

Seton December Invitational - 12/9/2023

Psych Sheet

#1 Boys 200 Yard Medley Relay

Seton: 1:39.82 2006 Koehr, Cook, Morch, Koehr
VCAC Champs: 1:43.49 2006 Seton School

K Koehr, N Cook, B Morch, S Koehr

Team	Relay	Seed Time
1 WILD	A	41.27
Coates, Daniel SO	Whittaker, Fisher FR	
Self, Cullen 8	Tribble, Bailey SR	
2 SST-VA	A	1:47.48
Brox, Michael IR	Nguyen, Andrew JR	
Borneman, Joseph JR	Halisky, Liam JR	
3 TCSI-VA	A	1:49.20
Yun, Noah SO	Kim, Justin SR	
Yancey, Ben JR	Jang, Elliot SR	
4 SST-VA	B	1:52.37
Kay, Patrick 8	Bauer, Greg SO	
Judge, Dominic FR	Sokban, Daniel FR	
5 SST-VA	C	X1:58.00
Herwick, Jack 8	Zahorchak, Michael FR	
Mantooth, Luke SR	Partridge, Luke FR	
6 FCS-VA	A	2:05.25
Green, Thomas 8	Ryan, Nathan FR	
Knewton, Jack SR	Ross, Andrew FR	
7 ICHS	A	2:08.94
Anderson, Brenton FR	Lam, Micah FR	
Morillo, Caleb SO	Fiala, Caleb FR	
8 FCS-VA	B	2:15.00
Pitner, Samuel FR	Howell, Caleb	
Dix, Brycen	Gebhardt, Lucas	
9 ICHS	B	2:20.00
Bluev, Ben FR	Burgess, Grey SO	
Pinkley, Isaac FR	White, Liam SO	
10 TCSI-VA	B	2:20.00
Abidin, Christian SR	Wang, Luke SR	
Pearson, Nathaniel SR	Yu, Evan FR	
11 SST-VA	D	X2:40.00
Gregorv, Jack SR	Rodriguez, Evan JR	
Nguyen, Kenneth FR	Reynolds, James 7	
12 SST-VA	E	X2:42.00
Minarik, Joseph SR	Garvey, JJ 7	
Lynch, Joey 8	McCardell, Aidan SO	
13 SST-VA	F	X2:44.00
Dusek, Charlie SO	Bookwalter, Joel 7	
Partridge, Paul 6	Fifield, Luke 7	
14 SST-VA	G	X2:46.00
Coolev, John 8	Saffian, Walter JR	
Cooley, JJ SO	Maranian, Matthew 6	
15 SST-VA	H	X2:48.00
Nguyen, James 6	Ellis, Ben FR	
Wilson, Jonas 8	Orellana, Brian 8	
16 FVCS-VA	A	3:17.91
Wilson, Caleb FR	Liddy, Max SO	
Liddy, Will SO	Melendez, Josua FR	

#2 Girls 200 Yard Medley Relay

Seton: 1:50.25 2011 Doonis,Rogers,Wunderl
VCAC Champs: 1:52.65 2022 Seton Swimming

L Garvey, A Testani, C Condon, M Pennefather

Team	Relay	Seed Time
1 WILD	A	X56.64
Taylor, Rvann 7	Pack, Olivia 8	
Taylor, Keegan JR	O'Meara, Ashtyn	

2 TCSI-VA	A	1:57.63
Wiggins, Allie SO	Hsieh, Maggi FR	
Klanderman, Liz JR	Womack, Kristen SR	
3 SST-VA	A	2:01.41
Fifield, Halev IR	Condon, Clara JR	
Paradise, Stella SR	Gibbons, Maggie SR	
4 TSMV	A	2:02.07
Malonev, Aine IR	Kelley, Lauren SO	
Arlen, Sydney SO	Mazanec, Reagan FR	
5 OAK-VA	A	2:08.60
Magee, Amelia SO	Obeng, Stella 8	
McNichols, Mae Mae FR	Erickson, Katelyn SO	
6 SST-VA	B	2:09.14
Bingham, Lucia IR	Brox, Elodie JR	
Garvey, Anastasia SO	Hill, Gigi SO	
7 TCSI-VA	B	2:12.00
Schlieter, Eloise FR	Gilbert, Maddie 8	
Myers, Allie 8	Yu, Renee SO	
8 ICHS	A	2:12.53
Bruenjes, Anne	Connally, Bella FR	
Myers, Lydia FR	Shumate, Kate FR	
9 FCS-VA	A	2:15.15
Miller, Evie FR	Ellis, Hannah FR	
Baroody, Isabel SO	Sebero, Emmah SO	
10 FCS-VA	B	2:17.25
Roberson, Emma SO	Ryan, Gabriella SO	
Miller, Molly JR	Meadows, Payton SR	
11 OAK-VA	B	2:18.65
McDonnell, Maddie SO	Mochen, Catherine JR	
Heinrichs, Charlotte FR	Kissinger, Norah SR	
12 FCS-VA	C	X2:22.50
Meadows, Morgan FR	Ryan, Adrie	
Chen, Alison 8	Dahlberg, Catherine 8	
13 TCSI-VA	C	X2:29.00
Brown, Lena 8	Bailey, Holly SO	
Yaroschak, Bella SR	Yu, Laela SR	
14 FCS-VA	D	X2:30.00
Marte, Jaasiel 8	Lappinga, Norah	
Zaegel, Leanne	Meadows, Reagan	
15 SST-VA	C	X2:36.00
Kohlhaas, Sofia 8	Bauer, Katie 8	
Waldron, Rose JR	Kramer, Cora FR	
16 SST-VA	D	X2:38.00
Nguyen, Bella 8	Munsell, Mary Catherine SO	
Hurley, Mary Catherine JR	DeWolf, Rosie 7	
17 SST-VA	E	X2:38.00
Bauer, Molly JR	Brand, Caroline FR	
Mantooth, Avila 8	Herwick, Lucy 7	
18 TCSI-VA	D	X2:40.00
Bailev, Anna 8	Miller, Eliza FR	
Dang, Alexis 7	Dang, Sophia 8	
19 SST-VA	F	X2:40.00
Schroer, Caroline 6	Haggerty, Aoife FR	
Arnold, Betsy 8	Quispe, Camila 7	
20 OAK-VA	C	X2:40.10
Larson, Zoe SO	Nugent, Katie JR	
Larson, Elle SO	Ryan, Fiona SO	
21 SST-VA	G	X2:42.00
Heinv, Clare 8	Rodriguez, Noemi FR	
Hurley, Elizabeth 8	Baughman, Jenny 7	
22 SST-VA	H	X2:44.00
Kav, Claire 6	Blanchette, Meg JR	
Cunningham, Lucy JR	Shillingburg, Briana JR	

