

2020 NoVa Catholic Invitational Championship - 1/11/2020

Psych Sheet

#1 Boys 200 Yard Medley Relay

NoVa Cath: 1:38.75 2013 Bishop O'Connell
C Chamness, D Tucker, C Tiernan, C Outlaw

Nath Cath QT: 1:46.50
VISAA QT: 1:57.18

Team	Relay	Seed Time
1 PVI	A	1:45.95
Owen, Ryan IR	Johnson, Matthew FR	
Greco, Clement SR	Manley, Adam FR	
2 DJO-PV	A	1:46.82
Mullen, Brendan SO	Carpenter, Kaden FR	
Mullen, William SR	Sullivan, John SR	
3 JP-VA	A	1:46.84
Salvatori, Michael SR	Doty, Jack JR	
Bolz, Andrew FR	Talavera, JP SR	
4 DJO-PV	B	1:51.28
Carchia, Michael SR	Lentine, Tyler JR	
Krauss, Ryan SO	Ienzi, Joseph SR	
5 SST	A	1:51.37
Koehr, Shane SR	Alsop, Jacob SR	
Dalrymple, Jerry JR	Dalrymple, Drew SR	
6 BI-VA	A	1:51.38
Nethery, Ben JR	Harrison, Connor	
Paradise, Calvin FR	McNutt, Connor	
7 SST	B	1:55.19
Wilson, Evan IR	Luevano, Nathan FR	
Wilson, Joe FR	Arnold, Joey SR	
8 BCP	A	1:55.33
Owens, Ty SR	Devries, Reese SR	
Gwyer, Henry SO	Williamson, Charlie JR	
9 DJO-PV	C	X1:55.49
Carchia, Kevin SO	Milligan, James FR	
Boboltz, Daniel SR	Lindley, Ryan SO	
10 JP-VA	B	1:55.59
Williams, Charlie FR	Hopkins, Liam SO	
Ong, Marcus SO	Haddock, Lucas SR	
11 DJO-PV	D	X1:58.50
Ogletree, Ben FR	Hardenburgh, James SO	
Piland, James FR	Robison, Ryan JR	
12 DJO-PV	E	X2:02.50
Bailey, Daniel SR	Tribble, Max FR	
Kinsella, Chris FR	Sullivan, Thomas SO	
13 DJO-PV	F	X2:03.65
Mecklev, Blaise FR	Troy, Collin SO	
Love, Connor FR	Knauf, Corey SR	
14 DJO-PV	G	X2:09.60
Babka, Zach FR	Holland, Sid SR	
Velarde, Edward SO	Sweet, Liam JR	
15 JP-VA	C	X2:22.00
Collins, Jacob SO	Kreitzer, Alex SR	
Newbold, Lane SO	Raffier, Ben SR	
16 SST	C	X2:22.00
McGrath, John IR	Fioramonti, Mick 8	
Brox, JJ FR	Arnold, Chris 7	
17 SST	D	X2:24.00
Wilson, Max 7	Hartung, Patrick FR	
Hudson, David 8	Kellogg, Seth 7	
18 SST	E	X2:26.00
Halisky, Liam 7	McGrath, Michael 8	
Dealey, Joey FR	Bishop, Aaron 8	
19 SST	F	X2:28.00
Tolentino, Dominick SR	Lynch, Chris 8	
Beltran, Ryan 8	Hartung, Peter 7	

20 SST G X2:30.00

Albin, Jed 8 Brox, Michael 7
 Konstanty, Peter 8 Dwane, Joseph 8

21 BI-VA B NT

Grauvogel, Iohannes Noone, AJ FR
 McCarthy, Jack SO Smith, Jonah JR

22 PVI B NT

Vannell, Morgan FR Paquette, Frank SR
 Shervanick, Sam SO Chugh, Kabir FR

23 BCP B NT

Craig, Tyler SO Fox, Joseph SO
 Kennedy, DJ FR Macholz, Ryan SO

24 PVI C XNT

Marsh, Jeremy SR Winkert, Patrick FR
 Herrera, Nick JR Frucht, Mark JR

#2 Girls 200 Yard Medley Relay

NoVa Cath: 1:53.08 2017 Bishop Ireton Swim and
L Abbed, A Shumate, E Klein, C McGuckin

Nath Cath QT: 2:06.49
VISAA QT: 2:15.36

Team	Relay	Seed Time
1 DJO-PV	A	1:52.88
Blanton, Reilly IR	Leonard, Ellie FR	
Bailey, Kate SO	St. Pierre, Kaitlin FR	
2 BI-VA	A	1:59.03
Rier, Ella FR	Obioha, Bella SO	
Pickard, Audrey	Nguyen, Angelyn JR	
3 PVI	A	1:59.68
Murphy, Caroline FR	Kirby, Ashley FR	
Brown, Laney JR	Mont, Keara SO	
4 SGHS	A	2:00.14
Upchurch, Vivian SO	Czaja, Emily JR	
Sproull, Molly SO	Palmer, Madeline SR	
5 DJO-PV	B	2:02.24
McNamara, Claire SR	Brinkmann, Tess JR	
Leonard, Patricia FR	Hall, Paige SO	
6 JP-VA	A	2:03.99
Flores, Angelea FR	Roder, Mia FR	
Garvey, Lucia SO	Hopkins, Sarah SR	
7 SST	A	2:04.11
Griffin, Caroline SR	Konstanty, Anne SR	
Luevano, Isabelle SO	Pennefather, Mary FR	
8 OAK	A	2:08.45
Manlev, Caitlin IR	Myers, Emma SR	
Smalera, Frances 8	Adams, Abby SO	
9 DJO-PV	C	X2:09.38
Parfomak, Sofia FR	David, Sarah SR	
Buswell, Piper FR	Ogletree, Lizzie FR	
10 JP-VA	B	2:10.00
Williams, Fiona JR	Koler, Jillian SO	
Guterrez, Ana Sophia SO	Zobel, Alexandra FR	
11 DJO-PV	D	X2:12.17
Kinsella, Abby SR	Phan, Victoria JR	
Williams, Madeleine JR	Bacon, Meredith SR	
12 SST	B	2:15.17
Flvnn, Emily SO	Waldron, Clare SO	
Bingham, Teresa SO	O'Malley, Kathleen SR	
13 SGHS	B	2:15.19
Shropshire, Taylor FR	Liverman, Maggie SR	
Funk, Erin SO	Hess, Sarah SR	
14 DJO-PV	E	X2:17.26
Babka, Claire FR	Glynn, Katherine SR	
Owens, Drew SO	Gibson, Colby SO	

15 SST C X2:20.00

O'Malley, Mary SO Albin, Katie SR
 Byers, Lily SO Pennefather, Lucy 7

16 SST D X2:22.00

Koehr, Ceili SO Zadnik, Madelyn 8
 Gibbons, Maggie 8 Dwane, Theresa SR

17 DJO-PV F X2:23.84

McConville, Marv FR Songer, Mary Grace FR
 Thompson, Caitlin SR Mahon, Alana SO

18 SST E X2:27.00

Haggerty, Moira FR O'Malley, Shannon 7
 Zadnik, Sophia SO Bingham, Lucia 7

19 SST F X2:28.00

Dealev, Katie SR Atkinson, Julia 8
 Dwane, Elizabeth SO Hartung, Virginia JR

20 DJO-PV G X2:28.41

Williams, Elise IR Gaskis, Audrey JR
 Mata-Rivas, Brianna SR Burch, Natalie JR

21 OAK D X2:28.79

Barvick, Irene 7 Mochen, Catherine 7
 James, Helen 7 McCarey, Jessica 7

22 SST G X2:29.00

Hudson, Ava 8 Brox, Elodie 7
 Hurley, Mary Catherine 7 Kerlek, Teresa JR

23 SST H X2:30.00

Given, Maddie SO Blanchette, Meg 7
 Fifield, Haley 7 Waldron, Cate 8

24 SGHS C X2:30.18

Mudd, Mary-Finan SO Pristas, Ali SR
 Copeland, Corie SO Anderegg, Maddie JR

25 SST I X2:31.00

Gearv, Amelia 8 Catabui, Emma SO
 Haggerty, Rose 7 Haggerty, Orla 7

26 BI-VA B NT

Sabatini, Iuliana SO Cremer, Lauren
 Heilbrun, Emme Cate SO Noone, Ally JR

27 PVI B NT

Florit, Alexis FR Nguyen, Jamie FR
 Bertoldo, Sofia FR Florit, Adrianna SO

28 OAK B NT

Meunier, Cecelia FR Schroder, Ashley SO
 Sygal, Elizabeth JR Burke, Zoe FR

29 BI-VA C XNT

Pickard, Sophie Fleming, Sarah FR
 Ferguson, Elizabeth FR Jones, Ana FR

30 PVI C XNT

Williams, Caroline SR Gegg, Avery SO
 Winkert, Ally SR Novinger, Ann FR

31 OAK C XNT

Talavera, Maite IR Vogler, Kate FR
 McDonnell, Grace SO Ferguson, Rose JR

#3 Boys 200 Yard Freestyle

NoVa Cath: 1:45.81 2014 David Herbert
Nath Cath QT: 1:57.50
VISAA QT: 2:01.47

Name	Yr School	Seed Time
1 Mullen, William	SR DJO-PV	1:47.03
2 Bolz, Andrew	FR JP-VA	1:52.25
3 Owens, Ty	SR BCP	1:57.74
4 Manley, Adam	FR PVI	2:03.25
5 Williams, Charlie	FR JP-VA	2:04.00
6 Krauss, Ryan	SO DJO-PV	2:04.20
7 Lobaugh, Peter	SR DJO-PV	2:04.87

