

2023 VCAC Championship Meet - 2/11/2023**VCAC - Records**

1	Boys 200 Medley Relay	1:43.49	2/4/2006	Seton School - SST K Koehr, N Cook, B Morch, S Koehr
2	Girls 200 Medley Relay	1:52.65	2/13/2022	Seton Swimming - SST L Garvey, A Testani, C Condon, M Pennefather
3	Boys 200 Free	1:46.54	2/13/2022	Josh Kim - TCS!
4	Girls 200 Free	1:53.80	2/1/2020	Annalise Cornett - TCS!
5	Boys 200 IM	1:58.42	2/8/2020	Andrew Turbyfill - FCS
6	Girls 200 IM	2:10.47	2/12/2023	Elizabeth Bryan - OAK
7	Boys 50 Free	21.91	2/13/2010	S. Jameson Hill - SST
8	Girls 50 Free	24.20	2/8/2020	Brooke Williams - TCS!
9	Boys 1 mtr Diving	304.20	2/4/2022	Harper Thornett - TCS!
10	Girls 1 mtr Diving	161.00	2/4/2022	Keri Hough - TCS!
11	Boys 100 Fly	52.74	2/12/2023	Tyler Phillips - TCS!
12	Girls 100 Fly	55.80	2/12/2023	Allie Witdoeckt - TCS!
13	Boys 100 Free	48.78	2/13/2010	S. Jameson Hill - SST
14	Girls 100 Free	51.73	2/12/2023	Allie Witdoeckt - TCS!
15	Boys 500 Free	4:43.83	2/13/2010	S. Jameson Hill - SST
16	Girls 500 Free	5:03.43	2/13/2021	Annalise Cornett - TCS!
17	Boys 200 Free Relay	1:32.22	2/6/2016	Fredericksburg Christian - FCS D Turbyfill, A Kearney, N Ross, G Ross
18	Girls 200 Free Relay	1:42.65	2/12/2023	Trinity Christian School - TCS! A Wiggins, R Buff, K Womack, A Witdoeckt
19	Boys 100 Back	53.44	2/4/2006	Kevin Koehr - SST
20	Girls 100 Back	56.39	2/12/2023	Allie Witdoeckt - TCS!
21	Boys 100 Breast	1:00.59	2/8/2020	Andrerw Turbyfill - FCS
22	Girls 100 Breast	1:06.36	2/12/2023	Elizabeth Bryan - OAK
23	Boys 400 Free Relay	3:27.64	2/12/2023	Trinity Christian School - TCS! J Kim, C Bang, N Yun, T Phillips
24	Girls 400 Free Relay	3:46.07	2/12/2023	Trinity Christian School - TCS! A Witdoeckt, R Buff, A Wiggins, A Schlieter
109	Boys 1 mtr Diving	304.20	2/4/2022	Harper Thornett - TCS!
110	Girls 1 mtr Diving	161.00	2/4/2022	Keri Hough - TCS!