

## VCAC Invitational - 1/8/2022

## Results

## Event 1 Boys 200 Yard Medley Relay

VISAA QT: 1:57.18 \$

SST: 1:39.82 @ 2/17/2006 Koehr, Cook, Morch, Koehr

TCSI!: 1:43.67 T 2/19/2016 M. Brazier, R. Fletcher, C. Na

ICHS: 1:51.66 I 2/11/2021 C. Wolf, J. Wolf, J. Rutkowski  
, J. SalterTCSI-VA  
ICHS

Team	Relay	Seed Time	Finals Time	Points
1 Peninsula Catholic High School-V.	A	1:48.17	1:49.14 \$	
1) Driscoll, John JR	2) Griffiths, Charlie JR	3) Dines, Thomas JR	4) Brooks, Dis SR	
29.78 30.45 25.44	23.47			
2 Immanuel Christian High School	A	1:51.66	1:52.30 \$	
1) Wolf, Caleb SO	2) Wolf, Joshua SO	3) Priebus, Jack JR	4) Salter, Jonathan FR	
27.63 29.73 29.47	25.47			
3 Seton Swimming	A	1:52.52	1:52.40 \$	
1) Brox, Michael FR	2) Luevano, Nathan JR	3) Wilson, Joe JR	4) Hudson, David SO	
30.69 30.74 25.76	25.21			
4 Trinity Christian School-VA	A	1:48.13	1:52.88 \$	
1) Hough, Ryan SO	2) Park, Ian SO	3) Phillips, Tyler 8	4) Yun, Noah 8	
28.22 33.76 25.51	25.39			
5 Seton Swimming	B	2:00.34	2:02.58	
1) Koehr, Connor FR	2) Brox, JJ JR	3) Fioramonti, Mick SO	4) Konstanty, Peter SO	
31.25 32.59 30.13	28.61			
6 Peninsula Catholic High School-V.	B	1:55.00	2:06.48	
1) Baddar, Bryce FR	2) Burch, Isaiah SO	3) Denton, Brooks FR	4) Mummert, Johnathan JR	
32.19 33.71 33.85	26.73			
7 Trinity Christian School-VA	B	2:45.44	2:25.48	
1) Verwys, Sam 08	2) Sicks, Campbell JR	3) Wang, Luke SO	4) Abidin, Christian SO	
50.52 32.20 32.18	30.58			
8 Saint John Paul the Great-VA	A	1:43.98	2:30.48	
1) Matrianni, Dominic SO	2) Vitkovsky, Daniel SR	3) Smith, James SO	4) Donovan, Patrick JR	
37.96 43.60 40.84	28.08			
--- Immanuel Christian High School	B	2:04.00	X2:09.49	
1) Currey, Scott SO	2) Wolf, Moses 7	3) Rutkowski, Juan SO	4) Nava, Sebastian JR	
36.17 33.28 30.11	29.93			
--- Seton Swimming	C	2:25.00	X2:30.03	
1) Bishop, Aaron SO	2) Bauer, Greg 8	3) Rowzie, Joseph SR	4) Morales, Anthony 8	
37.53 40.33 37.18	34.99			
--- Seton Swimming	G	2:33.00	X2:33.60	
1) Orr, Justin SR	2) Gonzalez, Max FR	3) Lynch, Chris SO	4) Orellana, Kevin SR	
43.11 39.83 31.45	39.21			
--- Seton Swimming	F	2:31.00	X2:35.42	
1) Hawley, John Henry 8	2) Kohlhaas, Gus FR	3) Fioramonti, Josh 8	4) Hambleton, Gabe 8	
48.89 31.93 37.00	37.60			
--- Immanuel Christian High School	C	2:44.00	X2:39.96	
1) Holvenstot, Jack 7	2) Lam, Micah 7	3) Pinkley, Isaac 7	4) Schiller-Jensen, Elijah 7	
39.53 42.90 40.45	37.08			
--- Seton Swimming	D	2:27.00	X2:42.28	
1) Judge, Dominic 7	2) Hartung, Peter FR	3) Beltran, Ryan SO	4) Vaughan, Nick FR	
44.20 44.11 34.07	39.90			
--- Seton Family Homeschool	A	2:39.32	X2:50.68	
1) Miller, Dominic SO	2) Lynch, Joey 6	3) Wilson, Jonas 6	4) Minarik, Joseph SO	
32.37 53.69 41.26	43.36			

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**(Event 1 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seton Swimming	I	2:37.00	X3:14.50	
1) Rodriguez, Evan FR	2) Likoy, Raphaël 7	3) Borneman, Joseph FR	4) Baughman, Ryan 8	
46.92 1:19.15 19.84 48.59				
--- Seton Swimming	E	2:29.00	XDQ	
Stroke Infraction swimmer #3: Non-simultaneous arms - fly				
1) Zahorchak, Michael 7	2) McCardell, Aidan 8	3) Kellogg, Seth FR	4) Ellis, Ben 7	
41.89 53.86 33.15 34.56				
--- Seton Swimming	H	2:35.00	SCR	

**Event 2 Girls 200 Yard Medley Relay**

VISAA QT: 2:14.01 \$

SST: 1:50.25 @ 2/18/2011 Doonis,Rogers,Wunderly,Donohoe

TCSI: 1:54.17 T 2/16/2018 A. Cornett, H. Silvernail, B. TCSI-VA

ICHS: 2:34.64 I 1/9/2021 K. DeWitte, A. Allman, E. Curry, S. Anderson ICHS

Team	Relay	Seed Time	Finals Time	Points
1 Seton Swimming	A	1:58.03	1:58.39 \$	
1) Condon, Clara FR	2) Testani, Angie FR	3) Luevano, Isabelle SR	4) Pennefather, Mary JR	
30.28 31.93 30.04 26.14				
2 Peninsula Catholic High School-V.	A	1:58.73	2:00.24 \$	
1) Dines, Veronica FR	2) Sprott, Anna SR	3) Baddar, Eliza JR	4) Darnell, Cameron FR	
31.77 33.72 28.88 25.87				
3 Oakcrest School Chargers	A	2:05.31	2:05.18 \$	
1) Hart-Hodgson, Viviane FR	2) Bryan, Elizabeth 8	3) Alms, Katie FR	4) Schroder, Ashley SR	
33.64 32.22 30.53 28.79				
4 Saint John Paul the Great-VA	A	2:03.64	2:05.84 \$	
1) Williams, Maeve FR	2) Roder, Mia JR	3) Davis, Gianna FR	4) Koler, Jillian SR	
34.26 35.56 28.38 27.64				
5 Peninsula Catholic High School-V.	B	2:08.00	2:06.73 \$	
1) Creelman, Stephanie FR	2) Daughtery, Samantha FR	3) Dwyer, Laura JR	4) Lindsay, Claire SR	
31.93 35.34 34.56 24.90				
6 Seton Swimming	B	2:10.28	2:06.75 \$	
1) Flynn, Emily SR	2) Waldron, Clare SR	3) Byers, Lily SR	4) Brox, Elodie FR	
32.55 33.77 32.68 27.75				
7 Trinity Christian School-VA	A	1:57.60	2:13.23 \$	
1) Phillips, Amy JR	2) Hough, Keri 08	3) Klanderma, Liz FR	4) Yaraschak, Bella SO	
39.78 35.16 29.96 28.33				
8 Oakcrest School Chargers	B	2:13.95	2:15.49	
1) McDonnell, Maddie 8	2) Mochen, Catherine FR	3) Boucher, Ilayda SR	4) Rolwes, Patricia JR	
34.72 38.89 32.79 29.09				
9 Saint John Paul the Great-VA	B	2:16.28	2:18.71	
1) Weina, Virginia JR	2) Vitkovsky, Maggie JR	3) Guterrez, Ana Sophia SR	4) White, Cecilia SO	
36.12 39.05 37.02 26.52				
--- Seton Swimming	C	2:22.00	X2:12.53 \$	
1) Aldeguer, Ariana 7	2) Zadnik, Madelyn SO	3) Bingham, Teresa SR	4) Mantooth, Kateri JR	
30.64 39.17 32.70 30.02				
--- Oakcrest School Chargers	C	2:16.45	X2:20.85	
1) Meunier, Cecelia JR	2) Guenther, Louise SO	3) Sypal, Clare FR	4) Erickson, Katelyn 8	
35.70 38.89 37.04 29.22				
--- Immanuel Christian High School	A	2:34.64	X2:24.32 I	
1) Shumate, Kate 7	2) Roark, Emmaline 7	3) Myers, Lydia 7	4) Tibbets, Aleena SR	
35.91 39.64 34.80 33.97				

## VCAC Invitational - 1/8/2022

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## (Event 2 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Oakcrest School Chargers	D	2:21.07	X2:28.62	
1) Adams, Amelia FR	2) Sands, C J 8	3) Rutherford, Lilly JR	4) Magee, Amelia 8	
35.17 40.59 40.58	32.28			
--- Seton Swimming	D	2:30.00	X2:30.71	
1) Koehr, Céilí SR	2) Brox, Emma SR	3) Bingham, Lucia FR	4) Oswald, Jacqueline JR	
38.43 45.42 36.48	30.38			
--- Oakcrest School Chargers	F	NT	X2:35.04	
1) Walke, Belle 7	2) Schneider, Adele 7	3) Roberge, Connelly 7	4) Cinotti, Isabella 7	
40.22 45.55 36.74	32.53			
--- Trinity Christian School-VA	B	2:53.62	X2:36.99	
1) Metzger, Danielle JR	2) Van Raaphorst, Lexie 07	3) Ratcliffe, Eliana 9	4) Mitchell, Ajai SO	
43.50 41.40 37.50	34.59			
--- Oakcrest School Chargers	E	2:33.31	X2:37.02	
1) Harkness, Amelia FR	2) Herrick, Julia FR	3) Wyckoff, Brynn FR	4) McDonnell, Grace SR	
43.49 44.09 1:09.44				
--- Seton Swimming	F	2:37.00	X2:41.94	
1) Fifield, Kyleigh 7	2) Francis, Elizabeth FR	3) Fifield, Haley FR	4) McGrath, Anna FR	
42.06 45.05 35.77	39.06			
--- Seton Swimming	J	2:45.00	X2:42.21	
1) Geary, Amelia SO	2) Bauer, Molly FR	3) Miller, Maria 8	4) Pennefather, Maria SR	
44.78 42.51 39.78	35.14			
--- Seton Swimming	E	2:35.00	X2:55.43	
1) Waldron, Cate SO	2) Osilka, Mary Claire 8	3) Waldron, Rose FR	4) Rodriguez, Noemi 7	
49.70 49.28 36.89	39.56			
--- Seton Swimming	K	2:47.00	X2:58.31	
1) Novecosky, Jenna JR	2) Atkinson, Julia SO	3) Haggerty, Orla FR	4) Maranian, Elizabeth SR	
44.86 48.70 44.97	39.78			
--- Seton Swimming	I	2:43.00	X3:02.94	
1) Kleb, Maggie SR	2) Russo, Gabriella 7	3) O'Malley, Shannon FR	4) Kramer, Penny 7	
43.39 52.93 36.59	50.03			
--- Seton Family Homeschool	B	3:00.00	X3:11.01	
1) Arnold, Betsy 6	2) McGrath, Maria 6	3) Waldron, Lily 6	4) Gonzalez, Veronica 6	
53.86 42.17 55.59	39.39			
--- Seton Family Homeschool	A	2:50.90	X3:11.23	
1) Kohlhaas, Sofia 6	2) Heiny, Clare 6	3) Garvey, Anastasia 8		
52.18 55.83 37.69	45.53			
--- Seton Swimming	H	2:41.00	XDQ	
Stroke Infraction swimmer #2: No touch at turn - back				
1) Blanchette, Nora 8	2) Ellis, Rose 8	3) Hurley, Mary Catherine FR	4) Kramer, Colette 8	
1:07.37 42.48 15.88	1:29.42			
--- Seton Swimming	G	2:39.00	XDQ	
Early take-off swimmer #2				
1) Heiny, Maddie 8	2) DeWolf, Rebekah SR	3) Haggerty, Moira JR	4) Kramer, Cora 7	
49.75 51.27 43.07	51.81			
--- Seton Swimming	L	2:49.00	XNS	
--- Saint John Paul the Great-VA	C	2:20.00	SCR	
--- Seton Swimming	M	2:51.00	SCR	

