Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards

Location: Freedom Fitness and Aquatic Center Seton Swimming [SST] Coach: Jim Koehr

9314 Maple Street Manassas, VA 20110

FEMALE

12

18

#8

18

20

2

#8

14

2

#8

14

18

Mariana Bingham (8)

Veronica Bingham (6)

Kit Blanchette (7)

Meg Blanchette (SO)

Female Senior 100 Fly

Female Senior 50 Free

Female Senior 100 Back

Female Senior 50 Free

Female Senior 100 Free

Female Senior 50 Free

Female Senior 100 Free

Female Senior 200 Free Relay B

Female Senior 200 Medley Relay I

Female Senior 200 Free Relay H

Female Senior 200 Medley Relay C

Female Senior 200 Medley Relay I

Female Senior 200 Free Relay E

540-379-8328

1:18.51Y

X 32.51Y

X 1:31.03Y

X 41.20Y

X 1:34.10Y

X 36.24Y

X 1:29.84Y

1

2

Fly

Free

Free

Coach@KoehrFamily.com

PEMALE						
Ariana Aldeguer (8)						
# 2	Female Senior 200 Med	ley Relay A	Back			
# 12	Female Senior 100 Fly		1:01.86Y			
# 20	Female Senior 100 Back		1:04.67Y			
# 24	Female Senior 400 Free	Relay A	1			
Betsy Arn	old (7)					
# 2	Female Senior 200 Med	ley Relay L	Fly			
# 6	Female Senior 200 IM		X 3:15.00Y			
# 12	Female Senior 100 Fly		X 1:30.00Y			
# 18	Female Senior 200 Free	Relay I	1			
Julia Atkir	nson (JR)					
# 2	Female Senior 200 Med	ley Relay H	Breast			
#8	Female Senior 50 Free		X 32.28Y			
# 12	Female Senior 100 Fly		X 1:35.33Y			
# 18	Female Senior 200 Free	Relay I	2			
Katie Bau	ıer (7)					
# 2	Female Senior 200 Med	ley Relay L	Free			
#8	Female Senior 50 Free		X 35.65Y			
# 14	Female Senior 100 Free		X 1:22.21Y			
# 18	Female Senior 200 Free	Relay J	3			
Molly Bau	ıer (SO)					
# 2	Female Senior 200 Med	ley Relay D	Free			
#8	Female Senior 50 Free		X 37.26Y			
# 22	Female Senior 100 Brea	st	X 1:34.51Y			
Rachel B	aughman (7)					
# 2	Female Senior 200 Med	ley Relay K	Free			
#8	Female Senior 50 Free		X 36.08Y			
# 18	Female Senior 200 Free	Relay L	3			
# 20	Female Senior 100 Back		X 1:40.35Y			
Lucia Bin	gham (SO)					
# 2	Female Senior 200 Med	ley Relay J	Back			
# 6	Female Senior 200 IM		2:54.39Y			

# 2	Female Senior 200 Medley Relay J	Free
#8	Female Senior 50 Free	X 36.17Y
# 14	Female Senior 100 Free	X 1:25.24Y
# 18	Female Senior 200 Free Relay F	4
Nora Bla	inchette (FR)	
#8	Female Senior 50 Free	X 44.32Y
# 18	Female Senior 200 Free Relay J	4
# 20	Female Senior 100 Back	X 2:05.42Y
Elodie B	rox (SO)	
# 14	Female Senior 100 Free	1:04.93Y
# 18	Female Senior 200 Free Relay A	1
# 22	Female Senior 100 Breast	1:19.49Y
# 24	Female Senior 400 Free Relay B	4
Clara Co	ondon (SO)	
# 2	Female Senior 200 Medley Relay A	Breast
# 6	Female Senior 200 IM	2:19.48Y
# 16	Female Senior 500 Free	5:57.69Y
# 24	Female Senior 400 Free Relay A	2
Meghan	Condon (7)	
# 2	Female Senior 200 Medley Relay F	Fly
#8	Female Senior 50 Free	X 34.04Y
# 10	Female Senior 1 Meter 6 Dives	X 69.60
# 18	Female Senior 200 Free Relay D	3
# 22	Female Senior 100 Breast	X 1:28.21Y
Lucy Cu	nningham (SO)	
# 2	Female Senior 200 Medley Relay B	Breast
# 16	Female Senior 500 Free	7:17.41Y
# 18	Female Senior 200 Free Relay K	1
# 22	Female Senior 100 Breast	X 1:38.93Y
Annie D	usek (7)	
# 2	Female Senior 200 Medley Relay E	Fly
#8	Female Senior 50 Free	X 33.93Y
# 18	Female Senior 200 Free Relay C	3
# 20	Female Senior 100 Back	X 1:39.10Y
Haley Fi	field (SO)	
# 2	Female Senior 200 Medley Relay G	Back
#8	Female Senior 50 Free	29.93Y
# 18	Female Senior 200 Free Relay D	1
# 20	Female Senior 100 Back	1:14.96Y
	Fifield (8)	
# 2	Female Senior 200 Medley Relay D	Fly
# 6	Female Senior 200 IM	X 3:30.00Y
# 14	Female Senior 100 Free	X 1:18.64Y
# 18	Female Senior 200 Free Relay C	2

