

Seton Swimming

Individual Meet Entries Report

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street

Manassas, VA 20110

540-379-8328

Coach@KoehrFamily.com

FEMALE

Ariana Aldeguer (8)

# 2	Female Senior 200 Medley Relay A	Back
# 4	Female Senior 200 Free	2:03.67Y
# 16	Female Senior 500 Free	5:16.67Y
# 18	Female Senior 200 Free Relay A	3

Betsy Arnold (7)

# 2	Female Senior 200 Medley Relay F	Fly
# 8	Female Senior 50 Free	X 31.02Y
# 12	Female Senior 100 Fly	X 1:36.09Y
# 18	Female Senior 200 Free Relay J	1

Julia Atkinson (JR)

# 2	Female Senior 200 Medley Relay J	Breast
# 8	Female Senior 50 Free	X 32.28Y
# 12	Female Senior 100 Fly	X 1:35.33Y
# 18	Female Senior 200 Free Relay H	2

Katie Bauer (7)

# 2	Female Senior 200 Medley Relay M	Back
# 8	Female Senior 50 Free	X 35.64Y
# 12	Female Senior 100 Fly	X 1:45.00Y
# 18	Female Senior 200 Free Relay K	3

Molly Bauer (SO)

# 2	Female Senior 200 Medley Relay H	Free
# 12	Female Senior 100 Fly	X 1:53.58Y
# 16	Female Senior 500 Free	X 9:44.72Y
# 18	Female Senior 200 Free Relay J	4

Rachel Baughman (7)

# 2	Female Senior 200 Medley Relay H	Back
# 8	Female Senior 50 Free	X 34.70Y
# 14	Female Senior 100 Free	X 1:25.72Y
# 18	Female Senior 200 Free Relay F	3

Lucia Bingham (SO)

# 2	Female Senior 200 Medley Relay G	Breast
# 12	Female Senior 100 Fly	1:18.51Y
# 16	Female Senior 500 Free	7:01.82Y
# 18	Female Senior 200 Free Relay G	1

Mariana Bingham (8)

# 2	Female Senior 200 Medley Relay M	Breast
# 8	Female Senior 50 Free	X 31.97Y
# 12	Female Senior 100 Fly	X 1:25.45Y
# 18	Female Senior 200 Free Relay I	2

Veronica Bingham (6)

# 2	Female Senior 200 Medley Relay K	Free
# 8	Female Senior 50 Free	X 39.25Y
# 12	Female Senior 100 Fly	X 1:45.00Y

Kit Blanchette (7)

# 2	Female Senior 200 Medley Relay L	Back
# 8	Female Senior 50 Free	X 35.51Y
# 18	Female Senior 200 Free Relay J	3
# 20	Female Senior 100 Back	X 1:44.11Y

Meg Blanchette (SO)

# 2	Female Senior 200 Medley Relay D	Free
# 8	Female Senior 50 Free	X 35.81Y
# 18	Female Senior 200 Free Relay M	3
# 22	Female Senior 100 Breast	X 1:39.65Y

Nora Blanchette (FR)

# 2	Female Senior 200 Medley Relay M	Free
# 8	Female Senior 50 Free	X 41.52Y
# 20	Female Senior 100 Back	X 2:05.42Y

Elodie Brox (SO)

# 2	Female Senior 200 Medley Relay B	Breast
# 4	Female Senior 200 Free	2:29.23Y
# 8	Female Senior 50 Free	27.01Y
# 24	Female Senior 400 Free Relay A	2

Clara Condon (SO)

# 2	Female Senior 200 Medley Relay A	Breast
# 6	Female Senior 200 IM	2:19.48Y
# 12	Female Senior 100 Fly	1:01.02Y
# 24	Female Senior 400 Free Relay A	4

Meghan Condon (7)

# 2	Female Senior 200 Medley Relay F	Back
# 10	Female Senior 1 Meter 6 Dives	X 102.90
# 12	Female Senior 100 Fly	X 1:35.00Y
# 16	Female Senior 500 Free	X 8:35.00Y
# 18	Female Senior 200 Free Relay D	3