23 ICHS	B	2:45.00
Erickson, Alexandra	Neikrik, Victoria	
Anderson, Sarah JR	DuBois, Mariah FR	
24 SST-VA	I	X2:46.00
Bingham, Veronica 7	Mikkelson, Annabelle 7	
Halisky, Sophia 8	Catabui, Grace 6	
25 SST-VA	J	X2:48.00
Mikkelson, Maggie 6	Judge, Jane 8	
Haggerty, Orla JR	Maranian, Julia 8	
26 OAK-VA	D	X2:48.09
Teh, Michaela FR	Schneider, Adele FR	
Turner, Lacey FR	Wyckoff, Drew FR	
27 SST-VA	K	X2:50.00
Gibaldi, Gigi FR	Cooley, Katie 6	
Osilka, Mary Claire SO	Andreu, Angela 8	
28 SST-VA	L	X2:52.00
Kramer, Pennv FR	Irving, Monica 8	
Dusek, Annie 8	Mayer, Audrey 6	
29 SST-VA	M	X2:54.00
Buser, Malia SO	Quispe, Allison SO	
Waldron, Lily 8	Mayer, Evie 7	
30 FVCS-VA	A	NT
Hulse, Abby FR	Hulse, Ali	
Erdossy, Arden FR	Mosley, Ava FR	

#3 Boys 200 Yard Freestyle

Seton: 1:38.54 2010 S.J. Hill
VCAC Champs: 1:46.54 2022 Josh Kim

Name	Yr School	Seed Time
1 Kim, Justin	SR TCSI-VA	1:54.02
2 Yancey, Ben	JR TCSI-VA	2:02.67
3 Cole, Carter	SR TCSI-VA	2:13.24
4 Wilson, Max	JR SST-VA	2:14.89
5 Sokban, William	JR SST-VA	2:18.82
6 Anderson, Brenton	FR ICHS	2:19.23
7 Albin, Jed	SR SST-VA	2:25.63
8 Judge, Dominic	FR SST-VA	2:26.77
9 Jang, Ian	FR TCSI-VA	2:50.00
10 Wilson, Jonas	8 SST-VA	X2:56.59
11 Garvey, JJ	7 SST-VA	X3:04.03

#4 Girls 200 Yard Freestyle

Seton: 1:55.74 2000 K. Shipko
VCAC Champs: 1:53.80 2020 Annalise Cornett

Name	Yr School	Seed Time
1 Miller, Molly	JR FCS-VA	2:06.00
2 Womack, Kristen	SR TCSI-VA	2:13.39
3 Bailey, Mary	SR TCSI-VA	2:13.72
4 Garvey, Anastasia	SO SST-VA	2:20.14
5 Myers, Lydia	FR ICHS	2:23.28
6 Witdoeck, Karis	JR TCSI-VA	2:25.94
7 Schlieter, Eloise	FR TCSI-VA	2:26.64
8 Neal, Lizzie	FR TSMV	2:30.00
9 Mazanec, Charlotte	SO TSMV	2:31.65
10 McDonnell, Maddie	SO OAK-VA	2:32.60
11 Hill, Gigi	SO SST-VA	2:34.47
12 Magee, Amelia	SO OAK-VA	2:39.67
13 Blevins, Colby	SO FCS-VA	2:41.46
14 Bingham, Lucia	JR SST-VA	2:42.11
15 Russo, Gabriella	FR SST-VA	2:42.17
16 Halisky, Sophia	8 SST-VA	X2:42.18
17 Larson, Elle	SO OAK-VA	2:45.10
18 Arnold, Betsy	8 SST-VA	X2:48.15

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Psych Sheet

#4 ... (Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time
19 Yu, Renee	SO	TCSI-VA	X3:05.58
20 Bailey, Anna	8	TCSI-VA	X3:10.28
21 Fifield, Kyleigh	FR	SST-VA	X3:10.73
22 Brand, Caroline	FR	SST-VA	X3:11.01
23 Bauer, Katie	8	SST-VA	X3:33.78
24 Cooley, Katie	6	SST-VA	X3:34.76
25 Larson, Zoe	SO	OAK-VA	NT

#5 Boys 200 Yard IM

Seton: 1:54.70 2008 N. Cook

VCAC Champs: 1:58.42 2020 Andrew Turbyfill

Name	Yr	School	Seed Time
1 Soto, Elijah	SO	TSMV	2:10.00
2 Self, Tavish	JR	WILD	2:23.80
3 Nguyen, Andrew	JR	SST-VA	2:25.94
4 Schrock, Eamon	FR	TSMV	2:30.00
5 Fiala, Caleb	FR	ICHS	2:30.91
6 Konstanty, Peter	SR	SST-VA	2:34.70
7 Mantooth, Luke	SR	SST-VA	2:41.87
8 Herwick, Jack	8	SST-VA	2:42.00
9 Partridge, Luke	FR	SST-VA	X2:43.00
10 Partridge, Paul	6	SST-VA	X2:45.00
11 Wang, Luke	SR	TCSI-VA	2:46.81
12 Ryan, Nathan	FR	FCS-VA	2:48.93
13 Hoover, Caleb	JR	TCSI-VA	2:59.41
14 Robillard, Lucas	8	TCSI-VA	3:00.00
15 Liddy, Max	SO	FVCS-VA	NT

#6 Girls 200 Yard IM

Seton: 2:08.58 2023 A. Aldeguer

VCAC Champs: 2:10.47 2023 Elizabeth Bryan

Name	Yr	School	Seed Time
1 Schlieter, Audrey	SO	TCSI-VA	2:21.24
2 Wiggins, Allie	SO	TCSI-VA	2:29.56
3 Mazanec, Reagan	FR	TSMV	2:30.00
4 Arllen, Sydney	SO	TSMV	2:30.00
5 Myers, Allie	8	TCSI-VA	2:39.51
6 Gibbons, Maggie	SR	SST-VA	2:39.93
7 Ryan, Gabriella	SO	FCS-VA	2:43.09
8 Zadnik, Maddie	SR	SST-VA	2:44.88
9 Obeng, Stella	8	OAK-VA	2:45.76
10 Gilbert, Maddie	8	TCSI-VA	2:50.00
11 Ryan, Adrie		FCS-VA	X2:50.71
12 Connally, Bella	FR	ICHS	2:52.37
13 Cunningham, Lucy	JR	SST-VA	2:55.37
14 Erickson, Katelyn	SO	OAK-VA	2:56.45
15 Waldron, Rose	JR	SST-VA	3:01.51
16 Blevins, Hannah	SO	FCS-VA	3:04.37
17 Bang, Sophia	8	TCSI-VA	X3:22.40
18 Hulse, Abby	FR	FVCS-VA	NT

#7 Boys 50 Yard Freestyle

Seton: 21.22 2010 S.J. Hill

VCAC Champs: 21.91 2010 S. Jameson Hill

Name	Yr	School	Seed Time
1 Jang, Elliot	SR	TCSI-VA	24.90
2 Koehr, Connor	JR	SST-VA	24.93
3 Knewton, Jack	SR	FCS-VA	25.00
4 Liddy, Will	SO	FVCS-VA	26.10
5 Sokban, William	JR	SST-VA	27.02
6 Abidin, Christian	SR	TCSI-VA	27.30

