

### Seton Swimming

## Individual Meet Entries Report

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street

540-379-8328

Manassas, VA 20110

Coach@KoehrFamily.com

<p><b># 1 Male Senior 200 Medley Relay A SST</b> 1:47.26Y</p> <p>1 Connor Koehr (SO) 2 Jj Brox (SR) 3 Joe Wilson (SR) 4 Lionel Martinez (8)</p> <hr/> <p>Athletes 4</p>	<p><b># 1 Male Senior 200 Medley Relay H SST</b> 2:38.00Y</p> <p>1 Jj Cooley (FR) 2 Colin Nguyen (SR) 3 Daniel Sokban (8) 4 Noah Vaughan (8)</p> <hr/> <p>Athletes 4</p>
<p><b># 1 Male Senior 200 Medley Relay B SST</b> 1:50.26Y</p> <p>1 Mick Fioramonti (JR) 2 Drew Nguyen (SO) 3 Max Wilson (SO) 4 Michael Brox (SO)</p> <hr/> <p>Athletes 4</p>	<p><b># 1 Male Senior 200 Medley Relay I SST</b> 2:40.00Y</p> <p>1 Thiago Martinez (7) 2 Aaron Bishop (JR) 3 Jonas Wilson (7) 4 Tim Blanchette (SR)</p> <hr/> <p>Athletes 4</p>
<p><b># 1 Male Senior 200 Medley Relay C SST</b> 2:30.00Y</p> <p>1 Peter Konstanty (JR) 2 William Sokban (SO) 3 Dominic Judge (8) 4 Charlie Dusek (FR)</p> <hr/> <p>Athletes 4</p>	<p><b># 2 Female Senior 200 Medley Relay A SST</b> 1:54.56Y</p> <p>1 Ariana Aldeguer (8) 2 Clara Condon (SO) 3 Stella Paradise (JR) 4 Maggie Gibbons (JR)</p> <hr/> <p>Athletes 4</p>
<p><b># 1 Male Senior 200 Medley Relay D SST</b> 2:32.00Y</p> <p>1 Luke Mantooth (JR) 2 Patrick Kay (7) 3 Michael Zahorchak (8) 4 Joseph Minarik (JR)</p> <hr/> <p>Athletes 4</p>	<p><b># 2 Female Senior 200 Medley Relay B SST</b> 2:10.97Y</p> <p>1 Anastasia Garvey (FR) 2 Elodie Brox (SO) 3 Kateri Mantooth (SR) 4 Philomena Kay (8)</p> <hr/> <p>Athletes 4</p>
<p><b># 1 Male Senior 200 Medley Relay E SST</b> 2:42.00Y</p> <p>1 Joey Lynch (7) 2 Ryan Beltran (JR) 3 Kenneth Nguyen (8) 4 Nick Vaughan (SO)</p> <hr/> <p>Athletes 4</p>	<p><b># 2 Female Senior 200 Medley Relay C SST</b> 2:35.00Y</p> <p>1 Annie Dusek (7) 2 Amelie Halisky (SR) 3 Maggie Schroer (7) 4 Jane Judge (7)</p> <hr/> <p>Athletes 4</p>
<p><b># 1 Male Senior 200 Medley Relay F SST</b> 2:34.00Y</p> <p>1 Joey Dealey (SR) 2 Greg Bauer (FR) 3 Joseph Borneman (SO) 4 Jack Gregory (JR)</p> <hr/> <p>Athletes 4</p>	<p><b># 2 Female Senior 200 Medley Relay D SST</b> 2:37.00Y</p> <p>1 Noemi Rodriguez (8) 2 Rose Waldron (SO) 3 Mary Catherine Hurley (SO) 4 Meg Blanchette (SO)</p> <hr/> <p>Athletes 4</p>
<p><b># 1 Male Senior 200 Medley Relay G SST</b> 2:36.00Y</p> <p>1 Ben Ellis (8) 2 Jed Albin (JR) 3 Josh Fioramonti (FR) 4 Joseph Dwane (JR)</p> <hr/> <p>Athletes 4</p>	<p><b># 2 Female Senior 200 Medley Relay E SST</b> 2:39.00Y</p> <p>1 Kyleigh Fifield (8) 2 Madelyn Zadnik (JR) 3 Avila Mantooth (7) 4 Sofia Kohlhaas (7)</p> <hr/> <p>Athletes 4</p>