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#3 ... (Boys 200 Yard Freestyle)			8 Hopkins, Liam	SO JP-VA	2:20.00	13 Lindley, Ryan	SO DJO-PV	24.84
8 Alsup, Jacob	SR SST	2:07.51	9 Carchia, Kevin	SO DJO-PV	2:20.09	14 Alsup, Jacob	SR SST	24.85
9 Kinsella, Chris	FR DJO-PV	2:08.41	10 Piland, James	FR DJO-PV	2:21.25	15 Hardenburgh, James	SO DJO-PV	X25.03
10 Sullivan, Thomas	SO DJO-PV	X2:16.25	11 Koehr, Shane	SR SST	2:25.38	16 Frucht, Mark	JR PVI	X25.22
11 Arnold, Joey	SR SST	2:17.47	12 Wilson, Evan	JR SST	2:28.70	17 Pin, Gavin	JR DJO-PV	X25.37
12 Hudson, David	8 SST	2:17.83	13 Ceol, Christian	SR SST	2:33.35	18 Paquette, Frank	SR PVI	X25.56
13 Kintz, John Paul	SO JP-VA	2:18.18	14 Brox, JJ	FR SST	2:39.64	19 Herrera, Nick	JR PVI	X25.80
14 Love, Connor	FR DJO-PV	X2:18.40	15 Bruzzini, Matthew	JR JP-VA	2:40.00	20 Elliott, Zach	SR JP-VA	26.22
15 Kintz, Nathaniel	SR JP-VA	2:20.00	16 Craig, Tyler	SO BCP	2:43.71	21 Ong, Marcus	SO JP-VA	26.25
16 McGrath, John	JR SST	2:20.22	17 Kennedy, DJ	FR BCP	2:45.16	22 Perry, Travis	SO PVI	X26.50
17 Robison, Ryan	JR DJO-PV	X2:22.35	18 Konstanty, Peter	8 SST	X2:57.88	23 Deavers, Dylan	BI-VA	26.94
18 Milligan, James	FR DJO-PV	X2:23.60	19 Beltran, Ryan	8 SST	X3:00.00	24 Harrison, Connor	BI-VA	26.95
19 Duren, Jack	FR PVI	2:26.51	20 Lynch, Chris	8 SST	X3:10.00	25 Loesel, Thomas	FR JP-VA	X27.07
20 Williamson, Charlie	JR BCP	2:27.76	#6 Girls 200 Yard IM			26 Shervanick, Sam	SO PVI	X27.16
21 Newbold, Lane	SO JP-VA	X2:30.00	NoVA Cath: 2:11.74 2011 Emma Merrill			27 Nguyen, Lex	SO PVI	X27.29
22 Philippart, Ben	SO PVI	2:31.14	Nath Cath QT: 2:35.00			28 Burgos, Nick	JR PVI	X27.73
23 Shiker, Nicholas	SO DJO-PV	X2:31.59	VISAA QT: 2:30.91			29 Mahoney, Sean	FR PVI	X27.78
24 Deavers, Dylan	BI-VA	2:37.20	Name	Yr School	Seed Time	30 Velarde, Edward	SO DJO-PV	X27.81
25 Schulman, Peter	JR BI-VA	3:02.12	1 Bailey, Kate	SO DJO-PV	2:12.86	31 McNutt, Connor	BI-VA	27.90
26 McCarthy, Jack	SO BI-VA	NT	2 Leonard, Ellie	FR DJO-PV	2:18.64	32 Wilson, Gabe	FR PVI	X28.23
#4 Girls 200 Yard Freestyle			3 Foley, Abigail	FR PVI	2:19.56	33 Beaulieu, Zakk	JR DJO-PV	X28.40
NoVA Cath: 1:53.16 2016 Madelyn Donohoe			4 Brown, Laney	JR PVI	2:26.77	34 Kreitzer, Alex	SR JP-VA	X28.47
Nath Cath QT: 2:15.50			5 Griffin, Caroline	SR SST	2:27.61	35 McConnon, Aidan	BI-VA	28.54
VISAA QT: 2:13.44			6 Buswell, Piper	FR DJO-PV	2:28.41	36 Raffier, Ben	SR JP-VA	X28.69
Name	Yr School	Seed Time	7 Nguyen, Angelyn	JR BI-VA	2:28.86	37 Winkert, Patrick	FR PVI	X28.82
1 Derasmo, Kelly	SR PVI	1:59.40	8 Vannell, Emma	JR PVI	2:30.86	38 Anderson, Ryan	SR DJO-PV	X28.89
2 Foley, Reagan	SR PVI	2:07.03	9 Daniel, Isabella	JR JP-VA	2:32.00	39 Viani, Devan	SR DJO-PV	X28.90
3 Murphy, Caroline	FR PVI	2:07.08	10 Manley, Caitlin	JR OAK	2:33.83	40 Smith, Jonah	JR BI-VA	X29.09
4 Blanton, Reilly	JR DJO-PV	2:07.25	11 Upchurch, Vivian	SO SGHS	2:38.57	41 Marsh, Jeremy	SR PVI	X29.09
5 Flores, Angelea	FR JP-VA	2:10.00	12 Konstanty, Anne	SR SST	2:39.34	42 Trinidad, Noah	SO PVI	X29.09
6 Keegan, Alissa	SR DJO-PV	2:12.01	13 Zoebel, Alexandra	FR JP-VA	2:40.00	43 O'Connell, James	SR PVI	X29.15
7 Nassetta, Avery	SO DJO-PV	2:14.12	14 Bingham, Teresa	SO SST	2:42.35	44 Alex, Chris	SO PVI	X29.16
8 Hopkins, Sarah	SR JP-VA	2:15.00	15 Chawk, Siobhan	JR BI-VA	2:42.89	45 Avart, Will	SO DJO-PV	X29.41
9 Garvey, Lucia	SO JP-VA	2:16.00	16 Brinkmann, Tess	JR DJO-PV	2:43.12	46 Sullivan, Matthew	FR DJO-PV	X29.56
10 Dodson, Elie	FR PVI	2:16.55	17 Mata-Rivas, Brianna	SR DJO-PV	X2:48.95	47 Walker, Sam	SR DJO-PV	X29.63
11 Foley, Hannah	JR PVI	X2:17.16	18 Ferguson, Elizabeth	FR BI-VA	2:49.00	48 Huffman, Noah	FR PVI	X29.79
12 Bacon, Meredith	SR DJO-PV	2:18.25	19 Linton, Cat	SO SST	2:54.13	49 Burset, Miguel	FR JP-VA	X29.87
13 Luevano, Isabelle	SO SST	2:18.81	20 Meunier, Cecelia	FR OAK	2:58.45	50 Collins, Jacob	SO JP-VA	X30.16
14 Nguyen, Gabby	FR BI-VA	2:20.56	21 Waldron, Clare	SO SST	X3:00.00	51 Sumrell, Nicholas	SO DJO-PV	X30.19
15 O'Malley, Mary	SO SST	2:24.36	22 Pennefather, Lucy	7 SST	X3:00.00	52 Fox, Joseph	SO BCP	30.52
16 McDonnell, Grace	SO OAK	2:37.60	23 Zadnik, Sophia	SO SST	X3:05.25	53 Day, Jack	SR DJO-PV	X30.53
17 Talavera, Maite	JR OAK	2:42.97	24 Rier, Ella	FR BI-VA	NT	54 Barker, James	BI-VA	X30.75
18 Koehr, Ceili	SO SST	2:44.31	25 Bertoldo, Sofia	FR PVI	NT	55 Huertas, Christopher	FR BI-VA	X31.40
19 O'Brien, Caroline	BI-VA	2:47.91	#7 Boys 50 Yard Freestyle			56 Wilson, Max	7 SST	X31.85
20 Hudson, Ava	8 SST	3:08.22	NoVA Cath: 21.41 2015 Townley Haas			57 Verboom, Bo	FR BI-VA	X31.97
21 Ferguson, Rose	JR OAK	3:09.62	Nath Cath QT: 24.50			58 Griffith, Christian	SO DJO-PV	X32.88
22 Obioha, Bella	SO BI-VA	NT	VISAA QT: 24.28			59 Tolentino, Dominick	SR SST	33.13
#5 Boys 200 Yard IM			Name	Yr School	Seed Time	60 Quarry, Matthew	FR PVI	X33.64
NoVA Cath: 1:58.66 2018 Paul Kinsella			1 Ryu, Han	SR PVI	22.58	61 Wu, Tyler	FR PVI	X33.72
Nath Cath QT: 2:14.00			2 O'Toole, Owen	FR PVI	23.37	62 Albin, Jed	8 SST	X35.06
VISAA QT: 2:18.04			3 Ienzi, Joseph	SR DJO-PV	23.68	63 Tafuri, Daniel	FR DJO-PV	X35.22
Name	Yr School	Seed Time	4 Sullivan, John	SR DJO-PV	23.94	64 Himes, Brendon	SR DJO-PV	X35.47
1 Salvatori, Michael	SR JP-VA	1:58.69	5 Doty, Jack	JR JP-VA	24.00	65 Kellogg, Seth	7 SST	X35.79
2 Johnson, Matthew	FR PVI	2:03.72	6 Talavera, JP	SR JP-VA	24.19	66 Adger, Edan	BI-VA	X37.00
3 Mullen, Brendan	SO DJO-PV	2:05.16	7 Ruyle, Ryan	SO PVI	24.20	67 Hartung, Peter	7 SST	X41.60
4 Lentine, Tyler	JR DJO-PV	2:05.78	8 Gwyer, Henry	SO BCP	24.30	68 Bailey, Ethan	FR DJO-PV	X44.97
5 Gwyer, Henry	SO BCP	2:06.13	9 Chugh, Kabir	FR PVI	24.36	69 Dwane, Joseph	8 SST	X45.63
6 Paradise, Calvin	FR BI-VA	2:10.86	10 Dalrymple, Drew	SR SST	24.41	70 Aguilar, Victor	SO BCP	1:02.31
7 Vannell, Morgan	FR PVI	2:18.68	11 Dalrymple, Jerry	JR SST	24.51			
			12 Lindley, Nate	SR DJO-PV	24.81			