7 Bluey, Ben	FR	ICHS	28.20
8 Whittaker, Fisher	FR	WILD	28.48
9 Burgess, Grey	SO	ICHS	28.53
10 Ognak, Gabe	SR	FCS-VA	29.00
11 Nguyen, Kenneth	FR	SST-VA	29.23
12 Pinkley, Isaac	FR	ICHS	30.19
13 Gebhardt, Lucas		FCS-VA	30.45
14 Coates, Daniel	SO	WILD	30.77
15 Lynch, Joey	8	SST-VA	31.21
16 Ellis, Ben	FR	SST-VA	X32.73
17 Self, Cullen	8	WILD	32.90
18 Saffian, Walter	JR	SST-VA	X33.02
19 White, Liam	SO	ICHS	33.11
20 Thiede, Joseph	7	TSMV	33.12
21 Sedaca, Jacob	SR	TCSI-VA	34.00
22 Hwang, Matthew	SR	TCSI-VA	34.00
23 Fay, Benjamin	SO	ICHS	X34.09
24 Bookwalter, Joel	7	SST-VA	X34.36
25 Rodriguez, Evan	JR	SST-VA	X34.85
26 Chiang, Oliver		FCS-VA	X36.00
27 Minarik, Joseph	SR	SST-VA	X36.01
28 Liette, Jonathan		FCS-VA	X36.01
29 Pitner, Samuel	FR	FCS-VA	36.21
30 Dusek, Charlie	SO	SST-VA	X36.73
31 Cooley, John	8	SST-VA	X37.03
32 Nguyen, James	6	SST-VA	X37.12
33 Howell, Caleb		FCS-VA	X37.76
34 Fifield, Luke	7	SST-VA	X37.78
35 McCardell, Aidan	SO	SST-VA	X38.91
36 Reynolds, James	7	SST-VA	X38.98
37 Smith, CJ		FCS-VA	X40.63
38 Judge, Patrick	FR	SST-VA	X41.50
39 Kohlhaas, Daniel	7	SST-VA	X42.84
40 Lenker, David		FCS-VA	X45.00
41 Pacuar, Stephan		FCS-VA	X45.00
42 Meade, Charles Fielding		FCS-VA	X45.40
43 Maranian, Matthew	6	SST-VA	X46.63
44 Riley, Jack	FR	ICHS	X49.00
45 Williams, Jaden		FCS-VA	X50.97
46 Orellana, Brian	8	SST-VA	X1:02.01
47 Kmety, Gunner		WILD	1:12.00
48 Melendez, Josua	FR	FVCS-VA	1:14.76
49 Lundy, Ian	7	FVCS-VA	NT
50 Smith, Brayden		FVCS-VA	NT
51 Lutz, Jeffrey		FVCS-VA	NT
52 Tribble, Bailey	SR	WILD	NT

#8 Girls 50 Yard Freestyle

Seton: 24.06 2018 A. Kenna

VCAC Champs: 24.20 2020 Brooke Williams

Name	Yr	School	Seed Time
1 Shumate, Kate	FR	ICHS	25.91
2 Paradise, Stella	SR	SST-VA	25.98
3 Kay, Philomena	FR	SST-VA	28.20
4 Hsieh, Maggi	FR	TCSI-VA	28.25
5 Klanderaman, Liz	JR	TCSI-VA	28.47
6 Taylor, Keegan	JR	WILD	29.22
7 Yoshihara, Theresa	FR	OAK-VA	29.40
8 Meadows, Payton	SR	FCS-VA	29.43
9 Sebero, Emmah	SO	FCS-VA	29.67
10 Hill, Emma	SO	TCSI-VA	29.68
11 Hurley, Elizabeth	8	SST-VA	31.03

12 Haggerty, Orla	JR	SST-VA	31.50
13 Brown, Lena	8	TCSI-VA	31.59
14 Chen, Alison	8	FCS-VA	31.60
15 Bingham, Mariana	FR	SST-VA	X31.70
16 Osilka, Mary Claire	SO	SST-VA	X31.73
17 Ryan, Fiona	SO	OAK-VA	31.84
18 Dusek, Annie	8	SST-VA	X31.86
19 Waldron, Lily	8	SST-VA	X32.16
20 Neikrik, Victoria		ICHS	X32.45
21 Van Meter, Juliet	FR	OAK-VA	32.60
22 Munsell, Mary Catherine	SO	SST-VA	X32.65
23 Mochen, Catherine	JR	OAK-VA	32.69
24 Williams, Luisa	JR	OAK-VA	X33.01
25 Schindler, Kathryn	SR	OAK-VA	X33.07
26 DuBois, Mariah	FR	ICHS	33.09
27 Turner, Lacey	FR	OAK-VA	X33.31
28 Szerszen, Catherine	FR	OAK-VA	X33.38
29 Haggerty, Aoife	FR	SST-VA	X33.43
30 Wyckoff, Drew	FR	OAK-VA	X33.63
31 Blankenstein, Sophie	JR	TSMV	33.81
32 Anderson, Sarah	JR	ICHS	34.52
33 Blanchette, Meg	JR	SST-VA	X34.69
34 Mikkelson, Annabelle	7	SST-VA	X34.72
35 Saunders, Sabrina	FR	OAK-VA	X34.90
36 Friddle, Suzie	JR	OAK-VA	X35.00
37 Meadows, Morgan	FR	FCS-VA	35.81
38 Irving, Monica	8	SST-VA	X35.90
39 Lappinga, Norah		FCS-VA	X36.00
40 Meadows, Reagan		FCS-VA	X36.00
41 Kohlhaas, Sofia	8	SST-VA	X36.25
42 Nguyen, Bella	8	SST-VA	X36.33
43 Bauer, Molly	JR	SST-VA	X36.42
44 Nugent, Katie	JR	OAK-VA	X36.42
45 Schroer, Caroline	6	SST-VA	X36.48
46 Zaegel, Leanne		FCS-VA	X36.61
47 O'Meara, Ashtyn		WILD	37.00
48 Burgess, Ella		ICHS	X37.02
49 Kay, Claire	6	SST-VA	X37.47
50 Pack, Olivia	8	WILD	37.79
51 Yu, Laela	SR	TCSI-VA	X38.38
52 Mikkelson, Maggie	6	SST-VA	X38.68
53 Gibaldi, Gigi	FR	SST-VA	X39.15
54 Barvick, Lulu		OAK-VA	X39.41
55 Kramer, Penny	FR	SST-VA	X39.55
56 Quispe, Camila	7	SST-VA	X39.74
57 Chapman, Elizabeth	FR	FCS-VA	X40.00
58 Chapman, Haylie	FR	FCS-VA	X40.00
59 Taylor, Tristan		WILD	40.16
60 DeWolf, Rosie	7	SST-VA	X41.22
61 Armstrong, Sage	FR	SST-VA	X42.30
62 Kramer, Cora	FR	SST-VA	X42.49
63 Baughman, Jenny	7	SST-VA	X42.63
64 Judge, Clare	7	SST-VA	X42.73
65 Shillingburg, Briana	JR	SST-VA	X43.10
66 Kramer, Colette	SO	SST-VA	X43.20
67 Catabui, Grace	6	SST-VA	X43.73
68 Tasky, Tara		FCS-VA	X45.00
69 Whittaker, Eila		FCS-VA	X45.00
70 Thornton, Aaliyah		FVCS-VA	46.70
71 Studer, Adriana	7	WILD	47.68
72 Maranian, Julia	8	SST-VA	X48.18
73 Pretlow, Ava	7	WILD	49.18

Seton December Invitational - 12/9/2023

Psych Sheet

#8 ... (Girls 50 Yard Freestyle)

