

2022 VCAC Championship Meet - 2/11/2022
Meet Program - VCAC Conference Champs Swimming

Event 1 Boys 200 Yard Medley Relay

VCAC:	1:43.49	2/4/2006	Seton School	SST
			K Koehr, N Cook, B Morch, S Koehr	
VISAA QT:	1:57.18			
FCS:	1:44.85		Fredericksburg Christian	FCS-VA
			N. Ross, A. Kearney, D. Turbyfill, G. Ross	
JP:	1:43.98	2020		
SST:	1:39.82	2/17/2006	Koehr, Cook, Morch, Koehr	
TCS!:	1:43.67	2/19/2016	Trinity Christian School	TCS!-VA
			M. Brazier, R. Fletcher, C. Na, H. Kesting	

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals Starts at 07:23 PM			
1	Trinity Christian School	B	X2:01.45
2	Saint John Paul the Great	B	X1:59.63
	1) Mastrianni, Dominic SO	2) Williams, Charlie JR	3) Kintz, John Paul SR
3	Saint John Paul the Great	A	1:52.63
	1) Ong, Marcus SR	2) Hopkins, Liam SR	4) Newbold, Lane SR
4	Trinity Christian School	A	1:48.13
5	Seton Swimming	A	1:52.40
6	Fredericksburg Christian	A	1:57.12
	1) Howell, Luke FR	2) Schneider, Jack SR	3) Ford, Parker SR
7	Seton Swimming	B	X2:00.34
			4) Knewtson, Jack SO

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Event 2 Girls 200 Yard Medley Relay

VCAC:	1:53.18 2/5/2022	Seton Swimming	Seton
		L Garvey, A Testani, C Condon, M Pennefather	
VISAA QT:	2:14.01		
FCS:	2:02.41	Fredericksburg Christian	FCS-VA
		C. Ford, E. Ambrose, M, Ross, N. Polanosky	
JP:	1:57.32 2020		
SST:	1:50.25 2/18/2011	Doonis,Rogers,Wunderly,Donohoe	
TCS!:	1:54.17 2/16/2018	Trinity Christian School	TCS!-VA
		A. Cornett, H. Silvernail, B. Williams, J. Phillip	

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals Starts at 07:27 PM			
1	Trinity Christian School	B	X2:22.98
2	Seton Swimming	B	X2:03.59
3	Saint John Paul the Great	A	2:05.84
	1) Weina, Virginia JR 2) Roder, Mia JR 3) Davis, Gianna FR 4) Vitkovsky, Maggie JR		
4	Seton Swimming	A	1:53.18
5	Trinity Christian School	A	2:04.18
6	Fredericksburg Christian	A	2:27.32
	1) Heth, Rachel JR 2) Ryan, Gabbie 8 3) Roberson, Emma 8 4) Meadows, Payton JR		
7	Saint John Paul the Great	B	X2:16.28
	2) Koler, Jillian SR 3) Williams, Maeve FR 4) Hacsh, Ethiana SR		

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Event 3 Boys 200 Yard Freestyle

VCAC:	1:48.29	2/2/2008	Nevin Cook	SST
VISAA QT:	2:01.47			
FCS:	1:48.63		David Turbyfill	FCS-VA
JP:	1:45.14	2020	Michael Salvatori	
SST:	1:38.54	1/31/2010	S.J. Hill	
TCS!:	1:48.38	2/6/2021	Josh Kim at 15th Annual VISAA	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 07:30 PM				
3	Kirby, Micah	SO	Trinity Christian School	3:04.08
4	Sicks, Campbell	JR	Trinity Christian School	2:32.30
5	McGrath, Michael	SO	Seton Swimming	2:33.73
Heat 2 of 2 Timed Finals Starts at 07:33 PM				
1	Collins, Jacob	SR	Saint John Paul the Great	2:31.76
2	Borneman, Joseph	FR	Seton Swimming	2:24.50
3	Kintz, John Paul	SR	Saint John Paul the Great	2:15.73
4	Kim, Josh	SR	Trinity Christian School	1:49.42
5	Brox, Michael	FR	Seton Swimming	2:13.45
6	Dealey, Joey	JR	Seton Swimming	2:16.29
7	Bang, Caleb	08	Trinity Christian School	2:26.73