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<p><b># 2 Female Senior 200 Medley Relay F SST</b> 2:41.00Y</p> <p>1 Meghan Condon (7) 2 Shannon O'Malley (SO) 3 Betsy Arnold (7) 4 Helena O'Keefe (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay G SST</b> 2:43.00Y</p> <p>1 Elizabeth Francis (SO) 2 Lucia Bingham (SO) 3 Elizabeth Hurley (7) 4 Clare Heiny (7)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay H SST</b> 2:45.00Y</p> <p>1 Rachel Baughman (7) 2 Ava Hudson (JR) 3 Orla Haggerty (SO) 4 Molly Bauer (SO)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay I SST</b> 2:47.00Y</p> <p>1 Cate Waldron (JR) 2 Lucy Cunningham (SO) 3 Maria Miller (FR) 4 Allison Quispe (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay J SST</b> 2:49.00Y</p> <p>1 Aoife Haggerty (8) 2 Julia Atkinson (JR) 3 Sophia Halisky (7) 4 Monica Irving (7)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay K SST</b> 2:51.00Y</p> <p>1 Maddie Heiny (FR) 2 Amelia Geary (JR) 3 Moira Haggerty (SR) 4 Veronica Bingham (6)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay L SST</b> 2:53.00Y</p> <p>1 Kit Blanchette (7) 2 Lily Waldron (7) 3 Gabriella Russo (8) 4 Bella Nguyen (7)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay M SST</b> 2:55.00Y</p> <p>1 Katie Bauer (7) 2 Mary Claire Osilka (FR)</p>	<p>3 Mariana Bingham (8) 4 Nora Blanchette (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 3 Male Senior 200 Free</b></p> <p>Michael Brox (SO) 2:13.45Y Max Wilson (SO) 2:14.89Y Joey Dealey (SR) 2:14.95Y Drew Nguyen (SO) 2:16.67Y Jed Albin (JR) X 2:26.40Y Aaron Bishop (JR) X 2:52.56Y Jonas Wilson (7) X 2:56.59Y</p> <hr/> <p>Athletes 7</p> <p><b># 4 Female Senior 200 Free</b></p> <p>Ariana Aldeguer (8) 2:03.67Y Jacqueline Oswald (SR) 2:25.68Y Anastasia Garvey (FR) 2:27.57Y Elodie Brox (SO) 2:29.23Y Elizabeth Hurley (7) X 3:05.00Y Gabriella Russo (8) X 3:17.50Y</p> <hr/> <p>Athletes 6</p> <p><b># 5 Male Senior 200 IM</b></p> <p>Lionel Martinez (8) 2:04.51Y Thiago Martinez (7) X 2:25.00Y David Hudson (JR) 2:25.10Y Peter Konstanty (JR) 2:34.70Y Greg Bauer (FR) 2:45.88Y</p> <hr/> <p>Athletes 5</p> <p><b># 6 Female Senior 200 IM</b></p> <p>Clara Condon (SO) 2:19.48Y Haley Fifield (SO) 2:45.53Y Shannon O'Malley (SO) 2:49.79Y Madelyn Zadnik (JR) 2:55.01Y Sophia Halisky (7) X 3:00.00Y Maria Miller (FR) X 3:00.00Y Maggie Schroer (7) X 3:00.00Y Lucy Cunningham (SO) X 3:01.61Y</p> <hr/> <p>Athletes 8</p>
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<p><b># 7 Male Senior 50 Free</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 80%;">Joe Wilson (SR)</td><td style="text-align: right;">24.29Y</td></tr> <tr><td>Liam Halisky (SO)</td><td style="text-align: right;">24.93Y</td></tr> <tr><td>Connor Koehr (SO)</td><td style="text-align: right;">X 25.82Y</td></tr> <tr><td>Joseph Borneman (SO)</td><td style="text-align: right;">26.37Y</td></tr> <tr><td>Josh Fioramonti (FR)</td><td style="text-align: right;">26.62Y</td></tr> <tr><td>Patrick Kay (7)</td><td style="text-align: right;">X 27.81Y</td></tr> <tr><td>Colin Nguyen (SR)</td><td style="text-align: right;">X 28.38Y</td></tr> <tr><td>Joey Lynch (7)</td><td style="text-align: right;">X 32.40Y</td></tr> <tr><td>Ben Ellis (8)</td><td style="text-align: right;">X 33.12Y</td></tr> <tr><td>Jonas Wilson (7)</td><td style="text-align: right;">X 33.86Y</td></tr> <tr><td>Nick Vaughan (SO)</td><td style="text-align: right;">X 33.92Y</td></tr> <tr><td>Charlie Dusek (FR)</td><td style="text-align: right;">X 36.73Y</td></tr> <tr><td>Joseph Minarik (JR)</td><td style="text-align: right;">X 36.78Y</td></tr> <tr><td>Jack Gregory (JR)</td><td style="text-align: right;">X 37.34Y</td></tr> <tr><td>Joseph Dwane (JR)</td><td style="text-align: right;">X 37.57Y</td></tr> <tr><td>Tim Blanchette (SR)</td><td style="text-align: right;">X 38.02Y</td></tr> <tr><td>Noah Vaughan (8)</td><td style="text-align: right;">X 38.02Y</td></tr> <tr><td>John Cooley (7)</td><td style="text-align: right;">X 39.72Y</td></tr> <tr><td>Aidan McCardell (FR)</td><td style="text-align: right;">X 40.13Y</td></tr> <tr><td>Daniel Kohlhaas (6)</td><td style="text-align: right;">X 50.89Y</td></tr> </table> <p><b>Athletes 20</b></p> <p><b># 8 Female Senior 50 Free</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 80%;">Stella Paradise (JR)</td><td style="text-align: right;">25.98Y</td></tr> <tr><td>Mary Pennefather (SR)</td><td style="text-align: right;">26.92Y</td></tr> <tr><td>Elodie Brox (SO)</td><td style="text-align: right;">27.01Y</td></tr> <tr><td>Kateri Mantooth (SR)</td><td style="text-align: right;">28.58Y</td></tr> <tr><td>Betsy