Seton Swimming

Individual Meet Results

2023 VCAC Championship Meet 11-Feb-23 [Ageup: 11/1/2022] Yards

Location: Warrenton Aquatic and Recreation Facility

Trinity Christian School [TCS!-VA]

Time	F/P/S	Event	Place	Points	Improv
Richard Abidin	(16) M (SO)				
2:28.71Y	F # 3	Male Senior 200 Free	9	4	-13.44
1:30.85Y	F # 11	Male Senior 100 Fly	7	7	
Holly Bailey (1	4) F (09)				
DQ	F # 6	Female Senior 200 IM			
1:28.76Y	F # 22	Female Senior 100 Breast	11	2	-1.11
Mary Bailey (1	6) F (8)				
2:13.72Y	F # 4	Female Senior 200 Free	5	10	-11.67
26.92Y	F # 8	Female Senior 50 Free	5	10	-0.54
X57.30	F # 10	Female Senior 1 Meter 6 Dives			16.55
X 59.12Y	F # 24	400 Free Relay Lead Off			-3.18
Caleb Bang (15	5) M (FR)				
1:05.43Y	F # 11	Male Senior 100 Fly	4	11	1.40
6:42.99Y	F # 15	Male Senior 500 Free	7	7	23.99
Selah Bang (16) F (12)				
1:14.85Y	F # 12	Female Senior 100 Fly	10	3	-3.42
X 29.29Y	F # 18	200 Free Relay Lead Off			-0.82
1:13.02Y	F # 20	Female Senior 100 Back	10	3	-3.11
Reagan Buff (1	6) F (IR)				
2:08.75Y	F # 4	Female Senior 200 Free	3	12	2.96
58.48Y	F # 14	Female Senior 100 Free	2	13	0.95
Carter Cole (17	n M (SO)				
55.01Y	F # 13	Male Senior 100 Free	4	11	-1.58
1:08.47Y	F # 21	Male Senior 100 Breast	2	13	-10.26
Emma Hill (14)) E (00)				
115.45	F # 10	Female Senior 1 Meter 6 Dives	6	9	3.02
		Temate semon T Meter o Dives	Ü	,	5.02
Elliot Jang (16) 2:14.94Y	м (SU) F # 3	Male Senior 200 Free	5	10	-2.15
59.82Y	F # 13	Male Senior 100 Free	9	4	-2.13
X 27.35Y	F # 17	200 Free Relay Lead Off	9		0.61
X 1:02.67Y	F # 23	400 Free Relay Lead Off			0.21
Justin Kim (16) 22.75Y	јм (30) F # 7	Male Senior 50 Free	1	16	0.01
50.09Y	F # 13	Male Senior 100 Free	1	16	0.56
22.87Y	F # 17	200 Free Relay Lead Off			0.13
50.35Y	F # 23	400 Free Relay Lead Off			0.82
		•			
2:22.25Y	lerman (15) F (1 F # 6	FRJ Female Senior 200 IM	4	11	-4.42
1:14.58Y	F # 22	Female Senior 100 Breast	4	11	-0.35
			•	-*	0.03
Samantha Maul 45.45	K (17) F (12) F # 10	Female Senior 1 Meter 6 Dives	9	4	-21.30
TJ.43	1' # 10	remaie semor i meter o dives	9	4	-21.30

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Location: Warrenton Aquatic and Recreation Facility

Trinity Christian School [TCS!-VA]

