

17th Annual VISAA Division II Invitational - 2/4/2023

Meet Program - VISAA DivII Swimming Finals

#1 Boys 200 Yard Medley Relay			
VISAA D-II: 1:41.60 2019 Hampton Roads Academ			
B Kim, C Muench, K Slate, A Cronin			
22 VISAA QT: 1:57.18			
SST Record: 1:39.82 2006 Koehr, Cook, Morch, Ko			
Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals Starts at 02:08 PM			
3	HMA-VA	B	NT
	Francis, Andrew SR	Duff, Nathaniel SR	
	Vorontsov, Alex 8	White, Aidan SR	
4	WCA-VA	B	2:35.11
	Krebs, Zachary FR	Sullivan, Connor JR	
	Obayawat, Danny SO	Powell, Joshua JR	
5	CCS-VA	B	2:13.15
	Suarez Escobedo, Alfonso S	Gill, Herman FR	
	Govender, Mahaan SR	Capallera Granja, Marco SO	
6	FCS-VA	B	2:25.75
	Shofi, Luke FR	Ryan, Nathan 8	
	Salafia, Luca FR	Volk, Jimmy SR	
7	VCA-VA	A	2:49.43
	Sendon, Andrew 8t	Starkey, Malakai 8t	
	Long, Sebastian SR	Toledo, Daniel JR	
Heat 2 of 3 Finals Starts at 02:12 PM			
1	NSA-VA	B	2:07.69
	Eisenhart, Alex SO	Li, Kevin SR	
	Hotte, Blaise SO	Slattery, Jacob SR	
2	ICHS	B	2:04.63
	Goede, Noah 8	Morillo, Caleb FR	
	Rutkowski, Juan JR	Gade, Tyler FR	
3	WCA-VA	A	2:00.76
	Kulwikowski, Alex FR	Husband, Vince 8	
	Kulwikowski, Anthony JR	LaChance, Leonidas FR	
4	WA-VA	A	1:58.25
	Hafli, Broc 8	Bouchard, Brendan SR	
	Thibeault, Jacob SR	Powell, Joshua JR	
5	VRTS-VA	A	1:56.88
	Stiles, Karsten FR	Meyer, Joseph FR	
	Fisher, Joshua SR	Fisher, Caleb 8	
6	TCS-VA	B	1:56.91
	Weiss, Cooper IR	Fulkerson, McCallum SR	
	Hamil, Logan JR	Starr, Taylor FR	
7	CCS-VA	A	1:58.62
	Caisse, Finlev FR	Parks, Avery SO	
	Smiley, Owen SO	Granados Argul, Pablo JR	
8	TCS-VA	B	2:03.44
	Walton, Isaiah FR	Wall, John SO	
	Souza, Patrick SO	Dykstra, Aiden SR	
10	WILD	A	2:09.65
	Coates, Daniel FR	Whittaker, Fisher 8	
	Self, Ronan SR	Self, Tavish SO	

Heat 3 of 3 Finals Starts at 02:15 PM			
1	HRA-VA	A	1:54.96
	Cherrv, Rvan IR	Stauffer, Carl SO	
	Doherty, Jake FR	Cook, Carter JR	
2	STEW-VA	A	1:53.27
	Wang, Yihan SR	Sproull, Emory SR	
	Sproull, Jeffrey	Thomas, Cooper SR	
3	TCS-VA	A	1:49.60
	Charlton, Will FR	Cullaty, Owen FR	
	Weiss, Braeden SR	Gustafson, Cole SR	
4	VES-VA	A	1:47.73
	Hottle, Davis SO	Fenton, Thomas JR	
		Wang, Kevin SO	
5	ICHS	A	1:44.23
	Wolf, Joshua IR	Wolf, Moses 8	
	Wolf, Caleb JR	Salter, Jonathan SO	
6	SST	A	1:47.26
	Koehr, Connor SO	Brox, JJ SR	
	Wilson, Joe SR	Martinez, Lionel 8	
7	TCS-VA	A	1:49.20
8	SST	B	1:50.26
	Fioramonti, Mick IR	Nguyen, Drew SO	
	Hudson, David JR	Halisky, Liam SO	
9	FCS-VA	A	1:54.58
	Howell, Luke SO	DiBlasi, John-Parker FR	
	Knewtson, Jack JR	Ross, Andrew 8	
10	NSA-VA	A	1:56.40
	DeFeo, Preston 8	Maples, Jameson SO	
	Hartgerink, Brett SR	Sacchi, Tomy SO	

#2 Girls 200 Yard Medley Relay			
VISAA D-II: 1:53.18 2022 Seton Swimming			
L Garvey, A Testani, C Condon, M Pennefather			
22 VISAA QT: 2:14.01			
SST Record: 1:50.25 2011 Doonis,Rogers,Wundenl			
Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals Starts at 02:18 PM			
4	NSA-VA	B	NT
	Noel, Leah SO	Crystal, Abby FR	
	Johnston, Violet SR	Cobos, Jone SO	
5	ICHS	B	2:59.16
	Taylor, Grace 8	DeWitte, Katie JR	
	Currey, Agnes FR	DuBois, Mariah 8	
6	VCA-VA	A	NT
	Secord, Kaitlyn 8t	Lambert, Olivia 8t	
	Miller, Gloria 8t	Perdomo, Gabriela SO	

Heat 2 of 3 Finals Starts at 02:21 PM			
1	CCS-VA	B	2:39.59
	Fannin, Abbi SO	Harding, Reagan SO	
	Sears, Cheyenne SO	Bracken, Michelle SR	
2	MSA-VA	A	2:29.99
	Strandquist, Lucv	Kolbrener, Lillian	
	Shahar Charnuha, Reut	Amos, Lillian	
3	FCS-VA	B	2:22.17
	Meadows, Pavton IR	Sebero, Emmah FR	
	Heth, Rachel SR	Howell, Katherine 8	
4	ICHS	A	2:20.45
	Anderson, Sarah SO	Johnson, Lindsey SO	
	Myers, Lydia 8	Shumate, Kate 8	
5	NSA-VA	A	2:16.92
	Moores, Kate IR	Manthey, Alyssa SO	
	Call, Kenzie SR	Miller, Isabella SO	
6	WCA-VA	A	2:16.96
	Gibbons, Delaney SR	Bruce, Tyra 8	
	Tares, Joana SO	Kraus, Elaina 8	
7	WA-VA	B	2:21.67
	Phillips, Claire IR	Pruitt, Megan SR	
	Blinn, Mary SR	Digges, Kate SR	
8	FVCS-VA	A	2:24.61
	Waltz, Rebekah FR	Waltz, Elizabeth SR	
	Hulse, Abby 8	Donahoo, Jane 8	
9	TCS-VA	B	2:35.62
	Chirichetti, Tess SO	Green, Carys FR	
	Alimard, Ariana SR	Tritel, Luciana FR	
Heat 3 of 3 Finals Starts at 02:25 PM			
1	WA-VA	A	2:14.15
	Phillips, Chloe 8	Sanford, Audrey 8	
	McCourt, Lauren SO	Blinn, Kate 8	
2	CCS-VA	A	2:10.16
	Nguyen, Suzie SO	Kiland, Izzy SR	
	VanVelzor, Hannah SO	Zorriketa Arteta, Olatz JR	
3	FCS-VA	A	2:07.14
	Roberson, Emma FR	Ryan, Gabriella FR	
	Ellis, Hannah 8	Baroody, Isabel FR	
4	STEW-VA	A	2:03.73
	Dawson, Lina SO	Fahrenkrog, Olivia JR	
	Compton, Ashley JR	Callis, Amelia SR	
5	SST	A	1:54.56
	Aldeguer, Ariana 8	Condon, Clara SO	
	Paradise, Stella JR	Gibbons, Maggie JR	
6	VES-VA	A	2:00.64
	Zhu, Emma FR	Falwell, Caroline SR	
	Bauer, Kaitlyn SR	Fenton, Frances SO	
7	TCS-VA	A	2:07.08
	Scherer, Anne FR	Jones, Cambria JR	
	Hutchinson, Paige JR	Wood, Savannah FR	
8	HRA-VA	A	2:09.23
	Chang, Josephine SO	Chang, Catherine SR	
	Prokopik, Jamison JR	Detwiler, Addison SO	
9	SST	B	2:10.97
	Fifield, Haley SO	Brox, Elodie SO	
	Garvey, Anastasia FR	Pennefather, Mary SR	
10	STEW-VA	B	2:15.06
	Harrison, Meg SO	Gunderson, Audrey FR	
	Harrison, Kate SR	Bowlin, Ainsley 8	

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Meet Program - VISAA DivII Swimming Finals