Arnold (7)</td><td style="text-align: right;">X 31.02Y</td></tr> <tr><td>Orla Haggerty (SO)</td><td style="text-align: right;">X 31.58Y</td></tr> <tr><td>Mariana Bingham (8)</td><td style="text-align: right;">X 31.97Y</td></tr> <tr><td>Julia Atkinson (JR)</td><td style="text-align: right;">X 32.28Y</td></tr> <tr><td>Lily Waldron (7)</td><td style="text-align: right;">X 33.37Y</td></tr> <tr><td>Mary Claire Osilka (FR)</td><td style="text-align: right;">X 33.42Y</td></tr> <tr><td>Annie Dusek (7)</td><td style="text-align: right;">X 33.46Y</td></tr> <tr><td>Noemi Rodriguez (8)</td><td style="text-align: right;">X 33.54Y</td></tr> <tr><td>Kyleigh Fifield (8)</td><td style="text-align: right;">X 33.56Y</td></tr> <tr><td>Rachel Baughman (7)</td><td style="text-align: right;">X 34.70Y</td></tr> <tr><td>Cate Waldron (JR)</td><td style="text-align: right;">X 34.86Y</td></tr> <tr><td>Aoife Haggerty (8)</td><td style="text-align: right;">X 35.00Y</td></tr> <tr><td>Maddie Heiny (FR)</td><td style="text-align: right;">X 35.33Y</td></tr> <tr><td>Kit Blanchette (7)</td><td style="text-align: right;">X 35.51Y</td></tr> <tr><td>Katie Bauer (7)</td><td style="text-align: right;">X 35.64Y</td></tr> <tr><td>Jane Judge (7)</td><td style="text-align: right;">X 35.65Y</td></tr> <tr><td>Meg Blanchette (SO)</td><td style="text-align: right;">X 35.81Y</td></tr> <tr><td>Sofia Kohlhaas (7)</td><td style="text-align: right;">X 36.25Y</td></tr> <tr><td>Helena O'Keefe (FR)</td><td style="text-align: right;">X 36.41Y</td></tr> <tr><td>Clare Heiny (7)</td><td style="text-align: right;">X 37.12Y</td></tr> <tr><td>Allison Quispe (FR)</td><td style="text-align: right;">X 37.19Y</td></tr> <tr><td>Monica Irving (7)</td><td style="text-align: right;">X 37.25Y</td></tr> </table>	Joe Wilson (SR)	24.29Y	Liam Halisky (SO)	24.93Y	Connor Koehr (SO)	X 25.82Y	Joseph Borneman (SO)	26.37Y	Josh Fioramonti (FR)	26.62Y	Patrick Kay (7)	X 27.81Y	Colin Nguyen (SR)	X 28.38Y	Joey Lynch (7)	X 32.40Y	Ben Ellis (8)	X 33.12Y	Jonas Wilson (7)	X 33.86Y	Nick Vaughan (SO)	X 33.92Y	Charlie Dusek (FR)	X 36.73Y	Joseph Minarik (JR)	X 36.78Y	Jack Gregory (JR)	X 37.34Y	Joseph Dwane (JR)	X 37.57Y	Tim Blanchette (SR)	X 38.02Y	Noah Vaughan (8)	X 38.02Y	John Cooley (7)	X 39.72Y	Aidan McCardell (FR)	X 40.13Y	Daniel Kohlhaas (6)	X 50.89Y	Stella Paradise (JR)	25.98Y	Mary Pennefather (SR)	26.92Y	Elodie Brox (SO)	27.01Y	Kateri Mantooth (SR)	28.58Y	Betsy Arnold (7)	X 31.02Y	Orla Haggerty (SO)	X 31.58Y	Mariana Bingham (8)	X 31.97Y	Julia Atkinson (JR)	X 32.28Y	Lily Waldron (7)	X 33.37Y	Mary Claire Osilka (FR)	X 33.42Y	Annie Dusek (7)	X 33.46Y	Noemi Rodriguez (8)	X 33.54Y	Kyleigh Fifield (8)	X 33.56Y	Rachel Baughman (7)	X 34.70Y	Cate Waldron (JR)	X 34.86Y	Aoife Haggerty (8)	X 35.00Y	Maddie Heiny (FR)	X 35.33Y	Kit Blanchette (7)	X 35.51Y	Katie Bauer (7)	X 35.64Y	Jane Judge (7)	X 35.65Y	Meg Blanchette (SO)	X 35.81Y	Sofia Kohlhaas (7)	X 36.25Y	Helena O'Keefe (FR)	X 36.41Y	Clare Heiny (7)	X 37.12Y	Allison Quispe (FR)	X 37.19Y	Monica Irving (7)	X 37.25Y	<table style="width: 100%; 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border-collapse: collapse;"> <tr><td style="width: 80%;">Rose Waldron (SO)</td><td style="text-align: right;">132.37</td></tr> <tr><td>Meghan Condon (7)</td><td style="text-align: right;">X 102.90</td></tr> <tr><td>Elizabeth Francis (SO)</td><td style="text-align: right;">102.30</td></tr> <tr><td>Maria Miller (FR)</td><td style="text-align: right;">94.50</td></tr> <tr><td>Cecelia Kelly (7)</td><td style="text-align: right;">X 48.75</td></tr> <tr><td>Lauren Grinder (7)</td><td style="text-align: right;">X 37.87</td></tr> </table> <hr style="border: 1px solid black;"/> <p><b>Athletes 6</b></p> <p><b># 11 Male Senior 100 Fly</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 80%;">Lionel Martinez (8)</td><td style="text-align: right;">59.76Y</td></tr> <tr><td>David Hudson (JR)</td><td style="text-align: right;">1:04.90Y</td></tr> <tr><td>William Sokban (SO)</td><td style="text-align: right;">1:10.29Y</td></tr> <tr><td>Luke Mantooth (JR)</td><td style="text-align: right;">1:13.79Y</td></tr> <tr><td>Mick Fioramonti (JR)</td><td style="text-align: right;">X 1:15.76Y</td></tr> <tr><td>Dominic Judge (8)</td><td style="text-align: right;">X 1:20.70Y</td></tr> <tr><td>Josh Fioramonti (FR)</td><td style="text-align: right;">X 1:20.78Y</td></tr> <tr><td>Aaron Bishop (JR)</td><td style="text-align: right;">X 1:23.73Y</td></tr> <tr><td>Michael Zahorchak (8)</td><td style="text-align: right;">X 1:30.00Y</td></tr> <tr><td>Ryan Beltran (JR)</td><td style="text-align: right;">X 1:35.00Y</td></tr> <tr><td>Colin