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Event 4 Girls 200 Yard Freestyle

VCAC:	1:53.80	2/1/2020	Annalise Cornett	TCS!
VISAA QT:	2:13.44			
FCS:	1:58.35		Marissa Ross	FCS-VA
JP:	2:00.69	2018		
SST:	1:55.74	2/18/2000	K. Shipko	
TCS!:	1:53.80	2/1/2020	Annalise E. Cornett	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 07:36 PM				
3	Hacsh, Ethiana	SR	Saint John Paul the Great	2:48.15
4	Zadnik, Madelyn	SO	Seton Swimming	2:34.52
5	Moon, Ella	SR	Trinity Christian School	2:40.28
6	Kattah, Kayla	FR	Saint John Paul the Great	3:00.00
Heat 2 of 2 Timed Finals Starts at 07:40 PM				
1	Byers, Lily	SR	Seton Swimming	2:25.88
2	Guterrez, Ana Sophia	SR	Saint John Paul the Great	2:21.84
3	Yaraschak, Bella	SO	Trinity Christian School	2:14.81
4	Buff, Reagan	SO	Trinity Christian School	2:07.24
5	Garvey, Lucy	SR	Seton Swimming	2:10.99
6	O'Malley, Mary	SR	Seton Swimming	2:16.63
7	Williams, Maeve	FR	Saint John Paul the Great	2:23.61
8	Phillips, Amy	JR	Trinity Christian School	2:27.48

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Event 5 Boys 200 Yard IM

VCAC:	1:58.42	2/8/2020	Andrew Turbyfill	FCS
VISAA QT:	2:18.04			
FCS:	2:02.08		Andrew Turbyfill	FCS-VA
JP:	1:55.92	2020	Michael Salvatori	
SST:	1:54.70	2/17/2008	N. Cook	
TCS!:	2:02.39	2/5/2022	Josh Kim at 16th Annual VISAA	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 07:42 PM				
3	Wang, Luke	SO	Trinity Christian School	2:51.32
4	Kellogg, Seth	FR	Seton Swimming	2:43.71
5	Newbold, Lane	SR	Saint John Paul the Great	2:47.86
Heat 2 of 2 Timed Finals Starts at 07:46 PM				
1	Wilson, Max	FR	Seton Swimming	2:40.60
2	Wilson, Joe	JR	Seton Swimming	2:18.23
3	Kim, Justin	SO	Trinity Christian School	2:14.42
4	Hopkins, Liam	SR	Saint John Paul the Great	2:07.41
5	Williams, Charlie	JR	Saint John Paul the Great	2:11.71
6	Yun, Noah	08	Trinity Christian School	2:17.98
7	Park, Zack	SO	Trinity Christian School	2:33.18
8	Konstanty, Peter	SO	Seton Swimming	2:42.26

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Event 6 Girls 200 Yard IM

VCAC:	2:11.47	2/2/2019	Annalise Cornett	TCS!
VISAA QT:	2:29.40			
FCS:	2:15.93		Marissa Ross	FCS-VA
JP:	2:19.75	2016		
SST:	2:11.80	2/15/2008	J. Dunn	
TCS!:	2:09.93	2/15/2019	Annalise E. Cornett	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 07:49 PM				
3	McCormick, Madison	FR	Saint John Paul the Great	3:27.31
4	Metzger, Danielle	JR	Trinity Christian School	3:04.58
5	Gallagher, Francesca	SR	Saint John Paul the Great	3:04.78
Heat 2 of 2 Timed Finals Starts at 07:52 PM				
2	Zadnik, Madelyn	SO	Seton Swimming	2:44.88
3	Roberson, Emma	8	Fredericksburg Christian	2:36.93
4	Testani, Angie	FR	Seton Swimming	2:22.86
5	Schlieter, Audrey	08	Trinity Christian School	2:27.32
6	Bingham, Teresa	SR	Seton Swimming	2:38.38
7	Fifield, Haley	FR	Seton Swimming	2:52.92

