



SETON SWIMMING

GRATITUDE • EXCELLENCE • MEEKNESS • SACRIFICE

2019-2020





Coach Koehr's GEMS

At Seton Swimming, we value four (4) GEMS:

- **Gratitude**
 - "Who has it better than us? Nobody!"
- **Excellence**
 - We focus on better. Good takes care of itself.
- **Meekness**
 - We help our opponents over the bar that we raised by winning.
- **Sacrifice**
 - We offer it up, we love all our teammates.



2019-20 CAPTAINS

- √ Shane Koehr
- √ Jacob Alsup
- √ Christian Ceol
- √ Justin Fioramonti
- √ Caroline Griffin
- √ Katie Dealey
- √ Anne Konstanty
- √ Mairead Geiran



Coaches

- ✓ Jim Koehr
- ✓ Patrick Mulhern
- ✓ Kimberly Dalrymple
- ✓ Jerry Zadnik
- ✓ DD Ross
- ✓ Coach John Halisky
- ✓ Coach Ashley Cackett
- ✓ Dawn Ceol



Godfather of Seton Swimming, Charles Seltman, Referee



Dry Deck Officials

- ✓ Bill Dealey
- ✓ Hank Konstanty
- ✓ Jim Griffin
- ✓ Paul Fifield
- ✓ Anne O'Malley
- ✓ John Kleb
- ✓ Robin Given
- ✓ Mike McGrath



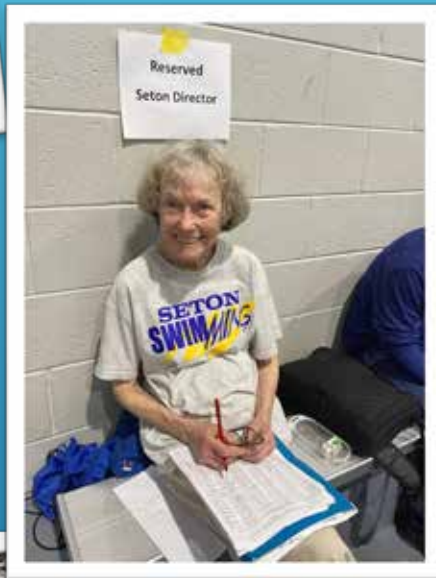
Wet Deck Officials

- ✓ Therese Griffin
- ✓ Pat Haggerty
- ✓ David Wilson
- ✓ Mitch Albin
- ✓ Eric Beltran
- ✓ Melissa and Jeff Alsup
- ✓ Will Waldron



Key Volunteers

Katie Lynch
Anne Geiran
Katherine Champney
Mitch Champney
Alexandra Luevano
Everardo Luevano
Michael Bingham
Linda Byers
Phillip Dwane
Chuck Cunningham
Joe Hurley
Christi Brox
Jim Brox



Awesome Team Managers!

We are sorry to see you go!



2020 Seniors!

16 Swimmers 2 Managers

Katie Albin
Jacob Alsup
Joey Arnold
Christian Ceol
Lauran Curley
Drew Dalrymple
Katie Dealey
Theresa Dwane
Justin Fioramonti
Caroline Griffin
Jeremy Kleb
Shane Koehr
Anne Konstanty
Elena Morano
Kathleen O'Malley
Dominick Tolentino
Callie Couture*
Patrick Wood*





9th Annual "Splash for CF" Swim-a-thon

An amazing **\$7948** was raised this year!

38 participants

29 swimmers completed 200 lengths

That's 5,000 yards per swimmer; nearly 3 miles!