Nguyen (SR)</td><td style="text-align: right;">X 1:35.00Y</td></tr> <tr><td>Kenneth Nguyen (8)</td><td style="text-align: right;">X 1:35.00Y</td></tr> <tr><td>Daniel Sokban (8)</td><td style="text-align: right;">X 1:35.20Y</td></tr> </table> <hr style="border: 1px solid black;"/> <p><b>Athletes 13</b></p>	Veronica Bingham (6)	X 39.25Y	Bella Nguyen (7)	X 40.32Y	Nora Blanchette (FR)	X 41.52Y	Emma Reynolds (SR)	X 42.03Y	Veronica Gonzalez (7)	X 42.14Y	Camila Quispe (6)	X 43.30Y	Briana Shillingburg (SO)	X 44.17Y	Cora Kramer (8)	X 45.79Y	Connor Koehr (SO)	188.18	Mick Fioramonti (JR)	X 152.70	Jj Brox (SR)	X 146.77	Dominic Miller (JR)	X 143.55	Jacob Oswald (SO)	142.87	Max Gonzalez (SO)	141.08	Gus Kohlhaas (FR)	131.48	Michael Brox (SO)	X 89.40	Kieran Kelly (SO)	X 45.45	Rose Waldron (SO)	132.37	Meghan Condon (7)	X 102.90	Elizabeth Francis (SO)	102.30	Maria Miller (FR)	94.50	Cecelia Kelly (7)	X 48.75	Lauren Grinder (7)	X 37.87	Lionel Martinez (8)	59.76Y	David Hudson (JR)	1:04.90Y	William Sokban (SO)	1:10.29Y	Luke Mantooth (JR)	1:13.79Y	Mick Fioramonti (JR)	X 1:15.76Y	Dominic Judge (8)	X 1:20.70Y	Josh Fioramonti (FR)	X 1:20.78Y	Aaron Bishop (JR)	X 1:23.73Y	Michael Zahorchak (8)	X 1:30.00Y	Ryan Beltran (JR)	X 1:35.00Y	Colin Nguyen (SR)	X 1:35.00Y	Kenneth Nguyen (8)	X 1:35.00Y	Daniel Sokban (8)	X 1:35.20Y
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Sofia Kohlhaas (7)	X 36.25Y																																																																																																																																																																				
Helena O'Keefe (FR)	X 36.41Y																																																																																																																																																																				
Clare Heiny (7)	X 37.12Y																																																																																																																																																																				
Allison Quispe (FR)	X 37.19Y																																																																																																																																																																				
Monica Irving (7)	X 37.25Y																																																																																																																																																																				
Veronica Bingham (6)	X 39.25Y																																																																																																																																																																				
Bella Nguyen (7)	X 40.32Y																																																																																																																																																																				
Nora Blanchette (FR)	X 41.52Y																																																																																																																																																																				
Emma Reynolds (SR)	X 42.03Y																																																																																																																																																																				
Veronica Gonzalez (7)	X 42.14Y																																																																																																																																																																				
Camila Quispe (6)	X 43.30Y																																																																																																																																																																				
Briana Shillingburg (SO)	X 44.17Y																																																																																																																																																																				
Cora Kramer (8)	X 45.79Y																																																																																																																																																																				
Connor Koehr (SO)	188.18																																																																																																																																																																				
Mick Fioramonti (JR)	X 152.70																																																																																																																																																																				
Jj Brox (SR)	X 146.77																																																																																																																																																																				
Dominic Miller (JR)	X 143.55																																																																																																																																																																				
