

2024 VCAC Championship Meet - 2/10/2024
Meet Program

#1 Boys 200 Yard Medley Relay

VCAC: 1:39.39 2024 Trinity Christian School

J Witdoeck, J Kim, T Phillips, N Yun

VISAA QT: 1:57.18

Seton: 1:39.82 2006 Koehr, Cook, Morch, Ko

TCS!: 1:39.39 2024 TCS! J. Witdoeck, J. Kim

Phillips, N. Yun

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals Starts at 02:23 PM

2	TCS!	B	X2:07.82
3	SST	B	X1:55.00

	Partridge, Luke FR	Bauer, Greg SO
	Sokban, William JR	Konstanty, Peter SR

4	ICHS	A	1:45.61
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	Wolf, Ioshua SR	Wolf, Moses FR
	Wolf, Caleb SR	Fiala, Caleb FR

5	TCS!	A	1:39.39
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6	SST	A	1:42.41
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7	JP	A	1:59.00
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	Smith, James SR	Koler, Eric SO
	Mastrianni, Dominic SR	Koler, Evan JR

8	ICHS	B	X2:04.17
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	Anderson, Brenton FR	Morillo, Caleb SO
	Rutkowski, Juan SR	Gade, Tyler SO

#2 Girls 200 Yard Medley Relay

VCAC: 1:52.65 2022 Seton Swimming

L Garvey, A Testani, C Condon, M Pennefather

VISAA QT: 2:14.01

Seton: 1:50.25 2011 Doonis,Rogers,Wunderl

TCS!: 1:51.35 2024 TCS! K. Womack, E. Klah

A. Witdoeck, M. Bailey

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals Starts at 02:27 PM

4	JP	B	XNT
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	Kattah, Kavla IR	Rauschelbach, Teagen FR
	Miller, Ellie SO	Angarag, Alice SO

5	FCS	C	X2:20.00
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	Blevins, Hannah SO	Dahlberg, Catherine 8
	Chen, Alison 8	Blevins, Colby SO

6	TCS!	B	X2:26.21
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Heat 2 of 2 Finals Starts at 02:30 PM

1	OAK	B	X2:11.37
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	McDonnell, Maddie SO	Hazelwood, Lindley FR
	Obeng, Stella 8	Van Meter, Juliet FR

2	SST	B	X2:02.57
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	Fifield, Halev IR	Waldron, Rose JR
	Garvey, Anastasia SO	Gibbons, Maggie SR

3	ICHS	A	2:12.03
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	Bruenies, Anne	Connally, Bella FR
	Myers, Lydia FR	Shumate, Kate FR

4	SST	A	1:53.22
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5	TCS!	A	1:51.35
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6	OAK	A	1:53.16
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	Rowan, Elliott 8	Bryan, Elizabeth SO
	McNichols, Mae Mae FR	Erickson, Katelyn SO

7	FCS	A	2:05.89
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	Baroodv, Isabel SO	Ellis, Hannah FR
	Miller, Molly JR	Meadows, Payton SR

8	JP	A	2:19.80
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	Conway, Sam FR	Voith, Amy FR
	Kay, Sandra SO	White, Cecilia SR

9	FCS	B	X2:11.02
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	Roberson, Emma SO	Sebero, Emmah SO
	Miller, Evie FR	Ryan, Gabbie SO

#3 Boys 200 Yard Freestyle

VCAC: 1:43.88 2024 Caleb Wolf

VISAA QT: 2:01.47

Seton: 1:38.54 2010 S.J. Hill

TCS!: 1:44.31 2022 Josh Kim

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 02:33 PM

4	Chuquillangui, Ja	JR	JP	NT
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5	Gilman, Bryce	JR	TCS!	2:50.71
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6	White, Liam	SO	ICHS	3:00.77
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Heat 2 of 2 Finals Starts at 02:36 PM

1	Abidin, Christian	SR	TCS!	2:27.88
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2	Ryan, Nathan	FR	FCS	2:19.32
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3	Borneman, Joe	JR	SST	2:08.61
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4	Nguyen, Andrew	JR	SST	2:03.76
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5	Wolf, Caleb	SR	ICHS	1:43.88
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6	Yun, Noah	SO	TCS!	1:59.66
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7	Sokban, Daniel	FR	SST	2:05.80
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8	Zahorchak, Mich	FR	SST	2:15.52
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9	Gade, William	SO	ICHS	2:26.71
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10	Taylor, JT	FR	ICHS	2:39.01
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#4 Girls 200 Yard Freestyle

