

Seton Winter Invitational - 1/14/2023
Psych Sheet - Seton Winter Invite Swimming

Event 1 Boys 200 Yard Medley Relay**SST Record: 1:39.82 2/17/2006 Koehr, Cook, Morch, Koehr****VISAA QT: 1:57.18**

Team	Relay	Seed Time
1 Seton Swimming 1) Beltran, Ryan JR	A 2) Mantooth, Luke JR	2:00.00 4) Dealey, Joey SR
2 Carmel School Wildcats 1) Coates, Daniel FR	A 2) Self, Tavish SO	2:06.92 4) Whittaker, Fisher 8
3 Seton Swimming 1) Nguyen, Colin SR	B 2) Bauer, Greg FR	2:10.00 4) Bishop, Aaron JR
4 Seton Swimming 1) Minarik, Joseph JR	C 2) Ellis, Ben 8	X2:45.00 4) McCardell, Aidan FR
5 Seton Swimming 1) Cooley, JJ FR	D 2) Gregory, Jack JR	X2:47.00 4) Henry, Victor FR
6 Seton Swimming 1) Lynch, Joey 7	E 2) Wilson, Jonas 7	X2:51.00 4) Dwane, Joseph JR
7 Seton Swimming 1) Dusek, Charlie FR	F 2) Blanchette, Tim SR	X2:52.00 4) Vaughan, Nick SO
8 Seton Swimming 1) Cooley, John 7	G 2) Vaughan, Noah 8	X2:53.00 4) Henry, Dominic 7
9 Veritas Collegiate Acaemy-VA 1) Starkey, Malakai	A 2) Menorca, Sam	3:00.00 4) Toledo, Daniel

Event 2 Girls 200 Yard Medley Relay**SST Record: 1:50.25 2/18/2011 Doonis,Rogers,Wunderly,Donohoe****VISAA QT: 2:14.01**

Team	Relay	Seed Time
1 Seton Swimming 1) Halisky, Amelie SR	A 2) Hurley, Elizabeth 7	2:10.00 4) O'Malley, Shannon SO
2 Carmel School Wildcats 1) Pack, Olivia 7	A 2) Bradley, Jamyson 7	2:11.59 4) Marr, Nora 8
3 Seton Swimming 1) Miller, Maria FR	B 2) Baughman, Rachel 7	2:15.00 4) Arnold, Betsy 7
4 Fresta Valley Christian School-VA 1) Waltz, Rebekah FR	A 2) Waltz, Elizabeth SR	2:25.17 4) Donahoo, Jane 8
5 Seton Swimming 1) Osilka, Mary Claire FR	C 2) Bauer, Katie 7	X2:40.00 4) Irving, Monica 7
6 Seton Swimming 1) Dusek, Annie 7	D 2) Judge, Jane 7	X2:42.00 4) Bingham, Veronica 6
7 Seton Swimming 1) Rodriguez, Noemi 8	E 2) Blanchette, Meg SO	X2:44.00 4) Nguyen, Bella 7
8 Seton Swimming 1) Blanchette, Nora FR	F 2) Kohlhaas, Sofia 7	X2:46.00 4) Blanchette, Kit 7
9 Seton Swimming 1) Reynolds, Emma SR	G 2) O'Keefe, Helena FR	X2:48.00 4) Quispe, Allison FR
10 Seton Swimming 1) Gonzalez, Veronica 7	H 2) Heiny, Clare 7	X2:50.00 4) Shillingburg, Briana SO
11 Seton Swimming 1) Quispe, Camila 6	I 2) Bauer, Molly SO	X2:52.00 4) Kramer, Cora 8
12 Veritas Collegiate Acaemy-VA 1) Secord, Kaitlyn	A 2) Lambert, Olivia	3:30.00 4) Perdomo, Gabriela
13 Brookewood School-PV 1) Fenati, Nikita	A 2) Stroot, Audrey	NT 4) Garvey, Bridie
14 Carmel School Wildcats 1) Pretlow, Ava 6	B 2) Zaegal, Leanne 7	NT 4) Struder, Adriana 6