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Event 7 Boys 50 Yard Freestyle

VCAC:	21.91	2/13/2010	S. Jameson Hill	SST
VISAA QT:	24.14			
FCS:	22.07		Garrett Ross	FCS-VA
JP:	22.58	2020	Michael Salvatori	
SST:	21.22	2/19/2010	S.J. Hill	
TCS!:	23.18	1/23/2021	Josh Kim at Seton Winter Invit	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 3 Timed Finals Starts at 07:58 PM				
2	Misiano, Thomas	JR	Fredericksburg Christian	X36.53
3	Lynch, Chris	SO	Seton Swimming	X29.53
4	Salafia, Luca	8	Fredericksburg Christian	X27.48
5	Haynes, Jacob	SO	Fredericksburg Christian	X27.88
6	Delage, Aaron	JR	Fredericksburg Christian	X32.28
Heat 2 of 3 Timed Finals Starts at 07:59 PM				
1	Fioramonti, Mick	SO	Seton Swimming	X26.76
2	Jang, Elliot	SO	Trinity Christian School	31.90
3	Mastrianni, Dominic	SO	Saint John Paul the Great	29.73
4	Fioramonti, Josh	8	Seton Swimming	28.18
5	Abidin, Christian	SO	Trinity Christian School	29.29
6	Vitkovitsky, Daniel	SR	Saint John Paul the Great	31.77
7	Lauer, Josh	SO	Trinity Christian School	35.55
8	Koehr, Connor	FR	Seton Swimming	X26.22
Heat 3 of 3 Timed Finals Starts at 08:00 PM				
1	Schneider, Jack	SR	Fredericksburg Christian	27.52
2	Howell, Luke	FR	Fredericksburg Christian	25.75
3	Knewton, Jack	SO	Fredericksburg Christian	24.61
4	Hough, Ryan	SO	Trinity Christian School	23.66
5	Ford, Parker	SR	Fredericksburg Christian	24.35
6	Hudson, David	SO	Seton Swimming	25.41
7	Rowzie, Joseph	SR	Seton Swimming	25.99
8	Beltran, Ryan	SO	Seton Swimming	27.96

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Event 8 Girls 50 Yard Freestyle

VCAC:	24.20	2/8/2020	Brooke Williams	TCS!
VISAA QT:	26.96			
FCS:	24.81		Marissa Ross	FCS-VA
JP:	25.74	2022		
SST:	24.06	2/16/2018	A. Kenna	
TCS!:	24.12	2/14/2020	Brooke Williams	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 3 Timed Finals Starts at 08:00 PM				
2	Irish, Gabriella	8	Fredericksburg Christian	X37.70
3	Sebero, Emmah	8	Fredericksburg Christian	X32.25
4	Waldron, Clare	SR	Seton Swimming	X30.09
5	Mantooth, Kateri	JR	Seton Swimming	X30.20
6	Blevins, Colby	8	Fredericksburg Christian	X34.55
Heat 2 of 3 Timed Finals Starts at 08:01 PM				
1	Blevins, Hannah	8	Fredericksburg Christian	32.04
2	Meadows, Payton	JR	Fredericksburg Christian	31.35
3	Weina, Virginia	JR	Saint John Paul the Great	29.50
4	Gibbons, Maggie	SO	Seton Swimming	27.60
5	Vitkovsky, Maggie	JR	Saint John Paul the Great	28.65
6	Ryan, Gabbie	8	Fredericksburg Christian	29.94
7	Heth, Rachel	JR	Fredericksburg Christian	31.42
8	Mitchell, Ajai	SO	Trinity Christian School	36.12
Heat 3 of 3 Timed Finals Starts at 08:02 PM				
1	Womack, Kristen	SO	Trinity Christian School	27.59
2	Roder, Mia	JR	Saint John Paul the Great	27.24
3	Hough, Keri	08	Trinity Christian School	26.90
4	Davis, Gianna	FR	Saint John Paul the Great	25.74
5	Pennefather, Mary	JR	Seton Swimming	26.64
6	Luevano, Isabelle	SR	Seton Swimming	26.92
7	Bailey, Mary Mae	SO	Trinity Christian School	27.57
8	Brox, Elodie	FR	Seton Swimming	27.60

