

## Seton Swimming

### Individual Meet Entries Report

**Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards**

**Location: Freedom Aquatic and Fitness Center**

**Seton Swimming [SST] Coach: Jim Koehr**

**9314 Maple Street**

**Manassas, VA 20110**

**540-379-8328**

**Coach@KoehrFamily.com**

<b>FEMALE</b>
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**Betsy Arnold (7)**

# 2	Female Senior 200 Medley Relay B	Free	
# 4	Female Senior 200 Free	X 3:23.00Y	
# 16	Female Senior 500 Free	X 8:30.00Y	
# 18	Female Senior 200 Free Relay A		3

**Julia Atkinson (JR)**

# 2	Female Senior 200 Medley Relay F	Fly	
# 6	Female Senior 200 IM	3:13.34Y	
# 16	Female Senior 500 Free	X 7:50.00Y	
# 18	Female Senior 200 Free Relay H		1

**Katie Bauer (7)**

# 2	Female Senior 200 Medley Relay C	Breast	
# 6	Female Senior 200 IM	X 3:20.00Y	
# 16	Female Senior 500 Free	X 9:00.00Y	
# 18	Female Senior 200 Free Relay C		2

**Molly Bauer (SO)**

# 2	Female Senior 200 Medley Relay I	Breast	
# 4	Female Senior 200 Free	X 3:36.56Y	
# 16	Female Senior 500 Free	X 9:44.72Y	
# 18	Female Senior 200 Free Relay H		3

**Rachel Baughman (7)**

# 2	Female Senior 200 Medley Relay B	Breast	
# 4	Female Senior 200 Free	X 3:33.13Y	
# 16	Female Senior 500 Free	X 9:45.00Y	
# 18	Female Senior 200 Free Relay G		2

**Lucia Bingham (SO)**

# 12	Female Senior 100 Fly	1:18.51Y	
# 16	Female Senior 500 Free	7:30.44Y	
# 18	Female Senior 200 Free Relay B		1
# 24	Female Senior 400 Free Relay A		4

**Mariana Bingham (8)**

# 2	Female Senior 200 Medley Relay A	Fly	
# 12	Female Senior 100 Fly	X 1:44.13Y	
# 16	Female Senior 500 Free	X 8:15.81Y	
# 18	Female Senior 200 Free Relay E		1

**Veronica Bingham (6)**

# 2	Female Senior 200 Medley Relay D	Free	
# 16	Female Senior 500 Free	X 9:35.00Y	
# 18	Female Senior 200 Free Relay J		4
# 22	Female Senior 100 Breast	2:12.09Y	

**Kit Blanchette (7)**

# 2	Female Senior 200 Medley Relay F	Free	
# 4	Female Senior 200 Free	X 3:39.84Y	
# 16	Female Senior 500 Free	X 12:06.00Y	
# 18	Female Senior 200 Free Relay D		2

**Meg Blanchette (SO)**

# 2	Female Senior 200 Medley Relay E	Breast	
# 4	Female Senior 200 Free	3:12.64Y	
# 16	Female Senior 500 Free	X 8:46.08Y	

# 18	Female Senior 200 Free Relay D		3
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**Nora Blanchette (FR)**

# 2	Female Senior 200 Medley Relay F	Back	
# 4	Female Senior 200 Free	X 3:44.51Y	
# 16	Female Senior 500 Free	X 9:46.75Y	
# 18	Female Senior 200 Free Relay H		4

**Lucy Cunningham (SO)**

# 4	Female Senior 200 Free	2:43.41Y	
# 12	Female Senior 100 Fly	1:18.65Y	
# 18	Female Senior 200 Free Relay B		4
# 24	Female Senior 400 Free Relay A		1

**Annie Dusek (7)**

# 2	Female Senior 200 Medley Relay D	Back	
# 14	Female Senior 100 Free	1:19.72Y	
# 16	Female Senior 500 Free	X 11:00.00Y	
# 18	Female Senior 200 Free Relay J		1

**Kyleigh Fifield (8)**

# 2	Female Senior 200 Medley Relay G	Fly	
# 12	Female Senior 100 Fly	X 1:40.00Y	
# 16	Female Senior 500 Free	X 8:36.31Y	
# 18	Female Senior 200 Free Relay I		2

**Elizabeth Francis (SO)**

# 2	Female Senior 200 Medley Relay B	Fly	
# 12	Female Senior 100 Fly	X 1:37.77Y	
# 16	Female Senior 500 Free	X 8:23.17Y	
# 18	Female Senior 200 Free Relay H		2

