

Seton Winter Invitational - 1/14/2023
Psych Sheet - Seton Winter Invite Swimming

Event 1 Boys 200 Yard Medley Relay

SST Record: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr			
VISAA QT: 1:57.18			
Team	Relay	Seed Time	
1 Seton	A	2:00.00	
1) Beltran, Ryan JR	2) Mantooth, Luke JR		
3) Wilson, Max SO	4) Dealey, Joey SR		
2 Carmel Wildcats	A	2:06.92	
1) Coates, Daniel FR	2) Self, Tavish SO		
3) Self, Ronan SR	4) Whittaker, Fisher 8		
3 Seton	B	2:10.00	
1) Nguyen, Colin SR	2) Bauer, Greg FR		
3) Albin, Jed JR	4) Bishop, Aaron JR		
4 Seton	C	X2:45.00	
1) Minarik, Joseph JR	2) Ellis, Ben 8		
3) Wilson, Jonas 7	4) McCardell, Aidan FR		
5 Seton	D	X2:47.00	
1) Cooley, JJ FR	2) Gregory, Jack JR		
3) Kay, Patrick 7	4) Henry, Victor FR		
6 Seton	E	X2:51.00	
1) Lynch, Joey 7	2) Likoy, Raphaël 8		
3) Judge, Dominic 8	4) Dwane, Joseph JR		
7 Seton	F	X2:52.00	
1) Vaughan, Nick SO	2) Blanchette, Tim SR		
3) Zahorchak, Michael 8	4) Kohlhaas, Daniel 6		
8 Seton	G	X2:53.00	
1) Cooley, John 7	2) Vaughan, Noah 8		
3) Nguyen, Kenneth 8	4) Henry, Dominic 7		
9 VCA-VA	A	X3:00.00	
1) Starkey, Malakai 7	2) Menorca, Sam 7		
3) Long, Sebastian SR	4) Toledo, Daniel JR		

Event 2 Girls 200 Yard Medley Relay

SST Record: 1:50.25 2/18/2011 Doonis,Rogers,Wunderly,Donohoe			
VISAA QT: 2:14.01			
Team	Relay	Seed Time	
1 Seton	A	X2:10.00	
1) Halisky, Amelie SR	2) Haggerty, Moira SR		
3) Bingham, Mariana 8	4) O'Malley, Shannon SO		
2 Carmel Wildcats	A	X2:11.59	
1) Pack, Olivia 7	2) Bradley, Jamyson 7		
3) Taylor, Keegan SO	4) Marr, Nora 8		
3 Seton	B	X2:15.00	
1) Miller, Maria FR	2) Atkinson, Julia JR		
3) Francis, Elizabeth SO	4) Osilka, Mary Claire FR		
4 Fresta-VA	A	2:25.17	
1) Waltz, Rebekah FR	2) Waltz, Elizabeth SR		
3) Hulse, Abby 8	4) Donahoo, Jane 8		
5 Seton	C	X2:40.00	
1) Hurley, Elizabeth 7	2) Bauer, Katie 7		
3) Arnold, Betsy 7	4) Irving, Monica 7		
6 Seton	D	X2:42.00	
1) Dusek, Annie 7	2) Baughman, Rachel 7		
3) Mantooth, Avila 7	4) Bingham, Veronica 6		
7 Seton	E	X2:44.00	
1) Rodriguez, Noemi 8	2) Blanchette, Meg SO		
3) Halisky, Sophia 7	4) Nguyen, Bella 7		

8 Seton	F	X2:46.00	
1) Blanchette, Nora FR	2) Kohlhaas, Sofia 7		
3) Judge, Jane 7	4) Blanchette, Kit 7		
9 Seton	G	X2:48.00	
1) Reynolds, Emma SR	2) O'Keefe, Helena FR		
3) Fifield, Kyleigh 8	4) Quispe, Allison FR		
10 Seton	H	X2:50.00	
1) Heiny, Maddie FR	2) Heiny, Clare 7		
3) Haggerty, Aoife 8	4) Gonzalez, Veronica 7		
11 Seton	I	X2:52.00	
1) Quispe, Camila 6	2) Bauer, Molly SO		
3) Heiny, Maddie FR	4) Kramer, Cora 8		
12 VCA-VA	A	X3:30.00	
1) Secord, Kaitlyn 8	2) Lambert, Olivia 7		
3) Miller, Gloria 8	4) Perdomo, Gabriela SO		
13 Brookewood-PV	A	XNT	
1) Fenati, Nikita 6	2) Stroot, Audrey 8		
3) Bronzi, Agnes 8	4) Garvey, Bridie 8		
14 Carmel Wildcats	B	XNT	
1) Pretlow, Ava 6	2) Zaegal, Leanne 7		
3) Taylor, Ryann 6	4) Struder, Adriana 6		

