

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 1 Boys 200 Yard Medley Relay****SST Record: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr****Nat Cath QT: 1:46.50****VISAA QT: 1:57.18**

Team	Relay	Seed Time
1 Christchurch School Swim Team-VA	A	1:47.19
1) Elkin, Jeff SR	2) Wolfson, Rock JR	3) DeGraw, Jason JR
4) Kiland, Jackson SO		
2 TC Williams Swim & Dive-PV	A	1:53.05
1) Conjura, Blake 8t	2) Sample, Ethan SR	3) Ellis, Max 8t
4) Anthony, David SR		
3 The Covenant School-VA	A	1:53.86
1) Weiss, Cooper 8	2) Fulkerson, McCallum FR	3) Weiss, Braeden FR
4) Clancy, Patrick SR		
4 Wakefield H2owls-VA	A	1:57.07
1) Maraska, Joseph SR	2) Seaborn, Jackson SR	3) Burdette, Cade SR
4) Pieja, Jack JR		
5 Seton Swimming	A	2:12.37
1) Beltran, Ryan 8	2) Dealey, Joey FR	3) Arnold, Joey SR
4) Hudson, David 8		
6 TC Williams Swim & Dive-PV	B	2:13.98
1) Allee, Andrew FR	2) Hoover, Jackson SO	3) Paz, Jose Alexander SO
4) Dalbec, Barrett JR		
7 Middleburg Academy-VA	A	2:15.00
1) McLaughlan, Maxwell SR	2) Price, Carson FR	3) Obetz, Presley SR
4) Yan, Rong SO		
8 Seton Swimming	B	2:28.01
1) Fioramonti, Mick 8	2) Lynch, Chris 8	3) Konstanty, Peter 8
4) Tolentino, Dominick SR		
9 Seton Swimming	C	X2:40.00
1) Bishop, Aaron 8	2) Kellogg, Seth 7	3) Halisky, Liam 7
4) Da Re, Kyle JR		
10 Seton Swimming	D	X2:40.00
1) Albin, Jed 8	2) Dwane, Joseph 8	3) Wilson, Max 7
4) Champney, Jack 8		
11 Seton Swimming	E	X2:40.00
1) Arnold, Chris 7	2) McGrath, Michael 8	3) Brox, Michael 7
4) Hartung, Peter 7		
12 TC Williams Swim & Dive-PV	C	X3:10.62
1) Kiernan, Matthew SR	2) Wakhweya, Matthew SR	3) Hoover, Patrick SO
4) Constandy, Max JR		
13 Wakefield H2owls-VA	B	NT
1) Linares, Luke	2) Bushara, Horatio SO	3) Jiang, Rorry JR
4) Diwan, Arjun SO		
14 The Covenant School-VA	B	XNT
1) Pritchett, Hayden JR	2) Longnecker, Charlie 8	3) Gustafson, Cole FR
4) Rajapakse, Kyle 7		

**Event 2 Girls 200 Yard Medley Relay****SST Record: 1:50.25 2/18/2011 Doonis,Rogers,Wunderly,Donohoe****Nat Cath QT: 2:06.49****VISAA QT: 2:15.36**

Team	Relay	Seed Time
1 TC Williams Swim & Dive-PV	A	2:02.67
1) Rice, Maren FR	2) Quidas, Catherine JR	3) Curry, Katie SR
4) Rice, Myla JR		
2 Wakefield H2owls-VA	A	2:06.11
1) Pickeral, Vivian	2) Wilcox, Ayla FR	3) Thompson, Claire SR
4) Spytek, Sophia JR		
3 Highland Hawks	A	2:07.88
1) Conlon, Bridget JR	2) Malinow, Morgan SR	3) Carter, Madisyn 8
4) Thornburg, Paris JR		
4 Christchurch School Swim Team-VA	A	2:12.07
1) Pitts, Saylor SR	2) Kiland, Izzy FR	3) Quevedo, Julia FR
4) Jones, Kennedy SR		
5 Seton Swimming	A	2:15.32
1) O'Malley, Mary SO	2) Waldron, Clare SO	3) Gibbons, Maggie 8
4) Byers, Lily SO		
6 TC Williams Swim & Dive-PV	B	2:17.61
1) Snow, Sydney 8t	2) Boehm-O'Connor, Ilona 8t	3) Salomos, Catherine 8t
4) Ernst, Abigail SO		
7 Fresta Valley Christian School-VA	A	2:19.32
1) Caron, Isabelle	2) Caron, Elaina	3) Patten, Brooke
4) Farley, Emma		
8 Fredericksburg Christian-VA	A	2:22.27
1) Meadows, Payton FR	2) Dahl, Lizzie JR	3) Embrey, Phoenix FR
4) Ambrose, Eden SR		

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 2 ... (Girls 200 Yard Medley Relay)**

9	Seton Swimming	B		2:25.38
	1) Koehr, Ceili SO	2) Zadnik, Sophia SO	3) Hudson, Ava 8	4) Dealey, Katie SR
10	TC Williams Swim & Dive-PV	C		X2:29.60
	1) Vastola, Katie SO	2) Teran, Jocelyn SO	3) Guessford, Julia JR	4) Schulwolf, Lindsey JR
11	Seton Swimming	C		X2:35.00
	1) Waldron, Rose 7	2) Brox, Elodie 7	3) Given, Maddie SO	4) Dwane, Theresa SR
12	Seton Swimming	D		X2:37.00
	1) Bingham, Lucia 7	2) Zadnik, Madelyn 8	3) Pennefather, Lucy 7	4) Waldron, Cate 8
13	Seton Swimming	E		X2:39.00
	1) Dwane, Elizabeth SO	2) Catabui, Emma SO	3) O'Malley, Shannon 7	4) Haggerty, Orla 7
14	Fredericksburg Christian-VA	B		2:40.00
	1) White, Jenna JR	2) Pelland, Hayley FR	3) Tryfiates, Catherine SR	4) Zuniga, Trinity FR
15	Seton Swimming	F		X2:41.00
	1) Haggerty, Moira FR	2) Atkinson, Julia 8	3) Hurley, Mary Catherine 7	4) Flynn, Clare 8
16	Seton Swimming	G		X2:43.00
	1) Hartung, Virginia JR	2) Blanchette, Meg 7	3) Fifield, Haley 7	4) Curley, Lauran SR
17	Seton Swimming	H		X2:45.00
	1) Geary, Amelia 8	2) Cunningham, Lucy 7	3) Linton, Cat SO	4) Morano, Elena SR
18	TC Williams Swim & Dive-PV	D		X2:56.35
	1) Curtis, Michelle JR	2) Coren, Kaela JR	3) Curtis, Stephanie JR	4) Ford, Mackenzie JR
19	Fresta Valley Christian School-VA	B		NT
	1) Towery, Hannah	2) Waltz, Elizabeth	3) Patten, Faith	4) Worsham, Brooke