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Event 3 Boys 200 Yard Freestyle

SST Record: 1:38.54 1/31/2010 S.J. Hill
VISAA QT: 2:01.47

	Name	Year	School	Seed Time
1	Sokban, Daniel	8	Seton Swimming	2:51.91
2	Fioramonti, Josh	FR	Seton Swimming	2:57.16
3	Judge, Dominic	8	Seton Swimming	2:59.95
4	Beltran, Ryan	JR	Seton Swimming	3:01.43
5	Lynch, Ioey	7	Seton Swimming	X3:18.74
6	Cooley, JJ	FR	Seton Swimming	X3:34.77
7	Nguyen, Kenneth	8	Seton Swimming	X3:48.21
8	Dwane, Joseph	JR	Seton Swimming	X4:05.61
9	Blanchette, Tim	SR	Seton Swimming	X4:17.31
10	Cooley, John	7	Seton Swimming	X4:22.90
11	Vaughan, Noah	8	Seton Swimming	X4:25.68
12	Vaughan, Nick	SO	Seton Swimming	X4:32.81
13	McCardell, Aidan	FR	Seton Swimming	X5:28.12
14	Minarik, Joseph	JR	Seton Swimming	X5:30.00
15	Likoy, Raphaël	8	Seton Swimming	X5:30.00
16	Henry, Dominic	7	Seton Swimming	X5:30.00
17	Kohlhaas, Daniel	6	Seton Swimming	X5:38.14
18	Henry, Victor	FR	Seton Swimming	X6:02.00
19	Self, Cullen	7	Carmel School Wildcats	XNT

Event 4 Girls 200 Yard Freestyle

SST Record: 1:55.74 2/18/2000 K. Shipko
VISAA QT: 2:13.44

	Name	Year	School	Seed Time
1	Cunningham, Lucy	SO	Seton Swimming	2:43.41
2	Donahoo, Jane	8	Fresta-VA	3:03.25
3	Freidline, Alyssa	SO	Fresta-VA	3:10.02
4	Blanchette, Meg	SO	Seton Swimming	3:12.64
5	Miller, Maria	FR	Seton Swimming	X3:15.00
6	Halisky, Sophia	7	Seton Swimming	3:15.73
7	Quispe, Allison	FR	Seton Swimming	3:21.08
8	Arnold, Betsy	7	Seton Swimming	X3:23.00
9	Baughman, Rachel	7	Seton Swimming	X3:33.13
10	Kohlhaas, Sofia	7	Seton Swimming	X3:35.00
11	Bauer, Molly	SO	Seton Swimming	X3:36.56
12	Blanchette, Kit	7	Seton Swimming	X3:39.84
13	Irving, Monica	7	Seton Swimming	X3:40.00
14	O'Keefe, Helena	FR	Seton Swimming	X3:40.00
15	Blanchette, Nora	FR	Seton Swimming	X3:44.51
16	Shillingburg, Briana	SO	Seton Swimming	X3:45.00
17	Nguyen, Bella	7	Seton Swimming	X4:01.09
18	Kramer, Cora	8	Seton Swimming	X4:08.71
19	Quispe, Camila	6	Seton Swimming	X4:25.30
20	Gonzalez, Veronica	7	Seton Swimming	X4:37.59
21	Marr, Nora	8	Carmel School Wildcats	NT

Event 5 Boys 200 Yard IM

SST Record: 1:54.70 2/17/2008 N. Cook
VISAA QT: 2:18.04

	Name	Year	School	Seed Time
1	Martinez, Thiago	7	Seton Swimming	X2:20.00

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Event 5 ... (Boys 200 Yard IM)