## VCAC Invitational - 1/8/2022

## Results

## Event 3 Boys 200 Yard Freestyle

VISAA QT: 2:01.47 \$

SST: 1:38.54 @ 1/31/2010 S.J. Hill

TCSI: 1:48.38 T 2/6/2021 Josh Kim

ICHS: 1:51.28 I 12/18/2021 Caleb W. Wolf

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Kim, Josh	SR	Trinity Christian School-VA	1:48.38	1:49.42 \$	
24.76 27.20 28.25 29.21					
2 Phillips, Tyler	8	Trinity Christian School-VA	2:09.32	2:04.30	
26.85 30.37 33.30 33.78					
3 Driscoll, John	JR	Peninsula Catholic High School-VA	2:09.40	2:12.02	
30.19 32.92 34.64 34.27					
4 Ong, Marcus	SR	Saint John Paul the Great-VA	2:06.37	2:14.16	
15.27 48.15 35.33 35.41					
5 Brox, Michael	FR	Seton Swimming	2:15.21	2:16.60	
29.00 34.04 37.76 35.80					
6 Hudson, David	SO	Seton Swimming	2:18.42	2:17.59	
28.25 34.39 38.47 36.48					
7 Sokban, William	FR	Seton Swimming	2:20.01	2:21.37	
29.84 32.81 16.14 1:02.58					
8 Konstanty, Peter	SO	Seton Swimming	2:25.44	2:23.08	
30.76 35.87 38.71 37.74					
9 Rutkowski, Juan	SO	Immanuel Christian High School	2:20.00	2:34.28	
33.51 37.92 42.13 40.72					
10 Mastrianni, Dominic	SO	Saint John Paul the Great-VA	2:30.00	2:46.25	
1:16.21 45.25					
11 Vitkovsky, Daniel	SR	Saint John Paul the Great-VA	NT	2:48.29	
41.70					
12 Verwys, Sam	08	Trinity Christian School-VA	NT	2:52.43	
38.22 42.85 47.03 44.33					
--- Wolf, Moses	7	Immanuel Christian High School	2:04.95	X2:07.66	
27.76 32.57 33.96 33.37					
--- Lam, Samuel	07	Trinity Christian School-VA	NT	X2:33.97	
34.23 38.82 40.40 40.52					
--- Orr, Justin	SR	Seton Swimming	2:35.00	X3:07.58	
36.12 43.51 51.95 56.00					
--- Baughman, Ryan	8	Seton Swimming	3:10.00	X3:37.63	
41.63 54.50 1:01.87 59.63					
--- Kohlhaas, Gus	FR	Seton Swimming	3:27.65	XDQ	
No touch on turn					
38.07 45.29 48.94 52.85					

## Event 4 Girls 200 Yard Freestyle

VISAA QT: 2:13.44 \$

SST: 1:55.74 @ 2/19/2000 K. Shipko

TCSI: 1:55.41 T 2/6/2021 Annalise E. Cornett

ICHS: 2:48.20 I 12/19/2020 Elizabeth Currey

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Testani, Angie	FR	Seton Swimming	2:09.85	2:11.16 \$	
29.57 32.72 34.28 34.59					
2 Dines, Veronica	FR	Peninsula Catholic High School-VA	2:10.00	2:11.44 \$	
30.18 32.95 34.42 33.89					
3 Stermer, Teagan	SO	Trinity Christian School-VA	2:15.39	2:12.93 \$	
29.55 32.87 35.41 35.10					

## VCAC Invitational - 1/8/2022

## Results

## (Event 4 Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
4 Creelman, Stephanie 30.15 33.22 34.82	FR	Peninsula Catholic High School-VA	2:11.10	2:13.16	\$
5 Yaraschak, Bella 31.41 35.72 36.30	SO	Trinity Christian School-VA	2:15.56	2:18.35	
6 Schlieter, Audrey 31.71 35.75 36.12	08	Trinity Christian School-VA	2:18.88	2:18.51	
7 O'Malley, Mary 31.19 36.20 39.33	SR	Seton Swimming	2:16.63	2:25.93	
8 Vitkovsky, Maggie 33.42 38.89 42.48	JR	Saint John Paul the Great-VA	NT	2:35.41	
9 Weina, Virginia 33.82 38.48 42.26	JR	Saint John Paul the Great-VA	2:35.53	2:37.26	
10 Adams, Amelia 34.68 39.55 42.62	FR	Oakcrest School Chargers	NT	2:38.67	
11 Dwyer, Laura 36.04 41.30 1:21.45	JR	Peninsula Catholic High School-VA	2:25.00	2:38.79	
12 Mantooth, Kateri 33.88 39.56 44.67	JR	Seton Swimming	2:36.67	2:40.91	
13 Koehr, Céilí 34.17 39.91 43.07	SR	Seton Swimming	2:41.25	2:41.02	
14 Sands, C J 34.93 41.75 42.81	8	Oakcrest School Chargers	NT	2:43.45	
15 Meunier, Cecelia 35.72 42.41 46.49	JR	Oakcrest School Chargers	2:35.23	2:49.83	
16 Sypal, Clare 16.69 1:10.75 20.18	FR	Oakcrest School Chargers	NT	2:55.15	
17 Crone, Haven 43.18 49.43 1:44.35	SR	Peninsula Catholic High School-VA	3:00.00	3:16.96	
--- Aldeguer, Ariana 29.56 32.34 31.83	7	Seton Swimming	2:09.65	X2:06.03	\$
--- Shumate, Kate 31.83 35.32 35.27	7	Immanuel Christian High School	2:15.11	X2:17.06	I
--- Fifield, Haley 33.83 40.77 44.29	FR	Seton Swimming	2:41.63	X2:40.26	
--- Zadnik, Sophia 35.53 42.57 45.49	SR	Seton Swimming	2:50.00	X2:47.40	
--- Wyckoff, Brynn 38.04 43.99 47.08	FR	Oakcrest School Chargers	NT	X2:51.87	
--- Brox, Emma 37.96 46.51 48.65	SR	Seton Swimming	3:01.71	X2:57.73	
--- Atkinson, Julia 39.00 45.47 50.98	SO	Seton Swimming	2:50.00	X3:06.14	
--- DeWolf, Rebekah 38.80 46.94 1:41.97	SR	Seton Swimming	3:12.50	X3:07.71	
--- Diller, Bethany 41.84 50.48 52.11	FR	Oakcrest School Chargers	NT	X3:11.76	
--- Snyman, Isabella 39.28 52.89 53.71	07	Trinity Christian School-VA	NT	X3:16.32	
--- Haggerty, Aoife 42.91 55.01 59.07	7	Seton Swimming	3:00.00	X3:32.05	
--- McCormick, Madison	FR	Saint John Paul the Great-VA	NT	NS	
--- Schindler, Kathryn	SO	Oakcrest School Chargers	NT	XNS	

## VCAC Invitational - 1/8/2022

## Results

## Event 5 Boys 200 Yard IM

VISAA QT: 2:18.04 \$

SST: 1:54.70 @ 2/17/2008 N. Cook

TCS!: 2:06.81 T 1/9/2021 Josh Kim

ICHS: 2:03.41 I 12/18/2021 Joshua K. Wolf

TCS!-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Kim, Justin	SO	Trinity Christian School-VA	2:14.42	2:16.23\$	
29.68 33.84 40.84	31.87				
2 Williams, Charlie	JR	Saint John Paul the Great-VA	2:11.71	2:19.79	
27.91 34.66 42.48	34.74				
3 Wilson, Joe	JR	Seton Swimming	2:18.23	2:23.34	
27.94 36.18 43.91	35.31				
4 Brox, JJ	JR	Seton Swimming	2:30.95	2:30.50	
31.02 39.62 43.67	36.19				
5 Cole, Carter	SO	Trinity Christian School-VA	2:42.01	2:37.94	
31.61 41.75 47.43	37.15				
6 Sjurset, Andrew	SR	Saint John Paul the Great-VA	NT	2:42.17	
31.40 43.49 44.85	42.43				
7 Newbold, Lane	SR	Saint John Paul the Great-VA	NT	2:47.86	
34.10 41.21 51.37	41.18				
8 Wang, Luke	SO	Trinity Christian School-VA	3:01.93	2:51.32	
39.65 42.15 48.57	40.95				
9 Berg, Jackson	SO	Saint John Paul the Great-VA	NT	2:54.50	
38.15 40.16 59.79	36.40				
10 Kellogg, Seth	FR	Seton Swimming	2:53.30	2:56.82	
36.30 47.02 1:33.50					
--- Koehr, Connor	FR	Seton Swimming	2:43.25	X2:43.77	
35.97 39.26 49.15	39.39				
--- Park, Zack	SO	Trinity Christian School-VA	2:42.12	DQ	
One hand touch - breast					
33.40 38.59 1:31.70					
--- Borneman, Joseph	FR	Seton Swimming	3:09.66	DQ	
37.27 45.28 55.62	37.64				
--- Burch, Isaiah	SO	Peninsula Catholic High School-VA	2:20.00	DQ	
Shoulders past vertical toward breast - back					
30.24 40.64 46.29 38.59					

## Event 6 Girls 200 Yard IM

VISAA QT: 2:29.40 \$

SST: 2:11.80 @ 2/16/2008 J. Dunn

TCS!: 2:09.93 T 2/15/2019 Annalise E. Cornett

ICHS: 3:02.20 I 1/9/2021 Elizabeth Currey

TCS!-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Bryan, Elizabeth	8	Oakcrest School Chargers	2:15.33	2:17.04\$	
30.49 34.92 38.90	32.73				
2 Darnell, Cameron	FR	Peninsula Catholic High School-VA	2:14.95	2:17.19\$	
29.98 35.21 41.95	30.05				
3 Condon, Clara	FR	Seton Swimming	2:23.49	2:26.56\$	
30.86 38.25 42.14	35.31				
4 Koler, Jillian	SR	Saint John Paul the Great-VA	2:44.70	2:36.96	
33.62 40.85 44.97	37.52				
5 Bingham, Teresa	SR	Seton Swimming	2:38.38	2:45.62	
34.16 43.49 50.58	37.39				
6 Hart-Hodgson, Viviane	FR	Oakcrest School Chargers	2:45.44	2:49.42	
35.70 42.14 51.68	39.90				