**Veronica Gonzalez (7)**

# 2	Female Senior 200 Medley Relay H	Back	
# 4	Female Senior 200 Free	X 4:37.59Y	
# 16	Female Senior 500 Free	X 11:48.75Y	
# 18	Female Senior 200 Free Relay F		4

**Aoife Haggerty (8)**

# 2	Female Senior 200 Medley Relay H	Fly	
# 6	Female Senior 200 IM	X 3:15.00Y	
# 16	Female Senior 500 Free	X 10:01.03Y	
# 18	Female Senior 200 Free Relay F		2

**Moira Haggerty (SR)**

# 2	Female Senior 200 Medley Relay C	Fly	
# 6	Female Senior 200 IM	3:26.12Y	
# 14	Female Senior 100 Free	1:13.23Y	
# 18	Female Senior 200 Free Relay D		1

**Orla Haggerty (SO)**

# 12	Female Senior 100 Fly	X 1:49.64Y	
# 16	Female Senior 500 Free	X 8:06.49Y	
# 18	Female Senior 200 Free Relay A		4
# 24	Female Senior 400 Free Relay B		4

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**Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards**
**Seton Swimming [SST] Coach: Jim Koehr**

<b>FEMALE</b>
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**Amelie Halisky (SR)**

# 2	Female Senior 200 Medley Relay A	Back
# 6	Female Senior 200 IM	3:12.53Y
# 14	Female Senior 100 Free	1:09.79Y
# 24	Female Senior 400 Free Relay B	1

**Sophia Halisky (7)**

# 2	Female Senior 200 Medley Relay E	Fly
# 4	Female Senior 200 Free	3:15.73Y
# 16	Female Senior 500 Free	X 7:40.86Y
# 18	Female Senior 200 Free Relay G	1

**Clare Heiny (7)**

# 2	Female Senior 200 Medley Relay H	Breast
# 16	Female Senior 500 Free	X 10:02.74Y
# 18	Female Senior 200 Free Relay G	3
# 22	Female Senior 100 Breast	2:02.09Y

**Maddie Heiny (FR)**

# 2	Female Senior 200 Medley Relay I	Fly
# 6	Female Senior 200 IM	X 3:30.00Y
# 16	Female Senior 500 Free	X 11:30.00Y
# 18	Female Senior 200 Free Relay E	2

**Ava Hudson (JR)**

# 12	Female Senior 100 Fly	1:20.12Y
# 16	Female Senior 500 Free	6:49.95Y
# 18	Female Senior 200 Free Relay B	2
# 24	Female Senior 400 Free Relay A	2

**Elizabeth Hurley (7)**

# 2	Female Senior 200 Medley Relay A	Breast
# 6	Female Senior 200 IM	X 3:10.00Y
# 16	Female Senior 500 Free	X 8:21.76Y
# 18	Female Senior 200 Free Relay B	3

**Mary Catherine Hurley (SO)**

# 12	Female Senior 100 Fly	1:36.65Y
# 16	Female Senior 500 Free	7:39.32Y
# 18	Female Senior 200 Free Relay A	1
# 24	Female Senior 400 Free Relay B	3

**Monica Irving (7)**

# 2	Female Senior 200 Medley Relay C	Free
# 4	Female Senior 200 Free	X 3:40.00Y
# 16	Female Senior 500 Free	X 8:54.78Y
# 18	Female Senior 200 Free Relay J	3

**Jane Judge (7)**

# 2	Female Senior 200 Medley Relay D	Breast
# 6	Female Senior 200 IM	X 3:20.00Y
# 16	Female Senior 500 Free	X 9:00.00Y
# 18	Female Senior 200 Free Relay C	3

**Sofia Kohlhaas (7)**

# 2	Female Senior 200 Medley Relay F	Breast
# 4	Female Senior 200 Free	X 3:35.00Y
# 16	Female Senior 500 Free	X 11:49.37Y
# 18	Female Senior 200 Free Relay E	3

**Cora Kramer (8)**

# 2	Female Senior 200 Medley Relay I	Free
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# 4	Female Senior 200 Free	X 4:08.71Y
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# 16	Female Senior 500 Free	X 13:01.00Y
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# 18	Female Senior 200 Free Relay C	4
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**Avila Mantooth (7)**