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Event 11 Boys 100 Yard Butterfly

VCAC:	53.90	2/4/2012	Vincent Dunn	SST
VISAA QT:	1:01.02			
FCS:	55.98		Andrew Turbyfill	FCS-VA
JP:	55.23	2022	Liam Hopkins	
SST:	51.76	1/16/2010	S.J. Hill	
TCS!:	54.15	2/5/2022	Josh Kim at 16th Annual VISAA	TCS!-VA

Lane	Name	Year	School	Seed Time
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Heat 1 of 2 Timed Finals Starts at 08:13 PM

3	Verwys, Sam	08	Trinity Christian School	1:43.85
4	Borneman, Joseph	FR	Seton Swimming	1:16.94
5	Valenzuela, Orlando	JR	Trinity Christian School	1:40.59

Heat 2 of 2 Timed Finals Starts at 08:15 PM

1	Wilson, Max	FR	Seton Swimming	1:13.60
2	Park, Ian	SO	Trinity Christian School	1:06.76
3	Ong, Marcus	SR	Saint John Paul the Great	1:01.20
4	Phillips, Tyler	8	Trinity Christian School	56.83
5	Wilson, Joe	JR	Seton Swimming	59.37
6	Williams, Charlie	JR	Saint John Paul the Great	1:03.18
7	Sokban, William	FR	Seton Swimming	1:15.36

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Event 12 Girls 100 Yard Butterfly

VCAC:	58.62	2/3/2018	Anna Kenna	Seton
VISAA QT:	1:06.82			
FCS:	1:00.30		Marissa Ross	FCS-VA
JP:	59.97	2017		
SST:	58.51	1/20/2018	A. Kenna	
TCS!:	58.91	2/15/2019	Brooke Williams	TCS!-VA

Lane	Name	Year	School	Seed Time
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Heat 1 of 1 Timed Finals Starts at 08:17 PM

1	Bang, Selah	JR	Trinity Christian School	1:21.08
2	Bingham, Teresa	SR	Seton Swimming	1:12.75
3	Schlieter, Audrey	08	Trinity Christian School	1:07.46
4	Condon, Clara	FR	Seton Swimming	1:00.26
5	Klanderma, Liz	FR	Trinity Christian School	1:05.19
6	Flynn, Emily	SR	Seton Swimming	1:10.32
7	Zadnik, Sophia	SR	Seton Swimming	1:17.56
8	Gallagher, Francesca	SR	Saint John Paul the Great	1:26.11

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Event 13 Boys 100 Yard Freestyle

VCAC:	48.78	2/13/2010	S. Jameson Hill	SST
VISAA QT:	53.09			
FCS:	49.09		Garrett Ross	FCS-VA
JP:	48.74	2020	Michael Salvatori	
SST:	45.67	2/20/2010	S. J. Hill	
TCS!:	49.35	2/12/2021	Josh Kim at 2021 DAC Champions	TCS!-VA

Lane	Name	Year	School	Seed Time
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Heat 1 of 2 Timed Finals Starts at 08:19 PM

1	McGrath, Michael	SO	Seton Swimming	X1:03.17
2	Kirby, Micah	SO	Trinity Christian School	1:22.22
3	Jang, Elliot	SO	Trinity Christian School	1:17.26
4	Vitkovitsky, Daniel	SR	Saint John Paul the Great	1:10.77
5	Smith, James	SO	Saint John Paul the Great	1:11.51
6	Delage, Aaron	JR	Fredericksburg Christian	1:20.53
7	Misiano, Thomas	JR	Fredericksburg Christian	1:32.30

