

Highland Hawks Swimming '20-'21 Season Plan

- **Goals:**
 - **Paris Thornburg**
 - 2X Conference Champion
 - DAC Record in 100 Breaststroke - done
 - State Finalist in two of these three:
 - 50 Free
 - 100 Free
 - 100 Breaststroke
 - **Madisyn Carter**
 - 2X Conference Champion
 - 100 Fly DAC Conference Record - done
 - State Finalist in two of these three:
 - 100 Fly
 - 100 Back
 - 200 IM
 - JV Invitational
 - 100 IM, 50 Fly, 50 Back
 - 3X Gold medals - done
 - 2X Meet Records - done
 - Highland Team Record in 500 Free - done

- **Events:**
 - **Paris Thornburg**
 - Seton Winter Invitational
 - 50 Free
 - 100 Breaststroke
 - VISAA Division II Invitational
 - 50 Free
 - 100 Breaststroke
 - DAC Champs
 - 50 Free
 - 100 Free
 - **Madisyn Carter**
 - Seton Winter Invitational
 - 200 IM
 - **500 Free to get the team record**
 - VISAA Junior Varsity Invitational
 - 100 IM
 - 50 Fly
 - 50 Back
 - VISAA Division II Invitational
 - 100 Fly
 - 100 Back
 - DAC Champs
 - 100 Fly
 - 100 Back

- **Logistics**

- The Highland Team will function completely separately from the Seton team.
 - Paris and Madisyn will have their own team area and warm-up in their own warm-up lane.
 - On deck supervision will be handled by their parents.
 - Any post-season celebrations and awards will be done separately also.
- Team Uniform:
 - Blue or Gold Highland Swimming Caps with both swimmers wearing the same color cap
 - Long-sleeve Highland shirts