

**2023 NoVa Catholic Invitational Championship - 1/21/2023****Session Report**

Session: 1 NoVa Catholic Champs Diving

Day of Meet: 1 Starts at 11:15 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	9 Boys 1 mtr Diving	14	1	11:15 AM	_____
Finals	10 Girls 1 mtr Diving	17	1	11:58 AM	_____
	Swimmers Counts for Warm-ups: 31	=====	=====		
	Entry / Heat Totals:	31	2		
	Finish Time			12:49 PM	_____

Session: 2 NoVa Catholic Champs Swimming

Day of Meet: 1 Starts at 02:10 PM Heat Interval: 20 Seconds / Back +4 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Boys 200 Medley Relay	22	3	02:10 PM	_____
Finals	2 Girls 200 Medley Relay	34	4	02:19 PM	_____
Finals	3 Boys 200 Freestyle	20	2	02:31 PM	_____
Finals	4 Girls 200 Freestyle	29	3	02:37 PM	_____
Finals	5 Boys 200 IM	17	2	02:46 PM	_____
Finals	6 Girls 200 IM	24	3	02:52 PM	_____
	Break: 2 Minutes: TV Timeout for Results				
Finals	7 Boys 50 Freestyle	58	6	03:04 PM	_____
Finals	8 Girls 50 Freestyle	107	11	03:09 PM	_____
Finals	11 Boys 100 Butterfly	26	3	03:19 PM	_____
Finals	12 Girls 100 Butterfly	50	5	03:24 PM	_____
Finals	13 Boys 100 Freestyle	43	5	03:34 PM	_____
Finals	14 Girls 100 Freestyle	57	6	03:42 PM	_____
	Break: 2 Minutes: TV Timeout for Results				
Finals	15 Boys 500 Freestyle	18	2	03:54 PM	_____
Finals	16 Girls 500 Freestyle	26	3	04:08 PM	_____
Finals	17 Boys 200 Freestyle Relay	20	2	04:33 PM	_____
Finals	18 Girls 200 Freestyle Relay	33	4	04:39 PM	_____
Finals	19 Boys 100 Backstroke	25	3	04:51 PM	_____
Finals	20 Girls 100 Backstroke	40	4	04:57 PM	_____
	Break: 2 Minutes: TV Timeout for Results				
Finals	21 Boys 100 Breaststroke	28	3	05:07 PM	_____
Finals	22 Girls 100 Breaststroke	49	5	05:13 PM	_____
Finals	23 Boys 400 Freestyle Relay	12	2	05:23 PM	_____
Finals	24 Girls 400 Freestyle Relay	19	2	05:33 PM	_____
	Break: 5 Minutes: Trophy Presentation				
	Swimmers Counts for Warm-ups: 324	=====	=====		
	Entry / Heat Totals:	757	83		
	Finish Time			05:48 PM	_____