

Seton Swimming

Individual Meet Results

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Jed Albin M (JR)					
X 2:25.63Y	F # 3	Male Senior 200 Free	---	---	-0.77
	31.46	37.12 40.43 36.62			
6:58.90Y	F # 15	Male Senior 500 Free	11	2	22.29
	33.65	40.00 42.23 43.87 43.71 43.63 44.14 44.48			
	43.57	39.62			
Ariana Aldeguer (13) F (8)					
29.25Y	F # 2	200 Medley Relay Lead Off	---	---	0.19
1:58.07Y	F # 4	Female Senior 200 Free	1	16	-5.60
	28.71	29.75 29.68 29.93			
5:14.65Y	F # 16	Female Senior 500 Free	1	16	-2.02
	29.88	31.88 31.70 31.97 31.88 32.03 31.78 31.40			
	31.15	30.98			
Betsy Arnold F (7)					
X 31.75Y	F # 8	Female Senior 50 Free	---	---	0.73
X 1:38.26Y	F # 12	Female Senior 100 Fly	---	---	2.17
	44.31	53.95			
Julia Atkinson F (JR)					
X 32.45Y	F # 8	Female Senior 50 Free	---	---	0.17
X 1:33.80Y	F # 12	Female Senior 100 Fly	---	---	-1.53
	43.28	50.52			
Greg Bauer M (FR)					
2:45.70Y	F # 5	Male Senior 200 IM	16	---	-0.18
	1:20.19	--- 2:07.44 38.26			
X 1:04.33Y	F # 13	Male Senior 100 Free	---	---	1.04
	1:04.45	.12			
Katie Bauer F (7)					
X 43.75Y	F # 2	200 Medley Relay Lead Off	---	---	-3.34
X 34.03Y	F # 8	Female Senior 50 Free	---	---	-1.61
X 1:58.32Y	F # 12	Female Senior 100 Fly	---	---	---
	52.26	1:06.06			
Molly Bauer F (SO)					
X 1:49.69Y	F # 12	Female Senior 100 Fly	---	---	-3.89
	49.40	1:00.29			
X 9:19.26Y	F # 16	Female Senior 500 Free	---	---	-25.46
	43.05	51.99 55.41 1:57.73 1:59.24 --- --- ---			
	---	9:19.26			
Rachel Baughman F (7)					
XNS	F # 8	Female Senior 50 Free	---	---	---
XNS	F # 14	Female Senior 100 Free	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
Ryan Beltran M (JR)					
X 1:23.68Y	F # 11	Male Senior 100 Fly	---	---	-4.34
	36.11	47.57			
1:14.38Y	F # 19	Male Senior 100 Back	15	---	0.81
	37.00	37.38			
Lucia Bingham F (SO)					
1:20.18Y	F # 12	Female Senior 100 Fly	20	---	1.67
	35.55	44.63			
7:16.57Y	F # 16	Female Senior 500 Free	16	---	14.75
	34.13	40.34 43.38 44.31 46.45 45.30 45.74 47.08			
	46.46	43.38			
Mariana Bingham F (8)					
X 31.70Y	F # 8	Female Senior 50 Free	---	---	-0.27
X 1:25.38Y	F # 12	Female Senior 100 Fly	---	---	-0.07
	36.78	48.60			
Veronica Bingham F (6)					
X 39.78Y	F # 8	Female Senior 50 Free	---	---	0.53
X 1:57.35Y	F # 12	Female Senior 100 Fly	---	---	---
	51.29	1:06.06			
Aaron Bishop M (JR)					
X 2:47.35Y	F # 3	Male Senior 200 Free	---	---	-5.21
	33.50	40.77 --- 2:47.35			
X 1:25.85Y	F # 11	Male Senior 100 Fly	---	---	2.12
	36.52	49.33			
Kit Blanchette F (7)					
X 46.00Y	F # 2	200 Medley Relay Lead Off	---	---	---
X 35.36Y	F # 8	Female Senior 50 Free	---	---	-0.15
X 1:45.00Y	F # 20	Female Senior 100 Back	---	---	0.89
	---	1:45.00			
Meg Blanchette F (SO)					
X 36.02Y	F # 8	Female Senior 50 Free	---	---	0.21
X 1:43.14Y	F # 22	Female Senior 100 Breast	---	---	3.49
	48.01	55.13			
Nora Blanchette F (FR)					
X 41.74Y	F # 8	Female Senior 50 Free	---	---	0.22
X 1:57.81Y	F # 20	Female Senior 100 Back	---	---	-7.61
	---	1:57.81			
Tim Blanchette M (SR)					
X 37.14Y	F # 7	Male Senior 50 Free	---	---	-0.88
X 1:44.94Y DQ	F # 19	Male Senior 100 Back	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
Joseph Borneman M (SO)					
25.71Y	F # 7	Male Senior 50 Free	14	---	-0.66
6:28.82Y	F # 15	Male Senior 500 Free	9	4	---
		31.64 35.99 38.07 39.16 40.46 40.90 42.17 41.86			
		41.21 37.36			
Elodie Brox F (SO)					
2:36.40Y	F # 4	Female Senior 200 Free	18	---	7.17
		33.72 42.67 43.41 36.60			
28.45Y	F # 8	Female Senior 50 Free	16	---	1.44
Jj Brox M (SR)					
X135.70	F # 9	Male Senior 1 Meter 6 Dives	---	---	-11.07
54.84Y	F # 13	Male Senior 100 Free	7	7	-1.15
		26.06 28.78			
1:07.57Y	F # 21	Male Senior 100 Breast	6	9	1.04
		31.23 36.34			
Michael Brox M (SO)					
2:09.70Y	F # 3	Male Senior 200 Free	9	4	-3.75
		27.70 32.66 34.58 34.76			
X74.25	F # 9	Male Senior 1 Meter 6 Dives	---	---	-15.15
6:16.32Y	F # 15	Male Senior 500 Free	8	5	-2.01
		30.47 33.75 36.05 38.45 39.27 39.86 40.19 41.11			
		40.73 36.44			
Clara Condon (15) F (SO)					
2:24.63Y	F # 6	Female Senior 200 IM	7	7	5.15
		30.40 37.58 41.69 34.96			
1:04.10Y	F # 12	Female Senior 100 Fly	3	12	3.87
		29.85 34.25			
Meghan Condon F (7)					
X 39.93Y	F # 2	200 Medley Relay Lead Off	---	---	---
X87.10	F # 10	Female Senior 1 Meter 6 Dives	---	---	-15.80
X 1:46.91Y	F # 12	Female Senior 100 Fly	---	---	---
		44.98 1:01.93			
X 8:26.22Y	F # 16	Female Senior 500 Free	---	---	---
		38.44 46.80 52.71 51.96 53.04 54.08 --- ---			
		7:39.14 47.08			
Jj Cooley M (FR)					
X 1:20.96Y	F # 13	Male Senior 100 Free	---	---	-1.92
		37.89 43.07			
X 1:43.52Y	F # 21	Male Senior 100 Breast	---	---	-7.96
		47.07 56.45			
John Cooley M (7)					
X 46.57Y	F # 7	Male Senior 50 Free	---	---	6.85
X 2:14.73Y	F # 21	Male Senior 100 Breast	---	---	-20.65
		1:04.23 1:10.50			

