

### Seton Swimming 2020 VISAA State Swimming Championship

Just print this document, scan if for the stuff you need to know ASAP, then bring it with the other attachments posted on the web site. It has everything you need to know about our trip to the State Championship Swim Meet from Friday to Saturday, February 14-15<sup>th</sup>, 2020:

### Anticipated Attendance:

1. The following 50 swim team members, coaches and parents are joining us at States for Team meals and gatherings:

2020 Seton VISAA State Championship Team

	01.1	<b>D</b> (1)			0
Teamanhan	Shirt Size	Parent(s)	Adult Doom on othin	Ladadaa	Staying to Help
Teammember Girls	Size	Attending	Adult Responsible	Lodging	at House
Katie Albin	Has One		Melissa Alsup	Hotel	
Teresa Bingham	Has One	Michael	Michael Bingham	House/Hotel	
Maggie Gibbons	M	Ellen	Ellen Gibbons	Hotel	
Emily Flynn	Has One	Terry	Terry Flynn	Hotel	
Caroline Griffin	Has One	Therese	Therese Griffin	Team House	Upstairs Master
Anne Konstanty	Has One	Therebe	Hank Konstanty	Hotel	opotuito muoter
Isabelle Luevano	Has One	Alexandra	Alexandra Luevano	Team House	Upstairs Guest 2
		Everardo			1
Kathleen O'Malley	Has One		Kevin O'Malley	Hotel	
Mary O'Malley	S	Kevin	Kevin O'Malley	Hotel	
Mary Pennefather	Has One		Alexandra Luevano	Team House	Upstairs Sofa
Mary Clare Waldron	М		Alexandra Luevano	Team House	Upstairs Sofa
Katie Dealey	Has One		Bill Dealey	Team House	Upstairs Sofa
Elena Morano	L		Melissa Alsup	Hotel	
Lauran Curley	L		Kimberly Dalrymple	Hotel	
Callie Couture	L		Melissa Alsup	Hotel	
Boys					
Jacob Alsup	Has One	Melissa	Melissa Alsup	Team House/Hotel	Basement Guest 1
Joey Arnold	M		Melissa Alsup	Hotel	
Christian Ceol	Has One	Dawn	Dawn Ceol	Hotel	
		Ed			
Drew Dalrymple	Has One		Kimberly Dalrymple	Team House	Basement Sofa
Jerry Dalrymple	Has One		Kimberly Dalrymple	Team House	Basement Sofa
Liam Kellogg	М		Julie Fioramonti	Julie's House	
Shane Koehr	Has One		Jim Koehr	Team House	Basement Guest 1
John McGrath	М	Mike	Mike McGrath	Hotel	
Nathan Luevano	М		Alexandra Luevano	Team House	Basement Sofa
Evan Wilson	Has One	Dave	Dave Wilson	Hotel	
Joe Wilson	М		Dave Wilson	Hotel	
Jeremy Kleb	L		Jim Koehr	Team House	Basement Guest 1
Justin Fioramonti	Has One		Julie Fioramonti	Julie's House	
Dominick Tolentino	М		Melissa Alsup	Hotel	
Patrick Wood	L		Melissa Alsup	Hotel	
Other Coaches/Offic	- vials				
Bill Dealey	Has One			VT Dorm	
Charles Seltman	Has One	Katherine		Hotel	
Jim Griffin	XXL	ixacitetiiie		Team House	Upstairs Master
Hank Konstanty	Has One			Hotel	Opstants master
Pat Mulhern	Has One			Team House	Basement Master
Kimberly Dalrymple	Has One			Hotel	Upstairs Guest 1
Jim Koehr	Has One		Kimberly Dalrymple	Team House	Basement Guest 1
Jun Roem	1145 0110		runberry Dairynpie	1 can riouse	Dasement Guest I

### Meal Count:

Kids:	30
Adults:	20
Total:	50

### Trip Overview

The trip to Christiansburg will be from Thursday to Sunday, February 13th to 16th:

- On Thursday, se will leave straight from breakfast at IHOP for Richmond to attend the Virginia March for Life
  - From the March we will head straight to the Christiansburg Aquatic Center for a warm-up
  - After Warm-up, we will go to our Team House on Claytor Lake for a team dinner
- On Friday, we compete in the first half of the meet, the 200 Medley Relay through 100 Butterfly.
  - Prelims are in the morning and Finals for the top 16 qualifiers are at night
  - We will gather at the Team house in between
- On Saturday, we repeat the routine for 100 Free through the 400 Free Relay
   We'll end the weekend with a party at the house on Saturday night

### General Information:

- 1. The VISAA Swimming Committee is posting all information about the State Championship meet at <u>https://www.swimcloud.com/results/145873/</u>
  - a. Psych Sheets, Heat Sheets, Results and other information will available there
    - i. There may or may not be meet programs that accompany your admission. It is probably safe for you to go to this site and print one in advance and bring it with you.
  - b. The meet will also be on Meet Mobile for all meet information
  - c. Meet Mobile, an app on your Android or iOS smartphone
    - i. Download it from the App Store. Do not accidently select Mobile Meet
  - d. I will also be posting results on <u>www.setonswimming.org</u>
  - e. I will append the Psych Sheet to this document, once it is available
  - f. The Woodberry Forest School Production Network (WFSPN) will be providing a commentated, live stream of the entire swimming portion of the meet this year at <a href="https://livestream.com/wfspn">https://livestream.com/wfspn</a>
- 2. We are responsible for timing in Lane 5 for both Friday and Saturday Preliminaries.
  - a. Mrs. Alsup, can you please make sure we have this handled?
- 3. Entry to the meet requires a paid admission and it is not cheap
  - a. General Admission Fees, which include a Meet Program:
    - i. Friday (any or all sessions): \$10 per person.
    - ii. Saturday (any or all sessions): \$10 per person.
    - iii. Family Rate (2 adults + 3 children): \$30.00 per day.
      - 1. Children under 6 are free.
      - 2. Team members in uniform are free.
  - b. VISAA is using Ticket Spicket for on-line advance ticket sales this year.
    - i. Tickets are redeemable from your cell phone
    - ii. There are three ways to purchase tickets:
      - 1. Go to https://events.ticketspicket.com/agency/d6cc88b4-bd16-4334-8821-33a74ebf96ca
      - 2. Download the Ticket Spicket mobile app, or
      - 3. Text "VISAA" to 31996 to receive a direct link to purchase tickets
- 4. Spectator Seating at the venue is excellent with a raised seating area around two (2) sides of the pool.
  - a. There will be no Watch & Go Seating
  - b. You are going to want to get there early if you want to be along the side of the pool, but there are not a lot of bad seats.
- 5. Team Deck Seating
  - a. There will be a seating rotation on deck this year.

### i. Once we know our group assignment, I will publish it here

Group Number	Friday Prelims	Friday Finals	Saturday Prelims	Saturday Finals
1	А	В	С	D
2	В	С	D	А
3	С	D	А	В
4	D	A	В	С

b. Here is the rotation scheme:

- c. Captains will need to claim a space for us for each session
  - i. I'd bring a lawn chair
- d. We are well know in the VISAA, and I was on the Board for many years, so we must follow the rule that only Swimmers, Coaches and Officials are on deck.
  - i. Parents, please stay in the stands
- 6. Our team uniform for the entire meet is the Seton State Team Rugby shirt.
  - a. <u>No one</u> should be in our team area out of uniform
  - b. If you were on the team last year, you received a rugby shirt already
  - c. If you are new to the State team, Mrs. Lynch is getting you a shirt.
  - d. I will hand out shirts at IHOP on Thursday morning (see schedule below)
- 7. I have arranged with Mrs. Cooper for members of the State Team to be excused from school on Thursday and Friday.
- 8. Does anyone know who has the team banner?
- 9. There is a Senior Parade on Saturday night.
  - a. Details are in the Meet Announcement.
  - b. I'll leave it to Caroline and Mrs. Griffin figure out if the seniors want to wear anything special.

### 10. Cost:

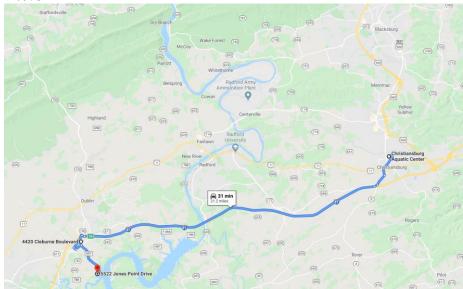
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- a. \$40 per person for food and celebrations for the entire weekend.
- b. \$100 per person if you are staying at the house
- c. This amount will not cover the full cost of the weekend. Additional donations are welcomed
- d. Checks made out to "Seton Swim Team" and given to Mrs. Dalrymple please.

### Team House and Hotel

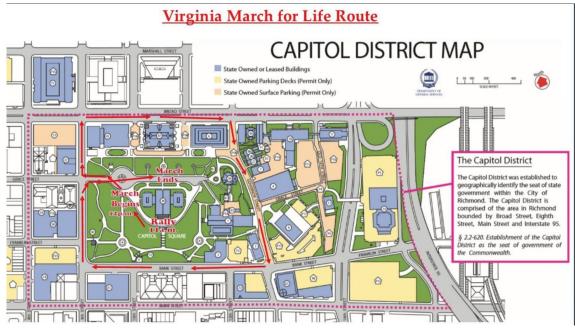
- 1. We have a house for team meals and gatherings on Claytor Lake:
  - VRBO House called "Lake Rider" at 5522 Jones Point Drive, Dublin, VA 24084
    - <u>Here's</u> a link to information on the house
    - The reservation is under "Jim Koehr"
    - Our contact for the house is Ceretha Powell at New River Retreat
      - (800) 916-9346
      - guestservices@newriverretreat.com
  - Check-in time is 4:00 p.m., but if we need to get in earlier, I can call and they will likely allow an earlier check-in if the house was not rented the night before
  - Code to access key lockbox for the Lake Rider is 2002, and the lockbox is on the door.
    - You should enter 2002 and then spin the deadbolt to the left to open.
    - To lock, enter code and spin in the opposite direction.
  - The functions that will occur at the house to which everyone is invited:
    - Thursday night team dinner, around 6:15 p.m. after warm-up at the pool
      - Friday afternoon lunch and team fellowship
      - Saturday afternoon lunch and team fellowship
      - Saturday night post-meet Dinner and Party

- We are over the limit for occupants of the house, so please don't bring extra people without discussing it with me first.
  - Disobeying the VRBO or AirBnB rules on occupancy has limited our ability to do this in the past, so I don't want to repeat that same mistake.
  - Parking at the house:
    - Park in the driveway. There should be plenty of room this year
- 2. Most of the team is actually sleeping at the **Hampton Inn** at **4420 Cleburne Blvd, Dublin, VA 24084** 
  - You should have claimed a room in the Seton Swim Team room block by now
    - If you are participating fully in the planned events, then you will need a room from Thursday night, February 13<sup>th</sup> through Sunday morning, February 16<sup>th</sup>
  - Here's our hotel contact.
    - The Room Block is under "Kimberly Dalrymple, Seton Swim Team"
    - Phone: (540) 674-5700
- 3. The pool is 31 minutes (21.2 miles) from the Hampton Inn and another 8 minutes (3.0 miles) from the Team House on Claytor Lake
  - The Christiansburg Aquatic Center is at 595 N Franklin St, Christiansburg, VA 24073



### Schedule:

Thursday, February	<u>13<sup>m</sup></u>
7:30 a.m	State Team Breakfast at IHOP in Manassas Mall at 8300 Sudley Rd,
	Manassas, VA 20109. Pay for your own. Wear your Rugby shirt or receive
	your shirt at breakfast. Contact is Manager Khalid, (703) 396-9130
9:00 a.m	Leave for Richmond to participate in the Virginia March for Life
10:45 a.m	Meet outside the parking garage at the Richmond Convention Center at 351
	N. Third Street, Richmond, VA 23219
11:45 a.m	Virginia March for Life Rally on the steps of the Virginia State Capitol at
	1000 Bank Street, Richmond, VA 23219
12:45 p.m	Virginia March for Life around the Capitol Grounds



1:30 p.m. –

Get on the road for the Christiansburg Aquatic Center. It is 211 miles that will take 3 hours and 9 minutes, so we are probably going to have to leave the March a bit early.

- 4:45 p.m. Meet on the deck of the Christiansburg Aquatic Center
- 5:00 p.m. State Team warm-up in lanes 3, 4 and 5
- 5:45 p.m. Return to the Team House
- 6:30 p.m. Team Dinner
- 8:45 p.m. Clear out the house, go back to the hotel and get in bed
- 9:30 p.m. Get to sleep! This is a very long weekend, so let's not get into a sleep deficit on the first night

### Friday, February 14th

Preliminaries	
6:45 a.m	Leave the house or hotel for the pool. Eat a good breakfast before.
7:29 a.m	Stretching on deck at the Christiansburg Aquatic Center
8:10 to 8:35 a.m	Warm-up for Preliminaries in lanes 7 and 8
8:15 a.m	Officials meeting
8:30 a.m	Coaches meeting
9:00 a.m	Timers meeting. Three timers from Seton need to handle Lane 5
9:25 a.m	National Anthem
9:30 a.m	Preliminaries begin for:
	• 200 Medley Relay
	• 200 Free
	• 200 IM
	• 50 Free
	• Bonus 50 Free
	• 100 Fly
12:00 p.m. –	Team lunch and fellowship at the Team House
Finals	
5:00 to 5:45 p.m. –	Finals warm-up for Finalists (probably just for the one or both of our Medley
	Relays). It actually starts at 4:30 p.m., but we don't need to be there that
	early.
5:30 p.m	Officials Meeting

6:05 p.m. – National Anthem

Finals for 200 Medley Relay through 100 Fly
Leave Finals early for dinner at the Team house or better yet, at the pool
earlier.
Get to bed!

### Saturday, February 15th

### Preliminaries

6:45 a.m	Leave the house or hotel for the pool. Eat a good breakfast before.
7:29 a.m	Stretching on deck at the Christiansburg Aquatic Center
8:10 to 8:35 a.m. –	Warm-up for Preliminaries in lanes 17 and 18
8:30 a.m	Officials meeting
9:00 a.m	Timers meeting. Three timers from Seton need to handle Lane 5
9:25 a.m	Marcie Van de Voorde and Catie Moore sing the National Anthem
9:15 a.m	Preliminaries begin for:
	• 100 Free
	• 500 Free
	• 200 Free Relay
	• 100 Backstroke
	• 100 Breaststroke
	• 400 Free Relay
1:00 p.m. –	Team lunch and fellowship at the Team House
Finals	
4:45 to 5:30 p.m. –	Finals warm-up for Finalists (at least for some relays). It actually starts at

4:45 to 5:30 p.m. –	Finals warm-up for Finalists (at least for some relays). It actual
	4:15 p.m., but we don't need to be there that early.
5:30 p.m	Officials Meeting
5:50 p.m	Seniors line up for Senior Parade
6:00 p.m	Senior Parade
6:15 p.m. –	National Anthem
6:20 p.m	Finals for 100 Free through 400 Free Relay
9:10 p.m	Awards Ceremony
9:45 p.m. –	Team Party at the Team house

### **Attachments**

- Seton's Entries
- Warm-up Schedule
- Psych Sheet
- VISAA Division breakdown
- Seton Top Relay Splits
- Meet Announcement

Jocation. G	ristiansburg Aquatic Center	Feb-20 to 15-Feb-20 [Ag	eup: 8/1/2019]	Yards
Seton Swim	ming [SST] Coach: Jim Koehr			
9314 Maple Street		540-379-8328		
Manassas, VA 20110		Coach@Koehi	ranny.com	
FEMALE	Event	Time	Date	Meet
Katie Albin		2		
# 23	Female Senior 400 Free Relay B	3		CUSTOM TIME
Athletes co	unt: 1			
Teresa Bing	gham (SO)			
# 17	Female Senior 200 Free Relay B	3		CUSTOM TIME
# 23	Female Senior 400 Free Relay B	1		CUSTOM TIME
Athletes co	unt: 2			
Emily Flynr	ı (SO)			
# 1	Female Senior 200 Medley Relay A	3		CUSTOM TIME
# 11	Female Senior 100 Fly	1:06.98Y	2/8/2020	2020 DAC Championship Meet
# 17 # 101	Female Senior 200 Free Relay A Female Senior 50 Free	2 27.91Y	4 /4 0 /0000	CUSTOM TIME National Catholic H.S. Championship 2020
Athletes co	unt: 4			
Maggie Gib	hons (8)			
# 17	Female Senior 200 Free Relay B	2		CUSTOM TIME
# 101	Female Senior 50 Free	28.55Y	2/8/2020	2020 DAC Championship Meet
Athletes co	unt: 2			
	iffin (SR)1/1/2001			
Caroline Gr	IIIII (5K)1/1/2001			CUSTOM TIME
# 1	Female Senior 200 Medley Relay A	1		
# 1 # 17	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A	1		CUSTOM TIME
# 1 # 17 # 19	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A Female Senior 100 Back	1 1:05.20Y	1/18/2020	CUSTOM TIME National Catholic H.S. Championship 2020
# 1 # 17	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A Female Senior 100 Back Female Senior 400 Free Relay A	1	1/18/2020	CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes cor	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A Female Senior 100 Back Female Senior 400 Free Relay A	1 1:05.20Y	1/18/2020	CUSTOM TIME National Catholic H.S. Championship 2020
# 1 # 17 # 19 # 23 Athletes con	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A Female Senior 100 Back Female Senior 400 Free Relay A unt: 4	1 1:05.20Y 2	1/18/2020	CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes con Anne Konst # 1	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A Female Senior 100 Back Female Senior 400 Free Relay A unt: 4 santy (SR) Female Senior 200 Medley Relay A	1 1:05.20Y 2 2		CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes con Anne Konst # 1 # 3	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A Female Senior 100 Back Female Senior 400 Free Relay A unt: 4 Female Senior 200 Medley Relay A Female Senior 200 Free	1 1:05.20Y 2 2 2:13.35Y	1/18/2020 2/8/2020	CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME CUSTOM TIME 2020 DAC Championship Meet
# 1 # 17 # 19 # 23 Athletes con Anne Konst # 1	Female Senior 200 Medley Relay A Female Senior 200 Free Relay A Female Senior 100 Back Female Senior 400 Free Relay A unt: 4 <b>tanty (SR)</b> Female Senior 200 Medley Relay A Female Senior 200 Free Female Senior 200 Free Female Senior 200 Free Relay B	1 1:05.20Y 2 2		CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes con Anne Konst # 1 # 3 # 17	Female Senior200 Medley Relay AFemale Senior200 Free Relay AFemale Senior100 BackFemale Senior400 Free Relay Aunt:4Canty (SR)Female Senior200 Medley Relay AFemale Senior200 FreeFemale Senior200 Free	1 1:05.20Y 2 2 2:13.35Y 4		CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME CUSTOM TIME 2020 DAC Championship Meet CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes con # 1 # 3 # 17 # 23 Athletes con	Female Senior200 Medley Relay AFemale Senior200 Free Relay AFemale Senior100 BackFemale Senior400 Free Relay Aunt:4Canty (SR)Female Senior200 Medley Relay AFemale Senior200 FreeFemale Senior200 Free Relay BFemale Senior200 Free Relay AMunt:4	1 1:05.20Y 2 2 2:13.35Y 4		CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME CUSTOM TIME 2020 DAC Championship Meet CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes con # 1 # 3 # 17 # 23 Athletes con Isabelle Luc	Female Senior       200 Medley Relay A         Female Senior       200 Free Relay A         Female Senior       100 Back         Female Senior       400 Free Relay A         unt:       4         canty (SR)         Female Senior       200 Medley Relay A         Female Senior       200 Medley Relay A         Female Senior       200 Free         Female Senior       200 Free         Female Senior       200 Free Relay B         Female Senior       400 Free Relay A         unt:       4	1 1:05.20Y 2 2 2:13.35Y 4 3		CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME 2020 DAC Championship Meet CUSTOM TIME CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes con # 1 # 3 # 17 # 23 Athletes con Isabelle Luc # 1	Female Senior       200 Medley Relay A         Female Senior       200 Free Relay A         Female Senior       100 Back         Female Senior       400 Free Relay A         unt:       4         tanty (SR)         Female Senior       200 Medley Relay A         Female Senior       200 Medley Relay A         Female Senior       200 Free         Female Senior       200 Free         Female Senior       200 Free Relay B         Female Senior       400 Free Relay A         unt:       4         evano (SO)       Female Senior         Female Senior       200 Medley Relay B	1 1:05.20Y 2 2 2:13.35Y 4 3		CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME 2020 DAC Championship Meet CUSTOM TIME CUSTOM TIME
# 1 # 17 # 19 # 23 Athletes con # 1 # 3 # 17 # 23 Athletes con Isabelle Luc	Female Senior       200 Medley Relay A         Female Senior       200 Free Relay A         Female Senior       100 Back         Female Senior       400 Free Relay A         unt:       4         canty (SR)         Female Senior       200 Medley Relay A         Female Senior       200 Medley Relay A         Female Senior       200 Free         Female Senior       200 Free         Female Senior       200 Free Relay B         Female Senior       400 Free Relay A         unt:       4	1 1:05.20Y 2 2 2:13.35Y 4 3		CUSTOM TIME National Catholic H.S. Championship 2020 CUSTOM TIME 2020 DAC Championship Meet CUSTOM TIME CUSTOM TIME

### **Individual Meet Entries Report**

2020 VISAA Swimming & Diving Championship 14-Feb-20 to 15-Feb-20 [Ageup: 8/1/2019] Yards Seton Swimming [SST] Coach: Jim Koehr

FEMALE	Event	Time	Date	Meet
Athletes co	unt: 4			
Kathleen O	'Malley (SR)			
#1	Female Senior 200 Medley Relay B	4		CUSTOM TIME
# 17	Female Senior 200 Free Relay B	1		CUSTOM TIME
# 23	Female Senior 400 Free Relay B	2		CUSTOM TIME
# 101	Female Senior 50 Free	X 28.27Y	2/8/2020	2020 DAC Championship Meet
Athletes co	unt: 4			
Mary O'Ma				
#1	Female Senior 200 Medley Relay B	1		CUSTOM TIME
# 23	Female Senior 400 Free Relay B	4		CUSTOM TIME
Athletes co	unt: 2			
Mary Penn	efather (FR)			
#1	Female Senior 200 Medley Relay A	4		CUSTOM TIME
# 7	Female Senior 50 Free	26.20Y	1/18/2020	National Catholic H.S. Championship 2020
# 17	Female Senior 200 Free Relay A	4		CUSTOM TIME
# 23	Female Senior 400 Free Relay A	4		CUSTOM TIME
Athletes co	unt: 4			
Mary Claro	Waldron (SO)			
# 1	Female Senior 200 Medley Relay B	2		CUSTOM TIME
		2		
Athletes co	unt: 1			

### **Individual Meet Entries Report**

### 2020 VISAA Swimming & Diving Championship 14-Feb-20 to 15-Feb-20 [Ageup: 8/1/2019] Yards Seton Swimming [SST] Coach: Jim Koehr

MALE	Event	Time	Date	Meet
Jacob Alsup	) (SR)			
# 2	Male Senior 200 Medley Relay A	2		CUSTOM TIME
# 12	Male Senior 100 Fly	1:00.83Y	2/8/2020	2020 DAC Championship Meet
# 18	Male Senior 200 Free Relay A	4		CUSTOM TIME
# 24	Male Senior 400 Free Relay B	4		CUSTOM TIME
Athletes co	unt: 4			
Joey Arnolo	l (SR)			
# 18	Male Senior 200 Free Relay B	2		CUSTOM TIME
# 102	Male Senior 50 Free	X 25.88Y	12/7/2019	STC Swim and Dive Invite #1
Athletes co	unt: 2			
Christian C	eol (SR)			
# 18	Male Senior 200 Free Relay B	4		CUSTOM TIME
# 24	Male Senior 400 Free Relay A	2		CUSTOM TIME
# 102	Male Senior 50 Free	X 24.39Y	1/18/2020	National Catholic H.S. Championship 2020
Athletes co	unt: 3			
Drew Dalry	mple (SR)			
# 2	Male Senior 200 Medley Relay A	4		CUSTOM TIME
# 8	Male Senior 50 Free	23.51Y	2/8/2020	2020 DAC Championship Meet
# 18	Male Senior 200 Free Relay A	2		CUSTOM TIME
# 24	Male Senior 400 Free Relay A	3		CUSTOM TIME
Athletes co	unt: 4			
Jerry Dalry	mple (JR)			
# 2	Male Senior 200 Medley Relay A	3		CUSTOM TIME
# 18	Male Senior 200 Free Relay B	3		CUSTOM TIME
# 24	Male Senior 400 Free Relay A	4		CUSTOM TIME
# 102	Male Senior 50 Free	X 24.78Y	2/8/2020	2020 DAC Championship Meet
Athletes co	unt: 4			
-	umonti (SR)			
# 2	Male Senior 200 Medley Relay B (Alternate)	А		CUSTOM TIME
# 18	Male Senior 200 Free Relay B (Alternate)	А		CUSTOM TIME
# 24	Male Senior 400 Free Relay B (Alternate)	А		CUSTOM TIME
Athletes co	unt: 3			
Liam Kello	gg (JR)			
# 2	Male Senior 200 Medley Relay B	4		CUSTOM TIME
# 18	Male Senior 200 Free Relay A	3		CUSTOM TIME
# 102	Male Senior 50 Free	X 24.64Y	2/1/2020	14th Annual VISAA Division II Invitational
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### **Individual Meet Entries Report**

2020 VISAA Swimming & Diving Championship 14-Feb-20 to 15-Feb-20 [Ageup: 8/1/2019] Yards Seton Swimming [SST] Coach: Jim Koehr

MALE	Event	Time	Date	Meet
Athletes count:	3			
Jeremy Kleb (S	R)			
	Male Senior 200 Medley Relay B (Alternate)	А		CUSTOM TIME
# 18	Male Senior 200 Free Relay B (Alternate)	А		CUSTOM TIME
# 24	Male Senior 400 Free Relay B (Alternate)	А		CUSTOM TIME
Athletes count:	3			
Shane Koehr (S	R)			
# 2	Male Senior 200 Medley Relay A	1		CUSTOM TIME
# 18	Male Senior 200 Free Relay A	1		CUSTOM TIME
# 20	Male Senior 100 Back	1:00.60Y	2/8/2020	2020 DAC Championship Meet
# 24	Male Senior 400 Free Relay A	1		CUSTOM TIME
Athletes count:	4			
Nathan Luevan	o (FR)			
# 2	Male Senior 200 Medley Relay B	2		CUSTOM TIME
# 24	Male Senior 400 Free Relay B	1		CUSTOM TIME
# 102	Male Senior 50 Free	X 25.84Y	1/25/2020	13th Annual VISAA Junior Varsity Invitational
Athletes count:	3			
John McGrath (	JR)			
# 18	Male Senior 200 Free Relay B	1		CUSTOM TIME
# 24	Male Senior 400 Free Relay B	2		CUSTOM TIME
# 102	Male Senior 50 Free	X 26.10Y	1/18/2020	Seton Winter Invitational
Athletes count:	3			
Evan Wilson (Jl	R)			
# 2	Male Senior 200 Medley Relay B	1		CUSTOM TIME
# 102	Male Senior 50 Free	X 25.60Y	12/21/2019	Seton Homecoming Invitational
Athletes count:	2			
Joe Wilson (FR)	I			
# 2	Male Senior 200 Medley Relay B	3		CUSTOM TIME
# 24	Male Senior 400 Free Relay B	3		CUSTOM TIME
# 102	Male Senior 50 Free	X 26.09Y	12/14/2019	Seton Icebreaker Invitational
	Male Senior 50 Free		12/14/2019	