# 6	Female Senior 200 IM	X 3:15.00Y
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# 16	Female Senior 500 Free	X 7:00.00Y
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# 18	Female Senior 200 Free Relay A	2
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# 24	Female Senior 400 Free Relay B	2
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**Maria Miller (FR)**

# 2	Female Senior 200 Medley Relay B	Back
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# 4	Female Senior 200 Free	X 3:15.00Y
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# 16	Female Senior 500 Free	X 7:56.85Y
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# 18	Female Senior 200 Free Relay C	1
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**Bella Nguyen (7)**

# 2	Female Senior 200 Medley Relay E	Free
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# 4	Female Senior 200 Free	X 4:01.09Y
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# 16	Female Senior 500 Free	X 10:00.00Y
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# 18	Female Senior 200 Free Relay I	4
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**Helena O'Keefe (FR)**

# 2	Female Senior 200 Medley Relay G	Breast
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# 4	Female Senior 200 Free	X 3:40.00Y
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# 16	Female Senior 500 Free	X 9:15.13Y
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# 18	Female Senior 200 Free Relay F	3
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**Shannon O'Malley (SO)**

# 2	Female Senior 200 Medley Relay A	Free
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# 6	Female Senior 200 IM	2:57.72Y
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# 16	Female Senior 500 Free	7:22.63Y
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# 24	Female Senior 400 Free Relay A	3
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**Mary Claire Osilka (FR)**

# 2	Female Senior 200 Medley Relay C	Back
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# 6	Female Senior 200 IM	X 3:15.00Y
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# 16	Female Senior 500 Free	X 9:00.22Y
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# 18	Female Senior 200 Free Relay I	1
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**Allison Quispe (FR)**

# 2	Female Senior 200 Medley Relay G	Free
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# 4	Female Senior 200 Free	3:21.08Y
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# 16	Female Senior 500 Free	X 9:29.66Y
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# 18	Female Senior 200 Free Relay I	3
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**Camila Quispe (6)**

# 2	Female Senior 200 Medley Relay I	Back
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# 4	Female Senior 200 Free	X 4:25.30Y
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# 16	Female Senior 500 Free	X 13:22.00Y
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# 18	Female Senior 200 Free Relay E	4
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**Emma Reynolds (SR)**

# 2	Female Senior 200 Medley Relay G	Back
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# 14	Female Senior 100 Free	1:45.29Y
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# 16	Female Senior 500 Free	X 13:05.00Y
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# 18	Female Senior 200 Free Relay G	4
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## Seton Swimming

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### Individual Meet Entries Report

**Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards**

**Seton Swimming [SST] Coach: Jim Koehr**

<b>FEMALE</b>
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**Noemi Rodriguez (8)**

# 2	Female Senior 200 Medley Relay E	Back
# 6	Female Senior 200 IM	X 3:30.00Y
# 16	Female Senior 500 Free	X 9:15.41Y
# 18	Female Senior 200 Free Relay J	2

**Gabriella Russo (8)**

# 2	Female Senior 200 Medley Relay D	Fly
# 6	Female Senior 200 IM	X 3:15.00Y
# 16	Female Senior 500 Free	X 10:00.00Y
# 18	Female Senior 200 Free Relay F	1

**Briana Shillingburg (SO)**

# 2	Female Senior 200 Medley Relay H	Free
# 4	Female Senior 200 Free	X 3:45.00Y
# 16	Female Senior 500 Free	X 11:42.37Y
# 18	Female Senior 200 Free Relay D	4

## Seton Swimming

## Individual Meet Entries Report

Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards

Seton Swimming [SST] Coach: Jim Koehr

## MALE

## Jed Albin (JR)

# 1	Male Senior 200 Medley Relay B	Fly	
# 5	Male Senior 200 IM	X 2:50.00Y	
# 13	Male Senior 100 Free	1:03.39Y	
# 23	Male Senior 400 Free Relay B		2

## Greg Bauer (FR)

# 1	Male Senior 200 Medley Relay B	Breast	
# 5	Male Senior 200 IM	2:45.00Y	
# 11	Male Senior 100 Fly	1:30.00Y	
# 23	Male Senior 400 Free Relay B		1

## Ryan Beltran (JR)

# 1	Male Senior 200 Medley Relay A	Back	
# 3	Male Senior 200 Free	3:01.43Y	
# 15	Male Senior 500 Free	X 7:45.00Y	
# 17	Male Senior 200 Free Relay B		1