Agin Mitchell (16) F SOUTH F Remais Senior 200 Free 15	Time	F/P/S	Event	Place	Points	Improv
1.50,70Y D	Ajai Mitchell (1	16) F (SO)				
Park 17 17 17 17 17 18 18 18			Female Senior 200 Free	15		-13.20
2.33.30Y F # 5 Make Senior 200 MA 7 0.20 Any Phillips (17) F (IR)* V V N 0.05 0.05 0.05 0.05 0.05 0.07 0.05 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.05 0.05 0.05 0.05 0.07 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05	1:50.70Y DO	Q F # 22	Female Senior 100 Breast			
2.33.30Y F # 5 Make Senior 200 MA 7 0.20 Any Phillips (17) F (IR)* V V N 0.05 0.05 0.05 0.05 0.05 0.07 0.05 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.05 0.07 0.05 0.07 0.05 0.07 0.05 0.05 0.05 0.05 0.05 0.07 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05 0.05	Zachary Park (17) M (11)				
1:08.68Y			Male Senior 200 IM	6	9	5.13
1:00.57Y	1:08.68Y		Male Senior 100 Back		7	0.20
1:00.57Y	Amy Phillips (1	17) F (JR)				
This			Female Senior 100 Free	5	10	0.72
1.49.62Y	1:05.92Y	F # 20	Female Senior 100 Back	4	11	-1.68
1.49.62Y	Tyler Phillins ((14) M (FR)				
S			Male Senior 200 Free	1	16	-4.87
Audrey Schlieter (14) F (FR) 2.21.24Y						
Parale P	Audrov Cabliota		•			
1:03.56Y			Famala Sanjar 200 IM	3	12	-4.27
Campbell Sicks (18) M (JN 6.38.77Y F # 1.5 Male Senior 500 Free 6.38.77Y F # 2.1 Male Senior 100 Breast 5.5 10 -2.19 Colspan="6">Call of Senior 500 Free 6.38.77Y F # 2.1 Male Senior 100 Breast 5.5 10 -2.19 Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colspan="6">Colsp						
6:38.77Y F # 15 Male Senior 500 Free 6 9 -14.42 1:13.28Y F # 21 Male Senior 100 Breast 5 10 -2.19 Orlando Valenzuela (17) M (18) 7:58.13Y F # 15 Male Senior 500 Free 8 5 -26.60 1:24.24Y F # 19 Male Senior 100 Back 9 4 0.12 Luke Wang (16) M (IR) 86.10 F # 9 Male Senior 100 Breast 5 10 1:11.54Y F # 21 Male Senior 100 Breast 4 11 -1.54 Allice Wiggins (14) F (FR) 26.55Y F # 8 Pemale Senior 50 Free 3 12 -0.33 55.69.2Y F # 16 Pemale Senior 50 Free 1 16 -4.46 26.64Y F # 12 Pemale Senior 100 Fly 1 16 -0.65 55.39Y F # 12 Pemale Senior 100 Back 1			Temale Semon 100 Fly	т	11	-2.02
1:13.28Y F # 21 Male Senior 100 Breast 5 10 -2.19 Orlando Valenzuela (17) W [R] 7:58.13Y F # 15 Male Senior 500 Free 8 5 -26.60 1:24.24Y F # 19 Male Senior 100 Back 9 4 0.12 Luke Wang (16) M (JR) 86.10 F # 9 Male Senior 1 Meter 6 Dives 5 10 1:11.54Y F # 2 Male Senior 100 Breast 4 11 Allice Wiggins (14) F (FR) F R 8 F male Senior 50 Free 3 12 <	_					
Orlando Valenzuela (17)						
7:58.13Y F # 15 Male Senior 500 Free 8 5 -26.60 1:24.24Y F # 19 Male Senior 100 Back 9 4 0.12 Luke Wang (16) M (JR) 86.10 F # 9 Male Senior 1 Meter 6 Dives 5 10 1:11.54Y F # 21 Male Senior 100 Breast 4 11 -1.54 Alice Wiggins (14) F (FR) 26.55Y F # 8 Female Senior 50 Free 3 12 -0.33 5:56.92Y F # 16 Female Senior 50 Free 1 16 -4.46 26.64Y F # 12 Senale Senior 100 Free 1 16 -4.46 26.64Y F # 12 Female Senior 100 Fly 1 16 -0.65 55.80Y F # 12 Female Senior 100 Back 1 16 55.39Y F # 2 200 Medley Relay Lead Off X 32.5	1:13.281	F # 21	Male Senior 100 Breast	5	10	-2.19
