

VCAC Invitational - 1/8/2022
Psych Sheet

Event 1 Boys 200 Yard Medley Relay

VISAA QT: 1:57.18
 SST: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr
 TCSI: 1:43.67 2/19/2016 M. Brazier, R. Fletcher, C. Na
 ICHS: 1:51.66 2/11/2021 C. Wolf, J. Wolf, J. Rutkowski
 , J. Salter TCSI-VA
 ICHS

Team	Relay	Seed Time
1 Saint John Paul the Great-VA	A	1:43.98 ?
2 Trinity Christian School-VA	A	1:48.13
3 Peninsula Catholic High School-VA	A	1:48.17
4 Immanuel Christian High School	A	1:51.66
5 Seton Swimming	A	1:52.52
6 Peninsula Catholic High School-VA	B	1:55.00
7 Seton Swimming	B	2:00.34
8 Immanuel Christian High School	B	X2:04.00
9 Seton Swimming	C	X2:25.00
10 Seton Swimming	D	X2:27.00
11 Seton Swimming	E	X2:29.00
12 Seton Swimming	F	X2:31.00
13 Seton Swimming	G	X2:33.00
14 Seton Swimming	H	X2:35.00
15 Seton Swimming	I	X2:37.00
16 Seton Family Homeschool	A	X2:39.32
17 Immanuel Christian High School	C	X2:44.00
18 Trinity Christian School-VA	B	2:45.44

CLT TCS
 8 10
 8 10

Event 2 Girls 200 Yard Medley Relay

VISAA QT: 2:14.01
 SST: 1:50.25 2/18/2011 Doonis, Rogers, Wunderly, Donohoe
 TCSI: 1:54.17 2/16/2018 A. Cornett, H. Silvernail, B.
 ICHS: 2:34.64 1/9/2021 K. DeWitte, A. Allman, E. Curr
 ey, S. Anderson TCSI-VA
 ICHS

Team	Relay	Seed Time
1 Trinity Christian School-VA	A	5 1:57.60 - 2:04.48
2 Seton Swimming	A	10 1:58.03
3 Peninsula Catholic High School-VA	A	1:58.73
4 Saint John Paul the Great-VA	A	13 5 2:03.64
5 Oakcrest School Chargers	A	13 5 2:05.31
6 Peninsula Catholic High School-VA	B	2:08.00
7 Seton Swimming	B	3 2:10.28
8 Oakcrest School Chargers	B	2:13.95
9 Saint John Paul the Great-VA	B	2:16.28
10 Oakcrest School Chargers	C	X2:16.45
11 Saint John Paul the Great-VA	C	X2:20.00
12 Oakcrest School Chargers	D	X2:21.07
13 Seton Swimming	C	X2:22.00
14 Seton Swimming	D	X2:30.00
15 Oakcrest School Chargers	E	X2:33.31
16 Immanuel Christian High School	A	X2:34.64
17 Seton Swimming	E	X2:35.00
18 Seton Swimming	F	X2:37.00
19 Seton Swimming	G	X2:39.00

CLARA (Lynch) 30.67
 ANBIE 31.73
 ISABENE 30.78
 (CLARA 28.34)
 MARY 26.61
 TCS
 TEAGAN 31.11
 LIZ 37.21
 REAGAN 28.53
 ANDREY 27.63
 2:04.48

VCAC Invitational - 1/8/2022
Psych Sheet

Event 2 ... (Girls 200 Yard Medley Relay)

20	Seton Swimming	H	X2:41.00
21	Seton Swimming	I	X2:43.00
22	Seton Swimming	J	X2:45.00
23	Seton Swimming	K	X2:47.00
24	Seton Swimming	L	X2:49.00
25	Seton Family Homeschool	A	X2:50.90
26	Seton Swimming	M	X2:51.00
27	Trinity Christian School-VA	B	X2:53.62
28	Seton Family Homeschool	B	X3:00.00
29	Oakcrest School Chargers	F	XNT

Event 3 Boys 200 Yard Freestyle

VISAA QT:	2:01.47			
SST:	1:38.54	1/31/2010	S.J. Hill	
TCS!:	1:48.38	2/6/2021	Josh Kim	TCS!-VA
ICHS:	1:51.28	12/18/2021	Caleb W. Wolf	ICHS
Name	Year	School	Seed	Time

1	Kim, Josh	SR	Trinity Christian School-VA	2	1:48.38
2	Wolf, Moses	7	Immanuel Christian High School		X2:04.95
3	Ong, Marcus	SR	Saint John Paul the Great-VA		2:06.37
4	Phillips, Tyler	8	Trinity Christian School-VA	6	2:09.32
5	Driscoll, John	JR	PC Knights-VA		2:09.40
6	Brox, Michael	FR	Seton Swimming	5	2:15.21
7	Kintz, John Paul	SR	Saint John Paul the Great-VA		2:15.73
8	Hudson, David	SO	Seton Swimming	4	2:18.42
9	Rutkowski, Juan	SO	Immanuel Christian High School		2:20.00
10	Sokban, William	FR	Seton Swimming	3	2:20.01
11	Konstanty, Peter	SO	Seton Swimming	2	2:25.44
12	Mastrianni, Dominic	SO	Saint John Paul the Great-VA		2:30.00
13	Daube, Riley	FR	PC Knights-VA		2:30.37
14	Orr, Justin	SR	Seton Swimming	0	X2:35.00
15	Burset, Miguel	SR	Saint John Paul the Great-VA		2:42.77
16	Baughman, Ryan	8	Seton Swimming		X3:10.00
17	Kohlhaas, Gus	FR	Seton Swimming		X3:27.65
18	Verwys, Sam	08	Trinity Christian School-VA	1	NT
19	Lam, Samuel	07	Trinity Christian School-VA		XNT

SSY 14
TCS 15
22 25

Event 4 Girls 200 Yard Freestyle

VISAA QT:	2:13.44			
SST:	1:55.74	2/19/2010	K. Shipko	
TCS!:	1:55.41	2/6/2021	Annalise E. Cornett	TCS!-VA
ICHS:	2:48.20	12/19/2020	Elizabeth Currey	ICHS
Name	Year	School	Seed	Time

1	Aldeguer, Ariana	7	Seton Swimming		X2:09.65
2	Testani, Angie	FR	Seton Swimming	8	2:09.85
3	Dines, Veronica	FR	PC Knights-VA		2:10.00
4	Creelman, Stephanie	FR	PC Knights-VA		2:11.10
5	Shumate, Kate	7	Immanuel Christian High School		X2:15.11
6	Stermer, Teagan	SO	Trinity Christian School-VA	6	2:15.39
7	Yaraschak, Bella	SO	Trinity Christian School-VA	5	2:15.56
8	O'Malley, Mary	SR	Seton Swimming	4	2:16.63
9	Schlieter, Audrey	08	Trinity Christian School-VA	3	2:18.88
10	Dwyer, Laura	JR	PC Knights-VA		2:25.00

SSY 15
TCS 14
28 19

2/19/2010 - 20 YEARS AGO!

