## Seton Swimming Improvement '20-'21 Season Improvement since '19-'20 Season

Improvement since '19-'20																		
	50 F Improvement	ree Percent	100 I Improvement		200 I Improvement	Percent	500 I Improvement	ree Percent	100 E Improvement	ack Percent	100 Bi	reast Percent	Improvement	Fly Percent	200 IM Improvement Percent		Total Improvement Percent	
Female	Improvement	reicent	Improvement	reicent	Improvement	reicent	improvement	reicent	Improvement	reiceit	Improvement	reicent	Improvement	reicent	improvement	reicein	Improvement	reitent
Ariana Aldeguer	00:00.68	2.4%	00:01.23	2.1%	00:03.62	2.8%			00:00.43	0.7%	00:01.32	1.7%					00:07.28	9.6%
Clara Condon (FR)	00:00.94	3.3%			00:03.69	2.7%			00:08.13	11.1%	00:02.82	4.0%	00:03.62	5.7%	00:08.67	5.9%	00:27.87	32.6%
Emily Flynn (SR)	00:00.09	0.3%							00100110				0010010				00:00.09	0.3%
Lucy Garvey (SR)	00.00.03	0.570			00:00.42	0.3%			00:01.64	2.6%			00:01.35	1.9%	00:00.15	0.1%	00:03.56	4.9%
Angie Testani (FR)	00:00.24	0.9%			00:05.81	4.3%	00:19.56	5.5%	00:04.68	6.1%	00:01.88	2.8%	00.01.33	1.570	00:03.77	2.6%	00:35.94	22.1%
Betsy Arnold	00:08.27	19.0%	00:01.36	1.5%	00.05.01	1.570	00.17.50	3.370	00.01.00	0.170	00.01.00	2.070			00.03.77	2.070	00:09.63	20.5%
Julia Atkinson (SO)	00:00.82	2.4%	00:00.24	0.3%							00:00.90	0.9%	00:09.58	9.1%	00:08.82	4.4%	00:20.36	17.2%
Bianca Barber	00:14.80	25.3%	00:12.95	11.6%							00.00.50	0.270	00.03.00	211/0	00.00.02	11170	00:27.75	36.9%
Molly Bauer (FR)	00:03.48	8.5%	00:04.38	4.4%			01:17.51	11.7%	00:33.86	22.5%	00:09.90	9.5%					02:09.13	56.7%
Lucia Bingham (FR)	00.05.10	0.570	00:02.13	2.9%			01.17.51	11.770	00:04.17	4.8%	00:04.70	4.9%			00:00.80	0.4%	00:11.80	13.0%
Mariana Bingham (7)	00:02.72	7.7%	00:06.52	7.6%			00:42.95	8.0%	00:04.17	2.2%	00:15.30	13.0%			00.00.00	0.470	01:09.64	38.5%
Teresa Bingham (SR)	00.02.72	7.770	00:01.64	2.6%			00:42.93	4.1%	00.02.13	2.2/0	00.13.30	13.070	00:01.04	1.4%	00:01.23	0.8%	00:21.30	8.9%
Nora Blanchette (8)	00:08.19	15.6%	00:18.33	15.3%	01:27.78	28.1%	01:41.25	14.7%	00:03.51	2.7%	00:00.98	0.9%	00.01.04	1.770	00.01.23	0.070	03:40.04	77.3%
Elodie Brox (FR)	00:04.28	13.6%	00:07.87	10.7%	01.27.76	20.1 /0	01.41.23	14.770	00:03.31	3.8%	00:00.38	14.2%					00:28.58	42.4%
Emma Brox (SR)	00.04.20	13.070	00.07.07	10.770	00:03.98	2.2%			00.03.31	J.070	00:13.12	0.2%					00:28.38	2.4%