Event 3 Boys 200 Yard Freestyle

SST Record: 1:38.54 1/31/2010 S.J. Hill			
VISAA QT: 2:01.47			
Name	Yr	School	Seed Time
1 Sokban, Daniel	8	Seton	2:51.91
2 Fioramonti, Josh	FR	Seton	2:57.16
3 Judge, Dominic	8	Seton	2:59.95
4 Beltran, Ryan	JR	Seton	3:01.43
5 Lynch, Joey	7	Seton	X3:18.74
6 Cooley, JJ	FR	Seton	X3:34.77
7 Nguyen, Kenneth	8	Seton	X3:48.21
8 Dwane, Joseph	JR	Seton	X4:05.61
9 Blanchette, Tim	SR	Seton	X4:17.31
10 Cooley, John	7	Seton	X4:22.90
11 Vaughan, Noah	8	Seton	X4:25.68
12 Vaughan, Nick	SO	Seton	X4:32.81
13 McCardell, Aidan	FR	Seton	X5:28.12
14 Minarik, Joseph	JR	Seton	X5:30.00
15 Likoy, Raphaël	8	Seton	X5:30.00
16 Henry, Dominic	7	Seton	X5:30.00
17 Kohlhaas, Daniel	6	Seton	X5:38.14
18 Henry, Victor	FR	Seton	X6:02.00
19 Self, Cullen	7	Carmel Wildcats	XNT

Event 4 Girls 200 Yard Freestyle

SST Record: 1:55.74 2/18/2000 K. Shipko			
VISAA QT: 2:13.44			
Name	Yr	School	Seed Time
1 Cunningham, Lucy	SO	Seton	2:43.41
2 Donahoo, Jane	8	Fresta-VA	3:03.25
3 Freidline, Alyssa	SO	Fresta-VA	3:10.02
4 Blanchette, Meg	SO	Seton	3:12.64
5 Miller, Maria	FR	Seton	X3:15.00
6 Halisky, Sophia	7	Seton	X3:15.73
7 Quispe, Allison	FR	Seton	3:21.08
8 Arnold, Betsy	7	Seton	X3:23.00
9 Baughman, Rachel	7	Seton	X3:33.13

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Event 4 ... (Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time
10 Kohlhaas, Sofia	7	Seton	X3:35.00
11 Bauer, Molly	SO	Seton	X3:36.56
12 Blanchette, Kit	7	Seton	X3:39.84
13 Irving, Monica	7	Seton	X3:40.00
14 O'Keefe, Helena	FR	Seton	X3:40.00
15 Blanchette, Nora	FR	Seton	X3:44.51
16 Shillingburg, Briana	SO	Seton	X3:45.00
17 Nguyen, Bella	7	Seton	X4:01.09
18 Kramer, Cora	8	Seton	X4:08.71
19 Quispe, Camila	6	Seton	X4:25.30
20 Gonzalez, Veronica	7	Seton	X4:37.59
21 Marr, Nora	8	Carmel Wildcats	NT

Event 5 Boys 200 Yard IM

SST Record:	1:54.70	2/17/2008	N. Cook
VISAA QT:	2:18.04		
Name	Yr	School	Seed Time
1 Self, Ronan	SR	Carmel Wildcats	2:24.18
2 Wilson, Jonas	7	Seton	X2:30.00
3 Self, Tavish	SO	Carmel Wildcats	2:31.58
4 Kay, Patrick	7	Seton	X2:35.00
5 Dealey, Joey	SR	Seton	2:42.49
6 Bauer, Greg	FR	Seton	2:45.00
7 Albin, Jed	JR	Seton	X2:50.00
8 Nguyen, Colin	SR	Seton	X3:00.00
9 Ellis, Ben	8	Seton	X3:15.00
10 Zahorchak, Michael	8	Seton	X3:30.00
11 Bishop, Aaron	JR	Seton	3:32.24

