Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards

Location: Freedom Fitness and Aquatic Center Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street Manassas, VA 20110

FFMALE

540-379-8328

Coach@KoehrFamily.com

	Aldeguer (8)		# 2	Female Senior 200 Medley Relay J	Free
2	Female Senior 200 Medley Relay A	Back	# 8	Female Senior 50 Free	X 36.17Y
12	Female Senior 100 Fly	1:01.86Y	# 14	Female Senior 100 Free	X 1:25.24Y
ŧ 20	Female Senior 100 Back	1:04.67Y	# 18	Female Senior 200 Free Relay F	4
‡ 24	Female Senior 400 Free Relay A	1	Nora Blanchette (FR)		
3etsy A	Arnold (7)		# 8	Female Senior 50 Free	X 44.32Y
# 2	Female Senior 200 Medley Relay L	Fly	# 18	Female Senior 200 Free Relay J	4
# 6	Female Senior 200 IM	X 3:15.00Y	# 20	Female Senior 100 Back	X 2:05.42Y
# 12	Female Senior 100 Fly	X 1:30.00Y	Elodie	Brox (SO)	
# 18	Female Senior 200 Free Relay I	1	# 14	Female Senior 100 Free	1:04.93Y
Julia At	kinson (JR)		# 18	Female Senior 200 Free Relay A	1
# 2	Female Senior 200 Medley Relay H	Breast	# 22	Female Senior 100 Breast	1:19.49Y
# 8	Female Senior 50 Free	X 32.28Y	# 24	Female Senior 400 Free Relay B	4
[‡] 12	Female Senior 100 Fly	X 1:35.33Y	Clara (Condon (SO)	
# 18	Female Senior 200 Free Relay I	2	# 2	Female Senior 200 Medley Relay A	Breast
Katie B	auer (7)		# 6	Female Senior 200 IM	2:19.48Y
# 2	Female Senior 200 Medley Relay L	Free	# 16	Female Senior 500 Free	5:57.69Y
# 8	Female Senior 50 Free	X 35.65Y	# 24	Female Senior 400 Free Relay A	2
# 14	Female Senior 100 Free	X 1:22.21Y	Megha	n Condon (7)	
# 18	Female Senior 200 Free Relay J	3	# 2	Female Senior 200 Medley Relay F	Fly
Molly E	Bauer (SO)		# 8	Female Senior 50 Free	X 34.04Y
# 2	Female Senior 200 Medley Relay D	Free	# 10	Female Senior 1 Meter 6 Dives	X 69.60
# 8	Female Senior 50 Free	X 37.26Y	# 18	Female Senior 200 Free Relay D	3
# 22	Female Senior 100 Breast	X 1:34.51Y	# 22	Female Senior 100 Breast	X 1:28.21Y
Rachel Baughman (7)		Lucy C	unningham (SO)		
# 2	Female Senior 200 Medley Relay K	Free	# 2	Female Senior 200 Medley Relay B	Breast
# 8	Female Senior 50 Free	X 36.08Y	# 16	Female Senior 500 Free	7:17.41Y
# 18	Female Senior 200 Free Relay L	3	# 18	Female Senior 200 Free Relay K	1
# 20	Female Senior 100 Back	X 1:40.35Y	# 22	Female Senior 100 Breast	X 1:38.93Y
_ucia E	Bingham (SO)		Annie I	Dusek (7)	
# 2	Female Senior 200 Medley Relay J	Back	# 2	Female Senior 200 Medley Relay E	Fly
# 6	Female Senior 200 IM	X 2:54.39Y	# 8	Female Senior 50 Free	X 33.93Y
# 12	Female Senior 100 Fly	1:18.51Y	# 18	Female Senior 200 Free Relay C	3
# 18	Female Senior 200 Free Relay B	1	# 20	Female Senior 100 Back	X 1:39.10Y
Marian	a Bingham (8)		Haley I	Fifield (SO)	
# 2	Female Senior 200 Medley Relay I	Fly	# 2	Female Senior 200 Medley Relay G	Back
ŧ 8	Female Senior 50 Free	X 32.51Y	# 8	Female Senior 50 Free	29.93Y
# 18	Female Senior 200 Free Relay H	2	# 18	Female Senior 200 Free Relay D	1
# 20	Female Senior 100 Back	X 1:31.03Y	# 20	Female Senior 100 Back	1:14.96Y
√eronio	ca Bingham (6)		Kyleigh	n Fifield (8)	
# 2	Female Senior 200 Medley Relay C	Free	# 2	Female Senior 200 Medley Relay D	Fly
# 8	Female Senior 50 Free	X 41.20Y	# 6	Female Senior 200 IM	X 3:30.00Y
# 14	Female Senior 100 Free	X 1:34.10Y	# 14	Female Senior 100 Free	X 1:18.64Y
Kit Blaı	nchette (7)		# 18	Female Senior 200 Free Relay C	2
# 2	Female Senior 200 Medley Relay I	Free	1	-	
# 8	Female Senior 50 Free	X 36.24Y			
	Female Senior 100 Free	X 1:29.84Y			
# 14	Temale belief 100 free				