Orla Haggerty



Lucia Bingham



Meg Blanchette





Lucy Cunningham

Haley Fifield



Shannon O'Malley



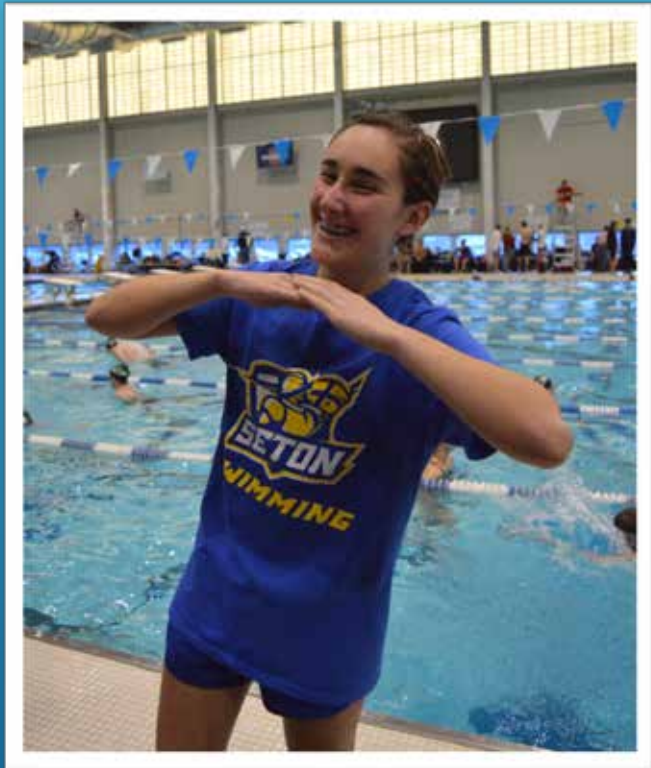


Lucy Pennefather

Rose Waldron



Mary Catherine Hurley



Elodie Brox



Jo Hartung



Clare Flynn



Cate Waldron



Amelia Geary



Madelyn Zadnik



Julia Atkinson



Ava Hudson



Moira Haggerty



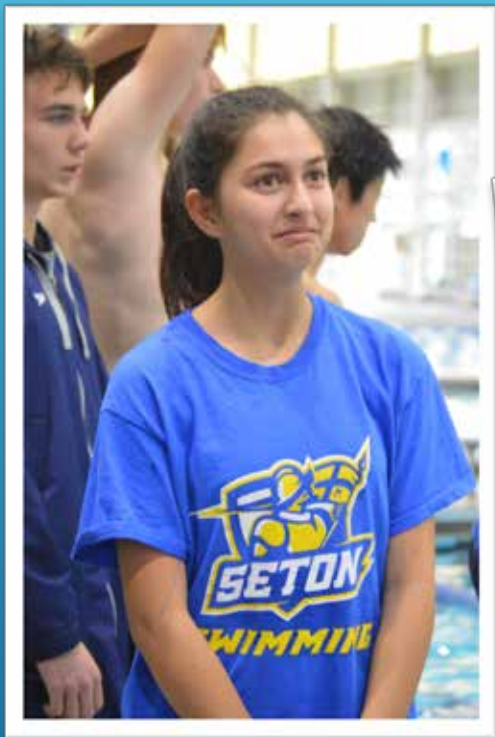


Maddie Given

Emma Catabui



Elizabeth Dwane



Catriona Linton