Event 6 Girls 200 Yard IM

SST Record:	2:11.80	2/16/2008	J. Dunn
VISAA QT:	2:29.40		
Name	Yr	School	Seed Time
1 O'Malley, Shannon	SO	Seton	2:57.72
2 Waltz, Elizabeth	SR	Fresta-VA	3:04.50
3 Hurley, Elizabeth	7	Seton	X3:10.00
4 Halisky, Amelie	SR	Seton	3:12.53
5 Atkinson, Julia	JR	Seton	3:13.34
6 Osilka, Mary Claire	FR	Seton	X3:15.00
7 Russo, Gabriella	8	Seton	X3:15.00
8 Haggerty, Aoife	8	Seton	X3:15.00
9 Mantooth, Avila	7	Seton	X3:15.00
10 Bauer, Katie	7	Seton	X3:20.00
11 Judge, Jane	7	Seton	X3:20.00
12 Haggerty, Moira	SR	Seton	3:26.12
13 Heiny, Maddie	FR	Seton	X3:30.00
14 Rodriguez, Noemi	8	Seton	X3:30.00

Event 7 Boys 50 Yard Freestyle

SST Record:	21.22	2/19/2010	S.J. Hill
VISAA QT:	24.14		
Name	Yr	School	Seed Time
1 Liddy, Max	FR	Fresta-VA	25.85
2 Konstanty, Peter	JR	Seton	26.97
3 Long, Sebastian	SR	VCA-VA	30.20
4 Whittaker, Fisher	8	Carmel Wildcats	30.68

5 Coates, Daniel	FR	Carmel Wildcats	31.99
6 Menorca, Sam	7	VCA-VA	X35.00
7 Self, Cullen	7	Carmel Wildcats	X35.09
8 Galarza, Casey	7	Fresta-VA	X35.61
9 Toledo, Daniel	JR	VCA-VA	41.00
10 Sendon, Andrew	8	VCA-VA	41.50
11 Starkey, Malakai	7	VCA-VA	X53.00

Event 8 Girls 50 Yard Freestyle

SST Record:	24.06	2/16/2018	A. Kenna
VISAA QT:	26.96		
Name	Yr	School	Seed Time
1 Waltz, Rebekah	FR	Fresta-VA	30.33
2 Bronzi, Agnes	8	Brookewood-PV	32.57
3 Stroot, Audrey	8	Brookewood-PV	32.98
4 Taylor, Keegan	SO	Carmel Wildcats	X33.34
5 Garvey, Bridie	8	Brookewood-PV	36.22
6 Aldrette, Ceci	7	Brookewood-PV	X40.09
7 Bradley, Jamyson	7	Carmel Wildcats	X40.91
8 Secord, Kaitlyn	8	VCA-VA	41.94
9 Zaegal, Leanne	7	Carmel Wildcats	X42.86
10 Dean, Malise	SO	Fresta-VA	45.01
11 Klinkenberger, Marisa	7	Fresta-VA	X45.62
12 Pack, Olivia	7	Carmel Wildcats	X45.87
13 Watson, Emma	7	Brookewood-PV	X46.17
14 Clarke, MACKENZIE	6	VCA-VA	X46.78
15 Perdomo, Gabriela	SO	VCA-VA	49.00
16 Miller, Gloria	8	VCA-VA	50.00
17 Struder, Adriana	6	Carmel Wildcats	X51.67
18 Lambert, Olivia	7	VCA-VA	X52.00
19 Sanderson, Addy	7	Fresta-VA	X1:01.26
20 Pretlow, Ava	6	Carmel Wildcats	X1:05.43
21 Elsey, Mackenzie	FR	Carmel Wildcats	NT
22 Fenati, Nikita	6	Brookewood-PV	XNT

Event 11 Boys 100 Yard Butterfly

SST Record:	51.76	1/16/2010	S.J. Hill
VISAA QT:	1:01.02		
Name	Yr	School	Seed Time
1 Liddy, Will	FR	Fresta-VA	1:06.47
2 Bauer, Greg	FR	Seton	1:30.00
3 Mantooth, Luke	JR	Seton	1:30.00