**VCAC Invitational - 1/8/2022
Psych Sheet**

Event 4 ... (Girls 200 Yard Freestyle)

11	Meunier, Cecelia	JR	Oakcrest School Chargers	2:35.23
12	Weina, Virginia	JR	Saint John Paul the Great-VA	2:35.53
13	Mantooth, Kateri	JR	Seton Swimming	2:36.67
14	Koehr, Céilí	SR	Seton Swimming	2:41.25
15	Fifield, Haley	FR	Seton Swimming	X2:41.63
16	Zadnik, Sophia	SR	Seton Swimming	X2:50.00
17	Atkinson, Julia	SO	Seton Swimming	X2:50.00
18	Crone, Haven	SR	PC Knights-VA	3:00.00
19	Haggerty, Aoife	7	Seton Swimming	X3:00.00
20	Brox, Emma	SR	Seton Swimming	X3:01.71
21	DeWolf, Rebekah	SR	Seton Swimming	X3:12.50
22	Bingham, Mariana	7	Seton Swimming	X3:12.58
23	Sands, C J	8	Oakcrest School Chargers	NT
24	Sypal, Clare	FR	Oakcrest School Chargers	NT
25	Adams, Amelia	FR	Oakcrest School Chargers	NT
26	Burset, Maria Elena	FR	Saint John Paul the Great-VA	NT
27	McCormick, Madison	FR	Saint John Paul the Great-VA	NT
28	Diller, Bethany	FR	Oakcrest School Chargers	XNT
29	Wyckoff, Brynn	FR	Oakcrest School Chargers	XNT
30	Schindler, Kathryn	SO	Oakcrest School Chargers	XNT
31	Snyman, Isabella	07	Trinity Christian School-VA	XNT

Event 5 Boys 200 Yard IM

VISAA QT: 2:18.04

SST: 1:54.70 2/17/2008 N. Cook

TCSI: 2:06.81 1/9/2021 Josh Kim

ICHS: 2:03.41 12/18/2021 Joshua K. Wolf

TCSI-VA

ICHS

Name	Year	School	Seed Time
1 Williams, Charlie	JR	Saint John Paul the Great-VA	2:11.71
2 Kim, Justin	SO	Trinity Christian School-VA	2:14.42
3 Wilson, Joe	JR	Seton Swimming	2:18.23
4 Burch, Isaiah	SO	PC Knights-VA	2:20.00
5 Brox, JJ	JR	Seton Swimming	2:30.95
6 Cole, Carter	SO	Trinity Christian School-VA	2:42.01
7 Park, Zack	SO	Trinity Christian School-VA	2:42.12
8 Koehr, Connor	FR	Seton Swimming	X2:43.25
9 Kellogg, Seth	FR	Seton Swimming	2:53.30
10 Wang, Luke	SO	Trinity Christian School-VA	3:01.93
11 Borneman, Joseph	FR	Seton Swimming	3:09.66
12 Newbold, Lane	SR	Saint John Paul the Great-VA	NT
13 Sturset, Andrew	SR	Saint John Paul the Great-VA	NT
14 Berg, Jackson	SO	Saint John Paul the Great-VA	NT

Handwritten notes: 56Y, 13, 35, 76, 41

Event 6 Girls 200 Yard IM

VISAA QT: 2:29.40

SST: 2:11.80 2/16/2008 J. Dunn

TCSI: 2:09.93 2/15/2019 Annalise E. Cornett

ICHS: 3:02.20 1/9/2021 Elizabeth Currey

TCSI-VA

ICHS

Name	Year	School	Seed Time
1 Darnell, Cameron	FR	PC Knights-VA	2:14.95
2 Bryan, Elizabeth	8	Oakcrest School Chargers	2:15.33
3 Condon, Clara	FR	Seton Swimming	2:23.49
4 Flores, Angelea	JR	Saint John Paul the Great-VA	2:25.34

VCAC Invitational - 1/8/2022
Psych Sheet

Event 6 ... (Girls 200 Yard IM)

5	Banks, Hannah	8t	PC Knights-VA		2:30.00
6	Bingham, Teresa	SR	Seton Swimming	6	2:38.38
7	Guterrez, Ana Sophia	SR	Saint John Paul the Great-VA		2:40.19
8	Koler, Jillian	SR	Saint John Paul the Great-VA	5	2:44.70
9	Zadnik, Madelyn	SO	Seton Swimming		2:44.88
10	Hart-Hodgson, Viviane	FR	Oakcrest School Chargers		2:45.44
11	Garvey, Anastasia	8	Seton Family Homeschool		X2:55.43
12	O'Malley, Shannon	FR	Seton Swimming	4	2:57.72
13	Geary, Amelia	SO	Seton Swimming		X3:00.00
14	McDonnell, Maddie	8	Oakcrest School Chargers		3:00.10
15	Hughes, Lydia	SR	PC Knights-VA		3:01.03
16	Bingham, Lucia	FR	Seton Swimming		X3:04.25
17	Miller, Megan	SR	PC Knights-VA		3:10.00
18	Hurley, Mary Catherine	FR	Seton Swimming		X3:12.30
19	Metzger, Danielle	JR	Trinity Christian School-VA	3	3:15.74
20	Haggerty, Moira	JR	Seton Swimming		X3:26.12
21	Bang, Selah	JR	Trinity Christian School-VA	2	3:50.81
22	Bailey, Mary Mae	SO	Trinity Christian School-VA	1	3:55.64
23	Runyan, Emily	SO	Saint John Paul the Great-VA		NT

SBT
23
57

TCS
6
25

Event 7 Boys 50 Yard Freestyle

VISAA QT:	24.14				
SST:	21.22	2/19/2010	S.J. Hill		
TCSI:	23.18	1/23/2021	Josh Kim	TCSI-VA	
ICHS:	22.62	12/11/2021	Joshua K. Wolf	ICHS	
Name	Year	School	Seed Time		

1	Kim, Josh	SR	Trinity Christian School-VA	8	23.18
2	Wolf, Caleb	SO	Immanuel Christian High School		23.76
3	Hopkins, Liam	SR	Saint John Paul the Great-VA		24.01
4	Griffiths, Charlie	JR	PC Knights-VA		24.21
5	Kintz, John Paul	SR	Saint John Paul the Great-VA		24.27
6	Brooks, Dis	SR	PC Knights-VA		24.37
7	Hudson, David	SO	Seton Swimming	6	25.46
8	Sjurset, Andrew	SR	Saint John Paul the Great-VA		25.64
9	Salter, Jonathan	FR	Immanuel Christian High School		25.77
10	Sicks, Campbell	JR	Trinity Christian School-VA	5	26.00
11	Nguyen, Drew	FR	Seton Swimming	4	26.01
12	Dealey, Joey	JR	Seton Swimming	3	26.58
13	Priebeus, Jack	JR	Immanuel Christian High School		27.42
14	Bang, Caleb	08	Trinity Christian School-VA	2	27.81
15	Rowzie, Joseph	SR	Seton Swimming	1	28.36
16	Gonzalez, Max	FR	Seton Swimming		X30.55
17	Nava, Sebastian	JR	Immanuel Christian High School		X31.23
18	Hartung, Peter	FR	Seton Swimming		X31.37
19	Holvenstot, Jack	7	Immanuel Christian High School		X31.55
20	Currey, Scott	SO	Immanuel Christian High School		31.56
21	Pinkley, Isaac	7	Immanuel Christian High School		X32.04
22	Mummert, Johnathan	JR	PC Knights-VA		32.77
23	Judge, Dominic	7	Seton Swimming		X33.13
24	Zahorchak, Michael	7	Seton Swimming		X33.32
25	Hawley, John Henry	8	Seton Swimming		X33.64
26	Orr, Justin	SR	Seton Swimming		X33.86

