

## Seton Swimming

### Individual Meet Entries Report

**16th Annual VISAA Junior Varsity Invitational 28-Jan-23 [Ageup: 11/1/2022] Yards**

**Location: Fitch WARF**

**Seton Swimming [SST] Coach: Jim Koehr**

**9314 Maple Street**

**540-379-8328**

**Manassas, VA 20110**

**Coach@KoehrFamily.com**

<p><b># 1 Male Senior 200 Medley Relay A SST</b> 1:53.00Y</p> <p>1 Patrick Kay (7) 2 Michael Zahorchak (8) 3 Dominic Judge (8) 4 Josh Fioramonti (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 1 Male Senior 200 Medley Relay B SST</b> 2:19.00Y</p> <p>1 Charlie Dusek (FR) 2 Ben Ellis (8) 3 Greg Bauer (FR) 4 Ryan Baughman (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 1 Male Senior 200 Medley Relay C SST</b> 2:00.00Y</p> <p>1 Ryan Beltran (JR) 2 Tim Blanchette (SR) 3 Aaron Bishop (JR) 4 Colin Nguyen (SR)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay A SST</b> 2:09.00Y</p> <p>1 Anastasia Garvey (FR) 2 Maggie Schroer (7) 3 Mariana Bingham (8) 4 Philomena Kay (8)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay B SST</b> 2:20.00Y</p> <p>1 Jane Judge (7) 2 Rachel Baughman (7) 3 Avila Mantooh (7) 4 Betsy Arnold (7)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay C SST</b> 2:30.00Y</p> <p>1 Sofia Kohlhaas (7) 2 Kit Blanchette (7) 3 Katie Bauer (7) 4 Helena O'Keefe (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 2 Female Senior 200 Medley Relay D SST</b> 2:15.00Y</p> <p>1 Orla Haggerty (SO) 2 Julia Atkinson (JR) 3 Ava Hudson (JR) 4 Amelia Geary (JR)</p> <hr/> <p>Athletes 4</p>	<p><b># 2 Female Senior 200 Medley Relay E SST</b> 2:25.00Y</p> <p>1 Cate Waldron (JR) 2 Meg Blanchette (SO) 3 Molly Bauer (SO) 4 Allison Quispe (FR)</p> <hr/> <p>Athletes 4</p> <p><b># 3 Male Senior 100 IM</b></p> <p>Ryan Beltran (JR) X 1:21.13Y Aaron Bishop (JR) X 1:28.47Y Greg Bauer (FR) 1:28.59Y Patrick Kay (7) 1:29.00Y Dominic Judge (8) 1:30.00Y Michael Zahorchak (8) 1:35.00Y</p> <hr/> <p>Athletes 6</p> <p><b># 4 Female Senior 100 IM</b></p> <p>Anastasia Garvey (FR) 1:12.70Y Philomena Kay (8) 1:15.00Y Ava Hudson (JR) X 1:18.51Y Maggie Schroer (7) 1:21.00Y Elizabeth Hurley (7) 1:22.00Y Jane Judge (7) 1:23.00Y Amelia Geary (JR) X 1:24.95Y Kyleigh Fifield (8) 1:30.00Y Orla Haggerty (SO) X 1:30.00Y Noemi Rodriguez (8) 1:30.00Y Gabriella Russo (8) 1:30.00Y Mariana Bingham (8) 1:35.00Y Molly Bauer (SO) X 1:40.00Y</p> <hr/> <p>Athletes 13</p>
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Seton Swimming [SST] Coach: Jim Koehr

