

2023 NoVa Catholic Invitational Championship - 1/21/2023
Psych Sheet

Event 1 Boys 200 Yard Medley Relay

NoVA Cath: 1:38.75 1/5/2013

Bishop O'Connell

O'Connell

C Chamness, D Tucker, C Tiernan, C Outlaw

22 VISAA QT: 1:57.18

Team	Relay	Seed Time
1 Bishop O'Connell-PV 1) Adye, Timothy SO	A 2) Carpenter, Kaden SR	1:40.20 4) Kinsella, Chris SR
2 St. Paul VI High School-VA 1) Manley, Adam SR	A 2) Johnson, Matthew SR	1:43.01 4) O'Toole, Owen SR
3 Bishop Ireton High School-VA 1) McLallen, Colin SO	A 2) Corley, Adam SO	1:45.77 4) Bobrowski, Michael SO
4 Bishop O'Connell-PV 1) Rowan, Graham FR	B 2) Fleming, Wills SO	1:46.05 4) Milligan, James SR
5 Seton Swimming 1) Koehr, Connor SO	A 2) Brox, JJ SR	1:47.26 4) Martinez, Lionel 8
6 Bishop O'Connell-PV 1) Thompson, Jay JR	C 2) McNamara, Rory SO	X1:49.24 4) Sullivan, Matthew SR
7 St. Paul VI High School-VA 1) Caputo, Henry FR	B 2) Trinidad, Joshua SO	1:49.92 4) Duren, Jack SR
8 Seton Swimming 1) Fioramonti, Mick JR	B 2) Nguyen, Drew SO	1:50.26 4) Brox, Michael SO
9 Benedictine College Prep 1) Holmes, James FR	A 2) Cardot-Meikle, Henry FR	1:51.58 4) Gwyer, Joey SO
10 Bishop Ireton High School-VA 1) Fuqua, Jack FR	B 2) Corley, Jason JR	1:52.00 4) Temple, Nicholas JR
11 Bishop O'Connell-PV 1) Nixon, Joseph SR	D 2) Tribble, Max SR	X1:54.22 4) Muller, James JR
12 St. Paul VI High School-VA 1) Paniszczyn, Andrew JR	C 2) Wilson, Gabriel SR	X1:56.95 4) Manosalvas, Emilio FR
13 Bishop O'Connell-PV 1) Coleman, Austin JR	E 2) Babka, Zach SR	X1:59.56 4) Aleman-Lomeli, Alexander SO
14 Saint John Paul the Great-VA 1) Williams, Charlie SR	A 2) Koler, Eric FR	2:01.54 4) Koler, Evan SO
15 Benedictine College Prep 1) Carter, Thomas JR	B 2) Kennedy, Ryan SO	2:06.43 4) Poppa, Jake FR
16 Seton Swimming 1) Konstanty, Peter JR	C 2) Sokban, William SO	X2:30.00 4) McCardell, Aidan FR
17 Seton Swimming 1) Mantooth, Luke JR	D 2) Kay, Patrick 7	X2:32.00 4) Cooley, John 7
18 Seton Swimming 1) Dealey, Joey SR	F 2) Bauer, Greg FR	X2:34.00 4) Gregory, Jack JR
19 Seton Swimming 1) Ellis, Ben 8	G 2) Albin, Jed JR	X2:36.00 4) Dwane, Joseph JR
20 Seton Swimming 1) Cooley, JJ FR	H 2) Nguyen, Colin SR	X2:38.00 4) Vaughan, Noah 8
21 Seton Swimming 1) Martinez, Thiago 7	I 2) Bishop, Aaron JR	X2:40.00 4) Blanchette, Tim SR
22 Seton Swimming 1) Lynch, Joey 7	E 2) Beltran, Ryan JR	X2:42.00 4) Kohlhaas, Daniel 6

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Event 2 Girls 200 Yard Medley Relay

NoVA Cath: 1:50.56 1/22/2022

St. Paul VI High School

Paul VI

Z Celi, A Kirby, C Murphy, A Foley

22 VISAA QT: 2:14.01

Team	Relay	Seed Time
1 St. Paul VI High School-VA 1) Celi, Zoe JR	A 2) Kirby, Ashley SR	1:51.87 4) Foley, Abigail SR
2 Seton Swimming 1) Aldeguer, Ariana 8	A 2) Condon, Clara SO	1:54.56 4) Gibbons, Maggie JR
3 Bishop O'Connell-PV 1) Smittle, Carlin SO	A 2) Sullivan, Anna FR	1:55.42 4) Rosson, Carolina SR
4 Saint John Paul the Great-VA 1) Pattie, Sydney SO	A 2) Koler, Isabella FR	1:56.38 4) Davis, Gianna SO
5 Bishop Ireton High School-VA 1) Milewski, Anna JR	A 2) Smullen, Caroline FR	1:57.86 4) Ferguson, Kathleen SO
6 Bishop Ireton High School-VA 1) Gearghy, Samantha SR	B 2) Jefferies, Lucy SR	1:59.00 4) Forrer, Marcella FR
7 Bishop Ireton High School-VA 1) Mate, Maria SO	C 2) Cremer, Lauren SR	X2:01.50 4) Voorhees, Lillian SO
8 Bishop O'Connell-PV 1) St Pierre, Kaitlin SR	B 2) Thompson, Claire SO	2:01.59 4) Smith, Ella SO
9 Bishop Ireton High School-VA 1) Kennelly, Liliana FR	D 2) Crawford, Cory FR	X2:05.60 4) McElwain, Allison FR
10 Oakcrest School Chargers 1) Adams, Amelia SO	A 2) Bryan, Elizabeth FR	2:05.78 4) Erickson, Katelyn FR
11 St. Paul VI High School-VA 1) Torrey, Katie SO	B 2) Petti, Reagan JR	2:06.54 4) Florit, Alexis SR
12 Bishop O'Connell-PV 1) Stewart, Samantha SO	C 2) Kinsella, Moira FR	X2:06.67 4) Hart, Emerson SO
13 Saint John Paul the Great-VA 1) Weina, Virginia SR	B 2) Kay, Sandra FR	2:10.81 4) Vitkovsky, Maggie SR
14 Seton Swimming 1) Garvey, Anastasia FR	B 2) Brox, Elodie SO	2:10.97 4) Kay, Philomena 8
15 Bishop O'Connell-PV 1) McCrann, Mia JR	D 2) Cervenak, Reagan FR	X2:11.98 4) Williams, Meghan JR
16 St. Paul VI High School-VA 1) McCarthy, Quinne SO	C 2) Ellison, Parker FR	X2:13.95 4) Walter, Sophia SO
17 St. Paul VI High School-VA 1) Beard, Addison FR	D 2) Sims, Marisol SO	X2:14.00 4) Thompson, Sylvia SO
18 St. Gertrude High School 1) Hannon, Carrington SO	A 2) Schwab, Jenna SR	2:14.87 4) Brunetti, Jordan JR
19 Bishop O'Connell-PV 1) Mata, Chelsea FR	E 2) McManus, Madelyn FR	X2:16.45 4) Zea, Anna FR
20 Saint John Paul the Great-VA 1) Kattah, Kayla SO	C 2) McCormick, Madison SO	X2:25.00 4) Heath, Laurel FR
21 Oakcrest School Chargers 1) McDonnell, Maddie FR	B 2) Mochen, Catherine SO	2:25.01 4) Magee, Amelia FR
22 Seton Swimming 1) Dusek, Annie 7	C 2) Halisky, Amelie SR	X2:35.00 4) Judge, Jane 7
23 Seton Swimming 1) Rodriguez, Noemi 8	D 2) Waldron, Rose SO	X2:37.00 4) Blanchette, Meg SO
24 Seton Swimming 1) Fifield, Kyleigh 8	E 2) Zadnik, Madelyn JR	X2:39.00 4) Kohlhaas, Sofia 7
25 Seton Swimming 1) Condon, Meghan 7	F 2) O'Malley, Shannon SO	X2:41.00 4) O'Keefe, Helena FR

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26	Seton Swimming	G			X2:43.00
	1) Francis, Elizabeth SO	2) Bingham, Lucia SO	3) Hurley, Elizabeth 7	4) Heiny, Clare 7	
27	Seton Swimming	H			X2:45.00
	1) Baughman, Rachel 7	2) Hudson, Ava JR	3) Haggerty, Orla SO	4) Bauer, Molly SO	
28	Seton Swimming	I			X2:47.00
	1) Haggerty, Moira SR	2) Cunningham, Lucy SO	3) Miller, Maria FR	4) Quispe, Allison FR	
29	Seton Swimming	J			X2:49.00
	1) Haggerty, Aoife 8	2) Atkinson, Julia JR	3) Halisky, Sophia 7	4) Irving, Monica 7	
30	Seton Swimming	K			X2:51.00
	1) Heiny, Maddie FR	2) Geary, Amelia JR	3) Waldron, Cate JR	4) Bingham, Veronica 6	
31	Seton Swimming	L			X2:53.00
	1) Blanchette, Kit 7	2) Waldron, Lily 7	3) Russo, Gabriella 8	4) Nguyen, Bella 7	
32	Seton Swimming	M			X2:55.00
	1) Bauer, Katie 7	2) Bingham, Mariana 8	3) Osilka, Mary Claire FR	4) Blanchette, Nora FR	
33	Oakcrest School Chargers	C			XNT
	1) Kissinger, Norah JR	2) Guenther, Louise JR	3) Kissinger, Meghan SR	4) Rolwes, Patricia SR	
34	Oakcrest School Chargers	D			XNT
	1) Rutherford, Lilly SR	2) Ryan, Fiona FR	3) Williams, Luisa SO	4) Larson, Elle FR	

Event 3 Boys 200 Yard FreestyleNoVA Cath: **1:44.19** 1/11/2020 **William Mullen****O'Connell**22 VISAA QT: **2:01.47**