Teresa Kerlek



Virginia Hartung



Elena Morano



Lauran Curley



Katie Dealey



Theresa Dwane



Maggie Gibbons





Sophia Zadnik



Ceili Koehr



Katie Albin



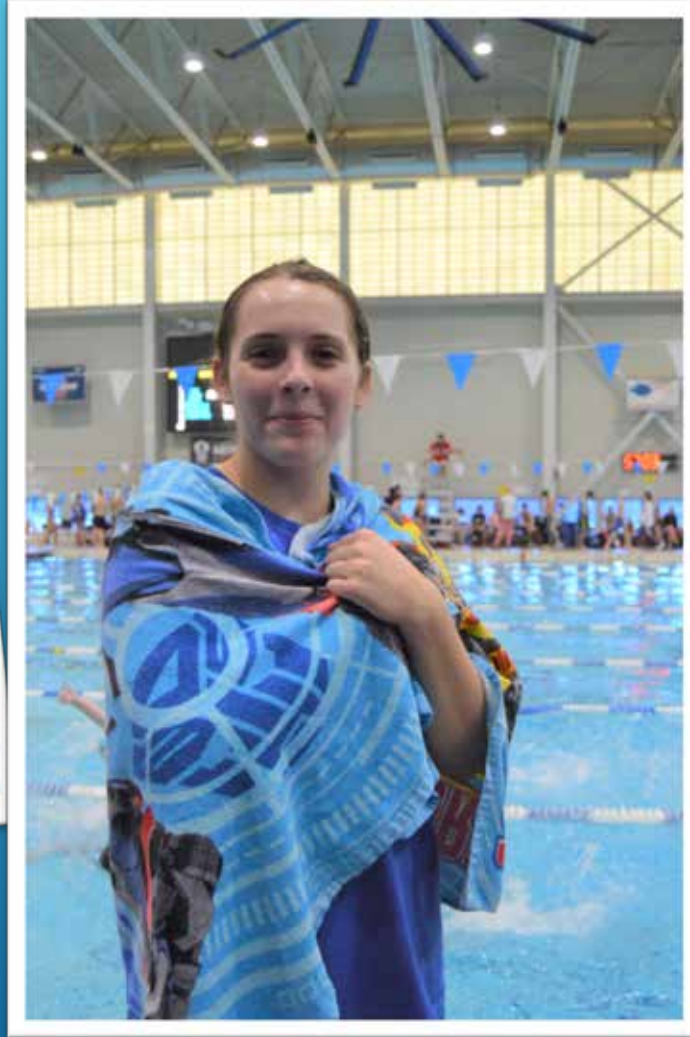


Mary Clare Waldron

Mary O'Malley



Lily Byers



Kathleen O'Malley



Isabelle Luevano



Teresa Bingham





Anne Konstanty

Emily Flynn



Caroline Griffin





Mairead Geiran

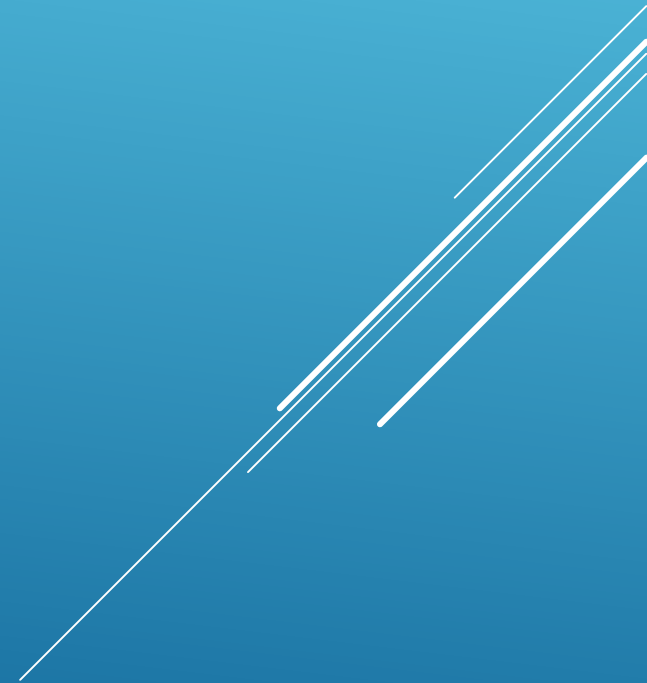


Mary Pennefather
High Point Award Winner!