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Time	F/P/S	Event	Place	Points	Improv
Lucy Cunningham F (SO)					
X 2:55.37Y	F # 6	Female Senior 200 IM	---	---	-6.24
	39.13	43.24 52.59 40.41			
7:05.47Y	F # 16	Female Senior 500 Free	14	---	-11.94
	38.51	41.91 42.75 44.05 44.40 44.04	43.54	43.38	
	42.79	40.10			
Joey Dealey M (SR)					
X 34.28Y	F # 1	200 Medley Relay Lead Off	---	---	-1.00
2:21.25Y	F # 3	Male Senior 200 Free	15	---	6.30
	29.64	34.35 38.07 39.19			
59.41Y	F # 13	Male Senior 100 Free	17	---	-0.13
	27.87	31.54			
26.96Y	F # 17	200 Free Relay Lead Off	---	---	0.38
Annie Dusek F (7)					
X 44.35Y	F # 2	200 Medley Relay Lead Off	---	---	1.05
X 33.42Y	F # 8	Female Senior 50 Free	---	---	-0.04
X 1:36.26Y	F # 12	Female Senior 100 Fly	---	---	---
	42.87	53.39			
Charlie Dusek M (FR)					
X 36.96Y	F # 7	Male Senior 50 Free	---	---	0.23
X 1:24.38Y	F # 13	Male Senior 100 Free	---	---	-1.24
	39.36	45.02			
Joseph Dwane M (JR)					
X 38.16Y	F # 7	Male Senior 50 Free	---	---	0.59
X 1:28.89Y	F # 13	Male Senior 100 Free	---	---	-10.73
	42.38	46.51			
Ben Ellis M (8)					
X 41.99Y	F # 1	200 Medley Relay Lead Off	---	---	-4.46
X 32.73Y	F # 7	Male Senior 50 Free	---	---	-0.39
X 1:34.63Y	F # 21	Male Senior 100 Breast	---	---	-4.37
	43.57	51.06			
Haley Fifield F (SO)					
2:37.28Y	F # 6	Female Senior 200 IM	13	---	-8.25
	33.72	37.11 49.63 36.82			
1:02.19Y	F # 14	Female Senior 100 Free	15	---	-4.64
	29.65	32.54			
Kyleigh Fifield F (8)					
X 40.10Y	F # 2	200 Medley Relay Lead Off	---	---	0.02
X 32.76Y	F # 8	Female Senior 50 Free	---	---	-0.80
X 1:44.01Y	F # 12	Female Senior 100 Fly	---	---	11.37
	46.99	57.02			