VCAC: 1:53.80 2020 Annalise Cornett

VISAA QT: 2:13.44

Seton: 1:55.74 2000 K. Shipko

TCS!: 1:51.51 2024 Allie Witdoeck

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 02:39 PM

2	Eschmann, Brigitt	8	OAK	XNT
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3	Erickson, Megan	8	OAK	3:10.64
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4	Ryan, Fiona	SO	OAK	2:47.69
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5	Yaroschak, Bella	SR	TCS!	2:25.65
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6	Bailey, Anna	8	TCS!	2:36.99
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7	Wyckoff, Drew	FR	OAK	2:54.11
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8	Marte, Jaasiel	8	FCS	3:22.47
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Heat 2 of 2 Finals Starts at 02:43 PM

1	Bruenies, Anne		ICHS	2:21.55
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2	Hsieh, Maggi	FR	TCS!	2:18.43
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3	Gibbons, Maggie	SR	SST	2:14.01
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4	McNichols, Mae l	FR	OAK	2:10.14
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5	Witdoeck, Allie	SR	TCS!	1:51.51
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6	Miller, Evie	FR	FCS	2:05.61
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7	Paradise, Stella	SR	SST	2:13.19
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8	Schroer, Maggie		SST	2:15.94
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9	Roberson, Emma	SO	FCS	2:18.60
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10	Cunningham, Lu	JR	SST	2:23.00
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#5 Boys 200 Yard IM

VCAC: 1:58.42 2020 Andrew Turbyfill

VISAA QT: 2:18.04

Seton: 1:54.70 2008 N. Cook

TCS!: 2:00.49 2024 Justin Kim

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 02:46 PM

4	Jang, Ian	FR	TCS!	3:07.47
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5	Yu, Evan	FR	TCS!	2:58.23
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6	Burgess, Grey	SO	ICHS	3:04.48
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7	Robillard, Lucas	8	TCS!	X2:36.79
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Heat 2 of 2 Finals Starts at 02:49 PM

1	Bluey, Ben	FR	ICHS	2:44.29
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2	Bauer, Greg	SO	SST	2:31.67
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3	Fiala, Caleb	FR	ICHS	2:23.37
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4	Koler, Eric	SO	JP	2:12.19
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5	Martinez, Lionel	FR	SST	2:00.35
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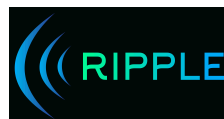
6	Kim, Justin	SR	TCS!	2:00.49
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7	Wilson, Max	JR	SST	2:21.37
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8	Kay, Patrick		SST	2:27.78
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9	Wang, Luke	SR	TCS!	2:39.31
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10	Lam, Micah	FR	ICHS	2:48.71
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#6 Girls 200 Yard IM

VCAC:	2:10.47	2023	Elizabeth Bryan
VISAA QT:	2:29.40		
Seton:	2:08.58	2023	A. Aldeguer
TCS!:	2:07.00	2023	Allie Witdoeck

Lane Name	Yr	School	Seed Time
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Heat 1 of 2 Finals Starts at 02:52 PM				
4	Williams, Maeve	JR	JP	NT
5	Bingham, Lucia	JR	SST	2:39.23
6	Larson, Elle	SO	OAK	2:55.23
7	White, Cecilia	SR	JP	NT

Heat 2 of 2 Finals Starts at 02:56 PM				
1	Witdoeck, Karis	JR	TCS!	2:33.88
2	Hazelwood, Lind	FR	OAK	2:30.50
3	Condon, Clara	JR	SST	2:21.98
4	Klanderaman, Liz	JR	TCS!	2:19.20
5	Bryan, Elizabeth	SO	OAK	2:03.52
6	Ellis, Hannah	FR	FCS	2:15.08
7	Schlieter, Audrey	SO	TCS!	2:21.24
8	Garvey, Anastasi	SO	SST	2:30.08
9	Kay, Philomena	FR	SST	2:33.79
10	Myers, Allie	8	TCS!	2:37.02

#7 Boys 50 Yard Freestyle

VCAC:	21.89	2024	Joshua Wolf
VISAA QT:	24.14		
Seton:	21.22	2010	S.J. Hill
TCS!:	21.92	2024	Tyler Phillips

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Finals Starts at 02:59 PM				
2	Pitner, Samuel	FR	FCS	X33.06
3	Nguyen, Karsten	FR	JP	X30.98
4	Green, Thomas	8	FCS	X28.75
5	Ognek, Gabe	SR	FCS	X27.51
6	Hoover, Caleb	JR	TCS!	X28.31
7	Cunningham, Rei	SO	JP	X30.00
8	Riley, Jack	FR	ICHS	X32.92
9	Priebe, Joey	SR	FCS	X45.06