Event 12 Girls 100 Yard Butterfly

SST Record:	58.51	12/16/2017	A. Kenna
VISAA QT:	1:06.82		
Name	Yr	School	Seed Time
1 Bingham, Lucia	SO	Seton	1:18.51
2 Cunningham, Lucy	SO	Seton	1:18.65
3 Hudson, Ava	JR	Seton	1:20.12
4 Hurley, Mary Catherine	SO	Seton	1:36.65
5 Francis, Elizabeth	SO	Seton	X1:37.77
6 Fifield, Kyleigh	8	Seton	X1:40.00
7 Harders, Abby	6	Fresta-VA	X1:43.66
8 Bingham, Mariana	8	Seton	X1:44.13
9 Haggerty, Orla	SO	Seton	X1:49.64

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Event 13 Boys 100 Yard Freestyle

SST Record:	45.67	2/20/2010	S. J. Hill
VISAA QT:	53.09		
Name	Yr	School	Seed Time
1 Albin, Jed	JR	Seton	1:03.39
2 Long, Sebastian	SR	VCA-VA	1:08.20
3 Lehr, Brandon	SR	Fresta-VA	1:10.90
4 Galarza, Casey	7	Fresta-VA	X1:12.67
5 Hamel, Preston	7	Fresta-VA	X1:14.77
6 Menorca, Sam	7	VCA-VA	X1:18.00
7 Coates, Daniel	FR	Carmel Wildcats	1:19.57
8 Toledo, Daniel	JR	VCA-VA	1:25.00

Event 14 Girls 100 Yard Freestyle

SST Record:	52.05	2/16/2018	A. Kenna
VISAA QT:	59.70		
Name	Yr	School	Seed Time
1 Waltz, Rebekah	FR	Fresta-VA	1:07.07
2 Halisky, Amelie	SR	Seton	1:09.79
3 Haggerty, Moira	SR	Seton	1:13.23
4 Hulse, Abby	8	Fresta-VA	1:16.84
5 Dusek, Annie	7	Seton	1:19.72
6 Secord, Kaitlyn	8	VCA-VA	1:25.00
7 Lloyd, Bella	SO	Fresta-VA	1:33.26
8 Clarke, MACKENZIE	6	VCA-VA	1:35.00
9 Zaegal, Leanne	7	Carmel Wildcats	X1:39.57
10 Dean, Malise	SO	Fresta-VA	1:41.68
11 Reynolds, Emma	SR	Seton	1:45.29
12 Garvey, Bridie	8	Brookewood-PV	NT
13 Swift, Evelyn	8	Carmel Wildcats	NT
14 Fenati, Nikita	6	Brookewood-PV	XNT

Event 15 Boys 500 Yard Freestyle

SST Record:	4:27.19	1/31/2010	S.J. Hill
VISAA QT:	5:41.90		
Name	Yr	School	Seed Time
1 Self, Tavish	SO	Carmel Wildcats	6:00.71
2 Wilson, Max	SO	Seton	6:42.86
3 Konstanty, Peter	JR	Seton	6:45.13
4 Sokban, Daniel	8	Seton	6:47.78
5 Dealey, Joey	SR	Seton	6:52.82
6 Mantooth, Luke	JR	Seton	X7:09.22
7 Kay, Patrick	7	Seton	X7:15.00
8 Nguyen, Colin	SR	Seton	X7:30.00
9 Zahorchak, Michael	8	Seton	X7:38.53
10 Judge, Dominic	8	Seton	X7:39.62
11 Beltran, Ryan	JR	Seton	X7:45.00
12 Wilson, Jonas	7	Seton	X7:45.60
13 Bishop, Aaron	JR	Seton	X7:57.98
14 Fioramonti, Josh	FR	Seton	X8:21.53
15 Cooley, JJ	FR	Seton	X10:00.00
16 Nguyen, Kenneth	8	Seton	X10:30.00
17 Ellis, Ben	8	Seton	X11:00.00
18 Lynch, Joey	7	Seton	X11:00.00
19 Blanchette, Tim	SR	Seton	X11:00.00
20 Vaughan, Nick	SO	Seton	X11:03.15
21 Dwane, Joseph	JR	Seton	X11:09.06

22 Cooley, John	7	Seton	X12:01.00
23 Gregory, Jack	JR	Seton	X12:43.00
24 McCardell, Aidan	FR	Seton	X13:08.53
25 Vaughan, Noah	8	Seton	X13:28.00
26 Kohlhaas, Daniel	6	Seton	X13:29.00
27 Henry, Dominic	7	Seton	X13:30.00
28 Likoy, Raphaël	8	Seton	X13:38.00
29 Minarik, Joseph	JR	Seton	X17:38.00
30 Henry, Victor	FR	Seton	X23:17.00

