X 1:46.04Y	F # 21	Male Senior 100 Breast	---	---	2.18
		48.27 1:46.04			
		(48.27) (57.77)			

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Time	F/P/S	Event	Place	Points	Improv
Jo Hartung F (8)					
X 42.94Y	F # 8	Female Senior 50 Free	---	---	-0.41
Patrick Hartung M (FR)					
X 7:56.11Y	F # 15	Male Senior 500 Free	---	---	-153.89
	37.19	1:20.76 2:08.17 2:56.64 3:47.63 4:39.36 5:30.13 6:21.13			
	(37.19)	(43.57) (47.41) (48.47) (50.99) (51.73) (50.77) (51.00)			
	7:13.01	7:56.11			
	(51.88)	(43.10)			
X 1:34.55Y	F # 21	Male Senior 100 Breast	---	---	-14.35
	---	1:34.55			
	---	(1:34.55)			
Peter Hartung M (7)					
X 1:17.99Y	F # 1	200 Medley Relay Lead Off	---	---	---
X 41.85Y	F # 7	Male Senior 50 Free	---	---	0.25
X 2:54.95Y DQ	F # 21	Male Senior 100 Breast	---	---	---
	1:23.05	2:54.95			
	(1:23.05)	(1:31.90)			
Virginia Hartung F (JR)					
X 45.57Y	F # 2	200 Medley Relay Lead Off	---	---	0.59
X 1:21.62Y	F # 14	Female Senior 100 Free	---	---	-3.66
	36.28	1:21.62			
	(36.28)	(45.34)			
X 2:02.86Y	F # 22	Female Senior 100 Breast	---	---	6.28
	54.71	2:02.86			
	(54.71)	(1:08.15)			
Ava Hudson F (8)					
X 35.55Y	F # 2	200 Medley Relay Lead Off	---	---	-2.04
2:43.96Y	F # 4	Female Senior 200 Free	19	---	-24.26
	35.85	1:17.44 2:01.20 2:43.96			
	(35.85)	(41.59) (43.76) (42.76)			
NS	F # 16	Female Senior 500 Free	---	---	---
David Hudson M (8)					
2:20.49Y	F # 3	Male Senior 200 Free	15	---	2.66
	30.04	1:05.86 1:43.65 2:20.49			
	(30.04)	(35.82) (37.79) (36.84)			
X 1:08.90Y	F # 17	200 Free Relay Lead Off	---	---	40.35
	28.91				
	(28.91)				
1:13.95Y	F # 19	Male Senior 100 Back	14	---	-0.96
	35.29	1:13.95			
	(35.29)	(38.66)			

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Mary Catherine Hurley F (7)					
X 33.45Y	F # 8	Female Senior 50 Free	---	---	0.33
X 1:29.21Y	F # 20	Female Senior 100 Back	---	---	0.57
	42.47	---	1:29.21		
	(42.47)	---	(1:29.21)		
Liam Kellogg M (JR)					
58.19Y	F # 13	Male Senior 100 Free	11	2	1.18
	26.95	58.19			
	(26.95)	(31.24)			
24.89Y	F # 17	200 Free Relay Lead Off	---	---	0.08
1:17.67Y	F # 21	Male Senior 100 Breast	13	---	1.98
	36.00	1:17.67			
	(36.00)	(41.67)			
Seth Kellogg M (7)					
X 35.32Y	F # 7	Male Senior 50 Free	---	---	-0.47
X 1:43.34Y	F # 21	Male Senior 100 Breast	---	---	2.47
	48.49	1:43.34			
	(48.49)	(54.85)			
Teresa Kerlek F (JR)					
X 39.76Y	F # 8	Female Senior 50 Free	---	---	1.39
X 40.03Y	F # 18	200 Free Relay Lead Off	---	---	1.66
X 2:05.93Y DQ	F # 20	Female Senior 100 Back	---	---	---
	56.66	---	2:05.93		
	(56.66)	---	(2:05.93)		
Jeremy Kleb M (SR)					
1:13.12Y	F # 11	Male Senior 100 Fly	13	---	0.93
	31.05	1:13.12			
	(31.05)	(42.07)			
6:40.31Y	F # 15	Male Senior 500 Free	9	4	-14.02
	30.91	1:07.79	1:46.91	2:28.10	3:10.64
	(30.91)	(36.88)	(39.12)	(41.19)	(42.54)
					(42.97)
					(42.40)
					(42.56)
	6:01.44	6:40.31			
	(42.87)	(38.87)			
Ceili Koehr F (SO)					
X 39.16Y	F # 2	200 Medley Relay Lead Off	---	---	1.22
2:40.37Y	F # 4	Female Senior 200 Free	18	---	-3.94
	35.20	1:15.76	1:58.94	2:40.37	
	(35.20)	(40.56)	(43.18)	(41.43)	
1:21.59Y	F # 20	Female Senior 100 Back	23	---	2.94
	39.00	1:21.59			
	(39.00)	(42.59)			