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Time	F/P/S	Event	Place	Points	Improv
Josh Fioramonti M (FR)					
26.24Y	F # 7	Male Senior 50 Free	15	---	-0.38
X 1:24.82Y	F # 11	Male Senior 100 Fly	---	---	4.04
	37.86	46.96			
Mick Fioramonti M (JR)					
30.15Y	F # 1	200 Medley Relay Lead Off	---	---	0.83
X143.35	F # 9	Male Senior 1 Meter 6 Dives	---	---	-9.35
X 1:10.40Y	F # 11	Male Senior 100 Fly	---	---	-5.36
	32.31	38.09			
X 26.68Y	F # 17	200 Free Relay Lead Off	---	---	-0.08
1:07.82Y	F # 19	Male Senior 100 Back	9	4	2.91
	32.33	35.49			
Elizabeth Francis F (SO)					
X 43.68Y	F # 2	200 Medley Relay Lead Off	---	---	2.71
102.05	F # 10	Female Senior 1 Meter 6 Dives	12	1	-0.25
X 1:34.82Y	F # 12	Female Senior 100 Fly	---	---	-0.02
	40.13	54.69			
X 1:31.62Y	F # 20	Female Senior 100 Back	---	---	0.49
	42.79	48.83			
Anastasia Garvey F (FR)					
36.18Y	F # 2	200 Medley Relay Lead Off	---	---	4.36
2:20.14Y	F # 4	Female Senior 200 Free	11	2	-7.43
	32.87	35.15 35.80 36.32			
1:11.29Y	F # 20	Female Senior 100 Back	5	10	-3.31
	34.67	36.62			
Amelia Geary F (JR)					
X 1:33.92Y	F # 12	Female Senior 100 Fly	---	---	0.63
	41.16	52.76			
X 1:33.91Y	F # 22	Female Senior 100 Breast	---	---	0.32
	43.73	50.18			
Maggie Gibbons F (JR)					
1:00.01Y	F # 14	Female Senior 100 Free	8	5	0.41
	29.25	30.76			
26.50Y	F # 18	200 Free Relay Lead Off	---	---	0.03
1:11.62Y	F # 20	Female Senior 100 Back	7	7	1.11
	35.35	36.27			
Max Gonzalez M (SO)					
136.30	F # 9	Male Senior 1 Meter 6 Dives	4	11	-4.78
Veronica Gonzalez F (7)					
X 40.83Y	F # 8	Female Senior 50 Free	---	---	-1.31
X 1:54.63Y	F # 22	Female Senior 100 Breast	---	---	-11.83
	51.31	1:03.32			