## VCAC Invitational - 1/8/2022

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**(Event 6 Girls 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Bailey, Mary Mae	SO	Trinity Christian School-VA	3:55.64	2:51.43	
38.09 42.29 51.90 39.15					
8 Zadnik, Madelyn	SO	Seton Swimming	2:44.88	2:53.86	
35.64 44.86 51.56 41.80					
9 Guterrez, Ana Sophia	SR	Saint John Paul the Great-VA	2:40.19	2:56.78	
37.03 42.59 56.13 41.03					
10 O'Malley, Shannon	FR	Seton Swimming	2:57.72	2:58.22	
37.30 45.61 56.56 38.75					
11 Bang, Selah	JR	Trinity Christian School-VA	3:50.81	2:58.54	
34.78 42.75 58.15 42.86					
12 McDonnell, Maddie	8	Oakcrest School Chargers	3:00.10	3:01.47	
39.89 42.50 1:39.08					
13 Hughes, Lydia	SR	Peninsula Catholic High School-VA	3:01.03	3:02.59	
38.17 45.75 56.64 42.03					
14 Miller, Megan	SR	Peninsula Catholic High School-VA	3:10.00	3:16.58	
39.89 47.12 59.08 50.49					
15 Metzger, Danielle	JR	Trinity Christian School-VA	3:15.74	3:17.14	
44.06 48.22 58.63 46.23					
16 Banks, Hannah	8t	Peninsula Catholic High School-VA	2:30.00	3:19.92	
43.73 49.02 1:00.12 47.05					
--- Garvey, Anastasia	8	Seton Family Homeschool	2:55.43	X2:49.08	
36.49 43.84 49.36 39.39					
--- Bingham, Lucia	FR	Seton Swimming	3:04.25	X3:03.45	
40.28 46.83 54.27 42.07					
--- Hurley, Mary Catherine	FR	Seton Swimming	3:12.30	X3:19.31	
43.20 49.16 1:00.19 46.76					
--- Geary, Amelia	SO	Seton Swimming	3:00.00	X3:20.66	
43.47 54.42 54.08 48.69					
--- Haggerty, Moira	JR	Seton Swimming	3:26.12	XDQ	
Shoulders past vertical toward breast - back					
44.09 54.46 1:02.09 44.36					
--- Runyan, Emily	SO	Saint John Paul the Great-VA	NT	NS	

**Event 7 Boys 50 Yard Freestyle**

VISAA QT: 24.14 \$

SST: 21.22 @ 2/19/2010 S.J. Hill

TCS!: 23.18 T 1/23/2021 Josh Kim

TCS!-VA

ICHS: 22.62 I 12/11/2021 Joshua K. Wolf

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Caleb	SO	Immanuel Christian High School	23.76	23.44\$	
2 Kim, Josh	SR	Trinity Christian School-VA	23.18	23.59\$	
3 Hopkins, Liam	SR	Saint John Paul the Great-VA	24.01	23.68\$	
4 Brooks, Dis	SR	Peninsula Catholic High School-VA	24.37	24.12\$	
5 Griffiths, Charlie	JR	Peninsula Catholic High School-VA	24.21	24.18	
6 Nguyen, Drew	FR	Seton Swimming	26.01	25.44	
7 Salter, Jonathan	FR	Immanuel Christian High School	25.77	25.55	
8 Hudson, David	SO	Seton Swimming	25.46	26.27	
9 Dealey, Joey	JR	Seton Swimming	26.58	27.45	
10 Bang, Caleb	08	Trinity Christian School-VA	27.81	27.67	
11 Sjurset, Andrew	SR	Saint John Paul the Great-VA	25.64	27.75	
12 Priebus, Jack	JR	Immanuel Christian High School	27.42	28.55	
13 Rowzie, Joseph	SR	Seton Swimming	28.36	29.00	
14 Currey, Scott	SO	Immanuel Christian High School	31.56	29.53	

## VCAC Invitational - 1/8/2022

## Results

**(Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
15 Sicks, Campbell	JR	Trinity Christian School-VA	26.00	30.54	
16 Mummert, Johnathan	JR	Peninsula Catholic High School-VA	32.77	30.55	
17 Abidin, Christian	SO	Trinity Christian School-VA	35.00	31.15	
18 Minarik, Joseph	SO	Seton Family Homeschool	40.50	41.23	
--- Nava, Sebastian	JR	Immanuel Christian High School	31.23	X30.86	
--- Gonzalez, Max	FR	Seton Swimming	30.55	X31.35	
--- Hartung, Peter	FR	Seton Swimming	31.37	X31.46	
--- Holvenstot, Jack	7	Immanuel Christian High School	31.55	X32.72	
--- Judge, Dominic	7	Seton Swimming	33.13	X32.73	
--- Zahorchak, Michael	7	Seton Swimming	33.32	X32.94	
--- Pinkley, Isaac	7	Immanuel Christian High School	32.04	X33.00	
--- Orr, Justin	SR	Seton Swimming	33.86	X33.15	
--- Lam, Micah	7	Immanuel Christian High School	38.39	X33.16	
--- Hawley, John Henry	8	Seton Swimming	33.64	X33.75	
--- Rodriguez, Evan	FR	Seton Swimming	34.85	X35.05	
--- Lynch, Joey	6	Seton Family Homeschool	35.00	X36.03	
--- Hurley, Daniel	8	Seton Swimming	34.60	X36.05	
--- Schiller-Jensen, Elijah	7	Immanuel Christian High School	39.26	X37.00	
--- Morales, Anthony	8	Seton Swimming	37.19	X38.16	
--- Ellis, Ben	7	Seton Swimming	39.69	X38.89	
--- Orellana, Kevin	SR	Seton Swimming	37.53	X38.97	
--- Hambleton, Gabe	8	Seton Swimming	38.51	X39.14	
--- Vaughan, Nick	FR	Seton Swimming	42.44	X39.39	
--- Pugh, John	FR	Seton Swimming	52.60	X55.43	
--- McCardell, Aidan	8	Seton Swimming	55.30	X58.45	
--- Likoy, Raphaël	7	Seton Swimming	1:08.24	X1:14.08	
--- Orellana, Gabriel	FR	Seton Swimming	37.41	XNS	

**Event 8 Girls 50 Yard Freestyle**

VISAA QT: 26.96 \$

SST: 24.06 @ 2/16/2018 A. Kenna

TCSI: 24.87 T 2/10/2018 Brooke Williams

ICHS: 27.10 I 12/18/2021 Kate Shumate

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Pennefather, Mary	JR	Seton Swimming	25.98	27.10	
2 Lindsay, Claire	SR	Peninsula Catholic High School-VA	27.18	27.28	
3 Sprott, Anna	SR	Peninsula Catholic High School-VA	27.02	27.43	
4 Buff, Reagan	SO	Trinity Christian School-VA	27.78	27.55	
5 Hough, Keri	08	Trinity Christian School-VA	28.74	27.88	
6 Roder, Mia	JR	Saint John Paul the Great-VA	27.24	27.99	
7 Brox, Elodie	FR	Seton Swimming	29.11	28.22	
8 Schroder, Ashley	SR	Oakcrest School Chargers	28.54	28.80	
9 Rolwes, Patricia	JR	Oakcrest School Chargers	28.78	29.16	
10 Adams, Abby	SR	Oakcrest School Chargers	28.18	29.21	
11 Williams, Maeve	FR	Saint John Paul the Great-VA	NT	29.89	
12 Boucher, Ilayda	SR	Oakcrest School Chargers	29.36	30.30	
13 Oswald, Jacqueline	JR	Seton Swimming	29.80	30.45	
14 Waldron, Rose	FR	Seton Swimming	30.92	31.32	
15 Stallings, Alaina	SR	Peninsula Catholic High School-VA	37.73	35.28	
16 Kattah, Kayla	FR	Saint John Paul the Great-VA	34.41	35.66	
17 Anderson, Sarah	FR	Immanuel Christian High School	37.83	38.32	
18 Currey, Agnes	8	Immanuel Christian High School	37.72	39.02	



## VCAC Invitational - 1/8/2022

## Results

**(Event 8 Girls 50 Yard Freestyle)**

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
19	Chandler, Azaleah	SR	Peninsula Catholic High School-VA	40.00	40.28	
---	Erickson, Katelyn	8	Oakcrest School Chargers	29.27	X29.84	
---	McDonnell, Grace	SR	Oakcrest School Chargers	30.93	X31.34	
---	Magee, Amelia	8	Oakcrest School Chargers	30.48	X31.92	
---	Van Raaphorst, Lexie	07	Trinity Christian School-VA	32.70	X32.53	
---	Miller, Maria	8	Seton Swimming	32.69	X32.91	
---	Haggerty, Orla	FR	Seton Swimming	32.43	X33.00	
---	Herrick, Julia	FR	Oakcrest School Chargers	32.21	X34.35	
---	Russo, Gabriella	7	Seton Swimming	34.23	X34.54	
---	Guenther, Louise	SO	Oakcrest School Chargers	33.87	X34.70	
---	Harkness, Amelia	FR	Oakcrest School Chargers	32.34	X35.78	
---	Roark, Emmaline	7	Immanuel Christian High School	34.88	X35.99	
---	Arnold, Betsy	6	Seton Family Homeschool	35.73	X36.15	
---	Schneider, Adele	7	Oakcrest School Chargers	34.28	X36.15	
---	Osilka, Mary Claire	8	Seton Swimming	35.00	X36.56	
---	McGrath, Anna	FR	Seton Swimming	35.09	X36.98	
---	McGrath, Maria	6	Seton Family Homeschool	35.48	X37.04	
---	Bauer, Molly	FR	Seton Swimming	40.21	X37.26	
---	Turner, Lacey	7	Oakcrest School Chargers	35.81	X37.54	
---	Loose, Ursula	SO	Oakcrest School Chargers	35.19	X37.67	
---	Waldron, Cate	SO	Seton Swimming	35.90	X37.71	
---	Waldron, Lily	6	Seton Family Homeschool	36.74	X37.79	
---	Kleb, Maggie	SR	Seton Swimming	36.53	X38.09	
---	Rodriguez, Noemi	7	Seton Swimming	36.22	X38.23	
---	Nash, Mia	7	Oakcrest School Chargers	36.03	X38.23	
---	Quispe, Allison	8	Seton Swimming	37.29	X38.47	
---	Maranian, Elizabeth	SR	Seton Swimming	39.24	X40.46	
---	Novecosky, Jenna	JR	Seton Swimming	37.40	X40.50	
---	Crickenberger, Brooke	8	Oakcrest School Chargers	37.23	X42.94	
---	Pozo, Camila	7	Oakcrest School Chargers	46.29	X46.34	
---	Gonzalez, Veronica	6	Seton Family Homeschool	47.54	X47.48	
---	Kramer, Penny	7	Seton Swimming	55.53	X53.42	
---	Kramer, Cora	7	Seton Swimming	52.20	X54.78	
---	Kramer, Colette	8	Seton Swimming	55.71	X54.97	
---	Shillingburg, Briana	FR	Seton Swimming	49.77	XDQ	
	No touch on turn					

**Event 9 Boys 1 mtr Diving**

SST: 207.40 @ 1/19/2013 J. Duran

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Finals Score</u>	<u>Points</u>
1	Thornett, Harper	JR	Trinity Christian School-VA	283.75	320.25
2	Koehr, Connor	FR	Seton Swimming	161.85	173.30
3	Fioramonti, Josh	8	Seton Swimming	161.32	159.00
4	Oswald, Jacob	FR	Seton Swimming	106.87	92.75
---	Fioramonti, Mick	SO	Seton Swimming	143.10	X140.60
---	Waldron, Tom	6	Seton Family Homeschool	115.95	X119.75
---	Brox, JJ	JR	Seton Swimming	NP	X90.95
---	Albin, Jed	SO	Seton Swimming	116.85	NS

