

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 1 Boys 200 Yard Medley Relay

SST Record: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr

Nat Cath QT: 1:49.50

VISAA QT: 1:57.18

2022Trinity: 1:43.67 2/19/2016

Trinity Christian School
M. Brazier, R. Fletcher, C. Na, H. Kesting

TCSI-VA

Team	Relay	Seed Time
1 The Heights School (Hs)-MD 1) Duncan, Tom JR 2) James, Michael SR	A 3) Franck, Sean JR	1:31.70 4) James, Peter SR
2 The Heights School (Hs)-MD 1) DeLellis, JD FR 2) Hong, Ryan SR	B 3) Garvey, Jack SO	1:37.27 4) Zelaya, Leo JR
3 The Heights School (Hs)-MD 1) Eschmann, John FR 2) Franck, Ryan SO	C 3) Sciortino, Peter JR	X1:46.02 4) Gelbach, Finn SR
4 Trinity Christian School-VA 1) Yun, Noah 09 2) Yancy, Ben 10	A 3) Phillips, Tyler 09	1:47.35 4) Kim, Justin 11
5 The Heights School (Hs)-MD 1) DeAgostino, Jacob SR 2) Connolly, Patrick JR	D 3) Hermes, Jack SR	X1:50.46 4) Connolly, Nate SO
6 Seton Swimming 1) Koehr, Connor SO 2) Brox, JJ SR	A 3) Wilson, Joe SR	1:52.00 4) Martinez, Lionel 8
7 Immanuel Christian High School 1) Wolf, Joshua JR 2) Wolf, Moses 8	A 3) Wolf, Caleb JR	1:52.25 4) Salter, Jonathan SO
8 Seton Swimming 1) Brox, Michael SO 2) Nguyen, Drew SO	B 3) Wilson, Max SO	1:56.00 4) Dealey, Joey SR
9 Immanuel Christian High School 1) Goede, Noah 8 2) Morillo, Caleb FR	B 3) Rutkowski, Juan JR	2:00.00 4) Priebus, Jack SR
10 Immanuel Christian High School 1) Anderson, Brenton 8 2) Fiala, Caleb 8	C 3) Nava, Sebastian SR	2:10.00 4) Currey, Scott JR
11 Carmel School Wildcats 1) Self, Cullen 7 2) Self, Tavish SO	A 3) Self, Ronan SR	X2:11.13 4) Whittaker, Fisher 8
12 Trinity Christian School-VA 1) Park, Zach 11 2) Wang, Luke 11	B 3) Cole, Carter 11	2:14.54 4) Abidin, Christian 11
13 Immanuel Christian High School 1) Gade, William FR 2) Lam, Micah 8	D 3) Holvenstot, Jack 8	2:20.00 4) Gade, Tyler FR
14 Immanuel Christian High School 1) Schiller-Jensen, Elijah 8 2) Burgess, Grey FR	E 3) Pinkley, Isaac 8	2:30.00 4) Taylor, Scott SO
15 Seton Swimming 1) Lynch, Joey 7 2) Nguyen, Kenneth 8	C 3) Martinez, Thiago 7	X2:30.00 4) McCardell, Aidan FR
16 Seton Swimming 1) Wilson, Jonas 7 2) Judge, Dominic 8	D 3) Fioramonti, Mick JR	X2:35.00 4) Cooley, John 7
17 Seton Swimming 1) Ellis, Ben 8 2) Zahorchak, Michael 8	E 3) Konstanty, Peter JR	X2:37.00 4) Henry, Dominic 7
18 Seton Swimming 1) Vaughan, Nick SO 2) Bishop, Aaron JR	F 3) Fioramonti, Josh FR	X2:39.00 4) Gregory, Jack JR
19 Seton Swimming 1) Baughman, Ryan FR 2) Bauer, Greg	G 3) Halisky, Liam SO	X2:41.00 4) Likoy, Raphaël 8
20 Seton Swimming 1) Cooley, JJ FR 2) Sokban, Daniel 8	H 3) Beltran, Ryan JR	X2:43.00 4) Minarik, Joseph JR
21 Seton Swimming 1) Dusek, Charlie FR 2) Nguyen, Colin SR	I 3) Albin, Jed JR	X2:45.00 4) Vaughan, Noah 8
22 Seton Swimming 1) Blanchette, Tim SR 2) Kay, Patrick 7	J 3) Mantooth, Luke JR	X2:47.00 4) Dwane, Joseph 8

Seton Icebreaker Invitational - 12/3/2022**Psych Sheet****Event 2 Girls 200 Yard Medley Relay****SST Record: 1:50.25 2/18/2011 Doonis,Rogers,Wunderly,Donohoe****Nat Cath QT: 2:09.49****VISAA QT: 2:14.01****2022Trinity: 1:54.17 2/16/2018****Trinity Christian School
A. Cornett, H. Silvernail, B. Williams, J. Phillip****TCSI-VA**

Team	Relay	Seed Time
1 Seton Swimming 1) Aldeguer, Ariana 8	A 2) Paradise, Stella JR	1:58.00 4) Brox, Elodie SO
2 Trinity Christian School-VA 1) Womack, Kristen 11	A 2) Klanderma n, Liz 10	1:58.22 4) Wiggins, Allie 09
3 Trinity Christian School-VA 1) Witdoeck t, Karis 10	B 2) Bailey, Mary 11	1:59.76 4) Phillips, Amy 12
4 Seton Swimming 1) Oswald, Jacqueline SR	B 2) Garvey, Anastasia FR	2:03.00 4) Mantooth, Kateri SR
5 Oakcrest School Chargers 1) Adams, Amelia SO	A 2) Mochen, Catherine SO	2:03.03 4) Rolwes, Patricia SR
6 Carmel School Wildcats 1) Kitchen, Zoe FR	A 2) Marr, Nora 8	2:11.59 4) Pack, Olivia 7
7 Oakcrest School Chargers 1) Magee, Amelia FR	C 2) Turner, Lacey 8	X2:15.66 4) Rizzo, Hazel 8
8 Seton Swimming 1) Dusek, Annie 7	C 2) Halisky, Amelie SR	X2:20.00 4) Mantooth, Avila 7
9 Immanuel Christian High School 1) Shumate, Kate 8	A 2) DeWitte, Katie JR	2:22.62 4) Allman, Abigail SO
10 Seton Swimming 1) Heiny, Maddie FR	D 2) Haggerty, Moira SR	X2:25.00 4) Blanchette, Kit 7
11 Seton Swimming 1) O'Keefe, Helena FR	E 2) Haggerty, Orla SO	X2:30.00 4) Judge, Jane 7
12 Seton Swimming 1) Waldron, Lily 7	F 2) Hurley, Elizabeth 7	X2:35.00 4) Bingham, Lucia SO
13 Oakcrest School Chargers 1) Stadelman, Emma 6	D 2) Mochen, Emily 6	X2:35.90 4) Bishop, Lyla 6
14 Seton Swimming 1) Baughman, Rachel 7	G 2) Condon, Meghan 7	X2:40.00 4) Kohlhaas, Sofia 7
15 Seton Swimming 1) Cooley, Keira JR	H 2) Fifield, Kyleigh 8	X2:45.00 4) Reynolds, Emma SR
16 Fresta Valley Christian School-VA 1) Waltz, Rebekah FR	A 2) Waltz, Elizabeth SR	2:46.21 4) Donahoo, Jane
17 Seton Swimming 1) Quispe, Allison FR	I 2) Arnold, Betsy 7	X2:50.00 4) Blanchette, Nora FR
18 Seton Swimming 1) Heiny, Clare 7	J 2) Rodriguez, Noemi 8	X2:52.00 4) Nguyen, Bella 7
19 Seton Swimming 1) Irving, Monica 7	K 2) Osilka, Mary Claire FR	X2:54.00 4) Quispe, Camila 6
20 Seton Swimming 1) Bauer, Molly SO	L 2) Haggerty, Aoife 8	X2:56.00 4) Gonzalez, Veronica 7
21 Seton Swimming 1) Bauer, Katie 7	M 2) Waldron, Cate JR	X2:58.00 4) Shillingburg, Briana SO
22 Immanuel Christian High School 1) Anderson, Sarah SO	B 2) Currey, Agnes FR	3:00.00 4) Doran, Catalina JR
23 Fresta Valley Christian School-VA 1) Freidline, Alyssa SO	B 2) Dean, Malise SO	3:52.60 4) Lloyd, Bella SO
24 Oakcrest School Chargers 1) McDonnell, Maddie FR	B 2) Szerszen, Catherine 8	NT 4) Erickson, Katelyn FR
	3) Walke, Belle 8	