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Time	F/P/S	Event	Place	Points	Improv
Jack Gregory M (JR)					
X 35.93Y	F # 7	Male Senior 50 Free	---	---	-1.41
X 1:54.87Y	F # 19	Male Senior 100 Back	---	---	-5.10
Lauren Grinder F (7)					
XNS	F # 10	Female Senior 1 Meter 6 Dives	---	---	---
Aoife Haggerty F (8)					
X 47.02Y	F # 2	200 Medley Relay Lead Off	---	---	2.45
X 34.30Y	F # 8	Female Senior 50 Free	---	---	-0.70
X 1:55.88Y DQ	F # 12	Female Senior 100 Fly	---	---	---
	50.10	1:05.78			
Moira Haggerty F (SR)					
X 41.69Y	F # 2	200 Medley Relay Lead Off	---	---	0.54
X 1:40.35Y DQ	F # 12	Female Senior 100 Fly	---	---	---
	41.77	58.58			
X 1:40.81Y	F # 22	Female Senior 100 Breast	---	---	-1.54
	47.49	53.32			
Orla Haggerty F (SO)					
X 31.50Y	F # 8	Female Senior 50 Free	---	---	-0.08
X 1:46.00Y	F # 12	Female Senior 100 Fly	---	---	0.31
	45.50	1:00.50			
Amelie Halisky F (SR)					
6:55.47Y	F # 16	Female Senior 500 Free	12	1	-16.56
	32.86	38.25 39.58 42.30 44.64 45.13 45.31 44.89			
	43.58	38.93			
1:13.67Y	F # 20	Female Senior 100 Back	11	2	-1.33
	35.18	38.49			
Liam Halisky M (SO)					
24.86Y	F # 7	Male Senior 50 Free	11	2	-0.07
58.86Y	F # 13	Male Senior 100 Free	16	---	-0.25
	27.03	31.83			
Sophia Halisky F (7)					
X 2:58.77Y	F # 6	Female Senior 200 IM	---	---	---
	36.70	48.54 52.25 41.28			
X 1:26.55Y	F # 12	Female Senior 100 Fly	---	---	1.74
	38.79	47.76			
Clare Heiny F (7)					
X 37.06Y	F # 8	Female Senior 50 Free	---	---	-0.06
X 1:23.38Y	F # 14	Female Senior 100 Free	---	---	-5.21
	37.64	45.74			
Maddie Heiny F (FR)					
X 51.33Y	F # 2	200 Medley Relay Lead Off	---	---	3.35
X 33.93Y	F # 8	Female Senior 50 Free	---	---	-1.40
X 1:18.00Y	F # 14	Female Senior 100 Free	---	---	-7.45
	37.86	40.14			