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#8 Girls 50 Yard Freestyle

NoVA Cath:	24.40	2018	Paige Hall
Nath Cath QT:	28.50		
VISAA QT:	26.96		
Name	Yr	School	Seed Time
1 Leonard, Patricia	FR	DJO-PV	25.96
2 Pennefather, Mary	FR	SST	26.21
3 St. Pierre, Kaitlin	FR	DJO-PV	26.82
4 Mont, Keara	SO	PVI	26.93
5 Nassetta, Avery	SO	DJO-PV	27.19
6 Burns, Katie	SO	DJO-PV	27.25
7 Kirby, Ashley	FR	PVI	27.41
8 Pickard, Audrey		BI-VA	27.70
9 Roder, Mia	FR	JP-VA	27.80
10 Florit, Adrianna	SO	PVI	27.93
11 Adams, Abby	SO	OAK	28.38
12 O'Malley, Kathleen	SR	SST	28.69
13 Koler, Jillian	SO	JP-VA	28.81
14 Florit, Alexis	FR	PVI	28.90
15 Moore, Raley	SR	JP-VA	29.09
16 Jones, Ana	FR	BI-VA	29.30
17 Noone, Ally	JR	BI-VA	29.36
18 Czaja, Emily	JR	SGHS	29.41
19 Gibbons, Maggie		8 SST	29.80
20 Witter, Alania	SO	SGHS	30.29
21 Albin, Katie	SR	SST	30.31
22 Anderegg, Maddie	JR	SGHS	X30.36
23 Weina, Virginia	FR	JP-VA	30.41
24 Owens, Drew	SO	DJO-PV	X30.72
25 Williams, Caroline	SR	PVI	X30.74
26 Mule, Annie	SO	BI-VA	X30.80
27 Burke, Zoe	FR	OAK	30.86
28 Mahon, Alana	SO	DJO-PV	X30.90
29 Novinger, Ann	FR	PVI	X30.98
30 Gegg, Avery	SO	PVI	X31.14
31 Palmer, Madeline	SR	SGHS	31.18
32 Bolton, Olivia	SR	PVI	X31.45
33 Barvick, Irene		7 OAK	X31.68
34 Dwane, Theresa	SR	SST	X31.74
35 Lobaugh, Lucy	FR	DJO-PV	X31.75
36 Wright, Grace	SO	PVI	X31.84
37 Boyle, Catrina		BI-VA	X31.88
38 Porter, Aman Aine		BI-VA	X31.94
39 Winkert, Ally	SR	PVI	X32.32
40 Guterrez, Ana	FR	JP-VA	X32.37
41 Hess, Sarah	SR	SGHS	32.43
42 Irons, Catherine	SR	PVI	X32.46
43 Ferguson, Rose	JR	OAK	32.75
44 Haggerty, Moira	FR	SST	X32.88
45 Dealey, Katie	SR	SST	X33.04
46 Gaskis, Audrey	JR	DJO-PV	X33.06
47 Roza, Valentina	FR	DJO-PV	X33.08
48 Hurley, Mary Catherine		7 SST	X33.12
49 Irons, Maria	SO	PVI	X33.17
50 Fifield, Haley		7 SST	X33.19
51 Reider, Sophie		BI-VA	X33.47
52 Wheatley, Caroline	SO	PVI	X33.55
53 O'Malley, Shannon		7 SST	X33.58
54 Pristas, Ali	SR	SGHS	X33.66
55 Ludwig, Ainsley	SR	JP-VA	X33.78
56 Bernero, Lily	SR	DJO-PV	X33.78

57 Liverman, Maggie	SR	SGHS	X33.82
58 Brox, Elodie		7 SST	X33.91
59 Thompson, Caitlin	SR	DJO-PV	X33.94
60 Williams, Elise	JR	DJO-PV	X34.06
61 Galindo, Antonella		BI-VA	X34.31
62 Mateo, Maria	SO	BI-VA	X34.44
63 Holbrook, Roya	JR	DJO-PV	X34.50
64 Vogler, Kate	FR	OAK	34.59
65 Smith, Ella	JR	BI-VA	34.68
66 Atkinson, Julia		8 SST	X34.90
67 McCarey, Jessica		7 OAK	X35.69
68 Zakhem, Maria	JR	BI-VA	X36.05
69 Shropshire, Taylor	FR	SGHS	X36.34
70 Geary, Amelia		8 SST	X36.76
71 Fletcher, Leigh	FR	DJO-PV	X37.34
72 Benyam, Maya	JR	DJO-PV	X37.66
73 Erkmann, Ari	JR	DJO-PV	X38.15
74 Kent, Aileen	FR	DJO-PV	X38.25
75 Kerlek, Teresa	JR	SST	X38.37
76 Mochen, Catherine		7 OAK	X38.75
77 Heuschel, Megan	FR	DJO-PV	X38.83
78 Ries, Shannon	SR	JP-VA	X38.98
79 Blanchette, Meg		7 SST	X39.02
80 Funk, Erin	SO	SGHS	X39.50
81 Haggerty, Orla		7 SST	X39.99
82 Morano, Elena	SR	SST	X40.29
83 Diller, Bethany		7 OAK	X42.13
84 Flynn, Clare		8 SST	X42.71
85 King, Caitlin	SO	SGHS	X43.17
86 Hartung, Jo		8 SST	X43.35
87 Coulon, Connelly	FR	DJO-PV	X48.22
88 Kelly, Vivian		7 OAK	X49.01
89 Curley, Laurant	SR	SST	X53.37
90 Rier, Ella	FR	BI-VA	NT
91 Mull, Mary Kate	FR	BI-VA	XNT
92 Montgomery, Sophia	SO	DJO-PV	XNT