Seton Icebreaker Invitational - 12/3/2022**Psych Sheet****Event 2 ... (Girls 200 Yard Medley Relay)**

25	Oakcrest School Chargers	E			XNT
	1) Hooff, Mary Shelton SO	2) Nugent, Katie SO	3) Baird, Regina SR	4) Crnkovich, Teri SR	
26	Oakcrest School Chargers	F			XNT
	1) Williams, Luisa SO	2) Thornburg, Fio SO	3) Larson, Zoe FR	4) Larson, Elle FR	
27	Oakcrest School Chargers	G			XNT
	1) Dsouza, Sonja 7	2) Freshour, Emma 6	3) Eschmann, Brigita 7	4) Erickson, Megan 7	
28	Trinity Christian School-VA	C			XNT
	1) Bailey, Holly 09	2) Bang, Sophia 07	3) Yaraschak, Bella 11	4) Bailey, Anna 07	

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 3 Boys 200 Yard Freestyle

SST Record: 1:38.54 1/31/2010 S.J. Hill

Nat Cath QT: 1:57.50

VISAA QT: 2:01.47

2022Trinity: 1:51.95 2/18/2022 Justin Kim at 2022 VISAA Swimm

TCS!-VA

Name	Year	School	Seed Time
1 James, Peter	SR	The Heights School (Hs)-MD	1:57.40
2 DeLellis, JD	FR	The Heights School (Hs)-MD	2:12.32
3 Brox, Michael	SO	Seton Swimming	2:13.45
4 Bang, Caleb	09	Trinity Christian School-VA	2:14.50
5 Dealey, Joey	SR	Seton Swimming	2:14.95
6 Nguyen, Drew	SO	Seton Swimming	2:18.13
7 Borneman, Joseph	SO	Seton Swimming	2:23.67
8 Sciortino, Joe	SR	The Heights School (Hs)-MD	2:30.00
9 Wang, Luke	11	Trinity Christian School-VA	2:43.90
10 Jang, Elliot	11	Trinity Christian School-VA	2:56.44
11 Coates, Daniel	FR	Carmel School Wildcats	3:11.19

Seton Icebreaker Invitational - 12/3/2022
Psych Sheet

Event 4 Girls 200 Yard Freestyle

SST Record: 1:55.74 2/19/2010 **K. Shipko**

Nat Cath QT: 2:15.50

VISAA QT: 2:13.44

2022Trinity: 2:00.64 2/3/2018

Annalise E. Cornett

TCSI-VA

	Name	Year	School	Seed Time
1	Wiggins, Allie	09	Trinity Christian School-VA	2:16.03
2	Paradise, Stella	JR	Seton Swimming	2:16.37
3	Phillips, Amy	12	Trinity Christian School-VA	2:18.12
4	Schlieter, Audrey	09	Trinity Christian School-VA	2:18.51
5	Bruenjes, Anne	7	Immanuel Christian High School	2:19.69
6	Myers, Allie	07	Trinity Christian School-VA	X2:20.12
7	Duncan, Rosemary	6	Oakcrest School Chargers	X2:30.22
8	Waltz, Rebekah	FR	Fresta-VA	2:30.39
9	Zadnik, Madelyn	JR	Seton Swimming	2:32.08
10	Bailey, Mary	11	Trinity Christian School-VA	2:32.56
11	Meunier, Cecelia	SR	Oakcrest School Chargers	2:35.23
12	Mantooth, Kateri	SR	Seton Swimming	2:36.67
13	Harders, Abby		Fresta-VA	2:37.99
14	O'Malley, Shannon	SO	Seton Swimming	2:40.79
15	Pack, Olivia	7	Carmel School Wildcats	X2:43.00
16	Brown, Lena	07	Trinity Christian School-VA	X2:50.48
17	Holmes, Alice	7	Immanuel Christian High School	2:54.88
18	Zaegal, Leanne	7	Carmel School Wildcats	X3:29.50
19	Baird, Regina	SR	Oakcrest School Chargers	NT

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 5 Boys 200 Yard IM

SST Record: 1:54.70 2/17/2008 N. Cook

Nat Cath QT: 2:14.00

VISAA QT: 2:18.04

2022Trinity: 2:07.90 2/12/2022

Justin Kim at 2022 VCAC Champi

TCS!-VA

Name	Year	School	Seed Time
1 Duncan, Tom	JR	The Heights School (Hs)-MD	2:00.50
2 James, Michael	SR	The Heights School (Hs)-MD	2:01.15
3 Hong, Ryan	SR	The Heights School (Hs)-MD	2:11.83
4 Phillips, Tyler	09	Trinity Christian School-VA	2:14.82
5 Yancy, Ben	10	Trinity Christian School-VA	2:21.14
6 Self, Tavish	SO	Carmel School Wildcats	2:31.25
7 Nguyen, Drew	SO	Seton Swimming	2:37.99
8 Konstanty, Peter	JR	Seton Swimming	2:40.81
9 Koehr, Connor	SO	Seton Swimming	X2:43.25
10 Rutkowski, Juan	JR	Immanuel Christian High School	2:49.76
11 Goede, Noah	8	Immanuel Christian High School	2:50.28
12 Anderson, Brenton	8	Immanuel Christian High School	2:53.40
13 Beltran, Ryan	JR	Seton Swimming	2:57.18
14 Sokban, Daniel	8	Seton Swimming	3:14.17

Seton Icebreaker Invitational - 12/3/2022
Psych Sheet

Event 6 Girls 200 Yard IM

SST Record: 2:11.80 2/16/2008 J. Dunn

Nat Cath QT: 2:35.00

VISAA QT: 2:29.40

2022Trinity: 2:09.93 2/15/2019

Annalise E. Cornett

TCSI-VA

	Name	Year	School	Seed Time
1	Bryan, Elizabeth	FR	Oakcrest School Chargers	2:15.33
2	Aldeguer, Ariana	8	Seton Swimming	2:16.76
3	Klanderman, Liz	10	Trinity Christian School-VA	2:26.67
4	Witdoeck, Karis	10	Trinity Christian School-VA	2:34.72
5	Fifield, Haley	SO	Seton Swimming	2:45.53
6	Myers, Lydia	8	Immanuel Christian High School	2:48.73
7	Garvey, Anastasia	FR	Seton Swimming	2:49.08
8	Adams, Amelia	SO	Oakcrest School Chargers	2:54.63
9	Walke, Belle	8	Oakcrest School Chargers	2:55.82
10	Bang, Selah	12	Trinity Christian School-VA	2:58.54
11	Ratcliffe, Eliana	10	Trinity Christian School-VA	2:59.79
12	Bingham, Lucia	SO	Seton Swimming	3:03.45
13	DeWitte, Katie	JR	Immanuel Christian High School	3:16.56
14	Hulse, Abby		Fresta-VA	3:17.49
15	Allman, Abigail	SO	Immanuel Christian High School	3:20.00
16	Marr, Nora	8	Carmel School Wildcats	3:25.40