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Time	F/P/S	Event	Place	Points	Improv
Ava Hudson F (JR)					
X 1:30.31Y	F # 12	Female Senior 100 Fly	---	---	10.19
	39.76	50.55			
1:18.94Y	F # 20	Female Senior 100 Back	17	---	2.82
	38.59	40.35			
David Hudson M (JR)					
2:30.17Y	F # 5	Male Senior 200 IM	11	2	5.07
	29.66	36.72 46.66 37.13			
1:04.60Y	F # 11	Male Senior 100 Fly	11	2	-0.30
	29.34	35.26			
25.09Y	F # 17	200 Free Relay Lead Off	---	---	0.20
57.10Y	F # 23	400 Free Relay Lead Off	---	---	-0.38
	26.54				
Elizabeth Hurley F (7)					
X 2:38.63Y	F # 4	Female Senior 200 Free	---	---	-26.37
	34.05	39.43 42.76 42.39			
X 1:25.51Y	F # 12	Female Senior 100 Fly	---	---	---
	38.34	47.17			
Mary Catherine Hurley F (SO)					
X 1:32.93Y	F # 12	Female Senior 100 Fly	---	---	-1.28
	41.60	51.33			
X 1:27.77Y	F # 20	Female Senior 100 Back	---	---	1.53
	41.28	46.49			
Monica Irving F (7)					
X 36.89Y	F # 8	Female Senior 50 Free	---	---	-0.36
X 1:31.96Y	F # 20	Female Senior 100 Back	---	---	-2.65
	43.83	48.13			
Dominic Judge M (8)					
X 1:15.71Y	F # 11	Male Senior 100 Fly	---	---	-4.99
	33.48	42.23			
X 6:37.17Y	F # 15	Male Senior 500 Free	---	---	-7.83
	31.23	38.31 41.36 41.05 41.44 41.19 41.47 41.64			
	40.84	38.64			
Jane Judge F (7)					
X 35.24Y	F # 8	Female Senior 50 Free	---	---	-0.41
X 1:48.61Y	F # 12	Female Senior 100 Fly	---	---	---
	48.22	1:00.39			
Patrick Kay M (7)					
X 28.32Y	F # 7	Male Senior 50 Free	---	---	0.51
X 1:05.74Y	F # 13	Male Senior 100 Free	---	---	0.40
	30.76	34.98			
X 29.15Y	F # 17	200 Free Relay Lead Off	---	---	1.34

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Time	F/P/S	Event	Place	Points	Improv
Philomena Kay F (8)					
1:17.41Y	F # 12	Female Senior 100 Fly	18	---	0.44
	35.92	41.49			
30.02Y	F # 18	200 Free Relay Lead Off	---	---	1.22
1:22.42Y	F # 22	Female Senior 100 Breast	16	---	-2.30
	39.22	43.20			
Cecelia Kelly F (7)					
X52.80	F # 10	Female Senior 1 Meter 6 Dives	---	---	4.05
Kieran Kelly M (SO)					
X52.80	F # 9	Male Senior 1 Meter 6 Dives	---	---	7.35
Connor Koehr M (SO)					
27.94Y	F # 1	200 Medley Relay Lead Off	---	---	-0.54
X 25.49Y	F # 7	Male Senior 50 Free	---	---	-0.33
152.40	F # 9	Male Senior 1 Meter 6 Dives	1	16	-35.78
1:04.34Y	F # 19	Male Senior 100 Back	7	7	0.41
	29.93	34.41			
Daniel Kohlhaas M (6)					
X 51.48Y	F # 7	Male Senior 50 Free	---	---	0.59
X 2:11.19Y	F # 19	Male Senior 100 Back	---	---	-13.24
Gus Kohlhaas M (FR)					
120.90	F # 9	Male Senior 1 Meter 6 Dives	6	9	-10.58
Sofia Kohlhaas F (7)					
X 38.62Y	F # 8	Female Senior 50 Free	---	---	2.37
X 1:28.36Y	F # 14	Female Senior 100 Free	---	---	1.75
	41.88	46.48			
Peter Konstanty M (JR)					
X 34.43Y	F # 1	200 Medley Relay Lead Off	---	---	-0.82
2:36.50Y	F # 5	Male Senior 200 IM	14	---	1.80
	33.56	40.18 47.16 35.60			
1:20.50Y	F # 21	Male Senior 100 Breast	18	---	-0.48
	37.05	43.45			
Cora Kramer F (8)					
X 46.82Y	F # 8	Female Senior 50 Free	---	---	1.03
X 1:45.70Y	F # 14	Female Senior 100 Free	---	---	-1.59
	50.69	55.01			
Joey Lynch M (7)					
X 31.93Y	F # 7	Male Senior 50 Free	---	---	-0.47
X 1:26.06Y	F # 19	Male Senior 100 Back	---	---	1.95
	40.96	45.10			

