

## Seton Swimming

### Individual Meet Entries Report

**16th Annual VISAA Junior Varsity Invitational 28-Jan-23 [Ageup: 11/1/2022] Yards**

**Location: Fitch WARF**

**Seton Swimming [SST] Coach: Jim Koehr**

**9314 Maple Street**

**Manassas, VA 20110**

**540-379-8328**

**Coach@KoehrFamily.com**

#### FEMALE

#### Betsy Arnold (7)

# 2	Female Senior 200 Medley Relay B	Free
# 6	Female Senior 50 Free	31.02Y
# 10	Female Senior 50 Fly	40.45Y
# 16	Female Senior 50 Back	41.65Y
# 20	Female Senior 200 Free Relay A	3

#### Julia Atkinson (JR)

# 2	Female Senior 200 Medley Relay D	Breast
# 6	Female Senior 50 Free	X 32.28Y
# 10	Female Senior 50 Fly	X 39.92Y
# 14	Female Senior 200 Breast Relay E	Fly
# 18	Female Senior 50 Breast	X 43.67Y

#### Katie Bauer (7)

# 2	Female Senior 200 Medley Relay C	Fly
# 6	Female Senior 50 Free	34.03Y
# 10	Female Senior 50 Fly	40.00Y
# 14	Female Senior 200 Breast Relay D	Breast
# 18	Female Senior 50 Breast	46.00Y

#### Molly Bauer (SO)

# 2	Female Senior 200 Medley Relay E	Fly
# 4	Female Senior 100 IM	X 1:40.00Y
# 10	Female Senior 50 Fly	X 48.54Y
# 18	Female Senior 50 Breast	X 43.41Y
# 20	Female Senior 200 Free Relay E	3

#### Rachel Baughman (7)

# 2	Female Senior 200 Medley Relay B	Breast
# 6	Female Senior 50 Free	34.70Y
# 14	Female Senior 200 Breast Relay C	Free
# 16	Female Senior 50 Back	42.44Y
# 18	Female Senior 50 Breast	42.00Y

#### Mariana Bingham (8)

# 2	Female Senior 200 Medley Relay A	Fly
# 4	Female Senior 100 IM	1:35.00Y
# 10	Female Senior 50 Fly	38.03Y
# 12	Female Senior 100 Free	1:13.49Y
# 20	Female Senior 200 Free Relay A	2

#### Veronica Bingham (6)

# 6	Female Senior 50 Free	39.25Y
# 8	Female Senior 200 Back Relay D	Free
# 14	Female Senior 200 Breast Relay D	Back
# 16	Female Senior 50 Back	40.00Y
# 18	Female Senior 50 Breast	56.00Y

#### Kit Blanchette (7)

# 2	Female Senior 200 Medley Relay C	Breast
# 6	Female Senior 50 Free	35.36Y
# 8	Female Senior 200 Back Relay C	Fly
# 16	Female Senior 50 Back	46.00Y
# 18	Female Senior 50 Breast	51.00Y

#### Meg Blanchette (SO)

# 2	Female Senior 200 Medley Relay E	Breast
# 6	Female Senior 50 Free	X 35.81Y
# 16	Female Senior 50 Back	X 47.50Y
# 18	Female Senior 50 Breast	X 49.79Y
# 20	Female Senior 200 Free Relay E	4

#### Nora Blanchette (FR)

# 6	Female Senior 50 Free	41.52Y
# 8	Female Senior 200 Back Relay D	Breast
# 12	Female Senior 100 Free	1:40.54Y
# 14	Female Senior 200 Breast Relay B	Breast
# 18	Female Senior 50 Breast	50.02Y

#### Meghan Condon (7)

# 6	Female Senior 50 Free	34.04Y
# 8	Female Senior 200 Back Relay A	Fly
# 10	Female Senior 50 Fly	51.55Y
# 14	Female Senior 200 Breast Relay A	Fly
# 18	Female Senior 50 Breast	37.00Y

#### Annie Dusek (7)

# 6	Female Senior 50 Free	33.42Y
# 8	Female Senior 200 Back Relay B	Fly
# 10	Female Senior 50 Fly	43.56Y
# 12	Female Senior 100 Free	1:15.79Y
# 20	Female Senior 200 Free Relay C	2

#### Kyleigh Fifield (8)

# 4	Female Senior 100 IM	1:30.00Y
# 8	Female Senior 200 Back Relay A	Breast
# 12	Female Senior 100 Free	1:17.30Y
# 16	Female Senior 50 Back	40.08Y
# 20	Female Senior 200 Free Relay B	2