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Shane Koehr M (SR)					
27.43Y	F # 1	200 Medley Relay Lead Off	---	---	-0.13
2:20.25Y	F # 5	Male Senior 200 IM	10	3	-5.13
		29.79 1:03.35 1:47.44 2:20.25			
		(29.79) (33.56) (44.09) (32.81)			
1:02.35Y	F # 19	Male Senior 100 Back	7	7	0.76
		30.11 1:02.35			
		(30.11) (32.24)			
Anne Konstany F (SR)					
2:39.25Y	F # 6	Female Senior 200 IM	14	---	-0.09
		34.42 1:16.09 2:04.40 2:39.25			
		(34.42) (41.67) (48.31) (34.85)			
6:10.32Y	F # 16	Female Senior 500 Free	8	5	4.26
		31.69 1:07.26 1:44.06 2:21.18 2:59.76 3:39.00 4:17.80 4:56.97			
		(31.69) (35.57) (36.80) (37.12) (38.58) (39.24) (38.80) (39.17)			
		5:35.25 6:10.32			
		(38.28) (35.07)			
Peter Konstany M (8)					
X 2:55.90Y	F # 5	Male Senior 200 IM	---	---	-1.98
		40.91 1:25.01 2:18.66 2:55.90			
		(40.91) (44.10) (53.65) (37.24)			
X 1:09.22Y	F # 13	Male Senior 100 Free	---	---	-3.29
		33.56 1:09.22			
		(33.56) (35.66)			
X 1:07.24Y	F # 17	200 Free Relay Lead Off	---	---	36.11
		32.58			
		(32.58)			
Catriona Linton F (SO)					
3:21.59Y	F # 6	Female Senior 200 IM	20	---	27.46
		43.06 1:35.50 --- 3:21.59			
		(43.06) (52.44) --- (3:21.59)			
7:17.11Y	F # 16	Female Senior 500 Free	13	---	42.01
		35.02 --- 1:16.66 2:00.87 --- 2:46.43 --- 3:31.92			
		(35.02) --- (1:16.66) (44.21) --- (2:46.43) --- (3:31.92)			
		4:18.32 --- 5:04.32 5:50.96 --- 6:35.10 --- 7:17.11			
		(46.40) --- (5:04.32) (46.64) --- (6:35.10) --- (7:17.11)			
Isabelle Luevano F (SO)					
2:20.18Y	F # 4	Female Senior 200 Free	12	1	1.37
		31.48 1:06.75 1:43.99 2:20.18			
		(31.48) (35.27) (37.24) (36.19)			
1:09.76Y	F # 12	Female Senior 100 Fly	11	2	-2.40
		6.44 1:09.76			
		(6.44) (1:03.32)			
28.32Y	F # 18	200 Free Relay Lead Off	---	---	1.06