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Avila Mantooth F (7)					
X 1:26.40Y	F # 12	Female Senior 100 Fly	---	---	---
	38.77	47.63			
X 1:30.14Y	F # 20	Female Senior 100 Back	---	---	-8.15
	44.01	46.13			
Kateri Mantooth F (SR)					
28.81Y	F # 8	Female Senior 50 Free	18	---	0.23
1:25.64Y	F # 22	Female Senior 100 Breast	17	---	0.70
	39.94	45.70			
Luke Mantooth M (JR)					
X 36.31Y	F # 1	200 Medley Relay Lead Off	---	---	---
1:11.78Y	F # 11	Male Senior 100 Fly	13	---	-2.01
	31.63	40.15			
1:15.57Y	F # 21	Male Senior 100 Breast	13	---	-0.61
	34.75	40.82			
Lionel Martinez (13) M (8)					
2:06.27Y	F # 5	Male Senior 200 IM	2	13	1.76
	26.74	32.52 37.24 29.77			
56.85Y	F # 11	Male Senior 100 Fly	5	10	-2.91
	26.69	30.16			
Thiago Martinez (12) M (7)					
X 2:22.85Y	F # 5	Male Senior 200 IM	---	---	---
	29.40	37.19 43.05 33.21			
X 5:40.24Y	F # 15	Male Senior 500 Free	---	---	---
	29.97	33.83 34.25 35.89 34.42 34.91 34.81 34.52			
	35.11	32.53			
X 27.11Y	F # 17	200 Free Relay Lead Off	---	---	0.15
Aidan McCardell M (FR)					
X 42.94Y	F # 7	Male Senior 50 Free	---	---	2.81
X 1:41.82Y	F # 13	Male Senior 100 Free	---	---	-4.63
	45.04	56.78			
Dominic Miller M (JR)					
X118.85	F # 9	Male Senior 1 Meter 6 Dives	---	---	-24.70
Maria Miller F (FR)					
X 3:01.01Y	F # 6	Female Senior 200 IM	---	---	---
	38.99	1:42.20 --- 3:01.01			
110.95	F # 10	Female Senior 1 Meter 6 Dives	11	2	16.45
X 1:34.38Y	F # 12	Female Senior 100 Fly	---	---	0.87
	42.49	51.89			
Joseph Minarik M (JR)					
X 40.11Y	F # 7	Male Senior 50 Free	---	---	3.33
X 1:31.75Y	F # 13	Male Senior 100 Free	---	---	2.61
	41.64	50.11			