Heat 2 of 3 Finals Starts at 03:00 PM				
1	Smith, James	SR	JP	28.83
2	Rutkowski, Juan	SR	ICHS	27.23
3	Cala, Philip	SO	JP	27.01
4	Gade, Tyler	SO	ICHS	26.81
5	Partridge, Luke	FR	SST	26.56
6	Anderson, Brent	FR	ICHS	26.59
7	Gebhardt, Lucas	8	FCS	26.93
8	Ross, Andrew	FR	FCS	27.20
9	Taylor, Scott	JR	ICHS	27.57
10	Sedaca, Jacob	SR	TCS!	32.80

Heat 3 of 3 Finals Starts at 03:01 PM

1	Konstanty, Peter	SR	SST	25.91
2	Koler, Evan	JR	JP	25.33
3	Jang, Elliot	SR	TCS!	24.33
4	Knewtson, Jack	SR	FCS	22.95
5	Phillips, Tyler	SO	TCS!	21.92
6	Brox, Michael	JR	SST	22.57
7	Halisky, Liam	JR	SST	23.61
8	Pearson, Nate	SR	TCS!	25.05
9	Mastrianni, Dom	SR	JP	25.86
10	Ryan, Nathan	FR	FCS	26.48

#8 Girls 50 Yard Freestyle

VCAC:	24.20	2020	Brooke Williams
VISAA QT:	26.96		
Seton:	24.06	2018	A. Kenna
TCS!:	24.12	2020	Brooke Williams

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Finals Starts at 03:01 PM				
4	McCoppin, Kelly	JR	JP	X35.75
5	Kattah, Kayla	JR	JP	X35.48
6	Meadows, Morga	FR	FCS	X35.73
7	Hoa Deal, Isabel	JR	JP	X49.62

Heat 2 of 4 Finals Starts at 03:03 PM				
1	Larson, Zoe	SO	OAK	X34.77
2	Bang, Sophia	8	TCS!	X33.34
3	Van Meter, Juliet	FR	OAK	X29.16
4	Miller, Ellie	SO	JP	32.84
5	Brown, Lena	8	TCS!	31.59
6	DuBois, Mariah	FR	ICHS	31.77
7	Taliaferro, Isabel		ICHS	37.84
8	Ryan, Fiona	SO	OAK	X31.06
9	Blevins, Colby	SO	FCS	X34.58
10	Bailey, Holly	SO	TCS!	X34.78

Heat 3 of 4 Finals Starts at 03:04 PM				
1	Angarag, Alice	SO	JP	30.45
2	Myers, Lydia	FR	ICHS	29.77
3	Connally, Bella	FR	ICHS	29.18
4	Magee, Amelia	SO	OAK	28.57
5	Erickson, Katelyn	SO	OAK	28.34
6	Mantooth, Avila		SST	28.55
7	Kissinger, Norah	SR	OAK	28.68
8	Sebero, Emmah	SO	FCS	29.31
9	Meadows, Payton	SR	FCS	30.05
10	Hurley, Elizabeth		SST	30.51

Heat 4 of 4 Finals Starts at 03:04 PM

1	Heinrichs, Charle	FR	OAK	28.19
2	Baroody, Isabel	SO	FCS	26.95
3	Willis, Isa	FR	JP	26.63
4	Brox, Elodie	JR	SST	25.31
5	Davis, Gianna	JR	JP	24.12
6	Womack, Kristen	SR	TCS!	25.29
7	Gibbons, Maggie	SR	SST	26.24
8	Bailey, Mary	SR	TCS!	26.92
9	Gilbert, Maddie	8	TCS!	28.01
10	Ryan, Gabbie	SO	FCS	28.23

#9 Boys 1 mtr Diving

VCAC:	525.80	2022	Harper Thornett
Seton:	207.40	2013	J. Doran
TCS!:	320.25	2022	Harper Thornett

Lane Name	Yr	School
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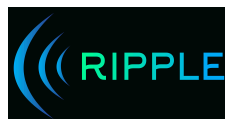
Flight 1 of 1 Finals Starts at 10:45 AM				
1	Oswald, Jacob	JR	SST	290.35
2	Robillard, Lucas	8	TCS!	213.90
3	Hoover, Caleb	JR	TCS!	258.45
4	Pearson, Nate	SR	TCS!	192.80
5	Sedaca, Jacob	SR	TCS!	X58.95
6	Fioramonti, Mick	SR	SST	331.75
7	Wang, Luke	SR	TCS!	X77.80
8	Hwang, Matthew	SR	TCS!	X68.00
9	Kohlhaas, Gus	JR	SST	267.25
10	Koehr, Connor	JR	SST	385.60
11	Gonzalez, Max	JR	SST	X266.05