**Event 3 Boys 200 Yard Freestyle****SST Record: 1:38.54 1/31/2010 S.J. Hill****Nat Cath QT: 1:57.50****VISAA QT: 2:02.70**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Fannin, Evan	SO	CCS-VA	2:05.12
2	Luevano, Nathan	FR	Seton Swimming	2:19.14
3	Floyd, Bryan	SO	CCS-VA	2:25.12
4	Dealey, Joey	FR	Seton Swimming	2:27.18
5	Hoover, Patrick	SO	TC Williams Swim & Dive-PV	2:28.75
6	Knewtonson, Jack	8	Fredericksburg Christian-VA	2:35.00
7	Wilson, Max	7	Seton Swimming	X2:45.78
8	Kim, Justin	SO	Wakefield H2owls-VA	2:45.93
9	Shaw, Clay		Fresta-VA	2:56.91
10	Samoa, David	SR	CCS-VA	2:57.79
11	Friesner, Reed	SO	CCS-VA	3:15.12
12	Brox, Michael	7	Seton Swimming	X3:18.03
13	Kellogg, Seth	7	Seton Swimming	X3:24.22
14	Bishop, Aaron	8	Seton Swimming	3:30.07
15	Arnold, Chris	7	Seton Swimming	X3:33.99
16	Albin, Jed	8	Seton Swimming	3:35.71
17	Lynch, Chris	8	Seton Swimming	X3:58.06
18	Da Re, Kyle	JR	Seton Swimming	X4:00.00
19	Dwane, Joseph	8	Seton Swimming	X4:00.00
20	Champney, Jack	8	Seton Swimming	X4:36.65

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 4 Girls 200 Yard Freestyle**

**SST Record: 1:55.74 2/19/2010 K. Shipko**  
**Nat Cath QT: 2:15.50**  
**VISAA QT: 2:13.44**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Tosi, Arianna	SO	The Covenant School-VA	1:59.42
2	Carter, Madisyn	8	Highland Hawks	2:10.00
3	Boehm-O'Connor, Ilona	8t	TC Williams Swim & Dive-PV	2:30.79
4	Patten, Brooke		Fresta-VA	2:31.56
5	Ambrose, Eden	SR	Fredericksburg Christian-VA	2:35.00
6	Byers, Lily	SO	Seton Swimming	2:36.95
7	Linton, Cat	SO	Seton Swimming	2:43.21
8	Zadnik, Sophia	SO	Seton Swimming	3:12.31
9	Hattersley, Faith	JR	CCS-VA	3:15.12
10	Pennefather, Lucy	7	Seton Swimming	X3:17.53
11	Waldron, Clare	SO	Seton Swimming	3:23.31
12	Hartung, Jo	8	Seton Swimming	X3:30.00
13	Bracken, Michelle	FR	CCS-VA	3:32.65
14	Haggerty, Orla	7	Seton Swimming	X3:53.28
15	Blanchette, Meg	7	Seton Swimming	X3:53.56
16	Catabui, Emma	SO	Seton Swimming	X4:27.59
17	Waldron, Cate	8	Seton Swimming	X4:30.21
18	Morano, Elena	SR	Seton Swimming	X4:31.47

**Event 5 Boys 200 Yard IM**

**SST Record: 1:54.70 2/17/2008 N. Cook**  
**Nat Cath QT: 2:14.00**  
**VISAA QT: 2:19.43**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Kiland, Jackson	SO	CCS-VA	2:24.09
2	Wilson, Evan	JR	Seton Swimming	2:28.70
3	Kleb, Jeremy	SR	Seton Swimming	2:40.08
4	Paz, Jose Alexander	SO	TC Williams Swim & Dive-PV	2:53.49
5	Conjura, Blake	8t	TC Williams Swim & Dive-PV	2:53.51
6	Beltran, Ryan	8	Seton Swimming	3:15.00
7	McGrath, Michael	8	Seton Swimming	3:15.00

**Event 6 Girls 200 Yard IM**

**SST Record: 2:11.80 2/16/2008 J. Dunn**  
**Nat Cath QT: 2:35.00**  
**VISAA QT: 2:32.43**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Thompson, Claire	SR	Wakefield H2owls-VA	2:12.88
2	Malinow, Morgan	SR	Highland Hawks	2:34.11
3	Patten, Faith		Fresta-VA	2:34.19
4	Quevedo, Julia	FR	CCS-VA	2:34.48
5	Albin, Katie	SR	Seton Swimming	2:50.14
6	Quidas, Catherine	JR	TC Williams Swim & Dive-PV	2:51.78
7	Alimard, Ariana	FR	The Covenant School-VA	2:54.15
8	Gibbons, Maggie	8	Seton Swimming	3:00.00
9	O'Malley, Shannon	7	Seton Swimming	X3:00.00
10	Meadows, Payton	FR	Fredericksburg Christian-VA	3:01.13
11	Koehr, Ceili	SO	Seton Swimming	3:01.38
12	Brox, Elodie	7	Seton Swimming	X3:05.00
13	Embrey, Phoenix	FR	Fredericksburg Christian-VA	3:07.18

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 6 ... (Girls 200 Yard IM)**

14	Atkinson, Julia	8	Seton Swimming	3:10.00
15	Bingham, Lucia	7	Seton Swimming	X3:10.00
16	Cunningham, Lucy	7	Seton Swimming	X3:10.00
17	Geary, Amelia	8	Seton Swimming	X3:10.00
18	Hartung, Virginia	JR	Seton Swimming	X3:15.00
19	Dwane, Elizabeth	SO	Seton Swimming	X3:15.00
20	Waldron, Rose	7	Seton Swimming	X3:15.00
21	Hurley, Mary Catherine	7	Seton Swimming	X3:15.00
22	Haggerty, Moira	FR	Seton Swimming	X3:33.03
23	Vastola, Katie	SO	TC Williams Swim & Dive-PV	NT