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Time	F/P/S	Event	Place	Points	Improv
Nathan Luevano M (FR)					
6:14.31Y	F # 15	Male Senior 500 Free	7	7	8.13
		31.37 1:07.19 1:44.29 2:22.99 3:01.37 3:40.67 4:19.82 4:59.40			
		(31.37) (35.82) (37.10) (38.70) (38.38) (39.30) (39.15) (39.58)			
		5:38.71 6:14.31			
		(39.31) (35.60)			
1:14.24Y	F # 21	Male Senior 100 Breast	8	5	1.63
		34.90 1:14.24			
		(34.90) (39.34)			
Chris Lynch M (8)					
X 3:14.57Y	F # 5	Male Senior 200 IM	---	---	---
		41.30 1:34.70 --- 3:14.57			
		(41.30) (53.40) --- (3:14.57)			
X 8:16.94Y	F # 15	Male Senior 500 Free	---	---	-83.06
		41.35 1:28.70 2:17.99 3:09.62 4:01.29 4:55.46 5:47.87 6:40.50			
		(41.35) (47.35) (49.29) (51.63) (51.67) (54.17) (52.41) (52.63)			
		7:29.57 8:16.94			
		(49.07) (47.37)			
John McGrath M (JR)					
X 35.07Y	F # 1	200 Medley Relay Lead Off	---	---	---
2:14.41Y	F # 3	Male Senior 200 Free	10	3	-5.81
		29.42 1:03.12 1:39.09 2:14.41			
		(29.42) (33.70) (35.97) (35.32)			
X 6:25.75Y	F # 15	Male Senior 500 Free	---	---	---
		31.29 1:08.47 1:46.75 2:27.09 3:06.87 3:47.99 4:28.25 5:09.69			
		(31.29) (37.18) (38.28) (40.34) (39.78) (41.12) (40.26) (41.44)			
		5:50.12 6:25.75			
		(40.43) (35.63)			
Michael McGrath M (8)					
X 1:17.14Y	F # 13	Male Senior 100 Free	---	---	-1.75
		36.52 1:17.14			
		(36.52) (40.62)			
X 2:04.12Y	F # 21	Male Senior 100 Breast	---	---	-21.95
		--- 2:04.12			
		--- (2:04.12)			
Elena Morano F (SR)					
X 39.08Y	F # 8	Female Senior 50 Free	---	---	-1.21
1:34.65Y	F # 14	Female Senior 100 Free	28	---	-5.11
		42.55 1:34.65			
		(42.55) (52.10)			
Kathleen O'Malley F (SR)					
29.18Y	F # 8	Female Senior 50 Free	16	---	0.49
1:07.98Y	F # 14	Female Senior 100 Free	18	---	2.32
		32.30 1:07.98			
		(32.30) (35.68)			

Seton Swimming

Individual Meet Results

2020 NoVa Catholic Invitational Championship 11-Jan-20 Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Mary O'Malley F (SO)					
X 35.29Y	F # 2	200 Medley Relay Lead Off	---	---	-7.15
2:26.62Y	F # 4	Female Senior 200 Free	14	---	2.26
		31.89 1:08.18 1:47.26 2:26.62			
		(31.89) (36.29) (39.08) (39.36)			
1:21.50Y	F # 20	Female Senior 100 Back	22	---	2.09
		38.94 1:21.50			
		(38.94) (42.56)			
Shannon O'Malley F (7)					
X 33.64Y	F # 8	Female Senior 50 Free	---	---	0.06
X 34.77Y	F # 18	200 Free Relay Lead Off	---	---	1.19
X 1:22.66Y DQ	F # 20	Female Senior 100 Back	---	---	---
		38.56 1:22.66			
		(38.56) (44.10)			
Lucy Pennefather F (7)					
X 3:10.80Y	F # 6	Female Senior 200 IM	---	---	---
		44.61 1:35.76 2:30.85 3:10.80			
		(44.61) (51.15) (55.09) (39.95)			
XNS	F # 20	Female Senior 100 Back	---	---	---
Mary Pennefather F (FR)					
26.38Y	F # 8	Female Senior 50 Free	2	13	0.17
		26.38 26.38			
		(26.38) (0.00)			
1:23.37Y	F # 22	Female Senior 100 Breast	10	3	0.50
		38.55 1:23.37			
		(38.55) (44.82)			
Cate Waldron F (8)					
X 54.91Y	F # 2	200 Medley Relay Lead Off	---	---	---
X 1:35.84Y	F # 14	Female Senior 100 Free	---	---	2.89
		41.94 1:35.84			
		(41.94) (53.90)			
X 1:54.73Y	F # 22	Female Senior 100 Breast	---	---	-3.04
		52.69 1:54.73			
		(52.69) (1:02.04)			
Mary Clare Waldron F (SO)					
X 3:07.40Y	F # 6	Female Senior 200 IM	---	---	---
		37.68 1:28.22 --- 3:07.40			
		(37.68) (50.54) --- (3:07.40)			
31.51Y	F # 18	200 Free Relay Lead Off	---	---	0.14
1:24.98Y	F # 22	Female Senior 100 Breast	12	1	0.23
		39.37 1:24.98			
		(39.37) (45.61)			

