Seton Swimming

Individual Meet Entries Report

2023 VCAC Championship Meet $\,11 ext{-Feb-23}$ [Ageup: $\,11/1/2022$] Yards

Location: Warrenton Aquatic and Recreation Facility

Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street 540-379-8328

Manassas, VA 20110 Coach@KoehrFamily.com

Manassas, VA 20110	Coach@K	oenrfamily.com	
# 1 Male Senior 200 Medley Relay A SST	1:45.54Y	Mick Fioramonti (JR)	X 26.68Y
Athletes 0		Athletes 7	
# 1 Male Senior 200 Medley Relay B SST	X 1:50.26Y	# 8 Female Senior 50 Free	
, ,	X	Mary Pennefather (SR)	26.01Y
		Elodie Brox (SO)	26.81Y
Athletes 0		Kateri Mantooth (SR)	28.58Y
# 2 Female Senior 200 Medley Relay A SST	1:54.32Y	Rose Waldron (SO)	X 29.59Y
Athletes 0		Mary Catherine Hurley (SO)	30.26Y
# 2 Female Senior 200 Medley Relay B SST	X 2:05.40Y	Athletes 5	
	X	# 9 Male Senior 1 Meter 6 Dives	
Athletes 0		Connor Koehr (SO)	188.18
		Mick Fioramonti (JR)	152.70
# 3 Male Senior 200 Free	2.07.20V	Jj Brox (SR)	146.77
Drew Nguyen (SO)	2:07.29Y	Jacob Oswald (SO)	X 142.87
Daniel Sokban (8)	2:13.79Y	Gus Kohlhaas (SO)	X 131.48
Joey Dealey (SR)	2:14.95Y	Max Gonzalez (SO)	143.55
Josh Fioramonti (FR)	2:21.17Y	Athletes 6	
Athletes 4		# 10 Female Senior 1 Meter 6 Dives	
# 4 Female Senior 200 Free		Rose Waldron (SO)	132.37
Ariana Aldeguer (8)	1:58.07Y	Maria Miller (FR)	110.95
Maggie Gibbons (JR)	2:12.56Y	Elizabeth Francis (SO)	102.30
Jacqueline Oswald (SR) Lucy Cunningham (SO)	2:25.68Y 2:33.08Y	Athletes 3	
Athletes 4		# 11 Male Senior 100 Fly	
		David Hudson (JR)	1:04.23Y
# 5 Male Senior 200 IM		Michael Brox (SO)	1:06.53Y
Lionel Martinez (8)	2:04.24Y	William Sokban (SO)	1:10.20Y
David Hudson (JR)	2:25.10Y	Luke Mantooth (JR)	1:10.35Y
Max Wilson (SO)	2:29.97Y	411	
Peter Konstanty (JR)	2:34.70Y	Athletes 4	
Athletes 4		# 12 Female Senior 100 Fly	4.40 557
# 6 Female Senior 200 IM		Anastasia Garvey (FR)	1:10.55Y
Clara Condon (SO)	2:19.48Y	Philomena Kay (8)	1:16.97Y
Haley Fifield (SO)	2:37.28Y	Madelyn Zadnik (JR)	1:17.03Y
Lucia Bingham (SO)	2:49.96Y	Lucia Bingham (SO)	1:18.51Y
Amelie Halisky (SR)	2:51.33Y	Athletes 4	
Athletes 4		# 13 Male Senior 100 Free	F2 24V
# 7 Male Senior 50 Free		Joe Wilson (SR)	52.21Y
Joe Wilson (SR)	23.80Y	Joseph Borneman (SO)	57.24Y
Liam Halisky (SO)	24.86Y	Liam Halisky (SO)	58.86Y
Connor Koehr (SO)	X 25.49Y	Peter Konstanty (JR)	59.79Y
Joseph Borneman (SO)	25.71Y	Athletes 4	
Jj Brox (SR)	X 25.92Y	1	
Daniel Sokban (8)	25.94Y		

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2023 VCAC Championship Meet 11-Feb-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