Heat 2 of 2 Timed Finals Starts at 08:20 PM

1	Haynes, Jacob	SO	Fredericksburg Christian	1:06.02
2	Rowzie, Joseph	SR	Seton Swimming	1:02.19
3	Nguyen, Drew	FR	Seton Swimming	57.04
4	Kim, Josh	SR	Trinity Christian School	50.73
5	Kim, Justin	SO	Trinity Christian School	52.22
6	Brox, JJ	JR	Seton Swimming	59.43
7	Konstanty, Peter	SO	Seton Swimming	1:01.11
8	Mastrianni, Dominic	SO	Saint John Paul the Great	1:08.61

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Meet Program - VCAC Conference Champs Swimming

Event 14 Girls 100 Yard Freestyle

VCAC:	53.08	2/10/2018	Anna Kenna	SST
VISAA QT:	59.70			
FCS:	53.08		Courtney Jones	FCS-VA
JP:	55.70	2022		
SST:	52.05	2/16/2018	A. Kenna	
TCS!:	52.63	2/16/2019	Brooke Williams	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 08:22 PM				
2	Kattah, Kayla	FR	Saint John Paul the Great	1:19.59
3	Blevins, Hannah	8	Fredericksburg Christian	1:11.72
4	Oswald, Jacqueline	JR	Seton Swimming	1:06.26
5	Ratcliffe, Eliana	9	Trinity Christian School	1:07.59
6	Sebero, Emmah	8	Fredericksburg Christian	1:14.38
7	Irish, Gabriella	8	Fredericksburg Christian	1:22.18
Heat 2 of 2 Timed Finals Starts at 08:24 PM				
1	Vitkovsky, Maggie	JR	Saint John Paul the Great	1:05.16
2	Koler, Jillian	SR	Saint John Paul the Great	1:02.22
3	Phillips, Amy	JR	Trinity Christian School	1:00.25
4	Buff, Reagan	SO	Trinity Christian School	58.59
5	Luevano, Isabelle	SR	Seton Swimming	59.80
6	Pennefather, Mary	JR	Seton Swimming	1:00.94
7	O'Malley, Mary	SR	Seton Swimming	1:01.22
8	Bailey, Mary Mae	SO	Trinity Christian School	1:05.69

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Event 15 Boys 500 Yard Freestyle

VCAC:	4:43.83	2/13/2010	S. Jameson Hill	SST
VISAA QT:	5:41.90			
FCS:	4:50.10		David Turbyfill	FCS-VA
JP:	4:58.74	2019	Michael Salvatori	
SST:	4:27.19	1/31/2010	S.J. Hill	
TCS!:	5:11.22	12/19/2020	Josh Kim at Seton Homecoming I	TCS!-VA

Lane	Name	Year	School	Seed Time
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Heat 1 of 1 Timed Finals Starts at 08:25 PM

1	Verwys, Sam	08	Trinity Christian School	7:29.42
2	Bang, Caleb	08	Trinity Christian School	6:28.32
3	Brox, Michael	FR	Seton Swimming	6:19.60
4	Yun, Noah	08	Trinity Christian School	5:26.23
5	Koehr, Connor	FR	Seton Swimming	6:16.42
6	Sokban, William	FR	Seton Swimming	6:20.12
7	Albin, Jed	SO	Seton Swimming	6:39.73
8	Abidin, Christian	SO	Trinity Christian School	7:56.96

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Event 16 Girls 500 Yard Freestyle