Event 16 Girls 500 Yard Freestyle

SST Record:	5:06.98	2/1/1999	K. Shipko
VISAA QT:	5:58.88		
Name	Yr	School	Seed Time
1 Hudson, Ava	JR	Seton	6:49.95
2 Mantooth, Avila	7	Seton	X7:00.00
3 O'Malley, Shannon	SO	Seton	7:22.63
4 Bingham, Lucia	SO	Seton	7:30.44
5 Hurley, Mary Catherine	SO	Seton	7:39.32
6 Halisky, Sophia	7	Seton	X7:40.86
7 Atkinson, Julia	JR	Seton	X7:50.00
8 Miller, Maria	FR	Seton	X7:56.85
9 Haggerty, Orla	SO	Seton	X8:06.49
10 Bingham, Mariana	8	Seton	X8:15.81
11 Hurley, Elizabeth	7	Seton	X8:21.76
12 Francis, Elizabeth	SO	Seton	X8:23.17
13 Arnold, Betsy	7	Seton	X8:30.00
14 Fifield, Kyleigh	8	Seton	X8:36.31
15 Blanchette, Meg	SO	Seton	X8:46.08
16 Irving, Monica	7	Seton	X8:54.78
17 Bauer, Katie	7	Seton	X9:00.00
18 Judge, Jane	7	Seton	X9:00.00
19 Osilka, Mary Claire	FR	Seton	X9:00.22
20 O'Keefe, Helena	FR	Seton	X9:15.13
21 Rodriguez, Noemi	8	Seton	X9:15.41
22 Quispe, Allison	FR	Seton	X9:29.66
23 Bingham, Veronica	6	Seton	X9:35.00
24 Bauer, Molly	SO	Seton	X9:44.72
25 Baughman, Rachel	7	Seton	X9:45.00
26 Blanchette, Nora	FR	Seton	X9:46.75
27 Russo, Gabriella	8	Seton	X10:00.00
28 Nguyen, Bella	7	Seton	X10:00.00
29 Haggerty, Aoife	8	Seton	X10:01.03
30 Heiny, Clare	7	Seton	X10:02.74
31 Dusek, Annie	7	Seton	X11:00.00
32 Heiny, Maddie	FR	Seton	X11:30.00
33 Shillingburg, Briana	SO	Seton	X11:42.37
34 Gonzalez, Veronica	7	Seton	X11:48.75
35 Kohlhaas, Sofia	7	Seton	X11:49.37
36 Blanchette, Kit	7	Seton	X12:06.00
37 Kramer, Cora	8	Seton	X13:01.00
38 Reynolds, Emma	SR	Seton	X13:05.00
39 Quispe, Camila	6	Seton	X13:22.00

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Event 17 Boys 200 Yard Freestyle Relay

SST Record: 1:30.07 2/19/2010 Hill, Koehr, Cook, Basinger			
VISAA QT: 1:43.26			
Team	Relay	Seed Time	
1 Carmel Wildcats	A	X1:48.84	
1) Whittaker, Fisher 8	2) Self, Tavish SO		
3) Self, Cullen 7	4) Self, Ronan SR		
2 Fresta-VA	A	X1:56.20	
1) Liddy, Will FR	2) Lehr, Brandon SR		
3) Hamel, Preston 7	4) Liddy, Max FR		
3 Seton	A	2:05.00	
1) Mantooth, Luke JR	2) Fioramonti, Josh FR		
3) Sokban, Daniel 8	4) Wilson, Max SO		
4 Seton	B	2:10.00	
1) Konstanty, Peter JR	2) Bishop, Aaron JR		
3) Judge, Dominic 8	4) Zahorchak, Michael 8		
5 Seton	C	X2:36.00	
1) Nguyen, Kenneth 8	2) Minarik, Joseph JR		
3) Gregory, Jack JR	4) Likoy, Raphaël 8		
6 Seton	D	X2:38.00	
1) Kay, Patrick 7	2) Cooley, JJ FR		
3) Dwane, Joseph JR	4) Henry, Victor FR		
7 VCA-VA	A	X2:40.00	
1) Long, Sebastian SR	2) Starkey, Malakai 7		
3) Toledo, Daniel JR	4) Sendon, Andrew 8		
8 Seton	E	X2:40.00	
1) Lynch, Joey 7	2) Vaughan, Nick SO		
3) Blanchette, Tim SR	4) Cooley, John 7		
9 Seton	F	X2:42.00	
1) Ellis, Ben 8	2) Wilson, Jonas 7		
3) Vaughan, Noah 8	4) McCardell, Aidan FR		
10 Seton	G	X2:44.00	
1) Nguyen, Kenneth 8	2) Cooley, JJ FR		
3) Cooley, John 7	4) McCardell, Aidan FR		