Lily Byers (SR)					00:07.76	5.1%	00:11.14	2.7%			00.00.23	0.2/0			00:00.46	0.3%	00:04.23	8.0%
Theresa Byers (SR)					00.07.76	3.1 /0	00.11.14	2.//0							00.00.40	0.570	00:19.30	0.0%
Emma Catabui (SR)	00:02.97	8.2%	00:06.25	7.3%							00:01.94	2.0%					00:00:00	17.4%
Lily Clune (SR)	00.02.97	0.2/0	00:00.23	1.4%							00.01.94	2.0 / 0					00:01.05	1.4%
, , ,	00:02.34	6.8%	00:01:03	3.9%	00:02.58	1.6%			00:07.20	8.4%							00:01:03	20.6%
Lucy Cunningham (FR)	00:02.34						01-24.06	13.8%	00:07.20		01.07.72	22 70/						
Rebekah DeWolf (SR)		5.8%	00:01.76	2.1%	00:04.79	2.5%	01:24.96	13.870	00:08.02	7.0%	01:06.72	33.7%					02:48.27	64.8%
Rose Ellis	00:04.11	8.5%	00.05.24	7.20/	00.01.27	0.007	00.15.01	2.20/	00.05.75	7.10/	00.02.50	2.70/			00.20.50	15 (0/	00:04.11	8.5%
Haley Fifield (FR)	00:01.89	5.7%	00:05.24	7.3%	00:01.37	0.8%	00:15.21	3.3%	00:05.75	7.1%	00:03.50	3.7%			00:30.58	15.6%	01:03.54	43.5%
Kyleigh Fifield	00:02.32	6.1%	00:02.41	2.9%	00:03.07	1.6%	00.14.40	2.00/	00:04.18	4.2%	00:01.87	1.6%					00:13.85	16.5%
Elizabeth Francis (FR)	00:00.49	1.4%	00:06.69	8.1%	00:14.67	7.7%	00:14.40	2.8%	00:04.45	4.7%	00:02.54	2.4%	00.04.00	4.70/	00.06.25	2.60/	00:43.24	27.0%
Anastasia Garvey (8)	00:00.37	1.2%	00:01.55	2.2%	00:12.64	7.9%	00:33.57	7.7%	00:05.86	7.1%	00:02.97	3.3%	00:04.08	4.7%	00:06.35	3.6%	01:07.39	37.7%
Amelia Geary (SO)	00:01.26	3.7%	00:03.28	4.2%	00:03.70	2.1%			00:03.45	3.4%					00:17.40	8.0%	00:29.09	21.4%
Maggie Gibbons (SO)	00:00.56	2.0%			00:04.88	3.3%			00:08.65	10.8%							00:14.09	16.2%
Cate Gillson	00:08.77	16.3%															00:08.77	16.3%
Jacinta Gonzalez (SR)																	00:00.00	0.0%
Veronica Gonzalez	000115	40.404		0.00/						2 =0 /		4.407					00:00.00	0.0%
Aoife Haggerty	00:04.45	10.6%	00:09.04	9.2%				0.407	00:03.28	2.7%	00:05.87	4.4%					00:22.64	26.9%
Moira Haggerty (JR)	00:00.62	1.9%	00:00.59	0.8%			00:01.74	0.4%									00:02.95	3.1%
Orla Haggerty (FR)	00:00.45	1.4%	00:01.59	2.0%			00:15.44	3.1%									00:17.48	6.5%
Clare Heiny	00:08.14	17.9%							00:05.16	4.5%	00:06.90	5.2%					00:20.20	27.6%
Maddie Heiny	00:00.86	2.2%									l						00:00.86	2.2%
Elizabeth Hurley	00:05.40	13.3%							00:05.81	6.2%	00:01.58	1.6%					00:12.79	21.1%
Mary Catherine Hurley (	9		00:01.23	1.7%	00:26.31	13.5%	00:10.53	2.2%	00:01.76	2.0%	00:01.80	1.9%			00:02.36	1.2%	00:43.99	22.4%