<b># 5 Male Senior 50 Free</b>		Nora Blanchette (FR)	41.52Y
Josh Fioramonti (FR)	26.24Y	Emma Reynolds (SR)	X 42.03Y
Daniel Sokban (8)	26.50Y	Briana Shillingburg (SO)	X 43.10Y
Patrick Kay (7)	27.81Y	Camila Quispe (6)	43.30Y
Colin Nguyen (SR)	X 28.33Y	Cora Kramer (8)	45.79Y
Kenneth Nguyen (8)	30.66Y	<b>Athletes</b>	<b>30</b>
Joey Lynch (7)	31.93Y	<b># 7 Male Senior 200 Back Relay A SST</b>	<b>2:20.00Y</b>
Nick Vaughan (SO)	X 32.41Y	1 Patrick Kay (7)	
Ben Ellis (8)	32.73Y	2 Ryan Baughman (FR)	
Jj Cooley (FR)	33.77Y	3 Joey Lynch (7)	
Ryan Baughman (FR)	34.45Y	4 Jonas Wilson (7)	
Noah Vaughan (8)	34.79Y	<b>Athletes</b>	<b>4</b>
Jack Gregory (JR)	X 35.93Y	<b># 7 Male Senior 200 Back Relay B SST</b>	<b>2:30.00Y</b>
Charlie Dusek (FR)	36.73Y	1 Ben Ellis (8)	
Joseph Minarik (JR)	X 36.78Y	2 Noah Vaughan (8)	
Tim Blanchette (SR)	X 37.14Y	3 Jj Cooley (FR)	
Joseph Dwane (JR)	X 37.57Y	4 Daniel Kohlhaas (6)	
Aidan McCardell (FR)	40.13Y	<b>Athletes</b>	<b>4</b>
Victor Henry (FR)	49.04Y	<b># 7 Male Senior 200 Back Relay C SST</b>	<b>3:00.00Y</b>
Dominic Henry (7)	49.37Y	1 Dominic Henry (7)	
Daniel Kohlhaas (6)	50.89Y	2 Victor Henry (FR)	
Raphaël Likoy (8)	52.77Y	3 Aidan McCardell (FR)	
<b>Athletes</b>	<b>21</b>	4 Raphaël Likoy (8)	
<b># 6 Female Senior 50 Free</b>		<b>Athletes</b>	<b>4</b>
Philomena Kay (8)	28.80Y	<b># 7 Male Senior 200 Back Relay D SST</b>	<b>2:30.00Y</b>
Avila Mantooth (7)	30.83Y	1 Ryan Beltran (JR)	
Betsy Arnold (7)	31.02Y	2 Aaron Bishop (JR)	
Mary Claire Osilka (FR)	31.73Y	3 Nick Vaughan (SO)	
Julia Atkinson (JR)	X 32.28Y	4 Joseph Minarik (JR)	
Amelia Geary (JR)	X 32.67Y	<b>Athletes</b>	<b>4</b>
Lily Waldron (7)	33.37Y	<b># 8 Female Senior 200 Back Relay A SST</b>	<b>2:25.00Y</b>
Annie Dusek (7)	33.42Y	1 Mary Claire Osilka (FR)	
Noemi Rodriguez (8)	33.54Y	2 Kyleigh Fifield (8)	
Cate Waldron (JR)	X 33.77Y	3 Meghan Condon (7)	
Maddie Heiny (FR)	33.93Y	4 Elizabeth Hurley (7)	
Katie Bauer (7)	34.03Y	<b>Athletes</b>	<b>4</b>
Meghan Condon (7)	34.04Y	<b># 8 Female Senior 200 Back Relay B SST</b>	<b>2:30.00Y</b>
Aoife Haggerty (8)	34.30Y	1 Gabriella Russo (8)	
Rachel Baughman (7)	34.70Y	2 Clare Heiny (7)	
Kit Blanchette (7)	35.36Y	3 Annie Dusek (7)	
Meg Blanchette (SO)	X 35.81Y	4 Noemi Rodriguez (8)	
Sofia Kohlhaas (7)	36.25Y	<b>Athletes</b>	<b>4</b>
Helena O'Keefe (FR)	36.41Y		
Monica Irving (7)	36.89Y		
Clare Heiny (7)	37.06Y		
Allison Quispe (FR)	37.19Y		
Veronica Bingham (6)	39.25Y		
Bella Nguyen (7)	40.32Y		
Veronica Gonzalez (7)	40.83Y		