#10 Girls 1 mtr Diving

VCAC:	259.05	2024	Maria Miller
Seton:	152.55	2022	M.C. Waldron
TCS!:	173.25	2024	Eliza Miller

Lane Name	Yr	School
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Flight 1 of 1 Finals Starts at 11:53 AM				
1	Guenther, Louise	SR	OAK	NP
2	Waldron, Rose	JR	SST	255.30
3	Hill, Emma	SO	TCS!	153.25
4	Miller, Eliza	FR	TCS!	173.25
5	Fridde, Suzie	JR	OAK	NP
6	Miller, Maria	SO	SST	259.05
7	Rauschelbach, Te	FR	JP	315.70
8	Russo, Anna	JR	SST	230.65
9	Yu, Laela	SR	TCS!	61.45
10	Abela, Mary	FR	OAK	NP
11	Condon, Meghan		SST	242.40
12	Kissinger, Norah	SR	OAK	NP
13	Francis, Elizabeth	JR	SST	X231.35



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#11 Boys 100 Yard Butterfly

VCAC: 50.10 2024 Caleb Wolf
 VISAA QT: 1:01.02
 Seton: 51.76 2010 S.J. Hill
 TCS!: 50.20 2024 Tyler Phillips

Lane Name	Yr	School	Seed Time
Heat 1 of 1 Finals Starts at 02:23 PM			
1 Rutkowski, Juan	SR	ICHS	1:10.28
2 Morillo, Caleb	SO	ICHS	1:07.09
3 Mantooth, Luke	SR	SST	1:04.11
4 Borneman, Joe	JR	SST	1:01.13
5 Phillips, Tyler	SO	TCS!	50.20
6 Wolf, Moses	FR	ICHS	58.59
7 Martinez, Thiago		SST	1:03.38
8 Sokban, William	JR	SST	1:06.55
9 Cole, Carter	SR	TCS!	1:07.84

#12 Girls 100 Yard Butterfly

VCAC: 55.80 2023 Allie Witdoeck
 VISAA QT: 1:06.82
 Seton: 58.51 2017 A. Kenna
 TCS!: 55.46 2023 Allie Witdoeck

Lane Name	Yr	School	Seed Time
Heat 1 of 2 Finals Starts at 02:25 PM			
2 Nugent, Katie	JR	OAK	1:36.52
3 Anderson, Sarah	JR	ICHS	1:35.91
4 Yu, Renee	SO	TCS!	1:21.76
5 Heinrichs, Charle	FR	OAK	1:18.54
6 Kay, Sandra	SO	JP	1:19.06
7 Chen, Alison	8	FCS	1:34.33
8 Bailey, Anna	8	TCS!	1:35.99
Heat 2 of 2 Finals Starts at 02:27 PM			
1 Bingham, Lucia	JR	SST	1:13.73
2 Fifield, Haley	JR	SST	1:12.41
3 Myers, Allie	8	TCS!	1:08.79
4 Rowan, Elliott	8	OAK	1:01.14
5 Aldeguer, Ariana	FR	SST	59.83
6 Davis, Gianna	JR	JP	1:00.68
7 Schlieter, Audrey	SO	TCS!	1:03.56
8 Garvey, Anastasi	SO	SST	1:10.55
9 Myers, Lydia	FR	ICHS	1:12.48
10 Cinotti, Emaline	8	OAK	1:14.72

#13 Boys 100 Yard Freestyle

VCAC: 47.81 2024 Joshua Wolf
 VISAA QT: 53.09
 Seton: 45.67 2010 S. J. Hill
 TCS!: 47.60 2022 Josh Kim

Lane Name	Yr	School	Seed Time
Heat 1 of 2 Finals Starts at 02:29 PM			
2 Zahorchak, Mich	FR	SST	X1:02.99
3 Burgess, Grey	SO	ICHS	1:04.75
4 Gebhardt, Lucas	8	FCS	1:02.48
5 Mastrianni, Dom	SR	JP	1:01.67
6 Ross, Andrew	FR	FCS	1:01.88
7 Ognak, Gabe	SR	FCS	1:03.47
8 Smith, James	SR	JP	1:06.03
Heat 2 of 2 Finals Starts at 02:30 PM			
1 Sokban, William	JR	SST	58.73
2 Sokban, Daniel	FR	SST	55.44
3 Fiala, Caleb	FR	ICHS	53.97
4 Brox, Michael	JR	SST	50.76
5 Wolf, Joshua	SR	ICHS	47.81
6 Kim, Justin	SR	TCS!	49.53
7 Knewtson, Jack	SR	FCS	52.41
8 Jang, Elliot	SR	TCS!	54.61
9 Halisky, Liam	JR	SST	56.19
10 Gade, Tyler	SO	ICHS	1:00.78