74	Bornfeld, Reagan	7 FVCS-VA	49.90
75	Taliaferro, Isabel	ICHS	50.00
76	Andreu, Angela	8 SST-VA	X50.08
77	Miller, Eva	ICHS	X55.00
78	Mayer, Audrey	6 SST-VA	X1:00.28
79	Sutula, Shannon	OAK-VA	X1:00.45
80	Melendez, Amaris	FVCS-VA	1:01.80
81	Stansell, Amelia	FVCS-VA	1:04.30
82	Courtney, Grace	WILD	1:05.00
83	Mayer, Evie	7 SST-VA	X1:10.01
84	Fleming, Ava	7 FVCS-VA	NT

#9 Boys 1 mtr Diving

Seton: 207.40 2013 J. Doran			
VCAC Champs: 304.20 2022 Harper Thornett			
Name	Yr	School	
1	Koehr, Connor	JR SST-VA	230.45
2	Fioramonti, Mick	SR SST-VA	198.25
3	Oswald, Jacob	JR SST-VA	177.65
4	Kohlhaas, Gus	JR SST-VA	143.65
5	Miller, Dominic	SR SST-VA	X143.55
6	Gonzalez, Max	JR SST-VA	X141.08
7	Gomez, Philip	JR SST-VA	X94.70
8	Wang, Luke	SR TCSI-VA	NP
9	Sedaca, Jacob	SR TCSI-VA	NP
10	Edwards, Eli	8 TCSI-VA	NP
11	Ashton, Max	6 SST-VA	XNP
12	Jackson, Dan	FR SST-VA	XNP
13	Robillard, Lucas	8 TCSI-VA	XNP
14	Pearson, Nathaniel	SR TCSI-VA	XNP
15	Hoover, Caleb	JR TCSI-VA	XNP
16	Hwang, Matthew	SR TCSI-VA	XNP

#10 Girls 1 mtr Diving

Seton: 152.55 2022 M.C. Waldron			
VCAC Champs: 161.00 2022 Keri Hough			
Name	Yr	School	
1	Miller, Maria	SO SST-VA	141.65
2	Waldron, Rose	JR SST-VA	132.37
3	Condon, Meghan	8 SST-VA	132.15
4	Francis, Elizabeth	JR SST-VA	121.25
5	Kay, Claire	6 SST-VA	X73.30
6	Brox, Elodie	JR SST-VA	X68.40
7	Kelly, Cecelia	8 SST-VA	X52.80
8	Hurley, Mary Catherine	JR SST-VA	X52.40
9	Grinder, Lauren	8 SST-VA	X37.87
10	Catabui, Grace	6 SST-VA	X10.20
11	Kramer, Penny	FR SST-VA	X7.80
12	Baughman, Rachel	7 SST-VA	X7.80
13	Yu, Laela	SR TCSI-VA	NP
14	Hill, Emma	SO TCSI-VA	NP
15	Miller, Eliza	FR TCSI-VA	NP
16	Guenther, Louise	SR OAK-VA	NP
17	Kissinger, Norah	SR OAK-VA	NP
18	Abela, Mary	FR OAK-VA	NP
19	Friddle, Suzie	JR OAK-VA	NP
20	Judge, Jane	8 SST-VA	XNP
21	Herwick, Lucy	7 SST-VA	XNP
22	Russo, Anna	JR SST-VA	XNP
23	Schlieter, Eloise	FR TCSI-VA	XNP

24	Bailey, Mary	SR TCSI-VA	XNP
25	Bailey, Holly	SO TCSI-VA	XNP

#11 Boys 100 Yard Butterfly

Seton: 51.76 2010 S.J. Hill			
VCAC Champs: 52.74 2023 Tyler Phillips			
Name	Yr	School	Seed Time
1	Soto, Elijah	SO TSMV	59.00
2	Brox, Michael	JR SST-VA	1:00.11
3	Yun, Noah	SO TCSI-VA	1:00.46
4	Cole, Carter	SR TCSI-VA	1:07.84
5	Borneman, Joseph	JR SST-VA	1:15.30
6	Koehr, Connor	JR SST-VA	1:15.67
7	Nguyen, Andrew	JR SST-VA	1:19.78
8	Halisky, Liam	JR SST-VA	X1:20.00
9	Hoover, Caleb	JR TCSI-VA	1:20.00
10	Sokban, Daniel	FR SST-VA	X1:22.51
11	Anderson, Brenton	FR ICHS	1:23.60
12	Monroe, Shane	JR TSMV	1:25.00
13	Bauer, Greg	SO SST-VA	X1:27.27
14	Garvey, JJ	7 SST-VA	X1:30.00
15	Partridge, Luke	FR SST-VA	X1:30.00
16	Wilson, Jonas	8 SST-VA	X1:34.18

#12 Girls 100 Yard Butterfly

Seton: 58.51 2017 A. Kenna			
VCAC Champs: 55.80 2023 Allie Witdoeckt			
Name	Yr	School	Seed Time
1	Ellis, Hannah	FR FCS-VA	1:01.46
2	Schlieter, Audrey	SO TCSI-VA	1:03.56
3	Roberson, Emma	SO FCS-VA	1:10.07
4	Witdoeckt, Karis	JR TCSI-VA	1:15.93
5	Bruenjes, Anne	ICHS	1:18.91
6	Bailey, Mary	SR TCSI-VA	1:19.51
7	Hill, Gigi	SO SST-VA	1:20.00
8	Maloney, Aine	JR TSMV	1:20.00
9	Schroer, Maggie	8 SST-VA	1:23.75
10	Heinrichs, Charlotte	FR OAK-VA	1:27.44
11	Brox, Elodie	JR SST-VA	1:30.00
12	Hurley, Mary Catherine	JR SST-VA	1:32.93
13	Blevins, Hannah	SO FCS-VA	1:33.20
14	Bailey, Anna	8 TCSI-VA	X1:40.00
15	Eschmann, Brigita	8 OAK-VA	1:44.00
16	Bailey, Holly	SO TCSI-VA	1:45.75

#13 Boys 100 Yard Freestyle

Seton: 45.67 2010 S. J. Hill			
VCAC Champs: 48.78 2010 S. Jameson Hill			
Name	Yr	School	Seed Time
1	Fiala, Caleb	FR ICHS	54.90
2	Morillo, Caleb	SO ICHS	57.00
3	Self, Tavish	JR WILD	58.10
4	Liddy, Will	SO FVCS-VA	58.47
5	Whittaker, Fisher	FR WILD	X1:02.18
6	Robillard, Lucas	8 TCSI-VA	1:02.41
7	Zahorchak, Michael	FR SST-VA	1:02.99
8	Albin, Jed	SR SST-VA	1:03.39
9	Mantooth, Luke	SR SST-VA	1:03.89
10	Kay, Patrick	8 SST-VA	1:05.34
11	Lam, Micah	FR ICHS	1:09.41
12	Green, Thomas	8 FCS-VA	1:09.71
13	Ross, Andrew	FR FCS-VA	1:10.00
14	Ognek, Gabe	SR FCS-VA	1:10.00