Athletes count: 3

### **Individual Meet Entries Report**

2020 VISAA Swimming & Diving Championship 14-Feb-20 to 15-Feb-20 [Ageup: 8/1/2019] Yards Seton Swimming [SST] Coach: Jim Koehr

MALE	Even	ıt		Time	Date	Meet	
Female IE'	's:	8	Female RE's:	24			
Male IE		11	Male RE's:	30			
Total IE	's:	19	Total RE's:	54			

Total Athletes: 24

### **Individual Meet Entries Report**

2020 VISAA Swimming & Diving Championship 14-Feb-20 to 15-Feb-20 [Ageup: 8/1/2019] Yards **Location: Christiansburg Aquatic Center** Seton Swimming [SST] Coach: Jim Koehr 9314 Maple Street 540-379-8328 Manassas, VA 20110 Coach@KoehrFamily.com Time Date Meet Name # 1 Female Senior 200 Medley Relay A 1:58.98Y CUSTOM TIME Caroline Griffin (SR) Anne Konstanty (SR) Emily Flynn (SO) Mary Pennefather (FR) Athletes count : 4 2:11.75Y CUSTOM TIME # 1 Female Senior 200 Medley Relay B Mary O'Malley (SO) Mary Clare Waldron (SO) Isabelle Luevano (SO) Kathleen O'Malley (SR) Athletes count: 4 # 2 Male Senior 200 Medley Relay A 1:48.93Y CUSTOM TIME Shane Koehr (SR) Jacob Alsup (SR) Jerry Dalrymple (JR) Drew Dalrymple (SR) Athletes count : 4 1:55.19Y CUSTOM TIME # 2 Male Senior 200 Medley Relay B Evan Wilson (JR) Nathan Luevano (FR) Joe Wilson (FR) Liam Kellogg (JR) Athletes count: 4 # 3 Female Senior 200 Free 2:13.35Y 2/8/2020 2020 DAC Championship Meet Anne Konstanty (SR) Athletes count: 1 # 7 Female Senior 50 Free 1/18/2020 National Catholic H.S. Championship 2020 26.20Y Mary Pennefather (FR) Athletes count: 1 # 8 Male Senior 50 Free 23.51Y 2/8/2020 2020 DAC Championship Meet Drew Dalrymple (SR) Athletes count: 1 # 11 Female Senior 100 Fly 1:06.98Y 2/8/2020 2020 DAC Championship Meet Emily Flynn (SO) Athletes count: 1 # 12 Male Senior 100 Fly 1:00.83Y 2/8/2020 2020 DAC Championship Meet Jacob Alsup (SR) Athletes count: 1

### **Individual Meet Entries Report**

2020 VISAA Swimming & Diving Championship 14-Feb-20 to 15-Feb-20 [Ageup: 8/1/2019] Yards **Location: Christiansburg Aquatic Center** Seton Swimming [SST] Coach: Jim Koehr 9314 Maple Street 540-379-8328 Manassas, VA 20110 Coach@KoehrFamily.com Name Time Date Meet 1:49.02Y CUSTOM TIME # 17 Female Senior 200 Free Relay A Caroline Griffin (SR) Emily Flynn (SO) Isabelle Luevano (SO) Mary Pennefather (FR) Athletes count : 4 1:56.26Y CUSTOM TIME # 17 Female Senior 200 Free Relay B Kathleen O'Malley (SR) Maggie Gibbons (8) Teresa Bingham (SO) Anne Konstanty (SR) Athletes count : 4 # 18 Male Senior 200 Free Relay A 1:34.91Y 2/8/2020 2020 DAC Championship Meet Shane Koehr (SR) Drew Dalrymple (SR) Liam Kellogg (JR) Jacob Alsup (SR) 4 Athletes count: 1:38.43Y CUSTOM TIME # 18 Male Senior 200 Free Relay B John McGrath (JR) Joey Arnold (SR) Jerry Dalrymple (JR) Christian Ceol (SR) Athletes count: 4 # 19 Female Senior 100 Back 1:05.20Y 1/18/2020 National Catholic H.S. Championship 2020 Caroline Griffin (SR) Athletes count: 1 # 20 Male Senior 100 Back 2/8/2020 2020 DAC Championship Meet 1:00.60Y Shane Koehr (SR) Athletes count: 1 3:58.72Y CUSTOM TIME # 23 Female Senior 400 Free Relay A Isabelle Luevano (SO) Caroline Griffin (SR) Anne Konstanty (SR) Mary Pennefather (FR) 4

Athletes count:

### **Individual Meet Entries Report**

Geton Swimming [SST] Coach: Jim Koehr 9314 Maple Street Manassas, VA 20110	540-379-8328 Coach@KoehrFam	ily.com	
Name	Tim	e Date	Meet
<ul> <li><b># 23 Female Senior 400 Free Relay B</b></li> <li>Teresa Bingham (SO)</li> <li>Kathleen O'Malley (SR)</li> <li>Katie Albin (SR)</li> <li>Mary O'Malley (SO)</li> </ul>	4:15.2	7Y	CUSTOM TIME
Athletes count: 4			
<ul> <li><b>24 Male Senior 400 Free Relay A</b></li> <li>Shane Koehr (SR)</li> <li>Christian Ceol (SR)</li> <li>Drew Dalrymple (SR)</li> <li>Jerry Dalrymple (JR)</li> </ul>	3:44.3	8Y 2/1/2020	14th Annual VISAA Division II Invitational
Athletes count: 4			
<ul> <li><b>24 Male Senior 400 Free Relay B</b></li> <li>Nathan Luevano (FR)</li> <li>John McGrath (JR)</li> <li>Joe Wilson (FR)</li> <li>Jacob Alsup (SR)</li> </ul>	3:47.7	1Y	CUSTOM TIME
Athletes count: 4			
<ul> <li># 101 Female Senior 50 Free</li> <li>Isabelle Luevano (SO)</li> <li>Emily Flynn (SO)</li> <li>Kathleen O'Malley (SR)</li> <li>Maggie Gibbons (8)</li> </ul>	X 27.0 27.9 X 28.2 28.5	1Y1/18/20207Y2/8/2020	National Catholic H.S. Championship 2020 National Catholic H.S. Championship 2020 2020 DAC Championship Meet 2020 DAC Championship Meet
Athletes count: 4			
# 102 Male Senior 50 Free			
Christian Ceol (SR)	X 24.3	9Y 1/18/2020	National Catholic H.S. Championship 2020
Liam Kellogg (JR)	X 24.6		14th Annual VISAA Division II Invitational
Jerry Dalrymple (JR)	X 24.7		2020 DAC Championship Meet
Evan Wilson (JR)	X 25.6		Seton Homecoming Invitational
Nathan Luevano (FR)	X 25.8		13th Annual VISAA Junior Varsity Invitational
Joey Arnold (SR)	X 25.8		STC Swim and Dive Invite #1
Joe Wilson (FR)	X 26.0		
John McGrath (JR)	X 26.1	0Y 1/18/2020	Seton Winter Invitational

Athletes count: 8

### **Individual Meet Entries Report**

2020 VISAA Swimming & Diving Championship 14-Feb-20 to 15-Feb-20 [Ageup: 8/1/2019] Yards Location: Christiansburg Aquatic Center Seton Swimming [SST] Coach: Jim Koehr 9314 Maple Street 540-379-8328 Manassas, VA 20110 Coach@KoehrFamily.com <u>Name Time Date Meet</u>

	Female IE's:	8	<b>Total Athletes:</b>	18
_	Male IE's:	11		
	Total IE's:	19	Total RE's:	12

															Lane 8
3-Meter Springboards	Ю И	Ю Х	Ю И	Ю И											Lane 7
	DIVING	DIVIN	DIVIN	DIVIN									D	<b>∆</b>	Lane 6
Dive Tower	R	FOR	FOR	R	e 16	e 15	e 14	e 13	e 12	e 11	e 10	e 9	Η̈́Ξ	Ш Ш	Lane 5
Dive lower	Δ				Lane		Ľ	Lane 4							
	RESERVE	SERVED	SERVED	SERVED									BU	BU	Lane 3
1-Meter Springboards	RES	RES	RES	RES											Lane 2
															Lane 1

### Christiansburg Aquatic Center - Thursday Evening Warmups

54	5:00-5:30	5:30-6:00	6:00-6:30	6:30-7:00	7:00-7:30	7:30-8:00
Lane 1	Woodberry Forest (15)	Paul VI (25)	Bishop O'Connell (36)	Collegiate (33)	Cape Henry (16)	Roanoke Catholic (13)
Lane 2	Woodberry Forest (15)	Paul VI (25)	Bishop O'Connell (36)	Collegiate (33)	Cape Henry (16)	Roanoke Catholic (13)
Lane 3	Seton (24)	Paul VI (25)	Bishop O'Connell (36)	Collegiate (33)	Cape Henry (16)	Virginia Episcopal (18)
Lane 4	Seton (24)	Paul VI (25)	Bishop O'Connell (36)	Collegiate (33)	Nansemond Suffolk (13)	Virginia Episcopal (18)
Lane 5	Seton (24)	Trinity Episcopal (25)	Bishop O'Connell (36)	Collegiate (33)	Nansemond Suffolk (13)	Virginia Episcopal (18)
Lane 6	St. Anne's-Belfield (12)	Trinity Episcopal (25)	Madeira (12)	Saint John Paul (19)	Covenant (17)	Trinity Christian (11)
Lane 7	St. Anne's-Belfield (12)	Trinity Episcopal (25)	Madeira (12)	Saint John Paul (19)	Covenant (17)	Trinity Christian (11)
Lane 8	Fredericksburg Christian (9)	Trinity Episcopal (25)	Fork Union (6)	Saint John Paul (19)	Covenant (17)	Randolph Macon (6)
Lane 9	FCS (9)/Highland (3)	Norfolk Academy (42)	Flint Hill (19)	Nofolk Collegiate (8)	Oakcrest (9)	Walsingham (7)
Lane 10	St. Stephen's & St. Agnes (22)	Norfolk Academy (42)	Flint Hill (19)	Christchurch (16)	Oakcrest (9)	Bishop Ireton (20)
Lane 11	St. Stephen's & St. Agnes (22)	Norfolk Academy (42)	STC/STCA (44)	Christchurch (16)	New Covenant (6)	Bishop Ireton (20)
Lane 12	St. Stephen's & St. Agnes (22)	Norfolk Academy (42)	STC/STCA (44)	Wakefield (13)	Benedictine/St Gertrude (8)	Bishop Ireton (20)
Lane 13	St. Stephen's & St. Agnes (22)	Norfolk Academy (42)	STC/STCA (44)	Wakefield (13)	Benedictine/St Gertrude (8)	Hargrave (8)
Lane 14	St. Stephen's & St. Agnes (22)	Norfolk Academy (42)	STC/STCA (44)	Peninsula Catholic (14)	Chatham (7)	OPEN
Lane 15	Hampton Roads (14)	Fredericksburg Academy (15)	STC/STCA (44)	Peninsula Catholic (14)	Norfolk Christian (10)	OPEN
Lane 16	Hampton Roads (14)	Fredericksburg Academy (15)	STC/STCA (44)	Fishburne (5)/Oaktree (2)	Norfolk Christian (10)	OPEN
Lane 17	Diving	Diving	Diving	Diving	Diving	Diving
Lane 18	Diving	Diving	Diving	Diving	Diving	Diving
Lane 19	Diving	Diving	Diving	Diving	Diving	Diving
Lane 20	Diving	Diving	Diving	Diving	Diving	Diving

Friday         7:45-8:10         8:10-8:35           Lane 1         Madeira (12)         Woodberry Forest (15)	8:35-9:00
	Norfolk (42)
Lane 2 Flint Hill (19) Woodberry Forest (15)/RMA (6)	Norfolk (42)
Lane 3 Flint Hill (19) St. Stephen's & St. Agnes (22)	Norfolk (42)
Lane 4 Fork Union (6)/Williamsburg Christian (4) St. Stephen's & St. Agnes (22)	Norfolk (42)
Lane 5 Fredericksburg Christian (9)/Faith Christian (1) Hampton Roads (14)	Oakcrest (9)/New Community (1)
Lane 6 Collegiate (33) Hampton Roads (14)/New Covenant (6)	Benedictine/St Gertrude (8)
Lane 7 Collegiate (33) Seton (24)	North Cross (9)/Oaktree (2)
Lane 8 Collegiate (33) Seton (24)	Wakefield (13)
Lane 9 Saint John Paul (19) St. Anne's-Belfield (12)	Covenant (17)
Lane 10 Saint John Paul (19) St. Christopher's & St. Catherine's (44)	Covenant (17)/Fishburne (5)
Lane 11 Norfolk Christian (10) St. Christopher's & St. Catherine's (44)	Cape Henry (16)
Lane 12 Christchurch (16) St. Christopher's & St. Catherine's (44)	Cape Henry (16)/Steward (6)
Lane 13 Christchurch (16)/Veritas (8) St. Christopher's & St. Catherine's (44)	Virginia Episcopal (18)
Lane 14 Potomac (19) Paul VI (25)	Virginia Episcopal (18)
Lane 15 Potomac (19) Paul VI (25)	Roanoke Catholic (11)
Lane 16 Trinity Christian (11) Paul VI (25)/Norfolk Collegiate (8)	Bishop Ireton (20)
- Lane 17 Fredericksburg Academy (15) Nansemond Suffolk (13)	Bishop Ireton (20)
Lane 18 Trinity Episcopal (25)/Chatham (7) Bishop O'Connell (36)	Walsingham (7)/Hargrave (7)
Lane 19 Trinity Episcopal (25) Bishop O'Connell (36)	Catholic High School (9)/Highland (3)
Lane 20 Trinity Episcopal (25) Bishop O'Connell (36)	Peninsula Catholic (14)
Saturday 7:45-8:10 8:10-8:35	8:35-9:00
,	
	St. Anne's-Belfield (12) Saint John Paul (19)
Lane 2Cape Henry (16)Bishop O'Connell (36)Lane 3Cape Henry (16)/Fork Union (6)Bishop O'Connell (36)	Saint John Paul (19) Saint John Paul (19)/Faith Christian (1)
Lane 3Cape Henry (16)/Fork Union (6)Bishop O'Connell (36)Lane 4Walsingham (7)/RMA (6)Paul VI (25)	Potomac (19)
Lane 5 Virginia Episcopal (18) Paul VI (25)	Potomac (19)/New Community (1)
Lane 6 Virginia Episcopal (18) Paul VI (25)/Norfolk Collegiate (8)	Norfolk Christian (10)
Lane 7 Covenant (17) St. Christopher's & St. Catherine's (44)	Christchurch (16)
Lane 8 Covenant (17)/Steward (6) St. Christopher's & St. Catherine's (44)	Christchurch (16)
Lane 9 Peninsula Catholic (14) St. Christopher's & St. Catherine's (44)	Fredericksburg Academy (15)
Lane 10 Hargrave (7)/Fishburne (5) St. Christopher's & St. Catherine's (44)	Trinity Episcopal (25)/Veritas (8)
Lane 11 Nansemond Suffolk (13) Hampton Roads (14)	Trinity Episcopal (25)
Lane 12 Norfolk (42) Hampton Roads (14)/North Cross (9)	Trinity Episcopal (25)
Lane 13 Norfolk (42) Woodberry Forest (15)	Fredericksburg Christian (9)
Lane 14 Norfolk (42) Woodberry Forest (15)/New Covenant (6)	Collegiate (33)
Lane 15 Norfolk (42) St. Stephen's & St. Agnes (22)	Collegiate (33)
Lane 16 Catholic High School (9) St. Stephen's & St. Agnes (22)	Collegiate (33)
Lane 17 Benedictine & St Gertrude (8)/Highland (3) Seton (24)	Madeira (12)
Lane 18 Roanoke Catholic (11) Seton (24)	Chatham (7)/Williamsburg Christian (4)
Lane 19 Oakcrest (9)/Oaktree (2) Bishop Ireton (20)	Flint Hill (19)
Lane 20 Wakefield (13) Bishop Ireton (20)	Flint Hill (19)

Contra State

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9:00-9:15 **Relay Takeovers Relay Takeovers** One-Way Sprints **One-Way Sprints One-Way Sprints One-Way Sprints** Relay Takeovers **Relay Takeovers** Continuous Swim Continuous Swim

9:00-9:15 **Relay Takeovers Relay Takeovers One-Way Sprints One-Way Sprints One-Way Sprints One-Way Sprints Relay Takeovers Relay Takeovers** Continuous Swim Continuous Swim

### 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

### 2020 VISAA Swimming & Diving Championship

**Psych Sheet** 

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	VISAA: 1:46.03	201	7 St. Catherine's Scho
J Be	ck, J Maly, G Wielar, A	A Nic	hols
	1:44.21	A-A	
	1:46.21	AA-B	
Mee	t Qualifying: 2:15.36	ó	
	Team R	telay	
1	DJO	A	1:47.15
2	Hall. Paige IR Bailey, Kate SO COOL	A	Leonard, Ellie FR Leonard, Patricia FR 1:47.75
	Chen, Gabby FR Rogers, Avery SR		Kantner, Emily FR Albrecht, Leslie SR
3		A	1:49.22
4	and the second second second	A	1:50.03
5	Bowles. Maddie IR Wishnack, Charlott MAD	e JR A	Bowles, Anne SR Perkins, Grace JR 1:51.47
6	Watts. Mollv SR Arndt, Hannah JR SSSA	A	Davis, Sofie SR Chava, Niki SO 1:53.80
7	Smith, Emily IR Meggesto, Evelyn St TCS!	0 A	Heck, Olivia JR Toman, Claire SR 1:54.13
8		A	1:54.19
9	Gibbons, Delanev F Sullivan, Kaitlyn JR		Flanagan, Lainey SR Mileski, SiSi 8 X1:55.11
10	Hacknev. Claire SR Stevens, Emma FR PVI	A	Kassab, Lily SR Reynolds, Mimi JR 1:55.33
11	Murphy, Caroline F Brown, Laney JR FAST	R A	Kirby, Ashley FR Mont, Keara SO 1:56.24
12	Woodworth, Mariss Smith, Anna SO BI	a [] A	Luce, Annika SO Drape, Emily FR 1:56.57
13	Rier, Ella SO Pickard, Audrey FR POTO	A	Curry, Kara FR Chawk, Siobhan SR 1:57.11
14	Gould, Katie SR Taylormoore, Sama DJO	nth B	Lee, Annabel SO O'Sullivan, Cecelia SO 1:57.36
	Blanton, Reilly IR Burns, Katie SO	•	David, Sarah SR Kinsella, Abby SR
15	Snyder, Sophia IR Rouzie, Molly SR	A	1:57.39 Reed, Allie SO Slate, Christy SO
16	Aaronson. Kate IR	В	X1:57.80 Villanueva, Cami JR
17	Suro, Bowen FR NA Gill, Virginia SO	A	Cribbs, Eleanor 8 1:58.16 Faulkner, Bree 08

SST A	1:58.98
Griffin, Caroline SR	Konstanty, Anne
Flynn, Emily SO	Pennefather, Mai
TES B BSCHS A	X1:59.07
	1:59.36
Vanbourgondien, Kat S Gleim, Cate SO IP A	Lawlor, Jena FR Noriega, Victoria 1:59.53
Garvey, Lucia SO Flores, Angelea FR NCS! A	Roder, Mia FR Hopkins, Sarah S 2:02.50
Lorens. Katelyn FR Lorens, Natalie JR PCHS A	Minnes, Asia JR Phlegar, Aurora S 2:02.95
Zillioux, Elizabeth IR Baddar, Eliza FR RCS A	Sprott, Anna SO Driscoll, Helen SI 2:03.41
Avers, Anslev 8 Stoner, Ava SO NSA A	Bleecker, Juliana Chandler, Silvie I 2:03.51
Stambaugh, Cami FR Reynolds, Madailen JR WAKE A	Johnston, Emma Hope, Frances JR 2:03.70
Thompson, Claire SR Pickeral, Vivian 8 OAK A	Wilcox, Ayla FR Spytek, Sophia JF 2:04.39
Manlev. Caitlin IR Smalera, Frances 8 STAB A	Myers, Emma SR Adams, Abby SO 2:04.45
Cave, BG FR Robinson, Nia SO BI B	Chhabra, Vaya SC Sullivan, Lauren 2:05.10
Gearghtv, Samantha FI Ferguson, Elizabeth SO CH A	Obioha, Bella JR Noone, Ally SR 2:05.50
Trexler, Christina SR Wang, Emily FR VRTS A	Helms, Marisol F Zhang, Stephanie 2:05.73
Blanchard, Molly FR DeRoco, Mia JR FH A	Blanchard, Ann C McEntire, Abby S 2:05.85
Champagne, Natalie SF Tao, Isabel JR PVI B	Nguyen, Mailinh Patel, Alena FR X2:06.12
Williams, Caroline SR Vannell, Emma JR CHC A	Nguyen, Jamie FI Bolton, Olivia SR 2:06.17
Schooneman, Kim SO Strach, Maya 8 TCS! B	Kunkel, Madison Tadder, Shannon X2:06.73
CCS A	2:07.23
Pitts. Savlor SR Quevedo, Julia FR JP B	Kiland, Izzy FR Jones, Kennedy S X2:07.28
Wiliams. Fiona IR Guiterrez, Ana Sophia (	Koler, Jillian SO Moore, Raley SR

1:58.98	38	NOCO
onstanty, Anne SR ennefather, Mary FR X1:59.07	39	Thor Harg NCOV
1:59.36		Maro
awlor, Jena FR oriega, Victoria SO	40	McCu VES
1:59.53 oder, Mia FR		Norto Falwe
opkins, Sarah SR 2:02.50	41	TCS Smith
innes, Asia JR hlegar, Aurora SR	42	Alim: NA
2:02.95 prott, Anna SO riscoll, Helen SR	43	Hood Peter SGHS
2:03.41 eecker, Juliana JR		Upch Sprou
nandler, Silvie FR 2:03.51	44	POTO Smith
hnston, Emma SO ope, Frances JR	45	Lee, ( FH
2:03.70 /ilcox, Ayla FR	46	Nguv Patel SST
oytek, Sophia JR 2:04.39	10	O'Ma
yers, Emma SR dams, Abby SO	47	Lueva OAK
2:04.45 nhabra, Vaya SO		Meur Sypal
allivan, Lauren SR 2:05.10	48	NSA Yoder
bioha, Bella JR oone, Ally SR	49	Dryd SSSA
2:05.50 elms, Marisol FR nang, Stephanie SR	50	Atkin Wats FAST
2:05.73		Cram Smith
anchard, Ann Cason cEntire, Abby SR 2:05.85	51	NOCO Rose
guyen, Mailinh JR atel, Alena FR	52	Morr MAD
X2:06.12		Rouv
guyen, Jamie FR olton, Olivia SR 2:06.17	53	Tyrel NCS
unkel, Madison SO		Arrin Manr
adder, Shannon FR	54	WA
X2:06.73		Loba: Robii
2:07.23 land, Izzy FR	55	HRA
nes, Kennedy SR X2:07.28		Renfo Reed
oler, Jillian SO		

A 2:07.50 Thornton, Tabitha SR Timmons, Madeline 8 Hargrove, Victoria SR Campbell, Maggie SO 2:09.11 Α Marotta, Caroline 10 Rogers, Natalie 11 Duncan, Madeline 10 McCurley, Skylar 10 А 2:10.34 Norton, Taylor IR Smith, Sarah Bennett S Falwell, Caroline FR Wood, Lara SR 2:10.37 A Smith, Brooke SO Holstege, Annalee JR Alimard, Ariana FR Fulkerson, Gwendolyn B X2:10.72 Hood, Julianne SO Perry, Anna Catherine Peterson, Mackenzie Fl Rose, Kate 08 A 2:11.19Czaja, Emily JR Upchurch, Vivian SO Sproull, Molly SO Lewis, Audrey SO В X2:11.42 Smith, Halev IR Yoon, Eleanor SO Bell, Hannah SO Lee, Grace FR В X2:11.55 Nguven, Mailan FR Nguyen, Courtney SR Cai, Rachel SO Patel, Anissa JR B X2:11.75 O'Malley, Mary SO Waldron, Clare SO Luevano, Isabelle SO O'Malley, Kathleen SR 2:12.51 В Meunier. Cecelia FR Schroder, Ashley SO Sypal, Elizabeth JR Talavera, Maite JR В 2:13.51 Yoder, Pavton SO Michell, Dori SO Dryden, Kennedy SO Puzey, Berkley JR В X2:13.94 Atkinson, Kathrvn SR Cordero, Sydney SR Dowling, Liliana SR Watson, Izzie FR В X2:14.32 Azimipour, Saba JR Crampton, Izzie SO Bryant, Shelby SR Smith, Sophie SO B X2:14.49 Rosen, Addy FR Wynne, Caroline JR Morrow, Lauren 8 Beachy, Kiana 8 2:14.63 B Rouvelas, Eleni IR Zhukova, Elizabeth SO Tyrell, Avery JR Walker, Libby FR 2:14.67 Α Arrington, Britni SR Bokmiller, Lucy JR Tubbs, Madelyn SR Manning, Theresa 8 Α 2:15.16 Clark, Olivia SR Lobash, Emma FR Robinson, Olivia JR Nassabi, Maddie SR B X2:15.20 Renforth, Laura SO Doherty, Emma SO Reed, Savannah JR Spencer, Noelle JR











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### 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

# 2020 VISAA Swimming & Diving Championship Psych Sheet

#1	(Girls 4x50 Yard	l Medl	ey Relay)
56	WAKE	В	X2:15.30
	McGrath, Anna IR Bogan, Katie SR		Lauer, Lindsey JR Malinowski, Hayley JR
#2 B	oys 4x50 Yard Med		
	VISAA: 1:33.45	201	6 St. Christophers
S Ho	gan, C Swanson, T V	West, V	W Cox
	1:33.21		
	1:34.74	AA-B	
Mee	t Qualifying: 1:57.1	18	
	Team	Relay	
1	WFS	A	1:37.05
2	COOL	A	1:37.74
	lobe, Davis SR Kwon, Brian JR		Ryan, Liam JR
3	FH	А	Mavr, Christian SO 1:39.85
	Brown, Marcus IR		Krause, Owen SR
	Luttschwager, Co		O'Connor, Michael FR
4	PVI	A	1:39.96
	Greco. Clement SF Ryu, Han SR	(	Johnson, Matthew FR O'Toole, Owen FR
5	D]O	А	1:40.65
	Mullen, Brendan S	50	Lentine, Tyler JR
6	Mullen, William S		Sullivan, John SR
6	HRA Rouzie, Brvce SO	A	1:41.26 Rouzie, Blake SR
	Cronin, Avery SR		Kokolis, Michael SO
7	STC	Α	1:41.40
	Bowles. Aubrev IF	2	Farley, Harry SR
8	Bowles, Tee SO NA	А	Wise, Emory JR 1:41.72
0	Whetstine, Carter		Southern, Mark JR
	Clarkson, Joey SO	00	Anthony, Preston JR
9	TES	Α	1:42.13
10	STC	В	X1:43.12
	Sullivan, Joe IR	'n	Stevens, Will JR
11	Moore, Brandon F PCHS	A	Perkins, Carter FR 1:43.33
	Sprott. Cameron S		Parsons, Sam JR
61.7 4/17 7	Longacre, Suds SF		Brooks, Dis SO
12	SSSA	Α	1:43.49
	Bean. Ethan SR Oleksa, Ethan SR		Heck, TJ JR Carr, Ian JR
13		А	1:43.98
	Salvatori, Michael		Doty, Jack JR
	Hopkins, Liam SO		Talavera, JP SR
14	COOL	В	X1:44.00
	Mavr. Charlie 8 Klevana, Leighton	IR	Neese, Hudson FR Ascoli, Joseph SR
15	CCS	A	1:45.68
	DeGraw, Jason IR		Wolfson, Rock JR
	Fannin, Evan SO		Kiland, Jackson SO