**Event 7 Boys 50 Yard Freestyle**

**SST Record: 21.22 2/19/2010 S.J. Hill**

**Nat Cath QT: 24.50**

**VISAA QT: 24.26**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	DeGraw, Jason	JR	CCS-VA	23.13
2	Burdette, Cade	SR	Wakefield H2owls-VA	23.42
3	Sample, Ethan	SR	TC Williams Swim & Dive-PV	24.35
4	DiLeonardo, Vince	JR	Fredericksburg Christian-VA	24.52
5	Wolfson, Rock	JR	CCS-VA	24.83
6	Maraska, Joseph	SR	Wakefield H2owls-VA	24.83
7	Gustafson, Cole	FR	The Covenant School-VA	25.07
8	Clancy, Patrick	SR	The Covenant School-VA	25.13
9	Weiss, Braeden	FR	The Covenant School-VA	25.24
10	Elkin, Jeff	SR	CCS-VA	25.78
11	Li, Charlie	SR	CCS-VA	25.86
12	Arnold, Joey	SR	Seton Swimming	25.88
13	Pieja, Jack	JR	Wakefield H2owls-VA	25.99
14	Fioramonti, Justin	SR	Seton Swimming	26.32
15	Fulkerson, McCallum	FR	The Covenant School-VA	26.46
16	McGrath, John	JR	Seton Swimming	26.99
17	Weiss, Cooper	8	The Covenant School-VA	X27.26
18	Pritchett, Hayden	JR	The Covenant School-VA	X27.32
19	Seaborn, Jackson	SR	Wakefield H2owls-VA	X27.97
20	Bushara, Horatio	SO	Wakefield H2owls-VA	28.17
21	Allee, Andrew	FR	TC Williams Swim & Dive-PV	28.50
22	Dalbec, Barrett	JR	TC Williams Swim & Dive-PV	28.64
23	Linares, Luke		Wakefield H2owls-VA	X29.18
24	Hoover, Jackson	SO	TC Williams Swim & Dive-PV	29.23
25	Jiang, Rorry	JR	Wakefield H2owls-VA	X29.43
26	Worsham, Brent		Fresta-VA	29.50
27	Gill, Jackson	JR	Highland Hawks	29.94
28	Wright, Aiden	7	Fredericksburg Christian-VA	X30.28
29	Obetz, Presley	SR	Middleburg Academy-VA	30.28
30	Konstanty, Peter	8	Seton Swimming	31.13
31	Koehr, Connor	7	Seton Family Homeschool	X31.45
32	Clark, Robert	SO	TC Williams Swim & Dive-PV	X31.73
33	Kiernan, Matthew	SR	TC Williams Swim & Dive-PV	X32.70
34	Morehouse, Sean	08	Highland Hawks	32.96
35	Tolentino, Dominick	SR	Seton Swimming	X33.13
36	Lehr, Brandon		Fresta-VA	33.51

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 7 ... (Boys 50 Yard Freestyle)**

37	Yan, Rong	SO	Middleburg Academy-VA	33.55
38	Wakhweya, Matthew	SR	TC Williams Swim & Dive-PV	X34.30
39	Diwan, Arjun	SO	Wakefield H2owls-VA	X35.77
40	Shrewsbury, Bibb	JR	Highland Hawks	37.03
41	Harrison, Ryan	8	Fredericksburg Christian-VA	41.86
42	Gerard, Jack	FR	Wakefield H2owls-VA	X42.20
43	Long, Jacob	7	Fredericksburg Christian-VA	X51.88
44	McCormick, Michael	SR	TC Williams Swim & Dive-PV	X54.22
45	Gay, Eli	JR	Highland Hawks	NT
46	Rajapakse, Kyle	7	The Covenant School-VA	XNT
47	Constandy, Max	JR	TC Williams Swim & Dive-PV	XNT
48	Brosnan, William	SR	Wakefield H2owls-VA	XNT

**Event 8 Girls 50 Yard Freestyle**

**SST Record: 24.06 2/16/2018 A. Kenna**  
**Nat Cath QT: 28.50**  
**VISAA QT: 27.19**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Rice, Myla	JR	TC Williams Swim & Dive-PV	24.62
2	Thornburg, Paris	JR	Highland Hawks	24.90
3	Wilcox, Ayla	FR	Wakefield H2owls-VA	26.40
4	Pickeral, Vivian		Wakefield H2owls-VA	26.74
5	Rice, Maren	FR	TC Williams Swim & Dive-PV	28.46
6	Bingham, Teresa	SO	Seton Swimming	29.41
7	Fulkerson, Gwendolyn	SR	The Covenant School-VA	29.80
8	Patten, Faith		Fresta-VA	X30.05
9	Ernst, Abigail	SO	TC Williams Swim & Dive-PV	30.12
10	Conlon, Bridget	JR	Highland Hawks	30.45
11	Caron, Elaina		Fresta-VA	30.64
12	Byers, Lily	SO	Seton Swimming	30.91
13	Snow, Sydney	8t	TC Williams Swim & Dive-PV	30.97
14	Caron, Isabelle		Fresta-VA	31.10
15	Pitts, Saylor	SR	CCS-VA	31.12
16	Dwane, Theresa	SR	Seton Swimming	31.13
17	O'Malley, Mary	SO	Seton Swimming	31.41
18	White, Jenna	JR	Fredericksburg Christian-VA	32.31
19	Worsham, Brooke		Fresta-VA	32.53
20	Spytek, Sophia	JR	Wakefield H2owls-VA	32.63
21	Dealey, Katie	SR	Seton Swimming	X33.04
22	Zadnik, Madelyn	8	Seton Swimming	X33.13
23	Fifield, Haley	7	Seton Swimming	X33.19
24	Lauer, Lindsey	JR	Wakefield H2owls-VA	33.41
25	Malinowski, Hayley	JR	Wakefield H2owls-VA	X33.82
26	Bogan, Katie	SR	Wakefield H2owls-VA	X33.93
27	Guessford, Julia	JR	TC Williams Swim & Dive-PV	X34.00
28	Zadnik, Sophia	SO	Seton Swimming	X34.13
29	Curtis, Stephanie	JR	TC Williams Swim & Dive-PV	X34.54
30	Curtis, Michelle	JR	TC Williams Swim & Dive-PV	X34.62
31	Teran, Jocelyn	SO	TC Williams Swim & Dive-PV	X34.77
32	Dart, Clara	07	Highland Hawks	X34.99
33	Ford, Mackenzie	JR	TC Williams Swim & Dive-PV	X35.43
34	Zuniga, Trinity	FR	Fredericksburg Christian-VA	35.50