Monica Irving	00:09.10	19.6%	00:00.73	0.8%					00:06.53	6.1%	00:10.44	8.5%					00:26.80	35.0%
Sophia Kanazeh (SR)	00:05.68	11.9%	00:18.45	15.6%					00:31.34	21.9%							00:55.47	49.3%
Maggie Kleb (SR)	00:00.90	2.4%	00:03.89	4.3%	00:06.59	3.3%			00:03.69	3.7%							00:15.07	13.7%
Céilí Koehr (SR)	00:00.98	3.2%					00:05.14	1.2%			00:01.03	1.1%					00:07.15	5.5%
Sofia Kohlhaas	00:05.37	11.2%	00:01.46	1.3%					00:07.37	5.7%							00:14.20	18.2%
Colette Kramer (8)	00:02.34	4.1%	00:13.05	9.4%					00:01.80	1.1%	00:13.21	7.6%					00:30.40	22.2%
Cora Kramer	00:20.54	30.0%	00:12.15	9.3%					00:19.81	11.8%	00:28.26	19.1%					01:20.76	70.2%
Penny Kramer	00:15.32	23.8%	00:08.77	6.0%					00:07.99	5.2%							00:32.08	35.0%
Isabelle Luevano (SR)	00:00.39	1.4%	00:02.10	3.5%	00:01.21	0.9%					00:03.02	3.7%					00:06.72	9.5%
Kateri Mantooth (JR)	00:01.39	4.6%					00:16.04	3.5%	00:02.33	2.5%							00:19.76	10.6%
Elizabeth Maranian	00:07.69	17.1%	00:20.60	19.2%					00:00.52	0.4%	00:12.44	10.5%					00:41.25	47.1%
Anna McGrath	00:06.18	15.0%	00:01.86	2.2%					00:05.47	5.4%	00:12.24	9.0%					00:25.75	31.6%
Maria McGrath	00:04.99	12.3%	00:02.31	2.6%							00:09.09	6.7%					00:16.39	21.7%
Maria Miller	00:03.51	9.9%	00:03.47	4.5%					00:13.33	13.4%	00:04.09	3.8%					00:24.40	31.6%
	•		•		•		1				1		•		1		•	

## Seton Swimming Improvement '20-'21 Season Improvement since '19-'20 Season

Improvement since '19-'20 S				100 Free		200 F		T 500 F		100 Back		100 P		100 El		200 134		Total	
	Improvement	50 Free provement Percent		Improvement Percent		200 Free Improvement Percent		500 Free Improvement Percent		Improvement Percent		100 Breast Improvement Percent		100 Fly Improvement Percent		200 IM Improvement Percent		I otal Improvement Percent	
Jenna Novecosky (JR)	¥		00:06.94	7.0%	*		01:31.55	13.4%	00:20.70	17.4%			*		* * * * * * * * * * * * * * * * * * * *		01:59.19	37.8%	
Helena O'Keefe	00:04.90	11.9%	00:00.81	0.9%					00:01.40	1.2%							00:07.11	14.0%	
Mary O'Malley (SR)	00:01.58	5.4%															00:01.58	5.4%	
Shannon O'Malley (FR)	00:02.12	6.6%			00:00.67	0.4%	01:22.37	15.7%	00:01.13	1.4%	00:00.07	0.1%	00:14.31	14.3%	00:01.13	0.6%	01:41.80	39.2%	
Mary Claire Osilka (8)			00:00.88	1.0%													00:00.88	1.0%	
Jacqueline Oswald (JR)			00:01.36	2.1%	00:06.43	4.2%	00:10.47	2.5%	00:00.80	1.1%	00:00.21	0.2%					00:19.27	10.0%	