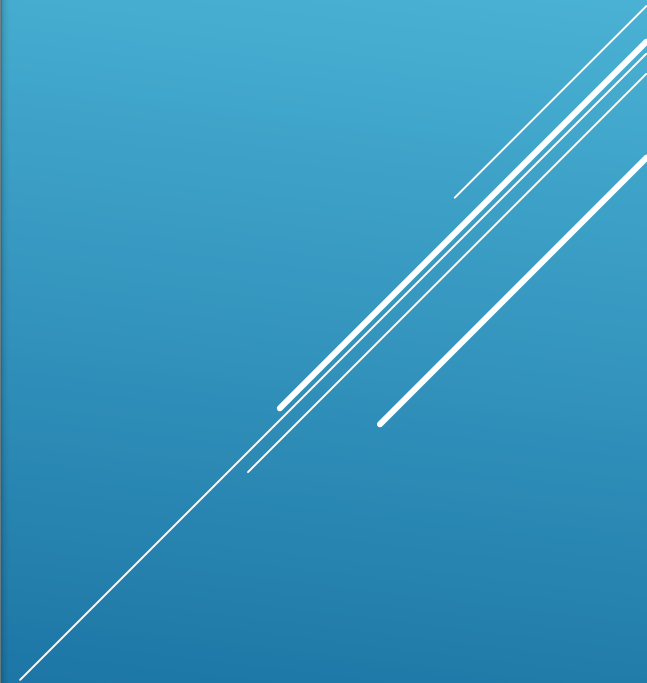
Seth Kellogg



Liam Halisky



Peter Hartung



Michael Brox



Chris Arnold



Max Wilson



Jack Champney



Joseph Dwane



Jed Albin



Chris Lynch



Aaron Bishop



Michael McGrath



Ryan Beltran



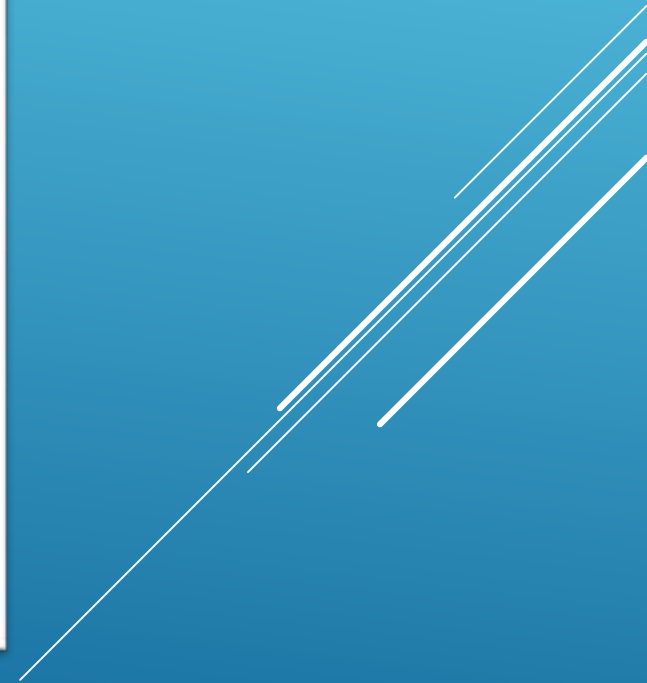
Mick Fioramonti



David Hudson



Patrick Hartung





Kyle Da Re

Dominick Tolentino



Peter Konstanty





Joey Dealey

JJ Brox



Justin Fioramonti



Jeremy Kleb



Liam Kellogg