Jacob Oswald (SO)	142.87																																																																																																																																																																				
Max Gonzalez (SO)	141.08																																																																																																																																																																				
Gus Kohlhaas (FR)	131.48																																																																																																																																																																				
Michael Brox (SO)	X 89.40																																																																																																																																																																				
Kieran Kelly (SO)	X 45.45																																																																																																																																																																				
Rose Waldron (SO)	132.37																																																																																																																																																																				
Meghan Condon (7)	X 102.90																																																																																																																																																																				
Elizabeth Francis (SO)	102.30																																																																																																																																																																				
Maria Miller (FR)	94.50																																																																																																																																																																				
Cecelia Kelly (7)	X 48.75																																																																																																																																																																				
Lauren Grinder (7)	X 37.87																																																																																																																																																																				
Lionel Martinez (8)	59.76Y																																																																																																																																																																				
David Hudson (JR)	1:04.90Y																																																																																																																																																																				
William Sokban (SO)	1:10.29Y																																																																																																																																																																				
Luke Mantooth (JR)	1:13.79Y																																																																																																																																																																				
Mick Fioramonti (JR)	X 1:15.76Y																																																																																																																																																																				
Dominic Judge (8)	X 1:20.70Y																																																																																																																																																																				
Josh Fioramonti (FR)	X 1:20.78Y																																																																																																																																																																				
Aaron Bishop (JR)	X 1:23.73Y																																																																																																																																																																				
Michael Zahorchak (8)	X 1:30.00Y																																																																																																																																																																				
Ryan Beltran (JR)	X 1:35.00Y																																																																																																																																																																				
Colin Nguyen (SR)	X 1:35.00Y																																																																																																																																																																				
Kenneth Nguyen (8)	X 1:35.00Y																																																																																																																																																																				
Daniel Sokban (8)	X 1:35.20Y																																																																																																																																																																				

