

Seton Swimming

Individual Meet Entries Report

Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards
Location: Freedom Aquatic and Fitness Center
Seton Swimming [SST] Coach: Jim Koehr
9314 Maple Street
Manassas, VA 20110
540-379-8328
Coach@KoehrFamily.com

FEMALE

Betsy Arnold (7)

# 2	Female Senior 200 Medley Relay B	Free	
# 4	Female Senior 200 Free	X 3:23.00Y	
# 16	Female Senior 500 Free	X 8:30.00Y	
# 18	Female Senior 200 Free Relay A		3

Julia Atkinson (JR)

# 2	Female Senior 200 Medley Relay F	Fly	
# 6	Female Senior 200 IM	3:13.34Y	
# 16	Female Senior 500 Free	X 7:50.00Y	
# 18	Female Senior 200 Free Relay H		1

Katie Bauer (7)

# 2	Female Senior 200 Medley Relay C	Breast	
# 6	Female Senior 200 IM	X 3:20.00Y	
# 16	Female Senior 500 Free	X 9:00.00Y	
# 18	Female Senior 200 Free Relay C		2

Molly Bauer (SO)

# 2	Female Senior 200 Medley Relay I	Breast	
# 4	Female Senior 200 Free	X 3:36.56Y	
# 16	Female Senior 500 Free	X 9:44.72Y	
# 18	Female Senior 200 Free Relay H		3

Rachel Baughman (7)

# 2	Female Senior 200 Medley Relay B	Breast	
# 4	Female Senior 200 Free	X 3:33.13Y	
# 16	Female Senior 500 Free	X 9:45.00Y	
# 18	Female Senior 200 Free Relay G		2

Lucia Bingham (SO)

# 12	Female Senior 100 Fly	1:18.51Y	
# 16	Female Senior 500 Free	7:30.44Y	
# 18	Female Senior 200 Free Relay B		1
# 24	Female Senior 400 Free Relay A		4

Mariana Bingham (8)

# 2	Female Senior 200 Medley Relay A	Fly	
# 12	Female Senior 100 Fly	X 1:44.13Y	
# 16	Female Senior 500 Free	X 8:15.81Y	
# 18	Female Senior 200 Free Relay E		1

Veronica Bingham (6)

# 2	Female Senior 200 Medley Relay D	Free	
# 16	Female Senior 500 Free	X 9:35.00Y	
# 18	Female Senior 200 Free Relay J		4
# 22	Female Senior 100 Breast	2:12.09Y	

Kit Blanchette (7)

# 2	Female Senior 200 Medley Relay F	Free	
# 4	Female Senior 200 Free	X 3:39.84Y	
# 16	Female Senior 500 Free	X 12:06.00Y	
# 18	Female Senior 200 Free Relay D		2

Meg Blanchette (SO)

# 2	Female Senior 200 Medley Relay E	Breast	
# 4	Female Senior 200 Free	3:12.64Y	
# 16	Female Senior 500 Free	X 8:46.08Y	

# 18	Female Senior 200 Free Relay D		3
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Nora Blanchette (FR)

# 2	Female Senior 200 Medley Relay F	Back	
# 4	Female Senior 200 Free	X 3:44.51Y	
# 16	Female Senior 500 Free	X 9:46.75Y	
# 18	Female Senior 200 Free Relay H		4

Lucy Cunningham (SO)

# 4	Female Senior 200 Free	2:43.41Y	
# 12	Female Senior 100 Fly	1:18.65Y	
# 18	Female Senior 200 Free Relay B		4
# 24	Female Senior 400 Free Relay A		1

Annie Dusek (7)

# 2	Female Senior 200 Medley Relay D	Back	
# 14	Female Senior 100 Free	1:19.72Y	
# 16	Female Senior 500 Free	X 11:00.00Y	
# 18	Female Senior 200 Free Relay J		1

Kyleigh Fifield (8)

# 2	Female Senior 200 Medley Relay G	Fly	
# 12	Female Senior 100 Fly	X 1:40.00Y	
# 16	Female Senior 500 Free	X 8:36.31Y	
# 18	Female Senior 200 Free Relay I		2

Elizabeth Francis (SO)

# 2	Female Senior 200 Medley Relay B	Fly	
# 12	Female Senior 100 Fly	X 1:37.77Y	
# 16	Female Senior 500 Free	X 8:23.17Y	
# 18	Female Senior 200 Free Relay H		2