#3 Boys 200 Yard Freestyle				Heat 2 of 3 Finals Starts at 02:44 PM				Heat 2 of 3 Finals Starts at 03:00 PM												
VISAA D-II: 1:46.12 2018 Nicholas Schoenig				1	Hulse, Abby	8	FVCS-VA	2:40.04	1	Meadows, Payton	JR	FCS-VA	3:05.00							
22 VISAA QT: 2:01.47				2	Grzybowski, Claire	8	HRA-VA	2:27.09	2	Phillips, Claire	JR	WA-VA	3:03.39							
SST Record: 1:38.54 2010 S.J. Hill				3	Manthey, Alyssa	SO	NSA-VA	2:24.98	3	Kerr, Anna	SR	WA-VA	3:00.00							
Lane	Name	Yr	School	Seed	Time								Time							
Heat 1 of 4 Finals Starts at 02:28 PM				4	Kay, Philomena	8	SST	2:21.60	4	Zadnik, Madelyn	JR	SST	2:54.49							
4	O'Hallarn, Gene	8	WA-VA	4:00.00		5	Stambaugh, Cami	SR	NSA-VA	2:16.15	5	Bingham, Lucia	SO	SST	2:50.91					
5	Updike, Spencer	JR	FCS-VA	3:00.39		6	Jones, Cambria	JR	TCS-VA	2:19.42	6	Waltz, Rebekah	FR	FVCS-VA	2:52.96					
6	Hudson, Kelsten	SO	HMA-VA	3:08.09		7	Detwiler, Addison	SO	HRA-VA	2:21.96	7	Shahar Charnuha, Reut	MSA-VA	2:59.99						
Heat 2 of 4 Finals Starts at 02:32 PM				8	Kelley, Katie	MSA-VA	2:25.99	8	Blevins, Hannah	FR	FCS-VA	3:00.98	8	Blivins, Hannah	FR	FCS-VA	3:00.98			
2	Pillsbury, Ryan	SO	NSA-VA	2:57.43		9	Cobos, Jone	SO	NSA-VA	2:36.85	9	Myers, Christy	JR	FCS-VA	3:05.00					
3	Wadsworth, Isaac	FR	HMA-VA	2:50.27		10	Clark, Olivia	SO	WA-VA	2:45.00	10	Crystal, Abby	FR	NSA-VA	3:05.20					
4	Levia, Sergi	SO	NSA-VA	2:40.26		Heat 3 of 3 Finals Starts at 02:47 PM				Heat 3 of 3 Finals Starts at 03:03 PM										
5	Balaguer Soler, Guillem	SO	CCS-VA	2:40.00		1	Chang, Josephine	SO	HRA-VA	2:14.06	1	Fifield, Haley	SO	SST	2:37.28					
6	Kulwikowski, Alex	FR	WCA-VA	2:40.03		2	Gibbons, Maggie	JR	SST	2:12.69	2	Fahrenkrog, Olivia	JR	STEW-VA	2:28.80					
7	Schiller-Jensen, Elijah	8	ICHS	2:48.41		3	Rosen, Addy	SR	NOCO-VA	2:07.12	3	Falwell, Caroline	SR	VES-VA	2:25.92					
8	Classen, John	SO	HMA-VA	2:54.09		4	Paradise, Stella	JR	SST	2:06.36	4	Cramer, Isabell	9	HHST-VA	2:21.62					
9	Burke, Joseph	JR	CCS-VA	3:00.00		5	Frost, Eve	FR	SBS	2:02.06	5	Aldegue, Ariana	8	SST	2:12.67					
Heat 3 of 4 Finals Starts at 02:35 PM				6	Gibbons, Delaney	SR	WCA-VA	2:05.84	6	Nunziata, Lucy	JR	SBS	2:21.32	6	Nunziata, Lucy	JR	SBS	2:21.32		
1	Currey, Scott	JR	ICHS	2:31.15		7	Dawson, Lina	SO	STEW-VA	2:06.91	7	McCardle, Reese	MSA-VA	2:22.99	7	McCardle, Reese	MSA-VA	2:22.99		
2	Hinton, Harrison	FR	CCS-VA	2:24.62		8	Alimard, Ariana	SR	TCS-VA	2:12.00	8	VanVelzor, Hannah	SO	CCS-VA	2:26.01	8	VanVelzor, Hannah	SO	CCS-VA	2:26.01
3	Yang, Stephen	JR	HMA-VA	2:21.07		9	Baroody, Isabel	FR	FCS-VA	2:13.58	9	Call, Kenzie	SR	NSA-VA	2:33.65	9	Call, Kenzie	SR	NSA-VA	2:33.65
4	Sokban, Daniel	8	SST	2:18.77		10	Jenkins, Morgan	JR	NSA-VA	2:14.57	10	Strandquist, Lucy	MSA-VA	2:49.99	10	Strandquist, Lucy	MSA-VA	2:49.99		
5	Borneman, Joseph	SO	SST	2:15.20		#5 Boys 200 Yard IM				#7 Boys 50 Yard Freestyle										
6	Park, Zach	JR	TCSI-VA	2:15.72		VISAA D-II: 1:55.39 2021 Joshua Fisher				VISAA D-II: 21.81 2018 Austin Smith										
7	Anderson, Brenton	8	ICHS	2:19.94		22 VISAA QT: 2:18.04				22 VISAA QT: 24.14										
8	Jang, Elliot	JR	TCSI-VA	2:23.82		SST Record: 1:54.70 2008 N. Cook				SST Record: 21.22 2010 S.J. Hill										
9	Eisenhart, Alex	SO	NSA-VA	2:28.14		Lane	Name	Yr	School	Seed	Time	Lane	Name	Yr	School	Seed	Time			
10	Maples, Jameson	SO	NSA-VA	2:38.51		Heat 1 of 2 Finals Starts at 02:50 PM				Heat 1 of 8 Finals Starts at 03:06 PM										
Heat 4 of 4 Finals Starts at 02:38 PM				2	Krebs, Zachary	FR	WCA-VA	3:25.00	1	Skaredoff, Brandon	8t	VCA-VA	X45.00							
1	Hudson, David	JR	SST	2:14.65		3	Judge, Dominic	8	SST	X2:46.95	2	Alexander, Dax	SO	HMA-VA	42.06					
2	Yancey, Ben	SO	TCSI-VA	2:06.53		4	Rutkowski, Juan	JR	ICHS	2:43.49	3	Willis, Cullen	SR	STEW-VA	X38.63					
3	Sproull, Jeffrey	STEW-VA	2:02.85		5	Starr, Taylor	FR	TCS-VA	2:31.21	4	Menorca, Sam	8t	VCA-VA	38.23						
4	Wolf, Caleb	JR	ICHS	1:47.30		6	Nguyen, Drew	SO	SST	2:32.16	5	Sendon, Andrew	8t	VCA-VA	37.74					
5	Nunziata, Gabe	SO	SBS	1:44.90		7	Bauer, Greg	FR	SST	2:45.70	6	Paschold, Will	SO	CCS-VA	X37.87					
6	Charlton, Will	FR	TCS-VA	1:46.91		8	Burgess, Grey	FR	ICHS	3:02.38	7	Starkey, Malakai	8t	VCA-VA	X38.46					
7	Sproull, Emory	SR	STEW-VA	1:57.97		Heat 2 of 2 Finals Starts at 02:53 PM				8	Cheng, Jerry	MSA-VA	39.53							
8	Robinson, Andrew	SO	WA-VA	2:04.47		1	Hamil, Logan	JR	TCS-VA	2:22.06	9	Lu, Zachary	8	HMA-VA	42.99					
9	Fulkerson, McCallum	SR	TCS-VA	2:13.56		2	Wolf, Moses	8	ICHS	2:14.81	Heat 2 of 8 Finals Starts at 03:07 PM									
10	Dealey, Joey	SR	SST	2:14.95		3	Haf, Broc	8	WA-VA	2:11.18	1	Gaddy, Charles	FR	HMA-VA	35.97					
#4 Girls 200 Yard Freestyle				4	Martinez, Lionel	8	SST	2:04.51	2	White, Ryan	FR	HRA-VA	35.32							
VISAA D-II: 1:52.90 2020 Allison Langenburg				5	Fisher, Joshua	SR	VRTS-VA	1:53.31	3	Murray, Jarod	SO	HRA-VA	34.56							
22 VISAA QT: 2:13.44				6	Fenton, Thomas	JR	VES-VA	2:00.99	4	Gill, Herman	FR	CCS-VA	X33.53							
SST Record: 1:55.74 2000 K. Shipko				7	Parks, Avery	SO	CCS-VA	2:10.49	5	Misiano, Thomas	SR	FCS-VA	X32.77							
Lane	Name	Yr	School	Seed	Time															
Heat 1 of 3 Finals Starts at 02:41 PM				8	Yun, Noah	FR	TCSI-VA	2:12.92	6	White, Liam	FR	ICHS	X33.35							
2	Digges, Kate	SR	WA-VA	3:02.75		9	Wang, Yihan	SR	STEW-VA	2:16.00	7	Toledo, Daniel	JR	VCA-VA	33.60					
3	Shepard, Sarah	8	FCS-VA	3:00.00		10	Brox, Michael	SO	SST	2:28.53	8	Chirichetti, Christian	8	TCS-VA	34.71					
4	Ordenez Hilton, Pilar	SO	CCS-VA	2:56.18		#6 Girls 200 Yard IM				9	Damador, Jay	STEW-VA	X35.70							
5	Blinn, Kate	8	WA-VA	2:50.00		VISAA D-II: 2:03.46 2021 Molly Blanchard				10	Burke, Joseph	JR	CCS-VA	X36.08						
6	Updike, Anna	JR	FCS-VA	2:55.00		22 VISAA QT: 2:29.40				Heat 3 of 8 Finals Starts at 03:08 PM										
7	Webb, Ella	JR	FCS-VA	3:00.00		SST Record: 2:11.80 2008 J. Dunn				1	Coates, Daniel	FR	WILD	31.99						
8	Doran, Catalina	JR	ICHS	3:01.68		Lane	Name	Yr	School	Seed	Time	2	Atkinson, Will	8	VRTS-VA	30.42				
Heat 1 of 3 Finals Starts at 02:56 PM				3	Schott, Morgan	SR	WA-VA	3:39.59	3	Long, Sebastian	SR	VCA-VA	30.20							
3	Schott, Morgan	SR	WA-VA	3:39.59		4	Holvenstot, Jack	8	ICHS	X29.86	4	Holvenstot, Jack	8	ICHS	X29.86					
4	Allman, Abigail	SO	ICHS	3:14.85		5	LaChance, Leonidas	FR	WCA-VA	29.21	5	LaChance, Leonidas	FR	WCA-VA	29.21					
5	Heth, Rachel	SR	FCS-VA	3:05.65		6	Abidin, Christian	JR	TCSI-VA	29.71	6	Abidin, Christian	JR	TCSI-VA	29.71					
6	Chirichetti, Tess	SO	TCS-VA	3:07.99		7	Fisher, Caleb	8	VRTS-VA	29.89	7	Fisher, Caleb	8	VRTS-VA	29.89					
7	Conrod, Katherine	SO	NSA-VA	3:38.90		8	Lam, Micah	8	ICHS	X30.26	8	Lam, Micah	8	ICHS	X30.26					
8	Marr, Nora	8	WILD	NT		9	Meyer, Joseph	FR	VRTS-VA	31.60	9	Meyer, Joseph	FR	VRTS-VA	31.60					
												10	Partin, Matthew	SO	WILD	32.26				