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 8 ... (Girls 50 Yard Freestyle)**

35	Smith, Alex	FR	TC Williams Swim & Dive-PV	X35.51
36	Coren, Kaela	JR	TC Williams Swim & Dive-PV	X35.57
37	Pelland, Hayley	FR	Fredericksburg Christian-VA	35.78
38	Valadez, Hali	FR	CCS-VA	35.82
39	Given, Maddie	SO	Seton Swimming	X36.06
40	Tryfiates, Catherine	SR	Fredericksburg Christian-VA	36.31
41	Ford, Catherine	8t	TC Williams Swim & Dive-PV	X37.40
42	Clark, Alyssa	JR	Wakefield H2owls-VA	X37.52
43	Price, Holiday	SR	Middleburg Academy-VA	37.72
44	Diao, Brittany	SO	CCS-VA	X39.12
45	Vercesi, Ginevra	JR	Wakefield H2owls-VA	X39.45
46	Worsham, Annie		Fresta-VA	X39.55
47	Farrell, Olivia	7	Fredericksburg Christian-VA	X39.96
48	Jensen, Anne	JR	CCS-VA	40.47
49	Towery, Hannah		Fresta-VA	41.39
50	Flynn, Clare	8	Seton Swimming	X41.45
51	Hannum, Flora	07	Highland Hawks	X42.36
52	Huffman, Addie	7	Fredericksburg Christian-VA	X43.85
53	Gill, Juliann	07	Highland Hawks	X44.07
54	Stoik, Erin	SO	CCS-VA	X44.12
55	Bui, Phuong	FR	CCS-VA	46.26
56	Karayaka, Naz	JR	CCS-VA	X46.54
57	Curley, Lauran	SR	Seton Swimming	X53.37

**Event 11 Boys 100 Yard Butterfly****SST Record: 51.76 1/16/2010 S.J. Hill****Nat Cath QT: 58.50****VISAA QT: 1:01.02**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Fannin, Evan	SO	CCS-VA	58.74
2	Weiss, Braeden	FR	The Covenant School-VA	1:04.14
3	Alsup, Jacob	SR	Seton Swimming	1:04.56
4	Anthony, David	SR	TC Williams Swim & Dive-PV	1:04.63
5	Ellis, Max	8t	TC Williams Swim & Dive-PV	1:06.93
6	Hailey, Jake		Fresta-VA	1:14.60
7	Howell, Luke	7	Fredericksburg Christian-VA	X1:15.88
8	Arnold, Joey	SR	Seton Swimming	1:21.35
9	Hudson, David	8	Seton Swimming	1:21.36
10	Fioramonti, Mick	8	Seton Swimming	1:29.14
11	Obetz, Presley	SR	Middleburg Academy-VA	1:30.02
12	Paz, Jose Alexander	SO	TC Williams Swim & Dive-PV	NT

**Event 12 Girls 100 Yard Butterfly****SST Record: 58.51 12/16/2017 A. Kenna****Nat Cath QT: 1:10.50****VISAA QT: 1:08.17**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Carter, Madisyn	8	Highland Hawks	1:01.96
2	Quevedo, Julia	FR	CCS-VA	1:09.17
3	Holstege, Annalee	JR	The Covenant School-VA	1:13.13
4	Salomos, Catherine	8t	TC Williams Swim & Dive-PV	1:13.22
5	Dahl, Lizzie	JR	Fredericksburg Christian-VA	1:23.53
6	O'Malley, Kathleen	SR	Seton Swimming	1:24.16

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 12 ... (Girls 100 Yard Butterfly)**

7	Linton, Cat	SO	Seton Swimming	1:41.40
8	Fifield, Haley	7	Seton Swimming	X1:45.00
9	O'Malley, Shannon	7	Seton Swimming	X1:45.00
10	Atkinson, Julia	8	Seton Swimming	1:47.39
11	Dwane, Elizabeth	SO	Seton Swimming	1:52.60

**Event 13 Boys 100 Yard Freestyle****SST Record: 45.67 2/20/2010 S. J. Hill****Nat Cath QT: 53.00****VISAA QT: 53.59**

Name	Year	School	Seed Time
1	DiLeonardo, Vince	JR Fredericksburg Christian-VA	54.19
2	Sample, Ethan	SR TC Williams Swim & Dive-PV	54.67
3	Ford, Parker	SO Fredericksburg Christian-VA	56.77
4	Gustafson, Cole	FR The Covenant School-VA	58.57
5	Luevano, Nathan	FR Seton Swimming	58.97
6	Clancy, Patrick	SR The Covenant School-VA	59.38
7	Pieja, Jack	JR Wakefield H2owls-VA	1:00.47
8	Elkin, Jeff	SR CCS-VA	1:01.27
9	Bushara, Horatio	SO Wakefield H2owls-VA	1:02.49
10	Brox, JJ	FR Seton Swimming	1:05.22
11	McLaughlan, Maxwell	SR Middleburg Academy-VA	1:08.70
12	Koehr, Connor	7 Seton Family Homeschool	X1:10.37
13	Gill, Jackson	JR Highland Hawks	1:10.63
14	Friesner, Reed	SO CCS-VA	1:11.95
15	Beltran, Ryan	8 Seton Swimming	1:12.02
16	Jiang, Rorry	JR Wakefield H2owls-VA	1:12.19
17	Morehouse, Sean	08 Highland Hawks	1:15.00
18	Lewis, Brayden	SO CCS-VA	1:15.12
19	Samoa, David	SR CCS-VA	1:16.12
20	Brox, Michael	7 Seton Swimming	X1:16.77
21	Champney, Jack	8 Seton Swimming	1:52.78
22	Longnecker, Charlie	8 The Covenant School-VA	NT
23	Clark, Robert	SO TC Williams Swim & Dive-PV	NT
24	Diwan, Arjun	SO Wakefield H2owls-VA	NT
25	Rajapakse, Kyle	7 The Covenant School-VA	XNT
26	Gerard, Jack	FR Wakefield H2owls-VA	XNT