16	HMA	Ą	1:46.80	F
	Bolz, Andrew FR	1	DeVeer, Nick ]	F
	Higdon, Nathan JR	I	Kennedy, Scot	τt
17		В	X1:47.09	J
18	VRTS	A	1:47.28	;
	Fisher. loshua FR		Hughes, Conn	0
	Loftin, William 8		Davis, Sam JR	
19		4	1:47.28	3
	Wang, Hank FR		Nichols, Noah	
30	Hopp, Carter SO		Zuccaro, Mich	a
20	AND DESCRIPTION OF THE OWNER OF T	4	1:48.93	
	Koehr. Shane SR		Alsup, Jacob S	
21	Dalrymple, Jerry JR POTO	4	Dalrymple, Dr 1:49.18	
21	LaForce, Hudson SO			
	Bhargava, Rajan SO		Schedler, Broo Bernstein, An	
22		B	X1:49.90	
	Rose, Nicholas SO	Ĩ	Nelson, Holde	
	Patzer, Axel SO		Hope, Ross SC	
23		4	1:50.35	
24	DJO I	В	1:50.55	í
	Carchia, Michael SR	(	Carpenter, Ka	
	Boboltz, Daniel SR		indley, Ryan	
25	FAST	A	1:50.88	3
	Bishop, Ashton SR		Harris, Dylan	
	Geddes, Owen SO	1	Millar, Henry	S
26	FMS	A	1:50.95	,
	Loe, Weslev IR		Senger, Gavin	
27	Argueta, Ryan SR		Flanagan, Gav	
27		Α,	1:51.38	
	Budzvnski, Nick SR McNutt, Connor SO		Paradise, Calv	
28		٩ `	5 Smith, Jonah 1:51.74	21
20	Stanton, Sam SR		Poulos, Carso	
	Frey, Zack SO		Cake, Gavin F	
29		4	1:51.93	
	Maraska, loseph SR	9	Seaborn, Jack	
	Burdette, Cade SR		Pieja, Jack JR	
30	TES	В	X1:52.20	)
31	SSSA	В	X1:52.29	,
	Vuono, Rvan SR		Prestholdt, Ga	av
	Prestholdt, Taner SO	) (	Gillette, Will S	
32	RCS	A	1:52.49	)
	DiMarco, Adrian SO		ngle, Nathani	
22	Thompson, Christia		Frivellin, Ton	
33		4	1:52.71	
	Bartsevich, Daniel S		Luce, Michael	
34	Tavares, Kai SR TCS	A	Wei, Ziyang JF	
94			1:53.28	
	Weiss. Cooper 8 Weiss, Braeden FR		Fulkerson, Mo	
35		B	Hamil, Logan X1:53.49	
36		A	1:53.99	
50				
	Eisenhart, Nic SO McCauley, Braedon		Pillsbury, Kyle Walters, Justie	
	medancy, braction	J.C	raters, justi	

1:46.80
DeVeer, Nick JR
Kennedy, Scott SR
X1:47.09
1:47.28
Hughes, Connor SO
Davis, Sam JR
1:47.28
Nichols, Noah SR
Zuccaro, Michael SR
1:48.93
Alsup, Jacob SR
Dalrymple, Drew SR
1:49.18
Schedler, Brock FR
Bernstein, Andrew JR
X1:49.90
Nelson, Holden 8
Hope, Ross SO
1:50.35
1:50.55
Carpenter, Kaden FR
Lindley, Ryan SO
1:50.88
Harris, Dylan 8t
Millar, Henry SR
Millar, Henry SR 1:50.95
Senger, Gavin SO
Flanagan, Gavin SR
1:51.38
Paradise, Calvin SO
Smith, Jonah SR 1:51.74
Poulos, Carson FR
Cake, Gavin FR
1:51.93
Seaborn, Jackson SR
Pieja, Jack JR
X1:52.20
X1:52.29
Prestholdt, Gavin SO
Gillette, Will SO
1:52.49
Ingle, Nathaniel JR
Trivellin, Tony SO
1:52.71
Luce, Michael SO
Wei, Ziyang JR
1:53.28
Fulkerson, McCallum I
Hamil, Logan 8
X1:53.49
1:53.99
Pillsbury, Kyle SO
Walters, Justice JR
e venueste officiale refinition activ

	37	PVI		В	X1:54.31
		Owen, Rvan II		~	Paquette, Frank SR
	38	Shervanick, S R-MA	am S	A	Ruyle, Ryan SO 1:54.47
	10	Stanford, Tyle	r ŚR	11	Schweigert-Opas, Reill
		Herring, Josia			Gehly, Jacob SR
	39	VES		A	1:54.50
		McNallv, John			Schindler, Charlie JR
	40	Miles, Spence BCP	r SR	А	Prahinski, Jack JR 1:54.99
	40	Owens, Ty SR		Л	Devries, Reese SR
		Gwyer, Henry			Williamson, Charlie JR
	41	SST	160	В	X1:55.19
		Wilson, Evan	IR		Luevano, Nathan FR
	12	Wilson, Joe Fl	R		Kellogg, Liam JR X1:56.63
	42	JP Williama Cha	-lie I	B	
		Williams, Cha Ong, Marcus S		R	Kintz, John Paul SO Haddock, Lucas SR
	43	HMA		В	X1:57.00
		Marquardt. W	/eslev	v IR	Gregori, Ben JR
		Lewis, Michae			Ponton, Andrew SO
4	#3 G	irls 200 Yard F	rees	tvle	
		VISAA: 1:47	_		9 Madelyn Donohoe, F
				AA-A	
				AA-B	
,	Maa	t Qualifying: 2:			
1	nee	Name	Yr		ol Seed Time
-	1	Wilson, Kayla	SO	NA	1:49.14 AA-B
		Gould, Katie	SR	POT	
	3	Langenburg, A	SR	STEV	NO CONTRACTOR
		Cornett, Anna	JR	TCS!	
	5	Derasmo, Kell	SR	PVI	1:57.82
	6	Rogers, Avery	SR	C00	V 41.9
	7	Tosi, Arianna	SO	TCS	1:59.42
	8	Meggesto, Eve	SO	SSSA	The second second second
	9	Cram, Elyse	JR	C00	
	10	Johnston, Emr	SO	NSA	1:59.85
	11	Foley, Reagan	SR	PVI	2:00.06
	12	Collins, Lily	FR	STCA	
	13	Galiotos, Olivi	SO	NA	2:02.46
	14	Vallejo, Ryleig	so	STCA	2:02.47
	15	Bowles, Carrir	SR	STCA	2:02.54
	16	Stoner, Ava	SO	RCS	2:03.31
	17	Rude, Claire	SO	TCS	2:03.78
	18	Nguyen, Angel	SR	BI	2:05.89
	19	Keegan, Alissa	SR	DJO	2:07.28
	20	Woodworth, N	JR	FAST	2:07.52
	21	Turton, Hadle	FR	STCA	2:07.85
	22	Tadder, Shann	FR	СНС	2:08.05
	23	Girerd, Anna	SR	STCA	A 2:08.07
	24	Angle, Virginia	SR	C00	L 2:08.12
	25	Nassetta, Aver	SO	DJO	2:08.58
	26	McComb, Ellie	FR	C00	L 2:08.82
	27	Speck, Lucie	SR	TES	2:09.61
	28	Malinow, Mor	SR	HL	2:09.78
1.					1











2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020 2020 VISAA Swimming & Diving Championship Psych Sheet

#3	(Girls 200 Y	ard I	reestvle	a)
29	Lindsay, Josie	JR	HRA	2:10.01
30	Meagher, Cart	FR	COOL	2:11.19
31	Smith, Emma	JR	TES	2:11.53
32	Jones, Ellie	SR	NA	2:11.62
33	Buswell, Piper	FR	DJO	2:11.64
34	Foley, Hannah	JR	PVI	2:12.24
35	Hunnicutt, Lily	JR	COOL	2:12.38
36	Ragsdale, Ann	FR	TES	2:12.97
37	Hawkins, Trip	FR	STCA	2:13.02
38	DeRoco, Mia	JR	VRTS	2:13.16
39	Konstanty, An	SR	SST	2:13.35
40	Nystrom, Moli	SO	STCA	2:13.39
				2.13.37
#4 E	Soys 200 Yard F VISAA: 1:3'	_		Thomas Stevens
			AA-A	i nomas stevens
			AA-B	
Mee	t Qualifying: 2			
	Name	Yr	School	Seed Time
1	Byrnes, Danie	JR	NCS!	1:43.52
2	Stelter, Jack	SR	WFS	1:43.86
3	Mullen, Willia	SR	DJO	1:44.19
4	Sundlun, Hunt	SR	STC	1:45.21
5	Bernstein, And	JR	POTO	1:45.25
6	Bowles, Aubre	JR	STC	1:46.56
7	Boykin, Charli	JR	TES	1:47.89
8	Jobe, Dalton	SO	COOL	1:48.12
9	Rouzie, Blake	SR	HRA	1:49.23
10	Newcamp, Gav	JR	WFS	1:50.25
11	Hutter, Presto	SO	TCS	1:50.32
12	lobe, Davis	SR	COOL	1:51.20
13	Miranda, Aust	JR	BSCHS	1:51.55
14	Bean, Ethan	SR	SSSA	1:52.03
15	Leydig, Drew	JR	FUMA	1:53.15
16	Stelter, Sam	JR	WFS	1:54.12
17	Doty, Jack	JR	JP	1:54.14
18	O'Connor, Mic	FR	FH	1:54.36
19	Lytle, Drew	SO	WFS	1:54.90
20	Bowles, Knigh	JR	STC	1:55.58
21	Moore, Brand	FR	STC	1:55.62
22	Shaia, Joseph	SR	STEW	X1:55.99
23		JR	NA	1:56.29
24	Clarkson, Joey	SO	NA	1:57.00
25	Sullivan, Geor	FR	СНС	1:57.12
26	Lyons, Willian	JR	TES	1:57.26
27	Lucas, Robert	JR	NA	1:57.59
28	Kim, Josh	SO	TCS!	1:57.63
29	Owens, Ty	SR	BCP	1:57.81
30	Krauss, Ryan	SO	DJO	1:57.98
31	Manley, Adam	FR	PVI	1:58.48
32	Lobaugh, Pete	SR	DJO	1:59.50
33	Sproull, Emor	FR	STEW	2:00.23
34	Rosen, Ethan	JR	TES	2:00.51
54	100001, Dulan	,		2.00.01

	_	- 5 -		
35	Davis, Sam	JR	VRTS	2:01.26
36	Johnson, Owei	FR	NA	2:01.36
37	Uy, Griffith	FR	WFS	2:01.42
38	Peterson, Jack	FR	FH	2:01.45
#56	irls 200 Yard I	-	2016 0	
	VISAA: 1:59			eni Moshos
			AA-A	
			AA-B	
Mee	t Qualifying: 2			-
	Name	Yr		eed Time
1	Blanchard, Mc	FR	VRTS	2:04.45
2	Minnes, Asia	JR	NCS!	2:06.93
3	Davis, Sofie	SR	MAD	2:08.09
4	Watts, Molly	SR	MAD	2:10.26
5	Sullivan, Kaitly	JR	WCA	2:11.85
6	Luce, Annika	S0	FAST	2:12.42
7	Thompson, Cl:	SR	WAKE	2:12.96
8	Leonard, Patri	FR	DJO	2:13.67
9	Carter, Madisy	8	HL	2:14.31
10	Arndt, Hannał	JR	MAD	2:16.09
11	Foley, Abigail	FR	PVI	2:16.48
12	DeRosier, Oliv	FR	STCA	2:17.16
13	Gleim, Cate	SO	BSCHS	2:18.27
14	Leonard, Ellie	FR	DJO	2:18.64
15	Rouzie, Molly	SR	HRA	2:19.19
16	Bleecker, Julia	JR	RCS	2:19.98
17	Stevens, Emm	FR	STCA	2:20.55
18	Wilcox, Ayla	FR	WAKE	2:20.62
19	Gastright, Am	JR	SSSA	2:20.93
20	Timmons, Mac	8	NOCO	2:22.28
21	Hester, Ginnie	SR	TES	2:22.42
22	Curry, Kara	FR	BI	2:23.20
23	McNamara, Cl	SR	DJO	2:23.21
24	Zillioux, Elizał	JR	PCHS	2:23.55
25	Heck, Olivia	JR	SSSA	2:23.97
26	Brown, Laney	JR	PVI	2:24.06
27	Brumley, Gray	FR	STCA	2:24.41
28	Zhukova, Eliza	SO	MAD	2:25.41
29	Sprott, Anna	SO	PCHS	2:26.14
30	Quevedo, Julia	FR	CCS	2:26.23
31	Falwell, Caroli	FR	VES	2:26.33
32	Vannell, Emma	JR	PVI	2:26.38
33	Campbell, Rile	8	COOL	2:26.99
34	Villanueva, Ca	JR	COOL	2:27.20
35	Lee, Annabel	SO	РОТО	2:27.24
36	Manley, Caitlii	JR	OAK	2:27.60
37	Strach, Maya	8	CHC	2:27.96
38	Klanderman, 1	JR	TCS!	2:28.46
39	Rodgers, Mor	FR	STCA	2:28.78
40	Taylormoore,	FR	POTO	2:29.48
41	Heilbrun, Emr	JR	BI	2:29.71
42	Lorens, Kately	FR	NCS!	2:29.75
43	Daniel, Isabell	JR	JP	2:29.77
44	Savage, Megha	FR	NA	2:29.99

45	Reynolds, Mac	IR	NSA	2:30.91	
	oys 200 Yard I	·			
-	VISAA: 1:44	_	2019 9	Sean Hogan	
	1:49	9.57	AA-A		
	1:5	1.57	AA-B		
Mee	t Qualifying: 2	:18.0	)4		
	Name	Υг	School	Seed Time	
1	Whetstine, Cla	SO	NA	1:52.70	
2	Nichols, Noah	SR	STEW	1:54.41	
3	Ryan, Liam	JR		1:54.85	
4		SR	JP	1:55.92	
5	Floyd, Kyle	SR	WFS	1:56.70	
6	Stevens, Will	JR	STC	1:58.08	
7	Turbyfill, Andre		FCS	1:58.42	
8	Ashby, Zach	JR	STAB	1:58.67	
	Lentine, Tyler	JR	DJO	1:58.78	
10		FR		2:00.07	
11	Mullen, Brend	SO	DJO	2:01.04	
1	Lowe, Micah	JR	FCS!	2:01.88	
13	Johnson, Matt	FR	PVI	2:02.36	
	Higdon, Natha	JR	HMA	2:02.69	
15	Hochrein, Noa	JR	STAB	2:03.33	
	Kwon, Brian	JR	COOL	2:03.38	
	Bowles, Tee	SO	STC	2:04.46	
	Mayr, Charlie	8	COOL	2:06.95	
19	Boyd, Jamie	SO	STC	2:07.88	
1	Whetstine, Ca.	08	NA	2:09.03	
21	Carl Contraction Contraction	SO	BI	2:09.06	
22 23		JR SR	SSSA COOL	2:09.30 2:09.33	
	Ascoli, Joseph Dragone, Jack	SR	STC	2:09.33	
1000 000	Krause, Owen	SR	FH	2:09.87	
	Owen, Ryan	JR	PVI	2:11.56	
	Williams, Wes	JR	STC	2:12.00	
	Prestholdt, Ga	SO	SSSA	2:12.00	
29	Schedler, Broc	FR	POTO	2:14.88	
1.11	Williams, Chai	FR	JP	2:15.72	
31	Pilar, Michael	SR	RCS	2:15.79	
32	Vannell, Morg	FR	PVI	2:16.05	
33	Moore, Max	8	STAB	2:16.22	
34	Millar, Henry	SR	FAST	2:16.88	
35	Milligan, Nath	FR		2:17.00	
#7 G	irls 50 Yard Fr	eesty	yle		
	VISAA: 2	3.17	2018 J	asmine Hell	тег
			AA-A		
_			AA-B		
Mee	t Qualifying: 2				
_	Name			Seed Time	
1	Whiting, Sydn	SR		23.53	AA-B
	Hall, Paige		DJO	23.67	
2		00			
2 3				24.04	
2 3 4	McKee, Marin Williams, Broc Smith, Emily	SR		24.04 24.20 24.71	











2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

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					-	, -	in bireet							
#7 (Girls 50 Yard	i Fre	estyle)		5	Miles, Spencer	SR	VES	22.10	6	50	Lanois, Colter	SR	STC	24.25
6 Goodwin-Birn 8	8	STCA	24.81	6	Brown, Marcu	IR	FH	22.16	6	51	Hope, Ross	SO	NA	24.25
7 Albrecht, Lesli S		COOL	25.06	7	Chhabra, Vijay	SR	STAB	22.18	6	1	Rosen, Ethan	IR	TES	24.27
8 Vanbourgondi S		BSCHS	25.07	8	Ryu, Han	SR	PVI	22.27			5	,		
		BI	25.15		Washington, N	JR	STC	22.29	#9	G	irls 1 mtr Divi			
100 10110100 - 111100400 - 000		MAD	25.25	10	Wise, Emory	IR	STC	22.42			VISAA: 50	9.55	2019 Sara	ah Gurley
		STCA	25.28	11	Greco, Clemen		PVI	22.65			Name	Yr	School	
		STEW	25.33	12	Gwyer, Henry		BCP	22.77		1	Gurley, Sarah	SR	PVI	425.55
The second se		HL	25.34	13	Gustafson, Lul		TCS	22.92	{	2	Kerkam, Chan	SR	STCA	360.10
0. ,		СНС	25.37				NCS	22.93		3	Hall, Lilly	SR	COOL	355.65
		NA	25.54		O'Toole, Owen		PVI	23.04		4	Mills, Hillary	FR	STCA	353.85
16 Flanagan, Lair. S		WCA	25.55	16	Stanton, Sam	SR	СНС	23.07		5	Nolen, Rowan	SO	DJO	350.25
		STCA	25.65	17	Kiland, Jackso	SO	CCS	23.08		6	Gohn, Emily	JR	STAB	329.70
The first of the property of the second seco		NA	25.66	18	Ienzi, Joseph	SR	DJO	23.10		7	Fergusson, Cla	SR	SSSA	321.25
		HRA	25.72	19	Perkins, Carte		STC	23.11		8	Grymes, Lucy	SO	STCA	316.15
20 Faulkner, Bree 0		NA	25.75	20	Fisher, Joshua		VRTS	23.27		9	Wright, Linds:	SO	TES	312.35
		STAB	25.88	21	Anthony, Pres	JR	NA	23.31	1	0	Crawford, Lily	SR	COOL	307.25
		CH	26.14	22	Longacre, Sud		PCHS	23.36	1	1	Mayr, Abby	8	COOL	306.85
		SST	26.20	23	Beauchamp, Jo		BSCHS	23.42	1	12	Dougherty, Ell	SO	STCA	304.25
And the second se		HRA	26.20	24	Sullivan, John	SR	DIO	23.42			Berger, Shelby		FH	283.45
		SSSA	26.20		Williams, Mat		TES	23.43	1 1		Brooks, Abiga:	SR	D]0	283.35
and the sector s		MAD	26.25	26	Dalrymple, Dr	A. 47 B.	SST	23.51	1	15	Broaddus, Lei;	SO	STCA	282.25
		PVI	26.20	27	Roberts, Will	SR	TES	23.52	1	16	Mahoney, Din:	SR	COOL	280.60
28 Morriss, Kenle S		TES	26.47	28	Talavera, JP	SR		23.52	1	7	Melley, Anna	JR	NA	270.50
29 Pickard, Audre F		Bl	26.47	29	Boulos, Georg		PCHS	23.61	1	8	Min, Lily	JR	FH	269.35
		CCS	26.52	30	DiLeonardo, V	JR	FCS	23.66	1	9	Raman, Sarah	SR	POTO	254.05
31 St. Pierre, Kait F		DIO	26.52	31	Clopton, Nick	FR	TES	23.70	2	20	Payne, Kylie	FR	SSSA	253.15
20.7ml/r 20.0 0.0 0.0 0.00000000000000000000000		STCA	26.62	32	Puckett, Tilde		NCS	23.70	2		Turnage, Dani	JR	SSSA	247.75
33 Hopkins, Sara) S		JP	26.65	33	Campbell, Josh	JR	WFS	23.78	1		Hunter, Hattie	FR	STCA	244.70
		PVI			Moore, Peter	IR	WFS	23.78			Korff, Alanna	SO	MAD	241.95
34 Mont, Keara S 35 Angle, Virgini: S		COOL	26.66 26.69	35	Brooks, Dis	SO	PCHS	23.83				SO	NA	241.35
		STCA	26.78		Henderson, Ga		TCS!	23.83			Foltz, Hannah	8	STCA	240.55
		COOL	26.78	37	Tavares, Kai	SR	FUMA	23.86	2	26	Ward, Sarah	8	COOL	218.90
		STCA					FMS	23.90	2	27	Estes, Molly	SO	MAD	218.05
		DIO	26.81 26.83	39	Gehly, Jacob	SR	R-MA	23.90	2	28	Webb, Emma	FR	DIO	216.15
Diff is the substantial and substantial and in		SSSA	26.84	40	Ruyle, Ryan	SO	PVI	23.92	2	29	Thornell, Ella	JR	STCA	200.00
, ,		555A DIO		40	• •	30 S0	NA	24.01	3		Ballard, Keato	SR	D 0	200.00
a 10 - 200 10 <b>1</b> - 201 - 20		MAD	26.85 26.91	41	Kokolis, Micha		HRA	24.01	3	31	Blanton, Reilly	IR	DIO	200.00
43 Chawk, Siobha S		BI	26.91	43	Spivey, Thoma		COOL	24.01	3	32	Hurley, Alice	SR	SSSA	153.55
		NCS	26.92		Heck, TJ	JR	SSSA	24.03	3	33	Gallozzi, Marii	FR	SSSA	150.25
		TES	26.92	45	Fearey, Will	IR	POTO	24.04	3	34	Myers, Macker	SO	PVI	90.50
		FAST	26.95		Schellenberge	IR	OT	24.05	3	35	Fugate, Sophia	FR	TES	2.40
47 Nassetta, Aver S			26.96		Kearns, Nick	SR		24.05	3	36	Gilg, Scottie	SR	STEW	NP
47 Nassetta, Aver 5	50	DJO	20.90		Dodd, Colm	SR		24.00						
#8 Boys 50 Yard Free	esty	le			Farley, Harry		STC	24.08	#1	10	Boys 1 mtr Div	_		
VISAA: 20.3	39	2014 Ali Kl	halafalla		Neese, Hudson			24.09			VISAA: 55		2019 Oliv	er Mills
20.5	54	AA-A			Manning, Noa		NCS	24.09	-		Name	Yr	School	
20.9	91	AA-B	1		Hughes, Conne		VRTS	24.11			Mills, Oliver	SR	FH	571.00
Meet Qualifying: 24.					Patzer, Axel	50 S0		24.11			Read, Tyler	09	GCS	523.90
		School Seed	l Time		Gepitulan, Dav			24.11			Bloom, Spence		FH	503.55
		STC	21.19	1000-001	Richards, Ruse			24.11				JR	STAB	395.30
,		SSSA	21.54		LaForce, Huds		POTO	24.14			Broaddus, Gra			379.30
		PCHS	21.62		Frey, Zack		CHC	24.18			Moore, Aaron		COOL	371.05
4 Mayr, Christia S		COOL	21.84		Chugh, Kabir		PVI	24.18			Jones, Lane		STC	367.35
······································					Kassab, Elliott			X24.25		8	Griggs, Ryan	SO	FH	334.95
				59	Nassau, Emoli	1 IX	11103	ALT,LJ						
				l.										











### 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

2020 VISAA Swimming & Diving Championship

**Psych Sheet** 

#10	(Boys 1 mt	r Div	ring)	
9	DeMorro, Grai	FR	FUMA	290.45
10	Weis, Jackson	JR	NA	282.15
11	Frazer, Charle	SR	NA	265.30
12	Glass, Reilly	SR	PVI	246.75
13	Akin, Brett	SR	STC	241.55
14	Mitchell, Sam	SO	FH	228.95
15	Baize, Damien	SO	FUMA	222.85
16	Gill, Barr	JR	NA	217.95
17	Provost, Mark	SR	PVI	204.60
18	Brandow, Jam	SO	PVI	192.15
19	McCullough, N	JR	STEW	NP
20	French, Elliott	SR	STEW	NP
21	Cox, James	SR	STEW	NP
22	Atherton, Cole	JR	STAB	NP
#11	Girls 100 Yard	Dutt	orfly	
#11		3.00		Kylie Jordan
			AA-A	Kyne Joruan
			AA-A AA-B	
Maa		:07.4		
mee	Name	Yr Yr		Seed Time
1	Bailey, Kate	SO	DJO	56.13
2	Meggesto, Eve	SO	SSSA	56.69
3	Langenburg, E	50 S0	STEW	57.13
4	Shepard, Mag	JR	TES	58.46
5	Arndt, Hannal	JR	MAD	58.47
6	Carter, Madisy	8	HL	58.49
7	Goodwin-Birn	8	STCA	58.59
8	Leonard, Patri	FR	DJO	58.80
9	Ferguson, Mac	SO	COOL	1:00.01
10	Wishnack, Cha	IR	STCA	1:00.58
11	Otteni, Carolir	SR	POTO	1:00.97
12	Gibbons, Dela	FR	WCA	1:01.25
13	Cribbs, Eleanc	8	COOL	1:02.25
14	Galiotos, Olivi	SO	NA	1:02.30
15	Rouzie, Molly	SR	HRA	1:02.54
16	Stevens, Emm	FR	STCA	1:03.00
17	Murphy, Carol	FR	PVI	1:03.23
18	Champagne, N	SR	FH	1:03.24
19	Peterson, Mac	FR	NA	1:03.59
20	Marotta, Carol	10	NCOV	1:03.90
21	Kassab, Lily	SR	STCA	1:04.20
22	Williams, Mad	JR	DJO	1:04.35
23	Tao, Isabel	JR	FH	1:04.46
24	Taylormoore,	FR	РОТО	1:04.60
25	Flores, Angele	FR	ſP	1:04.65
26	Brown, Laney	JR	PVI	1:04.72
27	Compton, Ash	8t	STEW	1:04.96
28	Pickard, Audre	FR	BI	1:05.01
-0				
29	Buswell, Piper	FR	DIO	1:05.03

33	Cantrell, Geori	SO	TES	1:06.15
34	Lindsay, Josie	JR	HRA	1:06.31
35	Suro, Bowen	FR	COOL	1:06.55
36	Garvey, Lucia	SO	JP	1:06.67
37	Brumley, Gray	FR	STCA	1:06.69
38	Klanderman, 1	JR	TCS!	1:06.76
39	Bowles, Anne	SR	STCA	1:06.82
40	Flynn, Emily	SO	SST	1:06.98
41	Perry, Hallie	JR	TES	1:07.35
417	Davis 100 Vand	D 14		
#12	Boys 100 Yard	B.44		la alt Carana
			_	lach Cram
			AA-A	
		5000 VE	AA-B	
Mee	t Qualifying: 1			
_	Name	Yr_		Seed Time
1	Camurdan, Ate	SR	TES	50.77
2	Floyd, Kyle	SR	WFS	51.30
3	West, Miles	SR	STC	51.51
4	Lundy, Ben	SR	WFS	54.30
5	Coleman, Jame	JR	NA	54.33
6	Luttschwager,	JR	FH	55.58
7	Bowles, Tee	SO	STC	55.62
8	Moore, Aaron	SO	COOL	55.81
9	Fletcher, Will	JR	WFS	56.07
10	Hewitt, Ryder	SO	TES	56.12
11	Moore, Brande	FR	STC	56.22
12	Geddes, Owen	SO	FAST	56.36
13	Bishop, Ashtor	SR	FAST	56.37
14	Fannin, Evan	SO	CCS	56.45
15	DeGraw, Jasor	JR	CCS	56.91
16	Sprott, Camer	SR	PCHS	57.25
17	Sullivan, Joe	JR	STC	57.57
18	Southern, Mar	JR	NA	57.62
19	Klevana, Leigh	JR	COOL	57.67
20	Davis, Brando	JR	STC	58.59
21	Marotta, Mich	10	NCOV	58.86
22	Oakey, Teddy	SO	STAB	58.88
23	Bhargava, Raja	SO	POTO	58.91
24	Weiss, Braede	FR	TCS	59.40
25	Krauss, Ryan	SO	DJO	59.53
26	Hopkins, Liam	SO	JP	59.65
27	Rose, Nicholas	SO	NA	59.94
28	Boboltz, Danie	SR	DJO	59.95
29	Sehgal, Siddha	FR	NA	1:00.25
30	Frey, Zack	SO	CHC	1:00.26
31	Eastep, Andre	JR	COOL	1:00.31
32	Owens, Ty	SR	BCP	1:00.39
33	Oukolov, Dan	SR	WFS	1:00.68
34	Worrall, Alder	FR	STAB	1:00.73
35	Alsup, Jacob	SR	SST	1:00.83
36	Ong, Marcus	SO	JP	1:00.95