2	Self, Ronan	SR	Carmel School Wildcats	2:24.18
3	Wilson, Jonas	7	Seton Swimming	X2:30.00
4	Self, Tavish	SO	Carmel School Wildcats	2:31.58
5	Kay, Patrick	7	Seton Swimming	X2:35.00
6	Dealey, Joey	SR	Seton Swimming	2:42.49
7	Bauer, Greg	FR	Seton Swimming	2:45.00
8	Sokban, William	SO	Seton Swimming	2:46.52
9	Albin, Jed	JR	Seton Swimming	X2:50.00
10	Nguyen, Colin	SR	Seton Swimming	X3:00.00
11	Ellis, Ben	8	Seton Swimming	X3:15.00
12	Zahorchak, Michael	8	Seton Swimming	X3:30.00
13	Dusek, Charlie	FR	Seton Swimming	X3:30.00
14	Bishop, Aaron	JR	Seton Swimming	3:32.24

Event 6 Girls 200 Yard IM

SST Record: 2:11.80 2/16/2008 **J. Dunn**

VISAA QT: 2:29.40

Name	Year	School	Seed Time	
1	O'Malley, Shannon	SO	Seton Swimming	2:57.72
2	Waltz, Elizabeth	SR	Fresta-VA	3:04.50
3	Hurley, Elizabeth	7	Seton Swimming	X3:10.00
4	Halisky, Amelie	SR	Seton Swimming	3:12.53
5	Atkinson, Julia	JR	Seton Swimming	3:13.34
6	Osilka, Mary Claire	FR	Seton Swimming	X3:15.00
7	Russo, Gabriella	8	Seton Swimming	X3:15.00
8	Haggerty, Aoife	8	Seton Swimming	X3:15.00
9	Mantooth, Avila	7	Seton Swimming	X3:15.00
10	Bauer, Katie	7	Seton Swimming	X3:20.00
11	Judge, Jane	7	Seton Swimming	X3:20.00
12	Haggerty, Moira	SR	Seton Swimming	3:26.12
13	Heiny, Maddie	FR	Seton Swimming	X3:30.00
14	Rodriguez, Noemi	8	Seton Swimming	X3:30.00

Event 7 Boys 50 Yard Freestyle

SST Record: 21.22 2/19/2010 **S.J. Hill**

VISAA QT: 24.14

Name	Year	School	Seed Time	
1	Liddy, Max	FR	Fresta-VA	25.85
2	Konstanty, Peter	JR	Seton Swimming	26.97
3	Long, Sebastian		Veritas Collegiate Acaemy-VA	30.20
4	Whittaker, Fisher	8	Carmel School Wildcats	30.68
5	Coates, Daniel	FR	Carmel School Wildcats	31.99
6	Menorca, Sam		Veritas Collegiate Acaemy-VA	35.00
7	Self, Cullen	7	Carmel School Wildcats	X35.09
8	Galarza, Casey	7	Fresta-VA	X35.61
9	Toledo, Daniel		Veritas Collegiate Acaemy-VA	41.00
10	Sendon, Andrew		Veritas Collegiate Acaemy-VA	41.50
11	Starkey, Malakai		Veritas Collegiate Acaemy-VA	53.00

Event 8 Girls 50 Yard Freestyle

SST Record: 24.06 2/16/2018 **A. Kenna**

VISAA QT: 26.96

Name	Year	School	Seed Time	
1	Waltz, Rebekah	FR	Fresta-VA	30.33

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Event 8 ... (Girls 50 Yard Freestyle)

2	Bronzi, Agnes		Brookewood School-PV	32.57
3	Stroot, Audrey		Brookewood School-PV	32.98
4	Taylor, Keegan	SO	Carmel School Wildcats	X33.34
5	Garvey, Bridie		Brookewood School-PV	36.22
6	Aldrette, Ceci		Brookewood School-PV	40.09
7	Bradley, Jamyson	7	Carmel School Wildcats	40.91
8	Secord, Kaitlyn		Veritas Collegiate Acaemy-VA	41.94
9	Zaegal, Leanne	7	Carmel School Wildcats	X42.86
10	Dean, Malise	SO	Fresta-VA	45.01
11	Klinkenberger, Marisa	7	Fresta-VA	X45.62
12	Pack, Olivia	7	Carmel School Wildcats	X45.87
13	Watson, Emma		Brookewood School-PV	46.17
14	Clarke, MACKENZIE		Veritas Collegiate Acaemy-VA	46.78
15	Perdomo, Gabriela		Veritas Collegiate Acaemy-VA	49.00
16	Miller, Gloria		Veritas Collegiate Acaemy-VA	50.00
17	Struder, Adriana	6	Carmel School Wildcats	X51.67
18	Lambert, Olivia		Veritas Collegiate Acaemy-VA	52.00
19	Sanderson, Addy	7	Fresta-VA	X1:01.26
20	Pretlow, Ava	6	Carmel School Wildcats	X1:05.43
21	Fenati, Nikita		Brookewood School-PV	NT
22	Elsey, Mackenzie	FR	Carmel School Wildcats	NT