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**Seton Swimming [SST] Coach: Jim Koehr**

<p><b># 8 Female Senior 200 Back Relay C SST</b> <span style="float: right;">2:35.00Y</span></p> <p>1 Jane Judge (7)</p> <p>2 Sofia Kohlhaas (7)</p> <p>3 Kit Blanchette (7)</p> <p>4 Allison Quispe (FR)</p> <hr/> <p><b>Athletes</b> <span style="float: right;">4</span></p> <p><b># 8 Female Senior 200 Back Relay D SST</b> <span style="float: right;">2:45.00Y</span></p> <p>1 Veronica Gonzalez (7)</p> <p>2 Nora Blanchette (FR)</p> <p>3 Cora Kramer (8)</p> <p>4 Veronica Bingham (6)</p> <hr/> <p><b>Athletes</b> <span style="float: right;">4</span></p> <p><b># 9 Male Senior 50 Fly</b></p> <p>Colin Nguyen (SR) <span style="float: right;">X 33.20Y</span></p> <p>Ryan Beltran (JR) <span style="float: right;">X 34.57Y</span></p> <p>Aaron Bishop (JR) <span style="float: right;">X 35.38Y</span></p> <p>Dominic Judge (8) <span style="float: right;">37.36Y</span></p> <p>Michael Zahorchak (8) <span style="float: right;">37.72Y</span></p> <p>Joey Lynch (7) <span style="float: right;">39.76Y</span></p> <p>Kenneth Nguyen (8) <span style="float: right;">41.50Y</span></p> <p>Ben Ellis (8) <span style="float: right;">42.86Y</span></p> <p>Jonas Wilson (7) <span style="float: right;">45.66Y</span></p> <hr/> <p><b>Athletes</b> <span style="float: right;">9</span></p> <p><b># 10 Female Senior 50 Fly</b></p> <p>Anastasia Garvey (FR) <span style="float: right;">31.58Y</span></p> <p>Maggie Schroer (7) <span style="float: right;">36.94Y</span></p> <p>Mariana Bingham (8) <span style="float: right;">38.03Y</span></p> <p>Julia Atkinson (JR) <span style="float: right;">X 39.92Y</span></p> <p>Katie Bauer (7) <span style="float: right;">40.00Y</span></p> <p>Betsy Arnold (7) <span style="float: right;">40.45Y</span></p> <p>Avila Mantooth (7) <span style="float: right;">42.53Y</span></p> <p>Annie Dusek (7) <span style="float: right;">43.56Y</span></p> <p>Mary Claire Osilka (FR) <span style="float: right;">43.82Y</span></p> <p>Allison Quispe (FR) <span style="float: right;">46.62Y</span></p> <p>Jane Judge (7) <span style="float: right;">47.48Y</span></p> <p>Molly Bauer (SO) <span style="float: right;">X 48.54Y</span></p> <p>Meghan Condon (7) <span style="float: right;">51.55Y</span></p> <p>Maddie Heiny (FR) <span style="float: right;">1:02.10Y</span></p> <p>Noemi Rodriguez (8) <span style="float: right;">4:00.00Y</span></p> <hr/> <p><b>Athletes</b> <span style="float: right;">15</span></p> <p><b># 11 Male Senior 100 Free</b></p> <p>Josh Fioramonti (FR) <span style="float: right;">1:01.53Y</span></p> <p>Greg