	Name	Year	School	Seed Time
1	Garcia, Chase	SO	St. Paul VI High School-VA	1:47.52
2	Mullen, Paul	FR	Bishop O'Connell-PV	1:47.94
3	Murphy, Matthew	JR	St. Paul VI High School-VA	1:54.56
4	Muller, James	JR	Bishop O'Connell-PV	2:04.25
5	Cardot-Meikle, Henry	FR	Benedictine College Prep	2:05.96
6	McLallen, Colin	SO	Bishop Ireton High School-VA	2:08.17
7	Kennedy, DJ	SO	Benedictine College Prep	2:09.32
8	Koler, Eric	FR	Saint John Paul the Great-VA	2:10.21
9	Cox, Lucas	SO	St. Paul VI High School-VA	2:10.44
10	Fahle, Keaghan	FR	Bishop O'Connell-PV	2:12.67
11	Brox, Michael	SO	Seton Swimming	2:13.45
12	Wilson, Max	SO	Seton Swimming	2:14.89
13	Dealey, Joey	SR	Seton Swimming	2:14.95
14	Nguyen, Drew	SO	Seton Swimming	2:16.67
15	Thompson, Jay	JR	Bishop O'Connell-PV	2:16.69
16	Johnson, Peter	FR	Bishop Ireton High School-VA	2:21.28
17	Albin, Jed	JR	Seton Swimming	X2:26.40
18	Huffman, Noah	SR	St. Paul VI High School-VA	2:26.91
19	Caldera, Ben	FR	St. Paul VI High School-VA	X2:27.75
20	Bishop, Aaron	JR	Seton Swimming	X2:52.56

Event 4 Girls 200 Yard FreestyleNoVA Cath: **1:53.16** 1/16/2016 **Madelyn Donohoe****O'Connell**22 VISAA QT: **2:13.44**

	Name	Year	School	Seed Time
1	Mullen, Caroline	JR	Bishop O'Connell-PV	1:59.70
2	Torrey, Katie	SO	St. Paul VI High School-VA	2:01.88
3	Aldeguer, Ariana	8	Seton Swimming	2:03.67
4	Murphy, Caroline	SR	St. Paul VI High School-VA	2:05.45
5	Forrer, Therese	SO	Bishop Ireton High School-VA	2:07.16
6	McKinley, Tess	JR	St. Paul VI High School-VA	2:10.49

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Event 4 ... (Girls 200 Yard Freestyle)

7	Zea, Anna	FR	Bishop O'Connell-PV	X2:10.89
8	Caron, Mary Alice	FR	Saint John Paul the Great-VA	2:14.00
9	Pattie, Sydney	SO	Saint John Paul the Great-VA	2:17.56
10	McIntosh, Caeli	FR	Bishop O'Connell-PV	2:18.36
11	Babka, Claire	SR	Bishop O'Connell-PV	2:19.62
12	Foley, Kate	FR	St. Paul VI High School-VA	2:20.28
13	Melles, Delina	FR	Bishop O'Connell-PV	2:20.31
14	Ogletree, Lizzie	SR	Bishop O'Connell-PV	X2:20.86
15	Mate, Maria	SO	Bishop Ireton High School-VA	2:22.99
16	Williams, Maeve	SO	Saint John Paul the Great-VA	2:23.61
17	Thomson, Angela	SO	St. Paul VI High School-VA	X2:24.82
18	O'Brien, Caroline	SR	Bishop Ireton High School-VA	2:25.01
19	Oswald, Jacqueline	SR	Seton Swimming	2:25.68
20	Garvey, Anastasia	FR	Seton Swimming	2:27.57
21	Brox, Elodie	SO	Seton Swimming	2:29.23
22	McDonnell, Maddie	FR	Oakcrest School Chargers	2:32.60
23	White, Cecilia	JR	Saint John Paul the Great-VA	2:34.65
24	Erickson, Katelyn	FR	Oakcrest School Chargers	2:42.21
25	Baird, Regina	SR	Oakcrest School Chargers	2:50.73
26	Herrick, Julia	SO	Oakcrest School Chargers	2:54.13
27	Mochen, Catherine	SO	Oakcrest School Chargers	X3:01.16
28	Hurley, Elizabeth	7	Seton Swimming	X3:05.00
29	Russo, Gabriella	8	Seton Swimming	X3:17.50

Event 5 Boys 200 Yard IM

NoVA Cath: 1:57.14 1/11/2020

Michael Salvatori

John Paul

22 VISAA QT: 2:18.04

Name	Year	School	Seed Time
1	Johnson, Matthew	SR St. Paul VI High School-VA	2:00.05
2	Martinez, Lionel	8 Seton Swimming	2:04.51
3	Fleming, Wills	SO Bishop O'Connell-PV	2:07.33
4	Williams, Charlie	SR Saint John Paul the Great-VA	2:17.22
5	Carpenter, Kaden	SR Bishop O'Connell-PV	2:17.38
6	Giza, John Paul	SO Bishop Ireton High School-VA	2:21.40
7	Wightman, Connor	SO St. Paul VI High School-VA	2:23.02
8	Martinez, Thiago	7 Seton Swimming	X2:25.00
9	Hudson, David	JR Seton Swimming	2:25.10
10	Bobrowski, Michael	SO Bishop Ireton High School-VA	2:27.90
11	Cubarney, Connor	SO St. Paul VI High School-VA	2:28.74
12	Corley, Adam	SO Bishop Ireton High School-VA	2:32.74
13	Konstanty, Peter	JR Seton Swimming	2:34.70
14	McNamara, Rory	SO Bishop O'Connell-PV	2:34.73
15	Buckhorn, Colin	SO Bishop O'Connell-PV	2:40.06
16	Caputo, Henry	FR St. Paul VI High School-VA	2:41.66
17	Bauer, Greg	FR Seton Swimming	2:45.88

Event 6 Girls 200 Yard IM

NoVA Cath: 2:11.74 1/8/2011

Emma Merrill

PVI

22 VISAA QT: 2:29.40

Name	Year	School	Seed Time
1	Bryan, Elizabeth	FR Oakcrest School Chargers	2:09.51
2	Davis, Gianna	SO Saint John Paul the Great-VA	2:18.92
3	Condon, Clara	SO Seton Swimming	2:19.48

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4	Milewski, Anna	JR	Bishop Ireton High School-VA	2:19.76
5	Foley, Abigail	SR	St. Paul VI High School-VA	2:21.26
6	McKinley, Lilia	JR	St. Paul VI High School-VA	2:25.01
7	Roder, Mia	SR	Saint John Paul the Great-VA	2:25.42
8	Smittle, Carlin	SO	Bishop O'Connell-PV	2:25.66
9	Sullivan, Anna	FR	Bishop O'Connell-PV	2:27.19
10	Koler, Isabella	FR	Saint John Paul the Great-VA	2:30.00
11	Pickard, Audrey	SR	Bishop Ireton High School-VA	2:35.19
12	Nick, Ella	SO	Bishop Ireton High School-VA	2:37.46
13	Stewart, Samantha	SO	Bishop O'Connell-PV	2:39.66
14	Kinsella, Moira	FR	Bishop O'Connell-PV	2:40.64
15	Fifield, Haley	SO	Seton Swimming	2:45.53
16	Ary, Sophia	FR	Bishop Ireton High School-VA	2:48.09
17	O'Malley, Shannon	SO	Seton Swimming	2:49.79
18	Thompson, Sylvia	SO	St. Paul VI High School-VA	2:52.52
19	Zadnik, Madelyn	JR	Seton Swimming	2:55.01
20	Halisky, Sophia	7	Seton Swimming	X3:00.00
21	Miller, Maria	FR	Seton Swimming	X3:00.00
22	Magee, Amelia	FR	Oakcrest School Chargers	3:00.47
23	Cunningham, Lucy	SO	Seton Swimming	X3:01.61
24	Kiernan, Maddie	JR	St. Paul VI High School-VA	NT

Event 7 Boys 50 Yard Freestyle

NoVA Cath: 21.41 1/10/2015

Townley Haas

Benedictine

22 VISAA QT: 24.14

	Name	Year	School	Seed Time
1	Kinsella, Chris	SR	Bishop O'Connell-PV	22.01
2	Worthen, Jermaine	FR	Bishop O'Connell-PV	23.55
3	Gwyer, Joey	SO	Benedictine College Prep	23.68
4	Ogletree, Benjamin	SR	Bishop O'Connell-PV	23.87
5	O'Toole, Owen	SR	St. Paul VI High School-VA	24.01
6	Vannell, Morgan	SR	St. Paul VI High School-VA	24.05
7	Milligan, James	SR	Bishop O'Connell-PV	24.07
8	Wilson, Joe	SR	Seton Swimming	24.29
9	Chugh, Kabir	SR	St. Paul VI High School-VA	24.31
10	Duren, Jack	SR	St. Paul VI High School-VA	24.57
11	Sullivan, Matthew	SR	Bishop O'Connell-PV	X24.69
12	Halisky, Liam	SO	Seton Swimming	24.93
13	Holmes, James	FR	Benedictine College Prep	25.15
14	Corley, Jason	JR	Bishop Ireton High School-VA	25.70
15	Koehr, Connor	SO	Seton Swimming	X25.82
16	Winkert, Patrick	SR	St. Paul VI High School-VA	X26.31
17	Borneman, Joseph	SO	Seton Swimming	26.37
18	Fioramonti, Josh	FR	Seton Swimming	26.62
19	Babka, Zach	SR	Bishop O'Connell-PV	X26.64
20	Wilson, Gabriel	SR	St. Paul VI High School-VA	X26.77
21	Temple, Nicholas	JR	Bishop Ireton High School-VA	27.38
22	Koler, Evan	SO	Saint John Paul the Great-VA	27.50
23	Coleman, Austin	JR	Bishop O'Connell-PV	X27.52
24	Mastrianni, Dominic	JR	Saint John Paul the Great-VA	27.59
25	Kay, Patrick	7	Seton Swimming	X27.81
26	Caldera, Ben	FR	St. Paul VI High School-VA	X27.87