Event 11 Boys 100 Yard Butterfly

SST Record: 51.76 1/16/2010 S.J. Hill

VISAA QT: 1:01.02

Name	Year	School	Seed Time
1	Liddy, Will	FR Fresta-VA	1:06.47
2	Bauer, Greg	FR Seton Swimming	1:30.00
3	Mantooth, Luke	JR Seton Swimming	1:30.00

Event 12 Girls 100 Yard Butterfly

SST Record: 58.51 12/16/2017 A. Kenna

VISAA QT: 1:06.82

Name	Year	School	Seed Time
1	Bingham, Lucia	SO Seton Swimming	1:18.51
2	Cunningham, Lucy	SO Seton Swimming	1:18.65
3	Hudson, Ava	JR Seton Swimming	1:20.12
4	Hurley, Mary Catherine	SO Seton Swimming	1:36.65
5	Francis, Elizabeth	SO Seton Swimming	X1:37.77
6	Fifield, Kyleigh	8 Seton Swimming	X1:40.00
7	Harders, Abby	6 Fresta-VA	X1:43.66
8	Bingham, Mariana	8 Seton Swimming	X1:44.13
9	Haggerty, Orla	SO Seton Swimming	X1:49.64

Event 13 Boys 100 Yard Freestyle

SST Record: 45.67 2/20/2010 S. J. Hill

VISAA QT: 53.09

Name	Year	School	Seed Time
1	Albin, Jed	JR Seton Swimming	1:03.39
2	Long, Sebastian	Veritas Collegiate Acaemy-VA	1:08.20
3	Lehr, Brandon	SR Fresta-VA	1:10.90
4	Galarza, Casey	7 Fresta-VA	X1:12.67
5	Hamel, Preston	7 Fresta-VA	X1:14.77
6	Menorca, Sam	Veritas Collegiate Acaemy-VA	1:18.00

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Event 13 ... (Boys 100 Yard Freestyle)

7	Coates, Daniel	FR	Carmel School Wildcats	1:19.57
8	Toledo, Daniel		Veritas Collegiate Acaemy-VA	1:25.00

Event 14 Girls 100 Yard Freestyle

SST Record: 52.05 2/16/2018 **A. Kenna**

VISAA QT: 59.70

	Name	Year	School	Seed Time
1	Waltz, Rebekah	FR	Fresta-VA	1:07.07
2	Halisky, Amelie	SR	Seton Swimming	1:09.79
3	Haggerty, Moira	SR	Seton Swimming	1:13.23
4	Hulse, Abby	8	Fresta-VA	1:16.84
5	Dusek, Annie	7	Seton Swimming	1:19.72
6	Secord, Kaitlyn		Veritas Collegiate Acaemy-VA	1:25.00
7	Lloyd, Bella	SO	Fresta-VA	1:33.26
8	Clarke, MACKENZIE		Veritas Collegiate Acaemy-VA	1:35.00
9	Zaegal, Leanne	7	Carmel School Wildcats	X1:39.57
10	Dean, Malise	SO	Fresta-VA	1:41.68
11	Reynolds, Emma	SR	Seton Swimming	1:45.29
12	Garvey, Bridie		Brookewood School-PV	NT
13	Fenati, Nikita		Brookewood School-PV	NT
14	Swift, Evelyn	8	Carmel School Wildcats	NT