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Time	F/P/S	Event	Place	Points	Improv
Bella Nguyen F (7)					
X 41.61Y	F # 8	Female Senior 50 Free	---	---	1.29
X 1:59.61Y	F # 22	Female Senior 100 Breast	---	---	-6.72
	55.97	1:03.64			
Colin Nguyen M (SR)					
X 28.33Y	F # 7	Male Senior 50 Free	---	---	-0.05
X 1:15.72Y	F # 11	Male Senior 100 Fly	---	---	---
	33.63	42.09			
Drew Nguyen M (SO)					
2:07.29Y	F # 3	Male Senior 200 Free	7	7	-9.38
	27.60	31.68 34.11 33.90			
1:10.85Y	F # 21	Male Senior 100 Breast	11	2	0.36
	32.11	38.74			
Kenneth Nguyen M (8)					
X 1:35.81Y	F # 11	Male Senior 100 Fly	---	---	---
	41.87	53.94			
X 1:29.10Y	F # 21	Male Senior 100 Breast	---	---	-3.80
	42.67	46.43			
Helena O'Keefe F (FR)					
X 36.99Y	F # 8	Female Senior 50 Free	---	---	0.58
X 1:48.03Y	F # 22	Female Senior 100 Breast	---	---	-4.87
	48.82	59.21			
Shannon O'Malley F (SO)					
2:57.74Y	F # 6	Female Senior 200 IM	21	---	7.95
	39.12	46.17 53.51 38.94			
1:23.82Y	F # 12	Female Senior 100 Fly	22	---	0.13
	---	1:23.82			
Mary Claire Osilka F (FR)					
X 31.73Y	F # 8	Female Senior 50 Free	---	---	-1.69
X 1:13.03Y	F # 14	Female Senior 100 Free	---	---	-7.47
	34.62	38.41			
Jacob Oswald M (SO)					
93.90	F # 9	Male Senior 1 Meter 6 Dives	8	5	-48.97
Jacqueline Oswald F (SR)					
2:26.53Y	F # 4	Female Senior 200 Free	16	---	0.85
	31.86	36.49 39.49 38.69			
1:19.67Y	F # 22	Female Senior 100 Breast	14	---	-0.25
	37.18	42.49			
1:05.89Y	F # 24	400 Free Relay Lead Off	---	---	1.24
	31.20				
Stella Paradise (16) F (JR)					
26.57Y	F # 8	Female Senior 50 Free	7	7	0.59
58.48Y	F # 14	Female Senior 100 Free	5	10	2.72
	28.29	30.19			

Seton Swimming

Individual Meet Results

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards
Location: Freedom Aquatic and Fitness Center
Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Mary Pennefather F (SR)					
27.75Y	F # 8	Female Senior 50 Free	13	---	1.77
1:00.51Y	F # 14	Female Senior 100 Free	11	2	2.99
	28.51	32.00			
1:01.78Y	F # 24	400 Free Relay Lead Off	---	---	4.26
	28.59				
Allison Quispe F (FR)					
XNS	F # 8	Female Senior 50 Free	---	---	---
X 1:53.19Y	F # 22	Female Senior 100 Breast	---	---	0.93
	52.93	1:00.26			
Camila Quispe F (6)					
X 44.72Y	F # 8	Female Senior 50 Free	---	---	1.42
X 2:44.16Y	F # 22	Female Senior 100 Breast	---	---	-0.77
	---	2:44.16			
Emma Reynolds F (SR)					
X 46.60Y	F # 8	Female Senior 50 Free	---	---	4.57
X 2:21.31Y	F # 20	Female Senior 100 Back	---	---	15.62
	1:10.95	1:10.36			
Noemi Rodriguez F (8)					
X 43.42Y	F # 2	200 Medley Relay Lead Off	---	---	0.08
X 34.92Y	F # 8	Female Senior 50 Free	---	---	1.38
X 2:03.43Y	F # 12	Female Senior 100 Fly	---	---	---
	54.54	1:08.89			
Gabriella Russo F (8)					
X 2:42.17Y	F # 4	Female Senior 200 Free	---	---	-35.33
	35.41	41.63 42.79 42.34			
X 1:31.46Y	F # 12	Female Senior 100 Fly	---	---	---
	44.03	47.43			
Maggie Schroer F (7)					
X 1:23.75Y	F # 12	Female Senior 100 Fly	---	---	---
	34.20	49.55			
X 7:29.68Y	F # 16	Female Senior 500 Free	---	---	---
	35.65	42.32 1:28.80 2:25.24	---	---	---
	---	7:29.68			
X 30.02Y	F # 18	200 Free Relay Lead Off	---	---	0.91
Briana Shillingburg F (SO)					
X 43.10Y	F # 8	Female Senior 50 Free	---	---	-1.07
X 2:01.95Y	F # 20	Female Senior 100 Back	---	---	2.52
	---	2:01.95			