VCAC:	5:03.43	2/13/2021	Annalise Cornett	TCS!
VISAA QT:	5:58.88			
FCS:	5:20.61		Courtney Jones	FCS-VA
JP:	5:09.55	2017		
SST:	5:06.98	2/1/1999	K. Shipko	
TCS!:	5:03.43	2/12/2021	Annalise E. Cornett	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 08:33 PM				
3	Metzger, Danielle	JR	Trinity Christian School	7:51.93
4	Byers, Lily	SR	Seton Swimming	6:50.89
5	Mantooth, Kateri	JR	Seton Swimming	7:33.88
Heat 2 of 2 Timed Finals Starts at 08:42 PM				
2	Roberson, Emma	8	Fredericksburg Christian	6:21.13
3	Yaraschak, Bella	SO	Trinity Christian School	5:58.11
4	Stermer, Teagan	SO	Trinity Christian School	5:43.19
5	Testani, Angie	FR	Seton Swimming	5:43.29
6	Flynn, Emily	SR	Seton Swimming	6:19.01
7	Guitierrez, Ana Sophia	SR	Saint John Paul the Great	6:27.59

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Event 17 Boys 200 Yard Freestyle Relay

VCAC: 1:32.22 2/6/2016

Fredericksburg Christian FCS
D Turbyfill, A Kearney, N Ross, G Ross

VISAA QT: 1:43.26

FCS: 1:30.74

Fredericksburg Christian FCS-VA
G. Ross, A. Kearney, N. Ross, D. Turbyfill

JP: 1:32.31 2014

SST: 1:30.07 2/19/2010

TCS!: 1:34.17 2/6/2016

Hill, Koehr, Cook, Basinger

Trinity Christian School TCS!-VA
R. Fletcher, M. Brazier, C. Na, H. Kesting

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals Starts at 08:50 PM			
2	Seton Swimming	B	X1:45.66
3	Seton Swimming	A	1:41.80
4	Trinity Christian School	A	1:35.18
5	Fredericksburg Christian	A	1:41.69
	1) Knewton, Jack SO	2) Schneider, Jack SR	3) Salafia, Luca 8
			4) Ford, Parker SR
6	Saint John Paul the Great	A	1:44.50
	1) Ong, Marcus SR	2) Smith, James SO	3) Williams, Charlie JR
			4) Hopkins, Liam SR
7	Trinity Christian School	B	X1:55.34

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Event 18 Girls 200 Yard Freestyle Relay

VCAC: 1:43.64 2/4/2012

Seton School

SST

A Doonis, C Kenna, A Sinner, C Rogers

VISAA QT: 1:58.53

FCS: 1:48.24

Fredericksburg Christian

FCS-VA

C. Ford, E. Ambrose, E. Amelung, M. Ross

JP: 1:45.34 2016

SST: 1:40.05 2/19/2010

Doonis,Rogers,Talbott,Donohoe

TCS!: 1:42.55 2/17/2018

Trinity Christian School

TCS!-VA

A. Cornett, H. Silvernail, J. Phillips, B. William

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Timed Finals Starts at 08:53 PM

1	Saint John Paul the Great	B	X2:13.00
	1) Gallagher, Francesca SR	2) Kattah, Kayla FR	3) McCormick, Madison FR
			4) Guterrez, Ana Sophia SR
2	Seton Swimming	B	X1:54.03
	1) O'Malley, Mary SR		
3	Saint John Paul the Great	A	1:51.17
	1) Roder, Mia JR	2) Weina, Virginia JR	3) Vitkovsky, Maggie JR
			4) Davis, Gianna FR
4	Seton Swimming	A	1:47.60
5	Trinity Christian School	A	1:48.84
6	Fredericksburg Christian	A	2:07.57
	1) Ryan, Gabbie 8	2) Sebero, Emmah 8	3) Meadows, Payton JR
			4) Heth, Rachel JR
7	Trinity Christian School	B	X1:56.63

2022 VCAC Championship Meet - 2/11/2022
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Event 19 Boys 100 Yard Backstroke