## Seton Swimming

### Individual Meet Entries Report

**2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards**

**Seton Swimming [SST] Coach: Jim Koehr**

<b># 12 Female Senior 100 Fly</b>		Haley Fifield (SO)	1:06.83Y
Clara Condon (SO)	1:01.02Y	Sophia Halisky (7)	X 1:16.61Y
Philomena Kay (8)	1:16.97Y	Maddie Heiny (FR)	X 1:25.45Y
Lucia Bingham (SO)	1:18.51Y	Rachel Baughman (7)	X 1:25.72Y
Shannon O'Malley (SO)	1:23.69Y	Sofia Kohlhaas (7)	X 1:26.61Y
Madelyn Zadnik (JR)	X 1:24.23Y	Clare Heiny (7)	X 1:28.59Y
Mariana Bingham (8)	X 1:25.45Y	Cora Kramer (8)	X 1:47.29Y
Ava Hudson (JR)	X 1:27.84Y		
Moira Haggerty (SR)	X 1:30.00Y	<b>Athletes</b>	<b>10</b>
Elizabeth Hurley (7)	X 1:30.00Y	<b># 15 Male Senior 500 Free</b>	
Kyleigh Fifield (8)	X 1:32.64Y	Michael Brox (SO)	6:18.33Y
Amelia Geary (JR)	X 1:33.29Y	William Sokban (SO)	6:20.12Y
Maria Miller (FR)	X 1:33.51Y	Joseph Borneman (SO)	6:25.00Y
Mary Catherine Hurley (SO)	X 1:34.21Y	Thiago Martinez (7)	X 6:30.00Y
Elizabeth Francis (SO)	X 1:34.84Y	Jed Albin (JR)	6:36.61Y
Meghan Condon (7)	X 1:35.00Y	Dominic Judge (8)	X 6:45.00Y
Julia Atkinson (JR)	X 1:35.33Y		
Betsy Arnold (7)	X 1:36.09Y	<b>Athletes</b>	<b>6</b>
Annie Dusek (7)	X 1:40.00Y	<b># 16 Female Senior 500 Free</b>	
Aoife Haggerty (8)	X 1:40.00Y	Ariana Aldeguer (8)	5:16.67Y
Avila Mantooth (7)	X 1:40.00Y	Lucia Bingham (SO)	7:01.82Y
Noemi Rodriguez (8)	X 1:40.00Y	Amelie Halisky (SR)	7:12.03Y
Gabriella Russo (8)	X 1:40.00Y	Lucy Cunningham (SO)	7:17.41Y
Katie Bauer (7)	X 1:45.00Y	Maggie Schroer (7)	X 7:45.00Y
Veronica Bingham (6)	X 1:45.00Y	Rose Waldron (SO)	X 7:58.36Y
Mary Claire Osilka (FR)	X 1:45.00Y	Meghan Condon (7)	X 8:35.00Y
Orla Haggerty (SO)	X 1:45.69Y	Molly Bauer (SO)	X 9:44.72Y
Molly Bauer (SO)	X 1:53.58Y		
Jane Judge (7)	X NT	<b>Athletes</b>	<b>8</b>
<b>Athletes</b>	<b>28</b>	<b># 17 Male Senior 200 Free Relay A SST</b>	
<b># 13 Male Senior 100 Free</b>		1 David Hudson (JR)	1:39.39Y
Joe Wilson (SR)	52.21Y	2 Liam Halisky (SO)	
Jj Brox (SR)	55.99Y	3 Drew Nguyen (SO)	
Liam Halisky (SO)	59.11Y	4 Jj Brox (SR)	
Joey Dealey (SR)	59.54Y		
Greg Bauer (FR)	X 1:03.29Y	<b>Athletes</b>	<b>4</b>
Patrick Kay (7)	X 1:05.34Y	<b># 17 Male Senior 200 Free Relay B SST</b>	
Jj Cooley (FR)	X 1:22.88Y	1 Joey Dealey (SR)	1:45.59Y
Charlie Dusek (FR)	X 1:25.62Y	2 Peter Konstanty (JR)	
Joseph Minarik (JR)	X 1:29.14Y	3 Luke Mantooth (JR)	
Nick Vaughan (SO)	X 1:31.81Y	4 Josh Fioramonti (FR)	
Noah Vaughan (8)	X 1:33.46Y		
Joseph Dwane (JR)	X 1:39.62Y	<b>Athletes</b>	<b>4</b>
Aidan McCardell (FR)	X 1:46.45Y	<b># 17 Male Senior 200 Free Relay C SST</b>	
<b>Athletes</b>	<b>13</b>	1 Daniel Sokban (8)	2:25.00Y
<b># 14 Female Senior 100 Free</b>		2 Michael Zahorchak (8)	
Stella Paradise (JR)	55.76Y	3 Kenneth Nguyen (8)	
Mary Pennefather (SR)	59.55Y	4 Joseph Minarik (JR)	
Maggie Gibbons (JR)	59.60Y		
		<b>Athletes</b>	<b>4</b>