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

FEMALE

Elizabet	h Francis (SO)		Clare H	Heiny (7)		
# 2	Female Senior 200 Medley Relay H	Fly	# 2	Female Senior 200 Medley Relay G	Free	
# 8	Female Senior 50 Free	X 34.57Y	# 8	Female Senior 50 Free	X 37.12Y	
# 10	Female Senior 1 Meter 6 Dives	102.30	# 18	Female Senior 200 Free Relay C	4	
# 14	Female Senior 100 Free	X 1:16.35Y	# 20	Female Senior 100 Back	X 1:48.69Y	
# 18	Female Senior 200 Free Relay F	3	Maddie	e Heiny (FR)		
Anastas	ia Garvey (FR)		# 2	Female Senior 200 Medley Relay J	Breast	
# 2	Female Senior 200 Medley Relay B	Back	# 8	Female Senior 50 Free	X 35.33Y	
# 6	Female Senior 200 IM	2:39.95Y	# 18	Female Senior 200 Free Relay H	3	
# 12	Female Senior 100 Fly	1:15.03Y	# 22	Female Senior 100 Breast	X 1:46.27Y	
# 24	Female Senior 400 Free Relay B	2	Ava Hu	Ava Hudson (JR)		
Amelia (Geary (JR)		# 2	Female Senior 200 Medley Relay B	Fly	
# 2	Female Senior 200 Medley Relay J	Fly	# 6	Female Senior 200 IM	2:44.98Y	
# 8	Female Senior 50 Free	X 32.67Y	# 12	Female Senior 100 Fly	1:20.12Y	
# 18	Female Senior 200 Free Relay G	2	# 18	Female Senior 200 Free Relay G	1	
# 20	Female Senior 100 Back	X 1:38.44Y	Elizabe	eth Hurley (7)		
Maggie	Gibbons (JR)		# 2	Female Senior 200 Medley Relay C	Breast	
# 4	Female Senior 200 Free	2:19.25Y	# 8	Female Senior 50 Free	X 31.03Y	
# 18	Female Senior 200 Free Relay A	4	# 18	Female Senior 200 Free Relay J	1	
# 20	Female Senior 100 Back	1:11.31Y	# 20	Female Senior 100 Back	X 1:23.55Y	
# 24	Female Senior 400 Free Relay B	1	Mary C	Catherine Hurley (SO)		
Veronica	a Gonzalez (7)		# 2	Female Senior 200 Medley Relay K	Back	
# 8	Female Senior 50 Free	X 42.14Y	# 8	Female Senior 50 Free	X 30.81Y	
# 18	Female Senior 200 Free Relay K	4	# 14	Female Senior 100 Free	X 1:12.15Y	
# 22	Female Senior 100 Breast	X 2:06.46Y	# 18	Female Senior 200 Free Relay H	1	
Lauren Grinder (7)		Monica	a Irving (7)			
# 10	Female Senior 1 Meter 6 Dives	X 36.97	# 2	Female Senior 200 Medley Relay E	Free	
Aoife Ha	aggerty (8)		# 8	Female Senior 50 Free	X 37.25Y	
# 2	Female Senior 200 Medley Relay I	Breast	# 14	Female Senior 100 Free	X 1:32.64Y	
# 8	Female Senior 50 Free	X 35.00Y	Jane J	udge (7)		
# 14	Female Senior 100 Free	X 1:21.49Y	# 2	Female Senior 200 Medley Relay L	Back	
# 18	Female Senior 200 Free Relay G	3	# 8	Female Senior 50 Free	X 35.92Y	
Moira H	aggerty (SR)		# 14	Female Senior 100 Free	X 1:27.40Y	
# 2	Female Senior 200 Medley Relay E	Breast	# 18	Female Senior 200 Free Relay K	3	
# 8	Female Senior 50 Free	X 31.92Y	Philom	ena Kay (8)		
# 16	Female Senior 500 Free	X 7:27.89Y	# 2	Female Senior 200 Medley Relay B	Free	
# 18	Female Senior 200 Free Relay L	2	# 12	Female Senior 100 Fly	X 1:27.00Y	
Orla Ha	ggerty (SO)		# 16	Female Senior 500 Free	6:43.89Y	
# 2	Female Senior 200 Medley Relay D	Breast	# 18	Female Senior 200 Free Relay A	2	
# 8	Female Senior 50 Free	X 31.84Y	Cecelia	a Kelly (7)		
# 18	Female Senior 200 Free Relay L	1	# 10	Female Senior 1 Meter 6 Dives	X 35.32	
# 20	Female Senior 100 Back	X 1:44.20Y	Sofia K	Cohlhaas (7)		
Amelie I	Halisky (SR)		# 2	Female Senior 200 Medley Relay H	Free	
# 2	Female Senior 200 Medley Relay E	Back	# 8	Female Senior 50 Free	X 36.25Y	
# 4	Female Senior 200 Free	2:35.01Y	# 18	Female Senior 200 Free Relay D	4	
# 8	Female Senior 50 Free	29.69Y	# 20	Female Senior 100 Back	X 2:02.96Y	
# 18	Female Senior 200 Free Relay B	2	Cora K	ramer (8)		
Sophia I	Halisky (7)		# 8	Female Senior 50 Free	X 45.79Y	
# 2	Female Senior 200 Medley Relay G	Fly	# 18	Female Senior 200 Free Relay H	4	
# 12	Female Senior 100 Fly	X 1:30.00Y	# 20	Female Senior 100 Back	X 2:25.92Y	
# 16	Female Senior 500 Free	X 8:48.50Y				
# 18	Female Senior 200 Free Relay J	2				