John McGrath



Joey Arnold



Evan Wilson



Christian Ceol



Joe Wilson

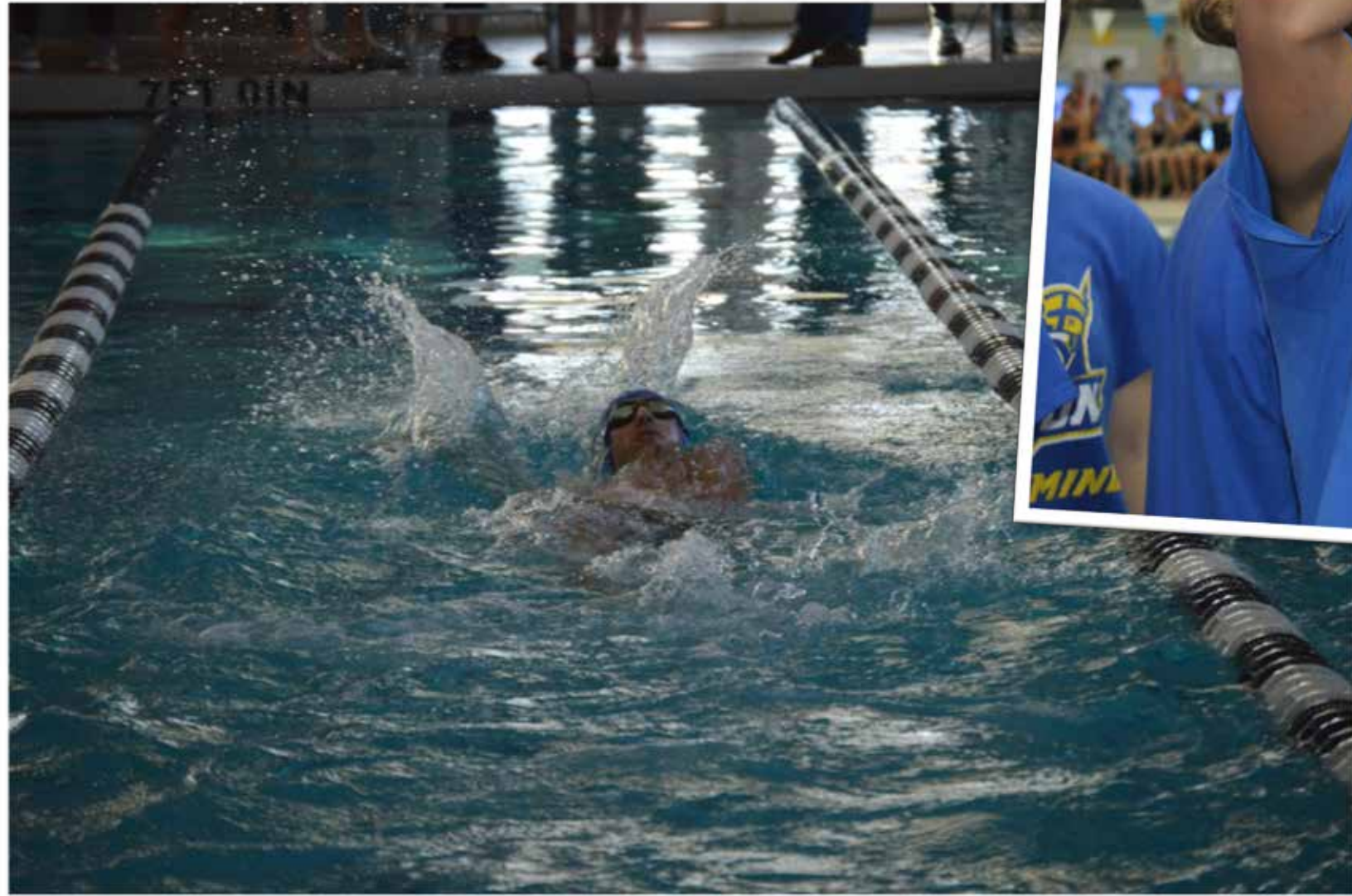




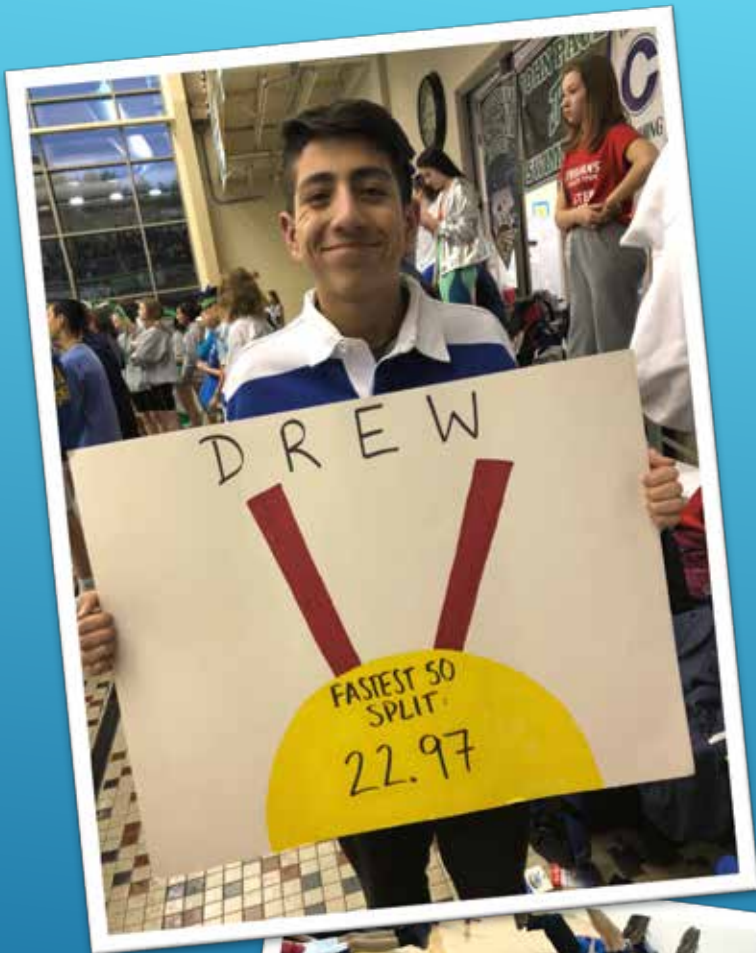
Jerry Dalrymple



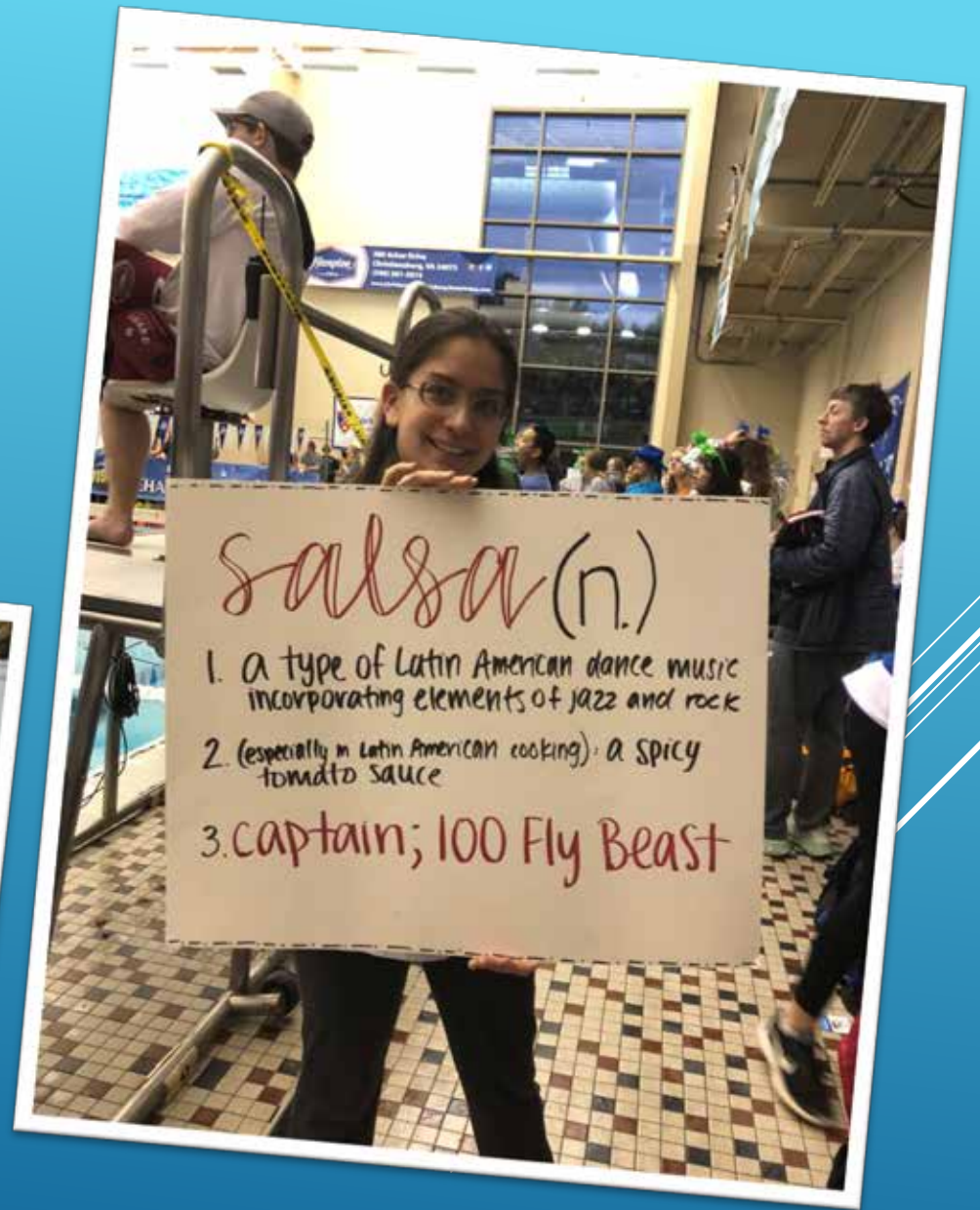
Nathan Luevano



Drew Dalrymple



Jacob Alsup



Shane Koehr High Point Award Winner!





SETON SWIMMING

2020-2021 Eligible Team Captains

Girls

- ✓ Teresa Bingham
- ✓ Isabelle Luevano
- ✓ Lily Byers
- ✓ Mary O'Malley
- ✓ Virginia Hartung
- ✓ Ceili Koehr

Boys

- ✓ Jerry Dalrymple
- ✓ Liam Kellogg

Girls' Team Most Improved Elena Morano!



Girls' Team Most Improved Emma Catabui!



Boys' Team Most Improved Chris Lynch!



Boys' Team Most Improved

Peter Hartung!



Girls' Team Coach's Award Lauran Curley!



Boys' Team Coach's Award Jacob Alsup!



"Coach of the Year!"



Thank you, Mrs. Koehr and to all the family, for "Koehr-ing" so much!



So long, and see you
Tuesday, November 3rd at 6:04 a.m.!