T	VISAA: 4	9.93	2019 St	dney Whiting
			AA-A	
			AA-B	
lee	t Qualifying: 5			
	Name	Yr	School S	eed Time
1	Whiting, Sydn	SR	TES	50.09 AA-A
2	Gould, Katie	SR	POTO	52.48
3	McKee, Marin	SO	NA	52.84
4		SO	STEW	52.87
5	Williams, Broc	SR	TCS!	53.50
6	Deverle, Tess	SR	STCA	54.18
7	Bailey, Kate	SO	DIO	54.24
8	Chen, Gabby	FR	COOL	54.49
9	Cram, Elyse	JR	COOL	54.98
10	Rier, Ella	SO	BI	55.27
11	Foley, Abigail	FR	PVI	55.37
12	Lawlor, Jena	FR	BSCHS	55.86
12	Murphy, Carol	FR	PVI	56.30
14	Perkins, Grace	JR	STCA	56.80
15	Kelley, Niya	SR	MAD	56.97
16	Keegan, Alissa	SR	DIO	57.01
17	Timmons, Mac	8	NOCO	57.10
18	Flanagan, Lair.	SR	WCA	57.10
19	Otteni, Carolir	SR	POTO	57.30
20	Mont, Keara	SO	PVI	57.54
21	Ware, Cate	50 S0	NA	57.55
22	Shepard, Mag	JR	TES	57.58
22	Faulkner, Bree	)K 08	NA	57.70
24	Tadder, Shann	FR	CHC	57.79
25	Schetlick, Ava	FR	STAB	58.06
26	Quevedo, Julia	FR	CCS	58.07
27	Smith, Emily	JR	SSSA	58.19
28	Hopkins, Sara	SR	JP	58.27
20		FR	1	
29 30	McComb, Ellie		COOL	58.38
	Phillips, Jenna	JR	TCS!	58.39 58.55
31 32	Toman, Claire Morriss, Kenle	SR SR	SSSA tes	58.55 58.61
33	Burns, Katie	SR SO	DJO	58.71
33 34	Jones, Kenned	SR	CCS	58.91
34 35	Chava, Niki	SR SO	MAD	58.94
35 36			STCA	59.18
	Kinsella, Abby			59.41
	Jones, Ellie	~-		59.41
				59.42
57	LUICIIS, Matall	JR	NCS!	37.42
14	Boys 100 Yard	Free	style	
	VISAA: 4	4.81	2014 A	li Khalafalla
	4	4.95	AA-A	
	4	5.73	AA-B	
lee	t Qualifying: 5	3.19		
	Name		School S	eed Time
1	Stelter, Jack		WFS	47.38
	Parsons, Sam			47.66



30 Vannell, Emm: JR PVI

31 Strach, Maya 8 CHC

32 Mullins, Skylai SO COOL



1:05.11

1:05.20

1:05.31







2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

# 2020 VISAA Swimming & Diving Championship Psych Sheet

(Boys 100 Yard Freestyle) #14

#14	(Boys 100	Yard	Freestyle)	
3	Chhabra, Vijay	SR	STAB	48.06
4	Sundlun, Hunt	SR	STC	48.23
5	Oleksa, Ethan	SR	SSSA	48.32
6	Cronin, Avery	SR	HRA	48.76
7	Ryu, Han	SR	PVI	49.00
8	Gwyer, Henry	SO	BCP	49.67
9	Brown, Marcu	JR	FH	49.83
10	Miles, Spencei	SR	VES	49.89
11	Miranda, Aust	JR	BSCHS	50.05
12	Hutter, Presto	SO	TCS	50.12
13	Washington, N	JR	STC	50.35
14	Leydig, Drew	JR	FUMA	50.41
15	Wise, Emory	JR	STC	50.99
16	Lundy, Ben	SR	WFS	51.03
17	O'Toole, Owen	FR	PVI	51.08
18	Kim, Josh	SO	TCS!	51.17
19	Lytle, Drew	SO	WFS	51.39
20	Roberts, Will	SR	TES	51.50
21	Moore, Peter	JR	WFS	51.64
22	Luttschwager,	JR	FH	51.66
23	Doty, Jack	JR	JP	51.97
24	Gustafson, Lul	SR	TCS	52.01
25	Anthony, Pres	JR	NA	52.42
26	Kiland, Jackso	SO	CCS	52.43
27	Argueta, Ryan	SR	FMS	52.45
28	Puckett, Brenı	SR	NCS	52.61
29	Ienzi, Joseph	SR	DJO	52.62
30	Williams, Mati	SR	TES	52.73
31	Henderson, Ga	JR	TCS!	52.73
32	Longacre, Sud	SR	PCHS	52.87
33	Budzynski, Ni	SR	BI	52.92
34	Lucas, Robert	JR	NA	52.96
35	Lobaugh, Pete	SR	DJO	52.98
36	Gepitulan, Dav	SR	RCS	53.03
#15	Girls 500 Yard	_		
	VISAA: 4:44	1.27	2018 Made	elyn Dor

VISAA: 4:44	4.27	2018	Madelyn Donohoe
4:53	2.18	AA-A	
4:5	6.85	AA-B	
t Qualifying: 6	:02.5	1	
Name	Yr	Schoo	l Seed Time
Wilson, Kayla	SO	NA	4:56.10 AA-B
Cornett, Anna	JR	TCS!	5:04.20
Langenburg, A	SR	STEW	5:05.84
Rogers, Avery	SR	COOL	5:12.44
Foley, Reagan	SR	PVI	5:14.15
Derasmo, Kell	SR	PVI	5:18.28
Watts, Molly	SR	MAD	5:19.68
Kantner, Emily	FR	COOL	5:21.28
Tosi, Arianna	SO	TCS	5:22.85
Johnston, Emr	SO	NSA	5:23.14
Collins, Lily	FR	STCA	5:24.47
Vallejo, Ryleig	SO	STCA	5:28.25
	4:5 4:5 t Qualifying: 6 <u>Name</u> Wilson, Kayla Cornett, Anna Langenburg, <i>A</i> Rogers, Avery Foley, Reagan Derasmo, Kell Watts, Molly Kantner, Emily Tosi, Arianna Johnston, Emr Collins, Lily	4:52:184:56:85t Qualifying: 6:25NameYrWilson, KaylaSOCornett, AnnaJRLangenburg, ASRRogers, AverySRFoley, ReaganSRDerasmo, KellSRWatts, MollySRKantner, EmilFRTosi, AriannaSOJohnston, EmilSR	4:52.18 AA-A 4:56.85 AA-B4:56.85 AA-Bt Qualifying: 6:02.51NameYrSchooWilson, KaylaSONACornett, AnnaiJRTCS!Langenburg, ASRSTEWRogers, AverySRFoley, ReaganSRPV1Derasmo, KellSRVADKantner, EmilionFRCOLTosi, AriannaSOJohnston, EmirSOSCHSTCA

13	Bowles, Carrir	SR	STCA	5:29.29
14	Witdoeckt, All	8t	STEW	5:29,94
15	Pickeral, Vivia	8	WAKE	5:32.62
16	Lewis, Audrey	SO	SGHS	5:39.10
17	Stoner, Ava	SO	RCS	5:40.19
18	Savage, Megha	FR	NA	5:41.19
19	DeRosier, Oliv	FR	STCA	5:41.75
20	Rogers, Natali	11	NCOV	5:47.63
21	Cribbs, Eleanc	8	COOL	5:47.79
22	Nystrom, Moll	SO	STCA	5:47.85
23	Heilbrun, Emr	JR	BI	5:48.05
24	Meagher, Cart	FR	COOL	5:49.63
25	Malinow, Mor	SR	HL	5:49.69
26	Suro, Bowen	FR	COOL	5:49.92
27	Nguyen, Angel	SR	BI	5:50.13
28	Bacon, Meredi	SR	DIO	5:51.31
29	Girerd, Anna	SR	STCA	5:53.52
30	Speck, Lucie	SR	TES	5:53.53
31	Crampton, Izz	SO	FAST	5:53.99
32	Foley, Hannah	IR	PVI	5:54.63
33	Hawkins, Trip	FR	STCA	5:54.89
34	Rodgers, Mor	FR	STCA	5:58.15
35	Robeson, Whi	JR	COOL	5:58.69
36	Hood, Julianne	SO	NA	5:58.93
37	Smith, Emma	JR	TES	6:00.23
38	Lungren, Reag	JR	BI	6:00.44
39	Parsons, Emily	JR	BI	6:00.63
40	Kennedy, Kan	SR	OT	6:02.49
40	nennedy, run	510	01	0.02.17
	Boys 500 Yard		style	
	3.	Free	style	vnley Haas
	Boys 500 Yard VISAA: 4:25	Free 5.15	style	
	Boys 500 Yard VISAA: 4:2: 4:28	Free 5.15 8.38	estyle 2014 Tov	
<u>#16</u>	Boys 500 Yard VISAA: 4:2: 4:28	Free 5.15 8.38 3.10	estyle 2014 Tov AA-A AA-B	
<u>#16</u>	Boys 500 Yard VISAA: 4:25 4:28 4:3	Free 5.15 8.38 3.10	estyle 2014 Tov AA-A AA-B	vnley Haas
<u>#16</u>	Boys 500 Yard VISAA: 4:25 4:25 4:33 t Qualifying: 5	Free 5.15 8.38 3.10 :41.9	estyle 2014 Tow AA-A AA-B 90	vnley Haas
<u>#16</u> Mee	Boys 500 Yard VISAA: 4:25 4:25 4:3 t Qualifying: 5 Name	Free 5.15 8.38 3.10 :41.9 Yr	2014 Tov 2014 Tov AA-A AA-B 00 School Se	vnley Haas ed Time
#16 Mee	Boys 500 Yard VISAA: 4:25 4:24 4:3 t Qualifying: 5 Name Mullen, Willia	Free 5.15 8.38 3.10 :41.9 Yr SR	2014 Tov AA-A AA-B 00 School Se DJO	vnley Haas ed Time 4:34.80
#16 Mee	Boys 500 Yard VISAA: 4:25 4:28 4:33 t Qualifying: 55 Name Mullen, Willia Byrnes, Danie	Free 5.15 8.38 3.10 :41.9 Yr SR JR	estyle 2014 Tov AA-A AA-B 00 School Se DJO NCS!	ed Time 4:34.80 4:41.77
#16 Mee	Boys 500 Yard VISAA: 4:25 4:26 4:33 t Qualifying: 55 Name Mullen, Willia Byrnes, Danie Bowles, Aubre	Free 5.15 8.38 3.10 :41.9 Yr SR JR JR	estyle 2014 Tov AA-A AA-B 00 School Se DJO NCS! STC	ed Time 4:34.80 4:41.77 4:43.35
#16 Mee	Boys 500 Yard VISAA: 4:25 4:26 4:33 t Qualifying: 55 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc	Free 5.15 8.38 3.10 41.9 Yr SR JR JR JR JR	estyle 2014 Tov AA-A AA-B 00 School Se DJO NCS! STC POTO	ed Time 4:34.80 4:41.77 4:43.35 4:45.92
#16 Mee 1 2 3 4 5	Boys 500 Yard VISAA: 4:2: 4:2: 4:3: t Qualifying: 5: Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce	Free 5.15 8.38 3.10 41.9 Yr SR JR JR JR JR SO	style 2014 Tov AA-A AA-B 00 School Se DJO NCS! STC POTO HRA	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71
#16 Mee 1 2 3 4 5 6	Boys 500 Yard VISAA: 4:25 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli	Free 5.15 3.38 3.10 41.9 Yr SR JR JR JR JR JR SO JR	estyle 2014 Tov AA-A AA-B 00 School Se DJO NCS! STC POTO HRA TES	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81
#16 Mee 1 2 3 4 5 6 7	Boys 500 Yard VISAA: 4:2: 4:2: 4:3: t Qualifying: 5: Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia	Free 5.15 8.38 3.10 41.9 Yr JR JR JR SO JR SO JR	estyle 2014 Tov AA-A AA-B DO School Se DJO NCS! STC POTO HRA TES COOL	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71
#16 Mee 1 2 3 4 5 6 7 8	Boys 500 Yard VISAA: 4:25 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder	Free 5.15 3.38 3.10 41.9 Yr JR JR JR JR SO JR SO SO	style 2014 Tov AA-A AA-B 00 School Se DJO NCS! STC POTO HRA TES COOL TES	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63
#16 Mee 1 2 3 4 5 6 7 8 9	Boys 500 Yard VISAA: 4:25 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton	Free 5.15 3.38 3.10 41.9 Yr JR JR JR JR SO JR SO SO SO	estyle 2014 Tov AA-A AA-B 00 School Se DJO NCS! STC POTO HRA TES COOL TES COOL	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.64
<b>#16</b> Meee 1 1 2 3 4 5 6 7 8 9 10	Boys 500 Yard VISAA: 4:25 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan	Free 5.15 3.38 3.10 41.9 Yr SR JR JR SO JR SO SO SO SO SR	style 2014 Tov AA-A AA-B DJO NCS! STC POTO HRA TES COOL TES COOL SSSA	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.64 4:56.80
<b>#16</b> Meee 1 1 2 3 4 5 6 6 7 8 9 10 11	Boys 500 Yard VISAA: 4:25 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic	Free 5.15 3.38 3.10 41.9 Yr JR JR JR SO JR SO SO SO SO SR FR	style 2014 Tov AA-A AA-B DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.64 4:56.80 5:00.97
<b>#16</b> Meee 1 2 3 4 5 6 6 7 8 9 10 11 12	Boys 500 Yard VISAA: 4:2: 4:2: 4:3: t Qualifying: 5: Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic Geddes, Owen	Free 5.15 3.38 3.10 41.9 Yr JR JR JR SO JR SO SO SO SR FR SO	style 2014 Tov AA-A AA-B DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH FAST	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.64 4:56.80 5:00.97 5:01.61
#16 Meee 1 2 3 4 5 6 7 8 9 10 11 12 13	Boys 500 Yard VISAA: 4:25 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic Geddes, Owen Clarkson, Joey	Free 5.15 3.38 3.10 41.9 Yr JR JR JR JR JR SO JR SO SO SO SO SO SO SO SO	estyle 2014 Tov AA-A AA-B DO School Se DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH FAST NA	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.63 4:56.80 5:00.97 5:01.61 5:07.64
#16 Meee 1 2 3 4 5 6 7 8 9 10 11 12 13 14	Boys 500 Yard VISAA: 4:23 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic Geddes, Owen Clarkson, Joey Mayr, Charlie Stelter, Sam Ascoli, Joseph	Free 5.15 9.38 3.10 3.10 SR JR JR JR JR SO JR SO SO SO SO SR FR SO SO 8 8	estyle 2014 Tov AA-A AA-B 00 School Se DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH FAST NA COOL	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.63 4:56.80 5:00.97 5:01.61 5:07.64 5:09.26
<b>#16</b> Meee 1 2 3 4 5 6 7 7 8 9 10 11 12 13 14 15	Boys 500 Yard VISAA: 4:23 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic Geddes, Owen Clarkson, Joey Mayr, Charlie Stelter, Sam	Free 5.15 8.38 3.10 41.9 Yr JR JR SO JR SO SO SO SO SO SO SO SO SO SO SO SO SO	style 2014 Tov AA-A AA-B DO School Se DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH FAST NA COOL WFS	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.63 4:56.80 5:00.97 5:01.61 5:07.64 5:09.26 5:14.17
<b>#16</b> Meee 1 2 3 4 5 6 7 7 8 9 10 111 122 133 144 155 16	Boys 500 Yard VISAA: 4:23 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic Geddes, Owen Clarkson, Joey Mayr, Charlie Stelter, Sam Ascoli, Joseph	Free 5.15 3.38 3.10 41.9 Yr JR JR SO JR SO SO SO SO SO SO SO SO SO SO SO SO SO	style 2014 Tov AA-A AA-B DO School Se DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH FAST NA COOL WFS COOL	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.64 4:56.80 5:00.97 5:01.61 5:07.64 5:09.26 5:14.17 5:14.66
<b>#16</b> Meee 1 2 3 4 5 6 7 7 8 9 10 11 12 13 14 15 16 17	Boys 500 Yard VISAA: 4:23 4:24 4:3 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic Geddes, Owen Clarkson, Joey Mayr, Charlie Stelter, Sam Ascoli, Joseph Shaia, Joseph	Free 5.15 3.38 3.10 41.9 Yr JR JR SO JR SO SO SO SO SO SO SO SO SO SO SO SO SO	style 2014 Tov AA-A AA-B DO School Se DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH FAST NA COOL WFS COOL STEW	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:53.71 4:54.63 4:54.64 4:56.80 5:00.97 5:01.61 5:07.64 5:09.26 5:14.17 5:14.66 5:15.96
<b>#16</b> Meee 1 2 3 4 5 6 7 7 8 9 10 111 122 133 144 155 166 177 18	Boys 500 Yard VISAA: 4:23 4:23 t Qualifying: 5 Name Mullen, Willia Byrnes, Danie Bowles, Aubre Bernstein, Anc Rouzie, Bryce Boykin, Charli Mayr, Christia Hewitt, Ryder Jobe, Dalton Bean, Ethan O'Connor, Mic Geddes, Owen Clarkson, Joey Mayr, Charlie Stelter, Sam Ascoli, Joseph Shaia, Joseph Sullivan, Geory	Free 5.15 3.38 3.10 41.9 Yr SR JR JR SO SO SO SO SO SO SO SO SO SO SC SO SO SC SO SO SC SC SO SC SC SC SC SC SC SC SC SC SC SC SC SC	style 2014 Tov AA-A AA-B DO School Se DJO NCS! STC POTO HRA TES COOL TES COOL SSSA FH FAST NA COOL WFS COOL STEW CHC	ed Time 4:34.80 4:41.77 4:43.35 4:45.92 4:48.37 4:51.81 4:54.63 4:54.63 4:56.80 5:00.97 5:01.61 5:07.64 5:09.26 5:14.17 5:14.66 5:15.96 5:20.11

21	Dodd, Colm	SR	WFS	5:25.52
22	Uy, Griffith	FR	WFS	
23	Bowles, Knigh	JR	STC	5:27.78
24	Peterson, Jack	FR	FH	5:29.56
25	Carchia, Kevin	SO	DIO	5:30.31
26	Weiss, Braede	FR	TCS	5:32.23
27	Milligan, Nath	FR	TES	5:33.61
28	Johnson, Owei	FR	NA	5:33.85
29	Fannin, Evan	SO	CCS	5:34.75
30	Thompson, Ch	SO	RCS	5:34.92
31	Menen, Aidan	SR	STC	5:36.46
32	Harbour, Lian	8	C00	
33	Millar, Henry	SR	FAST	
34	Hamil, Logan	8	TCS	5:37.39
35	Sehgal, Siddha	FR	NA	5:38.91
36	Williams, Chai	FR	IP	5:39.31
37	Smith, Ethan	FR	STC	5:40.09
38	Fulkerson, Mc	FR	TCS	5:40.48
39	Vannell, Morga	FR	PVI	5:41.78
	J			
17	Girls 4x50 Yar			
				8 Norfolk Academy
Wa	are, A McCamm	on, F	Wils	son, C Dickinson
			AA-A	
	1:3	6.94	AA-B	
Mee	t Qualifying: 1	58.5	3	
	Team		Relay	
Mee 1	Team			1:37.39
	Team NA McKee, Marin	so	Relay	1:37.39 Gill, Virginia SO
1	Team	so	Relay	1:37.39
	Team NA McKee, Marin Ware, Cate SC COOL	s0 )	Relay A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10
1	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest	sO ) cken:	A A A zie S	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR
1	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest DJO	sO ) cken: lie SR	A A A zie S	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34
1	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S	cken: lie SR	A A zie S A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR
1 2 3	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr	cken: lie SR	A A zie S A 7R	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR
1	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA	cken lie SR O ricia I	A A zie S A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01
1 2 3	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr	cken: lie SR O ricia I SR	A A zie S A FR A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR
1 2 3	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birr STEW	cken: lie SR O SR nie, E	Relay A Zie S A FR A lizat A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48
1 2 3 4	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, J	cken: lie SR O ricia I SR nie, E	Relay A Zie S A FR A lizat A on SF	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t
1 2 3 4 5	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birr STEW Langenburg, A Witdoeckt, Al	cken: lie SR O ricia I SR nie, E	Relay A Zie S A FR A lizat A on SF	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO
1 2 3 4	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, J Witdoeckt, Al SSSA	o SO ) cken: lie SR 0 SR SR SR Allisc Allisc	Relay A Zie S A FR A lizat A on SF	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84
1 2 3 4 5	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, J Witdoeckt, Al SSSA Smith, Emily	o SO ) cken: lie SR O SR SR Allisc lie 8t	Relay A Zie S A FR A lizat A on SF	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO
1 2 3 4 5	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, J Witdoeckt, Al SSSA	o SO ) cken: lie SR O SR SR Allisc lie 8t	Relay A Zie S A FR A lizat A on SF	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO
1 2 3 4 5 6	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, A Witdoeckt, Al SSSA Smith, Emily West, Ashley	o SO ) cken: lie SR O SR SR Allisc lie 8t	Relay A A zie S A FR A lizat A on SF	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR
1 2 3 4 5 6 7	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, J Witdoeckt, Al SSSA Smith, Emily West, Ashley TES BI Gearghtv, Sar	cken: cken: iie SR O SR SR Allisc Ilie 8t SR	Relay A A zie S A FR A Bizab A A A A A A A A A A A A A A A A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR 1:43.03 1:43.33 Nguyen, Angelyn SR
1 2 3 4 5 6 7 8	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birr STEW Langenburg, J Witdoeckt, Al SSSA Smith, Emily West, Ashley TES Bl Gearghtv, Sar O'Brien, Caro	cken: cken: iie SR O SR SR Allisc Ilie 8t SR	Relay A A zie S A FR A Hizab A Dn SF A A A A A A A A A A A A A A A A A A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR 1:43.03 1:43.33 Nguyen, Angelyn SR Pickard, Audrey FR
1 2 3 4 5 6 7	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birr STEW Langenburg, J Witdoeckt, Al SSSA Smith, Emily West, Ashley TES Bl Gearghtv, Sar O'Brien, Caro PV1	o SO ) ckem lie SR O SR Allisc Ile 8t SR SR nanth line I	Relay A A zie S A FR A Bizab A A A A A A A A A A A A A A A A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR 1:43.03 1:43.33 Nguyen, Angelyn SR Pickard, Audrey FR 1:44.07
1 2 3 4 5 6 7 8	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Les DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birr STEW Langenburg, J Witdoeckt, Al SSSA Smith, Emily West, Ashley TES Bl Gearghtv, Sar O'Brien, Caro	o SO cken: lie SR O SR Allisc Ile 8t SR N nanth line I	Relay A A zie S A FR A Hizab A Dn SF A A A A A A A A A A A A A A A A A A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR 1:43.03 1:43.33 Nguyen, Angelyn SR Pickard, Audrey FR
1 2 3 4 5 6 7 8	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, J Witdoeckt, Al SSSA Smith, Emily West, Ashley TES Bl Gearghtv, Sar O'Brien, Caro PVI Folev, Reagan	o SO cken: lie SR O SR Allisc Ile 8t SR N nanth line I	Relay A A zie S A FR A Hizab A Dn SF A A A A A A A A A A A A A A A A A A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR 1:43.03 1:43.03 1:43.33 Nguyen, Angelyn SR Pickard, Audrey FR 1:44.07 Foley, Abigail FR
1 2 3 4 5 6 7 8 9	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lesi DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, J Witdoeckt, Al SSSA Smith, Emily West, Ashley TES BI Gearghtv, Sar O'Brien, Caro PVI Folev, Reagan Mont, Keara S MAD McCabe, Mag	cken: lie SR O SR nie, E Allisc Ile 8t IR SR nanth line I SR SO gie S0	Relay A A Zie S A A FR A A Ilizab A A A A A A A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR 1:43.03 1:43.33 Nguyen, Angelyn SR Pickard, Audrey FR 1:44.07 Foley, Abigail FR Derasmo, Kelly SR 1:44.16 Estes, Molly SO
1 2 3 4 5 6 7 8 9	Team NA McKee, Marin Ware, Cate SC COOL Ferguson, Ma Albrecht, Lest DJO Bailev, Kate S Leonard, Patr STCA Deverle, Tess Goodwin-Birn STEW Langenburg, A Witdoeckt, Al SSSA Smith, Emily West, Ashley TES Bl Gearghtv, Sar O'Brien, Caro PVI Folev, Reagan Mont, Keara S MAD	cken: lie SR O SR nie, E Allisc Ile 8t IR SR nanth line I SR SO gie S0	Relay A A Zie S A A FR A A Ilizab A A A A A A A A	1:37.39 Gill, Virginia SO Wilson, Kayla SO 1:39.10 Aaronson, Kate JR Cram, Elyse JR 1:39.34 Leonard, Ellie FR Hall, Paige JR 1:40.01 Bowles, Maddie JR Perkins, Grace JR 1:41.48 Compton, Ashley 8t Langenburg, Erin SO 1:42.84 Meggesto, Evelyn SO Gastright, Amy JR 1:43.03 1:43.03 1:43.33 Nguyen, Angelyn SR Pickard, Audrey FR 1:44.07 Foley, Abigail FR Derasmo, Kelly SR 1:44.16











#17 ...