Lucy Cunningham (SO)

# 2	Female Senior 200 Medley Relay I	Breast
# 6	Female Senior 200 IM	X 3:01.61Y
# 16	Female Senior 500 Free	7:17.41Y
# 18	Female Senior 200 Free Relay L	1

Annie Dusek (7)

# 2	Female Senior 200 Medley Relay C	Back
# 8	Female Senior 50 Free	X 33.46Y
# 12	Female Senior 100 Fly	X 1:40.00Y
# 18	Female Senior 200 Free Relay D	2

Haley Fifield (SO)

# 6	Female Senior 200 IM	2:45.53Y
# 14	Female Senior 100 Free	1:06.83Y
# 18	Female Senior 200 Free Relay B	4
# 24	Female Senior 400 Free Relay B	2

Kyleigh Fifield (8)

# 2	Female Senior 200 Medley Relay E	Back
# 8	Female Senior 50 Free	X 33.56Y
# 12	Female Senior 100 Fly	X 1:32.64Y
# 18	Female Senior 200 Free Relay C	3

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Seton Swimming [SST] Coach: Jim Koehr

FEMALE

Elizabeth Francis (SO)

# 2	Female Senior 200 Medley Relay G	Back	
# 10	Female Senior 1 Meter 6 Dives	102.30	
# 12	Female Senior 100 Fly	X 1:34.84Y	
# 18	Female Senior 200 Free Relay E	3	
# 20	Female Senior 100 Back	X 1:31.13Y	

Anastasia Garvey (FR)

# 2	Female Senior 200 Medley Relay B	Back	
# 4	Female Senior 200 Free	2:27.57Y	
# 20	Female Senior 100 Back	1:14.60Y	
# 24	Female Senior 400 Free Relay A	3	

Amelia Geary (JR)

# 2	Female Senior 200 Medley Relay K	Breast	
# 12	Female Senior 100 Fly	X 1:33.29Y	
# 18	Female Senior 200 Free Relay G	2	
# 22	Female Senior 100 Breast	X 1:33.59Y	

Maggie Gibbons (JR)

# 2	Female Senior 200 Medley Relay A	Free	
# 14	Female Senior 100 Free	59.60Y	
# 18	Female Senior 200 Free Relay A	1	
# 20	Female Senior 100 Back	1:10.51Y	

Veronica Gonzalez (7)

# 8	Female Senior 50 Free	X 42.14Y	
# 18	Female Senior 200 Free Relay E	4	
# 22	Female Senior 100 Breast	X 2:06.46Y	

Lauren Grinder (7)

# 10	Female Senior 1 Meter 6 Dives	X 37.87	
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Aoife Haggerty (8)

# 2	Female Senior 200 Medley Relay J	Back	
# 8	Female Senior 50 Free	X 35.00Y	
# 12	Female Senior 100 Fly	X 1:40.00Y	
# 18	Female Senior 200 Free Relay H	3	

Moira Haggerty (SR)

# 2	Female Senior 200 Medley Relay I	Back	
# 12	Female Senior 100 Fly	X 1:30.00Y	
# 18	Female Senior 200 Free Relay K	2	
# 22	Female Senior 100 Breast	X 1:42.35Y	

Orla Haggerty (SO)

# 2	Female Senior 200 Medley Relay H	Fly	
# 8	Female Senior 50 Free	X 31.58Y	
# 12	Female Senior 100 Fly	X 1:45.69Y	
# 18	Female Senior 200 Free Relay M	1	

Amelie Halisky (SR)

# 2	Female Senior 200 Medley Relay C	Breast	
# 16	Female Senior 500 Free	7:12.03Y	
# 20	Female Senior 100 Back	1:15.00Y	
# 24	Female Senior 400 Free Relay B	4	

Sophia Halisky (7)

# 2	Female Senior 200 Medley Relay J	Fly	
# 6	Female Senior 200 IM	X 3:00.00Y	
# 12	Female Senior 100 Fly	X 1:24.81Y	
# 18	Female Senior 200 Free Relay L	2	

Clare Heiny (7)