#### Anastasia Garvey (FR)

# 2	Female Senior 200 Medley Relay A	Back
# 4	Female Senior 100 IM	1:12.70Y
# 10	Female Senior 50 Fly	31.58Y
# 14	Female Senior 200 Breast Relay A	Free
# 16	Female Senior 50 Back	31.82Y

#### Amelia Geary (JR)

# 2	Female Senior 200 Medley Relay D	Free
# 4	Female Senior 100 IM	X 1:24.95Y
# 6	Female Senior 50 Free	X 32.67Y
# 14	Female Senior 200 Breast Relay E	Breast
# 16	Female Senior 50 Back	X 43.09Y

#### Veronica Gonzalez (7)

# 6	Female Senior 50 Free	40.83Y
# 8	Female Senior 200 Back Relay D	Back
# 14	Female Senior 200 Breast Relay C	Fly
# 16	Female Senior 50 Back	55.35Y
# 18	Female Senior 50 Breast	56.03Y

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**16th Annual VISAA Junior Varsity Invitational 28-Jan-23 [Ageup: 11/1/2022] Yards**
**Seton Swimming [SST] Coach: Jim Koehr**
**FEMALE**
**Aoife Haggerty (8)**

# 6	Female Senior 50 Free	34.30Y
# 14	Female Senior 200 Breast Relay C	Back
# 16	Female Senior 50 Back	44.57Y
# 18	Female Senior 50 Breast	53.94Y
# 20	Female Senior 200 Free Relay C	4

**Orla Haggerty (SO)**

# 2	Female Senior 200 Medley Relay D	Back
# 4	Female Senior 100 IM	X 1:30.00Y
# 12	Female Senior 100 Free	X 1:12.18Y
# 14	Female Senior 200 Breast Relay E	Back
# 16	Female Senior 50 Back	X 44.18Y

**Clare Heiny (7)**

# 6	Female Senior 50 Free	37.06Y
# 8	Female Senior 200 Back Relay B	Breast
# 14	Female Senior 200 Breast Relay C	Breast
# 16	Female Senior 50 Back	42.87Y
# 18	Female Senior 50 Breast	54.71Y

**Maddie Heiny (FR)**

# 6	Female Senior 50 Free	33.93Y
# 10	Female Senior 50 Fly	1:02.10Y
# 14	Female Senior 200 Breast Relay D	Fly
# 18	Female Senior 50 Breast	46.00Y
# 20	Female Senior 200 Free Relay C	3

**Ava Hudson (JR)**

# 2	Female Senior 200 Medley Relay D	Fly
# 4	Female Senior 100 IM	X 1:18.51Y
# 16	Female Senior 50 Back	X 35.55Y
# 18	Female Senior 50 Breast	X 41.96Y

**Elizabeth Hurley (7)**

# 4	Female Senior 100 IM	1:22.00Y
# 8	Female Senior 200 Back Relay A	Free
# 12	Female Senior 100 Free	1:11.74Y
# 14	Female Senior 200 Breast Relay A	Breast
# 16	Female Senior 50 Back	39.16Y

**Monica Irving (7)**

# 6	Female Senior 50 Free	36.89Y
# 14	Female Senior 200 Breast Relay B	Fly
# 16	Female Senior 50 Back	47.74Y
# 18	Female Senior 50 Breast	50.56Y
# 20	Female Senior 200 Free Relay D	1

**Jane Judge (7)**

# 2	Female Senior 200 Medley Relay B	Back
# 4	Female Senior 100 IM	1:23.00Y
# 8	Female Senior 200 Back Relay C	Back
# 10	Female Senior 50 Fly	47.48Y
# 16	Female Senior 50 Back	40.73Y

**Philomena Kay (8)**

# 2	Female Senior 200 Medley Relay A	Free
# 4	Female Senior 100 IM	1:15.00Y
# 6	Female Senior 50 Free	28.80Y
# 12	Female Senior 100 Free	1:05.75Y

# 20	Female Senior 200 Free Relay A	1
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**Sofia Kohlhaas (7)**

# 2	Female Senior 200 Medley Relay C	Back
# 6	Female Senior 50 Free	36.25Y
# 8	Female Senior 200 Back Relay C	Breast
# 16	Female Senior 50 Back	47.85Y
# 18	Female Senior 50 Breast	59.32Y

**Cora Kramer (8)**

# 6	Female Senior 50 Free	45.79Y
# 8	Female Senior 200 Back Relay D	Fly
# 16	Female Senior 50 Back	55.00Y
# 18	Female Senior 50 Breast	45.00Y
# 20	Female Senior 200 Free Relay D	3