Lucy Pennefather (FR)	00:02.03	6.5%															00:02.03	6.5%	
Maria Pennefather	00:02.67	6.7%							00:09.28	7.8%	00:05.30	4.3%					00:17.25	18.8%	
Mary Pennefather (JR)					00:10.62	7.0%							00:04.73	5.7%			00:15.35	12.7%	
Allison Quispe	00:05.43	12.7%	00:11.45	11.4%					00:11.96	10.0%	00:21.83	16.1%					00:50.67	50.3%	
Emma Reynolds (JR)	00:02.39	5.2%	00:39.73	27.4%							02:07.93	49.4%					02:50.05	82.0%	
Noemi Rodriguez	00:08.88	20.0%	00:12.40	12.7%					00:10.12	8.3%	00:17.07	11.5%					00:48.47	52.6%	
Lizzie Rohan	00:05.04	12.1%	00:00.55	0.6%					00:07.73	6.9%	00:23.27	16.7%					00:36.59	36.3%	
Gabriella Russo	00:04.70	12.2%	00:05.60	6.6%					00:01.57	1.5%	00:01.89	1.7%					00:13.76	22.0%	
Briana Shillingburg	00:04.18	8.3%	00:14.98	10.9%					00:06.32	4.4%	01:33.75	37.2%					01:59.23	60.8%	
Cate Waldron (SO)	00:00.93	2.5%	00:05.07	5.5%			00:19.61	3.2%	00:01.25	1.1%							00:26.86	12.3%	
Mary Clare Waldron (SR	00:01.22	4.0%			00:05.32	3.0%					00:04.81	6.0%	00:05.95	6.3%			00:17.30	19.3%	
Lily Waldron	00:05.06	12.2%	00:01.92	2.1%					00:04.91	4.7%	00:13.36	10.2%					00:25.25	29.1%	
Rose Waldron (FR)	00:02.09	6.3%	00:13.52	16.1%			00:23.87	4.8%	00:02.15	2.2%	00:09.86	9.8%					00:51.49	39.2%	
Christina Witter (8)	00:01.02	2.6%	00:22.91	20.1%	00:19.08	8.3%											00:43.01	31.0%	
Madelyn Zadnik (SO)	00:00.39	1.3%	00:00.10	0.1%	00:13.02	7.9%							00:02.22	2.7%			00:15.73	12.0%	
Sophia Zadnik (SR)	00:00.19	0.6%	00:01.19	1.6%	00:01.65	1.0%	00:12.71	2.7%	00:01.42	1.6%			00:01.82	2.3%	00:01.98	1.1%	00:20.96	10.9%	
Male																	00:00.00	0.0%	
Jed Albin (SO)	00:02.00	6.6%	00:08.33	11.6%	01:01.66	28.6%	00:40.59	9.3%	00:12.65	14.2%							02:05.23	70.3%	
Greg Bauer (8)	00:01.56	4.7%	00:05.21	6.8%	00:07.47	4.5%			00112100		00:05.10	5.2%					00:19.34	21.1%	
Ryan Baughman	00:04.10	10.2%		0.07.					00:08.29	7.5%							00:12.39	17.7%	
Ryan Beltran (SO)	00:02.40	7.9%	00:03.73	5.3%					00:05.07	6.4%	00:05.05	5.4%			00:16.97	8.7%	00:33.22	33.8%	
Aaron Bishop (SO)	00:08.67	21.6%	00:16.48	18.0%	00:37.51	17.9%	01:21.51	14.6%	00:12.71	11.6%	00:31.62	21.9%					03:08.50	105.5%	
Joseph Borneman	00:05.59	16.6%	00:05.96	7.8%	00:40.87	22.1%	0.1.2.10.1		00:08.91	9.3%	00:16.46	14.5%					01:17.79	70.4%	
Ji Brox (JR)	00:01.47	5.3%	00:04.31	7.0%	00:01.15	0.8%	00:15.41	3.7%	0010011		00:04.95	6.7%	00:06.15	8.5%	00:03.80	2.5%	00:37.24	34.7%	