# 2	Female Senior 200 Medley Relay G	Free	
# 8	Female Senior 50 Free	X 37.12Y	
# 14	Female Senior 100 Free	X 1:28.59Y	
# 18	Female Senior 200 Free Relay K	4	

Maddie Heiny (FR)

# 2	Female Senior 200 Medley Relay K	Back	
# 8	Female Senior 50 Free	X 35.33Y	
# 14	Female Senior 100 Free	X 1:25.45Y	
# 18	Female Senior 200 Free Relay I	3	

Ava Hudson (JR)

# 2	Female Senior 200 Medley Relay H	Breast	
# 12	Female Senior 100 Fly	X 1:27.84Y	
# 18	Female Senior 200 Free Relay H	1	
# 20	Female Senior 100 Back	1:16.12Y	

Elizabeth Hurley (7)

# 2	Female Senior 200 Medley Relay G	Fly	
# 4	Female Senior 200 Free	X 3:05.00Y	
# 12	Female Senior 100 Fly	X 1:30.00Y	
# 18	Female Senior 200 Free Relay K	1	

Mary Catherine Hurley (SO)

# 2	Female Senior 200 Medley Relay D	Fly	
# 12	Female Senior 100 Fly	X 1:34.21Y	
# 18	Female Senior 200 Free Relay F	1	
# 20	Female Senior 100 Back	X 1:26.24Y	

Monica Irving (7)

# 2	Female Senior 200 Medley Relay J	Free	
# 8	Female Senior 50 Free	X 37.25Y	
# 18	Female Senior 200 Free Relay H	4	
# 20	Female Senior 100 Back	X 1:34.61Y	

Jane Judge (7)

# 2	Female Senior 200 Medley Relay C	Free	
# 8	Female Senior 50 Free	X 35.65Y	
# 12	Female Senior 100 Fly	X 1:35.00Y	
# 18	Female Senior 200 Free Relay L	3	

Philomena Kay (8)

# 2	Female Senior 200 Medley Relay B	Free	
# 12	Female Senior 100 Fly	1:16.97Y	
# 18	Female Senior 200 Free Relay B	1	
# 22	Female Senior 100 Breast	1:24.72Y	

Cecelia Kelly (7)

# 10	Female Senior 1 Meter 6 Dives	X 48.75	
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Sofia Kohlhaas (7)

# 2	Female Senior 200 Medley Relay E	Free	
# 8	Female Senior 50 Free	X 36.25Y	
# 14	Female Senior 100 Free	X 1:26.61Y	
# 18	Female Senior 200 Free Relay M	4	

Cora Kramer (8)

# 8	Female Senior 50 Free	X 45.79Y	
# 14	Female Senior 100 Free	X 1:47.29Y	
# 18	Female Senior 200 Free Relay G	4	

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Seton Swimming [SST] Coach: Jim Koehr

FEMALE

Avila Mantooth (7)

# 2	Female Senior 200 Medley Relay E	Fly	
# 12	Female Senior 100 Fly	X 1:40.00Y	
# 18	Female Senior 200 Free Relay I	1	
# 20	Female Senior 100 Back	X 1:38.29Y	

Kateri Mantooth (SR)

# 2	Female Senior 200 Medley Relay B	Fly	
# 8	Female Senior 50 Free	28.58Y	
# 18	Female Senior 200 Free Relay B	3	
# 22	Female Senior 100 Breast	1:24.94Y	

Maria Miller (FR)

# 2	Female Senior 200 Medley Relay I	Fly	
# 6	Female Senior 200 IM	X 3:00.00Y	
# 10	Female Senior 1 Meter 6 Dives	94.50	
# 12	Female Senior 100 Fly	X 1:33.51Y	
# 18	Female Senior 200 Free Relay M	2	

Bella Nguyen (7)

# 2	Female Senior 200 Medley Relay L	Free	
# 8	Female Senior 50 Free	X 40.32Y	
# 22	Female Senior 100 Breast	X 2:06.33Y	

Helena O'Keefe (FR)

# 2	Female Senior 200 Medley Relay F	Free	
# 8	Female Senior 50 Free	X 36.41Y	
# 18	Female Senior 200 Free Relay L	4	
# 22	Female Senior 100 Breast	X 1:52.90Y	