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Meet Program - VISAA DivII Swimming Finals

Heat 4 (#7 Boys 50 Yard Freestyle)

1	Suarez Escobedo, Alfonso	SO CCS-VA	X28.95
2	Larson, Dietrich	MSA-VA	28.66
3	Balaguer Soler, Guillem	SO CCS-VA	X28.61
4	Slattery, Jacob	SR NSA-VA	28.57
5	Capallera Granja, Marco	SO CCS-VA	X28.49
6	Powell, Joshua	JR WCA-VA	28.50
7	Currey, Scott	JR ICHS	X28.57
8	Whittaker, Fisher	8 WILD	28.63
9	DiBlasi, John-Parker	FR FCS-VA	28.79
10	Ross, Andrew	8 FCS-VA	28.98

Heat 5 of 8 Finals Starts at 03:10 PM

1	Jang, Elliot	JR TCS!-VA	28.43
2	Berling, Tom	SR STEW-VA	28.31
3	Gade, William	FR ICHS	X28.15
4	Govender, Mahaan	SR CCS-VA	27.82
5	Priebus, Jack	SR ICHS	27.14
6	Tyler, Cole	SR STEW-VA	27.58
7	Gade, Tyler	FR ICHS	28.01
8	Powell, Isaac	8 WCA-VA	28.24
9	Hotte, Blaise	SO NSA-VA	28.33
10	Raffenot, Julian	SR STEW-VA	28.48

Heat 6 of 8 Finals Starts at 03:10 PM

1	Smiley, Owen	SO CCS-VA	26.94
2	Davis, Wells	8 VRTS-VA	26.70
3	Skipper, Jackson	MSA-VA	26.61
4	Cook, Carter	JR HRA-VA	26.40
5	Thibeault, Jacob	SR WA-VA	25.98
6	Fioramonti, Josh	FR SST	26.24
7	Wang, Kevin	SO VES-VA	26.49
8	Powell, Joshua	JR WA-VA	26.63
9	Sacchi, Tomy	SO NSA-VA	26.86
10	Kulwikowski, Anthony	JR WCA-VA	27.13

Heat 7 of 8 Finals Starts at 03:11 PM

1	Hinton, Harrison	FR CCS-VA	25.93
2	Liddy, Max	FR FVCS-VA	25.85
3	Park, Zach	JR TCS!-VA	25.40
4	Dykstra, Aiden	SR HMA-VA	25.19
5	Salter, Jonathan	SO ICHS	24.97
6	Salafia, Luca	FR FCS-VA	25.04
7	Carter, Riley	STEW-VA	25.24
8	Fiala, Caleb	8 ICHS	25.76
9	Konstanty, Peter	JR SST	25.91
10	DeFeo, Preston	8 NSA-VA	25.93

Heat 8 of 8 Finals Starts at 03:12 PM

1	Granados Argul, Pablo	JR CCS-VA	24.31
2	Howell, Luke	SO FCS-VA	24.15
3	Weiss, Braeden	SR TCS-VA	23.93
4	Phillips, Tyler	FR TCS!-VA	23.17
5	Nunziata, Gabe	SO SBS	22.42
6	Frost, Tate	SR SBS	22.91
7	Gustafson, Cole	SR TCS-VA	23.69
8	Cherry, Ryan	JR HRA-VA	24.15
9	Wilson, Joe	SR SST	24.29
10	Halisky, Liam	SO SST	24.86

#8 Girls 50 Yard Freestyle

VISAA D-II:	24.22 2011	Gabrielle Bishop
22 VISAA QT:	26.96	
SST Record:	24.06 2018	A. Kenna

Lane	Name	Yr	School	Seed Time
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Heat 1 of 7 Finals Starts at 03:13 PM

4	Simms, Dakota	SR	WILD	45.88
5	Lloyd, Bella	SO	FVCS-VA	41.41
6	Perdomo, Gabriela	SO	VCA-VA	41.88

Heat 2 of 7 Finals Starts at 03:14 PM

2	Morgan, Kaylee	8	STEW-VA	41.19
3	Swift, Evelyn	8	WILD	39.72
4	Secord, Kaitlyn	8t	VCA-VA	37.40
5	Peters, Aria	SO	FCS-VA	X37.00
6	Tritel, Luciana	FR	TCS-VA	37.17
7	Muro, Daniela	JR	WCA-VA	37.69
8	Campbell, Emma	SR	FCS-VA	39.73
9	Harding, Reagan	SO	CCS-VA	X41.40

Heat 3 of 7 Finals Starts at 03:14 PM

1	Zhu, Emma	FR	VES-VA	36.70
2	Cadden, Caroline	JR	WCA-VA	35.45
3	Ordenez Hilton, Pilar	SO	CCS-VA	X35.00
4	Gunderson, Audrey	FR	STEW-VA	34.96
5	Marr, Nora	8	WILD	34.28
6	Anderson, Sarah	SO	ICHS	X34.52
7	Amos, Lillian	MSA-VA		34.99
8	Miller, Gloria	8t	VCA-VA	35.00
9	Webb, Ella	JR	FCS-VA	X36.37
10	Meadows, Morgan	8	FCS-VA	X36.82

Heat 4 of 7 Finals Starts at 03:15 PM

1	Blinn, Kate	8	WA-VA	33.77
2	Green, Carys	FR	TCS-VA	33.56
3	Kraus, Elaina	8	WCA-VA	33.20
4	Rosen, Millie	8	NOCO-VA	32.07
5	DeWitte, Katie	JR	ICHS	31.96
6	Sears, Cheyenne	SO	CCS-VA	32.00
7	Rose, Alex	8	HRA-VA	32.40
8	Donahoo, Jane	8	FVCS-VA	33.26
9	DuBois, Mariah	8	ICHS	33.64
10	Bracken, Michelle	SR	CCS-VA	33.95