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

EE	м	Λ	I	E

FEMAL	L	
Avila Ma	intooth (7)	
# 2	Female Senior 200 Medley Relay K	Fly
# 4	Female Senior 200 Free	X 3:08.72Y
# 8	Female Senior 50 Free	X 32.78Y
# 18	Female Senior 200 Free Relay F	2
Kateri M	antooth (SR)	
# 2	Female Senior 200 Medley Relay C	Back
# 8	Female Senior 50 Free	28.81Y
# 18	Female Senior 200 Free Relay B	4
# 22	Female Senior 100 Breast	1:27.99Y
Maria Mi	iller (FR)	
# 10	Female Senior 1 Meter 6 Dives	88.50
Bella Ng	uyen (7)	
# 8	Female Senior 50 Free	X 41.61Y
# 18	Female Senior 200 Free Relay L	4
# 20	Female Senior 100 Back	X 1:45.92Y
Shannor	n O'Malley (SO)	
# 2	Female Senior 200 Medley Relay H	Back
# 4	Female Senior 200 Free	2:33.81Y
# 18	Female Senior 200 Free Relay E	1
# 22	Female Senior 100 Breast	X 1:35.06Y
Mary Cla	aire Osilka (FR)	
# 2	Female Senior 200 Medley Relay G	Breast
# 8	Female Senior 50 Free	X 34.50Y
# 18	Female Senior 200 Free Relay E	3
# 20	Female Senior 100 Back	X 1:31.40Y
Jacqueli	ne Oswald (SR)	
# 14	Female Senior 100 Free	1:04.65Y
# 18	Female Senior 200 Free Relay A	3
# 22	Female Senior 100 Breast	1:22.72Y
# 24	Female Senior 400 Free Relay B	3
Stella Pa	aradise (JR)	
# 2	Female Senior 200 Medley Relay A	Fly
# 4	Female Senior 200 Free	2:07.68Y
# 14	Female Senior 100 Free	57.34Y
# 24	Female Senior 400 Free Relay A	4
	nnefather (SR)	
# 2	Female Senior 200 Medley Relay A	Free
# 8	Female Senior 50 Free	25.98Y
# 14	Female Senior 100 Free	58.39Y
# 24	Female Senior 400 Free Relay A	3
	Quispe (FR)	
# 2	Female Senior 200 Medley Relay F	Free
#8	Female Senior 50 Free	X 37.19Y
# 14	Female Senior 100 Free	X 1:27.04Y
	Quispe (6)	
# 8	Female Senior 50 Free	X 45.50Y
# 18	Female Senior 200 Free Relay I	4
# 20	Female Senior 100 Back	X 2:11.41Y
	Rodriguez (8)	
# 2	Female Senior 200 Medley Relay C	Fly
# 8	Female Senior 50 Free	X 33.54Y