Shannon O'Malley (SO)

# 2	Female Senior 200 Medley Relay F	Breast	
# 6	Female Senior 200 IM	2:49.79Y	
# 12	Female Senior 100 Fly	1:23.69Y	
# 24	Female Senior 400 Free Relay B	3	

Mary Claire Osilka (FR)

# 2	Female Senior 200 Medley Relay M	Fly	
# 8	Female Senior 50 Free	X 33.42Y	
# 14	Female Senior 100 Free	X 1:20.50Y	
# 18	Female Senior 200 Free Relay E	2	

Jacqueline Oswald (SR)

# 4	Female Senior 200 Free	2:25.68Y	
# 18	Female Senior 200 Free Relay B	2	
# 22	Female Senior 100 Breast	1:19.92Y	
# 24	Female Senior 400 Free Relay B	1	

Stella Paradise (JR)

# 2	Female Senior 200 Medley Relay A	Fly	
# 8	Female Senior 50 Free	25.98Y	
# 14	Female Senior 100 Free	55.76Y	
# 18	Female Senior 200 Free Relay A	2	

Mary Pennefather (SR)

# 8	Female Senior 50 Free	26.92Y	
# 14	Female Senior 100 Free	59.55Y	
# 18	Female Senior 200 Free Relay A	4	
# 24	Female Senior 400 Free Relay A	1	

Allison Quispe (FR)

# 2	Female Senior 200 Medley Relay I	Free	
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# 8	Female Senior 50 Free	X 37.19Y	
# 18	Female Senior 200 Free Relay I	4	
# 22	Female Senior 100 Breast	X 1:52.26Y	

Camila Quispe (6)

# 8	Female Senior 50 Free	X 43.30Y	
# 18	Female Senior 200 Free Relay D	4	
# 22	Female Senior 100 Breast	X 2:44.93Y	

Emma Reynolds (SR)

# 8	Female Senior 50 Free	X 42.03Y	
# 18	Female Senior 200 Free Relay F	4	
# 20	Female Senior 100 Back	X 2:05.69Y	

Noemi Rodriguez (8)

# 2	Female Senior 200 Medley Relay D	Back	
# 8	Female Senior 50 Free	X 33.54Y	
# 12	Female Senior 100 Fly	X 1:40.00Y	
# 18	Female Senior 200 Free Relay C	2	

Gabriella Russo (8)

# 2	Female Senior 200 Medley Relay L	Fly	
# 4	Female Senior 200 Free	X 3:17.50Y	
# 12	Female Senior 100 Fly	X 1:40.00Y	
# 18	Female Senior 200 Free Relay J	2	

Maggie Schroer (7)

# 2	Female Senior 200 Medley Relay C	Fly	
# 12	Female Senior 100 Fly	X 1:25.00Y	
# 16	Female Senior 500 Free	X 7:45.00Y	
# 18	Female Senior 200 Free Relay C	1	

Briana Shillingburg (SO)

# 8	Female Senior 50 Free	X 44.17Y	
# 18	Female Senior 200 Free Relay C	4	
# 20	Female Senior 100 Back	X 1:59.43Y	

Cate Waldron (JR)

# 2	Female Senior 200 Medley Relay K	Fly	
# 8	Female Senior 50 Free	X 34.86Y	
# 18	Female Senior 200 Free Relay G	3	
# 22	Female Senior 100 Breast	X 1:52.45Y	

Lily Waldron (7)

# 2	Female Senior 200 Medley Relay L	Breast	
# 12	Female Senior 100 Fly	X 1:40.00Y	
# 18	Female Senior 200 Free Relay F	2	
# 20	Female Senior 100 Back	X 1:33.18Y	

Rose Waldron (SO)

# 2	Female Senior 200 Medley Relay D	Breast	
# 10	Female Senior 1 Meter 6 Dives	132.37	
# 16	Female Senior 500 Free	X 7:58.36Y	
# 18	Female Senior 200 Free Relay D	1	
# 22	Female Senior 100 Breast	1:19.14Y	