Veronica Gonzalez (7)

# 2	Female Senior 200 Medley Relay H	Back	
# 4	Female Senior 200 Free	X 4:37.59Y	
# 16	Female Senior 500 Free	X 11:48.75Y	
# 18	Female Senior 200 Free Relay F		4

Aoife Haggerty (8)

# 2	Female Senior 200 Medley Relay H	Fly	
# 6	Female Senior 200 IM	X 3:15.00Y	
# 16	Female Senior 500 Free	X 10:01.03Y	
# 18	Female Senior 200 Free Relay F		2

Moirra Haggerty (SR)

# 2	Female Senior 200 Medley Relay C	Fly	
# 6	Female Senior 200 IM	3:26.12Y	
# 14	Female Senior 100 Free	1:13.23Y	
# 18	Female Senior 200 Free Relay D		1

Orla Haggerty (SO)

# 12	Female Senior 100 Fly	X 1:49.64Y	
# 16	Female Senior 500 Free	X 8:06.49Y	
# 18	Female Senior 200 Free Relay A		4
# 24	Female Senior 400 Free Relay B		4

Seton Swimming

Individual Meet Entries Report

Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards
Seton Swimming [SST] Coach: Jim Koehr
FEMALE
Amelie Halisky (SR)

# 2	Female Senior 200 Medley Relay A	Back	
# 6	Female Senior 200 IM	3:12.53Y	
# 14	Female Senior 100 Free	1:09.79Y	
# 24	Female Senior 400 Free Relay B	1	

Sophia Halisky (7)

# 2	Female Senior 200 Medley Relay E	Fly	
# 4	Female Senior 200 Free	3:15.73Y	
# 16	Female Senior 500 Free	X 7:40.86Y	
# 18	Female Senior 200 Free Relay G	1	

Clare Heiny (7)

# 2	Female Senior 200 Medley Relay H	Breast	
# 16	Female Senior 500 Free	X 10:02.74Y	
# 18	Female Senior 200 Free Relay G	3	
# 22	Female Senior 100 Breast	2:02.09Y	

Maddie Heiny (FR)

# 2	Female Senior 200 Medley Relay I	Fly	
# 6	Female Senior 200 IM	X 3:30.00Y	
# 16	Female Senior 500 Free	X 11:30.00Y	
# 18	Female Senior 200 Free Relay E	2	

Ava Hudson (JR)

# 12	Female Senior 100 Fly	1:20.12Y	
# 16	Female Senior 500 Free	6:49.95Y	
# 18	Female Senior 200 Free Relay B	2	
# 24	Female Senior 400 Free Relay A	2	

Elizabeth Hurley (7)

# 2	Female Senior 200 Medley Relay A	Breast	
# 6	Female Senior 200 IM	X 3:10.00Y	
# 16	Female Senior 500 Free	X 8:21.76Y	
# 18	Female Senior 200 Free Relay B	3	

Mary Catherine Hurley (SO)

# 12	Female Senior 100 Fly	1:36.65Y	
# 16	Female Senior 500 Free	7:39.32Y	
# 18	Female Senior 200 Free Relay A	1	
# 24	Female Senior 400 Free Relay B	3	

Monica Irving (7)

# 2	Female Senior 200 Medley Relay C	Free	
# 4	Female Senior 200 Free	X 3:40.00Y	
# 16	Female Senior 500 Free	X 8:54.78Y	
# 18	Female Senior 200 Free Relay J	3	

Jane Judge (7)

# 2	Female Senior 200 Medley Relay D	Breast	
# 6	Female Senior 200 IM	X 3:20.00Y	
# 16	Female Senior 500 Free	X 9:00.00Y	
# 18	Female Senior 200 Free Relay C	3	

Sofia Kohlhaas (7)

# 2	Female Senior 200 Medley Relay F	Breast	
# 4	Female Senior 200 Free	X 3:35.00Y	
# 16	Female Senior 500 Free	X 11:49.37Y	
# 18	Female Senior 200 Free Relay E	3	

Cora Kramer (8)

# 2	Female Senior 200 Medley Relay I	Free	
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# 4	Female Senior 200 Free	X 4:08.71Y	
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# 16	Female Senior 500 Free	X 13:01.00Y	
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# 18	Female Senior 200 Free Relay C	4	
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Avila Mantooth (7)

