#### Seton Swimming

### **Individual Meet Entries Report**

2023 VCAC Championship Meet 11-Feb-23 [Ageup: 11/1/2022] Yards Location: Warrenton Aquatic and Recreation Facility Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street Manassas, VA 20110 540-379-8328 Coach@KoehrFamily.com

	coutine no		
# 1 Male Senior 200 Medley Relay A SST	1:45.54Y	Mick Fioramonti (JR)	X 26.68Y
Athletes 0		Athletes 7	
# 1 Male Senior 200 Medley Relay B SST	X 1:50.26Y	# 8 Female Senior 50 Free	
	Х	Mary Pennefather (SR)	26.01Y
		Elodie Brox (SO)	26.81Y
Athletes 0		Kateri Mantooth (SR)	28.58Y
# 2 Female Senior 200 Medley Relay A SST	1:54.32Y	Rose Waldron (SO)	X 29.59Y
Athletes 0		Mary Catherine Hurley (SO)	30.26Y
# 2 Female Senior 200 Medley Relay B SST	X 2:05.40Y	Moira Haggerty (SR)	X 31.65Y
# 2 Temate Senior 200 Metaley Kelay B 351	X 2.03.101 X	Athletes 6	
	A	# 9 Male Senior 1 Meter 6 Dives	
Athletes 0			188.18
# 3 Male Senior 200 Free		Connor Koehr (SO) Mick Fioramonti (JR)	152.70
Drew Nguyen (SO)	2:07.29Y		132.70
Daniel Sokban (8)	2:13.79Y	Jj Brox (SR)	X 142.87
Joey Dealey (SR)	2:14.95Y	Jacob Oswald (SO)	
Josh Fioramonti (FR)	2:21.17Y	Gus Kohlhaas (SO) Max Gonzalez (SO)	X 131.48 143.55
Athletes 4			145.55
		Athletes 6	
# 4 Female Senior 200 Free		# 10 Female Senior 1 Meter 6 Dives	
Ariana Aldeguer (8)	1:58.07Y	Rose Waldron (SO)	132.37
Maggie Gibbons (JR)	2:12.56Y	Maria Miller (FR)	110.95
Jacqueline Oswald (SR)	2:25.68Y	Elizabeth Francis (SO)	102.30
Lucy Cunningham (SO)	2:33.08Y		
Athletes 4		Athletes 3	
# 5 Male Senior 200 IM		# 11 Male Senior 100 Fly	
Lionel Martinez (8)	2:04.24Y	David Hudson (JR)	1:04.23Y
David Hudson (JR)	2:25.10Y	Michael Brox (SO)	1:06.53Y
Max Wilson (SO)	2:29.97Y	William Sokban (SO)	1:10.20Y
Peter Konstanty (JR)	2:34.70Y	Luke Mantooth (JR)	1:10.35Y
		Athletes 4	
Athletes 4		# 12 Female Senior 100 Fly	
# 6 Female Senior 200 IM		Anastasia Garvey (FR)	1:10.55Y
Clara Condon (SO)	2:19.48Y	Philomena Kay (8)	1:16.97Y
Haley Fifield (SO)	2:37.28Y	Madelyn Zadnik (JR)	1:17.03Y
Lucia Bingham (SO)	2:49.96Y	Lucia Bingham (SO)	1:18.51Y
Amelie Halisky (SR)	2:51.33Y		
Athletes 4		Athletes 4	
# 7 Male Senior 50 Free		# 13 Male Senior 100 Free	
Joe Wilson (SR)	23.80Y	Joe Wilson (SR)	52.21Y
Liam Halisky (SO)	23.801 24.86Y	Joseph Borneman (SO)	57.24Y
Connor Koehr (SO)	X 25.49Y	Liam Halisky (SO)	58.86Y
Joseph Borneman (SO)	25.71Y	Peter Konstanty (JR)	59.79Y
Jj Brox (SR)	X 25.92Y	Athletes 4	
Daniel Sokban (8)	25.94Y		
Daniel Jokuan (0)	23.741		

#### **Seton Swimming**

# **Individual Meet Entries Report**

#### 2023 VCAC Championship Meet 11-Feb-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

Seton Swimming [551] Coden. Jim Roem	
# 14 Female Senior 100 Free	
Mary Pennefather (SR)	59.07Y
Maggie Gibbons (JR)	59.60Y
Kateri Mantooth (SR)	1:05.04Y
Shannon O'Malley (SO)	1:08.30Y
Athletes 4	
# 15 Male Senior 500 Free	
Lionel Martinez (8)	5:09.16Y
Michael Brox (SO)	6:06.52Y
William Sokban (SO)	6:20.12Y
Dominic Judge (8)	6:28.98Y
Athletes 4	
# 16 Female Senior 500 Free	
Anastasia Garvey (FR)	6:16.98Y
Philomena Kay (8)	6:32.32Y
Jacqueline Oswald (SR)	6:42.60Y
Lucy Cunningham (SO)	6:53.20Y
Athletes 4	
# 17 Male Senior 200 Free Relay A SST	1:38.58Y
Athletes 0	
# 17 Male Senior 200 Free Relay B SST	X 1:45.98Y
	Х
Athletes 0	
# 18 Female Senior 200 Free Relay A SST	1:44.13Y
Athletes 0	
# 18 Female Senior 200 Free Relay B SST	X 1:54.09Y
	Х
Athletes 0	
# 19 Male Senior 100 Back	
Connor Koehr (SO)	1:01.10Y
Mick Fioramonti (JR)	1:03.61Y
Max Wilson (SO)	1:05.19Y
Joey Dealey (SR)	1:13.53Y
Athletes 4	
# 20 Female Senior 100 Back	
Ariana Aldeguer (8)	1:00.75Y
Haley Fifield (SO)	1:09.29Y
Amelie Halisky (SR)	1:13.67Y
Shannon O'Malley (SO)	1:19.06Y
Athletes 4	
# 21 Male Senior 100 Breast	
Jj Brox (SR)	1:06.42Y
Drew Nguyen (SO)	1:10.49Y

Luke Mantooth (JR)	1:15.25Y
Greg Bauer (FR)	1:22.31Y
Athletes 4	
# 22 Female Senior 100 Breast	
Clara Condon (SO)	1:09.30Y
Rose Waldron (SO)	1:17.90Y
Elodie Brox (SO)	1:18.56Y
Madelyn Zadnik (JR)	1:28.70Y
Athletes 4	
# 23 Male Senior 400 Free Relay A SST	3:34.45Y
Athletes 0	
# 23 Male Senior 400 Free Relay B SST	X 3:51.44Y
	Х
Athletes 0	
# 24 Female Senior 400 Free Relay A SST	3:50.91Y
Athletes 0	
# 24 Female Senior 400 Free Relay B SST	X 4:22.87Y
	Х
Athletes 0	

# Seton Swimming

# **Individual Meet Entries Report**

2023 VCAC Championship Meet 11-Feb-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

Female IE's: Male IE's:	37 41	Total Athletes:	42
Total IE's:	78	Total RE's:	12