Event 15 Boys 500 Yard Freestyle

SST Record: 4:27.19 1/31/2010 **S.J. Hill**

VISAA QT: 5:41.90

	Name	Year	School	Seed Time
1	Self, Tavish	SO	Carmel School Wildcats	6:00.71
2	Sokban, William	SO	Seton Swimming	6:20.12
3	Konstanty, Peter	JR	Seton Swimming	6:45.13
4	Sokban, Daniel	8	Seton Swimming	6:47.78
5	Dealey, Joey	SR	Seton Swimming	6:52.82
6	Martinez, Thiago	7	Seton Swimming	X7:00.00
7	Mantooth, Luke	JR	Seton Swimming	X7:09.22
8	Kay, Patrick	7	Seton Swimming	X7:15.00
9	Nguyen, Colin	SR	Seton Swimming	X7:30.00
10	Zahorchak, Michael	8	Seton Swimming	X7:38.53
11	Judge, Dominic	8	Seton Swimming	X7:39.62
12	Beltran, Ryan	JR	Seton Swimming	X7:45.00
13	Wilson, Jonas	7	Seton Swimming	X7:45.60
14	Bishop, Aaron	JR	Seton Swimming	X7:57.98
15	Fioramonti, Josh	FR	Seton Swimming	X8:21.53
16	Dusek, Charlie	FR	Seton Swimming	X8:30.00
17	Cooley, JJ	FR	Seton Swimming	X10:00.00
18	Nguyen, Kenneth	8	Seton Swimming	X10:30.00
19	Ellis, Ben	8	Seton Swimming	X11:00.00
20	Lynch, Joey	7	Seton Swimming	X11:00.00
21	Blanchette, Tim	SR	Seton Swimming	X11:00.00
22	Vaughan, Nick	SO	Seton Swimming	11:03.15
23	Dwane, Joseph	JR	Seton Swimming	X11:09.06
24	Cooley, John	7	Seton Swimming	X12:01.00
25	Gregory, Jack	JR	Seton Swimming	X12:43.00
26	McCardell, Aidan	FR	Seton Swimming	X13:08.53
27	Vaughan, Noah	8	Seton Swimming	X13:28.00

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Event 15 ... (Boys 500 Yard Freestyle)

28	Kohlhaas, Daniel	6	Seton Swimming	X13:29.00
29	Henry, Dominic	7	Seton Swimming	X13:30.00
30	Likoy, Raphaël	8	Seton Swimming	X13:38.00
31	Minarik, Joseph	JR	Seton Swimming	X17:38.00
32	Henry, Victor	FR	Seton Swimming	X23:17.00