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 7 Boys 50 Yard Freestyle

SST Record: 21.22 2/19/2010 S.J. Hill

Nat Cath QT: 24.95

VISAA QT: 24.14

2022Trinity: 23.48 2/19/2016

Henry Kesting

TCS!-VA

Name	Year	School	Seed Time
1	Rose, Matthew	SO The Heights School (Hs)-MD	23.26
2	Franck, Sean	JR The Heights School (Hs)-MD	23.61
3	Gelbach, Finn	SR The Heights School (Hs)-MD	24.79
4	Salter, Jonathan	SO Immanuel Christian High School	24.85
5	Zelaya, Leo	JR The Heights School (Hs)-MD	25.09
6	Hermes, Jack	SR The Heights School (Hs)-MD	25.16
7	Connolly, Nate	SO The Heights School (Hs)-MD	25.24
8	Hudson, David	JR Seton Swimming	25.30
9	Yun, Noah	09 Trinity Christian School-VA	25.40
10	Stadelmann, Lucas	8 The Heights School (Hs)-MD	25.50
11	Sciortino, Peter	JR The Heights School (Hs)-MD	25.57
12	Park, Zach	11 Trinity Christian School-VA	25.61
13	Huff, Lincoln	8 The Heights School (Hs)-MD	X25.68
14	Gallagher, Cian	SO The Heights School (Hs)-MD	X25.70
15	Brox, Michael	SO Seton Swimming	26.34
16	Zelaya, Antonio	FR The Heights School (Hs)-MD	X26.40
17	Magee, Benjamin	FR The Heights School (Hs)-MD	X26.50
18	Fioramonti, Mick	JR Seton Swimming	X26.76
19	Sciortino, Joe	SR The Heights School (Hs)-MD	X27.05
20	Priebus, Jack	SR Immanuel Christian High School	27.25
21	Martinez, Thiago	7 Seton Swimming	X27.36
22	Fioramonti, Josh	FR Seton Swimming	27.47
23	Halisky, Liam	SO Seton Swimming	27.91
24	DeAgostino, Jacob	SR The Heights School (Hs)-MD	X28.20
25	Currey, Scott	JR Immanuel Christian High School	28.69
26	Rogers, Lucas	FR The Heights School (Hs)-MD	X28.91
27	Abidin, Christian	11 Trinity Christian School-VA	29.13
28	Fiala, Caleb	8 Immanuel Christian High School	29.18
29	Watson, Patrick	FR The Heights School (Hs)-MD	X29.29
30	Kay, Patrick	7 Seton Swimming	X29.29
31	Nava, Sebastian	SR Immanuel Christian High School	29.64
32	Nguyen, Colin	SR Seton Swimming	X29.91
33	Bauer, Greg	Seton Swimming	X30.21
34	Gade, Tyler	FR Immanuel Christian High School	30.87
35	Diller, David	SR The Heights School (Hs)-MD	X31.35
36	Bishop, Aaron	JR Seton Swimming	X31.46
37	Holvenstot, Jack	8 Immanuel Christian High School	31.55
38	Partin, Matthew	SO Carmel School Wildcats	31.81
39	Gade, William	FR Immanuel Christian High School	31.82
40	Pinkley, Isaac	8 Immanuel Christian High School	32.04
41	Zahorchak, Michael	8 Seton Swimming	X32.21
42	Judge, Dominic	8 Seton Swimming	X32.73
43	Nguyen, Kenneth	8 Seton Swimming	X32.75
44	Lynch, Joey	7 Seton Swimming	X33.11
45	Coates, Daniel	FR Carmel School Wildcats	33.37
46	Bunai, Mattias	SO The Heights School (Hs)-MD	X33.52
47	Valenzuela, David	12 Trinity Christian School-VA	33.56

Seton Icebreaker Invitational - 12/3/2022**Psych Sheet****Event 7 ... (Boys 50 Yard Freestyle)**

48	Burgess, Grey	FR	Immanuel Christian High School	34.00
49	Wilson, Jonas	7	Seton Swimming	X35.19
50	Ellis, Ben	8	Seton Swimming	X35.41
51	Vaughan, Nick	SO	Seton Swimming	X35.71
52	Garcia, Alex	JR	The Heights School (Hs)-MD	X35.75
53	Baughman, Ryan	FR	Seton Swimming	X36.27
54	Schiller-Jensen, Elijah	8	Immanuel Christian High School	37.00
55	Taylor, Scott	SO	Immanuel Christian High School	37.00
56	Garcia, Julian	SO	The Heights School (Hs)-MD	X37.43
57	Minarik, Joseph	JR	Seton Swimming	X37.71
58	Cooley, JJ	FR	Seton Swimming	X37.76
59	Thornett, Harper	12	Trinity Christian School-VA	X38.44
60	Dusek, Charlie	FR	Seton Swimming	X38.93
61	Keim, Aidan	7	Immanuel Christian High School	40.00
62	Ermias, Adam	8	Immanuel Christian High School	40.50
63	Hamel, Preston		Fresta-VA	40.77
64	Dwane, Joseph	8	Seton Swimming	X40.87
65	Vaughan, Noah	8	Seton Swimming	X41.01
66	Galarza, Casey		Fresta-VA	43.15
67	Blanchette, Tim	SR	Seton Swimming	X43.36
68	Cooley, John	7	Seton Swimming	X44.15
69	McCardell, Aidan	FR	Seton Swimming	X46.66
70	Gregory, Jack	JR	Seton Swimming	X46.98
71	White, Liam	FR	Immanuel Christian High School	54.00
72	Likoy, Raphaël	8	Seton Swimming	X57.63
73	Kohlhaas, Daniel	6	Seton Swimming	X1:00.73
74	Henry, Dominic	7	Seton Swimming	X1:01.17

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 8 Girls 50 Yard Freestyle

SST Record: 24.06 2/16/2018 A. Kenna

Nat Cath QT: 28.95

VISAA QT: 26.96

2022Trinity: 24.87 2/10/2018

Brooke Williams

TCS!-VA

Name	Year	School	Seed Time
1	Womack, Kristen	11 Trinity Christian School-VA	26.70
2	Shumate, Kate	8 Immanuel Christian High School	27.10
3	Brox, Elodie	SO Seton Swimming	27.12
4	Rolwes, Patricia	SR Oakcrest School Chargers	28.78
5	Erickson, Katelyn	FR Oakcrest School Chargers	29.22
6	McDonnell, Maddie	FR Oakcrest School Chargers	29.34
7	Waldron, Rose	SO Seton Swimming	X30.92
8	Schoer, Maggie	7 Seton Swimming	31.42
9	Cinotti, Emaline	7 Oakcrest School Chargers	X31.60
10	Hurley, Mary Catherine	SO Seton Swimming	31.65
11	Miller, Maria	FR Seton Swimming	X31.77
12	Halisky, Amelie	SR Seton Swimming	31.82
13	Haggerty, Moira	SR Seton Swimming	X31.92
14	Haggerty, Orla	SO Seton Swimming	X32.43
15	Bingham, Mariana	8 Seton Swimming	X32.63
16	Geary, Amelia	JR Seton Swimming	X32.67
17	Russo, Gabriella	8 Seton Swimming	X32.97
18	Hurley, Elizabeth	7 Seton Swimming	X33.04
19	Stadelman, Emma	6 Oakcrest School Chargers	X33.12
20	Mantooth, Avila	7 Seton Swimming	X33.46
21	Doran, Catalina	JR Immanuel Christian High School	33.52
22	Condon, Meghan	7 Seton Swimming	X34.04
23	Fifield, Kyleigh	8 Seton Swimming	X34.31
24	Arnold, Betsy	7 Seton Swimming	X34.42
25	Eschmann, Brigita	7 Oakcrest School Chargers	X34.45
26	Mitchell, Ajai	11 Trinity Christian School-VA	34.59
27	Schindler, Kathryn	JR Oakcrest School Chargers	X34.64
28	Francis, Elizabeth	SO Seton Swimming	X34.69
29	Rodriguez, Noemi	8 Seton Swimming	X34.78
30	Osilka, Mary Claire	FR Seton Swimming	X35.00
31	Haggerty, Aoife	8 Seton Swimming	X35.00
32	Crnkovich, Teri	SR Oakcrest School Chargers	35.30
33	Turner, Lacey	8 Oakcrest School Chargers	X35.47
34	Williams, Luisa	SO Oakcrest School Chargers	X35.55
35	Larson, Zoe	FR Oakcrest School Chargers	X35.55
36	Larson, Elle	FR Oakcrest School Chargers	X35.62
37	Waldron, Cate	JR Seton Swimming	X35.90
38	Dusek, Annie	7 Seton Swimming	X36.06
39	Heiny, Maddie	FR Seton Swimming	X36.20
40	Johnson, Lindsey	SO Immanuel Christian High School	36.21
41	Holmes, Alice	7 Immanuel Christian High School	36.22
42	Li, Cici	SO Oakcrest School Chargers	X36.24
43	O'Keefe, Helena	FR Seton Swimming	X36.41
44	Waldron, Lily	7 Seton Swimming	X36.58
45	Baughman, Rachel	7 Seton Swimming	X36.91
46	Erickson, Megan	7 Oakcrest School Chargers	36.99
47	Cooley, Keira	JR Seton Swimming	X37.11