**Avila Mantooth (7)**

# 2	Female Senior 200 Medley Relay B	Fly
# 6	Female Senior 50 Free	30.83Y
# 10	Female Senior 50 Fly	42.53Y
# 18	Female Senior 50 Breast	40.00Y
# 20	Female Senior 200 Free Relay A	4

**Bella Nguyen (7)**

# 6	Female Senior 50 Free	40.32Y
# 14	Female Senior 200 Breast Relay D	Free
# 16	Female Senior 50 Back	NT
# 18	Female Senior 50 Breast	51.00Y
# 20	Female Senior 200 Free Relay D	2

**Helena O'Keefe (FR)**

# 2	Female Senior 200 Medley Relay C	Free
# 6	Female Senior 50 Free	36.41Y
# 14	Female Senior 200 Breast Relay B	Back
# 16	Female Senior 50 Back	45.12Y
# 18	Female Senior 50 Breast	48.11Y

**Mary Claire Osilka (FR)**

# 6	Female Senior 50 Free	31.73Y
# 8	Female Senior 200 Back Relay A	Back
# 10	Female Senior 50 Fly	43.82Y
# 16	Female Senior 50 Back	38.80Y
# 20	Female Senior 200 Free Relay B	4

**Allison Quispe (FR)**

# 2	Female Senior 200 Medley Relay E	Free
# 6	Female Senior 50 Free	37.19Y
# 8	Female Senior 200 Back Relay C	Free
# 10	Female Senior 50 Fly	46.62Y
# 16	Female Senior 50 Back	47.71Y

**Camila Quispe (6)**

# 6	Female Senior 50 Free	43.30Y
# 16	Female Senior 50 Back	1:00.00Y
# 18	Female Senior 50 Breast	1:10.00Y
# 20	Female Senior 200 Free Relay D	4

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<b>FEMALE</b>
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#### Emma Reynolds (SR)

# 6	Female Senior 50 Free	X	42.03Y
# 16	Female Senior 50 Back	X	52.76Y
# 18	Female Senior 50 Breast	X	57.94Y
# 20	Female Senior 200 Free Relay E		1

#### Noemi Rodriguez (8)

# 4	Female Senior 100 IM		1:30.00Y
# 6	Female Senior 50 Free		33.54Y
# 8	Female Senior 200 Back Relay B		Free
# 10	Female Senior 50 Fly		4:00.00Y
# 20	Female Senior 200 Free Relay C		1

#### Gabriella Russo (8)

# 4	Female Senior 100 IM		1:30.00Y
# 8	Female Senior 200 Back Relay B		Back
# 12	Female Senior 100 Free		1:12.74Y
# 16	Female Senior 50 Back		41.14Y
# 20	Female Senior 200 Free Relay B		3

#### Maggie Schroer (7)

# 2	Female Senior 200 Medley Relay A		Breast
# 4	Female Senior 100 IM		1:21.00Y
# 10	Female Senior 50 Fly		36.94Y
# 14	Female Senior 200 Breast Relay A		Back
# 18	Female Senior 50 Breast		40.00Y

#### Briana Shillingburg (SO)

# 6	Female Senior 50 Free	X	43.10Y
# 16	Female Senior 50 Back	X	55.72Y
# 18	Female Senior 50 Breast	X	1:11.56Y
# 20	Female Senior 200 Free Relay E		2

#### Cate Waldron (JR)

# 2	Female Senior 200 Medley Relay E		Back
# 6	Female Senior 50 Free	X	33.77Y
# 12	Female Senior 100 Free	X	1:27.88Y
# 14	Female Senior 200 Breast Relay E		Free
# 18	Female Senior 50 Breast	X	48.85Y

#### Lily Waldron (7)

# 6	Female Senior 50 Free		33.37Y
# 12	Female Senior 100 Free		1:21.07Y
# 14	Female Senior 200 Breast Relay B		Free
# 16	Female Senior 50 Back		43.64Y
# 20	Female Senior 200 Free Relay B		1

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**16th Annual VISAA Junior Varsity Invitational 28-Jan-23 [Ageup: 11/1/2022] Yards**

**Seton Swimming [SST] Coach: Jim Koehr**

#### MALE

##### Greg Bauer (FR)

# 1	Male Senior 200 Medley Relay B	Fly	
# 3	Male Senior 100 IM	1:28.59Y	
# 11	Male Senior 100 Free	1:03.29Y	
# 13	Male Senior 200 Breast Relay A	Free	
# 17	Male Senior 50 Breast	41.18Y	