Michael Brox (FR)	00:03.44	11.6%	00:06.20	9.4%	00:20.01	13.0%	00:56.73	13.0%	00:06.19	7.8%	00:02.32	2.7%	00:07.06	9.2%	00:08.22	5.0%	01:50.17	71.6%	
Joey Dealey (JR)	00:00.13	0.5%	00:01.84	3.0%	00:07.73	5.4%			00100117		00:05.28	6.2%			00:17.98	10.0%	00:32.96	25.1%	
Ben Ellis	00:04.32	10.0%	00:01.80	1.9%					00:09.71	7.9%	00:06.73	6.1%					00:22.56	25.8%	
Josh Fioramonti (8)	00:01.92	6.5%	00:06.15	8.5%					00:08.49	8.7%	00:08.87	8.5%	00:09.49	9.5%			00:34.92	41.7%	
Mick Fioramonti (SO)	00:02.81	9.5%	00:02.12	3.3%	00:08.76	6.0%			00:07.26	10.0%			00:00.35	0.5%			00:21.30	29.2%	
Max Gonzalez (FR)	00:03.49	10.5%	00:09.80	11.7%		0.07-			00:01.86	1.8%	00:08.83	8.7%					00:23.98	32.8%	
Gabe Hambleton (8)	00:02.67	6.5%	00:18.91	17.4%					00:20.35	14.3%	00:29.98	22.3%					01:11.91	60.5%	
Patrick Hartung (JR)	00:01.02	3.2%	00:04.87	6.5%			00:04.50	1.0%	001_0100								00:10.39	10.8%	
Peter Hartung (FR)	00:00.98	3.0%	00:03.40	4.3%					00:11.91	9.8%	00:05.36	4.4%					00:21.65	21.6%	
John Henry Hawley	00:01.75	5.1%							00:02.55	2.8%	00:02.79	2.7%					00:07.09	10.6%	
David Hudson (SO)	00:01.10	4.2%	00:00.90	1.5%	00:00.24	0.2%			00:03.55	5.0%			00:02.91	4.3%			00:08.70	15.1%	
Daniel Hurley (8)	00:13.74	28.4%	00:27.84	24.6%		V	03:31.79	27.0%	00:26.60	20.8%	00:56.23	37.0%	0010=11				05:36.20	137.8%	
Dominic Judge	00:01.91	5.5%		,				,	00:01.87	2.1%	00:01.43	1.4%					00:05.21	9.0%	
Seth Kellogg (FR)	00:01.32	4.4%	00:03.12	4.5%	00:22.39	12.5%	00:56.17	11.2%	00:13.47	13.4%	00:06.80	7.8%	00:07.92	8.5%	00:30.27	15.6%	02:21.46	77.9%	
Connor Koehr (FR)	00:03.60	12.2%	00:07.98	11.8%	00:10.04	6.4%	00:28.11	7.0%	00:01.63	2.3%	00:04.32	4.9%	00:08.40	9.4%	00:04.08	2.4%	01:08.16	56.5%	
Gus Kohlhaas	00:02.52	7.6%				- */-			00:00.11	0.1%	00:05.34	5.4%		,-		- • / -	00:07.97	13.1%	
Peter Konstanty (SO)			00:03.81	5.9%	00:02.50	1.7%	00:00.65	0.2%	00:02.19	2.5%		- • • •	00:07.89	8.7%	00:06.10	3.7%	00:23.14	22.6%	
Raphaël Likoy	00:12.37	15.5%	00:08.75	5.1%		1/0		J.=/-		,				0.770		/ 0	00:21.12	20.5%	
Nathan Luevano (JR)	00:00.56	2.2%	00:01.39	2.5%							00:00.87	1.2%	00:01.90	2.7%	00:03.19	2.2%	00:07.91	10.8%	
Chris Lynch (SO)	00:00.50	4.9%	00:02.16	3.0%					00:12.80	12.3%	00:04.59	5.4%	00.01.70	2.770	00:00.33	0.2%	00:07.91	25.8%	
Joey Lynch	00:05.16	12.8%	00.02.10	5.070					00:12.30	11.2%	00.07.37	J. T/U			00.00.55	0.2/0	00:21.40	24.1%	