Seton Icebreaker Invitational - 12/3/2022

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Event 8 ... (Girls 50 Yard Freestyle)

48	Quispe, Allison	FR	Seton Swimming	X37.19
49	Heiny, Clare	7	Seton Swimming	X37.21
50	Irving, Monica	7	Seton Swimming	X37.25
51	Bauer, Molly	SO	Seton Swimming	X37.26
52	Currey, Agnes	FR	Immanuel Christian High School	37.72
53	Hill, Emma	09	Trinity Christian School-VA	X37.74
54	Anderson, Sarah	SO	Immanuel Christian High School	37.83
55	Bauer, Katie	7	Seton Swimming	X38.21
56	Halisky, Sophia	7	Seton Swimming	X38.39
57	Hooff, Mary Shelton	SO	Oakcrest School Chargers	X38.44
58	Nugent, Katie	SO	Oakcrest School Chargers	38.56
59	Blanchette, Kit	7	Seton Swimming	X38.57
60	Bailey, Holly	09	Trinity Christian School-VA	38.60
61	Judge, Jane	7	Seton Swimming	X38.61
62	Szerszen, Catherine	8	Oakcrest School Chargers	39.02
63	Bailey, Anna	07	Trinity Christian School-VA	X39.60
64	Mochen, Emily	6	Oakcrest School Chargers	X40.22
65	Bishop, Lyla	6	Oakcrest School Chargers	X40.56
66	Rizzo, Hazel	8	Oakcrest School Chargers	41.53
67	Bingham, Veronica	6	Seton Swimming	X41.87
68	Kohlhaas, Sofia	7	Seton Swimming	X42.28
69	Thornburg, Fio	SO	Oakcrest School Chargers	X43.23
70	Reynolds, Emma	SR	Seton Swimming	X43.41
71	Bang, Sophia	07	Trinity Christian School-VA	X43.50
72	Wyckoff, Lane	6	Oakcrest School Chargers	X43.62
73	Swift, Evelyn	8	Carmel School Wildcats	43.85
74	Freshour, Emma	6	Oakcrest School Chargers	X44.28
75	Blanchette, Nora	FR	Seton Swimming	X44.32
76	Nguyen, Bella	7	Seton Swimming	X45.17
77	Quispe, Camila	6	Seton Swimming	X45.50
78	Gonzalez, Veronica	7	Seton Swimming	X45.64
79	Shillingburg, Briana	SO	Seton Swimming	X45.92
80	Yu, Laela	11	Trinity Christian School-VA	46.50
81	Simms, Dakota	SR	Carmel School Wildcats	46.71
82	Kramer, Cora	8	Seton Swimming	X47.87
83	Mehan, Bridget	6	Oakcrest School Chargers	X50.22
84	Isokpehi, Ann Marie	6	Oakcrest School Chargers	X55.41
85	Klinkenberger, Marisa		Fresta-VA	1:09.77
86	Sanderson, Addy		Fresta-VA	1:10.20
87	Dsouza, Sonja	7	Oakcrest School Chargers	XNT

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 9 Boys 1 mtr Diving

SST Record: 207.40 1/19/2013

J. Doran

Name	Year	School	
1 Gelbach, Finn	SR	The Heights School (Hs)-MD	425.70
2 Thornett, Harper	12	Trinity Christian School-VA	320.25
3 Koehr, Connor	SO	Seton Swimming	173.40
4 Gallagher, Cian	SO	The Heights School (Hs)-MD	161.60
5 Fioramonti, Mick	JR	Seton Swimming	152.70
6 Brox, JJ	SR	Seton Swimming	X130.40
7 Oswald, Jacob	SO	Seton Swimming	106.87
8 Bunai, Mattias	SO	The Heights School (Hs)-MD	100.90
9 Miller, Dominic	JR	Seton Swimming	X99.97
10 Gonzalez, Max	FR	Seton Swimming	NP
11 Wang, Luke	11	Trinity Christian School-VA	XNP
12 Brox, Michael	SO	Seton Swimming	XNP
13 Kelly, Kieran	SO	Seton Swimming	XNP
14 Kohlhaas, Gus	FR	Seton Swimming	XNP

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 10 Girls 1 mtr Diving

SST Record: 152.55 2/12/2022

M.C. Waldron

Name		Year	School	
1	Waldron, Rose	SO	Seton Swimming	123.45
2	Kissinger, Meghan	SR	Oakcrest School Chargers	NP
3	Kissinger, Norah	JR	Oakcrest School Chargers	NP
4	Francis, Elizabeth	SO	Seton Swimming	NP
5	Miller, Maria	FR	Seton Swimming	NP
6	Bailey, Mary	11	Trinity Christian School-VA	XNP
7	Hill, Emma	09	Trinity Christian School-VA	XNP
8	Witdoeck, Karis	10	Trinity Christian School-VA	XNP
9	Mauk, Sam	12	Trinity Christian School-VA	XNP
10	Baughman, Rachel	7	Seton Swimming	XNP
11	Condon, Meghan	7	Seton Swimming	XNP
12	Grinder, Lauren	7	Seton Swimming	XNP
13	Kelly, Cecelia	7	Seton Swimming	XNP

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 11 Boys 100 Yard Butterfly

SST Record: 51.76 1/16/2010 S.J. Hill

Nat Cath QT: 58.50

VISAA QT: 1:01.02

2022Trinity: 53.94 2/18/2022

Tyler Phillips at 2022 VISAA S

TCS!-VA

Name	Year	School	Seed Time
1 Garvey, Jack	SO	The Heights School (Hs)-MD	55.46
2 James, Michael	SR	The Heights School (Hs)-MD	58.59
3 Self, Ronan	SR	Carmel School Wildcats	58.91
4 Stadelmann, Lucas	8	The Heights School (Hs)-MD	1:04.58
5 Wilson, Joe	SR	Seton Swimming	1:07.00
6 Priebus, Jack	SR	Immanuel Christian High School	1:08.59
7 Rutkowski, Juan	JR	Immanuel Christian High School	1:09.24
8 Sokban, William	SO	Seton Swimming	1:12.86
9 Wilson, Max	SO	Seton Swimming	1:13.60
10 Bang, Caleb	09	Trinity Christian School-VA	1:17.33
11 Nava, Sebastian	SR	Immanuel Christian High School	1:19.77
12 Magee, Benjamin	FR	The Heights School (Hs)-MD	1:20.00
13 Morillo, Caleb	FR	Immanuel Christian High School	1:20.00
14 Koehr, Connor	SO	Seton Swimming	1:21.02

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 12 Girls 100 Yard Butterfly