Bauer (FR) <span style="float: right;">1:03.29Y</span></p> <p>Daniel Sokban (8) <span style="float: right;">1:03.94Y</span></p> <p>Colin Nguyen (SR) <span style="float: right;">X 1:05.44Y</span></p> <p>Ryan Beltran (JR) <span style="float: right;">X 1:05.64Y</span></p> <p>Dominic Judge (8) <span style="float: right;">1:07.41Y</span></p>	<p>Aaron Bishop (JR) <span style="float: right;">X 1:08.27Y</span></p> <p>Jonas Wilson (7) <span style="float: right;">1:14.56Y</span></p> <p>Ryan Baughman (FR) <span style="float: right;">1:22.76Y</span></p> <hr/> <p><b>Athletes</b> <span style="float: right;">9</span></p> <p><b># 12 Female Senior 100 Free</b></p> <p>Philomena Kay (8) <span style="float: right;">1:05.75Y</span></p> <p>Elizabeth Hurley (7) <span style="float: right;">1:11.74Y</span></p> <p>Orla Haggerty (SO) <span style="float: right;">X 1:12.18Y</span></p> <p>Gabriella Russo (8) <span style="float: right;">1:12.74Y</span></p> <p>Mariana Bingham (8) <span style="float: right;">1:13.49Y</span></p> <p>Annie Dusek (7) <span style="float: right;">1:15.79Y</span></p> <p>Kyleigh Fifield (8) <span style="float: right;">1:17.30Y</span></p> <p>Lily Waldron (7) <span style="float: right;">1:21.07Y</span></p> <p>Cate Waldron (JR) <span style="float: right;">X 1:27.88Y</span></p> <p>Nora Blanchette (FR) <span style="float: right;">1:40.54Y</span></p> <hr/> <p><b>Athletes</b> <span style="float: right;">10</span></p> <p><b># 13 Male Senior 200 Breast Relay A SST</b> <span style="float: right;">2:35.00Y</span></p> <p>1 Michael Zahorchak (8)</p> <p>2 Ben Ellis (8)</p> <p>3 Daniel Sokban (8)</p> <p>4 Greg Bauer (FR)</p> <hr/> <p><b>Athletes</b> <span style="float: right;">4</span></p> <p><b># 13 Male Senior 200 Breast Relay B SST</b> <span style="float: right;">2:50.00Y</span></p> <p>1 Aidan McCardell (FR)</p> <p>2 Kenneth Nguyen (8)</p> <p>3 Charlie Dusek (FR)</p> <p>4 Dominic Judge (8)</p> <hr/> <p><b>Athletes</b> <span style="float: right;">4</span></p> <p><b># 13 Male Senior 200 Breast Relay C SST</b> <span style="float: right;">3:00.00Y</span></p> <p>1 Noah Vaughan (8)</p> <p>2 Raphaël Likoy (8)</p> <p>3 Nick Vaughan (SO)</p> <p>4 Daniel Kohlhaas (6)</p> <hr/> <p><b>Athletes</b> <span style="float: right;">4</span></p> <p><b># 13 Male Senior 200 Breast Relay D SST</b> <span style="float: right;">2:50.00Y</span></p> <p>1 Colin Nguyen (SR)</p> <p>2 Tim Blanchette (SR)</p> <p>3 Joseph Dwane (JR)</p> <p>4 Jack Gregory (JR)</p> <hr/> <p><b>Athletes</b> <span style="float: right;">4</span></p>
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### Seton Swimming