## VCAC Invitational - 1/8/2022

## Results

## Event 10 Girls 1 mtr Diving

SST: 144.90 @ 12/20/2008 A. Duran

Name	Yr	School	Seed Time	Finals Score	Points
1 Hough, Keri	08	Trinity Christian School-VA	144.82	164.60	
2 Waldron, Clare	SR	Seton Swimming	134.02	113.50	
3 Waldron, Rose	FR	Seton Swimming	110.55	102.90	
4 Byers, Theresa	SR	Seton Swimming	45.00	46.90	
--- Catabui, Emma	SR	Seton Swimming	100.35	NS	

## Event 11 Boys 100 Yard Butterfly

VISAA QT: 1:01.02 \$

SST: 51.76 @ 1/16/2010 S.J. Hill

TCSI: 55.80 T 1/9/2021 Josh Kim

ICHS: 55.99 I 12/11/2021 Caleb W. Wolf

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Dines, Thomas 26.03 28.64	JR	Peninsula Catholic High School-VA	55.28	54.67\$	
2 Wolf, Joshua 25.36 29.32	SO	Immanuel Christian High School	58.33	54.68I	
3 Phillips, Tyler 26.82 32.02	8	Trinity Christian School-VA	1:00.37	58.84\$	
4 Wilson, Joe 27.29 32.95	JR	Seton Swimming	59.37	1:00.24\$	
5 Ong, Marcus 29.49 33.75	SR	Saint John Paul the Great-VA	59.85	1:03.24	
6 Denton, Brooks 29.61 37.27	FR	Peninsula Catholic High School-VA	1:06.31	1:06.88	
7 Park, Ian 30.77 36.79	SO	Trinity Christian School-VA	1:06.76	1:07.56	
8 Brox, Michael 32.29 37.76	FR	Seton Swimming	1:09.94	1:10.05	
9 Rutkowski, Juan 32.62 38.77	SO	Immanuel Christian High School	1:09.24	1:11.39	
10 Wilson, Max 32.21 41.81	FR	Seton Swimming	1:16.90	1:14.02	
11 Baddar, Bryce 31.52 44.91	FR	Peninsula Catholic High School-VA	1:07.00	1:16.43	
12 Fioramonti, Josh 42.75 47.45	8	Seton Swimming	1:39.69	1:30.20	
13 Verwys, Sam 48.18 55.67	08	Trinity Christian School-VA	NT	1:43.85	
--- Lynch, Chris 37.50 45.47	SO	Seton Swimming	1:25.00	X1:22.97	
--- Bauer, Greg Scissors kick 45.39 54.09	8	Seton Swimming	1:30.00	XDQ	
--- Valenzuela, Orlando One hand touch 42.51 1:07.25	JR	Trinity Christian School-VA	1:54.22	DQ	
--- Beltran, Ryan	SO	Seton Swimming	1:40.00	XNS	
--- Miller, Dominic	SO	Seton Family Homeschool	1:30.00	NS	

## VCAC Invitational - 1/8/2022

## Results

## Event 12 Girls 100 Yard Butterfly

VISAA QT: 1:06.82 \$

SST: 58.51 @ 12/16/2017 A. Kenna

TCSI!: 58.91 T 2/15/2019 Brooke Williams

TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Baddar, Eliza 29.33 34.36	JR	Peninsula Catholic High School-VA	1:02.82	1:03.69 \$	
2 Bryan, Elizabeth 30.56 35.55	8	Oakcrest School Chargers	1:05.83	1:06.11 \$	
3 Klanderma, Liz 31.68 37.49	FR	Trinity Christian School-VA	1:07.85	1:09.17	
4 Schlieter, Audrey 16.02 54.21	08	Trinity Christian School-VA	1:11.98	1:10.23	
5 Flynn, Emily 30.97 40.24	SR	Seton Swimming	1:18.38	1:11.21	
6 Bingham, Teresa 36.48 40.12	SR	Seton Swimming	1:12.75	1:16.60	
7 Daughtery, Samantha 35.53 41.88	FR	Peninsula Catholic High School-VA	1:17.07	1:17.41	
8 Runyan, Emily 34.74 42.73	SO	Saint John Paul the Great-VA	NT	1:17.47	
9 Dwyer, Laura 36.48 42.32	JR	Peninsula Catholic High School-VA	1:13.86	1:18.80	
10 Byers, Lily 35.83 43.63	SR	Seton Swimming	1:14.34	1:19.46	
11 White, Cecilia 36.15 51.25	SO	Saint John Paul the Great-VA	NT	1:27.40	
12 Vogler, Kate 40.43 47.12	JR	Oakcrest School Chargers	1:26.17	1:27.55	
13 Metzger, Danielle 45.99 55.40	JR	Trinity Christian School-VA	NT	1:41.39	
--- Roberge, Connelly 37.01 46.29	7	Oakcrest School Chargers	1:22.47	X1:23.30	
--- Hurley, Mary Catherine 43.21 53.44	FR	Seton Swimming	1:40.00	X1:36.65	
--- Francis, Elizabeth 43.56 56.77	FR	Seton Swimming	1:37.77	X1:40.33	
--- Condon, Clara	FR	Seton Swimming	1:03.85	NS	
--- Catabui, Emma	SR	Seton Swimming	1:30.00	XNS	
--- Guterrez, Ana Sophia	SR	Saint John Paul the Great-VA	1:13.70	NS	

## Event 13 Boys 100 Yard Freestyle

VISAA QT: 53.09 \$

SST: 45.67 @ 2/20/2010 S. J. Hill

TCSI!: 49.40 T 2/6/2021 Josh Kim

ICHS: 49.12 I 12/11/2021 Joshua K. Wolf

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Kim, Justin 25.34 27.73	SO	Trinity Christian School-VA	53.42	53.07 \$	
2 Loesel, Thomas 27.62 29.77	JR	Saint John Paul the Great-VA	57.45	57.39	
3 Nguyen, Drew 27.60 30.23	FR	Seton Swimming	59.40	57.83	
4 Salter, Jonathan 29.36 32.22	FR	Immanuel Christian High School	1:13.69	1:01.58	

## VCAC Invitational - 1/8/2022

## Results

**(Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
5 Park, Zack 29.05 32.56	SO	Trinity Christian School-VA	1:08.70	1:01.61	
6 Fioramonti, Mick 28.91 33.10	SO	Seton Swimming	1:03.50	1:02.01	
7 Donovan, Patrick 29.82 33.53	JR	Saint John Paul the Great-VA	1:11.90	1:03.35	
8 Collins, Jacob 29.40 34.10	SR	Saint John Paul the Great-VA	1:03.55	1:03.50	
9 Cole, Carter 28.62 37.41	SO	Trinity Christian School-VA	59.67	1:06.03	
10 Denton, Brooks 30.75 36.86	FR	Peninsula Catholic High School-VA	1:04.00	1:07.61	
11 Nava, Sebastian	JR	Immanuel Christian High School	1:16.66	1:10.57	
12 Smith, James 33.74 37.77	SO	Saint John Paul the Great-VA	NT	1:11.51	
13 Mummert, Johnathan 33.86 38.26	JR	Peninsula Catholic High School-VA	1:18.42	1:12.12	
14 Kirby, Micah 41.71 52.47	SO	Trinity Christian School-VA	NT	1:34.18	
--- Holvenstot, Jack 38.03 39.87	7	Immanuel Christian High School	1:17.15	X1:17.90	
--- Wilson, Jonas	6	Seton Family Homeschool	1:19.63	X1:20.94	
--- Hurley, Daniel 37.85 47.44	8	Seton Swimming	1:26.54	X1:25.29	
--- Lynch, Joey	6	Seton Family Homeschool	1:22.31	X1:25.80	
--- Priebus, Jack	JR	Immanuel Christian High School	1:05.12	NS	
--- Hartung, Patrick	JR	Seton Swimming	1:14.81	XNS	
--- Luevano, Nathan	JR	Seton Swimming	56.09	NS	
--- Kohlhaas, Gus	FR	Seton Swimming	1:12.14	XNS	
--- Pinkley, Isaac	7	Immanuel Christian High School	1:25.47	XNS	
--- McGrath, Michael	SO	Seton Swimming	1:03.33	NS	

**Event 14 Girls 100 Yard Freestyle**

VISAA QT: 59.70 \$

SST: 52.05 @ 2/16/2018 A. Kenna

TCSI: 52.63 T 2/16/2019 Brooke Williams

ICHS: 1:16.74 I 12/11/2021 Elizabeth Currey

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Davis, Gianna 27.17 29.83	FR	Saint John Paul the Great-VA	57.00	57.00 \$	
2 Pennefather, Mary 28.56 32.38	JR	Seton Swimming	58.39	1:00.94	
3 Baddar, Eliza 29.15 32.26	JR	Peninsula Catholic High School-VA	1:00.21	1:01.41	
4 Buff, Reagan 29.74 31.87	SO	Trinity Christian School-VA	59.78	1:01.61	
5 Phillips, Amy 29.73 33.21	JR	Trinity Christian School-VA	1:04.49	1:02.94	
6 Lindsay, Claire 29.42 34.84	SR	Peninsula Catholic High School-VA	1:03.00	1:04.26	
7 Vitkovsky, Maggie 31.91 34.73	JR	Saint John Paul the Great-VA	NT	1:06.64	

## VCAC Invitational - 1/8/2022

## Results

## (Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
8 Adams, Abby 30.78 36.39	SR	Oakcrest School Chargers	1:04.33	1:07.17	
9 Oswald, Jacqueline 32.16 35.85	JR	Seton Swimming	1:06.26	1:08.01	
10 Mantooth, Kateri 31.66 36.50	JR	Seton Swimming	1:07.89	1:08.16	
11 Rolwes, Patricia 33.26 35.81	JR	Oakcrest School Chargers	1:17.60	1:09.07	
12 Zadnik, Madelyn 32.13 37.62	SO	Seton Swimming	1:09.85	1:09.75	
13 Sypal, Clare 34.47 40.14	FR	Oakcrest School Chargers	1:12.06	1:14.61	
14 DeWitte, Katie 37.49 40.46	SO	Immanuel Christian High School	1:25.36	1:17.95	
15 Mochen, Catherine 38.22 43.60	FR	Oakcrest School Chargers	1:21.28	1:21.82	
16 Stallings, Alaina	SR	Peninsula Catholic High School-VA	1:26.04	1:21.85	
17 Tibbets, Aleena 39.53 43.05	SR	Immanuel Christian High School	1:29.10	1:22.58	
18 Mitchell, Ajai 38.55 44.15	SO	Trinity Christian School-VA	1:29.79	1:22.70	
19 McCormick, Madison	FR	Saint John Paul the Great-VA	NT	1:25.47	
20 Kattah, Kayla 40.04 49.99	FR	Saint John Paul the Great-VA	1:24.05	1:30.03	
21 Chandler, Azaleah 42.77 49.71	SR	Peninsula Catholic High School-VA	1:27.00	1:32.48	
--- Aldeguer, Ariana 28.24 29.60	7	Seton Swimming	59.07	X57.84\$	
--- Shumate, Kate 29.88 31.88	7	Immanuel Christian High School	1:01.54	X1:01.76I	
--- Myers, Lydia 30.78 34.07	7	Immanuel Christian High School	1:04.02	X1:04.85I	
--- Walke, Belle 33.06 37.45	7	Oakcrest School Chargers	1:12.18	X1:10.51	
--- Garvey, Anastasia	8	Seton Family Homeschool	1:09.57	X1:11.47	
--- Cinotti, Isabella 35.89 42.13	7	Oakcrest School Chargers	NT	X1:18.02	
--- O'Byrne, Samara 38.51 43.12	7	Oakcrest School Chargers	NT	X1:21.63	
--- Fifield, Kyleigh 37.93 45.31	7	Seton Swimming	1:22.67	X1:23.24	
--- Russo, Gabriella 38.87 44.59	7	Seton Swimming	1:19.76	X1:23.46	
--- Snyman, Isabella 40.07 45.52	07	Trinity Christian School-VA	NT	X1:25.59	
--- Schneider, Adele 42.10 44.45	7	Oakcrest School Chargers	1:29.58	X1:26.55	
--- Thornburg, Maris 37.88 49.42	7	Oakcrest School Chargers	1:20.48	X1:27.30	
--- Pennefather, Maria 38.82 49.30	SR	Seton Swimming	1:26.74	X1:28.12	
--- McGovern, Therese 41.04 47.35	SR	Oakcrest School Chargers	1:24.04	X1:28.39	