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

FEMALE

Flizabe	eth Francis (SO)		Clare H	Heiny (7)	
# 2	Female Senior 200 Medley Relay H	Fly	# 2	Female Senior 200 Medley Relay G	Free
#8	Female Senior 50 Free	X 34.57Y	# 8	Female Senior 50 Free	X 37.12Y
# 10	Female Senior 1 Meter 6 Dives	102.30	# 18	Female Senior 200 Free Relay C	4
# 14	Female Senior 100 Free	X 1:16.35Y	# 20	Female Senior 100 Back	X 1:48.69Y
# 18	Female Senior 200 Free Relay F	3	Maddie	e Heiny (FR)	
	sia Garvey (FR)		# 2	Female Senior 200 Medley Relay J	Breast
# 2	Female Senior 200 Medley Relay B	Back	# 8	Female Senior 50 Free	X 35.33Y
# 12	Female Senior 100 Fly	1:15.03Y	# 18	Female Senior 200 Free Relay H	3
# 20	Female Senior 100 Back	1:14.60Y	# 22	Female Senior 100 Breast	X 1:46.27Y
‡ 24	Female Senior 400 Free Relay B	2		udson (JR)	
	Geary (JR)		# 2	Female Senior 200 Medley Relay B	Fly
‡ 2	Female Senior 200 Medley Relay J	Fly	# 6	Female Senior 200 IM	2:44.98Y
‡ 8	Female Senior 50 Free	X 32.67Y	# 12	Female Senior 100 Fly	1:20.12Y
ŧ 18	Female Senior 200 Free Relay G	2	# 18	Female Senior 200 Free Relay G	1
ŧ 20	Female Senior 100 Back	X 1:38.44Y		eth Hurley (7)	1
	e Gibbons (JR)	х 1.50.441	# 2	Female Senior 200 Medley Relay C	Breast
iaggic ‡4	Female Senior 200 Free	2:19.25Y	# 8	Female Senior 50 Free	X 31.03Y
18	Female Senior 200 Free Relay A	2.19.231	# 18	Female Senior 200 Free Relay J	x 51.051
20	Female Senior 100 Back	1:11.31Y	# 10	Female Senior 100 Back	X 1:23.55Y
24	Female Senior 400 Free Relay B	1:11.511	1	Catherine Hurley (SO)	A 1:25.551
	ca Gonzalez (7)	1	# 2	,	Dools
8 8	Female Senior 50 Free	V 4214V	# 2	Female Senior 200 Medley Relay K	Back X 30.81Y
		X 42.14Y		Female Senior 50 Free	
18	Female Senior 200 Free Relay K	4	# 14	Female Senior 100 Free	X 1:12.15Y
22	Female Senior 100 Breast Grinder (7)	X 2:06.46Y	# 18	Female Senior 200 Free Relay H a Irving (7)	1
10	• •	V 26 07	# 2	,	Evan
	Female Senior 1 Meter 6 Dives	X 36.97	# 2	Female Senior 200 Medley Relay E Female Senior 50 Free	Free X 37.25Y
2	laggerty (8)	Dwagat	# 14	Female Senior 100 Free	
8	Female Senior 200 Medley Relay I	Breast	l		X 1:32.64Y
	Female Senior 50 Free	X 35.00Y		udge (7)	D. I
14	Female Senior 100 Free	X 1:21.49Y	# 2	Female Senior 200 Medley Relay L	Back
18	Female Senior 200 Free Relay G	3	#8	Female Senior 50 Free	X 35.92Y
	Haggerty (SR)		# 14	Female Senior 100 Free	X 1:27.40Y
2	Female Senior 200 Medley Relay E	Breast	# 18	Female Senior 200 Free Relay K	3
8	Female Senior 50 Free	X 31.92Y		ena Kay (8)	_
16	Female Senior 500 Free	X 7:27.89Y	# 2	Female Senior 200 Medley Relay B	Free
18	Female Senior 200 Free Relay L	2	# 12	Female Senior 100 Fly	X 1:27.00Y
	aggerty (SO)		# 16	Female Senior 500 Free	6:43.89Y
	Female Senior 200 Medley Relay D	Breast	# 18	Female Senior 200 Free Relay A	2
8	Female Senior 50 Free	X 31.84Y		a Kelly (7)	
18	Female Senior 200 Free Relay L	1	# 10	Female Senior 1 Meter 6 Dives	X 35.32
20	Female Senior 100 Back	X 1:44.20Y		(ohlhaas (7)	
	Halisky (SR)		# 2	Female Senior 200 Medley Relay H	Free
2	Female Senior 200 Medley Relay E	Back	# 8	Female Senior 50 Free	X 36.25Y
4	Female Senior 200 Free	2:35.01Y	# 18	Female Senior 200 Free Relay D	4
8	Female Senior 50 Free	29.69Y	# 20	Female Senior 100 Back	X 2:02.96Y
18	Female Senior 200 Free Relay B	2	Cora K	ramer (8)	
Sophia	Halisky (7)		# 8	Female Senior 50 Free	X 45.79Y
ŧ 2	Female Senior 200 Medley Relay G	Fly	# 18	Female Senior 200 Free Relay H	4
8 *	Female Senior 50 Free	X 32.12Y	# 20	Female Senior 100 Back	X 2:25.92Y
# 12	Female Senior 100 Fly	X 1:30.00Y	·		
# 18	Female Senior 200 Free Relay J	2			