## Individual Meet Entries Report

16th Annual VISAA Junior Varsity Invitational 28-Jan-23 [Ageup: 11/1/2022] Yards

Seton Swimming [SST] Coach: Jim Koehr

<b># 14 Female Senior 200 Breast Relay A SST</b>	2:25.00Y	Raphaël Likoy (8)	1:17.01Y
1 Maggie Schroer (7)		Charlie Dusek (FR)	NT
2 Elizabeth Hurley (7)			
3 Meghan Condon (7)			
4 Anastasia Garvey (FR)			
<b>Athletes</b>	<b>4</b>	<b>Athletes</b>	<b>17</b>
<b># 14 Female Senior 200 Breast Relay B SST</b>	2:30.00Y	<b># 16 Female Senior 50 Back</b>	
1 Helena O'Keefe (FR)		Anastasia Garvey (FR)	31.82Y
2 Nora Blanchette (FR)		Ava Hudson (JR)	X 35.55Y
3 Monica Irving (7)		Mary Claire Osilka (FR)	38.80Y
4 Lily Waldron (7)		Elizabeth Hurley (7)	39.16Y
<b>Athletes</b>	<b>4</b>	Veronica Bingham (6)	40.00Y
<b># 14 Female Senior 200 Breast Relay C SST</b>	2:35.00Y	Kyleigh Fifield (8)	40.08Y
1 Aoife Haggerty (8)		Jane Judge (7)	40.73Y
2 Clare Heiny (7)		Gabriella Russo (8)	41.14Y
3 Veronica Gonzalez (7)		Betsy Arnold (7)	41.65Y
4 Rachel Baughman (7)		Rachel Baughman (7)	42.44Y
<b>Athletes</b>	<b>4</b>	Clare Heiny (7)	42.87Y
<b># 14 Female Senior 200 Breast Relay D SST</b>	2:40.00Y	Amelia Geary (JR)	X 43.09Y
1 Veronica Bingham (6)		Lily Waldron (7)	43.64Y
2 Katie Bauer (7)		Orla Haggerty (SO)	X 44.18Y
3 Maddie Heiny (FR)		Aoife Haggerty (8)	44.57Y
4 Bella Nguyen (7)		Helena O'Keefe (FR)	45.12Y
<b>Athletes</b>	<b>4</b>	Kit Blanchette (7)	46.00Y
<b># 14 Female Senior 200 Breast Relay E SST</b>	2:30.00Y	Meg Blanchette (SO)	X 47.50Y
1 Orla Haggerty (SO)		Allison Quispe (FR)	47.71Y
2 Amelia Geary (JR)		Monica Irving (7)	47.74Y
3 Julia Atkinson (JR)		Sofia Kohlhaas (7)	47.85Y
4 Cate Waldron (JR)		Emma Reynolds (SR)	X 52.76Y
<b>Athletes</b>	<b>4</b>	Cora Kramer (8)	55.00Y
<b># 15 Male Senior 50 Back</b>		Veronica Gonzalez (7)	55.35Y
Patrick Kay (7)	34.43Y	Briana Shillingburg (SO)	X 55.72Y
Josh Fioramonti (FR)	36.00Y	Camila Quispe (6)	1:00.00Y
Kenneth Nguyen (8)	40.00Y	Bella Nguyen (7)	NT
Ryan Baughman (FR)	40.03Y	<b>Athletes</b>	<b>27</b>
Jj Cooley (FR)	42.26Y		
Nick Vaughan (SO)	X 46.84Y		
Tim Blanchette (SR)	X 47.12Y		
Noah Vaughan (8)	47.13Y		
Joseph Minarik (JR)	X 52.06Y		
Jack Gregory (JR)	X 55.00Y		
Daniel Kohlhaas (6)	1:01.65Y		
Joseph Dwane (JR)	X 1:03.73Y		
Victor Henry (FR)	1:05.00Y		
Aidan McCardell (FR)	1:07.76Y		
Dominic Henry (7)	1:13.33Y		