Seton Swimming

Individual Meet Results

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards

Location: Freedom Aquatic and Fitness Center

Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Daniel Sokban M (8)					
X 1:22.51Y	F # 11	Male Senior 100 Fly	---	---	-12.69
	34.77	47.74			
X 26.50Y	F # 17	200 Free Relay Lead Off	---	---	-0.18
X 1:23.20Y	F # 21	Male Senior 100 Breast	---	---	-2.80
	38.03	45.17			
William Sokban M (SO)					
1:13.41Y	F # 11	Male Senior 100 Fly	14	---	3.12
	32.32	41.09			
6:34.21Y	F # 15	Male Senior 500 Free	10	3	14.09
	32.08	37.06 38.91 39.70 40.16 41.43 41.82 42.22			
	42.29	38.54			
X 27.80Y	F # 17	200 Free Relay Lead Off	---	---	0.78
Nick Vaughan M (SO)					
X 32.41Y	F # 7	Male Senior 50 Free	---	---	-1.51
X 1:17.17Y	F # 13	Male Senior 100 Free	---	---	-14.64
	35.15	42.02			
Noah Vaughan M (8)					
X 34.79Y	F # 7	Male Senior 50 Free	---	---	-3.23
X 1:26.21Y	F # 13	Male Senior 100 Free	---	---	-7.25
	---	1:26.21			
Cate Waldron F (JR)					
X 33.77Y	F # 8	Female Senior 50 Free	---	---	-1.09
X 1:54.36Y	F # 22	Female Senior 100 Breast	---	---	1.91
	50.89	1:03.47			
Lily Waldron F (7)					
X 1:30.80Y	F # 12	Female Senior 100 Fly	---	---	---
	42.35	48.45			
X 1:32.61Y	F # 20	Female Senior 100 Back	---	---	-0.57
	44.93	47.68			
Rose Waldron F (SO)					
120.90	F # 10	Female Senior 1 Meter 6 Dives	8	5	-11.47
X 7:45.93Y	F # 16	Female Senior 500 Free	---	---	-12.43
	37.32	45.26 49.24 47.18 49.47 49.23 49.23 47.98			
	46.47	44.55			
X 31.24Y	F # 18	200 Free Relay Lead Off	---	---	1.65
1:19.05Y	F # 22	Female Senior 100 Breast	12	1	-0.09
	35.34	43.71			
Joe Wilson M (SR)					
24.65Y	F # 7	Male Senior 50 Free	10	3	0.36
55.18Y	F # 13	Male Senior 100 Free	8	5	2.97
	26.21	28.97			
54.93Y	F # 23	400 Free Relay Lead Off	---	---	2.72
	26.08				

Seton Swimming

Individual Meet Results

2023 NoVa Catholic Invitational Championship 21-Jan-23 [Ageup: 11/1/2022] Yards
Location: Freedom Aquatic and Fitness Center
Seton Swimming [SST] Coach: Jim Koehr

Time	F/P/S	Event	Place	Points	Improv
Jonas Wilson M (7)					
X 32.88Y	F # 7	Male Senior 50 Free	---	---	-0.98
X 1:34.18Y	F # 11	Male Senior 100 Fly	---	---	---
	43.24	50.94			
Max Wilson M (SO)					
2:15.74Y	F # 3	Male Senior 200 Free	13	---	0.85
	27.47	32.55 36.46 39.26			
1:06.90Y	F # 19	Male Senior 100 Back	8	5	0.18
	30.95	35.95			
Madelyn Zadnik F (JR)					
2:54.49Y	F # 6	Female Senior 200 IM	19	---	9.61
	36.59	44.43 50.88 42.59			
X 1:17.03Y	F # 12	Female Senior 100 Fly	---	---	-4.16
	33.92	43.11			
Michael Zahorchak M (8)					
X 1:31.00Y	F # 11	Male Senior 100 Fly	---	---	---
	39.41	51.59			
X 1:21.17Y	F # 19	Male Senior 100 Back	---	---	-3.29
	40.34	40.83			