**Event 14 Girls 100 Yard Freestyle****SST Record: 52.05 2/16/2018 A. Kenna****Nat Cath QT: 1:01.50****VISAA QT: 59.55**

Name	Year	School	Seed Time
1	Rice, Myla	JR TC Williams Swim & Dive-PV	53.77
2	Jones, Kennedy	SR CCS-VA	59.68
3	Patten, Brooke	Fresta-VA	1:04.03
4	Ambrose, Eden	SR Fredericksburg Christian-VA	1:05.35
5	O'Malley, Mary	SO Seton Swimming	1:08.86
6	Gibbons, Maggie	8 Seton Swimming	1:10.43
7	McGrath, Anna	JR Wakefield H2owls-VA	1:10.98
8	Smith, Brooke	SO The Covenant School-VA	1:11.81
9	Conlon, Bridget	JR Highland Hawks	1:11.84
10	Alimard, Ariana	FR The Covenant School-VA	1:11.90

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 14 ... (Girls 100 Yard Freestyle)**

11	Kiland, Izzy	FR	CCS-VA	1:12.99
12	Guessford, Julia	JR	TC Williams Swim & Dive-PV	1:15.90
13	Bogan, Katie	SR	Wakefield H2owls-VA	1:18.37
14	White, Jenna	JR	Fredericksburg Christian-VA	1:19.44
15	Pelland, Hayley	FR	Fredericksburg Christian-VA	1:19.49
16	Worsham, Brooke		Fresta-VA	1:19.68
17	Waltz, Elizabeth		Fresta-VA	1:22.06
18	Tryfiates, Catherine	SR	Fredericksburg Christian-VA	1:24.68
19	Clark, Alyssa	JR	Wakefield H2owls-VA	1:30.24
20	Dart, Clara	07	Highland Hawks	X1:30.53
21	Ratcliffe, Sarah	SO	CCS-VA	1:32.12
22	Towery, Hannah		Fresta-VA	1:32.59
23	Blanchette, Meg	7	Seton Swimming	X1:34.79
24	Diao, Brittany	SO	CCS-VA	X1:35.12
25	Jensen, Anne	JR	CCS-VA	1:37.32
26	Hannum, Flora	07	Highland Hawks	X1:41.63
27	Gill, Juliann	07	Highland Hawks	X1:45.40
28	Curley, Lauran	SR	Seton Swimming	2:03.66
29	Ford, Catherine	8t	TC Williams Swim & Dive-PV	NT

**Event 15 Boys 500 Yard Freestyle**

**SST Record:** 4:27.19 1/31/2010 **S.J. Hill**  
**Nat Cath QT:** 5:20.00  
**VISAA QT:** 5:41.90

Name	Year	School	Seed Time	
1	Turbyfill, Andrew	JR	Fredericksburg Christian-VA	5:05.20
2	Kiland, Jackson	SO	CCS-VA	5:42.12
3	Fulkerson, McCallum	FR	The Covenant School-VA	5:42.68
4	McGrath, John	JR	Seton Swimming	6:25.75
5	Fioramonti, Justin	SR	Seton Swimming	6:42.74
6	Dealey, Joey	FR	Seton Swimming	6:52.82
7	Hoover, Patrick	SO	TC Williams Swim & Dive-PV	6:56.27
8	Konstanty, Peter	8	Seton Swimming	7:55.00
9	Halisky, Liam	7	Seton Swimming	X8:00.00
10	Kellogg, Seth	7	Seton Swimming	X8:15.00
11	McGrath, Michael	8	Seton Swimming	X8:15.00
12	Arnold, Chris	7	Seton Swimming	X8:30.00
13	Dwane, Joseph	8	Seton Swimming	X9:00.00
14	Hartung, Peter	7	Seton Swimming	X9:00.00
15	Bishop, Aaron	8	Seton Swimming	X9:30.00

**Event 16 Girls 500 Yard Freestyle**

**SST Record:** 5:06.98 2/1/1999 **K. Shipko**  
**Nat Cath QT:** 5:40.00  
**VISAA QT:** 6:09.91

Name	Year	School	Seed Time	
1	Tosi, Arianna	SO	The Covenant School-VA	5:22.85
2	Hudson, Ava	8	Seton Swimming	7:13.35
3	Pitts, Saylor	SR	CCS-VA	7:13.87
4	Waldron, Clare	SO	Seton Swimming	7:20.00
5	Bingham, Lucia	7	Seton Swimming	X7:30.00
6	Pennefather, Lucy	7	Seton Swimming	X7:30.00
7	O'Malley, Kathleen	SR	Seton Swimming	7:36.03



**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 16 ... (Girls 500 Yard Freestyle)**

8	Hartung, Virginia	JR	Seton Swimming	7:45.00
9	Geary, Amelia	8	Seton Swimming	X8:00.00
10	Haggerty, Orla	7	Seton Swimming	X8:00.00
11	Waldron, Cate	8	Seton Swimming	X8:00.00
12	Waldron, Rose	7	Seton Swimming	X8:00.00
13	Hurley, Mary Catherine	7	Seton Swimming	X8:00.00
14	Zuniga, Trinity	FR	Fredericksburg Christian-VA	8:06.56
15	Given, Maddie	SO	Seton Swimming	X9:00.00
16	Pickeral, Vivian		Wakefield H2owls-VA	NT
17	Farley, Emma		Fresta-VA	NT