Event 18 Girls 200 Yard Freestyle Relay

SST Record: 1:40.05 2/19/2010 Doonis, Rogers, Talbott, Donohoe			
VISAA QT: 1:58.53			
Team	Relay	Seed Time	
1 Carmel Wildcats	A	X1:54.10	
1) Marr, Nora 8	2) Bradley, Jamyson 7		
3) Pack, Olivia 7	4) Taylor, Keegan SO		
2 Seton	A	X2:03.00	
1) Hurley, Mary Catherine SO	2) Cunningham, Lucy SO		
3) Bingham, Lucia SO	4) Hudson, Ava JR		
3 Seton	B	X2:03.00	
1) Haggerty, Moira SR	2) Haggerty, Orla SO		
3) Miller, Maria FR	4) Russo, Gabriella 8		
4 Seton	C	X2:30.00	
1) Judge, Jane 7	2) Bauer, Katie 7		
3) Bingham, Veronica 6	4) Kramer, Cora 8		
5 Seton	D	X2:32.00	
1) Blanchette, Meg SO	2) Blanchette, Kit 7		
3) Hurley, Elizabeth 7	4) Shillingburg, Briana SO		
6 Seton	E	X2:34.00	
1) Bingham, Mariana 8	2) Heiny, Maddie FR		
3) Kohlhaas, Sofia 7	4) Quispe, Camila 6		

7 Seton	F	X2:38.00	
1) O'Keefe, Helena FR	2) Haggerty, Aoife 8		
3) Arnold, Betsy 7	4) Irving, Monica 7		
8 Seton	G	X2:40.00	
1) Halisky, Sophia 7	2) Baughman, Rachel 7		
3) Mantooth, Avila 7	4) Heiny, Clare 7		
9 Seton	H	X2:44.00	
1) Atkinson, Julia JR	2) Francis, Elizabeth SO		
3) Dusek, Annie 7	4) Blanchette, Nora FR		
10 Seton	I	X2:46.00	
1) Rodriguez, Noemi 8	2) Fifield, Kyleigh 8		
3) Osilka, Mary Claire FR	4) Quispe, Allison FR		
11 Seton	J	X2:48.00	
1) Dusek, Annie 7	2) Rodriguez, Noemi 8		
3) Irving, Monica 7	4) Bingham, Veronica 6		
12 Fresta-VA	A	X2:59.15	
1) Freidline, Alyssa SO	2) Klinkenberger, Marisa 7		
3) Sanderson, Addy 7	4) Harders, Abby 6		
13 VCA-VA	A	X3:13.79	
1) Secord, Kaitlyn 8	2) Miller, Gloria 8		
3) Perdomo, Gabriela SO	4) Clarke, MACKENZIE 6		
14 Brookewood-PV	A	XNT	
1) Stroot, Audrey 8	2) Watson, Emma 7		
3) Bronzi, Agnes 8	4) Aldrette, Ceci 7		
15 Carmel Wildcats	B	XNT	
1) Struder, Adriana 6	2) Swift, Evelyn 8		
3) Taylor, Ryann 6	4) Zaegal, Leanne 7		

Event 19 Boys 100 Yard Backstroke

SST Record: 51.48 1/20/2006 K. Koehr			
VISAA QT: 1:02.90			
Name	Yr	School	Seed Time
1 Liddy, Will	FR	Fresta-VA	1:05.63
2 Self, Ronan	SR	Carmel Wildcats	1:06.24
3 Hamel, Preston	7	Fresta-VA	X1:16.52
4 Lehr, Brandon	SR	Fresta-VA	1:24.08
5 Starkey, Malakai	7	VCA-VA	X1:28.00
6 Sendon, Andrew	8	VCA-VA	1:30.00