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27	Hearne, Nicholas	FR	Bishop O'Connell-PV	X27.90
28	Rommelmeyer, William	FR	St. Paul VI High School-VA	X28.14
29	Aleman-Lomeli, Alexander	SO	Bishop O'Connell-PV	X28.17
30	Hooper, Grant	SO	Benedictine College Prep	28.19
31	Scanlon, Martin	SO	Bishop Ireton High School-VA	28.23
32	Nguyen, Colin	SR	Seton Swimming	X28.38
33	Donovan, Patrick	SR	Saint John Paul the Great-VA	28.50
34	Johnston, Rex	SO	Bishop Ireton High School-VA	28.94
35	Lobaugh, Sam	SO	Bishop O'Connell-PV	X29.61
36	Carter, Thomas	JR	Benedictine College Prep	29.61
37	Dufrane, Vincent	FR	Bishop O'Connell-PV	X30.13
38	Tafari, Matthew	SO	Bishop O'Connell-PV	X31.89
39	Bailey, Ethan	SR	Bishop Ireton High School-VA	X32.30
40	Lynch, Joey	7	Seton Swimming	X32.40
41	Balint, Evan	FR	Bishop O'Connell-PV	X33.10
42	Ellis, Ben	8	Seton Swimming	X33.12
43	Wilson, Jonas	7	Seton Swimming	X33.86
44	Vaughan, Nick	SO	Seton Swimming	X33.92
45	Amberg, Nathan	JR	Bishop Ireton High School-VA	X34.00
46	Matherne, Andrew	JR	Bishop Ireton High School-VA	X34.36
47	Dusek, Charlie	FR	Seton Swimming	X36.73
48	Minarik, Joseph	JR	Seton Swimming	X36.78
49	Gregory, Jack	JR	Seton Swimming	X37.34
50	Dwane, Joseph	JR	Seton Swimming	X37.57
51	Blanchette, Tim	SR	Seton Swimming	X38.02
52	Vaughan, Noah	8	Seton Swimming	X38.02
53	Cooley, John	7	Seton Swimming	X39.72
54	McCardell, Aidan	FR	Seton Swimming	X40.13
55	Kohlhaas, Daniel	6	Seton Swimming	X50.89
56	Mitchell, Thomas	FR	Bishop Ireton High School-VA	X52.38
57	Harvill, Robert	SR	St. Paul VI High School-VA	XNT
58	Paniszczyn, Andrew	JR	St. Paul VI High School-VA	XNT

Event 8 Girls 50 Yard Freestyle

NoVA Cath: 24.40 1/13/2018

Paige Hall

O'Connell

22 VISAA QT: 26.96

	Name	Year	School	Seed Time
1	Kirby, Ashley	SR	St. Paul VI High School-VA	25.21
2	Rosson, Carolina	SR	Bishop O'Connell-PV	25.32
3	Buswell, Piper	SR	Bishop O'Connell-PV	25.85
4	Paradise, Stella	JR	Seton Swimming	25.98
5	Smith, Ella	SO	Bishop O'Connell-PV	26.14
6	Lentini, Emma	SO	Bishop Ireton High School-VA	26.38
7	Thompson, Claire	SO	Bishop O'Connell-PV	26.42
8	Miller, Caroline	JR	Bishop Ireton High School-VA	26.44
9	Holloway, Skylar	FR	St. Gertrude High School	26.82
10	Mont, Emma	JR	St. Paul VI High School-VA	26.86
11	Pennefather, Mary	SR	Seton Swimming	26.92
12	Hart, Emerson	SO	Bishop O'Connell-PV	X26.99
13	Brox, Elodie	SO	Seton Swimming	27.01
14	Ferguson, Kathleen	SO	Bishop Ireton High School-VA	27.20
15	Kinsella, Molly	FR	Bishop O'Connell-PV	X27.27

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Event 8 ... (Girls 50 Yard Freestyle)

16	Babka, Claire	SR	Bishop O'Connell-PV	X27.41
17	Mastroianni, Chiara	SO	Bishop O'Connell-PV	X27.41
18	Hannon, Carrington	SO	St. Gertrude High School	27.41
19	Florit, Alexis	SR	St. Paul VI High School-VA	27.58
20	Foley, Kate	FR	St. Paul VI High School-VA	27.61
21	Milewski, Anna	JR	Bishop Ireton High School-VA	27.71
22	O'Brien, Caroline	SR	Bishop Ireton High School-VA	X28.00
23	Voorhees, Lillian	SO	Bishop Ireton High School-VA	X28.32
24	Mantooth, Kateri	SR	Seton Swimming	28.58
25	Vitkovsky, Maggie	SR	Saint John Paul the Great-VA	28.64
26	Brayman, Samantha	SO	Bishop O'Connell-PV	X28.66
27	Gearghy, Samantha	SR	Bishop Ireton High School-VA	X28.66
28	Nguyen, Jamie	SR	St. Paul VI High School-VA	X28.70
29	McCran, Mia	JR	Bishop O'Connell-PV	X28.72
30	Williams, Meghan	JR	Bishop O'Connell-PV	X28.76
31	Rolwes, Patricia	SR	Oakcrest School Chargers	28.89
32	Walter, Sophia	SO	St. Paul VI High School-VA	X28.89
33	Page, Catherine	SO	Bishop Ireton High School-VA	X29.06
34	Voorhees, Virginia	FR	Bishop Ireton High School-VA	X29.33
35	Sims, Marisol	SO	St. Paul VI High School-VA	X29.45
36	Meunier, Cecelia	SR	Oakcrest School Chargers	29.46
37	Beard, Addison	FR	St. Paul VI High School-VA	X29.47
38	Weina, Virginia	SR	Saint John Paul the Great-VA	29.50
39	Mata, Chelsea	FR	Bishop O'Connell-PV	X29.60
40	Songer, Mary	SR	Bishop O'Connell-PV	X29.83
41	Ramirez, Gabriela	SR	Bishop Ireton High School-VA	X29.89
42	Jarecke, Anais	SR	Bishop O'Connell-PV	X30.15
43	Owens, Delancy	JR	Bishop O'Connell-PV	X30.19
44	Kennelly, Liliana	FR	Bishop Ireton High School-VA	X30.47
45	Mahon, Maura	FR	Bishop Ireton High School-VA	X30.56
46	Brunetti, Jordan	JR	St. Gertrude High School	30.59
47	Nguyen, Allison	SO	Bishop O'Connell-PV	X30.63
48	McElwain, Allison	FR	Bishop Ireton High School-VA	X30.76
49	Casey, Erin	FR	Bishop O'Connell-PV	X30.86
50	Schemm, Carolina	FR	St. Paul VI High School-VA	X30.86
51	Arnold, Betsy	7	Seton Swimming	X31.02
52	Dearmon, Hannah	JR	St. Paul VI High School-VA	X31.43
53	Haggerty, Orla	SO	Seton Swimming	X31.58
54	Bingham, Mariana	8	Seton Swimming	X31.97
55	Schwab, Jenna	SR	St. Gertrude High School	32.14
56	Lindsey, Isabella	JR	St. Gertrude High School	X32.17
57	Atkinson, Julia	JR	Seton Swimming	X32.28
58	Ryan, Fiona	FR	Oakcrest School Chargers	X32.34
59	Goulet, Ella	SR	Bishop Ireton High School-VA	X32.43
60	Kissinger, Meghan	SR	Oakcrest School Chargers	32.69
61	McAleer, Paige	FR	Bishop O'Connell-PV	X32.82
62	Kissinger, Norah	JR	Oakcrest School Chargers	33.10
63	Miller, Elizabeth	FR	Saint John Paul the Great-VA	33.17
64	Wyland, Martina	FR	Bishop O'Connell-PV	X33.20
65	Palmer, Ruth	JR	Bishop O'Connell-PV	X33.20
66	Larson, Elle	FR	Oakcrest School Chargers	X33.39
67	Osilka, Mary Claire	FR	Seton Swimming	X33.42

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Event 8 ... (Girls 50 Yard Freestyle)

68	Dusek, Annie	7	Seton Swimming	X33.46
69	Rodriguez, Noemi	8	Seton Swimming	X33.54
70	Fifield, Kyleigh	8	Seton Swimming	X33.56
71	Gelsomino, Gabriella	FR	St. Gertrude High School	X33.58
72	Stuart, Alexandra	SO	Bishop Ireton High School-VA	X34.04
73	Angarag, Alice	FR	Saint John Paul the Great-VA	34.50
74	Costello, Mary Kate	FR	Bishop Ireton High School-VA	X34.54
75	Baughman, Rachel	7	Seton Swimming	X34.70
76	Waldron, Cate	JR	Seton Swimming	X34.86
77	Haggerty, Aoife	8	Seton Swimming	X35.00
78	Heiny, Maddie	FR	Seton Swimming	X35.33
79	Blanchette, Kit	7	Seton Swimming	X35.51
80	Bauer, Katie	7	Seton Swimming	X35.64
81	Judge, Jane	7	Seton Swimming	X35.65
82	Blanchette, Meg	SO	Seton Swimming	X35.81
83	Atikem, Maryam	JR	Bishop O'Connell-PV	X35.94
84	Heath, Laurel	FR	Saint John Paul the Great-VA	X36.00
85	Seaman, Olivia	SO	St. Gertrude High School	X36.18
86	Crawford, Cory	FR	Bishop Ireton High School-VA	X36.20
87	Kohlhaas, Sofia	7	Seton Swimming	X36.25
88	O'Keefe, Helena	FR	Seton Swimming	X36.41
89	Doyle, Shelby	SO	Bishop O'Connell-PV	X36.62
90	Larson, Zoe	FR	Oakcrest School Chargers	X36.67
91	Heiny, Clare	7	Seton Swimming	X37.12
92	Quispe, Allison	FR	Seton Swimming	X37.19
93	Irving, Monica	7	Seton Swimming	X37.25
94	Crawford, Laurel	JR	Bishop Ireton High School-VA	X37.59
95	Hooff, Mary Shelton	SO	Oakcrest School Chargers	X37.91
96	Bingham, Veronica	6	Seton Swimming	X39.25
97	Nguyen, Bella	7	Seton Swimming	X40.32
98	Songer, Tricia	FR	Bishop O'Connell-PV	X40.59
99	Blanchette, Nora	FR	Seton Swimming	X41.52
100	Reynolds, Emma	SR	Seton Swimming	X42.03
101	Gonzalez, Veronica	7	Seton Swimming	X42.14
102	Quispe, Camila	6	Seton Swimming	X43.30
103	Shillingburg, Briana	SO	Seton Swimming	X44.17
104	Kramer, Cora	8	Seton Swimming	X45.79
105	Ramchand, Lily	FR	Bishop O'Connell-PV	X47.72
106	Petti, Reagan	JR	St. Paul VI High School-VA	XNT
107	Ingersoll, Catherine		St. Paul VI High School-VA	XNT