**Event 17 Boys 200 Yard Freestyle Relay****SST Record: 1:30.07 2/19/2010 Hill, Koehr,Cook,Basinger****Nat Cath QT: 1:37.00****VISAA QT: 1:43.26**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>		
1	The Covenant School-VA	A	1:37.01	
	1) Longnecker, Charlie 8	2) Longnecker, Will SO	3) Pritchett, Hayden JR	4) Weiss, Cooper 8
2	Christchurch School Swim Team-VA	A	1:38.53	
	1) DeGraw, Jason JR	2) Samoa, David SR	3) Wolfson, Rock JR	4) Fannin, Evan SO
3	Fredericksburg Christian-VA	A	1:40.55	
	1) DiLeonardo, Vince JR	2) Ford, Parker SO	3) Knewton, Jack 8	4) Turbyfill, Andrew JR
4	TC Williams Swim & Dive-PV	A	1:40.88	
	1) Anthony, David SR	2) Sample, Ethan SR	3) Conjura, Blake 8t	4) Ellis, Max 8t
5	Wakefield H2owls-VA	A	1:41.53	
	1) Pieja, Jack JR	2) Seaborn, Jackson SR	3) Maraska, Joseph SR	4) Burdette, Cade SR
6	Seton Swimming	A	1:43.26	
	1) Wilson, Evan JR	2) Arnold, Joey SR	3) McGrath, John JR	4) Fioramonti, Justin SR
7	Seton Swimming	B	1:43.26	
	1) Kleb, Jeremy SR	2) Brox, JJ FR	3) Alsup, Jacob SR	4) Luevano, Nathan FR
8	Christchurch School Swim Team-VA	B	1:50.45	
	1) Elkin, Jeff SR	2) Friesner, Reed SO	3) Floyd, Bryan SO	4) Li, Charlie SR
9	TC Williams Swim & Dive-PV	B	1:55.33	
	1) Allee, Andrew FR	2) Dalbec, Barrett JR	3) Paz, Jose Alexander SO	4) Hoover, Jackson SO
10	Fresta Valley Christian School-VA	A	2:01.27	
	1) Worsham, Brent	2) Hailey, Jake	3) Lehr, Brandon	4) Shaw, Clay
11	TC Williams Swim & Dive-PV	C	X2:09.36	
	1) Hoover, Patrick SO	2) Clark, Robert SO	3) Kiernan, Matthew SR	4) Wakhweya, Matthew SR
12	Seton Swimming	C	X2:25.00	
	1) Konstanty, Peter 8	2) Tolentino, Dominick SR	3) McGrath, Michael 8	4) Bishop, Aaron 8
13	Seton Swimming	D	X2:26.00	
	1) Fioramonti, Mick 8	2) Halisky, Liam 7	3) Lynch, Chris 8	4) Arnold, Chris 7
14	Seton Swimming	E	X2:27.00	
	1) Dealey, Joey FR	2) Beltran, Ryan 8	3) Albin, Jed 8	4) Hartung, Peter 7
15	Seton Swimming	F	X2:28.00	
	1) Wilson, Max 7	2) Dwane, Joseph 8	3) Brox, Michael 7	4) Kellogg, Seth 7
16	Fredericksburg Christian-VA	B	X2:33.00	
	1) Wright, Aiden 7	2) Harrison, Ryan 8	3) Long, Jacob 7	4) Howell, Luke 7
17	Wakefield H2owls-VA	B	NT	
	1) Linares, Luke	2) Gerard, Jack FR	3) Kim, Justin SO	4) Bushara, Horatio SO

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 18 Girls 200 Yard Freestyle Relay****SST Record: 1:40.05 2/19/2010 Doonis,Rogers,Talbott,Donohoe****Nat Cath QT: 1:48.50****VISAA QT: 1:58.53**

Team	Relay	Seed Time
1 TC Williams Swim & Dive-PV 1) Rice, Myla JR	A 2) Rice, Maren FR	1:52.05 4) Ernst, Abigail SO
2 The Covenant School-VA 1) Tosi, Arianna SO	A 2) Alimard, Ariana FR	1:53.53 4) Holstege, Annalee JR
3 Highland Hawks 1) Carter, Madisyn 8	A 2) Malinow, Morgan SR	1:55.32 4) Thornburg, Paris JR
4 Seton Swimming 1) O'Malley, Kathleen SR	A 2) Bingham, Teresa SO	1:56.18 4) Albin, Katie SR
5 Wakefield H2owls-VA 1) Thompson, Claire SR	A 2) Bogan, Katie SR	1:57.20 4) Wilcox, Ayla FR
6 TC Williams Swim & Dive-PV 1) Quidas, Catherine JR	B 2) Snow, Sydney 8t	2:04.01 4) Curry, Katie SR
7 Fresta Valley Christian School-VA 1) Patten, Brooke	A 2) Caron, Elaina	2:04.88 4) Worsham, Brooke
8 Seton Swimming 1) Koehr, Ceili SO	B 2) Dealey, Katie SR	2:07.54 4) Dwane, Theresa SR
9 TC Williams Swim & Dive-PV 1) Boehm-O'Connor, Ilona 8t	C 2) Vastola, Katie SO	X2:12.73 4) Curtis, Stephanie JR
10 Fredericksburg Christian-VA 1) Zuniga, Trinity FR	A 2) Pelland, Hayley FR	2:20.00 4) Embrey, Phoenix FR
11 Christchurch School Swim Team-VA 1) Valadez, Hali FR	A 2) Ratcliffe, Sarah SO	2:20.12 4) Hattersley, Faith JR
12 TC Williams Swim & Dive-PV 1) Curtis, Michelle JR	D 2) Teran, Jocelyn SO	X2:20.33 4) Smith, Alex FR
13 Seton Swimming 1) Pennefather, Lucy 7	C 2) Cunningham, Lucy 7	X2:25.00 4) Hartung, Jo 8
14 Seton Swimming 1) Brox, Elodie 7	D 2) Zadnik, Sophia SO	X2:26.00 4) Morano, Elena SR
15 Seton Swimming 1) Bingham, Lucia 7	E 2) O'Malley, Shannon 7	X2:27.00 4) Catabui, Emma SO
16 Seton Swimming 1) Haggerty, Moira FR	F 2) Given, Maddie SO	X2:28.00 4) Blanchette, Meg 7
17 Seton Swimming 1) Hurley, Mary Catherine 7	G 2) Fifield, Haley 7	X2:29.00 4) Geary, Amelia 8
18 Highland Hawks 1) Dart, Clara 07	B 2) Hannum, Flora 07	X2:30.00 4) Karayaka, Naz JR
19 Christchurch School Swim Team-VA 1) Stoik, Erin SO	B 2) Diao, Brittany SO	3:17.12 4) Karayaka, Naz JR
20 Wakefield H2owls-VA 1) McGrath, Anna JR	B 2) Clark, Alyssa JR	NT 4) Lauer, Lindsey JR
21 Fresta Valley Christian School-VA 1) Patten, Faith	B 2) Farley, Emma	NT 4) Worsham, Annie