HY-TEK's MEET MANAGER 7.0 - 12:48 PM 2/10/2020 Page 7

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### 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

### 2020 VISAA Swimming & Diving Championship

### **Psych Sheet**

#17	(Girls 4x50 Yard Fre	estyle Relay)
11	РОТО А	1:44.63
12	Lee, Annabel SO Taylormoore, Samanth TCS! A	Otteni, Caroline SR Gould, Katie SR 1:45.04
13	WCA A	1:45.25
14	Sullivan. Kaitlvn IR Gibbons, Delaney FR BSCHS A	Flanagan, Lainey SR Mileski, SiSi 8 1:46.15
15	Lawlor, Iena FR Gleim, Cate SO HRA A	Noriega, Victoria SO Vanbourgondien, Kat S 1:46.71
16	Lindsav, Iosie IR Reed, Allie SO NA B	Snyder, Sophia JR Slate, Christy SO X1:47.84
17	Savage. Meghan FR Rose, Kate 08 TES B	Joynt, Sydney 08 Jones, Ellie SR X1:48.78
18	CHC A	1:48.81
19	Tadder. Shannon FR Strach, Maya 8 STCA B	Meyerholz, Carlie SO Schooneman, Kim SO X1:48.93
	Girerd, Anna SR Kassab, Lily SR	Collins, Lily FR Vallejo, Ryleigh <u>S</u> O
20	SST A	1:49.02
21	Griffin, Caroline SR Luevano, Isabelle SO COOL B	Flynn, Emily SO Pennefather, Mary FR X1:49.36
22	McComb. Ellie FR Rogers, Ellie JR DJO B	Mullins, Skylar SO Vanroekel, Bralyn SR 1:49.48
23	St. Pierre. Kaitlin FR David, Sarah SR TCS A	Buswell, Piper FR Nassetta, Avery SO 1:50.54
24	Tosi, Arianna SO Holstege, Annalee JR RCS A	Smith, Brooke SO Rude, Claire SO 1:50.60
25	Chandler, Silvie FR Bleecker, Juliana JR NSA A	Ayers, Ansley 8 Stoner, Ava SO 1:50.83
26	Hope. Frances IR Puzey, Berkley JR PCHS A	Dryden, Kennedy SO Reynolds, Madailen JR 1:50.86
27	Baddar. Eliza FR Sprott, Anna SO STAB A	Driscoll, Helen SR Zillioux, Elizabeth JR 1:50,89
28	Chhabra. Vava SO DeVillier, Charlotte SO VRTS A	Cave, BG FR Schetlick, Ava FR 1:50.92
	Blanchard, Ann Cason McEntire, Abby SR	DeRoco, Mia JR Blanchard, Molly FR
29	MAD B	1:51.22 Rotes Price SP
29		1:51.22 Batra, Priya SR Tyrell, Avery JR

30	BI B
	Noone, Ally SR
-	Sabatini, Juliana JR
31	PVI B
	Williams, Caroline SR
32	Nguyen, Jamie FR OAK A
01	Mvers, Emma SR
	Smalera, Frances 8
33	CCS A
	Iones, Kennedv SR
~ .	Pitts, Saylor SR
34	NOCO A
	Rosen. Addv FR Hargrove, Victoria SR
35	NCS A
	Allen, Gracie SR
	Tubbs, Madelyn SR
36	NCS! A
	Minnes, Asia IR
37	Lorens, Katelyn FR HRA B
37	Spencer, Noelle IR
	Reed, Savannah JR
38	TCS! B
39	NOCO B
	Beachv, Kiana 8
	Wynne, Caroline JR
40	NCOV A
	Marotta, Caroline 10 McCurley, Skylar 10
41	FH A
	Patel, Anissa IR
	Nguyen, Courtney SR
42	NSA B
	Yoder, Pavton SO
43	Henry, Page FR FAST A
10	Crampton, Izzie SO
	Bryant, Shelby SR
44	SST B
	O'Malley, Kathleen SR
45	Bingham, Teresa SO FCS A
	Ambrose, Eden SR
	White, Jenna [R
46	OAK B
	Schroder, Ashlev SO
47	Talavera, Maite JR
47	POTO B
	Smith, Halev IR Exley, Morgan SR
48	SSSA B
	Cordero, Svdnev SR
	Dowling, Liliana SR

1:52.01 Mule, Annie JR Ferguson, Elizabeth SO X1:53.08 Bolton, Olivia SR Kirby, Ashley FR 1:53.12 Meunier, Cecelia FR Adams, Abby SO 1:53.71 Kiland, Izzy FR Quevedo, Julia FR 1:53.76 Thornton, Tabitha SR Campbell, Maggie SO 1:54.35 Bokmiller, Lucy JR Manning, Theresa 8 1:54.40 Vogel, Tanner SO Lorens, Natalie JR X1:54.50 Doherty, Emma SO Renforth, Laura SO X1:54.54 X1:54.62 Morrow, Lauren 8 Timmons, Madeline 8 1:55.09 Rogers, Natalie 11 Hampton, Adora 1:55.39 Patel, Alena FR Nguyen, Mailinh JR 1:56.01 Michell, Dori SO Stambaugh, Cami FR 1:56.14 Davis, Victoria SO Drape, Emily FR X1:56.26 Gibbons, Maggie 8 Konstanty, Anne SR 1:56.77 Meadows, Payton FR Dahl, Lizzie IR 1:56.89 Burke, Zoe FR Sypal, Elizabeth JR X1:57.27 Bell, Hannah SO O'Sullivan, Cecelia SO X1:57.31

Payne, Kylie FR Atkinson, Kathryn SR

	50	Guiterrez, Ana Sor Moore, Raley SR CH	ohia : A	Wiliams, Fiona JR Daniel, Isabella JR 1:57.78
	51	Zhang. Stephanie S Liu, Stella JR VES	SR A	Blackwell, Lucy JR Xu, Taylor FR 1:58.50
		Chafin, Mary Ferre Hanning, Abigail J		King, Charlotte SO Sprunt, Margaret SR
#	<b>‡18</b>	Boys 4x50 Yard Fre		
		VISAA: 1:23.21	201	9 Norfolk Academy
ł	3 Ra	ndolph, G Ware, P S		500 <del>.</del>
		1:24.80 1:25.86		
	Mee	t Qualifying: 1:43.2		
		Team		Seed Time
-	1	STC	A	1:27.76
		Sundlun, Hunter S	R	West, Miles SR
	2	Wise, Emory JR		Washington, Nick JR
	2		A	1:29.59
	3	COOL	A	1:30.98
	4	Iobe, Dalton SO Neese, Hudson FR PCHS	A	Moore, Aaron SO Kwon, Brian  R 1:31.63
	5	Longacre, Suds SR Sprott, Cameron S DJO		Brooks, Dis SO Parsons, Sam JR 1:32.25
	6	lenzi, Ioseph SR Lobaugh, Peter SR SSSA	A	Sullivan, John SR Lentine, Tyler JR 1:32.36
	7	Oleksa, Ethan SR Carr, Ian JR		Bean, Ethan SR Heck, TJ JR
	7	NA Coleman. [ames [F Rose, Nicholas SO	A	1:32.58 Anthony, Preston JR Whetstine, Clayton SC
	8	FH	А	1:32.65
	9	STAB	Α	1:33.24
	10	Ashbv. Zach IR Moore, Max 8 PVI	A	Hochrein, Noah JR Chhabra, Vijay SR 1:33.25
	10	Ruvle, Ryan SO	11	Chugh, Kabir FR
	11	Owen, Ryan JR TES	A	Manley, Adam FR 1:34.25
	12	SST	А	1:34.91
		Koehr, Shane SR	-	Dalrymple, Drew SR
	13	Kellogg, Liam JR POTO	А	Alsup, Jacob SR 1:35.10
	14	Schedler, Brock Fl LaForce, Hudson S FCS	0	Fearey, Will JR Bernstein, Andrew JR 1:35.51
	15	Turbyfill, Andrew Knewtson, Jack 8 FUMA	JR A	Ford, Parker SO DiLeonardo, Vince JR 1:35.79
		Levdig, Drew IR Hernandez, Rodrig	go FF	Bartsevich, Daniel SO Tavares, Kai SR

А

Cuiterrez Ana Sonhia ' Williams Fiona IP

1:57.71











### 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

### 2020 VISAA Swimming & Diving Championship

### **Psych Sheet**

#18	(Boys 4x50 Yard Fre	estyle Relay)
	STC B	X1:35.95
	Richards, Russell SR	Sullivan, Joe JR
	Williams, Weston IR	Bowles, Knight JR
17	WFS B	X1:36.37
18	TCS A	1:37.01
19	Hutter. Preston SO Clancy, Patrick SR FMS A	Gustafson, Cole FR Gustafson, Luke SR 1:37.68
20	Flanagan, Gavin SR Overton, Bryson SR STEW A	Loe, Wesley JR Argueta, Ryan SR 1:37.87
	Zuccaro, Michael SR Hopp, Carter SO	Savage, Liam SO Wang, Hank FR
21	NCS A	1:37.92
22	VRTS A	1:38.07
	Fisher, Ioshua FR	Loftin, William 8
0.0	Davis, Sam JR	Hughes, Connor SO
23		X1:38.43
	McGrath, John IR	Arnold, Joey SR
24	Dalrymple, Jerry JR BSCHS A	Ceol, Christian SR 1:38.44
21	Miranda, Austin IR	Bromley, Zach JR
25	Lorcher-Bond, Steven I CCS A	Beauchamp, Joseph JR 1:38.53
	Elkin, leff SR	Floyd, Bryan SO
24	Li, Charlie SR	Wolfson, Rock JR
26	BIA	1:38.64
27	Paradise. Calvin SO Smith, Jonah SR DJO B	McNutt, Connor SO Budzynski, Nick SR 1:39.44
28	Lindlev, Rvan SO Hardenburgh, James S( BCP A	Krauss, Ryan SO Milligan, James FR 1:39.57
	Devries. Reese SR Owens, Ty SR	Williamson, Charlie JR Gwyer, Henry SO
29	TCS! A	1:39.72
30	RCS A	1:39.76
31	Ingle, Nathaniel IR Gepitulan, David SR R-MA A	Thompson, Christian S Pilar, Michael SR 1:39.81
32	Gehlv, Jacob SR Stanford, Tyler SR SSSA B	Park, Ethan SO Bayo-Adeyemo, Tire SF X1:40.27
22	Vuono, Rvan SR Biondi, Sam SR NSA A	Gillette, Will SO Prestholdt, Taner SO 1:40.54
33	NSA A McCauley, Braedon IR Pillsbury, Kyle SO	Eisenhart, Nic SO Walters, Justice JR
34	POTO B Diorup, John IR	X1:40.67 Christ, Alex FR
35	Jordan, Joseph JR CHC A	Bhargava, Rajan SO 1:40.77
	Halverson. Rvan SO Old, Evan SO	Escalera, Robbie SR Sullivan, George FR

	-	J		
36	NA		В	X1:41.03
	Lagow, Ben S	0		Hope, Ross SO
27	Patzer, Axel S	0		Wetmore, Franklin
37	PVI	ID	В	X1:41.09
	Herrera, Nick Frucht, Mark			Paquette, Frank SR Vannell, Morgan FF
38	WAKE	JIX	А	1:41.58
	Maraska, Jose	ph S	R	Seaborn, Jackson S
	Pieja, Jack JR			Burdette, Cade SR
39	VES		А	1:41.92
	Cook, Harry J			Prahinski, Jack JR
40	McKee, Max J TCS	к	В	Miles, Spencer SR 1:42.30
	Weiss, Coope	r 8	2	Hamil, Logan 8
	Longnecker, V		50	Weiss, Braeden FR
41	COOL		В	X1:42.60
	Harbour, Liar Spivey, Thom	n 8		Klevana, Leighton
42	FH	as sr	В	Eastep, Andrew JR X1:42.65
43	IP		A	1:42.71
10	Kintz, John Pa	m) S(		Platt, Joseph SR
	Ong, Marcus S			Haddock, Lucas SR
44	NCS!		А	1:43.17
	Bvrnes, Danie			Thompson, Tyler F
	Daly, Patrick	SR		Huynh, Winston JR
#19	Girls 100 Yard	_		
	VISAA: 54	4.25	201	6 Reni Moshos
			AA-A	
			AA-E	
мее	t Qualifying: 1			
	Name	Yr	_	ool Seed Time
1	Hall, Paige	JR	DJO	55.10 AA
2	Blanchard, Mc	FR	VRT	
3	Vanbourgondi	SR	BSCI	
4	Ferguson, Mac	SO	C00	
5	Minnes, Asia	JR	NCS	
6	Hewitt, Kaila	JR	TES	1:00.37
7	Thompson, Cl:	SR	WAF	
8	Blanton, Reilly	JR	DJO	1:00.72
9	Chen, Gabby	FR	C00	
10	Gibbons, Delai	FR	WCA STCA	
11	Bowles, Madd	JR		
12	Pickeral, Vivia	8	WAF	
13	Woodworth, M	JR	FAST	
14	2000 C	SO	CHC	
15	McNamara, Cl	SR	DJO	1:03.17
16	Manley, Caitlii	JR	OAK	
17	Gill, Virginia	SO	NA	1:03.80
18	Rude, Claire	SO	TCS	1:04.33
19	m		JP	
~ ~	Flores, Angele	FR		1:04.39
20	Aaronson, Kat	JR	C00	L 1:04.42
21	Aaronson, Kat Compton, Ash	JR 8t	COO STE	L 1:04.42 W 1:04.49
21 22	Aaronson, Kat Compton, Ash Tao, Isabel	JR 8t JR	COO STE FH	L 1:04.42 W 1:04.49 1:04.60
21 22 23	Aaronson, Kat Compton, Ash Tao, Isabel Garvey, Lucia	JR 8t JR SO	COO STE FH JP	L 1:04.42 W 1:04.49 1:04.60 1:04.62
21 22	Aaronson, Kat Compton, Ash Tao, Isabel	JR 8t JR	COO STE FH	L 1:04.42 W 1:04.49 1:04.60

	-				
	25	Griffin, Caroline	eSR	SST	1:05.20
	26	Hackney, Clair	SR	STCA	1:05.43
n JR	27	Mullins, Skyla	SO	COOL	1:05.46
ъ	28	Zillioux, Elizał	JR	PCHS	1:05.66
R R	29	Gorey, Claire	SR	TES	1:05.69
	30	Champagne, N	SR	FH	1:05.76
SR	31	Ayers, Ansley	8	RCS	1:06.01
2	32	Snyder, Sophia	JR	HRA	1:06.29
	33	Kennedy, Kanı	SR	OT	1:06.45
	34	Hood, Julianne	SO	NA	1:06.66
	35	Cave, BG	FR	STAB	1:06.66
	36	Vanroekel, Bra	SR	COOL	1:06.81
R	37	Fuller, Sydney	SR	STCA	1:06.84
1	38	Rogers, Ellie	JR	COOL	1:07.04
JR	39	Smith, Haley	JR	POTO	1:07.25
R	40	Cantrell, Geor <sub>i</sub>	SO	TES	1:07.26
	41	Neese, Sarah I	FR	COOL	1:07.48
	#20	Powe 100 Vand	Pad	retralia	
R	#20	Boys 100 Yard VISAA: 44	B.92		Zach Switzer
				AA-A	Lach Switzer
FR				AA-A AA-B	
R	Mee		:02.9		
	ince	Name	Yr		Seed Time
	1	Whetstine, Cla	SO	NA	50.44
	2	Camurdan, Ata	SR	TES	52.03
	3	Ashby, Zach	JR	STAB	53.14
	4	Salvatori, Micl	SR	JP	53.25
	5	Fisher, Joshua	FR	VRTS	53.52
A-B	6	Lowe, Micah	JR	FCS!	53.64
1	7	Rouzie, Bryce	SO	HRA	53.83
1	8	Jobe, Davis	SR	COOL	54.47
	9	Bolz, Andrew	FR	HMA	55.32
1	10	Mullen, Brend	SO	D]0	55.65
	11	DeGraw, Jasor	JR	CCS	55.66
	12	Bishop, Ashto:	SR	FAST	56.41
	13	Newcamp, Gav	JR	WFS	56.50
	14	Whetstine, Ca	08	NA	56.72
1	15	Greco, Clemen	SR	PVI	56.75
1	16	Kwon, Brian	JR	COOL	56.83
	17	Hochrein, Noa	JR	STAB	56.91
1	18	Boyd, Jamie	SO	STC	57.04
	19	Sullivan, Joe	JR	STC	57.39
	20	Owen, Ryan	JR	PVI	57.44
	21	Fletcher, Will	JR	WFS	58.32
	22	Sprott, Camer	SR	PCHS	58.37
	23	Williams, Wes	JR	STC	58.46
	24	Manley, Adam	FR	PVI	59.10
	25	Bartsevich, Da	SO	FUMA	59.40
	26	Stanton, Sam	SR	CHC	59.79
	27	Lyons, Willian	JR	TES	1:00.37
	28	Koehr, Shane	SR	SST	1:00.60
	29	Carr, Ian	JR	SSSA	1:00.79
	30	Beauchamp, Jı	JR	BSCHS	1:01.43
ĺ	31	Carchia, Micha	SR	DJO	1:01.50
1					











### 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

# 2020 VISAA Swimming & Diving Championship Psych Sheet

#20	(Boys 100	Vard	Rackstro	aka)	30	Brinkmann, Te	(D	DJO	1:17.07	I.				1
	Kirsner, Zack		STC	1:01.78	1	Rogers, Natali			1:17.11	#2	3	Girls 4x100 Yard Fi	reesty	le Relay
			STEW		40	Rogers, Matali	11	NCOV	1.17.11			VISAA: 3:26.71	201	9 Norfolk Academy
33	0.			1:01.78	#22	Boys 100 Yard	Brea	aststrok	e	м	M	cKee, A McCammor	. M K	irkman. K Wilson
	Loe, Wesley	JR	FMS	1:02.02		VISAA: 5	4.17	2009	Stuart Ferguson	on	1	3:27.65		
35	Puckett, Tilde:		NCS	1:02.27				AA-A	U			3:31.02		
36	Rose, Nicholas		NA	1:02.38	}			AA-B		M	Pel	Qualifying: 4:38.2		
37	Richards, Rus:			1:02.41	Mee	t Qualifying: 1						Team	Relay	Seed Time
38	Desmond, Ale			1:02.73		Name	Yr		Seed Time		1	NA	A	3:35.87
39	Weiss, Cooper	8	TCS	1:02.86	1	Nichols, Noah	-	STEW	56.34 A		1	McKee, Marin SO	А	Jones, Ellie SR
#21	Girls 100 Yard	Brea	aststroke		6.5			DIO		A-D		Galiotos, Olivia SO	r	Wilson, Kayla SO
	VISAA: 1:03	_				Lentine, Tyler Ryan, Liam	JR	COOL	57.27 58.67		2	COOL	А	3:38.61
			AA-A			Johnson, Matt		PVI	1:00.21			Rogers, Avery SR		Kantner, Emily FR
			AA-B		l l	Coleman, Jame		NA	1:00.21			Cram, Elyse JR		Ferguson, Mackenzie S
Moe	t Qualifying: 1											TES	A	3:39.40
mee				and minute	1 2	Turbyfill, Andr		FCS	1:00.59		4	DIO	A	3:39.83
	Name	_		Seed Time	-	Burdette, Cade		WAKE	1:01.12			Keegan, Alissa SR		Burns, Katie SO
	Wishnack, Cha		STCA	1:04.93	8			HRA	1:01.59		5	Kinsella, Abby SR STCA	А	Blanton, Reilly JR 3:39.84
	Davis, Sofie		MAD	1:05.59		Higdon, Natha		HMA	1:01.59		~	Deverle, Tess SR		Collins, Lily FR
3	Sullivan, Kaitly	JR	WCA	1:06.52	1	Stevens, Will	JR	STC	1:01.88			Goodwin-Birnie, E	lizab	Wishnack, Charlotte JR
	Leonard, Ellie	FR	,	1:06.54	1.55.20	Rouzie, Blake	SR	HRA	1:02.39		6	PVI	Α	3:42.53
	Luce, Annika	SO		1:07.06	1	Krause, Owen		FH	1:03.41			Folev, Reagan SR		Foley, Abigail FR
	AN HE AN		COOL	1:07.57	10000	Perkins, Carte		STC	1:03.75			Murphy, Caroline		Derasmo, Kelly SR
	Lawlor, Jena		BSCHS	1:07.73		Dragone, Jack		STC	1:04.56		7	STEW	A	3:43.23
	Jepson, Chloe	SR	TES	1:08.49	Section Cost	Farley, Harry	SR	STC	1:04.77			Langenburg, Alliso		Compton, Ashley 8t
	Thornburg, Pa	JR	HL	1:08.83		Pilar, Michael	SR	RCS	1:04.96		8	Witdoeckt, Allie 8 MAD	τ Α	Langenburg, Erin SO 3:44.13
10	Kirby, Ashley	FR	PVI	1:08.97	17	Marotta, Mich		NCOV	1:05.25		0	Chava, Niki SO	А	Watts, Molly SR
11	Kassab, Lily	SR	STCA	1:09.24	18	Kelly, Ben	SR	FH	1:05.59			Arndt, Hannah JR		Davis, Sofie SR
12	Curry, Kara	FR	BI	1:09.75	19	Kassab, Elliott	FR	TNCS	X1:06.19		9	DJO	В	3:49.37
13	Heck, Olivia	JR	SSSA	1:10.35	20	Kuhlen, Jake	FR	STC	1:06.41			St. Pierre, Kaitlin I	FR	Buswell, Piper FR
14	Albrecht, Lesli	SR	COOL	1:10.41	21	Desmond, Liaı	SR	WFS	1:06.52			Nassetta, Avery SO		Bacon, Meredith SR
15	Marotta, Carol	10	NCOV	1:10.43	22	Schindler, Cha	JR	VES	1:06.68			TCS!	A	3:50.06
16	Bowles, Anne	SR	STCA	1:10.55	23	Hopkins, Liam	SO	JP	1:06.74	1	1	SSSA	А	3:52.72
17	Zhukova, Eliza	SO	MAD	1:11.23	24	DeVeer, Nick	JR	HMA	1:06.88			West, Ashlev SR		Heck, Olivia JR
18	Hester, Ginnie	SR	TES	1:11.44	25	Southern, Mar	JR	NA	1:06.95	1	2	Gastright, Amy JR COOL	В	Toman, Claire SR X3:54.00
19	Wilcox, Ayla	FR	WAKE	1:11.51	26	Heck, TJ	JR	SSSA	1:07.06		2	McComb, Ellie FR	Ъ	Cribbs, Eleanor 8
20	Reed, Allie	SO	HRA	1:11.91	27	Budzynski, Nie	SR	BI	1:07.21			Mullins, Skylar SO		Angle, Virginia SR
21	Lewis, Audrey	SO	SGHS	1:12.10	28	Moore, Max	8	STAB	1:07.33	1	3	HRA	А	3:54.40
22	Lee, Annabel	SO	РОТО	1:12.15	29	Hughes, Conne	SO	VRTS	1:07.40			Rouzie, Mollv SR		Lindsay, Josie JR
23	Falwell, Caroli	FR	VES	1:12.41	30	Schedler, Broc	FR	РОТО	1:07.41		4	Snyder, Sophia JR	٨	Slate, Christy SO
24	Gleim, Cate	SO	BSCHS	1:12.89	31	Bhargava, Raja	SO	POTO	1:07.95		4	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	A	3:54.45
25	Bleecker, Julia	JR	RCS	1:13.48	32	Prestholdt, Ga	SO	SSSA	1:08.03			Flores, Angelea FF Roder, Mia FR	(	Garvey, Lucia SO Hopkins, Sarah SR
	McCabe, Magg			1:14.35	33	Boulos, Georg	SR	PCHS	1:08.26	1	5	STCA	В	X3:56.27
		SO		1:14.47		Kump, Case			1:08.43			DeRosier, Olivia F		Vallejo, Ryleigh SO
	Chhabra, Vaya		STAB	1:14.66	5000000	de la Torre, Au			1:08.48			Turton, Hadley FR		Bowles, Carrington SR
	David, Sarah	SR	DJO	1:14.94	1	Carpenter, Ka		DIO	1:08.59	1	6	NA	В	X3:58.63
	Sprott, Anna		PCHS	1:15.06	200.000	Campbell, Josh		WFS	1:08.68			Savage. Meghan F	R	Howerton, Emma JR
	Roder, Mia	FR		1:15.26		DiLeonardo, V		FCS	1:08.75		-7	Rose, Kate 08	٨	Luecke, Christine JR
32		JR		1:15.46		Neese, Hudson		COOL	1:08.81		1	SST	A	3:58.72
	Armstrong, Ar		COOL	1:15.47	1	Devries, Reese		BCP	1:08.86			Luevano, Isabelle		Griffin, Caroline SR Pennefather, Mary FR
	Campbell, Rile	гк 8	COOL	1:15.95		Paradise, Calv		BI	1:09.13	0		Konstanty, Anne S	A	renneratier, wary PR
35	Reynolds, Min	JR	STCA			Gehly, Jacob		R-MA	1:09.15					
				1:16.17	1	Sproull, Emor								
36	Villanueva, Ca	JR	COOL	1:16.25	43	sprouit, Emor	ΓK	SIEW	1:09.25					
	Gorey, Anna	FR	TES	1:16.81										
38	Nguyen, Mailii	JK	rn	1:16.91	{									











### 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020 2020 VISAA Swimming & Diving Championship **Psych Sheet**

#### #23 ... (Girls 4x100 Yard Freestyle Relay) 18 NSA 4:00.85 Α Johnston, Emma SO Hope, Frances |R Stambaugh, Cami FR 19 PVI X4:02.39 B Brown, Lanev IR Nguyen, Jamie FR Foley, Hannah IR Vannell, Emma JR 20 BI A 4:03.61 Chawk, Siobhan SR Nguyen, Angelyn SR Curry, Kara FR Rier, Ella SO 21 FAST 4:03.87 A Luce, Annika SO Smith, Anna SO Drape, Emily FR 22 CHC A 4:04.56 Verfurth, Elise IR Stoops, Finley JR Buba, Anna JR 23 TCS A 4:06.03 Alimard, Ariana FR Tosi, Arianna SO Fulkerson, Gwendolyn Rude, Claire SO 24 TCS! B X4:06.72 25 BI В 4:08.50 Nguven, Gabby SO Parsons, Emily JR Lungren, Reagan |R 26 STAB 4:10.21 Α Robinson, Nia SO Sullivan, Lauren SR DeVillier, Charlotte SO Schetlick, Ava FR 27 OAK 4:11.60 Α Smalera, Frances 8 Manley, Caitlin IR Adams, Abby SO Myers, Emma SR 28 NSA B 4:14.96 Drvden, Kennedv SO Yoder, Payton SO Michell, Dori SO Puzey, Berkley JR 29 SST B X4:15.27 **Bingham**, Teresa SO O'Malley, Mary SO 4:15.86 Albin, Katie SR 30 SGHS A Sproull, Molly SO Upchurch, Vivian SO Lewis, Audrey SO Czaja, Emily JR **31 POTO** Α 4:16.38 O'Sullivan, Cecelia SO Bell, Hannah SO Lee, Grace FR Otteni, Caroline SR 32 NOCO A 4:16.58 Rosen. Addv FR Hargrove, Victoria SR 33 FH A 4:17.59 Patel, Anissa IR Patel, Alena FR Tao, Isabel JR 34 TES В X4:17.62 35 IP B X4:17.93 Koler, Jillian SO Moore, Raley SR Guiterrez, Ana Sophia S Daniel, Isabella JR 36 RCS A 4:19.69 Finnigan, Meghan FR Leonard, Kyra FR Reichardt, Sydney SR Ayers, Ansley 8

Reynolds, Madailen IR Woodworth, Marissa [] Meyerholz, Carlie SO Heilbrun, Emme Cate J O'Malley, Kathleen SR Thornton, Tabitha SR Campbell, Maggie SO Champagne, Natalie SF

37 HRA В Doherty, Emma SO Spencer, Noelle JR 38 CH A Zhang, Stephanie SR Liu, Stella IR 39 PCHS A McCarthy, Beth IR Wharton, Libby JR 40 WAKE A Pickeral, Vivian 8 Wilcox, Ayla FR 41 VES A Smith, Sarah Bennett S Wood, Lara SR R 42 FH Nguven, Courtnev SR Conkle, Emma JR 43 FCS A Dahl, Lizzie IR Embrey, Phoenix FR 44 CCS Α Hatterslev, Faith IR Valadez, Hali FR 45 POTO R Sardar, Maya IR Exley, Morgan SR 46 WA A Robinson, Olivia IR Lobash, Emma FR 47 FAST R Crampton, Izzie SO Davis, Victoria SO SSSA B 48 Cordero, Svdnev SR Atkinson, Kathryn SR 49 OAK B Schroder, Ashlev SO Meunier, Cecelia FR **50 VES** B Laing, Marian SR Sigler, Julianna SR #24 Boys 4x100 Yard Freestyle Relay VISAA: 3:06.16 2019 Collegiate School S Laming, L Ryan, C Mayr, Z Cram 3:06.28 AA-A 3:09.26 AA-B Meet Qualifying: 3:59.45 Team Relay 1 STC A West. Miles SR Washington, Nick ]R 2 WFS A 3 PVI A Rvu, Han SR O'Toole, Owen FR