Event 9 Boys 1 mtr Diving

NoVA Cath: 241.85 1/11/2014 Jack Gigliotti O'Connell

Name	Year	School	
1	Koehr, Connor	SO	Seton Swimming 188.18
2	Duffield, Ryan	SR	Bishop Ireton High School-VA 172.50
3	Amberg, Nathan	JR	Bishop Ireton High School-VA 158.70
4	Franco, Jose	SO	Bishop Ireton High School-VA 155.80
5	Fioramonti, Mick	JR	Seton Swimming X152.70
6	Nixon, Joseph	SR	Bishop O'Connell-PV 151.95
7	Brox, JJ	SR	Seton Swimming X146.77
8	Miller, Dominic	JR	Seton Swimming X143.55

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Event 9 ... (Boys 1 mtr Diving)

9	Oswald, Jacob	SO	Seton Swimming	142.87
10	Gonzalez, Max	SO	Seton Swimming	141.08
11	Kohlhaas, Gus	FR	Seton Swimming	131.48
12	Amberg, Derek	FR	Bishop Ireton High School-VA	129.75
13	Brox, Michael	SO	Seton Swimming	X89.40
14	Kelly, Kieran	SO	Seton Swimming	X45.45

Event 10 Girls 1 mtr Diving

NoVA Cath: 246.25 1/11/2020

Sarah Gurley

Paul VI

Name	Year	School	Seed Time
1 Reback, Allie	SO	St. Paul VI High School-VA	317.85
2 Cervenak, Madison	JR	Bishop O'Connell-PV	206.75
3 Kissinger, Meghan	SR	Oakcrest School Chargers	169.86
4 Webb, Emma	SR	Bishop O'Connell-PV	169.10
5 Ary, Ally	JR	Bishop Ireton High School-VA	165.70
6 Bush, Emily	JR	Bishop Ireton High School-VA	164.20
7 Kissinger, Norah	JR	Oakcrest School Chargers	163.50
8 Cervenak, Reagan	FR	Bishop O'Connell-PV	153.10
9 Rolwes, Patricia	SR	Oakcrest School Chargers	135.00
10 Waldron, Rose	SO	Seton Swimming	132.37
11 Lawler, Penelope	FR	Bishop O'Connell-PV	112.60
12 Condon, Meghan	7	Seton Swimming	X102.90
13 Francis, Elizabeth	SO	Seton Swimming	102.30
14 Miller, Maria	FR	Seton Swimming	94.50
15 Guenther, Louise	JR	Oakcrest School Chargers	89.17
16 Kelly, Cecelia	7	Seton Swimming	X48.75
17 Grinder, Lauren	7	Seton Swimming	X37.87

Event 11 Boys 100 Yard Butterfly

NoVA Cath: 53.32 1/11/2014

Andrew Dunne

Benedictine

22 VISAA QT: 1:01.02

Name	Year	School	Seed Time
1 Vinegas, Miggy	JR	St. Paul VI High School-VA	54.74
2 Murphy, Matthew	JR	St. Paul VI High School-VA	55.76
3 Loftin, Will	JR	Benedictine College Prep	56.82
4 Lentini, Joseph	JR	Bishop Ireton High School-VA	56.86
5 Ogletree, Benjamin	SR	Bishop O'Connell-PV	57.36
6 Vannell, Morgan	SR	St. Paul VI High School-VA	58.98
7 Martinez, Lionel	8	Seton Swimming	59.76
8 Piland, James	SR	Bishop O'Connell-PV	59.98
9 Kennedy, Ryan	SO	Benedictine College Prep	1:04.56
10 Hudson, David	JR	Seton Swimming	1:04.90
11 Buckhorn, Colin	SO	Bishop O'Connell-PV	1:05.22
12 Hearne, Nicholas	FR	Bishop O'Connell-PV	1:09.77
13 Sokban, William	SO	Seton Swimming	1:10.29
14 Johnson, Peter	FR	Bishop Ireton High School-VA	1:13.00
15 Mantooth, Luke	JR	Seton Swimming	1:13.79
16 Fioramonti, Mick	JR	Seton Swimming	X1:15.76
17 Cubarney, Connor	SO	St. Paul VI High School-VA	1:15.82
18 Judge, Dominic	8	Seton Swimming	X1:20.70
19 Fioramonti, Josh	FR	Seton Swimming	X1:20.78
20 Bishop, Aaron	JR	Seton Swimming	X1:23.73
21 Zahorchak, Michael	8	Seton Swimming	X1:30.00

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Event 11 ... (Boys 100 Yard Butterfly)

22	Beltran, Ryan	JR	Seton Swimming	X1:35.00
23	Wilson, Jonas	7	Seton Swimming	X1:35.00
24	Nguyen, Colin	SR	Seton Swimming	X1:35.00
25	Nguyen, Kenneth	8	Seton Swimming	X1:35.00
26	Sokban, Daniel	8	Seton Swimming	X1:35.20

Event 12 Girls 100 Yard Butterfly

NoVA Cath: 58.45 1/11/2020 Kate Bailey O'Connell

22 VISAA QT: 1:06.82

	Name	Year	School	Seed Time
1	Celi, Zoe	JR	St. Paul VI High School-VA	1:00.39
2	Condon, Clara	SO	Seton Swimming	1:01.02
3	Murphy, Caroline	SR	St. Paul VI High School-VA	1:02.19
4	Buswell, Piper	SR	Bishop O'Connell-PV	1:03.50
5	Pickard, Audrey	SR	Bishop Ireton High School-VA	1:04.11
6	Forrer, Therese	SO	Bishop Ireton High School-VA	1:06.89
7	Murphy, Kimi	FR	St. Paul VI High School-VA	1:07.83
8	Roder, Mia	SR	Saint John Paul the Great-VA	1:08.97
9	McKinley, Lilia	JR	St. Paul VI High School-VA	1:10.18
10	Kay, Sandra	FR	Saint John Paul the Great-VA	1:11.94
11	Holloway, Skylar	FR	St. Gertrude High School	1:11.94
12	Kinsella, Molly	FR	Bishop O'Connell-PV	1:14.10
13	Nick, Ella	SO	Bishop Ireton High School-VA	1:15.82
14	Caron, Mary Alice	FR	Saint John Paul the Great-VA	1:15.96
15	Kay, Philomena	8	Seton Swimming	1:16.97
16	McManus, Madelyn	FR	Bishop O'Connell-PV	1:17.13
17	Williams, Maeve	SO	Saint John Paul the Great-VA	1:17.47
18	Ramirez, Gabriela	SR	Bishop Ireton High School-VA	1:18.50
19	Bingham, Lucia	SO	Seton Swimming	1:18.51
20	McCann, Mia	JR	Bishop O'Connell-PV	1:18.53
21	Walke, Belle	8	Oakcrest School Chargers	1:22.43
22	O'Malley, Shannon	SO	Seton Swimming	1:23.69
23	Zadnik, Madelyn	JR	Seton Swimming	X1:24.23
24	Halisky, Sophia	7	Seton Swimming	X1:24.81
25	Schroer, Maggie	7	Seton Swimming	X1:25.00
26	Bingham, Mariana	8	Seton Swimming	X1:25.45
27	Hudson, Ava	JR	Seton Swimming	X1:27.84
28	Haggerty, Moira	SR	Seton Swimming	X1:30.00
29	Hurley, Elizabeth	7	Seton Swimming	X1:30.00
30	Fifield, Kyleigh	8	Seton Swimming	X1:32.64
31	Geary, Amelia	JR	Seton Swimming	X1:33.29
32	Miller, Maria	FR	Seton Swimming	X1:33.51
33	Hurley, Mary Catherine	SO	Seton Swimming	X1:34.21
34	Francis, Elizabeth	SO	Seton Swimming	X1:34.84
35	Condon, Meghan	7	Seton Swimming	X1:35.00
36	Judge, Jane	7	Seton Swimming	X1:35.00
37	Atkinson, Julia	JR	Seton Swimming	X1:35.33
38	McDonnell, Maddie	FR	Oakcrest School Chargers	1:35.66
39	Arnold, Betsy	7	Seton Swimming	X1:36.09
40	Adams, Amelia	SO	Oakcrest School Chargers	1:36.61
41	Russo, Gabriella	8	Seton Swimming	X1:40.00
42	Haggerty, Aoife	8	Seton Swimming	X1:40.00

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43	Rodriguez, Noemi	8	Seton Swimming	X1:40.00
44	Waldron, Lily	7	Seton Swimming	X1:40.00
45	Dusek, Annie	7	Seton Swimming	X1:40.00
46	Mantooth, Avila	7	Seton Swimming	X1:40.00
47	Bauer, Katie	7	Seton Swimming	X1:45.00
48	Bingham, Veronica	6	Seton Swimming	X1:45.00
49	Haggerty, Orla	SO	Seton Swimming	X1:45.69
50	Bauer, Molly	SO	Seton Swimming	X1:53.58