# 18	Female Senior 200 Free Relay D	2				
# 20	Female Senior 100 Back	X 1:36.48Y				
Gabriella	Russo (8)					
# 2	Female Senior 200 Medley Relay F	Breast				
#8	Female Senior 50 Free	X 32.12Y				
# 18	Female Senior 200 Free Relay K	2				
# 20	Female Senior 100 Back	1:27.29Y				
Maggie S	Schroer (7)					
# 2	Female Senior 200 Medley Relay D	Back				
#8	Female Senior 50 Free	X 29.11Y				
# 18	Female Senior 200 Free Relay C	1				
# 22	Female Senior 100 Breast	X 1:38.17Y				
Briana S	hillingburg (SO)					
#8	Female Senior 50 Free	X 45.92Y				
# 14	Female Senior 100 Free	X 1:50.88Y				
# 18	Female Senior 200 Free Relay G	4				
Cate Wa	ldron (JR)					
# 2	Female Senior 200 Medley Relay K	Breast				
#8	Female Senior 50 Free	X 35.57Y				
# 18	Female Senior 200 Free Relay I	3				
# 22	Female Senior 100 Breast	X 1:52.45Y				
Lily Wald	Iron (7)					
# 2	Female Senior 200 Medley Relay L	Breast				
#8	Female Senior 50 Free	X 33.37Y				
# 18	Female Senior 200 Free Relay E	2				
# 20	Female Senior 100 Back	X 1:33.18Y				
Rose Wa	aldron (SO)					
# 2	Female Senior 200 Medley Relay I	Back				
#8	Female Senior 50 Free	X 30.24Y				
# 10	Female Senior 1 Meter 6 Dives	132.37				
# 18	Female Senior 200 Free Relay F	1				
# 22	Female Senior 100 Breast	1:22.30Y				
Madelyn Zadnik (JR)						
# 2	Female Senior 200 Medley Relay F	Back				
# 6	Female Senior 200 IM	2:44.88Y				
# 16	Female Senior 500 Free	7:13.62Y				
# 18	Female Senior 200 Free Relay B	3				