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

FI	F١	/I /	۱I.	F

I LMAL	-				
Avila Mantooth (7)					
# 2	Female Senior 200 Medley Relay K	Fly			
# 4	Female Senior 200 Free	X 3:08.72Y			
# 8	Female Senior 50 Free	X 32.78Y			
# 18	Female Senior 200 Free Relay F	2			
Kateri Ma	antooth (SR)				
# 2	Female Senior 200 Medley Relay C	Back			
# 8	Female Senior 50 Free	28.81Y			
# 18	Female Senior 200 Free Relay B	4			
# 22	Female Senior 100 Breast	1:27.99Y			
Maria Mi	` '				
# 10	Female Senior 1 Meter 6 Dives	88.50			
Bella Ng					
# 8	Female Senior 50 Free	X 41.61Y			
# 18	Female Senior 200 Free Relay L	4			
# 20	Female Senior 100 Back	X 1:45.92Y			
Shannon	ı O'Malley (SO)				
# 2	Female Senior 200 Medley Relay H	Back			
# 4	Female Senior 200 Free	2:33.81Y			
# 18	•	1			
# 22	Female Senior 100 Breast	X 1:35.06Y			
_	iire Osilka (FR)				
# 2	Female Senior 200 Medley Relay G	Breast			
# 8	Female Senior 50 Free	X 34.50Y			
# 18	Female Senior 200 Free Relay E	3			
# 20	Female Senior 100 Back	X 1:31.40Y			
1	ne Oswald (SR)				
# 14	Female Senior 100 Free	1:04.65Y			
# 18	Female Senior 200 Free Relay A	3			
# 22	Female Senior 100 Breast	1:22.72Y			
# 24	Female Senior 400 Free Relay B	3			
	radise (JR)				
# 2	Female Senior 200 Medley Relay A	Fly			
# 4	Female Senior 200 Free	2:07.68Y			
# 14	Female Senior 100 Free	57.34Y			
# 24	Female Senior 400 Free Relay A	4			
_	nnefather (SR)	_			
# 2	Female Senior 200 Medley Relay A	Free			
# 8	Female Senior 50 Free	25.98Y			
# 14	Female Senior 100 Free	58.39Y			
# 24	Female Senior 400 Free Relay A	3			
	uispe (FR)				
# 2	Female Senior 200 Medley Relay F	Free			
# 8	Female Senior 50 Free	X 37.19Y			
# 14	Female Senior 100 Free	X 1:27.04Y			
	Quispe (6)				
# 8	Female Senior 50 Free	X 45.50Y			
# 18	Female Senior 200 Free Relay I	4			
# 20	Female Senior 100 Back	X 2:11.41Y			
	odriguez (8)	_			
# 2	Female Senior 200 Medley Relay C	Fly			
# 8	Female Senior 50 Free	X 33.54Y			