Madelyn Zadnik (JR)

# 2	Female Senior 200 Medley Relay E	Breast	
# 6	Female Senior 200 IM	2:55.01Y	
# 12	Female Senior 100 Fly	X 1:24.23Y	
# 18	Female Senior 200 Free Relay E	1	

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Individual Meet Entries Report

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards

Seton Swimming [SST] Coach: Jim Koehr

MALE

Jed Albin (JR)

# 1	Male Senior 200 Medley Relay G	Breast
# 3	Male Senior 200 Free	X 2:26.40Y
# 15	Male Senior 500 Free	6:36.61Y
# 17	Male Senior 200 Free Relay G	4

Greg Bauer (FR)

# 1	Male Senior 200 Medley Relay F	Breast
# 5	Male Senior 200 IM	2:45.88Y
# 13	Male Senior 100 Free	X 1:03.29Y
# 17	Male Senior 200 Free Relay F	2

Ryan Beltran (JR)

# 1	Male Senior 200 Medley Relay E	Breast
# 11	Male Senior 100 Fly	X 1:35.00Y
# 17	Male Senior 200 Free Relay G	2
# 19	Male Senior 100 Back	1:13.57Y

Aaron Bishop (JR)

# 1	Male Senior 200 Medley Relay I	Breast
# 3	Male Senior 200 Free	X 2:52.56Y
# 11	Male Senior 100 Fly	X 1:23.73Y
# 17	Male Senior 200 Free Relay E	2

Tim Blanchette (SR)

# 1	Male Senior 200 Medley Relay I	Free
# 7	Male Senior 50 Free	X 38.02Y
# 19	Male Senior 100 Back	X 1:52.38Y

Joseph Borneman (SO)

# 1	Male Senior 200 Medley Relay F	Fly
# 7	Male Senior 50 Free	26.37Y
# 15	Male Senior 500 Free	6:25.00Y
# 23	Male Senior 400 Free Relay A	3

Jj Brox (SR)

# 1	Male Senior 200 Medley Relay A	Breast
# 9	Male Senior 1 Meter 6 Dives	X 146.77
# 13	Male Senior 100 Free	55.99Y
# 17	Male Senior 200 Free Relay A	4
# 21	Male Senior 100 Breast	1:06.53Y

Michael Brox (SO)

# 1	Male Senior 200 Medley Relay B	Free
# 3	Male Senior 200 Free	2:13.45Y
# 9	Male Senior 1 Meter 6 Dives	X 89.40
# 15	Male Senior 500 Free	6:18.33Y
# 23	Male Senior 400 Free Relay A	4

Jj Cooley (FR)

# 1	Male Senior 200 Medley Relay H	Back
# 13	Male Senior 100 Free	X 1:22.88Y
# 17	Male Senior 200 Free Relay F	3
# 21	Male Senior 100 Breast	X 1:51.48Y

John Cooley (7)

# 1	Male Senior 200 Medley Relay D	Free
# 7	Male Senior 50 Free	X 39.72Y
# 21	Male Senior 100 Breast	X 2:35.38Y

Joey Dealey (SR)

# 1	Male Senior 200 Medley Relay F	Back
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# 3	Male Senior 200 Free	2:14.95Y
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# 13	Male Senior 100 Free	59.54Y
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# 17	Male Senior 200 Free Relay B	1
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Charlie Dusek (FR)

# 7	Male Senior 50 Free	X 36.73Y
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# 13	Male Senior 100 Free	X 1:25.62Y
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# 17	Male Senior 200 Free Relay D	4
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Joseph Dwane (JR)

# 1	Male Senior 200 Medley Relay G	Free
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# 7	Male Senior 50 Free	X 37.57Y
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# 13	Male Senior 100 Free	X 1:39.62Y
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Ben Ellis (8)

# 1	Male Senior 200 Medley Relay G	Back
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# 7	Male Senior 50 Free	X 33.12Y
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# 17	Male Senior 200 Free Relay E	3
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# 21	Male Senior 100 Breast	X 1:39.00Y
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Josh Fioramonti (FR)