SBT
14
49

TCS
15
56

**VCAC Invitational - 1/8/2022
Psych Sheet**

Event 7 ... (Boys 50 Yard Freestyle)

27	Hurley, Daniel	8	Seton Swimming	X34.60
28	Rodriguez, Evan	FR	Seton Swimming	X34.85
29	Abidin, Christian	SO	Trinity Christian School-VA	35.00
30	Lynch, Joey	6	Seton Family Homeschool	X35.00
31	Morales, Anthony	8	Seton Swimming	X37.19
32	Orellana, Gabriel	FR	Seton Swimming	X37.41
33	Orellana, Kevin	SR	Seton Swimming	X37.53
34	Lam, Micah	7	Immanuel Christian High School	X38.39
35	Hambleton, Gabe	8	Seton Swimming	X38.51
36	Schiller-Jensen, Elijah	7	Immanuel Christian High School	X39.26
37	Ellis, Ben	7	Seton Swimming	X39.69
38	Minarik, Joseph	SO	Seton Family Homeschool	40.50
39	Vaughan, Nick	FR	Seton Swimming	X42.44
40	Pugh, John	FR	Seton Swimming	X52.60
41	McCardell, Aidan	8	Seton Swimming	X55.30
42	Likoy, Raphaël	7	Seton Swimming	X1:08.24

Event 8 Girls 50 Yard Freestyle

VISAA QT:	26.96			
SST:	24.06	2/16/2018	A. Kenna	
TCSI:	24.87	2/10/2018	Brooke Williams	TCSI-VA
ICHS:	27.10	12/18/2021	Kate Shumate	ICHS

Name	Year	School	Seed	Time			
1	Pennefather, Mary	JR	Seton Swimming	8	25.98	SST 17 68	TCS 11 36
2	Sprott, Anna	SR	PC Knights-VA		27.02		
3	Lindsay, Claire	SR	PC Knights-VA		27.18		
4	Roder, Mia	JR	Saint John Paul the Great-VA		27.24		
5	Buff, Reagan	SO	Trinity Christian School-VA	6	27.78		
6	Adams, Abby	SR	Oakcrest School Chargers		28.18		
7	Schroder, Ashley	SR	Oakcrest School Chargers		28.54		
8	Hough, Keri	08	Trinity Christian School-VA	5	28.74		
9	Rolwes, Patricia	JR	Oakcrest School Chargers		28.78		
10	Brox, Elodie	FR	Seton Swimming	4	29.11		
11	Erickson, Katelyn	8	Oakcrest School Chargers		X29.27		
12	Boucher, Ilayda	SR	Oakcrest School Chargers		29.36		
13	Oswald, Jacqueline	JR	Seton Swimming	3	29.80		
14	Magee, Amelia	8	Oakcrest School Chargers		X30.48		
15	Waldron, Rose	FR	Seton Swimming	2	30.92		
16	McDonnell, Grace	SR	Oakcrest School Chargers		X30.93		
17	Herrick, Julia	FR	Oakcrest School Chargers		X32.21		
18	Harkness, Amelia	FR	Oakcrest School Chargers		X32.34		
19	Haggerty, Orla	FR	Seton Swimming		X32.43		
20	Miller, Maria	8	Seton Swimming		X32.69		
21	Van Raaphorst, Lexie	07	Trinity Christian School-VA		X32.70		
22	Guenther, Louise	SO	Oakcrest School Chargers		X33.87		
23	Russo, Gabriella	7	Seton Swimming		X34.23		
24	Schneider, Adele	7	Oakcrest School Chargers		X34.28		
25	Kattah, Kayla	FR	Saint John Paul the Great-VA		34.41		
26	Roark, Emmaline	7	Immanuel Christian High School		X34.88		
27	Osilka, Mary Claire	8	Seton Swimming		X35.00		
28	McGrath, Anna	FR	Seton Swimming		X35.09		
29	Loose, Ursula	SO	Oakcrest School Chargers		X35.19		

ONLY TWO

VCAC Invitational - 1/8/2022
Psych Sheet

Event 8 ... (Girls 50 Yard Freestyle)

30	McGrath, Maria	6	Seton Family Homeschool	X35.48
31	Arnold, Betsy	6	Seton Family Homeschool	X35.73
32	Turner, Lacey	7	Oakcrest School Chargers	X35.81
33	Waldron, Cate	SO	Seton Swimming	X35.90
34	Nash, Mia	7	Oakcrest School Chargers	X36.03
35	Rodriguez, Noemi	7	Seton Swimming	X36.22
36	O'Keefe, Helena	8	Seton Swimming	X36.41
37	Kleb, Maggie	SR	Seton Swimming	X36.53
38	Waldron, Lily	6	Seton Family Homeschool	X36.74
39	Crickenberger, Brooke	8	Oakcrest School Chargers	X37.23
40	Quispe, Allison	8	Seton Swimming	X37.29
41	Novocosky, Jenna	JR	Seton Swimming	X37.40
42	Currey, Agnes	8	Immanuel Christian High School	37.72
43	Stallings, Alaina	SR	PC Knights-VA	37.73
44	Anderson, Sarah	FR	Immanuel Christian High School	37.83
45	Irving, Monica	6	Seton Family Homeschool	X38.67
46	Maranian, Elizabeth	SR	Seton Swimming	X39.24
47	Chandler, Azaleah	SR	PC Knights-VA	40.00
48	Bauer, Molly	FR	Seton Swimming	X40.21
49	Pozo, Camila	7	Oakcrest School Chargers	X46.29
50	Gonzalez, Veronica	6	Seton Family Homeschool	X47.54
51	Shillingburg, Briana	FR	Seton Swimming	X49.77
52	Kramer, Cora	7	Seton Swimming	X52.20
53	Kramer, Penny	7	Seton Swimming	X55.53
54	Kramer, Colette	8	Seton Swimming	X55.71
55	Williams, Maeve	FR	Saint John Paul the Great-VA	NT

Event 9 Boys 1 mtr Diving

SST: 207.40 1/19/2013

Joe Duran

Name	Year	School	Seed	Time	Handwritten	Handwritten	
1	Thornett, Harper	JR	Trinity Christian School-VA	283.75	8	55T	725
2	Koehr, Connor	FR	Seton Swimming	161.85	6	78	8
3	Fioramonti, Josh	8	Seton Swimming	161.32	5	67	64
4	Fioramonti, Mick	SO	Seton Swimming	X143.10	4		
5	Albin, Jed	SO	Seton Swimming	116.85	3		
6	Waldron, Tom	6	Seton Family Homeschool	115.95			
7	Oswald, Jacob	FR	Seton Swimming	106.87			