# 18	Female Senior 200 Free Relay D	2
# 20	Female Senior 100 Back	X 1:36.48Y
Gabriel	la Russo (8)	
# 2	Female Senior 200 Medley Relay F	Breast
# 8	Female Senior 50 Free	X 32.12Y
# 18	Female Senior 200 Free Relay K	2
# 20	Female Senior 100 Back	X 1:27.29Y
Maggie	Schroer (7)	
# 2	Female Senior 200 Medley Relay D	Back
# 8	Female Senior 50 Free	X 29.11Y
# 18	Female Senior 200 Free Relay C	1
# 22	Female Senior 100 Breast	X 1:38.17Y
Briana	Shillingburg (SO)	
#8	Female Senior 50 Free	X 45.92Y
# 14	Female Senior 100 Free	X 1:50.88Y
# 18	Female Senior 200 Free Relay G	4
Cate W	/aldron (JR)	
# 2	Female Senior 200 Medley Relay K	Breast
# 8	Female Senior 50 Free	X 35.57Y
# 18	Female Senior 200 Free Relay I	3
# 22	Female Senior 100 Breast	X 1:52.45Y
Lily Wa	ldron (7)	
# 2	Female Senior 200 Medley Relay L	Breast
#8	Female Senior 50 Free	X 33.37Y
# 18	Female Senior 200 Free Relay E	2
# 20	Female Senior 100 Back	X 1:33.18Y
Rose V	Valdron (SO)	
# 2	Female Senior 200 Medley Relay I	Back
# 8	Female Senior 50 Free	X 30.24Y
# 10	Female Senior 1 Meter 6 Dives	132.37
# 18	Female Senior 200 Free Relay F	1
# 22	Female Senior 100 Breast	1:22.30Y
Madely	n Zadnik (JR)	
#2	Female Senior 200 Medley Relay F	Back
# 6	Female Senior 200 IM	2:44.88Y
# 16	Female Senior 500 Free	7:13.62Y
# 18	Female Senior 200 Free Relay B	3

