

Seton Swimming

Individual Meet Entries Report

2020 NoVa Catholic Invitational Championship 11-Jan-20 Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street

540-379-8328

Manassas, VA 20110

Coach@KoehrFamily.com

<p># 1 Male Senior 200 Medley Relay A SST 1:51.37Y</p> <p>1 Shane Koehr (SR) 2 Jacob Alsup (SR) 3 Jerry Dalrymple (JR) 4 Drew Dalrymple (SR)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>	<p># 2 Female Senior 200 Medley Relay A SST 2:04.11Y</p> <p>1 Caroline Griffin (SR) 2 Anne Konstanty (SR) 3 Isabelle Luevano (SO) 4 Mary Pennefather (FR)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>
<p># 1 Male Senior 200 Medley Relay B SST 1:55.19Y</p> <p>1 Evan Wilson (JR) 2 Nathan Luevano (FR) 3 Joe Wilson (FR) 4 Joey Arnold (SR)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>	<p># 2 Female Senior 200 Medley Relay B SST 2:15.17Y</p> <p>1 Emily Flynn (SO) 2 Mary Clare Waldron (SO) 3 Teresa Bingham (SO) 4 Kathleen O'Malley (SR)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>
<p># 1 Male Senior 200 Medley Relay C SST 2:22.00Y</p> <p>1 John McGrath (JR) 2 Mick Fioramonti (8) 3 Jj Brox (FR) 4 Chris Arnold (7)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>	<p># 2 Female Senior 200 Medley Relay C SST 2:20.00Y</p> <p>1 Mary O'Malley (SO) 2 Katie Albin (SR) 3 Lily Byers (SO) 4 Lucy Pennefather (7)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>
<p># 1 Male Senior 200 Medley Relay D SST 2:24.00Y</p> <p>1 Max Wilson (7) 2 Patrick Hartung (FR) 3 David Hudson (8) 4 Seth Kellogg (7)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>	<p># 2 Female Senior 200 Medley Relay D SST 2:22.00Y</p> <p>1 Ceili Koehr (SO) 2 Madelyn Zadnik (8) 3 Maggie Gibbons (8) 4 Theresa Dwane (SR)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>
<p># 1 Male Senior 200 Medley Relay E SST 2:26.00Y</p> <p>1 Liam Halisky (7) 2 Michael McGrath (8) 3 Joey Dealey (FR) 4 Aaron Bishop (8)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>	<p># 2 Female Senior 200 Medley Relay E SST 2:27.00Y</p> <p>1 Moira Haggerty (FR) 2 Shannon O'Malley (7) 3 Sophia Zadnik (SO) 4 Lucia Bingham (7)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>
<p># 1 Male Senior 200 Medley Relay F SST 2:28.00Y</p> <p>1 Dominick Tolentino (SR) 2 Chris Lynch (8) 3 Ryan Beltran (8) 4 Peter Hartung (7)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>	<p># 2 Female Senior 200 Medley Relay F SST 2:28.00Y</p> <p>1 Katie Dealey (SR) 2 Julia Atkinson (8) 3 Elizabeth Dwane (SO) 4 Virginia Hartung (JR)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>
<p># 1 Male Senior 200 Medley Relay G SST 2:30.00Y</p> <p>1 Jed Albin (8) 2 Michael Brox (7) 3 Peter Konstanty (8) 4 Joseph Dwane (8)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>	<p># 2 Female Senior 200 Medley Relay G SST 2:29.00Y</p> <p>1 Ava Hudson (8) 2 Elodie Brox (7) 3 Mary Catherine Hurley (7) 4 Teresa Kerlek (JR)</p> <hr style="border: 0.5px solid black;"/> <p>Athletes 4</p>