15	Thiede, Joseph	7 TSMV	1:10.25
16	Coates, Daniel	SO WILD	X1:13.87
17	Pinkley, Isaac	FR ICHS	1:16.94
18	Pitner, Samuel	FR FCS-VA	1:18.85
19	Dix, Brycen	FCS-VA	X1:20.00
20	Gilman, Bryce	JR TCSI-VA	1:20.21
21	Cooley, JJ	SO SST-VA	X1:20.96
22	Lenker, David	FCS-VA	X1:30.00
23	Pacuar, Stephan	FCS-VA	X1:30.00
24	Smith, CJ	FCS-VA	X1:31.90
25	Wible, Evan	7 SST-VA	X1:38.84
26	Haggerty, Eamon	7 SST-VA	X1:44.70
27	Gregory, Jack	SR SST-VA	X1:45.85
28	Riley, Jack	FR ICHS	X1:59.00
29	Wilson, Caleb	FR FVCS-VA	NT

#14 Girls 100 Yard Freestyle

Seton: 52.05 2018 A. Kenna			
VCAC Champs: 51.73 2023 Allie Witdoeckt			
Name	Yr	School	Seed Time
1	Shumate, Kate	FR ICHS	56.86
2	Miller, Molly	JR FCS-VA	59.93
3	Baroody, Isabel	SO FCS-VA	1:00.35
4	Yaroschak, Bella	SR TCSI-VA	1:01.98
5	Myers, Allie	8 TCSI-VA	1:02.03
6	Bingham, Lucia	JR SST-VA	1:02.76
7	Magee, Amelia	SO OAK-VA	1:04.38
8	Garvey, Anastasia	SO SST-VA	1:04.51
9	Van Meter, Juliet	FR OAK-VA	1:06.96
10	Zadnik, Maddie	SR SST-VA	1:09.44
11	Cunningham, Lucy	JR SST-VA	1:10.16
12	Waldron, Rose	JR SST-VA	X1:10.70
13	Hurley, Elizabeth	8 SST-VA	X1:11.74
14	Dahlberg, Catherine	8 FCS-VA	1:11.84
15	Mantooth, Avila	8 SST-VA	X1:11.98
16	Blevins, Colby	SO FCS-VA	1:12.46
17	Larson, Elle	SO OAK-VA	1:12.53
18	Erickson, Alexandra	ICHS	X1:15.00
19	Williams, Luisa	JR OAK-VA	1:15.02
20	Erickson, Megan	8 OAK-VA	1:16.30
21	Miller, Eliza	FR TCSI-VA	1:17.46
22	Dang, Alexis	7 TCSI-VA	X1:17.86
23	DuBois, Mariah	FR ICHS	1:18.06
24	Anderson, Sarah	JR ICHS	1:19.70
25	Teh, Michaela	FR OAK-VA	X1:19.94
26	Rodriguez, Noemi	FR SST-VA	X1:21.51
27	Schneider, Adele	FR OAK-VA	X1:22.70
28	Heiny, Clare	8 SST-VA	X1:23.38
29	Judge, Jane	8 SST-VA	X1:25.29
30	Herwick, Lucy	7 SST-VA	X1:25.81
31	Quispe, Allison	SO SST-VA	X1:27.04
32	Mosley, Izzy	7 FVCS-VA	1:28.46
33	Taylor, Ryann	7 WILD	1:28.75
34	Bingham, Veronica	7 SST-VA	X1:29.40
35	O'Meara, Ashtyn	WILD	1:30.00
36	Buser, Malia	SO SST-VA	X1:33.12
37	Barvick, Lulu	OAK-VA	X1:33.94
38	Zaegel, Leanne	FCS-VA	X1:35.00
39	Pack, Olivia	8 WILD	1:37.18
40	Baughman, Jenny	7 SST-VA	X1:37.73
41	Marte, Jaasiel	8 FCS-VA	X1:39.82
42	Chapman, Elizabeth	FR FCS-VA	X1:40.00

Seton December Invitational - 12/9/2023

Psych Sheet

#14 ... (Girls 100 Yard Freestyle)

43	Chapman, Haylie	FR FCS-VA	X1:40.00
44	Armstrong, Sage	FR SST-VA	X1:44.23
45	Mosley, Ava	FR FVCS-VA	1:45.26
46	Taliaferro, Isabel	ICHS	1:59.00
47	Sutula, Shannon	OAK-VA	X2:28.86
48	Mayer, Evie	7 SST-VA	X2:40.98
49	Bornfeld, Reagan	7 FVCS-VA	NT
50	Stansell, Amelia	FVCS-VA	NT

#15 Boys 500 Yard Freestyle

Seton: 4:27.19 2010 S.J. Hill
VCAC Champs: 4:43.83 2010 S. Jameson Hill

Name	Yr	School	Seed Time
1	Yancey, Ben	JR TCSI-VA	5:39.68
2	Ryan, Nathan	FR FCS-VA	6:18.47
3	Konstanty, Peter	SR SST-VA	6:25.78
4	Judge, Dominic	FR SST-VA	6:28.63
5	Borneman, Joseph	JR SST-VA	6:28.82
6	Sokban, Daniel	FR SST-VA	6:31.19
7	Abidin, Christian	SR TCSI-VA	6:50.00
8	Pearson, Nathaniel	SR TCSI-VA	6:50.00
9	White, Liam	SO ICHS	8:54.60

#16 Girls 500 Yard Freestyle

Seton: 5:06.98 1999 K. Shipko
VCAC Champs: 5:03.43 2021 Annalise Cornett

Name	Yr	School	Seed Time
1	Miller, Evie	FR FCS-VA	5:11.64
2	Klanderma, Liz	JR TCSI-VA	6:00.13
3	Condon, Clara	JR SST-VA	6:15.00
4	Bruenjes, Anne	ICHS	6:17.99
5	Womack, Kristen	SR TCSI-VA	6:25.44
6	Hsieh, Maggi	FR TCSI-VA	6:30.00
7	Schlieter, Eloise	FR TCSI-VA	6:36.93
8	Fifield, Haley	JR SST-VA	7:14.83
9	Schroer, Maggie	8 SST-VA	7:29.68
10	Russo, Gabriella	FR SST-VA	7:32.81
11	Brown, Lena	8 TCSI-VA	X7:35.09
12	Mochen, Catherine	JR OAK-VA	8:04.58
13	Nugent, Katie	JR OAK-VA	8:22.55
14	Ryan, Fiona	SO OAK-VA	8:31.41
15	Turner, Lacey	FR OAK-VA	8:45.00
16	Erdossy, Arden	FR FVCS-VA	NT

#17 Boys 200 Yard Freestyle Relay

Seton: 1:30.07 2010 Hill, Koehr, Cook, Basinger
VCAC Champs: 1:32.22 2016 Fredericksburg Christian

D Turbyfill, A Kearney, N Ross, G Ross

Team	Relay	Seed Time
1	TCSI-VA Kim, Justin SR Robillard, Lucas 8	A Wang, Luke SR Cole, Carter SR 1:33.11
2	SST-VA Brox, Michael IR Koehr, Connor JR	A Sokban, Daniel FR Halisky, Liam JR 1:38.93
3	SST-VA Wilson, Max IR Herwick, Jack 8	B Konstanty, Peter SR Mantooth, Luke SR 1:43.99
4	ICHS Morillo, Caleb SO Anderson, Brenton FR	A Burgess, Grey SO Fiala, Caleb FR 1:44.94