Heat 5 of 7 Finals Starts at 03:16 PM

1	Murphy, Clara	SR	NOCO-VA	31.75
2	Updike, Anna	JR	FCS-VA	X31.28
3	Noel, Leah	SO	NSA-VA	30.89
4	Hurley, Mary Catherine	SO	SST	30.26
5	Myers, Lydia	8	ICHS	30.02
6	Miller, Isabella	SO	NSA-VA	30.09
7	DiBlasi, Isabelle	JR	FCS-VA	30.46
8	Bruce, Tyra	8	WCA-VA	31.09
9	Rosen, Lila	SR	NOCO-VA	31.43
10	Haggerty, Moira	SR	SST	31.92

Heat 6 of 7 Finals Starts at 03:17 PM

1	Sebero, Emmah	FR	FCS-VA	29.67
2	Moores, Kate	JR	NSA-VA	29.54
3	Bowlin, Ainsley	8	STEW-VA	29.40
4	Pruitt, Megan	SR	WA-VA	29.34
5	Sanford, Audrey	8	WA-VA	29.10
6	Prokopik, Jamison	JR	HRA-VA	29.32
7	Powell, Ella	8	WA-VA	29.40
8	Ryan, Gabriella	FR	FCS-VA	29.48
9	Callis, Amelia	SR	STEW-VA	29.62
10	Taylor, Keegan	SO	WILD	29.88

Heat 7 of 7 Finals Starts at 03:18 PM

1	Nunziata, Josie	8	SBS	28.59
2	Henry, Page	SR	NSA-VA	28.38
3	Zorriketa Arteta, Olatz	JR	CCS-VA	28.05
4	Cramer, Isabell	9	HHST-VA	26.97
5	Gibbons, Maggie	JR	SST	26.47
6	Shumate, Kate	8	ICHS	26.83
7	Beachy, Kiana	JR	NOCO-VA	27.31
8	Wood, Savannah	FR	TCS-VA	28.29
9	Mantooth, Kateri	SR	SST	28.58
10	Kiland, Izzy	SR	CCS-VA	28.72

#11 Boys 100 Yard Butterfly

VISAA D-II:	50.43 2022	Joshua Fisher
22 VISAA QT:	1:01.02	
SST Record:	51.76 2010	S.J. Hill

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 03:33 PM

1	Morillo, Caleb	FR	ICHS	1:13.78
2	Sokban, William	SO	SST	1:10.29
3	Stiles, Karsten	FR	VRTS-VA	1:09.55
4	Rutkowski, Juan	JR	ICHS	1:08.34
5	Hudson, David	JR	SST	1:04.60
6	Liddy, Will	FR	FVCS-VA	1:06.47
7	Bouchard, Brendan	SR	WA-VA	1:08.85
8	Priebus, Jack	SR	ICHS	1:09.69
9	Mantooth, Luke	JR	SST	1:11.78

Heat 2 of 2 Finals Starts at 03:35 PM

1	Wilson, Joe	SR	SST	1:02.54
2	Self, Ronan	SR	WILD	59.12
3	Cox, Brody	SO	WA-VA	57.19
4	Cullaty, Owen	FR	TCS-VA	56.24
5	Wolf, Caleb	JR	ICHS	52.79
6	Phillips, Tyler	FR	TCS!-VA	53.32
7	Hottle, Davis	SO	VES-VA	56.64
8	Weiss, Cooper	JR	TCS-VA	57.92
9	Kulwikowski, Anthony	JR	WCA-VA	1:00.78
10	Bang, Caleb	FR	TCS!-VA	1:04.03

#12 Girls 100 Yard Butterfly

VISAA D-II:	56.04 2022	Erin Langenburg
22 VISAA QT:	1:06.82	
SST Record:	58.51 2017	A. Kenna