## VCAC Invitational - 1/8/2022

## Results

**(Event 14 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Loose, Ursula 39.95 48.57	SO	Oakcrest School Chargers	1:31.73	X1:28.52	
--- Heiny, Clare 42.44 54.67	6	Seton Family Homeschool	1:32.71	X1:37.11	
--- Blanchette, Nora 46.66 54.71	8	Seton Swimming	1:43.33	X1:41.37	
--- Kohlhaas, Sofia 50.36 57.31	6	Seton Family Homeschool	1:49.13	X1:47.67	
--- Gillson, Cate 48.36 1:01.36	7	Seton Swimming	1:40.00	X1:49.72	
--- Pozo, Camila 55.51 1:00.25	7	Oakcrest School Chargers	1:52.22	X1:55.76	
--- Gonzalez, Veronica 51.97 1:06.44	6	Seton Family Homeschool	2:00.29	X1:58.41	
--- Kramer, Cora 59.95 1:01.07	7	Seton Swimming	1:58.23	X2:01.02	
--- Kramer, Colette 57.26 1:08.45	8	Seton Swimming	2:10.26	X2:05.71	

**Event 15 Boys 500 Yard Freestyle**

VISAA QT: 5:41.90 \$

SST: 4:27.19 @ 1/31/2010 S.J. Hill

TCSI: 5:11.22 T 12/19/2020 Josh Kim

ICHS: 5:10.61 I 12/19/2020 Joshua K. Wolf

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Dines, Thomas 27.53 29.74 30.77 30.18 28.38	JR	Peninsula Catholic High School-VA	5:20.34 30.93	5:01.11 \$	
2 Wolf, Caleb 27.08 29.86 30.46 29.38 29.36	SO	Immanuel Christian High School	5:13.39 30.32	5:01.21 I	
3 Hough, Ryan 29.17 33.85 36.29 35.68 31.21	SO	Trinity Christian School-VA	5:42.08 37.20	5:50.15	
4 Loesel, Thomas 29.23 33.58 36.93 38.69 36.65	JR	Saint John Paul the Great-VA	5:51.64	6:07.21	
5 Brox, JJ 30.30 35.68 38.90 42.69 37.74	JR	Seton Swimming	6:51.00 43.17	6:35.59	
6 Wilson, Max 31.24 37.86 39.58 43.07 40.48	FR	Seton Swimming	6:55.67 42.82	6:42.86	
7 Konstanty, Peter 31.71 37.05 40.24 43.74 37.33	SO	Seton Swimming	6:45.78 43.66	6:45.13	
8 Bang, Caleb 32.19 38.37 43.20 44.49 38.68	08	Trinity Christian School-VA	6:40.72 44.31	6:58.56	
9 Berg, Jackson 38.85 44.91 45.86 46.69 40.41	SO	Saint John Paul the Great-VA	NT 47.35	7:31.23	

## VCAC Invitational - 1/8/2022

## Results

**(Event 15 Boys 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
10 Donovan, Patrick	JR	Saint John Paul the Great-VA	7:06.00	7:49.14	
36.90 44.07 47.62	47.83	48.97 51.73 51.71	49.55		
49.33 41.43					
11 Abidin, Christian	SO	Trinity Christian School-VA	NT	8:13.70	
38.78 46.96 49.89	52.24	52.18	52.42		
50.84 45.39					
--- Bishop, Aaron	SO	Seton Swimming	7:00.00	X7:57.98	
35.65 43.55 47.82	50.60	50.35 52.20 49.91	50.09		
50.10 47.71					
--- Albin, Jed	SO	Seton Swimming	6:58.32	NS	

**Event 16 Girls 500 Yard Freestyle**

VISAA QT: 5:58.88 \$

SST: 5:06.98 @ 2/1/1999 K. Shipko

TCSI: 5:09.58 T 2/6/2021 Annalise E. Cornett

TCSI-VA

ICHS: 7:42.38 I 2/11/2021 Elizabeth Currey

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Darnell, Cameron	FR	Peninsula Catholic High School-VA	5:28.84	5:29.47 \$	
28.76 32.45 33.48	33.35	33.66 33.58 34.25	34.09		
32.91 32.94					
2 Testani, Angie	FR	Seton Swimming	5:57.25	5:58.90	
30.53 33.70 35.73	36.70	37.37 38.30 37.45	36.25		
36.54 36.33					
3 Yaraschak, Bella	SO	Trinity Christian School-VA	6:08.96	6:17.09	
31.54 35.49 36.40	38.21	38.59 38.94 39.95	39.53		
40.41 38.03					
4 Luevano, Isabelle	SR	Seton Swimming	6:35.19	6:34.72	
33.68 39.51 40.79	40.14	39.92 40.84 41.32	41.01		
39.88 37.63					
5 O'Malley, Mary	SR	Seton Swimming	6:28.46	6:49.22	
34.91 38.58 41.73	41.32	42.30 42.61 43.24	42.95		
42.42 39.16					
6 Flynn, Emily	SR	Seton Swimming	6:19.01	6:50.22	
32.19 36.21 38.00	39.57	39.10 39.51 39.45	39.78		
38.20 1:08.21					
7 McDonnell, Grace	SR	Oakcrest School Chargers	7:02.81	7:01.23	
35.92 40.30 41.58	43.96	42.58 44.68 43.78	45.10		
1:23.33					
8 Vogler, Kate	JR	Oakcrest School Chargers	7:21.82	7:13.21	
37.31 42.54 44.35	44.31	44.37 44.67 44.77	45.44		
44.95 40.50					
9 White, Cecilia	SO	Saint John Paul the Great-VA	NT	7:18.92	
35.42 40.91 43.79	45.14	45.81 46.25 46.75	46.91		
45.81 42.13					
10 Hughes, Lydia	SR	Peninsula Catholic High School-VA	6:29.28	7:20.57	
38.35 42.87 44.00	43.83	45.93 45.90 46.21	44.43		
46.26 42.79					
11 Bang, Selah	JR	Trinity Christian School-VA	6:55.24	7:23.52	
36.38 42.59 45.28	45.99	45.71 46.19 45.62	46.25		
45.46 44.05					
12 Ratcliffe, Eliana	9	Trinity Christian School-VA	7:20.17	7:24.07	
37.24 42.94 46.52	46.09	47.16 47.17 45.99	46.76		
45.16 39.04					

## VCAC Invitational - 1/8/2022

## Results

**(Event 16 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
13 Gallagher, Francesca	SR	Saint John Paul the Great-VA	NT	7:31.43	
37.26 42.11 44.74	45.98 47.34 47.84 47.89	47.39			
47.71 43.17					
14 Moore, Mary Lou	JR	Saint John Paul the Great-VA	7:33.96	7:38.22	
38.15 44.68 46.08	48.49 48.13 46.72 47.26	48.39			
48.21 42.11					
15 Herrick, Julia	FR	Oakcrest School Chargers	NT	8:14.74	
42.86 47.34 50.51	50.13 51.82 51.41 52.89	52.59			
50.37 44.82					
16 Harkness, Amelia	FR	Oakcrest School Chargers	NT	8:17.87	
40.19			2:34.92		
--- Waldron, Rose	FR	Seton Swimming	8:22.23	X7:58.36	
36.29 44.34 48.75	49.99 49.59 50.01 50.09	50.05			
51.11 48.14					
--- Francis, Elizabeth	FR	Seton Swimming	8:37.57	X8:23.17	
38.75 46.82 50.36	53.40 52.74 53.43 53.32	53.19			
54.31 46.85					
--- DeWolf, Rebekah	SR	Seton Swimming	10:17.03	X8:58.35	
44.50 53.05 55.57	56.68 55.09 57.51 55.89	56.03			
1:44.03					

**Event 17 Boys 200 Yard Freestyle Relay**

VISAA QT: 1:43.26 \$

SST: 1:30.07 @ 2/19/2010 Hill, Koehr, Cook, Basinger

TCS!: 1:34.17 T 2/6/2016 R. Fletcher, M. Brazier, C. Na

TCS!-VA

ICHS: 1:39.16 I 12/19/2020 C. Wolf, J. Priebus, J. Salter

ICHS

, J. Wolf

Team	Relay	Seed Time	Finals Time	Points
1 Peninsula Catholic High School-V.	A	1:35.66	1:37.20 \$	
1) Dines, Thomas JR	2) Driscoll, John JR	3) Griffiths, Charlie JR	4) Brooks, Dis SR	
24.07 24.89 24.31	23.93			
2 Trinity Christian School-VA	A	1:42.32	1:37.31 \$	
1) Kim, Justin SO	2) Yun, Noah 8	3) Phillips, Tyler 8	4) Kim, Josh SR	
24.71 25.62 24.08	22.90			
3 Saint John Paul the Great-VA	A	1:39.01	1:41.36 \$	
1) Williams, Charlie JR	2) Sjurset, Andrew SR	3) Loesel, Thomas JR	4) Hopkins, Liam SR	
25.95 25.79 26.40	23.22			
4 Seton Swimming	A	1:40.25	1:41.80 \$	
1) Wilson, Joe JR	2) Nguyen, Drew FR	3) Hudson, David SO	4) Dealey, Joey JR	
24.44 25.35 25.21	26.80			
5 Trinity Christian School-VA	B	1:55.54	1:49.22	
1) Park, Ian SO	2) Park, Zack SO	3) Bang, Caleb 08	4) Cole, Carter SO	
27.95 26.26 27.57	27.44			
6 Saint John Paul the Great-VA	B	1:44.15	1:54.59	
1) Ong, Marcus SR	2) Collins, Jacob SR	3) Newbold, Lane SR	4) Mastrianni, Dominic SO	
27.12 29.12 27.80	30.55			
7 Seton Swimming	B	1:45.66	2:01.29	
1) Koehr, Connor FR	2) Rowzie, Joseph SR	3) Sokban, William FR	4) Kohlhaas, Gus FR	
28.16 35.92 28.94	28.27			
--- Immanuel Christian High School	A	1:50.00	X1:52.33	
1) Wolf, Moses 7	2) Nava, Sebastian JR	3) Currey, Scott SO	4) Salter, Jonathan FR	
26.84 29.41 28.86	27.22			