# 1	Male Senior 200 Medley Relay G	Fly
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# 7	Male Senior 50 Free	26.62Y
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# 11	Male Senior 100 Fly	X 1:20.78Y
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# 17	Male Senior 200 Free Relay B	4
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Mick Fioramonti (JR)

# 1	Male Senior 200 Medley Relay B	Back
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# 9	Male Senior 1 Meter 6 Dives	X 152.70
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# 11	Male Senior 100 Fly	X 1:15.76Y
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# 17	Male Senior 200 Free Relay D	1
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# 19	Male Senior 100 Back	1:04.91Y
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Max Gonzalez (SO)

# 9	Male Senior 1 Meter 6 Dives	141.08
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Jack Gregory (JR)

# 1	Male Senior 200 Medley Relay F	Free
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# 7	Male Senior 50 Free	X 37.34Y
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# 19	Male Senior 100 Back	X 1:59.97Y
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Liam Halisky (SO)

# 7	Male Senior 50 Free	24.93Y
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# 13	Male Senior 100 Free	59.11Y
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# 17	Male Senior 200 Free Relay A	2
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# 23	Male Senior 400 Free Relay B	4
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David Hudson (JR)

# 5	Male Senior 200 IM	2:25.10Y
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# 11	Male Senior 100 Fly	1:04.90Y
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# 17	Male Senior 200 Free Relay A	1
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# 23	Male Senior 400 Free Relay B	1
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Dominic Judge (8)

# 1	Male Senior 200 Medley Relay C	Fly
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# 11	Male Senior 100 Fly	X 1:20.70Y
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# 15	Male Senior 500 Free	X 6:45.00Y
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# 17	Male Senior 200 Free Relay D	2
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2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards

Seton Swimming [SST] Coach: Jim Koehr

MALE

Patrick Kay (7)

# 1	Male Senior 200 Medley Relay D	Breast	
# 7	Male Senior 50 Free	X 27.81Y	
# 13	Male Senior 100 Free	X 1:05.34Y	
# 17	Male Senior 200 Free Relay G		1

Kieran Kelly (SO)

# 9	Male Senior 1 Meter 6 Dives	X 45.45	
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Connor Koehr (SO)

# 1	Male Senior 200 Medley Relay A	Back	
# 7	Male Senior 50 Free	X 25.82Y	
# 9	Male Senior 1 Meter 6 Dives	188.18	
# 19	Male Senior 100 Back	1:03.93Y	
# 23	Male Senior 400 Free Relay B		2

Daniel Kohlhaas (6)

# 1	Male Senior 200 Medley Relay E	Free	
# 7	Male Senior 50 Free	X 50.89Y	
# 19	Male Senior 100 Back	X 2:24.43Y	

Gus Kohlhaas (FR)

# 9	Male Senior 1 Meter 6 Dives	131.48	
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Peter Konstanty (JR)

# 1	Male Senior 200 Medley Relay C	Back	
# 5	Male Senior 200 IM	2:34.70Y	
# 17	Male Senior 200 Free Relay B		2
# 21	Male Senior 100 Breast	1:20.98Y	

Joey Lynch (7)

# 1	Male Senior 200 Medley Relay E	Back	
# 7	Male Senior 50 Free	X 32.40Y	
# 17	Male Senior 200 Free Relay D		3
# 19	Male Senior 100 Back	X 1:24.11Y	

Luke Mantooth (JR)

# 1	Male Senior 200 Medley Relay D	Back	
# 11	Male Senior 100 Fly	1:13.79Y	
# 17	Male Senior 200 Free Relay B		3
# 21	Male Senior 100 Breast	1:16.18Y	

Lionel Martinez (8)

# 1	Male Senior 200 Medley Relay A	Free	
# 5	Male Senior 200 IM	2:04.51Y	
# 11	Male Senior 100 Fly	59.76Y	
# 23	Male Senior 400 Free Relay A		2

Thiago Martinez (7)

# 1	Male Senior 200 Medley Relay I	Back	
# 5	Male Senior 200 IM	X 2:25.00Y	
# 15	Male Senior 500 Free	X 6:30.00Y	
# 17	Male Senior 200 Free Relay E		1