Event 13 Boys 100 Yard Freestyle

NoVA Cath: 47.73 1/12/2019 **Paul Kinsella** **O'Connell**
22 VISAA QT: 53.09

	Name	Year	School	Seed Time
1	Kinsella, Chris	SR	Bishop O'Connell-PV	48.68
2	Adye, Timothy	SO	Bishop O'Connell-PV	50.22
3	Worthen, Jermaine	FR	Bishop O'Connell-PV	51.99
4	Wilson, Joe	SR	Seton Swimming	52.21
5	Manley, Adam	SR	St. Paul VI High School-VA	52.48
6	Rowan, Graham	FR	Bishop O'Connell-PV	53.39
7	Duren, Jack	SR	St. Paul VI High School-VA	55.34
8	Gwyer, Joey	SO	Benedictine College Prep	55.74
9	Brox, JJ	SR	Seton Swimming	55.99
10	Chugh, Kabir	SR	St. Paul VI High School-VA	56.05
11	Holmes, James	FR	Benedictine College Prep	56.07
12	Williams, Charlie	SR	Saint John Paul the Great-VA	56.29
13	Trinidad, Joshua	SO	St. Paul VI High School-VA	57.59
14	Sullivan, Matthew	SR	Bishop O'Connell-PV	X57.81
15	Patterson, Bryce	SO	Bishop Ireton High School-VA	57.88
16	Halisky, Liam	SO	Seton Swimming	59.11
17	Dealey, Joey	SR	Seton Swimming	59.54
18	Scanlon, Martin	SO	Bishop Ireton High School-VA	59.60
19	Koler, Evan	SO	Saint John Paul the Great-VA	1:01.51
20	Babka, Zach	SR	Bishop O'Connell-PV	X1:01.71
21	Winkert, Patrick	SR	St. Paul VI High School-VA	X1:02.79
22	Bauer, Greg	FR	Seton Swimming	X1:03.29
23	Bobrowski, Michael	SO	Bishop Ireton High School-VA	1:03.29
24	Hooper, Grant	SO	Benedictine College Prep	1:03.98
25	Poppa, Jake	FR	Benedictine College Prep	1:03.98
26	Coleman, Austin	JR	Bishop O'Connell-PV	X1:04.63
27	Kay, Patrick	7	Seton Swimming	X1:05.34
28	Fuqua, Jack	FR	Bishop Ireton High School-VA	1:05.34
29	Temple, Nicholas	JR	Bishop Ireton High School-VA	X1:05.45
30	Aleman-Lomeli, Alexander	SO	Bishop O'Connell-PV	X1:07.09
31	Johnston, Rex	SO	Bishop Ireton High School-VA	X1:07.47
32	Smith, James	JR	Saint John Paul the Great-VA	1:08.26
33	Lobaugh, Sam	SO	Bishop O'Connell-PV	X1:09.22
34	Dufrane, Vincent	FR	Bishop O'Connell-PV	X1:10.09
35	Balint, Evan	FR	Bishop O'Connell-PV	X1:15.68
36	Cooley, JJ	FR	Seton Swimming	X1:22.88
37	Dusek, Charlie	FR	Seton Swimming	X1:25.62
38	Minarik, Joseph	JR	Seton Swimming	X1:29.14
39	Vaughan, Nick	SO	Seton Swimming	X1:31.81

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Event 13 ... (Boys 100 Yard Freestyle)

40	Vaughan, Noah	8	Seton Swimming	X1:33.46
41	Dwane, Joseph	JR	Seton Swimming	X1:39.62
42	McCardell, Aidan	FR	Seton Swimming	X1:46.45
43	Reddan, Patrick	SO	St. Paul VI High School-VA	XNT

Event 14 Girls 100 Yard Freestyle

NoVA Cath: 53.17 1/13/2018 Paige Hall O'Connell
22 VISAA QT: 59.70

	Name	Year	School	Seed Time
1	Bryan, Elizabeth	FR	Oakcrest School Chargers	53.00
2	Paradise, Stella	JR	Seton Swimming	55.76
3	Foley, Abigail	SR	St. Paul VI High School-VA	55.99
4	Cervenak, Madison	JR	Bishop O'Connell-PV	57.46
5	Smith, Ella	SO	Bishop O'Connell-PV	58.35
6	Rosson, Carolina	SR	Bishop O'Connell-PV	59.07
7	Pennefather, Mary	SR	Seton Swimming	59.55
8	Gibbons, Maggie	JR	Seton Swimming	59.60
9	St Pierre, Kaitlin	SR	Bishop O'Connell-PV	59.86
10	Miller, Caroline	JR	Bishop Ireton High School-VA	1:00.34
11	Mont, Emma	JR	St. Paul VI High School-VA	1:00.35
12	Jefferies, Lucy	SR	Bishop Ireton High School-VA	1:01.06
13	Florit, Alexis	SR	St. Paul VI High School-VA	1:01.11
14	Pattie, Sydney	SO	Saint John Paul the Great-VA	1:01.60
15	Voorhees, Lillian	SO	Bishop Ireton High School-VA	1:02.03
16	Ogletree, Lizzie	SR	Bishop O'Connell-PV	X1:02.86
17	Zea, Anna	FR	Bishop O'Connell-PV	X1:03.42
18	Smullen, Caroline	FR	Bishop Ireton High School-VA	X1:03.88
19	Nicholson, Natalie	SO	St. Paul VI High School-VA	1:04.11
20	Williams, Meghan	JR	Bishop O'Connell-PV	X1:04.25
21	Nguyen, Jamie	SR	St. Paul VI High School-VA	X1:04.76
22	Forrer, Marcella	FR	Bishop Ireton High School-VA	1:04.96
23	Hommer, Alexis	JR	St. Paul VI High School-VA	X1:04.98
24	Page, Catherine	SO	Bishop Ireton High School-VA	X1:05.37
25	Voorhees, Virginia	FR	Bishop Ireton High School-VA	X1:06.10
26	Fifield, Haley	SO	Seton Swimming	1:06.83
27	Brayman, Samantha	SO	Bishop O'Connell-PV	X1:07.55
28	Kimble, Katherine	SO	St. Paul VI High School-VA	X1:07.58
29	Songer, Mary	SR	Bishop O'Connell-PV	X1:08.05
30	Runyan, Emily	JR	Saint John Paul the Great-VA	1:08.57
31	Mahon, Maura	FR	Bishop Ireton High School-VA	X1:09.49
32	Angarag, Alice	FR	Saint John Paul the Great-VA	1:10.00
33	DeCoursey, Karenna	SO	Bishop Ireton High School-VA	X1:10.71
34	Martin, Paige	JR	Bishop Ireton High School-VA	X1:10.83
35	Erickson, Katelyn	FR	Oakcrest School Chargers	1:11.05
36	Nguyen, Allison	SO	Bishop O'Connell-PV	X1:11.39
37	McElwain, Allison	FR	Bishop Ireton High School-VA	X1:14.26
38	Gelsomino, Gabriella	FR	St. Gertrude High School	1:15.41
39	Schindler, Kathryn	JR	Oakcrest School Chargers	1:16.33
40	Kattah, Kayla	SO	Saint John Paul the Great-VA	1:19.59
41	Osilka, Mary Claire	FR	Seton Swimming	X1:20.50
42	Rutherford, Lilly	SR	Oakcrest School Chargers	1:20.76
43	Heath, Laurel	FR	Saint John Paul the Great-VA	X1:21.09

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Event 14 ... (Girls 100 Yard Freestyle)

44	McCormick, Madison	SO	Saint John Paul the Great-VA	X1:22.53
45	Thornburg, Fio	SO	Oakcrest School Chargers	X1:23.22
46	Atikem, Maryam	JR	Bishop O'Connell-PV	X1:24.54
47	Heiny, Maddie	FR	Seton Swimming	X1:25.45
48	Seaman, Olivia	SO	St. Gertrude High School	1:25.55
49	Baughman, Rachel	7	Seton Swimming	X1:25.72
50	Nugent, Katie	SO	Oakcrest School Chargers	X1:25.86
51	Kohlhaas, Sofia	7	Seton Swimming	X1:26.61
52	Heiny, Clare	7	Seton Swimming	X1:28.59
53	Kramer, Cora	8	Seton Swimming	X1:47.29
54	Ramchand, Lily	FR	Bishop O'Connell-PV	X1:51.92
55	Williams, Luisa	SO	Oakcrest School Chargers	XNT
56	Schemm, Carolina	FR	St. Paul VI High School-VA	XNT
57	Walter, Sophia	SO	St. Paul VI High School-VA	XNT

Event 15 Boys 500 Yard Freestyle

NoVA Cath: 4:37.84 1/11/2020 William Mullen O'Connell

22 VISAA QT: 5:41.90

Name	Year	School	Seed Time
1	Mullen, Paul	FR Bishop O'Connell-PV	4:49.69
2	Garcia, Chase	SO St. Paul VI High School-VA	4:52.42
3	Lentini, Joseph	JR Bishop Ireton High School-VA	5:45.76
4	Muller, James	JR Bishop O'Connell-PV	5:45.77
5	Wightman, Connor	SO St. Paul VI High School-VA	5:46.76
6	Cox, Lucas	SO St. Paul VI High School-VA	5:56.51
7	Kennedy, Ryan	SO Benedictine College Prep	6:10.72
8	Tribble, Max	SR Bishop O'Connell-PV	6:15.12
9	Brox, Michael	SO Seton Swimming	6:18.33
10	Fahle, Keaghan	FR Bishop O'Connell-PV	6:19.03
11	Sokban, William	SO Seton Swimming	6:20.12
12	Borneman, Joseph	SO Seton Swimming	6:25.00
13	Martinez, Thiago	7 Seton Swimming	X6:30.00
14	Albin, Jed	JR Seton Swimming	6:36.61
15	Judge, Dominic	8 Seton Swimming	X6:45.00
16	Donovan, Patrick	SR Saint John Paul the Great-VA	7:06.00
17	Berg, Jackson	JR Saint John Paul the Great-VA	7:14.29
18	Manosalvas, Emilio	FR St. Paul VI High School-VA	NT

Event 16 Girls 500 Yard Freestyle

NoVA Cath: 5:06.26 1/14/2017 Madelyn Donohoe O'Connell

22 VISAA QT: 5:58.88

Name	Year	School	Seed Time
1	Mullen, Caroline	JR Bishop O'Connell-PV	5:12.38
2	Aldeguer, Ariana	8 Seton Swimming	5:16.67
3	Torrey, Katie	SO St. Paul VI High School-VA	5:18.15
4	McKinley, Tess	JR St. Paul VI High School-VA	5:36.89
5	McIntosh, Caeli	FR Bishop O'Connell-PV	6:11.44
6	Ferguson, Kathleen	SO Bishop Ireton High School-VA	6:15.64
7	Cervenak, Reagan	FR Bishop O'Connell-PV	6:20.59
8	Thomson, Angela	SO St. Paul VI High School-VA	6:21.80
9	Kiernan, Maddie	JR St. Paul VI High School-VA	6:30.86
10	Weina, Virginia	SR Saint John Paul the Great-VA	6:40.00
11	Melles, Delina	FR Bishop O'Connell-PV	6:44.78