SST Record: 58.51 12/16/2017 A. Kenna

Nat Cath QT: 1:10.50

VISAA QT: 1:06.82

2022Trinity: 58.91 2/15/2019

Brooke Williams

TCS!-VA

	Name	Year	School	Seed Time
1	Aldeguer, Ariana	8	Seton Swimming	1:05.08
2	Buff, Reagan	11	Trinity Christian School-VA	1:05.41
3	Myers, Allie	07	Trinity Christian School-VA	X1:10.12
4	Yaraschak, Bella	11	Trinity Christian School-VA	1:15.72
5	Bang, Selah	12	Trinity Christian School-VA	1:18.27
6	Zadnik, Madelyn	JR	Seton Swimming	1:21.19
7	Cunningham, Lucy	SO	Seton Swimming	1:24.64
8	Waldron, Rose	SO	Seton Swimming	1:28.19
9	Hulse, Abby		Fresta-VA	1:34.47
10	Watts, Courtney	SO	Carmel School Wildcats	1:58.50

Seton Icebreaker Invitational - 12/3/2022
Psych Sheet

Event 13 Boys 100 Yard Freestyle**SST Record: 45.67 2/20/2010 S. J. Hill****Nat Cath QT: 53.50****VISAA QT: 53.09****2022Trinity: 52.12 2/12/2022****Justin Kim at 2022 VCAC Champi****TCS!-VA**

Name	Year	School	Seed Time
1	Rose, Matthew	SO The Heights School (Hs)-MD	47.96
2	Phillips, Tyler	09 Trinity Christian School-VA	50.18
3	Franck, Ryan	SO The Heights School (Hs)-MD	53.47
4	Brox, JJ	SR Seton Swimming	56.95
5	Zelaya, Leo	JR The Heights School (Hs)-MD	57.94
6	Cole, Carter	11 Trinity Christian School-VA	58.82
7	Salter, Jonathan	SO Immanuel Christian High School	59.05
8	Sokban, William	SO Seton Swimming	59.63
9	Martinez, Thiago	7 Seton Swimming	X1:00.07
10	Konstanty, Peter	JR Seton Swimming	1:01.00
11	Halisky, Liam	SO Seton Swimming	X1:03.06
12	Albin, Jed	JR Seton Swimming	1:03.63
13	Sokban, Daniel	8 Seton Swimming	X1:05.41
14	Mantooth, Luke	JR Seton Swimming	X1:05.73
15	Fioramonti, Josh	FR Seton Swimming	X1:06.22
16	Bauer, Greg	Seton Swimming	X1:06.60
17	Whittaker, Fisher	8 Carmel School Wildcats	1:07.02
18	Rogers, Lucas	FR The Heights School (Hs)-MD	1:08.35
19	Nguyen, Colin	SR Seton Swimming	X1:08.37
20	Kay, Patrick	7 Seton Swimming	X1:08.47
21	Zahorchak, Michael	8 Seton Swimming	X1:09.49
22	Bishop, Aaron	JR Seton Swimming	X1:11.90
23	Watson, Patrick	FR The Heights School (Hs)-MD	1:12.27
24	Currey, Scott	JR Immanuel Christian High School	1:13.37
25	Nguyen, Kenneth	8 Seton Swimming	X1:13.92
26	Judge, Dominic	8 Seton Swimming	X1:13.99
27	Lam, Micah	8 Immanuel Christian High School	1:14.43
28	Diller, David	SR The Heights School (Hs)-MD	1:14.65
29	Gade, William	FR Immanuel Christian High School	1:15.00
30	Gade, Tyler	FR Immanuel Christian High School	1:15.00
31	Lynch, Joey	7 Seton Swimming	X1:15.31
32	Valenzuela, David	12 Trinity Christian School-VA	1:15.50
33	Zelaya, Antonio	FR The Heights School (Hs)-MD	X1:15.62
34	Wilson, Jonas	7 Seton Swimming	X1:19.63
35	Taylor, Scott	SO Immanuel Christian High School	1:20.00
36	Self, Cullen	7 Carmel School Wildcats	X1:21.83
37	Pinkley, Isaac	8 Immanuel Christian High School	1:23.09
38	Cooley, JJ	FR Seton Swimming	X1:25.21
39	Dusek, Charlie	FR Seton Swimming	X1:25.62
40	Ellis, Ben	8 Seton Swimming	X1:27.50
41	Baughman, Ryan	FR Seton Swimming	X1:27.58
42	Minarik, Joseph	JR Seton Swimming	X1:30.55
43	Garcia, Alex	JR The Heights School (Hs)-MD	X1:30.72
44	Vaughan, Nick	SO Seton Swimming	X1:31.81
45	Vaughan, Noah	8 Seton Swimming	X1:33.46
46	Garcia, Julian	SO The Heights School (Hs)-MD	X1:38.02
47	Cooley, John	7 Seton Swimming	X1:40.42

Seton Icebreaker Invitational - 12/3/2022**Psych Sheet****Event 13 ... (Boys 100 Yard Freestyle)**

48	Blanchette, Tim	SR	Seton Swimming	X1:40.95
49	Dwane, Joseph	8	Seton Swimming	X1:45.25
50	McCardell, Aidan	FR	Seton Swimming	X1:46.45
51	Hamel, Preston		Fresta-VA	1:50.43
52	Ermias, Adam	8	Immanuel Christian High School	1:55.00
53	Kohlhaas, Daniel	6	Seton Swimming	X2:08.65
54	Gregory, Jack	JR	Seton Swimming	X2:10.25
55	Henry, Dominic	7	Seton Swimming	X2:14.29
56	Likoy, Raphaël	8	Seton Swimming	X2:32.00

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 14 Girls 100 Yard Freestyle

SST Record: 52.05 2/16/2018 A. Kenna

Nat Cath QT: 1:01.50

VISAA QT: 59.70

2022Trinity: 52.63 2/16/2019

Brooke Williams

TCSI-VA

Name	Year	School	Seed Time
1	8	Immanuel Christian High School	1:00.33
2	SO	Seton Swimming	1:01.63
3	7	Immanuel Christian High School	1:04.21
4	SR	Seton Swimming	1:04.90
5	10	Trinity Christian School-VA	1:05.04
6	FR	Carmel School Wildcats	1:07.85
7	SO	Seton Swimming	1:08.70
8	FR	Oakcrest School Chargers	1:10.28
9	SO	Seton Swimming	1:13.00
10	6	Oakcrest School Chargers	X1:13.06
11	SR	Seton Swimming	X1:13.23
12	FR	Seton Swimming	X1:13.37
13	7	Seton Swimming	X1:13.48
14	7	Seton Swimming	X1:14.33
15	SR	Seton Swimming	X1:15.15
16	7	Seton Swimming	X1:15.47
17	8	Seton Swimming	X1:15.63
18	SO	Oakcrest School Chargers	1:15.97
19	8	Seton Swimming	X1:16.25
20	SO	Seton Swimming	X1:16.33
21	SO	Seton Swimming	X1:16.35
22	7	Seton Swimming	X1:17.87
23	07	Trinity Christian School-VA	X1:18.20
24	8	Seton Swimming	X1:18.64
25	7	Seton Swimming	X1:19.72
26		Fresta-VA	1:20.05
27	FR	Seton Swimming	X1:20.50
28	7	Seton Swimming	X1:20.61
29	7	Seton Swimming	X1:21.15
30	8	Seton Swimming	X1:21.51
31	11	Trinity Christian School-VA	1:22.70
32	8	Oakcrest School Chargers	1:22.87
33	8	Seton Swimming	X1:24.48
34	FR	Seton Swimming	X1:25.45
35	7	Seton Swimming	X1:25.72
36	JR	Seton Swimming	X1:25.80
37	7	Seton Swimming	X1:26.62
38	FR	Seton Swimming	X1:27.04
39		Fresta-VA	1:27.20
40	7	Oakcrest School Chargers	X1:27.38
41	7	Seton Swimming	X1:27.80
42	JR	Seton Swimming	X1:27.88
43	FR	Seton Swimming	X1:27.99
44	7	Seton Swimming	X1:29.84
45	FR	Immanuel Christian High School	1:30.00
46	7	Seton Swimming	X1:30.02
47	7	Oakcrest School Chargers	X1:31.72

Seton Icebreaker Invitational - 12/3/2022**Psych Sheet****Event 14 ... (Girls 100 Yard Freestyle)**