Event 10 Girls 1 mtr Diving

SST: *Ann Duran* 194.90 12/20/2008

Name	Year	School	Seed	Time	Handwritten	Handwritten	
1	Hough, Keri	08	Trinity Christian School-VA	144.82	8	55T	725
2	Waldron, Clare	SR	Seton Swimming	134.02	6	78	8
3	Waldron, Rose	FR	Seton Swimming	110.55	5		
4	Catabui, Emma	SR	Seton Swimming	100.35	4		
5	Byers, Theresa	SR	Seton Swimming	45.00	3	86	44

Event 11 Boys 100 Yard Butterfly

VISAA QT: 1:01.02

SST: 51.76 1/16/2010

TCSI: 55.80 1/9/2021

ICHS: 55.99 12/11/2021

S.J. Hill

Josh Kim

Caleb W. Wolf

TCSI-VA

ICHS

Name	Year	School	Seed	Time
1	Dines, Thomas	JR	PC Knights-VA	55.28
2	Wolf, Joshua	SO	Immanuel Christian High School	58.33

VCAC Invitational - 1/8/2022
Psych Sheet

Event 11 ... (Boys 100 Yard Butterfly)

3	Wilson, Joe	JR	Seton Swimming	8	59.37
4	Ong, Marcus	SR	Saint John Paul the Great-VA		59.85
5	Phillips, Tyler	8	Trinity Christian School-VA	6	1:00.37
6	Denton, Brooks	FR	PC Knights-VA		1:06.31
7	Park, Ian	SO	Trinity Christian School-VA	5	1:06.76
8	Baddar, Bryce	FR	PC Knights-VA		1:07.00
9	Rutkowski, Juan	SO	Immanuel Christian High School		1:09.24
10	Brox, Michael	FR	Seton Swimming	4	1:09.94
11	Wilson, Max	FR	Seton Swimming	3	1:16.90
12	Lynch, Chris	SO	Seton Swimming		X1:25.00
13	Bauer, Greg	8	Seton Swimming		X1:30.00
14	Miller, Dominic	SO	Seton Family Homeschool		1:30.00
15	Fioramonti, Josh	8	Seton Swimming	2	1:39.69
16	Beltran, Ryan	SO	Seton Swimming		X1:40.00
17	Valenzuela, Orlando	JR	Trinity Christian School-VA	7	1:54.22
18	Verwys, Sam	08	Trinity Christian School-VA		NT

55T 725
17 12
84 76

Event 12 Girls 100 Yard Butterfly

VISAA QT: 1:06.82

SST: 58.51 12/16/2017 A. Kenna

TCSI: 58.91 2/15/2019 Brooke Williams

TCSI-VA

Name	Year	School	Seed	Time
1	Baddar, Eliza	JR	PC Knights-VA	1:02.82
2	Condon, Clara	FR	Seton Swimming	8 1:03.85
3	Flores, Angelea	JR	Saint John Paul the Great-VA	1:04.65
4	Bryan, Elizabeth	8	Oakcrest School Chargers	1:05.83
5	Klanderma, Liz	FR	Trinity Christian School-VA	6 1:07.85
6	Schlieter, Audrey	08	Trinity Christian School-VA	5 1:11.98
7	Bingham, Teresa	SR	Seton Swimming	4 1:12.75
8	Guterrez, Ana Sophia	SR	Saint John Paul the Great-VA	1:13.70
9	Dwyer, Laura	JR	PC Knights-VA	1:13.86
10	Byers, Lily	SR	Seton Swimming	3 1:14.34
11	Daughtery, Samantha	FR	PC Knights-VA	1:17.07
12	Flynn, Emily	SR	Seton Swimming	2 1:18.38
13	Roberge, Connelly	7	Oakcrest School Chargers	X1:22.47
14	Vogler, Kate	JR	Oakcrest School Chargers	1:26.17
15	Catabui, Emma	SR	Seton Swimming	X1:30.00
16	Francis, Elizabeth	FR	Seton Swimming	X1:37.77
17	Hurley, Mary Catherine	FR	Seton Swimming	X1:40.00
18	Metzger, Danielle	JR	Trinity Christian School-VA	1 NT
19	Runyan, Emily	SO	Saint John Paul the Great-VA	NT
20	White, Cecilia	SO	Saint John Paul the Great-VA	NT

55T 725
17 12
103 56

Event 13 Boys 100 Yard Freestyle

VISAA QT: 53.09

SST: 45.67 2/20/2010 S. J. Hill

TCSI: 49.40 2/6/2021 Josh Kim

ICHS: 49.12 12/11/2021 Joshua K. Wolf

TCSI-VA

ICHS

Name	Year	School	Seed	Time
1	Kim, Justin	SO	Trinity Christian School-VA	8 53.42
2	Luevano, Nathan	JR	Seton Swimming	6 56.09
3	Loesel, Thomas	JR	Saint John Paul the Great-VA	57.45
4	Nguyen, Drew	FR	Seton Swimming	5 59.40

55T 725
16 13
100 89

**VCAC Invitational - 1/8/2022
Psych Sheet**

Event 13 ... (Boys 100 Yard Freestyle)

5	Cole, Carter	SO	Trinity Christian School-VA	59.67
6	McGrath, Michael	SO	Seton Swimming	1:03.33
7	Fioramonti, Mick	SO	Seton Swimming	1:03.50
8	Collins, Jacob	SR	Saint John Paul the Great-VA	1:03.55
9	Priebus, Jack	JR	Immanuel Christian High School	1:05.12
10	Park, Zack	SO	Trinity Christian School-VA	1:08.70
11	Donovan, Patrick	JR	Saint John Paul the Great-VA	1:11.90
12	Kohlhaas, Gus	FR	Seton Swimming	X1:12.14
13	Salter, Jonathan	FR	Immanuel Christian High School	1:13.69
14	Hartung, Patrick	JR	Seton Swimming	X1:14.81
15	Nava, Sebastian	JR	Immanuel Christian High School	1:16.66
16	Holvenstot, Jack	7	Immanuel Christian High School	X1:17.15
17	Mummert, Johnathan	JR	PC Knights-VA	1:18.42
18	Wilson, Jonas	6	Seton Family Homeschool	X1:19.63
19	Lynch, Joey	6	Seton Family Homeschool	X1:22.31
20	Pinkley, Isaac	7	Immanuel Christian High School	X1:25.47
21	Hurley, Daniel	8	Seton Swimming	X1:26.54
22	Kirby, Micah	SO	Trinity Christian School-VA	NT
23	Smith, James	SO	Saint John Paul the Great-VA	NT