#14 Girls 100 Yard Freestyle

VCAC: 51.73 2023 Allie Witdoeck
 VISAA QT: 59.70
 Seton: 52.05 2018 A. Kenna
 TCS!: 51.02 2023 Allie Witdoeck

Lane Name	Yr	School	Seed Time
Heat 1 of 3 Finals Starts at 02:31 PM			
1 Marte, Jaasiel	8	FCS	X1:23.83
2 Mochen, Catheri	JR	OAK	X1:15.53
3 Larson, Elle	SO	OAK	X1:13.05
4 Voith, Amy	FR	JP	X1:09.13
5 Blevins, Colby	SO	FCS	1:14.98
6 Erickson, Kately	SO	OAK	X1:06.83
7 Zadnik, Maddie	SR	SST	X1:09.44
8 Wyckoff, Drew	FR	OAK	X1:13.79
9 Erickson, Megan	8	OAK	X1:18.47
10 Hoa Deal, Isabel	JR	JP	X1:44.70
Heat 2 of 3 Finals Starts at 02:33 PM			
1 Mantooth, Avila		SST	1:07.21
2 McDonnell, Mad	SO	OAK	1:06.66
3 Obeng, Stella	8	OAK	1:06.55
4 Bruenjes, Anne		ICHS	1:05.68
5 Gilbert, Maddie	8	TCS!	1:03.03
6 Blevins, Hannah	SO	FCS	1:05.09
7 Van Meter, Juliet	FR	OAK	1:05.85
8 Halisky, Sophia		SST	1:06.60
9 Dahlberg, Cath	8	FCS	1:07.02
10 Brown, Lena	8	TCS!	1:09.41

Heat 3 of 3 Finals Starts at 02:35 PM

1 Schroer, Maggie		SST	1:00.90
2 Koler, Isabella	SO	JP	59.84
3 Willis, Isa	FR	JP	57.92
4 Wiggins, Allie	SO	TCS!	57.38
5 Miller, Molly	JR	FCS	55.44
6 Shumate, Kate	FR	ICHS	56.82
7 Brox, Elodie	JR	SST	57.39
8 McNichols, Mae	FR	OAK	58.23
9 Bailey, Mary	SR	TCS!	1:00.59
10 White, Cecilia	SR	JP	1:01.86

#15 Boys 500 Yard Freestyle

VCAC: 4:43.83 2010 S. Jameson Hill
 VISAA QT: 5:41.90
 Seton: 4:27.19 2010 S.J. Hill
 TCS!: 5:00.51 2024 Jo Witdoeck

Lane Name	Yr	School	Seed Time
Heat 1 of 2 Finals Starts at 02:36 PM			
4 Taylor, Scott	JR	ICHS	7:33.07
5 Hoover, Caleb	JR	TCS!	6:38.12
6 Abidin, Christian	SR	TCS!	7:20.79
Heat 2 of 2 Finals Starts at 02:44 PM			
1 Bluey, Ben	FR	ICHS	6:30.01
2 Judge, Dominic	FR	SST	5:57.79
3 Martinez, Thiago		SST	5:29.59
4 Witdoeck, Jo	8	TCS!	5:00.51
5 Wolf, Caleb	SR	ICHS	4:48.34
6 Martinez, Lionel	FR	SST	4:58.91
7 Yun, Noah	SO	TCS!	5:22.04
8 Anderson, Brent	FR	ICHS	5:56.98
9 Kay, Patrick		SST	6:05.57

#16 Girls 500 Yard Freestyle

VCAC: 5:03.43 2021 Annalise Cornett
 VISAA QT: 5:58.88
 Seton: 5:06.98 1999 K. Shipko
 TCS!: 4:58.71 2024 Allie Witdoeck