5	TSMV Soto, Elijah SO Soto, Levi 8	A Schrock, Eamon FR Monroe, Shane JR 1:46.12
6	FCS-VA Ross, Andrew FR Gebhardt, Lucas	A Ognek, Gabe SR Knewtson, Jack SR 1:46.46
7	SST-VA Sokban, William IR Kay, Patrick 8	C Bauer, Greg SO Albin, Jed SR X1:48.90
8	FCS-VA Green, Thomas 8 Chiang, Oliver	B Dix, Brycen Howell, Caleb 1:55.00
9	FCS-VA Liette, Jonathan Lenker, David	C Meade, Charles Fielding Pacuar, Stephan X2:10.00
10	ICHS Lam, Micah FR Pinkley, Isaac FR	B Fay, Benjamin SO Bluey, Ben FR 2:11.00
11	TCSI-VA Sedaca, Jacob SR Jang, Ian FR	B Gilman, Bryce JR Hoover, Caleb JR 2:15.00
12	SST-VA Zahorchak, Michael FR Dusek, Charlie SO	D Judge, Dominic FR Cooley, John 8 X2:30.00
13	SST-VA Gregorv, Iack SR Minarik, Joseph SR	E Nguyen, Kenneth FR Nguyen, James 6 X2:32.00
14	SST-VA Cooley, JJ SO Bookwalter, Joel 7	F Lynch, Joey 8 Rodriguez, Evan JR X2:34.00
15	SST-VA Garvey, II 7 Saffian, Walter JR	G Partridge, Paul 6 Fifield, Luke 7 X2:36.00
16	SST-VA Haggerty, Eamon 7 Wilson, Jonas 8	H Ellis, Ben FR McCardell, Aidan SO X2:38.00
17	SST-VA Wible, Evan 7 Judge, Patrick FR	I Reynolds, James 7 Kohlhaas, Daniel 7 X2:40.00
18	FVCS-VA Liddy, Will SO Melendez, Josua FR	A Wilson, Caleb FR Liddy, Max SO 2:44.54
19	FVCS-VA Smith, Brayden	B Lutz, Jeffrey Lundy, Ian 7 NT

#18 Girls 200 Yard Freestyle Relay

Seton: 1:40.05 2010 Doonis, Rogers, Talbott, I
VCAC Champs: 1:42.65 2023 Trinity Christian School

A Wiggins, R Buff, K Womack, A Witdoeckt

Team	Relay	Seed Time
1	TCSI-VA Klanderma, Liz JR Gilbert, Maddie 8	A Bailey, Mary SR Schlieter, Audrey SO 1:49.38
2	SST-VA Condon, Clara IR Gibbons, Maggie SR	A Brox, Elodie JR Paradise, Stella SR 1:52.02
3	TSMV Kellev, Lauren SO Arlen, Sydney SO	A Mazanec, Reagan FR Maloney, Aine JR 1:53.76
4	OAK-VA Erickson, Katelyn SO Magee, Amelia SO	A McDonnell, Maddie SO McNichols, Mae Mae FR

5	SST-VA Bingham, Lucia JR Kay, Philomena FR	B Schroer, Maggie 8 Fifield, Haley JR 1:59.90
6	FCS-VA	A 2:00.66
7	ICHS Mvers, Lydia FR Bruenjes, Anne	A Connally, Bella FR Shumate, Kate FR 2:02.07
8	OAK-VA Teh, Michaela FR Heinrichs, Charlotte FR	B Eschmann, Brigita 8 Yoshihara, Theresa FR 2:05.00
9	FCS-VA	C X2:10.00
10	OAK-VA Kissinger, Norah SR Friddle, Suzie JR	C Guenther, Louise SR Schindler, Kathryn SR X2:12.21
11	OAK-VA Williams, Luisa IR Erickson, Megan 8	D Barvick, Lulu Larson, Zoe SO X2:14.00
12	OAK-VA Wyckoff, Drew FR Saunders, Sabrina FR	E Schneider, Adele FR Van Meter, Juliet FR 2:15.00
13	ICHS Erickson, Alexandra Anderson, Sarah JR	B Burgess, Ella Neikrik, Victoria 2:15.00
14	TCSI-VA Witdoeckt, Karis IR Miller, Eliza FR	B Bang, Sophia 8 Yu, Renee SO X2:25.00
15	FCS-VA	C X2:26.00
16	SST-VA Waldron, Rose IR Blanchette, Meg JR	C Haggerty, Aoife FR Hurley, Elizabeth 8 X2:28.00
17	SST-VA Zadnik, Maddie SR Mikkelson, Annabelle 7	D Brand, Caroline FR Cunningham, Lucy JR X2:30.00
18	SST-VA Garvey, Anastasia SO Cooley, Katie 6	E Munsell, Mary Catherine S Gibaldi, Gigi FR X2:32.00
19	SST-VA Hurlev, Marv Catherine IR Irving, Monica 8	F Bauer, Katie 8 Kramer, Colette SO X2:34.00
20	SST-VA Herwick, Lucv 7 Quispe, Allison SO	G Waldron, Lily 8 Fifield, Kyleigh FR X2:35.00
21	FCS-VA	D X2:36.00
22	SST-VA Bingham, Veronica 7 Kohlhaas, Sofia 8	H Dusek, Annie 8 Judge, Clare 7 X2:38.00
23	SST-VA Mantooth, Avila 8 Nguyen, Bella 8	I Russo, Gabriella FR Armstrong, Sage FR X2:40.00
24	SST-VA Rodriguez, Noemi FR Bauer, Molly JR	J Osilka, Mary Claire SO Judge, Jane 8 X2:42.00
25	SST-VA Arnold, Betsy 8 Schroer, Caroline 6	K Bingham, Mariana FR Kramer, Penny FR X2:44.00
26	SST-VA Buser, Malia SO Kay, Claire 6	L Haggerty, Orla JR DeWolf, Rosie 7 X2:46.00
27	SST-VA Heinv, Clare 8 Mikkelson, Maggie 6	M Halisky, Sophia 8 Quispe, Camila 7 X2:50.00
28	SST-VA Shillingburg, Briana JR Maranian, Julia 8	N Catabui, Grace 6 Andreu, Angela 8

Seton December Invitational - 12/9/2023

Psych Sheet

#18 ... (Girls 200 Yard Freestyle Relay)

29	FVCS-VA	B	3:18.74
	Thornton, Aalivah	Melendez, Amaris	
	Bornfeld, Reagan	Mosley, Izzy	
30	FVCS-VA	A	NT
	Erdossv, Arden	Hulse, Ali	
	Mosley, Ava	Hulse, Abby	