Aidan McCardell (8)	00:12.09	19.6%	00:17.17	12.2%			14:24.47	52.3%	00.11.73	11.4/0	00:16.38	12.2%			1		15:10.11	96.3%	
Michael McGrath (SO)	00:02.81	8.9%	00:17:17	18.1%	01:09.83	32.9%	00:22.20	4.9%	00:10.42	10.8%	00:10:38	17.8%			00:26.53	13.0%	02:47.83	106.2%	
ciaci mediatii (50)	00.02.01	0.7/0	00.13.77	10.1/0	1 01.07.03	J2.7/0	1 00.22.20	1.2/0	00.10.72	10.070	1 00.22.07	17.070	I		1 00.20.55	15.070	V4. T1.03	100.270	

## Seton Swimming Improvement '20-'21 Season Improvement since '19-'20 Season

	50 Free		100 Free		200 Free		500 Free		100 Back		100 Breast		100 Fly		200 IM		Total	
	Improvement	Percent																
Dominic Miller (SO)	00:01.71	5.8%	00:02.00	2.8%			00:22.82	5.1%			00:22.25	19.5%					00:48.78	33.2%
Joseph Minarik (SO)	00:07.50	16.6%	00:17.28	16.0%													00:24.78	32.6%
Anthony Morales (8)	00:04.48	11.1%	00:07.65	8.4%			08:25.81	48.4%	00:03.95	4.0%	00:32.09	21.0%					09:13.98	92.8%
Drew Nguyen	00:04.13	14.0%	00:04.86	7.9%	00:21.30	13.4%			00:03.36	4.4%	00:05.43	6.8%					00:39.08	46.4%
Gabriel Orellana	00:05.25	12.7%	00:08.42	8.5%					00:02.64	1.9%							00:16.31	23.0%
Kevin Orellana (SR)	00:09.78	25.5%	00:10.27	10.8%			05:15.85	36.8%	00:47.92	28.8%	01:50.82	46.5%					08:14.64	148.4%
Justin Orr	00:06.38	16.1%	00:07.41	8.8%					00:06.55	6.0%	00:27.96	20.9%					00:48.30	51.8%
Jacob Oswald																	00:00.00	0.0%
John Pugh	00:12.96	24.6%	00:37.88	27.2%					00:30.92	21.4%							01:21.76	73.3%
Evan Rodriguez	00:49.51	58.7%	00:05.80	6.1%													00:55.31	64.8%
Joseph Rowzie (SR)	00:04.88	15.9%	00:09.35	13.1%													00:14.23	29.0%
Daniel Sokban	00:00.69	2.2%	00:01.50	2.0%					00:04.11	4.5%							00:06.30	8.6%
William Sokban	00:01.19	4.0%	00:01.91	3.0%	00:10.30	6.9%											00:13.40	13.9%
Nick Vaughan	00:08.39	19.0%							00:14.70	10.7%							00:23.09	29.7%
Tom Waldron																	00:00.00	0.0%
Joe Wilson (JR)	00:00.18	0.7%	00:03.12	5.6%			00:10.36	2.7%	00:00.80	1.2%			00:02.08	3.5%	00:02.65	1.9%	00:19.19	15.7%
Jonas Wilson	00:01.35	3.7%									00:01.29	1.3%					00:02.64	4.9%
Max Wilson (FR)	00:01.41	4.7%	00:06.82	9.9%	00:13.04	8.5%	00:13.20	3.2%	00:04.45	6.2%	00:01.49	1.7%	00:03.30	4.3%	00:06.60	4.1%	00:50.31	42.6%
Michael Zahorchak	00:03.58	9.9%	00:04.82	6.2%	00:16.66	9.2%			00:07.53	7.6%	00:01.65	1.6%					00:34.24	34.5%