1:24.24Y						
Name						
86.10 F # 9 Male Senior 1 Meter 6 Dives 5 10 1:11.54Y F # 21 Male Senior 100 Breast 4 11 -1.54 Alice Wiggins (14) F (FR): 26.55Y F # 8 Female Senior 50 Free 3 12 -0.33 5:56.92Y F # 16 Female Senior 500 Free 1 16 -4.46 26.64Y F # 18 200 Free Relay Lead 0ff -0.24 Allison Witdoeckt (16) F (JR) 55.80Y F # 12 Female Senior 100 Fly 1 16 -0.65 56.39Y F # 20 Female Senior 100 Back 1 16 51.73Y F # 24 400 Free Relay Lead 0ff Karis Witdoeckt (15) F (SO) X 32.56Y F # 2 200 Medley Relay Lead 0ff -0.55 2:37.19Y F # 6 Female Senior 200 lM 6 9 Kristen Womack (16) F (JR) 29.91Y F # 8 200 Medley Relay Lead 0ff <td>1:24.24Y</td> <td>F # 19</td> <td>Male Senior 100 Back</td> <td>9</td> <td>4</td> <td>0.12</td>	1:24.24Y	F # 19	Male Senior 100 Back	9	4	0.12
1:11.54Y F # 21 Male Senior 100 Breast 4 1.11.54Y F # 12 Name Senior 100 Breast 4 1.12 1.03 1.22 -0.33 1.22 -0.33 1.22 -0.24 Allison Witdoeckt (16) F (JR) 55.80Y F # 12 Female Senior 100 Fly 1 1.6 -0.65 55.80Y F # 20 Female Senior 100 Back 1 1.6 -0.65 55.80Y F # 20 Female Senior 100 Back 1 1.6 -0.65 55.80Y F # 20 Female Senior 100 Back 1 1.6 -0.65 5.83Y F # 2 200 Medley Relay Lead Off	Luke Wang (16	6) M (JR)				
Alice Wiggins (14) F (FR) 26.55Y F # 8 Female Senior 50 Free 3 12 -0.33 5:56.92Y F # 16 Female Senior 500 Free 1 16 -4.46 26.64Y F # 18 200 Free Relay Lead Off 20.54 Allison Witdoeckt (16) F (JR) 55.80Y F # 12 Female Senior 100 Fly 1 16 -0.65 56.39Y F # 20 Female Senior 100 Back 1 16 -0.65 51.73Y F # 20 Female Senior 100 Back 1 16 -0.65 Karis Witdoeckt (15) F (SO) X 32.56Y F # 2 200 Medley Relay Lead Off	86.10	F # 9	Male Senior 1 Meter 6 Dives	5	10	
26.55Y F # 8 Female Senior 50 Free 3 12 -0.33 5:56.92Y F # 16 -4.46 -4.46 -26.64Y F # 11 16 -4.46 -4.46 -26.64Y F # 18 200 Free Relay Lead Off -0.24 -0.24 Allison Witdoeckt (16) F (JR) J 16 -0.65 -0.65 -0.65 -0.65	1:11.54Y	F # 21	Male Senior 100 Breast	4	11	-1.54
5:56.92Y F # 16 Female Senior 500 Free 1 16 -4.46 26.64Y F # 18 200 Free Relay Lead Off -0.24 Allison Witdoeckt (16) F UR) 55.80Y F # 12 Female Senior 100 Fly 1 16 -0.65 56.39Y F # 20 Female Senior 100 Back 1 16 51.73Y F # 24 400 Free Relay Lead Off Karis Witdoeckt (15) F USU X 32.56Y F # 2 200 Medley Relay Lead Off -0.55 2:37.19Y F # 6 Female Senior 200 IM 6 9 1.03 1:07.68Y F # 20 Female Senior 100 Back 6 9 Kristen Womack (16) F UR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.5	Alice Wiggins ((14) F (FR)				
Allison Witdoeckt (16) F CJR 55.80Y F # 12 Female Senior 100 Fly 1 16 -0.65 56.39Y F # 20 Female Senior 100 Back 1 16 -0.65 51.73Y F # 24 400 Free Relay Lead Off X 32.56Y F # 2 200 Medley Relay Lead Off 2:37.19Y F # 6 Female Senior 200 IM 6 9 1.03 1:07.68Y F # 20 Female Senior 100 Back 6 9 Kristen Womack (16) F CJR 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	26.55Y	F # 8	Female Senior 50 Free	3	12	-0.33
Allison Witdoeckt (16) F (JR) 55.80Y	5:56.92Y	F # 16	Female Senior 500 Free	1	16	-4.46