Event 14 Girls 100 Yard Freestyle

VISAA QT:	59.70			
SST:	52.05	2/16/2018	A. Kenna	
TCSI:	52.63	2/16/2019	Brooke Williams	TCSI-VA
ICHS:	1:16.74	12/11/2021	Elizabeth Currey	ICHS
Name	Year	School		Seed Time

1	Davis, Gianna	FR	Saint John Paul the Great-VA	57.00
2	Pennefather, Mary	JR	Seton Swimming	58.39
3	Aldeguer, Ariana	7	Seton Swimming	X59.07
4	Buf, Reagan	SO	Trinity Christian School-VA	59.78
5	Baddar, Eliza	JR	PC Knights-VA	1:00.21
6	Shumate, Kate	7	Immanuel Christian High School	X1:01.54
7	Lindsay, Claire	SR	PC Knights-VA	1:03.00
8	Myers, Lydia	7	Immanuel Christian High School	X1:04.02
9	Adams, Abby	SR	Oakcrest School Chargers	1:04.33
10	Phillips, Amy	JR	Trinity Christian School-VA	1:04.49
11	Oswald, Jacqueline	JR	Seton Swimming	1:06.26
12	Mantooth, Kateri	JR	Seton Swimming	1:07.89
13	Garvey, Anastasia	8	Seton Family Homeschool	X1:09.57
14	Zadnik, Madelyn	SO	Seton Swimming	1:09.85
15	Sypal, Clare	FR	Oakcrest School Chargers	1:12.06
16	Walke, Belle	7	Oakcrest School Chargers	X1:12.18
17	Rolwes, Patricia	JR	Oakcrest School Chargers	1:17.60
18	Bingham, Mariana	7	Seton Swimming	X1:19.00
19	Russo, Gabriella	7	Seton Swimming	X1:19.76
20	Thornburg, Maris	7	Oakcrest School Chargers	X1:20.48
21	Mochen, Catherine	FR	Oakcrest School Chargers	1:21.28
22	Fifield, Kyleigh	7	Seton Swimming	X1:22.67
23	McGovern, Therese	SR	Oakcrest School Chargers	X1:24.04
24	Kattah, Kayla	FR	Saint John Paul the Great-VA	1:24.05
25	DeWitte, Katie	SO	Immanuel Christian High School	1:25.36
26	Stallings, Alaina	SR	PC Knights-VA	1:26.04

SST
17
120

TCS
12
68

**VCAC Invitational - 1/8/2022
Psych Sheet**

Event 14 ... (Girls 100 Yard Freestyle)

27	Pennefather, Maria	SR	Seton Swimming	X1:26.74
28	Chandler, Azaleah	SR	PC Knights-VA	1:27.00
29	Tibbets, Aleena	SR	Immanuel Christian High School	1:29.10
30	Schneider, Adele	7	Oakcrest School Chargers	X1:29.58
31	Mitchell, Ajai	SO	Trinity Christian School-VA	1:29.79
32	Loose, Ursula	SO	Oakcrest School Chargers	X1:31.73
33	Irving, Monica	6	Seton Family Homeschool	X1:32.64
34	Heiny, Clare	6	Seton Family Homeschool	X1:32.71
35	Gillson, Cate	7	Seton Swimming	X1:40.00
36	Blanchette, Nora	8	Seton Swimming	X1:43.33
37	Kohlhaas, Sofia	6	Seton Family Homeschool	X1:49.13
38	Pozo, Camila	7	Oakcrest School Chargers	X1:52.22
39	Kramer, Cora	7	Seton Swimming	X1:58.23
40	Gonzalez, Veronica	6	Seton Family Homeschool	X2:00.29
41	Kramer, Colette	8	Seton Swimming	X2:10.26
42	Burset, Maria Elena	FR	Saint John Paul the Great-VA	NT
43	McCormick, Madison	FR	Saint John Paul the Great-VA	NT
44	Cinotti, Isabella	7	Oakcrest School Chargers	XNT
45	O'Byrne, Samara	7	Oakcrest School Chargers	XNT
46	Snyman, Isabella	07	Trinity Christian School-VA	XNT

Event 15 Boys 500 Yard Freestyle

VISAA QT: 5:41.90

SST: 4:27.19 1/31/2010 S.J. Hill

TCSI: 5:11.22 12/19/2020 Josh Kim

ICHS: 5:10.61 12/19/2020 Joshua K. Wolf

TCSI-VA

ICHS

Name	Year	School	Seed Time		
1	Wolf, Caleb	SO	Immanuel Christian High School	5:13.39	
2	Dines, Thomas	JR	PC Knights-VA	5:20.34	
3	Hough, Ryan	SO	Trinity Christian School-VA	5:42.08	5:42
4	Loesel, Thomas	JR	Saint John Paul the Great-VA	5:51.64	5:51
5	Daube, Riley	FR	PC Knights-VA	6:20.00	
6	Bang, Caleb	08	Trinity Christian School-VA	6:40.72	6:40
7	Konstanty, Peter	SO	Seton Swimming	6:45.78	
8	Brox, JJ	JR	Seton Swimming	6:51.00	
9	Wilson, Max	FR	Seton Swimming	6:55.67	
10	Albin, Jed	SO	Seton Swimming	6:58.32	
11	Bishop, Aaron	SO	Seton Swimming	X7:00.00	
12	Donovan, Patrick	JR	Saint John Paul the Great-VA	7:06.00	
13	Abidin, Christian	SO	Trinity Christian School-VA	NT	
14	Berg, Jackson	SO	Saint John Paul the Great-VA	NT	

Event 16 Girls 500 Yard Freestyle

VISAA QT: 5:58.88

SST: 5:06.98 2/1/1999 K. Shipko

TCSI: 5:09.58 2/6/2021 Annalise E. Cornett

ICHS: 7:42.38 2/11/2021 Elizabeth Currey

TCSI-VA

ICHS

Name	Year	School	Seed Time		
1	Darnell, Cameron	FR	PC Knights-VA	5:28.84	
2	Testani, Angie	FR	Seton Swimming	5:57.25	
3	Yaraschak, Bella	SO	Trinity Christian School-VA	6:08.96	6:08
4	Flynn, Emily	SR	Seton Swimming	6:19.01	
5	O'Malley, Mary	SR	Seton Swimming	6:28.46	

VCAC Invitational - 1/8/2022
Psych Sheet

Event 16 ... (Girls 500 Yard Freestyle)

6	Hughes, Lydia	SR	PC Knights-VA	6:29.28
7	Luevano, Isabelle	SR	Seton Swimming	3 6:35.19
8	Bang, Selah	JR	Trinity Christian School-VA	2 6:55.24
9	McDonnell, Grace	SR	Oakcrest School Chargers	7:02.81
10	Ratcliffe, Eliana	9	Trinity Christian School-VA	7:20.17
11	Vogler, Kate	JR	Oakcrest School Chargers	7:21.82
12	Moore, Mary Lou	JR	Saint John Paul the Great-VA	7:33.96
13	Waldron, Rose	FR	Seton Swimming	X8:22.23
14	Francis, Elizabeth	FR	Seton Swimming	X8:37.57
15	DeWolf, Rebekah	SR	Seton Swimming	X10:17.03
16	Herrick, Julia	FR	Oakcrest School Chargers	NT
17	Harkness, Amelia	FR	Oakcrest School Chargers	NT
18	White, Cecilia	SO	Saint John Paul the Great-VA	NT
19	Gallagher, Francesca	SR	Saint John Paul the Great-VA	NT