48	Taylor, Ryann	6	Carmel School Wildcats	X1:31.84
49	Irving, Monica	7	Seton Swimming	X1:32.64
50	Heiny, Clare	7	Seton Swimming	X1:32.71
51	Bingham, Veronica	6	Seton Swimming	X1:34.10
52	Bauer, Molly	SO	Seton Swimming	X1:34.14
53	Rizzo, Hazel	8	Oakcrest School Chargers	1:38.84
54	Nguyen, Bella	7	Seton Swimming	X1:39.51
55	Lloyd, Bella	SO	Fresta-VA	1:39.57
56	Blanchette, Nora	FR	Seton Swimming	X1:40.54
57	Yu, Laela	11	Trinity Christian School-VA	1:42.50
58	Quispe, Camila	6	Seton Swimming	X1:44.01
59	Reynolds, Emma	SR	Seton Swimming	X1:45.29
60	Kohlhaas, Sofia	7	Seton Swimming	X1:47.67
61	Dean, Malise	SO	Fresta-VA	1:48.96
62	Gonzalez, Veronica	7	Seton Swimming	X1:49.84
63	Kramer, Cora	8	Seton Swimming	X1:50.09
64	Shillingburg, Briana	SO	Seton Swimming	X1:50.88
65	Baird, Regina	SR	Oakcrest School Chargers	NT
66	Li, Cici	SO	Oakcrest School Chargers	XNT
67	Crnkovich, Teri	SR	Oakcrest School Chargers	XNT

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 15 Boys 500 Yard Freestyle

SST Record: 4:27.19 1/31/2010 S.J. Hill

Nat Cath QT: 5:20.00

VISAA QT: 5:41.90

2022Trinity: 5:20.34 2/19/2016

Jacob Normann

TCS!-VA

	Name	Year	School	Seed Time
1	James, Peter	SR	The Heights School (Hs)-MD	5:05.69
2	Martinez, Lionel	8	Seton Swimming	5:15.00
3	Kim, Justin	11	Trinity Christian School-VA	5:34.65
4	Eschmann, John	FR	The Heights School (Hs)-MD	5:57.75
5	Self, Tavish	SO	Carmel School Wildcats	6:13.14
6	Park, Zach	11	Trinity Christian School-VA	6:20.00
7	Brox, JJ	SR	Seton Swimming	6:35.59
8	Albin, Jed	JR	Seton Swimming	6:36.61
9	Sciortino, Peter	JR	The Heights School (Hs)-MD	6:55.00
10	Wilson, Joe	SR	Seton Swimming	7:30.00

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 16 Girls 500 Yard Freestyle

SST Record: 5:06.98 2/1/1999 K. Shipko

Nat Cath QT: 5:40.00

VISAA QT: 5:58.88

2022Trinity: 5:19.93 2/10/2018

Annalise E. Cornett

TCS!-VA

	Name	Year	School	Seed Time
1	Bryan, Elizabeth	FR	Oakcrest School Chargers	5:30.44
2	Paradise, Stella	JR	Seton Swimming	5:50.00
3	Yaraschak, Bella	11	Trinity Christian School-VA	5:57.03
4	Buff, Reagan	11	Trinity Christian School-VA	6:11.68
5	Schlieter, Audrey	09	Trinity Christian School-VA	6:19.40
6	Kay, Philomena	8	Seton Swimming	6:30.00
7	Garvey, Anastasia	FR	Seton Swimming	6:41.09
8	McDonnell, Maddie	FR	Oakcrest School Chargers	7:07.49
9	Mantooth, Kateri	SR	Seton Swimming	7:17.84
10	Waltz, Elizabeth	SR	Fresta-VA	7:47.05

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 17 Boys 200 Yard Freestyle Relay

SST Record: 1:30.07 2/19/2010 Hill, Koehr,Cook,Basinger

Nat Cath QT: 1:38.00

VISAA QT: 1:43.26

2022Trinity: 1:34.17 2/6/2016

Trinity Christian School

TCSI-VA

R. Fletcher, M. Brazier, C. Na, H. Kesting

Team	Relay	Seed Time
1 The Heights School (Hs)-MD 1) James, Peter SR 2) Garvey, Jack SO	A	1:30.61
2 The Heights School (Hs)-MD 1) Franck, Ryan SO 2) DeLellis, JD FR	B	1:35.00
3 The Heights School (Hs)-MD 1) Hermes, Jack SR 2) Connolly, Nate SO	C	X1:38.00
4 The Heights School (Hs)-MD 1) Watson, Patrick FR 2) Sciortino, Joe SR	D	X1:41.73
5 Seton Swimming 1) Koehr, Connor SO 2) Wilson, Joe SR	A	1:43.00
6 Seton Swimming 1) Halisky, Liam SO 2) Konstanty, Peter JR	B	1:49.00
7 Trinity Christian School-VA 1) Bang, Caleb 09 2) Jang, Elliot 11	A	1:52.54
8 The Heights School (Hs)-MD 1) Huff, Lincoln 8 2) Connolly, Patrick JR	E	X1:53.78
9 Immanuel Christian High School 1) Anderson, Brenton 8 2) Fiala, Caleb 8	A	1:55.00
10 Immanuel Christian High School 1) Lam, Micah 8 2) Gade, Tyler FR	B	2:15.00
11 Seton Swimming 1) Martinez, Thiago 7 2) Wilson, Jonas 7	C	X2:25.00
12 Seton Swimming 1) Beltran, Ryan JR 2) Lynch, Joey 7	D	X2:30.00
13 Seton Swimming 1) Sokban, William SO 2) Nguyen, Kenneth 8	E	X2:33.00
14 Seton Swimming 1) Albin, Jed JR 2) Judge, Dominic 8	F	X2:35.00
15 Seton Swimming 1) Wilson, Max SO 2) Bauer, Greg	G	X2:37.00
16 Seton Swimming 1) Mantooth, Luke JR 2) Sokban, Daniel 8	H	X2:39.00
17 Seton Swimming 1) Nguyen, Colin SR 2) Kay, Patrick 7	I	X2:41.00
18 Immanuel Christian High School 1) Taylor, Scott SO 2) Keim, Aidan 7	C	3:00.00
19 The Heights School (Hs)-MD 1) Gallagher, Cian SO 2) Magee, Benjamin FR	F	XNT

Seton Icebreaker Invitational - 12/3/2022
Psych Sheet

Event 18 Girls 200 Yard Freestyle Relay**SST Record: 1:40.05 2/19/2010 Doonis,Rogers,Talbott,Donohoe****Nat Cath QT: 1:49.50****VISAA QT: 1:58.53****2022Trinity: 1:42.55 2/17/2018****Trinity Christian School****TCSI-VA****A. Cornett, H. Silvernail, J. Phillips, B. William**