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<b># 17 Male Senior 50 Breast</b>		1 Daniel Sokban (8)	
Michael Zahorchak (8)	35.00Y	2 Joey Lynch (7)	
Daniel Sokban (8)	36.00Y	3 Kenneth Nguyen (8)	
Tim Blanchette (SR)	X 40.00Y	4 Josh Fioramonti (FR)	
Ben Ellis (8)	40.00Y	<hr/>	
Jonas Wilson (7)	41.00Y	Athletes	4
Greg Bauer (FR)	41.18Y	<b># 19 Male Senior 200 Free Relay B SST</b> <span style="float: right;">2:09.00Y</span>	
Jj Cooley (FR)	45.00Y	1 Jj Cooley (FR)	
Charlie Dusek (FR)	45.00Y	2 Jonas Wilson (7)	
Joey Lynch (7)	51.51Y	3 Dominic Henry (7)	
Aidan McCardell (FR)	53.61Y	4 Victor Henry (FR)	
Joseph Dwane (JR)	X 57.32Y	<hr/>	
Noah Vaughan (8)	58.00Y	Athletes	4
Jack Gregory (JR)	X 1:00.00Y	<b># 20 Female Senior 200 Free Relay A SST</b> <span style="float: right;">2:02.00Y</span>	
Victor Henry (FR)	1:00.00Y	1 Philomena Kay (8)	
Raphaël Likoy (8)	1:00.00Y	2 Mariana Bingham (8)	
Nick Vaughan (SO)	X 1:04.30Y	3 Betsy Arnold (7)	
Dominic Henry (7)	1:05.00Y	4 Avila Mantooth (7)	
Daniel Kohlhaas (6)	1:10.00Y	<hr/>	
Joseph Minarik (JR)	X 1:10.00Y	Athletes	4
<hr/>		<b># 20 Female Senior 200 Free Relay B SST</b> <span style="float: right;">2:15.00Y</span>	
Athletes	19	1 Lily Waldron (7)	
<b># 18 Female Senior 50 Breast</b>		2 Kyleigh Fifield (8)	
Meghan Condon (7)	37.00Y	3 Gabriella Russo (8)	
Avila Mantooth (7)	40.00Y	4 Mary Claire Osilka (FR)	
Maggie Schroer (7)	40.00Y	<hr/>	
Ava Hudson (JR)	X 41.96Y	Athletes	4
Rachel Baughman (7)	42.00Y	<b># 20 Female Senior 200 Free Relay C SST</b> <span style="float: right;">2:20.00Y</span>	
Molly Bauer (SO)	X 43.41Y	1 Noemi Rodriguez (8)	
Julia Atkinson (JR)	X 43.67Y	2 Annie Dusek (7)	
Cora Kramer (8)	45.00Y	3 Maddie Heiny (FR)	
Katie Bauer (7)	46.00Y	4 Aoife Haggerty (8)	
Maddie Heiny (FR)	46.00Y	<hr/>	
Helena O'Keefe (FR)	48.11Y	Athletes	4
Cate Waldron (JR)	X 48.85Y	<b># 20 Female Senior 200 Free Relay D SST</b> <span style="float: right;">2:30.00Y</span>	
Meg Blanchette (SO)	X 49.79Y	1 Monica Irving (7)	
Nora Blanchette (FR)	50.02Y	2 Bella Nguyen (7)	
Monica Irving (7)	50.56Y	3 Cora Kramer (8)	
Kit Blanchette (7)	51.00Y	4 Camila Quispe (6)	
Bella Nguyen (7)	51.00Y	<hr/>	
Aoife Haggerty (8)	53.94Y	Athletes	4
Clare Heiny (7)	54.71Y	<b># 20 Female Senior 200 Free Relay E SST</b> <span style="float: right;">2:30.00Y</span>	
Veronica Bingham (6)	56.00Y	1 Emma Reynolds (SR)	
Veronica Gonzalez (7)	56.03Y	2 Briana Shillingburg (SO)	
Emma Reynolds (SR)	X 57.94Y	3 Molly Bauer (SO)	
Sofia Kohlhaas (7)	59.32Y	4 Meg Blanchette (SO)	
Camila Quispe (6)	1:10.00Y	<hr/>	
Briana Shillingburg (SO)	X 1:11.56Y	Athletes	4
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Athletes	25		
<b># 19 Male Senior 200 Free Relay A SST</b>		1:43.00Y	

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Female IE's:	120	Total Athletes:	67
Male IE's:	81		
<b>Total IE's:</b>	<b>201</b>	<b>Total RE's:</b>	<b>32</b>