**Event 19 Boys 100 Yard Backstroke****SST Record: 51.48 1/20/2006 K. Koehr****Nat Cath QT: 1:01.00****VISAA QT: 1:02.90**

Name	Year	School	Seed Time
1 Shaw, Clay		Fresta-VA	41.65
2 DeGraw, Jason	JR	CCS-VA	58.20
3 Burdette, Cade	SR	Wakefield H2owls-VA	1:04.54

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 19 ... (Boys 100 Yard Backstroke)**

4	Wilson, Evan	JR	Seton Swimming	1:05.62
5	Weiss, Cooper	8	The Covenant School-VA	1:06.22
6	Maraska, Joseph	SR	Wakefield H2owls-VA	1:07.28
7	Alsup, Jacob	SR	Seton Swimming	1:08.41
8	Ford, Parker	SO	Fredericksburg Christian-VA	1:14.31
9	Kleb, Jeremy	SR	Seton Swimming	1:15.67
10	Wilson, Max	7	Seton Swimming	X1:16.05
11	Hailey, Jake		Fresta-VA	1:17.30
12	Conjura, Blake	8t	TC Williams Swim & Dive-PV	1:17.59
13	Pritchett, Hayden	JR	The Covenant School-VA	1:18.71
14	Kiernan, Matthew	SR	TC Williams Swim & Dive-PV	1:19.37
15	Linares, Luke		Wakefield H2owls-VA	1:19.71
16	Allee, Andrew	FR	TC Williams Swim & Dive-PV	1:20.73
17	Li, Charlie	SR	CCS-VA	1:22.12
18	Knewton, Jack	8	Fredericksburg Christian-VA	1:25.00
19	McLaughlan, Maxwell	SR	Middleburg Academy-VA	1:26.27
20	Lehr, Brandon		Fresta-VA	1:26.43
21	Harrison, Ryan	8	Fredericksburg Christian-VA	1:29.47
22	Albin, Jed	8	Seton Swimming	1:47.98
23	Lynch, Chris	8	Seton Swimming	X1:54.69
24	Tolentino, Dominick	SR	Seton Swimming	X1:59.78
25	Longnecker, Will	SO	The Covenant School-VA	NT
26	Dalbec, Barrett	JR	TC Williams Swim & Dive-PV	NT
27	Seaborn, Jackson	SR	Wakefield H2owls-VA	NT

**Event 20 Girls 100 Yard Backstroke****SST Record: 55.62 2/16/2018 A. Kenna****Nat Cath QT: 1:10.00****VISAA QT: 1:07.53**

	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
1	Rice, Maren	FR	TC Williams Swim & Dive-PV	1:07.69
2	Wilcox, Ayla	FR	Wakefield H2owls-VA	1:15.00
3	Curry, Katie	SR	TC Williams Swim & Dive-PV	1:15.69
4	Smith, Brooke	SO	The Covenant School-VA	1:16.16
5	Dahl, Lizzie	JR	Fredericksburg Christian-VA	1:16.85
6	Albin, Katie	SR	Seton Swimming	1:17.94
7	Vastola, Katie	SO	TC Williams Swim & Dive-PV	1:22.75
8	McGrath, Anna	JR	Wakefield H2owls-VA	1:24.82
9	Caron, Isabelle		Fresta-VA	1:25.06
10	Meadows, Payton	FR	Fredericksburg Christian-VA	1:26.04
11	Cunningham, Lucy	7	Seton Swimming	X1:26.93
12	Hattersley, Faith	JR	CCS-VA	1:28.41
13	Waltz, Elizabeth		Fresta-VA	1:29.40
14	Zadnik, Madelyn	8	Seton Swimming	1:30.45
15	Valadez, Hali	FR	CCS-VA	1:37.51
16	Bracken, Michelle	FR	CCS-VA	1:42.26
17	Catabui, Emma	SO	Seton Swimming	1:49.82
18	Farrell, Olivia	7	Fredericksburg Christian-VA	X1:53.28
19	Worsham, Annie		Fresta-VA	1:57.39
20	Flynn, Clare	8	Seton Swimming	X2:08.69
21	McCoy, Naida	FR	Middleburg Academy-VA	2:29.27
22	Hartung, Jo	8	Seton Swimming	X2:40.90

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 20 ... (Girls 100 Yard Backstroke)**

23	Salomos, Catherine	8t	TC Williams Swim & Dive-PV	NT
24	Spytek, Sophia	JR	Wakefield H2owls-VA	NT
25	Curtis, Stephanie	JR	TC Williams Swim & Dive-PV	XNT
26	Curtis, Michelle	JR	TC Williams Swim & Dive-PV	XNT
27	Schulwolf, Lindsey	JR	TC Williams Swim & Dive-PV	XNT

**Event 21 Boys 100 Yard Breaststroke****SST Record: 58.53 1/27/2007 N. Cook****Nat Cath QT: 1:07.50****VISAA QT: 1:10.18**