Team	Relay	Seed Time
1 Seton Swimming	A	1:50.00
1) Aldeguer, Ariana 8	2) Brox, Elodie SO	3) Condon, Clara SO
4) Paradise, Stella JR		
2 Oakcrest School Chargers	A	1:52.62
1) Magee, Amelia FR	2) Meunier, Cecelia SR	3) Erickson, Katelyn FR
4) Rolwes, Patricia SR		
3 Trinity Christian School-VA	A	1:52.72
1) Bang, Selah 12	2) Bailey, Mary 11	3) Ratcliffe, Eliana 10
4) Witdoeck, Karis 10		
4 Carmel School Wildcats	A	1:54.10
1) Simms, Dakota SR	2) Swift, Evelyn 8	3) Kitchen, Zoe FR
4) Zaegal, Leanne 7		
5 Seton Swimming	B	2:01.00
1) Bingham, Lucia SO	2) O'Malley, Shannon SO	3) Kay, Philomena 8
4) Waldron, Rose SO		
6 Oakcrest School Chargers	B	2:08.99
1) Schindler, Kathryn JR	2) Rizzo, Hazel 8	3) Mochen, Catherine SO
4) Walke, Belle 8		
7 Immanuel Christian High School	A	2:09.00
1) Myers, Lydia 8	2) Allman, Abigail SO	3) DeWitte, Katie JR
4) Shumate, Kate 8		
8 Trinity Christian School-VA	B	2:12.21
1) Bailey, Holly 09	2) Hill, Emma 09	3) Mitchell, Ajai 11
4) Yu, Laela 11		
9 Immanuel Christian High School	B	X2:18.00
1) Bruenjes, Anne 7	2) Holmes, Alice 7	3) Anderson, Sarah SO
4) Johnson, Lindsey SO		
10 Oakcrest School Chargers	C	X2:18.51
1) Hooff, Mary Shelton SO	2) Szerszen, Catherine 8	3) Nugent, Katie SO
4) Turner, Lacey 8		
11 Trinity Christian School-VA	C	X2:25.33
1) Myers, Allie 07	2) Bailey, Anna 07	3) Bang, Sophia 07
4) Brown, Lena 07		
12 Seton Swimming	C	X2:30.00
1) Schoer, Maggie 7	2) Waldron, Cate JR	3) Dusek, Annie 7
4) Shillingburg, Briana SO		
13 Seton Swimming	D	X2:35.00
1) Hurley, Mary Catherine SO	2) Haggerty, Aoife 8	3) Heiny, Maddie FR
4) Blanchette, Nora FR		
14 Seton Swimming	E	X2:37.00
1) Miller, Maria FR	2) Osilka, Mary Claire FR	3) O'Keefe, Helena FR
4) Reynolds, Emma SR		
15 Seton Swimming	F	X2:39.00
1) Halisky, Amelie SR	2) Rodriguez, Noemi 8	3) Waldron, Lily 7
4) Kohlhaas, Sofia 7		
16 Seton Swimming	G	X2:41.00
1) Haggerty, Moira SR	2) Francis, Elizabeth SO	3) Baughman, Rachel 7
4) Bingham, Veronica 6		
17 Seton Swimming	H	X2:43.00
1) Cunningham, Lucy SO	2) Arnold, Betsy 7	3) Cooley, Keira JR
4) Judge, Jane 7		
18 Seton Swimming	I	X2:45.00
1) Haggerty, Orla SO	2) Fifield, Kyleigh 8	3) Quispe, Allison FR
4) Blanchette, Kit 7		
19 Seton Swimming	J	X2:47.00
1) Bingham, Mariana 8	2) Condon, Meghan 7	3) Heiny, Clare 7
4) Kramer, Cora 8		
20 Seton Swimming	K	X2:49.00
1) Geary, Amelia JR	2) Mantooth, Avila 7	3) Irving, Monica 7
4) Halisky, Sophia 7		
21 Seton Swimming	L	X2:51.00
1) Russo, Gabriella 8	2) Hurley, Elizabeth 7	3) Bauer, Molly SO
4) Bauer, Katie 7		
22 Fresta Valley Christian School-VA	A	3:06.15
1) Freidline, Alyssa SO	2) Lloyd, Bella SO	3) Dean, Malise SO
4) Harders, Abby		
23 Fresta Valley Christian School-VA	B	3:49.20
24 Oakcrest School Chargers	D	XNT
1) Li, Cici SO	2) Larson, Zoe FR	3) Thornburg, Fio SO
4) Larson, Elle FR		

Seton Icebreaker Invitational - 12/3/2022**Psych Sheet****Event 18 ... (Girls 200 Yard Freestyle Relay)**

25	Oakcrest School Chargers	E			XNT
	1) Dsouza, Sonja 7	2) Eschmann, Brigita 7	3) Erickson, Megan 7	4) Cinotti, Emaline 7	
26	Oakcrest School Chargers	F			XNT
	1) Bishop, Lyla 6	2) Mochen, Emily 6	3) Stadelman, Emma 6	4) Duncan, Rosemary 6	
27	Oakcrest School Chargers	G			XNT
	1) Isokpehi, Ann Marie 6	2) Mehan, Bridget 6	3) Wyckoff, Lane 6	4) Freshour, Emma 6	

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 19 Boys 100 Yard Backstroke

SST Record: 51.48 1/20/2006 K. Koehr

Nat Cath QT: 1:01.00

VISAA QT: 1:02.90

2022Trinity: 58.70 2/19/2016 Mitchell Brazier

TCSI-VA

Name	Year	School	Seed Time
1 Duncan, Tom	JR	The Heights School (Hs)-MD	53.57
2 Yancy, Ben	10	Trinity Christian School-VA	1:03.89
3 DeLellis, JD	FR	The Heights School (Hs)-MD	1:04.11
4 Fioramonti, Mick	JR	Seton Swimming	1:05.23
5 Hudson, David	JR	Seton Swimming	1:07.82
6 Wilson, Max	SO	Seton Swimming	1:07.86
7 Self, Ronan	SR	Carmel School Wildcats	1:09.62
8 Goede, Noah	8	Immanuel Christian High School	1:10.63
9 Beltran, Ryan	JR	Seton Swimming	1:13.57
10 Eschmann, John	FR	The Heights School (Hs)-MD	1:16.26
11 Huff, Lincoln	8	The Heights School (Hs)-MD	1:20.00
12 DeAgostino, Jacob	SR	The Heights School (Hs)-MD	1:24.39
13 Holvenstot, Jack	8	Immanuel Christian High School	1:27.21
14 Schiller-Jensen, Elijah	8	Immanuel Christian High School	1:32.78
15 Abidin, Christian	11	Trinity Christian School-VA	1:38.99
16 Partin, Matthew	SO	Carmel School Wildcats	1:43.25
17 Jang, Elliot	11	Trinity Christian School-VA	1:43.85

Seton Icebreaker Invitational - 12/3/2022
Psych Sheet

Event 20 Girls 100 Yard Backstroke

SST Record: 55.62 2/16/2018 **A. Kenna**

Nat Cath QT: 1:10.00

VISAA QT: 1:06.85

2022Trinity: 58.33 2/2/2019

Annalise E. Cornett

TCS!-VA

Name		Year	School	Seed Time
1	Condon, Clara	SO	Seton Swimming	1:05.40
2	Womack, Kristen	11	Trinity Christian School-VA	1:07.13
3	Phillips, Amy	12	Trinity Christian School-VA	1:08.37
4	Klanderma, Liz	10	Trinity Christian School-VA	1:09.20
5	Wiggins, Allie	09	Trinity Christian School-VA	1:09.27
6	Meunier, Cecelia	SR	Oakcrest School Chargers	1:12.96
7	Cinotti, Emaline	7	Oakcrest School Chargers	1:13.21
8	Fifield, Haley	SO	Seton Swimming	1:14.96
9	Adams, Amelia	SO	Oakcrest School Chargers	1:16.64
10	Bingham, Lucia	SO	Seton Swimming	1:18.60
11	Cunningham, Lucy	SO	Seton Swimming	1:18.70
12	Myers, Lydia	8	Immanuel Christian High School	1:19.55
13	Magee, Amelia	FR	Oakcrest School Chargers	1:22.83
14	Waltz, Rebekah	FR	Fresta-VA	1:23.84
15	Allman, Abigail	SO	Immanuel Christian High School	1:27.17
16	Anderson, Sarah	SO	Immanuel Christian High School	1:28.17
17	Freidline, Alyssa	SO	Fresta-VA	1:30.35
18	Donahoo, Jane		Fresta-VA	1:40.28
19	Dean, Malise	SO	Fresta-VA	2:04.48
20	Watts, Courtney	SO	Carmel School Wildcats	NT
21	Simms, Dakota	SR	Carmel School Wildcats	NT
22	Swift, Evelyn	8	Carmel School Wildcats	NT
23	Duncan, Rosemary	6	Oakcrest School Chargers	XNT
24	Hooff, Mary Shelton	SO	Oakcrest School Chargers	XNT
25	Pack, Olivia	7	Carmel School Wildcats	XNT
26	Zaegal, Leanne	7	Carmel School Wildcats	XNT

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 21 Boys 100 Yard Breaststroke