## Aaron Bishop (JR)

# 1	Male Senior 200 Medley Relay B	Free	
# 5	Male Senior 200 IM	3:32.24Y	
# 15	Male Senior 500 Free	X 7:57.98Y	
# 17	Male Senior 200 Free Relay B		2

## Tim Blanchette (SR)

# 1	Male Senior 200 Medley Relay F	Breast	
# 3	Male Senior 200 Free	X 4:17.31Y	
# 15	Male Senior 500 Free	X 11:00.00Y	
# 17	Male Senior 200 Free Relay E		3

## Jj Cooley (FR)

# 1	Male Senior 200 Medley Relay D	Back	
# 3	Male Senior 200 Free	X 3:34.77Y	
# 15	Male Senior 500 Free	X 10:00.00Y	
# 17	Male Senior 200 Free Relay G		2

## John Cooley (7)

# 1	Male Senior 200 Medley Relay G	Back	
# 3	Male Senior 200 Free	X 4:22.90Y	
# 15	Male Senior 500 Free	X 12:01.00Y	
# 17	Male Senior 200 Free Relay G		3

## Joey Dealey (SR)

# 1	Male Senior 200 Medley Relay A	Free	
# 5	Male Senior 200 IM	2:42.49Y	
# 15	Male Senior 500 Free	6:52.82Y	
# 23	Male Senior 400 Free Relay A		1

## Charlie Dusek (FR)

# 1	Male Senior 200 Medley Relay F	Back	
# 5	Male Senior 200 IM	X 3:30.00Y	
# 15	Male Senior 500 Free	X 8:30.00Y	
# 17	Male Senior 200 Free Relay D		2

## Joseph Dwane (JR)

# 1	Male Senior 200 Medley Relay E	Free	
# 3	Male Senior 200 Free	X 4:05.61Y	
# 15	Male Senior 500 Free	X 11:09.06Y	
# 17	Male Senior 200 Free Relay D		3

## Ben Ellis (8)

# 1	Male Senior 200 Medley Relay C	Breast	
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# 5	Male Senior 200 IM		X 3:15.00Y
# 15	Male Senior 500 Free		X 11:00.00Y
# 17	Male Senior 200 Free Relay F		1

## Josh Fioramonti (FR)

# 3	Male Senior 200 Free		2:57.16Y
# 15	Male Senior 500 Free		X 8:21.53Y
# 17	Male Senior 200 Free Relay A		2
# 23	Male Senior 400 Free Relay A		4

## Jack Gregory (JR)

# 1	Male Senior 200 Medley Relay D	Breast	
# 15	Male Senior 500 Free		X 12:43.00Y
# 17	Male Senior 200 Free Relay C		3
# 21	Male Senior 100 Breast		2:30.00Y

## Dominic Henry (7)

# 1	Male Senior 200 Medley Relay G	Free	
# 3	Male Senior 200 Free		X 5:30.00Y
# 15	Male Senior 500 Free		X 13:30.00Y
# 17	Male Senior 200 Free Relay E		4

## Victor Henry (FR)

# 1	Male Senior 200 Medley Relay D	Free	
# 3	Male Senior 200 Free		X 6:02.00Y
# 15	Male Senior 500 Free		X 23:17.00Y
# 17	Male Senior 200 Free Relay F		4

## Dominic Judge (8)

# 1	Male Senior 200 Medley Relay E	Fly	
# 3	Male Senior 200 Free		2:59.95Y
# 15	Male Senior 500 Free		X 7:39.62Y
# 17	Male Senior 200 Free Relay B		3

## Patrick Kay (7)

# 1	Male Senior 200 Medley Relay D	Fly	
# 5	Male Senior 200 IM		X 2:35.00Y
# 15	Male Senior 500 Free		X 7:15.00Y
# 17	Male Senior 200 Free Relay D		1

## Daniel Kohlhaas (6)

# 3	Male Senior 200 Free		X 5:38.14Y
# 15	Male Senior 500 Free		X 13:29.00Y
# 17	Male Senior 200 Free Relay D		4

## Peter Konstanty (JR)

# 7	Male Senior 50 Free		26.97Y
# 15	Male Senior 500 Free		6:45.13Y
# 17	Male Senior 200 Free Relay A		4
# 23	Male Senior 400 Free Relay A		3