### Seton Swimming

## Individual Meet Entries Report

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards

Seton Swimming [SST] Coach: Jim Koehr

<p><b># 17 Male Senior 200 Free Relay D SST</b> 2:27.00Y</p> <p>1 Mick Fioramonti (JR) 2 Dominic Judge (8) 3 Joey Lynch (7) 4 Charlie Dusek (FR)</p> <p>Athletes 4</p>	<p>3 Kyleigh Fifield (8) 4 Briana Shillingburg (SO)</p> <p>Athletes 4</p>
<p><b># 17 Male Senior 200 Free Relay E SST</b> 2:29.00Y</p> <p>1 Thiago Martinez (7) 2 Aaron Bishop (JR) 3 Ben Ellis (8) 4 John Cooley (7)</p> <p>Athletes 4</p>	<p><b># 18 Female Senior 200 Free Relay D SST</b> 2:32.00Y</p> <p>1 Rose Waldron (SO) 2 Annie Dusek (7) 3 Meghan Condon (7) 4 Camila Quispe (6)</p> <p>Athletes 4</p>
<p><b># 17 Male Senior 200 Free Relay F SST</b> 2:31.00Y</p> <p>1 William Sokban (SO) 2 Colin Nguyen (SR) 3 Jj Cooley (FR) 4 Aidan McCardell (FR)</p> <p>Athletes 4</p>	<p><b># 18 Female Senior 200 Free Relay E SST</b> 2:34.00Y</p> <p>1 Madelyn Zadnik (JR) 2 Mary Claire Osilka (FR) 3 Elizabeth Francis (SO) 4 Veronica Gonzalez (7)</p> <p>Athletes 4</p>
<p><b># 17 Male Senior 200 Free Relay G SST</b> 2:33.00Y</p> <p>1 Patrick Kay (7) 2 Jed Albin (JR) 3 Jonas Wilson (7) 4 Daniel Kohlhaas (6)</p> <p>Athletes 4</p>	<p><b># 18 Female Senior 200 Free Relay F SST</b> 2:36.00Y</p> <p>1 Mary Catherine Hurley (SO) 2 Lily Waldron (7) 3 Rachel Baughman (7) 4 Emma Reynolds (SR)</p> <p>Athletes 4</p>
<p><b># 17 Male Senior 200 Free Relay H SST</b> 2:35.00Y</p> <p>1 Ryan Beltran (JR) 2 Greg Bauer (FR) 3 Nick Vaughan (SO) 4 Jack Gregory (JR)</p> <p>Athletes 4</p>	<p><b># 18 Female Senior 200 Free Relay G SST</b> 2:38.00Y</p> <p>1 Lucia Bingham (SO) 2 Amelia Geary (JR) 3 Cate Waldron (JR) 4 Cora Kramer (8)</p> <p>Athletes 4</p>
<p><b># 18 Female Senior 200 Free Relay A SST</b> 1:48.05Y</p> <p>1 Maggie Gibbons (JR) 2 Stella Paradise (JR) 3 Ariana Aldeguez (8) 4 Mary Pennefather (SR)</p> <p>Athletes 4</p>	<p><b># 18 Female Senior 200 Free Relay H SST</b> 2:40.00Y</p> <p>1 Ava Hudson (JR) 2 Julia Atkinson (JR) 3 Aoife Haggerty (8) 4 Monica Irving (7)</p> <p>Athletes 4</p>
<p><b># 18 Female Senior 200 Free Relay B SST</b> 1:58.98Y</p> <p>1 Philomena Kay (8) 2 Jacqueline Oswald (SR) 3 Kateri Mantooth (SR) 4 Haley Fifield (SO)</p> <p>Athletes 4</p>	<p><b># 18 Female Senior 200 Free Relay I SST</b> 2:42.00Y</p> <p>1 Avila Mantooth (7) 2 Mariana Bingham (8) 3 Maddie Heiny (FR) 4 Allison Quispe (FR)</p> <p>Athletes 4</p>
<p><b># 18 Female Senior 200 Free Relay C SST</b> 2:30.00Y</p> <p>1 Maggie Schroer (7) 2 Noemi Rodriguez (8)</p>	