##### Ryan Baughman (FR)

# 1	Male Senior 200 Medley Relay B	Free	
# 5	Male Senior 50 Free	34.45Y	
# 7	Male Senior 200 Back Relay A	Breast	
# 11	Male Senior 100 Free	1:22.76Y	
# 15	Male Senior 50 Back	40.03Y	

##### Ryan Beltran (JR)

# 1	Male Senior 200 Medley Relay C	Back	
# 3	Male Senior 100 IM	X 1:21.13Y	
# 7	Male Senior 200 Back Relay D	Back	
# 9	Male Senior 50 Fly	X 34.57Y	
# 11	Male Senior 100 Free	X 1:05.64Y	

##### Aaron Bishop (JR)

# 1	Male Senior 200 Medley Relay C	Fly	
# 3	Male Senior 100 IM	X 1:28.47Y	
# 7	Male Senior 200 Back Relay D	Breast	
# 9	Male Senior 50 Fly	X 35.38Y	
# 11	Male Senior 100 Free	X 1:08.27Y	

##### Tim Blanchette (SR)

# 1	Male Senior 200 Medley Relay C	Breast	
# 5	Male Senior 50 Free	X 37.14Y	
# 13	Male Senior 200 Breast Relay D	Breast	
# 15	Male Senior 50 Back	X 47.12Y	
# 17	Male Senior 50 Breast	X 40.00Y	

##### Jj Cooley (FR)

# 5	Male Senior 50 Free	33.77Y	
# 7	Male Senior 200 Back Relay B	Fly	
# 15	Male Senior 50 Back	42.26Y	
# 17	Male Senior 50 Breast	45.00Y	
# 19	Male Senior 200 Free Relay B	1	

##### Charlie Dusek (FR)

# 1	Male Senior 200 Medley Relay B	Back	
# 5	Male Senior 50 Free	36.73Y	
# 13	Male Senior 200 Breast Relay B	Fly	
# 15	Male Senior 50 Back	NT	
# 17	Male Senior 50 Breast	45.00Y	

##### Joseph Dwane (JR)

# 5	Male Senior 50 Free	X 37.57Y	
# 13	Male Senior 200 Breast Relay D	Fly	
# 15	Male Senior 50 Back	X 1:03.73Y	
# 17	Male Senior 50 Breast	X 57.32Y	

##### Ben Ellis (8)

# 1	Male Senior 200 Medley Relay B	Breast	
# 5	Male Senior 50 Free	32.73Y	
# 7	Male Senior 200 Back Relay B	Back	
# 9	Male Senior 50 Fly	42.86Y	

# 13	Male Senior 200 Breast Relay A	Breast	
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# 17	Male Senior 50 Breast	40.00Y	
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##### Josh Fioramonti (FR)

# 1	Male Senior 200 Medley Relay A	Free	
# 5	Male Senior 50 Free	26.24Y	
# 11	Male Senior 100 Free	1:01.53Y	
# 15	Male Senior 50 Back	36.00Y	
# 19	Male Senior 200 Free Relay A	4	

##### Jack Gregory (JR)

# 5	Male Senior 50 Free	X 35.93Y	
# 13	Male Senior 200 Breast Relay D	Free	
# 15	Male Senior 50 Back	X 55.00Y	
# 17	Male Senior 50 Breast	X 1:00.00Y	

##### Dominic Henry (7)

# 5	Male Senior 50 Free	49.37Y	
# 7	Male Senior 200 Back Relay C	Back	
# 15	Male Senior 50 Back	1:13.33Y	
# 17	Male Senior 50 Breast	1:05.00Y	
# 19	Male Senior 200 Free Relay B	3	

##### Victor Henry (FR)

# 5	Male Senior 50 Free	49.04Y	
# 7	Male Senior 200 Back Relay C	Breast	
# 15	Male Senior 50 Back	1:05.00Y	
# 17	Male Senior 50 Breast	1:00.00Y	
# 19	Male Senior 200 Free Relay B	4	

##### Dominic Judge (8)

# 1	Male Senior 200 Medley Relay A	Fly	
# 3	Male Senior 100 IM	1:30.00Y	
# 9	Male Senior 50 Fly	37.36Y	
# 11	Male Senior 100 Free	1:07.41Y	
# 13	Male Senior 200 Breast Relay B	Free	