#9 Boys 1 mtr Diving

NoVA Cath:	241.85	2014	Jack Gigliotti
Nath Cath QT:			
VISAA QT:			
Name	Yr	School	Seed Time
1 Glass, Reilly	SR	PVI	168.75
2 Provost, Mark	SR	PVI	135.30
3 Brandow, James	SO	PVI	132.30
4 Nixon, Joseph	FR	DJO-PV	128.40

#10 Girls 1 mtr Diving

NoVA Cath:	212.50	2018	Sarah Gurley
Nath Cath QT:			
VISAA QT:			
Name	Yr	School	Seed Time
1 Gurley, Sarah	SR	PVI	283.45
2 Brooks, Abigail	SR	DJO-PV	186.70
3 Nolen, Rowan	SO	DJO-PV	183.15
4 Crum, Grace	FR	PVI	154.85
5 Webb, Emma	FR	DJO-PV	152.85
6 Ballard, Keaton	SR	DJO-PV	143.00
7 Myers, Mackenzie	SO	PVI	101.65
8 Jones, Ana	FR	BI-VA	NP
9 Fleming, Sarah	FR	BI-VA	NP
10 Leopold, Claire		BI-VA	NP
11 Brandow, Lindsay	SR	PVI	NP

#11 Boys 100 Yard Butterfly

NoVA Cath:	53.32	2014	Andrew Dunne
Nath Cath QT:	58.50		
VISAA QT:	1:01.02		
Name	Yr	School	Seed Time
1 Greco, Clement	SR	PVI	59.09
2 Nethery, Ben	JR	BI-VA	59.97
3 Krauss, Ryan	SO	DJO-PV	1:00.97
4 Owens, Ty	SR	BCP	1:01.02
5 Dalrymple, Jerry	JR	SST	1:01.37
6 Piland, James	FR	DJO-PV	1:01.41
7 Ong, Marcus	SO	JP-VA	1:01.54
8 Wilson, Joe	FR	SST	1:02.70
9 Williams, Charlie	FR	JP-VA	1:03.66
10 Boboltz, Daniel	SR	DJO-PV	1:04.07
11 Kinsella, Chris	FR	DJO-PV	1:05.24
12 Shervanick, Sam	SO	PVI	1:08.98
13 McNutt, Connor		BI-VA	1:11.84
14 Kleb, Jeremy	SR	SST	1:12.19
15 Fioramonti, Mick		8 SST	1:38.56
16 O'Byrne, Conor	SO	PVI	NT
17 Champney, Jack		8 SST	XNT

#12 Girls 100 Yard Butterfly

NoVA Cath:	59.06	2011	Emma Merrill
Nath Cath QT:	1:10.50		
VISAA QT:	1:07.49		
Name	Yr	School	Seed Time
1 Bailey, Kate	SO	DJO-PV	58.42
2 Derasmo, Kelly	SR	PVI	1:02.03
3 Murphy, Caroline	FR	PVI	1:03.59
4 Brown, Laney	JR	PVI	1:05.10
5 Vannell, Emma	JR	PVI	1:06.41
6 Williams, Madeleine	JR	DJO-PV	1:08.25
7 Pickard, Audrey		BI-VA	1:08.26
8 McNamara, Claire	SR	DJO-PV	1:08.40
9 Burns, Katie	SO	DJO-PV	1:08.75
10 Flynn, Emily	SO	SST	1:08.99
11 Heilbrun, Emme Cate	SO	BI-VA	1:09.44
12 Nguyen, Jamie	FR	PVI	X1:10.60
13 Luevano, Isabelle	SO	SST	1:12.16
14 Stiles, Brenna	FR	BI-VA	1:13.90
15 Garvey, Lucia	SO	JP-VA	1:14.00
16 Sproull, Molly	SO	SGHS	1:14.06
17 Bertoldo, Sofia	FR	PVI	X1:17.09
18 Sypal, Elizabeth	JR	OAK	1:20.16
19 James, Helen		7 OAK	X1:20.34
20 Byers, Lily	SO	SST	1:20.67
21 Zadnik, Sophia	SO	SST	1:23.02
22 Curry, Kara		BI-VA	NT

#13 Boys 100 Yard Freestyle

NoVA Cath:	47.73	2019	Paul Kinsella
Nath Cath QT:	53.00		
VISAA QT:	53.19		
Name	Yr	School	Seed Time
1 Ryu, Han	SR	PVI	51.65
2 Lobaugh, Peter	SR	DJO-PV	53.50
3 Ienzi, Joseph	SR	DJO-PV	53.94
4 Doty, Jack	JR	JP-VA	54.33
5 Hopkins, Liam	SO	JP-VA	55.44
6 Lindley, Nate	SR	DJO-PV	55.47

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#13 ... (Boys 100 Yard Freestyle)

7	Bailey, Daniel	SR DJO-PV	X56.22
8	Carchia, Michael	SR DJO-PV	56.28
9	Dalrymple, Drew	SR SST	56.76
10	Kellogg, Liam	JR SST	57.01
11	Chugh, Kabir	FR PVI	57.48
12	Hardenburgh, James	SO DJO-PV	X58.06
13	Haddock, Lucas	SR JP-VA	58.13
14	Ceol, Christian	SR SST	58.19
15	Platt, Joseph	SR JP-VA	58.44
16	Elliott, Zach	SR JP-VA	X58.45
17	Kintz, John Paul	SO JP-VA	X59.03
18	Loesel, Thomas	FR JP-VA	X59.29
19	Herrera, Nick	JR PVI	59.38
20	Sullivan, Thomas	SO DJO-PV	X59.53
21	Robison, Ryan	JR DJO-PV	X1:00.10
22	Arnold, Joey	SR SST	1:00.20
23	Knauf, Corey	SR DJO-PV	X1:00.22
24	Frucht, Mark	JR PVI	1:00.36
25	Kintz, Nathaniel	SR JP-VA	X1:01.03
26	Perry, Travis	SO PVI	X1:02.45
27	Raffier, Ben	SR JP-VA	X1:03.21
28	Kreitzer, Alex	SR JP-VA	X1:04.00
29	Trible, Max	FR DJO-PV	X1:05.30
30	Pin, Gavin	JR DJO-PV	X1:05.32
31	Bruzzini, Matthew	JR JP-VA	X1:05.40
32	Noone, AJ	FR BI-VA	1:05.59
33	Burgos, Nick	JR PVI	X1:05.87
34	Sweet, Liam	JR DJO-PV	X1:06.72
35	Macholz, Ryan	SO BCP	1:07.29
36	Babka, Zach	FR DJO-PV	X1:07.65
37	Velarde, Edward	SO DJO-PV	X1:08.70
38	Mahoney, Sean	FR PVI	X1:09.09
39	Viani, Devan	SR DJO-PV	X1:09.22
40	Shiker, Nicholas	SO DJO-PV	X1:09.68
41	Shannon, Kai	SO PVI	X1:10.07
42	Craig, Tyler	SO BCP	1:10.15
43	Beaulieu, Zakk	JR DJO-PV	X1:10.34
44	Nguyen, Lex	SO PVI	X1:10.50
45	Mott, Ryan	FR DJO-PV	X1:11.20
46	O'Connell, James	SR PVI	X1:11.38
47	Huertas, Christopher	FR BI-VA	1:12.50
48	Konstanty, Peter	8 SST	X1:12.51
49	Wilson, Max	7 SST	X1:13.18
50	Halisky, Liam	7 SST	X1:17.93
51	McGrath, Michael	8 SST	X1:18.89
52	Alex, Chris	SO PVI	X1:20.01
53	Arnold, Chris	7 SST	X1:24.80
54	Bishop, Aaron	8 SST	X1:31.47
55	Da Re, Kyle	JR SST	X2:03.62
56	Aguilar, Victor	SO BCP	2:30.01
57	McCarthy, Jack	SO BI-VA	NT
58	McConnon, Aidan	BI-VA	NT
59	Haunschmidt, Philipp	BI-VA	XNT
60	Trinidad, Noah	SO PVI	XNT
61	Derasmo, Will	FR PVI	XNT
62	O'Byrne, Conor	SO PVI	XNT
63	Winkert, Patrick	FR PVI	XNT