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Event 16 ... (Girls 500 Yard Freestyle)

12	Martin, Paige	JR	Bishop Ireton High School-VA	6:45.94
13	Meunier, Cecelia	SR	Oakcrest School Chargers	6:56.12
14	Vitkovsky, Maggie	SR	Saint John Paul the Great-VA	7:00.00
15	Bingham, Lucia	SO	Seton Swimming	7:01.82
16	Halisky, Amelie	SR	Seton Swimming	7:12.03
17	Cunningham, Lucy	SO	Seton Swimming	7:17.41
18	Schroer, Maggie	7	Seton Swimming	X7:45.00
19	Waldron, Rose	SO	Seton Swimming	X7:58.36
20	Larson, Elle	FR	Oakcrest School Chargers	8:00.22
21	Ryan, Fiona	FR	Oakcrest School Chargers	8:02.11
22	Baird, Regina	SR	Oakcrest School Chargers	8:04.58
23	Condon, Meghan	7	Seton Swimming	X8:35.00
24	Hixson, Nora	SO	Bishop Ireton High School-VA	8:35.27
25	Bauer, Molly	SO	Seton Swimming	X9:44.72
26	Murphy, Kimi	FR	St. Paul VI High School-VA	XNT

Event 17 Boys 200 Yard Freestyle Relay

NoVA Cath: 1:30.04 1/5/2013

Bishop O'Connell

O'Connell

C Tiernan, M Luciani, C Chamness, C Outlaw

22 VISAA QT: 1:43.26

Team	Relay	Seed Time	
1	St. Paul VI High School-VA 1) O'Toole, Owen SR	A 1:33.64	
2	Bishop O'Connell-PV 1) Worthen, Jermaine FR	A 1:35.28	
3	Benedictine College Prep 1) Loftin, Will JR	A 1:39.15	
4	Seton Swimming 1) Hudson, David JR	A 1:39.39	
5	Bishop Ireton High School-VA 1) Giza, John Paul SO	A 1:40.41	
6	Bishop O'Connell-PV 1) Milligan, James SR	B 1:41.72	
7	St. Paul VI High School-VA 1) Chugh, Kabir SR	B 1:43.61	
8	Seton Swimming 1) Dealey, Joey SR	B 1:45.59	
9	Bishop O'Connell-PV 1) McNamara, Rory SO	C X1:46.87	
10	Saint John Paul the Great-VA 1) Koler, Eric FR	A 1:47.50	
11	Bishop Ireton High School-VA 1) Johnson, Peter FR	B 1:48.52	
12	Benedictine College Prep 1) Poppa, Jake FR	B 1:50.89	
13	St. Paul VI High School-VA 1) Wilson, Gabriel SR	C X1:51.23	
14	Bishop O'Connell-PV 1) Dufrane, Vincent FR	D X1:53.87	
15	St. Paul VI High School-VA 1) Caldera, Ben FR	D X1:56.72	
16	Seton Swimming 1) Sokban, Daniel 8	C X2:25.00	
	2) Garcia, Chase SO	3) Murphy, Matthew JR	4) Vinegas, Miggy JR
	2) Fleming, Wills SO	3) Carpenter, Kaden SR	4) Ogletree, Benjamin SR
	2) Cardot-Meikle, Henry FR	3) Holmes, James FR	4) Gwyer, Joey SO
	2) Halisky, Liam SO	3) Nguyen, Drew SO	4) Brox, JJ SR
	2) Patterson, Bryce SO	3) Bobrowski, Michael SO	4) Corley, Adam SO
	2) Buckhorn, Colin SO	3) Sullivan, Matthew SR	4) Piland, James SR
	2) Cubarney, Connor SO	3) Trinidad, Joshua SO	4) Vannell, Morgan SR
	2) Konstanty, Peter JR	3) Mantooth, Luke JR	4) Fioramonti, Josh FR
	2) Thompson, Jay JR	3) Tribble, Max SR	4) Nixon, Joseph SR
	2) Donovan, Patrick SR	3) Koler, Evan SO	4) Williams, Charlie SR
	2) Corley, Jason JR	3) Temple, Nicholas JR	4) Scanlon, Martin SO
	2) Kennedy, DJ SO	3) Kennedy, Ryan SO	4) Hooper, Grant SO
	2) Harvill, Robert SR	3) Huffman, Noah SR	4) Winkert, Patrick SR
	2) Tafuri, Matthew SO	3) Balint, Evan FR	4) Lobaugh, Sam SO
	2) Reddan, Patrick SO	3) Rommelmeyer, William FR	4) Paniszczyn, Andrew JR
	2) Zahorchak, Michael 8	3) Nguyen, Kenneth 8	4) Minarik, Joseph JR

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Event 17 ... (Boys 200 Yard Freestyle Relay)

17	Seton Swimming	D	X2:27.00
	1) Fioramonti, Mick JR	2) Judge, Dominic 8	3) Lynch, Joey 7
			4) Dusek, Charlie FR
18	Seton Swimming	E	X2:29.00
	1) Martinez, Thiago 7	2) Bishop, Aaron JR	3) Ellis, Ben 8
			4) Vaughan, Nick SO
19	Seton Swimming	F	X2:31.00
	1) Sokban, William SO	2) Bauer, Greg FR	3) Cooley, JJ FR
			4) Nguyen, Colin SR
20	Seton Swimming	G	X2:33.00
	1) Kay, Patrick 7	2) Beltran, Ryan JR	3) Wilson, Jonas 7
			4) Albin, Jed JR

Event 18 Girls 200 Yard Freestyle Relay

NoVA Cath: 1:41.75 1/11/2020

Bishop O'Connell

O'Connell

K Bailey, E Leonard, P Leonard, P Hall

22 VISAA QT: 1:58.53

	Team	Relay	Seed Time
1	St. Paul VI High School-VA	A	1:42.95
	1) Mont, Emma JR	2) Foley, Kate FR	3) McKinley, Lilia JR
			4) Florit, Alexis SR
2	Bishop Ireton High School-VA	A	1:43.58
	1) Lentini, Emma SO	2) Nick, Ella SO	3) Miller, Caroline JR
			4) Forrer, Therese SO
3	Bishop O'Connell-PV	A	1:44.41
	1) Rosson, Carolina SR	2) Hart, Emerson SO	3) Cervenak, Madison JR
			4) Smith, Ella SO
4	Seton Swimming	A	1:48.05
	1) Gibbons, Maggie JR	2) Paradise, Stella JR	3) Aldeguer, Ariana 8
			4) Pennefather, Mary SR
5	Saint John Paul the Great-VA	A	1:50.66
	1) Roder, Mia SR	2) Williams, Maeve SO	3) White, Cecilia JR
			4) Davis, Gianna SO
6	Bishop O'Connell-PV	B	1:50.72
	1) Thompson, Claire SO	2) Cervenak, Reagan FR	3) St Pierre, Kaitlin SR
			4) Babka, Claire SR
7	St. Paul VI High School-VA	B	1:51.01
	1) McCarthy, Quinne SO	2) Petti, Reagan JR	3) Nicholson, Natalie SO
			4) Walter, Sophia SO
8	Bishop Ireton High School-VA	B	1:52.15
	1) Ferguson, Kathleen SO	2) Forrer, Marcella FR	3) Smullen, Caroline FR
			4) Voorhees, Lillian SO
9	Bishop O'Connell-PV	C	X1:55.76
	1) Mastroianni, Chiara SO	2) Kinsella, Moira FR	3) Brayman, Samantha SO
			4) Ogletree, Lizzie SR
10	Bishop Ireton High School-VA	C	X1:56.79
	1) Gearghy, Samantha SR	2) Voorhees, Virginia FR	3) Ary, Sophia FR
			4) Mate, Maria SO
11	Seton Swimming	B	1:58.98
	1) Kay, Philomena 8	2) Oswald, Jacqueline SR	3) Mantooth, Kateri SR
			4) Fifield, Haley SO
12	Bishop O'Connell-PV	D	X2:01.56
	1) McCrann, Mia JR	2) McManus, Madelyn FR	3) Mata, Chelsea FR
			4) Melles, Delina FR
13	St. Paul VI High School-VA	C	X2:04.58
	1) Ellison, Parker FR	2) Dearmon, Hannah JR	3) Thompson, Sylvia SO
			4) Hommer, Alexis JR
14	Saint John Paul the Great-VA	B	2:06.00
	1) Kay, Sandra FR	2) Angarag, Alice FR	3) Runyan, Emily JR
			4) Weina, Virginia SR
15	Oakcrest School Chargers	A	2:06.09
	1) Herrick, Julia SO	2) Mochen, Catherine SO	3) Williams, Luisa SO
			4) Rolwes, Patricia SR
16	Bishop Ireton High School-VA	D	X2:13.15
	1) DeCoursey, Karenna SO	2) Goulet, Ella SR	3) Costello, Mary Kate FR
			4) Stuart, Alexandra SO
17	St. Gertrude High School	A	2:18.61
	1) Gelsomino, Gabriella FR	2) Lindsey, Isabella JR	3) Schwab, Jenna SR
			4) Seaman, Olivia SO
18	Seton Swimming	C	X2:30.00
	1) Schroer, Maggie 7	2) Rodriguez, Noemi 8	3) Fifield, Kyleigh 8
			4) Shillingburg, Briana SO
19	Seton Swimming	D	X2:32.00
	1) Waldron, Rose SO	2) Dusek, Annie 7	3) Condon, Meghan 7
			4) Quispe, Camila 6
20	Seton Swimming	E	X2:34.00
	1) Zadnik, Madelyn JR	2) Osilka, Mary Claire FR	3) Francis, Elizabeth SO
			4) Gonzalez, Veronica 7