# 6	Female Senior 200 IM	X 3:15.00Y	
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# 16	Female Senior 500 Free	X 7:00.00Y	
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# 18	Female Senior 200 Free Relay A	2	
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# 24	Female Senior 400 Free Relay B	2	
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Maria Miller (FR)

# 2	Female Senior 200 Medley Relay B	Back	
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# 4	Female Senior 200 Free	X 3:15.00Y	
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# 16	Female Senior 500 Free	X 7:56.85Y	
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# 18	Female Senior 200 Free Relay C	1	
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Bella Nguyen (7)

# 2	Female Senior 200 Medley Relay E	Free	
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# 4	Female Senior 200 Free	X 4:01.09Y	
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# 16	Female Senior 500 Free	X 10:00.00Y	
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# 18	Female Senior 200 Free Relay I	4	
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Helena O'Keefe (FR)

# 2	Female Senior 200 Medley Relay G	Breast	
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# 4	Female Senior 200 Free	X 3:40.00Y	
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# 16	Female Senior 500 Free	X 9:15.13Y	
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# 18	Female Senior 200 Free Relay F	3	
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Shannon O'Malley (SO)

# 2	Female Senior 200 Medley Relay A	Free	
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# 6	Female Senior 200 IM	2:57.72Y	
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# 16	Female Senior 500 Free	7:22.63Y	
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# 24	Female Senior 400 Free Relay A	3	
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Mary Claire Osilka (FR)

# 2	Female Senior 200 Medley Relay C	Back	
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# 6	Female Senior 200 IM	X 3:15.00Y	
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# 16	Female Senior 500 Free	X 9:00.22Y	
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# 18	Female Senior 200 Free Relay I	1	
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Allison Quispe (FR)

# 2	Female Senior 200 Medley Relay G	Free	
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# 4	Female Senior 200 Free	3:21.08Y	
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# 16	Female Senior 500 Free	X 9:29.66Y	
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# 18	Female Senior 200 Free Relay I	3	
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Camila Quispe (6)

# 2	Female Senior 200 Medley Relay I	Back	
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# 4	Female Senior 200 Free	X 4:25.30Y	
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# 16	Female Senior 500 Free	X 13:22.00Y	
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# 18	Female Senior 200 Free Relay E	4	
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Emma Reynolds (SR)

# 2	Female Senior 200 Medley Relay G	Back	
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# 14	Female Senior 100 Free	1:45.29Y	
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# 16	Female Senior 500 Free	X 13:05.00Y	
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# 18	Female Senior 200 Free Relay G	4	
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Seton Swimming**Individual Meet Entries Report****Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards****Seton Swimming [SST] Coach: Jim Koehr****FEMALE****Noemi Rodriguez (8)**

# 2	Female Senior 200 Medley Relay E	Back
# 6	Female Senior 200 IM	X 3:30.00Y
# 16	Female Senior 500 Free	X 9:15.41Y
# 18	Female Senior 200 Free Relay J	2

Gabriella Russo (8)

# 2	Female Senior 200 Medley Relay D	Fly
# 6	Female Senior 200 IM	X 3:15.00Y
# 16	Female Senior 500 Free	X 10:00.00Y
# 18	Female Senior 200 Free Relay F	1

Briana Shillingburg (SO)

# 2	Female Senior 200 Medley Relay H	Free
# 4	Female Senior 200 Free	X 3:45.00Y
# 16	Female Senior 500 Free	X 11:42.37Y
# 18	Female Senior 200 Free Relay D	4

Seton Swimming

Individual Meet Entries Report

Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards
Seton Swimming [SST] Coach: Jim Koehr
MALE
Jed Albin (JR)

# 1	Male Senior 200 Medley Relay G	Back	
# 5	Male Senior 200 IM	X 2:50.00Y	
# 13	Male Senior 100 Free	1:03.39Y	
# 23	Male Senior 400 Free Relay B	2	

Greg Bauer (FR)

# 1	Male Senior 200 Medley Relay B	Breast	
# 5	Male Senior 200 IM	2:45.00Y	
# 11	Male Senior 100 Fly	1:30.00Y	
# 23	Male Senior 400 Free Relay B	1	

Ryan Beltran (JR)

# 1	Male Senior 200 Medley Relay A	Back	
# 3	Male Senior 200 Free	3:01.43Y	
# 15	Male Senior 500 Free	X 7:45.00Y	
# 17	Male Senior 200 Free Relay B	4	