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<p># 2 Female Senior 200 Medley Relay H SST 2:30.00Y</p> <p>1 Maddie Given (SO)</p> <p>2 Meg Blanchette (7)</p> <p>3 Haley Fifield (7)</p> <p>4 Cate Waldron (8)</p> <hr/> <p>Athletes 4</p> <p># 2 Female Senior 200 Medley Relay I SST 2:31.00Y</p> <p>1 Amelia Geary (8)</p> <p>2 Emma Catabui (SO)</p> <p>3 Rose Waldron (7)</p> <p>4 Orla Haggerty (7)</p> <hr/> <p>Athletes 4</p> <p># 3 Male Senior 200 Free</p> <p>Jacob Alsup (SR) 2:07.51Y</p> <p>Joey Arnold (SR) 2:17.47Y</p> <p>David Hudson (8) 2:17.83Y</p> <p>John McGrath (JR) 2:20.22Y</p> <hr/> <p>Athletes 4</p> <p># 4 Female Senior 200 Free</p> <p>Isabelle Luevano (SO) 2:18.81Y</p> <p>Mary O'Malley (SO) 2:24.36Y</p> <p>Ceili Koehr (SO) 2:44.31Y</p> <p>Ava Hudson (8) 3:08.22Y</p> <hr/> <p>Athletes 4</p> <p># 5 Male Senior 200 IM</p> <p>Shane Koehr (SR) 2:25.38Y</p> <p>Evan Wilson (JR) 2:28.70Y</p> <p>Christian Ceol (SR) 2:33.35Y</p> <p>Jj Brox (FR) 2:39.64Y</p> <p>Peter Konstanty (8) X 2:57.88Y</p> <p>Ryan Beltran (8) X 3:00.00Y</p> <p>Chris Lynch (8) X 3:10.00Y</p> <hr/> <p>Athletes 7</p> <p># 6 Female Senior 200 IM</p> <p>Caroline Griffin (SR) 2:27.61Y</p> <p>Anne Konstanty (SR) 2:39.34Y</p> <p>Teresa Bingham (SO) 2:42.35Y</p> <p>Catriona Linton (SO) 2:54.13Y</p> <p>Lucy Pennefather (7) X 3:00.00Y</p> <p>Mary Clare Waldron (SO) X 3:00.00Y</p> <p>Sophia Zadnik (SO) X 3:05.25Y</p> <hr/> <p>Athletes 7</p> <p># 7 Male Senior 50 Free</p> <p>Drew Dalrymple (SR) 24.41Y</p> <p>Jerry Dalrymple (JR) 24.51Y</p> <p>Jacob Alsup (SR) 24.85Y</p>	<p>Max Wilson (7) X 31.85Y</p> <p>Dominick Tolentino (SR) 33.13Y</p> <p>Jed Albin (8) X 35.06Y</p> <p>Seth Kellogg (7) X 35.79Y</p> <p>Peter Hartung (7) X 41.60Y</p> <p>Joseph Dwane (8) X 45.63Y</p> <hr/> <p>Athletes 9</p> <p># 8 Female Senior 50 Free</p> <p>Mary Pennefather (FR) 26.21Y</p> <p>Kathleen O'Malley (SR) 28.69Y</p> <p>Maggie Gibbons (8) 29.80Y</p> <p>Katie Albin (SR) 30.31Y</p> <p>Theresa Dwane (SR) X 31.74Y</p> <p>Moira Haggerty (FR) X 32.88Y</p> <p>Katie Dealey (SR) X 33.04Y</p> <p>Mary Catherine Hurley (7) X 33.12Y</p> <p>Haley Fifield (7) X 33.19Y</p> <p>Shannon O'Malley (7) X 33.58Y</p> <p>Elodie Brox (7) X 33.91Y</p> <p>Julia Atkinson (8) X 34.90Y</p> <p>Amelia Geary (8) X 36.76Y</p> <p>Teresa Kerlek (JR) X 38.37Y</p> <p>Meg Blanchette (7) X 39.02Y</p> <p>Orla Haggerty (7) X 39.99Y</p> <p>Elena Morano (SR) X 40.29Y</p> <p>Clare Flynn (8) X 42.71Y</p> <p>Jo Hartung (8) X 43.35Y</p> <p>Lauran Curley (SR) X 53.37Y</p> <hr/> <p>Athletes 20</p> <p># 11 Male Senior 100 Fly</p> <p>Jerry Dalrymple (JR) 1:01.37Y</p> <p>Joe Wilson (FR) 1:02.70Y</p> <p>Jeremy Kleb (SR) 1:12.19Y</p> <p>Mick Fioramonti (8) 1:38.56Y</p> <p>Jack Champney (8) X NT</p> <hr/> <p>Athletes 5</p> <p># 12 Female Senior 100 Fly</p> <p>Emily Flynn (SO) 1:08.99Y</p> <p>Isabelle Luevano (SO) 1:12.16Y</p> <p>Lily Byers (SO) 1:20.67Y</p> <p>Sophia Zadnik (SO) 1:23.02Y</p> <hr/> <p>Athletes 4</p>