Lane Name	Yr	School	Seed Time
Heat 1 of 2 Finals Starts at 02:51 PM			
4 Yoshihara, Teres	FR	OAK	7:30.22
5 Yu, Renee	SO	TCS!	7:06.92
6 Eschmann, Brigi	8	OAK	7:22.13
7 Szerszen, Cath	FR	OAK	8:06.81
Heat 2 of 2 Finals Starts at 02:59 PM			
1 Cunningham, Lu	JR	SST	6:40.32
2 Schlieter, Eloise	FR	TCS!	6:18.57
3 Wiggins, Allie	SO	TCS!	5:56.73
4 Hazelwood, Lind	FR	OAK	5:42.17
5 Miller, Evie	FR	FCS	5:30.80
6 Shumate, Kate	FR	ICHS	5:41.47
7 Paradise, Stella	SR	SST	5:54.47
8 Kay, Philomena	FR	SST	6:18.42
9 Yaroshak, Bella	SR	TCS!	6:39.41
10 Fifield, Kyleigh	FR	SST	6:43.86



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#17 Boys 200 Yard Freestyle Relay

VCAC: 1:30.43 2024 Trinity Christian School
N Yun, E Jang, J Kim, T Phillips
VISAA QT: 1:43.26
Seton: 1:30.07 2010 Hill, Koehr, Cook, Basing
TCS!: 1:30.33 2022 TCS! R. Hough, T. Phillip

J. Kim, J. Kim
Lane Team Relay Seed Time

Heat	1 of 1	Finals	Starts at	03:07 PM
1	FCS	B	X2:15.58	
	Ross, Andrew FR	Priebe, Joey SR		
	Pitner, Samuel FR	Green, Thomas 8		
2	TCS!	B	X1:48.71	
3	ICHS	A	1:46.27	
	Anderson, Brenton FR	Rutkowski, Juan SR		
	Morillo, Caleb SO	Gade, Tyler SO		
4	JP	A	1:43.37	
	Cala, Philip SO	Mastrianni, Dominic SR		
	Koler, Evan JR	Koler, Eric SO		
5	TCS!	A	1:30.43	
6	SST	A	1:31.40	
7	FCS	A	1:43.44	
	Knewton, Jack SR	Ognek, Gabe SR		
	Gebhardt, Lucas 8	Ryan, Nathan FR		
8	SST	B	X1:38.90	
	Martinez, Thiago	Bauer, Greg SO		
	Wilson, Max JR	Mantooth, Luke SR		
9	ICHS	B	X1:51.65	
	Burgess, Grev SO	Gade, William SO		
	Taylor, Scott JR	Bluey, Ben FR		

#18 Girls 200 Yard Freestyle Relay

VCAC: 1:42.65 2023 Trinity Christian School
A Wiggins, R Buff, K Womack, A Witdoeckt
VISAA QT: 1:58.53
Seton: 1:40.05 2010 Doonis, Rogers, Talbott, I
TCS!: 1:40.11 2023 TCS! A. Wiggins, K. Wom

. Schlieter, A. Witdoeckt
Lane Team Relay Seed Time

Heat	1 of 1	Finals	Starts at	03:10 PM
1	FCS	B	X1:59.64	
	Roberson, Emma SO	Chen, Alison 8		
	Dahlberg, Catherine 8	Blevins, Hannah SO		
2	TCS!	B	X1:56.53	
3	FCS	A	1:56.52	
	Sebero, Emmah SO	Meadows, Payton SR		
	Ryan, Gabbie SO	Baroody, Isabel SO		
4	JP	A	1:45.75	
	Williams, Maeve IR	Koler, Isabella SO		
	Willis, Isa FR	Davis, Gianna JR		
5	TCS!	A	1:44.33	
6	SST	A	1:44.69	
7	OAK	A	1:53.67	
	Erickson, Katelvn SO	Magee, Amelia SO		
	Heinrichs, Charlotte FR	Cinotti, Emaline 8		
8	SST	B	X1:53.97	
	Bingham, Lucia IR	Fifield, Kyleigh FR		
	Waldron, Rose JR	Kay, Philomena FR		
9	OAK	B	X1:57.97	
	McDonnell, Maddie SO	Ryan, Fiona SO		
	Van Meter, Juliet FR	Kissinger, Norah SR		
10	JP	B	X2:29.02	
	Hoa Deal, Isabela IR	McCoppin, Kelly JR		
	Miller, Ellie SO	Angarag, Alice SO		

#19 Boys 100 Yard Backstroke

VCAC: 53.44 2006 Kevin Koehr
VISAA QT: 1:02.90
Seton: 51.48 2006 K. Koehr
TCS!: 54.12 2023 Tyler Phillips

