

**Seton Winter Invitational**  
**January 14, 2023**

**Warm-up Schedule**

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
<b>Session I -</b> <b>1:20 - 1:40</b> <b>p.m.</b>	Seton Group 1 (31)	Seton Group 1 (31)	Seton Group 1 (31)	Seton Group 1 (31)	Seton Group 1 (31)	Seton Group 2 (15)	Seton Group 2 (15)	Seton Group 4 (27)	Seton Group 4 (27)	Seton Group 4 (27)
<b>Session II -</b> <b>1:40 - 2:00</b> <b>p.m.</b>	Immanuel Christian (21)	Immanuel Christian (21)	Immanuel Christian (21)	Brookwood (6)	Carmel School (20)	Carmel School (20)	Fresta Valley (13)	Fresta Valley (13)	Caroline Middle (30)	Caroline Middle (30)

	Lane 11	Lane 12	Lane 13	Lane 14
<b>Session I -</b> <b>1:20 - 1:40</b> <b>p.m.</b>	Seton Group 3 (18)	Seton Group 3 (18)	Seton Group 5 (14)	Seton Group 5 (14)
<b>Session II -</b> <b>1:40 - 2:00</b> <b>p.m.</b>	Immanuel Christian (21)	Caroline Middle (30)	Caroline Middle (30)	Caroline Middle (30)

**Lane Assignments for Schools (2 Timers per Lane)**

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
Fresta Valley	Brookwood	Caroline Middle	Immanuel Christian	Seton	Brookwood	Seton	Fresta Valley	Immanuel Christian	Caroline Middle