#14 Girls 100 Yard Freestyle

NoVA Cath:		53.17	2018	Paige Hall
Nath Cath QT:		1:01.50		
VISAA QT:		59.55		
Name	Yr	School	Seed Time	
1	Hall, Paige	SO DJO-PV	54.22	
2	Leonard, Patricia	FR DJO-PV	56.41	
3	Foley, Abigail	FR PVI	56.91	
4	Flores, Angelea	FR JP-VA	59.00	
5	Mont, Keara	SO PVI	1:00.84	
6	Daniel, Isabella	JR JP-VA	1:01.00	
7	Gibson, Colby	SO DJO-PV	X1:01.45	
8	Roder, Mia	FR JP-VA	1:01.48	
9	Hopkins, Sarah	SR JP-VA	1:01.72	
10	Gearghy, Samantha	BI-VA	1:02.12	
11	Kinsella, Abby	SR DJO-PV	1:02.25	
12	Nguyen, Gabby	FR BI-VA	1:02.37	
13	Koler, Jillian	SO JP-VA	X1:02.74	
14	David, Sarah	SR DJO-PV	1:03.40	
15	Anderegg, Maddie	JR SGHS	X1:04.48	
16	Gutierrez, Ana Sophia	SO JP-VA	X1:04.78	
17	Bingham, Teresa	SO SST	1:04.89	
18	Smalera, Frances	8 OAK	1:05.26	
19	O'Malley, Kathleen	SR SST	1:05.66	
20	Ogletree, Lizzie	FR DJO-PV	X1:05.88	
21	Myers, Emma	SR OAK	1:06.74	
22	O'Brien, Caroline	BI-VA	1:07.57	
23	Weina, Virginia	FR JP-VA	X1:08.09	
24	Schroder, Ashley	SO OAK	1:09.00	
25	Songer, Mary Grace	FR DJO-PV	X1:09.35	
26	James, Helen	7 OAK	X1:10.20	
27	McConville, Mary	FR DJO-PV	X1:10.20	
28	Mata-Rivas, Brianna	SR DJO-PV	X1:10.30	
29	Fowler, Elizabeth	FR JP-VA	X1:10.38	
30	Gibbons, Maggie	8 SST	1:10.43	
31	Palmer, Madeline	SR SGHS	1:10.67	
32	Zadnik, Madelyn	8 SST	1:11.77	
33	Mudd, Mary-Finan	SO SGHS	1:12.07	
34	Winkert, Ally	SR PVI	1:12.13	
35	Williams, Fiona	JR JP-VA	X1:12.31	
36	Bolton, Olivia	SR PVI	1:13.90	
37	Burch, Natalie	JR DJO-PV	X1:14.60	
38	Irons, Catherine	SR PVI	X1:15.45	
39	Williams, Elise	JR DJO-PV	X1:15.45	
40	Copeland, Corie	SO SGHS	1:16.70	
41	Bingham, Lucia	7 SST	X1:16.81	
42	Liverman, Maggie	SR SGHS	1:16.89	
43	Pickard, Sophie	BI-VA	X1:16.90	
44	Ramirez, Natalie	BI-VA	X1:17.10	
45	Vogler, Kate	FR OAK	1:17.25	
46	Mahon, Alana	SO DJO-PV	X1:17.60	
47	Fifield, Haley	7 SST	X1:17.75	
48	Pristas, Ali	SR SGHS	X1:19.02	
49	Bernero, Lily	SR DJO-PV	X1:19.20	
50	McCarey, Jessica	7 OAK	X1:19.34	
51	Lobaugh, Lucy	FR DJO-PV	X1:19.75	
52	Thompson, Caitlin	SR DJO-PV	X1:20.35	
53	Diller, Bethany	7 OAK	X1:22.34	
54	Given, Maddie	SO SST	X1:22.43	
55	Holbrook, Roya	JR DJO-PV	X1:22.65	
56	Dwane, Elizabeth	SO SST	X1:23.58	

57	Rozo, Valentina	FR DJO-PV	X1:24.55
58	Hartung, Virginia	JR SST	X1:25.28
59	Funk, Erin	SO SGHS	X1:26.54
60	Ries, Shannon	SR JP-VA	X1:29.24
61	Waldron, Rose	7 SST	X1:29.26
62	King, Caitlin	SO SGHS	X1:31.92
63	Waldron, Cate	8 SST	X1:32.95
64	Catabui, Emma	SO SST	X1:34.60
65	Blanchette, Meg	7 SST	X1:34.79
66	Nguyen, Angelyn	JR BI-VA	NT
67	Noone, Ally	JR BI-VA	XNT
68	Mule, Annie	SO BI-VA	XNT
69	Bottorff, Abigail	BI-VA	XNT
70	Elsinger, Erin	BI-VA	XNT
71	Rostron, Isabella	BI-VA	XNT
72	Spendley, Vivian	BI-VA	XNT
73	Kelly, Vivian	7 OAK	XNT
74	Myers, Mackenzie	SO PVI	XNT
75	Brandow, Lindsay	SR PVI	XNT
76	Wright, Grace	SO PVI	XNT

#15 Boys 500 Yard Freestyle

NoVA Cath:		4:40.35	2019	William Mullen
Nath Cath QT:		5:20.00		
VISAA QT:		5:41.90		
Name	Yr	School	Seed Time	
1	Mullen, William	SR DJO-PV	4:43.47	
2	Paradise, Calvin	FR BI-VA	5:21.30	
3	Carchia, Kevin	SO DJO-PV	5:38.34	
4	Owen, Ryan	JR PVI	5:40.00	
5	Vannell, Morgan	FR PVI	5:55.35	
6	Ogletree, Ben	FR DJO-PV	6:04.05	
7	Luevano, Nathan	FR SST	6:06.18	
8	Meckley, Blaise	FR DJO-PV	6:24.85	
9	Wilson, Joe	FR SST	6:26.01	
10	Dealey, Joey	FR SST	6:52.82	
11	Klebe, Jeremy	SR SST	6:54.33	
12	Huffman, Noah	FR PVI	6:59.48	
13	McGrath, John	JR SST	X7:00.00	
14	Beltran, Ryan	8 SST	X7:45.00	
15	Hartung, Patrick	FR SST	X8:15.00	
16	Brox, Michael	7 SST	X8:17.00	
17	Lynch, Chris	8 SST	X8:20.00	

#16 Girls 500 Yard Freestyle

NoVA Cath:		5:06.26	2017	Madelyn Donohoe
Nath Cath QT:		5:40.00		
VISAA QT:		6:02.51		
Name	Yr	School	Seed Time	
1	Foley, Reagan	SR PVI	5:31.55	
2	Keegan, Alissa	SR DJO-PV	5:56.56	
3	Foley, Hannah	JR PVI	6:03.87	
4	Dodson, Elie	FR PVI	6:04.13	
5	Williams, Madeleine	JR DJO-PV	6:05.25	
6	Konstanty, Anne	SR SST	6:06.06	
7	Heilbrun, Emme Cate	SO BI-VA	6:06.41	
8	Bacon, Meredith	SR DJO-PV	6:07.50	
9	Buswell, Piper	FR DJO-PV	6:08.25	
10	Lungren, Reagan	SO BI-VA	6:09.25	
11	Linton, Cat	SO SST	6:35.10	
12	Byers, Lily	SO SST	6:57.51	
13	Sypal, Elizabeth	JR OAK	7:03.84	

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#16 ... (Girls 500 Yard Freestyle)