Lane Name Yr School Seed Time

Heat	1 of 2	Finals	Starts at	03:13 PM
4	Pearson, Nate	SR TCS!	X1:17.33	
5	Taylor, JT	FR ICHS	1:45.01	
6	Riley, Jack	FR ICHS	1:48.99	
Heat	2 of 2	Finals	Starts at	03:16 PM
1	Gilman, Bryce	JR TCS!	1:32.71	
2	Gade, William	SO ICHS	1:14.40	
3	Partridge, Luke	FR SST	1:08.53	
4	Koehr, Connor	JR SST	59.78	
5	Wolf, Joshua	SR ICHS	53.41	
6	Witdoeckt, Jo	8 TCS!	56.03	
7	Wilson, Max	JR SST	1:02.11	
8	Judge, Dominic	FR SST	1:09.12	
9	Jang, Ian	FR TCS!	1:20.95	

#20 Girls 100 Yard Backstroke

VCAC: 56.39 2023 Allie Witdoeckt
VISAA QT: 1:06.85
Seton: 55.62 2018 A. Kenna
TCS!: 56.39 2023 Allie Witdoeckt

Lane Name Yr School Seed Time

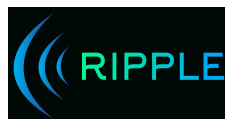
Heat	1 of 3	Finals	Starts at	03:19 PM
4	Kattah, Kayla	JR JP	X1:44.56	
5	Larson, Zoe	SO OAK	1:33.26	
6	McCoppin, Kelly	JR JP	1:41.10	
Heat	2 of 3	Finals	Starts at	03:21 PM
2	Conway, Sam	FR JP	1:26.72	
3	Meadows, Morga	FR FCS	1:24.15	
4	Angarag, Alice	SO JP	1:20.33	
5	Hurley, Elizabeth	SST	1:17.47	
6	Magee, Amelia	SO OAK	1:18.66	
7	Fifield, Kyleigh	FR SST	1:23.14	
8	Anderson, Sarah	JR ICHS	1:25.09	
9	Miller, Ellie	SO JP	1:30.92	
Heat	3 of 3	Finals	Starts at	03:23 PM
1	Cinotti, Emaline	8 OAK	1:12.23	
2	Fifield, Haley	JR SST	1:07.60	
3	Miller, Molly	JR FCS	1:01.70	
4	Rowan, Elliott	8 OAK	1:00.25	
5	Witdoeckt, Allie	SR TCS!	56.39	
6	Aldeguer, Ariana	FR SST	59.92	
7	Ellis, Hannah	FR FCS	1:01.56	
8	Womack, Kristen	SR TCS!	1:03.16	
9	Witdoeckt, Karis	JR TCS!	1:07.68	
10	Schlieter, Eloise	FR TCS!	1:12.83	

#21 Boys 100 Yard Breaststroke

VCAC: 1:00.48 2024 Justin Kim
VISAA QT: 1:08.79
Seton: 58.53 2007 N. Cook
TCS!: 1:00.48 2024 Justin Kim

Lane Name Yr School Seed Time

Heat	1 of 2	Finals	Starts at	03:25 PM
1	Priebe, Joey	SR FCS	2:40.69	
2	Cunningham, Rei	SO JP	1:33.00	
3	Green, Thomas	8 FCS	1:27.66	
4	Konstanty, Peter	SR SST	1:17.31	
5	Cala, Philip	SO JP	1:16.28	
6	Bauer, Greg	SO SST	1:16.30	
7	Lam, Micah	FR ICHS	1:23.02	
8	Pitner, Samuel	FR FCS	1:32.98	
9	White, Liam	SO ICHS	1:38.93	
10	Nguyen, Karsten	FR JP	X1:34.90	



2024 VCAC Championship Meet - 2/10/2024
Meet Program

Heat 2 (#21 Boys 100 Yard Breaststroke)

1	Wang, Luke	SR	TCS!	1:11.54
2	Cole, Carter	SR	TCS!	1:10.24
3	Robillard, Lucas	8	TCS!	1:09.29
4	Nguyen, Andrew	JR	SST	1:07.98
5	Wolf, Moses	FR	ICHS	1:02.89
6	Koler, Eric	SO	JP	1:02.96
7	Morillo, Caleb	SO	ICHS	1:09.21
8	Mantooth, Luke	SR	SST	1:10.05
9	Koler, Evan	JR	JP	1:11.21
10	Yu, Evan	FR	TCS!	1:14.95

#22 Girls 100 Yard Breaststroke

VCAC: 1:06.36 2023 **Elizabeth Bryan**
VISAA QT: 1:16.38
Seton: 1:05.77 2022 **A. Testani**
TCS!: 1:10.03 2024 **Liz Klanderman**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals Starts at 03:30 PM