## VCAC Invitational - 1/8/2022

## Results

**(Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Saint John Paul the Great-VA	C	2:00.00	X2:04.80	
1) Berg, Jackson SO	2) Smith, James SO	3) Vitkovsky, Daniel SR	4) Donovan, Patrick JR	
32.24 31.12 31.52	29.92			
--- Trinity Christian School-VA	C	2:15.82	X2:07.26	
1) Wang, Luke SO	2) Verwys, Sam 08	3) Valenzuela, Orlando JR	4) Lam, Samuel 07	
28.58 36.63 32.86	29.19			
--- Seton Swimming	D	2:10.00	X2:11.66	
1) Bauer, Greg 8	2) Borneman, Joseph FR	3) Hartung, Peter FR	4) Vaughan, Nick FR	
38.33 28.78 32.08	32.47			
--- Seton Swimming	C	2:08.00	X2:12.63	
1) Orellana, Kevin SR	2) Fioramonti, Josh 8	3) Beltran, Ryan SO	4) Gonzalez, Max FR	
28.54 28.62 34.07	41.40			
--- Seton Swimming	H	2:18.00	X2:12.95	
1) Baughman, Ryan 8	2) Wilson, Max FR	3) Hawley, John Henry 8	4) Zahorchak, Michael 7	
37.94 28.40 33.26	33.35			
--- Immanuel Christian High School	B	2:15.00	X2:19.80	
1) Pinkley, Isaac 7	2) Schiller-Jensen, Elijah 7	3) Lam, Micah 7	4) Holvenstot, Jack 7	
34.96 42.36 30.44	32.04			
--- Seton Family Homeschool	A	2:20.11	X2:23.66	
1) Miller, Dominic SO	2) Wilson, Jonas 6	3) Lynch, Joey 6	4) Minarik, Joseph SO	
29.14 38.10 36.99	39.43			
--- Seton Swimming	E	2:12.00	X2:48.37	
1) Kellogg, Seth FR	2) Lynch, Chris SO	3) Rodriguez, Evan FR	4) Likoy, Raphaël 7	
28.37 29.45 1:50.55				
--- Seton Swimming	G	2:16.00	X2:49.52	
1) Hambleton, Gabe 8	2) Judge, Dominic 7	3) Ellis, Ben 7	4) McCardell, Aidan 8	
40.35 32.44 37.67	59.06			
--- Seton Swimming	F	2:14.00	XDQ	
	2) Orr, Justin SR	3) Bishop, Aaron SO	4) Hurley, Daniel 8	
33.43 34.71 32.15	37.08			
--- Peninsula Catholic High School-V.	B	1:50.00	SCR	
--- Seton Swimming	I	2:20.00	SCR	

**Event 18 Girls 200 Yard Freestyle Relay**

VISAA QT: 1:58.53 \$

SST: 1:40.05 @ 2/19/2010 Doonis,Rogers,Talbott,Donohoe

TCSI: 1:42.55 T 2/17/2018 A. Cornett, H. Silvernail, J.

TCSI-VA

ICHS: 2:22.60 I 1/9/2021 K. DeWitte, C. Chon, S. Anders

ICHS

on, E. Currey

Team	Relay	Seed Time	Finals Time	Points
1 Peninsula Catholic High School-V.	A	1:50.18	1:49.19\$	
1) Lindsay, Claire SR	2) Baddar, Eliza JR	3) Sprott, Anna SR	4) Darnell, Cameron FR	
28.17 27.64 27.51	25.87			
2 Trinity Christian School-VA	A	1:52.99	1:50.99\$	
1) Stermer, Teagan SO	2) Schlieter, Audrey 08	3) Buff, Reagan SO	4) Hough, Keri 08	
28.13 28.48 27.48	26.90			
3 Seton Swimming	A	1:50.70	1:51.60\$	
1) Garvey, Lucy SR	2) Testani, Angie FR	3) Condon, Clara FR	4) O'Malley, Mary SR	
27.82 27.80 27.62	28.36			
4 Oakcrest School Chargers	A	1:54.02	1:56.21\$	
1) Schroder, Ashley SR	2) Rolwes, Patricia JR	3) Adams, Abby SR	4) Alms, Katie FR	
29.36 30.21 28.78	27.86			

## VCAC Invitational - 1/8/2022

## Results

**(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
5 Seton Swimming	B	1:57.07	1:57.35 \$	
1) Brox, Elodie FR 29.53 28.11 29.79	2) Flynn, Emily SR 29.92	3) Byers, Lily SR	4) Oswald, Jacqueline JR	
6 Trinity Christian School-VA	B	1:57.94	1:59.14	
1) Yaraschak, Bella SO 30.01 28.52 29.10	2) Bailey, Mary Mae SO 31.51	3) Klanderman, Liz FR	4) Bang, Selah JR	
7 Oakcrest School Chargers	B	1:59.72	2:02.64	
1) McDonnell, Maddie 8 30.67 30.58 31.13	2) Erickson, Katelyn 8 30.26	3) Sypal, Clare FR	4) Boucher, Ilayda SR	
8 Peninsula Catholic High School-V.	B	2:20.00	2:09.92	
1) Miller, Megan SR 35.58 33.42 33.39	2) Hughes, Lydia SR 27.53	3) Banks, Hannah 8t	4) Daughtery, Samantha FR	
9 Saint John Paul the Great-VA	A	NT	2:17.13	
1) Kattah, Kayla FR 37.08 31.17 34.91	2) Moore, Mary Lou JR 33.97	3) McCormick, Madison FR	4) Gallagher, Francesca SR	
10 Immanuel Christian High School	A	2:30.00	2:27.95	
1) DeWitte, Katie SO 34.41 38.19 40.16	2) Anderson, Sarah FR 35.19	3) Currey, Agnes 8	4) Tibbets, Aleena SR	
--- Oakcrest School Chargers	C	2:03.66	X2:09.11	
1) Sands, C J 8 31.78 37.75 26.92	2) Wyckoff, Brynn FR 32.66	3) Meunier, Cecelia JR	4) Magee, Amelia 8	
--- Oakcrest School Chargers	D	2:07.80	X2:13.43	
1) O'Byrne, Samara 7 40.76 29.46 32.07	2) Cinotti, Isabella 7 31.14	3) Roberge, Connelly 7	4) Walke, Belle 7	
--- Seton Swimming	F	2:26.00	X2:19.09	
1) Mantooth, Kateri JR 30.79 33.52 35.10	2) Haggerty, Orla FR 39.68	3) Geary, Amelia SO	4) Rodriguez, Noemi 7	
--- Oakcrest School Chargers	E	2:10.64	X2:21.84	
1) Loose, Ursula SO 1:13.45	2) Diller, Bethany FR 34.31	3) Mochen, Catherine FR	4) Guenther, Louise SO	
--- Seton Swimming	E	2:24.00	X2:24.28	
1) Zadnik, Madelyn SO 30.69 36.84 37.88	2) Russo, Gabriella 7 38.87	3) Waldron, Cate SO	4) Maranian, Elizabeth SR	
--- Seton Swimming	D	2:22.00	X2:24.36	
1) Haggerty, Moira JR 32.85 35.61 36.93	2) DeWolf, Rebekah SR 38.97	3) McGrath, Anna FR	4) Haggerty, Aoife 7	
--- Seton Swimming	C	2:20.00	X2:25.63	
1) Aldeguer, Ariana 7 28.31 42.93 38.68	2) Francis, Elizabeth FR 35.71	3) Osilka, Mary Claire 8	4) Pennefather, Maria SR	
--- Seton Swimming	G	2:28.00	X2:26.53	
1) Waldron, Clare SR 30.09 42.00 40.02	2) Atkinson, Julia SO 34.42	3) Fifield, Kyleigh 7	4) Blanchette, Nora 8	
--- Seton Swimming	I	2:32.00	X2:29.23	
1) Koehr, Céilí SR 32.62 33.11 36.11	2) Hurley, Mary Catherine FR 47.39	3) Kleb, Maggie SR	4) Gillson, Cate 7	
--- Oakcrest School Chargers	F	2:11.05	X2:32.59	
1) Rutherford, Lilly JR 35.21 39.53 42.39	2) McGovern, Therese SR 35.46	3) Crickenberger, Brooke 8	4) Thornburg, Maris 7	
--- Seton Family Homeschool	B	2:35.00	X2:35.88	
1) McGrath, Maria 6 37.03 37.29 43.91	2) Arnold, Betsy 6 37.65	3) Heiny, Clare 6		
--- Seton Swimming	J	2:34.00	X2:36.71	
1) Brox, Emma SR 32.91 35.75 37.42	2) Miller, Maria 8 50.63	3) Bauer, Molly FR	4) Kramer, Penny 7	

## VCAC Invitational - 1/8/2022

## Results

**(Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Oakcrest School Chargers	G	2:37.48	X2:45.63	
1) Schneider, Adele 7	2) Pozo, Camila 7	3) Nash, Mia 7	4) Turner, Lacey 7	
39.02	36.43			
--- Seton Family Homeschool	A	2:33.27	X2:55.40	
1) Garvey, Anastasia 8	2) Waldron, Lily 6	3) Kohlhaas, Sofia 6	4) Gonzalez, Veronica 6	
46.26	52.76			
--- Seton Swimming	H	2:30.00	X3:02.19	
1) Bingham, Lucia FR	2) Novocosky, Jenna JR	3) Kramer, Cora 7	4) Kramer, Colette 8	
31.61 57.85 52.42	40.31			
--- Seton Swimming	K	2:36.00	SCR	

**Event 19 Boys 100 Yard Backstroke**

VISAA QT: 1:02.90 \$

SST: 51.48 @ 1/20/2006 K. Koehr

TCSI: 58.70 T 2/19/2016 Mitchell Brazier

ICHS: 56.21 I 12/18/2021 Joshua K. Wolf

TCSI-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Hough, Ryan	SO	Trinity Christian School-VA	59.80	1:01.93 \$	
29.82 32.11					
2 Yun, Noah	8	Trinity Christian School-VA	1:12.29	1:04.29	
32.12 32.17					
3 Driscoll, John	JR	Peninsula Catholic High School-VA	1:06.44	1:07.00	
31.89 35.11					
4 Fioramonti, Mick	SO	Seton Swimming	1:08.22	1:07.44	
32.23 35.21					
5 Koehr, Connor	FR	Seton Swimming	1:10.34	1:11.21	
33.86 37.35					
6 Baddar, Bryce	FR	Peninsula Catholic High School-VA	1:11.14	1:11.89	
33.82 38.07					
7 Miller, Dominic	SO	Seton Family Homeschool	1:12.34	1:12.87	
34.05 38.82					
8 Beltran, Ryan	SO	Seton Swimming	1:17.99	1:15.18	
36.34 38.84					
9 Sokban, William	FR	Seton Swimming	1:15.17	1:15.51	
36.52 38.99					
10 Newbold, Lane	SR	Saint John Paul the Great-VA	1:21.03	1:18.71	
37.95 40.76					
11 Currey, Scott	SO	Immanuel Christian High School	1:18.21	1:21.29	
40.00 41.29					
12 Mastrianni, Dominic	SO	Saint John Paul the Great-VA	1:21.05	1:21.50	
13 Valenzuela, Orlando	JR	Trinity Christian School-VA	1:35.97	1:31.40	
14 Smith, James	SO	Saint John Paul the Great-VA	NT	1:34.47	
45.83 48.64					
--- Wolf, Moses	7	Immanuel Christian High School	1:07.90	X1:07.71	
32.50 35.21					
--- Lam, Samuel	07	Trinity Christian School-VA	1:18.36	X1:20.51	
39.70 40.81					
--- Rowzie, Joseph	SR	Seton Swimming	1:25.00	X1:25.23	
40.09 45.14					
--- Borneman, Joseph	FR	Seton Swimming	1:35.36	X1:26.45	
41.02 45.43					
--- Bauer, Greg	8	Seton Swimming	1:29.71	X1:29.85	
44.03 45.82					
--- Wilson, Jonas	6	Seton Family Homeschool	1:30.17	X1:32.96	