14	Hudson, Ava	8 SST	7:13.35
15	McDonnell, Grace	SO OAK	7:15.95

#17 Boys 200 Yard Freestyle Relay

NoVA Cath: 1:30.04 2013 Bishop O'Connell

C Tiernan, M Luciani, C Chamness, C Outlaw

Nath Cath QT: 1:37.00

VISAA QT: 1:43.26

	Team	Relay	Seed Time
1	DJO-PV	A	1:35.20
	Lobaugh, Peter SR	Krauss, Ryan SO	
	Sullivan, John SR	Lentine, Tyler JR	
2	PVI	A	1:35.25
	Rvu, Han SR	Chugh, Kabir FR	
	Ruyle, Ryan SO	O'Toole, Owen FR	
3	SST	A	1:38.43
	Kellogg, Liam IR	Koehr, Shane SR	
	Ceol, Christian SR	Dalrymple, Drew SR	
4	DJO-PV	B	1:40.02
	Lindley, Ryan SO	Robison, Ryan JR	
	Hardenburgh, James SO	Lindley, Nate SR	
5	DJO-PV	C	X1:41.76
	Pin, Gavin IR	Bailey, Daniel SR	
	Milligan, James FR	Boboltz, Daniel SR	
6	BI-VA	A	1:45.12
	Netherv, Ben IR	Deavers, Dylan	
	Harrison, Connor	Paradise, Calvin FR	
7	DJO-PV	D	X1:46.10
	Kinsella, Chris FR	Love, Connor FR	
	Troy, Collin SO	Sullivan, Thomas SO	
8	SST	B	1:46.82
	McGrath, John IR	Kleb, Jeremy SR	
	Brox, JJ FR	Arnold, Joey SR	
9	BCP	A	1:48.20
	Macholz, Rvan SO	Fox, Joseph SO	
	Craig, Tyler SO	Aguilar, Victor SO	
10	DJO-PV	E	X1:49.23
	Tribble, Max FR	Velarde, Edward SO	
	Carpenter, Kaden FR	Knauf, Corey SR	
11	JP-VA	A	1:52.00
	Elliott, Zach SR	Kintz, John Paul SO	
	Platt, Joseph SR	Ong, Marcus SO	
12	DJO-PV	F	X1:52.25
	Holland, Sid SR	Beaulieu, Zakk JR	
	Meckley, Blaise FR	Sweet, Liam JR	
13	JP-VA	B	1:54.00
	Loesel, Thomas FR	Kintz, Nathaniel SR	
	Bruzzini, Matthew JR	Newbold, Lane SO	
14	DJO-PV	G	X1:54.17
	Mott, Rvan FR	Avart, Will SO	
	Nixon, Joseph FR	Babka, Zach FR	
15	DJO-PV	H	X1:56.98
	Walker, Sam SR	Viani, Devan SR	
	Anderson, Ryan SR	Day, Jack SR	
16	DJO-PV	I	X2:03.60
	Griffith, Christian SO	Shiker, Nicholas SO	
	Himes, Brendon SR	Sullivan, Matthew FR	
17	SST	C	X2:15.00
	Hudson, David 8	McGrath, Michael 8	
	Lynch, Chris 8	Da Re, Kyle JR	

18	SST	D	X2:17.00
	Dealey, Joey FR	Hartung, Patrick FR	
	Albin, Jed 8	Champney, Jack 8	
19	SST	E	X2:19.00
	Beltran, Rvan 8	Tolentino, Dominick SR	
	Brox, Michael 7	Dwane, Joseph 8	
20	SST	F	X2:21.00
	Konstantv, Peter 8	Halisky, Liam 7	
	Arnold, Chris 7	Hartung, Peter 7	
21	SST	G	X2:23.00
	Fioramonti, Mick 8	Wilson, Max 7	
	Kellogg, Seth 7	Bishop, Aaron 8	
22	BI-VA	B	NT
	Noone, Al FR	Smith, Jonah JR	
	McConnon, Aidan	McCarthy, Jack SO	
23	PVI	B	NT
	Paquette, Frank SR	Perry, Travis SO	
	Herrera, Nick JR	Frucht, Mark JR	
24	PVI	C	XNT
	Nguyen, Lex SO	Duren, Jack FR	
	Derasmo, Will FR	Shervanick, Sam SO	
25	PVI	D	XNT
	Mahonev, Sean FR	Winkert, Patrick FR	
	Wilson, Gabe FR	Burgos, Nick JR	
26	PVI	E	XNT
	Trinidad, Noah SO	Alex, Chris SO	
	O'Connell, James SR	O'Byrne, Conor SO	
27	PVI	F	XNT
	Philippart, Ben SO	Quarry, Matthew FR	
	Wu, Tyler FR	Shannon, Kai SO	

#18 Girls 200 Yard Freestyle Relay

NoVA Cath: 1:44.49 2016 Bishop Ireton

A Shumate, L Abbed, E Klein, A Grillo

Nath Cath QT: 1:48.50

VISAA QT: 1:58.53

	Team	Relay	Seed Time
1	DJO-PV	A	1:42.04
	Bailev, Kate SO	Leonard, Ellie FR	
	Leonard, Patricia FR	Hall, Paige SO	
2	PVI	A	1:47.50
	Foley, Reagan SR	Foley, Abigail FR	
	Mont, Keara SO	Derasmo, Kelly SR	
3	BI-VA	A	1:48.16
	Chawk, Siobhan IR	Gearghy, Samantha	
	Heilbrun, Emme Cate SO	Noone, Ally JR	
4	DJO-PV	B	1:49.19
	Nassetta, Averv SO	Burns, Katie SO	
	Buswell, Piper FR	St. Pierre, Kaitlin FR	
5	SST	A	1:49.34
	Luevano, Isabelle SO	Flynn, Emily SO	
	Konstanty, Anne SR	Pennefather, Mary FR	
6	DJO-PV	C	X1:51.53
	Kinsella, Abby SR	Brinkmann, Tess JR	
	Williams, Madeleine JR	Keegan, Alissa SR	
7	JP-VA	A	1:52.22
	Daniel, Isabella IR	Garvey, Lucia SO	
	Flores, Angelea FR	Hopkins, Sarah SR	
8	JP-VA	B	1:57.00
	Guterrez, Ana Sophia SO	Williams, Fiona JR	
	Koler, Jillian SO	Moore, Raley SR	
9	DJO-PV	D	X1:57.12
	Parfomak, Sofia FR	Phan, Victoria JR	
	Gibson, Colby SO	Ogletree, Lizzie FR	

10	OAK	A	1:57.78
	Myers, Emma SR	Meunier, Cecelia FR	
	Smalera, Frances 8	Adams, Abby SO	
11	OAK	B	2:01.42
	Schroder, Ashlev SO	Burke, Zoe FR	
	Vogler, Kate FR	Talavera, Maite JR	
12	DJO-PV	E	X2:01.85
	Babka, Claire FR	Mahon, Alana SO	
	Glynn, Katherine SR	Owens, Drew SO	
13	DJO-PV	F	X2:04.38
	McConville, Mary FR	Songer, Mary Grace FR	
	Burch, Natalie JR	Mata-Rivas, Brianna SR	
14	SGHS	A	2:05.65
	Hess, Sarah SR	Liverman, Maggie SR	
	Mudd, Mary-Finan SO	Pristas, Ali SR	
15	OAK	C	2:07.13
	James, Helen 7	Ferguson, Rose JR	
	Barvick, Irene 7	McDonnell, Grace SO	
16	DJO-PV	G	X2:07.92
	Gaskis, Audrey JR	Rozo, Valentina FR	
	Williams, Elise JR	Lobaugh, Lucy FR	
17	SST	B	2:08.38
	Waldron, Clare SO	Haggerty, Moira FR	
	Linton, Cat SO	Dwane, Theresa SR	
18	SST	C	X2:10.00
	Fifield, Halev 7	Bingham, Lucia 7	
	Hurley, Mary Catherine 7	Pennefather, Lucy 7	
19	SST	D	X2:14.00
	Dealey, Katie SR	Hartung, Virginia JR	
	Morano, Elena SR	Zadnik, Sophia SO	
20	SST	E	X2:15.00
	Koehr, Ceili SO	Given, Maddie SO	
	Dwane, Elizabeth SO	Catabui, Emma SO	
21	JP-VA	C	X2:17.87
	Weina, Virginia FR	Ries, Shannon SR	
	Fowler, Elizabeth FR	Guterrez, Ana FR	
22	SST	F	X2:18.00
	Hudson, Ava 8	Zadnik, Madelyn 8	
	Geary, Amelia 8	Atkinson, Julia 8	
23	SST	G	X2:22.00
	O'Malley, Shannon 7	Brox, Elodie 7	
	Waldron, Rose 7	Curley, Lauran SR	
24	SST	H	X2:25.00
	Kerlek, Teresa IR	Blanchette, Meg 7	
	Hartung, Jo 8	Flynn, Clare 8	
25	OAK	D	2:45.58
	Mochen, Catherine 7	Kelly, Vivian 7	
	Diller, Bethany 7	McCarey, Jessica 7	
26	BI-VA	B	NT
	Iones, Ana FR	O'Brien, Caroline	
	Cremer, Lauren	Elsinger, Erin	
27	PVI	B	NT
	Vannell, Emma IR	Bertoldo, Sofia FR	
	Nguyen, Jamie FR	Florit, Adrianna SO	
28	SGHS	B	NT
	Witter, Alania SO	Shropshire, Taylor FR	
	Funk, Erin SO	King, Caitlin SO	
29	BI-VA	C	XNT
	Chawk, Maeve FR	O'Keefe, Alexandra	
	Lupo, Ella	Mateo, Maria SO	
30	BI-VA	D	XNT
	Zakhem, Maria IR	Blanton, Janet	
	Gongora, Jessica JR	Mull, Mary Kate FR	

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#18 ... (Girls 200 Yard Freestyle Relay)