## Raphaël Likoy (8)

# 3	Male Senior 200 Free		X 5:30.00Y
# 15	Male Senior 500 Free		X 13:38.00Y
# 17	Male Senior 200 Free Relay C		4

## Joey Lynch (7)

# 1	Male Senior 200 Medley Relay E	Back	
# 3	Male Senior 200 Free		X 3:18.74Y
# 15	Male Senior 500 Free		X 11:00.00Y
# 17	Male Senior 200 Free Relay E		1

## Seton Swimming

### Individual Meet Entries Report

**Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards**

**Seton Swimming [SST] Coach: Jim Koehr**

<b>MALE</b>
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**Luke Mantooth (JR)**

# 1	Male Senior 200 Medley Relay A	Breast
# 11	Male Senior 100 Fly	1:30.00Y
# 15	Male Senior 500 Free	X 7:09.22Y
# 17	Male Senior 200 Free Relay A	1

**Thiago Martinez (7)**

# 1	Male Senior 200 Medley Relay C	Fly
# 5	Male Senior 200 IM	X 2:20.00Y
# 15	Male Senior 500 Free	X 7:00.00Y
# 17	Male Senior 200 Free Relay C	1

**Aidan McCardell (FR)**

# 1	Male Senior 200 Medley Relay C	Free
# 3	Male Senior 200 Free	X 5:28.12Y
# 15	Male Senior 500 Free	X 13:08.53Y
# 17	Male Senior 200 Free Relay G	4

**Joseph Minarik (JR)**

# 1	Male Senior 200 Medley Relay C	Back
# 3	Male Senior 200 Free	X 5:30.00Y
# 15	Male Senior 500 Free	X 17:38.00Y
# 17	Male Senior 200 Free Relay C	2

**Colin Nguyen (SR)**

# 1	Male Senior 200 Medley Relay B	Back
# 5	Male Senior 200 IM	X 3:00.00Y
# 15	Male Senior 500 Free	X 7:30.00Y
# 23	Male Senior 400 Free Relay B	4

**Kenneth Nguyen (8)**

# 1	Male Senior 200 Medley Relay G	Fly
# 3	Male Senior 200 Free	X 3:48.21Y
# 15	Male Senior 500 Free	X 10:30.00Y
# 17	Male Senior 200 Free Relay G	1

**Daniel Sokban (8)**

# 3	Male Senior 200 Free	2:51.91Y
# 15	Male Senior 500 Free	6:47.78Y
# 17	Male Senior 200 Free Relay A	3
# 23	Male Senior 400 Free Relay B	3

**William Sokban (SO)**

# 1	Male Senior 200 Medley Relay A	Fly
# 5	Male Senior 200 IM	2:46.52Y
# 15	Male Senior 500 Free	6:20.12Y
# 23	Male Senior 400 Free Relay A	2

**Nick Vaughan (SO)**

# 1	Male Senior 200 Medley Relay F	Free
# 3	Male Senior 200 Free	X 4:32.81Y
# 15	Male Senior 500 Free	11:03.15Y
# 17	Male Senior 200 Free Relay E	2

**Noah Vaughan (8)**

# 1	Male Senior 200 Medley Relay G	Breast
# 3	Male Senior 200 Free	X 4:25.68Y
# 15	Male Senior 500 Free	X 13:28.00Y
# 17	Male Senior 200 Free Relay F	3

**Jonas Wilson (7)**

# 1	Male Senior 200 Medley Relay E	Breast
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# 5	Male Senior 200 IM	X 2:30.00Y
# 15	Male Senior 500 Free	X 7:45.60Y
# 17	Male Senior 200 Free Relay F	2

**Michael Zahorchak (8)**

# 1	Male Senior 200 Medley Relay F	Fly
# 5	Male Senior 200 IM	X 3:30.00Y
# 15	Male Senior 500 Free	X 7:38.53Y
# 17	Male Senior 200 Free Relay B	4

**Seton Swimming**

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**Individual Meet Entries Report****Seton Winter Invitational 14-Jan-23 [Ageup: 11/1/2022] Yards****Seton Swimming [SST] Coach: Jim Koehr**

<b>Female IE's:</b>	<b>84</b>	<b>Female RE's:</b>	<b>84</b>
<b>Male IE's:</b>	<b>66</b>	<b>Male RE's:</b>	<b>64</b>
<b>Total IE's:</b>	<b>150</b>	<b>Total RE's:</b>	<b>148</b>
<b>Total Athletes:</b>	<b>75</b>		