## VCAC Invitational - 1/8/2022

## Results

**(Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Schiller-Jensen, Elijah 45.72 48.72	7	Immanuel Christian High School	1:58.30	X1:34.44	
--- Baughman, Ryan 48.67 53.07	8	Seton Swimming	1:50.03	X1:41.74	
--- Gonzalez, Max 51.43 51.87	FR	Seton Swimming	1:41.73	X1:43.30	
--- Orellana, Kevin	SR	Seton Swimming	2:46.43	X1:58.51	
--- Hambleton, Gabe 1:06.62 1:16.85	8	Seton Swimming	2:22.50	X2:23.47	
--- McCardell, Aidan 1:26.48 1:37.54	8	Seton Swimming	2:30.66	X3:04.02	
--- Kirby, Micah Multiple strokes past vertical at turn 52.39 56.28	SO	Trinity Christian School-VA	1:51.02	DQ	
--- Morales, Anthony Not on back off wall 45.87 50.19	8	Seton Swimming	1:35.47	XDQ	
--- Hartung, Patrick	JR	Seton Swimming	1:37.92	XNS	

**Event 20 Girls 100 Yard Backstroke**

VISAA QT: 1:06.85 \$

SST: 55.62 @ 2/16/2018 A. Kenna

TCS!: 58.33 T 2/2/2019 Annalise E. Cornett

ICHS: 1:09.32 I 12/18/2021 Kate Shumate

TCS!-VA

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Stermer, Teagan 31.95 33.57	SO	Trinity Christian School-VA	1:07.05	1:05.52 \$	
2 Garvey, Lucy 31.49 34.75	SR	Seton Swimming	1:03.32	1:06.24 \$	
3 Dines, Veronica 32.81 34.78	FR	Peninsula Catholic High School-VA	1:04.19	1:07.59	
4 Creelman, Stephanie 33.97 35.08	FR	Peninsula Catholic High School-VA	1:07.93	1:09.05	
5 Phillips, Amy 34.82 37.28	JR	Trinity Christian School-VA	1:12.27	1:12.10	
6 Hart-Hodgson, Viviane 35.20 40.62	FR	Oakcrest School Chargers	1:15.34	1:15.82	
*7 Alms, Katie 37.67 39.37	FR	Oakcrest School Chargers	1:10.91	1:17.04	
*7 Meunier, Cecelia 37.02 40.02	JR	Oakcrest School Chargers	1:12.96	1:17.04	
9 Fifield, Haley 37.05 41.29	FR	Seton Swimming	1:17.60	1:18.34	
10 Adams, Amelia 37.38 41.64	FR	Oakcrest School Chargers	1:19.82	1:19.02	
11 Weina, Virginia 38.81 40.23	JR	Saint John Paul the Great-VA	1:16.44	1:19.04	
12 O'Malley, Shannon	FR	Seton Swimming	1:19.94	1:19.06	
13 Byers, Lily 38.64 41.47	SR	Seton Swimming	1:14.21	1:20.11	
14 Gallagher, Francesca	SR	Saint John Paul the Great-VA	NT	1:22.83	
15 Miller, Megan 41.58 46.66	SR	Peninsula Catholic High School-VA	1:27.83	1:28.24	

## VCAC Invitational - 1/8/2022

## Results

**(Event 20 Girls 100 Yard Backstroke)**

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
16	Moore, Mary Lou 44.89 48.85	JR	Saint John Paul the Great-VA	1:28.20	1:33.74	
17	Tibbets, Aleena 47.11 52.43	SR	Immanuel Christian High School	1:40.83	1:39.54	
---	Myers, Lydia 39.11 40.44	7	Immanuel Christian High School	1:31.18	X1:19.55	
---	Brox, Elodie 40.15 43.17	FR	Seton Swimming	1:26.63	X1:23.32	
---	Van Raaphorst, Lexie 41.10 43.71	07	Trinity Christian School-VA	NT	X1:24.81	
---	Magee, Amelia 41.88 47.38	8	Oakcrest School Chargers	1:24.94	X1:29.26	
---	Walke, Belle	7	Oakcrest School Chargers	NT	X1:29.33	
---	Haggerty, Moira 45.42 51.29	JR	Seton Swimming	1:34.06	X1:36.71	
---	Brox, Emma 46.51 51.50	SR	Seton Swimming	1:34.56	X1:38.01	
---	Nash, Mia 46.92 52.98	7	Oakcrest School Chargers	NT	X1:39.90	
---	Waldron, Lily 51.15 48.82	6	Seton Family Homeschool	1:44.88	X1:39.97	
---	McGrath, Maria 50.13 50.57	6	Seton Family Homeschool	1:36.04	X1:40.70	
---	Osilka, Mary Claire	8	Seton Swimming	1:33.95	X1:41.07	
---	Turner, Lacey 50.20 54.79	7	Oakcrest School Chargers	NT	X1:44.99	
---	Pennefather, Maria	SR	Seton Swimming	1:58.80	X1:49.52	
---	Bauer, Molly	FR	Seton Swimming	2:30.22	X1:56.36	
---	Waldron, Cate 57.36 59.78	SO	Seton Swimming	1:58.39	X1:57.14	
---	Haggerty, Aoife 57.94 1:01.43	7	Seton Swimming	2:02.65	X1:59.37	
---	Anderson, Sarah Multiple strokes past vertical at turn 45.45 48.25	FR	Immanuel Christian High School	1:34.75	DQ	
---	Mitchell, Ajai Multiple strokes past vertical at turn 49.67 56.83	SO	Trinity Christian School-VA	1:52.48	DQ	
---	Crickenberger, Brooke No touch at turn	8	Oakcrest School Chargers	NT	XDQ	
---	Blanchette, Nora Shoulders past vertical toward breast 1:07.63 1:15.60	8	Seton Swimming	2:12.12	XDQ	
---	Catabui, Emma	SR	Seton Swimming	1:43.27	XNS	

**Event 21 Boys 100 Yard Breaststroke**

VISAA QT: 1:08.79 \$

SST: 58.53 @ 1/27/2007 N. Cook

TCSI: 1:03.06 T 2/17/2017 Riley T. Fletcher

ICHS: 1:11.35 I 12/18/2021 Moses F. Wolf

TCSI-VA

ICHS

	<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Hopkins, Liam 30.81 34.95	SR	Saint John Paul the Great-VA	1:05.95	1:05.76 \$	

## VCAC Invitational - 1/8/2022

## Results

## (Event 21 Boys 100 Yard Breaststroke)

	Name	Yr	School	Seed Time	Finals Time	Points
2	Wolf, Joshua 31.96 36.31	SO	Immanuel Christian High School	1:07.90	1:08.27	\$
3	Griffiths, Charlie 32.65 36.95	JR	Peninsula Catholic High School-VA	1:09.81	1:09.60	
4	Park, Ian 34.11 38.31	SO	Trinity Christian School-VA	1:12.11	1:12.42	
5	Williams, Charlie 34.97 39.11	JR	Saint John Paul the Great-VA	1:10.71	1:14.08	
6	Burch, Isaiah 35.31 40.67	SO	Peninsula Catholic High School-VA	1:20.00	1:15.98	
7	Kellogg, Seth 36.63 43.35	FR	Seton Swimming	1:23.99	1:19.98	
8	Sicks, Campbell 37.93 43.03	JR	Trinity Christian School-VA	1:18.23	1:20.96	
9	Lynch, Chris 36.52 45.21	SO	Seton Swimming	1:24.98	1:21.73	
10	Dealey, Joey 37.50 45.36	JR	Seton Swimming	1:25.22	1:22.86	
11	Wang, Luke 37.11 46.11	SO	Trinity Christian School-VA	1:23.59	1:23.22	
12	Collins, Jacob 41.80 48.46	SR	Saint John Paul the Great-VA	1:31.16	1:30.26	
13	Vitkovsky, Daniel 46.52 57.33	SR	Saint John Paul the Great-VA	NT	1:43.85	
---	Fioramonti, Josh 41.81 53.34	8	Seton Swimming	1:44.02	X1:35.15	
---	Lam, Micah 44.40 51.56	7	Immanuel Christian High School	1:36.05	X1:35.96	
---	Zahorchak, Michael 44.87 53.71	7	Seton Swimming	1:40.23	X1:38.58	
---	Judge, Dominic 46.83 53.58	7	Seton Swimming	1:41.84	X1:40.41	
---	Hawley, John Henry 47.89 53.64	8	Seton Swimming	1:44.32	X1:41.53	
---	Ellis, Ben 49.85 54.21	7	Seton Swimming	1:50.79	X1:44.06	
---	Hartung, Peter 54.58 1:00.90	FR	Seton Swimming	2:00.84	X1:55.48	
---	Minarik, Joseph Hands brought beyond the hipline during stroke 1:01.63 1:15.65	SO	Seton Family Homeschool	2:20.00	DQ	
---	Likoy, Raphaël Incomplete stroke cycle other than one pull followed by one kick 1:21.93 1:28.97	7	Seton Swimming	3:00.00	XDQ	
---	Rodriguez, Evan Downward butterfly kick	FR	Seton Swimming	2:10.00	XDQ	
---	Pugh, John Scissors kick 1:00.25 1:07.52	FR	Seton Swimming	2:30.00	XDQ	
---	Vaughan, Nick Alternating Kick 1:06.33 1:15.41	FR	Seton Swimming	2:30.00	XDQ	
---	Albin, Jed	SO	Seton Swimming	1:54.68	XNS	

## VCAC Invitational - 1/8/2022

## Results

**(Event 21 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Luevano, Nathan	JR	Seton Swimming	1:10.38	NS	
--- Orellana, Gabriel	FR	Seton Swimming	2:20.00	XNS	
--- McGrath, Michael	SO	Seton Swimming	1:25.00	XNS	

**Event 22 Girls 100 Yard Breaststroke**

VISAA QT: 1:16.38 \$

SST: 1:07.65 @ 2/12/2021 A. Testani

TCS!: 1:13.20 T 12/19/2020 Annalise E. Cornett

TCS!-VA

ICHS: 1:31.54 I 12/18/2021 Katie DeWitte

ICHS

Name	Yr	School	Seed Time	Finals Time	Points
1 Sprott, Anna 35.11 40.03	SR	Peninsula Catholic High School-VA	1:08.40	1:15.14\$	
2 Davis, Gianna 35.20 40.08	FR	Saint John Paul the Great-VA	1:16.00	1:15.28\$	
3 Roder, Mia 35.80 39.63	JR	Saint John Paul the Great-VA	1:11.89	1:15.43\$	
4 Koler, Jillian 36.09 40.37	SR	Saint John Paul the Great-VA	1:12.17	1:16.46	
5 Waldron, Clare 34.70 42.34	SR	Seton Swimming	1:19.82	1:17.04	
6 Luevano, Isabelle 36.04 41.80	SR	Seton Swimming	1:17.94	1:17.84	
7 Klanderman, Liz 37.05 41.77	FR	Trinity Christian School-VA	1:22.80	1:18.82	
8 Daughtery, Samantha 37.51 42.34	FR	Peninsula Catholic High School-VA	1:12.79	1:19.85	
9 Williams, Maeve 38.30 43.57	FR	Saint John Paul the Great-VA	1:18.42	1:21.87	
10 Mochen, Catherine 39.10 44.55	FR	Oakcrest School Chargers	1:22.35	1:23.65	
11 Guenther, Louise 40.46 44.86	SO	Oakcrest School Chargers	1:25.00	1:25.32	
12 Sands, C J 42.50 46.86	8	Oakcrest School Chargers	1:27.87	1:29.36	
13 Bailey, Mary Mae 42.72 46.76	SO	Trinity Christian School-VA	1:32.59	1:29.48	
14 Ratcliffe, Eliana 43.88 48.95	9	Trinity Christian School-VA	1:39.49	1:32.83	
15 Koehr, Céilí 43.51 50.45	SR	Seton Swimming	1:32.37	1:33.96	
16 DeWitte, Katie 44.04 51.20	SO	Immanuel Christian High School	1:31.54	1:35.24	
17 McGovern, Therese 46.48 53.99	SR	Oakcrest School Chargers	1:34.30	1:40.47	
18 Banks, Hannah 46.61 55.60	8t	Peninsula Catholic High School-VA	1:30.00	1:42.21	
19 Crone, Haven 51.69 55.88	SR	Peninsula Catholic High School-VA	1:42.37	1:47.57	
20 Currey, Agnes 56.69 59.66	8	Immanuel Christian High School	1:54.61	1:56.35	
--- Roberge, Connelly 42.47 48.11	7	Oakcrest School Chargers	1:29.73	X1:30.58	