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21	Seton Swimming	F		X2:36.00
	1) Hurley, Mary Catherine SO	2) Waldron, Lily 7	3) Baughman, Rachel 7	4) Reynolds, Emma SR
22	Seton Swimming	G		X2:38.00
	1) Bingham, Lucia SO	2) Geary, Amelia JR	3) Waldron, Cate JR	4) Kramer, Cora 8
23	Bishop O'Connell-PV	G		X2:38.99
	1) Owens, Delancy JR	2) Nguyen, Allison SO	3) Casey, Erin FR	4) Songer, Mary SR
24	Seton Swimming	H		X2:40.00
	1) Hudson, Ava JR	2) Atkinson, Julia JR	3) Haggerty, Aoife 8	4) Irving, Monica 7
25	Seton Swimming	I		X2:42.00
	1) Mantooth, Avila 7	2) Bingham, Mariana 8	3) Heiny, Maddie FR	4) Quispe, Allison FR
26	Seton Swimming	J		X2:44.00
	1) Arnold, Betsy 7	2) Russo, Gabriella 8	3) Blanchette, Kit 7	4) Bauer, Molly SO
27	Seton Swimming	K		X2:46.00
	1) Hurley, Elizabeth 7	2) Haggerty, Moira SR	3) Bauer, Katie 7	4) Heiny, Clare 7
28	Seton Swimming	L		X2:48.00
	1) Cunningham, Lucy SO	2) Halisky, Sophia 7	3) Judge, Jane 7	4) O'Keefe, Helena FR
29	Seton Swimming	M		X2:50.00
	1) Haggerty, Orla SO	2) Miller, Maria FR	3) Blanchette, Meg SO	4) Kohlhaas, Sofia 7
30	Bishop O'Connell-PV	E		X3:00.98
	1) McIntosh, Caeli FR	2) Ramchand, Lily FR	3) Doyle, Shelby SO	4) Atikem, Maryam JR
31	Bishop O'Connell-PV	F		X3:05.47
	1) Wyland, Martina FR	2) Palmer, Ruth JR	3) McAleer, Paige FR	4) Songer, Tricia FR
32	Oakcrest School Chargers	B		NT
	1) Guenther, Louise JR	2) Schindler, Kathryn JR	3) Kissinger, Norah JR	4) Kissinger, Meghan SR
33	Oakcrest School Chargers	C		XNT
	1) Larson, Zoe FR	2) Hooff, Mary Shelton SO	3) Thornburg, Fio SO	4) Nugent, Katie SO

Event 19 Boys 100 Yard Backstroke

NoVA Cath: 53.25 1/11/2020 Michael Salvatori

John Paul

22 VISAA QT: 1:02.90

	Name	Year	School	Seed Time
1	Vinegas, Miggy	JR	St. Paul VI High School-VA	56.73
2	Rowan, Graham	FR	Bishop O'Connell-PV	58.75
3	Adye, Timothy	SO	Bishop O'Connell-PV	58.96
4	Manley, Adam	SR	St. Paul VI High School-VA	59.78
5	McLallen, Colin	SO	Bishop Ireton High School-VA	1:01.67
6	Loftin, Will	JR	Benedictine College Prep	1:02.65
7	Koehr, Connor	SO	Seton Swimming	1:03.93
8	Fioramonti, Mick	JR	Seton Swimming	1:04.91
9	Wilson, Max	SO	Seton Swimming	1:06.72
10	Thompson, Jay	JR	Bishop O'Connell-PV	1:07.04
11	Paniszczyn, Andrew	JR	St. Paul VI High School-VA	1:08.82
12	Fuqua, Jack	FR	Bishop Ireton High School-VA	1:09.42
13	Patterson, Bryce	SO	Bishop Ireton High School-VA	1:09.71
14	Nixon, Joseph	SR	Bishop O'Connell-PV	1:12.22
15	Beltran, Ryan	JR	Seton Swimming	1:13.57
16	Mastrianni, Dominic	JR	Saint John Paul the Great-VA	1:18.78
17	Carter, Thomas	JR	Benedictine College Prep	1:20.33
18	Lynch, Joey	7	Seton Swimming	X1:24.11
19	Zahorchak, Michael	8	Seton Swimming	X1:24.46
20	Smith, James	JR	Saint John Paul the Great-VA	1:25.76
21	Caputo, Henry	FR	St. Paul VI High School-VA	1:27.04
22	Mitchell, Thomas	FR	Bishop Ireton High School-VA	1:30.26

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Event 19 ... (Boys 100 Yard Backstroke)

23	Blanchette, Tim	SR	Seton Swimming	X1:52.38
24	Gregory, Jack	JR	Seton Swimming	X1:59.97
25	Kohlhaas, Daniel	6	Seton Swimming	X2:24.43

Event 20 Girls 100 Yard Backstroke

NoVA Cath: 57.66 1/11/2020

Paige Hall

O'Connell

22 VISAA QT: 1:06.85

	Name	Year	School	Seed Time
1	Celi, Zoe	JR	St. Paul VI High School-VA	58.29
2	Smittle, Carlin	SO	Bishop O'Connell-PV	1:06.23
3	Lentini, Emma	SO	Bishop Ireton High School-VA	1:09.28
4	St Pierre, Kaitlin	SR	Bishop O'Connell-PV	1:10.11
5	Mastroianni, Chiara	SO	Bishop O'Connell-PV	1:10.24
6	Gibbons, Maggie	JR	Seton Swimming	1:10.51
7	Nicholson, Natalie	SO	St. Paul VI High School-VA	1:10.83
8	Adams, Amelia	SO	Oakcrest School Chargers	1:12.37
9	Gearghy, Samantha	SR	Bishop Ireton High School-VA	1:12.50
10	McCarthy, Quinne	SO	St. Paul VI High School-VA	1:13.20
11	Mate, Maria	SO	Bishop Ireton High School-VA	1:13.64
12	Stewart, Samantha	SO	Bishop O'Connell-PV	1:14.02
13	Garvey, Anastasia	FR	Seton Swimming	1:14.60
14	Halisky, Amelie	SR	Seton Swimming	1:15.00
15	Hudson, Ava	JR	Seton Swimming	1:16.12
16	Forrer, Marcella	FR	Bishop Ireton High School-VA	1:17.69
17	Mata, Chelsea	FR	Bishop O'Connell-PV	X1:17.72
18	Casey, Erin	FR	Bishop O'Connell-PV	X1:18.25
19	Magee, Amelia	FR	Oakcrest School Chargers	1:18.79
20	Dearmon, Hannah	JR	St. Paul VI High School-VA	1:19.58
21	Beard, Addison	FR	St. Paul VI High School-VA	X1:21.64
22	White, Cecilia	JR	Saint John Paul the Great-VA	1:21.85
23	Walke, Belle	8	Oakcrest School Chargers	1:24.55
24	Kennelly, Liliana	FR	Bishop Ireton High School-VA	X1:24.82
25	Hurley, Mary Catherine	SO	Seton Swimming	X1:26.24
26	Runyan, Emily	JR	Saint John Paul the Great-VA	1:29.69
27	Francis, Elizabeth	SO	Seton Swimming	X1:31.13
28	Waldron, Lily	7	Seton Swimming	X1:33.18
29	Irving, Monica	7	Seton Swimming	X1:34.61
30	Miller, Elizabeth	FR	Saint John Paul the Great-VA	1:35.00
31	Mantooth, Avila	7	Seton Swimming	X1:38.29
32	Schindler, Kathryn	JR	Oakcrest School Chargers	1:41.20
33	Blanchette, Kit	7	Seton Swimming	X1:44.11
34	Kattah, Kayla	SO	Saint John Paul the Great-VA	1:50.00
35	Shillingburg, Briana	SO	Seton Swimming	X1:59.43
36	Blanchette, Nora	FR	Seton Swimming	X2:05.42
37	Reynolds, Emma	SR	Seton Swimming	X2:05.69
38	McAlee, Paige	FR	Bishop O'Connell-PV	XNT
39	Larson, Zoe	FR	Oakcrest School Chargers	XNT
40	McLaury, Eve	JR	St. Paul VI High School-VA	XNT

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Psych Sheet

Event 21 Boys 100 Yard Breaststroke

NoVA Cath: 57.93 1/11/2020

Tyler Lentine

O'Connell

22 VISAA QT: 1:08.79

Name	Year	School	Seed	Time
1 Johnson, Matthew	SR	St. Paul VI High School-VA		1:00.19
2 Carpenter, Kaden	SR	Bishop O'Connell-PV		1:02.19
3 O'Toole, Owen	SR	St. Paul VI High School-VA		1:03.42
4 Corley, Adam	SO	Bishop Ireton High School-VA		1:03.95
5 Fleming, Wills	SO	Bishop O'Connell-PV		1:05.28
6 Brox, JJ	SR	Seton Swimming		1:06.53
7 Koler, Eric	FR	Saint John Paul the Great-VA		1:08.47
8 Trinidad, Joshua	SO	St. Paul VI High School-VA		1:09.25
9 Corley, Jason	JR	Bishop Ireton High School-VA		1:10.24
10 Nguyen, Drew	SO	Seton Swimming		1:10.49
11 Giza, John Paul	SO	Bishop Ireton High School-VA		1:11.34
12 McNamara, Rory	SO	Bishop O'Connell-PV		1:12.97
13 Kennedy, DJ	SO	Benedictine College Prep		1:14.76
14 Tribble, Max	SR	Bishop O'Connell-PV		1:14.92
15 Wilson, Gabriel	SR	St. Paul VI High School-VA		1:15.79
16 Mantooth, Luke	JR	Seton Swimming		1:16.18
17 Cardot-Meikle, Henry	FR	Benedictine College Prep		1:17.41
18 Konstanty, Peter	JR	Seton Swimming		1:20.98
19 Sokban, Daniel	8	Seton Swimming	X1:	26.00
20 Poppa, Jake	FR	Benedictine College Prep		1:27.04
21 Rommelmeyer, William	FR	St. Paul VI High School-VA	X1:	27.28
22 Matherne, Andrew	JR	Bishop Ireton High School-VA		1:29.71
23 Berg, Jackson	JR	Saint John Paul the Great-VA		1:30.96
24 Nguyen, Kenneth	8	Seton Swimming	X1:	32.90
25 Ellis, Ben	8	Seton Swimming	X1:	39.00
26 Cooley, JJ	FR	Seton Swimming	X1:	51.48
27 Cooley, John	7	Seton Swimming	X2:	35.38
28 Reddan, Patrick	SO	St. Paul VI High School-VA		XNT