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<p># 13 Male Senior 100 Free</p> <p>Drew Dalrymple (SR) 56.76Y</p> <p>Liam Kellogg (JR) 57.01Y</p> <p>Christian Ceol (SR) 58.19Y</p> <p>Joey Arnold (SR) 1:00.20Y</p> <p>Peter Konstanty (8) X 1:12.51Y</p> <p>Max Wilson (7) X 1:13.18Y</p> <p>Liam Halisky (7) X 1:17.93Y</p> <p>Michael McGrath (8) X 1:18.89Y</p> <p>Chris Arnold (7) X 1:24.80Y</p> <p>Aaron Bishop (8) X 1:31.47Y</p> <p>Kyle Da Re (JR) X 2:03.62Y</p> <hr/> <p>Athletes 11</p> <p># 14 Female Senior 100 Free</p> <p>Teresa Bingham (SO) 1:04.89Y</p> <p>Kathleen O'Malley (SR) 1:05.66Y</p> <p>Maggie Gibbons (8) 1:10.43Y</p> <p>Madelyn Zadnik (8) 1:11.77Y</p> <p>Lucia Bingham (7) X 1:16.81Y</p> <p>Haley Fifield (7) X 1:17.75Y</p> <p>Maddie Given (SO) X 1:22.43Y</p> <p>Elizabeth Dwane (SO) X 1:23.58Y</p> <p>Virginia Hartung (JR) X 1:25.28Y</p> <p>Rose Waldron (7) X 1:29.26Y</p> <p>Cate Waldron (8) X 1:32.95Y</p> <p>Emma Catahui (SO) X 1:34.60Y</p> <p>Meg Blanchette (7) X 1:34.79Y</p> <hr/> <p>Athletes 13</p> <p># 15 Male Senior 500 Free</p> <p>Nathan Luevano (FR) 6:06.18Y</p> <p>Joe Wilson (FR) 6:26.01Y</p> <p>Joey Dealey (FR) 6:52.82Y</p> <p>Jeremy Kleb (SR) 6:54.33Y</p> <p>John McGrath (JR) X 7:00.00Y</p> <p>Ryan Beltran (8) X 7:45.00Y</p> <p>Patrick Hartung (FR) X 8:15.00Y</p> <p>Michael Brox (7) X 8:17.00Y</p> <p>Chris Lynch (8) X 8:20.00Y</p> <hr/> <p>Athletes 9</p> <p># 16 Female Senior 500 Free</p> <p>Anne Konstanty (SR) 6:06.06Y</p> <p>Catriona Linton (SO) 6:35.10Y</p> <p>Lily Byers (SO) 6:57.51Y</p> <p>Ava Hudson (8) 7:13.35Y</p> <hr/> <p>Athletes 4</p> <p># 17 Male Senior 200 Free Relay A SST 1:38.43Y</p> <p>1 Liam Kellogg (JR)</p>	<p>2 Shane Koehr (SR)</p> <p>3 Christian Ceol (SR)</p> <p>4 Drew Dalrymple (SR)</p> <hr/> <p>Athletes 4</p> <p># 17 Male Senior 200 Free Relay B SST 1:46.82Y</p> <p>1 John McGrath (JR)</p> <p>2 Jeremy Kleb (SR)</p> <p>3 Jj Brox (FR)</p> <p>4 Joey Arnold (SR)</p> <hr/> <p>Athletes 4</p> <p># 17 Male Senior 200 Free Relay C SST 2:15.00Y</p> <p>1 David Hudson (8)</p> <p>2 Michael McGrath (8)</p> <p>3 Chris Lynch (8)</p> <p>4 Kyle Da Re (JR)</p> <hr/> <p>Athletes 4</p> <p># 17 Male Senior 200 Free Relay D SST 2:17.00Y</p> <p>1 Joey Dealey (FR)</p> <p>2 Patrick Hartung (FR)</p> <p>3 Jed Albin (8)</p> <p>4 Jack Champney (8)</p> <hr/> <p>Athletes 4</p> <p># 17 Male Senior 200 Free Relay E SST 2:19.00Y</p> <p>1 Ryan Beltran (8)</p> <p>2 Dominick Tolentino (SR)</p> <p>3 Michael Brox (7)</p> <p>4 Joseph Dwane (8)</p> <hr/> <p>Athletes 4</p> <p># 17 Male Senior 200 Free Relay F SST 2:21.00Y</p> <p>1 Peter Konstanty (8)</p> <p>2 Liam Halisky (7)</p> <p>3 Chris Arnold (7)</p> <p>4 Peter Hartung (7)</p> <hr/> <p>Athletes 4</p> <p># 17 Male Senior 200 Free Relay G SST 2:23.00Y</p> <p>1 Mick Fioramonti (8)</p> <p>2 Max Wilson (7)</p> <p>3 Seth Kellogg (7)</p> <p>4 Aaron Bishop (8)</p> <hr/> <p>Athletes 4</p>