55.80Y F # 12 Female Senior 100 Fly 1 16 -0.65 56.39Y F # 20 Female Senior 100 Back 1 16 51.73Y F # 24 400 Free Relay Lead Off Karis Witdoeckt (15) F (SO) X 32.56Y F # 2 200 Medley Relay Lead Off -0.55 2:37.19Y F # 6 Female Senior 200 IM 6 9 1.03 1:07.68Y F # 20 Female Senior 100 Back 6 9 Kristen Womack (16) F (JR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	26.64Y	F # 18	200 Free Relay Lead Off			-0.24
55.80Y F # 12 Female Senior 100 Fly 1 16 -0.65 56.39Y F # 20 Female Senior 100 Back 1 16 51.73Y F # 24 400 Free Relay Lead Off Karis Witdoeckt (15) F (SO) X 32.56Y F # 2 200 Medley Relay Lead Off -0.55 2:37.19Y F # 6 Female Senior 200 IM 6 9 1.03 1:07.68Y F # 20 Female Senior 100 Back 6 9 Kristen Womack (16) F (JR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	Allison Witdoe	ckt (16) F (IR)				
51.73Y F # 24 400 Free Relay Lead Off			Female Senior 100 Fly	1	16	-0.65
Karis Witdoeckt (15) F (SO) X 32.56Y F # 2 200 Medley Relay Lead Off -0.55 2:37.19Y F # 6 Female Senior 200 IM 6 9 1.03 1:07.68Y F # 20 Female Senior 100 Back 6 9 Kristen Womack (16) F (JR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	56.39Y	F # 20	Female Senior 100 Back	1	16	
X 32.56Y F # 2 200 Medley Relay Lead Off -0.55 2:37.19Y F # 6 Female Senior 200 IM 6 9 1.03 1:07.68Y F # 20 Female Senior 100 Back 6 9 Kristen Womack (16) F (JR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	51.73Y	F # 24	400 Free Relay Lead Off			
X 32.56Y F # 2 200 Medley Relay Lead Off -0.55 2:37.19Y F # 6 Female Senior 200 IM 6 9 1.03 1:07.68Y F # 20 Female Senior 100 Back 6 9 Kristen Womack (16) F (JR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	Karis Witdoeck	t (15) F (SO)				
1:07.68Y F 20 Female Senior 100 Back 6 9 Kristen Womack (16) F (JR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51			200 Medley Relay Lead Off			-0.55
Kristen Womack (16) F (JR) 29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	2:37.19Y	F # 6	Female Senior 200 IM	6	9	1.03
29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	1:07.68Y	F # 20	Female Senior 100 Back	6	9	
29.91Y F # 2 200 Medley Relay Lead Off -0.71 26.99Y F # 8 Female Senior 50 Free 6 9 0.51	Kristen Womac	k (16) F (JR)				
			200 Medley Relay Lead Off			-0.71
58.82Y F # 14 Female Senior 100 Free 3 12 -2.33	26.99Y	F # 8	Female Senior 50 Free	6	9	0.51
	58.82Y	F # 14	Female Senior 100 Free	3	12	-2.33

Seton Swimming

Individual Meet Results

2023 VCAC Championship Meet 11-Feb-23 [Ageup: 11/1/2022] Yards

Location: Warrenton Aquatic and Recreation Facility

Trinity Christian School [TCS!-VA]

Time	F/P/S	Event	Place	Points	Improv
Benjamin Yance	ey (16) M (SO)				
28.89Y	F # 1	200 Medley Relay Lead Off			-1.61
2:18.85Y	F # 5	Male Senior 200 IM	2	13	-2.52
5:40.21Y	F # 15	Male Senior 500 Free	2	13	0.56
Bella Yaraschak	(16) F (11)				
2:15.29Y	F # 4	Female Senior 200 Free	6	9	1.29
6:13.73Y	F # 16	Female Senior 500 Free	3	12	16.70
Laela Yu (16) F	(11)				
1:29.46Y	F # 14	Female Senior 100 Free	20		
1:58.17Y	F # 22	Female Senior 100 Breast	19		
Noah Yun (14)	M (FR)				
1:54.01Y	F # 3	Male Senior 200 Free	2	13	-7.18
58.78Y	F # 19	Male Senior 100 Back	2	13	0.37