## VCAC Invitational - 1/8/2022

## Results

## (Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time	Points
--- Bingham, Lucia 44.16 47.67	FR	Seton Swimming	1:36.53	X1:31.83	
--- Geary, Amelia 47.39 50.29	SO	Seton Swimming	1:33.59	X1:37.68	
--- Roark, Emmaline 46.83 51.95	7	Immanuel Christian High School	1:41.11	X1:38.78	
--- Atkinson, Julia 47.42 52.73	SO	Seton Swimming	1:39.01	X1:40.15	
--- Wyckoff, Brynn	FR	Oakcrest School Chargers	1:34.69	X1:40.17	
--- Thornburg, Maris 47.02 53.60	7	Oakcrest School Chargers	1:39.62	X1:40.62	
--- Kleb, Maggie 47.58 55.24	SR	Seton Swimming	1:41.07	X1:42.82	
--- Novecosky, Jenna 47.41 55.79	JR	Seton Swimming	1:42.49	X1:43.20	
--- Miller, Maria 49.85 53.65	8	Seton Swimming	1:47.59	X1:43.50	
--- Diller, Bethany 48.61 55.44	FR	Oakcrest School Chargers	1:44.29	X1:44.05	
--- Maranian, Elizabeth 47.15 59.08	SR	Seton Swimming	1:58.67	X1:46.23	
--- Haggerty, Orla 54.96 58.60	FR	Seton Swimming	1:53.56	X1:53.56	
--- Fifield, Kyleigh 54.96 59.04	7	Seton Swimming	1:55.87	X1:54.00	
--- Quispe, Allison 52.71 1:01.36	8	Seton Swimming	2:15.90	X1:54.07	
--- Arnold, Betsy	6	Seton Family Homeschool	1:54.43	X1:56.87	
--- Ellis, Rose	8	Seton Swimming	1:53.93	X1:57.20	
--- O'Byrne, Samara 57.58 1:05.17	7	Oakcrest School Chargers	NT	X2:02.75	
--- McGrath, Anna 57.25 1:06.72	FR	Seton Swimming	2:16.21	X2:03.97	
--- Rodriguez, Noemi 1:00.54 1:10.66	7	Seton Swimming	2:28.27	X2:11.20	
--- Kohlhaas, Sofia 1:03.22 1:12.33	6	Seton Family Homeschool	2:13.18	X2:15.55	
--- Zadnik, Sophia Downward butterfly kick 40.95 45.93	SR	Seton Swimming	1:25.24	DQ	
--- Kramer, Penny Scissors kick 1:26.01 1:44.91	7	Seton Swimming	2:32.85	XDQ	
--- Heiny, Clare Non-simultaneous kick 57.90 1:12.30	6	Seton Family Homeschool	2:13.58	XDQ	
--- Gillson, Cate Alternating Kick	7	Seton Swimming	2:10.00	XDQ	
--- Shillingburg, Briana Downward butterfly kick 1:24.80 1:28.08	FR	Seton Swimming	4:11.83	XDQ	
--- Schindler, Kathryn	SO	Oakcrest School Chargers	1:40.66	XNS	



## VCAC Invitational - 1/8/2022

## Results

## Event 23 Boys 400 Yard Freestyle Relay

VISAA QT: 3:59.45 \$

SST: 3:17.05 @ 2/19/2010 Hill, Cook, Dunn, Basinger

TCSI!: 3:29.97 T 2/19/2016 M. Brazier, R. Fletcher, C. Na

ICHS: 4:04.14 I 12/12/2020 C. Wolf, J. Priebus, S. Currey

TCSI-VA

ICHS

, J. Wolf

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School-VA	A	3:37.61	3:37.94 \$	
1) Yun, Noah 8	2) Hough, Ryan SO	3) Kim, Justin SO	4) Kim, Josh SR	
26.38 54.63 26.55	56.03 25.87 54.78	24.85 52.50		
2 Saint John Paul the Great-VA	A	3:44.01	3:43.83 \$	
1) Ong, Marcus SR	2) Loesel, Thomas JR	3) Williams, Charlie JR	4) Hopkins, Liam SR	
27.85 58.82 26.60	56.69 26.51 55.72	25.19 52.60		
3 Immanuel Christian High School	A	4:04.14	3:51.39 \$	
1) Wolf, Caleb SO	2) Rutkowski, Juan SO	3) Priebus, Jack JR	4) Wolf, Joshua SO	
25.09 52.98 30.01	1:04.78 29.80 1:03.20	23.44 50.43		
4 Peninsula Catholic High School-V.	A	3:36.16	3:55.36 \$	
1) Denton, Brooks FR	2) Baddar, Bryce FR	3) Burch, Isaiah SO	4) Brooks, Dis SR	
28.09 1:00.53 28.75	1:02.98 27.18 56.93	25.79 54.92		
5 Seton Swimming	A	4:08.82	4:00.11	
1) Brox, JJ JR	2) Brox, Michael FR	3) Dealey, Joey JR	4) Nguyen, Drew FR	
27.83 59.43 28.70	59.79 28.65 1:03.06	26.30 57.83		
6 Seton Swimming	B	4:24.96	4:09.36	
1) Konstanty, Peter SO	2) Sokban, William FR	3) Wilson, Max FR	4) Fioramonti, Mick SO	
28.19 1:01.11 29.93	1:02.64 29.75			
7 Saint John Paul the Great-VA	B	4:06.00	4:18.79	
1) Sjurset, Andrew SR	2) Collins, Jacob SR	3) Newbold, Lane SR	4) Berg, Jackson SO	
29.11 1:01.58 30.62	1:07.06 29.15 1:02.11	32.34 1:08.04		
8 Trinity Christian School-VA	B	4:25.77	4:29.06	
1) Sicks, Campbell JR	2) Park, Zack SO	3) Bang, Caleb 08	4) Cole, Carter SO	
32.45 1:09.62 28.20	1:00.68 28.85 1:03.24	58.48 1:15.52		
--- Trinity Christian School-VA	C	4:59.22	X5:23.73	
1) Kirby, Micah SO	2) Abidin, Christian SO	3) Valenzuela, Orlando JR	4) Lam, Samuel 07	
42.88 1:37.79 35.47	1:16.20 38.67 1:19.74	31.98 1:10.00		

## Event 24 Girls 400 Yard Freestyle Relay

VISAA QT: 4:38.24 \$

SST: 3:40.51 @ 2/19/2010 DoonisRogers,ClaybrooksDonohoe

TCSI!: 3:46.85 T 2/17/2018 Trinity Christian School

TCSI-VA

Team	Relay	Seed Time	Finals Time	Points
1 Oakcrest School Chargers	A	4:07.35	4:06.83 \$	
1) Alms, Katie FR	2) Hart-Hodgson, Viviane FR	3) Schroder, Ashley SR	4) Bryan, Elizabeth 8	
30.07 1:03.22 29.32	1:05.29 29.68 1:02.71	26.03 55.61		
2 Trinity Christian School-VA	A	3:53.73	4:07.73 \$	
1) Schlieter, Audrey 08	2) Phillips, Amy JR	3) Stermer, Teagan SO	4) Buff, Reagan SO	
30.49 1:03.50 29.57	1:02.95 28.53 1:00.26	28.52 1:01.02		
3 Saint John Paul the Great-VA	A	3:59.06	4:10.55 \$	
1) Roder, Mia JR	2) Koler, Jillian SR	3) Williams, Maeve FR	4) Davis, Gianna FR	
30.25 1:02.48 31.20	1:05.13 29.90 1:04.04	28.50 58.90		
4 Seton Swimming	A	4:13.09	4:11.03 \$	
1) Garvey, Lucy SR	2) O'Malley, Mary SR	3) Luevano, Isabelle SR	4) Pennefather, Mary JR	
29.64 1:01.88 31.03	1:05.65 30.16 1:03.25	27.57 1:00.25		

## VCAC Invitational - 1/8/2022

## Results

**(Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
5 Peninsula Catholic High School-V.	A	4:45.99	4:26.36 \$	
1) Dines, Veronica FR	2) Banks, Hannah 8t	3) Dwyer, Laura JR	4) Creelman, Stephanie FR	
28.82 1:00.72 34.47	1:13.67 33.53 1:11.86	17.74 1:00.11		
6 Saint John Paul the Great-VA	B	4:11.36	4:37.35 \$	
1) Vitkovsky, Maggie JR	2) Weina, Virginia JR	3) White, Cecilia SO	4) Guiterrez, Ana Sophia SR	
32.75 1:08.17 33.58	1:11.06 32.01 1:08.95	31.45 1:09.17		
7 Oakcrest School Chargers	B	4:39.09	4:39.56	
1) Adams, Amelia FR	2) McDonnell, Maddie 8	3) McDonnell, Grace SR	4) Adams, Abby SR	
8 Trinity Christian School-VA	B	4:31.32	4:43.10	
1) Bailey, Mary Mae SO	2) Metzger, Danielle JR	3) Ratcliffe, Eliana 9	4) Bang, Selah JR	
31.59 1:05.69 36.73	1:18.04 32.88 1:11.00	31.80 1:08.37		
9 Peninsula Catholic High School-V.	B	5:46.00	5:31.03	
1) Stallings, Alaina SR	2) Crone, Haven SR	3) Hughes, Lydia SR	4) Miller, Megan SR	
38.68 1:23.44 43.43		1:21.25		
--- Immanuel Christian High School	A	4:55.00	X4:57.43	
1) Shumate, Kate 7	2) Anderson, Sarah FR	3) Myers, Lydia 7	4) DeWitte, Katie SO	
30.16 1:02.63 41.41	1:26.84 32.09 1:07.26	38.36 1:20.70		
--- Saint John Paul the Great-VA	C	4:20.00	X5:07.20	
1) Gallagher, Francesca SR	2) Runyan, Emily SO	3) Moore, Mary Lou JR	4) Kattah, Kayla FR	
35.92 1:18.61 28.27	1:05.75 34.01 1:13.89	40.44 1:28.95		
--- Oakcrest School Chargers	C	4:52.95	X5:12.67	
1) Erickson, Katelyn 8	2) Rutherford, Lilly JR	3) Loose, Ursula SO	4) Vogler, Kate JR	
32.98 1:11.05 17.52				
--- Seton Swimming	B	4:40.44	DQ	
Stroke Infraction swimmer #4				
1) Bingham, Teresa SR	2) Fifield, Haley FR	3) Waldron, Rose FR	4) O'Malley, Shannon FR	
30.70 1:04.23 38.88	1:21.90 37.79 1:41.76	56.38		