Event 17 Boys 200 Yard Freestyle Relay

VISAA QT: 1:43.26
 SST: 1:30.07 2/19/2010 Hill, Koehr, Cook, Basinger
 TCSI!: 1:34.17 2/6/2016 R. Fletcher, M. Brazier, C. Na
 ICHS: 1:39.16 12/19/2020 C. Wolf, J. Prieбус, J. Salter
 , J. Wolf

TCSI-VA
 ICHS

SSTA
 JOE 24.82
 DREW 25.48
 DAVID 24.25
 NATHAN 24.62
1:38.8

Team	Relay	Seed Time
1	Peninsula Catholic High School-VA	A 1:25.66
2	Saint John Paul the Great-VA	A 1:39.01
3	Seton Swimming	A 10 1:40.25
4	Trinity Christian School-VA	A 5 1:42.32
5	Saint John Paul the Great-VA	B 1:44.15
6	Seton Swimming	B 3 1:45.66
7	Immanuel Christian High School	A X1:50.00
8	Peninsula Catholic High School-VA	B 1:50.00
9	Trinity Christian School-VA	B 1:55.54
10	Saint John Paul the Great-VA	C X2:00.00
11	Seton Swimming	C 13 764 109 X2:08.00
12	Seton Swimming	D X2:10.00
13	Seton Swimming	E X2:12.00
14	Seton Swimming	F X2:14.00
15	Immanuel Christian High School	B X2:15.00
16	Trinity Christian School-VA	C X2:15.82
17	Seton Swimming	G X2:16.00
18	Seton Swimming	H X2:18.00
19	Seton Swimming	I X2:20.00
20	Seton Family Homeschool	A X2:20.11

SLT B
 CONNOR K. 27.42
 PETER K. 27.34
 WILLIAM'S 28.28
 JOEY D. 26.23
1:49.25

Event 18 Girls 200 Yard Freestyle Relay

VISAA QT: 1:58.53
 SST: 1:40.05 2/19/2010 Doonis, Rogers, Talbott, Donohoe
 TCSI!: 1:42.55 2/17/2018 A. Cornett, H. Silvernail, J.
 ICHS: 2:22.60 1/9/2021 K. DeWitte, C. Chon, S. Anders
 on, E. Currey

TCSI-VA
 ICHS

Team	Relay	Seed Time
1	Peninsula Catholic High School-VA	A 1:50.18

VCAC Invitational - 1/8/2022
Psych Sheet

Event 18 ... (Girls 200 Yard Freestyle Relay)

2	Seton Swimming	A		10	1:50.70		
3	Trinity Christian School-VA	A		5	1:52.99		
4	Oakcrest School Chargers	A			1:54.02		
5	Seton Swimming	B		3	1:57.07		
6	Trinity Christian School-VA	B			1:57.94		
7	Oakcrest School Chargers	B			1:59.72		
8	Oakcrest School Chargers	C			X2:03.66		
9	Oakcrest School Chargers	D			X2:03.80		
10	Oakcrest School Chargers	E	LUCY 27.79	26.72	X2:10.64		
11	Oakcrest School Chargers	F	ANNE 27.45	26.85	X2:20.00		
12	Peninsula Catholic High School-VA	B	CARA 27.52	27.30	X2:22.00		
13	Seton Swimming	C	MARY 28.38		X2:24.00		
14	Seton Swimming	D			X2:26.00		
15	Seton Swimming	F			X2:28.00		
16	Seton Swimming	G			X2:30.00		
17	Seton Swimming	A	1:51.18		X2:30.00		
18	Immanuel Christian High School	H			X2:32.00		
19	Seton Swimming	I			X2:32.00		
20	Seton Swimming	A	SS 13	5	X2:33.27		
21	Seton Family Homeschool	J			X2:34.00		
22	Seton Swimming	B			X2:35.00		
23	Seton Family Homeschool	K			X2:36.00		
24	Seton Swimming	G			X2:37.48		
25	Oakcrest School Chargers	A			NT		
26	Saint John Paul the Great-VA	A					

Handwritten notes for Event 18:
 TCS - 12/19/21
 ANDREY S. 28.40
 AMY P. 28.42
 TASHA S. 27.47
 REAGAN B. 26.97
 1:51.26
 SS 13, TCS 5
 153, 82
 ELODIE 27.86
 EMILY 29.73
 LUCY 29.44
 JACQUELINE 30.66
 1:57.69

Event 19 Boys 100 Yard Backstroke

VISAA QT:	1:02.90		
SST:	51.48	1/20/2006	K. Koehr
TCS!:	58.70	2/19/2016	Mitchell Brazier
ICHS:	56.21	12/18/2021	Joshua K. Wolf
Name	Year	School	Seed Time

1	Hough, Ryan	SO	Trinity Christian School-VA	8	59.80		
2	Driscoll, John	JR	PC Knights-VA		1:06.44		
3	Wolf, Moses	7	Immanuel Christian High School		X1:07.90		
4	Fioramonti, Mick	SO	Seton Swimming	6	1:08.22		
5	Koehr, Connor	FR	Seton Swimming	5	1:10.34		
6	Baddar, Bryce	FR	PC Knights-VA		1:11.14		
7	Yun, Noah	8	Trinity Christian School-VA	4	1:12.29		
8	Miller, Dominic	SO	Seton Family Homeschool		1:12.34		
9	Sokban, William	FR	Seton Swimming	3	1:15.17		
10	Beltran, Ryan	SO	Seton Swimming	2	1:17.99		
11	Currey, Scott	SO	Immanuel Christian High School		1:18.21		
12	Lam, Samuel	07	Trinity Christian School-VA	1	X1:18.36		
13	Newbold, Lane	SR	Saint John Paul the Great-VA		1:21.03		
14	Mastrianni, Dominic	SO	Saint John Paul the Great-VA		1:21.05		
15	Rowzie, Joseph	SR	Seton Swimming		X1:25.00		
16	Bauer, Greg	8	Seton Swimming		X1:29.71		
17	Wilson, Jonas	6	Seton Family Homeschool		X1:30.17		
18	Borneman, Joseph	FR	Seton Swimming		X1:35.36		
19	Morales, Anthony	8	Seton Swimming		X1:35.47		
20	Valenzuela, Orlando	JR	Trinity Christian School-VA		1:35.97		

Handwritten notes for Event 19:
 SS 16, TCS 13
 143, 122

VCAC Invitational - 1/8/2022
Psych Sheet

Event 19 ... (Boys 100 Yard Backstroke)