Event 20 Girls 100 Yard Backstroke

SST Record: 55.62 2/16/2018 A. Kenna			
VISAA QT: 1:06.85			
Name	Yr	School	Seed Time
1 Hulse, Abby	8	Fresta-VA	1:24.33
2 Donahoo, Jane	8	Fresta-VA	1:34.46
3 Freidline, Alyssa	SO	Fresta-VA	1:35.01
4 Perdomo, Gabriela	SO	VCA-VA	1:50.00
5 Struder, Adriana	6	Carmel Wildcats	X2:05.25
6 Pretlow, Ava	6	Carmel Wildcats	X2:41.36
7 Elsey, Mackenzie	FR	Carmel Wildcats	NT
8 Aldrette, Ceci	7	Brookewood-PV	XNT
9 Taylor, Keegan	SO	Carmel Wildcats	XNT
10 Taylor, Ryann	6	Carmel Wildcats	XNT

Event 21 Boys 100 Yard Breaststroke

SST Record: 58.53 1/27/2007 N. Cook			
VISAA QT: 1:08.79			
Name	Yr	School	Seed Time
1 Liddy, Max	FR	Fresta-VA	1:06.99

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Event 21 ... (Boys 100 Yard Breaststroke)

	Name	Yr	School	Seed Time
2	Wilson, Max	SO	Seton	1:24.74
3	Whittaker, Fisher	8	Carmel Wildcats	1:29.68
4	Gregory, Jack	JR	Seton	2:30.00

Event 22 Girls 100 Yard Breaststroke**SST Record: 1:05.77 2/18/2022 A. Testani****VISAA QT: 1:16.38**

	Name	Yr	School	Seed Time
1	Harders, Abby	6	Fresta-VA	X1:33.86
2	Marr, Nora	8	Carmel Wildcats	1:37.87
3	Waltz, Elizabeth	SR	Fresta-VA	1:37.95
4	Taylor, Ryann	6	Carmel Wildcats	X1:52.01
5	Lloyd, Bella	SO	Fresta-VA	1:55.22
6	Lambert, Olivia	7	VCA-VA	X1:58.00
7	Miller, Gloria	8	VCA-VA	2:00.00
8	Heiny, Clare	7	Seton	X2:02.09
9	Bingham, Veronica	6	Seton	X2:12.09
10	Bronzi, Agnes	8	Brookewood-PV	NT
11	Stroot, Audrey	8	Brookewood-PV	NT
12	Swift, Evelyn	8	Carmel Wildcats	NT
13	Watson, Emma	7	Brookewood-PV	XNT
14	Bradley, Jamyson	7	Carmel Wildcats	XNT
15	Pack, Olivia	7	Carmel Wildcats	XNT

Event 23 Boys 400 Yard Freestyle Relay**SST Record: 3:17.05 2/19/2010 Hill, Cook, Dunn, Basinger****VISAA QT: 3:59.45**

	Team	Relay	Seed Time
1	Seton	A	4:00.00
	1) Dealey, Joey SR	2) Albin, Jed JR	
	3) Konstanty, Peter JR	4) Fioramonti, Josh FR	
2	Seton	B	4:10.00
	1) Bauer, Greg FR	2) Beltran, Ryan JR	
	3) Sokban, Daniel 8	4) Nguyen, Colin SR	
3	Fresta-VA	A	X4:14.63
	1) Liddy, Will FR	2) Lehr, Brandon SR	
	3) Hamel, Preston 7	4) Liddy, Max FR	

Event 24 Girls 400 Yard Freestyle Relay**SST Record: 3:40.51 2/19/2010 DoonisRogers,ClaybrooksDonohoe****VISAA QT: 4:38.24**

	Team	Relay	Seed Time
1	Seton	A	X4:30.00
	1) Cunningham, Lucy SO	2) Hudson, Ava JR	
	3) O'Malley, Shannon SO	4) Bingham, Lucia SO	
2	Seton	B	X4:30.00
	1) Halisky, Amelie SR	2) Russo, Gabriella 8	
	3) Hurley, Mary Catherine SO	4) Haggerty, Orla SO	
3	Carmel Wildcats	A	4:32.98
4	Fresta-VA	A	4:56.15
	1) Hulse, Abby 8	2) Waltz, Elizabeth SR	
	3) Donahoo, Jane 8	4) Waltz, Rebekah FR	
5	Fresta-VA	B	X5:49.21
	1) Freidline, Alyssa SO	2) Lloyd, Bella SO	
	3) Dean, Malise SO	4) Harders, Abby 6	