

Dive Coaches- below is an explanation of how Diving will work for States. We will be using a Virtual format. Divers must have their dives recorded. Coaches will be given a link to upload their diver's dives after they send a **request for access** to Dianemaiese@stewardschool.org or vscofield@norfolkacademy.org. A panel of dive coaches across the State will serve as the judges. Judges will watch the videos during a virtual meeting (time and date to be determined) and enter their scores.

Entries are due at 11:59 p.m. on February 20, 2021 but due to the time that it will take to watch/judge these videos, results will not be announced until February 28th.

Submissions:

- A link with folders for each round of dives will be shared with all coaches.
- Coaches, please do not change the names of the folders.
- Please submit your video files into the appropriate folder for that round of diving and then name your file with this format: **LAST NAME_FIRST NAME_DIVE#**
- to rename a file in OneDrive, click on the three vertical gray dots on the righthand side of the file name & click RENAME
- For example, if I were to submit a video file for Jackson Weis, it would be named **WEIS_JACKSON_101B.mp4**
- All diver's lists must be entered on **Clean Entries** in the same order that they have uploaded their dives to be viewed.

Judging:

It would be best for coaches to download the folders (each round of diving) to their device BEFORE we meet via zoom to judge. This will prevent us from having long wait times while files are loading. This should be done on **Sunday the 21st of February**.

FILMING INSTRUCTIONS FOR States

1. Video must have only one dive per diver performing.
2. DIVER'S NAME, and DIVE NUMBER, must be used in the file name of each dive.
3. **What MUST BE FILMED:**
 - Forward takeoffs; STARTING POSITION, APPROACH, EXECUTION, and ENTRY into the water
 - Backward takeoffs; STARTING POSITION, EXECUTION, and ENTRY into the water.
 - Entries; Continue filming all entries for two seconds after the diver enters the water.
 - DO NOT FILM THE SCORES OR SCOREBOARD.
4. All filming should be done from as near a judge's position as possible. "BOARD LEVEL AND SIDE VIEW OF THE DIVE."

PLEASE FOLLOW THESE DIRECTIONS TO AVOID DISQUALIFICATION.

- **Missing A Dive** – If you forget to include a dive in the file, the missed dive counts as a failed dive. Since all of the submissions are judged like a real diving meet, when a diver does not complete the dive (aka – the dive is missing), it is failed. You may not enter knowing that you only have 10 dives, make sure all 11 dives are included!
- **Matching the Diving Order** – If a dive is done out of order during a meet, that dive is failed. Again, this is a fairly simple. A diver should expect the same result with their entries as they would in a competition. Check your diving sheet and make sure that the dives in the files are in the same order as those on your entry sheet.