31	PVI	C	XNT
	Gegg, Aervv SO	Wright, Grace SO	
	Winkert, Ally SR	Bolton, Olivia SR	
32	PVI	D	XNT
	Brandow, Lindsav SR	Wheatley, Caroline SO	
	Irons, Maria SO	Irons, Catherine SR	
33	DJO-PV	H	XNT
	Fletcher, Leigh FR	Holbrook, Roya JR	
	Bernero, Lily SR	Thompson, Caitlin SR	
34	DJO-PV	I	XNT
	Kent, Aileen FR	Erkmann, Ari JR	
	Benyam, Maya JR	Heuschel, Megan FR	

#19 Boys 100 Yard Backstroke

NoVA Cath: 55.58 2016 Andrew DiBenedetto			
Nath Cath QT: 1:01.00			
VISAA QT: 1:02.90			
Name	Yr	School	Seed Time
1	Salvatori, Michael	SR JP-VA	55.93
2	O'Toole, Owen	FR PVI	57.58
3	Mullen, Brendan	SO DJO-PV	57.63
4	Greco, Clement	SR PVI	58.58
5	Owen, Ryan	JR PVI	1:01.56
6	Koehr, Shane	SR SST	1:01.59
7	Manley, Adam	FR PVI	1:01.60
8	Carchia, Michael	SR DJO-PV	1:02.00
9	Wilson, Evan	JR SST	1:05.62
10	Boboltz, Daniel	SR DJO-PV	1:06.28
11	Sullivan, John	SR DJO-PV	1:06.31
12	Ogletree, Ben	FR DJO-PV	X1:08.19
13	Haddock, Lucas	SR JP-VA	1:10.00
14	Love, Connor	FR DJO-PV	X1:11.72
15	Marsh, Jeremy	SR PVI	X1:14.86
16	Hudson, David	8 SST	1:14.91
17	Platt, Joseph	SR JP-VA	1:15.16
18	Devries, Reese	SR BCP	1:15.23
19	Grauvogel, Johannes	BI-VA	1:16.75
20	Kennedy, DJ	FR BCP	1:20.32
21	Sullivan, Matthew	FR DJO-PV	X1:22.78
22	Macholz, Ryan	SO BCP	1:23.01
23	Fioramonti, Mick	8 SST	1:23.10
24	Nixon, Joseph	FR DJO-PV	X1:23.28
25	Smith, Jonah	JR BI-VA	1:23.34
26	Arnold, Chris	7 SST	X1:33.49
27	Albin, Jed	8 SST	X1:47.98
28	Bishop, Aaron	8 SST	X1:49.29
29	Tolentino, Dominick	SR SST	X1:59.78
30	Nethery, Ben	JR BI-VA	NT
31	Duren, Jack	FR PVI	XNT

#20 Girls 100 Yard Backstroke

NoVA Cath: 58.50 2019 Paige Hall			
Nath Cath QT: 1:10.00			
VISAA QT: 1:07.53			
Name	Yr	School	Seed Time
1	Hall, Paige	SO DJO-PV	57.02
2	Griffin, Caroline	SR SST	1:02.04
3	Blanton, Reilly	JR DJO-PV	1:02.35
4	Manley, Caitlin	JR OAK	1:03.87
5	McNamara, Claire	SR DJO-PV	1:07.03
6	Czaja, Emily	JR SGHS	1:10.83

7	Gearhty, Samantha	BI-VA	1:11.16
8	St. Pierre, Kaitlin	FR DJO-PV	1:11.61
9	Florit, Alexis	FR PVI	1:12.57
10	Chawk, Siobhan	JR BI-VA	1:12.84
11	Parfomak, Sofia	FR DJO-PV	X1:12.87
12	Williams, Caroline	SR PVI	1:13.31
13	Zobel, Alexandra	FR JP-VA	1:14.09
14	Flynn, Emily	SO SST	1:14.44
15	Sproull, Molly	SO SGHS	1:14.67
16	Moore, Raley	SR JP-VA	1:16.15
17	Lungren, Reagan	SO BI-VA	1:17.08
18	Sabatini, Juliana	SO BI-VA	1:17.15
19	Babka, Claire	FR DJO-PV	X1:18.65
20	Koehr, Ceili	SO SST	1:18.65
21	Gibson, Colby	SO DJO-PV	X1:18.75
22	Shropshire, Taylor	FR SGHS	1:19.17
23	O'Malley, Mary	SO SST	1:19.41
24	Wiliams, Fiona	JR JP-VA	1:19.52
25	Novinger, Ann	FR PVI	1:20.10
26	Mudd, Mary-Finan	SO SGHS	1:21.16
27	Talavera, Maite	JR OAK	1:21.28
28	Meunier, Cecelia	FR OAK	1:21.95
29	Hess, Sarah	SR SGHS	X1:22.18
30	O'Malley, Shannon	7 SST	X1:24.30
31	Bingham, Lucia	7 SST	X1:28.01
32	Barvick, Irene	7 OAK	1:28.50
33	Hurley, Mary Catherine	7 SST	X1:28.64
34	Dealey, Katie	SR SST	X1:29.27
35	Copeland, Corie	SO SGHS	X1:29.37
36	Pennefather, Lucy	7 SST	X1:37.61
37	Waldron, Rose	7 SST	X1:40.88
38	Kerlek, Teresa	JR SST	X1:59.91
39	Curley, Laurant	SR SST	X2:33.81
40	Hartung, Jo	8 SST	X2:40.90
41	Munson, Sara	BI-VA	NT

#21 Boys 100 Yard Breaststroke

NoVA Cath: 58.65 2018 Paul Kinsella			
Nath Cath QT: 1:07.50			
VISAA QT: 1:09.48			
Name	Yr	School	Seed Time
1	Johnson, Matthew	FR PVI	1:01.16
2	Lentine, Tyler	JR DJO-PV	1:02.38
3	Bolz, Andrew	FR JP-VA	1:04.00
4	Carpenter, Kaden	FR DJO-PV	1:10.94
5	Devries, Reese	SR BCP	1:12.36
6	Luevano, Nathan	FR SST	1:12.61
7	Harrison, Connor	BI-VA	1:14.61
8	Paquette, Frank	SR PVI	1:14.62
9	Talavera, JP	SR JP-VA	1:15.00
10	Troy, Collin	SO DJO-PV	1:15.35
11	Milligan, James	FR DJO-PV	1:15.44
12	Kellogg, Liam	JR SST	1:15.69
13	Tribble, Max	FR DJO-PV	X1:17.16
14	Brox, JJ	FR SST	1:18.00
15	Holland, Sid	SR DJO-PV	X1:20.04
16	Ruyle, Ryan	SO PVI	1:21.37
17	Wilson, Gabe	FR PVI	1:21.82
18	Williamson, Charlie	JR BCP	1:22.15
19	Philippart, Ben	SO PVI	X1:22.16
20	Noone, AJ	FR BI-VA	1:23.69
21	Derasmo, Will	FR PVI	X1:24.45

22	Shannon, Kai	SO PVI	X1:24.80
23	Newbold, Lane	SO JP-VA	1:26.54
24	Dealey, Joey	FR SST	1:27.01
25	Babka, Zach	FR DJO-PV	X1:27.50
26	Avart, Will	SO DJO-PV	X1:28.45
27	Griffith, Christian	SO DJO-PV	X1:28.75
28	Grauvogel, Johannes	BI-VA	1:28.84
29	Walker, Sam	SR DJO-PV	X1:30.25
30	Burset, Miguel	FR JP-VA	1:30.61
31	Day, Jack	SR DJO-PV	X1:31.80
32	Fox, Joseph	SO BCP	1:33.25
33	Mott, Ryan	FR DJO-PV	X1:34.60
34	Collins, Jacob	SO JP-VA	X1:38.43
35	Kellogg, Seth	7 SST	X1:40.87
36	Halisky, Liam	7 SST	X1:43.86
37	Brox, Michael	7 SST	X1:45.50
38	Hartung, Patrick	FR SST	X1:48.90
39	McGrath, Michael	8 SST	X2:26.07
40	Champney, Jack	8 SST	X2:28.97
41	Dwane, Joseph	8 SST	X2:29.06
42	Hartung, Peter	7 SST	X2:44.67
43	Da Re, Kyle	JR SST	X2:45.00
44	Quarry, Matthew	FR PVI	XNT
45	Wu, Tyler	FR PVI	XNT