X4:21.75 Reed, Savannah JR Renforth, Laura SO 4:21.80Blackwell, Lucy JR Xu. Taylor FR 4:21.82 Dwyer, Laura FR Baddar, Eliza FR 4:24.45 McGrath, Anna JR Thompson, Claire SR 4:24.86 Sprunt, Margaret SR Falwell, Caroline FR X4:25.18 Nguyen, Mailan FR Cai, Rachel SO 4:25.23 Meadows, Payton FR Ambrose, Eden SR 4:25.78 Pitts, Saylor SR Bracken, Michelle FR X4:29.05 Yoon, Eleanor SO Smith, Haley IR 4:30.88 Nassabi, Maddie SR O'Hallarn, Summer 8 X4:32.58 Smith, Sophie SO Bryant, Shelby SR X4:33.42 Watson, Izzie FR Dowling, Liliana SR 4:35.93 Burke, Zoe FR Sypal, Elizabeth JR X4:38.20 McLean, Mary Blair SR Hanning, Abigail JR Seed Time

3:17.27 Bowles, Aubrey JR Sundlun, Hunter SR 3:17.44 3:19.57 Greco, Clement SR Johnson, Matthew FR

4 NA A Coleman, James IR Clarkson, Joey SO 5 COOL A Mayr, Christian SO Jobe, Davis SR 6 TES A 7 HRA A Rouzie, Brvce SO Cronin, Avery SR В 8 STC Bowles, Tee SO Boyd, Jamie SO 9 STAB A Hochrein, Noah IR Ashby, Zach [R 10 DIO A Mullen, William SR Lobaugh, Peter SR 11 IP Α Doty, lack IR Hopkins, Liam SO 12 SSSA A Vuono, Rvan SR Gillette, Will SO 13 FH Α 14 COOL В Ascoli, Joseph SR Moore, Aaron SO 15 VES A Dirom, Xander JR 16 HMA A Higdon, Nathan IR DeVeer, Nick JR 17 CCS A DeGraw, Iason IR Fannin, Evan SO 18 FUMA A Bartsevich, Daniel SO Tavares, Kai SR 19 CHC A Cake, Gavin FR Frey, Zack SO **20 STEW** A Wang, Hank FR Sproull, Emory FR 21 FCS A

Turbyfill, Andrew JR Knewtson, Jack 8 22 TCS A Gustafson, Luke SR Fulkerson, McCallum F 23 WFS В 24 NCS A

3:20.37 Jobe, Dalton SO Ryan, Liam IR 3:21.42 3:22.11 Kokolis, Michael SO Rouzie, Blake SR X3:22.55 Moore, Brandon FR Stevens, Will JR 3:23.07 Moore, Max 8 Chhabra, Vijay SR 3:25.30 Ienzi, Joseph SR Mullen, Brendan SO 3:27.23 Talavera, JP SR Salvatori, Michael SR 3:27.64 Prestholdt, Gavin SO Prestholdt, Taner SO 3:29.85 3:30.13 Mayr, Charlie 8 Spivey, Thomas SR 3:30.69 Prahinski, Jack JR Schindler, Charlie JR 3:32.24 Kennedy, Scott SR Bolz, Andrew FR 3:33.79 Elkin, [eff SR Kiland, Jackson SO 3:34.28 Hernandez, Rodrigo FF Leydig, Drew JR 3:37.16 Sullivan, George FR Stanton, Sam SR 3:37.16 Shaia, Joseph SR Nichols, Noah SR 3:37.19 Ford, Parker SO DiLeonardo, Vince JR 3:37.44 Clancy, Patrick SR Hutter, Preston SO X3:38.87 3:39.75

3:20.32

Whetstine, Clayton SO

Southern, Mark JR











2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020

2020 VISAA Swimming & Diving Championship

**Psych Sheet** 

#24	(Boys 4x100 Yard Fr	eestyle Relay)
25	FAST A	3:39.93
26	Bishop, Ashton SR Geddes, Owen SO PVI B	Harris, Dylan 8t Millar, Henry SR X3:41.11
27	Ruvle. Rvan SO Vannell, Morgan FR BSCHS A	Chugh, Kabir FR Manley, Adam FR 3:41.81
28	Beauchamp, Ioseph IR Lorcher-Bond, Steven I SST A	Beauchamp, Michael F Miranda, Austin JR 3:44.38
29	Koehr, Shane SR Dalrymple, Drew SR TCS! A Henderson, Gabe IR	Ceol, Christian SR Dalrymple, Jerry JR 3:44.63 Moon, Jadon SR
30	Kim, Justin 8 SST B	Kim, Josh SO X3:47,71
50	Luevano, Nathan FR	McGrath, John JR
31	Wilson, Joe FR JP B	Alsup, Jacob SR X3:49.78
	Haddock, Lucas SR Elliott, Zach SR	Platt, Joseph SR Williams, Charlie FR
32		3:50.66
33	Pieia. Iack IR Maraska, Joseph SR PCHS A	Bushara, Horatio SO Burdette, Cade SR 3:51.15
24	Farkas, Alex SO Boulos, George SR	Robertson, Will JR Brooks, Dis SO
34	FH B	X3:51.16
35	NA B Hope. Ross SO Trudell, Paul SO	X3:51.19 Lagow, Ben SO Yeung, Owen 8
36	NSA A Walters, Iustice IR	3:51.41 Eisenhart, Nic SO
37	Pillsbury, Kyle SO DJO B	McCauley, Braedon JR 3:51.96
38	Krauss. Rvan SO Piland, James FR NCS! A	Milligan, James FR Boboltz, Daniel SR 3:52.09
39	Bvrnes, Daniel IR Daly, Patrick SR RCS A	Thompson, Tyler FR Huynh, Winston JR 3:54.31
40	Ingle. Nathaniel IR Gepitulan, David SR SSSA B	Thompson, Christian S Pilar, Michael SR X3:55.60
41	Keefe, Tim SR Biondi, Sam SR TCS B	Bremner, Will SO Cunningham, Jay SR 3:56.28
42	Longnecker, Will SO Pritchett, Hayden JR HMA B	Longnecker, Charlie 8 Gustafson, Cole FR X3:56.66
	Lewis. Michael SR Ponton, Andrew SO	Gregori, Ben JR Marquardt, Wesley JR

43	РОТО		А	3:57.48				
	LaForce, Hud	son S	60 Ch	rist, Alex FR				
	Jordan, Josep	h JR	Fe	arey, Will JR				
#101 Girls 50 Yard Freestyle								
	VISAA: 2	3.27	2015	Kate Nezelek				
	2:	3.20	AA-A					
	2	3.54	AA-B					
Mee	t Qualifying: 2	6.97	- 28.96					
	Name	Yr	School	Seed Time				
1	Vanroekel, Bra	SR	COOL	27.02				
2	Luevano, Isabi	SO	SST	X27.04				
3	McCabe, Magg	SO	MAD	2 <b>7</b> .06				
4	Brinkmann, Te	JR	DJO	27.25				
5	Campbell, Maş	SO	NOCO	27.32				
6	Kinsella, Abby	SR	DJO	27.35				
7	Rose, Kate	08	NA	27.38				
8	Koler, Jillian	SO	JP	27.44				
9	Gorey, Anna	FR	TES	27.44				
10	Lorens, Natali	JR	NCS!	27.47				
11	Rogers, Ellie	JR	COOL	27.56				
12	Hope, Frances	JR	NSA	27.56				
13	Neese, Sarah I	FR	COOL	27.65				
14	Deatherage, A	JR	TCS!	27.66				
15	Nguyen, Mailii	JR	FH	27.68				
16	Armstrong, Ar	FR	COOL	27.69				
17	Walker, Libby	FR	MAD	27.71				
18	Joynt, Sydney	08	NA	27.78				
19	Williams, Mad	JR	DJO	27.81				
20	Chhabra, Vaya	SO	STAB	27.82				
21	Beachy, Kiana	8	NOCO	27.85				
22	Smalera, Franc	8	OAK	27.86				
23	Flynn, Emily	SO	SST	27.91				
24	Hackney, Clair	SR	STCA	27.95				
25	Hargrove, Vict	SR	NOCO	28.00				
26	Ambrose, Ede	SR	FCS	28.06				
27	Ragsdale, Ann	FR	TES	28.26				
28	Reed, Savanna	JR	HRA	28.26				
29	O'Malley, Kath	SR	SST	X28.27				
30	Puzey, Berkley	JR	NSA	28.29				
31	Renforth, Laui	SO	HRA	28.30				
32	Cave, BG	FR	STAB	28.33				
33	Rouvelas, Eler	JR	MAD	28.35				
34	Holstege, Ann:	JR	TCS	28.36				
35	Zerrenner, Ke:	SR	TCS!	28.36				
36	Blanchard, An	8	VRTS	28.37				
37	Dahl, Lizzie	JR	FCS	28.38				
38	Cordero, Sydn	SR	SSSA	28.40				
39	Baddar, Eliza	FR	PCHS	28.42				
40	Adams, Abby	SO	OAK	28.43				
41	Smith, Sarah E	SR	VES	28.46				
42	Woolman, Oliv	SR	TES	28.46				
43	McEntire, Abb	SR	VRTS	28.50				
44	Phlegar, Auroi	SR	NCS!	28.51				
45	Phillips, Amy	FR	TCS!	28.51				
				20.04				

46	Daniel, Isabell	JR	JP	28.53
47	Spencer, Noell	JR	HRA	28.53
48	Gibbons, Mag	8	SST	28.55
49	Dryden, Kenne	SO	NSA	28.55
50	Nassabi, Madc	SR	WA	28.56
51	O'Sullivan, Ceo	SO	РОТО	28.57
52	Zhang, Stepha	SR	СН	28.57
53	Rosen, Addy	FR	NOCO	28.58
54	Fulkerson, Gw	SR	TCS	28.59
55	Gearghty, Sam	FR	BI	28.61
56	Lorens, Kately	FR	NCS!	28.63
57	Tyrell, Avery	JR	MAD	28.64
58	Morrow, Laun	8	NOCO	28.64
59	Britt, Emily	FR	NA	28.64
60	Lee, Grace	FR	РОТО	28.65
61	Sproull, Molly	SO	SGHS	28.69
62	DeRoco, Mia	JR	VRTS	28.70
63	Perry, Anna Ca	SO	NA	28.70
64	Turner, Brook	SR	TES	28.72
65	DeVillier, Char	SO	STAB	28.72
66	Wharton, Libt	JR	PCHS	28.74
67	Pitts, Saylor	SR	CCS	28.75
68	Gorey, Claire	SR	TES	28.75
69	Roder, Mia	FR	JP	28.76
70	Bokmiller, Luc	JR	NCS	28.77
71	Wood, Lara	SR	VES	28.78
72	Vogel, Tanner	SO	NCS!	28.81
73	Patel, Alena	FR	FH	28.86
74	Sullivan, Laure	SR	STAB	28.86
75	Noriega, Victo	SO	BSCHS	28.87
76	Driscoll, Heler	SR	PCHS	28.87
77	Patel, Anissa	JR	FH	28.87
78	Myers, Emma	SR	OAK	28.88
79	Robinson, Nia	SO	STAB	28.88
80	Hunnicutt, Lily	JR	COOL	28.89
81	Bryant, Shelby	SR	FAST	28.91
82	Phan, Victoria	JR	DIO	28.93
83	Lobash, Emma	FR	WA	28.95
#10	2 Boys 50 Yard	Free	style	
		0.39		halafalla
	20	0.54	AA-A	
	2	0.91	AA-B	
Mee	t Qualifying: 2	4.29	- 26.28	
	Name	Yr	School See	d <u>Time</u>
1	Kump, Case	JR	STC	24.31
2	Ceol, Christiar	SR	SST	X24.39
3	Clancy, Patricl	SR	TCS	24.44
4	Kelly, Ben	SR	FH	24.48
5	Vuono, Ryan	SR	SSSA	24.51
6	Manning, Natł	SR	NCS	24.56
7	Walters, Justic	JR	NSA	24.60
8	Kellogg, Liam	JR	SST	X24.64
9	Wolfson, Rock	JR	CCS	24.65
10	Lindley, Ryan	SO	DJO	24.67











HY-	-TEK's	MEET	' MANAGEF	7.0	- 12:48 PM	2/10/2020	Page 12
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# 2020 VISAA Swimming & Diving Championship - 2/14/2020 to 2/15/2020 2020 VISAA Swimming & Diving Championship Psych Sheet

#10	2 (Boys 50	Yard	Freestyle)	
11	Maraska, Josej	SR	WAKE	24.69
12	Schindler, Cha	JR	VES	24.69
13	Liu, Ezra	SO	FH	24.74
14	Gillette, Will	SO	SSSA	24.77
15	Ford, Parker	SO	FCS	24.77
16	Dalrymple, Jer	JR	SST	X24.78
17	Li, Charlie	SR	CCS	24.79
18	Lewis, Michae	SR	HMA	24.79
19	Carchia, Micha	SR	DJO	24.82
20	Cake, Gavin	FR	CHC	24.88
21	Oakey, Teddy	SO	STAB	24.91
22	Elkin, Jeff	SR	CCS	24.92
23	Lorcher-Bond	FR	BSCHS	24.94
24	Milligan, Jame	FR	DJO	24.95
25	Hardenburgh,	SO	DJO	24.97
26	Davis, Brando	JR	STC	24.99
27	Bright, Henry	JR	FH	25.02
28	Devries, Reese	SR	BCP	25.05
29	Pieja, Jack	JR	WAKE	25.07
30	Gustafson, Col	FR	TCS	25.07
31	Kennedy, Scot	SR	HMA	25.07
32	Boboltz, Danie	SR	DJO	25.11
33	Frucht, Mark	JR	PVI	25.12
34	McCauley, Bra	IR	NSA	25.13
35	Davis, Sam	IR	VRTS	25.16
36	Loftin, Willian	8	VRTS	25.25
37	Piland, James	FR	DIO	25.27
38	Powell, Sam	SR	NCS	25.28
39	Worrall, Alder	FR	STAB	25.29
40	Haddock, Luca	SR	IP	25.34
41	Robison, Ryan	JR	DJO	25.34
42	Zuccaro, Mich	SR	STEW	25.37
43	Savage, Liam	SO	STEW	25.39
44	Djorup, John	JR	РОТО	25.39
45	Desmond, Ale	FR	WFS	25.39
46	Hopp, Carter	SO	STEW	25.42
47	Bailey, Daniel	SR	DJO	25.46
48	Kinsella, Chris	FR	DJO	25.49
49	Biondi, Sam	SR	SSSA	25.56
50	Paquette, Frar	SR	PVI	25.56
51	Escalera, Robł	SR	CHC	25.57
52	Knewtson, Jac	8	FCS	25.58
53	Moon, Jadon	SR	TCS!	25.59
54	Prestholdt, Ta	SO	SSSA	25.60
55	Wilson, Evan	JR	SST	X25.60
56	Kintz, John Pa	SO	JP	25.62
57	Tiffany, Connc	SR	NA	25.64
58	Marquardt, W	JR	HMA	25.72
59	Pillsbury, Kyle	SO	NSA	25.76
60	Elliott, Zach	SR	JP	25.80
61	Herrera, Nick	JR	PVI	25.80
62	Senger, Gavin	so	FMS	25.82
63	Luevano, Nath	FR	SST	X25.84

64	Arnold, Joey	SR	SST	X25.88
65	Eisenhart, Nic	SO	NSA	25.88
66	Sullivan, Thon	SO	DJO	25.90
67	Harbour, Lian	8	COOL	25.93
68	Prahinski, Jacl	JR	VES	25.95
69	de la Torre, Aı	SR	WFS	25.96
70	Menen, Aidan	SR	STC	25.97
71	Ong, Marcus	SO	JP	25.98
72	Hamil, Logan	8	TCS	25.98
73	Longnecker, V	SO	TCS	26.05
74	Luce, Michael	SO	FUMA	26.06
75	Wilson, Joe	FR	SST	X26.09
76	Bremner, Will	SO	SSSA	26.10
77	McGrath, John	JR	SST	X26.10
78	Carchia, Kevin	SO	DJO	26.13
79	Kuhlen, Jake	FR	STC	26.14
80	Kirsner, Zack	SR	STC	26.15
81	Bromley, Zach	JR	BSCHS	26.18
82	Shervanick, Sa	SO	PVI	26.19
83	Keefe, Tim	SR	SSSA	26.21
84	Weiss, Cooper	8	TCS	26.21
85	Cook, Harry	JR	VES	26.22
86	Halverson, Ry;	SO	CHC	26.24
87	Floyd, Bryan	SO	CCS	26.24
88	Knauf, Corey	SR	DJO	26.24
89	Ponton, Andre	SO	HMA	26.24











	19-'20 High School Enrollment	
School	Girls	Division
Bishop O'Connell High School	546	Ι
Pope Paul VI High School	445	Ι
Bishop Ireton High School	426	Ι
Saint John Paul the Great Catholic High School	366	Ι
St. Catherine's School	326	Ι
Maderia School, The	323	Ι
Collegiate School	276	Ι
Flint Hill School	268	Ι
St. Gertrude High School	238	Ι
Trinity Episcopal School	234	I
Potomac School	231	I
Norfolk Academy	230	I
St. Stephen's/St. Agnes School	214	I
Bishop Sullivan Catholic High School	207	I
St. Anne's-Belfield	204	I
Chatham Hall	160	II
Oakcrest School	156	II
Cape Henry Collegiate School	154	II
King Abdullah Academy	154	II
Norfolk Collegiate School	151	II
Norfolk Christian School Trinity Christian School	133 132	II II
Seton School	132	II
Highland School	131	II
Fredericksburg Christian School	121 120	II
Hampton Roads Academy	120	II
Nansemond Suffolk Academy	120	II
Virginia Episcopal School	116	II II
Covenant School, The	109	II
Steward School	108	I
Peninsula Catholic High School	104	I
St. Margaret's School	90	II
Walsingham Academy	86	II
Randolph-Macon Academy	84	II
Eastern Mennonite School	79	II
Roanoke Catholic School	79	II
Christchurch School	75	II
North Cross School	74	II
Wakefield School	70	II
Greenbrier Christian School	69	II
Fuqua School	68	II
Veritas School	68	II
New Covenant Schools	57	II
Carlisle School	51	II
Fredericksburg Academy	51	II
Middleburg Academy	51	II
Tandem Friends	49	II
Blessed Sacrament Huguenot Catholic School	48	II
Broadwater Academy	47	II
Veritas Collegiate Academy	46	II
St. Michael the Archangel High School	42	II
Temple Christian School	42	II
The New Community School	36	II
Oaktree Academy	33	II
Richmond Christian School	29	II
Williamsburg Christian Academy	27	II
Carmel School, The	22	II
Massanutten Military Academy	21	II
Millwood School	9	II
Woodberry Forest School	1	II

### VISAA Swimming - '19-'20 Boys Divisions

	19-'20 High School Enrollment	
School	Boys	Division
Bishop O'Connell High School	562	I
Pope Paul VI High School	465	I
Woodberry Forest School	402	I
Saint John Paul the Great Catholic High School	390	I
Bishop Ireton High School	361	I
St. Christopher's School	340	I
Flint Hill School	305	I
Fork Union Military Academy	296	I
Bishop Sullivan Catholic High School	273	I
Collegiate School	273	I
Norfolk Academy	254	I
Benedictine High School	249	I
St. Stephen's/St. Agnes School	247	I
Trinity Episcopal School	245	I
Potomac School	232	I
Cape Henry Collegiate School	207	I
St. Anne's-Belfield	207	I
Norfolk Christian School	172	I
King Abdullah Academy	172	I II
Randolph-Macon Academy	150	II II
Hargrave Military Academy	149	II II
Steward School	149	II II
Nansemond Suffolk Academy	148	II II
Virginia Episcopal School	143	II II
Highland School	139	II II
Christchurch School	139	II II
Peninsula Catholic High School	135	II II
Trinity Christian School	127	II II
Hampton Roads Academy	120	II II
Norfolk Collegiate School	118	II II
Fredericksburg Christian School	115	II II
Seton School	113	II II
North Cross School	107	II II
Fishburne Military School	107	II II
Covenant School, The	98	II II
Eastern Mennonite School	87	II II
Greenbrier Christian School	81	II II
Roanoke Catholic School	78	II
Wakefield School	76	II II
Walsingham Academy	74	II II
Carlisle School	69	II II
Richmond Christian School	68	II
Fuqua School Blassed Sacrament Huguanot Catholic School	67 62	II II
Blessed Sacrament Huguenot Catholic School		
Middleburg Academy	60 50	II
St. Michael the Archangel High School	59 50	II
The New Community School	59	II
Broadwater Academy	57	II
Veritas School	51	II
Massanutten Military Academy	49	II
Tandem Friends	48	II
Fredericksburg Academy	47	II
New Covenant Schools	45	II
Williamsburg Christian Academy	39	II
Veritas Collegiate Academy	36	II
Temple Christian School	27	II
Millwood School	25	II
Carmel School, The	20	II
Oaktree Academy	19	II

Seton Swim Team Boys Relay Splits - '19-'20 Season

50 Free	Fastest										
Name	Flat Start	12/7/2019	12/14/2019	12/21/2019	1/4/2020	1/11/2020	1/18/2020	<b>D-II Invite</b>	DAC Champs	States	Fastest
Drew Dalrymple	00:23.51	00:24.36			00:23.81	00:23.88	00:23.88	00:23.54	00:23.05		00:23.05
Jacob Alsup	00:24.85	00:24.84		00:24.60	00:24.85		00:24.03		00:23.53		00:23.53
Shane Koehr	00:23.72			00:24.46	00:24.44	00:23.59	00:24.08	00:23.72	00:24.35		00:23.59
Liam Kellogg	00:24.64	00:25.22	00:25.92	00:24.46	00:24.81	00:24.89		00:23.71			00:23.71
Christian Ceol	00:24.39	00:25.23	00:24.69	00:24.31		00:24.06	00:24.39	00:23.96	00:23.98		00:23.96
John McGrath	00:26.10	00:27.21	00:26.80		00:26.69		00:25.84	00:24.47	00:26.36		00:24.47
Jerry Dalrymple	00:24.78	00:25.01			00:25.01			00:24.69			00:24.69
Joey Arnold	00:25.88	00:25.55	00:27.14		00:25.17	00:25.52	00:26.09	00:25.53	00:24.91		00:24.91
Joe Wilson	00:26.09				00:25.29						00:25.29
Evan Wilson	00:25.60		00:26.09	00:25.42			00:26.28	00:25.84			00:25.42
Nathan Luevano	00:26.52						00:25.48				00:25.48
Justin Fioramonti	00:26.34					00:25.88	00:26.36	00:26.14	00:27.80		00:25.88
Jeremy Kleb	00:26.55		00:27.74				00:26.55				00:26.55

100 Free	Fastest										
Name	Flat Start	12/7/2019	12/14/2019	12/21/2019	1/4/2020	1/11/2020	1/18/2020	D-II Invite DA	AC Champs	States	Fastest
Drew Dalrymple	00:53.51						00:54.80	00:56.36			00:53.51
Shane Koehr	00:53.81		00:59.30				00:53.81				00:53.81
Jerry Dalrymple	00:56.60		00:57.73			00:55.78		00:54.35	00:55.73		00:54.35
Christian Ceol	00:55.50	01:00.29			00:59.12	00:57.99	00:55.90	00:55.57	00:54.97		00:54.97
Jacob Alsup	00:56.76		00:56.40			00:56.11	00:57.32				00:56.11
Nathan Luevano	00:57.54	00:58.70		00:59.31	00:57.68	01:00.40	00:56.80	00:57.54			00:56.80
Joe Wilson	00:57.31				00:58.59	00:59.98		00:56.92	00:58.56		00:56.92
John McGrath	01:00.29	01:02.48		00:59.75			00:59.43	00:57.88	01:02.26		00:57.88
Jeremy Kleb	00:58.47		01:02.37	00:59.28		01:01.60	00:58.64	00:58.06	00:58.74		00:58.06
Evan Wilson	00:58.39	01:00.25			01:00.47	01:02.71	01:01.98		01:03.33		00:58.39
Liam Kellogg	00:58.80					01:00.20					00:58.80
Joey Arnold	01:00.20		01:00.11						01:00.10		01:00.10
Justin Fioramonti	01:00.75		01:03.35	01:01.52			01:01.90	01:01.26	01:03.85		01:00.75
JJ Brox	01:01.26						01:01.26	01:02.01			01:01.26

200 Medley Relay									
Name	12/7/2019	12/14/2019	12/21/2019	1/4/2020	1/11/2020	1/18/2020	<b>D-II Invite DAC Champs</b>	States	
Backstroke									
Shane Koehr	00:29.18	3	00:27.62	00:28.25	00:27.43	00:28.10	00:27.54		00:27.43
Evan Wilson	00:30.14	Ļ.	00:29.88		00:30.07	00:29.23	00:30.14		00:29.23
Nathan Luevano				00:30.51					00:30.51
Breaststroke									
Jacob Alsup	00:32.23	5	00:32.75	00:32.06	00:31.99		00:30.92		00:30.92
Nathan Luevano			00:32.89		00:32.58	00:32.30			00:32.30
JJ Brox							00:33.82		00:33.82
Liam Kellogg	00:34.28	3		00:34.85		00:34.72			00:34.28
<b>Butterfly</b>									
Jerry Dalrymple	00:26.71		00:28.07	00:27.25	00:27.15	00:26.40	00:26.97		00:26.40
Joe Wilson	00:27.10	)	00:27.88		00:27.00	00:28.68	00:28.39		00:27.00
Joe Arnold						00:27.68			00:27.68
Jeremy Kleb	00:28.48	3	00:29.45						00:28.48
John McGrath				00:29.47					00:29.47
Justin Fioramonti				00:30.76					00:30.76
Freestyle									
Drew Dalrymple									00:23.05
Jacob Alsup									00:23.53
Shane Koehr									00:23.59
Liam Kellogg									00:23.71
Christian Ceol									00:23.96

#### 200 Free Relay

<u></u>		19-'20													
	PR Flat	Fastest Flat										DAC		19-'20	
	Start	Start	12/7 Split	12/14 Split	12/21 Split	1/4 Split	1/11 Split	Nat Caths	1/18 Split	JV Invite	D-II Invite	Champs	States	Fastest Split	Fastest
Mary Pennefather	00:26.20	00:26.20	00:26.69	00:26.48	00:25.78	00:25.60	00:26.09	00:25.36			00:25.52	00:25.49		00:25.36	00:25.36
Emily Flynn	00:27.62	00:28.82	00:28.27	00:28.78	00:29.03		00:27.48	00:27.43			00:27.67	00:26.70		00:26.70	00:26.70
Caroline Griffin	00:28.10	00:29.34		00:29.34	00:29.55			00:26.73				00:28.09		00:26.73	00:26.73
Isabelle Luevano	00:27.26	00:28.96	00:28.18		00:28.00	00:27.45	00:28.32	00:26.89			00:27.40			00:26.89	00:26.89
Kathleen O'Malley	00:28.69	00:28.27			00:29.97	00:28.37	00:29.16		00:29.97		00:28.67	00:27.84		00:27.84	00:27.84
Anne Konstanty	00:28.19	00:28.19			00:28.02	00:28.36	00:28.17	00:28.84						00:28.02	00:28.02
Theresa Bingham	00:29.12	00:29.12		00:28.51	00:28.54				00:28.76					00:28.51	00:28.51
Maggie Gibbons	00:29.80	00:28.55	00:29.67	00:30.62		00:30.30			00:29.87			00:29.31		00:29.31	00:28.55
Lily Byers	00:30.29	00:30.29	00:31.57	00:31.41					00:29.65		00:29.03	00:29.97		00:29.03	00:29.03
Katie Albin	00:30.31	00:30.31		00:29.63					00:30.31			00:29.39		00:29.39	00:29.39
Mary O'Malley	00:30.53	00:30.53	00:30.28		00:30.50	00:30.50			00:30.53					00:30.28	00:30.28
Mary Clare Waldron	00:31.37	00:31.37		00:31.61	00:31.37	00:31.47	00:31.51		00:32.46		00:30.98	00:30.42		00:30.42	00:30.42
Theresa Dwane	00:31.74	00:31.13				00:31.20	00:31.07				00:31.07			00:31.07	00:31.07
Ceili Koehr	00:32.00	00:31.35		00:32.88		00:33.62	00:32.24		00:33.61		00:31.35			00:31.35	00:31.35
Moira Haggerty	00:32.88	00:32.88							00:32.02					00:32.02	00:32.02
Catroina Linton	00:32.62	00:32.93	00:33.82			00:38.16	00:33.55							00:33.55	00:32.93
Katie Dealey	00:31.31	00:33.04		00:33.45		00:35.19	00:35.26		00:33.37					00:33.37	00:33.04
Mairead Geiran	00:25.75	00:26.73			00:27.13	00:27.19					00:26.73			00:26.73	00:26.73