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

MALE					0.440=
	vin (JR)	n	# 3	Male Senior 200 Free	2:14.95
# 1 # 7	Male Senior 200 Medley Relay E	Fly	# 13	Male Senior 100 Free	59.54
	Male Senior 50 Free	X 28.10Y	# 17	Male Senior 200 Free Relay B	4
# 15	Male Senior 500 Free	6:36.61Y	# 23	Male Senior 400 Free Relay B	2
# 17	Male Senior 200 Free Relay H	2		e Dusek (FR)	ъ.
-	auer (FR)	Di	# 1	Male Senior 200 Medley Relay H	Breast
# 1	Male Senior 200 Medley Relay D	Fly	# 7 # 19	Male Senior 50 Free	X 38.93
# 11	Male Senior 100 Fly	X 1:30.00Y		Male Senior 100 Back	X 1:47.18
# 17 # 21	Male Senior 200 Free Relay H Male Senior 100 Breast	1 24 21 V		n Dwane (JR)	P
		1:24.31Y	# 1	Male Senior 200 Medley Relay D Male Senior 50 Free	Free X 37.57\
⊼yan ⊑ #1	Beltran (JR)	Dwoodt	# 13	Male Senior 100 Free	X 1:39.62
	Male Senior 200 Medley Relay C	Breast			
# 13 # 17	Male Senior 100 Free	X 1:05.64Y	# 17	Male Senior 200 Free Relay H	3
‡ 17 + 10	Male Senior 200 Free Relay G	1 12.57		ioramonti (FR)	Dl-
‡ 19 ^	Male Senior 100 Back	1:13.57Y	# 1	Male Senior 200 Medley Relay C	Back
	Bishop (JR)	D t	# 7	Male Senior 50 Free	26.64
# 1 # 7	Male Senior 200 Medley Relay D	Breast	# 17	Male Senior 200 Free Relay C	
# 7	Male Senior 50 Free	X 30.46Y 2	# 21	Male Senior 100 Breast	X 1:34.03
# 17 # 21	Male Senior 200 Free Relay C	X 1:45.23Y	# 1	ioramonti (JR)	Back
	Male Senior 100 Breast anchette (SR)	Λ 1:45.251	# 5	Male Senior 200 Medley Relay B Male Senior 200 IM	2:41.56
тин ба # 1	Male Senior 200 Medley Relay F	Evon	# 9		
+ 1 # 7	Male Senior 50 Free	Free X 38.02Y	# 17	Male Senior 1 Meter 6 Dives	X 152.70
+ / + 17	Male Senior 30 Free Relay C	A 38.021	# 17	Male Senior 200 Free Relay D Male Senior 100 Back	1:05.23
# 17 # 19	Male Senior 200 Free Relay C	X 1:52.38Y			1:05.23
		Λ 1:52.581	# 9	onzalez (SO) Male Senior 1 Meter 6 Dives	137.55
ло ѕе рп # 13	Borneman (SO) Male Senior 100 Free	57.77Y	1		137.33
# 13 # 17	Male Senior 100 Free Male Senior 200 Free Relay B	37.771	# 1	Gregory (JR) Male Senior 200 Medley Relay E	Free
# 17 # 19	Male Senior 100 Back	1:11.87Y	# 7	Male Senior 50 Free	X 37.86
# 23	Male Senior 400 Free Relay A	2	# 17	Male Senior 200 Free Relay D	X 37.001
ր ՀՏ Jj Brox	_	Z	# 21	Male Senior 100 Breast	X 2:10.00
лјыох #1	Male Senior 200 Medley Relay B	Breast		Halisky (SO)	X 2:10.001
# 9	Male Senior 1 Meter 6 Dives	X 146.77	#1	Male Senior 200 Medley Relay B	Free
# 13	Male Senior 100 Free	56.95Y	#3	Male Senior 200 Free	2:26.40
# 17	Male Senior 200 Free Relay A	2	# 7	Male Senior 50 Free	24.93
# 21	Male Senior 100 Breast	1:08.66Y	# 17	Male Senior 200 Free Relay A	24.73
	I Brox (SO)	1.00.001	1	ic Henry (7)	
# 9	Male Senior 1 Meter 6 Dives	X 87.45	# 7	Male Senior 50 Free	X 52.19
# 11	Male Senior 100 Fly	1:09.94Y	# 13	Male Senior 100 Free	X 2:06.12Y
# 15	Male Senior 500 Free	6:18.33Y	# 17	Male Senior 200 Free Relay F	A 2.00.12
# 17	Male Senior 200 Free Relay B	2		Hudson (JR)	
# 23	Male Senior 400 Free Relay A	3	# 1	Male Senior 200 Medley Relay B	Fly
	ey (FR)	Ü	# 11	Male Senior 100 Fly	1:04.98
# 1	Male Senior 200 Medley Relay H	Fly	# 15	Male Senior 500 Free	6:32.57
‡ 7	Male Senior 50 Free	X 35.25Y	# 17	Male Senior 200 Free Relay A	0.32.07
. , ‡ 17	Male Senior 200 Free Relay F	3	1	ic Judge (8)	-
† 19	Male Senior 100 Back	X 1:41.61Y	# 1	Male Senior 200 Medley Relay H	Free
	ooley (7)		# 3	Male Senior 200 Free	X 2:59.95
† 7	Male Senior 50 Free	X 39.72Y	# 7	Male Senior 50 Free	X 29.62
+ 17	Male Senior 200 Free Relay H	4	# 17	Male Senior 200 Free Relay E	A 25.02
		•	1		-

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards Seton Swimming [SST] Coach: Jim Koehr