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals Starts at 03:36 PM

4	Blevins, Colby	FR	FCS-VA	1:45.00
5	Phillips, Claire	JR	WA-VA	1:28.83
6	Waltz, Rebekah	FR	FVCS-VA	1:31.72

17th Annual VISAA Division II Invitational - 2/4/2023

Meet Program - VISAA DivII Swimming Finals

Heat 2 (#12 Girls 100 Yard Butterfly)				Heat 4 of 6 Finals Starts at 03:46 PM				Heat 3 of 6 Finals Starts at 03:54 PM			
1	Jefferson, Sydney	8 WA-VA	1:26.52	1	Smiley, Owen	SO CCS-VA	X1:04.15	1	Rose, Alex	8 HRA-VA	1:18.02
2	Shahar Charnuha, Reut	MSA-VA	1:21.60	2	Skipper, Jackson	MSA-VA	1:03.99	2	Tares, Joana	SO WCA-VA	1:16.40
3	Bingham, Lucia	SO SST	1:18.51	3	Sacchi, Tomy	SO NSA-VA	1:02.41	3	Rosen, Millie	8 NOCO-VA	1:15.15
4	Zadnik, Madelyn	JR SST	1:17.03	4	Powell, Joshua	JR WA-VA	1:01.52	4	Bracken, Michelle	SR CCS-VA	X1:14.52
5	Nunziata, Josie	8 SBS	1:11.72	5	Goede, Noah	8 ICHS	1:01.29	5	Sears, Cheyenne	SO CCS-VA	X1:12.95
6	Garvey, Anastasia	FR SST	1:12.64	6	Cook, Carter	JR HRA-VA	1:01.47	6	Amos, Lillian	MSA-VA	1:12.99
7	Alimard, Ariana	SR TCS-VA	1:18.18	7	Fioramonti, Josh	FR SST	1:01.53	7	Kraus, Elaina	8 WCA-VA	1:14.82
8	Blinn, Mary	SR WA-VA	1:19.17	8	LaChance, Leonidas	FR WCA-VA	1:03.01	8	Rosen, Lila	SR NOCO-VA	1:15.81
9	Strandquist, Lucy	MSA-VA	1:23.99	9	Larson, Dietrich	MSA-VA	1:03.99	9	Donahoo, Jane	8 FVCS-VA	1:16.79
Heat 3 of 3 Finals Starts at 03:40 PM				10	Gade, Tyler	FR ICHS	1:04.19	10	DuBois, Mariah	8 ICHS	1:18.92
1	Nunziata, Lucy	JR SBS	1:09.24	Heat 5 of 6 Finals Starts at 03:48 PM				Heat 4 of 6 Finals Starts at 03:56 PM			
2	Dalton, Jade	SO NSA-VA	1:05.63	1	Salter, Jonathan	SO ICHS	59.12	1	Roush, Jessa	SR NOCO-VA	1:10.91
3	Granger, Bermuda	JR NOCO-VA	1:02.95	2	Halisky, Liam	SO SST	58.86	2	DiBlasi, Isabelle	JR FCS-VA	1:10.44
4	Bauer, Kaitlyn	SR VES-VA	1:00.32	3	Cole, Carter	JR TCSI-VA	57.56	3	Haggerty, Moira	SR SST	X1:09.80
5	Carter, Madisyn	SO HHST-VA	1:00.07	4	Borneman, Joseph	SO SST	57.24	4	Bowlin, Ainsley	8 STEW-VA	1:09.30
6	Condon, Clara	SO SST	1:00.23	5	Granados Argul, Pablo	JR CCS-VA	56.15	5	Blevins, Hannah	FR FCS-VA	1:09.19
7	Ellis, Hannah	8 FCS-VA	1:02.29	6	Nguyen, Drew	SO SST	56.37	6	Harrison, Kate	SR STEW-VA	1:09.27
8	Frost, Eve	FR SBS	1:04.10	7	Thibeault, Jacob	SR WA-VA	57.50	7	Harrison, Meg	SO STEW-VA	1:09.37
9	McCourt, Lauren	SO WA-VA	1:08.75	8	Caisse, Finley	FR CCS-VA	58.29	8	Nguyen, Suzie	SO CCS-VA	1:10.00
10	Hutchinson, Paige	JR TCS-VA	1:09.56	9	Koehr, Connor	SO SST	X58.99	9	Myers, Christy	JR FCS-VA	1:10.75
#13 Boys 100 Yard Freestyle				10	Fioramonti, Mick	JR SST	X1:01.05	10	Fannin, Abbi	SO CCS-VA	1:12.62
VISAA D-II: 48.12 2022 Jackson Kiland				Heat 6 of 6 Finals Starts at 03:49 PM				Heat 5 of 6 Finals Starts at 03:57 PM			
22 VISAA QT: 53.09				1	Wall, John	SO HMA-VA	55.51	1	Heth, Rachel	SR FCS-VA	1:08.36
SST Record: 45.67 2010 S. J. Hill				2	Brox, JJ	SR SST	X54.84	2	Mantooth, Kateri	SR SST	1:05.36
Lane	Name	Yr School	Seed Time	3	Knewtonson, Jack	JR FCS-VA	52.99	3	Brox, Elodie	SO SST	1:03.90
Heat 1 of 6 Finals Starts at 03:41 PM				4	Hottle, Davis	SO VES-VA	51.04	4	Henry, Page	SR NSA-VA	1:03.33
2	Willette, Elijah	SO HMA-VA	1:31.38	5	Wolf, Joshua	JR ICHS	49.33	5	Stambaugh, Cami	SR NSA-VA	1:01.64
3	Paschold, Will	SO CCS-VA	1:30.76	6	Kim, Justin	JR TCSI-VA	50.91	6	Zorriketa Arteta, Olatz	JR CCS-VA	1:03.28
4	Menorca, Sam	8t VCA-VA	1:27.92	7	Stauffer, Carl	SO HRA-VA	51.88	7	Owens, Bailey	JR STEW-VA	1:03.84
5	Toledo, Daniel	JR VCA-VA	1:25.07	8	Weiss, Braeden	SR TCS-VA	53.94	8	Wood, Savannah	FR TCS-VA	1:05.22
6	White, Ryan	FR HRA-VA	1:25.18	9	Gustafson, Cole	SR TCS-VA	55.38	9	Powell, Ella	8 WA-VA	1:07.51
7	White, Aidan	SR HMA-VA	1:29.32	10	Thomas, Cooper	SR STEW-VA	55.68	10	Cobos, Jone	SO NSA-VA	1:08.83
8	Sendon, Andrew	8t VCA-VA	1:31.28	#14 Girls 100 Yard Freestyle				Heat 6 of 6 Finals Starts at 03:58 PM			
9	Obayawat, Danny	SO WCA-VA	1:41.70	VISAA D-II: 51.95 2011 Gabrielle Bishop				1	Call, Kenzie	SR NSA-VA	1:01.22
Heat 2 of 6 Finals Starts at 03:43 PM				22 VISAA QT: 59.70				2	Phillips, Chloe	8 WA-VA	1:00.00
1	Pitner, Samuel	8 FCS-VA	X1:18.85	SST Record: 52.05 2018 A. Kenna				3	Fenton, Frances	SO VES-VA	58.93
2	Shofi, Luke	FR FCS-VA	1:12.30	Lane	Name	Yr School	Seed Time	4	McCardle, Reese	MSA-VA	57.99
3	Lehr, Brandon	SR FVCS-VA	1:12.23	Heat 1 of 6 Finals Starts at 03:50 PM				5	Paradise, Stella	JR SST	55.76
4	Valenzuela, David	SR TCSI-VA	1:11.34	3	Morgan, Kaylee	8 STEW-VA	X1:37.80	6	Rosen, Addy	SR NOCO-VA	56.04
5	Burgess, Grey	FR ICHS	X1:08.84	4	Campbell, Emma	SR FCS-VA	X1:36.01	7	Pennefather, Mary	SR SST	58.39
6	Powell, Joshua	JR WCA-VA	1:11.08	5	Broady, Samantha	SO WA-VA	1:33.48	8	VanVelzor, Hannah	SO CCS-VA	59.05
7	Berling, Tom	SR STEW-VA	1:11.68	6	Kurschat, Anna	SO WCA-VA	1:35.00	9	Chang, Catherine	SR HRA-VA	1:01.03
8	Volk, Jimmy	SR FCS-VA	1:12.23	7	Dean, Malise	SO FVCS-VA	1:36.92	10	Shumate, Kate	8 ICHS	1:01.38
9	Chirichetti, Christian	8 TCS-VA	1:17.54	8	Lambert, Olivia	8t VCA-VA	1:43.72	#15 Boys 500 Yard Freestyle			
10	Meyers, Nicholas	SR HMA-VA	1:24.69	Heat 2 of 6 Finals Starts at 03:52 PM				VISAA D-II: 4:49.35 2022 Bryce Rouzie			
Heat 3 of 6 Finals Starts at 03:45 PM				1	Secord, Kaitlyn	8t VCA-VA	1:29.77	22 VISAA QT: 5:41.90			
1	Hartgerink, Brett	SR NSA-VA	1:07.17	2	Freidline, Alyssa	SO FVCS-VA	1:24.21	SST Record: 4:27.19 2010 S.J. Hill			
2	Levia, Sergi	SO NSA-VA	1:06.95	3	Allman, Abigail	SO ICHS	1:22.10	Lane	Name	Yr School	Seed Time
3	Arney, Taylor	8 HHST-VA	1:06.00	4	Tritel, Luciana	FR TCS-VA	1:20.78	Heat 1 of 2 Finals Starts at 04:00 PM			
4	Hotte, Blaise	SO NSA-VA	1:04.69	5	Schott, Morgan	SR WA-VA	1:19.52	3	White, Liam	FR ICHS	8:54.60
5	Doherty, Jake	FR HRA-VA	1:04.20	6	Johnson, Lindsey	SO ICHS	1:20.12	4	Holvenstot, Jack	8 ICHS	7:07.15
6	Govender, Mahaan	SR CCS-VA	X1:04.33	7	Kolbrener, Lilian	MSA-VA	1:20.99	5	Sokban, Daniel	8 SST	X6:41.38
7	Capallera Granja, Marco	SO CCS-VA	1:05.95	8	Shepard, Sarah	8 FCS-VA	X1:22.30	6	Sicks, Campbell	SR TCSI-VA	6:53.19
8	Powell, Isaac	8 WCA-VA	1:06.61	9	Zhu, Emma	FR VES-VA	1:27.58	7	Vorontsov, Alex	8 HMA-VA	8:31.46
9	Ryan, Nathan	8 FCS-VA	1:07.02	10	Swift, Evelyn	8 WILD	1:30.91				
10	Long, Sebastian	SR VCA-VA	1:08.60								

17th Annual VISAA Division II Invitational - 2/4/2023

Meet Program - VISAA DivII Swimming Finals

Heat 2 (#15 Boys 500 Yard Freestyle)

1	Starr, Taylor	FR TCS-VA	6:33.25
2	Sokban, William	SO SST	6:20.12
3	Brox, Michael	SO SST	6:16.32
4	Yancey, Ben	SO TCSI-VA	5:47.30
5	Charlton, Will	FR TCS-VA	4:48.64
6	Robinson, Andrew	SO WA-VA	5:36.54
7	Self, Tavish	SO WILD	5:49.23
8	Fulkerson, McCallum	SR TCS-VA	6:17.14
9	Konstanty, Peter	JR SST	6:25.78
10	Judge, Dominic	8 SST	6:37.17

#16 Girls 500 Yard Freestyle

VISAA D-II: 5:02.80 2018 Allison Langenburg

22 VISAA QT: 5:58.88

SST Record: 5:06.98 1999 K. Shipko

Lane	Name	Yr School	Seed Time
Heat 1 of 2 Finals Starts at 04:16 PM			
3	Currey, Agnes	FR ICHS	8:19.71
4	Johnston, Violet	SR NSA-VA	7:29.95
5	Cunningham, Lucy	SO SST	7:05.47
6	Waltz, Elizabeth	SR FVCS-VA	7:19.23
7	Clark, Olivia	SO WA-VA	7:30.00

Heat 2 of 2 Finals Starts at 04:24 PM			
1	Prokopik, Jamison	JR HRA-VA	6:54.74
2	Kay, Philomena	8 SST	6:34.54
3	Hutchinson, Paige	JR TCS-VA	6:21.73
4	Owens, Bailey	JR STEW-VA	5:41.00
5	Bauer, Kaitlyn	SR VES-VA	5:08.47
6	Compton, Ashley	JR STEW-VA	5:20.39
7	McCourt, Lauren	SO WA-VA	5:49.58
8	Detwiler, Addison	SO HRA-VA	6:25.23
9	Garvey, Anastasia	FR SST	6:41.09
10	Halisky, Amelie	SR SST	6:55.47

#17 Boys 200 Yard Freestyle Relay

VISAA D-II: 1:30.82 2015 Hampton Roads Academi

A Ebel, M Christou, N Schoenig, J Rento

22 VISAA QT: 1:43.26

SST Record: 1:30.07 2010 Hill, Koehr, Cook, Basing

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals Starts at 04:31 PM			
4	HMA-VA	B	2:27.70
	Classen, John SO	Lu, Zachary 8	
	Bradley, Jake 8	Gaddy, Charles FR	
5	FCS-VA	B	2:02.25
	Rvan, Nathan 8	Shofi, Luke FR	
	Volk, Jimmy SR	DiBlasi, John-Parker FR	
6	VCA-VA	A	2:19.77
	Long, Sebastian SR	Menorca, Sam 8t	
	Sendon, Andrew 8t	Toledo, Daniel JR	