#### 400 Free Relay

		19-'20													
	PR Flat	Fastest Flat										DAC		19-'20	
	Start	Start	12/7 Split	12/14 Split	12/21 Split	1/4 Split	1/11 Split	Nat Caths	1/18 Split	JV Invite	D-II Invite	Champs	States	Fastest Split	Fastest
Mary Pennefather	00:57.52	00:57.52		01:07.26				00:56.01				00:59.51		00:56.01	00:56.01
Isabelle Luevano	01:00.29	01:00.29		01:02.96		01:02.03		00:58.91			01:02.31			00:58.91	00:58.91
Anne Konstanty	01:01.56	01:01.56		01:02.68		01:03.04		01:02.42			01:02.71	01:02.22		01:02.22	01:01.56
Caroline Griffin	00:59.22	01:04.76				01:02.24	01:02.28				01:02.93			01:02.24	01:02.24
Kathleen O'Malley	01:05.66	01:04.53	01:09.98			01:06.55	01:06.91		01:06.66		01:06.36	01:02.48		01:02.48	01:02.48
Mary O'Malley	01:08.53	01:08.53	01:07.74			01:06.91	01:04.94		01:08.53		01:06.75	01:03.42		01:03.42	01:03.42
Theresa Bingham	01:04.89	01:03.68			01:04.89	01:08.02	01:05.45		01:05.58		01:04.69	01:03.46		01:03.46	01:03.46
Katie Albin	01:08.36	01:10.51		01:13.92	01:10.10		01:15.08		01:08.29			01:05.91		01:05.91	01:05.91
Emily Flynn	01:03.15					01:06.34								01:06.34	01:06.34
Lily Byers	01:09.90	01:06.69	01:09.90		01:09.29	01:10.12	01:07.60		01:07.22		01:06.96			01:06.96	01:06.69
Maggie Gibbons	01:10.43	01:10.43			01:08.96				01:12.26			01:08.06		01:08.06	01:08.06
Catroina Linton	01:09.21	01:10.98			01:16.39		01:12.40		01:12.04					01:12.04	01:10.98
Madelyn Zadnik	01:11.77	01:11.77				01:11.77	01:14.74		01:12.13					01:11.77	01:11.77
Katie Dealey	01:12.21	01:12.21												00:00.00	01:12.21
Ceili Koehr	01:12.94	01:12.94			01:14.87						01:12.68			01:12.68	01:12.68
Theresa Dwane	01:07.90	01:13.27		01:16.93	01:18.65							01:16.39		01:16.39	01:13.27
Ava Hudson	01:13.63	01:13.63							01:14.02					01:14.02	01:13.63
Mary Clare Waldron	01:13.65	01:13.65				01:13.65								01:13.65	01:13.65
Mairead Geiran	00:54.73	00:55.91		00:58.61										00:58.61	00:55.91

#### 200 Medley Relay

	50 Back-	50 Back-	50 Breast-	50 Breast-			
	Fast	Slow	Fast	Slow	50 Fly-Fast	50 Fly-Slow	50 Free
Caroline Griffin	00:30.42	00:31.82					00:26.70
Emily Flynn	00:33.94	00:35.48			00:28.54	00:30.77	00:26.89
Mary O'Malley	00:34.77	00:35.69					00:30.28
Anne Konstanty			00:34.53	00:37.71			00:27.84
Mary Clare Waldron			00:36.93	00:38.58			00:30.42
Isabelle Luevano				00:30.50	00:30.47	00:31.80	00:26.73
Mary Pennefather							00:25.36
Kathleen O'Malley							00:28.02
Katie Albin			00:38.38		00:33.25		00:28.55
Ava Hudson	00:35.55				00:32.92	00:37.41	
Theresa Bingham	00:36.08	00:36.96			00:31.07		00:28.51
Ceili Koehr	00:38.53	00:43.22					00:32.02
Shannon O'Malley			00:40.21				
Sophia Zadnik			00:37.92	00:40.26			
Madelyn Zadnik			00:41.51	00:43.31			
Theresa Bingham					00:31.06		00:28.51
Maggie Gibbons					00:31.64	00:35.70	00:29.03
Lily Byers					00:33.24	00:33.54	00:29.03



Dear VISAA Member,

It is with pleasure and excitement that I share the meet announcement for the 2020 VISAA State Championship with you. The Woodberry Forest Tigers are eager to provide an unforgettable atmosphere, making this year's meet one for the record books – both in the pool and on the sides of it! In order for both coaches and athletes to get the most out of the meet experience, coaches are expected to review and be familiar with this announcement in its entirety. Some things have changed and others have not – nevertheless, it is a good exercise to read this announcement from front to back. As a reminder, it was our charge "to plan, design, and deliver the highest quality and most exciting championship meet experience for high school swimmers and divers from Virginia's independent schools through and in the following order: good sportsmanship, team character, positive spirit, and quality athleticism," and we hope we have done so! -Coach Gregory M. Guldin

### State Meet Invitation Reference Guide

Where Can I Find Information About	Page(s)
*Information Requiring Responses Prior to Meet (email	3, 7, 17
gregory.guldin@woodberry.org as soon as information available)	
Meet Eligibility	3
Warmup Time Requests	3&7
Entry Rules	7-9
Entry Submission & Deadlines	9-11
Diving	11-12
Timer Assignments	14
Team On-Deck Space	18
Inclement Weather Contingency Plans	21

### **Important Deadlines**

	Deadline/Date
Warm-up Requests sent to Gregory Guldin	Wednesday, January 29 by 5:00PM
Athlete Waiver Requests sent to Evan Stiles	Monday, February 3 by 11:59PM
Meet program information sent to Gregory Guldin	Wednesday, February 5 by 11:59pm
Meet Entries sent to Ginger Schmidt	Sunday, February 9 by 11:59PM
Dive Sheets completed on Cleanentries.com	Sunday, February 9 by 11:59PM
Corrected entries (if necessary) to Ginger Schmidt	Monday, February 10 by 11:59PM
Preliminary Psych Sheet published	Tuesday, February 11 by 12:00PM
Final Psych Sheet published	Wednesday, February 12 by 8:00AM

Sanctioned by: Virginia	VICAA Curimming & Di	uing Championship	Hosted by:
Independent Schools Athletic Association	VISAA Swimming & Diving Championship		Woodberry Forest School
Athletic Association	February 14-15, 2020		
	Christiansburg Aquatic Center - Christiansburg, VA		
<b>HEILI</b>	Friday: Prelims 9:30AM/Diving 1:00PM/Finals 6:10PM		
Protetic ASSOCIAL	Saturday: Prelims 9:30AM/Divi	ing 1:00PM/Finals 6:20PM	1889
Location	Christiansburg Aquatic Center		
Location	595 North Franklin St		
	Christiansburg, VA 24073		
	http://www.christiansburg.org/index.aspx?NID=162		
	540-381-7665	<u>,</u>	
Swim Facility	The main pool is an eight (8) lane, 50-meter pool with two movable		
-	bulkheads, which will sit mid-course creating two (2) eight (8) lane courses.		
	The competition pool (Pool 1) will be swum from the bulkhead, which will		
	function as the start-end (7.4 feet deep), to the wall (7 feet deep). The		
	warm-up pool (Pool 2) will be swum from wall to wall. The Diving Well has		
	two (2) 1-meter springboards, two (2) 3-meter springboards, and a diving		
	tower. The pool is outfitted with non-turbulent lane lines, a Colorado		
	Timing System with Relay Judging Platforms, Dolphin Wireless Stopwatches,		
	and color, video scoreboards.		
	Leisure Pool: The leisure pool has four (4) 20-yard lanes and a recreational		
	play structure.		
Meet Director	Gregory Guldin, Woodberry Forest School, gregory.guldin@woodberry.org		
Subcommittee	Officiating	Bill Gill, Norfolk Academy	
Chairpersons	Entry Coordinator	Ginger Schmidt, Trinity C	
	Timing & Scoring	Bill Dealey/Hank Konstan	ty/Jim Griffin,
		Seton School	
	Chief Timer	Bo Phillips, Woodberry Fo	
	Senior Parade	Kelly Espy-Page, Christch	
	Concessions	Blue Ridge Mountain Cat	ering
	Hospitality	Dawn Foley, Paul VI	. Calcal
	Awards	Rod Montrie, The Madeir	
	Gate/Meet Marshals	RMC Events	Cabaal
	Diving Coordinators	Diane Maiese, Collegiate	
	Ready Room Coordinator	Julia Robbins/Megan Gra	
	Meet Announcer	Heath Allen, Woodberry	
	Live Streaming	Taft Gantt (WFSPN), Woo Tyler Campbell, Woodber	•
	Videographer SwimCloud Webmaster	Gregory Guldin, Woodbe	1
			•
	Athletic Trainer	Adam Viet (Friday); On-Si	ie (Saturudy)

TBD

Swim-and-Tri

Gregory Guldin, Woodberry Forest

Gregory Guldin, Woodberry Forest

Audric Gupton, Woodberry Forest

Meet Photography

**On-Deck Seating Rotation** 

Warm-up Assignments

Meet Vendor

Meet Clerk

Sanctioned by: Virginia Independent Schools Athletic Association

### VISAA Swimming & Diving Championship

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Christiansburg Aquatic Center - Christiansburg, VA

Friday: Prelims 9:30AM/Diving 1:00PM/Finals 6:10PM Saturday: Prelims 9:30AM/Diving 1:00PM/Finals 6:20PM



Rules	The Meet will be governed by 2019-	2020 National Federation High School	
	Swimming and Diving rules for championship meets.		
Eligibility	<ul> <li>Swimming and Diving rules for championship meets.</li> <li>The Meet is open to all students 8<sup>th</sup> grade through 12<sup>th</sup> grade.</li> <li>A swimmer must be in good standing with the school he/she represents.</li> <li>A swimmer must be no older than 19 years of age on the August 1<sup>st</sup> immediately prior to the championship meet.</li> <li>No post-graduates are permitted to participate in VISAA events.</li> <li>A swimmer must have achieved the VISAA qualifying time established for the events entered. The qualifying time must be swum in a VISAA meet during the current season.</li> <li>A diver must have achieved the VISAA qualifying list and score established for the event. The qualifying dives must be performed in a VISAA meet during the current season.</li> <li>To ensure promotion of High School Swimming:         <ul> <li>Student-athletes must participate in at least half of their team's in-season meets</li> <li>Waivers may be requested from a committee that consists of: Meet Director, VISAA Swimming President, Head Referee, and Diving Coordinator (if necessary).</li> <li>Waivers will be allowed in very limited cases, including:</li></ul></li></ul>		
	<ul> <li>Prolonged sickness or other approved medical reason.</li> <li>Waivers must be submitted by Monday, February 3rd to the</li> </ul>		
		ent, Evan Stiles at estiles@sssas.org	
Thursday	Session I: 5:00-5:30 p.m.	16 Lanes - Assignments TBD	
Night Warm- up Schedule:		Submit all warmup requests to Gregory Guldin at <u>Gregory.guldin@woodberry.org</u> by January 29 <sup>th</sup> at 5:00 p.m.	
	Session II: 5:30-6:00 p.m.	16 Lanes - Team Assignments TBD	
	Session III: 6:00-6:30 p.m.	16 Lanes - Team Assignments TBD	
	Session IV: 6:30-7:00 p.m.	16 Lanes - Team Assignments TBD	
	Session V: 7:00-7:30 p.m.	16 Lanes - Team Assignments TBD	
	Session VI: 7:30-8:00 p.m.	16 Lanes - Team Assignments TBD	
	Diving Warm-up: 5:00-8:00 p.m.	Teams should feel free to utilize the diving boards at any point during the Thursday evening warm-up	

## VISAA Swimming & Diving Championship

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Thursday	Coach's packets can be picked up from Gregory Guldin or Bill Gill on the		
Night Packet	pool deck at Christiansburg Aquatic Center between 4:30 and 7:30PM		
Pickup	Thursday evening, at which time Bill will also be available to answer any		
	questions coaches may have regarding officiating of the meet. Coaches are responsible for all of the information presented in the packets and in this		
	responsible for all of the information presented in the packets and in this		
	meet announcement.		
Meet Format	Every qualified swimmer will participate in Preliminaries on Friday and		
	Saturday morning. The eight (8) fastest swimmers will return in the evening		
	to swim in the Championship Finals. The next eight (8) fastest swimmers in		
	preliminaries will return in the evening to swim in the Consolation Finals.		

Friday Swim	Warm-up I: 7:45–8:10 a.m.	20 Lanes - Team Assignments TBD
, Preliminaries	Warm-up II: 8:10–8:35 a.m.	20 Lanes - Team Assignments TBD
Schedule	Warm-up III: 8:35–9:00 a.m.	20 Lanes - Team Assignments TBD
	Final Warmup: 9:00-9:15 a.m.	20 Lanes – Open Warm-up
		• Lanes 1, 2, 7 & 8 – Relay Starts
		• Lanes 3-6 – One-way sprints
		• Lanes 9-20 – Continuous swim
	Officials Meeting: 8:15 a.m.	Wet Classroom near
		Leisure/Recreational Pool
	Coaches Meeting: 8:30 a.m.	Leisure/Recreational Pool Deck –
		Meet underneath the slide
	Timers Meeting: 9:00 a.m.	Leisure/Recreational Pool Deck
	National Anthem: 9:25 a.m.	TBD
	Preliminaries Start: 9:30 a.m.	Events 1 through 12, excluding diving events 9-10
	Continuous Warm-up/Warm- down	Warm-up pool – Eight (8) Lanes
Friday	Coaches meeting 11:00 a.m.	Underneath slide in
Women's		Leisure/Recreational Pool
Diving	Women's warm-up: 12:00-1:00	All Boards Open
	p.m.	Christianshurz Aquetia Contor
	Women's Diving Prelims: 1:00	Christiansburg Aquatic Center
	p.m.	Leisure (Regrestional Real Deal
Friday VISAA Swimming	VISAA Swimming Annual February Coaches' Business	Leisure/Recreational Pool Deck – Meet underneath the slide
0	Meeting: 15 minutes after the	weet underneath the slide
Meeting	conclusion of Prelims	

## VISAA Swimming & Diving Championship

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Open Warm up: 4:20 E:4E n m	16 Janos Open Warm up
Open warm-up: 4:30–5:45 p.m.	16 Lanes – Open Warm-up
	*Lanes 1-8 (competition pool) are
	reserved for swimmers participating in
	Finals on Friday night
Final Warm-up: 5:45-6:00 p.m.	16 Lanes – Open Warm-up
	<ul> <li>Lanes 1 &amp; 8 – Relay Starts</li> </ul>
	<ul> <li>Lanes 2 &amp; 7 – One-way sprints</li> </ul>
	<ul> <li>Lanes 3-6 – continuous swim</li> </ul>
Officials Meeting: 5:30 p.m.	Wet Classroom near
	Leisure/Recreational Pool
Timers Meeting: 5:45 p.m.	Leisure/Recreational Pool Deck
National Anthem: 6:05 p.m.	TBD
Finals Start: 6:10 p.m.	Women's Diving and Events 1 through 12
Medal Ceremonies	Medals for each boy's and girl's event
	will be presented in a single break
	after the Championship Finals of the
	next boy's and girl's events.
	Coach of the first-place finisher will
	present or designate person to give
	out awards.
	Officials Meeting: 5:30 p.m. Timers Meeting: 5:45 p.m. National Anthem: 6:05 p.m. Finals Start: 6:10 p.m.

Saturday Swim	Warm-up I: 7:45–8:10 a.m.	20 Lanes - Team Assignments TBD	
Preliminaries	Warm-up II: 8:10–8:35 a.m.	20 Lanes - Team Assignments TBD	
Schedule	Warm-up III: 8:35–9:00 a.m.	20 Lanes - Team Assignments TBD	
	Final Warmup: 9:00-9:15 a.m.	20 Lanes – Open Warm-up	
		• Lanes 1, 2, 7 & 8 – Relay Starts	
		• Lanes 3-6 – One-way sprints	
		• Lanes 9-20 – Continuous swim	
	Officials Meeting: 8:30 a.m.	Wet Classroom near	
		Leisure/Recreational Pool	
	Timers Meeting: 9:00 a.m.	Leisure/Recreational Pool Deck	
	National Anthem: 9:25 a.m.	TBD	
	Preliminaries Start: 9:30 a.m.	Events 13 through 24	
	Continuous Warm-up/Warm-	Warm-up pool – Eight (8) Lanes	
	down		
Saturday	Warm-up: 12:00-1:00 p.m.	All Boards Open	
Men's Diving	Men's Diving Prelims: 1:00 p.m.	Christiansburg Aquatic Center	

## VISAA Swimming & Diving Championship

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Saturday VISAA Diving Coaches	Meeting: i	ng Annual February mmediately following s on Saturday	Leisure/Recreational Pool D Meet underneath the slide	eck –
Meeting		· · · · · · · · · · · · · · · · · · ·		
Saturday	Open Warm-up: 4:15–5:30 p.m.		16 Lanes – Open Warm-up	
Finals	Final Warn	n-up: 5:30-5:45 p.m.	16 Lanes – Open Warm-up	
Schedule			• Lanes 1 & 8 – Relay Starts	
			• Lanes 2 & 7 – One-w	ay sprints
			<ul> <li>Lanes 3-6 – continuo</li> </ul>	us swim
	Officials M	eeting: 5:30 p.m.	Wet Classroom near	
			Leisure/Recreational Pool	
	Timers Me	eting: 5:45 p.m.	Wet Classroom near Compe	tition
			Course (Coaches Hospitality	)
	Line up for p.m.	Senior Parade: 5:50	Leisure/Recreational Pool	
	Senior Para	ade: 6:00 p.m.	See guidelines on page 18	
	National A	nthem: 6:15 p.m.	TBD	
	Finals Start: 6:20 p.m.		Men's Diving and Events 13 through 24	
	Medal Ceremonies		Medals for each boy's and girl's event	
			will be presented in a single break	
			after the Championship Fina	ls of the
			next boy's and girl's events.	
			Coach of the first-place finis present or designate a perso out awards.	
	Awards Ceremony: 9:10 p.m.		Immediately following the c	onclusion
	(approxima	ately)	of the final event	
Order of	Girls	Event	Day	Boys
Events	1	200 Medley Relay	Friday	2
	3	200 Freestyle	Friday	4
	5	200 Individual Medley	Friday	6
	7	50 Freestyle	Friday	8
	101	50 Freestyle - BONUS	Friday	102
	9	Women's Diving	Friday	
		Men's Diving	Saturday	10
	11	100 Butterfly	Friday	12
	13	100 Freestyle	Saturday	14
	15	500 Freestyle	Saturday	16
	17	200 Free Relay	Saturday	18

# VISAA Swimming & Diving Championship

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	19	100 Backstroke	Saturday	20
	21	100 Breaststroke	Saturday	22
	23	400 Free Relay	Saturday	24
Warmup Time	Submit	Submit requests for Thursday PM, Friday AM, & Saturday AM slots to		
Requests/	Gregory Guldin at gregory.guldin@woodberry.org by 5:00pm, January			
Lane	29 <sup>th</sup> .	29 <sup>th</sup> .		
Assignments	• Please note: If a request is made for a late warmup on one day, it is almost certain that an early warmup will be assigned for the other day.			
		<ul> <li>Lane assignments will be posted to SwimCloud once all requests are received.</li> </ul>		

Entry Rules	Individual Events
	• Any eligible swimmer who has swum the qualifying time for an
	individual event during the 2019-2020 season in a VISAA meet
	may be entered in that event. <b>Proof of Time must be submitted</b>
	with entries.
	• The following requirements must be met for a meet to count for
	state meet qualifying times:
	<ul> <li>It must be a multi-team meet in which a team represents their school.</li> </ul>
	<ul> <li>Times swum in a single team time trial do not count for qualification.</li> </ul>
	<ul> <li>The meet must have certified officials, including a</li> </ul>
	starter/referee and a stroke and turn judge.
	<ul> <li>The time must be recorded with either a touch pad or at least two watches.</li> </ul>
	<ul> <li>Each team is allowed unlimited entries in individual events, but only a team's top four (4) qualifiers are eligible for the Championship or Consolation Finals.</li> </ul>
	<ul> <li>In the event any team qualifies more than 4 swimmers in the top 16 during prelims, the coach must designate which 4 swimmers will swim in the evening session.</li> <li>Designations must be turned in to the timing &amp; scoring operator within 15-minutes of the conclusion of the preliminary session.</li> </ul>
	<ul> <li>An individual swimmer may swim no more than two (2) individual events and no more than four (4) total events, including relays.</li> </ul>
	<ul> <li>Coaches are responsible for ensuring swimmers entered in the</li> </ul>
	meet satisfy all entry criteria stated above. In the event an
	athlete exceeds individual entry limits and is not caught during

## VISAA Swimming & Diving Championship

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	the entry process, the athlete must swim/dive the first four (4) events in which he or she is entered, in chronological order.
• Bon	us Event
	<ul> <li>Any swimmer that has otherwise qualified for the meet in either an individual or a relay event is eligible to enter into the Bonus 50 Freestyle.</li> </ul>
	<ul> <li>Swimmers must meet the Bonus qualification time to enter the event.</li> </ul>
	Entry in the event will count against a swimmer's event total.
	<ul> <li>Bonus event swimmers are not eligible to score points in the event.</li> </ul>
• Rela	ys
	Each team that has had a relay swim the qualifying time during the season may enter a single "A" relay in that relay event.
	Any swimmer who participates in a relay during the season that meets the State qualifying time is eligible to swim in that relay event at the State Meet.
	Any swimmer who has qualified for an individual event, including diving, is eligible to swim in any relay at States.
	Each team may also enter one exhibition "B" Relay in all three relay events, but every swimmer on that relay must have
	<u>qualified either individually</u> or <u>on a relay that met the qualifying</u> <u>time during the season.</u> "Exhibition" means that the "B" Relays may not score.
	Relays may be entered without swimmers' names, but the Meet
	Host would appreciate a projected relay line up with all entries. Swimmers who participate in a "B" Relay during the preliminary
	session may compete in an "A" Relay of the same event during
	finals. This will still count as 1 event for the swimmer.
• Rela	y Cards
	200 Medley Relay Cards specifying the actual relay line-up shall
	be submitted to the Meet Secretary thirty (30) minutes prior to
	the start of the session.
	200 Free Relay Cards specifying the actual relay line-up shall be
	submitted to the Meet Secretary prior to the conclusion of the Women's 500 Freestyle.
	400 Free Relay Cards specifying the actual relay line-up shall be
	submitted to the Meet Secretary prior to the conclusion of the
	Women's 100 Breaststroke.

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Scratch Procedures for Preliminaries	<ul> <li>Swimmers whose names are submitted on the relay cards must swim that event, in the order listed on the card, unless the Meet Referee allows for a substitution because of injury or illness.</li> <li>Any team that chooses not to submit a relay card or does not submit a relay card by its respective deadline must swim the relay in the order listed in the meet program.</li> <li>*If enforcement of this regulation causes a swimmer's total event count to exceed four (4) total events, the swimmer/relay is subject to the following NFHS regulation:         <ul> <li>The competitor(s) is/are disqualified from that event and further competition.</li> <li>The competitor(s) shall not be disqualified from events in subsequent rounds for which he/she has previously, legally qualified.</li> </ul> </li> <li>Scratches will not be accepted for Preliminary events.</li> <li>Swimmers may declare a false start by reporting to the head official prior to his or her event.</li> <li>A declared false start will count towards the event total of a swimmer but will not cause any further penalties, such as removal from the meet.</li> <li>Any swimmer who misses his or her event during Preliminaries will be scratched from the remainder of the meet and may not compete in any relay events.</li> <li>If the swimmer qualified for Consolation Finals or Finals prior to his or her missed event, he or she may still compete in that</li> </ul>
	event at night.
Scratch	• Scratch Cards will be available from the scoring/timing table.
Procedures for	Any athlete/relay that wishes to scratch an event for which they have
Finals	qualified to compete in finals or consolation finals is expected to fill out
	<ul><li>a scratch card.</li><li>Scratch cards for all events must be turned in to the scoring/timing table</li></ul>
	<ul> <li>Scratch cards for all events must be turned in to the scoring/timing table no later than 30-minutes after the conclusion of the preliminary session.</li> </ul>
Entry	<ul> <li>All entries are due by Sunday, February 9<sup>th</sup> @ 11:59pm.</li> </ul>
Submission	<ul> <li>Send to: Ginger Schmidt (ginger_schmidt@verizon.net)</li> </ul>
	(703.795.4183)
	<ul> <li>Please complete your entries by importing and using the distributed</li> </ul>
	VISAA Championship meet file – do NOT create your own file.
	<ul> <li>The meet file may be downloaded from the SwimCloud meet</li> </ul>
	page at <u>https://www.swimcloud.com/results/145873/</u> .