Event 16 Girls 500 Yard Freestyle

SST Record: 5:06.98 2/1/1999 K. Shipko

VISAA QT: 5:58.88

	Name	Year	School	Seed Time
1	Hudson, Ava	JR	Seton Swimming	6:49.95
2	Mantooth, Avila	7	Seton Swimming	X7:00.00
3	O'Malley, Shannon	SO	Seton Swimming	7:22.63
4	Bingham, Lucia	SO	Seton Swimming	7:30.44
5	Hurley, Mary Catherine	SO	Seton Swimming	7:39.32
6	Halisky, Sophia	7	Seton Swimming	X7:40.86
7	Atkinson, Julia	JR	Seton Swimming	X7:50.00
8	Miller, Maria	FR	Seton Swimming	X7:56.85
9	Haggerty, Orla	SO	Seton Swimming	X8:06.49
10	Bingham, Mariana	8	Seton Swimming	X8:15.81
11	Hurley, Elizabeth	7	Seton Swimming	X8:21.76
12	Francis, Elizabeth	SO	Seton Swimming	X8:23.17
13	Arnold, Betsy	7	Seton Swimming	X8:30.00
14	Fifield, Kyleigh	8	Seton Swimming	X8:36.31
15	Blanchette, Meg	SO	Seton Swimming	X8:46.08
16	Irving, Monica	7	Seton Swimming	X8:54.78
17	Bauer, Katie	7	Seton Swimming	X9:00.00
18	Judge, Jane	7	Seton Swimming	X9:00.00
19	Osilka, Mary Claire	FR	Seton Swimming	X9:00.22
20	O'Keefe, Helena	FR	Seton Swimming	X9:15.13
21	Rodriguez, Noemi	8	Seton Swimming	X9:15.41
22	Quispe, Allison	FR	Seton Swimming	X9:29.66
23	Bingham, Veronica	6	Seton Swimming	X9:35.00
24	Bauer, Molly	SO	Seton Swimming	X9:44.72
25	Baughman, Rachel	7	Seton Swimming	X9:45.00
26	Blanchette, Nora	FR	Seton Swimming	X9:46.75
27	Russo, Gabriella	8	Seton Swimming	X10:00.00
28	Nguyen, Bella	7	Seton Swimming	X10:00.00
29	Haggerty, Aoife	8	Seton Swimming	X10:01.03
30	Heiny, Clare	7	Seton Swimming	X10:02.74
31	Dusek, Annie	7	Seton Swimming	X11:00.00
32	Heiny, Maddie	FR	Seton Swimming	X11:30.00
33	Shillingburg, Briana	SO	Seton Swimming	X11:42.37
34	Gonzalez, Veronica	7	Seton Swimming	X11:48.75
35	Kohlhaas, Sofia	7	Seton Swimming	X11:49.37
36	Blanchette, Kit	7	Seton Swimming	X12:06.00
37	Kramer, Cora	8	Seton Swimming	X13:01.00
38	Reynolds, Emma	SR	Seton Swimming	X13:05.00
39	Quispe, Camila	6	Seton Swimming	X13:22.00

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Psych Sheet - Seton Winter Invite Swimming

Event 17 Boys 200 Yard Freestyle Relay**SST Record: 1:30.07 2/19/2010 Hill, Koehr,Cook,Basinger****VISAA QT: 1:43.26**

Team	Relay	Seed Time
1 Carmel School Wildcats 1) Whittaker, Fisher 8 2) Self, Tavish SO 3) Self, Cullen 7 4) Self, Ronan SR	A	1:48.84
2 Fresta Valley Christian School-VA 1) Liddy, Will FR 2) Lehr, Brandon SR 3) Hamel, Preston 7 4) Liddy, Max FR	A	X1:56.20
3 Seton Swimming 1) Mantooth, Luke JR 2) Fioramonti, Josh FR 3) Sokban, Daniel 8 4) Konstanty, Peter JR	A	2:05.00
4 Seton Swimming 1) Beltran, Ryan JR 2) Bishop, Aaron JR 3) Judge, Dominic 8 4) Zahorchak, Michael 8	B	2:10.00
5 Seton Swimming 1) Martinez, Thiago 7 2) Minarik, Joseph JR 3) Gregory, Jack JR 4) Likoy, Raphaël 8	C	X2:36.00
6 Seton Swimming 1) Kay, Patrick 7 2) Dusek, Charlie FR 3) Dwane, Joseph JR 4) Kohlhaas, Daniel 6	D	X2:38.00
7 Veritas Collegiate Acaemy-VA 1) Long, Sebastian 2) Starkey, Malakai 3) Toledo, Daniel 4) Sendon, Andrew	A	2:40.00
8 Seton Swimming 1) Lynch, Joey 7 2) Vaughan, Nick SO 3) Blanchette, Tim SR 4) Henry, Dominic 7	E	X2:40.00
9 Seton Swimming 1) Ellis, Ben 8 2) Wilson, Jonas 7 3) Vaughan, Noah 8 4) Henry, Victor FR	F	X2:42.00
10 Seton Swimming 1) Nguyen, Kenneth 8 2) Cooley, JJ FR 3) Cooley, John 7 4) McCardell, Aidan FR	G	X2:44.00

Event 18 Girls 200 Yard Freestyle Relay**SST Record: 1:40.05 2/19/2010 Doonis,Rogers,Talbott,Donohoe****VISAA QT: 1:58.53**