Heat 2 of 3 Finals Starts at 04:34 PM			
1	HMA-VA	A	1:57.58
	Yang, Stephen IR	Duff, Nathaniel SR	
	Hooper, Archie SO	Hudson, Kelsten SO	
2	ICHS	B	1:55.01
	Currev, Scott IR	Taylor, Scott SO	
	Morillo, Caleb FR	Gade, William FR	
3	WCA-VA	A	1:53.73
	Powell, Isaac 8	Powell, Joshua JR	
	Husband, Vince 8	Kulwikowski, Alex FR	
4	STEW-VA	A	1:49.61
	Tyler, Cole SR	Raffenot, Julian SR	
	Berling, Tom SR	Carter, Riley	
5	TCSI-VA	B	1:45.23
6	ICHS	A	1:45.88
	Priebus, Jack SR	Gade, Tyler FR	
	Fiala, Caleb 8	Salter, Jonathan SO	
7	CCS-VA	B	1:52.20
	Suarez Escobedo, Alfonso S	Govender, Mahaan SR	
	Capallera Granja, Marco SO	Smiley, Owen SO	
8	VRTS-VA	A	1:53.82
	Davis, Wells 8	Meyer, Joseph FR	
	Atkinson, Will 8	Stiles, Karsten FR	
9	WILD	A	1:56.78
	Whittaker, Fisher 8	Partin, Matthew SO	
	Coates, Daniel FR	Self, Ronan SR	
10	NSA-VA	A	1:58.25
	Gonzalez, Hugo SO	Levia, Sergi SO	
	Pillsbury, Ryan SO	Maples, Jameson SO	

Heat 3 of 3 Finals Starts at 04:36 PM			
1	SST	B	1:43.24
	Dealey, Ioev SR	Mantooth, Luke JR	
	Sokban, Daniel 8	Borneman, Joseph SO	
2	HRA-VA	A	1:42.27
	Stauffer, Carl SO	Cherry, Ryan JR	
	Doherty, Jake FR	Cook, Carter JR	
3	WA-VA	A	1:39.85
	Hafi, Broc 8	Thibeault, Jacob SR	
	Robinson, Andrew SO	Cox, Brody SO	
4	SST	A	1:39.11
	Brox, Michael SO	Hudson, David JR	
	Brox, JJ SR	Halisky, Liam SO	
5	TCSI-VA	A	1:36.47
6	TCS-VA	A	1:38.59
	Weiss, Cooper IR	Starr, Taylor FR	
	Fulkerson, McCallum SR	Gustafson, Cole SR	
7	CCS-VA	A	1:39.69
	Caisse, Finley FR	Parks, Avery SO	
	Hinton, Harrison FR	Granados Argul, Pablo JR	
8	VES-VA	A	1:40.16
	Fenton, Thomas IR	Hottle, Davis SO	
	Wang, Kevin SO		
9	FCS-VA	A	1:42.55
	Howell, Luke SO	Ross, Andrew 8	
	Salafia, Luca FR	Knewtson, Jack JR	
10	TCS-VA	B	1:45.00

#18 Girls 200 Yard Freestyle Relay

VISAA D-II: 1:43.09 2017 Hampton Roads Academi

N Shuford, M Christou, W Hager, B Keating

22 VISAA QT: 1:58.53

SST Record: 1:40.05 2010 Doonis, Rogers, Talbott, J

Lane	Team	Relay	Seed Time
Heat 1 of 3 Finals Starts at 04:38 PM			
4	VCA-VA	A	2:38.34
	Secord, Kaitlyn 8t	Lambert, Olivia 8t	
	Perdomo, Gabriela SO	Miller, Gloria 8t	
5	WCA-VA	A	2:24.08
	Muro, Daniela IR	Kurschat, Anna SO	
	Tares, Joana SO	Cadden, Caroline JR	
6	ICHS	B	2:24.53
	Doran, Catalina IR	Taylor, Grace 8	
	Johnson, Lindsey SO	DuBois, Mariah 8	

Heat 2 of 3 Finals Starts at 04:41 PM			
1	CCS-VA	B	2:17.38
	Fannin, Abbi SO	Bracken, Michelle SR	
	Ordonez Hilton, Pilar SO	Sears, Cheyenne SO	
2	WILD	A	2:13.44
	Taylor, Keegan SO	Swift, Evelyn 8	
	Simms, Dakota SR	Marr, Nora 8	
3	MSA-VA	A	2:10.99
	Kellev, Katie	Amos, Lillian	
	McCardle, Reese	Strandquist, Lucy	
4	NSA-VA	B	2:04.00
	Noel, Leah SO	Miller, Isabella SO	
	Crystal, Abby FR	Manthey, Alyssa SO	
5	STEW-VA	A	2:01.64
	Owens, Bailey IR	Harrison, Kate SR	
	Bowlin, Ainsley 8	Callis, Amelia SR	
6	FCS-VA	B	2:02.95
	Howell, Katherine 8	Sebero, Emmah FR	
	Myers, Christy JR	DiBlasi, Isabelle JR	
7	TCS-VA	B	2:10.00
8	WA-VA	A	2:12.82
	Phillips, Claire IR	Blinn, Kate 8	
	Jefferson, Sydney 8	Sanford, Audrey 8	
9	WA-VA	B	2:14.02
	Broady, Samantha SO	Kerr, Anna SR	
	Digges, Kate SR	Blinn, Mary SR	

17th Annual VISAA Division II Invitational - 2/4/2023

Meet Program - VISAA DivII Swimming Finals

Heat 3 (#18 Girls 200 Yard Freestyle Relay)

1	SST	B	1:56.73
	Fifield, Haley SO	Bingham, Lucia SO	
	Halisky, Amelie SR	Mantooth, Kateri SR	
2	NSA-VA	A	1:54.90
	Henrv, Page SR	Jenkins, Morgan JR	
	Stambaugh, Cami SR	Dalton, Jade SO	
3	CCS-VA	A	1:54.62
	Nguen, Suzie SO	Kiland, Izzy SR	
	Zorriketa Arteta, Olatz JR	VanVelzor, Hannah SO	
4	HRA-VA	A	1:52.50
	Prokodik, Jamison IR	Chang, Catherine SR	
	Detwiler, Addison SO	Chang, Josephine SO	
5	VES-VA	A	1:45.83
	Fenton, Frances SO	Zhu, Emma FR	
	Falwell, Caroline SR	Bauer, Kaitlyn SR	
6	SST	A	1:51.34
	Brox, Elodie SO	Kay, Philomena 8	
	Condon, Clara SO	Pennefather, Mary SR	
7	TCS-VA	A	1:54.30
	Iones, Cambria IR	Wood, Savannah FR	
	Hutchinson, Paige JR	Scherer, Anne FR	
8	NOCO-VA	A	1:54.71
	Granger, Bermuda IR	Beachy, Kiana JR	
	Roush, Jessa SR	Rosen, Addy SR	
9	FCS-VA	A	1:55.01
	Roberson, Emma FR	Ryan, Gabriella FR	
	Baroody, Isabel FR	Ellis, Hannah 8	
10	ICHS	A	2:01.16
	DeWitte, Katie IR	Allman, Abigail SO	
	Myers, Lydia 8	Shumate, Kate 8	

#19 Boys 100 Yard Backstroke

VISAA D-II:	49.93 2022	Joshua Fisher	
22 VISAA QT:	1:02.90		
SST Record:	51.48 2006	K. Koehr	
Lane	Name	Yr School	Seed Time
Heat 1 of 5 Finals Starts at 05:01 PM			
4	Skaredoff, Brandon	8t VCA-VA	NT
5	Francis, Andrew	SR HMA-VA	2:17.35
6	Willette, Elijah	SO HMA-VA	2:19.22
Heat 2 of 5 Finals Starts at 05:04 PM			
1	Alexander, Dax	SO HMA-VA	2:08.95
2	Starkey, Malakai	8t VCA-VA	1:45.61
3	Updike, Spencer	JR FCS-VA	1:40.00
4	Coates, Daniel	FR WILD	1:31.93
5	Sullivan, Connor	JR WCA-VA	1:27.69
6	Valenzuela, David	SR TCSI-VA	1:28.14
7	Partin, Matthew	SO WILD	1:35.44
8	Pitner, Samuel	8 FCS-VA	1:43.70
9	Misiano, Thomas	SR FCS-VA	1:49.34
Heat 3 of 5 Finals Starts at 05:07 PM			
1	Gonzalez, Hugo	SO NSA-VA	1:26.82
2	Abidin, Christian	JR TCSI-VA	1:25.18
3	Suarez Escobedo, Alfonso	SO CCS-VA	1:20.00
4	Kulwikowski, Alex	FR WCA-VA	1:16.82
5	Anderson, Brenton	8 ICHS	1:15.29
6	Eisenhart, Alex	SO NSA-VA	1:16.38
7	Walton, Isaiah	FR HMA-VA	1:19.02
8	Schiller-Jensen, Elijah	8 ICHS	X1:21.30
9	Slattery, Jacob	SR NSA-VA	1:26.32
10	Lehr, Brandon	SR FVCS-VA	1:27.50