VCAC:	53.44	2/4/2006	Kevin Koehr	SST
VISAA QT:	1:02.90			
FCS:	55.88		Andrew Turbyfill	FCS-VA
JP:	53.25	2020	Michael Salvatori	
SST:	51.48	1/20/2006	K. Koehr	
TCS!:	58.70	2/19/2016	Mitchell Brazier	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 09:06 PM				
3	Valenzuela, Orlando	JR	Trinity Christian School	1:31.40
4	Albin, Jed	SO	Seton Swimming	1:21.03
5	Smith, James	SO	Saint John Paul the Great	1:29.36
Heat 2 of 2 Timed Finals Starts at 09:09 PM				
1	Park, Zack	SO	Trinity Christian School	1:08.48
2	Fioramonti, Mick	SO	Seton Swimming	1:05.26
3	Ong, Marcus	SR	Saint John Paul the Great	1:02.93
4	Hough, Ryan	SO	Trinity Christian School	59.80
5	Howell, Luke	FR	Fredericksburg Christian	1:00.41
6	Phillips, Tyler	8	Trinity Christian School	1:04.79
7	Hudson, David	SO	Seton Swimming	1:07.82
8	Beltran, Ryan	SO	Seton Swimming	1:14.49

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Event 20 Girls 100 Yard Backstroke

VCAC:	58.33	2/2/2019	Annalise Cornett	TCS!
VISAA QT:	1:06.85			
FCS:	59.95		Courtney Jones	FCS-VA
JP:	1:03.08	2018		
SST:	55.62	2/18/2018	A. Kenna	
TCS!:	58.33	2/2/2019	Annalise E. Cornett	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 09:11 PM				
3	Blevins, Colby	8	Fredericksburg Christian	1:52.39
4	Bang, Selah	JR	Trinity Christian School	1:17.49
5	Mitchell, Ajai	SO	Trinity Christian School	1:45.73
Heat 2 of 2 Timed Finals Starts at 09:14 PM				
1	Weina, Virginia	JR	Saint John Paul the Great	1:16.44
2	Gibbons, Maggie	SO	Seton Swimming	1:11.31
3	Womack, Kristen	SO	Trinity Christian School	1:10.09
4	Garvey, Lucy	SR	Seton Swimming	1:02.68
5	Stermer, Teagan	SO	Trinity Christian School	1:05.52
6	Roder, Mia	JR	Saint John Paul the Great	1:11.29
7	Oswald, Jacqueline	JR	Seton Swimming	1:15.07
8	Fifield, Haley	FR	Seton Swimming	1:15.46

2022 VCAC Championship Meet - 2/11/2022
Meet Program - VCAC Conference Champs Swimming

Event 21 Boys 100 Yard Breaststroke

VCAC:	1:00.59	Andrerw Turbyfill	FCS
VISAA QT:	1:08.79		
FCS:	1:03.26	Andrew Turbyfill	FCS-VA
JP:	1:01.10 2019	Michael Salvatori	
SST:	58.53 1/27/2007	N. Cook	
TCS!:	1:03.06 2/17/2017	Riley T. Fletcher	TCS!-VA

Lane	Name	Year	School	Seed Time
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Heat 1 of 2 Timed Finals Starts at 09:16 PM

3	Lynch, Chris	SO	Seton Swimming	X1:20.39
4	Kellogg, Seth	FR	Seton Swimming	1:19.98
5	Lauer, Josh	SO	Trinity Christian School	1:43.78

Heat 2 of 2 Timed Finals Starts at 09:18 PM

1	Wang, Luke	SO	Trinity Christian School	1:19.21
2	Sicks, Campbell	JR	Trinity Christian School	1:17.67
3	Park, Ian	SO	Trinity Christian School	1:10.34
4	Hopkins, Liam	SR	Saint John Paul the Great	1:03.76
5	Brox, JJ	JR	Seton Swimming	1:09.39
6	Nguyen, Drew	FR	Seton Swimming	1:14.41
7	Dealey, Joey	JR	Seton Swimming	1:19.69