21	Hartung, Patrick	JR	Seton Swimming	X1:37.92
22	Gonzalez, Max	FR	Seton Swimming	X1:41.73
23	Baughman, Ryan	8	Seton Swimming	X1:50.03
24	Kirby, Micah	SO	Trinity Christian School-VA	1:51.02
25	Schiller-Jensen, Elijah	7	Immanuel Christian High School	X1:58.30
26	Hambleton, Gabe	8	Seton Swimming	X2:22.50
27	McCardell, Aidan	8	Seton Swimming	X2:30.66
28	Orellana, Kevin	SR	Seton Swimming	X2:46.43
29	Smith, James	SO	Saint John Paul the Great-VA	NT

Event 20 Girls 100 Yard Backstroke

VISAA QT: 1:06.85

SST: 55.62 2/16/2018 A. Kenna

TCS: 58.33 2/2/2019 Annalise E. Cornett

ICHS: 1:09.32 12/18/2021 Kate Shumate

TCS!-VA

ICHS

Name	Year	School	Seed	Time		
1	Garvey, Lucy	SR	Seton Swimming	8	1:03.32	
2	Dines, Veronica	FR	PC Knights-VA		1:04.19	
3	Stermer, Teagan	SO	Trinity Christian School-VA	6	1:07.05	SST
4	Creelman, Stephanie	FR	PC Knights-VA		1:07.93	17
5	Alms, Katie	FR	Oakcrest School Chargers		1:10.91	
6	Phillips, Amy	JR	Trinity Christian School-VA	5	1:12.27	170
7	Meunier, Cecelia	JR	Oakcrest School Chargers		1:12.96	
8	Byers, Lily	SR	Seton Swimming	9	1:14.21	
9	Hart-Hodgson, Viviane	FR	Oakcrest School Chargers		1:15.34	
10	Weina, Virginia	JR	Saint John Paul the Great-VA		1:16.44	
11	Fifield, Haley	FR	Seton Swimming	3	1:17.60	
12	Adams, Amelia	FR	Oakcrest School Chargers		1:19.82	
13	O'Malley, Shannon	FR	Seton Swimming	2	1:19.94	
14	Magee, Amelia	8	Oakcrest School Chargers		X1:24.94	
15	Brox, Elodie	FR	Seton Swimming		X1:26.63	
16	Miller, Megan	SR	PC Knights-VA		1:27.83	
17	Moore, Mary Lou	JR	Saint John Paul the Great-VA		1:28.20	
18	Myers, Lydia	7	Immanuel Christian High School		X1:31.18	
19	Osilka, Mary Claire	8	Seton Swimming		X1:33.95	
20	Haggerty, Moira	JR	Seton Swimming		X1:34.06	
21	Brox, Emma	SR	Seton Swimming		X1:34.56	
22	Anderson, Sarah	FR	Immanuel Christian High School		1:34.75	
23	McGrath, Maria	6	Seton Family Homeschool		X1:36.04	
24	Tibbets, Aleena	SR	Immanuel Christian High School		1:40.83	
25	Catabui, Emma	SR	Seton Swimming		X1:43.27	
26	Waldron, Lily	6	Seton Family Homeschool		X1:44.88	
27	Mitchell, Ajai	SO	Trinity Christian School-VA	1	1:52.48	
28	Waldron, Cate	SO	Seton Swimming		X1:58.39	
29	Pennefather, Maria	SR	Seton Swimming		X1:58.80	
30	Haggerty, Aoife	7	Seton Swimming		X2:02.65	
31	Blanchette, Nora	8	Seton Swimming		X2:12.12	
32	Bauer, Molly	FR	Seton Swimming		X2:30.22	
33	Gallagher, Francesca	SR	Saint John Paul the Great-VA		NT	
34	Nash, Mia	7	Oakcrest School Chargers		XNT	
35	Crickenberger, Brooke	8	Oakcrest School Chargers		XNT	
36	Turner, Lacey	7	Oakcrest School Chargers		XNT	

**VCAC Invitational - 1/8/2022
Psych Sheet**

Event 20 ... (Girls 100 Yard Backstroke)

37	Walke, Belle	7	Oakcrest School Chargers	XNT
38	Van Raaphorst, Lexie	07	Trinity Christian School-VA	XNT

Event 21 Boys 100 Yard Breaststroke

VISAA QT:	1:08.79			
SST:	58.53	1/27/2007	N. Cook	
TCSI:	1:03.06	2/17/2017	Riley T. Fletcher	TCSI-VA
ICHS:	1:11.35	12/18/2021	Moses F. Wolf	ICHS

Name	Year	School	Seed Time
1 Hopkins, Liam	SR	Saint John Paul the Great-VA	1:05.95
2 Wolf, Joshua	SO	Immanuel Christian High School	1:07.90
3 Griffiths, Charlie	JR	PC Knights-VA	1:09.81
4 Luevano, Nathan	JR	Seton Swimming	1:10.38
5 Williams, Charlie	JR	Saint John Paul the Great-VA	1:10.71
6 Park, Ian	SO	Trinity Christian School-VA	1:12.11
7 Sicks, Campbell	JR	Trinity Christian School-VA	1:18.23
8 Wang, Luke	SO	Trinity Christian School-VA	1:23.59
9 Kellogg, Seth	FR	Seton Swimming	1:23.99
10 Lynch, Chris	SO	Seton Swimming	1:24.98
11 McGrath, Michael	SO	Seton Swimming	X1:25.00
12 Dealey, Joey	JR	Seton Swimming	1:25.22
13 Burset, Miguel	SR	Saint John Paul the Great-VA	1:30.17
14 Collins, Jacob	SR	Saint John Paul the Great-VA	1:31.16
15 Lam, Micah	7	Immanuel Christian High School	X1:36.05
16 Zahorchak, Michael	7	Seton Swimming	X1:40.23
17 Judge, Dominic	7	Seton Swimming	X1:41.84
18 Fioramonti, Josh	8	Seton Swimming	X1:44.02
19 Hawley, John Henry	8	Seton Swimming	X1:44.32
20 Ellis, Ben	7	Seton Swimming	X1:50.79
21 Albin, Jed	SO	Seton Swimming	X1:54.68
22 Hartung, Peter	FR	Seton Swimming	X2:00.84
23 Rodriguez, Evan	FR	Seton Swimming	X2:10.00
24 Orellana, Gabriel	FR	Seton Swimming	X2:20.00
25 Minarik, Joseph	SO	Seton Family Homeschool	2:20.00
26 Pugh, John	FR	Seton Swimming	X2:30.00
27 Vaughan, Nick	FR	Seton Swimming	X2:30.00
28 Likoy, Raphaël	7	Seton Swimming	X3:00.00

COMPETES TIME

<u>SST</u>	<u>TCS</u>
14	15
157	137

Event 22 Girls 100 Yard Breaststroke

VISAA QT:	1:16.38			
SST:	1:07.65	2/12/2021	A. Testani	
TCSI:	1:13.20	12/19/2020	Annalise E. Cornett	TCSI-VA
ICHS:	1:31.54	12/18/2021	Katie DeWitte	ICHS