Heat 4 of 5 Finals Starts at 05:09 PM

1	Davis, Wells	8 VRTS-VA	1:09.27
2	Goede, Noah	8 ICHS	1:07.57
3	Caisse, Finley	FR CCS-VA	1:06.17
4	DeFeo, Preston	8 NSA-VA	1:05.25
5	Cherry, Ryan	JR HRA-VA	1:04.90
6	Fioramonti, Mick	JR SST	1:04.91
7	Liddy, Will	FR FVCS-VA	1:05.63
8	Wilson, Max	SO SST	1:06.72
9	Sproull, Jeffrey	STEW-VA	1:07.89
10	Gade, William	FR ICHS	1:12.85
Heat 5 of 5 Finals Starts at 05:11 PM			
1	Stiles, Karsten	FR VRTS-VA	1:04.65
2	Cox, Brody	SO WA-VA	1:01.76
3	Weiss, Cooper	JR TCS-VA	59.13
4	Martinez, Lionel	8 SST	58.06
5	Fisher, Joshua	SR VRTS-VA	49.60
6	Wolf, Joshua	JR ICHS	57.79
7	Yun, Noah	FR TCSI-VA	58.41
8	Cullaty, Owen	FR TCS-VA	59.84
9	Koehr, Connor	SO SST	1:03.93
10	Self, Ronan	SR WILD	1:04.69

#20 Girls 100 Yard Backstroke

VISAA D-II:	57.30 2016	Reni Moshos
22 VISAA QT:	1:06.85	
SST Record:	55.62 2018	A. Kenna

Lane	Name	Yr School	Seed Time
Heat 1 of 5 Finals Starts at 05:13 PM			
4	Perdomo, Gabriela	SO VCA-VA	2:04.08
5	Muro, Daniela	JR WCA-VA	2:01.00
6	Simms, Dakota	SR WILD	2:04.06
Heat 2 of 5 Finals Starts at 05:16 PM			
2	Dean, Malise	SO FVCS-VA	1:54.44
3	Blevins, Colby	FR FCS-VA	X1:33.21
4	Jefferson, Sydney	8 WA-VA	1:31.34
5	Kelley, Katie	MSA-VA	1:26.99
6	Freidline, Alyssa	SO FVCS-VA	1:29.54
7	Meadows, Morgan	8 FCS-VA	1:32.32
8	Cadden, Caroline	JR WCA-VA	1:36.97
9	Digges, Kate	SR WA-VA	1:54.52
Heat 3 of 5 Finals Starts at 05:19 PM			
1	Miller, Isabella	SO NSA-VA	1:25.29
2	Roush, Jessa	SR NOCO-VA	1:23.99
3	Anderson, Sarah	SO ICHS	1:23.07
4	Meadows, Payton	JR FCS-VA	1:21.48
5	Moore, Kate	JR NSA-VA	1:19.76
6	Chirichetti, Tess	SO TCS-VA	1:20.11
7	Noel, Leah	SO NSA-VA	1:22.63
8	Hulse, Abby	8 FVCS-VA	1:23.73
9	Nguyen, Suzie	SO CCS-VA	1:25.00
10	Hurley, Mary Catherine	SO SST	X1:26.24

Heat 4 of 5 Finals Starts at 05:21 PM

1	Fannin, Abbi	SO CCS-VA	1:18.00
2	Myers, Lydia	8 ICHS	1:15.77
3	Howell, Katherine	8 FCS-VA	1:14.69
4	Halisky, Amelie	SR SST	1:13.67
5	Roberson, Emma	FR FCS-VA	1:10.50
6	Phillips, Chloe	8 WA-VA	1:13.55
7	Jones, Cambria	JR TCS-VA	1:14.42
8	Pruitt, Megan	SR WA-VA	1:15.00
9	Harrison, Meg	SO STEW-VA	1:16.62
10	Cunningham, Lucy	SO SST	1:18.70
Heat 5 of 5 Finals Starts at 05:23 PM			
1	Dawson, Lina	SO STEW-VA	1:07.96
2	Dalton, Jade	SO NSA-VA	1:06.16
3	Granger, Bermuda	JR NOCO-VA	1:03.71
4	Compton, Ashley	JR STEW-VA	1:02.85
5	Gibbons, Delaney	SR WCA-VA	1:01.84
6	Aldeguer, Ariana	8 SST	1:02.33
7	Carter, Madisyn	SO HHST-VA	1:03.59
8	Scherer, Anne	FR TCS-VA	1:04.63
9	Chang, Josephine	SO HRA-VA	1:07.91
10	Fifield, Haley	SO SST	1:09.29

#21 Boys 100 Yard Breaststroke

VISAA D-II:	56.34 2020	Noah Nichols
22 VISAA QT:	1:08.79	
SST Record:	58.53 2007	N. Cook

Lane	Name	Yr School	Seed Time
Heat 1 of 5 Finals Starts at 05:25 PM			
2	Bradley, Jake	8 HMA-VA	2:00.00
3	Obayawat, Danny	SO WCA-VA	1:44.11
4	Arney, Taylor	8 HHST-VA	1:36.93
5	Gill, Herman	FR CCS-VA	1:35.40
6	Murray, Jarod	SO HRA-VA	1:36.01
7	Wadsworth, Isaac	FR HMA-VA	1:39.04
8	O'Hallarn, Gene	8 WA-VA	1:54.90
Heat 2 of 5 Finals Starts at 05:27 PM			
1	Cheng, Jerry	MSA-VA	1:34.99
2	Pillsbury, Ryan	SO NSA-VA	1:32.90
3	Sullivan, Connor	JR WCA-VA	1:31.65
4	Whittaker, Fisher	8 WILD	1:29.68
5	Duff, Nathaniel	SR HMA-VA	1:27.73
6	Krebs, Zachary	FR WCA-VA	1:28.09
7	Fisher, Caleb	8 VRTS-VA	1:31.07
8	Maples, Jameson	SO NSA-VA	1:32.35
9	Atkinson, Will	8 VRTS-VA	1:34.47
10	Li, Kevin	SR NSA-VA	1:35.35
Heat 3 of 5 Finals Starts at 05:29 PM			
1	Bauer, Greg	FR SST	X1:23.32
2	Doherty, Jake	FR HRA-VA	1:21.70
3	Dealey, Joey	SR SST	1:19.69
4	Meyer, Joseph	FR VRTS-VA	1:18.92
5	Wang, Kevin	SO VES-VA	1:17.63
6	Wilson, Max	SO SST	1:18.23
7	Carter, Riley	STEW-VA	1:19.53
8	Hartgerink, Brett	SR NSA-VA	1:19.98
9	Tyler, Cole	SR STEW-VA	X1:23.02
10	Lam, Micah	8 ICHS	1:25.34

17th Annual VISAA Division II Invitational - 2/4/2023

Meet Program - VISAA DivII Swimming Finals

Heat 4 (#21 Boys 100 Yard Breaststroke)

1	Self, Tavish	SO WILD	1:16.48
2	Mantooth, Luke	JR SST	1:15.57
3	Wang, Luke	JR TCSI-VA	1:14.88
4	Bouchard, Brendan	SR WA-VA	1:13.29
5	Thomas, Cooper	SR STEW-VA	1:11.19
6	Hamil, Logan	JR TCS-VA	1:11.41
7	Fiala, Caleb	8 ICHS	1:13.62
8	Sicks, Campbell	SR TCSI-VA	1:15.47
9	Morillo, Caleb	FR ICHS	1:16.37
10	Wall, John	SO HMA-VA	1:16.66

Heat 5 of 5 Finals Starts at 05:32 PM

1	Liddy, Max	FR FVCS-VA	1:06.99
2	Wolf, Moses	8 ICHS	1:06.55
3	Wang, Yihan	SR STEW-VA	1:06.43
4	Sproull, Emory	SR STEW-VA	1:04.54
5	Fenton, Thomas	JR VES-VA	1:00.72
6	Stauffer, Carl	SO HRA-VA	1:01.30
7	Kim, Justin	JR TCSI-VA	1:05.10
8	Brox, JJ	SR SST	1:06.53
9	Parks, Avery	SO CCS-VA	1:06.72
10	Haf, Broc	8 WA-VA	1:08.31

#22 Girls 100 Yard Breaststroke

VISAA D-II: 1:05.26 2021 Molly Blanchard
 22 VISAA QT: 1:16.38
 SST Record: 1:05.77 2022 A. Testani