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# 18 Female Senior 200 Free Relay A SST	1:49.34Y	3 Jo Hartung (8)	
1 Isabelle Luevano (SO)		4 Clare Flynn (8)	
2 Emily Flynn (SO)			
3 Anne Konstanty (SR)		Athletes	4
4 Mary Pennefather (FR)			
Athletes	4	# 19 Male Senior 100 Back	
# 18 Female Senior 200 Free Relay B SST	2:08.38Y	Shane Koehr (SR)	1:01.59Y
1 Mary Clare Waldron (SO)		Evan Wilson (JR)	1:05.62Y
2 Moira Haggerty (FR)		David Hudson (8)	1:14.91Y
3 Catriona Linton (SO)		Mick Fioramonti (8)	1:23.10Y
4 Theresa Dwane (SR)		Chris Arnold (7)	X 1:33.49Y
Athletes	4	Jed Albin (8)	X 1:47.98Y
# 18 Female Senior 200 Free Relay C SST	2:10.00Y	Aaron Bishop (8)	X 1:49.29Y
1 Haley Fifield (7)		Dominick Tolentino (SR)	X 1:59.78Y
2 Lucia Bingham (7)		Athletes	8
3 Mary Catherine Hurley (7)		# 20 Female Senior 100 Back	
4 Lucy Pennefather (7)		Caroline Griffin (SR)	1:02.04Y
Athletes	4	Emily Flynn (SO)	1:14.44Y
# 18 Female Senior 200 Free Relay D SST	2:14.00Y	Ceili Koehr (SO)	1:18.65Y
1 Katie Dealey (SR)		Mary O'Malley (SO)	1:19.41Y
2 Virginia Hartung (JR)		Shannon O'Malley (7)	X 1:24.30Y
3 Elena Morano (SR)		Lucia Bingham (7)	X 1:28.01Y
4 Sophia Zadnik (SO)		Mary Catherine Hurley (7)	X 1:28.64Y
Athletes	4	Katie Dealey (SR)	X 1:29.27Y
# 18 Female Senior 200 Free Relay E SST	2:15.00Y	Lucy Pennefather (7)	X 1:37.61Y
1 Ceili Koehr (SO)		Rose Waldron (7)	X 1:40.88Y
2 Maddie Given (SO)		Teresa Kerlek (JR)	X 1:59.91Y
3 Elizabeth Dwane (SO)		Lauran Curley (SR)	X 2:33.81Y
4 Emma Catabui (SO)		Jo Hartung (8)	X 2:40.90Y
Athletes	4	Athletes	13
# 18 Female Senior 200 Free Relay F SST	2:18.00Y	# 21 Male Senior 100 Breast	
1 Ava Hudson (8)		Nathan Luevano (FR)	1:12.61Y
2 Julia Atkinson (8)		Liam Kellogg (JR)	1:15.69Y
3 Amelia Geary (8)		Jj Brox (FR)	1:18.00Y
4 Cate Waldron (8)		Joey Dealey (FR)	1:27.01Y
Athletes	4	Seth Kellogg (7)	X 1:40.87Y
# 18 Female Senior 200 Free Relay G SST	2:22.00Y	Liam Halisky (7)	X 1:43.86Y
1 Shannon O'Malley (7)		Michael Brox (7)	X 1:45.50Y
2 Elodie Brox (7)		Patrick Hartung (FR)	X 1:48.90Y
3 Rose Waldron (7)		Michael McGrath (8)	X 2:26.07Y
4 Lauran Curley (SR)		Jack Champney (8)	X 2:28.97Y
Athletes	4	Joseph Dwane (8)	X 2:29.06Y
# 18 Female Senior 200 Free Relay H SST	2:25.00Y	Peter Hartung (7)	X 2:44.67Y
1 Teresa Kerlek (JR)		Kyle Da Re (JR)	X 2:45.00Y
2 Meg Blanchette (7)		Athletes	13