Aidan McCardell (FR)

# 1	Male Senior 200 Medley Relay C	Free	
# 7	Male Senior 50 Free	X 40.13Y	
# 13	Male Senior 100 Free	X 1:46.45Y	

Dominic Miller (JR)

# 9	Male Senior 1 Meter 6 Dives	X 143.55	
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Joseph Minarik (JR)

# 7	Male Senior 50 Free	X 36.78Y	
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# 13	Male Senior 100 Free	X 1:29.14Y	
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# 17	Male Senior 200 Free Relay C		4
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Colin Nguyen (SR)

# 1	Male Senior 200 Medley Relay H	Breast	
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# 7	Male Senior 50 Free	X 28.38Y	
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# 11	Male Senior 100 Fly	X 1:35.00Y	
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# 17	Male Senior 200 Free Relay F		4
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Drew Nguyen (SO)

# 1	Male Senior 200 Medley Relay B	Breast	
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# 3	Male Senior 200 Free	2:16.67Y	
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# 17	Male Senior 200 Free Relay A		3
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# 21	Male Senior 100 Breast	1:10.49Y	
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Kenneth Nguyen (8)

# 1	Male Senior 200 Medley Relay E	Fly	
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# 11	Male Senior 100 Fly	X 1:35.00Y	
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# 17	Male Senior 200 Free Relay C		3
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# 21	Male Senior 100 Breast	X 1:32.90Y	
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Jacob Oswald (SO)

# 9	Male Senior 1 Meter 6 Dives	142.87	
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Daniel Sokban (8)

# 1	Male Senior 200 Medley Relay H	Fly	
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# 11	Male Senior 100 Fly	X 1:35.20Y	
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# 17	Male Senior 200 Free Relay C		1
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# 21	Male Senior 100 Breast	X 1:26.00Y	
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William Sokban (SO)

# 1	Male Senior 200 Medley Relay C	Breast	
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# 11	Male Senior 100 Fly	1:10.29Y	
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# 15	Male Senior 500 Free	6:20.12Y	
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# 17	Male Senior 200 Free Relay F		1
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Nick Vaughan (SO)

# 7	Male Senior 50 Free	X 33.92Y	
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# 13	Male Senior 100 Free	X 1:31.81Y	
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# 17	Male Senior 200 Free Relay E		4
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Noah Vaughan (8)

# 1	Male Senior 200 Medley Relay H	Free	
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# 7	Male Senior 50 Free	X 38.02Y	
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# 13	Male Senior 100 Free	X 1:33.46Y	
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Joe Wilson (SR)

# 1	Male Senior 200 Medley Relay A	Fly	
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# 7	Male Senior 50 Free	24.29Y	
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# 13	Male Senior 100 Free	52.21Y	
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# 23	Male Senior 400 Free Relay A		1
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Jonas Wilson (7)

# 1	Male Senior 200 Medley Relay I	Fly	
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# 7	Male Senior 50 Free	X 33.86Y	
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# 11	Male Senior 100 Fly	X 1:35.00Y	
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# 17	Male Senior 200 Free Relay G		3
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Max Wilson (SO)

# 1	Male Senior 200 Medley Relay B	Fly	
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# 3	Male Senior 200 Free	2:14.89Y	
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# 19	Male Senior 100 Back	1:06.72Y	
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# 23	Male Senior 400 Free Relay B		3
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Seton Swimming

Individual Meet Entries Report

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards
Seton Swimming [SST] Coach: Jim Koehr

MALE

Michael Zahorchak (8)

# 1	Male Senior 200 Medley Relay D	Fly
# 11	Male Senior 100 Fly	X 1:30.00Y
# 17	Male Senior 200 Free Relay C	2
# 19	Male Senior 100 Back	X 1:24.46Y

Seton Swimming

Individual Meet Entries Report**2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards****Seton Swimming [SST] Coach: Jim Koehr**

Female IE's:	126	Female RE's:	112
Male IE's:	91	Male RE's:	72
Total IE's:	217	Total RE's:	184
Total Athletes:	108		