#19 Boys 100 Yard Backstroke

Seton:	51.48 2006	K. Koehr
VCAC Champs:	53.44 2006	Kevin Koehr

Name	Yr	School	Seed Time
1 Yun, Noah	SO	TCSI-VA	58.41
2 Wilson, Max	JR	SST-VA	1:05.10
3 Schrock, Eamon	FR	TSMV	1:10.42
4 Monroe, Shane	JR	TSMV	1:10.51
5 Morillo, Caleb	SO	ICHS	1:13.84
6 Halisky, Liam	JR	SST-VA	1:15.34
7 Jang, Elliot	SR	TCSI-VA	1:17.67
8 Bluey, Ben	FR	ICHS	1:20.36
9 Partridge, Paul	6	SST-VA	X1:20.78
10 Zahorchak, Michael	FR	SST-VA	1:20.96
11 Burgess, Grey	SO	ICHS	1:22.63
12 Lynch, Joey	8	SST-VA	1:24.11
13 Pearson, Nathaniel	SR	TCSI-VA	1:25.00
14 Nguyen, Kenneth	FR	SST-VA	X1:25.37
15 Self, Cullen	8	WILD	1:26.51
16 Coates, Daniel	SO	WILD	1:32.77
17 Bookwalter, Joel	7	SST-VA	X1:33.87
18 Cooley, JJ	SO	SST-VA	X1:37.21
19 Ellis, Ben	FR	SST-VA	X1:41.61
20 Nguyen, James	6	SST-VA	X1:43.95
21 Kmety, Gunner		WILD	1:45.00
22 Dusek, Charlie	SO	SST-VA	X1:45.72
23 Liette, Jonathan		FCS-VA	X1:46.46
24 Rodriguez, Evan	JR	SST-VA	X1:53.10
25 Gregory, Jack	SR	SST-VA	X1:54.87
26 Cooley, John	8	SST-VA	X1:58.41
27 Minarik, Joseph	SR	SST-VA	X1:59.14
28 Wilson, Caleb	FR	FVCS-VA	2:01.28
29 Kohlhaas, Daniel	7	SST-VA	X2:11.19
30 Wible, Evan	7	SST-VA	X2:11.60
31 Maranian, Matthew	6	SST-VA	X2:14.29
32 Reynolds, James	7	SST-VA	X2:14.32
33 McCardell, Aidan	SO	SST-VA	X2:19.23
34 Saffian, Walter	JR	SST-VA	X2:20.92
35 Meade, Charles Fielding		FCS-VA	X2:21.77
36 Williams, Jaden		FCS-VA	X2:30.00
37 Judge, Patrick	FR	SST-VA	X2:40.14
38 Orellana, Brian	8	SST-VA	X4:15.81
39 Fifield, Luke	7	SST-VA	XNT

#20 Girls 100 Yard Backstroke

Seton:	55.62 2018	A. Kenna
VCAC Champs:	56.39 2023	Allie Witdoeckt

Name	Yr	School	Seed Time
1 Miller, Evie	FR	FCS-VA	1:03.02
2 Wiggins, Allie	SO	TCSI-VA	1:05.13
3 Kelley, Lauren	SO	TSMV	1:08.52
4 McNichols, Mae Mae	FR	OAK-VA	1:09.55
5 Maloney, Aine	JR	TSMV	1:10.15
6 Gibbons, Maggie	SR	SST-VA	1:10.51

7 Myers, Lydia	FR	ICHS	1:15.77
8 Kay, Philomena	FR	SST-VA	1:16.28
9 Yaroschak, Bella	SR	TCSI-VA	1:16.45
10 Arllen, Sydney	SO	TSMV	1:17.78
11 Hulse, Abby	FR	FVCS-VA	1:19.27
12 Mazanec, Charlotte	SO	TSMV	1:20.92
13 Mazanec, Reagan	FR	TSMV	X1:22.65
14 Hurley, Mary Catherine	JR	SST-VA	1:23.47
15 Dang, Alexis	7	TCSI-VA	X1:25.00
16 Neal, Lizzie	FR	TSMV	X1:25.00
17 Meadows, Payton	SR	FCS-VA	1:25.00
18 Eschmann, Brigita	8	OAK-VA	1:25.10
19 Arnold, Betsy	8	SST-VA	1:25.15
20 Larson, Zoe	SO	OAK-VA	1:25.96
21 Fifield, Kyleigh	FR	SST-VA	X1:27.20
22 Osilka, Mary Claire	SO	SST-VA	X1:27.28
23 Meadows, Morgan	FR	FCS-VA	1:28.78
24 Erickson, Alexandra		ICHS	X1:29.02
25 Mantooth, Avila	8	SST-VA	X1:30.14
26 Dahlberg, Catherine	8	FCS-VA	1:30.83
27 Bingham, Mariana	FR	SST-VA	X1:31.03
28 Blankenstein, Sophie	JR	TSMV	X1:31.32
29 Irving, Monica	8	SST-VA	X1:31.96
30 Waldron, Lily	8	SST-VA	X1:32.61
31 Brand, Caroline	FR	SST-VA	X1:32.66
32 Munsell, Mary Catherine	SO	SST-VA	X1:34.67
33 Teh, Michaela	FR	OAK-VA	1:34.95
34 Dusek, Annie	8	SST-VA	X1:35.47
35 Saunders, Sabrina	FR	OAK-VA	1:35.53
36 Judge, Jane	8	SST-VA	X1:35.58
37 Burgess, Ella		ICHS	X1:35.79
38 Rodriguez, Noemi	FR	SST-VA	X1:36.48
39 Kay, Claire	6	SST-VA	X1:36.86
40 Haggerty, Aoife	FR	SST-VA	X1:38.82
41 Bauer, Katie	8	SST-VA	X1:39.34
42 Quispe, Allison	SO	SST-VA	X1:39.41
43 Haggerty, Orla	JR	SST-VA	X1:40.26
44 Mikkelson, Annabelle	7	SST-VA	X1:42.92
45 Blanchette, Meg	JR	SST-VA	X1:43.51
46 Kohlhaas, Sofia	8	SST-VA	X1:44.03
47 Cooley, Katie	6	SST-VA	X1:44.18
48 Heiny, Clare	8	SST-VA	X1:44.18
49 Herwick, Lucy	7	SST-VA	X1:44.98
50 Nguyen, Bella	8	SST-VA	X1:45.32
51 Schroer, Caroline	6	SST-VA	X1:46.12
52 Bailey, Holly	SO	TCSI-VA	1:47.19
53 Taylor, Tristan		WILD	1:47.50
54 Erickson, Megan	8	OAK-VA	X1:48.70
55 Bauer, Molly	JR	SST-VA	X1:56.36
56 Bingham, Veronica	7	SST-VA	X1:59.08
57 Shillingburg, Briana	JR	SST-VA	X1:59.43
58 Marte, Jaasiel	8	FCS-VA	X1:59.60
59 Buser, Malia	SO	SST-VA	X1:59.81
60 Tasky, Tara		FCS-VA	X2:00.00
61 Whittaker, Eila		FCS-VA	X2:00.00
62 Kramer, Cora	FR	SST-VA	X2:01.31
63 Mikkelson, Maggie	6	SST-VA	X2:05.24
64 Catabui, Grace	6	SST-VA	X2:06.04
65 Studer, Adriana	7	WILD	2:06.33
66 Quispe, Camila	7	SST-VA	X2:10.08
67 Gibaldi, Gigi	FR	SST-VA	X2:11.86
68 Maranian, Julia	8	SST-VA	X2:13.22