## Seton Swimming

### Individual Meet Entries Report

**2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards**

**Seton Swimming [SST] Coach: Jim Koehr**

<p><b># 18 Female Senior 200 Free Relay J SST</b> 2:44.00Y</p> <p>1 Betsy Arnold (7)</p> <p>2 Gabriella Russo (8)</p> <p>3 Kit Blanchette (7)</p> <p>4 Molly Bauer (SO)</p> <hr/> <p>Athletes 4</p> <p><b># 18 Female Senior 200 Free Relay K SST</b> 2:46.00Y</p> <p>1 Elizabeth Hurley (7)</p> <p>2 Moira Haggerty (SR)</p> <p>3 Katie Bauer (7)</p> <p>4 Clare Heiny (7)</p> <hr/> <p>Athletes 4</p> <p><b># 18 Female Senior 200 Free Relay L SST</b> 2:48.00Y</p> <p>1 Lucy Cunningham (SO)</p> <p>2 Sophia Halisky (7)</p> <p>3 Jane Judge (7)</p> <p>4 Helena O'Keefe (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 18 Female Senior 200 Free Relay M SST</b> 2:50.00Y</p> <p>1 Orla Haggerty (SO)</p> <p>2 Maria Miller (FR)</p> <p>3 Meg Blanchette (SO)</p> <p>4 Sofia Kohlhaas (7)</p> <hr/> <p>Athletes 4</p> <p><b># 19 Male Senior 100 Back</b></p> <p>Connor Koehr (SO) 1:03.93Y</p> <p>Mick Fioramonti (JR) 1:04.91Y</p> <p>Max Wilson (SO) 1:06.72Y</p> <p>Ryan Beltran (JR) 1:13.57Y</p> <p>Joey Lynch (7) X 1:24.11Y</p> <p>Michael Zahorchak (8) X 1:24.46Y</p> <p>Tim Blanchette (SR) X 1:52.38Y</p> <p>Jack Gregory (JR) X 1:59.97Y</p> <p>Daniel Kohlhaas (6) X 2:24.43Y</p> <hr/> <p>Athletes 9</p> <p><b># 20 Female Senior 100 Back</b></p> <p>Maggie Gibbons (JR) 1:10.51Y</p> <p>Jacqueline Oswald (SR) 1:14.07Y</p> <p>Anastasia Garvey (FR) 1:14.60Y</p> <p>Amelie Halisky (SR) 1:15.00Y</p> <p>Mary Catherine Hurley (SO) X 1:26.24Y</p> <p>Elizabeth Francis (SO) X 1:31.13Y</p> <p>Lily Waldron (7) X 1:33.18Y</p> <p>Monica Irving (7) X 1:34.61Y</p> <p>Avila Mantooth (7) X 1:38.29Y</p> <p>Kit Blanchette (7) X 1:44.11Y</p>	<p>Briana Shillingburg (SO) X 1:59.43Y</p> <p>Nora Blanchette (FR) X 2:05.42Y</p> <p>Emma Reynolds (SR) X 2:05.69Y</p> <hr/> <p>Athletes 13</p> <p><b># 21 Male Senior 100 Breast</b></p> <p>Jj Brox (SR) 1:06.53Y</p> <p>Drew Nguyen (SO) 1:10.49Y</p> <p>Luke Mantooth (JR) 1:16.18Y</p> <p>Peter Konstanty (JR) 1:20.98Y</p> <p>Daniel Sokban (8) X 1:26.00Y</p> <p>Kenneth Nguyen (8) X 1:32.90Y</p> <p>Ben Ellis (8) X 1:39.00Y</p> <p>Jj Cooley (FR) X 1:51.48Y</p> <p>John Cooley (7) X 2:35.38Y</p> <hr/> <p>Athletes 9</p> <p><b># 22 Female Senior 100 Breast</b></p> <p>Rose Waldron (SO) 1:19.14Y</p> <p>Philomena Kay (8) 1:24.72Y</p> <p>Kateri Mantooth (SR) 1:24.94Y</p> <p>Ava Hudson (JR) 1:28.43Y</p> <p>Amelia Geary (JR) X 1:33.59Y</p> <p>Meg Blanchette (SO) X 1:39.65Y</p> <p>Moira Haggerty (SR) X 1:42.35Y</p> <p>Allison Quispe (FR) X 1:52.26Y</p> <p>Cate Waldron (JR) X 1:52.45Y</p> <p>Helena O'Keefe (FR) X 1:52.90Y</p> <p>Bella Nguyen (7) X 2:06.33Y</p> <p>Veronica Gonzalez (7) X 2:06.46Y</p> <p>Camila Quispe (6) X 2:44.93Y</p> <hr/> <p>Athletes 13</p> <p><b># 23 Male Senior 400 Free Relay A SST</b> 3:41.28Y</p> <p>1 Joe Wilson (SR)</p> <p>2 Lionel Martinez (8)</p> <p>3 Joseph Borneman (SO)</p> <p>4 Michael Brox (SO)</p> <hr/> <p>Athletes 4</p> <p><b># 23 Male Senior 400 Free Relay B SST</b> 3:53.52Y</p> <p>1 David Hudson (JR)</p> <p>2 Connor Koehr (SO)</p> <p>3 Max Wilson (SO)</p> <p>4 Liam Halisky (SO)</p> <hr/> <p>Athletes 4</p>
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## Seton Swimming

### Individual Meet Entries Report

**2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards**

**Seton Swimming [SST] Coach: Jim Koehr**

**# 24 Female Senior 400 Free Relay A SST** 3:50.91Y

- 1 Mary Pennefather (SR)
- 2 Elodie Brox (SO)
- 3 Anastasia Garvey (FR)
- 4 Clara Condon (SO)

Athletes 4

**# 24 Female Senior 400 Free Relay B SST** 4:27.34Y

- 1 Jacqueline Oswald (SR)
- 2 Haley Fifield (SO)
- 3 Shannon O'Malley (SO)
- 4 Amelie Halisky (SR)

Athletes 4

<b>Female IE's:</b>	<b>126</b>	<b>Total Athletes:</b>	<b>108</b>
<b>Male IE's:</b>	<b>91</b>		
<hr/>			
<b>Total IE's:</b>	<b>217</b>	<b>Total RE's:</b>	<b>47</b>