Team	Relay	Seed Time
1 Carmel School Wildcats 1) Marr, Nora 8 2) Bradley, Jamyson 7 3) Pack, Olivia 7 4) Taylor, Keegan SO	A	1:54.10
2 Seton Swimming 1) Hurley, Mary Catherine SO 2) Mantooth, Avila 7 3) Arnold, Betsy 7 4) Haggerty, Orla SO	A	2:03.00
3 Seton Swimming 1) Bingham, Lucia SO 2) Hudson, Ava JR 3) Hurley, Elizabeth 7 4) Cunningham, Lucy SO	B	2:03.00
4 Seton Swimming 1) Miller, Maria FR 2) Bauer, Katie 7 3) Judge, Jane 7 4) Kramer, Cora 8	C	X2:30.00
5 Seton Swimming 1) Haggerty, Moira SR 2) Blanchette, Kit 7 3) Blanchette, Meg SO 4) Shillingburg, Briana SO	D	X2:32.00
6 Seton Swimming 1) Bingham, Mariana 8 2) Heiny, Maddie FR 3) Kohlhaas, Sofia 7 4) Quispe, Camila 6	E	X2:34.00
7 Seton Swimming 1) Russo, Gabriella 8 2) Haggerty, Aoife 8 3) O'Keefe, Helena FR 4) Gonzalez, Veronica 7	F	X2:38.00
8 Seton Swimming 1) Halisky, Sophia 7 2) Baughman, Rachel 7 3) Heiny, Clare 7 4) Reynolds, Emma SR	G	X2:40.00
9 Seton Swimming 1) Atkinson, Julia JR 2) Francis, Elizabeth SO 3) Bauer, Molly SO 4) Blanchette, Nora FR	H	X2:44.00
10 Seton Swimming 1) Osilka, Mary Claire FR 2) Fifield, Kyleigh 8 3) Quispe, Allison FR 4) Nguyen, Bella 7	I	X2:46.00
11 Seton Swimming 1) Dusek, Annie 7 2) Rodriguez, Noemi 8 3) Irving, Monica 7 4) Bingham, Veronica 6	J	X2:48.00
12 Fresta Valley Christian School-VA 1) Freidline, Alyssa SO 2) Klinkenberger, Marisa 7 3) Sanderson, Addy 7 4) Harders, Abby 6	A	X2:59.15
13 Veritas Collegiate Acaemy-VA 1) Secord, Kaitlyn 2) Miller, Gloria 3) Perdomo, Gabriela 4) Clarke, MACKENZIE	A	3:13.79

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Event 18 ... (Girls 200 Yard Freestyle Relay)

14	Brookewood School-PV	A		NT
	1) Stroot, Audrey	2) Watson, Emma	3) Bronzi, Agnes	4) Aldrette, Ceci
15	Carmel School Wildcats	B		NT
	1) Struder, Adriana 6	2) Swift, Evelyn 8	3) Taylor, Ryann 6	4) Zaegal, Leanne 7

Event 19 Boys 100 Yard Backstroke

SST Record: 51.48 1/20/2006 K. Koehr

VISAA QT: 1:02.90

Name	Year	School	Seed Time
1 Liddy, Will	FR	Fresta-VA	1:05.63
2 Self, Ronan	SR	Carmel School Wildcats	1:06.24
3 Hamel, Preston	7	Fresta-VA	X1:16.52
4 Lehr, Brandon	SR	Fresta-VA	1:24.08
5 Starkey, Malakai		Veritas Collegiate Acaemy-VA	1:28.00
6 Sendon, Andrew		Veritas Collegiate Acaemy-VA	1:30.00

Event 20 Girls 100 Yard Backstroke

SST Record: 55.62 2/16/2018 A. Kenna

VISAA QT: 1:06.85

Name	Year	School	Seed Time
1 Hulse, Abby	8	Fresta-VA	1:24.33
2 Donahoo, Jane	8	Fresta-VA	1:34.46
3 Freidline, Alyssa	SO	Fresta-VA	1:35.01
4 Perdomo, Gabriela		Veritas Collegiate Acaemy-VA	1:50.00
5 Struder, Adriana	6	Carmel School Wildcats	X2:05.25
6 Pretlow, Ava	6	Carmel School Wildcats	X2:41.36
7 Aldrette, Ceci		Brookewood School-PV	NT
8 Elsey, Mackenzie	FR	Carmel School Wildcats	NT
9 Taylor, Keegan	SO	Carmel School Wildcats	XNT
10 Taylor, Ryann	6	Carmel School Wildcats	XNT