2022 VCAC Championship Meet - 2/11/2022
Meet Program - VCAC Conference Champs Swimming

Event 22 Girls 100 Yard Breaststroke

VCAC:	1:07.65	2/12/2021	Angie Testani	SST
VISAA QT:	1:16.38			
FCS:	1:12.41		Marissa Ross	FCS-VA
JP:	1:11.89	2021		
SST:	1:07.65	2/13/2021	Angie Testani	Seton
TCS!:	1:13.20	12/19/2020	Annalise E. Cornett at Seton H	TCS!-VA

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Timed Finals Starts at 09:19 PM				
3	Moon, Ella	SR	Trinity Christian School	1:36.98
4	Ryan, Gabbie	8	Fredericksburg Christian	1:29.26
5	Ratcliffe, Eliana	9	Trinity Christian School	1:29.99
6	McCormick, Madison	FR	Saint John Paul the Great	1:38.67
Heat 2 of 2 Timed Finals Starts at 09:21 PM				
1	Brox, Elodie	FR	Seton Swimming	1:20.60
2	Klanderma, Liz	FR	Trinity Christian School	1:16.84
3	Davis, Gianna	FR	Saint John Paul the Great	1:15.28
4	Condon, Clara	FR	Seton Swimming	1:09.05
5	Koler, Jillian	SR	Saint John Paul the Great	1:12.17
6	Waldron, Clare	SR	Seton Swimming	1:16.59
7	Williams, Maeve	FR	Saint John Paul the Great	1:18.42
8	Zadnik, Sophia	SR	Seton Swimming	1:25.24

2022 VCAC Championship Meet - 2/11/2022
Meet Program - VCAC Conference Champs Swimming

Event 23 Boys 400 Yard Freestyle Relay

VCAC:	3:28.44 2/5/2022	Trinity Christian School	Trini
		N Yun, T Phillips, J Kim, J Kim	
VISAA QT:	3:59.45		
FCS:	3:24.44	Fredericksburg Christian	FCS-VA
		D. Turbyfill, N. Ross, A. Kearney, G. Ross	
JP:	3:26.17 2019		
SST:	3:17.05 2/19/2010	Hill, Cook, Dunn, Basinger	
TCS!:	3:29.97 2/19/2016	Trinity Christian School	TCS!-VA
		M. Brazier, R. Fletcher, C. Na, H. Kesting	

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals Starts at 09:24 PM			
2	Trinity Christian School	B	X4:55.03
3	Fredericksburg Christian	A	3:53.05
	1) Knewton, Jack SO	2) Schneider, Jack SR	3) Ford, Parker SR
4	Trinity Christian School	A	3:28.44
5	Seton Swimming	A	3:49.87
6	Seton Swimming	B	X4:06.07

**2022 VCAC Championship Meet - 2/11/2022
Meet Program - VCAC Conference Champs Swimming**

Event 24 Girls 400 Yard Freestyle Relay

VCAC:	3:48.76 2/3/2018	Trinity Chrisitan School	TCS!
		B. Williams, H. Silvernail, L. Schmidt, A. Cornett	
VISAA QT:	4:38.24		
FCS:	3:54.97	Fredericksburg Christian	FCS-VA
		N. Polanosky, C. Ford, E. Ambrose, M. Ross	
JP:	3:49.27 2018		
SST:	3:40.51 2/19/2010	DoonisRogers,ClaybrooksDonohoe	
TCS!:	3:46.85 2/17/2018	Trinity Christian School	TCS!-VA
		H. Silvernail, L. Schmidt, A. Cornett, B. Williams	

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals Starts at 09:30 PM			
2	Seton Swimming	B	X4:24.82
3	Fredericksburg Christian	A	4:42.48
	1) Heth, Rachel JR	2) Blevins, Hannah 8	3) Meadows, Payton JR
4	Trinity Christian School	A	4:00.41
5	Seton Swimming	A	4:04.24
6	Saint John Paul the Great	A	5:10.00
	1) Gallagher, Francesca SR	2) McCormick, Madison FR	3) Kattah, Kayla FR
7	Trinity Christian School	B	X4:24.83