# VISAA Swimming & Diving Championship

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• All entries, including divers, must be submitted with a Hy-Tek Team
Manager entry file. No manual or hardcopy entries will be accepted.
<ul> <li>When submitting entries, please include both a Hy-Tek meet</li> </ul>
entry file as well as a Hy-Tek team roster file.
• Entries must include first and last name, gender, grade level (8 <sup>th</sup> to 12 <sup>th</sup>
grade) and seed times. Seed times should be actual or converted
short-course yard times that meet the qualifying standards.
• Entries submitted without grade level will be rejected. Please confirm
the grade levels for your swimmers prior to entry so the program
reflects correct information.
<ul> <li><u>Coaches must submit entries with a "Proof of Time"</u>:</li> </ul>
Proof of Time Data Verification:
*In Team Manager $ ightarrow$ Go to Meets $ ightarrow$ Select State Championship Meet $ ightarrow$
Double-click to get to meet setup
*In Meet Setup $\rightarrow$ Click on Eligibility Rules tab $\rightarrow$ Under Qualifying Times,
check 'Use Times Since' and verify the date reflects November 1, 2016 $\rightarrow$
Save
Proof of Times Report:
*In Team Manager $\rightarrow$ Go to Reports $\rightarrow$ Meet Reports $\rightarrow$ Meet Entries
$\rightarrow$ Select the State Championship Meet $\rightarrow$ Select your team
*In the Other Options section (top right) $\rightarrow$ Check the 'Include Proof of
Time' box $\rightarrow$ Create Report
*Verify the Proof of Times are post November 1, 2016, are from a VISAA
meet, and each entry has a proof of time $\rightarrow$ Save report as a PDF
• Exporting Meet Entry File:
*In Team Manager $\rightarrow$ Go to File $\rightarrow$ Export $\rightarrow$ Meet Entries $\rightarrow$ Select State
Championship Meet $\rightarrow$ Click 'Export Relays' $\rightarrow$ Select OK
• IN SUMMARY:
*Email to Ginger should include a Meet Entry file, a Team Roster file,
and a Meet Entry Report including Proof of Times in PDF format.
• Except for relays, all entries are final once they are submitted.
• Once submitted, the person who e-mailed the entries will receive a
confirmation e-mail with an attached list of that team's official entries
by <u><b>9pm, Monday, February 10</b><sup>th</sup></u> . It is the responsibility of the person
submitting the entries to verify that the entries were received and that
they were received accurately. Entries that do not meet the
requirements will be rejected. Corrected entries (if necessary) are due
Monday, February 10 <sup>th</sup> @ 11:59pm. The psych sheet will be published
to SwimCloud by <b>Tuesday, February 11<sup>th</sup> @ noon</b> . The psych sheet will
be final on Wednesday, February 12 <sup>th</sup> @ 8am. (No changes can be

# VISAA Swimming & Diving Championship

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Christiansburg Aquatic Center - Christiansburg, VA

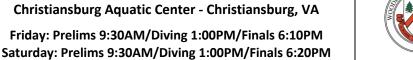


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	made to the preliminary psych sheet after it's published. Only clerical corrections will be allowed.)
	<ul> <li>Meet entry fees: \$6.00/individual event; \$30.00/relay; \$5.00/athlete</li> </ul>
	surcharge; \$400 cap per team
	<ul> <li>Following the receipt of entries by each VISAA member on</li> </ul>
	February 9, an invoice will be sent directly to the Athletic
	Director of each participating school in order to collect each
Diving	team's respective entry fees.
Diving	The Diving portion of the competition will be hosted by the appointed     Diving Coordinator Diago Maines
	Diving Coordinator, Diane Maiese
	Diane can be reached at:
	Diane Maiese
	VISAA Dive Coordinator
	Diane.Maiese@Stewardschool.org
	(856) 816-0153 cell
	• All Diving Coaches should make contact with Coach Maiese as soon as
	possible so that she knows who they are and can communicate
	important meet details to them directly.
	• Diving entries should be restricted to those athletes that can prove they
	can successfully complete eleven (11) dives necessary for a
	championship event and who's combined Degree of Difficulty for their
	five (5) voluntary dives has a sum total of 9.0 or less.
	• All divers must have successfully completed each dive in their list during
	the regular season and have earned a minimum award of two-and-a-
	half (2.5) from three (3) scoring judges. (Awards that are dropped and
	not used in calculating the dive total score may not be used).
	• All divers entered in the meet must qualify by earning scores of 150 or
	above in two separate 6-dive meets or 220 or above in an 11-dive meet.
	<ul> <li>Proof of dive completion must be submitted to the diving coordinator</li> </ul>
	by the entry deadline.
	<ul> <li>Divers that fail two dives will be disqualified from the competition.</li> </ul>
	• Dive selection must comply with Rule 9, Section 4, Article 1 of the 2019-
	2020 National Federation High School <i>Swimming and Diving</i> rules.
	Diving Entries:
	<ul> <li>Divers should be entered with Team Manager along with the</li> </ul>
	swimmers.
	• Dive entries will be coordinated through Clean Entries at the
	following link: <u>https://www.cleanentries.com/allmeets.aspx</u>
	<ul> <li>Please navigate to the above website and find the 2020 VISAA</li> </ul>
	Championship meet in order to complete your entries.

# VISAA Swimming & Diving Championship

February 14-15, 2020

**Christiansburg Aquatic Center - Christiansburg, VA** Friday: Prelims 9:30AM/Diving 1:00PM/Finals 6:10PM



Hosted by:

Woodberry Forest School

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Souding (	<ul> <li>Only divers that submit diving sheets through Clean Entries by the deadline will be entered in the meet.</li> <li>Changes are permitted until 60 minutes prior to the start of the diving competition.</li> <li>All schools that enter one or more divers must supply one volunteer to assist with the administration of the diving competition.</li> <li>The competition order of divers will be determined by random drawing by the Meet Coordinator and Host Coach prior to the meet.</li> <li>All Diving coaches will meet at 11:00 a.m. on Friday, February 14, 2020 underneath the slide in the Leisure/Recreational Pool at the Christiansburg Aquatic Center to coordinate final details of the diving competition.</li> <li>Diving results will be announced immediately after each event at the Christiansburg Aquatic Center. Awards for the top-8 will be presented following the first swimming event of the evening, during finals. The coach of the first-place diver will present the awards.</li> </ul>		
Seeding/	All events will be seeded in advance, and lanes will be assigned based		
Alternates	on the times submitted by the coaches.		
	• For the Preliminaries, heats will be seeded from slowest to fastest with		
	the final three heats being circle seeded.		
	• The first and second alternates for the Finals events are encouraged to		
	be behind the starter at the beginning of the event for which they are		
	an alternate.		
	<ul> <li>In the event a swimmer is not present for his/her event, the</li> <li>starter will call one time for an alternate</li> </ul>		
	starter will call one time for an alternate.		
	<ul> <li>If no alternate is readily available, the heat will be swum such that the timeline of the meet is not delayed significantly.</li> </ul>		
Scoring	The Meet will be scored as follows:		
600000	<ul> <li>For individual events, the first 16 places in the Championship and</li> </ul>		
	Consolation Finals will be awarded points in the following manner: 20-		
	17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.		
	• For relay events, the first 16 places in the Championship and		
	Consolation Finals will be awarded points in the following manner: 40-		
	34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.		
	No swimmer or relay in the Consolation Finals may score ahead of a		
	swimmer or relay in the Championship Finals.		
	No Bonus swimmers may score points in the Bonus event.		

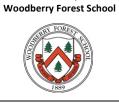
Sanctioned by: Virginia Independent Schools Athletic Association	VISAA Swimming & Diving Championship February 14-15, 2020 Christiansburg Aquatic Center - Christiansburg, VA Friday: Prelims 9:30AM/Diving 1:00PM/Finals 6:10PM Saturday: Prelims 9:30AM/Diving 1:00PM/Finals 6:20PM	Hosted by: Woodberry Forest School
Music/ Procession Leader for Top Qualifier	<ul> <li>The top qualifiers will select a pre-race song of their or lf a swimmer's first selection is deemed inapped Meet Director, music will be provided on that or Music selections must be delivered to the M within 15 minutes of the end of the prelimin</li> <li>The top qualifiers will also select an individual or indiprocession of finalists to the blocks.</li> <li>O Procession leader selections must be delivered to the end of the end of the selections must be delivered to the blocks.</li> <li>O Procession leader selections must be delivered to the end of the end end end end end end end end end en</li></ul>	propriate by the swimmer's behalf. eet Announcer ary session. ividuals to lead the ed to the Meet
Awards	<ul> <li>Overall Team State Champion: Male &amp; Female</li> <li>Division II Team State Champion: Male &amp; Female</li> <li>Overall Team State Runner-up: Male &amp; Female</li> <li>Division II Team State Runner-up: Male &amp; Female</li> <li>All-State: Top 3 finishers in each event</li> <li>Medals: Top 8 finishers in each event</li> <li>The following special awards will be presented based voting by the coaches. Each school is allocated one v</li> <li>Swimmer of the Meet: Male &amp; Female</li> <li>Diver of the Meet: Male &amp; Female</li> <li>Swimming Coach of the Year: Male &amp; Female</li> <li>Diving Coach of the Year: Male &amp; Female</li> <li>Sportsmanship: Male &amp; Female (recognized, but trophy)</li> <li>Spirit: Male &amp; Female (recognized, but not award</li> </ul>	vote: not awarded a
Timing	<ul> <li>Timing will be done using the Colorado Timing System</li> <li>To backup the CTS, two timers will have a CTS backup</li> <li>Each lane will have 2 dolphin stopwatches as a tertia</li> </ul>	n. p button.

# VISAA Swimming & Diving Championship

February 14-15, 2020

Christiansburg Aquatic Center - Christiansburg, VA

Friday: Prelims 9:30AM/Diving 1:00PM/Finals 6:10PM Saturday: Prelims 9:30AM/Diving 1:00PM/Finals 6:20PM



Hosted by:

Timer Assignments	<ul> <li>Each school will be responsible for providing either 1 or 2 timers to report to the following lanes, as outlined below. The Chief Timer will adjust lane assignments as necessary:</li> <li>See Timer Assignments below:</li> </ul>					
		Friday Preliminaries		Saturday Preliminaries		
	Lane	School		School		
	1	Bishop Sullivan (2)	1	Virginia Episcopal (2)		
	2	North Cross (2)		Fredericksburg Academy (2)		
	3	St. Christopher's (2)	3	St. Catherine's (2)		
	4	Fredericksburg Christian (2)	4	Trinity Christian (2)		
	5	Seton School (2)	5	Seton School (2)		
	6	Steward (2)	6	Norfolk Academy (2)		
	7	Collegiate (2)	7	Flint Hill (2)		
	8	Bishop O'Connell (2)	8	Saint John Paul (2)		
		Friday Finals		Saturday Finals		
	Lane	School	Lane	School		
	1	Hampton Roads (2)	1	Hampton Roads (2)		
	2	Bishop O'Connell (2)	2	Williamsburg Christian (2)		
	3	St. Catherine's (2)	3	St. Christopher's (2)		
	4	St. Stephen's & St. Agnes (2)	4	St. Stephen's & St. Agnes (2)		
	5	Collegiate (2)	5	Collegiate (2)		
	6	Norfolk Academy (2)	6	Norfolk Academy (2)		
	7	Potomac (2)	7	Saint Paul VI (2)		
	8	Trinity Episcopal (2)	8	Trinity Episcopal (2)		
Spectators	<ul> <li>VISAA Swimming &amp; Diving Committee mission: "to plan, design, and deliver the highest quality and most exciting championship meet experience for high school swimmers and divers from Virginia's independent schools through and in the following order: good sportsmanship, team character, positive spirit, and quality athleticism."</li> <li>A positive meet experience is only possible when we treat each other with respect and when we remind ourselves we share a common goal. Please honor our student-athletes and the mission of the VISAA by contributing positively to the spectator experience.</li> <li>A coach is not directly responsible for the behaviors of spectators but may be asked for assistance should the need to address fans arise. Unruly fans will be addressed by event security on the day of the event, coaches of the representative team will be notified, and a report will be filed with the school in question.</li> </ul>					

# VISAA Swimming & Diving Championship

February 14-15, 2020

Christiansburg Aquatic Center - Christiansburg, VA



Starting	The Defense and Charten will use the stee dead UCA Covinces is such into			
Starting	The Referee and Starter will use the standard USA Swimming whistle			
Procedures for	start.			
Preliminaries	The procedure will be as follows:			
and Finals	<ul> <li>4 or 5 consecutive whistles means get ready.</li> </ul>			
	$\circ$ The Announcer will announce the event.			
	$\circ$ 1 long whistle means to step up on the block (into pool for			
	backstroke).			
	$\circ$ For backstroke only, there will be another long whistle in lieu of			
	a command to place your feet.			
	$\circ$ The starter will simply say "Take Your Mark," and a horn will			
	signal the start.			
	• We will use dive over starts for Prelims, but not for Finals.			
	For each Final Event, we will:			
	$\circ$ Swim the Consolation Finals (Preliminary qualifier 9 thru 16).			
	$\circ$ Parade the top 8 qualifiers to the blocks with music selected by			
	the top qualifier.			
	<ul> <li>Swim the Championship Finals.</li> </ul>			
	<ul> <li>After both the girls and boys have completed a particular event,</li> </ul>			
	we will present medals to the top 8 girl and boy finishers from			
	the two previous events.			
Meet Dispute	Any coach may file a protest with the Head Referee for matters not			
Procedure	specifically covered by the rules or a misapplication of the rules.			
	<ul> <li>Judgment calls are not subject to protest.</li> </ul>			
	<ul> <li>Concerns over Stroke and Turn disqualifications may be</li> </ul>			
	referred to the Head Referee but cannot be protested unless			
	the concern is a misapplication of the rules.			
	• If such an event occurs, a seven (7) member "Meet Committee" will			
	have the authority to settle such disputes.			
	• The Meet Committee shall consist of the VISAA President,			
	the VISAA Meet Director (for swimming and administrative			
	issues) or Diving Coordinator (for diving issues), the four			
	VISAA Regional Representatives and the VISAA Secretary.			
	<ul> <li>The Meet Committee will have the original disqualification explained</li> </ul>			
	to them with all involved parties present, after which anyone else			
	that wishes to speak will have their opportunity.			
	<ul> <li>Once the committee convenes on its own and reaches a final</li> </ul>			
	decision, it will be the responsibility of the VISAA President to			
	communicate that decision to the individual having filed the protest			
	and it will be the responsibility of the Secretary to document both			
	the protest filed and the outcome decided, so as to have a reference			
	for future occurrences.			

## VISAA Swimming & Diving Championship

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Christiansburg Aquatic Center - Christiansburg, VA



Meet	WOMEN		Event	MEN	
Qualifying	SCY	SCM		SCY	SCM
Times	2:15.36	2:30.25	200 Medley Relay	1:57.18	2:10.07
	2:13.44	2:28.12	200 Freestyle	2:01.47	2:14.83
	2:30.91	2:47.51	200 Individual Medley	2:18.04	2:33.23
	26.96	29.92	50 Freestyle	24.28	26.95
	28.96	32.14	50 Freestyle - Bonus	26.28	29.17
	Diving: 9.	0 Maximum [	Degree of Difficulty for Vo	luntary Dive	s; Proof >2.5;
	scores	of 110 in 2x s	separate 6-dive meets or 2	220 in 1x 11-	dive meet
	1:07.49	1:14.91	100 Butterfly	1:01.02	1:07.73
	59.55	1:06.10	100 Freestyle	53.19	59.04
	6:02.51	5:15.54	500 Freestyle	5:41.90	4:59.29
	1:58.53	2:11.57	200 Freestyle Relay	1:43.26	1:54.62
	1:07.53	1:14.96	100 Backstroke	1:02.90	1:09.82
	1:17.15	1:25.63	100 Breaststroke	1:09.48	1:17.12
	4:38.24	5:08.85	400 Freestyle Relay	3:59.45	4:25.79
USA Observed		•	fied officials will be on de		
Swims			tified as such in the meet	entries at thi	is Meet will be
	_		ia Swimming.		
		-	er as a USA Swimmer, th		-
	number must be included in your entry file. This requires each coach				
	to put the swimmers USA Swimming ID in the swimmer's profile in			profile in	
			r to exporting entries.		
General	General Admission Fees, which include a Meet Program:				
Admission	0		r all sessions): \$10 per pe		
Fees			y or all sessions): \$10 per	•	
	<ul> <li>Family Rate (2 adults + children): \$30.00 per day.</li> </ul>				
	Children under 6 are free.				
	Team members in uniform are free.  Tid also are the area of t				
	• Tickets may be purchased in advance of the event by utilizing				
	TicketSpicket.com (click "buy tickets" and search for "VISAA" to find the swimming & diving championship)				
			,	oth day 1 an	d day 2 if
	<ul> <li>Tickets will need to be purchased for both day 1 and day 2 if using TicketSpicket services</li> </ul>				
	<ul> <li>All members of a pre-paid party must be present when entering</li> </ul>			hen entering	
		the meet at t			
1	l				

Sanctioned by: Virginia Independent Schools Athletic Association	VISAA Swimming & Diving Championship
A CONTRACTOR OF THE OWNER	February 14-15, 2020
TERA	Christiansburg Aquatic Center - Christiansburg, VA
CANADA ASSOCIATION	Friday: Prelims 9:30AM/Diving 1:00PM/Finals 6:10PM Saturday: Prelims 9:30AM/Diving 1:00PM/Finals 6:20PM
	Saturday. Freinins 9.30Alvi/ Diving 1.00F W/Timais 0.20F W
Meet	Teams should send the following information to Gregory Guldin at
Programs	<pre>gregory.guldin@woodberry.org no later than Wednesday, February 5 at</pre>
	11:59PM so that it can be included in the meet program.
	<ul> <li>Retirements from coaching after this season</li> </ul>
	<ul> <li>College commitments for graduating seniors (please only send</li> </ul>
	college commitments for students who intend on swimming or
	<ul> <li>diving in college)</li> <li>Pictures of events from your season (service project, joint</li> </ul>
	<ul> <li>Pictures of events from your season (service project, joint training experiences with other teams, etc)</li> </ul>
	<ul> <li>Free with proof of paid admission.</li> </ul>
	<ul> <li>Spectators should go to SwimCloud for all meet information, including</li> </ul>
	heat sheets for both prelims and finals.
	<ul> <li>Printed heat sheet will be provided to coaches and officials.</li> </ul>
Results	Live Results will be posted on Meet Mobile (subscription is now
	required) and on SwimCloud.
	• Printed copies of the meet results will be posted in the hallway behind
	the spectator mezzanine.
Competition	Prior to the 2010 meet, the National Federation of High Schools
Swim Suits and	announced that speed suits are banned from high school competition.
Caps	<ul> <li>All suits must be made of a textile fabric.</li> </ul>
	<ul> <li>Boys can only wear jammers or briefs – nothing above the waist or below the knee will be allowed.</li> </ul>
	<ul> <li>Girls cannot wear suits that cover the shoulders or go below the</li> </ul>
	knee. Also, zippers or other fasteners are no longer allowed on
	girl's suits.
	<ul> <li>Swimmers may only wear one suit during the competition.</li> </ul>
	• However, swimmers may wear more than one swim cap during
	competition, but the team cap must be on the outside.
	• Only school or manufacturer logos should be visible on swim suits and
	swim caps.
Deck Changing	• "Deck changing" (the practice of swimmers changing out of their swim
and Shaving	suit on the deck with just a towel wrapped around themselves) is
	forbidden at the State Championship Meet.
	Swimmers are not permitted to shave any part of their or someone
	else's body at the Christiansburg Aquatic Center.
	At the discretion of the Meet Referee, swimmers who deck change or
	shave on-site may be sanctioned up to and including ejection from the
	Meet.

## VISAA Swimming & Diving Championship

February 14-15, 2020

Christiansburg Aquatic Center - Christiansburg, VA



Concessions				g the meet at a co	
and Hospitality				he Mezzanine/S	
				icials will be esta	
		oom on the po	ol deck in the	middle of the cor	mpetition
	course.				
Apparel	State Mee	t apparel will k	e for sale both	n days by MSP.	
Photography	• TBD				
Seating			nembers, coad	ches, and officials	s will be allowed
	on the poo				
				hers on the top l	
Team Deck			•	2-3-4. As this ye	
Seating	-	-	•	er of athletes an	-
	group. Group	assignments v	vill be distribut	ted in the coach's	s packets.
	Groups will rotate their "team camp" through the four zones over the course of the meet in an effort to equalize the opportunity for all athletes to enjoy the prime real estate and the concurrent spirit, enthusiasm and performance associated with that location. Coaches are welcome and encouraged to station themselves around the competition pool during the meet regardless of their team's home seating. We ask that teams respect the schedule outlined below by storing their gear and resting between events in their assigned zone for that session.				
	Group	Friday	Friday	Saturday	Saturday
	Number	Prelims	Finals	Prelims	Finals
	1	A	В	С	D
	2	В	С	D	A
	3	С	D	A	В
	4	D	A	В	С
Webcast		•		on Network (WF	•
				of the entire swi	
				vs of athletes and	d coaches.
	_	vww.woodber			
	There is a	direct link to tl	ne live stream	through SwimClo	oud.

# VISAA Swimming & Diving Championship

February 14-15, 2020

Christiansburg Aquatic Center - Christiansburg, VA



	T
Spirit	<ul> <li>Teams are strongly encouraged to bring banners to display (see next section).</li> </ul>
	• Teams are highly encouraged to do cheers prior to the start of the meet
	and during breaks, though it should remain quiet for any race start.
	<ul> <li>No face or body paint of any type is allowed.</li> </ul>
	<ul> <li>Feathered or similar boas are not permitted on the pool deck.</li> </ul>
	<ul> <li>Marker or temporary tattoos are allowed as long as they are respectful, sportsmanlike, and do not wash off in the water.</li> </ul>
	•
	<ul> <li>It is the responsibility of coaches to ensure athletes adhere to these midelines. Any demographic to a facility that result from failure to adhere</li> </ul>
	guidelines. Any damages to a facility that result from failure to adhere
	to these guidelines will be the fiscal responsibility of the offending
	team/school.
Team Banners	• All team banners should be turned in to the meet clerk upon arrival at
	the facility, so that they may be hung in accordance with the facility
	regulations.
	Please be sure to pick up your banner at the conclusion of the meet.
Senior Parade	Prior to the Saturday night Finals, we will run a Senior Parade to recognize
	all of the seniors. The Parade is a time of celebration, and seniors are
	encouraged to dress for the occasion. To ensure the appropriateness of the
	dress and behavior for the event, the following guidelines will be enforced:
	Athletes are strongly encouraged to wear their school warm-ups or
	other school-related attire.
	• No swimsuits may be worn without shorts, a warm-up suit, or other
	school-related attire covering them.
	• Athletes may appropriately add fun hats, beads, capes, wings, etc. to
	their attire.
	<ul> <li>No face or body paint of any type.</li> </ul>
	<ul> <li>Absolutely no outfits with a sexual innuendo, such as, but not limited to:</li> </ul>
	Playboy bunnies, beauty queens, boys or girls dressed in drag,
	undergarments worn over the top of warm-ups, body parts drawn onto
	the body, high heels, etc.
	<ul> <li>A committee made up of the Meet Director(s), the VISAA Swimming President, and the Senior Parade Coordinator will walk down the line</li> </ul>
	of seniors prior to the parade in order to give seniors who are not in
	compliance ample opportunity to get into compliance.
	• Swimmers that do not comply with the guidelines will be asked to
	remove the offensive material. If they choose not to remove, they will
	not walk in the Senior Parade. Please do not put the Parade
	Coordinator in the uncomfortable position of excluding a senior from
	the Parade.

# VISAA Swimming & Diving Championship

February 14-15, 2020



Christiansburg Aquatic Center - Christiansburg, VA



Pool Rules	Concessions will be allowed in designated areas only. Drinks are
	permitted in plastic bottles or covered cups.
	• Young children must be supervised by an adult.
	• Observers and spectators are to stay in designated areas.
	<ul> <li>No tape of any kind is to be used inside to hang signs, banners, or decorations.</li> </ul>
	• Only Aquatic Center staff is permitted in the Aquatics Offices, Equipment Room, and First Aid Office unless approved by Aquatic Center staff or management.
	• No smoking or vaping is permitted within the center facilities.
	<ul> <li>The Aquatic Center is not responsible for any lost or stolen items. Make sure someone you know is always present supervising individual/team belongings.</li> </ul>
	<ul> <li>No unauthorized persons are permitted to use the stereo system</li> </ul>
	without the permission of the Aquatic Center Director.
	No glass containers of any kind are to be brought into the pool complex
	<ul> <li>Parking violators will be subject to fines and/or towing as posted.</li> <li>No parking in the skatepark parking lot</li> </ul>
	<ul> <li>No parking in the areas marked by the yellow curb</li> </ul>
	<ul> <li>Overflow parking will be prearranged with Christiansburg High School on weekends</li> </ul>
	<ul> <li>The Aquatic Center strongly encourages showering prior to entering the</li> </ul>
	pool.
	<ul> <li>All emergency exits and walkways must remain clear throughout the meet.</li> </ul>
	In compliance with USA Swimming Safe Sport, the back building
	entrance, under the diving tower is a secure entrance reserved for
	facility staff and essential personnel with access cards or swim meet credentials.
	• All rules and regulations of the Aquatic Center are in effect and shall be followed.
	<ul> <li>Any individual or team member that fails to comply with any rule or regulation of the Aquatic Center will not be permitted to participate in the Event and will be asked to leave the Center Facilities.</li> </ul>

Sanctioned by: Virginia Independent Schools Athletic Association	VISAA Swimming & Diving Championship February 14-15, 2020 Christiansburg Aquatic Center - Christiansburg, VA Friday: Prelims 9:30AM/Diving 1:00PM/Finals 6:10PM Saturday: Prelims 9:30AM/Diving 1:00PM/Finals 6:20PMHosted by: Woodberry Forest School
Inclement Weather Contingency Plans	<ul> <li>In the event of inclement weather, the executive committee, comprised of the VISAA Swimming &amp; Diving Committee President, Secretary, and Meet Coordinator, will work alongside the Executive Director of the VISAA to enact one of the following contingency plans, which will be communicated to meet participants as quickly and effectively as possible. Points of contact for each team are encouraged to check VISAA.org in the event of inclement weather, where the most up-to-date information can be found regarding the championship meet.</li> <li>Contingency Plan A:         <ul> <li>The format of the meet will remain the same but will shift back by 1-day. The Thursday evening warm-up session would be moved back to Friday evening and the Friday/Saturday events would be switched to Saturday/Sunday, respectively.</li> <li>Diving events will take place between preliminary and final sessions and Friday/Saturday sessions would be moved back to Saturday/Sunday, respectively.</li> </ul> </li> <li>Contingency Plan B:         <ul> <li>The format of the meet will be condensed, combining all preliminary heats into 1 session, both male and female diving into 1 session, and all final heats into 1 session. Warm-ups will be scheduled to take place on Friday morning/afternoon and session 1 (all preliminary heats) will be swum Friday afternoon/evening. Diving for both sexes will take place Saturday morning (session 2). All final rounds will be swum in session 3 on Saturday evening.</li> </ul></li></ul>

# VISAA Swimming & Diving Championship

February 14-15, 2020

Christiansburg Aquatic Center - Christiansburg, VA



Directions	From I-81 Southbound
Directions	<ul> <li>Take the US-11/US-460 exit, Exit 118C-B-A, toward</li> </ul>
	Christiansburg/Blacksburg (1.6 miles)
	<ul> <li>Merge onto US-460 W via Exit 118B toward Blacksburg (2.7 miles)</li> </ul>
	<ul> <li>Take the US 460 Business exit, Exit 3AB, toward Christiansburg (0.4</li> </ul>
	miles)
	<ul> <li>Merge onto US-460 BR E/N Franklin St. via Exit 3A toward US-460- BR E/VA-111/Downtown (0.8 miles)</li> </ul>
	• Stay in the right lane and proceed through the next 2 stoplights.
	<ul> <li>The Aquatic Center will be on your left (0.6 miles)</li> <li>From I-81 Northbound</li> </ul>
	<ul> <li>Take the VA-8 exit, Exit 114, toward Christiansburg/Floyd (0.2 miles)</li> <li>Turn left onto VA-8 N/W Main Street</li> </ul>
	<ul> <li>Turn left onto N Franklin St/US-460 BR W (0.6 miles)</li> </ul>
	The Aquatic Center will be on the right
	From 460-Eastbound
	• Take the US-460-BR E Exit toward Downtown (0.5 miles)
	<ul> <li>Merge onto US-460 BR E/N Franklin Street (1.1 miles)</li> </ul>
	• Stay in the right lane. Proceed through the next two stoplights.
	The Aquatic Center will be on the left (0.6 miles).
Bus and	The Christiansburg Aquatic Center has on-site parking for approximately
Overflow	200 vehicles. The center will be using parking assistants to fill the parking
Parking	lots in an organized and efficient manner. Once the Aquatic Center parking lots are full, overflow parking will be available at Christiansburg High School.
	A Free Shuttle is provided and will be running every 5-10 minutes to and from the Aquatic Center.
	The Christiansburg Aquatic Center wants to be a good neighbor and asks that you do not park in the neighborhood surrounding the center or across the street from the center on Mill Lane.
	Directions to Christiansburg High School
	• Take a left out of the Christiansburg Aquatic Center onto Mill Lane.
	<ul> <li>At the stop sign, turn right onto North Franklin Street.</li> </ul>
	<ul> <li>At your first stoplight, take a left onto Independence Blvd.</li> </ul>
	<ul> <li>Take a right at the second parking lot entrance nearest the football field.</li> </ul>
	• Please park farthest away from the school, by the tennis courts.