Name	Year	School	Seed Time
1 Sprott, Anna	SR	PC Knights-VA	1:08.40
2 Roder, Mia	JR	Saint John Paul the Great-VA	1:11.89
3 Koler, Jillian	SR	Saint John Paul the Great-VA	1:12.17
4 Daughtery, Samantha	FR	PC Knights-VA	1:12.79
5 Davis, Gianna	FR	Saint John Paul the Great-VA	1:16.00
6 Luevano, Isabelle	SR	Seton Swimming	1:17.94
7 Williams, Maeve	FR	Saint John Paul the Great-VA	1:18.42
8 Waldron, Clare	SR	Seton Swimming	1:19.82
9 Mochen, Catherine	FR	Oakcrest School Chargers	1:22.35

<u>SST</u>	<u>TCS</u>
27	8
191	202

VCAC Invitational - 1/8/2022
Psych Sheet

Event 22 ... (Girls 100 Yard Breaststroke)

10	Klanderma, Liz	FR	Trinity Christian School-VA	5	1:22.80
11	Guenther, Louise	SO	Oakcrest School Chargers		1:25.00
12	Zadnik, Sophia	SR	Seton Swimming	4	1:25.24
13	Sands, C J	8	Oakcrest School Chargers		1:27.87
14	Roberge, Connelly	7	Oakcrest School Chargers		X1:29.73
15	Banks, Hannah	8t	PC Knights-VA		1:30.00
16	DeWitte, Katie	SO	Immanuel Christian High School		1:31.54
17	Koehr, Céilí	SR	Seton Swimming	3	1:32.37
18	Bailey, Mary Mae	SO	Trinity Christian School-VA	2	1:32.59
19	Geary, Amelia	SO	Seton Swimming		X1:33.59
20	McGovern, Therese	SR	Oakcrest School Chargers		1:34.30
21	Wyckoff, Brynn	FR	Oakcrest School Chargers		X1:34.69
22	Bingham, Lucia	FR	Seton Swimming		X1:36.53
23	Atkinson, Julia	SO	Seton Swimming		X1:39.01
24	Ratcliffe, Eliana	9	Trinity Christian School-VA	1	1:39.49
25	Thornburg, Maris	7	Oakcrest School Chargers		X1:39.62
26	Schindler, Kathryn	SO	Oakcrest School Chargers		X1:40.66
27	Kleb, Maggie	SR	Seton Swimming		X1:41.07
28	Roark, Emmaline	7	Immanuel Christian High School		X1:41.11
29	Crone, Haven	SR	PC Knights-VA		1:42.37
30	Novecosky, Jenna	JR	Seton Swimming		X1:42.49
31	Diller, Bethany	FR	Oakcrest School Chargers		X1:44.29
32	Miller, Maria	8	Seton Swimming		X1:47.59
33	O'Keefe, Helena	8	Seton Swimming		X1:52.90
34	Haggerty, Orla	FR	Seton Swimming		X1:53.56
35	Ellis, Rose	8	Seton Swimming		1:53.93
36	Arnold, Betsy	6	Seton Family Homeschool		X1:54.43
37	Currey, Agnes	8	Immanuel Christian High School		1:54.61
38	Fifield, Kyleigh	7	Seton Swimming		X1:55.87
39	Maranian, Elizabeth	SR	Seton Swimming		X1:58.67
40	Gillson, Cate	7	Seton Swimming		X2:10.00
41	Kohlhaas, Sofia	6	Seton Family Homeschool		X2:13.18
42	Heiny, Clare	6	Seton Family Homeschool		X2:13.58
43	Quispe, Allison	8	Seton Swimming		X2:15.90
44	McGrath, Anna	FR	Seton Swimming		X2:16.21
45	Rodriguez, Noemi	7	Seton Swimming		X2:28.27
46	Kramer, Penny	7	Seton Swimming		X2:32.85
47	Shillingburg, Briana	FR	Seton Swimming		X4:11.83
48	O'Byrne, Samara	7	Oakcrest School Chargers		XNT

Event 23 Boys 400 Yard Freestyle Relay

VISAA QT:	3:59.45			
SST:	3:17.05	2/19/2010	Hill, Cook, Dunn, Basinger	
TCSI:	3:29.97	2/19/2016	M. Brazier, R. Fletcher, C. Na	TCSI-VA
ICHS:	4:04.14	12/12/2020	C. Wolf, J. Priebus, S. Currey	ICHS
			, J. Wolf	

Team	Relay	Seed Time
1 Peninsula Catholic High School-VA	A	3:36.16
2 Trinity Christian School-VA	A	3:37.61
3 Saint John Paul the Great-VA	A	3:44.01
4 Immanuel Christian High School	A	4:04.14

Handwritten notes and calculations:

SMOYIN!

Boys

SST	TCS
2	10
165	147

Final

VCAC Invitational - 1/8/2022
Psych Sheet

SSTA
JJ
MICHAEL M. 59.92
JOEY D. 1:03.24
DREW D. 1:01.09
59.40
4:03.05

MICHAEL B. 1:03.41
WILLIAM C. 1:04.27
MAX W. 1:03.74
MICK F. 1:03.50
4:04.92

Event 23 ... (Boys 400 Yard Freestyle Relay)

5	Saint John Paul the Great-VA	A	4:06.00
6	Seton Swimming	A	4:08.82
7	Seton Swimming	B	4:24.96
8	Trinity Christian School-VA	B	4:25.77
9	Trinity Christian School-VA	C	X4:59.22

Event 24 Girls 400 Yard Freestyle Relay

VISAA QT: 4:38.24
SST: 3:40.51 2/19/2010 DoonisRogers,ClaybrooksDonohoe
TCS!: 3:46.85 2/17/2018 Trinity Christian School TCSI-VA

Team	Relay	Seed Time
1	Trinity Christian School-VA	A 10 3:53.73
2	Saint John Paul the Great-VA	A 3:59.06
3	Oakcrest School Chargers	A 4:07.35
4	Saint John Paul the Great-VA	B 4:11.36
5	Seton Swimming	A 5 4:13.09
6	Saint John Paul the Great-VA	C 3 X4:20.00
7	Trinity Christian School-VA	B 3 4:31.32
8	Oakcrest School Chargers	B 4:39.09
9	Seton Swimming	B 4:40.44
10	Peninsula Catholic High School-VA	A 4:45.99
11	Oakcrest School Chargers	C X4:52.95
12	Immanuel Christian High School	A X4:55.00
13	Peninsula Catholic High School-VA	B 5:46.00

GIRLS
SST TCS
5 13
196 115

FINAL

PR SSTA
58.75 LUCY 1:00.64
59.50 MARK D. 1:03.92
1:00.03 MARY P. 1:04.60
57.90 MARY P. 1:01.10
4:00.26

TCS - 12/11/21
KERRI H. 1:05.23
KARISTEN 1:05.38
JESSICA 1:01.33
REBEKAH 1:00.07
4:02.04

SST B

TERESA 1:06.67
HALEY 1:12.07
ROSIE 1:10.70
SHANNON 1:08.93
4:38.37

TCS BEST
B-REBEKAH
4:02.07
ON 12/11/21