Aaron Bishop (JR)

# 1	Male Senior 200 Medley Relay B	Free	
# 5	Male Senior 200 IM	3:32.24Y	
# 15	Male Senior 500 Free	X 7:57.98Y	
# 17	Male Senior 200 Free Relay B	2	

Tim Blanchette (SR)

# 1	Male Senior 200 Medley Relay F	Breast	
# 3	Male Senior 200 Free	X 4:17.31Y	
# 15	Male Senior 500 Free	X 11:00.00Y	
# 17	Male Senior 200 Free Relay E	3	

Jj Cooley (FR)

# 1	Male Senior 200 Medley Relay D	Back	
# 3	Male Senior 200 Free	X 3:34.77Y	
# 15	Male Senior 500 Free	X 10:00.00Y	
# 17	Male Senior 200 Free Relay G	2	

John Cooley (7)

# 1	Male Senior 200 Medley Relay G	Free	
# 3	Male Senior 200 Free	X 4:22.90Y	
# 15	Male Senior 500 Free	X 12:01.00Y	
# 17	Male Senior 200 Free Relay G	3	

Joey Dealey (SR)

# 1	Male Senior 200 Medley Relay A	Free	
# 5	Male Senior 200 IM	2:42.49Y	
# 15	Male Senior 500 Free	6:52.82Y	
# 23	Male Senior 400 Free Relay A	1	

Joseph Dwane (JR)

# 1	Male Senior 200 Medley Relay E	Free	
# 3	Male Senior 200 Free	X 4:05.61Y	
# 15	Male Senior 500 Free	X 11:09.06Y	
# 17	Male Senior 200 Free Relay D	3	

Ben Ellis (8)

# 1	Male Senior 200 Medley Relay C	Breast	
# 5	Male Senior 200 IM	X 3:15.00Y	
# 15	Male Senior 500 Free	X 11:00.00Y	
# 17	Male Senior 200 Free Relay F	1	

Josh Fioramonti (FR)

# 3	Male Senior 200 Free	2:57.16Y	
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# 15	Male Senior 500 Free	X 8:21.53Y	
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# 17	Male Senior 200 Free Relay A	2	
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# 23	Male Senior 400 Free Relay A	4	
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Jack Gregory (JR)

# 1	Male Senior 200 Medley Relay D	Breast	
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# 15	Male Senior 500 Free	X 12:43.00Y	
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# 17	Male Senior 200 Free Relay C	3	
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# 21	Male Senior 100 Breast	2:30.00Y	
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Dominic Henry (7)

# 3	Male Senior 200 Free	X 5:30.00Y	
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# 15	Male Senior 500 Free	X 13:30.00Y	
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# 17	Male Senior 200 Free Relay E	4	
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Victor Henry (FR)

# 1	Male Senior 200 Medley Relay D	Free	
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# 3	Male Senior 200 Free	X 6:02.00Y	
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# 15	Male Senior 500 Free	X 23:17.00Y	
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# 17	Male Senior 200 Free Relay F	4	
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Dominic Judge (8)

# 1	Male Senior 200 Medley Relay E	Fly	
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# 3	Male Senior 200 Free	2:59.95Y	
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# 15	Male Senior 500 Free	X 7:39.62Y	
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# 17	Male Senior 200 Free Relay B	3	
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Patrick Kay (7)

# 1	Male Senior 200 Medley Relay D	Fly	
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# 5	Male Senior 200 IM	X 2:35.00Y	
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# 15	Male Senior 500 Free	X 7:15.00Y	
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# 17	Male Senior 200 Free Relay D	1	
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Daniel Kohlhaas (6)

# 1	Male Senior 200 Medley Relay F	Free	
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# 3	Male Senior 200 Free	X 5:38.14Y	
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# 15	Male Senior 500 Free	X 13:29.00Y	
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# 17	Male Senior 200 Free Relay D	4	
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Peter Konstanty (JR)

# 7	Male Senior 50 Free	26.97Y	
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# 15	Male Senior 500 Free	6:45.13Y	
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# 17	Male Senior 200 Free Relay B	1	
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# 23	Male Senior 400 Free Relay A	3	
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Raphaël Likoy (8)

# 3	Male Senior 200 Free	X 5:30.00Y	
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# 15	Male Senior 500 Free	X 13:38.00Y	
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# 17	Male Senior 200 Free Relay C	4	
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Joey Lynch (7)