#22 Girls 100 Yard Breaststroke

NoVA Cath: 1:05.72 2017 Anna Shumate			
Nath Cath QT: 1:18.00			
VISAA QT: 1:17.15			
Name	Yr	School	Seed Time
1	Leonard, Ellie	FR DJO-PV	1:08.69
2	Kirby, Ashley	FR PVI	1:08.97
3	Brinkmann, Tess	JR DJO-PV	1:17.20
4	David, Sarah	SR DJO-PV	1:17.90
5	Phan, Victoria	JR DJO-PV	1:18.70
6	Nguyen, Jamie	FR PVI	1:20.12
7	Obioha, Bella	SO BI-VA	1:21.68
8	Myers, Emma	SR OAK	1:21.98
9	Gutierrez, Ana Sophia	SO JP-VA	1:22.00
10	Ferguson, Elizabeth	FR BI-VA	1:22.19
11	Pennefather, Mary	FR SST	1:22.87
12	Florit, Adrianna	SO PVI	1:23.46
13	Waldron, Clare	SO SST	1:24.75
14	Fleming, Sarah	FR BI-VA	1:24.97
15	Gegg, Avery	SO PVI	1:25.09
16	Albin, Katie	SR SST	1:25.49
17	Upchurch, Vivian	SO SGHS	1:25.67
18	Schroder, Ashley	SO OAK	1:26.51
19	Glynn, Katherine	SR DJO-PV	X1:27.20
20	Cremer, Lauren	BI-VA	1:27.27
21	Burke, Zoe	FR OAK	1:29.25
22	McConville, Mary	FR DJO-PV	X1:29.31
23	Dwane, Theresa	SR SST	1:32.74
24	Fowler, Elizabeth	FR JP-VA	1:33.35
25	Gaskis, Audrey	JR DJO-PV	X1:33.40
26	Songer, Mary Grace	FR DJO-PV	X1:36.25
27	Zadnik, Madelyn	8 SST	X1:37.51
28	Atkinson, Julia	8 SST	X1:37.76
29	Geary, Amelia	8 SST	X1:38.57
30	Dwane, Elizabeth	SO SST	X1:40.02
31	Witter, Alania	SO SGHS	1:40.91
32	Brox, Elodie	7 SST	X1:41.63

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Psych Sheet

#22 ... (Girls 100 Yard Breaststroke)

33	Ludwig, Ainsley	SR JP-VA	1:41.67
34	Mochen, Catherine	7 OAK	X1:42.22
35	Guitierrez, Ana	FR JP-VA	1:43.47
36	Haggerty, Moira	FR SST	X1:50.34
37	Given, Maddie	SO SST	X1:53.18
38	Hartung, Virginia	JR SST	X1:56.58
39	Catabui, Emma	SO SST	X1:57.38
40	Waldron, Cate	8 SST	X1:57.77
41	Haggerty, Orla	7 SST	X2:04.91
42	Morano, Elena	SR SST	X2:05.60
43	Flynn, Clare	8 SST	X2:37.21
44	Webster, Maeve	SO BI-VA	XNT
45	Irons, Maria	SO PVI	XNT
46	Wheatley, Caroline	SO PVI	XNT

#23 Boys 400 Yard Freestyle Relay

NoVA Cath: 3:22.40 2019 Paul VI Catholic High School

H Ryu, J Philippart, J Houser, A Lamb

Nath Cath QT: 3:40.00

VISAA QT: 3:59.45

	Team	Relay	Seed Time
1	DJO-PV	A	3:29.07
	Mullen, Brendan SO	Ienzi, Joseph SR	
	Lobaugh, Peter SR	Mullen, William SR	
2	PVI	A	3:30.94
	Ryu, Han SR	Greco, Clement SR	
	O'Toole, Owen FR	Johnson, Matthew FR	
3	JP-VA	A	3:33.71
	Salvatori, Michael SR	Doty, Jack JR	
	Talavera, JP SR	Bolz, Andrew FR	
4	DJO-PV	B	3:43.72
	Lindlev, Nate SR	Carchia, Kevin SO	
	Carchia, Michael SR	Piland, James FR	
5	BCP	A	3:47.08
	Owens, Tv SR	Devries, Reese SR	
	Williamson, Charlie JR	Gwyer, Henry SO	
6	DJO-PV	C	X3:48.42
	Bailey, Daniel SR	Ogletree, Ben FR	
	Carpenter, Kaden FR	Knauf, Corey SR	
7	SST	A	3:48.69
	Alsup, Jacob SR	Ceol, Christian SR	
	Wilson, Joe FR	Dalrymple, Jerry JR	
8	JP-VA	B	3:51.34
	Williams, Charlie FR	Hopkins, Liam SO	
	Haddock, Lucas SR	Elliott, Zach SR	
9	SST	B	3:54.15
	Wilson, Evan JR	Kellogg, Liam JR	
	Luevano, Nathan FR	Kleb, Jeremy SR	
10	BI-VA	A	3:56.80
	Deavers, Dylan	Grauvogel, Johannes	
	McConnon, Aidan	Huertas, Christopher FR	
11	DJO-PV	D	X4:07.68
	Holland, Sid SR	Troy, Collin SO	
	Meckley, Blaise FR	Sweet, Liam JR	
12	JP-VA	C	X4:07.80
	Kintz, John Paul SO	Kintz, Nathaniel SR	
	Platt, Joseph SR	Loesel, Thomas FR	
13	JP-VA	D	X4:35.00
	Bruzzini, Matthew IR	Burset, Miguel FR	
	Kreitzer, Alex SR	Raffier, Ben SR	

14	PVI	B	NT
	Manley, Adam FR	Vannell, Morgan FR	
	Owen, Ryan JR	Ruyle, Ryan SO	
15	PVI	C	XNT
	Duren, Jack FR	Burgos, Nick JR	
	Mahoney, Sean FR	Perry, Travis SO	

#24 Girls 400 Yard Freestyle Relay

NoVA Cath: 3:48.64 2017 Paul VI Catholic High School

L Davison, R Foley, K Derasmo, S Shannon

Nath Cath QT: 4:21.00

VISAA QT: 4:38.24

	Team	Relay	Seed Time
1	PVI	A	3:50.81
	Foley, Reagan SR	Foley, Abigail FR	
	Murphy, Caroline FR	Derasmo, Kelly SR	
2	DJO-PV	A	3:57.17
	Burns, Katie SO	Keegan, Alissa SR	
	Nassetta, Avery SO	Blanton, Reilly JR	
3	SGHS	A	4:00.89
	Upchurch, Vivian SO	Czaja, Emily JR	
	Palmer, Madeline SR	Sproull, Molly SO	
4	BI-VA	A	4:06.03
	Nguyen, Gabby FR	Nguyen, Angelyn JR	
	Chawk, Siobhan JR	Rier, Ella FR	
5	JP-VA	A	4:09.56
	Daniel, Isabella IR	Zoebel, Alexandra FR	
	Moore, Raley SR	Roder, Mia FR	
6	DJO-PV	B	4:10.83
	Kinsella, Abby SR	Bacon, Meredith SR	
	David, Sarah SR	McNamara, Claire SR	
7	OAK	A	4:19.06
	Manley, Caitlin JR	Sypal, Elizabeth JR	
	Smalera, Frances 8	Adams, Abby SO	
8	SST	A	4:19.70
	Bingham, Teresa SO	O'Malley, Mary SO	
	O'Malley, Kathleen SR	Griffin, Caroline SR	
9	JP-VA	B	4:30.00
	Fowler, Elizabeth FR	Weina, Virginia FR	
	Ludwig, Ainsley SR	Guitierrez, Ana FR	
10	DJO-PV	C	X4:30.15
	Ogletree, Lizzie FR	Babka, Claire FR	
	Phan, Victoria JR	Parfomak, Sofia FR	
11	SST	B	4:39.33
	Gibbons, Maggie 8	Linton, Cat SO	
	Albin, Katie SR	Byers, Lily SO	
12	DJO-PV	D	X5:49.31
	Burch, Natalie IR	Holbrook, Roya JR	
	Glynn, Katherine SR	Owens, Drew SO	
13	BI-VA	B	NT
	O'Brien, Caroline	Gearghy, Samantha	
	Lungren, Reagan SO	Pickard, Audrey	
14	PVI	B	NT
	Brown, Lanev IR	Vannell, Emma JR	
	Florit, Alexis FR	Kirby, Ashley FR	
15	SGHS	B	NT
16	BI-VA	C	XNT
	Chawk, Maeve FR	Blanton, Janet	
	Porter, Aman Aine	Rostron, Isabella	
17	PVI	C	XNT
	Dodson, Elie FR	Bolton, Olivia SR	
	Novinger, Ann FR	Foley, Hannah JR	