##### Patrick Kay (7)

# 1	Male Senior 200 Medley Relay A	Back	
# 3	Male Senior 100 IM	1:29.00Y	
# 5	Male Senior 50 Free	27.81Y	
# 7	Male Senior 200 Back Relay A	Back	
# 15	Male Senior 50 Back	34.43Y	

##### Daniel Kohlhaas (6)

# 5	Male Senior 50 Free	50.89Y	
# 7	Male Senior 200 Back Relay B	Free	
# 13	Male Senior 200 Breast Relay C	Free	
# 15	Male Senior 50 Back	1:01.65Y	
# 17	Male Senior 50 Breast	1:10.00Y	

##### Raphaël Likoy (8)

# 5	Male Senior 50 Free	52.77Y	
# 7	Male Senior 200 Back Relay C	Free	
# 13	Male Senior 200 Breast Relay C	Breast	
# 15	Male Senior 50 Back	1:17.01Y	
# 17	Male Senior 50 Breast	1:00.00Y	

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**Seton Swimming [SST] Coach: Jim Koehr**

<b>MALE</b>
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**Joey Lynch (7)**

# 5	Male Senior 50 Free	31.93Y
# 7	Male Senior 200 Back Relay A	Fly
# 9	Male Senior 50 Fly	39.76Y
# 17	Male Senior 50 Breast	51.51Y
# 19	Male Senior 200 Free Relay A	2

**Aidan McCardell (FR)**

# 5	Male Senior 50 Free	40.13Y
# 7	Male Senior 200 Back Relay C	Fly
# 13	Male Senior 200 Breast Relay B	Back
# 15	Male Senior 50 Back	1:07.76Y
# 17	Male Senior 50 Breast	53.61Y

**Joseph Minarik (JR)**

# 5	Male Senior 50 Free	X 36.78Y
# 7	Male Senior 200 Back Relay D	Free
# 15	Male Senior 50 Back	X 52.06Y
# 17	Male Senior 50 Breast	X 1:10.00Y

**Colin Nguyen (SR)**

# 1	Male Senior 200 Medley Relay C	Free
# 5	Male Senior 50 Free	X 28.33Y
# 9	Male Senior 50 Fly	X 33.20Y
# 11	Male Senior 100 Free	X 1:05.44Y
# 13	Male Senior 200 Breast Relay D	Back

**Kenneth Nguyen (8)**

# 5	Male Senior 50 Free	30.66Y
# 9	Male Senior 50 Fly	41.50Y
# 13	Male Senior 200 Breast Relay B	Breast
# 15	Male Senior 50 Back	40.00Y
# 19	Male Senior 200 Free Relay A	3

**Daniel Sokban (8)**

# 5	Male Senior 50 Free	26.50Y
# 11	Male Senior 100 Free	1:03.94Y
# 13	Male Senior 200 Breast Relay A	Fly
# 17	Male Senior 50 Breast	36.00Y
# 19	Male Senior 200 Free Relay A	1

**Nick Vaughan (SO)**

# 5	Male Senior 50 Free	X 32.41Y
# 7	Male Senior 200 Back Relay D	Fly
# 13	Male Senior 200 Breast Relay C	Fly
# 15	Male Senior 50 Back	X 46.84Y
# 17	Male Senior 50 Breast	X 1:04.30Y

**Noah Vaughan (8)**

# 5	Male Senior 50 Free	34.79Y
# 7	Male Senior 200 Back Relay B	Breast
# 13	Male Senior 200 Breast Relay C	Back
# 15	Male Senior 50 Back	47.13Y
# 17	Male Senior 50 Breast	58.00Y

**Jonas Wilson (7)**

# 7	Male Senior 200 Back Relay A	Free
# 9	Male Senior 50 Fly	45.66Y
# 11	Male Senior 100 Free	1:14.56Y
# 17	Male Senior 50 Breast	41.00Y

# 19	Male Senior 200 Free Relay B	2
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**Michael Zahorchak (8)**

# 1	Male Senior 200 Medley Relay A	Breast
# 3	Male Senior 100 IM	1:35.00Y
# 9	Male Senior 50 Fly	37.72Y
# 13	Male Senior 200 Breast Relay A	Back
# 17	Male Senior 50 Breast	35.00Y

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16th Annual VISAA Junior Varsity Invitational 28-Jan-23 [Ageup: 11/1/2022] Yards  
Seton Swimming [SST] Coach: Jim Koehr

Female IE's:	120	Female RE's:	76
Male IE's:	81	Male RE's:	52
Total IE's:	201	Total RE's:	128
Total Athletes:	67		