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

MALI					
	oin (JR)		# 3	Male Senior 200 Free	2:14.95Y
ŧ 1	Male Senior 200 Medley Relay E	Fly	# 13	Male Senior 100 Free	59.54
ŧ 7	Male Senior 50 Free	X 28.10Y	# 17	Male Senior 200 Free Relay B	4
15	Male Senior 500 Free	6:36.61Y	# 23	Male Senior 400 Free Relay B	4
ŧ 17	Male Senior 200 Free Relay H	2		Dusek (FR)	
Greg E	Bauer (FR)		# 1	Male Senior 200 Medley Relay H	Breast
# 1	Male Senior 200 Medley Relay D	Fly	# 7	Male Senior 50 Free	X 38.93Y
# 11	Male Senior 100 Fly	X 1:30.00Y	# 19	Male Senior 100 Back	X 1:47.18Y
# 17	Male Senior 200 Free Relay H	1		n Dwane (JR)	
# 21	Male Senior 100 Breast	1:24.31Y	# 1	Male Senior 200 Medley Relay D	Free
Ryan E	Beltran (JR)		# 7	Male Senior 50 Free	X 37.57Y
# 1	Male Senior 200 Medley Relay C	Breast	# 13	Male Senior 100 Free	X 1:39.62Y
# 13	Male Senior 100 Free	X 1:05.64Y	# 17	Male Senior 200 Free Relay H	3
[‡] 17	Male Senior 200 Free Relay G	1	Josh F	ioramonti (FR)	
# 19	Male Senior 100 Back	1:13.57Y	# 1	Male Senior 200 Medley Relay C	Back
Aaron	Bishop (JR)		# 7	Male Senior 50 Free	26.64Y
<i>‡</i> 1	Male Senior 200 Medley Relay D	Breast	# 17	Male Senior 200 Free Relay C	1
# 7	Male Senior 50 Free	X 30.46Y	# 21	Male Senior 100 Breast	X 1:34.03Y
# 17	Male Senior 200 Free Relay C	2	Mick Fi	ioramonti (JR)	
# 21	Male Senior 100 Breast	X 1:45.23Y	# 1	Male Senior 200 Medley Relay B	Back
Tim Bla	anchette (SR)		# 5	Male Senior 200 IM	2:41.56Y
# 1	Male Senior 200 Medley Relay F	Free	# 9	Male Senior 1 Meter 6 Dives	X 152.70
# 7	Male Senior 50 Free	X 38.02Y	# 17	Male Senior 200 Free Relay D	1
# 17	Male Senior 200 Free Relay C	4	# 19	Male Senior 100 Back	1:05.23Y
# 19	Male Senior 100 Back	X 1:52.38Y	Max G	onzalez (SO)	
	n Borneman (SO)		# 9	Male Senior 1 Meter 6 Dives	137.55
# 13	Male Senior 100 Free	57.77Y	Jack G	regory (JR)	
# 17	Male Senior 200 Free Relay B	3	# 1	Male Senior 200 Medley Relay E	Free
# 19	Male Senior 100 Back	1:11.87Y	# 7	Male Senior 50 Free	X 37.86Y
# 23	Male Senior 400 Free Relay A	2	# 17	Male Senior 200 Free Relay D	4
Jj Brox		-	# 21	Male Senior 100 Breast	X 2:10.00Y
# 1	Male Senior 200 Medley Relay B	Breast	1	lalisky (SO)	X 2.10.001
# 9	Male Senior 1 Meter 6 Dives	X 146.77	# 1	Male Senior 200 Medley Relay B	Free
# 13	Male Senior 100 Free	56.95Y	# 3	Male Senior 200 Free	2:26.40
# 13 # 17	Male Senior 200 Free Relay A	2	# 7	Male Senior 50 Free	24.93Y
# 21	Male Senior 100 Breast	1:08.66Y	# 17	Male Senior 200 Free Relay A	24.731
	el Brox (SO)	1.00.001		ic Henry (7)	7
# 9	Male Senior 1 Meter 6 Dives	X 87.45	# 7	Male Senior 50 Free	X 52.19Y
			# 13	Male Senior 100 Free	
# 11	Male Senior 100 Fly	1:09.94Y			X 2:06.12Y
# 15	Male Senior 500 Free	6:18.33Y	# 17	Male Senior 200 Free Relay F	4
# 17	Male Senior 200 Free Relay B	2		Hudson (JR)	DI.
# 23	Male Senior 400 Free Relay A	3	# 1	Male Senior 200 Medley Relay B	Fly
-	ley (FR)	TI.	# 11	Male Senior 100 Fly	1:04.98
# 1	Male Senior 200 Medley Relay H	Fly	# 15	Male Senior 500 Free	6:32.57
‡ 7	Male Senior 50 Free	X 35.25Y	# 17	Male Senior 200 Free Relay A	1
# 17	Male Senior 200 Free Relay F	3		c Judge (8)	
# 19	Male Senior 100 Back	X 1:41.61Y	# 1	Male Senior 200 Medley Relay H	Free
	Cooley (7)		# 5	Male Senior 200 IM	X 3:15.00Y
# 7	Male Senior 50 Free	X 39.72Y	# 11	Male Senior 100 Fly	X 1:33.09Y
# 17	Male Senior 200 Free Relay H	4	# 17	Male Senior 200 Free Relay E	2
# 21	Male Senior 100 Breast	X 2:35.38Y			

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VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