SST Record: 58.53 1/27/2007 N. Cook

Nat Cath QT: 1:07.50

VISAA QT: 1:08.79

2022Trinity: 1:03.06 2/17/2017

Riley T. Fletcher

TCS!-VA

Name	Year	School	Seed Time
1 Hong, Ryan	SR	The Heights School (Hs)-MD	1:02.63
2 Franck, Ryan	SO	The Heights School (Hs)-MD	1:04.03
3 Martinez, Lionel	8	Seton Swimming	1:05.70
4 Kim, Justin	11	Trinity Christian School-VA	1:16.70
5 Cole, Carter	11	Trinity Christian School-VA	1:18.24
6 Wang, Luke	11	Trinity Christian School-VA	1:18.51
7 Dealey, Joey	SR	Seton Swimming	1:19.69
8 Morillo, Caleb	FR	Immanuel Christian High School	1:20.00
9 Mantooth, Luke	JR	Seton Swimming	1:20.49
10 Borneman, Joseph	SO	Seton Swimming	1:21.55
11 Anderson, Brenton	8	Immanuel Christian High School	1:26.49
12 Connolly, Patrick	JR	The Heights School (Hs)-MD	1:26.60
13 Whittaker, Fisher	8	Carmel School Wildcats	1:32.86
14 Fiala, Caleb	8	Immanuel Christian High School	1:35.14
15 Lam, Micah	8	Immanuel Christian High School	1:35.96
16 Burgess, Grey	FR	Immanuel Christian High School	1:40.00
17 Keim, Aidan	7	Immanuel Christian High School	1:50.00
18 Self, Cullen	7	Carmel School Wildcats	X1:56.15

Seton Icebreaker Invitational - 12/3/2022
Psych Sheet

Event 22 Girls 100 Yard Breaststroke**SST Record: 1:05.77 2/18/2022 A. Testani****Nat Cath QT: 1:18.00****VISAA QT: 1:16.38****2022Trinity: 1:14.58 1/20/2018****Brooke Williams****TCSI-VA**

	Name	Year	School	Seed Time
1	Brox, Elodie	SO	Seton Swimming	1:19.49
2	Mochen, Catherine	SO	Oakcrest School Chargers	1:21.59
3	Witdoeck, Karis	10	Trinity Christian School-VA	1:24.32
4	Oswald, Jacqueline	SR	Seton Swimming	1:24.37
5	Kay, Philomena	8	Seton Swimming	1:26.04
6	Bailey, Mary	11	Trinity Christian School-VA	1:26.25
7	DeWitte, Katie	JR	Immanuel Christian High School	1:29.76
8	Gear, Amelia	JR	Seton Swimming	1:33.59
9	Schindler, Kathryn	JR	Oakcrest School Chargers	1:35.38
10	Marr, Nora	8	Carmel School Wildcats	1:37.87
11	Waltz, Elizabeth	SR	Fresta-VA	1:37.95
12	Harders, Abby		Fresta-VA	1:38.56
13	Johnson, Lindsey	SO	Immanuel Christian High School	1:40.00
14	Nugent, Katie	SO	Oakcrest School Chargers	1:41.80
15	Doran, Catalina	JR	Immanuel Christian High School	1:45.98
16	Bailey, Holly	09	Trinity Christian School-VA	1:55.00
17	Bang, Sophia	07	Trinity Christian School-VA	X1:55.00
18	Freidline, Alyssa	SO	Fresta-VA	1:55.22
19	Simpson, Ruthie		Fresta-VA	1:56.18
20	Bailey, Anna	07	Trinity Christian School-VA	X2:00.00
21	Lloyd, Bella	SO	Fresta-VA	2:12.75
22	Szerszen, Catherine	8	Oakcrest School Chargers	NT
23	Kitchen, Zoe	FR	Carmel School Wildcats	NT
24	Thornburg, Fio	SO	Oakcrest School Chargers	XNT
25	Larson, Elle	FR	Oakcrest School Chargers	XNT
26	Larson, Zoe	FR	Oakcrest School Chargers	XNT
27	Taylor, Ryann	6	Carmel School Wildcats	XNT

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 23 Boys 400 Yard Freestyle Relay

SST Record: 3:17.05 2/19/2010 Hill, Cook, Dunn, Basinger

Nat Cath QT: 3:40.00

VISAA QT: 3:59.45

2022Trinity: 3:29.97 2/19/2016

Trinity Christian School
M. Brazier, R. Fletcher, C. Na, H. Kesting

TCS!-VA

Team	Relay	Seed Time
1 The Heights School (Hs)-MD 1) Duncan, Tom JR 2) Garvey, Jack SO	A	3:16.17
2 Trinity Christian School-VA 1) Yancy, Ben 10 2) Park, Zach 11	A	3:37.43
3 Seton Swimming 1) Brox, JJ SR 2) Nguyen, Drew SO	A	3:49.00
4 Seton Swimming 1) Dealey, Joey SR 2) Brox, Michael SO	B	3:58.00
5 Immanuel Christian High School 1) Morillo, Caleb FR 2) Currey, Scott JR	A	4:00.00
6 Trinity Christian School-VA 1) Jang, Elliot 11 2) Bang, Caleb 09	B	4:23.84
7 Carmel School Wildcats 1) Whittaker, Fisher 8 2) Partin, Matthew SO	A	4:37.59
8 Immanuel Christian High School 1) Burgess, Grey FR 2) Holvenstot, Jack 8	B	5:00.00
9 The Heights School (Hs)-MD 1) Franck, Sean JR 2) Sciortino, Peter JR	B	NT
10 The Heights School (Hs)-MD 1) Zelaya, Antonio FR 2) Watson, Patrick FR	C	XNT
11 The Heights School (Hs)-MD 1) Magee, Benjamin FR 2) Connolly, Nate SO	D	XNT

Seton Icebreaker Invitational - 12/3/2022

Psych Sheet

Event 24 Girls 400 Yard Freestyle Relay

SST Record: 3:40.51 2/19/2010 DoonisRogers,ClaybrooksDonohoe

Nat Cath QT: 4:21.00

VISAA QT: 4:38.24

2022Trinity: 3:46.85 2/17/2018

Trinity Christian School

TCS!-VA

H. Silvernail, L. Schmidt, A. Cornett, B. Williams

Team	Relay	Seed Time
1 Trinity Christian School-VA	A	3:58.27
1) Schlieter, Audrey 09	2) Wiggins, Allie 09	3) Phillips, Amy 12
4) Buff, Reagan 11		
2 Trinity Christian School-VA	B	4:13.97
1) Klanderma, Liz 10	2) Bang, Selah 12	3) Yaraschak, Bella 11
4) Womack, Kristen 11		
3 Oakcrest School Chargers	A	4:19.58
1) Adams, Amelia SO	2) Rolwes, Patricia SR	3) McDonnell, Maddie FR
4) Bryan, Elizabeth FR		
4 Seton Swimming	A	4:23.00
1) Fifield, Haley SO	2) Kay, Philomena 8	3) Oswald, Jacqueline SR
4) Mantooth, Kateri SR		
5 Carmel School Wildcats	A	4:32.98
1) Watts, Courtney SO	2) Pack, Olivia 7	3) Turner, Coral SO
4) Marr, Nora 8		
6 Seton Swimming	B	4:37.00
1) Garvey, Anastasia FR	2) O'Malley, Shannon SO	3) Zadnik, Madelyn JR
4) Waldron, Rose SO		
7 Oakcrest School Chargers	B	4:53.40
1) Meunier, Cecelia SR	2) Schindler, Kathryn JR	3) Erickson, Katelyn FR
4) Walke, Belle 8		
8 Trinity Christian School-VA	C	X5:56.33
1) Mitchell, Ajai 11	2) Yu, Laela 11	3) Ratcliffe, Eliana 10
4) Myers, Allie 07		
9 Fresta Valley Christian School-VA	A	6:17.94
1) Waltz, Elizabeth SR	2) Hulse, Abby	3) Donahoo, Jane
4) Waltz, Rebekah FR		