Event 22 Girls 100 Yard Breaststroke

NoVA Cath: 1:05.72 1/14/2017

Anna Shumate

Ireton

22 VISAA QT: 1:16.38

Name	Year	School	Seed	Time
1 Kirby, Ashley	SR	St. Paul VI High School-VA		1:07.37
2 Davis, Gianna	SO	Saint John Paul the Great-VA		1:10.70
3 Sullivan, Anna	FR	Bishop O'Connell-PV		1:11.81
4 Thompson, Claire	SO	Bishop O'Connell-PV		1:12.57
5 Koler, Isabella	FR	Saint John Paul the Great-VA		1:12.95
6 Kinsella, Moira	FR	Bishop O'Connell-PV		1:14.14
7 Smullen, Caroline	FR	Bishop Ireton High School-VA		1:14.69
8 Hart, Emerson	SO	Bishop O'Connell-PV		1:16.59
9 Petti, Reagan	JR	St. Paul VI High School-VA		1:16.65
10 Jefferies, Lucy	SR	Bishop Ireton High School-VA		1:16.68
11 Hannon, Carrington	SO	St. Gertrude High School		1:18.27
12 Waldron, Rose	SO	Seton Swimming		1:19.14
13 Sims, Marisol	SO	St. Paul VI High School-VA		1:19.34
14 Oswald, Jacqueline	SR	Seton Swimming		1:19.92
15 Mochen, Catherine	SO	Oakcrest School Chargers		1:21.59
16 Guenther, Louise	JR	Oakcrest School Chargers		1:23.26
17 Ellison, Parker	FR	St. Paul VI High School-VA		1:23.93

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Event 22 ... (Girls 100 Yard Breaststroke)

18	Jarecke, Anais	SR	Bishop O'Connell-PV	X1:24.46
19	Kay, Sandra	FR	Saint John Paul the Great-VA	1:24.65
20	Kay, Philomena	8	Seton Swimming	1:24.72
21	Mantooth, Kateri	SR	Seton Swimming	1:24.94
22	McManus, Madelyn	FR	Bishop O'Connell-PV	X1:25.78
23	Cremer, Lauren	SR	Bishop Ireton High School-VA	1:25.92
24	Ary, Sophia	FR	Bishop Ireton High School-VA	1:30.41
25	Wyland, Martina	FR	Bishop O'Connell-PV	X1:31.16
26	Schwab, Jenna	SR	St. Gertrude High School	1:31.48
27	Thornburg, Fio	SO	Oakcrest School Chargers	1:31.52
28	Owens, Delancy	JR	Bishop O'Connell-PV	X1:32.73
29	Crawford, Cory	FR	Bishop Ireton High School-VA	X1:33.14
30	Geary, Amelia	JR	Seton Swimming	X1:33.59
31	Palmer, Ruth	JR	Bishop O'Connell-PV	X1:34.71
32	Herrick, Julia	SO	Oakcrest School Chargers	1:36.18
33	McCormick, Madison	SO	Saint John Paul the Great-VA	1:38.62
34	Blanchette, Meg	SO	Seton Swimming	X1:39.65
35	Crawford, Laurel	JR	Bishop Ireton High School-VA	X1:39.66
36	Stuart, Alexandra	SO	Bishop Ireton High School-VA	X1:41.12
37	Deavers, Ashley	JR	Bishop Ireton High School-VA	X1:41.93
38	Haggerty, Moira	SR	Seton Swimming	X1:42.35
39	Songer, Tricia	FR	Bishop O'Connell-PV	X1:43.62
40	Costello, Mary Kate	FR	Bishop Ireton High School-VA	X1:44.16
41	Doyle, Shelby	SO	Bishop O'Connell-PV	X1:48.77
42	Hixson, Nora	SO	Bishop Ireton High School-VA	X1:48.92
43	Quispe, Allison	FR	Seton Swimming	X1:52.26
44	Waldron, Cate	JR	Seton Swimming	X1:52.45
45	O'Keefe, Helena	FR	Seton Swimming	X1:52.90
46	Nguyen, Bella	7	Seton Swimming	X2:06.33
47	Gonzalez, Veronica	7	Seton Swimming	X2:06.46
48	Quispe, Camila	6	Seton Swimming	X2:44.93
49	Rutherford, Lilly	SR	Oakcrest School Chargers	XNT

Event 23 Boys 400 Yard Freestyle Relay

NoVA Cath: 3:21.89 1/22/2022

Bishop O'Connell

O'Connell

C Kinsella, K Carchia, L Hickey, B Mullen

22 VISAA QT: 3:59.45

Team	Relay	Seed Time
1	Bishop O'Connell-PV 1) Worthen, Jermaine FR 2) Mullen, Paul FR	A 3:20.04
2	St. Paul VI High School-VA 1) Murphy, Matthew JR 2) Garcia, Chase SO	A 3:25.92
3	Seton Swimming 1) Wilson, Joe SR 2) Martinez, Lionel 8	A 3:41.28
4	Bishop Ireton High School-VA 1) McLallen, Colin SO 2) Patterson, Bryce SO	A 3:46.42
5	Bishop O'Connell-PV 1) Rowan, Graham FR 2) Milligan, James SR	B 3:48.87
6	Seton Swimming 1) Hudson, David JR 2) Koehr, Connor SO	B 3:53.52
7	Bishop O'Connell-PV 1) Fahle, Keaghan FR 2) Coleman, Austin JR	C X3:58.97
		3) Aleman-Lomeli, Alexander S4) Lobaugh, Sam SO

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8	Bishop Ireton High School-VA	B		4:00.00
	1) Scanlon, Martin SO	2) Fuqua, Jack FR	3) Johnston, Rex SO	4) Matherne, Andrew JR
9	St. Paul VI High School-VA	B		4:00.26
	1) Chugh, Kabir SR	2) Cox, Lucas SO	3) Wightman, Connor SO	4) Duren, Jack SR
10	Bishop O'Connell-PV	D		X4:10.25
	1) Babka, Zach SR	2) Hearne, Nicholas FR	3) Balint, Evan FR	4) Dufrane, Vincent FR
11	Saint John Paul the Great-VA	A		4:19.00
	1) Donovan, Patrick SR	2) Smith, James JR	3) Berg, Jackson JR	4) Mastrianni, Dominic JR
12	St. Paul VI High School-VA	C		X4:19.69
	1) Caldera, Ben FR	2) Cubarney, Connor SO	3) Huffman, Noah SR	4) Vannell, Morgan SR

Event 24 Girls 400 Yard Freestyle Relay

NoVA Cath: 3:42.53 1/22/2022 **Bishop O'Connell** **O'Connell**
K Bailey, P Leonard, P Buswell, C Mullen

22 VISAA QT: 4:38.24

	Team	Relay	Seed Time
1	St. Paul VI High School-VA	A	3:48.25
	1) Foley, Abigail SR	2) Murphy, Caroline SR	3) Celi, Zoe JR
2	Seton Swimming	A	3:50.91
	1) Pennefather, Mary SR	2) Brox, Elodie SO	3) Garvey, Anastasia FR
3	Bishop O'Connell-PV	A	3:51.45
	1) Buswell, Piper SR	2) Smittle, Carlin SO	3) Cervenak, Madison JR
4	Bishop Ireton High School-VA	A	3:52.31
	1) Lentini, Emma SO	2) Milewski, Anna JR	3) Nick, Ella SO
5	Bishop O'Connell-PV	B	4:05.63
	1) Sullivan, Anna FR	2) Kinsella, Molly FR	3) Ogletree, Lizzie SR
6	Bishop Ireton High School-VA	B	4:06.39
	1) Pickard, Audrey SR	2) O'Brien, Caroline SR	3) Jefferies, Lucy SR
7	Oakcrest School Chargers	A	4:08.91
	1) Adams, Amelia SO	2) Magee, Amelia FR	3) Walke, Belle 8
8	St. Paul VI High School-VA	B	4:11.94
	1) Mont, Emma JR	2) McKinley, Tess JR	3) Foley, Kate FR
9	Saint John Paul the Great-VA	A	4:12.00
	1) Koler, Isabella FR	2) Vitkovsky, Maggie SR	3) Caron, Mary Alice FR
10	Bishop O'Connell-PV	C	X4:15.34
	1) Melles, Delina FR	2) Jarecke, Anais SR	3) McIntosh, Caeli FR
11	Bishop O'Connell-PV	F	X4:16.57
	1) McAleer, Paige FR	2) Atikem, Maryam JR	3) Doyle, Shelby SO
12	Saint John Paul the Great-VA	B	4:22.00
	1) White, Cecilia JR	2) Angarag, Alice FR	3) Runyan, Emily JR
13	Bishop O'Connell-PV	D	X4:25.98
	1) Williams, Meghan JR	2) Songer, Mary SR	3) Stewart, Samantha SO
14	Seton Swimming	B	4:27.34
	1) Oswald, Jacqueline SR	2) Fifield, Haley SO	3) O'Malley, Shannon SO
15	Bishop Ireton High School-VA	C	X4:28.99
	1) Voorhees, Virginia FR	2) Ary, Sophia FR	3) Ramirez, Gabriela SR
16	Bishop O'Connell-PV	E	X4:34.76
	1) Nguyen, Allison SO	2) Owens, Delancy JR	3) Wyland, Martina FR
17	St. Paul VI High School-VA	C	X4:39.42
	1) Schemm, Carolina FR	2) Kimble, Katherine SO	3) Sims, Marisol SO
18	Oakcrest School Chargers	B	5:05.18
	1) Meunier, Cecelia SR	2) Herrick, Julia SO	3) Erickson, Katelyn FR
19	Saint John Paul the Great-VA	C	X5:13.00
	1) Kattah, Kayla SO	2) McCormick, Madison SO	3) Heath, Laurel FR
			4) Miller, Elizabeth FR