	: Kay (7)		# 7	Male Senior 50 Free	X 28.55Y
# 1	Male Senior 200 Medley Relay H	Back	# 17	Male Senior 200 Free Relay F	2
# 3	Male Senior 200 Free	X 2:35.13Y	# 21	Male Senior 100 Breast	X 1:28.27Y
‡ 7	Male Senior 50 Free	X 27.81Y		lguyen (SO)	
[‡] 17	Male Senior 200 Free Relay F	1	# 1	Male Senior 200 Medley Relay A	Breast
≺ieran	Kelly (SO)		# 7	Male Senior 50 Free	25.44Y
# 9	Male Senior 1 Meter 6 Dives	X 45.45	# 17	Male Senior 200 Free Relay A	3
Conno	r Koehr (SO)		# 21	Male Senior 100 Breast	1:13.04Y
# 1	Male Senior 200 Medley Relay A	Back	Kennet	th Nguyen (8)	
# 3	Male Senior 200 Free	2:26.94Y	# 1	Male Senior 200 Medley Relay E	Breast
‡ 7	Male Senior 50 Free	X 25.82Y	# 7	Male Senior 50 Free	X 30.66Y
# 9	Male Senior 1 Meter 6 Dives	188.10	# 13	Male Senior 100 Free	X 1:13.92Y
[‡] 17	Male Senior 200 Free Relay B	1	# 17	Male Senior 200 Free Relay C	3
Gus K	ohlhaas (FR)		Jacob (Oswald (SO)	
ŧ 9	Male Senior 1 Meter 6 Dives	125.10	# 9	Male Senior 1 Meter 6 Dives	142.87
Peter l	Konstanty (JR)		Daniel	Sokban (8)	
# 1	Male Senior 200 Medley Relay E	Back	# 1	Male Senior 200 Medley Relay C	Fly
# 5	Male Senior 200 IM	2:37.10Y	# 7	Male Senior 50 Free	X 30.00Y
‡ 13	Male Senior 100 Free	1:00.47Y	# 17	Male Senior 200 Free Relay D	2
# 23	Male Senior 400 Free Relay B	2	# 19	Male Senior 100 Back	X 1:24.55Y
Rapha	ël Likoy (8)		William	n Sokban (SO)	
# 7	Male Senior 50 Free	X 55.35Y	# 1	Male Senior 200 Medley Relay F	Back
‡ 13	Male Senior 100 Free	X 2:11.08Y	# 11	Male Senior 100 Fly	1:12.49Y
± 17	Male Senior 200 Free Relay E	4	# 15	Male Senior 500 Free	6:20.12Y
	ynch (7)	•	# 23	Male Senior 400 Free Relay B	3
# 1	Male Senior 200 Medley Relay F	Fly	_	aughan (SO)	
+ 7	Male Senior 50 Free	X 32.40Y	# 1	Male Senior 200 Medley Relay C	Free
# 13	Male Senior 100 Free	X 1:14.88Y	# 7	Male Senior 50 Free	X 35.71Y
# 17	Male Senior 200 Free Relay D	3	# 17	Male Senior 200 Free Relay G	X 55.711
	Mantooth (JR)	3	# 21	Male Senior 100 Breast	X 2:17.64Y
_uke i #1	Male Senior 200 Medley Relay F	Dwood			A 2:17.041
+ 1 # 7	Male Senior 200 Mediey Relay F	Breast X 28.45Y	# 1	/aughan (8)	Free
			# 7	Male Senior 200 Medley Relay G	
# 17	Male Senior 200 Free Relay G	2		Male Senior 50 Free	X 38.82Y
[‡] 21	Male Senior 100 Breast	1:19.50Y	# 19	Male Senior 100 Back	X 1:59.95Y
	Martinez (8)			Ison (SR)	. Pl
# 1	Male Senior 200 Medley Relay A	Free	# 1	Male Senior 200 Medley Relay A	Fly
# 5 	Male Senior 200 IM	2:06.00Y	# 3	Male Senior 200 Free	2:12.81Y
# 19	Male Senior 100 Back	1:00.91Y	# 7	Male Senior 50 Free	24.36Y
# 23 	Male Senior 400 Free Relay A	1	# 23	Male Senior 400 Free Relay A	4
_	Martinez (7)			Wilson (7)	
# 1	Male Senior 200 Medley Relay G	Back	# 1	Male Senior 200 Medley Relay G	Fly
# 11	Male Senior 100 Fly	X 1:25.00Y	# 7	Male Senior 50 Free	X 33.86Y
ŧ 17	Male Senior 200 Free Relay E	1	# 13	Male Senior 100 Free	X 1:19.22Y
[‡] 19	Male Senior 100 Back	X 1:09.02Y	# 17	Male Senior 200 Free Relay E	3
∖idan	McCardell (FR)		Max W	ilson (SO)	
ŧ 7	Male Senior 50 Free	X 40.13Y	# 1	Male Senior 200 Medley Relay D	Back
‡ 13	Male Senior 100 Free	X 1:46.45Y	# 5	Male Senior 200 IM	2:34.00Y
ŧ 17	Male Senior 200 Free Relay G	4	# 11	Male Senior 100 Fly	1:13.60Y
Domin	ic Miller (JR)		# 23	Male Senior 400 Free Relay B	1
# 9	Male Senior 1 Meter 6 Dives	X 133.35	1	•	
Colin N	lguyen (SR)				
# 1	Male Senior 200 Medley Relay G	Breast			

Individual Meet Entries Report

VCAC Invitational 07-Jan-23 [Ageup: 11/1/2022] Yards

Seton Swimming [SST] Coach: Jim Koehr

Female IE's:		120	Female RE's:	104
	Male IE's:	87	Male RE's:	72
	Total IE's:	207	Total RE's:	176
	Total Athletes:	104		