	Name	Year	School	Seed Time
1	Turbyfill, Andrew	JR	Fredericksburg Christian-VA	1:04.34
2	Ellis, Max	8t	TC Williams Swim & Dive-PV	1:17.07
3	Brox, JJ	FR	Seton Swimming	1:17.54
4	Wolfson, Rock	JR	CCS-VA	1:19.65
5	Howell, Luke	7	Fredericksburg Christian-VA	X1:22.94
6	Floyd, Bryan	SO	CCS-VA	1:24.67
7	Hoover, Jackson	SO	TC Williams Swim & Dive-PV	1:24.77
8	Hudson, David	8	Seton Swimming	1:26.55
9	Lewis, Brayden	SO	CCS-VA	1:28.84
10	Wright, Aiden	7	Fredericksburg Christian-VA	X1:30.44
11	Worsham, Brent		Fresta-VA	1:30.96
12	Kim, Justin	SO	Wakefield H2owls-VA	1:31.62
13	Yan, Rong	SO	Middleburg Academy-VA	1:31.92
14	Fioramonti, Mick	8	Seton Swimming	1:41.80
15	Halisky, Liam	7	Seton Swimming	X1:43.86
16	Price, Carson	FR	Middleburg Academy-VA	2:00.00
17	Da Re, Kyle	JR	Seton Swimming	2:30.00
18	Hartung, Peter	7	Seton Swimming	X2:44.67
19	Shrewsbury, Bibb	JR	Highland Hawks	NT
20	Gay, Eli	JR	Highland Hawks	NT
21	Longnecker, Charlie	8	The Covenant School-VA	NT
22	Longnecker, Will	SO	The Covenant School-VA	NT
23	Anthony, David	SR	TC Williams Swim & Dive-PV	NT
24	McCormick, Michael	SR	TC Williams Swim & Dive-PV	XNT

**Event 22 Girls 100 Yard Breaststroke****SST Record: 1:07.70 2/17/2012 C. Rogers****Nat Cath QT: 1:18.00****VISAA QT: 1:17.93**

	Name	Year	School	Seed Time
1	Thornburg, Paris	JR	Highland Hawks	1:08.36
2	Malinow, Morgan	SR	Highland Hawks	1:16.46
3	Jones, Kennedy	SR	CCS-VA	1:18.66
4	Holstege, Annalee	JR	The Covenant School-VA	1:19.68
5	Quidas, Catherine	JR	TC Williams Swim & Dive-PV	1:21.06
6	Snow, Sydney	8t	TC Williams Swim & Dive-PV	1:21.53
7	Kiland, Izzy	FR	CCS-VA	1:23.02
8	Curry, Katie	SR	TC Williams Swim & Dive-PV	1:25.41
9	Fulkerson, Gwendolyn	SR	The Covenant School-VA	1:28.39
10	Caron, Elaina		Fresta-VA	1:28.49
11	Boehm-O'Connor, Ilona	8t	TC Williams Swim & Dive-PV	1:29.15
12	Farley, Emma		Fresta-VA	1:29.45

**Seton Winter Invitational - 1/18/2020**  
**Psych Sheet - Seton Ice Breaker**

**Event 22 ... (Girls 100 Yard Breaststroke)**

13	Bingham, Teresa	SO	Seton Swimming	1:30.61
14	Dwane, Theresa	SR	Seton Swimming	X1:32.74
15	Koehr, Ceili	SO	Seton Swimming	1:34.65
16	Teran, Jocelyn	SO	TC Williams Swim & Dive-PV	X1:35.53
17	Hudson, Ava	8	Seton Swimming	1:36.48
18	Embrey, Phoenix	FR	Fredericksburg Christian-VA	1:38.25
19	Ernst, Abigail	SO	TC Williams Swim & Dive-PV	X1:40.25
20	Brox, Elodie	7	Seton Swimming	X1:41.63
21	Price, Holiday	SR	Middleburg Academy-VA	1:41.64
22	Dealey, Katie	SR	Seton Swimming	1:45.08
23	Lauer, Lindsey	JR	Wakefield H2owls-VA	1:47.57
24	Haggerty, Moira	FR	Seton Swimming	X1:50.34
25	Vercesi, Ginevra	JR	Wakefield H2owls-VA	1:54.63
26	Morano, Elena	SR	Seton Swimming	X2:05.60
27	Thompson, Claire	SR	Wakefield H2owls-VA	NT
28	Schulwolf, Lindsey	JR	TC Williams Swim & Dive-PV	XNT

**Event 23 Boys 400 Yard Freestyle Relay****SST Record: 3:17.05 2/19/2010 Hill, Cook, Dunn, Basinger****Nat Cath QT: 3:40.00****VISAA QT: 3:59.45**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	Fredericksburg Christian-VA A 1) DiLeonardo, Vince JR    2) Ford, Parker SO    3) Knewtson, Jack 8    4) Turbyfill, Andrew JR	3:46.32
2	The Covenant School-VA A 1) Longnecker, Will SO    2) Clancy, Patrick SR    3) Fulkerson, McCallum FR    4) Weiss, Braeden FR	3:47.61
3	Seton Swimming A 1) Alsup, Jacob SR    2) Fioramonti, Justin SR    3) Kleb, Jeremy SR    4) Luevano, Nathan FR	3:59.45
4	Seton Swimming B 1) Wilson, Evan JR    2) McGrath, John JR    3) Hudson, David 8    4) Brox, JJ FR	3:59.45
5	Christchurch School Swim Team-VA A 1) Fannin, Evan SO    2) Lewis, Brayden SO    3) Li, Charlie SR    4) Kiland, Jackson SO	4:05.12

**Event 24 Girls 400 Yard Freestyle Relay****SST Record: 3:40.51 2/19/2010 DoonisRogers,ClaybrooksDonohoe****Nat Cath QT: 4:21.00****VISAA QT: 4:38.24**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	The Covenant School-VA A 1) Tosi, Arianna SO    2) Alimard, Ariana FR    3) Fulkerson, Gwendolyn SR    4) Holstege, Annalee JR	4:26.32
2	Seton Swimming A 1) Byers, Lily SO    2) Bingham, Teresa SO    3) O'Malley, Kathleen SR    4) Albin, Katie SR	4:28.25
3	Christchurch School Swim Team-VA A 1) Jones, Kennedy SR    2) Hattersley, Faith JR    3) Pitts, Saylor SR    4) Quevedo, Julia FR	4:35.08
4	Fredericksburg Christian-VA A 1) Dahl, Lizzie JR    2) Meadows, Payton FR    3) White, Jenna JR    4) Ambrose, Eden SR	4:38.28
5	Seton Swimming B 1) O'Malley, Mary SO    2) Hudson, Ava 8    3) Zadnik, Madelyn 8    4) Linton, Cat SO	4:43.10
6	Christchurch School Swim Team-VA B 1) Valadez, Hali FR    2) Bracken, Michelle FR    3) Jensen, Anne JR    4) Karayaka, Naz JR	6:00.12