Seton Swimming

Individual Meet Results

2020 NoVa Catholic Invitational Championship 11-Jan-20 Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Rose Waldron F (7)					
X 1:30.16Y	F # 14	Female Senior 100 Free	---	---	0.90
	36.98	1:30.16			
	(36.98)	(53.18)			
X 1:45.21Y	F # 20	Female Senior 100 Back	---	---	4.33
	50.51	--- 1:45.21			
	(50.51)	--- (1:45.21)			
Evan Wilson M (JR)					
30.07Y	F # 1	200 Medley Relay Lead Off	---	---	0.19
2:34.87Y	F # 5	Male Senior 200 IM	13	---	6.17
	32.33	1:10.97 1:57.41 2:34.87			
	(32.33)	(38.64) (46.44) (37.46)			
1:07.37Y	F # 19	Male Senior 100 Back	12	1	1.75
	31.75	1:07.37			
	(31.75)	(35.62)			
1:02.71Y	F # 23	400 Free Relay Lead Off	---	---	4.32
	28.80				
	(28.80)				
Joe Wilson M (FR)					
1:02.71Y	F # 11	Male Senior 100 Fly	6	9	0.01
	28.49	1:02.71			
	(28.49)	(34.22)			
6:21.16Y	F # 15	Male Senior 500 Free	8	5	-4.85
	30.38	1:05.95 1:43.73 2:23.34 3:03.39 3:44.18 4:24.82 5:06.21			
	(30.38)	(35.57) (37.78) (39.61) (40.05) (40.79) (40.64) (41.39)			
	5:44.29	6:21.16			
	(38.08)	(36.87)			
Max Wilson M (7)					
X 35.52Y	F # 1	200 Medley Relay Lead Off	---	---	0.40
X 31.27Y	F # 7	Male Senior 50 Free	---	---	-0.58
X 1:11.53Y	F # 13	Male Senior 100 Free	---	---	-1.65
	33.18	1:11.53			
	(33.18)	(38.35)			
Madelyn Zadnik F (8)					
1:11.40Y	F # 14	Female Senior 100 Free	22	---	-0.37
	32.92	1:11.40			
	(32.92)	(38.48)			
X 1:35.90Y	F # 22	Female Senior 100 Breast	---	---	-1.61
	45.16	1:35.90			
	(45.16)	(50.74)			

Seton Swimming

Individual Meet Results

2020 NoVa Catholic Invitational Championship 11-Jan-20 Yards
Location: Freedom Aquatic and Fitness Center
Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Sophia Zadnik F (SO)					
X 2:59.41Y	F # 6	Female Senior 200 IM	---	---	-5.84
	37.25	1:24.72 2:15.78 2:59.41			
	(37.25)	(47.47) (51.06) (43.63)			
1:22.00Y	F # 12	Female Senior 100 Fly	16	---	-1.02
	38.14	1:22.00			
	(38.14)	(43.86)			