Mary Pennefather (SR) 59.00 Maggie Gibbons (JR) 59.60 Kateri Mantooth (SR) 1.05.00 Shannon O'Malley (SO) 1.08.30 Athletes 4 # 15 Male Senior 500 Free 5.09.10 Lionel Martinez (8) 5.09.10 Michael Brox (SO) 6.06.53 William Sokban (SO) 6.220.12 Dominic Judge (8) 6.228.90 Athletes 4 # 16 Female Senior 500 Free 4 Anastasia Garvey (FR) 6.16.90 Philomena Kay (8) 6.32.32 Jacqueline Oswald (SR) 6.42.60 Lucy Cunningham (SO) 6.53.20 Athletes 4 # 17 Male Senior 200 Free Relay A SST 1:38.58Y Athletes 0 # 18 Female Senior 200 Free Relay B SST X 1:45.98Y Athletes 0 # 18 Female Senior 200 Free Relay B SST X 1:54.09Y Athletes 0 # 19 Male Senior 100 Back 1.00.10 Connor Koehr (SO) 1.01.10 Mick Floramonti (JR) 1.03.60 Max Wilson (SO) 1.0	# 14 Femal	le Senior 100 Free	
Maggie Gibbons (JR) 59.66 Kateri Mantooth (SR) 1.05.06 Shannon O'Malley (SO) 1.08.36 Athletes 4 # 15 Male Senior 500 Free Lionel Martinez (8) 5.09.16 Michael Brox (SO) 6.66.52 William Sokban (SO) 6.20.12 Dominic Judge (8) 6.22.95 Athletes 4 # 16 Female Senior 500 Free Anastasia Garvey (FR) 6.16.99 Philomena Kay (8) 6.32.33 Lacqueline Oswald (SR) 6.42.66 Lucy Cunningham (SO) 6.53.26 Athletes 4 # 17 Male Senior 200 Free Relay A SST 1.38.58Y Athletes 0 # 17 Male Senior 200 Free Relay B SST X 1.44.13Y Athletes 0 # 18 Female Senior 200 Free Relay B SST X 1.54.09Y Athletes 0 # 19 Male Senior 100 Back Connor Koehr (SO) 1.05.19 Max Wilson (SO) 1.05.19 Joey Dealey (SR) 1.13.53 Athletes 4 # 20 Female Senior 100 Back Ariana Aldeguer (8) 1.00.75 Athletes 4 # 20 Female Senior 100 Back Ariana Aldeguer (8) 1.00.75 Haley Fifield (SO) 1.09.24 Amelie Halisky (SR) 1.13.63 Shannon O'Malley (SO) 1.15.06			59.07Y
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# 20 Female Senior 100 Back Ariana Aldeguer (8) 1:00.75 Haley Fiffeld (SO) 1:09.25 Amelie Halisky (SR) 1:13.67 Shannon O'Malley (SO) 1:19.06	-		1:05.19Y
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Shannon O'Malley (SO) 1:19.06	Haley Fifield ((SO)	1:09.29Y
	Amelie Halisk	y (SR)	1:13.67Y
	Shannon O'Ma	alley (SO)	1:19.06Y
Athletes 4	Athletes	4	
# 21 Male Senior 100 Breast		Senior 100 Breast	
			1:06.42Y
Drew Nguyen (SO) 1:10.49	Drew Nguyen	(SO)	1:10.49Y

1	
Luke Mantooth (JR)	1:15.25Y
Greg Bauer (FR)	1:22.31Y
Athletes 4	
# 22 Female Senior 100 Breast	
Clara Condon (SO)	1:09.30Y
Rose Waldron (SO)	1:17.90Y
Elodie Brox (SO)	1:18.56Y
Madelyn Zadnik (JR)	1:28.70Y
Athletes 4	
# 23 Male Senior 400 Free Relay A SST	3:34.45Y
Athletes 0	
# 23 Male Senior 400 Free Relay B SST	X 3:51.44Y
25 Maile Selliot 100 free Relay 2551	Х
Athletes 0	
# 24 Female Senior 400 Free Relay A SST	3:50.91Y
Athletes 0	
# 24 Female Senior 400 Free Relay B SST	X 4:22.87Y
	X
Athletes 0	

Seton Swimming

Individual Meet Entries Report

 $2023\ VCAC\ Championship\ Meet\ 11\text{-Feb-}23\ [Ageup:\ 11/1/2022]\ Yards$

Seton Swimming [SST] Coach: Jim Koehr

Female IE's: 36 Total Athletes: 41

Male IE's: 41

Total IE's: 77 Total RE's: 12