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals Starts at 05:34 PM

1	Broadly, Samantha	SO WA-VA	2:00.00
2	Lloyd, Bella	SO FVCS-VA	1:54.38
3	Miller, Gloria	8t VCA-VA	1:50.01
4	Doran, Catalina	JR ICHS	1:46.50
5	Waltz, Elizabeth	SR FVCS-VA	1:39.27
6	Kurschat, Anna	SO WCA-VA	1:41.67
7	Harding, Reagan	SO CCS-VA	1:48.36
8	Currey, Agnes	FR ICHS	1:53.02
9	Peters, Aria	SO FCS-VA	1:55.00
10	Lambert, Olivia	8t VCA-VA	2:11.28

Heat 2 of 4 Finals Starts at 05:36 PM

1	Johnston, Violet	SR NSA-VA	1:36.22
2	DeWitte, Katie	JR ICHS	1:33.20
3	Bruce, Tyra	8 WCA-VA	1:32.76
4	Murphy, Clara	SR NOCO-VA	1:31.51
5	Crystal, Abby	FR NSA-VA	1:30.46
6	Callis, Amelia	SR STEW-VA	1:31.17
7	Taylor, Keegan	SO WILD	1:32.59
8	Kerr, Anna	SR WA-VA	1:32.98
9	Kolbrener, Lilian	MSA-VA	1:34.99
10	Green, Carys	FR TCS-VA	1:38.23

Heat 3 of 4 Finals Starts at 05:38 PM

1	Harrison, Kate	SR STEW-VA	1:29.38
2	Sebero, Emmah	FR FCS-VA	1:28.36
3	Ryan, Gabriella	FR FCS-VA	1:26.06
4	Beachy, Kiana	JR NOCO-VA	1:20.62
5	Brox, Elodie	SO SST	1:19.49
6	Blinn, Mary	SR WA-VA	1:20.28
7	Jenkins, Morgan	JR NSA-VA	1:24.73
8	Johnson, Lindsey	SO ICHS	1:26.34
9	Gunderson, Audrey	FR STEW-VA	1:28.79
10	Grzybowski, Claire	8 HRA-VA	1:29.95

Heat 4 of 4 Finals Starts at 05:40 PM

1	Fahrenkrog, Olivia	JR STEW-VA	1:18.81
2	Manthey, Alyssa	SO NSA-VA	1:17.53
3	Ellis, Hannah	8 FCS-VA	1:12.80
4	Scherer, Anne	FR TCS-VA	1:12.52
5	Condon, Clara	SO SST	1:07.53
6	Fenton, Frances	SO VES-VA	1:08.30
7	Falwell, Caroline	SR VES-VA	1:12.57
8	Chang, Catherine	SR HRA-VA	1:17.40
9	Kiland, Izzy	SR CCS-VA	1:18.13
10	Waldron, Rose	SO SST	1:19.05

#23 Boys 400 Yard Freestyle Relay

VISAA D-II: 3:21.40 2019 Hampton Roads Academ

B Rouzie, H Muench, A Cronin, C Muench

22 VISAA QT: 3:59.45

SST Record: 3:17.05 2010 Hill, Cook, Dunn, Basing

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals Starts at 05:42 PM

2	HMA-VA	B	4:45.83
	Vorontsov, Alex 8	Walton, Isaiah FR	
	Meyers, Nicholas SR	Classes, John SO	
3	NSA-VA	B	4:32.35
	Levia, Sergi SO	Eisenhart, Alex SO	
	Gonzalez, Hugo SO	Slattery, Jacob SR	
4	ICHS	B	4:15.57
	Rutkowski, Juan IR	Gade, William FR	
	Priebus, Jack SR	Goede, Noah 8	
5	HMA-VA	A	4:03.08
	Dvkstra, Aiden SR	Hudson, Kelsten SO	
	Yang, Stephen JR	Souza, Patrick SO	
6	WCA-VA	A	4:05.62
	Kulwikowski, Anthony IR	Powell, Isaac 8	
	Husband, Vince 8	LaChance, Leonidas FR	
7	NSA-VA	A	4:16.87
	Hotte, Blaise SO	DeFeo, Preston 8	
	Hartgerink, Brett SR	Sacchi, Tomy SO	
8	FCS-VA	B	4:39.57
	Ross, Andrew 8	Shofi, Luke FR	
	Volk, Jimmy SR	Ryan, Nathan 8	
9	CCS-VA	A	5:09.18
	Hinton, Harrison FR	Burke, Joseph JR	
	Paschold, Will SO	Balaguer Soler, Guillem SO	

Heat 2 of 2 Finals Starts at 05:48 PM

1	SST	B	3:57.67
	Borneman, Joseph SO	Konstanty, Peter JR	
	Wilson, Max SO	Koehr, Connor SO	
2	FCS-VA	A	3:52.13
	Howell, Luke SO	DiBlasi, John-Parker FR	
	Salafia, Luca FR	Knewtson, Jack JR	
3	TCS-VA	A	3:45.04
	Cullaty, Owen FR	Hamil, Logan JR	
	Weiss, Braeden SR	Charlton, Will FR	
4	SST	A	3:37.80
	Wilson, Ioe SR	Brox, Michael SO	
	Nguyen, Drew SO	Martinez, Lionel 8	
5	ICHS	A	3:34.77
	Wolf, Caleb IR	Fiala, Caleb 8	
	Wolf, Moses 8	Wolf, Joshua JR	
6	TCSI-VA	A	3:35.12
7	STEW-VA	A	3:39.36
	Wang, Yihan SR	Sproull, Jeffrey	
	Thomas, Cooper SR	Sproull, Emory SR	
8	WA-VA	A	3:51.26
	Robinson, Andrew SO	Bouchard, Brendan SR	
	Powell, Joshua JR	Cox, Brody SO	
9	TCSI-VA	B	3:54.23
10	TCS-VA	B	4:00.00

#24 Girls 400 Yard Freestyle Relay

VISAA D-II: 3:42.57 2018 Hampton Roads Academ

C Slate, B Keating, E Payne, M Rouzie

22 VISAA QT: 4:38.24

SST Record: 3:40.51 2010 DoonisRogers,Claybroo

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals Starts at 05:52 PM

3	ICHS	A	5:35.26
	Anderson, Sarah SO	Doran, Catalina JR	
	Currey, Agnes FR	Allman, Abigail SO	
4	TCS-VA	B	5:20.00
5	FVCS-VA	A	4:53.02
	Hulse, Abby 8	Waltz, Elizabeth SR	
	Donahoo, Jane 8	Waltz, Rebekah FR	
6	TCS-VA	A	5:08.23
	Tritel, Luciana FR	Green, Carys FR	
	Chirichetti, Tess SO	Alimard, Ariana SR	
7	NSA-VA	B	5:33.65
	Conrod, Katherine SO	Moore, Kate JR	
	Dellinger, Wesley SO	Johnston, Violet SR	
8	NSA-VA	A	NT
	Henry, Page SR	Dalton, Jade SO	
	Jenkins, Morgan JR	Call, Kenzie SR	

17th Annual VISAA Division II Invitational - 2/4/2023

Meet Program - VISAA DivII Swimming Finals

Heat 2 (#24 Girls 400 Yard Freestyle Relay)

1	FCS-VA	B	4:40.41
	DiBlasi, Isabelle IR	Meadows, Payton JR	
	Blevins, Hannah FR	Myers, Christy JR	
2	WA-VA	B	4:37.74
	Sanford, Audrev 8	Clark, Olivia SO	
	Jefferson, Sydney 8	Kerr, Anna SR	
3	SST	B	4:25.04
	Garvey, Anastasia FR	Halisky, Amelie SR	
	Kay, Philomena 8	Mantooth, Kateri SR	
4	FCS-VA	A	4:16.52
	Howell, Katherine 8	Heth, Rachel SR	
	Roberson, Emma FR	Baroody, Isabel FR	
5	SST	A	3:50.91
	Aldeguer, Ariana 8	Paradise, Stella JR	
	Gibbons, Maggie JR	Pennefather, Mary SR	
6	STEW-VA	A	4:00.91
	Dawson, Lina SO	Fahrenkrog, Olivia JR	
	Owens, Bailey JR	Compton, Ashley JR	
7	NOCO-VA	A	4:18.38
	Granger, Bermuda IR	Beachy, Kiana JR	
	Roush, Jessa SR	Rosen, Addy SR	
8	WA-VA	A	4:30.47
	Phillips, Chloe 8	Schott, Morgan SR	
	Pruitt, Megan SR	McCourt, Lauren SO	
9	MSA-VA	A	4:39.99
	Kellev, Katie	Kolbrener, Lilian	
	McCardle, Reese	Shahar Charnuha, Reut	
10	WCA-VA	A	4:41.30
	Bruce, Tvra 8	Kraus, Elaina 8	
	Gibbons, Delaney SR	Tares, Joana SO	