4	Nugent, Katie	JR	OAK	X1:42.39
5	Conway, Sam	FR	JP	X1:32.48
6	Szerszen, Cather	FR	OAK	X1:41.33

Heat 2 of 3 Finals Starts at 03:32 PM

1	Voith, Amy	FR	JP	X1:26.74
2	DuBois, Mariah	FR	ICHS	1:41.53
3	Zadnik, Maddie	SR	SST	1:29.57
4	Bailey, Holly	SO	TCS!	1:26.72
5	Mochen, Catheri	JR	OAK	1:23.45
6	Connally, Bella	FR	ICHS	1:23.68
7	Bang, Sophia	8	TCS!	1:27.77
8	Blevins, Hannah	SO	FCS	1:36.00
9	Taliaferro, Isabel		ICHS	1:49.24
10	Guenther, Louise	SR	OAK	X1:27.40

Heat 3 of 3 Finals Starts at 03:34 PM

1	Yoshihara, Teres	FR	OAK	1:21.21
2	Hsieh, Maggi	FR	TCS!	1:17.57
3	Waldron, Rose	JR	SST	1:16.44
4	Condon, Clara	JR	SST	1:12.03
5	Bryan, Elizabeth	SO	OAK	1:03.26
6	Klanderman, Liz	JR	TCS!	1:10.03
7	Koler, Isabella	SO	JP	1:12.92
8	Williams, Maeve	JR	JP	1:17.12
9	Halisky, Sophia		SST	1:20.28
10	Obeng, Stella	8	OAK	1:23.39

#23 Boys 400 Yard Freestyle Relay

VCAC: 3:23.52 2024 **Trinity Christian School**

C Wolf, C Fiala, M Wolf, J Wolf

VISAA QT: 3:59.45

Seton: 3:17.05 2010 **Hill, Cook, Dunn, Basing**

TCS!: 3:19.08 2022 **TCS! R. Hough, T. Phillip**

J. Kim, J. Kim

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals Starts at 03:36 PM

2	TCS!	B	X4:36.07
3	SST	B	X3:38.67
	Martinez, Thiago	Borneman, Joe JR	
	Sokban, Daniel FR	Halisky, Liam JR	
4	TCS!	A	3:29.10
5	ICHS	A	3:23.48
	Wolf, Caleb SR	Fiala, Caleb FR	
	Wolf, Moses FR	Wolf, Joshua SR	
6	SST	A	3:27.74
7	FCS	A	3:54.62
	Ryan, Nathan FR	Ognek, Gabe SR	
	Ross, Andrew FR	Knewtson, Jack SR	
8	ICHS	B	X4:13.52
	Bluev, Ben FR	Burgess, Grey SO	
	Gade, William SO	Lam, Micah FR	

#24 Girls 400 Yard Freestyle Relay

VCAC: 3:46.07 2023 **Trinity Christian School**

A Witdoeck, R Buff, A Wiggins, A Schlieter

VISAA QT: 4:38.24

Seton: 3:40.51 2010 **DoonisRogers,Claybroo**

TCS!: 3:44.00 2023 **TCS! A. Wiggins, A. Schli**

K. Womack, A. Witdoeck

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals Starts at 03:41 PM

4	FCS	C	X4:50.00
	Dahlberg, Catherine 8	Blevins, Colby SO	
	Meadows, Morgan FR	Chen, Alison 8	
5	SST	B	X4:17.44
	Kav, Philomena FR	Bingham, Lucia JR	
	Cunningham, Lucy JR	Schroer, Maggie	
6	OAK	B	X4:23.87
	Heinrichs, Charlotte FR	McDonnell, Maddie SO	
	Magee, Amelia SO	Hazelwood, Lindley FR	

Heat 2 of 2 Finals Starts at 03:47 PM

2	FCS	B	X4:15.24
	Miller, Evie FR	Sebero, Emmah SO	
	Roberson, Emma SO	Ryan, Gabbie SO	
3	FCS	A	4:07.94
	Ellis, Hannah FR	Meadows, Payton SR	
	Baroody, Isabel SO	Miller, Molly JR	
4	JP	A	3:52.35
	Williams, Maeve IR	Koler, Isabella SO	
	Willis, Isa FR	Davis, Gianna JR	
5	TCS!	A	3:44.23
6	OAK	A	3:49.03
	Rowan, Elliott 8	Cinotti, Emaline 8	
	McNichols, Mae Mae FR	Bryan, Elizabeth SO	
7	SST	A	3:54.99
8	ICHS	A	4:13.04
	Myers, Lydia FR	Connally, Bella FR	
	Bruenjes, Anne	Shumate, Kate FR	
9	TCS!	B	X4:16.23