Event 21 Boys 100 Yard Breaststroke

SST Record: 58.53 1/27/2007 N. Cook

VISAA QT: 1:08.79

Name	Year	School	Seed Time
1 Liddy, Max	FR	Fresta-VA	1:06.99
2 Whittaker, Fisher	8	Carmel School Wildcats	1:29.68
3 Gregory, Jack	JR	Seton Swimming	2:30.00

Event 22 Girls 100 Yard Breaststroke

SST Record: 1:05.77 2/18/2022 A. Testani

VISAA QT: 1:16.38

Name	Year	School	Seed Time
1 Harders, Abby	6	Fresta-VA	X1:33.86
2 Marr, Nora	8	Carmel School Wildcats	1:37.87
3 Waltz, Elizabeth	SR	Fresta-VA	1:37.95
4 Taylor, Ryann	6	Carmel School Wildcats	X1:52.01
5 Lloyd, Bella	SO	Fresta-VA	1:55.22
6 Lambert, Olivia		Veritas Collegiate Acaemy-VA	1:58.00
7 Miller, Gloria		Veritas Collegiate Acaemy-VA	2:00.00
8 Heiny, Clare	7	Seton Swimming	2:02.09
9 Bingham, Veronica	6	Seton Swimming	2:12.09
10 Bronzi, Agnes		Brookewood School-PV	NT
11 Stroot, Audrey		Brookewood School-PV	NT
12 Watson, Emma		Brookewood School-PV	NT

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Event 22 ... (Girls 100 Yard Breaststroke)

13	Bradley, Jamyson	7	Carmel School Wildcats	NT
14	Swift, Evelyn	8	Carmel School Wildcats	NT
15	Pack, Olivia	7	Carmel School Wildcats	XNT

Event 23 Boys 400 Yard Freestyle Relay

SST Record: 3:17.05 2/19/2010 Hill, Cook, Dunn, Basinger

VISAA QT: 3:59.45

Team	Relay	Seed Time
1 Seton Swimming	A	4:00.00
1) Dealey, Joey SR	2) Sokban, William SO	3) Konstanty, Peter JR
4) Fioramonti, Josh FR		
2 Seton Swimming	B	4:10.00
1) Bauer, Greg FR	2) Albin, Jed JR	3) Sokban, Daniel 8
4) Nguyen, Colin SR		
3 Fresta Valley Christian School-VA	A	X4:14.63
1) Liddy, Will FR	2) Lehr, Brandon SR	3) Hamel, Preston 7
4) Liddy, Max FR		

Event 24 Girls 400 Yard Freestyle Relay

SST Record: 3:40.51 2/19/2010 DoonisRogers,ClaybrooksDonohoe

VISAA QT: 4:38.24

Team	Relay	Seed Time
1 Seton Swimming	A	4:30.00
1) Cunningham, Lucy SO	2) Hudson, Ava JR	3) O'Malley, Shannon SO
4) Bingham, Lucia SO		
2 Seton Swimming	B	4:30.00
1) Halisky, Amelie SR	2) Mantooth, Avila 7	3) Hurley, Mary Catherine SO
4) Haggerty, Orla SO		
3 Carmel School Wildcats	A	4:32.98
4 Fresta Valley Christian School-VA	A	4:56.15
1) Hulse, Abby 8	2) Waltz, Elizabeth SR	3) Donahoo, Jane 8
4) Waltz, Rebekah FR		
5 Fresta Valley Christian School-VA	B	X5:49.21
1) Freidline, Alyssa SO	2) Lloyd, Bella SO	3) Dean, Malise SO
4) Harders, Abby 6		