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22 Female Senior 100 Breast

Mary Pennefather (FR)	1:22.87Y
Mary Clare Waldron (SO)	1:24.75Y
Katie Albin (SR)	1:25.49Y
Theresa Dwane (SR)	1:32.74Y
Madelyn Zadnik (8)	X 1:37.51Y
Julia Atkinson (8)	X 1:37.76Y
Amelia Geary (8)	X 1:38.57Y
Elizabeth Dwane (SO)	X 1:40.02Y
Elodie Brox (7)	X 1:41.63Y
Moira Haggerty (FR)	X 1:50.34Y
Maddie Given (SO)	X 1:53.18Y
Virginia Hartung (JR)	X 1:56.58Y
Emma Catabui (SO)	X 1:57.38Y
Cate Waldron (8)	X 1:57.77Y
Orla Haggerty (7)	X 2:04.91Y
Elena Morano (SR)	X 2:05.60Y
Clare Flynn (8)	X 2:37.21Y

Athletes 17

23 Male Senior 400 Free Relay A SST

3:48.69Y

- 1 Jacob Alsup (SR)
- 2 Christian Ceol (SR)
- 3 Joe Wilson (FR)
- 4 Jerry Dalrymple (JR)

Athletes 4

23 Male Senior 400 Free Relay B SST

3:54.15Y

- 1 Evan Wilson (JR)
- 2 Liam Kellogg (JR)
- 3 Nathan Luevano (FR)
- 4 Jeremy Kleb (SR)

Athletes 4

24 Female Senior 400 Free Relay A SST

4:19.70Y

- 1 Teresa Bingham (SO)
- 2 Mary O'Malley (SO)
- 3 Kathleen O'Malley (SR)
- 4 Caroline Griffin (SR)

Athletes 4

24 Female Senior 400 Free Relay B SST

4:39.33Y

- 1 Lily Byers (SO)
- 2 Catriona Linton (SO)
- 3 Katie Albin (SR)
- 4 Madelyn Zadnik (8)

Athletes 4

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Female IE's:	82	Total Athletes:	74
Male IE's:	66		
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Total IE's:	148	Total RE's:	35