Patrick Kay (7)		# 7	Male Senior 50 Free	X 28.55Y		
# 1	Male Senior 200 Medley Relay H	Back	# 17	Male Senior 200 Free Relay F	2	
# 3	Male Senior 200 Free	X 2:35.13Y	# 21	Male Senior 100 Breast	X 1:28.27Y	
# 7	Male Senior 50 Free	X 27.81Y	Drew N	lguyen (SO)		
# 17	Male Senior 200 Free Relay F	1	# 1	Male Senior 200 Medley Relay A	Breast	
Kieran	Kelly (SO)		# 7	Male Senior 50 Free	25.44Y	
# 9	Male Senior 1 Meter 6 Dives	X 45.45	# 17	Male Senior 200 Free Relay A	3	
Connoi	Koehr (SO)		# 21	Male Senior 100 Breast	1:13.04	
# 1	Male Senior 200 Medley Relay A	Back	Kennet	th Nguyen (8)		
# 3	Male Senior 200 Free	2:26.94Y	# 1	Male Senior 200 Medley Relay E	Breast	
# 7	Male Senior 50 Free	X 25.82Y	# 7	Male Senior 50 Free	X 30.66Y	
# 9	Male Senior 1 Meter 6 Dives	188.10	# 13	Male Senior 100 Free	X 1:13.92Y	
# 17	Male Senior 200 Free Relay B	1	# 17	Male Senior 200 Free Relay C	3	
Gus Ko	ohlhaas (FR)		Jacob (Oswald (SO)		
# 9	Male Senior 1 Meter 6 Dives	125.10	# 9	Male Senior 1 Meter 6 Dives	142.87	
Peter k	Constanty (JR)		Daniel	Sokban (8)		
# 1	Male Senior 200 Medley Relay E	Back	# 1	Male Senior 200 Medley Relay C	Fly	
# 5	Male Senior 200 IM	2:37.10Y	# 7	Male Senior 50 Free	X 30.00Y	
# 13	Male Senior 100 Free	1:00.47Y	# 17	Male Senior 200 Free Relay D	2	
# 23	Male Senior 400 Free Relay B	2	# 19	Male Senior 100 Back	X 1:24.55	
Rapha	ël Likoy (8)		William	William Sokban (SO)		
# 7	Male Senior 50 Free	X 55.35Y	# 1	Male Senior 200 Medley Relay F	Back	
# 13	Male Senior 100 Free	X 2:11.08Y	# 11	Male Senior 100 Fly	1:12.49\	
# 17	Male Senior 200 Free Relay E	4	# 15	Male Senior 500 Free	6:20.12	
Joey L	ynch (7)		# 23	Male Senior 400 Free Relay B	3	
#1	Male Senior 200 Medley Relay F	Fly	Nick Va	aughan (SO)		
# 7	Male Senior 50 Free	X 32.40Y	# 1	Male Senior 200 Medley Relay C	Free	
# 13	Male Senior 100 Free	X 1:14.88Y	# 7	Male Senior 50 Free	X 35.71Y	
# 17	Male Senior 200 Free Relay D	3	# 17	Male Senior 200 Free Relay G	3	
Luke M	lantooth (JR)		# 21	Male Senior 100 Breast	X 2:17.64Y	
# 1	Male Senior 200 Medley Relay F	Breast	Noah Vaughan (8)			
# 7	Male Senior 50 Free	X 28.45Y	# 1	Male Senior 200 Medley Relay G	Free	
# 17	Male Senior 200 Free Relay G	2	# 7	Male Senior 50 Free	X 38.82Y	
# 21	Male Senior 100 Breast	1:19.50Y	# 19	Male Senior 100 Back	X 1:59.95Y	
	Martinez (8)		1	Ison (SR)		
# 1	Male Senior 200 Medley Relay A	Free	# 1	Male Senior 200 Medley Relay A	Fly	
# 5	Male Senior 200 IM	2:06.00Y	# 3	Male Senior 200 Free	2:12.81	
# 19	Male Senior 100 Back	1:00.91Y	# 7	Male Senior 50 Free	24.36	
# 23	Male Senior 400 Free Relay A	1	# 23	Male Senior 400 Free Relay A	4	
	Martinez (7)		1	Wilson (7)		
# 1	Male Senior 200 Medley Relay G	Back	# 1	Male Senior 200 Medley Relay G	Fly	
# 11	Male Senior 100 Fly	X 1:25.00Y	# 7	Male Senior 50 Free	X 33.86Y	
# 17	Male Senior 200 Free Relay E	1	# 13	Male Senior 100 Free	X 1:19.22\	
# 19	Male Senior 100 Back	X 1:09.02Y	# 17	Male Senior 200 Free Relay E	X 1.17.221	
	McCardell (FR)		1	ilson (SO)		
# 7	Male Senior 50 Free	X 40.13Y	# 1	Male Senior 200 Medley Relay D	Back	
# 13	Male Senior 100 Free	X 1:46.45Y	# 5	Male Senior 200 IM	2:34.00\	
# 17	Male Senior 200 Free Relay G	4	# 11	Male Senior 100 Fly	1:13.60	
	c Miller (JR)	1	# 23	Male Senior 400 Free Relay B	1.13.001	
# 9	Male Senior 1 Meter 6 Dives	X 133.35	" 23	are defined for the ficial b	1	
		A 100.00				
Colin N	lguyen (SR)					

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards

Seton Swimming [SST] Coach: Jim Koehr

Fe	emale IE's:	120	Female RE's:	104
	Male IE's:	87	Male RE's:	72
	Total IE's:	207	Total RE's:	176
Tota	l Athletes:	104		