# 1	Male Senior 200 Medley Relay E	Back	
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# 3	Male Senior 200 Free	X 3:18.74Y	
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# 15	Male Senior 500 Free	X 11:00.00Y	
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# 17	Male Senior 200 Free Relay E	1	
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Luke Mantooth (JR)

# 1	Male Senior 200 Medley Relay A	Breast	
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# 11	Male Senior 100 Fly	1:30.00Y	
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# 15	Male Senior 500 Free	X 7:09.22Y	
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# 17	Male Senior 200 Free Relay A	1	
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Seton Swimming

Individual Meet Entries Report

Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards
Seton Swimming [SST] Coach: Jim Koehr

MALE

Thiago Martinez (7)

# 1	Male Senior 200 Medley Relay C	Fly	
# 5	Male Senior 200 IM	X 2:20.00Y	
# 15	Male Senior 500 Free	X 7:00.00Y	
# 17	Male Senior 200 Free Relay C	1	

Aidan McCardell (FR)

# 1	Male Senior 200 Medley Relay C	Free	
# 3	Male Senior 200 Free	X 5:28.12Y	
# 15	Male Senior 500 Free	X 13:08.53Y	
# 17	Male Senior 200 Free Relay G	4	

Joseph Minarik (JR)

# 1	Male Senior 200 Medley Relay C	Back	
# 3	Male Senior 200 Free	X 5:30.00Y	
# 15	Male Senior 500 Free	X 17:38.00Y	
# 17	Male Senior 200 Free Relay C	2	

Colin Nguyen (SR)

# 1	Male Senior 200 Medley Relay B	Back	
# 5	Male Senior 200 IM	X 3:00.00Y	
# 15	Male Senior 500 Free	X 7:30.00Y	
# 23	Male Senior 400 Free Relay B	4	

Kenneth Nguyen (8)

# 1	Male Senior 200 Medley Relay G	Fly	
# 3	Male Senior 200 Free	X 3:48.21Y	
# 15	Male Senior 500 Free	X 10:30.00Y	
# 17	Male Senior 200 Free Relay G	1	

Daniel Sokban (8)

# 3	Male Senior 200 Free	2:51.91Y	
# 15	Male Senior 500 Free	6:47.78Y	
# 17	Male Senior 200 Free Relay A	3	
# 23	Male Senior 400 Free Relay B	3	

William Sokban (SO)

# 1	Male Senior 200 Medley Relay B	Fly	
# 5	Male Senior 200 IM	2:46.52Y	
# 15	Male Senior 500 Free	6:20.12Y	
# 23	Male Senior 400 Free Relay A	2	

Nick Vaughan (SO)

# 1	Male Senior 200 Medley Relay F	Back	
# 3	Male Senior 200 Free	X 4:32.81Y	
# 15	Male Senior 500 Free	11:03.15Y	
# 17	Male Senior 200 Free Relay E	2	

Noah Vaughan (8)

# 1	Male Senior 200 Medley Relay G	Breast	
# 3	Male Senior 200 Free	X 4:25.68Y	
# 15	Male Senior 500 Free	X 13:28.00Y	
# 17	Male Senior 200 Free Relay F	3	

Jonas Wilson (7)

# 1	Male Senior 200 Medley Relay E	Breast	
# 5	Male Senior 200 IM	X 2:30.00Y	
# 15	Male Senior 500 Free	X 7:45.60Y	
# 17	Male Senior 200 Free Relay F	2	

Max Wilson (SO)

# 1	Male Senior 200 Medley Relay A	Fly	
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# 15	Male Senior 500 Free	6:42.86Y	
# 17	Male Senior 200 Free Relay A	4	
# 21	Male Senior 100 Breast	1:24.74Y	

Michael Zahorchak (8)

# 1	Male Senior 200 Medley Relay F	Fly	
# 5	Male Senior 200 IM	X 3:30.00Y	
# 15	Male Senior 500 Free	X 7:38.53Y	
# 17	Male Senior 200 Free Relay D	2	

Seton Swimming

Individual Meet Entries Report

Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards
Seton Swimming [SST] Coach: Jim Koehr

Female IE's:	84	Female RE's:	84
Male IE's:	66	Male RE's:	64
Total IE's:	150	Total RE's:	148
Total Athletes:	75		