69 Mosley, Ava	FR	FVCS-VA	2:13.47
70 Andreu, Angela	8	SST-VA	X2:20.83
71 Pretlow, Ava	7	WILD	2:21.95
72 Judge, Clare	7	SST-VA	X2:25.60
73 Kramer, Penny	FR	SST-VA	X2:26.74
74 Courtney, Grace		WILD	2:35.00
75 DeWolf, Rosie	7	SST-VA	X2:38.03
76 Kramer, Colette	SO	SST-VA	X2:42.72
77 Mayer, Audrey	6	SST-VA	X3:38.96
78 Mosley, Izzy	7	FVCS-VA	NT
79 Thornton, Aaliyah		FVCS-VA	NT
80 Melendez, Amaris		FVCS-VA	NT
81 Hulse, Ali		FVCS-VA	NT

#21 Boys 100 Yard Breaststroke

Seton:	58.53 2007	N. Cook
VCAC Champs:	1:00.59 2020	Andrew Turbyfill

Name	Yr	School	Seed Time
1 Kim, Justin	SR	TCSI-VA	1:03.15
2 Liddy, Max	SO	FVCS-VA	1:09.84
3 Wang, Luke	SR	TCSI-VA	X1:11.54
4 Self, Tavish	JR	WILD	X1:16.21
5 Bauer, Greg	SO	SST-VA	1:18.91
6 Kay, Patrick	8	SST-VA	1:20.85
7 Lam, Micah	FR	ICHS	1:22.61
8 Brox, Michael	JR	SST-VA	1:23.94
9 Herwick, Jack	8	SST-VA	1:25.92
10 Chiang, Oliver		FCS-VA	X1:30.00
11 Whittaker, Fisher	FR	WILD	1:30.70
12 Fay, Benjamin	SO	ICHS	1:33.55
13 Jang, Ian	FR	TCSI-VA	1:40.00
14 Gilman, Bryce	JR	TCSI-VA	1:45.00
15 Self, Cullen	8	WILD	X1:49.20
16 Haggerty, Eamon	7	SST-VA	X2:20.62
17 Tribble, Bailey	SR	WILD	NT

#22 Girls 100 Yard Breaststroke

Seton:	1:05.77 2022	A. Testani
VCAC Champs:	1:06.36 2023	Elizabeth Bryan

Name	Yr	School	Seed Time
1 Paradise, Stella	JR	SST-VA	1:15.91
2 Brox, Elodie	JR	SST-VA	1:18.56
3 Obeng, Stella	8	OAK-VA	1:21.50
4 Yoshihara, Theresa	FR	OAK-VA	1:21.77
5 Guenther, Louise	SR	OAK-VA	1:23.26
6 Connally, Bella	FR	ICHS	1:25.82
7 Fifield, Haley	JR	SST-VA	1:28.06
8 Gilbert, Maddie	8	TCSI-VA	1:30.00
9 Halisky, Sophia	8	SST-VA	1:32.31
10 Taylor, Keegan	JR	WILD	1:32.59
11 Neikrik, Victoria		ICHS	X1:33.79
12 Schindler, Kathryn	SR	OAK-VA	1:35.38
13 Wyckoff, Drew	FR	OAK-VA	X1:37.41
14 Erdossv, Arden	FR	FVCS-VA	1:38.61
15 Yu, Renee	SO	TCSI-VA	1:39.87
16 Szerszen, Catherine	FR	OAK-VA	X1:41.95
17 Chen, Alison	8	FCS-VA	1:42.43
18 Taylor, Ryann	7	WILD	1:44.74
19 Schneider, Adele	FR	OAK-VA	X1:46.15
20 Miller, Eliza	FR	TCSI-VA	X1:48.00
21 Yu, Laela	SR	TCSI-VA	1:58.17
22 Lappinga, Norah		FCS-VA	X2:00.00

Seton December Invitational - 12/9/2023

Psych Sheet

#22 ... (Girls 100 Yard Breaststroke)

23	Meadows, Reagan	FCS-VA	X2:00.00
24	Hulse, Ali	FVCS-VA	NT
25	Taylor, Tristan	WILD	XNT

#23 Boys 400 Yard Freestyle Relay

Seton: 3:17.05 2010 Hill, Cook, Dunn, Basing

VCAC Champs: 3:27.64 2023 Trinity Christian School

J Kim, C Bang, N Yun, T Phillips

Team	Relay	Seed Time
1 TCS!-VA	A	3:27.64
Cole, Carter SR	Jang, Elliot SR	
Yancey, Ben JR	Yun, Noah SO	
2 SST-VA	A	3:46.22
Wilson, Max IR	Nguyen, Andrew JR	
Koehr, Connor JR	Borneman, Joseph JR	
3 TSMV	A	3:50.92
Soto, Elijah SO	Schrock, Eamon FR	
Soto, Levi 8	Monroe, Shane JR	
4 FCS-VA	A	4:01.55
Ryan, Nathan FR	Ognek, Gabe SR	
Gebhardt, Lucas	Knewtson, Jack SR	
5 SST-VA	B	4:02.91
Sokban, William IR	Konstanty, Peter SR	
Partridge, Luke FR	Albin, Jed SR	
6 TCS!-VA	B	4:10.00
Robillard, Lucas 8	Hoover, Caleb JR	
Abidin, Christian SR	Pearson, Nathaniel SR	
7 FCS-VA	B	4:15.50
Green, Thomas 8	Howell, Caleb	
Pitner, Samuel FR	Dix, Brycen	
8 FCS-VA	C	X4:30.00
Liette, Jonathan	Meade, Charles Fielding	
Williams, Jaden	Chiang, Oliver	

#24 Girls 400 Yard Freestyle Relay

Seton: 3:40.51 2010 DoonisRogers,Claybrook

VCAC Champs: 3:46.07 2023 Trinity Christian School

A Witdoeckt, R Buff, A Wiggins, A Schlieter

Team	Relay	Seed Time
1 TCS!-VA	A	3:46.07
Wiggins, Allie SO	Bailey, Mary SR	
Womack, Kristen SR	Schlieter, Audrey SO	
2 TCS!-VA	B	4:15.00
Hsieh, Maggi FR	Schlieter, Eloise FR	
Witdoeckt, Karis JR	Myers, Allie 8	
3 SST-VA	A	4:20.58
Condon, Clara IR	Russo, Gabriella FR	
Schroer, Maggie 8	Hill, Gigi SO	
4 OAK-VA	A	4:27.31
Erickson, Katelvn SO	Yoshihara, Theresa FR	
McDonnell, Maddie SO	McNichols, Mae Mae FR	
5 TCS!-VA	C	X4:30.00
Bailey, Anna 8	Bailey, Holly SO	
Dang, Alexis 7	Yaroschak, Bella SR	
6 SST-VA	B	4:34.31
Kav, Philomena FR	Fifield, Kyleigh FR	
Bingham, Mariana FR	Zadnik, Maddie SR	
7 TSMV	A	4:38.42
Kellev, Lauren SO	Blankenstein, Sophie JR	
Mazanec, Charlotte SO	Neal, Lizzie FR	
8 FCS-VA	A	4:40.50

9 OAK-VA	B	4:45.17
Heinrichs, Charlotte FR	Larson, Elle SO	
Van Meter, Juliet FR	Obeng, Stella 8	
10 FCS-VA	B	4:50.25
11 FCS-VA	C	X5:15.00